Governor’s Youth Development Academy

October 2013 Progress Report

Prepared By

Brandon Jones, Youth Development Supervisor
Ann Ifekwunigwe, Career Pathways Supervisor
Introduction

Newport News is a city of 193,000 people, located between Williamsburg and Norfolk in Southeastern Virginia. Newport News Public Schools (NNPS) educates approximately 30,500 children, grades Pre-K to 12, of whom 55.7% are Black, 29% are White, 9.9% are Hispanic, 2.9% are Asian, and 2.5% are other races. NNPS’ Special Education population is 12.5%, its Talented and Gifted population is 8.2%, and its Economically Disadvantaged population is 46.5%. Newport News Public Schools has five traditional high schools, and two smaller non-traditional high schools. The high schools offer a wide range of specialty program choices for students. There is an Arts and Communications Magnet Program at Woodside HS, a Governor’s STEM Academy at Heritage HS, a University Magnet Program at Heritage HS, an International Baccalaureate Program at Warwick HS, a Governor’s Health Sciences Academy at Warwick HS, and an Aviation Academy at Denbigh HS.

Academy Purpose and Theme

The mission of NNPS is to ensure that that every student will graduate “college, career and citizen ready.” The NNPS Governor’s Youth Development Academy (GYDA) intentionally aligned its purpose with Newport News Public Schools’ college, career and citizen ready mission. The Academy began with a 3-week summer Youth Development experience for rising 9th and 10th graders. The NNPS Governor’s Youth Development Academy connected students to a wide range of local businesses, institutions of higher education, and service organizations to increase students’ awareness of colleges, careers, and citizenship opportunities in their community. This intentional focus will continue throughout the school year with additional opportunities for students to develop leadership skills while exploring college and career options.

The NNPS Youth Development Academy is committed to developing young leaders while promoting Science, Technology, Engineering and Mathematics (STEM) education. The STEM-focused experiences provide opportunities for students to explore STEM majors and careers during visits to colleges and businesses. Students also participated in experiential labs that gave them an understanding of the knowledge and skills essential for success in STEM. Throughout the summer, the NNPS Governor’s Youth Development Academy strove to engage students in experiences that blended an understanding of career opportunities and programs offered at local colleges, with hands-on/minds-on activities for students.

Organization and Planning

The initial planning committee consisted of Brandon Jones, Supervisor of Youth Development, and Ann Ifekwunigwe, Supervisor of Career Pathways, who served as the GYDA Program Directors. Ann and Brandon worked together on the initial grant application, and co-developed the framework for the NNPS Governor’s Youth Development Academy.

The Program Directors met at least once per week for one to two hours following the grant funding announcement. As the start date of the program approached, the meetings became more frequent and longer in duration.
Additional committee members were brought on board soon after the grant was funded. Katie Morgan, a Professional School Counselor with NNPS, joined the committee, and also served as the GYDA Site Director. Dr. Lynn Lambert, a Computer Science and Physics Professor at Christopher Newport University, served as our liaison with the university. The cost of renting space at the university is typically quite high. Dr. Lambert was able to negotiate a reduced rate for NNPS, and was also extremely helpful throughout the summer facilitating STEM opportunities for GYDA students. In addition to supporting the day to day operations of the Academy, Dr. Lambert led a full day robotics workshop, helped coordinate a visit from the state’s FIRST Robotics representatives, and recruited her own Computer Science students to support our GYDA students’ forays into robotics computer programming. As July approached, the committee met almost weekly and the Directors met daily.

The entire GYDA Staff attended two orientations—one for the program staff, and one for the students and their families. There were weekly debriefing meetings for all staff members, as well as daily check-in meetings before and after the program each day. To ensure the program was serving students optimally, there was an ongoing process of reflection and adjustment among all members of the team.

The planning meetings did not stop with the summer program. The committee continues to meet to plan and execute the events of the coming year. The program will culminate with a massive STEM Community Day on the Great Lawn at Christopher Newport University. Dr. Lambert is the official CNU representative for the STEM Community Day, and has met with us several times since August on the planning and coordination of the STEM Day.

The GYDA staff consisted of two Program Directors, one Site Director, three Site Facilitators/Counselors; five Student Leads who were rising seniors at NNPS high schools, and one College Bridge—a former NNPS student who now attends Virginia Tech. (Specific staff roles and responsibilities are outlined in Appendix A).

**Staff Selection Process**

Staff members were recruited from the each high school’s Youth Development team to work with the Governor’s Youth Development Academy. Youth Development Leads at each high school were contacted and recommendations from those leads were taken into consideration when selecting the staff. Staff members were also selected based on their ability to commit to working with students during the summer and throughout the school year.

The GYDA Student leads were employed after completing a hiring process that included an online application, an interview, processing through the Newport News Public School Human Resource Department, and subsequent youth development trainings. Each of these Student Leads also committed to participating in meetings throughout the school year to support GYDA students.
Titles of School Division Staff
Brandon Jones, Program Director, Youth Development Supervisor
Ann Ifekwunigwe, Program Director, Career Pathways Supervisor
Amanda Morgan – Site Director – Professional School Counselor
Caron Coles – Facilitator – Professional School Counselor
James Shorter – Facilitator – Professional School Counselor
Tressa Tucker – Facilitator – Teacher

Training of Staff
Staff members participated in several training sessions prior to the first day of the Governor’s Youth Development Academy. An initial training that focused on program logistics and expectations, purpose and vision, as well as staff and student responsibilities was conducted for staff members.

Procedure for Selection of Students
All of the schools were notified of the opportunity through each school’s Youth Development Leads and Career Pathways Facilitators. Emails were sent to the leads and facilitators with information about the academy, along with links to the postings on the school system’s website. Furthermore, posters were printed and displayed all of the schools (See Appendix B), and smaller versions of the poster were distributed as flyers to all of the high schools.

We created a SurveyMonkey application (See Appendix C) for interested students to complete and submit electronically. We opted for online applications in order to mirror the “real world” of college and work, where applicants no longer complete paper applications. Students who did not have computer or internet access at home were supported at school in the completion of the applications. The application contained a short essay section in which students explained their aspirations and goals in high school and beyond.

To reach the greatest number of students possible, we also used social media avenues to promote the opportunity. The Governor’s Youth Development Academy flyers were posted on the Youth Development Facebook page and on the Career Pathways Facebook page (See Appendix D). Several times a week, new messages about the Governor’s Youth Development Academy were posted on both pages. In addition to outreach at the schools and on social media, we also pushed out into the community to advertise the Academy. We attended a summer opportunities community fair one evening in late spring at the Denbigh Community Center. Several hundred students and parents attended, and the Academy generated a great deal of excitement. Parents were particularly pleased that the Academy was being offered free of charge, that transportation was provided, and that breakfast and lunch were both included. We also attended a summer opportunities fair at the Doris Miller Community Center where we handed out flyers and let students and families know about the opportunities.
We realized at these fairs that we did not have any opportunities for 11th graders. Many of the students who visited our tables were rising juniors. It was difficult for us to tell them that we had opportunities for 9th, 10th, and 12th graders (who would be our student counselors), but not for 11th graders. If we were to do this again, we would ask the VDOE for permission to include our 11th grade students. The positive outcomes of the experience were such that all levels of high school would have benefitted from the Academy.

Our original plan was to accept ten applicants from each high school, plus five students from our two smallest high schools that offer alternative programs. This was to help ensure that we had a diverse and representative cross-section of students in the Youth Development Academy. The actual distribution across high schools was less even than we had desired. It seems that word spread much more widely across some campuses than at others. Of the 60 students who were admitted to the program, 44 students consistently attended GYDA. The students’ distribution across NNPS high schools is captured in the chart below.

