

A HANDBOOK OF PROGRAM DESCRIPTIONS,  
ELIGIBILITY CRITERIA, AND CONTACT INFORMATION

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KENTUCKY DISABILITY  
**RESOURCE**  
**MANUAL**

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Offered by the Human Development Institute at the University  
of Kentucky for persons with disabilities, their families, and  
service providers in Kentucky.

**HDI** Human Development  
i n s t i t u t e  
UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES

# PURPOSE STATEMENT

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This manual was designed primarily for use by individuals with developmental disabilities and related conditions. We hope that it is also useful for families, as well as service coordinators and providers who directly assist families and individuals with developmental disabilities.

The main focus of this manual is to provide easy-to-read information concerning available resources, and to provide immediate contact information for the purpose of applying for resources and/or locating additional information. In many cases, we took definitions and eligibility for services directly from the agency websites that offer these programs.

You may notice that many of the resources listed in this manual are directly linked to regional Community Mental Health Centers. Often, and especially with children under the age of three and for adults, a local Community Mental Health Center will be the point of entry for an individual to gain access to many programs and services. For school-aged children and adolescents, the most direct route to services is often through the local public school system.

This product is the hard-copy version of the Disability Resource Manual created by the Human Development Institute. An online version of this manual with a site search engine is also available at [www.hdi.uky.edu](http://www.hdi.uky.edu). This website has been tested for web accessibility and is accessible to screen readers. Alternate formats of this manual are available upon request.

The list of resources provided within this manual is not meant to be exhaustive. The purpose is to focus on resources available to individuals with developmental disabilities, though other related resources have been included. If you are aware of additional resources that are available and that should be included, we invite you to contact us regarding future editions of this manual.

Thank you.

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# The Commission for Children with Special Health Care Needs (CCHCN)

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## What is the CCHCN?

Clinics offered through CCHCN provide a family centered multidisciplinary approach to care. During each visit, children and families have access to nutritional services, social services, care coordination through a registered nurse, and specialty physicians. Physical and occupational therapies are included for clinics serving children with orthopedic conditions and cerebral palsy. Speech therapy is available for children with hearing loss or other conditions that affect speech and language development. Clinics that treat complex conditions offer the services of multiple physicians who provide a team approach to the management of these complex conditions.

## Does my child qualify for services from CCHCN?

- Your child must be a resident of Kentucky
- Your child must be under the age of 21 years (exception: adults with Hemophilia may also qualify)
- Your child must have a condition usually responsive to medical treatment provided by our program
- You must meet financial guidelines

## How do I apply?

To find the regional office that serves your area:

Commission for Children with Special Health Care Needs  
310 Whittington Parkway, Suite 200  
Louisville, KY 40222

Phone: (502) 429-4430

Toll Free: (800) 232-1160

Fax: (502) 429-4489

## How can I learn more?

Email: [ccshcnwebpage@ky.gov](mailto:ccshcnwebpage@ky.gov)

Website address: [www.chfs.ky.gov/ccshcn](http://www.chfs.ky.gov/ccshcn)

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# Early Periodic Screening Diagnostic and Treatment Special Services (EPSDT)

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## What is EPSDT?

The EPSDT Screening Program provides routine physicals or well-child check-ups for Medicaid eligible children at certain specified ages. EPSDT can also provide speech/language, physical and/or occupation therapy, and specialized durable medical equipment for children who qualify and need those services. EPSDT is considered preventive care. Children are checked for medical problems early. Specific tests and treatments are recommended as children grow older. The areas of health care that are checked include: preventive check-ups, growth and development assessments, vision, hearing, dental, immunizations, laboratory tests, physical, occupational and speech & language therapy, and screenings for mental health and substance abuse.

## Does my child qualify?

- Must be age 21 or under and be eligible for Medicaid, or 19 and under if receive KY CHIP (purple card).
- Services must be deemed medically necessary by peer review organizations and must be prior authorized by these organizations.
- Home therapy can be approved over the sessions allowable under Medicaid or as advised by the First Steps program if a therapy plan of care is approved.

## How can I apply for EPSDT services?

Application forms must be submitted by the service provider. Required information includes:

- A physician's order (such as therapy or specialized durable medical equipment not covered by Medicaid or waiver services)
- Product information and prices from different providers with comparable products
- A letter from the physician or other professional including
  - Patient history, diagnosis and prognosis
  - Medical justification for each item/service/therapy
  - Description of the benefit to the patient
  - Length of time that the patient will need the item/service

Often, the application process can be facilitated by contacting a home health agency, nurse's registry, dental agency, or equipment provider. Your local Health Center may have a listing of local EPSDT providers. If you are refused service through EPSDT, there is an appeal process. For questions about appealing a decision, contact Kentucky Protection and Advocacy at (800)-372-2988 or (502)564-4527 (Voice/TTY).

## How can I learn more?

Call the Department of Medicaid Services, Children's Health Services Phone: (800) 635-2570; for hearing impaired (800) 775-0296

Website address: [www.chfs.ky.gov/dms/epsdt.htm](http://www.chfs.ky.gov/dms/epsdt.htm)

## How does one become a service provider?

Providers of service must obtain an EPSDT provider number. Call Provider Enrollment at (877) 838-5085

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# First Steps

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## What is First Steps?

First Steps is an early intervention program administered by the Department of Public Health, KY Cabinet for Health and Family Services. First Steps serves children from birth to age three who have a significant developmental delay or a physical or mental condition likely to cause a delay in development. First Steps offers comprehensive services to children and their families through a variety of community agencies and service disciplines. These intervention services are provided in the child's natural environment (home, daycare, or community).

## Does my child qualify?

- Child must be younger than age 3
- Child must have a significant developmental delay or disability OR an established risk condition (Down syndrome, spina bifida, cerebral palsy, etc...) likely to result in a delay.

## Areas of concern in child development

- Communication
- Motor Skills
- Cognitive Development
- Social and Emotional Skills
- Adaptive or Self-Help Skills

If you have a concern about your child in any of the areas listed above, you can apply for the First Steps program, regardless of your income. An evaluation of your child's development will be available. Children who qualify will have an Individual Family Services Plan (IFSP) developed, based on the family's key goals for their child's development.

## Is there a cost?

Evaluations, assessments and screenings are free to all families. Once determined eligible for the program, the family will be assigned a family-share participation fee, ranging from 0 - \$100 per month. This fee is based on household income and size. Families having Medicaid will not receive any family share or billing. If the family has insurance, First Steps will attempt billing for early intervention with parents' consent. The family will then not be responsible for co-pays. Families who do not consent to insurance billing will receive only the free services of screening, assessment, evaluation, IFSP development, and procedural safeguards.

## How do I apply?

Contact the First Steps Program: (877-417-8377) or TTY: (502) 564-5777.  
You will then be directed to your local point of entry office.

## How can I learn more?

Cabinet for Health and Family Services  
275 E. Main Street  
Frankfort KY 40621

Website address: [www.chfs.ky.gov/dph/firststeps.htm](http://www.chfs.ky.gov/dph/firststeps.htm)

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# Kentucky IMPACT Program

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## What is the Kentucky IMPACT Program?

Kentucky IMPACT is a statewide program which coordinates services for children with severe emotional disabilities and their families. IMPACT serves children and youth of all ages. Family-centered planning guides the IMPACT Service Coordination between teachers, physicians, individual counselors, and the family. Additional mental health treatment is available for children of all ages to support the service plan developed by the IMPACT team. IMPACT emphasizes an individualized plan of care and pulls together community based resources for the child and family. This is supported by a flexible fund for the purchase of specialized assessments, supports and supplies. A family support specialist also connects each caregiver and youth to support groups.

## Does my child qualify?

- Child must be younger than 18.
- Must have a diagnosis of a psychiatric disorder or diagnosis of chemical dependency. Intellectual disabilities may be present, but cannot be the primary diagnosis.
- Must have significant limitations in at least two of the following areas: self-care, interpersonal relationships, family life difficulty in daily life activities, self-direction, and/or school. Must have had the disability for at least one year, and must require service planning between two or more agencies.

## How can I apply for IMPACT services for my child?

You may contact the state office for Kentucky IMPACT, and you will be directed to the appropriate regional office:

100 Fair Oaks Lane, 4E-D  
Frankfort, KY 40621-0001

Phone: (502) 564-4456  
TTY: (502) 564-5777  
Fax: (502) 564-9010

Or you may contact your local Community Mental Health Center (See Community Mental Health Center listings in the *Additional Resources* section of this manual).

## How can I learn more?

Kentucky IMPACT Website address: <http://dbhdid.ky.gov/dbh/kyimpact.aspx>

Or you may contact your local Community Mental Health Center to determine if there are providers in your area. (See Community Mental Health Center listings in the *Additional Resources* section of this manual)

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# IMPACT Plus

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## What is IMPACT Plus?

IMPACT Plus is a collaborative effort of the Department for Medicaid Services; Department for Community Based Services; Department for Behavioral Health, Developmental and Intellectual Disabilities; parents and stakeholders. This program provides a network of care and services for Medicaid/K-CHIP-eligible children with complex treatment needs. Services include: after-school or summer programs, behavioral health evaluations, collateral services, crisis stabilization services, day treatment, group and/or individual therapy, intensive outpatient behavioral health services, parent-to-parent support, partial hospitalization, targeted case management, therapeutic child support, therapeutic foster care services, and therapeutic group residential services.

## Does my child qualify?

Must be under the age of 21, Medicaid-eligible in KY, and fit one of the following requirements:

- Currently in the custody or under the supervision with risk of being in the custody of the Department for Community Based Services or Department of Juvenile Justice
- Must be at risk for being institutionalized or taken out of the home.

Must have documentation to prove:

- Diagnosis with a severe emotional disorder (Axis I Diagnosis other than dementia or primary substance abuser)
- A serious behavioral health problem related to the diagnosis that has lasted in the home, school, and community for the past 6 months and has been determined by a behavioral health professional to be at high risk of continuing for 6 months
- An intensive plan of medically-necessary, community-based behavioral health services is necessary and the services are expected to improve the child's condition OR prevent further regression so that the child will be able to be discharged to a less intense service program
- Other intensive services within the child's community are not enough to meet the child's behavioral needs or are not available or accessible to the child. Or, an appropriate, less intense service program is available and accessible but the child has a severe concurrent Axis II or Axis III diagnosis that complicates treatment.

## How do I apply for IMPACT Plus services for my child?

Contact the IMPACT Plus Program Office at the Department for Behavioral Health, Developmental and Intellectual Disabilities or a sub-provider agency to request the services and give a detailed history. The provider agency prepares an eligibility packet and submits it to a prior authorization company. The Provider Directory is available at the following website:

<http://dbhdid.ky.gov/dbh/ip-families-serv1.aspx>

Phone: (502) 564-4797

TTY (502) 564-5777

Fax: (502) 564-4826

## How can I learn more?

Kentucky IMPACT Plus website: <http://dbhdid.ky.gov/dbh/ip.aspx>

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# Affordable Care Act - How It Impacts You

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## What is the Affordable Care Act?

