The influence of project-based learning on student achievement in elementary mathematics education

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An effective instructional approach in elementary mathematics education has a significant role in the understanding of mathematical concepts and overall student achievement. We point out the characteristics, significance and effects that may be achieved in mathematics education through the application of project-based learning. The aim of the study was to examine the effects of project-based learning on student achievement in lower elementary mathematics education and examine whether the project-based model was equally acceptable to students with different marks. We arranged quasi-experimental research instruction (experiment with parallel groups), on a sample (N = 147) in order to examine whether an instructional approach based on the principles of project-based work would achieve better effects of learning and student achievement compared to the usual way of learning implemented in mathematics education. Results of the final measurements show that students in the experimental group, who worked according to the model of project-based work, achieved better compared to students who worked in the usual way. With this study we have shown that project-based instruction has significant effects on student achievement in lower elementary mathematics education, and that it can undoubtedly contribute to the methodological empowerment of teachers in their teaching practice.

Keywords: content integration; elementary mathematics education; instruction; mathematics; project-based learning; student achievement; teacher

Introduction
The exceptional importance of elementary education, especially mathematics education, demands constant innovations of the teaching practice which would bring about improved rationalisation and efficiency of the teaching process, as well as positively influence the quality and duration of student knowledge (Reigeluth, Beatty & Myers, 2017; Umugiranze, Bansilal & North, 2017). General intentions are nowadays focused on education and learning which emphasises the acquisition of functional knowledge that students may apply to solve specific real-life problems, on cooperative work, collaboration with others, and teamwork. One’s success in mathematics largely depends on how the knowledge is acquired (Arends, Winnaar & Mosimege, 2017; Umugiranze et al., 2017). Instruction based on active student participation in the learning process, activities that encourage students to explore, work in groups, solve real-life problems and integrate mathematics with other content areas achieves better results (Lazić, Maričić & Milinković, 2015). Modern mathematics should be a means of communication and a “tool” used in everyday life, it should create a link between the children’s perception of the world and mathematical structures, and mathematics education should be viewed as a creative activity in which students participate with determination and enthusiasm. One of the ways to achieve this is through project-based learning.

Literature Review
Initial ideas about project-based instruction can be found in the works of W. Kilpatrick, who believed that the traditional teaching strategy of lecturing, together with its inactivity and rigidity, should be replaced with student participation and activity in a social environment. The basic idea is to have students participate in the learning process, to allow them to think, ask questions and explore. The aim of this approach is to get students to take part willingly/consciously in all aspects of their learning process and to allow them to ask questions, make decisions and think about their own learning. Learning should be inquiry-based, where students are able to step in and discuss the topics they find interesting (Bell, 2010).

The beginnings of project-based instruction can be found in the philosophy of pragmatism according to which knowledge that people acquire has genuine value only if it may be used as a means for solving practical, real-life situations (Sutinen, 2013). Best education is that which allows students to learn through work and which prepares them for a successful encounter with reality (Vilotijević & Vilotijević, 2016). The foundations of project-based instruction rely on the principles of constructivist and sociocultural theories, the basic postulates of which read that students acquire knowledge through active construction and construction of knowledge in a social context.

Research shows that students who have learned within a project-based model show greater intrinsic motivation for learning, express greater autonomy in learning, are more self-sufficient and possess better
developed metacognitive skills, as well as greater autonomy compared with students who worked within a traditional model of instruction (Ali, Akhter, Shahzad, Sultana & Ramzan, 2011; Gerhana, Mardiyana & Pramudya, 2017; Loyens, Magda & Rikers, 2008; Roh, 2003; Schmidt, Rotgans & Yew, 2011). Studies show that a project-based model in instruction helps improve academic performance in mathematics (Ali, Hukamdad, Akhter & Khan, 2010).

