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## ABSTRACT

This resource directory provides information about technical assistance resources and educational materials that can guide the development, implementation, and evaluation of human immunodeficiency virus (HIV) and other sexually transmitted infections (STI) prevention education programs for school-age youth. It also includes educational materials that can increase the awareness and compassion for people infected with and affected by acquired immunodeficiency syndrome (AIDS) and HIV. The document is divided into two sections: a resource directory and an annotated list of resources (curricula; audiovisuals; books, journals, reports, and articles; guides and resource books; and booklets, workbooks; and other). As a whole, they provide the contacts and the foundation for families, communities, and schools to fight the spread of HIV/AIDS and other STI. Two appendixes include the HIV/AIDS Review Panel 2003-04 and resources organized by audience. (SM)

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# YOUTH AND HIV AIDS

**RESOURCES**  
*for Educators, Policymakers, and Parents*  
**2003-2004**

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# Youth and HIV/AIDS

## Resources for Educators, Policymakers, and Parents 2003–2004

**A directory of selected national, state, and local resources and an annotated resource listing of audiovisual, print, and other educational materials for HIV prevention and AIDS education.**



**Elizabeth Burmaster**  
State Superintendent  
Department of Public Instruction

**This publication is available from:**

**Student Services/Prevention & Wellness Team  
Wisconsin Department of Public Instruction  
125 South Webster Street  
Post Office Box 7841  
Madison, Wisconsin 53707-7841  
(608) 267-9354**

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## *Introduction*

This resource document is designed to provide information about technical assistance resources and educational materials that can guide the development, implementation, and evaluation of Human Immunodeficiency Virus (HIV) and other sexually transmitted infections (STI) prevention education programs for school-age youth. It also includes educational materials that can increase the awareness and compassion for the people in our communities infected and affected by Acquired Immune Deficiency Syndrome (AIDS) and HIV. The document is divided into two sections: a resource directory and an annotated resource list. As a whole, they provide the contacts and the foundation, respectively, for families, communities, and schools to fight the spread of HIV/AIDS and other STI.

The position of the federal Centers for Disease Control and Prevention (CDC) and the Wisconsin Department of Public Instruction (DPI) is that parents, communities, and schools must build local partnerships to address youth risk behaviors and to provide mutually reinforcing prevention and health promotion messages to children and youth. The most important message for young people about preventing STI and HIV is that refraining from sexual intercourse and alcohol and other drug use is the most effective prevention strategy. Wisconsin must strive to create a climate that supports young people who choose to abstain. Some young people, however, may be unwilling to abstain from sexual activity and/or alcohol and other drug use. Therefore, the annotated resources include entries that provide messages related to risk reduction. In addition, the DPI promotes an integrated approach to youth risk behavior prevention programming; therefore, the list includes resources on issues related to HIV/AIDS.

This publication was supported by CDC Cooperative Agreement #U87-CCU522659-01. Its contents are solely the responsibility of the authors and do not necessarily represent the official view of CDC. As a recipient of federal funding from CDC, DPI must abide by the Requirements for Contents of AIDS-Related Written Materials, Pictorials, Audiovisuals, Questionnaires, Survey Instruments and Educational Sessions in Centers for Disease Control Assistance Programs (revised June 15, 1992, 57 Federal Register 26742). The requirement states, among other things, that a program review panel of no less than five persons review and approve all applicable materials prior to their distribution and use in any activities supported by CDC assistance funds. You can obtain a copy of these guidelines from the CDC website at [www.cdc.gov/od/pgo/forms/hiv.htm](http://www.cdc.gov/od/pgo/forms/hiv.htm).

The program review panel members (see Appendix A) were selected from schools, agencies, and organizations that represent a cross-section of the general population and have expertise in HIV prevention and AIDS education. The panel has reviewed and approved all of the materials in the annotated resource list (see page xiii for review criteria). Inclusion of a program or resource does not imply endorsement by the DPI. The resources listed are for use in a variety of settings. Many of the materials have been approved for use with youth in high-risk circumstances and may not be appropriate for use in public schools. The annotations and the reader's discretion are critical in selecting materials that are developmentally and culturally appropriate for the intended audience. This document will continue to be updated biannually as new materials are made available and reviewed, and outdated resources are removed.

# Resource Directory

The following national, state, and regional contacts are sources of current information and technical assistance to guide the development, implementation, and evaluation of HIV/STI prevention and AIDS education programs for school-age youth in Wisconsin.

## National Contacts

### **AIDS Alliance for Children, Youth & Families**

A national, non-profit organization dedicated to improving the lives of women, children, youth, and families living with HIV and to helping to stop the AIDS epidemic among young people, families, and communities through education and training, research, and advocacy.

(888) 917-AIDS or (202) 785-3564

(Mon.-Fri. 9 a.m.-5 p.m.)

[www.aids-alliance.org](http://www.aids-alliance.org)

E-mail: [info@aids-alliance.org](mailto:info@aids-alliance.org)

### **American Red Cross National HIV/AIDS Teen Hotline**

(800) 440-TEEN, ext. 229

(Fri. and Sat. 6 p.m.-12 midnight\*)

[www.redcross.org/services/hss/hiv aids/](http://www.redcross.org/services/hss/hiv aids/)

### **CDC National AIDS Hotline**

For personal issues concerning HIV and AIDS and to speak to an information specialist to discuss risk factors and preventing HIV transmission, the CDC National AIDS Hotline is available 24 hours a day, 365 days a year.

(800) 342-2437

(800) 243-7889 (TTY) (Mon.-Fri., 10 a.m.-10 p.m.\*)

(800) 344-7432 (Spanish) (7 days a week, 8 a.m.-2 p.m.\*)

[www.ashastd.org/nah/index.html](http://www.ashastd.org/nah/index.html) (English)

[www.ashastd.org/nah/sida/index.html](http://www.ashastd.org/nah/sida/index.html) (Spanish)

### **CDC National Prevention Information Network**

Contact NPIN for information and resources related to education and prevention and for published materials, research findings, and news about trends related to HIV/AIDS, STIs, and TB.

(800) 458-5231

(800) 243-7012 (TTY)

[www.cdcnpin.org](http://www.cdcnpin.org)

Email: [info@cdcnpin.org](mailto:info@cdcnpin.org)

### **CDC National STD Hotline**

For personal issues concerning STIs and to speak to an information specialist to discuss risk factors and preventing STI transmission, the CDC National STD Hotline is available 24 hours a day/7 days a week

(800) 227-8922

(800) 243-7889 TTY (Mon.-Fri., 10 a.m.-10 p.m.\*)

(800) 344-7432 (Spanish) (8 a.m.-2 p.m., 7 days a week.\*)

[www.ashastd.org/NSTD/index.html](http://www.ashastd.org/NSTD/index.html)

### **National Minority AIDS Council**

The National Minority AIDS Council (NMAC), established in 1987, is a leading national organization dedicated to developing leadership within communities of color to address the challenges of HIV/AIDS.

(202) 483-6622

(Mon.-Fri. 9 a.m.-6 p.m.\*)

[www.nmac.org/](http://www.nmac.org/)

### **National Network for Youth**

The network provides technical assistance on HIV/AIDS policies and programs for youth in high-risk situations.

(800) 878-2437

(Mon.-Fri. 8:30 a.m. - 5:30 p.m.\*)

[www.nn4youth.org/home.jsp](http://www.nn4youth.org/home.jsp)

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\* Eastern Standard Time

## *State Contacts*

### **American Red Cross**

#### **Wisconsin Statewide Network**

Several of the Red Cross chapters in Wisconsin employ an HIV prevention specialist who provides HIV certification courses and technical assistance to individuals, schools, and community agencies related to HIV/STI prevention efforts. In addition, the Red Cross develops and disseminates educational materials. Contact the Red Cross to obtain a catalogue. (414) 342-8680 (Milwaukee Chapter)

#### **Wisconsin AIDS Library**

The library will loan HIV/STI/AIDS educational materials. (800) 359-9272, ext. 1539 (414) 225-1539

#### **Wisconsin HIV/STD/HCV Information and Referral Center**

(800) 334-2437  
[www.arcw.org/AIDSline.htm](http://www.arcw.org/AIDSline.htm)

#### **Wisconsin Department of Health and Family Services, AIDS/HIV Program**

Staff coordinate statewide public health initiatives, such as surveillance, HIV antibody counseling and testing, prevention education service delivery, partner referral program, and community planning. (608) 267-5287  
[www.dhfs.state.wi.us/aids-hiv/index.htm](http://www.dhfs.state.wi.us/aids-hiv/index.htm)

#### **Wisconsin Department of Public Instruction**

Staff provide technical assistance related to curriculum and instruction, HIV policy development for schools and youth-serving community agencies, and staff development opportunities for school and community educators. (608) 266-7921  
[www.dpi.state.wi.us/dpi/dlsea/sspw/index.html](http://www.dpi.state.wi.us/dpi/dlsea/sspw/index.html)

#### **Wisconsin HIV Primary Care Support Network**

A statewide network of multi-disciplinary HIV care and treatment specialists that supports

children, youth, and women with HIV infection, their families, and their primary care providers through consultation and intensive case management. The goal of the Network's services is to assure that families receive comprehensive, culturally-competent, family-centered and coordinated care delivered by skilled providers as close to the family's home town as possible.

#### Programs:

Perinatal/Pediatric/Youth Case Management Program (414) 266-3158  
Women's Case Management Program (414) 225-1652  
Client Family Psychosocial Support Program (414) 456-4706  
Project YouthReach (414) 225-1509  
Statewide Outreach Program for Women with HIV (414) 225-1509  
Medical College of Wisconsin, Dept. of Pediatrics (414) 456-4162

## *Regional Contacts*

### **AIDS Service Organizations (ASOs)**

Each of the following nine regional ASOs employs one or more prevention and life-care services specialists who provide assistance to individuals, schools, and community agencies.

#### **Northern Region**

AIDS Resource Center of Wisconsin  
1105 Grand Avenue, Suite 3  
P.O. Box 26  
Schofield, WI 54476  
(715) 355-6867 or (800) 551-3311

#### **Northeastern Region**

AIDS Resource Center of Wisconsin  
120 North Morrison Street, Suite 201  
Appleton, WI 54911  
(920) 733-2068 or (800) 773-2068

AIDS Resource Center of Wisconsin  
824 South Broadway  
Green Bay, WI 54304  
(920) 437-7400 or (800) 675-9400

**Southern Region**

AIDS Network  
 600 Williamson Street  
 Madison, WI 53703  
 (608) 252-6540 or (800) 486-6276

AIDS Network  
 159 West Grand Avenue  
 Beloit, WI 53511  
 (608) 363-8674 or (800) 486-6276

AIDS Network  
 32 South Main Street  
 Janesville, WI 53545  
 (608) 756-2550 or (800) 486-6276

**Southeastern Region**

AIDS Resource Center of Wisconsin  
 1212 57th Street  
 Kenosha, WI 53140  
 (262) 657-6644 or (800) 924-6601

AIDS Resource Center of  
 Wisconsin  
 820 North Plankinton Avenue  
 Milwaukee, WI 53203  
 (414) 273-1991 or (800) 359-9272

**Western Region**

AIDS Resource Center of Wisconsin  
 505 Dewey Street South, Suite 107  
 Eau Claire, WI 54701  
 (715) 836-7710 or (800) 750-2437

AIDS Resource Center of Wisconsin  
 Grandview Center  
 1707 Main Street, Suite 420  
 La Crosse, WI 54601  
 (608) 785-9866 or (800) 947-3353

AIDS Resource Center of Wisconsin  
 Board of Trade Building  
 1507 Tower Avenue, Suite 230  
 Superior, WI 54880  
 (715) 394-4009 or (877) 242-0282

**Cooperative Educational Service Agencies (CESAs)**

Each of the 12 regional CESAs employs one or more consultants who provide assistance to schools in developing youth risk behavior prevention strategies. In addition, each of the CESAs has a media center that will rent or loan HIV/STI educational materials designed for children and youth. Educators should contact their local CESA to obtain a materials listing.

