
By: Kathryn Brohl

This practical handbook for anyone who works with traumatized children—teachers, parents, as well as professionals—provides needed information to understand and guide a child suffering from post-traumatic stress disorder (PTSD) through to recovery. It describes the physical and emotional effects of trauma, shows how to recognize maladaptive reactions, and offers specific strategies for treating its effects. Readers will especially appreciate its in-depth discussion of PTSD in abused and neglected children. Simply written and practical in orientation, Working with Traumatized Children offers an effective, step-by-step process for helping to heal the child traumatized by neglect and abuse.

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Like its predecessor, this edition of *Working with Traumatized Children: A Handbook for Healing* is a reference for busy professionals and volunteers who want to understand and compassionately work with traumatized children and youth. The book explains how traumatic experiences affect mind and body functioning and what caregivers can do to foster healing in traumatized children. In this revised edition, a new chapter addresses growing up traumatized and later choosing to work with young trauma survivors. Simply written and practical in orientation, this book offers an effective, step-by-step process for healing.

“A must-read for staff in the child welfare and educational fields.”

—Patricia O’Gorman, PhD

“This is a great introduction for new practitioners and an excellent review for more experienced therapists with practical and very useable tips for work with children and families grappling with trauma.”

—Richard Kagan, PhD

“This book is essential reading for those therapists who will be working with children, particularly children who have experienced trauma.... Brohl includes case examples to illustrate the developmental aspects of trauma impact, the mind-body connection and neurological aspects, a stage-model for the healing process, and resiliency building throughout the treatment process.”

—Dan Schultz, LCSW
“A must-read for staff in the child welfare and educational fields—full of straightforward guidance, hope, and encouragement in becoming an active helper in the lives of all traumatized children.”

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Dan Schultz, LCSW
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## Contents

**Introduction** ............................................................... vii

**Chapter One**  
Trauma and Its Impact on Society ................................. 1

**Chapter Two**  
Defining Trauma, Acute Stress, and Posttraumatic  
Stress Disorder ............................................................... 9

**Chapter Three**  
More About Trauma’s Impact on the Brain and Body ........ 25

**Chapter Four**  
Understanding How Children Heal from Trauma ............... 41

**Chapter Five**  
Understanding and Utilizing Trauma Interventions ............ 55

**Chapter Six**  
Using Metaphorical Storytelling to Help  
Heal Traumatized Children ............................................... 71

**Chapter Seven**  
Helping Children Become Resilient ............................... 83

**Chapter Eight**  
When Formerly Traumatized Adults Work with  
Traumatized Children ..................................................... 97

**About the Author** ....................................................... 111
children. When we deal with our own traumas we automatically remove personal burdens and barriers that interfere with helping others. We can live freely and participate fully in life, feeling gratified to leave our work at the end of the day.

Additional Resources


Kathryn Brohl MA, a Licensed Marriage and Family Therapist, has worked in child welfare for more than 35 years. She is the author of four other books and coeditor of one. Brohl has written and produced child welfare-oriented videos and trains child welfare workers throughout the United States, Canada, and Australia. She has also cohosted a nationally syndicated radio program, and she lives in Orlando, Florida.