Research-based learning has many advantages in the development of conceptual understanding and skills related to problem-solving (Dordević, 2007; Kirschner, Sweller & Clark, 2006; Wilhelm, Sherrod & Walters, 2008). To enable learning means to fully involve students in the process, to hand over the control of what they learn to them, and to confront them with personal, social and practical problems. It is vitally important to allow students to assess their progress and achievement by themselves (Vizek Vidović, Vlahović-Štetić, Rijavec & Miljković, 2003). In project-based work, the student becomes more actively involved in the process of learning, whereas the teacher is there to organise, channel, encourage and assess student work (Hrvalić & Piršl, 2007; Vilotijević & Vilotijević, 2016).

Theoretical Framework
A project-based strategy of learning mathematics is an open, inquisitive learning process which is primarily student-centred (Bell, 2010), and focused on engaging students to take active part in the research through instruction which integrates acquired theoretical knowledge with practical skills, including real-world projects within mathematical concepts (Bender, 2012; Savery, 2006). Learning content comprises real-world projects which include interwoven problems or tasks, integrated into several disciplines, and associated with the mathematical content (Barell, 2007, 2010; Grant, 2002). In the project-based model of instruction, students work in groups on an open problem, set up research tasks and hypotheses that are to be tested by themselves, using the knowledge they possess. Through real-life situations, mathematics may become more relatable to the student. For this purpose, we may use simple problems which can be explored during one school period, or more complex problems of which the resolution requires the collaboration of several students, longer time for organisation and project preparation, and often integration and multidisciplinarity as well.

The main goal of project-based learning is to simplify the acquisition of the skills which include critical thinking competencies and deep content knowledge typical for the 21st century (Darling-Hammond, Barron, Pearson, Schoenfeld, Stage, Zimmerman, Cervetti & Tilson, 2008) as well as “skills such as creativity and innovation, problem solving, and communication and collaboration” (Kim & Choi, 2016:136). Students of the same age with their teacher become a tool which will make it easier for students to activate previous knowledge and higher-order thinking (Gavin, Casa, Adelson, Carroll & Sheffield, 2009).

As stated in Muschla and Muschla (2006), when students work on authentic problems in project-based instruction, they begin to realise how the mathematical skills that they are learning can be implemented in the real world. Mathematical projects open doors for the incorporation of other subjects and disciplines in mathematics classes, and students will soon realise that mathematics is present in many aspects of their lives. Mathematical projects also give students the opportunity to collaborate, where one person is in charge. In project-based learning activities, students with different abilities have a chance to contribute to the solution. Everyone has a role to play and everyone can contribute to the success of the team.

Project-based learning gives students the opportunity to learn content within a context, to use previous knowledge and to collaborate with other students. There is also an opportunity of integration of different disciplines through one project (Capraro & Slough, 2013). This innovative model of schooling (Doppel, 2009) encourages students’ independence of choice, their thinking, and intrinsic motivation. Positives of this programme have been noticed at students’ engagement in the learning process (Lam, Cheng & Ma, 2009; Quek, Wong, Divaharan, Liu, Peer & Williams, 2007). Project-based learning shows students to think creatively and innovatively (Lee & Breitenberg, 2010), and includes the possibility to work independently (Doppel, 2009). “It allows students to learn content within a context, apply prior knowledge, and gain skills not found in traditional education, such as how to collaborate” (Jacques, 2017:428).

Project-based learning implies that the knowledge specified in the curriculum is acquired through a project. The main question is what the essence is of what we want students to acquire, which should be challenging, original and meaningful. In project-based instruction, students explore, they work independently, develop social skills, and solve real-life problems (Janeš, 2007). Implementation of this type of instruction requires interdisciplinary content integration, as well as implementation of acquired knowledge, skills and techniques. Through the integration of individual disciplines, which provide depth and focus, we get a wider context, change of perspective, but also knowledge transfer, i.e. functional knowledge.