The Patient Protection and Affordable Care Act (ACA) was enacted in 2010 to provide better, more affordable healthcare to Americans. The ACA requires that health insurance plans include certain basic benefits. The ACA has allowed our state to expand Medicaid, and establish a health insurance marketplace, called Kynect (<http://kynect.ky.gov>). This means many more Kentuckians will have health insurance. As part of the ACA, individuals without health insurance and who do not have extreme financial hardship, must purchase at least a “bronze” level plan from a healthcare exchange to avoid a financial penalty for not having health insurance.

The Health Care Exchanges (such as Kentucky’s “kynect”) are mostly for people who buy insurance on their own and for people who do not have any health insurance. If you are paying for your own health insurance and the premiums cost more than 9.5% of your income or if the insurance covers less than 60% of your medical expenses, you can still shop for a more affordable and better benefit plan at Kynect. You may also qualify for federal tax credits to help you pay for your new premiums.

Tax Credits are only available on health insurance plans purchased through Kynect. If you are single and you make less than about \$46,000, or if you are a family of four and you make less than about \$94,000, you may get a tax credit from the government to help pay your premium.

The Affordable Care Act says that most Americans must purchase insurance or pay a penalty. These penalties will be in the form of “fines” when you file your taxes in 2014 and the fines will go up in 2015.

### ***Some of the important provisions of the ACA that benefit people with disabilities include:***

- Children under 19 can no longer be denied coverage based on preexisting conditions. A pre-existing condition is one that existed before the date you enrolled in health insurance. coverage and can include common conditions such as diabetes, seizures, asthma, and others.
- Effective in 2014, adults can no longer be denied coverage on the basis of a pre-existing condition, as well.
- Insurance companies cannot drop your coverage or charge you more on the basis of your disability or other health condition.
- Insurance companies cannot impose lifetime dollar limits on essential benefits.
- You can appeal coverage determinations.
- All new health plans must cover certain preventative services without charging deductibles.
- Coverage is extended so young adults can stay on their parents’ plan until they are 26 (and the coverage for a dependent son or daughter with a disability may be extended beyond the age of 26).
- Habilitation services can include speech/language, physical therapy, and occupational therapy, up to 20 visits per year for each service.

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## Kynect: KY's Marketplace or Health Care Exchange

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### What is Kynect?

Beginning January 2014, most Americans will be required to have health insurance or pay a penalty due to the Affordable Care Act (ACA). "Kynect", <http://kynect.ky.gov>, will provide simple, one-stop shopping for Kentuckians and small businesses to purchase health insurance. Kynect will also see if you are eligible for payment assistance and tax credits, as well as Medicaid and the KY Children's Health Insurance Plan (KCHIP).

The exchange, which opened October 1, 2013, allows Kentuckians with and without health insurance to enroll in a plan with benefits starting in January, 2014. There is an "open" enrollment time for anyone to obtain insurance until March 30, 2014. Insurance companies will offer 4 levels of plans: bronze, silver, gold and platinum. The plans and premiums will vary based on the deductible amount, co-pays, and the amount paid by the insurance plan. Individuals without health insurance must purchase at least a "bronze" level plan to avoid a financial penalty. Payment assistance, discounts or tax credits are available if you qualify financially.

As a result of the ACA, health insurance programs must enroll children and adults with pre-existing conditions or disabilities. *No plan in Kentucky will have life-time spending caps on costs related to chronic or life-threatening conditions.* All health plans "must" cover essential health benefits, including doctor visits, trips to the hospital or emergency room, medicine, and care for pregnant women and children.

You and your adult son or daughter with a disability may be eligible for health coverage through Kynect, even if your son or daughter is over 26 or is turning 26 in the next 12 months. In this situation, disability is defined as "unable to stay employed due to intellectual or physical reasons and being dependent upon the insurance policy holder for support and maintenance." Kynect recommends that you apply for premium assistance and Kynect will contact you when your health coverage application for your son or daughter can be completed.

### How can I sign up through Kynect?

You may create a paper file, but Kynect recommends that you apply on-line or by phone with help from a "kynector" who will guide you through the process of an application. Kynect makes it easy to apply online even if you do not have a computer. To apply online, go to <http://kynect.ky.gov> and create a user name and password. Creating an account will allow your information to be saved, if you cannot complete your application in one sitting. Please read each page carefully and answer the questions to the best of your ability. If you need additional help, Kynect allows you to talk via web chat or phone to a Customer Service representative in your area at the numbers below.

### How can I learn more?

Customer Service: Monday through Friday - 7:00am – 6:00pm; Saturday - 9:00am – 4:00pm.

1-855-459-6328 or TTY 1-855-326-4654

<http://Kynect.ky.gov> OR [www.healthcare.gov](http://www.healthcare.gov)

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# Medicaid Expansion (Affordable Care Act Changes)

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## What changes will occur due to Medicaid Expansion in KY?

The Affordable Care Act (ACA) was passed to provide Americans, including Kentuckians, broader access to health care, including Medicaid. KY is planning to expand eligibility to 138% of the Federal Poverty Level.

### Do I qualify?

Beginning in January of 2014, KY will have an unprecedented opportunity to give an estimated 308,000 currently uninsured, low income Kentuckians access to affordable health care. Members of families with children, pregnant women, elderly, blind, or persons with a disability are eligible for Medicaid if they meet certain financial criteria, as well as adults who work at minimum wage jobs for fewer than 40 hours per week, individuals who are self-employed or single parents whose children are covered by KCHIP. The new financial threshold of 138% of the Federal Poverty Level means that a single person with no children earning less than \$15,856 per year is eligible to sign up for Medicaid. A family of four with an annual income of less than \$32,499 is also eligible for Medicaid.

A child with a developmental disability may also be eligible for both SSI and Medicaid.

### How can I apply for Medicaid coverage?

An application for Medicaid may be filed at your local Department for Community Based Services Office. Applicants will be required to show proof of identity, proof of citizenship, proof of health insurance, proof of income, Social Security number, and a doctor's statement verifying pregnancy, if applicable.

For more information, call the Cabinet for Health Services of Kentucky, Dept. for Medicaid Services

(800) 635-2570

website: [www.chfs.ky.gov/dms](http://www.chfs.ky.gov/dms)

### **Kentucky Health Benefit Exchange through KYNECT, Kentucky's Healthcare Connection**

*Starting in 2014, due to the Affordable Care Act, most Americans will be required to have health insurance. By using KYNECT you may receive payment assistance, special discounts or tax credits to help cover the costs of coverage to you, your family or your employees. KYNECT will allow you to compare and select insurance plans and find out if you qualify for programs like Medicaid of the KY Children's Health Insurance Program.*

**OPEN ENROLLMENT begins October 1, 2013 and runs through March 31, 2014 with coverage beginning as soon as January 2014.**

<http://healthbenefitexchange.ky.gov/Pages/home.aspx>

<http://www.healthcare.gov/law/information-for-you/ky.html>

### How can I learn more?

Visit the Kentucky State Medicaid Website: <http://governor.ky.gov/healthierky> or the KYNECT website: <http://kynect.ky.gov>

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## Additional KYNECT Medicaid Guides

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Kentucky's Healthcare Connection, KYNECT, will provide individuals, families and small businesses with easy, one-stop shopping to find the healthcare coverage you need if you are not initially eligible for Medicaid's expansion eligibility.

By using KYNECT, you may receive payment assistance, special discounts or tax credits to help cover the costs of coverage for you, your family or your employees. KYNECT will allow you to compare and select insurance plans and find out if you qualify for programs like Medicaid or the Kentucky Children's Health Insurance Program.

There is a plan in Kentucky that will also enroll people with pre-existing conditions and no plan in Kentucky will have life-time spending caps on costs related to chronic or life-threatening conditions.

### Working and Keeping Medicaid: How can I learn more?

Guidelines on how to work and retain Medicaid may be found on the HDI Supported Employment Training Project web page for families and the disabled member who is a job seeker:

[www.hdi.uky.edu/setp/family\\_job\\_seeker.aspx](http://www.hdi.uky.edu/setp/family_job_seeker.aspx)

or a Social Security web-site:

[www.hdi.uky.edu/setp/Materials/SSA\\_Working\\_While\\_Disabled\\_How\\_We\\_Can\\_Help\\_2012.pdf](http://www.hdi.uky.edu/setp/Materials/SSA_Working_While_Disabled_How_We_Can_Help_2012.pdf)

<http://kynect.ky.gov>

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## Affordable Care Act - Resources and References

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### How can I learn more?

- [www.healthcare.gov](http://www.healthcare.gov)
- Phone number for health insurance marketplace questions:  
24/7: 1-800-318-2596 (TTY 1-855-889-4325)
- National Association of Councils on Developmental Disabilities website:  
<http://www.nacdd.org/site/home.aspx>
- The ARC's Critical Information about the Health Care Reform Act:  
<http://www.thearc.org/page.aspx?pid=3039>
- Why the ACA is important for people with Developmental Disabilities:  
<http://www.thearc.org/what-we-do/public-policy/policy-issues/health-care?>
- Critical Information about the Health Care Reform Law  
<http://www.thearc.org/page.aspx?pid=3039>
- KY Protection and Advocacy –Mar 2012 “Rights Reporter” Newsletter

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# Kentucky Children's Health Insurance Program (K-CHIP)

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## What is K-CHIP?

K-Chip's mission is to provide free health insurance coverage to low income, uninsured children in Kentucky. The K-CHIP staff understands that access to health care is very important and that preventive care is a large part of health care. Immunizations, well child checkups, and other preventive services help children get and stay healthy. For example, a family of four can earn up to \$47,100 a year and qualify for KCHIP for their children under 19 years of age.

## Does my child qualify?

- Must be less than 19 years of age
- Must not be eligible for Medicaid
- Must not have had health insurance for at least six months
- Must not have voluntarily dropped child's insurance within the past 6 months
- Family income must be at or below 200% of the Federal Poverty Line.

## How can I apply for my child to obtain medical coverage through K-CHIP?

Contact the K-CHIP Program, Department for Medicaid Services, where eligibility and services are determined by local offices in the county where the applicant resides:

Phone: (877) 524-4718

Spanish: (800) 662-5397

TTY: 711

The K-CHIP email address is [chfs.kchip@ky.gov](mailto:chfs.kchip@ky.gov)

You may download a specific K-CHIP application at this site through December 30th, 2013:

<http://kidshealth.ky.gov/en/kchip/apply.htm>

***AFTER October 1, 2013, Kentucky's Affordable Healthcare Connection, KYNECT, will provide a "universal" application which provides individuals and families an easy, one-stop process to find any health care coverage or programs that individuals in the family are eligible for, including low cost health insurance or state free programs, such as Medicaid and K-CHIP. To apply for K-CHIP and other programs, you may apply during the Open Enrollment period beginning October 1, 2013 and continuing through March 31, 2014.***

## How can I learn more?

K-CHIP Website address: [www.kidshealth.ky.gov/en/kchip](http://www.kidshealth.ky.gov/en/kchip)

KYNECT website: <http://kynect.ky.gov/>

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# Medicare

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## What is Medicare?