<table>
<thead>
<tr>
<th>School Name</th>
<th>Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>An Achievable Dream High School</td>
<td>12</td>
</tr>
<tr>
<td>Denbigh High School</td>
<td>4</td>
</tr>
<tr>
<td>Heritage High School</td>
<td>10</td>
</tr>
<tr>
<td>Menchville High School</td>
<td>4</td>
</tr>
<tr>
<td>Warwick High School</td>
<td>4</td>
</tr>
<tr>
<td>Woodside High School</td>
<td>10</td>
</tr>
</tbody>
</table>

It is important to note that in each of the five traditional high schools in NNPS, there are established staff members who serve as Youth Development Leads. Their responsibilities include, but are not limited to, developing and supporting youth development initiatives in their buildings, providing meaningful opportunities for youth leadership development, and building youth development competencies within the young people in their schools and the school division at large. These leaders have nurtured relationships with other youth focused professionals in their buildings to assist in providing a structure for adults and students in each school in our division. These youth development “teams” are comprised of different staff positions that reflect much of the student experience. For example, a team may be led by a teacher with a team comprised of other teachers, professional school counselors, and an administrator. The youth development team provided a structure, not only, for identifying students to participate in the youth development academy, but one for maintaining contact and support with each student throughout the school year. The students will be provided an opportunity to serve as a member of their school youth development team thereby serving dual purpose by providing that student with a support structure throughout the school year as well as providing the school with the youth “voice” so necessary to effect change.
Procedure for Selection of Community Partner
We were extremely fortunate to have significant buy-in and support for the academy from local community partners representing youth development, businesses and industry, and higher education. Youth Development and Career Pathways are both robust and thriving initiatives in Newport News Public Schools. Career Pathways and Youth Development each has an extensive network of community partners to call upon for support of various projects throughout the year. All of the partners we approached were more than willing to support the Governor’s Youth Development Academy in one way or another.

We wanted to provide a rich experience for students that promoted understanding of the knowledge and skills required for success in STEM careers. We also wanted students to have high quality youth development experiences with Alternatives, a trusted partner organization that helped launch NNPS’ Youth Development initiative. Our connections with local higher education institutions and the Youth Volunteer Corps of Hampton Roads helped us remain true to our goal of aligning the Academy with the NNPS mission of ensuring that our students graduate college, career and citizen ready. The Youth Volunteer Corps provided myriad opportunities for students to engage in meaningful service experiences that made a difference in their communities, while making a difference in the lives of the students, themselves.

Support from Community Partners

<table>
<thead>
<tr>
<th>Organization</th>
<th>Support Provided</th>
</tr>
</thead>
<tbody>
<tr>
<td>Riverside School of Health Careers and Riverside Regional Medical Center</td>
<td>Hosted field trips for students to the Riverside School of Health Careers and the Riverside Regional Medical Center. Students were able to interact with and ask questions of medical professionals at the local medical center. Students were also able to tour the hospital. At the school of health careers, students participated in Hands-On Experiences in Health Careers Labs, including Radiography, Surgical Technology, Nursing, and Physical Therapy.</td>
</tr>
<tr>
<td>Christopher Newport University</td>
<td>Students engaged in mini lessons on computer science languages, and worked on programming robots with simple commands. Christopher Newport University also allowed us to rent a classroom for the summer program at a reduced rate.</td>
</tr>
<tr>
<td>NN Shipbuilding’s Career Pathways Program Hands-On Physics Workshop</td>
<td>Representatives from Newport News Shipbuilding spoke to the students about career opportunities at the company then conducted a boat building competition. Students were given a roll of duct tape and had to work with their teammates to build the strongest, lightest, and least expensive boat possible. The teams earned points for building a boat that could hold the greatest amount of weight without sinking.</td>
</tr>
<tr>
<td>Organization</td>
<td>Support Provided</td>
</tr>
<tr>
<td>--------------------------------------------------</td>
<td>----------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>TNCC Advanced Manufacturing Lab Tour and Hands-On Lab</strong></td>
<td>Students learned about the different types of welding, the range of career opportunities within the field of welding, and the amount of education and training required to become a welder. Students then engaged in hands-on experiences with computer controlled manufacturing processes, as well simulated and “real” welding in the manufacturing lab.</td>
</tr>
<tr>
<td><strong>YVC-HR and The Noland Trail</strong></td>
<td>Students participated in an Outdoor Education experience, and helped with Natural Resource Conservation in a clean-up of the Noland Trail outdoor recreation area. The Noland Trail is the largest privately owned and maintained trail in the country that is open to the public free of charge.</td>
</tr>
<tr>
<td><strong>YVC-HR and Virginia Peninsula Food Bank</strong></td>
<td>Students assisted with food sorting and distribution for those in need in the community. Unfortunately, the chef was not available to lead a lesson on healthful eating.</td>
</tr>
<tr>
<td><strong>Virginia Air and Space Museum, Hampton</strong></td>
<td>Facilitated field trip for students to explore Air and Space Careers.</td>
</tr>
<tr>
<td><strong>Youth Volunteer Corps of Hampton Roads (YVC-HR)</strong></td>
<td>YVC-HR provided lessons and experiences that promoted students understanding of the importance of community engagement. Students learned through first-hand experiences, about some of the critical needs in their community, as well as the ongoing service opportunities through YVC-HR.</td>
</tr>
<tr>
<td><strong>Alternatives, Inc.</strong></td>
<td>Alternatives, Inc. a Youth Development Organization, developed students’ Leadership Skills through hands on workshops and activities. Alternatives worked with the students to plan how to be effective leaders and change agents at their schools during the year. Alternatives will return throughout the year to continue leadership development with the students.</td>
</tr>
<tr>
<td><strong>YVC-HR and Gardens of Warwick Forest</strong></td>
<td>YVC provided an opportunity for students to engage with Senior Citizens in a residential care facility. Students made crafts with the seniors and ate lunch with them.</td>
</tr>
<tr>
<td><strong>FIRST Robotics</strong></td>
<td>Students worked in teams to complete a Robot Design &amp; Build Competition. Following the completion of their designs, the teams’ robots competed against each other.</td>
</tr>
</tbody>
</table>
Budget

Our summer program expenditures were well within expectations. We were able to hire a program director, academy counselors, student counselors, a college liaison, as well as secretarial support. We spent approximately half of what we had allotted for Compensation and Contract Services, we spent all of what we had set aside for space rental at the local university, we spent approximately 30% of our food budget, and approximately half of what was set aside for summer materials purchases. We were very fortunate to have the support of many local business partners who did not charge for the services they provided. The vast majority of the excursions the Academy students took were facilitated by our community partners free of charge.

We were very strategic in spending our money. Even though it required extra work, we knew we would be able to stretch our food and materials dollars by shopping at discount stores such as Costco. We also saved money each day by using the school system’s ice machine to fill the ice chests to keep the water and lunches cool. By being mindful of the money we spent in the summer, we will have more than enough money to support our year-round programs.

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Summer Expenditures</th>
<th>Amount Remaining</th>
</tr>
</thead>
<tbody>
<tr>
<td>Compensation</td>
<td>$32,797.00</td>
<td>$15,398.00</td>
<td>$17,399.00</td>
</tr>
<tr>
<td>Summer Program Staff</td>
<td>$30,353.00</td>
<td>$14,304.00</td>
<td></td>
</tr>
<tr>
<td>Fringe Benefits</td>
<td>$2,444.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fringe Benefits</td>
<td>$2,444.00</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Summer Expenditures</th>
<th>Amount Remaining</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contract Services</td>
<td>$10,477.00</td>
<td>$5,316.00</td>
<td>$5,161.00</td>
</tr>
<tr>
<td>Trainings by Alternatives</td>
<td>$5,250.00</td>
<td>$3,000.00</td>
<td></td>
</tr>
<tr>
<td>STEM Saturdays</td>
<td>$2,815.00</td>
<td>$1,500.00</td>
<td></td>
</tr>
<tr>
<td>YVC Training</td>
<td>$1,500.00</td>
<td>$1,500.00</td>
<td></td>
</tr>
<tr>
<td>VA Air and Space Center Admission</td>
<td>$912.00</td>
<td>$816.00</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Not Yet Available</th>
<th>Not Yet Available</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer Program Transportation</td>
<td>$8,800.00</td>
<td>Not Yet Available</td>
<td>Not Yet Available</td>
</tr>
<tr>
<td>STEM Saturdays</td>
<td>$480.00</td>
<td>$</td>
<td>0</td>
</tr>
<tr>
<td>YVC Clubs at All HS</td>
<td>$1,250.00</td>
<td>$</td>
<td>0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Amount Remaining</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leases</td>
<td>$1,740.00</td>
<td>$1,740.00</td>
</tr>
<tr>
<td>Space Rental at CNU</td>
<td>$1,740.00</td>
<td>$1,740.00</td>
</tr>
</tbody>
</table>
### Materials