**CESA 1**

19601 West Bluemound Road, Suite 200  
 Brookfield, WI 53045-5931  
 (262) 787-9557  
[www.cesa1.k12.wi.us/](http://www.cesa1.k12.wi.us/)

**CESA 2**

448 East High Street  
 Milton, WI 53563-1502  
 (608) 758-6232  
[www.cesa2.k12.wi.us/](http://www.cesa2.k12.wi.us/)

**CESA 3**

1300 Industrial Drive  
 Fennimore, WI 53809  
 (608) 822-3276  
[www.cesa3.k12.wi.us/](http://www.cesa3.k12.wi.us/)

**CESA 4**

923 East Garland  
 West Salem, WI 54669  
 (608) 786-4853  
[www.cesa4.k12.wi.us/](http://www.cesa4.k12.wi.us/)

**CESA 5**

626 East Slifer Street  
 P.O. Box 564  
 Portage, WI 53901-0564  
 (800) 862-3725 x247  
 (608) 742-8814  
[www.cesa5.k12.wi.us/](http://www.cesa5.k12.wi.us/)

**CESA 6**

2300 State Road 44, P.O. Box 2568  
 Oshkosh, WI 54903-2568  
 (920) 236-0515  
[www.cesa6.k12.wi.us/](http://www.cesa6.k12.wi.us/)

**CESA 7**

595 Baeten Road  
 Green Bay, WI 54304-5763  
 (414) 492-5960  
[www.cesa7.k12.wi.us/](http://www.cesa7.k12.wi.us/)

**CESA 8**

223 West Park Street  
 P.O. Box 320  
 Gillett, WI 54124-0320  
 (920) 885-2114  
[www.cesa8.k12.wi.us/](http://www.cesa8.k12.wi.us/)

**CESA 9**

304 Kaphaem Road  
 P.O. Box 449  
 Tomahawk, WI 54487-0449  
 (715) 453-2141  
[www.cesa9.k12.wi.us/](http://www.cesa9.k12.wi.us/)

**CESA 10**

725 West Park Avenue  
 Chippewa Falls, WI 54729-3276  
 (715) 720-2036  
[www.cesa10.k12.wi.us/](http://www.cesa10.k12.wi.us/)

**CESA 11**

225 Ostermann Drive  
 Turtle Lake, WI 54889-9011  
 (715) 986-2020  
[www.cesa11.k12.wi.us/](http://www.cesa11.k12.wi.us/)

**CESA 12**

618 Beaser Avenue  
 Ashland, WI 54806-2751  
 (715) 682-2363  
[www.cesa12.k12.wi.us/](http://www.cesa12.k12.wi.us/)

***County/City Health Department***

Local health department staff are available to provide assistance to individuals, schools, and community agencies related to HIV/STI prevention efforts and service information. Refer to the government section of the local phone directory.

***Minority, Community-Based Organizations***

Each of the following minority, community-based organizations employs one or more HIV/STI prevention specialists who provides assistance to individuals, schools, and community agencies related to HIV/STI prevention efforts.

Asha Family Services  
 6040 West Lisbon Avenue, Suite 200  
 Milwaukee, WI 53210  
 (414) 449-1511

Black Health Coalition  
 2801 West Wisconsin Avenue  
 Milwaukee, WI 53208-4008  
 (414) 374-1880

Briarpatch, Inc.  
 512 East Washington Avenue  
 Madison, WI 53703  
 (608) 251-6211

Center for Child and Family Services  
 6427 West Capitol Drive  
 Milwaukee, WI 53216  
 (414) 442-4702

Great Lakes Inter-Tribal Council  
 P.O. Box 9  
 Lac du Flambeau, WI 54538  
 (715) 588-3324

La Casa de Esperanza, Inc.  
 410 Arcadian Avenue  
 Waukesha, WI 53186  
 (262) 547-0887

Opportunities Industrialization  
Center of Racine  
1020 Washington Avenue  
Racine, WI 53403  
(262) 636-3818

Sixteenth Street Community Health Center  
1032 South 16th Street  
Milwaukee, WI 53202  
(414) 672-1353

United Migrant Opportunity Services, Inc.  
929 West Mitchell  
Milwaukee, WI 53204  
(414) 671-5700

Urban League of Greater Madison, Inc.  
151 East Gorham  
Madison, WI 53703  
(608) 251-8550

### *Internet Websites*

The following national and state websites are sources of current information and technical assistance to guide the development, implementation, and evaluation of comprehensive HIV/STI prevention education programs for school-age youth. Some of these sites may contain prevention messages that may not be appropriate for all audiences. The views, opinions, and statements contained in these websites are not necessarily those of the DPI. The department is not responsible for the content of these websites, nor should links to other sites be inferred as an endorsement of those sites.

AIDS Education Global Information System  
(AEGIS)

[www.aegis.com](http://www.aegis.com)

AEGIS is a comprehensive HIV knowledge base which includes AIDS Daily News Summaries, reprints of articles from select national and metropolitan newspapers, a database search engine linked to the National Library of Medicine, select conference summaries and conference calendars, "how-to" papers written for persons newly diagnosed or living with HIV

infection, and comprehensive links to HIV-related sites.

Advocates for Youth

[www.advocatesforyouth.org](http://www.advocatesforyouth.org)

Advocates for Youth is dedicated to creating programs and advocating for policies that help young people make informed and responsible decisions about their reproductive and sexual health. The organization provides information, training, and strategic assistance to youth service organization staff, policy-makers, youth activists, and the media.

CDC Division of Adolescent and School Health  
[www.cdc.gov/nccdphp/dash/index.htm](http://www.cdc.gov/nccdphp/dash/index.htm)

The Division of Adolescent and School Health (DASH) seeks to prevent the most serious health risk behaviors among children, adolescents, and young adults, including HIV/AIDS. This website contains information on surveillance activities, such as the Youth Risk Behavior Survey and School Health Education Profile, guidance on effective school health programs, and other important information on adolescent and school health.

CDC Division of HIV/AIDS Prevention  
[www.cdc.gov/hiv/dhap.htm](http://www.cdc.gov/hiv/dhap.htm)

The National Center for HIV, STD and TB Prevention division is responsible for HIV/AIDS prevention. This site offers a range of basic information on topics ranging from prevention and vaccine research to funding opportunities.

CDC National Prevention Information Network  
[www.cdcnpin.org](http://www.cdcnpin.org)

NPIN provides information about HIV/AIDS, sexually transmitted infections (STI), and tuberculosis (TB) to people and organizations working in prevention, health care, research, and support services. All of NPIN's services are designed to facilitate the sharing of information about education, prevention, published materials, and research findings and news about HIV/AIDS-, STI-, and TB-related trends.

### HIV InSite

<http://hivinsite.ucsf.edu/InSite>

The website includes medical information, prevention education materials, social policy information (including legislation), community and research resources, state-by-state information about HIV/AIDS, and more.

### Henry J. Kaiser Family Foundation (HIV/AIDS Program)

[www.kff.org/sections.cgi?section=hivaids](http://www.kff.org/sections.cgi?section=hivaids)

The Foundation's work in HIV/AIDS focuses on informing the national policy discussion about the HIV/AIDS epidemic within the context of a changing treatment environment and health-care delivery and financing system. Their work focuses on issues of health-care coverage, financing, access to care, and prevention, particularly for those increasingly impacted by the epidemic including women, people of color, and young people.

### Know HIV/AIDS

[www.knowhivaids.org](http://www.knowhivaids.org)

Viacom and the Henry J. Kaiser Family Foundation have created a media campaign to eradicate ignorance about HIV/AIDS. The multi-year initiative encompasses the creation and dissemination of information about HIV and its

prevention through television, radio, outdoor, on-line and print media. This website contains information on the media campaign, HIV/AIDS pandemic, HIV prevention and testing, national resources, and ideas on how to get involved in HIV/AIDS related efforts.

### The Sexuality Information and Education Council of the U.S. (SIECUS)

[www.siecus.org](http://www.siecus.org)

SIECUS is a national nonprofit organization which affirms that sexuality is a natural and healthy part of living. Incorporated in 1964, SIECUS develops, collects, and disseminates information; promotes comprehensive education about sexuality; and advocates the right of individuals to make responsible sexual choices.

### Wisconsin AIDS/HIV Program

[www.dhfs.state.wi.us/aids-hiv/index.htm](http://www.dhfs.state.wi.us/aids-hiv/index.htm)

The Wisconsin AIDS/HIV Program is the lead agency in Wisconsin government responsible for coordinating the state's public health response to the AIDS/HIV epidemic. This website contains information on surveillance and epidemiologic investigation, HIV counseling and testing services, HIV prevention education and risk reduction, life-care services, and early intervention.

# Review Criteria for HIV/AIDS Instructional Resources

<u>Criteria</u>	<u>Definition</u>	<u>Scale or Continuum</u> (1=criteria was not at all met 5=criteria was completely met)
1. Technical, accurate, and up-to-date	* Information on virus, transmission, and protection is complete and accurate to date of publication; information on where to access current data provided.	Automatic rejection if information is medically inaccurate, incomplete, or outdated.
2. Gender-fair	* Equal and appropriate representation of males and females. Demonstrates equality in roles/authority, use of referent pronouns, addressing male and female risks of transmission, and responsibility for prevention/protection.	
3. Developmentally appropriate for intended age and ability	* Language, concepts, and tone (emotional message) appropriate for age and audience. Addresses the needs of all learners, including those with physical, cognitive, or emotional disabilities.	
4. Racially, ethnically, culturally non-biased	* Representation of communities of color and other diverse populations in actors and in materials that recognize and respect ranges in cultural/community norms, language, and beliefs.	
5. Sound educational methodology for the recommended audiences	* Focus on the affirmation of personal responsibility and decision making. Skill-based, interactive and creative experience fostered.	
6. Positive approach to human sexuality	* Presents human sexuality as positive. Builds on a basic appreciation of human sexual expression throughout the lifespan, including sexual orientation.	
7. Educational messages/ strategies for the continuum of risk behaviors	* Abstinence from sexual intercourse and injectable drug use are promoted as the only 100% risk-free behaviors for the majority of HIV transmission. Additional risk reduction strategies are provided to meet the needs of all learners, including those who continue to engage in a range of high-risk behaviors. Does not directly promote or encourage sexual activity or drug use.	
8. Resource quality	* The narration, packaging, sound, acting, and/or visual quality do not detract from the overall utility of the resource.	

\*Criteria set by the Program Review Panel, January, 1989.  
Revised and approved by the panel April, 2001.

## Annotated Resources

### Curricula

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

In this section we have shaded those curricula that have been identified as promising prevention programs by the Urban Institute of Washington, D.C. Each was evaluated in at least one published scientific study. In addition, each of the selected programs meets the following criteria:

- ◆ The treatment group is matched with a comparison (no or minimal treatment) group.
- ◆ There is at least one follow-up review at three months after program conclusion.
- ◆ The initial sample size consists of 100 adolescents or more.
- ◆ The study retains at least half the participants at the final follow-up review.
- ◆ There is a statistically significant improvement for at least one target behavior in at least one target group.

In addition, these curricula have been identified by the National Campaign to Prevent Teen Pregnancy as “programs with strong evidence of success.”

*AIDS Prevention for Adolescents in School.* Los Altos, CA: PASHA, 1999.

This six-session program for grades 9-12 students has been developed to be implemented by classroom teachers. Combining principles of the health belief model with social psychology, the curriculum aims to improve students' knowledge, beliefs, self-efficacy, and risk behaviors concerning HIV/AIDS.

**Audience: grade 9-12**

Program Archive on Sexuality, Health & Adolescence (PASHA)  
(650) 949-3282

*Act Smart: HIV/AIDS Curriculum for Three Age Groups.*

Boys and Girls Clubs of America and the American Red Cross, 1995.

*Act Smart* incorporates age-appropriate participatory learning activities. The program was developed based upon the rationale that HIV/AIDS prevention education is most effective when young people have the opportunity to develop functional knowledge about HIV/AIDS, consider choices that support healthy behavior related to HIV/AIDS, and identify and practice skills that support those choices. The *Act Smart* program emphasizes sexual abstinence, not using

drugs, and not sharing needles as the most effective ways to prevent HIV infection.

**Audience: grade K-12**

American Red Cross  
(608) 233-9300 ext. 260

*Alcohol and HIV: A Lethal Link?*

Applied Health Research, 1996.