Fabijanić (2014) states that the main aim of project-based instruction is focus on reality where
one creates a product through one’s own work and awareness. Through work on project tasks, students acquire new knowledge, skills, abilities and habits that are applicable in real life. They develop an interest in research and exploration, planning skills and cooperative relationships with others. Through their work, they use different means and evaluate resources at their disposal. Group work develops their communication skills, tolerance, as well as a critical attitude toward their own work, and the work of others. Teachers who apply project-based learning contexts must be able to find mathematic in those projects, to present that mathematic to the students and to be able to involve students in an authentic way (Lee & Breitenberg, 2010).

Although there is a large number of empirical studies on the implementation of a project-based model in instruction, when it comes to the implementation of project-based instruction in lower elementary mathematics education in Serbia, there is a dearth of studies. For this reason, we focus on the empirical examination of the effects of the project-based model of instruction in lower elementary mathematics education. Given that project-based mathematics education has a number of effects, monitoring all these effects exceeds the scope of this article. Therefore, we wanted to examine the extent to which a project-based model of work in lower elementary school improves learning efficiency in the realisation of mathematical content. The aim of the study was to examine the effects of project-based learning on student achievement in lower elementary mathematics education and examine whether the project-based model was equally acceptable to students with different marks. Performance indicators for this type of instruction have been assessed based on the level of students’ academic performance. The results of this research should help in the popularisation of the project-based model of instruction in lower elementary mathematics education.

**Methodology**

**Research Sample**

Our study was conducted on a sample \( N = 147 \) selected from the population of third grade elementary students in Serbia. Given that our study was based on an experiment with parallel groups, we formed two uniform student groups – an experimental (E) and a control (C) group. The experimental group comprised third grade students from three classes of one elementary school \( N = 77 \), whereas the control group comprised third grade students from three classes of another elementary school \( N = 70 \). To equate our research groups, we used overall student achievement, and student achievement in mathematics at the end of the second grade, as well as the results of the pretest knowledge.

**Research Course Description**

The study was conducted during 3 months of the academic year 2017/2018 (from March to Jun). The teaching content was according to the current mathematics curriculum for the third grade of elementary schools in Serbia. The experimental programme was implemented during the second semester over 11 classes on **Measuring and Measurements** on the following topics: measuring mass, measuring length, measuring time, measuring liquid volume, money, and through six projects: Funfair, Hurdles track, We are baking cookies, Doll clothing, Mathematical fairy tale, History on tape (Knežević, Lazić, Maričić & Petojević, 2019). Measuring is directly related to objective knowledge and is present in everyday life, which perfectly fits into the didactic and instructional approach of the project-based model in mathematics education.

All exercises within the experimental programme have been designed in the form of projects closely related to students’ daily lives and real problems regarding measuring (they measured the volume and mass while baking cookies, they measured time required to complete some competitive activities, and used money to buy and sell cookies and toys).

The **History on tape** project was realised over two school classes by connecting and integrating the content of multiple objects while the stages preceding the realisation had been organised within other school subjects. The learning content was primarily related to the school subject, nature and society, within the teaching topic: *The past of my place*. The students discovered the most significant events from the historic Serbian people and the individuals that assigned them. Content from literature was also integrated through the introduction of elements from culture and folk tradition. Content from the musical culture through the introduction of elements of the musical folk tradition was also integrated. The content was then incorporated into mathematics through content aimed at introducing units for measuring time (year, decade, century, millennium), by connecting to a number law, a place number in a number series, representing time units on the timeline (through a series of events in time series), comparisons of multi-digit numbers (through comparisons of years of significant events and years of births and deaths of significant individuals), that is, determining the decade and century of events.