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost 1</th>
<th>Cost 2</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital SLR Camera</td>
<td>$700.00</td>
<td>$354.72</td>
<td>$6,831.93</td>
</tr>
<tr>
<td>Community STEM Day</td>
<td>$4,843.16</td>
<td>$29.28</td>
<td>$4,843.16</td>
</tr>
<tr>
<td>YVC Clubs at All HS</td>
<td>$500.00</td>
<td>$324.23</td>
<td>$500.00</td>
</tr>
<tr>
<td>Promotional Materials</td>
<td>$200.00</td>
<td>$29.28</td>
<td>$200.00</td>
</tr>
<tr>
<td>Journals and Office Supplies</td>
<td>$500.00</td>
<td>$603.00</td>
<td>$500.00</td>
</tr>
<tr>
<td>Program T-shirts</td>
<td>$1,400.00</td>
<td>$1,168.14</td>
<td>$1,400.00</td>
</tr>
</tbody>
</table>

### Food

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost 1</th>
<th>Cost 2</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer Food and Water</td>
<td>$1,160.00</td>
<td>$1,168.14</td>
<td>$1,160.00</td>
</tr>
<tr>
<td>STEM Saturdays</td>
<td>$800.00</td>
<td>$1,000.00</td>
<td>$800.00</td>
</tr>
<tr>
<td>School Year Pizza with a Professional</td>
<td>$1,000.00</td>
<td>$1,000.00</td>
<td>$1,000.00</td>
</tr>
<tr>
<td>YVC Clubs at All HS</td>
<td>$1,250.00</td>
<td>$1,250.00</td>
<td>$1,250.00</td>
</tr>
</tbody>
</table>

**Total** $67,897.16 $24,991.69 $42,905.31

### Administration and Logistics

The selection of the location involved a fair amount of back and forth with our local university in negotiation for a reduced rate. We were fortunate to have the advocacy of Dr. Lynn Lambert, who successfully negotiated an amount that fit within our budget for the summer. CNU proved to be the ideal setting for the program. It is a beautiful campus with beautiful architecture and careful attention to detail. Being on campus helped students feel connected to a future that is well within their reach. Furthermore, CNU proved to be the best location because it is located in the very center of Newport News. With students traveling by school bus from all parts of the city, it made sense for GYDA to be centrally located.

Transportation was a significant undertaking. With students representing all of our high schools, pupil transportation had to visit almost every corner of the city to transport students to the program. Although it was a significant undertaking, by providing transportation free of charge, we made it possible for many students to participate in the program who would not have otherwise been able to attend.

We were very fortunate that GYDA was approved by the Office of Human Affairs as a summer meals program site. For that reason, our students were provided with a light breakfast and a sack lunch each day of the program—free of charge. Participation in the summer meals program required strict adherence to food safety and program compliance guidelines, but the benefits to students made the extra record keeping worth it. (See Appendix E for Meals Menu)
Communication
Communication for the Governor’s Youth Development Academy was handled in a variety of ways to ensure that as many students as possible were made aware of the opportunity. After learning of the grant being awarded, the planning committee developed and implemented a plan to simultaneously raise awareness of the program and to recruit students. Meetings were held with each high school principal to make them aware of the opportunity and to solicit administrative building support. A flyer and poster were created (Appendix B) to generate initial interest in the upcoming program and were delivered to the Youth Development Leads and Career Pathways Facilitators in each high school. Since the GYDA participants would be comprised of rising 9th and 10th graders, we also opened this opportunity to the current 8th graders by delivering the materials to middle schools and, again, working with the YD leads and Career Pathways Facilitators to recruit students. Copies of the flyer/poster were displayed in classrooms, school hallways, Guidance offices, Youth Development displays, and cafeterias. The flyer was also uploaded to a number of websites and social forums to include: the Newport News Public Schools website, the NNPS Youth Development Facebook page, and the NNPS Career Pathways web page and Facebook page. The flyer, with an embedded link for the online application, was uploaded to the websites to make it as convenient as possible for interested applicants. There was a discussion amongst committee members regarding the concern for those students who may not have internet access at home but was resolved during the numerous conversations held with building staff (visits with principals, YD leads, and counselors) and requesting that students have access to computers at school to allow them to apply. Program Directors attended community outreach events and disseminated flyers to attendees while also visiting community centers and delivering flyers for posting in an effort to reach students who may have missed the information at school.

Information was provided to GYDA participants, their parents, and partners and staff in a number of ways. All GYDA participants were invited to a “mandatory” orientation during which a presentation about the Governor’s Youth Development Academy was held. This presentation focused on program logistics and expectations and included: a review of the excursion calendar, program expectations for students (parents), staff roles and introductions, information regarding transportation and meals, as well as the overall mission of the program. To continuously inform parents about the program, each parent received emails with program updates or requirements. For example, some of the excursions required attire befitting specific workplaces and parents were notified in advance via email (and notices sent home with participants) about those requirements. To further support and keep parents informed, a GYDA newsletter and excursion schedule (See Appendix F and G) were electronically sent at the beginning of each week so that parents were aware of the coming events/excursions.

Our work with partners was the highlight of the GYDA experience and the culmination of hours of planning and collaboration. The program directors worked with a number of organizations and businesses to make the program truly engaging and rich. Constant communication with our partners was a necessity and this happened via emails, telephone calls, and visits to ensure that the excursions were of the expected caliber and occurred without hitches. Due in large part to the professional relationships established with many of these organizations prior to
GYDA as well as the partners’ belief in the mission of GYDA, the planning committee was able to schedule and conduct these meaningful, collaborative experiences (calendar). Each organization had a point of contact with whom staff interacted to plan the visit, establish expectations for the visit, and follow up meetings.

All planning and coordination of staff activities occurred prior to the beginning of the Governor’s Youth Development Academy. The planning committee examined the needs of students by aligning the goals of GYDA to those of our school division—to ensure that each student graduates college, career, and citizen-ready. Every excursion or activity that occurred within the program was developed to achieve that end by providing experiences that support each theme of our school mission. The site facilitator and staff were provided with a site manual that, among other items of importance, contained the contact information and daily schedule for each excursion.

Communication with external entities also ranges from telephone and emails to regularly scheduled meetings. For example, the GYDA will conduct a Community STEM Day in collaboration with Christopher Newport University on May 31, 2014 that will be open to the regional community. Local media, the NNPS Media Relations Department (NNPS-TV, the NNPS newspaper Newsbreak, etc.), and the CNU Media Relations Department are currently working together to promote the event (See Appendix H). A list of partners from GYDA as well as CNU has been generated and will be invited to be a part of that day.

Consistent communication with all relevant parties is what made the summer experience of GYDA a success. Continuing this communication with partners, media, and VDOE is what will continue to make the school-year GYDA experience just as successful.

Curriculum/Content Development and Delivery
Although we did not have a set curriculum, the Governor’s Youth Development Academy had a strong focus on STEM. Our community partners were happy to support students’ exploration of STEM Careers and higher education opportunities. The calendar and excursion schedule in the (See Appendix G) capture some of the students’ experiences in the program.

In addition to frequent excursions that provided opportunities for students to push out into their community, there were lessons at the university that promoted students’ leadership development, financial literacy, team building, and overall awareness of college and career readiness.

The summer program culminated with a celebration party. The program will culminate with a Community STEM Day that will be planned and executed in large part by GYDA students.
Evaluation
Students were asked to complete a survey before and after the GYDA Summer program. While we did not have 100% participation in the survey, approximately 75% of the students completed the pre and post surveys, providing valuable feedback about the program. The Pre- and Post- Survey data showed positive trends in several key indicators of success of the program. (See Appendices I and J)

For example, the number of students who self-identified as being a leader “Sometimes” was 58% before the program, “Frequently” was 21% before the program, and “Always” was 21% before the program. After GYDA, the number of students who considered themselves to be leaders “Sometimes” dropped to 14%, “Frequently” jumped to 76%, and “Always” dropped to 10%. Once can surmise that through the work the students did, they learned that they can be—or they already are—leaders. It also appears that they learned one does not ALWAYS have to be a leader to make positive things happen—that part of being a good leader is giving others the opportunity to develop their leadership skills.

The results of some of the pre- and post- survey questions may be viewed in the charts below. We will continue to collect and analyze data throughout the year to inform and guide our work.
Governor's Youth Development Academy Pre-Summer Program Survey

Please answer the following questions as honestly as possible.