This collection of presentation materials demonstrates for parents the link between alcohol and HIV infection. Included are presentation summaries paired with citations, transparency overhead masters, and slides.

**Audience: parents**

Applied Health Research  
(402) 474-0930

*The Art of Loving Well: A Character Education Curriculum for Today's Teenagers.*

Boston University, School of Education, The Loving Well Project, 1993.

Designed to supplement an English curriculum, this book is an anthology of 41 readings from the classics and contemporary adolescent literature. The Loving Well character education project is predicated on the belief that young people will learn how to achieve fulfilling relationships by promoting conversation and reflection about common human experiences. The book is

divided into three sections, including Early Loves and Losses, Romance, and Commitment and Marriage. The selections are borrowed from a wide range of writers, including the Brothers Grimm, John Updike, William Shakespeare, Alice Walker, and others, and selections focus on the institution of marriage.

**Audience: grade 9-12**

Friends First  
(800) 909-WAIT

*Becoming a Responsible Teen (B.A.R.T.).*

ETR Associates, 1998.

*BART* is an HIV/AIDS prevention curriculum designed to be used in a nonschool setting with African American adolescents ages 14-18. The eight-session curriculum is presented in the form of a guide for leaders, with participant handouts that can be duplicated and distributed. Through a variety of training methods, participants learn: essential information about HIV/AIDS; ways to handle social and sexual pressures; ways to communicate assertively with friends and potential sexual partners; refusal negotiation and condom-use skills; and how to carry this message into their communities.

**Audience: grade 9-12**

ETR Associates  
(800) 321-4407

*Celebrate Immunization: Grades 6-12.*

University of Florida, Center for Cooperative Learning, 1995.

*Celebrate Immunization* combines team-based learning materials, videos, and home/school learning activities to offer a comprehensive learning experience to middle and high school students. Students learn the scientific method and the importance of immunization. The curriculum is flexible and can be taught in one or two to six class periods. Students will learn about AIDS, influenza, tetanus, and polio. A home/school connection tool is provided in English and Spanish to inform and involve families and students in home discussions and activities.

**Audience: grade 6-12**

University of Florida  
(904) 392-3858

*Circle of Life HIV/AIDS Curriculum, The.*

ORBIS Associates, 1998.

*The Circle of Life HIV/AIDS Curriculum* was designed to provide an American Indian/Alaska Native cultural context to HIV/AIDS education. This is a culture-based curriculum focused on health education, not sex education. Consistent

with American Indian cultural values, the module for each grade level incorporates concepts associated with family and community. The underlying principle of the material is to help students develop the skills, values and behaviors that they will need to avoid or reduce the risk of HIV infection later in life. Purchase of the curricula is contingent upon teachers being trained by an authorized Circle of Life Trainer. For further information on this training, please contact: Edwin Schupman, Bureau of Indian Affairs, Office of Indian Education Programs.

**Audience: grade K-6**

Edwin Schupman  
(509) 448-7236

*Draw the Line/Respect the Line: Setting Limits to Prevention HIV, STD and Pregnancy,* Santa Cruz, CA: ETR Associates, 2003.

This curriculum promotes abstinence by helping students develop personal sexual limits and practice the skills needed to maintain those limits when challenged. Healthy sexual limits will keep youth safer from HIV, other STI and unplanned pregnancy. This 19-lesson curriculum is designed to be used either by a classroom teacher or trained family life educator in the sixth, seventh and eighth grades. In grade 6, the emphasis is on situations in which youth may be pressured to steal, use alcohol or smoke. In grade 7, pressures regarding sexual intercourse are considered. In grade 8, the lessons feature an HIV-positive speaker, practicing refusal skills in dating contexts, and a condom demonstration.

**Audience: grade 6, 7 and 8**

ETR Associates  
(800) 321-4407

*Everybody: Preventing HIV and Other Sexually Transmitted Diseases Among Young Teens.*

Carbondale, CO: RAD Educational Programs, 2001 (rev.).

*Everybody* contains 24 sequential student-centered activities with guiding questions, step-by-step directions, assessment measures and lesson extensions. This curriculum is medically accurate and focuses on promoting healthy behaviors through risk elimination (abstinence) and risk reduction strategies. This is a flexible yet structured prevention model intended for local adaptation.

**Audience: grade 5-9**

RAD Educational Programs  
(970) 963-1727

***Focus on Kids: Adolescent HIV Risk Prevention.\****

Santa Cruz, CA: ETR Associates, 1998.

This community-based, eight-session HIV/STI prevention program has proven effective in giving urban youth the skills and knowledge they need to protect themselves from HIV and other STIs. *Focus on Kids* includes a variety of interactive activities: games, role-plays, discussions, and community projects; makes use of naturally occurring peer groups; covers condom use, abstinence, sex and drug pressures faced by youth; offers practice in communication and decision-making skills; and helps develop negotiating skills and clarify personal values (recommended for use with the video *What Kids Want to Know About Sex and Growing Up* (see the **Audiovisual** section).

**Audience: grade 6-12**

ETR Associates

(800) 321-4407 or (800) 435-8433

***Get Real About AIDS.***

Comprehensive Health Education Foundation, 1993.

Curricular materials provide accurate information about abstinence, STIs (including HIV/AIDS), and risk reduction. Included are activities to strengthen social skills and to motivate youth to use the information and skills they learn.

Curriculum updates are available at [www.chef.org/prevention/aids.php](http://www.chef.org/prevention/aids.php)

**Audience: grade 3-12**

United Learning

(800) 323-9084

***Growth and Development with Friends - Grade 5; Growth and Development with Friends and Family - Grade 6; Growth and Development with Family, Friends and School - Grade 7.***

Tricon Publishing, 1995.

Teacher guides and student workbooks cover puberty and adolescence, AIDS and other STIs, sexual reproduction, teen concerns, drugs and alcohol, friendships, and sexual abuse. Uses multi-racial pictures and images.

**Audience: grade 5-7**

Tricon Publishing

(517) 772-2811

***Know HIV/STD Prevention Curriculum.***

Washington Department of Public Instruction, 1995.

This curriculum is separated into the following grade ranges: 5-6, 7-8, 9-10, 11-12. The *Know: HIV/STD Prevention Curriculum* goes beyond increasing student knowledge and aims toward impacting health behaviors by affecting attitudes and beliefs as well as building health-promoting life skills. In addition to the curriculum itself, sections are included on teacher preparation, community and parent involvement, letters to parents, and curriculum selection committees.

**Audience: grade 5-12**

Office of Superintendent of Public Instruction  
(360) 586-0245

***Making a Difference: An abstinence-based approach to HIV/STD and teen pregnancy prevention.***

Jemmott, Loretta Sweet, Ph.D., R.N., F.A.A.N.;

John B. Jemmott III, Ph.D.; Konstance A. McCaffree, Ph.D.,

2002

Making a Difference is an eight-hour module curriculum designed to empower adolescents to change their behavior in ways that will reduce their risk of becoming infected with HIV, other STIs, and becoming (or getting someone) pregnant. Specifically, this curriculum advocates postponing sexual activities and emphasizes that abstinence is the only way to completely eliminate their risk for STIs, HIV, and pregnancy. This curriculum was designed to be used with small groups (6-12 participants) but can be implemented with larger groups. It is appropriate for various community settings, including schools and youth agencies.

**Audience: grade 6-8**

Select Media, Inc.

(845) 774-7335

***Making Proud Choices: A safe-sex approach to HIV/STDs and teen pregnancy prevention.*** New York, NY: Select Media, Inc. Video and Activity Kit. 2002.

*Making Proud Choices!* is a research-based curriculum that will allow youth to feel comfortable abstaining from sex completely or using condoms if they choose to be sexually active. *Making Proud Choices* is an adaptation and extension of the original *Be Proud! Be Responsible!* curriculum. Four major components make up the curriculum and they include, 1) goals and dreams and their relationship to adolescent sexual behavior, 2) knowledge of HIV/STIs transmission and prevention and unintended pregnancy, 3) beliefs and attitudes about condoms, HIV/STIs and

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\* This curriculum has not been identified by the National Campaign to Prevent Teen Pregnancy as an evidence-based program.

pregnancy, and 4) skills and self-efficacy including negotiation-refusal and condom use skills.

**Audience: grade 6-8**

Select Media, Inc.

(845) 774-7335

*Our Whole Lives: Lifespan Sexuality Education Curricula.* Boston, MA: Unitarian Universalist Association. 1999.

*Our Whole Lives: Sexuality Education for Grades K-1.*

*Our Whole Lives: Sexuality Education for Grades 4-6.*

*Our Whole Lives: Sexuality Education for Grades 7-9.*

*The Parent Guide to Our Whole Lives, Grades K-1, 4-6.* 2000.

*Our Whole Lives* is a series of sexuality education curricula for five age groups that span kindergarten through adulthood. The program equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Grounded in a holistic view of sexuality, OWL provides not only facts about anatomy and human development, but helps participants to clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality.

**Note:** The K-12 curriculum has not been reviewed at this time.

**Audience: grades K-1, 4-6, 7-9, Parents**

(617) 742-2100

*"Personal and Social Skills: Understanding and Integrating Competencies Across Health Content."*

ETR Associates. Santa Cruz, CA. 1992.

The goal of this curriculum guide is to provide an understanding of four personal and social skills, which are decision making, communication, stress management, and goal setting and provide ideas on how these life skills can be integrated across all health content areas.

**Audience: grade 6-12**

ETR Associates

(800) 321-4407

*Postponing Sexual Involvement: An educational series for young teens.* Atlanta, GA: Adolescent Reproductive Health Center, 1998.

The series was developed to help young people resist pressures to become sexually involved before they are ready. The aim of this series is to present information regarding the general nature of relationships and sources of societal pressure influencing sexual behavior. Young teens are also given skills that enable them to say no in situations where they are asked to do something they do not wish to do.

**Audience: grade 7-9**

Adolescent Reproductive Health Center

(414) 616-3513

*Project SNAPP.* Santa Cruz, CA: ETR Associates, 1996.

*Project SNAPP* curriculum is organized into eight sessions. It utilizes a variety of interactive methods to provide students with information about HIV and pregnancy; allows students to practice communication, refusal and negotiation skills; and helps students identify and access community resources.

**Audience: grade 6-8**

ETR Associates

(800) 321-4407

*Reducing the Risk: Building Skills to Prevent Pregnancy, STD and HIV:*

Santa Cruz, CA: ETR Associates, 1996 (rev.).

The major focus of this curriculum is to assist educators in creating opportunities for students to practice the communication skills needed to eliminate or reduce the risk of pregnancy, STI, and HIV infection. *Reducing the Risk* was developed with the specific intent of preventing risky adolescent sexual and drug behaviors, including sexual intercourse without condoms.

**Audience: grade 6-12**

ETR Associates

(800) 321-4407

*Removing the Risk: Abstinence for High School Students.*

Santa Cruz, CA: ETR Associates, 1997.

This curriculum presents abstinence as a positive, viable choice for adolescents. Lessons are student-centered and interactive and are designed to help students postpone sexual involvement,

build healthy relationships which do not include sexual intercourse, and avoid high-risk sexual behaviors.

**Audience: grade 6-8**

ETR Associates  
(800) 321-4407

*Safer Choice: Preventing HIV, Other STD and Pregnancy.* Santa Cruz, CA: ETR Associates, 1998.

The *Safer Choices* program uses a multiple-component approach that focuses on school-wide change and the influence of the total school environment on student behavior. *Safer Choices* includes: two 10-lesson curricula (taught in consecutive years, with two workbooks), Peer Leader Training Guide (to train Peer Leaders to help with the lessons, with 2 workbooks), and an Implementation Manual (outlines the complete program, sample forms, and procedures).

**Audience: grade 9-12**

ETR Associates  
(800) 321-4407

*Sex Can Wait.* Santa Cruz, CA: ETR Associates, 1994.

All three programs build students' factual understanding and refusal skills, before they become involved in sexual relationships. They contain teaching goals and objectives, lesson overviews, background information, detailed teaching scripts, take-home parent materials, and transparency masters. *Sex Can Wait* does not cover birth control. It gives a single message to students, and allows them to focus on abstinence as the best and safest choice.