Medicare is the nation's largest health insurance program. Medicare covers more than 39 million Americans 65 or over, some people with disabilities under 65, and people of all ages who have End Stage Renal Disease.

Medicare has two major parts:

- Part A (Hospital Insurance) - Most people do not have to pay for Part A
- Part B (Medical Insurance) - Most people pay monthly for Part B

## Do I qualify for Medicare?

- Must be a citizen or permanent resident of the United States;
- Must be 65 years of age and older OR
- You or your spouse must have worked for at least 10 years in Medicare-covered employment
- Be under 65 with End Stage Renal Disease OR
- Have received Social Security or Railroad Retirement disability for 24 months.

If you are not a U.S. citizen or a lawfully admitted alien who has lived in the U.S. continuously for a five-year period, please contact the Social Security Administration at (800) 772-1213 for your Medicare enrollment and eligibility.

## How can I apply for Medicare coverage?

- If you are not yet 65 and already getting Social Security or Railroad Retirement Board benefits, you do not have to apply for Medicare.
- If you are disabled and have been receiving disability benefits under Social Security or Railroad Retirement Board for 24 months, you will be automatically enrolled in Part A and Part B beginning the 25th month of benefits.
- If you are not receiving Social Security or Railroad Retirement Board benefits you must apply for Medicare Part A and Part B. You can apply by contacting the Social Security Administration (or Railroad Retirement Board).
- You should apply three months before the month you turn 65.

## What is the impact of the Affordable Care Act on Medicare?

The Medicare benefits you currently receive will remain the same. Medicare will continue to cover your health costs the way it has with no changes in eligibility. If you need help with your Medicare coverage, visit the federal Medicare website or call 1-800-MEDICARE. One improvement is that certain Medicare participants falling in the "doughnut hole", the point when prescription drug coverage stops and does not begin again until the participant pays a set amount out of pocket for his or her medicines, receive a \$250 rebate to help cover the cost of their prescription drugs after Jan 1, 2014.

## How can I learn more?

Call the Social Security Office: Phone: (800) 772-1213; TTY: (800) 325-0778

Medicare website: [www.medicare.gov](http://www.medicare.gov)

Health Benefits Exchange website: <http://healthbenefitexchange.ky.gov>

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# Acquired Brain Injury (ABI) Waiver

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## What is the ABI Waiver Program?

This program is designed to provide intensive services and supports to adults with acquired brain injuries as they work to re-enter community life. Services include case management, personal care, companion services, respite care, environmental modifications, behavior programming, counseling and training, structured day programs, specialized medical equipment and supplies, prevocational services, supported employment, occupational therapy, community residential services, and speech and language services. Services can only be provided in community settings.

## Do I qualify for ABI?

You Must:

- Have an acquired brain injury
- Be at least 18 years old
- Meet nursing facility level of care
- Be expected to benefit from waiver services
- Be financially eligible for Medicaid services

## How do I apply for ABI?

You may go the website to locate the application forms. You may also call for further information: (502) 564-5198 or toll free: (866) 878-2626.

Or you may write:

Acquired Brain Injury Branch  
275 E. Main Street, 6W-B  
Frankfort, KY 40621

## How can I learn more about ABI?

ABI website: [www.chfs.ky.gov/dms/Acquired+Brain+Injury.htm](http://www.chfs.ky.gov/dms/Acquired+Brain+Injury.htm)

For members who would like to choose Consumer Directed Option Services for ABI, visit the DMS CDO page: [www.chfs.ky.gov/DMS/Consumer+Directed+Option.htm](http://www.chfs.ky.gov/DMS/Consumer+Directed+Option.htm)

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# Acquired Brain Injury (ABI) Long-term Care Waiver

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## What is the ABI Long-term Care Waiver Program?

The Acquired Brain Injury Long Term Care Waiver program provides an alternative to institutional care for individuals who have reached a plateau in their rehabilitation level and require maintenance services to avoid institutionalization and to live safely in the community. Services include case management, community living supports, respite care, adult day health care, adult day training, environmental modifications, behavior programming, counseling, group counseling, specialized medical equipment and supplies, supported employment, occupational therapy, speech therapy, nursing supports, family training, physical therapy, assessment and reassessment, and supervised residential care.

## Do I qualify for ABI?

You Must:

- Be at least 18 years of age
- Meet nursing facility level of care
- Have a primary diagnosis of an acquired brain injury which necessitates supervision, rehabilitative services and long term supports
- Be financially eligible for Medicaid services.

## How do I apply for ABI?

You may go the website to complete the application forms or call for applications:  
(502) 564-5198 or toll free: (866) 878-2626

Or you may write:

Brain Injury Services Branch  
275 E. Main Street, 6W-B  
Frankfort, KY 40621

## How can I learn more about ABI?

Website address: [www.chfs.ky.gov/dms/Acquired+Brain+Injury+-+Long+Term+Care.htm](http://www.chfs.ky.gov/dms/Acquired+Brain+Injury+-+Long+Term+Care.htm)

For members who would like to choose Consumer Directed Option Services for ABI, visit the DMS CDO page: [www.chfs.ky.gov/DMS/Consumer+Directed+Option.htm](http://www.chfs.ky.gov/DMS/Consumer+Directed+Option.htm)

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# Assistive Technology

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## What is Assistive Technology?

Assistive technology refers to devices and tools created to help children and adults with communication disorders and/or disabilities participate more fully in the activities of daily life. Assistive technology can be funded through school systems, private insurance, public funding, other private sources and loans.

## How can I apply for Assistive Technology?

Assistive technology may be provided through several agencies, each with its own application process.

### **IDEA for Children with Disabilities ages 3-22 in the school system**

If the child is in school, IDEA specifies that assistive technology is any “item, piece of equipment of product system, whether acquired commercially off the shelf, modified or customized, that is used to increase, maintain or improve functional capabilities of individuals with disabilities” Assistive technology devices and services are to be made “available to a child with a disability if required as part of the child’s special education, related services, or supplemental aids and services.”

Contact your child’s IEP Coordinator or the KY Department of Education

KY Department of Education  
Division of Learning Services

502-564-4970

<http://education.ky.gov/specialed/excep/Pages/default.aspx>

### **KATS Network**

The KY Assistive Technology Service (KATS) Network has a coordinating center in Louisville and 4 regional Assistive Technology (AT) Resource Centers which provide device demonstrations and short-term loan of AT devices. Call the Kentucky Assistive Technology (KATS) Network for information on local providers in your area:

KATS Network  
Charles McDowell Center  
8412 Westport Rd  
Louisville, KY 40242

Toll Free: (800) 327-5287

Fax: 502-429-7114

[www.katsnet.org](http://www.katsnet.org) (Kentucky KATS Network)

### **The KY Assistive Technology Loan Corporation**

The KY Assistive Technology Loan Corporation offers low interest loans for qualified applicants with disabilities who need assistive technology.

The Kentucky Assistive Technology Loan Corporation (KATLC)  
275 East Main Street  
Mail Stop 2 E-K  
Frankfort, KY 40621

1-877-675-0195 (Toll Free)

[www.katlc.ky.gov](http://www.katlc.ky.gov)

# Centers for Independent Living (CIL)

## What are Centers for Independent Living (CILs)?

CILs are non-residential, private, non-profit, consumer-controlled, community-based organizations providing services and advocacy by and for persons with all types of disabilities. CILs are unique as they provide peer based services, where the staff and board of directors are made of at least 51% people with disabilities. CIL's believe that people with disabilities know what's best for people with disabilities. The goal is to assist individuals with disabilities achieve their maximum potential

## What services do CILs offer?

CILs work to assure physical and programmatic access to housing, attendant services, employment, transportation, communities, recreational facilities, health and other social services. CILs offer services including: information and referral, peer counseling, advocacy, independent living and self-help skills, information about other disability programs and how to access services.

### Center for Accessible Living

305 W. Broadway, Suite 200  
Louisville, KY 40202  
(502) 589-6620; (800) 813-8497 (voice);  
(502) 589-6690 (TTY); (502) 589-3980 (fax)  
Email: [info@calky.org](mailto:info@calky.org)  
Website: [www.calky.org](http://www.calky.org)

### Center for Accessible Living

1051 N. 16th Street, Suite C  
Murray, KY 42071  
(270) 753-7676 (voice); (888) 261-6194;  
(270)767-0549 (TDD); (270)753-7729 (fax)  
Email: [info@calky.org](mailto:info@calky.org)  
Website: [www.calky.org](http://www.calky.org)

### Disability Resource Initiative

624 Eastwood Drive  
Bowling Green, KY 42103  
(270) 796-5992; (877) 437-5045  
Email: [initiative@dri-ky.org](mailto:initiative@dri-ky.org)  
Website: [www.dri-ky.org](http://www.dri-ky.org)

### Independence Place

1093 S. Broadway, Suite 1218  
Lexington, KY 40504  
TTY: (800) 648-6056; Toll Free: (877) 266-  
2807; Fax: 859-335-0627  
Email: [info@independenceplaceky.org](mailto:info@independenceplaceky.org)  
Website: [www.independenceplaceky.org](http://www.independenceplaceky.org)

### Pathfinders for Independent Living, Inc.

105 E. Mound Street  
Harlan, KY 40831  
(606) 573-5777; Fax: (606) 573-5739  
Email: [pathfinders@harlanonline.net](mailto:pathfinders@harlanonline.net)  
Website: [www.pathfindersilc.org](http://www.pathfindersilc.org)

### Center for Accessible Living

P.O. Box 12304  
Covington, KY 41012  
(859) 940-3843  
Email: [info@calky.org](mailto:info@calky.org)  
Website: [www.calky.org](http://www.calky.org)

### Kentucky State Independent Living Coordinator

1525 Bull Lea Rd, Suite 160  
Lexington, KY 40511  
859-977-4050 x232  
Email: [germaine.oconnell@uky.edu](mailto:germaine.oconnell@uky.edu)

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# Hart-Supported Living Program

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## What is Hart-Supported Living?

The Hart-Supported Living program is for Kentuckians with disabilities to request grants so they can live in, contribute to and participate in their communities. Any Kentuckian with a disability recognized under the Americans with Disabilities Act (ADA) is eligible to apply for a Hart-Supported Living grant. The program is administered through the Department for Aging and Independent Living (DAIL). Supported Living allows people with all disabilities to request funds for a broad category of highly flexible, individualized services, combined with natural unpaid or other eligible paid supports. Funded grants may include, but are not limited to, homemaker services, personal care services, in home training and home management support, start-up grants, transportation, home modifications, adaptive and therapeutic equipment. Grants may be one-time, i.e., bathroom modification or on-going or both. The Funding Teams will look at other sources you have applied to for possible assistance.

