Preferences of Teaching Methods and Techniques in Mathematics with Reasons

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Abstract In this descriptive study, the goal was to determine teachers’ preferred pedagogical methods and techniques in mathematics. Qualitative research methods were employed, primarily case studies. 40 teachers were randomly chosen from various secondary schools in Kirsehir during the 2015-2016 educational terms, and data were gathered via semi-structured interviews. While analyzing the data, a categorical descriptive analysis technique was employed in which participants’ opinions were divided into categories and sub-categories, and quotations were included to ensure opinions were reflected accurately. Results of these interviews showed that teachers preferred techniques such as “Question and Answer” and “Demonstration,” that offered relative ease of use. Techniques such as “Scenario” and “Case Study” had fallen out of favor, as they required greater preparation and use of educational materials.

Keywords Teaching Techniques, Teaching Methods, Mathematics, Reasons

1. Introduction

Educational systems consist of many elements, including students, teachers, curriculum, administrators, specialists, technology, physical and financial resources. However, teachers are the essential element, since quality of the education mostly depends on the quality and competence of teachers [37, 2].

Teachers have many roles, from planning classroom activities, to instructing, disciplining, motivating and guiding students. Teachers are also expected to both use teaching techniques effectively and to have modern management skills in classroom environments [15] in order to establish learning that can be defined as permanent changes in behavior. Those factors which most impact students’ learning and performance are not only teachers’ attitudes, choice of methodology, and the content of curriculum, but also students’ socioeconomic background, behavior, and personal characteristics [32, 38, 22, 33, 14, 28, 27, 12]. Effective teaching, therefore, must place equal emphasis on teacher, student, environment, curriculum and other factors [42].

Teaching mathematics is related to more than one variable as well as to other disciplines. The primary goal of efficient mathematical teaching is to transfer mathematical knowledge in a way that allows students to adapt to new situations and knowledge [29]. In history, mathematics has been used to supply fundamental needs of societies; as mathematical knowledge progressed, so did technology, with many new scientific branches emerging [11].

Mathematics curriculums have aimed to provide students with the fundamental mathematical skills needed for further education, including understand mathematical concepts; developing their own mathematical thinking and problem-solving processes; using these skills both in real life and in the classroom; systematically improving their skills, and behaving responsibly [25].

The chief aim of mathematics education extends beyond motivating students to learn the basic mathematics that they will need in school; rather, it is to convince them (in the hope that they will continue to learn beyond the classroom) to adapt to the mathematical challenges that their future lives will present [36]. Mathematics, as an academic course and as a mode of thought, begins in students’ primary education and continues throughout their lifetime learning; moreover, there is a strong relationship between mathematical success and academic success in other courses. Changes and adaptations in other disciplines deeply affect the teaching-learning process in mathematics [3].

Teachers’ preferences and opinions regarding pedagogical techniques in mathematics courses are important, because they may reveal their ability to address the needs of students at different learning levels. The study began with a self-evaluation of the teachers’ strengths and weaknesses regarding their teaching preferences. As teachers develop their teaching skills, they may help students integrate their mathematical knowledge with other activities, and find out what works best for their personalities and curriculum [33].
The following principles may provide guidance for effective classroom practices in supporting mathematics teaching. First, it is recommended that teachers build on children’s natural interest in mathematics, and on their intuitive and informal mathematical knowledge. They should encourage inquiry and exploration to foster problem-solving and mathematical reasoning [52]. Second, teachers are expected to use both formal academic lessons and everyday activities as natural vehicles for developing children’s mathematical knowledge. Providing a mathematically rich environment and incorporating the language of mathematics throughout the school day could be effective. Third, teachers are also advised to use literature to introduce mathematical concepts, and then reinforce them with hands-on activities. Finally, it is recommended that teachers establish partnerships with parents and other caregivers in order to support children’s mathematical development [34, 47].

Mathematics was chosen as an object of study because it can be described as a common tool and language used to define mental schemas throughout the world. Individuals who lack basic mathematical skills may face difficulties in school and social life; overcoming such difficulties requires the establishment of an effective learning environment. Reaching this goal depends on the employment of effective pedagogical methods; it is therefore essential to investigate different teaching methods—problem solving, inquiry based teaching, discovery, games, lecturing, and case studies, among others—and to draw attention to effective teaching and learning processes.