**Audience: grade 4-5, 6-8 and 9-12**

ETR Associates  
(800) 321-4407

*Sex, Teens, AIDS: Take 'Em Serious (S.T.A.T.S).* March of Dimes, curriculum/activities guide and video (20 min), 2000.

This video, video guide and curriculum (better used as an activities guide) were originally developed for a male responsibility program of Alpha Phi Alpha Fraternity, Inc., but it has recently been adapted for use with both male and female audiences. The video, fast-paced and music-oriented, gives youth information they can use. Each teen's decision, whether to delay intercourse or to be abstinent, is respected and valued. The materials address safe sex and contraceptive issues for young people who choose

to have sex. Other issues that are explored include peer pressure, successful intimate relationships, abstinence, and goals and self-esteem.

**Audience: grade 7-10**

March of Dimes  
(800) 367-6630

*Teaching Kids About...How AIDS Works.* Santa Cruz, CA: ETR Associates, 1996.

This curriculum contains two grade-appropriate books with suggestions for presenting the units at different learning levels. Both books provide written content summaries for each unit, student handouts, worksheets, and family-activity homework assignments. There is general background information about HIV/AIDS, selected references and resources to help teach this topic, and sections on how to discuss sensitive topics with children.

**Audience: grade K-5**

ETR Associates  
(800) 321-4407

*Teatro AIDS Prevention Project for Latinas Curriculum Resource Guide*

National Latina Health Network, 1998.

The *Teatro AIDS Prevention Project* (TAPP) for Latinas is about empowerment. The HIV strategies that are proposed in this document are innovative and didactic approaches to working with the Latina population. Weaving peer education models and traditional Latino community theater or *Teatro* into its framework, TAPP for Latinas targets Hispanic women below the age of 25.

**Audience: youth service organizations**

National Latina Health Network  
(202) 965-9633

*Teenage Health Teaching Modules: Growing Into Healthy Sexuality.* Sewickley, PA: Education Development Center, Inc. 1998.

*Growing into Health Sexuality* represents a starting point for developing a comprehensive approach to sexuality education within the context of comprehensive school health education. Each module supports the other modules and provides students with information and opportunities to develop positive attitudes and acquire skills for healthy life. This approach provides adolescents with opportunities to develop a positive view of sexuality, to acquire the information they need to take care of their sexual health, to respect and value themselves and

others, and to learn skills to make healthy decisions.

**Audience: grade 6-8**

Education Development Center, Inc.  
(800) 793-5076

*Wise Guys: Male Responsibility Curriculum.*  
Greensboro, NC: Family Life Council of Greater Greensboro, Inc., curriculum/activities guide, 2001 ed.

*Wise Guys* is a program designed to prevent adolescent pregnancy by teaching young men between the ages of 10 and 15 self-responsibility, especially in the area of sexual development. Activities range from personal and family values to abstinence and contraception. Although developed as a curriculum, *Wise Guys* is constructed in a way (such as non-sequential lessons) that it would be best applied as an activities guide to supplement a human growth and development curriculum.

**Audience: grade 6-9**

Family Life Council of Greater Greensboro, Inc.  
(336) 333-6890

## Audiovisuals

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

*A Is for AIDS (rev.).*

Altschul Group Corporation, 1992. 15 min. video.

Through the use of animation, this video demonstrates how the immune system functions and how it is drastically altered when a person's body is infected with HIV. The video also contains footage of Magic Johnson's press conference in which he revealed he is HIV positive and stressed why it is important to learn the facts.

**Audience: grade 3-5**

Altschul Group Corporation  
(800) 323-5448

*AIDS, Not Us.*

Family Health Productions, 1991. 36 min. video.

This video dramatizes the lives of five inner city youths. In this realistic drama, each "posse" member deals with conflict, confronts his risk for AIDS, and makes difficult personal choices.

*AIDS, Not Us* is a behavior-oriented intervention video that targets urban minority youth and

focuses on sexual risk behaviors and the barriers to condom use.

**Audience: grade 9-12**

Family Health Productions  
(800) 343-5540

*Abstinence...It's the right choice.*

SVE & Churchill Media, 1995. 22 min. video.

This video shows a discussion among teens and serves as a focus for discussion about sexual decision-making and postponing sexual activity.

**Audience: grade 6-12**

Society for Visual Education (SVE)  
(800) 829-1900

*Blood Lines: A View Into the Souls of HIV+ Youth.*

Santa Cruz, CA: ETR Associates, 1998. 22 min. video.

This is a film directed and produced by HIV-positive youth who contracted HIV as teenagers. They traveled across Europe and the United States interviewing HIV-positive youth like themselves to create a documentary that voices their confusion, grief, and hope. The film empowers those who live with HIV/AIDS, inspires compassion for people living with the virus, and motivates others to avoid getting infected.

**Audience: grade 9-12+**

ETR Associates  
(800) 321-4407

*Camp Itsamongus.*

Knox County Chapter, American Red Cross, 1990. 15 min. video and teacher guide.

This video focuses on the relationship between two children (puppets) at summer camp. In a very humorous way, the campers clarify misconceptions about HIV transmission and overcome the fear of living with an HIV positive camper. A teachers' guide is included.

**Audience: grade K-5**

American Red Cross-Greater Milwaukee Chapter  
(414) 342-8680

*A Challenge To Us All.*

Elizabeth Glazer Pediatric AIDS Foundation, 1993. 22 min. video and guidebook.

This package contains two videos, *A Parent Meeting* and *Educating Our Children*, and a guidebook designed to provide information to parents about ways to provide HIV education to children. The videos also assist in clarifying issues related to a child or staff person with AIDS/HIV infection in the school setting.

**Audience: parents**

Elizabeth Glazer Pediatric AIDS Foundation  
(310) 395-9051

*Children Talk About AIDS.*

Teachers College Press, 1999. 23 min. video.

The *Children Talk About AIDS* video is designed to be used in professional development settings and to help novice and experienced educators understand the knowledge, concerns, and questions for young children about this disease. This video does not offer a specific formula for teaching; rather, it depicts the use of open-ended classroom discussion to explore this difficult subject with young students.

**Audience: school staff (grade K-5)**

Teachers College Press  
(800) 575-6566

*Come Sit By Me: AIDS Education.* Channing Bete Company, 1991. 8 min. video

Illustrations accompanied by a child's soft narration combine to tell this touching story about friendship and human compassion while teaching young children about AIDS. The program introduces key points about the disease, reassures viewers about the risks they face, and promotes understanding and compassion toward those who are HIV positive.

**Audience: grades K-3**

Channing L. Bete Co., Inc.  
(800) 628-7733

*Considering Your Options: Information on abstinence and contraceptive choices for teenagers.*

National Education Association, Health Education Network, 1998. 23 min. video & guidebook.

This fast-paced video combines animated segments where "Alex" goes on-line to learn more about his contraceptive options with real teens discussing their choices and concerns about sexual activity and various birth control methods. The video covers the following methods of contraception: abstinence, condoms, birth control pills, Depo-Provera and Norplant, big myths, and emergency contraception.

**Audience: grade 9-12**

NEA Professional Library  
(800) 229-4200

*Frontline: The Lost Children of Rockdale County* PBS, 1999, 90 min. video.

The *Lost Children of Rockdale County* video deals with a controversial but important subject matter: affluent suburban teens struggling not only with a rare syphilis outbreak, but also loneliness, disaffection, sexual promiscuity, and substance abuse. Although *Lost Children* begins with an inquiry into how and why the syphilis outbreak happened, the documentary

becomes in the end a wider, deeper examination of the world of teenagers and their relationships with their parents and each other.

**Audience: grade 9-12+, parents**

PBS Video  
(800) 328-7271

*HIV and AIDS: Staying Safe.* 2001, 15 min. video and activity guide

This program helps kids understand why prevention is so important when it comes to HIV. It introduces adolescents to some basic facts about HIV/AIDS. Through discussion, demonstration, and animation, the kids will see what the virus does inside the body and why it leaves the body so vulnerable to other infections, and how HIV develops into AIDS. The program explores the ways that HIV can and cannot be contracted, so that kids can identify safe and risky behaviors.

**Audience: grade 4-6**

The Health Connection  
(800) 548-8700

*I Need a Friend: Kids Talk About the AIDS Virus.*

Molly Matthews, 1992. 15 min. video.

Children who have AIDS/HIV infection talk about how their disease has affected their friendships and their experiences in school.

**Audience: grade 3-12**

Matthews Media Group  
(301) 816-9355

*In Our Own Words: Teens and AIDS.*

Santa Cruz, CA: ETR Associates, 1995, 20 min. video.

*In Our Own Words* profiles five young people infected with HIV as teens through unprotected sexual intercourse. They address denial, living with HIV, alcohol and its potential link to risky behavior, postponing sexual activity, condom use and the importance of making healthy decisions. Package includes video and Educator's Discussion Guide to facilitate pre- and post-screening discussion.

**Audience: grade 6-12 (available in Spanish)**

ETR Associates  
(800) 321-4407

*Just Thought You Ought To Know.*

The Medical Institute, 1998. 7 min. video.

This video is a short, intense production featuring teens talking to teens in their own language about the risks of sexual contact—even when using a condom. It is meant to be a springboard for

opening lines of communication between teens and adults about the importance of sexual abstinence.

**Audience: grade 6-12**

Medical Institute for Sexual Health  
(800) 892-9484

*Laughing and Learning About HIV/AIDS: Reaching Teens with Honesty and Humor.*

CenterOne, 1998. 58 min. video.

This video not only tells the basics about HIV/AIDS, but it tells the stories behind the headlines, separating facts from fears. With on-screen footnotes documenting each point made, *Laughing and Learning* explains HIV transmission, testing, and treatment.

**Audience: grade 9-12**

CenterOne, Inc.

(954) 537-4111, ext. 141 (voice mail)

*Little Questions, Big Questions.*

New Jersey Network, 1993. 25 min. video.

This video is designed to help school boards, parents, administrators, teachers, and other concerned adults understand the benefits of beginning family life education in the early grades. Early childhood is the critical time to lay a foundation for healthy sexuality which can help to prevent problems later in life.

**Audience: school staff (grade K-5); parents**

Rutgers, The State University of New Jersey  
(732) 445-7929

*Little Secret.*

Tell the Truth Pictures, 37 min. video.

In *Little Secret*, we meet a group of ethnically diverse teenagers who are total strangers, but they have one thing in common. They are all HIV positive. Join them as they meet for the adventure of a lifetime, whitewater rafting through the Sawtooth Wilderness Area of Idaho. The creators of this video hope that by putting real faces to the disease, they can create compassion and understanding for those who are HIV-positive.

**Audience: grade 6-8**

Get Challenged  
(805) 646-2508

*Living Positive: An Inspiring Documentary About Women and AIDS.*

CDC National Prevention Information Network, 1999, video.

*Living Positive* shares the stories of five women who have AIDS. The women talk about how they found out they were infected, how they got infected, and how they and their family members

are coping with AIDS.

**Audience: school staff (grade 9-12), youth service organizations**

CDC National Prevention Information Network,  
(800) 458-5131; (800) 243-7012 (TTY)

*Not One More Person: Avoiding HIV.*

New Dimension Media, 1998. 25 min. video.

This program presents young people who became HIV positive through unprotected heterosexual sex. Honest discussion informs viewers about how AIDS is transmitted, how you can protect yourself, and what it's like to live day-to-day with HIV/AIDS.

**Audience: grade 6-12**

New Dimension Media  
(800) 288-4456

*Party, The.*

American Red Cross, 1996. 13 min. video and discussion guide.

*The Party* video is designed to be used as part of an HIV prevention education program or curriculum for youth ages 13-15. The video is intended to act as a trigger for discussion and activities related to decision making. The video does not have an ending, but rather leaves viewers to think for themselves about the decisions the characters will make. Because it touches only briefly on the facts about HIV and AIDS, the video is meant to be used with youth who already have basic knowledge about HIV and AIDS. The accompanying user's guide and two-sided poster provide the materials necessary to facilitate interactive activities with young people.