## Do I qualify?

You (and your family, friends, and the people who support you) should consider applying for a Hart-Supported Living grant if:

- You want to live in a home of your choice that is typical of the homes where people without disabilities live.
- You want to participate in your community with all members of the community and your grant request contributes to your “overall plan” to live with supports in the community.
- You want to decide for yourself what supports and services you need to live in the community.
- You want to arrange for and manage your own supports, with help, when appropriate from friends, family, guardian or professionals.

## How can I apply for Supported Living Services?

Contact your Regional Supported Living Coordinator for an application. It may be helpful if you ask your Regional Supported Living Coordinator to assist in completing your application. Each application is scored by a Team according to “urgency of need.” Applications must be received by April 1st in the office of Regional Hart-Supported Living Coordinator for funding for the upcoming fiscal year, beginning July 1st. Each region of the state is not allocated the same amount of funds, though the amount is based on disability statistics in that region.

## How can I learn more?

Phone: (502) 564-6930 and ask for the Hart-Supported Living Coordinator

Fax: (502) -564-4595

For more information and a list of Regional Hart-Supported Living Coordinators, visit the Kentucky Hart-Supported Living Website: [www.chfs.ky.gov/dail/hartsupportedliving.htm](http://www.chfs.ky.gov/dail/hartsupportedliving.htm)

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# Home and Community-Based Waiver (HCB Waiver)

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## What is the HCB Waiver?

The Home and Community-Based Waiver program provides Medicaid coverage to eligible persons who are aged or disabled, who would otherwise require nursing facility level of care. Services include but are not limited to the following: assessment and reassessment, case management, homemaker services, personal care services, respite care, minor home adaptations, attendant care, and adult day health care.

## Do I qualify for this service?

If you receive Medicaid and meet the nursing facility level of care, you qualify for this program (if not previously eligible, qualifying for HCB may enable you to become eligible for Medicaid). Some families choose to pay for the first month of HCB. The second month of service eligibility is determined by the financial eligibility of the individual instead of the family. A physician must certify that without these services, the physician would order nursing facility care. There is no age requirement for the HCB Waiver.

## How can I apply for the HCB Waiver?

Your local Community Mental Health Center may have a listing of Home Health Agencies that are HCB providers in your area. Local Community Mental Health Centers are listed in the *Additional Resources* section of this manual.

Or contact the Medicaid Division of Community Alternatives, Home & Community Based Services Branch:

(502) 564-5707

TTY: (800) 372-2973

## How can I learn more?

Website: [www.chfs.ky.gov/dms/hcb.htm](http://www.chfs.ky.gov/dms/hcb.htm)

# Homecare Program

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**Provided through the Department for Aging and Independent Living**

## What is the Homecare Program?

The Homecare Program helps older adults who are at risk of institutional care to remain in their own homes by providing supports and services to ensure daily needs are provided. This is accomplished primarily by coordinating the help of caregivers and provider agencies.

Assessment and case management, home management and personal care, home delivered meals, chore services, home repair, respite for family caregivers, and home health aide service are among the assistance provided.

The program is offered statewide through the Area Agencies on Aging and Independent Living. Some areas may have waiting lists and not all services are provided in all areas.

## Do I qualify for this resource?

- You must be 60 or older and unable to perform two activities of daily living or three instrumental activities of daily living.
- You must be at risk of going to an institution OR you must be in an institution, but would be able to return to a private home environment if needed services are provided.

## How do I apply?

You may request an application from the Office of Aging Services in Frankfort by calling (502) 564-6930 or you may contact your local Area Agency of Aging and Independent Living to see if there is a program in your area. [www.chfs.ky.gov/dail/AreaAgenciesonAging.htm](http://www.chfs.ky.gov/dail/AreaAgenciesonAging.htm)

## How can I learn more?

Department for Aging and Independent Living  
275 E. Main St., 3E-E  
Frankfort, KY 40621

Phone: (502) 564-6930; TTY (888) 642-1137  
Fax: (502) 564-4595

Website: [www.chfs.ky.gov/dail/homecare.htm](http://www.chfs.ky.gov/dail/homecare.htm)

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# KY TRANSITIONS (Money Follows the Person Demonstration Grant)

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## What is KY Transitions?

Using funding from the Money Follows the Person Demonstration Grant, the Department for Medicaid Services assists eligible individuals to transition from institutional settings back into the community. This program, under a contract with the KY Housing Corporation, allows for flexibility in the individual's choice over the location and the type of services the person receives as his or her needs and preferences change. On day 366, after you have been approved for KY Transitions, your services will be provided through one of the appropriate existing waiver programs (ABI, HSBW or SCL).

## Do I qualify for KY Transitions?

- Must be in an institution for 90 consecutive days
- Must meet existing Medicaid eligibility requirements
- Must be receiving services paid by Medicaid for at least the day prior to being transferred to the program
- Must meet nursing facility or Intermediate Care Facility – Intellectual Disability (ICF-ID) level of care.

## How do I apply for KY Transitions?

You may call: (502) 564-0330 or toll free (877) 564-0330 or you may find staff person's email on the KY Transitions website.

Or you may write to:

Kentucky Department for Medicaid Services  
Division of Community Alternatives  
KY Transitions  
275 East Main, 6 W-B  
Frankfort, KY 40621

## How can I learn more?

Website: [www.chfs.ky.gov/dms/MFP.htm](http://www.chfs.ky.gov/dms/MFP.htm)

# Michelle P. Waiver

## What is the Michelle P. Waiver?

In 2002, some people with developmental disabilities sued the Commonwealth of Kentucky because the state didn't provide enough help for them to live in the community instead of an institution. Kentucky finally agreed to provide extra services and settled the suit. It then created the Michelle P. Waiver, a Medicaid program that helps people live in the community, or go back to the community after living in an institution. The Michelle P. Waiver is for anyone with an intellectual or a developmental disability who is eligible to receive services at an ICF/ID (Intermediate Care Facility – Intellectual Disability), like Oakwood, Hazelwood, or Cedar Lake Lodge. To get the waiver, you must also have a Medicaid card or be eligible for one. Both children and adults can qualify. In the case of a child, the parents' income may be exempted.

## What services are provided through the Michelle P. Waiver?

- Case Management
- Supported Employment \*
- Homemaker \*
- Attendant Care \*
- Personal Care \*
- Behavioral Supports \*
- Respite
- Assessment/Reassessment
- Adult Day Health \*
- Occupational Therapy \*
- Adult Day Training \*
- Physical Therapy \*
- Environmental and Minor Home Adaptations
- Speech Therapy \*
- Community Living Supports \*

*\*Services with an asterisk are limited to 40 hours a week altogether.*

**After June 1, 2013**, therapy services are NOT provided under the MPW program for members under the age of 21. The Early Periodic Screen, Diagnosis and Treatment Special Services (EPSDT) Program now provides therapy for persons under 21.

A case manager or support broker will help you decide the services you need. There are no residential services with the Waiver. It was designed to help people who live in their own homes or a family member's home, but who need help to continue living in the community.

## Who provides the services?

Once you receive the Waiver, you can get services from any Supported Community Living (SCL) or Home and Community Based Waiver (HCBW) approved agency. You can even hire someone you know to provide some of the services through the Consumer-Directed Option.

## How do I apply?

To apply, contact your local Community Mental Health Center. The Center will provide an assessment to determine if you are eligible. You can find your Center by visiting [www.chfs.ky.gov/dms/mpw.htm](http://www.chfs.ky.gov/dms/mpw.htm) or by calling (502) 564-4527. When you apply for yourself or your child, be sure to ask to be added to the SCL waiting list.

## How can I learn more?

Call the Division of Community Alternative at 502-564-1647 or visit the Michelle P. Waiver website: <http://chfs.ky.gov/dms/mpw.htm>

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# Personal Care Attendant Program

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## What is the Personal Care Attendant Program?

Attendant services are provided for people 18 and older with functional loss of two or more limbs and who have the ability to hire and supervise an attendant. Services include assistance with personal care, housekeeping, shopping, travel, self-care procedures, meal preparation, and other daily activities. State and local funds are used by local organizations to provide services and programs that help maintain older persons in their own homes. Please contact the Department of Aging and Independent Living to determine whether or not there is a waiting list for services.

## Do I qualify?

- Must be 18 years of age or older
- Must have a severe physical disability with permanent or temporary recurring functional loss of two or more limbs
- Must need at least 14, but no more than 40, hours of personal care attendant services per week
- Must be mentally capable of instructing and supervising attendants
- Must be able to prepare attendant payroll reports and employer tax statements.

## How can I apply for these services?

Contact the Office of Aging Services, Cabinet for Health Services:

Department for Aging and Independent Living  
Personal Care Attendant Program  
275 E Main St., 3E-E  
Frankfort, KY 40621

Phone: (502) 564-6930 Ext 3477

TTY: (888) 642-1137

Fax: (502) 564-4595

## How can I learn more?

Personal Care Attendant Services Program website: [www.chfs.ky.gov/dail/pcap.htm](http://www.chfs.ky.gov/dail/pcap.htm)

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# Supports for Community Living (SCL)

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## What is the Supports for Community Living Waiver Program?

### **New Regulatory Changes (907 KAR 12:010)**

SCL provides services to individuals with intellectual disabilities that enable them to live in the home or in the community rather than in an institution. In 2014, during the month of their next birthday, current SCL waiver participants will transition to the new SCL waiver program (SCL2) guidelines and be governed by the Administrative Regulation cited above. This will happen throughout 2014 for all participants.

People who qualify for the SCL waiver can decide whether to manage their supports through an agency provider (traditional), manage qualified services themselves (Participant Directed Services) or through a blended approach. All participants must have a Case Manager who will assist them in developing a Person-Centered Plan of Care. This plan includes developing a vision for their life that addresses what is important to them, as well as what is important to be healthy and safe. Supports and services can assist the individual to live, work and participate meaningfully in the community.

## How can I apply for SCL?

The first step is to complete an application form. You can get an application form by calling your local Community Mental Health Center or by visiting this website.

<http://chfs.ky.gov/dms/scl.htm>

There is an extensive waiting list for the SCL waiver. Depending on the person's needs and living situation, the individual will be placed on one of three levels – emergency, urgent or futures planning. **To be added to the list, people must complete a MAP 620, which can be found on the website listed above.**

## Do I qualify for SCL?

- Must have an intellectual disability occurring before age 18 and affecting at least 2 areas of Activities of Daily Living
- Must meet Medicaid requirements
- Must be eligible to receive services at an ICF/ID facility, such as Oakwood, Hazelwood, or Cedar Lake Lodge

## How can I learn more?

Phone: (502) 564-7702

TTY: (502) 564-5777

Supports for Community Living website: <http://dbhdid.ky.gov/ddid/scl.aspx>

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# Participant Directed Services (PDS)

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## What are Participant Directed Services (PDS)?