2. Research Method

This descriptive study aimed to identify various teaching techniques used in mathematics classes, and to understand why teachers prefer them. Descriptive models describe past or present situations as it was or as it is characteristically. These methods could be described as survey methods in which situations, events, objects, circumstances, institutions, groups and various areas have been tried to describe in their contexts as well [18, 16].

Data were collected for this study using case studies, a qualitative research method. According to Yıldırım and Simsek [44], case studies enable researchers to prioritize questions of “what” and “why,” by examining individual cases in detail. Qualitative research can therefore be described as “...research in which qualitative data-collecting techniques such as observation, interview and document analysis are used, and a qualitative process carried out to reveal perceptions and cases in their natural environment as exact and integrated.” Yin [45] defines the case study as a relative research model, used when case borders are uncertain and there are enough data sources in real life borders.

The study’s central subjects are teachers, represented here by a focus group composed of Mathematics teachers at schools of Kırşehir Directorate of National Education. Interviews were conducted with 40 teachers, who were selected for the study by a random sampling method. The study group was constituted of 14 (35%) females and 26 (35%) male teachers.

Data Collection

Data were collected using semi-structured interview, one of the qualitative data-collecting techniques. Interviews are one of the most frequently used data collection tools in qualitative research. An interview is an interaction process based on asking and answering questions designed to provide insight on a predetermined and specific topic. Patton [31] also explains the interview’s purpose as stepping in a person’s inner world and understanding his perspective.

In the interview form of this research, common teaching techniques (Demonstrate and Practice, Question-Answer, Problem Solving, Lecturing, Games, Discovery, Describing, Cooperative, Case Study and Scenario) which were proposed by recent studies [6, 48, 49, 50, 54] were listed and teachers were asked to indicate how often they used each technique in their courses. They were also asked to explain the reasons why they preferred or eschewed those teaching techniques.

In quantitative research, validity depends on the evaluator’s objectivity [20]. To increase this study’s reliability, followings were employed:

a) The researcher clearly defined his position, as simply the interpreter and not a participant.

b) Data resources were defined clearly, as participants’ were quoted in the comments to ensure accurate representation of their opinions.

c) Social environment and process was clarified, as data were collected through asking participants to explain their preferences by complete prompt “I prefer this technique/ method because ...” and teachers were asked to rate a five Likert type question showing how often they use each technique.

d) Conceptual framework was expressed directly. Volunteer Mathematics teachers from the schools in Kırşehir were given about a week to generate their reasons.

e) As a result of inductive analysis procedure, 11 major conceptual themes were identified.

f) In establishing the inter-rater reliability rate, a specialist at the faculty was asked to sort the reasons into the 11 categories, and the level of agreement between the colleague and the researcher was 92 %. The colleague placed 28 reasons (hands-on activities, practical activities, inevitable in mathematics, etc). under categories different from that of the researcher (i.e., Reliability =Agreement /Agreement + Disagreement X 100 = 323 / 323 + 28 X 100 = 92%) [21, 26].

Data Analysis

Data were analyzed using the descriptive analysis
approach, one of the qualitative research data-analysis techniques. In descriptive analysis, participants’ opinions are quoted to ensure they are accurately reflected [44, 26, 31]. The steps in the qualitative data analysis process are as follows:

a) First, data from document analysis and interviews were transferred to PC using Office programs. Texts were examined in detail, and categories and terms were determined. Second, data were separated into meaningful categories in order to identify distinct concepts.

b) In the coding and elimination stage, all the reasons were simply coded (n=37) such as “Sampling”, “Active Participation”, “Reinforcing” etc.). Codes were also established in order to categorize and classify study group members such as “1E” for the first male participant; “2K” for the second female participant.

c) In the compilation stage, expressions and similar reasons for each teaching technique were compiled by going through all the answers.

d) In the sorting and categorization stage, each of the reason generated by 40 teachers was analyzed to characterize its category (n=11) such as, Demonstrate and Practice, Question-Answer, Problem Solving, Lecturing, Games, Discovery, Describing, Cooperative, Case Study and Scenario.

e) Frequencies of various opinions were expressed as percentages, and the mean calculated as a metric of how often the teachers employed particular teaching techniques.

f) After identifying common codes and categories, teachers’ opinions were expressed in “Sample Statement Parts” within the tables. Finally, analogous comments and results were interpreted according to the study’s aim.