Project elaboration followed after identifying the connection between the number line and the timeline studied through the history of one’s people. The aim of the project was to have students design a timeline on a number line where they would mark time periods (units of time) and connect these using major historic events and
distinguished individuals. Students were divided in
two groups. Each group was given a time period to
study. Members of each group distributed tasks
among themselves, so each student could actively
share in project realisation. Information was found
in their textbooks, magazines, and online. They
researched when a significant historical event took
place, when it ended, how long it lasted and what
exactly happened. After collection, data were
analysed and evaluated, after which members of
both groups were given new tasks: to draw a
number line, add time markers, write text, add
pictures in appropriate places, and to draw on the
timeline. While drawing the number line, they used
the same unit length in all groups because they
eventually merged all the works into one, class
timeline. They marked time determinants, counted
their mutual distances on a number line, and
expressed it to different units of measure for length.
Besides that, they calculated the time difference
between historical events and expressed them in
different time units (month, year, century).
Members of the same group together analysed the
results and designed a presentation. Presentation of
the results and observations of each group were
realised according to the chronology of the periods
they had studied. Before the presentation, each
group added their own timeline, extending it on the
previous timeline to complete a time period. At
the end of the History on tape project, all students
analysed and evaluated the project using different
criteria: acquisition and implementation of the
knowledge about units of time and the past,
converting larger into smaller units of time and vice
versa, comparing time intervals, student
independence and commitment to the project, etc.
Students also analysed what was good about the
project and what could have been better, as well as
which elements could be applied in real life and
subsequent projects.

The Funfair project included content from the
following lessons: Money and Addition and
Subtraction, and its aim was to train students to
trade, use money and solve mathematical problems
over the course of two school periods. During the
Hurdles track project, students used a tape measure
to measure the length of the track, constructed and
positioned hurdles, whereas the aim of the Doll
clothing project was to have them revise the
content of the lesson Units of length: metre,
decimetre, centimetre, millimetre over two school
periods through different activities related to
measurements, tailoring and sewing clothes for
dolls. The We are baking cookies project required
students to measure the mass of selected
ingredients in gram and kilogram, mix them
together and bake cookies.

In the Mathematical fairy tale project students
were required to present mathematical problems
through a story, and these problems included
equations with a missing addend, subtrahend and
minuend, inequalities, units of measurement, and
fractions.

Lessons taught within the afore-mentioned
projects were thematically related to the idea of
project-based instruction, and their content matched
the activities of project-based work. At the same
time, the projects were inter-related because they
all dealt with mathematical measurements and
could form part of an integrative week. Students’
activities were engaging and interesting and
activated different students’ potential in different
ways. By working on the projects, students had an
opportunity to solve real-life problems and
knowledge acquired in this manner would be more
permanent and more applicable in situations
outside the school context.

Exercises within the experimental programme
were conducted and supervised by teachers who
had been previously provided with the necessary
explanations, instructions, preparation for classes,
material, as well as their duties and responsibilities
for each of 11 school periods which had been
designated for programme realisation through the
implementation of a project-based model. Within
the control group, the same teaching units were
implemented at the same time as in the
experimental group. The only difference was the
approach to learning, which meant that the students
in the control group did not learn content through
inter-subject connecting, through projects and
broader topics, but in the usual lecturing way, that
is the isolated processing of mathematical program
content without integration with other subjects or
an interdisciplinary approach. Teachers who
participated in the control classes were not given
any instructions, nor were they aware of the content
and the way in which it was taught in the
experimental group.

Our study implemented the quasi-
experimental method and the parallel study mode.
Effects of the experimental programme have been
determined through testing. We performed two
tests: pre-testing before the introduction of the
experimental programme, and post-testing, after the
implementation of the experimental programme.

We performed a pilot test on a sample of
43 students, after which instrument adjustments
were performed and the final test form was
constructed. Students who participated in the pilot
test did not participate in the study.