<table>
<thead>
<tr>
<th>Answer Options</th>
<th>Never</th>
<th>Sometimes</th>
<th>Frequently</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>I consider myself to be a leader.</td>
<td>0%</td>
<td>58%</td>
<td>21%</td>
<td>21%</td>
</tr>
<tr>
<td>I spend time giving back to my community through service.</td>
<td>25%</td>
<td>54%</td>
<td>17%</td>
<td>4%</td>
</tr>
<tr>
<td>I spend time learning about career opportunities.</td>
<td>17%</td>
<td>50%</td>
<td>33%</td>
<td>0%</td>
</tr>
<tr>
<td>I spend time learning about college opportunities.</td>
<td>13%</td>
<td>33%</td>
<td>42%</td>
<td>13%</td>
</tr>
<tr>
<td>I work well with others to solve problems.</td>
<td>0%</td>
<td>21%</td>
<td>46%</td>
<td>33%</td>
</tr>
<tr>
<td>I have a clear plan for my future.</td>
<td>4%</td>
<td>25%</td>
<td>38%</td>
<td>33%</td>
</tr>
<tr>
<td>I am comfortable talking to others about my future plans and career goals.</td>
<td>0%</td>
<td>25%</td>
<td>29%</td>
<td>46%</td>
</tr>
<tr>
<td>I understand the role of education in reaching my goals.</td>
<td>0%</td>
<td>13%</td>
<td>25%</td>
<td>58%</td>
</tr>
</tbody>
</table>

Governor's Youth Development Academy Post-Summer Program Survey

Please answer the following questions as honestly as possible.

<table>
<thead>
<tr>
<th>Answer Options</th>
<th>Never</th>
<th>Sometimes</th>
<th>Frequently</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>I consider myself to be a leader.</td>
<td>0%</td>
<td>14%</td>
<td>76%</td>
<td>10%</td>
</tr>
<tr>
<td>I spend time giving back to my community through service.</td>
<td>3%</td>
<td>62%</td>
<td>34%</td>
<td>0%</td>
</tr>
<tr>
<td>I spend time learning about career opportunities.</td>
<td>0%</td>
<td>34%</td>
<td>41%</td>
<td>24%</td>
</tr>
<tr>
<td>I spend time learning about college opportunities.</td>
<td>3%</td>
<td>41%</td>
<td>24%</td>
<td>31%</td>
</tr>
<tr>
<td>I work well with others to solve problems.</td>
<td>0%</td>
<td>14%</td>
<td>59%</td>
<td>28%</td>
</tr>
<tr>
<td>I have a clear plan for my future.</td>
<td>0%</td>
<td>21%</td>
<td>52%</td>
<td>28%</td>
</tr>
<tr>
<td>I am comfortable talking to others about my future plans and career goals.</td>
<td>0%</td>
<td>21%</td>
<td>24%</td>
<td>55%</td>
</tr>
<tr>
<td>I understand the role of education in reaching my goals.</td>
<td>0%</td>
<td>0%</td>
<td>31%</td>
<td>69%</td>
</tr>
</tbody>
</table>
Students’ comments about the program were extremely rewarding. To know that participants’ experiences surpassed our expectations was extremely gratifying.

**Which experience did you enjoy the most? Why?**

- I enjoyed the Sky Anchor visit because it was meaningful. It’s different and interesting when you can see how other people live with disabilities. It also made me grateful for what I have and who I am.
- I enjoyed Warwick Forest (retirement home) because I felt that I was very helpful to others. It also seemed like it meant a lot to the residents.
- The experience I enjoyed the most was the Gardens of Warwick Forest with the elders because I could emotionally feel how I made their day.
- I enjoyed the YVC Sky Anchor trip, it really taught about how people with disabilities how hard is to do simple things, and to be thankful for what I have, and what I'm able to do. There was no experience that I didn't enjoy; most of the trips we took really helped me get a different point of view on things I never really took seriously.
- The healthcare presentations were great since I'm thinking of a career in that pathway.
- The experience that I enjoyed most was the Sky Anchor Camp. It was very fun and interesting with all of the obstacles that I have never ever experienced before. It helped me feel more aware of how people go through life.
- I enjoyed the Gardens of Warwick Forest the most. Attending this trip allowed me to understand and look at elders from a different perspective than I did before. When my grandma gets older and her ability to move decreases, I will understand why and my interest in helping her will be raised.

**Would you recommend the Governor’s Youth Development Academy to a friend? Why or why not?**

- I would highly recommend GYDA. It’s a very interesting and different experience. You meet new people and explore different career pathways.
- I would recommend the Governor’s Youth Development Academy because it is a good opportunity. It was helpful for me to help others with community service and to learn about different careers.
- I would ABSOLUTELY recommend the Governor's Youth Development Academy to a friend because it is an experience everyone needs to have. It gets you out of the house for a couple of weeks and you meet great people with fabulous personalities.
- Yes I would recommend GYDA to my friends. If it helped me have somewhat of an idea of what I wanted to do in my future, I'm sure it would help my friends also.
- Yes, I would recommend the Governor’s Youth Development Academy to a friend. It was a rewarding experience that others should pursue.
• I would recommend GYDA to a friend. It is a great opportunity to learn about various careers and volunteering opportunities.

What did your family think about your participation in the Governor's Youth Development Academy?

• My family thought it was a great experience for me to learn others ways to be a leader, how to give back to the community, and how to be thankful for what I have in life.
• My family thought it was a good leadership program and it narrowed down my selection in my future career.
• My family was happy that GYDA helped me get out the house. Honestly, I thought it would've been quite boring but I made some friends and enjoyed myself while learning!
• My mommy loved that we had this opportunity. She wants us to be leaders and experience things she can't provide within her means.
• My family supported my participation in GYDA. My mom was wishing my sister could've gone, because she is interested in the medical field.
• My family believes GYDA helped me mature as a person and view things differently in life.
• My family thought it was a positive and encouraging learning experience for me this summer.
Follow-Up and Sustaining Support for the Students Throughout the School Year
From its inception, GYDA was designed to help develop young leaders through lived experiences. Inherent in this design was the need for GYDA to be more than a summer program. GYDA, therefore, was designed with two distinct pieces to meet the needs of the students. The weeks together in the summer exposed participants to real world, to raise their awareness of opportunities in their community. The follow-up throughout the school year is designed to help the students continue to develop their leadership competencies while planning for scheduled events through the remainder of the school year. GYDA students will instrumental in the planning, development, and implementation of several initiatives in their respective schools during the 2013-2014 school year.

Students received leadership development training on the first day of GYDA with a follow-up session near the end of the program. These trainings were designed to prepare them to be young leaders upon their return to school this year. Tentatively, four other meetings have been scheduled for the year to continue their development while also preparing for the culminating Community STEM Day on May 31, 2014. The meeting dates are 11/16/13, 2/1/14, 3/22/14, and 5/3/14. These meetings will serve several purposes but the underlying premise of the “reunions” is to further develop the students as young leaders in their schools by engaging them in the planning of the Community STEM Day and the events of that day, utilizing them as resources to conduct school-based events that connect students with professionals in various fields of employment, and engaging students to effect positive change in their respective school cultures by their inclusion in youth development initiatives.

Pizza with a Professional
The Governor’s Youth Development Academy teams at each of the high schools will plan and implement the Pizza with a Professional experiences. The goal is to connect professionals (drawn from our business relationships) with students interested in exploring possible careers over lunch. These events will have the potential to be much more meaningful for young people since the Academy students are involved in surveying students about which Career Pathways are of the greatest interest, in inviting Career Pathways professionals to participate, and in recruiting their peers (who did not have the opportunity to participate in GYDA) to attend the event. Students will also be able to apply the financial planning skills they developed during the summer, as they will be given a set budget to work with in planning the events.

STEM Leadership Saturdays
Using NASA’s Summer of Innovation materials, Alternatives (a NASA approved partner) will provide hands-on Science, Technology, Engineering, and Mathematics (STEM) educational experiences for students on 11/16/13, 2/1/14, 3/22/14, and 5/3/14. Students will continue their training in leadership development while engaging in STEM modules designed by NASA Langley Research Center, and facilitated by the Alternatives and NNPS team leaders from the Governor’s Youth Development Academy. Pupil transportation will be provided to and from the event, and students will be served a light breakfast when they arrive, and lunch before they return home. STEM Leadership Saturdays will extend students’ Governor’s YD Academy experiences through the school year, promoting teamwork, problem solving, creativity and
innovation. Students will be encouraged to apply what they have learned at STEM Saturdays in their classrooms each day at school. Students will be asked to make note of their favorite STEM modules, which they will showcase at the end of the year Community STEM Day, sponsored by Newport News Public Schools and Christopher Newport University.