3. Findings

Techniques preferred by Mathematics teachers were presented by percentage (%) and frequency (f) to form a meaningful whole. Findings were interpreted according to literature after giving the concepts related to the techniques (Table 1).

Table 1. Total Concepts of Teaching Techniques and Methods with Reasons

<table>
<thead>
<tr>
<th>TEACHING TECHNIQUES &amp; METHODS</th>
<th>Demo and Practice</th>
<th>Question Answer</th>
<th>Problem Solve</th>
<th>Putting Rule</th>
<th>Lecture</th>
<th>Games</th>
<th>Discover</th>
<th>Describe</th>
<th>Cooperate</th>
<th>Case Study</th>
<th>Scenario</th>
<th>Σ</th>
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<td>Draw interest</td>
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<td>6</td>
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<td>2</td>
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<td>Make enjoyable</td>
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</tr>
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</table>


As seen in Table 1, there are 323 reasons given by teachers expressing their preferences about 11 teaching techniques. Of these, “Question and Answer” (f=36) and “Discovery” (f=36) were most frequently emphasized and preferred. “Putting Rules” (f=18) was the least popular technique. Regarding the reasons for using particular techniques, teachers most frequently cited a technique’s ability to “Simplify Learning” (f=22), or its consistency with the “Inevitable in Mathematics” (f=19) and “Permanent Learning” (f=17) categories. Of the reasons given for eschewing particular teaching techniques, five of them—particularly “Discovery Learning,” “Scenario” and “Case Study”—were considered a waste of time (f=15), while lecturing was viewed as monotonous.

Table 2. Demonstrate and Practice Technique with Reasons for the Preferences

<table>
<thead>
<tr>
<th>REASONS FOR PREFERENCE</th>
<th>Demo and Practice</th>
<th>Question</th>
<th>Answer</th>
<th>Problem</th>
<th>Solve</th>
<th>Putting</th>
<th>Rule</th>
<th>Lecture</th>
<th>Games</th>
<th>Discover</th>
<th>Describe</th>
<th>Cooperate</th>
<th>Case study</th>
<th>Scenario</th>
<th>∑</th>
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<tr>
<td>Feeling of help/ share</td>
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<td>11</td>
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<td>Get rid of monotony</td>
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<td>Monotony</td>
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<td>Waste of time</td>
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<td>NOT up to mathematics</td>
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<td>31</td>
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</table>

As shown in Table 2, the “Demonstrate and Practice” technique was cited by 30 out of 40 teachers as one that they “usually” employed compared to the mean (3.65). This technique was believed to enable students to be evaluated, help teachers to reinforce students, and provide opportunities for socialization. It was viewed as an effective method that provided active participation opportunities for students and general review for teachers. Likewise, Grasha [13] noted that once teachers allowed students to participate in activities, show delegator characteristics, guide discovery, inquiry-based learning and place themselves in an observer role that inspired students by helping them work in tandem toward common goals.

Table 3. Question-Answer Technique with Reasons for the Preferences

<table>
<thead>
<tr>
<th>REASONS FOR THE PREFERENCES IN CATEGORY (f=36; X̄ = 3.65)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evaluation (6), Reinforce (6), Active participation (5), Socialize (3), Effective method (3), General review (3), Awareness (2), Motivation (2), Practical activities (2), Discipline (1), Attract attention (1), Inevitable in Math (1), Draw interest (1)</td>
</tr>
</tbody>
</table>

As shown in Table 3, the “Question-Answer” technique was emphasized by 36 out of 40 teachers, or “usually” compared to the mean (3.65). This technique was believed to help teachers to reinforce students, and provide opportunities for socialization. It was viewed as an effective method that provided active participation opportunities for students and general review for teachers. Likewise, Grasha [13] noted that once teachers allowed students to participate in activities, show delegator characteristics, guide discovery, inquiry-based learning and place themselves in an observer role that inspired students by helping them work in tandem toward common goals.