**Audience: grade 8-9**

American Red Cross  
(800) 667-2968

*Porch Light.*

South Dakota Department of Education and Cultural Affairs, 1999. 28 min. video and discussion guide.

This video realistically portrays the complex issues and emotions facing people with AIDS and their families, especially in rural settings, and fosters a compassionate response toward people facing such complex issues. The accompanying discussion guide reinforces the aforementioned and also encourages viewers to consider ways in

which their school, church, or community can provide support to people living with HIV and AIDS and their families.

**Audience: grade 9-12+**

South Dakota State Library

Department of Education and Cultural Affairs  
(800) 423-6665

*Positive: An AIDS Awareness Film for Teens.*

GRM Foundation, 1996. 14 min. video.

This video involves a multi-racial group of teens in a dramatic story of HIV transmission.

**Audience: grade 9-12**

GRM International

(212) 695-6989

*Preparing Schools for Children with HIV.*

Learner Managed Designs, 1995. 50 min. video.

This video is designed to help prepare school staff for students who are HIV+. The total package includes a videotape, manual, and test packet. There are five parts: Understanding HIV, Dealing with Body Fluids, Maintaining Confidentiality, Guidelines to Keep Children Healthy, and Education About HIV.

**Audience: school staff**

Learner Managed Designs, Inc.

(785) 842-9088

*Preventing Sexually Transmitted Infections.*

Human Relations Media, 1998. 25 min. video and CD-ROM.

This video and accompanying CD-ROM provide students with all the facts, with emphasis on prevention. In the format of a radio call-in show, information is provided on a wide variety of sexually transmitted infections (STIs). Students learn the prevalence of these infections in the population, the symptoms, the treatment, the long-term effects, and how to prevent them.

**Audience: grade 9-12**

Human Relations Media (HRM)

(800) 431-2050

*Raising Healthy Kids: Families Talk About Sexual Health.*

Media Works, 1997. Two 30 min. videos and discussion guides

This video series and the accompanying discussion guides can serve as a catalyst for group discussions about sexuality in a variety of settings (for example, homes, faiths, communities). The parents in *Raising Healthy Kids* provide an excellent example of the power of group discussion and will stimulate discussion among viewers. One of the videos and discussion guides

is for parents of young children, and the other is for parents of preadolescents and adolescents.

**Audience: parents**

Media Works, Inc.

(978) 282-9970

*Real People: Teens Who Choose Abstinence.*

Sunburst, 1993. 24 min. video.

Teens who are committed to abstinence discuss the personal, social, and ethical reasons they choose abstinence and how they view this choice as a desirable alternative. Some of the consequences of active sexual behavior—disappointing relationships; emotional upset; risk of AIDS, STIs, pregnancy—are highlighted.

**Note:** Video is several years old, but the issues covered are still current and relevant to today's youth.

**Audience: grade 6-12**

Sunburst Communications

(800) 431-1934

*STD's: Straight Talk.* AGC Educational Media,

1993. 20 min. video.

This revised program covers both the emotional and physical results of sexually transmitted diseases. The program follows two teenagers, one male and one female, as they visit their local health clinic and undergo STI testing. The exam is thoroughly explained, and symptoms are illustrated. It stressed that although most sexually transmitted diseases are preventable, not all are curable. The only way to be safe is by practicing abstinence.

**Audience: grade 9-12**

AGC Educational Media

(847) 328-6700 or (800) 323-9084

*Sex and Other Matters of Life and Death.*

Public Policy Productions, 1997. 29 min. video.

This documentary is a profile of STAR Theatre, a teenage theater company, that uses drama and peer education to help teens avoid pregnancy and disease. Recognized by the American Medical Association as one of the nation's most innovative AIDS education programs, STAR Theatre uses a frank peer-to-peer approach to reach adolescents at risk. Includes multi-racial characters.

**Audience: grade 6-8**

AGC Educational Media

(847) 328-6700 or (800) 323-9084

*Subject Is: HIV, The.*

Family Health Productions, 1992. 16 min. video.

The film portrays the vital basics of HIV/AIDS. Host Rae Dawn Chong explains HIV and AIDS and how these viruses can and cannot be transmitted; promotes understanding for people who are HIV-positive or who have AIDS; and offers teenagers strategies and support for negotiating abstinence as a primary means of AIDS prevention.

**Audience: grade 9-12**

Family Health Productions  
(800) 343-5540

*Tattooing and Body Piercing: Thinking smart about body art.*

SVE & Churchill Media, 2001. 22 min. video.

Don't let students make uninformed decisions about body art: give them the facts they need to ensure safety and future contentment. Stressing the importance of forethought, this objective program identifies every issue to consider before getting a piercing or tattoo. Viewers will encounter competing opinions about body art as interview subjects express both joy and regret about their piercing. Along the way, a dermatologist explains both procedures, reveals the dangers of body art, illustrates easy ways to stay safe, and details the difficulty and costliness of tattoo removal.

**Audience: grade 9-12**

SVE & Churchill Media  
(800) 829-1900

*Teen Contraception.*

Film Ideas, 1996. 13 min. video. Also available in Spanish.

Although this video stresses abstinence as the most desirable means to prevent pregnancy and the transmission of STIs, for many teens who have chosen to become sexually active, there is a need for factual information on the possible consequences of their behavior. In a non-judgmental and comfortable fashion, the two teen hosts assist viewers in learning about myths, risks, and realities of having sex. They discuss and examine the common forms of preventative contraceptives by rating their effectiveness and clarifying their proper method of use. Note: Video is several years old and may not cover all current birth control options.

**Audience: grade 7-12**

Film Ideas, Inc.  
(Call for special school pricing.)  
(800) 475-3456

*The Teen Files: The Truth About Sex.*

AIMS Multimedia, 2000. 45 min. video.

Hosted by Leeza Gibbons, this video forces teenagers to face the hard-hitting realities of having sex too young, including unwanted pregnancies and STIs. Viewers are introduced to sexually active teenagers, many of whom are having unprotected sex. They witness firsthand the struggles of becoming teen parents and living with full-blown AIDS. A group of teenagers go through a "mock AIDS test" and discuss with Dr. Drew their attitudes and feelings about sex.

**Audience: grade 6-12**

AIMS Multimedia  
(800) 367-2467

*Teen Issues—Living With HIV.* Video. AGC Educational Media. 1996. 17 min.

This program profiles Rick Harrington, a teenage boy who was born with HIV. Rick clearly explains for teens what HIV is, how it is and is not transmitted, and what life is like for him.

**Audience: grade 6-8**

AGC Educational Media  
(800) 323-9084

*Teens Talk: How to Protect Yourself in the Age of AIDS.*

COMMET, 1999. 21 min. video.

This video covers testimonials from real teenagers about their views on sexual relationships and AIDS. Single teens, couples, and several HIV positive patients are interviewed. The package includes a study guide for students and teachers.

**Audience: grade 9-12**

COMMET  
(310) 440-0767

*Update: Sexually Transmitted Diseases.*

Sunburst Communications, 1995. 30 min. video.

Revolving around true-to-life stories of a number of teens who find themselves facing the harsh reality of having an STI, the program identifies and provides facts about the most common STIs. The three that are the fastest-growing among adolescents are discussed in depth: chlamydia, human papilloma virus (HPV) or genital warts, and genital herpes. Other STIs are also mentioned. The video also counters myths about HIV and AIDS.

**Audience: grade 9-12**

Sunburst Communications  
(800) 431-1934

*We Owe it to Ourselves and Our Children.*  
The National Native American AIDS Prevention Center, 7 min. video.

*We Owe it to Ourselves and Our Children* discusses HIV and other STIs in a frank and open manner and uses pictures and terminology that are sensitive to American Indian traditions and culture. The video covers basic facts about STIs, their symptoms, treatment and prevention, including a condom demonstration.

**Audience: grade 9-12, adult**  
The National Native American AIDS Prevention Center

*What Kids Want to Know About Sex and Growing Up.*  
Children's Television Workgroup, 1992. 60 min. video.

In straightforward discussions, sex educators Bob Selverstone and Rhonda Wise offer reassuring answers to kid's questions and correct potentially dangerous misinformation. Topics include: the physical and emotional aspects of puberty, sexual intercourse, AIDS, conception, masturbation, peer pressure, parenting, and more. It is recommended for use with the *Focus on Kids: Adolescents HIV Risk Prevention* curriculum (see Curricula).

**Audience: grade 6-8**  
ETR Associates  
(800) 321-4407

## Books, Journals, Reports, and Articles

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

*AIDS: Choices for Life.* Nash, Carol., Berkeley Heights, NJ: Enslow Publishers, 1997.

This book explores the many ways teens can learn about and prevent the spread of HIV and AIDS. It does this through emotionally moving stories of people, including teenagers, who have lived with AIDS.

**Audience: grade 9-12**  
Enslow Publishers, Inc.  
(800) 398-2504

*AIDS Crisis: A Documentary History, The.* Feldman, D.A., and J.W. Miller, Westport, CT: Greenwood Press, 1998.

*The AIDS Crisis* will help high school and college students understand the history and current status of AIDS as a social, political, psychological, public health, and cultural phenomenon. This documentary history provides 235 short and highly readable selections from primary and secondary sources of information about AIDS and HIV.

**Audience: grade 9-12+**  
Greenwood Press  
(800) 225-5800

*AIDS: Examining the Crisis.* Flynn, Tom, and Karen Lound. Minneapolis, MN: Learner, 1995.

Intended for the younger reader, this book provides information on "how HIV is transmitted, how AIDS affects the body, and the medical treatments available for people with AIDS." It also provides an insight into the politics, education, and public health efforts behind HIV/AIDS.

**Audience: grade 6-8**  
Lerner Publications Company  
(612) 332-3344

*AIDS: First Facts for Kids.* Schwartz, Linda. Santa Barbara, CA: The Learning Works, 1997.

Written specifically for students in grades 4-6, this book has chapters on how HIV is spread, HIV/AIDS prevention and treatments, profiles and feelings about HIV/AIDS, educational activities, and additional resources.

**Audience: grade 3-8**

The Learning Works  
(800) 235-5767

*AIDS & HIV: Risky Business.* Jussim, Daniel. Berkeley Heights, NJ: Enslow Publishers, 1997.

The author uses real stories of teenagers to explore what life is like for those living with AIDS. It also covers the issues surrounding the controversy of teaching about HIV/AIDS, how to avoid stereotyping AIDS, and explains the facts on how to protect yourself, regardless of your age, gender, color of skin, ethnicity, or sexual orientation.

**Audience: grade 9-12**

Enslow Publishers, Inc.  
(800) 398-2504

*Be a Friend: Children Who Live with HIV Speak.* Wiener, Lori S., Aprille Best, and Philip A. Pizzo. Morton Grove, IL: Albert Whitman, 1994.

*Be a Friend* is a collection of art and writings by children with AIDS or HIV infection who have come to the National Cancer Institute for treatment. It is divided into three sections. In "I Often Wonder..." children express what they wonder about and wish for. In "Living with HIV," these children speak of their desire to be "normal" and share their fears of separation from friends and loved ones. And in "Family, Friends, and AIDS," they speak of missing parents and friends who have died of AIDS and their siblings worry about their brothers' and sisters' illness.

**Audience: grade K-5**

Albert Whitman & Co.  
(847) 581-0033

*Carmine's Story.* Schulman, Arlene. Minneapolis, MN: Lerner Publications, 1997.

Subtitled "A Book About a Boy Living with AIDS," this is the story of a 10-year old boy, Carmine, infected in utero. Black and white photographs complement his story

**Audience: grade 6-12**

Lerner Publications Company  
(800) 328-4929

*Confronting AIDS Through Literature: The Responsibilities of Representation.* Pastore, Judith Laurence, ed. Champaign, IL: University of Illinois Press, 1993.

This collection brings together some of the creative writings that AIDS has inspired and examines many of the problems associated with writing about this disease. Finally, it offers three insightful essays detailing how health issues, such as AIDS, can be explored in language arts classrooms.

**Audience: school staff (grade 6-12)**

University of Illinois Press  
(800) 545-4703; (410) 516-6927 (Maryland and Canada)

*The HIV Challenge: Prevention Education for Young People* (2nd ed.). Quackenbush, Marcia and Kay Clark. Santa Cruz, CA: ETR Associates, 1995.