**Community STEM Day**
On May 31, 2014, Newport News Public Schools will sponsor a Community STEM Day for students and families across the city. Students from the NNPS Governor’s Youth Development Academy will assume leadership roles in the planning and implementation of the Community STEM Day in addition to identifying STEM modules (from their STEM Saturdays) to showcase at the event. The Community STEM Day will integrate all of the components of the Governor’s Youth Development Academy experience in a culminating experience that will be open to and include community members, parents, school and city officials, and students other than those involved with GYDA. Students will teach what they have learned about STEM, hone their leadership skills, and further develop their financial literacy skills as they work with a budget to implement this event. STEM partners from across the region will be invited to participate, including Jefferson Lab, NASA, Newport News Shipbuilding, Riverside Health System, Thomas Nelson Community College, Hampton University, Tidewater Community College, Old Dominion University, ECPI, Peninsula Council for Workforce Development, Branches of the Military (Army, Navy, Air Force, Marines, and the Coast Guard), FIRST Robotics, and SeaPerch. The event will be held on the Great Lawn at CNU, and hands-on science workshops will be conducted for students of all ages in classrooms in the two adjoining science buildings.
Appendices

A. Staff Roles and Responsibilities

B. Poster

C. GYDA Application

D. Facebook

E. OHA Meals Program Menu

F. GYDA Newsletter

G. Excursion Calendar

H. Save the Date Flyer (STEM Community Day)

I. Pre-Survey

J. Post-Survey
Appendix A
Job Descriptions for GYDA Staff

- **Program Director** –
  - Provide program guidance and support
  - Ongoing site visits / observations / support
  - Purchase additional resources
  - Ensure budgetary needs are met
  - Collect and review quantitative and qualitative data to ensure student progress
  - Other duties as necessary to ensure child safety and support

- **Site Facilitator** –
  - The overall Site Facilitators are responsible for assisting each program in running smoothly by making sure resources are readily available, facilitators are prepared, and students are actively engaged
  - Site Facilitators will communicate with the Program Directors daily
  - Meet with facilitators as needed for updates, data collection, debriefing and support as needed
  - Ongoing observations, support, and feedback
  - Other duties as necessary to ensure student engagement, safety, and support

- **Program Facilitator** –
  - Build strong, positive relationships with students
  - Provide students with an environment conducive to learning
  - Encourage students to be facilitators and leaders
  - Encourage students to take risks and “think outside of the box”
  - Encourage students to ask and answer questions that promote thought and encourage details
  - Collect quantitative and qualitative data weekly to document student progress and gauge needs
- Communicate regularly as a team, with the Site Facilitator and with the Program Supervisors
- Promote teambuilding and teamwork
- Model appropriate behaviors verbally and non-verbally at all times
- Administer assessments / take anecdotal notes each day
- Other duties as necessary to ensure child safety and support

- **Bridge Lead** –
  - Provide to support to Facilitators, as directed
  - Talk to students about college—the application process, paying for college, life on campus, study skills, etc.
  - Take photographs throughout the day of program activities, trips, and events to document students’ experiences
  - Post photographs on Youth Development and Career Pathways Facebook Page

- **Student Lead** –
  - Build strong, positive relationships with students
  - Provide positive guidance and model appropriate behavior
  - Provide support to Facilitators, as directed
  - Help with breakfast and lunch program (set up and clean up)
  - Help with planned activities (set up and clean up)
  - Take photographs to document the students’ experience
  - Greet students with a smile, and bid them a friendly farewell each day.
  - Take initiative, when appropriate.
Appendix B
GYDA Poster and Flyer

Youth Development

Summer 2013

Governor’s Youth Development Academy

FREE Program for Rising 9th and 10th Graders

➔ Three Weeks of College, Career, and Citizenship Exploration
  9:00am to 3:00pm, Monday to Thursday
  July 15 to July 18
  July 22 to July 25
  July 29 to August 1

➔ Science, Technology, Engineering, & Math (STEM) Focus

➔ Field Trips and Community Connections

➔ APPLY NOW: https://www.surveymonkey.com/s/2013YDAcademy

Contact: Brandon Jones, Youth Development Supervisor (757) 283-7850 x10318
          Ann Ifekwunigwe, Career Pathways Supervisor (757) 283-7850 x10526

Ask About Summer Employment Opportunities for Rising 12th Graders
Governor’s Youth Development Academy

CONTACT INFORMATION

The Governor’s Youth Development Academy is for students who are rising 9th and 10th graders (currently in 8th or 9th grade). The program will run Monday to Thursday from July 15th to August 1st. The hours are 9am to 3pm.

Throughout the three weeks, students will participate in experiences that support the Newport News Public Schools’ mission of ensuring that all students graduate College, Career, and Citizen Ready. Students will visit local colleges and universities (College Ready), area businesses and organizations (Career Ready), and will participate in experiences that serve the local community (Citizen Ready).

Many of the experiences will have a Science, Technology, Engineering, and Mathematics (STEM) focus.

**1. Please enter contact information below.**

Name: ____________________________
Home Address: _____________________
Address 2: _________________________
City: ______________________________
ZIP: ______________________________
Email Address: _____________________
Phone Number: _____________________

**2. Please answer the questions about your grade and high school below.**

Grade in September: ________

**3. Please answer the questions about your grade and high school below.**

School: ________________________
High School in September: _______
Other (please specify) ________________

APPENDIX C
Please tell us about yourself and why you would like to participate in the Governor’s Youth Development Academy this year.

**4. What do you feel are the three most important qualities of a good leader? Explain why you selected these qualities.**

**5. Provide an example of how you have worked with others to solve a problem.**

**6. What do you plan to do after high school?**
*7. What does service mean to you?

8. An expectation of the Governor's Youth Development Academy is that program will continue throughout the school year. Can you commit to participate in activities and experiences during the school year?

- Yes
- No
- I'm Not Sure
Please enter your emergency contact information, and medical information on this page.

**9. Emergency Contact Information**

<table>
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<tr>
<th>Field</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent/Guardian's Name</td>
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</tr>
<tr>
<td>Address</td>
<td></td>
</tr>
<tr>
<td>Address 2</td>
<td></td>
</tr>
<tr>
<td>City/Town</td>
<td></td>
</tr>
<tr>
<td>ZIP</td>
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<td>Email Address</td>
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<td>Phone Number</td>
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**10. Emergency Contact Information**

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<th>Field</th>
<th>Information</th>
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<tbody>
<tr>
<td>Parent/Guardian’s Name</td>
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</tr>
<tr>
<td>Address</td>
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<tr>
<td>Address 2</td>
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<td>City/Town</td>
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<tr>
<td>Email Address</td>
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</tr>
<tr>
<td>Phone Number</td>
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**11. Medical Information**

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<tbody>
<tr>
<td>Doctor’s Name</td>
<td></td>
</tr>
<tr>
<td>Address</td>
<td></td>
</tr>
<tr>
<td>Address 2</td>
<td></td>
</tr>
<tr>
<td>City/Town</td>
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</tr>
<tr>
<td>ZIP</td>
<td></td>
</tr>
<tr>
<td>Phone Number</td>
<td></td>
</tr>
</tbody>
</table>

**12. Please complete child's insurance information below.**

<table>
<thead>
<tr>
<th>Field</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child’s</td>
<td></td>
</tr>
<tr>
<td>Date of Birth</td>
<td></td>
</tr>
<tr>
<td>Insurance Provider</td>
<td></td>
</tr>
<tr>
<td>Policy Number</td>
<td></td>
</tr>
</tbody>
</table>
13. I will attend a Youth Development Academy Orientation with my parent(s) or guardian on Tuesday, July 9th from 6:00pm to 7:30pm. (Dinner will be provided.)