Table 4. Problem Establishing and Solving Technique with Reasons

<table>
<thead>
<tr>
<th>REASONS FOR THE PREFERENCES IN CATEGORY (f=31; X̄ = 3.45)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Develop thinking skill (6), Basic of Mathematics (5), Sampling (4), Practical activities (4), Permanent learning (4), Active participation (2), Reinforcing (2), Save time (1), General Review (1), Good communication (1), Draw interest (1)</td>
</tr>
</tbody>
</table>

As shown in Table 4, the “Problem Establishing and Solving” technique was cited by 31 out of 40 teachers as one that they “usually” employed compared to the mean (3.45). This technique was believed to help students to be evaluated, help teachers to reinforce students, and provide opportunities for socialization. It was viewed as an effective method that provided active participation opportunities for students and general review for teachers. Likewise, Grasha [13] noted that once teachers allowed students to participate in activities, show delegator characteristics, guide discovery, inquiry-based learning and place themselves in an observer role that inspired students by helping them work in tandem toward common goals.

As shown in Table 2, the “Demonstrate and Practice” technique was cited by 30 out of 40 teachers as one that they “usually” employed compared to the mean (3.65). This technique was believed to help students to be evaluated, help teachers to reinforce students, and provide opportunities for socialization. It was viewed as an effective method that provided active participation opportunities for students and general review for teachers. Likewise, Grasha [13] noted that once teachers allowed students to participate in activities, show delegator characteristics, guide discovery, inquiry-based learning and place themselves in an observer role that inspired students by helping them work in tandem toward common goals.
As seen in Table 4, the technique of “Problem Establishing and Solving” was cited by 31 out of 40 teachers, or “usually” compared to the mean (3,45). This technique was preferred for teaching mathematics because it developed thinking skills, provided practical activities, and encouraged permanent learning. It was also taken as the inevitable in Mathematics, reinforcing students’ active participation.

Developing problem solving-skills deserves to be prioritized in curriculum planning, learning concepts, logical operations and mathematical communication. Students should be guided to develop problem-solving skills through interactive activities which are closely tailored to the lesson at hand [23].

Table 5. Putting Rules Technique with Reasons

<table>
<thead>
<tr>
<th>REASONS FOR THE PREFERENCES IN CATEGORY</th>
<th>(f=18; X̄=2.90)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic of Mathematics(5), Inevitable in Mathematics (4), NOT keep fit contemporary approaches in learning(3), Practical activities (2), Inevitable in Geometry(1), Generalizing (1), Simplify learning(1), Discipline learning(1).</td>
<td></td>
</tr>
</tbody>
</table>

SAMPLE STATEMENTS OF THE TEACHERS

4B: I use this technique to generalize subjects at the end.
9E: Rules are the basic of Mathematics
11B: It is sometimes necessary to put rules and want students to do some activities such as memorizing. This seems not contemporary but it works if the subject is complex.
17E: I don’t prefer because it is not a modern method.
42E: Learning rules help to learn subjects of the courses

Analyzing Table 5, the technique of “Putting Rules” was cited by 18 of 40 teachers, meaning it is used “sometimes” compared to the mean (2,90). It means that they sometimes preferred this technique while teaching mathematics because this technique was thought to be consistent with the inevitable in Mathematics, helping to generalize, simplify and discipline learning but three contrary ideas emphasized that putting rule was not a contemporary approach in learning. The mean score is comparatively low since this model is teacher-centered and frequently entails lengthy lecture sessions or one-way presentations. Students are expected to take notes or absorb information. This could be acceptable for certain higher-education disciplines and auditorium settings with large groups of students. However, it is a questionable model for teaching because there is little or no interaction with the teacher [47].

Table 6. Lecturing Technique with Reasons for the Preferences of Teachers

<table>
<thead>
<tr>
<th>REASONS FOR THE PREFERENCES IN CATEGORY</th>
<th>(f=33; X̄=2.70)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inevitable in Mathematics (7), Save time(6), Monotony (5), Introducing the course(4), Attract attention (3), Passing to the new learning (3), General review(2), Temporary Learning (2), Simplify learning(1).</td>
<td></td>
</tr>
</tbody>
</table>

SAMPLE STATEMENTS OF THE TEACHERS

1B: Because of monotony and being not attractive I don’t use.
9E: In this technique, learning is the least permanent
20B: This technique enables to overcome time problem to finish the subjects.
38E: I prefer because introduction part and concept teaching in not possible without lecturing
40E: To attract attention and summarize the subject, I sometimes employ this technique

According to Table 6, the technique of “Lecturing” was singled out 33 times by 40 teachers, whose opinion was at “sometimes” level compared to the mean (2,70). It means that they sometimes preferred this technique while teaching mathematics because this technique was thought as in the inevitable in mathematics, saved time; attracted attention, was helpful introducing new subjects and learning. On the other hand 7 different ideas expressing that it brought monotony and caused temporary learning.