The book, *The HIV Challenge*, can be used in the designing, implementing, and evaluating successful HIV prevention education programs—in school and out—for youth of all ages. The nation's foremost experts on HIV and health education have contributed chapters to this authoritative compendium. It presents a wide array of perspectives and thoroughly covers current issues in HIV prevention education, such as the HIV epidemic among young people, dealing with controversy and politics.

**Audience: school staff (grade K-12), youth service organizations**

ETR Associates  
(800) 435-8433

*I Can Do That! Positive Character Traits for Middle Schoolers.* Reed, Pam and Daniel Gray, Illustrated by Ron Ferris. 2002, revised.

Through short stories students learn about 10 character traits, such as responsibility, honesty and respect. Each unit has a pre- and post-reading discussion questions and activities that helps the reader think about applications and benefits in their own lives. One limitation of the book is it lacks clear directions to guide the teacher/group facilitator on how to best use the student activities.

**Target audience: grade 5-8**

Project Reality  
(847) 729-3298

*Jenny's Locket.* Simpson, Christine. Nazareth, PA: Pearl Press. 1996.

This is a true story about an eleven-year old girl's struggle with the complex issues of life, death, family, rejection, and compassion as her favorite uncle succumbs to AIDS.

**Audience: grade 3-8**

Pearl Press  
(800) 335-6881

*Killing Us Quietly.* Vernon, Irene S. University of Nebraska Press, 2001.

The first book to detail the devastating impact of the disease on Native Americans, *Killing Us Quietly* explores Native urban, reservation, and rural perspectives, as well as the viewpoints of native youth, women, and gay or bisexual men. It covers current statistics, Native demography and histories, and profiles of Native American organizations to provide a broad understanding of HIV/AIDS among Native Americans. The book also discusses HIV prevention strategies and education resources for Native Americans.

**Audience: school staff (grade 9-12) and youth service organization staff**

University of Nebraska Press  
(800) 755-1105

*My Dad Has HIV.* Alexander, Earl, et al. Minneapolis, MN: Fairview Press, 1996.

How does a young child understand and confront a disease as complicated and challenging as HIV? Seven-year-old Lindsey must learn, because her dad has HIV. This book accurately relates the facts about HIV and AIDS in a colorful, sensitive, and hopeful way that young children can easily understand. Its friendly, first-person narrative and clear, simple science lesson makes it a useful tool for teachers and counselors.

**Audience: grade K-2**

Fairview Press  
(800) 544-8207

*A Positive Life: Portraits of Women Living with HIV.* Huston, River. Photographs by Mary Berridge. Philadelphia, PA: Running Press, 1997.

This book shares the stories in words and photos of 30 diverse women who are living with HIV. In the preface, Mary Berridge, the photographer, writes, "My photographs are not objective. They are very much my own vision of what makes my subjects' lives compelling." These stories and

photos will raise the awareness and compassion for those living with HIV/AIDS.

**Audience: grade 9-12+**

Running Press  
(215) 567-5080

*Recommendations for the School Health Nurse in Addressing HIV/AIDS with Adolescents.* Washington, DC: American Nurses Association, 1996.

This document contributes to policy-development efforts and is designed to clarify the roles, functions, and services of school nurses in relation to adolescents who are infected with HIV/AIDS. Standards of practice are listed.

**Audience: school staff (grade K-12)**

American Nurses Association  
(202) 651-7072

*School Health: Policy and Practice.* Elk Grove Village, IL: Committee on School Health, American Academy of Pediatrics, 1993.

There is an increasing recognition of the interdependence of health and educational services in attempting to optimize the development of children and youth. This resource is intended to provide health professionals and others with a framework and guidelines for developing comprehensive health-related programs for school-age children in a broad range of settings.

**Audience: school staff (K-12)**

American Academy of Pediatrics  
(800) 433-9016

*The Science, Spread and Therapy of HIV Disease.* DiSpezio, Michael Anthony. Shrewsbury, MA: ATL Press, 1997.

This book will prepare both educators and students to deal with the issues of HIV and AIDS in the classroom. Written in a question-and-answer format, the book attacks common questions from a scientific viewpoint, addresses commonly-raised questions and dispels several prevalent misconceptions.

**Audience: grade 9-12, school staff (6-12)**

ATL Press, Inc.  
(508) 898-2290

*Sexuality and the Curriculum: The Politics and Practices of Sexuality Education.* Sears, James T., ed. New York: Teachers College Press, 1992.

This collection of 15 essays brings together curriculum scholars and developers with sexuality educators and sex equity specialists to explore the explicit and hidden curriculum of sexuality from

kindergarten through college. The essays challenge conventional assumptions regarding sexuality and the curriculum while proposing specific curricular strategies and alternatives.

**Audience: school staff (grade K-12)**

Teachers College Press  
(212) 678-3000

*The Sexuality Education Challenge: Promoting Healthy Sexuality in Young People.* Drolet, Judy C. and Kay Clark. Santa Cruz, CA: ETR Associates, 1994.

*The Sexuality Education Challenge* offers the insights and perspective of 39 of the nation's top sexuality educators. Full of theoretical considerations and practical implications, this compendium addresses the needs of those responsible for educating young people about sexuality.

**Audience: school staff (grade K-12) and youth service organizations**

ETR Associates  
(800) 321-4407

*Teach & Talk: The Subject Is Sex.* Wilson, Pamela, Marcia Quackenbush and William M. Kane. Santa Cruz, CA: ETR Associates, 2001.

*The Subject Is Sex* offers practical, engaging, and fun ways to address sexuality effectively and appropriately in the elementary classroom. This book can help: 1) get background information and learn new concepts; 2) find out more about kids' questions and effective ways to answer them; 3) create a healthy peer environment; 4) keep parents involved and supportive; and 5) reinforce concepts in other subject areas.

**Audience: school staff (grade K-5)**

ETR Associates  
(800) 321-4407

*What's A Virus, Anyway? The Kids' Book About AIDS.* Fassler, David and Kelly McQueen. Burlington, VT: Waterfront Books, 1990.

An introduction to learning about AIDS, this book will help parents and teachers talk with children ages 4-10 about basic AIDS information. Written with help of children, this book includes their drawings and questions. English and Spanish.

**Audience: grade K-5**

Health Edco  
(800) 299-3366, ext. 295

## Guides and Resource Books

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

*Abstinence: Pick and Choose Activities.* Young, Michael and Tamera Young. Santa Cruz, CA: ETR Associates, 1996.

*Abstinence: Pick and Choose* is designed to provide teachers with classroom activities they can use to promote sexual abstinence as a viable option for adolescents. The book is organized into 4 sections. Activities focus on the areas of self-esteem, interpersonal relationships, decision-making skills and life planning-areas with a strong relationship to adolescent sexual behavior. The Teacher Information at the beginning of each section provides relevant background and content knowledge for the topic.

**Audience: grade 7-12**

ETR Associates  
(800) 321-4407

*American Indians Decision to Survive.* American Red Cross—Tulsa Area Chapter, Instructor Manual, 1996.

The *American Indians Decision to Survive* instructor's manual is intended to help develop presentation skills that are sensitive to American Indian traditions and culture and can be delivered to youth and adults. This manual was created as a companion piece to the American Red Cross's Basic HIV/AIDS Program Fundamentals Instructor's Manual.

**Audience: school staff (grade 6-12) and youth service organizations**

American Red Cross—Tulsa Area Chapter  
(918) 831-1633

*Choosing Health: Abstinence.* White, Jeanie M. and Nancy Abbey. Santa Cruz, CA: ETR Associates, 1997.

*Choosing Health: Abstinence* activities will: 1) help students define sexuality and identify myths about sexual behavior, 2) describe the influence of risk-taking on sexual decision making; and 3) give students the opportunity to demonstrate and practice listening skills, assertive communication, and delay refusal skills. The resource book includes behavioral objectives, teaching strategies, step-by-step procedures,

evaluation methods, a complete set of student activity sheets and transparency masters.

**Audience: grade 9-12**

ETR Associates

*Choosing Health: Sexuality and Relationships.*

Hubbard, Betty M. Santa Cruz, CA: ETR Associates, 1997.

*Choosing Health: Sexuality and Relationships* will: 1) help students describe behaviors that maintain and improve relationships and differentiate between constructive and destructive elements in relationships; 2) identify guidelines for ending relationships; 3) explain male and female reproductive systems, the menstrual cycle and ovulation; and 4) present information about conception, birth, and contraceptives. The resource book includes behavioral objectives, teaching strategies, step-by-step procedures, evaluation methods, a complete set of student activity sheets, and transparency masters.

**Audience: grade 9-12**

ETR Associates

(800) 321-4407 (800) 321-4407

*Cultural Awareness and Sensitivity: Guidelines for Health Educators.* Reston, Virginia: Association for the Advancement of Health Education, 1994.

These guidelines are intended to help school staff develop a more comprehensive understanding of the relationship between culture and health and promote culture sensitivity in the school setting.

**Audience: school staff (grade K-12)**

AAHPERD

(800) 321-0789

*Emerging Answers: Research Findings on Programs to Reduce Teen Pregnancy.* Kirby, Douglas, Ph.D., National Campaign to Prevent Teen Pregnancy, 2001.

*Emerging Answers: Research Findings on Programs to Reduce Teen Pregnancy*, by Douglas Kirby, Ph.D. is a comprehensive review of evaluation research that offers the latest information on "what programs work" to prevent teen pregnancy. In addition to examining traditional sex education, the study covers abstinence-only education programs for teens,

contraceptive and family planning services, early childhood programs, youth development, and service learning interventions.

**Audience: school staff (grade 6-12) and youth service organizations**

National Campaign to Prevent Teen Pregnancy  
(202) 478-8500

*Family Guided Sexuality Education Handbook.*

La Crosse: Gundersen-Lutheran Hospital, 1999.

This self-learning packet provides information about average, healthy sexual development from infancy to adolescence. The handbook allows the readers to choose what and how much they want to teach their children and when they feel it is the best time. The handbook covers many topics related to sexual development, including female and male reproductive systems, prenatal development, contraceptive methods, and sexually transmitted diseases.

**Audience: parents**

Gundersen-Lutheran Medical Center

(608) 791-5474

*Filling the Gaps: Hard to Teach Topics in Sexuality Education.* New York: Sexuality Information and Education Council of the U.S., 1998.

In working with educators around the country and conducting research on sexuality education, SIECUS has found that certain subjects are consistently ignored, taught poorly, or the center of controversies. This manual is designed to address eight of these subjects (for example, abstinence, condoms, sexual identity and orientation). It provides a rationale for teaching them; messages that children at different ages need to know; and suggested lesson plans, worksheets, and fact sheets for leaders and the community.

**Audience: school staff (grade K-12), youth service organizations**

SIECUS Publications Department

(212) 819-9770

*Guidelines for Comprehensive Sexuality Education, Kindergarten-12<sup>th</sup>* (2nd ed.). New York: Sexuality Information and Education Council of the U.S., 1996.

*Guidelines* was designed to be a framework to assist local communities in designing new curricula or assessing existing programs. It has been used by local communities to plan new programs, evaluate existing programs, train teachers, educate parents, conduct research, develop peer programs, and write new materials. It is only a starting point for teachers and

curriculum designers; the school and community must decide which topics and developmental messages should be included.

**Audience: school staff (grade K-12)**  
SIECUS Publications Department  
(212) 819-9770

*Guidelines for HIV Education for Asian Youth.*

Boston, MA: National Coalition of Advocates for Students, 1998.

This guide has been written to assist teachers, parents, counselors, community leaders, and students to develop effective HIV prevention education programs for Asian American youth. The guide provides background information on HIV/AIDS and barriers and strategies for delivering HIV education to Asian youth.

**Audience: school staff (grade 6-12), youth service organizations**  
NCAS (Maya Canetti, Project Assistant)  
(617) 357-8507

*HIV Prevention with Native American Youth.*

Magnum, Anna. Oakland, CA: The National Native American AIDS Prevention Center, 1994.

In the first eight chapters of this guide they describe the steps you can take to design and implement an HIV/AIDS prevention program targeted at youths, specifically Native American youths. The guide addresses the following issues: setting objectives for your program, behavioral change theories, curricula, selected prevention approaches, and building community support for your program.