We created test tasks modelled on
standardised mathematics tasks classified by
achievement level (Marković, Kirovski, Mrkalj,
Rikalo, Vuković, Madaras, Prodanović &
Perovanović, 2006), and on the prescribed
education standards related to student achievement
(Opšti standardi postignuća – obrazovni standardi
za kraj prvog ciklusa obveznog obrazovanja,
2011) with descriptors at three levels: basic,
intermediate and advanced level of expected knowledge for that age, designed by expert teams of the Republic of Serbia’s Ministry of Education. Tests comprised 10 tasks each. The tasks were not identical in these two forms.

Ten tasks from the pre-test included content from Measuring and Measurements. They were designed to include all achievement levels: basic, intermediate and advanced. The first four tasks were intended for the basic achievement level (simpler examples with maximum two operations per task, equations involving addition and subtraction), the fifth, sixth and seventh tasks were on the intermediate level (converting from larger to smaller units, determining which operation takes precedence, tasks with three operations), whereas the eighth, ninth and tenth tasks were on the advanced level of achievement (textual tasks, conversion between units of measurement, implementation of the acquired knowledge). The test was carried out before the introduction of the project-based experimental programme model. The tasks were assessed against the identification key and the maximum score was 100.

The post-test was introduced after implementing the project-based model to measure the effects of the content covered through the 10 tasks on Measuring and measurements and it was an equivalent of the pre-test, both in form and elements.

All students were placed in approximately identical examination conditions during the tests, and tests were reviewed uniformly, using the instructions from the identification key to ensure test objectivity. In analysing achievement on the tests for each student, the total achievement was observed. We confirmed the logical and content validity of the tests by establishing that they met the requirements of the curriculum, and the content they referred to. Instrument reliability was established by calculating Cronbach’s alpha coefficient (α = .88), which indicates high instrument reliability (Pallant, 2011). The discriminant coefficient (corrected point-biserial correlation) for each task ranged between .389 and .651, which is very good.

Data obtained in the tests were processed using the IBM Statistics SPSS23 software package for system analysis. One-way analysis of variance (ANOVA) was used to monitor the effects of the experimental programme in the experimental group, whereas analysis of covariance (ANCOVA) was used for statistical control of uniformity between the groups in the tests.

**Results and Discussion**

The aim of this study was to determine the effectiveness of implementing a project-based model of instruction on student achievement in lower elementary mathematics education. Results of the pre-test showed more or less uniform results of the tests in both student groups: experimental group (M = 63.01, SD = 19.626), and control group (M = 62.84, SD = 21.489) (Table 1).

### Table 1 Descriptive statistics of the experimental and control group at the pre-test and post-test

<table>
<thead>
<tr>
<th>Test/Group</th>
<th>N</th>
<th>M</th>
<th>SD</th>
<th>SE</th>
<th>Lower bound</th>
<th>Upper bound</th>
<th>Minimum (Min)</th>
<th>Maximum (Max)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-test</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Experimental</td>
<td>77</td>
<td>63.01</td>
<td>19.62</td>
<td>2.237</td>
<td>58.56</td>
<td>67.47</td>
<td>5</td>
<td>93</td>
</tr>
<tr>
<td>Control</td>
<td>70</td>
<td>62.84</td>
<td>21.49</td>
<td>2.568</td>
<td>57.72</td>
<td>67.97</td>
<td>5</td>
<td>100</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>62.93</td>
<td>20.46</td>
<td>1.688</td>
<td>59.60</td>
<td>66.27</td>
<td>5</td>
<td>100</td>
</tr>
<tr>
<td>Post-test</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Experimental</td>
<td>77</td>
<td>69.34</td>
<td>17.89</td>
<td>2.039</td>
<td>65.28</td>
<td>73.40</td>
<td>16</td>
<td>97</td>
</tr>
<tr>
<td>Control</td>
<td>70</td>
<td>63.14</td>
<td>19.74</td>
<td>2.360</td>
<td>58.44</td>
<td>67.85</td>
<td>12</td>
<td>92</td>
</tr>
<tr>
<td>Total</td>
<td>147</td>
<td>66.39</td>
<td>18.99</td>
<td>1.566</td>
<td>63.29</td>
<td>69.48</td>
<td>12</td>
<td>97</td>
</tr>
</tbody>
</table>

Variance analysis of differences obtained between the experimental and the control group during the initial measurement ($F_{p, (1,145)} = .003, p = .960$) shows that there was no statistically significant difference in student performance on the pre-testing, whereas Levene’s test ($p = .389$) shows that the assumption of homogeneity of variance has not been violated (Pallant, 2011:253) (Table 2).