Lecturing—in other words, direct instruction—helps students understand the “why” behind their activities. When introducing a new lesson, it’s important to emphasize the broader concepts as a whole to ensure comprehension, rather than individual facts, as these can distract from the overall message [46].

Table 7. Game Technique with Reasons for the Preferences of Teachers

<table>
<thead>
<tr>
<th>REASONS FOR THE PREFERENCES IN CATEGORY</th>
<th>(f=33; X̄=2.67)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Make enjoyable(7), Attract interest(6), Reinforcement(4), Socializing the students(3), Simplify the learning (3), Permanent learning(2), Updating (2), Up to the level of the students(2), Waste of time(2), Hands on Activities (1), Overcrowded classes(1).</td>
<td></td>
</tr>
</tbody>
</table>

SAMPLE STATEMENTS OF THE TEACHERS

5E: Playing games are not possible because of overcrowded classes.
7B: Provides attract interest and makes enjoyable learning especially late and boring hours
10B: I use very often in practice. 5th and 6th grade children are at the age of game. So this technique is effective to simplify and have good time.
22E: To make enjoyable, attract attentions and help to update students’ learning
37B: To reinforce and target hardening, I prefer games
42E: No more time left to play games because of limited duration.

As shown in Table 7, the technique of “Game” was cited 33 times by 40 teachers, whose opinion was at “sometimes” level compared to the mean (2,67). It means that they sometimes preferred this technique while teaching mathematics because this technique made learning enjoyable, attracted interest, reinforced, socialized students and contributed to simplification. Few of the teachers (f=3) believed games to be a waste of time or impossible to put in practice in crowded classes and not up to the levels of students. Furthermore, learning by game could overcome fear, anxiety and negative attitudes toward mathematics that lead students to failure ([1, 41, 10].

As seen in Table 8, the technique of “Discovery” was cited 36 times by 40 teachers whose opinions were at “sometimes” level compared to the mean (2,65). It means that they sometimes preferred this technique while teaching mathematics because this technique was thought to contribute to permanent learning, enable hands-on activities and motivate students. Moreover, it simplified learning, retained students’ attention, and developed thinking skills. However some teachers (f=8) thought that it was a waste of time and not up to the level of students.
Discovery activities promote self-learning and help students develop critical thinking skills and retain knowledge that leads to self-actualization. This technique trains students to ask questions and helps develop skills to find answers and solutions through exploration; it is ideal for teaching science and similar subjects. So, this technique could be recommended to mathematics teachers for employment in the classroom, and outside it as well, where it may help to cement permanent learning [17].

According to Table 9, the technique of “Describing” was cited 27 times by 40 teachers whose opinion is at “sometimes” level compared to the mean (2,65). It means that they sometimes preferred this technique while teaching mathematics because this technique was thought to correspond to the inevitable in mathematics, employed practical activities, was helpful for teachers while introducing the course, reinforced the students and helped to simplify learning. On the other hand, some teachers didn’t find this technique useful (f=7) because it was assumed to be memorizing and caused students to forget their learning easily.

### Table 8. Discovery Technique with Reasons for the Preferences of Teachers

<table>
<thead>
<tr>
<th>REASONS FOR THE PREFERENCES IN CATEGORY (f=36; X=2.65)</th>
<th>SAMPLE STATEMENTS OF THE TEACHERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Permanent learning (6), Hands on Activities (5), Motivate students(5), Waste of time(5), Simplify learning(3), Attract attention (3), Develop thinking skills(2), NOT up to student level(2), Active participation(1), Evaluation(1), Effective method(1), Get rid of monotony(1), NOT up to mathematics(1)</td>
<td>1B: It helps to attract attention of the students 4B: I use to develop thinking skills of the students and attract attention 7B: Once a student discovers, learning becomes permanent 12E: I DON’T prefer since it is not up to students’ readiness level 17E: I rarely use because of the time limitation 26E: This technique enables to take part students in activities 10B: In our daily live and in our classroom we learn permanently in the way of discovering. So I put this method in practice very often.</td>
</tr>
</tbody>
</table>

Up to Table 10, the technique of “Cooperative Learning” was stated out 31 times by 40 teachers whose opinion was at “Rarely” level considering the mean (2.55). It means that they rarely preferred this technique while teaching mathematics because this technique was thought as to develop feeling of help and share, interaction, good communication and group study. It was also assumed as simplifying and making enjoyable the learning by motivating the students.