*(Formerly Called Consumer Directed Option affecting Supports for Community Living (SCL) Waiver)*

The Participant Directed Service (PDS) gives Medicaid SCL waiver members the capacity to hire and fire caregivers based on a budget established in the Plan of Care. The following SCL Services may be participant directed:

- Community Access
- Community Guide
- Day Training
- Personal Assistance
- Respite
- Shared Living
- Supported Employment
- Goods and Services
- Natural Supports Training
- Transportation Services
- Vehicle Adaptation Services

## Do I qualify for services from Participant Directed Services?

You must be a Medicaid eligible and enrolled in the SCL Waiver

## How do I apply?

To find the office of Aging and Independent Living that serves your area:

KY Health Choices  
Consumer Directed Option  
Department for Aging and Independent Living  
275 E. Main St., 3E-E  
Frankfort, KY 40621  
(877) 293-7447

## How can I learn more?

Website address: <http://chfs.ky.gov/dail/Consumer+Directed+Option.htm>

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# Supported Employment

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## What is Supported Employment?

Kentucky has over 80 entities that provide supported employment. Some are free standing agencies that only provide supported employment. Others provide other services in addition to supported employment. When seeking supported employment, you may begin by talking with supported employment providers (KY Supported Employment Provider List). Alternatively, your first step may be contacting the Office of Vocational Rehabilitation (OVR) where your OVR eligibility will be determined and referrals made to supported employment providers. Regardless, it's important to interview supported employment providers to learn about their ways of approaching employment services. As is true for all types of services, there is a significant range of quality.

## Do I qualify for Supported Employment services?

The Kentucky Office of Vocational Rehabilitation determines OVR eligibility for supported employment services, and then makes referrals to supported employment providers. To find contact information for regional OVR offices, visit:

<http://ovr.ky.gov/programservices/district.htm>.

As long as you're found eligible by the OVR for supported employment, OVR pays the initial costs including Person Centered Job Selection, Job Planning Meetings, Job Development, Job Analysis, Job Negotiation, and supporting your learning and becoming established in the job. Then the Supported Employment Providers have a variety of ways of paying for long-term support services including problem solving on the job, and promoting job advancements. You may either contact OVR first, or you may begin by talking with Supported Employment Providers who will connect you with OVR to determine eligibility.

## How can I apply for these services?

Call the Kentucky Office of Vocational Rehabilitation in Frankfort at (800) 372-7172 or (502) 564-4440.

### What can I expect during this phone call?

- An appointment will be made for you to meet with a counselor
- You will apply for OVR services, specifying Supported Employment
- You can also access a list of service providers by calling the number above.

## How can I learn more?

Supported Employment websites:

[www.ovr.ky.gov/programservices/se](http://www.ovr.ky.gov/programservices/se)

[www.hdi.uky.edu/setp/](http://www.hdi.uky.edu/setp/)

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# Vocational Rehabilitation (Voc Rehab)

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## What is Voc Rehab?

The Kentucky Office of Vocational Rehabilitation assists Kentuckians with disabilities to achieve suitable employment and independence. The office employs approximately 140 rehabilitation counselors in over 50 offices covering all 120 counties in Kentucky.

## Do I qualify for Voc Rehab services?

- You must require Vocational Rehabilitation services in order to attain your employment goals
- If you receive Social Security disability benefits, you are considered to be an individual with a significant disability and are presumed to be eligible for services
- Your impairment must result in a substantial impediment to employment
- It is not necessary to receive SSI to qualify for this program
- You must be of employable age by completion of rehabilitation.

## What Services does Voc Rehab provide?

- Assessment for determining eligibility and needs
- Counseling and guidance
- Vocational and training services
- Supported employment
- Personal Assistant Services
- Interpreter and note taking
- Telecommunications, sensory and other technical aides
- Job placement and job retention services
- Employment follow-up and post-employment services.

## How can I apply for Voc Rehab?

See the Directory at <http://ovr.ky.gov/programservices/district.htm> to contact the office nearest you or call (800) 372-7172 (V/TTY) for more information.

Office of Vocational Rehabilitation Central Office  
CHR Building  
275 E. Main Street, Mail Stop 2E-K  
Frankfort, KY 40621

Voice: (502) 564-4440  
(800) 372-7172 (in Kentucky)  
(TTY) (888) 420-9874

## What can I expect during this phone call?

An appointment will be made for you to meet with a counselor. Your eligibility will be determined within 60 days of your application.

## How can I learn more?

Vocational Rehabilitation website: [www.ovr.ky.gov](http://www.ovr.ky.gov)

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# Social Security Disability Income (SSDI)

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## What is SSDI?

Social Security pays disability benefits to you and certain members of your family if you have worked long enough and have a medical condition or disability that has prevented you from working or is expected to prevent you from working for at least 12 months or end in death.

## Do I qualify for SSDI?

Social Security Disability eligibility is determined on having a disability, and SSDI payments are based on your prior work. Your spouse and other dependents may be eligible for SSDI payments based on your work history. Their income may affect their amount of benefits, but their income does not affect the amount that you draw for yourself.

- Eligibility for both SSI and SSDI is possible if SSDI benefit rates are low enough
- If you qualify for SSDI benefits, you will be eligible for Medicare after receiving benefits for two years
- At age 65 your SSDI benefits automatically roll over to Social Security Retirement benefits.

## How can I apply for SSDI?

You may apply on-line for disability benefits without waiting for an appointment. To apply, visit [www.ssa.gov/applyfordisability/](http://www.ssa.gov/applyfordisability/)

To locate your Social Security office, visit <https://secure.ssa.gov/ICON/main.jsp>

You may call the Social Security Administration (SSA) office to schedule an appointment at your local office or to ask questions.

Phone: (800) 772-1213.

## How can I learn more?

Social Security Administration website: [www.ssa.gov](http://www.ssa.gov)

# State General Funds

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## What are State General Funds?

State General Funds are dollars that Community Mental Health Centers can use flexibly. These dollars can fund short-term supports that include but are not limited to respite, crisis intervention, and case management.

## Do I qualify and how do I apply?

Due to the flexible nature of these funds, you will need to contact your local Community Mental Health Center to determine if funds are available for the services you need.

Community Mental Health Center listings can be found in the *Additional Resources* section of this manual.

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# Supplemental Security Insurance (SSI)

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## What is SSI?

SSI is a federal income supplement program funded by general tax revenues and not Social Security taxes. It is designed to help aged, blind and individuals with disabilities who have little or no income. SSI provides cash to meet basic needs for food, clothing and shelter.

## Do I qualify for SSI?

To receive SSI, you must be 65 or older or blind or disabled

- Children as well as adults can receive benefits
- SSI is based on financial need
- You must be determined disabled by the Social Security Administration Disability Determination Office
- SSI recipients are automatically eligible for Medicaid.

## How can I apply for SSI?

Call the Social Security Administration (SSA) office to schedule an appointment at your local office.

Phone: (800) 772-1213 or TTY 1-800-325-0778.

*SSI applications are not available online.*

## How can I learn more?

Social Security Administration website: [www.ssa.gov/pgm/ssi.htm](http://www.ssa.gov/pgm/ssi.htm)

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# Traumatic Brain Injury (TBI) Trust Fund

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## What is TBI?

This program offers flexible, funding and support for people with traumatic brain injuries. The fund supports supplemental community based efforts to meet the special needs of individuals with brain injury.

## Do I qualify?

Must have:

- Partial or total disability caused by injury to the brain
- Damage to the brain from physical trauma, lack of oxygen, allergic conditions, toxic substances and other medical incidents
- Impaired cognitive abilities or impaired brain function resulting from allergic conditions, toxic substances, or other acute medical clinical incidents, including damage caused by drug overdoses or alcohol poisoning.
- There are no caps for family income levels used to screen for services.
- There is a benefit limit of \$15,000 per individual per year, with a lifetime maximum of \$60,000.

Exclusions:

The following services are not covered under this program:

- Medications
- Institutionalizations
- Hospitalization
- Services for anyone who is a hospital, institutional, or incarcerated resident.

## How can I apply for TBI?

Complete the online form at <https://prd.chfs.ky.gov/GenLogEX/Detail.aspx?TK=50&Item=0>  
or call 502-564-6930

## How can I learn more?

TBI website: <http://chfs.ky.gov/dail/braintrust.htm>

TBI Email address: [toniaawells@ky.gov](mailto:toniaawells@ky.gov)

## Accessibility Information

Often, the most immediate issue facing an individual with disabilities is accessibility.

### Employment Services

#### **Office of Vocational Rehabilitation**

Provides services to individuals with disabilities to prepare for, secure, retain or regain appropriate employment.

Website: [www.ovr.ky.gov](http://www.ovr.ky.gov)

#### **KY Cabinet for Workforce Development**

Connecting Kentucky to employment, workforce information, education and training.

Website: [www.state.ky.us/agencies/wforce](http://www.state.ky.us/agencies/wforce)

#### **Supported Employment**

Assists persons with disabilities to find and maintain employment.

Website: [www.ovr.ky.gov/programservices/se/](http://www.ovr.ky.gov/programservices/se/)

#### **Assistive Technology**

Refers to devices and tools that may be available to persons with disabilities that allow them to participate more fully in the activities of daily life.

Website: [www.katsnet.org](http://www.katsnet.org) or [www.katlc.ky.gov](http://www.katlc.ky.gov)

### Accessible Faith Organizations

Consider the following issues when looking for a place of worship:

- Are the buildings and sanctuary accessible, welcoming and inclusive?
- Are the programs or ministries accessible, welcoming and inclusive?
- Are the fellowship or social activities accessible, welcoming and inclusive?

Here's a link to an example of an inclusion survey that may be used or adapted for use by any faith community: [www.pcusa.org/resource/congregational-audit-disability-accessibility-incl/](http://www.pcusa.org/resource/congregational-audit-disability-accessibility-incl/)

The resources below are provided as a way of offering ideas, examples, and resources (many free) about inclusive communities of faith. Most of these resources are interfaith or easily adaptable regarding application, although some contain doctrine specific to certain faith traditions.

#### **The American Association of People with Disabilities (AAPD) Interfaith Initiative**

[www.aapd.com/what-we-do/interfaith/](http://www.aapd.com/what-we-do/interfaith/)

#### **The Boggs Center on Developmental Disabilities (UCEDD) Faith Based Supports**

[http://rwjms.rutgers.edu/boggscenter/projects/faith\\_based.html](http://rwjms.rutgers.edu/boggscenter/projects/faith_based.html)

#### **The Religion and Spirituality Division of the American Association of Intellectual and Developmental Disabilities (AAIDD) [www.aiddreligion.org](http://www.aiddreligion.org)**

#### **The Faith Inclusion Network [www.faithinclusionnetwork.org](http://www.faithinclusionnetwork.org)**

#### **The Bethesda Institute Blog - Spiritual Life**

<http://bethesdablog.wordpress.com/category/spiritual-life/>

#### **Presbyterians for Disability Concerns**

[www.presbyterianmission.org/ministries/phewa/presbyterians-disability-concerns/](http://www.presbyterianmission.org/ministries/phewa/presbyterians-disability-concerns/)

#### **National Catholic Partnership on Disability (NCPD) [www.ncpd.org](http://www.ncpd.org)**

## Accessible Transportation

This resource of transportation programs listed by KY counties was developed by the UK Martin School of Business as contracted by a Joint Ad Hoc Council of Consumers, including HDI, Protection and Advocacy and the Commonwealth Council on Developmental Disabilities. [www.hdi.uky.edu/Media/Default/Documents/KYTransportationServicesAvailablebyCountyJoint%20Councils%20Report.pdf](http://www.hdi.uky.edu/Media/Default/Documents/KYTransportationServicesAvailablebyCountyJoint%20Councils%20Report.pdf)

### **Kentucky Assistive Technology Loan Corporation**

May offer funds to individuals with disabilities for the purpose of vehicle modifications (van lifts, etc.)