### Table 2 ANOVA analysis – Test of homogeneity of variances

<table>
<thead>
<tr>
<th></th>
<th>Levene statistic</th>
<th>df1</th>
<th>df2</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-test</td>
<td>.746</td>
<td>1</td>
<td>145</td>
<td>.389</td>
</tr>
<tr>
<td>Post-test</td>
<td>1.199</td>
<td>1</td>
<td>145</td>
<td>.275</td>
</tr>
</tbody>
</table>

*Note. Sig. – Statistical significance.*

<table>
<thead>
<tr>
<th></th>
<th>SS</th>
<th>df</th>
<th>MS</th>
<th>F</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-test</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Between groups</td>
<td>1.061</td>
<td>1</td>
<td>1.061</td>
<td>.003</td>
<td>.960</td>
</tr>
<tr>
<td>Within groups</td>
<td>61136.258</td>
<td>145</td>
<td></td>
<td>421.629</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>61137.320</td>
<td>146</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Post-test</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Between groups</td>
<td>1407.106</td>
<td>1</td>
<td>1407.106</td>
<td>3.982</td>
<td>.048</td>
</tr>
<tr>
<td>Within groups</td>
<td>51231.792</td>
<td>145</td>
<td></td>
<td>353.323</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>52638.898</td>
<td>146</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

*Note. Sig. – Statistical significance.*
After the pre-testing, the experimental group was introduced to the experimental programme, i.e. project-based model of work, whereas the control group continued to work in the usual way. After carrying out the experimental programme, we conducted the post-testing. Comparing the results (Table 1), we can see that the project-based model of instruction helped students from the experimental group to score higher on the post-test ($M = 69.34, SD = 17.893$) compared to students from the control group ($M = 63.14, SD = 19.744$). Variance on the post-test ($F(1, 145) = 3.982, p = .048$) indicates the existence of a statistically significant difference in the performance of students on the test in favour of the experimental group. Levene’s test shows that the assumption of equality of variances has not been violated ($p = 1.119, p = .275$) and that the result is reliable.

To remove all doubt that the difference was as a result of a lack of uniformity between the experimental and the control group, we calculated the ANCOVA. The result on the initial measurement was taken as the covariate. The result ($F = 39.686, p < .001$) proves beyond doubt that the differences were not as a result of the lack of uniformity between the experimental and the control group, but rather a result of the experimental programme (Table 3).

<table>
<thead>
<tr>
<th>Table 3 ANCOVA analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dependent variable: Post-test</td>
</tr>
<tr>
<td>Source</td>
</tr>
<tr>
<td>Corrected model</td>
</tr>
<tr>
<td>Intercept</td>
</tr>
<tr>
<td>Pre-test</td>
</tr>
<tr>
<td>Group</td>
</tr>
<tr>
<td>Error</td>
</tr>
<tr>
<td>Total</td>
</tr>
<tr>
<td>Corrected total</td>
</tr>
</tbody>
</table>

Note. $R^2 = .908$ (Adjusted $R^2 = .906$)

The strength of the effects of the experimental programme, i.e. project-based model, can be best seen on the resulting partial Eta squared (.216) which indicates strong effects (Cohen, 1988). This means that the variance of 21.6% on the post-test measurement can be explained by the effects of the experimental programme. The effects of the covariate (initial measurement) on the results of the post-test are also significant ($F = 1372.64, p = .000$), provided we eliminate the effects of the independent variable (group). Moreover, there was a strong correlation between the results of examination of the project-based model’s effects on student performance in mathematics before and after the experimental programme had been introduced (partial Eta squared equals .905), and it may explain the 90.5% variance in the post-test results.