With cooperative learning students get the chance to work with one another toward a common goal. These exercises are valuable in their capability to teach students about the values of cooperation and working with others who might be different from themselves. Pairing students with different skill can contribute to the work meaningfully in their own way. Collaboration encourages students to engage in productive dialogue and it can provide an opportunity to foster debate. Deciding between different approaches to satisfy project requirements can help develop students’ executive decision-making capabilities and their ability to listen to others’ opinions and suggestions [4, 53].

### Table 9. Describing Technique with Reasons for the Preferences of Teachers

<table>
<thead>
<tr>
<th>REASONS FOR THE PREFERENCES IN CATEGORY (f=27; X=2.65)</th>
<th>SAMPLE STATEMENTS OF THE TEACHERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inevitable of Mathematics (7), Introduce the course(5), Lead to memorize(3), Practical activities (2), Reinforceing(2), Simplify learning(2), Temporary Learning (2), NOT up to student level (2), Generalizing(1), Concretization(1)</td>
<td>1B: I DON’T prefer as it leads to memorize 22E: I employ in the introduction part of the course very often 26E: For the purpose of simplification 30E: By the help of introducing, students get their first impression of the subject 38E: Enriching the description with the examples reinforces learning. 19B: In some subjects, describing is very necessary.</td>
</tr>
</tbody>
</table>

### Table 10. Cooperative Learning Technique with Reasons for the Preferences of Teachers

<table>
<thead>
<tr>
<th>REASONS FOR THE PREFERENCES IN CATEGORY (f=31; X=2.55)</th>
<th>SAMPLE STATEMENTS OF THE TEACHERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feeling of help and share (11), Simplify learning(4), Good communication(4), Make enjoyable(3), Motivate students(2), Socializing(2), Permanent learning(1), Get rid of monotony(1), Active participation(1), Waste of time(1), NOT up to mathematics(1)</td>
<td>9E: Enables to group study 11B: Helping and sharing, some of the daily life skills will be acquired; will be motivated together; expressing, listening skills will be pushed up 17E: Learning by helping each other 18E: Interaction of the students with peers and teachers provide permanent learning 20B: For me this technique is not suitable since time limitations. 21B: Develops communication and social support among students</td>
</tr>
</tbody>
</table>

Table 11 showed that the technique of “Case Study” was...
stated out 25 times by 40 teachers whose opinion was at “Rarely” level considering the mean (2,43). It means that they rarely preferred this technique while teaching mathematics because this technique was thought as helping to update, simplifying the learning, employs hand on activities and provides sampling and concretization. However some teachers (f=5) thought that it was a waste of time and not up to mathematics.

In case study techniques, students often have been given some opportunities to create something on their own, which leads to retention in learning. If a student is more active in different areas, has the greater chance for retention. Hands-on activities are traditionally used in arts, science and math courses. These types of modern activities can be more meaningful and engaging to students than traditional exams, and encourage more creative, independent thinking and awareness [7].

### Table 12. Scenario Technique with Reasons for the Preferences

<table>
<thead>
<tr>
<th>REASONS FOR THE PREFERENCES IN CATEGORY</th>
<th>(f=23; ( \bar{X}=1,95 ))</th>
</tr>
</thead>
<tbody>
<tr>
<td>Waste of time(4), Permanent learning(3), updating (3), Simplify(3), Enjoyable learning(3), Hands on Activities (2), Attract attention(2), Concretization (1), Get rid of monotony(1), NOT up to mathematics (1).</td>
<td></td>
</tr>
</tbody>
</table>

### SAMPLE STATEMENTS OF THE TEACHERS

1B: To attract the attention of the students
4B: I prefer this technique to make the course enjoyable
7B: In some complex subjects such as “Permutation & Combination” this technique helps to concretize and enjoyable.
8E: In many subjects like “possibilities”, it enables students to understand easily
9E: By means of this technique, it is possible to get rid of monotony.