- Yes
- No

Other (please specify)

14. What size t-shirt do you wear?

- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large
- Adult Extra Large

Other (please specify)

15. Would you like to participate in the free breakfast and lunch program? (Please check all that apply.)

- Breakfast
- Lunch
- Neither

Other (please specify)

16. Thank you for your time. Please use the box below for additional comments or questions.


Appendix D

NNPS Youth Development Facebook Page
NNPS Career Pathways Facebook Page


https://www.facebook.com/pages/NNPS-Career-Pathways/179362385484319?sk=photos_albums
# July 2013

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>HAM &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD PEAR CUP RAISINS CHIPS MILK</td>
<td>2 BOLOGNA &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD FRUIT CUP TRAIL MIX MILK</td>
<td>3 PEANUT BUTTER &amp; JELLY YOGURT CARROT STICKS W/DIP BANANA RAISINS MILK</td>
<td>4 HOLIDAY</td>
<td>5 HOLIDAY</td>
<td>6</td>
</tr>
<tr>
<td>11</td>
<td>HAM &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD FRESH PLUM APPLESAUCE CUP COOKIE MILK</td>
<td>10 PEANUT BUTTER &amp; JELLY YOGURT CARROT STICKS W/DIP BANANA RAISINS MILK</td>
<td>11 BOLOGNA &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD M. ORANGE SECTIONS PUDDING CUP COOKIE MILK</td>
<td>12 HAM &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD FRESH APPLE CHIPS MILK</td>
<td>13</td>
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</tr>
<tr>
<td>18</td>
<td>HAM &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD FRESH ORANGE RAISINS MILK</td>
<td>17 PEANUT BUTTER &amp; JELLY YOGURT CARROT STICKS W/DIP BANANA RAISINS COOKIE MILK</td>
<td>18 BOLOGNA &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD PUDDING CUP RAISINS CHIPS MILK</td>
<td>19 TUNA SANDWICH MAYO/RELISH CHEESE STICK CUCUMBER SLICES W/DIP FRESH APPLE COOKIE MILK</td>
<td>20</td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>TURKEY &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD PINEAPPLE CUP TRAIL MIX COOKIE MILK</td>
<td>24 PEANUT BUTTER &amp; JELLY YOGURT CARROT STICKS W/DIP BANANA RAISINS MILK</td>
<td>25 TURKEY &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD PEAR CUP PUDDING CUP CORN CHIPS MILK</td>
<td>26 TUNA SANDWICH MAYO/RELISH CHEESE STICK CUCUMBER SLICES W/DIP FRESH ORANGE CHIPS MILK</td>
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<td></td>
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<tr>
<td>30</td>
<td>BOLOGNA &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD FRESH APPLE CHIPS COOKIE MILK</td>
<td>31 TURKEY &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD APPLESAUCE CUP PUDDING CUP CHIPS MILK</td>
<td>31 TURKEY &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD PEAR CUP PUDDING CUP CHIPS MILK</td>
<td></td>
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</tbody>
</table>

## Note: Menu for Kids with Allergies:
- Cheese Sandwich, Yogurt (Plain), Cheese Stick, Fresh Fruit, Fresh Vegetable W/Dip, Cookie, Milk
# APPENDIX E: OHA MEALS MENU

## August 2013

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td></td>
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<td>PEANUT BUTTER &amp; JELLY YOGURT CARROT STICKS W/DIP BANANA Raisins MILK</td>
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<td>TUNA SANDWICH MAYO/RELISH CHEESE STICK CUCUMBER SLICES W/DIP PEACH CUP COOKIE MILK</td>
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<td>BOLOGNA &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD PEACH CUP CORN CHIPS MILK</td>
<td>TURKEY &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD PUDDING CUP RAISINS COOKIE MILK</td>
<td>PEANUT BUTTER &amp; JELLY YOGURT CARROT STICKS W/DIP BANANA RAISINS COOKIE MILK</td>
<td>HAM &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD FRESH APPLE TRAIL MIX COOKIE MILK</td>
<td>BOLOGNA &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD MIXED FRUIT CUP CORN CHIPS COOKIE MILK</td>
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<tr>
<td>HAM &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD FRESH APPLE FRESH BROCCOLI W/DIP TRAIL MIX MILK</td>
<td>TURKEY &amp; CHEESE LETTUCE &amp; TOMATO MAYO/MUSTARD PEAR CUP COOKIE MILK</td>
<td>MANAGER'S CHOICE</td>
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</tbody>
</table>

**NOTE: MENU FOR KIDS WITH ALLERGIES:**
CHEESE SANDWICH, YOGURT (PLAIN), CHEESE STICK, FRESH FRUIT, FRESH VEGETABLE W/DIP, COOKIE, MILK
### Governor’s Youth Development Academy Summer Schedule

#### July 2013

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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</thead>
<tbody>
<tr>
<td>15</td>
<td>Leadership Development w/ Alternatives, Inc. 9am to 3pm</td>
<td>16 Riverside Medical Center and School of Health Careers 10am and 1pm</td>
<td>17 YVC Gardens of Warwick Forest</td>
<td>18 YVC Noland Trail</td>
<td>19</td>
<td>20</td>
</tr>
</tbody>
</table>

#### July - August 2013

<table>
<thead>
<tr>
<th>MONDAY</th>
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<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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</thead>
<tbody>
<tr>
<td>22</td>
<td>Virginia Air and Space Center 10:00 – 1:30pm</td>
<td>23 NN Shipbuilding Boat Building Competition 10:00-11:15am TNCC Advanced Manufacturing Lab 12:00 to 2:30pm</td>
<td>24 Robotics with Dr. Lambert 9am to 2pm</td>
<td>25 FIRST Robotics Competition and CNU Tour</td>
<td>26</td>
<td>27</td>
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#### Daily Meeting Location is

Christopher Newport University, Room 101 in McMurrnan Hall, 1 Avenue of the Arts, Newport News, VA 23606
## Governor’s Youth Development Academy Summer Schedule

<table>
<thead>
<tr>
<th>Dates</th>
<th>Times</th>
<th>Activities</th>
<th>Location(s)</th>
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</thead>
<tbody>
<tr>
<td>Monday, July 15th</td>
<td>9am to 2pm</td>
<td>Leadership Development w/ Alternatives, Inc. 9am to 3pm</td>
<td>Christopher Newport University Room 101 in McMurrnan Hall 1 Avenue of the Arts Newport News, VA 23606</td>
</tr>
<tr>
<td>No Trip Currently</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Scheduled</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday, July 16th</td>
<td>9am to 2pm</td>
<td>Riverside School of Health Careers and Riverside Regional Medical Center</td>
<td>Christopher Newport University and Riverside School of Health Careers 316 Main St Newport News, VA 23601 (757) 240-2200 and Riverside Regional Medical Center 500 J Clyde Morris Blvd Newport News, VA 23601</td>
</tr>
<tr>
<td>16th Excursion</td>
<td></td>
<td>Depart CNU at 9:30am</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bus #1 to Riverside School of Health Careers</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bus #2 to Riverside Regional Medical Center</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Return to CNU for Lunch at 11:30</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Depart CNU at 12:30</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bus #2 to Riverside School of Health Careers</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bus #1 to Riverside Regional Medical Center</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Return to CNU by 2:30</td>
<td></td>
</tr>
</tbody>
</table>

*Daily Meeting Location is*

Christopher Newport University, Room 101 in McMurrnan Hall, 1 Avenue of the Arts, Newport News, VA 23606
## Governor’s Youth Development Academy Summer Schedule

<table>
<thead>
<tr>
<th>Dates</th>
<th>Times</th>
<th>Activities</th>
<th>Location(s)</th>
</tr>
</thead>
</table>
| Wednesday, July 17th   | 9am to 2pm| **Youth Volunteer Corps Trip to Gardens at Warwick Forest**                 | Christopher Newport University and Gardens at Warwick Forest  
100 Old Denbigh Blvd.  
Newport News, VA 23602 |
| **Excursion**          |           |                                                                            |                                                                            |
| Thursday, July 18th    | 9am to 2pm| **Noland Trail**  
Depart at 9:30am  
Return by 2pm | Christopher Newport University and  
The Noland Trail @ Mariner’s Museum  
100 Museum Drive, NN 23606 |
| **Excursion**          |           |                                                                            |                                                                            |
| Monday, July 22nd      | 9am to 2pm| **Virginia Air and Space Center and IMAX**  
Depart at 9:15  
Return by 2pm | Christopher Newport University and  
Virginia Air and Space Center  
600 Settlers Landing Road, Hampton, VA  
(757) 727-0800 |
| **Excursion**          |           |                                                                            |                                                                            |
| Tuesday, July 23rd     | 9am to 2pm| **Newport News Shipbuilding Boat Building Competition and TNCC Manufacturing Lab**  
Depart at 9:30am  
Return to Patrick Henry by 2:00pm | Christopher Newport University  
Room 101 in McMurran Hall  
1 Avenue of the Arts  
Newport News, VA 23606  
and  
Peninsula Workforce Development Center at TNCC, Butler Farm Rd, Hampton, 23666  
757-865-3122 |
| **Excursion**          |           |                                                                            |                                                                            |