Based on the results obtained, we can conclude that the project-based model of work in mathematics education has caused a significant improvement of student performance in mathematics. These results have been confirmed by other authors (Ayan, 2012; Cengizhan, 2007; Chang & Tseng, 2011; Kanter & Konstantopoulos, 2010; Korkmaz & Kaptan, 2002).

The second aim of this study was to determine whether observed differences between groups depended on students’ marks in mathematics in addition to instructional approach, in other words, whether the project-based model of instruction improved the performance of students with different marks in mathematics. We wanted to specifically examine whether the project-based model was equally acceptable to students with different marks and whether it improved their performance. If we compare the results from the pre-testing, we can see that students from the experimental group and students from the control group achieved approximately the same scores, the most successful students in both groups being those with excellent scores (5) (Table 4). However, all students from the experimental group achieved a significant improvement of performance on the post-test. What’s especially encouraging is the fact that even students with the lowest marks achieved a significant improvement of performance after implementation of the project-based model.
Table 4 Descriptive statistics

<table>
<thead>
<tr>
<th>Group</th>
<th>N</th>
<th>mark</th>
<th>Mathematics Pre-test</th>
<th>Post-test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>M</td>
<td>SD</td>
</tr>
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<td>Experimental</td>
<td>4</td>
<td>2</td>
<td>16.25</td>
<td>9.708</td>
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<td></td>
<td>12</td>
<td>3</td>
<td>57.00</td>
<td>19.017</td>
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<td></td>
<td>25</td>
<td>4</td>
<td>59.04</td>
<td>12.720</td>
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<td>5</td>
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<td>Total</td>
<td>63.01</td>
<td>19.626</td>
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<td>2</td>
<td>19.00</td>
<td>11.195</td>
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<td>3</td>
<td>35.73</td>
<td>9.133</td>
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<td>4</td>
<td>62.93</td>
<td>10.931</td>
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<td>10.945</td>
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<td>21.489</td>
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<td>17.63</td>
<td>9.812</td>
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<td>3</td>
<td>46.83</td>
<td>18.352</td>
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<td>4</td>
<td>61.13</td>
<td>11.842</td>
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<td></td>
<td>62</td>
<td>5</td>
<td>76.32</td>
<td>13.992</td>
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<tr>
<td></td>
<td>147</td>
<td>Total</td>
<td>62.93</td>
<td>20.463</td>
</tr>
</tbody>
</table>

Levene’s test for equality of variances shows that the assumption of equality of variances has been verified \(F = 1.694, p = .115\) (Table 5).

Table 5 ANCOVA analysis

<table>
<thead>
<tr>
<th>Source</th>
<th>Type III SS</th>
<th>df</th>
<th>MS</th>
<th>F</th>
<th>Sig.</th>
<th>Partial eta squared</th>
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<tr>
<td>Corrected model</td>
<td>34036.613*</td>
<td>7</td>
<td>4862.373</td>
<td>.000</td>
<td>.647</td>
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<tr>
<td>Intercept</td>
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<td>1</td>
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<td>.000</td>
<td>.926</td>
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<tr>
<td>Group</td>
<td>1465.109</td>
<td>1</td>
<td>1465.109</td>
<td>.001</td>
<td>.073</td>
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<tr>
<td>Mathematics mark</td>
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<td>75.597</td>
<td>.000</td>
<td>.620</td>
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<tr>
<td>Group/Mark</td>
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<td>3</td>
<td>8.040</td>
<td>.000</td>
<td>.148</td>
<td></td>
</tr>
<tr>
<td>Error</td>
<td>18602.285</td>
<td>139</td>
<td>133.829</td>
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<td></td>
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<tr>
<td>Total</td>
<td>700517.000</td>
<td>147</td>
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<td></td>
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<tr>
<td>Corrected total</td>
<td>52638.898</td>
<td>146</td>
<td></td>
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</table>

We saw that students with better marks also achieved improved scores on the test. When we remove the covariate (initial measurement), we see that those differences are statistically significant \(F = 75.597, p = .000\), whereas the partial Eta squared (.620) indicates that 62% variance can be explained by the marks, which is a very strong effect (Cohen, 1988).