Website: [www.katlc.ky.gov](http://www.katlc.ky.gov)

### **Special Services and Equipment Fund**

The State General Fund may have funds available for vehicle modifications or transportation services. The maximum amount that can be approved to an individual is \$2,500 per fiscal year. Contact your local Community Mental Health Center.

## Accessible Education

Schools cannot discriminate based on disability. If you have a child with a disability and have concerns about educational programs that your child may be entitled to or eligible for, contact your local public school system. If you have concerns about state laws and education, contact:

Kentucky Department of Education

500 Metro Street, 6th Fl. CPT

Frankfort, KY 40601.

(502) 564-2000

Website: [www.education.ky.gov](http://www.education.ky.gov)

If you wish to file a dispute over educational programs that you believe your child is entitled to but does not receive, contact:

Kentucky Protection and Advocacy

100 Fair Oaks Lane, Third Floor

Frankfort, KY 40601

(800) 372-2988; (502) 564-2967 (Voice and TTY); Fax: (502) 564-0848

Website: [www.kypa.net](http://www.kypa.net)

### **Visually Impaired Pre-School Services**

Visually Impaired Preschool Services offers appropriate services to infants and preschoolers who are visually impaired or blind and to their families. VIPS also attempts to maximize each child's development potential through direct services, advocacy and community education. VIPS staff includes certified teachers who specialize in early childhood education, visual impairment, orientation & mobility and special education. There is a VIPS preschool facility in Louisville and home services provided out of the Lexington VIPS office.

Louisville: (502)636-3207 or 888-636-8477

Lexington: (859)276-0335 or 888-254-8477

[www.vips.org](http://www.vips.org)

### **KY School for the Blind**

A K-12 public school serving Kentucky students who are blind and/or visually impaired. Offers short course program (1- 12 weeks) of specialized instruction available to students throughout the school year. Summer school is offered in June and July.

502-897-1583

[www.ksb.k12.ky.us](http://www.ksb.k12.ky.us)

### **Kentucky School for the Deaf**

The Kentucky School for the Deaf ensures that deaf and hard of hearing children and youth in Kentucky have educational opportunities to develop their potential to become educated, life-long learners and productive citizens. In partnership with families, local school districts, and other service providers, KSD functions as a statewide educational center.

(859) 239-7017

Website: <http://www.ksd.k12.ky.us/>

## **Accessible Housing**

### **Kentucky Housing Corporation**

Home loans are made to low- to moderate-income households wanting to purchase a single-family dwelling located within the state of Kentucky.

(800) 633-8896 / TTY: 711

Website: [www.kentuckyhousing.org](http://www.kentuckyhousing.org)

### **Kentucky Housing Rental Assistance**

Offers very low-income residents an opportunity to find housing at an affordable price.

Website: [www.kentuckyhousing.org](http://www.kentuckyhousing.org)

### **HUD**

Homes range in price, but many are affordable for low-income and moderate-income Americans.

Website: [www.kentuckyhousing.org](http://www.kentuckyhousing.org)

### **HUD Federal Rental Assistance**

HUD funds several rental assistance programs.

Website: [www.hud.gov/renting/index.cfm](http://www.hud.gov/renting/index.cfm)

### **Kentucky Assistive Technology Loan Program**

May offer funds to individuals with disabilities for the purpose of home modifications

Website: [www.katlc.ky.gov](http://www.katlc.ky.gov)

## **Accessible Recreation**

Contact your local Parks and Recreation Department or your local YMCA for information about the programs and activities that they offer.

### **Central Kentucky Radio Eye (CKRE)**

CKRE is an independent, local non-profit radio reading service where volunteers read printed materials for people who have lost the ability to read. CKRE broadcasts 24 hours a day, 365 days a year. Special pre-tuned radios given to listeners pick up the signal within a 50-mile radius of Lexington. The broadcast also reached listeners in local hospitals and is available through their website. For more information, please call (859) 278-2029.

Website: [www.radioeye.org](http://www.radioeye.org)

### **Cardinal Hill “Hill on Wheels” Basketball**

Cardinal Hill Rehabilitation Hospital sponsors the “Hill on Wheels” Wheelchair Basketball Team. “Hill on Wheels” is a community-based team that provides an opportunity for individuals with a permanent lower extremity disability to play basketball in a competitive environment. The team was founded in 2002. Cardinal Hill offers men’s and women’s basketball for adults with mobility impairments. For more information, contact Cindy Jacobelli at (859)-254-5701 Ext. 5642 or [caj2@cardinalhill.org](mailto:caj2@cardinalhill.org).

Website: [www.cardinalhill.org/services/athletics-recreation](http://www.cardinalhill.org/services/athletics-recreation)

### **Kentucky Horse Park**

Offers some accessible recreational activities, and its campus is widely accessible for touring.

4089 Iron Works Parkway

Lexington, KY 40511

(800) 678-8813 / (859) 233-4303

Website: [www.kyhorsepark.com](http://www.kyhorsepark.com)

### **Special Olympics of Kentucky**

The Special Olympics is the world's largest program of year-round sports training and competition for persons with intellectual disabilities. The calendar year is divided into four different sport seasons and during each season, specific sports are offered. Special Olympics Kentucky offers over 15 official sports: alpine skiing, aquatics, basketball, bocce', bowling, cheerleading, equestrian, flag football, golf, gymnastics, ice skating, powerlifting, snowshoeing, soccer, softball, and track and field. To become involved or to find the program near you, please contact our state office at (800) 633-7403 or visit our website.

Website: [www.soky.org](http://www.soky.org).

## **Accessible Respite Care**

Respite Care consists of short term and temporary mental health or therapeutic home or adult treatment facility care to families with members who have disabilities, so that the caregivers and other family members can take a break from their daily routine of care giving. Respite care can also be offered overnight or for an extended period of time. Respite care helps alleviate the stress and consistent nature of caring for relatives with disabilities. Respite care also helps prevent burnout on behalf of the caregiver and family members. Furthermore, respite care also provides a change of daily schedule for the child, which can help strengthen both the child's independence and relationships with others. Depending on the organization or volunteer(s), respite caregivers either visit the homes of these families or require visiting an Adult or Child Foster Care home, day care center or a respite group home. "Host families" or exchange programs consist of other families who also have a member with a disability temporarily caring for a friend or neighbor's child and vice versa.

### **Department for Behavioral Health, Developmental and Intellectual Disabilities, Community Mental Health Centers**

Can arrange respite care services for individuals with developmental disabilities through outpatient services, crisis services and sometimes inpatient care for stabilization.

100 Fair Oaks Lane 4E-A

Frankfort, KY 40621-0001

Website: <http://dbhdid.ky.gov/cmhc/>

**KY Centers for Independent Living** (*see page 18*) make accept information and make referrals for respite services.

**KY Community Mental Health Centers** (*see page 45*) may also provide or make referrals for respite services.

### **First Steps**

Kentucky's Early Intervention System offers respite care for children with developmental delays (aged 0-3 years) who are served by First Steps. The need for respite is determined by the Individualized Family Service Plan. The respite provider would need to be enrolled under the First Steps Respite Program handled by Seven Counties. Emergency respite care referrals would be made to the Cabinet for Health and Family Services' Division of Protection and Permanency.

First Steps, Department for Public Health

275 E. Main St., HS2W-C

Frankfort, KY 40621

(502) 564-8003 or 1-877-417-8377

Website: [www.chfs.ky.gov/dph/firstSteps](http://www.chfs.ky.gov/dph/firstSteps)

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## Advocacy Resources

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**AUCD - Association of University Centers on Developmental Disabilities**

National network of University Centers for Excellence in Developmental Disabilities.

(301) 588-8252

Website: [www.aucd.org](http://www.aucd.org)

**Americans with Disabilities Initiative**

This is a good site for general information on the ADA as well as other resources.

(502) 564-6606; Toll free: (877) 423-2933; TDD: 711; Fax: (502)564-2316

Website: [www.usdoj.gov/crt/ada](http://www.usdoj.gov/crt/ada) or [www.ada.ky.gov](http://www.ada.ky.gov)

**Arc of Kentucky**

The ARC of KY is people—people with intellectual and developmental disabilities, their families, neighbors and friends, advocating for fairness and equality.

706 E. Main Street, Suite A

Frankfort, KY 40601

(800) 281-1272 or (502) 875-5225; Fax: (505) 875-5226

Email: [ArcofKy@aol.com](mailto:ArcofKy@aol.com)

Website: [www.arcofky.org](http://www.arcofky.org)

**Arc of the United States**

The national organization of and for people with intellectual disabilities and related developmental disabilities and their families.

(800) 433-5255 / (301) 565-3842

Email: [info@thearc.org](mailto:info@thearc.org)

Website: [www.thearc.org](http://www.thearc.org)

**The Council for Exceptional Children**

The largest international professional organization dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and/or the gifted.

(888) 232-7733; TTY: (866) 915-5000

Website: [www.cec.sped.org](http://www.cec.sped.org)

**The Council on Developmental Disabilities (Louisville)**

An association of families and friends of persons with developmental disabilities with a 50 year history of advocacy involvement including parent outreach and citizen advocacy programs. In the fall of 2002, the Council opened the Leadership Institute, established to educate for leadership, service and advocacy.

CDD: (502) 584-1239; Leadership Institute: (502) 584-1239

Email: [info@councilondd.org](mailto:info@councilondd.org)

Website: [www.councilondd.org](http://www.councilondd.org)

**Commonwealth Council on Developmental Disabilities (CCDD)**

The mission of the CCDD is to create change through visionary leadership and advocacy so people have choices and control over their own lives. The CCDD, along with HDI and KY Protection and Advocacy, are part of our state's Developmental Disabilities Network.

Toll Free: (877) 367-5332; TTY: 800-627-4702

Website: [www.chfs.ky.gov/ccdd](http://www.chfs.ky.gov/ccdd)

**Human Development Institute at the University of Kentucky**

The mission of HDI is to promote independence, productivity, and integration of all people through numerous research, training, and outreach activities. HDI is a member of AUCD, serving as Kentucky's University Center for Excellence in Developmental Disabilities.

(859) 257-1714

Website: [www.hdi.uky.edu](http://www.hdi.uky.edu)

### **Family Voices**

A national grassroots network of families and friends, advocates for health care services that are family-centered, community-based, comprehensive, coordinated and culturally competent for all children and youth with special health care needs; promotes the inclusion of all families as decision makers at all levels of health care; and supports essential partnerships between families and professionals.