**Audience: school staff (grade 9-12); youth service organizations**  
The National Native American  
AIDS Prevention Center  
(510) 444-2051

*HIV and Your Rights: A legal guide to Wisconsin.*

State Bar of Wisconsin Young Lawyers Division and AIDS Network, 1999.

This guide is intended to give persons living with HIV in Wisconsin information about their rights and the many legal issues associated with HIV. It also is intended to assist Wisconsin social service counselors, health care providers, and attorneys. This document would also be useful for schools in development of HIV/AIDS policies. As the

title suggest, much of the information that is provided is based on laws that apply only in Wisconsin.

**Audience: school staff, parents, youth service organizations**  
State Bar of Wisconsin Young Lawyers Division and AIDS Network  
(800) 486-6276

*HIV/AIDS for Students with Special Needs: A Guide for Teachers.* Reston, VA: Association for the Advancement of Health Education, 1995.

The purpose of this guide is to assist teachers in developing and implementing HIV/AIDS education programs for students with special education needs. It presents specific suggestions for adapting curricula and teaching styles to meet the needs of individual students. The teaching activities included address a range of skills related to the prevention of HIV/AIDS.

**Audience: school staff (grade 6-12)**  
AAHPERD  
(800) 321-0789

*HIV-Free Living for Teens: A presentation kit.* South Deerfield, MA: Channing L. Bete Co., Inc., 2001.

*HIV-Free Living for Teens* gives some facts about how HIV is transmitted, sexual choices, communication skills, high-risk behaviors, and support systems. In this presentation kit you get a professionally researched and designed presentation on CD-ROM that can be used as a PowerPoint presentation or printed out as overheads and/or handouts. Also included is a leader's guide containing discussion points, interactive exercises, pre- and post-session questionnaires, and a supply of informative audience handouts.

**Audience: grade 9-12**  
Channing L. Bete Co., Inc.  
(800) 628-7733

*Handbook for Evaluating HIV Education.* Atlanta, GA: Centers for Disease Control and Prevention-DASH, 1992.

This guide was developed by the Centers for Disease Control and Prevention and its contractor, IOX Assessment Associates, to support the efforts of educators to evaluate HIV prevention programs. This handbook includes evaluation designs and tools to collect data on program components, such as policy

development, curriculum design, teacher training, and student outcomes.

**Audience: school staff (grade 6-12), youth service organizations**

Centers for Disease Control and Prevention-DASH  
(770) 488-5330

*Health Education Policies and Curricula for Incarcerated Youth.* Chicago, IL: The National Commission on Correctional Health Care, 1992.

This training manual provides a wealth of information, resources, and tools to facilitate the development of HIV/AIDS prevention and intervention programs for youth in secure care.

**Audience: youth service organizations**

The National Commission on Correctional Health Care  
(312) 528-0818

*Health Facts: Sexuality.* Stang, Lucas and Kathleen R. Miner. Santa Cruz, CA: ETR Associates, 1994.

This resource book contains fact summaries, handy reference lists, resources, and a helpful glossary on the issue of human sexuality. *Health Facts: Sexuality* describes basic anatomy and physiology of male and female reproductive systems and provides overviews of pregnancy and birth, puberty and adolescence, and contraception.

**Audience: grade 6-12**

ETR Associates  
(800) 321-4407

*Health Literacy Performance Assessments: HIV/AIDS Prevention and Sexuality and Family Living.* Madison, WI: Wisconsin Department of Public Instruction, updated annually.

The Wisconsin Health Literacy Performance Assessments include 17 topical packets. Two of the performance assessment packets, *HIV/AIDS Prevention and Sexuality and Family Living*, were reviewed for this directory. Performance assessments are standards-based strategies for determining what students know and how they are able to apply health-related concepts and skills they have learned. The student assessment tools are valuable resources that can complement other resources to enhance curriculum, instruction and student assessment on health and safety issues in schools. Students can complete performance events that can be completed within a single class period or performance tasks that can be completed over an extended period of time.

**Audience: grade 1-12; school staff**

Wisconsin Department of Public Instruction  
(608) 267-9354

*Healthy Youth Futures: A Community Guide to Preventing HIV/AIDS Among Youth,* Washington, DC: National AIDS Fund, 1996.

This guide is intended to help communities provide opportunities for their young people to grow up healthy and safe from harm.

Involvement of youth in HIV/AIDS prevention programs is stressed as key to success.

**Audience: youth service organizations**

National AIDS Fund  
(202) 408-4848

*Model Bloodborne Pathogens: Exposure Control Plan for Wisconsin Public Schools.* Madison, WI: Wisconsin Department of Public Instruction, 2001.

The bulletin was prepared to assist local school districts in complying with federal Bloodborne Pathogens Standard, 29 CFR 1910.1030, as well as the state standards for enforcement by the Wisconsin Department of Commerce Safety and Buildings Division (Wis. Stat. 101.055) to prevent transmission of HIV and other bloodborne pathogens in the school setting.

**Audience: school staff (grade K-12)**

Wisconsin Department of Public Instruction Student Services/Prevention & Wellness Team  
(608) 267-9354

*Parenting for HIV Prevention: A presentation kit.* South Deerfield, MA: Channing Bete Co., Inc., 2002.

*Parenting for HIV Prevention* presentation covers basic facts on HIV/AIDS, its impact on young people and reasons for concern for parents. In addition, parents are told what puts a kid at risk for HIV and what can protect them. In this presentation kit you get a professionally researched and designed presentation on CD-ROM that can be used as a PowerPoint presentation or printed out as overheads and/or handouts. Also included is a leader's guide containing discussion points, interactive exercises, pre- and post-session questionnaires, and a supply of informative audience handouts.

**Audience: parents**

Channing L. Bete Co., Inc.  
(800) 628-7733

*The Power of Teaching: Characteristics of Effective Classroom Instruction on Health and Safety Issues.* Madison, WI: Wisconsin Department of Public Instruction, 1998.

This publication represents an effort to tap into the rich knowledge and expertise of practitioners along with prevention education research to define a common set of prevention characteristics

that cut across a variety of youth risk behavior curricula. In essence, this publication provides the foundation for effective classroom instruction on health and safety issues.

**Audience: school staff (K-12), youth service organizations**

Wisconsin Department of Public Instruction  
Student Services/Prevention & Wellness Team  
(608) 267-9354

*Preventing HIV Among Adolescents in Public Programs.* Washington, DC: American Public Human Services Association, 1999.

The guide includes theories upon which to base programs, recommendations for program design, descriptions of techniques that work, guidelines for the development of training and educational policy, and examples of successful HIV prevention collaborations. Following the text are resource materials that provide additional assistance to agencies seeking support and guidance in program design, development, and implementation.

**Audience: school staff (grade 9-12+), youth service organizations**

American Public Human Services Association  
(202) 682-0100

*Protecting Youth, Preventing AIDS: A Guide for Effective High School HIV Prevention Programs.* New York: Academy for Educational Development, 1998.

The guide is based largely on the experiences and evaluation of the New York City Public High School's AIDS Education and Condom Availability Program, as well as a review of other HIV prevention programs for teens and the experience of the research team in working with young people in and out of schools over the last 10 years.

**Audience: school staff (grade 9-12)**

Academy for Educational Development  
(212) 243-1110

*Right from the Start: Guidelines for Sexuality Issues, Birth to Five Years.* New York: Sexuality Information and Education Council of the U.S., 1998.

These guidelines were developed as a resource for caregivers in childcare centers and preschools who are challenged with the many complicated issues concerning early childhood sexuality. They provide a model for preschool sexuality education that 1) presents information on the psychological and sexual development of young children;

2) provides a framework for developmentally appropriate sexual learning and instruction, which can be utilized in a variety of childcare settings; and 3) offers suggestions and strategies for promoting and fostering healthy attitudes and behaviors.

**Audience: grade pre-K staff**

SIECUS Publications Department  
(212) 819-9770

*Safe Choices Guide: AIDS/HIV Policies and Prevention Programs for High-Risk Youth.*

Washington, DC: The National Network of Runaway and Youth Services, 1994.

This publication provides guidance to community-based organizations in the development of HIV/AIDS policies and educational programs for youth in high-risk situations.

**Audience: youth service organizations**

The National Resource Center for Youth Services  
(918) 585-2986

*Someone at School has AIDS: Complete Guide to Education Policies Concerning HIV Infection.*

Bogden, James F.; Carlos A. Vega-Matos; Jane Ascroft, 2001.

With endorsements from the AMA, American Academy of Pediatrics, and many other medical and education organizations, this guide offers all the information and recommendations schools need for educational, health, sports, and confidentiality policies related to HIV/AIDS.

**Audience: school administrators and other staff**

NASBE  
(703) 684-4000

*Talking With Kids About AIDS: A Program for Parents and Other Adults Who Care.* Ithaca, NY: Cornell University Research Center, 1993.

These materials complement school-based AIDS/HIV education programs by providing additional learning opportunities at home and in the community. The training manuals prepare a skilled trainer to implement a three-unit program for adults. Participants would then be prepared to work with other adults and children to provide HIV prevention education.

**Audience: parents; youth service organizations**

Cornell University Resource Center, Building 7  
(607) 255-2080  
Document number 325TKA2.

*Training of Trainers Program: Improving HIV prevention for gay, lesbian, bisexual, and transgender youth.* Washington, DC: National Youth Advocacy Coalition, Fall 1999 rev.

This manual is designed to provide young people and adults with the skills, tools, and resources essential to providing creative and effective HIV prevention to gay, lesbian, bisexual, and transgender (GLBT) youth. Sections in the manual include facilitation skills, cultural competency, HIV 101, GLBT youth issues and development and implementation of effective prevention programs.

**Audience: youth-service organizations**  
National Youth Advocacy Coalition  
(800) 541-6922

*A Youth Leader's Guide to Building Cultural Competence.* Washington, DC: Advocates for Youth, 1994.

The AIDS epidemic has made it clear that stereotypes, miscommunication, and misunderstanding get in the way of how prevention information is received. This guide was developed to enhance educators' abilities to effectively reach teens with a diversity of experiences related to factors such as ethnicity, socioeconomic class, gender, sexual orientation, and religion.

**Audience: school staff (grade 9-12), youth service organizations**  
Advocates for Youth  
(202) 347-5700

## Booklets, Workbooks, Other

The following are examples of educational materials to assist schools and communities in developing effective programs, policies, and practices related to HIV/AIDS education for school-aged youth.

*Captain Bio: "HIV Attacks!"* Gladstone, NJ: Tim Peters and Company, 1996.

*Captain Bio*® is a comic book series that promotes healthy living and social responsibility through fast-moving plots and graphics that stimulate children's interest in each subject. In *HIV Attacks!*, Captain Bio® confronts HIV and sees firsthand how the virus is spread, how it progresses, and how it can be prevented.

**Audience: grade 6-8**  
Biocomics  
(800) 543-2230

*How To Talk To Your Children About Sexuality and Other Important Issues: A SIECUS Annotated Bibliography for Parents.* New York: Sexuality Information and Education Council of the U.S., 1994.

This bibliography provides brief descriptions of a variety of books, guides, pamphlets, and organizations that parents may find helpful when discussing sexuality, AIDS, puberty, and related issues.

**Audience: parents**  
SIECUS Publications Department  
(212) 819-9770

*Let's Talk About AIDS: An Information and Activities Book.* South Deerfield, MA: Channing L. Bete Co., Inc., 1996.

This brief student workbook is appropriate for upper elementary students and addresses HIV/AIDS basics and transmission.

**Audience: grade 3-5**  
Channing L. Bete Co., Inc.  
(800) 628-7733

*No Time To Lose: Getting More From HIV Prevention.* Washington, DC: Institute of Medicine, National Academy Press, 2000.

The Committee on HIV Prevention Strategies in the U.S. developed this report. They present a framework for HIV prevention that suggests new directions for HIV/AIDS surveillance, resource allocation, the incorporation of prevention into the clinical setting, technology development, and the translation of research into practice. They also discuss the social and political barriers that continue to limit the success of HIV prevention.

