Measuring student engagement in upper elementary through high school: a description of 21 instruments
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This report is available on the regional educational laboratory website at http://ies.ed.gov/ncee/edlabs.
This report reviews the characteristics of 21 instruments that measure student engagement in upper elementary through high school. It summarizes what each instrument measures, describes its purposes and uses, and provides technical information on its psychometric properties.

Researchers, educators, and policymakers are increasingly focused on student engagement as the key to addressing problems of low achievement, student boredom and alienation, and high dropout rates (Fredricks, Blumenfeld, and Paris 2004). To increase student engagement, educators and evaluators need to understand how engagement has been defined and to assess the options for measuring it. However, instruments for measuring engagement are not easily accessible as a group in a way that allows for comparison because they arise from different disciplinary perspectives and theoretical frameworks.

This report summarizes the characteristics of instruments that measure student engagement in upper elementary through high school, providing information on the range of instruments available. It is not a technical review of the quality of these measures.

The findings are organized in response to two questions addressed by the study:

- What instruments are available to measure student engagement in upper elementary through high school?
- What are the characteristics of each identified measure?

The report describes the results of a literature review to identify available instruments. The 21 instruments identified are described according to what is measured, their purpose and use, and the technical information available on their psychometric properties. The instruments include 14 student self-report instruments, 3 teacher reports on students, and 4 observational measures.

- What is measured. The constructs assessed can be described by the extent to which the instruments represent the multidimensional nature of engagement (behavioral, emotional, and cognitive) and the object of engagement. Of the 14 student self-report instruments described, 5 assess all three dimensions of engagement, 5 assess two dimensions, and 4 assess one dimension. Nine are worded to reflect general engagement in school, and five are
worded for use at the class level. Two of the three teacher report instruments can be used by teachers for reporting on student engagement in any subject and the third for reporting on engagement in reading. Two of the four observation measures provide a coding system for observing an individual student’s on- and off-task behavior or engaged time in classroom settings, and two assess classroom engagement across all students in the class.

- **Purpose and use.** The 21 instruments have several different purposes and uses, including research on motivational and cognitive theories of learning; research on disengagement and dropping out; evaluation of school reform efforts and interventions; monitoring of engagement at the teacher, school, or district level; diagnosis and monitoring at the student level; and needs assessment of students’ developmental assets (the relationships, opportunities, and personal qualities that young people need to avoid risks and enhance positive outcomes).

- **Technical information on psychometric properties.** Reliability and validity information was found for all but one instrument. Overall, developers reported internal consistency results for student self-report and teacher report measures that were at or near acceptable levels for use, ranging from .49 to .93, with most scales at .70 to .80. Substantial information was also available on validity. For example, 13 measures had positive correlations with measures of student achievement. This report does not judge whether the technical information accessed is sufficient for any particular use of an instrument.

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