*Daily Meeting Location is*  
Christopher Newport University, Room 101 in McMurran Hall, 1 Avenue of the Arts, Newport News, VA 23606
## Governor's Youth Development Academy Summer Schedule

<table>
<thead>
<tr>
<th>Dates</th>
<th>Times</th>
<th>Activities</th>
<th>Location(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, July 24th</td>
<td>9am to 2pm</td>
<td>Robotics with Dr. Lambert</td>
<td>Christopher Newport University Room 101 in McMurrnan Hall</td>
</tr>
<tr>
<td>Thursday, July 25th</td>
<td>9am to 2pm</td>
<td>FIRST Robotics Competition and CNU Tour</td>
<td>Christopher Newport University Room 101 in McMurrnan Hall</td>
</tr>
<tr>
<td>Monday, July 29th</td>
<td>9am to 2pm</td>
<td>Foodbank of the Virginia Peninsula</td>
<td>Foodbank of the Virginia Peninsula 2401 Aluminum Ave Hampton, VA 23661 (757) 596-7188</td>
</tr>
<tr>
<td>Tuesday, July 30th</td>
<td>9am to 3pm</td>
<td>Youth Volunteer Corps Trip to Sky Anchor in Surrey</td>
<td>Sky Anchor 8627 Colonial Trail West Spring Grove, VA 23881</td>
</tr>
<tr>
<td>Wednesday, July 31st</td>
<td>9am to 2pm</td>
<td>Leadership Development w/Alternatives, Inc. 9am to 12pm and Elevator Speech Preparation</td>
<td>Christopher Newport University Room 101 in McMurrnan Hall</td>
</tr>
<tr>
<td>Thursday, August 1st</td>
<td>9am to 2pm</td>
<td>End of Summer Program Celebration and Elevator Speech Presentations</td>
<td>Christopher Newport University Room 101 in McMurrnan Hall</td>
</tr>
</tbody>
</table>

**Daily Meeting Location is**
Christopher Newport University, Room 101 in McMurrnan Hall, 1 Avenue of the Arts, Newport News, VA 23606
## Governor’s Youth Development Academy: Week Two

### Daily Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Time(s)</th>
</tr>
</thead>
</table>
| Monday, July 22<sup>nd</sup> | Virginia Air and Space Center and IMAX Movie                                | 9:00am Buses Arrive at CNU  
9:20am Depart for Field Trip  
10:00am Virginia Air and Space Center and IMAX  
1:30pm Return to CNU  
3:00pm Buses Depart CNU |
| Tuesday, July 23<sup>rd</sup> | Boat Building Competition with Newport News Shipbuilding and Trip to TNCC’s Advanced Manufacturing Lab  
*(See Special Instructions Below)* | 9:00am Buses Arrive at CNU  
10:00 NN Shipbuilding Boat Building Competition  
11:30 Depart for TNCC  
2:00 Return to CNU  
3:00pm Buses Depart CNU |
| Wednesday, July 24<sup>th</sup> | LEGO Robotics Lab with Dr. Lambert and CampConnect at CNU | 9:00am Buses Arrive at CNU  
10:00am CampConnect Arrives; Robotics Lab Begins  
1:30pm CampConnect Departs  
3:00pm Buses Depart CNU |
| Thursday, July 25<sup>th</sup> | FIRST Robotics Competition and Tour of CNU                                | 9:00am Buses Arrive at CNU  
10:00am Robotics Competition Begins  
1:00 Tour of CNU  
3:00pm Buses Depart CNU |

### Transportation:  
If your bus does not arrive within 10 minutes of your assigned pick up time, please call NNPS Dispatch at (757) 881-5052.

### Breakfast and Lunch:  
Meals are provided daily. You may bring a sack lunch if you prefer not to eat the provided lunch. Please see attached menus.

### Staff Phone Numbers
- Katie Morgan (757) 469-5265;  
- Ann Ifekwunigwe (757) 232-7506;  
- Brandon Jones (757) 968-8300
All campers MUST WEAR LONG PANTS. No shorts. Jeans are fine. Fabric should be cotton. Denim is ideal. No nylon or plastic. PANTS MAY NOT BE BAGGY or SAGGING.

All campers MUST WEAR LONG SLEEVED SHIRTS. No t-shirts. Fabric should be COTTON. No nylon or plastic.

All campers MUST WEAR HEAVY SHOES THAT COVER THE ENTIRE FOOT. No nylon or plastic shoes permitted. LEATHER shoes or boots are best.

Due to the weather, please consider packing the required clothing to change into for the event.
## Governor’s Youth Development Academy: Week Three
### July 29th to August 1st

### Daily Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Time(s)</th>
</tr>
</thead>
</table>
| Monday, July 29th     | Food Bank of the Virginia Peninsula                                        | 9:00am Buses Arrive at CNU  
9:20am Depart for Field Trip  
10:00am Food Bank of the Virginia Peninsula  
1:30pm Return to CNU  
3:00pm Buses Depart CNU |
| Tuesday, July 30th    | Sky Anchor Campgrounds in Surry, VA (See flyer below.)                      | 9:00am Buses Arrive at CNU  
9:20am Depart for Sky Anchor  
2:00 Return to CNU  
3:00pm Buses Depart CNU |
| Wednesday, July 31st  | Leadership Reflections with Alternatives, Inc.  
Pizza Lunch and Financial Literacy | 9:00am Buses Arrive at CNU  
9:15am Alternatives  
12:30pm Lunch  
1:30pm Budgeting Lesson  
3:00pm Buses Depart CNU |
| Thursday, August 1st  | End of Camp Celebration with CampConnect                                   | 9:00am Buses Arrive at CNU  
9:30 GYDA Preps for Presentations  
10:00am CampConnect Tours CNU  
11:30pm Lunch with CampConnect and End of Program Celebration  
1:30pm CampConnect Departs CNU  
1:30pm GYDA Presentations  
3:00pm Buses Depart CNU |

### Transportation:
If your bus does not arrive within 10 minutes of your assigned pick up time, please call **NNPS Dispatch at (757) 881-5052**. If you miss your bus, we will not be able to provide transportation.

### Breakfast and Lunch:
Meals are provided daily. You may bring a sack lunch if you prefer not to eat the provided lunch. Please see attached menus.

### Staff Phone Numbers
Katie Morgan (757) 469-5265; Ann Ifekwunigwe (757) 232-7506; Brandon Jones (757) 968-8300
CampConnect & Governor’s Youth Development Academy
Tuesday, July 30th

Trip to Sky Anchor Campgrounds in Surry, VA
9:00am Meet at CNU and Patrick Henry Mall
9:30am Depart for Sky Anchor Campgrounds
10:30am Arrive at Sky Anchor

Group Rotations
Disability Course, Service Project, Lunch and Learn

2:00pm Depart for CNU and Patrick Henry Mall

3:00 Buses Depart CNU and Patrick Henry Mall

SKY ANCHOR
Disability Challenge Stations Includes:
- Wheelchair Basketball
- Blind Laser BB Shooting
- One Arm Volleyball
- Blind Trust Run
- Crutch Obstacle Golf
- Dyslexia Simulation
- Blind Trust Run (and much more!)
Orientation Overview
Welcome
Introductions
NNPS Mission
Program Overview
Daily Schedules
Expectations
Meals and Snacks
Trips and Transportation
Questions

Introductions
• Governor’s Youth Development Academy Staff
• Ann Ifekunigwe/Brandon Jones
• Katie Morgan
• Aaron Cox (Heritage)
• Caron Coles (Woodside)
• James Shorter (AADMH)
• Tressa Tucker (Denbigh)
Introductions

• Jasmine Porter (Virginia Tech)
• Taylor Braxton (AADMH)
• Briana Jones (AADMH)
• Robert Hall (Denbigh)
• Teresa Majette (Woodside)
• Nia Hilts (Woodside)

NNPS Mission

• Ensure All Students Graduate
  College, Career, and Citizen Ready
• The Governor’s Youth Development
  Academy provides rich opportunities
  for students to explore
  – Colleges
  – Careers
  – Community Volunteer Experiences

Program Overview

• 3 week experience aligned
  with NNPS Mission
• Trips and hands-on activities
• Leadership development
• Not “just” a summer camp
• Ongoing during the school
  year (Community Science
  Days, STEM Saturdays)
Students’ Daily Schedule