After removing the covariate (results of the initial measurement), we determined that there was a statistically significant effect of the interaction between teaching methodology in mathematics education (project-based model) and the mark in mathematics on student performance \(F = 8.040, p = .000\). Partial Eta squared is .148, which is a strong effect (Cohen, 1988).

Results of the tests mentioned above have shown that students from the experimental group (project-based model of instruction) have achieved better scores on the test compared to students from the control group (usual method of instruction), which means that the project-based model of learning contributes to improved performance in mathematics. These results confirm the value of project-based instruction and further emphasise its possible role in lower elementary mathematics education. Results from other studies also confirm the advantages of the project-based model of instruction and its positive impact on student achievement. One such study (Özdemir, 2006) underlines that there are several reasons for obtaining such results. Özdemir (2006) believes that the project-based model of instruction is pleasant for students. Gültekin (2005) points out that students look happy during project-based instruction, learning the material at the same time.

To conclude, actively engaging students increases their desire to work and improves attention, which in turn positively influences their achievement (Özdemir, 2006).

**Conclusion**

The results of this research show that the project-based teaching method contributes to the better educational achievement of students in mathematics teaching, in the younger grades of
primary school. Progress in student achievement is achieved by all students, regardless of the success they have achieved in mathematics teaching. This is especially important from the point of view of students who have poor achievement in mathematics, who have achieved better results in learning arranged according to the principles of project work.

The results are particularly significant if they are observed in the light of the importance of project teaching, and above all since such teaching contributes to inter-subject connecting, learning that is based on the student’s activity in the learning process, learning that is embedded in the student’s real life and connecting learning to the student’s personal experience. The knowledge gained in such a process is of greater value to the student, not isolated, but linked to their experiences and the student sees the meaning of learning. In this way, the abstract world of mathematics is understood by students as a science that benefits them in life.

It should be emphasised that the introduction of project teaching should start from the beginning of schooling. If such a model of teaching mathematics and other fields is embedded from the beginning of students’ education, then students will begin to view mathematics and its importance in life differently, and they will see its applicability and connection with other fields.

However, it should be kept in mind that the project teaching of mathematics is very complex and requires significant teacher and student skills. Preparing this type of learning requires much more time, engagement and a more inclusive approach. First of all, it is necessary to find links to the content of other subjects and the students’ experience.

Stronger commitment and increased effort of a creative and innovative teacher who studiously plans and systematically adapts project-based activities to the preferences, interests and abilities of students will result in a high-quality knowledge applicable in everyday life. Project-based learning is not just a way of learning, it is a way of working with others. This approach to learning demands a competent, highly motivated and creative teacher who is able to find the best way to plan, organise and implement it in his or her teaching practice, but it also demands adaptations of the curriculum and the textbook to match the principles of project-based instruction (Lazić et al., 2015). The results of this study may be useful for mathematics teachers in lower elementary schools towards empowering them in applying this effective instructional approach when creating mathematics classes.

Authors’ Contribution
All authors, BL, JK and SM, equally contributed to the data collection, data analysis and writing of the manuscript. All authors reviewed the final manuscript.

Notes
i. Published under a Creative Commons Attribution Licence.

ii. DATES: Received: 23 August 2019; Revised: 19 March 2020; Accepted: 6 July 2020; Published: 31 August 2021.

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Özdemir E 2006. An investigation on the effects of