(888) 835-5669 / (505) 872-4774 (National office) or (502) 595-4459, Ext. 279 (KY office)

Email: [kidshealth@familyvoices.org](mailto:kidshealth@familyvoices.org)

Website: [www.familyvoices.org](http://www.familyvoices.org)

### **KY Association of Sexual Assault Programs**

The Kentucky Association of Sexual Assault Programs, Inc. (KASAP) is the statewide coalition of the 13 rape crisis centers in the Commonwealth. The mission of KASAP is to speak with a unified voice against sexual victimization.

24 hour hotline: 1-800-656-HOPE

Website: [www.kasap.org](http://www.kasap.org) OR [www.kasap.org/disability\\_info.html](http://www.kasap.org/disability_info.html)

### **Project SAFE's Responding to Crime Victims with Disabilities: A KY Resource Guide**

The Project SAFE (Safety and Accessibility for Everyone) Network is a multi-disciplinary collaboration of professionals working together to end domestic and sexual violence against individuals with disabilities. Individuals with disabilities are at greater risk of being sexually assaulted or sexually abused. Studies indicate that people with disabilities are especially vulnerable to different forms of violence and face unique barriers to receiving needed help.

<https://docit.ky.gov/forms/Investigations/ResourceGuide8152012.pdf>

### **Kentucky Consumer Advocate Network**

A non-profit state funded organization that offers services for people statewide. (800) 564-8034 / (502) 245-5281

Email: [kentuckycan@yahoo.com](mailto:kentuckycan@yahoo.com)

### **Kentucky Domestic Violence Association – Domestic Violence Shelters &Victim Services**

In addition to providing a safe, secure environment for victims/survivors and their children, programs now also offer a variety of support services to residents and non-residents including legal/court advocacy, case management, safety planning, support groups, individual counseling, housing assistance, job search and children's groups.

(502) 209-5382

Website: [www.kdva.org/victim\\_services/kydvcenter.html](http://www.kdva.org/victim_services/kydvcenter.html)

### **Kentucky Education Rights Center, Inc.**

Comprised of individuals who, as advocates and attorneys, have represented children with disabilities with school-related problems for a number of years. The endeavor of this organization is to provide this assistance, but to do so without families incurring financial hardships.

(859) 983-9222

Email: [kerc@edrights.com](mailto:kerc@edrights.com)

Website: [www.edrights.com](http://www.edrights.com)

### **KY ADA Office**

The State Office of the Americans with Disabilities Act provides technical assistance, consultations and training to government agencies and programs regarding the Americans with Disabilities Act. Technical assistance and training areas include: employment, programs, services, and facilities.

The Office also responds to inquiries by local governments, businesses and individuals throughout the Commonwealth.

(877) 423-2933 / (502) 564-3850; TDD: 711

Website: [www.ada.ky.gov](http://www.ada.ky.gov)

**KY Association of the Deaf**

KAD is organized by and for the deaf community and is an affiliated member of the National Association of the Deaf (NAD). KAD's mission is for mutual assistance and encouragement of deaf people and to secure moral, intellectual and social improvement of their educational and vocational opportunities. The KY Association for the Deaf has been working closely with the KY Commission for the Deaf and Hard of Hearing, the KY School for the Deaf Alumni Association and the KY Registry of Interpreters for the Deaf.

Website: [www.kydeaf.org](http://www.kydeaf.org)

**KY Commission on the Deaf and Hard of Hearing**

The KY Commission on the Deaf and Hard of Hearing works to provide effective and efficient leadership, education, advocacy and direct services to eliminate barriers and to meet the social, economic, educational, cultural and intellectual needs of deaf and hard of hearing Kentuckians. (502) 573-2604 Voice; (502) 416-0607 Videophone

Website: <http://www.kcdhh.ky.gov>

**KY Office for the Blind**

The KY Office for the Blind's mission is to provide opportunities for employment and independence to individuals who are visually impaired.

(502) 782-3414 or 1-800-321-6668

[www.blind.ky.gov](http://www.blind.ky.gov)

**KY Partnership for Families and Children, Inc. (KPFC)**

KPFC works to improve services for children in KY with emotional, social and behavioral challenges. Its mission is to empower families affected by behavioral health challenges to initiate personal and systems change. KPFC sponsors trainings for parent groups, and youth, youth councils, a dad's initiative and parent support groups, organized by county.

Phone: 502-875-1320 or 1-800-369-0533

Website: <http://kypartnership.org/about-us/>

**KY SPIN – Kentucky Special Parent Involvement Network, Inc.**

KY-SPIN is a 501(c)3 non-profit organization dedicated to promoting programs which will enable persons with disabilities and their families to enhance their quality of life. SPIN (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. SPIN-PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. SPIN provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. All services of the SPIN-PTI are free to all participants. KY-Spin also has a wonderful on-line Resource Guide about self-advocacy, recreational/social groups, family support groups, Military Family resources, and IDEA information.

(800) 525-7746 / (502) 937-6894

Email: [spininc@kyspin.com](mailto:spininc@kyspin.com)

Website: [www.kyspin.com](http://www.kyspin.com)

**KY Office of Victims Advocacy**

The Office of Victims Advocacy works to ensure crime victims are treated with respect and dignity as their case proceeds through the criminal justice system.

(800) 372-2551

Website: <http://ag.ky.gov/criminal/victims/pages/mission.aspx>

**KY Protection and Advocacy**

An independent state agency, mandated by federal law, whose mission is to protect and promote the rights of Kentucky residents with disabilities through legally based individual and systemic advocacy and education. KY Protection and Advocacy, along with HDI and the Commonwealth Council on Developmental Disabilities, is part of our state's Developmental Disabilities Network. (800) 372-2988 (Message Line & TTY) / (502) 564-2967

Website: [www.kypa.net](http://www.kypa.net)

**KY Self Advocates for Freedom**

A statewide group run for and by people with disabilities, committed to working in partnership to promote equal rights, inclusion, self-advocacy, support and education in all realms of life.  
(859) 245-0717

Website: [www.kyselfadvocates.com](http://www.kyselfadvocates.com)

**PASRR Preadmission Screen and Resident Review**

The Department for Behavioral Health, Developmental and Intellectual Disabilities mandates a preadmission screening and resident review (PASRR) for all persons applying for admission to or residing in a nursing facility.

(502) 564-4527; TTY: (502) 564-5777

Website: <http://dbhdid.ky.gov/kdbhdid/>

**Safe Kids KY**

Safe Kids KY is part of the global organization dedicated to preventing injuries in children resulting from motor vehicles, sports, drowning, falls, burns, poisonings, and more. Children with disabilities have a higher risk of unintentional and intentional injuries and this organization is willing to do in services to local, area or state organizations on how to prevent injuries and the loss of a child.

KY Coalition Coordinator: Susan Pollack, Email: [shpoll@uky.edu](mailto:shpoll@uky.edu)

Phone: 859-323-6194

Safe Kids Chapters in KY: [www.ket.org/kidshealth/saety/safekids.htm](http://www.ket.org/kidshealth/saety/safekids.htm)

**Spina Bifida Association of Kentucky (SBAK)**

SBAK is a resource center that provides free services and programs to children and adults with Spina Bifida and their families.

Kosairs Charities Centre

982 Eastern Parkway, Box 18

Louisville, KY 40217

(502) 637-7363 or Lexington Office (859) 268-5798

**TASH Disability Advocacy Worldwide**

An international association of people with disabilities, family members, other advocates and professionals working for a society in which inclusion of all people in all aspects of society is the norm.

(202) 263-5000

Website: [www.tash.org](http://www.tash.org)

**TASH, Kentucky Chapter**

Located in Louisville.

(502) 239-4805

Website: <http://tash.org/get-involved/find-a-local-chapter/ky-tash/>

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# Autism Information

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## National

### **Autism Society of America**

The Autism Society is a national organization that exists to improve the lives of all affected by autism, by increasing public awareness about the day-to-day issues faced by people on the autism disorders spectrum, advocating for appropriate services for individuals across the lifespan, and providing the latest information regarding treatment, education, research and advocacy.

(800) 328-8476 / (301) 657-0881

Website: [www.autism-society.org](http://www.autism-society.org)

## State

These listings are examples of organizations across the state. This is not meant to be an exhaustive list, and additional resources may be available in certain areas. A list of local ASD-related supported groups can be found at

[http://www.ket.org/kidshealth/development/pdf/autism\\_support\\_groups.pdf](http://www.ket.org/kidshealth/development/pdf/autism_support_groups.pdf)

### **Kentucky Autism Training Center (KATC)**

The mission of the Kentucky Autism Training Center is to strengthen our state's systems of support for persons affected by autism by bridging research to practice and by providing training and resources to families and professionals. In 1966, the KY General Assembly established the KATC to serve as a statewide resource for families and educators. KATC is housed at the University of Louisville's College of Education and Human Development. Besides having many resources and programming for parents and professionals, families can request a copy of "Kentucky's Family Guide to Autism Spectrum Disorders (2nd Edition)." Additionally, to increase awareness of currently available resources, the KY Autism Training Center is gathering information about services to create a KY Autism Supports and Provider Services Directory.

Phone (502) 852-4631 or 1-800-334-8635, ext. 852-4631.

Email: [katc@louisville.edu](mailto:katc@louisville.edu)

### **Autism Society of the Bluegrass (ASBG)**

The Autism Society of the Bluegrass is a resource and support group for families and professionals in the Central Kentucky area who are involved with autism. A chapter of the Autism Society of America and a 501 (c) (3) non-profit organization, ASBG provides education as well as scholarships for members to obtain continuing autism-related education.

(859) 299-9000

Website: [www.asbg.org](http://www.asbg.org)

### **Autism Society of Kentuckiana (ASK)**

ASK is a non-profit organization serving Greater Louisville and Southern Indiana that provides support for families affected by Autism Spectrum Disorders. ASK provides resources and education for families and individuals through monthly support meetings, workshops and social events.

(502) 263-5708

Website: [www.ask-lou.org](http://www.ask-lou.org)

**Families for Effective Autism Treatment (FEAT) of Louisville**

Families for Effective Autism Treatment (FEAT) of Louisville is a support organization that is very active in the community. Created for families, FEAT of Louisville is dedicated to easing the autism journey through ongoing support, education and programs.

(502) 596-1258

Website: [www.featoflouisville.org](http://www.featoflouisville.org)

**For an updated listing of other Autism Support Groups throughout Kentucky, visit the KY Autism Training Center's website at**

<http://louisville.edu/education/kyautismtraining/resources/groups.html>

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# Down Syndrome Information

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## National

### **National Down Syndrome Society (NDSS)**

The mission of the National Down Syndrome Society is to be the national advocate for the value, acceptance and inclusion of people with Down syndrome.