Analyzing Table 12, the technique of was stated out 23 times by 40 teachers whose opinion was at “Rarely” level considering the mean (1,95). It means that they rarely preferred this technique while teaching mathematics because this technique was thought as provided permanent learning and concretization, helped to update, simplified learning, employed hand on activities, attracted attention and contributed to get rid of monotony. On the other hand some teachers (f=5) thought that it was a waste of time and not keep fit mathematics teaching and learning methodology. Teaching Mathematics is a complex process and it needs special attention and planning while putting activities into practice. Otherwise, it will be a failure of teacher and teaching [6].

### 4. Discussion

These findings clearly demonstrate that mathematics teachers mainly preferred techniques requiring less preparation and effort, such as “Question and Answer” and “Demonstration.” Techniques requiring greater preparation and materials, such as “Scenario” and “Case study,” were less popular. “Putting Rules” was generally not employed by teachers, as they believed it to be incompatible with contemporary approaches to learning. According to Kazelskis [19], study of pedagogical techniques has revealed two different attitudes towards mathematics. Teaching techniques that students prefer improve attitudes, result in greater comfort with academic material, and ultimately increase success. Teaching techniques that students dislike may inspire fear and discomfort, which can be difficult to overcome.

Surprisingly, some techniques—such as Games, Discovery, Case Study and Scenario—were viewed as a waste of time. One possibility is that teachers’ favorite teaching techniques were simply those that required less time and preparation. Grasha [13] suggests that it is not easy for teachers to take on a less central role and to empower students. For example, colleagues have told him that “I could never show a video tape or hold a small group discussion in my classes. Such things would take valuable time away from what I have to offer.” This could be an excuse for not employing certain techniques in the classroom, but participating students and effective courses have been pioneering as valuable.

Analyzing the reasons for these teachers’ preferences, most techniques were valued for the sake of inevitable in mathematics and geometry. It means that they have been using those techniques in their course but they didn’t have a clear reason or explanation for their preference. It appears that many of these teaching techniques were employed because of the expectation that they would simplify mathematical subjects.

Teachers rarely mentioned overcrowded classes; this problem was cited only once, as a reason for avoiding the “Game” technique. Likewise, physical environment and materials were not given as either reasons or excuses for avoiding particular techniques. Based on these findings, it appears that Turkish schools were assumed to be well-equipped, with adequate access to technology. In this context, it must be emphasized that, in mathematics classes, learning environment is vitally important as well as teacher and materials [30, 5, 51]. Verschaffel et al. [43], Toptaş [40] and McDonough [24] stated that there is a direct relationship between mathematical thinking, problem solving and physical, social, academic designed learning context.

Students were more confident in cases where they could solve more problems on their own, and see the value of their strategies—this enhanced patience and creativity in problem-solving [39]. Therefore, we conclude that problem solving is one of the basic skills in instruction, and should be prioritized in curriculums of all levels and schools by directorate of national education [24].

Furthermore, many teaching techniques were valued for their tendency to facilitate active participation, hands-on activities, and practical activities; in other words, courses were mostly organized around student-centered activities. It appears that effective mathematical teaching and learning are possible only when aided by activities requiring students’
active participation.

Corresponding research conducted by Aydin and Doğan [3] has investigated some of the various obstacles or barriers to successful mathematics teaching, arguing that teachers should receive qualitative education, and should use modern pedagogical methods rather than traditional, teacher-centered techniques. Instead of memorizing concepts, knowledge should be constructed in students’ minds through questioning and discussion, and through early learning. Information should be made meaningful to students in order to establish permanent learning [9, 41, 53].

Cotton [8] stated that any approach that relies on a sequence of pre-structured questions and does not provide students with adequate time to explore their own responses. In teaching mathematics, pre-structured questions should allow enough time to organized students’ exploration of their own responses to situations. Moreover, such questions must be structured to inspire students’ wonder and interest, which enhance participation and self-confidence.

In light of these findings, it is recommended a blended teaching approach, one that balances teachers’ personal strengths and interests with students’ needs and curricular requirements. Since it achieves the inclusive approach of combining teaching clusters, it enables teachers to tailor their teaching to student needs and subject matter.

In summary, pedagogical policies in mathematics should focus on graduating mathematical thinking students who can use mathematical language and techniques effectively both in and outside of the classroom. Teachers may have individual styles reflecting their distinct personalities and curriculums, but it’s crucial that they remain focused on their teaching objectives. It is also recommended that, before teaching classes or working in schools, teachers receive formal training in new pedagogical developments.

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