• Round Trip Transportation by NNPS School Bus
• Buses drop off at 9am
  - Christopher Newport University (McMurran Hall)
• Light Breakfast (Provided)
• Depart for and Return from Field Trips from CNU
• Sack Lunch (Provided)
  - Ice Chests and Water On Bus
  - Students Depart for Home at 3* from CNU

Student Expectations

• Attend and Participate Daily
• Professionalism (Norms)
• Learn, Appreciate, Respect
• Be engaged (GYDA experience)
• Reflect
• Student Survey (Pre and Post Survey)
• YOUTH DEVELOPMENT

Meals and Snacks

• A light breakfast will be provided each day (No Charge)
• A sack lunch will also be provided each day (No Charge)
• Students may want to bring snacks
• Ice chests will be on the bus to help keep food fresh
• Bottled water will be provided daily
Transportation

- NNPS Student ID Numbers were used to create bus routes
- Students will be picked up and dropped off at bus stops
- Bus route information will be distributed today
- Challenges

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Governor’s Youth Development Academy Summer Schedule

<table>
<thead>
<tr>
<th>July 2013</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>15</td>
<td>Leadership Development w/ Reflections for Young Entrepreneurs</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>VWC Neoland Trail</td>
<td>19</td>
<td>20</td>
</tr>
<tr>
<td>22</td>
<td>Virginia Air and Space Center</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>FIRST Robotics Teambuilding &amp; Competition</td>
<td>26</td>
<td>27</td>
</tr>
<tr>
<td>July - August 2013</td>
<td>Monday</td>
<td>Tuesday</td>
<td>Wednesday</td>
<td>Thursday</td>
<td>Friday</td>
<td>Saturday</td>
<td>Sunday</td>
</tr>
<tr>
<td>29</td>
<td>Feedback</td>
<td>30</td>
<td>VWC Trip to Sky Ranch in Surry</td>
<td>Leadership Development w/ Reflections for Young Entrepreneurs</td>
<td>31</td>
<td>TED</td>
<td>32</td>
</tr>
</tbody>
</table>

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Contact Info

Ann Ifekwunigwe
757-232-7506

Brandon Jones
757-968-8300
Save the Date!
May 31, 2014

Did you know...

- That thousands of STEM-related jobs will open on the Peninsula in the next five years?
- That Newport News Public Schools has a robust STEM education system preparing students for successful careers in these high-paying, high-demand jobs?
- Or that Christopher Newport University and dozens of other organizations are partnered with Newport News schools as we prepare students for the future?

To explore great educational and career opportunities available in Newport News for students and adults interested in the STEM field, come to the CNU & NNPS STEM Community Day on May 31, 2014 on The Great Lawn at CNU.
Saturday, May 31, 2014
on The Great Lawn at
Christopher Newport University
1 University Place, Newport News, VA 23606

• Fun and engaging hands-on activities
• Student displays and competitions including robotics, electric cars and aviation projects
• Explore STEM educational opportunities and professions
• Exhibitors from local STEM organizations, businesses, colleges, universities and community groups
• Free health, wellness and fitness screenings
• Live performances by professional theater company
• Food and beverages (for purchase)

For additional information contact:
Dr. Lynn Lambert, 757.594.7826, llambert@cnu.edu
Brandon Jones, 757.283.7850 x10318, brandon.jones@nn.k12.va.us
Ann Ifekwunigwe, 757-283-7850 x10526, ann.ifekwunigwe@nn.k12.va.us
<b>Governor's Youth Development Academy Survey</b>

**Introduction**

Please take a few minutes to answer the following questions about the Governor's Youth Development Academy. The information we gather is an important part of the grant project that was funded by the Virginia Department of Education.

Thank you for your time.

**1. Please answer the following questions as honestly as possible.**

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Sometimes</th>
<th>Frequently</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>I consider myself to be a leader.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>I spend time giving back to my community through service.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>I spend time learning about career opportunities.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>I spend time learning about college opportunities.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>I work well with others to solve problems.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>I have a clear plan for my future.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>I am comfortable talking to others about my future plans and career goals.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>I understand the role of education in reaching my goals.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
Governor's Youth Development Academy Survey

2. If you had the opportunity to meet with a professional from a Career Pathway, what would your top three choices be? (Please select no more than THREE.)

- Architecture & Construction
- Arts, A/V Tech, & Communications
- Business, Management, Administration
- Education & Training
- Government & Public Administration
- Health Science
- Hospitality & Tourism
- Human Services
- Information Technology, Modeling/Simulation, Gaming
- Law, Public Safety, Corrections & Security
- Manufacturing
- Science, Technology, Engineering & Mathematics

3. What do you expect to learn from the Governor's Youth Development Academy?

4. Please enter your first and last name.

Name:

THANK YOU FOR YOUR TIME.
Thank you for being part of the Governor's Youth Development Academy (GYDA). Please take a few minutes to answer the following questions about your experiences in GYDA. The information we gather is an important part of the grant project that was funded by the Virginia Department of Education.

Thank you for your time.

1. Please answer the following questions as honestly as possible.

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Sometimes</th>
<th>Frequently</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>I consider myself to be a leader.</td>
<td>☐</td>
<td>☐</td>
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</tr>
<tr>
<td>I spend time giving back to my community through service.</td>
<td>☐</td>
<td>☐</td>
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<td>☐</td>
</tr>
<tr>
<td>I spend time learning about career opportunities.</td>
<td>☐</td>
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</tr>
<tr>
<td>I spend time learning about college opportunities.</td>
<td>☐</td>
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<tr>
<td>I work well with others to solve problems.</td>
<td>☐</td>
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<tr>
<td>I have a clear plan for my future.</td>
<td>☐</td>
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</tr>
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<td>☐</td>
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</tr>
<tr>
<td>I understand the role of education in reaching my goals.</td>
<td>☐</td>
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</tbody>
</table>
**2. Think about the events and excursions you participated in during GYDA. Please rate the events by selecting the descriptive words below. (Please choose as many as apply.)**

<table>
<thead>
<tr>
<th>Event</th>
<th>Meaningful</th>
<th>Interesting</th>
<th>Informative</th>
<th>Fun</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leadership Development with Alternatives</td>
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<tr>
<td>Riverside Medical Center</td>
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<tr>
<td>Riverside School of Health Careers</td>
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<tr>
<td>YVC Gardens of Warwick Forest</td>
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<tr>
<td>YVC Noland Trail</td>
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<tr>
<td>Financial Literacy with Ms. Katie</td>
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<tr>
<td>Virginia Air and Space Center</td>
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<tr>
<td>NN Shipbuilding Boat Building Competition</td>
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<td>TNCC Advanced Manufacturing and Welding Lab</td>
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<tr>
<td>Robotics with Dr. Lambert and CampConnect</td>
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<tr>
<td>FIRST Robotics Competition</td>
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<tr>
<td>Tour of CNU</td>
<td></td>
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<td></td>
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<tr>
<td>YVC Food Bank</td>
<td></td>
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<tr>
<td>YVC Sky Anchor</td>
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<tr>
<td>Leadership Development and Reflection with Alternatives</td>
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<tr>
<td>Elevator Speeches</td>
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<tr>
<td>End of Summer Program Celebration</td>
<td></td>
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<tr>
<td>Other (please specify)</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>
3. Which experience did you enjoy the most? Why?

4. Which experience did you enjoy the least? Why?

5. Which Career Pathways did you learn about during GYDA?

- Architecture & Construction
- Arts, A/V Tech, & Communications
- Business, Management, Administration
- Education & Training
- Government & Public Administration
- Health Science
- Hospitality & Tourism
- Human Services
- Information Technology, Modeling/Simulation, Gaming
- Law, Public Safety, Corrections & Security
- Manufacturing
- Science, Technology, Engineering & Mathematics

Other (please specify)


6. Would you recommend the Governor’s Youth Development Academy to a friend? Why or why not?

7. What did your family think about your participation in the Governor’s Youth Development Academy?

8. Please enter your first and last name and email address.

Name: 

Email Address: 

THANK YOU FOR YOUR TIME.
FIRST Robotics Competition
Lego Robotics Lab with Dr. Lambert
Boat Building Competition with NN Shipbuilding
Boat Building Competition with NN Shipbuilding
Boat Building Competition with NN Shipbuilding
Boat Building Competition with NN Shipbuilding