(800) 221-4602

Email: [info@ndss.org](mailto:info@ndss.org)

Website: [www.ndss.org](http://www.ndss.org)

### **National Down Syndrome Congress (NDSC)**

The NDSC provides up-to-date information on topics of interest to people with Down syndrome, family members, friends, professionals and interested others. The Center works to promote the availability of and accessibility to a full range of opportunities and/or resources that meet individual and family needs.

(800) 232-6372 / (770) 604-9500

Email: [info@ndscenter.org](mailto:info@ndscenter.org)

Website: [www.ndscenter.org](http://www.ndscenter.org)

### **National Center for Prenatal and Postnatal Down Syndrome Resources**

The National Center for Prenatal and Postnatal Down Syndrome Resources ([www.downsyndromediagnosis.org](http://www.downsyndromediagnosis.org)), administered through HDI, was created to insure that all parents and prospective parents receive accurate, balanced, and scientifically up-to-date information at the point of a prenatal or postnatal Down syndrome diagnosis. The National Center includes the Lettercase materials (including "Understanding a Down Syndrome Diagnosis" [www.lettercase.org](http://www.lettercase.org)), Brighter Tomorrows ([www.brightertomorrows.org](http://www.brightertomorrows.org)) and Down Syndrome Pregnancy.Org,, which provides support to women who are preparing for the birth of a child with Down syndrome ([www.downsyndromepregnancy.org](http://www.downsyndromepregnancy.org)). These materials are also used by the KY Cabinet for Health and Family Services in administering the *KY Down Syndrome Information Act*, requiring health practitioners to provide patients with accurate and balanced information about Down syndrome immediately upon a prenatal or postnatal diagnosis.

## State

### **Down Syndrome Association of Central Kentucky (DSACK)**

DSACK is a non-profit volunteer organization comprised of families and professionals who are interested in bettering the lives of people with Down syndrome, and helping them to realize their life aspirations. DSACK's ultimate goal is to provide support, resources, and opportunities for individuals with Down syndrome and their families.

(859) 494-7809

Website: [www.dsack.org](http://www.dsack.org)

### **Down Syndrome Association of Western Kentucky**

DSAWY promotes public awareness and acceptance of individuals with Down syndrome by providing information, resources and support in our community. Generally, meetings are on the 3rd Monday of the month at the Heartland Worship Center in Paducah.

(270) 705-8353

Email: [upsandowns@dsawk.com](mailto:upsandowns@dsawk.com)

Website: <http://www.dsawk.com>

**Down Syndrome of Louisville**

Down Syndrome of Louisville is a non-profit organization founded in 1977 whose mission is to improve the lives of persons with Down syndrome and their families by providing support, information, education, and advocating for their rights and concerns, enabling individuals to reach their full potential.

(502) 495-5088

Email: [info@downsyndromeoflouisville.org](mailto:info@downsyndromeoflouisville.org)

Website: [www.downsyndromeoflouisville.org](http://www.downsyndromeoflouisville.org)

**Down Syndrome of South Central Kentucky – in Bowling Green and 7 counties**

Down Syndrome of South Central Kentucky is an incorporated 501c3 non-profit organization extending its outreach and mission to seven counties in KY: Allen, Barren, Butler, Edmonson, Logan, Simpson, and Warren.

Email: [info@dssky.org](mailto:info@dssky.org)

Website: [www.dssky.org](http://www.dssky.org)

**Down Syndrome Association of Greater Cincinnati (DSAGC)**

The DSAGC is a 501C-3 non-profit organization established in 1981 with a history of responding to the changing needs of individuals with Down syndrome, serving southwest Ohio, northern Kentucky and southeastern Indiana including Hamilton, Butler, Brown, Clermont, Warren, Boone, Campbell, Kenton and Dearborn counties.

(888) 796-5504 / (513) 761-5400

Website: [www.dsagc.com](http://www.dsagc.com)

**Green River Area Down Syndrome Association – Owensboro and surrounding area**

GRADSA's mission is to enable families enriched with Down syndrome connection to share resources, build friendships, and advocate together for the future of individuals with Down syndrome.

(270) 925-0195

Website: [www.gradsa.org](http://www.gradsa.org)

## Community Mental Health Centers

### Four Rivers Behavioral Health

425 Broadway Paducah, KY 42001  
 (270) 442-7121  
 24 hour Crisis and Information Line:  
 (800) 592-3980  
 Website: [www.4rbh.org](http://www.4rbh.org)  
 Counties served: Ballard, Calloway, Carlisle,  
 Fulton, Gallatin Graves, Hickman, Livingston,  
 Marshall, and McCracken.

### Pennyroyal Center

735 North Drive  
 Hopkinsville, KY 42240  
 (270) 886-5163; or  
 24-hour line: (877) 473-7766; or in  
 Christian County: (270) 881-9551  
 Website: [www.pennyroyalcenter.org](http://www.pennyroyalcenter.org)  
 Counties served: Caldwell, Christian,  
 Crittenden, Hopkins, Lyon, Muhlenberg,  
 Todd, and Trigg.

### River Valley Behavioral Health

1100 Walnut Street  
 P.O. Box 1637  
 Owensboro, KY 42301  
 (270) 689-6500  
 (800) 737-0696  
 Website: [www.rvbh.com](http://www.rvbh.com)  
 For all first appointments and referrals to  
 River Valley Behavioral Health outpatient  
 services, call Point of Entry: (270) 683-4039  
 or (800) 737-0696  
 Counties served: Daviess, Hancock,  
 Henderson, McLean, Ohio, Union, and  
 Webster.

### LifeSkills

380 Suwanee Trail Street  
 Bowling Green, KY 42102  
 (270) 901-5000  
 24 hour Crisis line: (800) 223-8913 (Outside  
 Warren County)  
 Website: [www.lifeskills.com](http://www.lifeskills.com)  
 Counties served: Allen, Barren, Butler,  
 Edmonson, Hart, Logan, Metcalfe, Monroe,  
 Simpson, and Warren.

### Communicare, Inc.

107 Cranes Roost Court  
 Elizabethtown, KY 42701  
 (270) 765-2605  
 24-hour crisis line: 1-800-641-4673  
 Website: [www.communicare.org](http://www.communicare.org)  
 Counties served: Breckinridge, Grayson,  
 Hardin, Larue, Marion, Meade, Nelson, and  
 Washington.

### Seven Counties Services, Inc.

101 W. Muhammad Ali Blvd.  
 Louisville, KY 40202-1451  
 (502) 589-1100  
 24-hour crisis line: (800) 221-0446 or  
 (502) 589-4313/ TDD (502) 589-4259  
 Website: [www.sevencounties.org](http://www.sevencounties.org)  
 Counties served: Bullitt, Henry, Jefferson,  
 Oldham, Spencer, Shelby, and Trimble.

### North Key Community Care

503 Farrell Dr.  
 Covington, KY 41011  
 (859) 781-5586  
 24-hour crisis line: (859) 331-3292 or toll-  
 free (877) 331-3292  
 Website: [www.northkey.org](http://www.northkey.org)  
 Counties served: Boone, Campbell, Carroll,  
 Gallatin, Grant, Kenton, Owen, and  
 Pendleton.

### Comprehend, Inc.

611 Forest Ave.  
 Maysville, KY 41056  
 (606) 564-4016  
 After Hours Emergency: (877) 852-1523  
 Website: [www.comprehendinc.com](http://www.comprehendinc.com)  
 Counties served: Bracken, Fleming, Lewis,  
 Mason, and Robertson.

### Pathways, Inc.

P.O. Box 790  
 Ashland, KY 41105-0790  
 (606) 324-1141 or (800) 562-8909  
 Website: [www.pathways-ky.org](http://www.pathways-ky.org)  
 Counties served: Bath, Boyd, Carter, Elliott,  
 Greenup, Lawrence, Menifee, Montgomery,  
 Morgan, and Rowan.

**Mountain Comprehensive Care Center**

104 South Front Ave.  
Prestonsburg, KY 41653  
(606) 886-8572 or 1-800-422-1060  
Website: [www.mtcomp.org](http://www.mtcomp.org)  
Counties served: Floyd, Johnson, Magoffin, Martin, and Pike.

**Kentucky River Community Care**

115 Rockwood Lane  
Hazard, KY 41701  
(800)262-7491 or TTY/TDD: (800) 787-5043  
Website: [www.krccnet.com](http://www.krccnet.com)  
Counties served: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, and Wolfe.

**Cumberland River Comprehensive Care Center**

P.O Box 568  
Corbin, KY 40702  
(606) 528-7010  
Website: [www.crccc.net](http://www.crccc.net)  
Counties served: Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, and Whitley.

**Adanta Group Community Mental Health Center**

259 Parkers Mill Rd.  
Somerset, KY 42501  
(606) 679-4782  
Emergency Crisis Line (TDD/TTY): (800) 633-5599  
Website: [www.adanta.org](http://www.adanta.org)  
Counties served: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne.

**Bluegrass.Org**

1351 Newtown Pike  
Lexington, KY 40511  
(859) 253-1686  
Fax: (859) 255-4866  
24-hour crisis line: (800) 928-8000  
Website: [www.bluegrass.org](http://www.bluegrass.org)  
Counties served: Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, and Woodford.

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# State and Federal Legislators

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Some of the resources listed in this manual include excellent programs that are unfortunately limited in availability. It is important to let your legislators know your thoughts about these programs and services as well as your thoughts about future services.

## State Legislators

KY Legislative Message Line: (800) 372-7181 during Session

KY Bill Status Line 866-840-2835 <http://kentucky.gov/services/pages/billwatch.aspx>

TTY Message Line: 1-800-896-0305

En Español Message Line: 1-866-840-6574

For a complete listing of State Legislators: [www.lrc.ky.gov](http://www.lrc.ky.gov)

For a listing of KY State Senators: [www.lrc.ky.gov/senate/senmembers.htm](http://www.lrc.ky.gov/senate/senmembers.htm)

For a listing of KY State House Representative: [www.lrc.ky.gov/house/hsemembers.htm](http://www.lrc.ky.gov/house/hsemembers.htm)

## Federal Legislators

### **Rand Paul (Senate)**

(202)224-4343

[www.paul.senate.gov](http://www.paul.senate.gov)

### **Mitch McConnell (Senate)**

(202)224-2541

[www.mcconnell.senate.gov](http://www.mcconnell.senate.gov)

### **Andy Barr (House)**

(202)225-4706

[www.barr.house.gov](http://www.barr.house.gov)

### **S. Brett Guthrie (House)**

(202)225-3501

[www.guthrie.house.gov](http://www.guthrie.house.gov)

### **John Yarmuth (House)**

(202)225-5401

[www.yarmuth.house.gov](http://www.yarmuth.house.gov)

### **Thomas Massie (House)**

(202)225-3465

[www.massie.house.gov](http://www.massie.house.gov)

### **Ed Whitfield (House)**

(202)225-3115

[www.whitfield.house.gov](http://www.whitfield.house.gov)

### **Harold Rogers (House)**

(202) 225-4601

[www.hal.rogers.house.gov](http://www.hal.rogers.house.gov)



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Alternate formats of this document are available upon request

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