**Audience: school staff (grade 9-12), youth service organizations**  
National Academy Press  
(800) 624-6242

*Now What Do I Do? How to Give Your Preteens Your Messages.* New York: Sexuality Information and Education Council of the U.S., 1996.

This booklet is designed for parents of children ages 10-12 years. Puberty and communication guidelines are explained. The booklet is organized in a very user-friendly format: 1) common situations involving parents and their children and sexuality, dating, and social relationships are given, 2) a review of what the reader wants the child to learn is listed, and

3) possible responses with the associated message are listed from which the parent may select.

**Audience: parents**

SIECUS Publications Department  
(212) 819-9770

*On Beating HIV.* South Deerfield, MA: Channing L. Bete Co., 2000.

*On Beating HIV* contains a mixture of self-protection advice, true-false quizzes, facts about HIV/AIDS and other STIs, activities for exploring personal values, and guidance on how to say “no” assertively or, if sexually active, how to get a partner to use a condom. Teens are urged to never share needles or syringes and to get tested if they are at risk for HIV or another STI. The workbook also addresses media images of sex and sexuality, the connection between drugs and risk of infection, the benefits of healthy relationships, and dating older men.

**Audience: grade 9-12**

Channing L. Bete Co., Inc.  
(800) 628-7733

*On Postponing Sex.* South Deerfield, MA: Channing L. Bete Co., Inc., 2002.

This workbook teaches teens how to avoid pregnancy and STIs, how to maintain their physical and mental health, and how to develop meaningful relationships by abstaining from sex.

**Audience: grades 9-12**

Channing L. Bete Co., Inc.  
(800) 628-7733

*Terry the Friendly Dragon Helps You to be AIDS Smart: A Study Guide and Activity Book for the Grade School Child.* Mount Vernon, OH: Creative Graphics, 1993.

This booklet provides basic information about AIDS, transmission and hygiene through fun activities. A short quiz is included which can be used for discussions in the classroom or at home.

**Audience: grade K-2.**

Creative Graphics  
(614) 392-4327

*What's Up: With HIV & AIDS.* South Deerfield, MA: Channing L. Bete Co., Inc., 2000.

This workbook bridges the gap between the facts and what older children, adolescents, and teens think they know about HIV/AIDS. It uses clever text and engaging graphics to draw readers in and keep their attention long enough to dispel the myths about HIV and how it is transmitted, helps them decipher fact from fiction in media portrayals of sex, resist peer pressure through these interactive exercises, and develop decision-making skills.

**Audience: grade 6-8**

Channing L. Bete Co., Inc.  
(800) 628-7733

*Who Knew? The Abstinence Issue.* South Deerfield, MA: Channing L. Bete Co., Inc., 2002.

This workbook uses games and writing exercises to help students understand what abstinence means and why choosing to abstain from sex will help them achieve their goals.

**Audience: grade 4-6**

Channing Bete Company, Inc.  
(800) 628-7733

*Who Knew: The HIV Facts Issue.* Channing L. Bete Co., Inc., 2001.

This interactive activity book provides age-appropriate information and activities. It provides a science-based explanation of HIV transmission routes; lists three simple steps for personal protection; and takes on the most common myths about HIV—making a point to note that HIV is not curable. Includes a family activity page that extends the opportunity to learn more about HIV and promotes family discussion of the issue.

**Audience: grade 6-8**

Channing L. Bete Co., Inc.  
(800) 628-7733

## Appendix A: HIV/AIDS Review Panel 2003-2004

Narra Smith Cox, Associate Professor  
University of Wisconsin-Madison

Kurt Dyer, Associate Director  
Project Q

Jane Gennerman, Teacher  
Benjamin Franklin Elementary School

Judy Gerrity, Coordinator  
HIV/AIDS Program—Milwaukee

Karen Johnson, AIDS/HIV Consultant  
Wisconsin Department of Health and Family Services

Kyle Kriegl, Community Sales Manager  
American Red Cross

Michael Lisowski, Director  
Gay Youth-Milwaukee

Pamela Pfeffer, HIV/AIDS Program Coordinator  
Urban League of Greater Madison

Mel Piper  
Statewide Youth Outreach Coordinator  
Wisconsin HIV Primary Care Support Network

Jon Schwantz, Health Coordinator  
Omro School District

JoAnn Smith  
Public Relations Coordinator  
AIDS Network

Marge Sutinen  
Co-Site Director  
MATEC

Bonnie Trudell, Faculty Associate  
University of Wisconsin-Madison

Meg Turzinski, Teacher  
Thomas Jefferson Middle School

June Vorlop, RN  
Public Health Nurse  
Walworth County Public Health Department

Brian Weaver  
HIV/AIDS Education Consultant  
Wisconsin Department of Public Instruction

# Appendix B: Resources Organized by Audience

Resource	Intended Audience						
	Grades						
	K-2	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
<b>Curricula</b>							
AIDS Prevention for Adolescents in School				X			
Act Smart: HIV/AIDS Curriculum for Three Age Groups	X	X	X	X			
Alcohol and HIV: A Lethal Link?					X		
The Art of Loving Well				X			
Becoming a Responsible Teen (B.A.R.T.)				X			
Celebrate Immunization: Grades 6-12			X	X			
Circle of Life HIV/AIDS Curriculum	X	X	X				
Draw the Line/Respect the Line: Setting Limits to Prevention HIV, STD and Pregnancy			X				
EveryBody: Preventing HIV and Other Sexually Transmitted Diseases Among Young Teens		X	X	X			
Focus on Kids: Adolescent HIV Risk Prevention			X	X			
Get Real About AIDS		X	X	X			
Growth and Development with Friends-Grade 5, 6 and 7		X	X				
Know HIV/STD Prevention Curriculum		X	X	X			
Making a Difference: An abstinence-based approach to HIV/STD and teen pregnancy prevention			X				
Making Proud Choices: A safe-sex approach to HIV/STDs and teen pregnancy prevention			X				
Our Whole Lives: Lifespan Sexuality Education Curricula and Parent Guide	X	X	X	X			X

*Shaded curricula have been identified as promising prevention programs by the National Campaign to Prevent Teen Pregnancy or the Urban Institute.*

Resource	Intended Audience						
	Grades						
	K-2	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Personal and Social Skills: Understanding and Integrating Competencies Across Health Content			X	X			
Postponing Sexual Involvement: An educational series for young teens			X	X			
Project SNAPP			X				
Reducing the Risk: Building Skills to Prevent Pregnancy, STD and HIV			X	X			
Removing the Risk: Abstinence for High School Students			X				
Safer Choices: Preventing HIV, Other STD and Pregnancy				X			
Sex Can Wait		X	X	X			
Sex, Teens, AIDS: Take 'Em Serious (S.T.A.T.S.)			X	X			
Teaching Kids About...How AIDS Works	X	X					
Teatro AIDS Prevention Project for Latinas Curriculum Resource Guide							X
Teenage Health Teaching Modules: Growing Into Healthy Sexuality			X				
Wise Guys: Male Responsibility Curriculum			X	X			
<b>Audiovisuals</b>							
A Is for AIDS		X					
AIDS, Not Us				X			
Abstinence...It's the Right Choice			X	X			
Blood Lines: A View Into the Souls of HIV+ Youth				X			
Camp Itsamongus	X	X					
A Challenge To Us All					X		
Children Talk About AIDS						X	

Resource	Intended Audience						
	Grades						
	K-2	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Come Sit By Me: AIDS Education	X						
Considering Your Options: Information on Abstinence and Contraceptive Choices for Teenagers				X			
Frontline: The Lost Children of Rockdale County				X	X		
HIV and AIDS: Staying Safe		X	X				
I Need a Friend: Kids Talk About the AIDS Virus		X	X	X			
In Our Own Words: Teens and AIDS			X	X			
Just Thought You Ought to Know			X	X			
Laughing and Learning About HIV/AIDS: Reaching Teens with Honesty and Humor				X			
Little Questions, Big Questions					X	X	
Little Secret			X				
Living Positive: An Inspiring Documentary About Women and AIDS						X	X
Not One More Person: Avoiding HIV			X	X			
Party, The			X	X			
Porch Light				X			
Positive: An AIDS Awareness Film for Teens				X			
Preparing Schools for Children with HIV						X	
Preventing Sexually Transmitted Infections				X			
Raising Healthy Kids: Families Talk About Sexual Health					X		
Real People: Teens Who Choose Abstinence			X	X			
STD's: Straight Talk				X			
Sex and Other Matters of Life and Death			X				
The Subject Is: HIV				X			

Resource	Intended Audience						
	Grades						
	K-2	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Tattooing and Body Piercing: Thinking smart about body art				X			
Teen Contraception			X	X			
The Teen Files: The Truth About Sex			X	X			
Teen Issues—Living With HIV			X				
Teens Talk: How to Protect Yourself in the Age of AIDS				X			
Update: Sexually Transmitted Diseases				X			
We Owe it to Ourselves and Our Children				X			
What Kids Want to Know About Sex and Growing Up			X				
<b>Books, Journals, Reports, and Articles</b>							
AIDS: Choices for Life				X			
The AIDS Crisis: A Documentary History				X			
AIDS: Examining the Crisis			X				
AIDS: First Facts for Kids		X	X				
AIDS & HIV: Risky Business				X			
Be a Friend: Children Who Live with HIV Speak	X	X					
Carmine's Story			X	X			
Confronting AIDS through Literature: The Responsibilities of Representation						X	
The HIV Challenge: Prevention Education for Young People						X	X
I Can Do That! Positive Character Traits for Middle Schoolers		X	X				
Jenny's Locket		X	X				
Killing Us Quietly							X
My Dad Has HIV	X						
A Positive Life: Portraits of Women Living with HIV				X			

Resource	Intended Audience						
	Grades						
	K-2	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Recommendations for the School Health Nurse in Addressing HIV/AIDS with Adolescents						X	
School Health: Policy and Practice						X	
The Science, Spread and Therapy of HIV Disease				X		X	
Sexuality and the Curriculum: The Politics and Practices of Sexuality Education						X	
The Sexuality Education Challenge: Promoting Healthy Sexuality in Young People						X	X
Teach & Talk: The Subject Is Sex						X	
What's a Virus, Anyway? The Kids' Book About AIDS	X	X					
<b>Guides and Resource Books</b>							
Abstinence: Pick and Choose Activities			X	X			
American Indians Decision to Survive						X	X
Choosing Health: Abstinence				X			
Choosing Health: Sexuality and Relationships				X			
Cultural Awareness and Sensitivity: Guidelines for Health Educators						X	
Emerging Answers: Research Findings on Programs to Reduce Teen Pregnancy						X	X
Family Guided Sexuality Education Handbook					X		
Filling the Gaps: Hard to Teach Topics in Sexuality Education						X	X
Guidelines for Comprehensive Sexuality Education, Kindergarten-12 <sup>th</sup>						X	

Resource	Intended Audience						
	Grades						
	K-2	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Guidelines for HIV Education for Asian Youth						X	X
HIV Prevention with Native American Youth						X	X
HIV and Your Rights: A legal guide to Wisconsin					X	X	X
HIV-Free Living for Teens: A presentation kit				X			
HIV/AIDS for Students with Special Needs: A Guide for Teachers						X	
Handbook for Evaluating HIV Education						X	X
Health Education Policies and Curricula for Incarcerated Youth							X
Health Facts: Sexuality			X				
Healthy Youth Futures: A Community Guide to Preventing HIV/AIDS Among Youth							X
Model Bloodborne Pathogens: Exposure Control Plan for Wisconsin Public Schools						X	
Parenting for HIV Prevention: A presentation kit					X		
The Power of Teaching: Characteristics of Effective Classroom Instruction on Health and Safety Issues						X	X
Preventing HIV Among Adolescents in Public Programs						X	X
Protecting Youth, Preventing AIDS: A Guide for Effective High School HIV Prevention Programs						X	
Right from the Start: Guidelines for Sexuality Issues, Birth to Five Years						(Pre-K Staff)	

Resource	Intended Audience						
	Grades						
	K-2	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
Safe Choices Guide: AIDS/HIV Policies and Prevention Programs for High-Risk Youth							X
Someone at School Has AIDS: A Guide to Developing Policies for Students and School Staff Members Who Are Infected with HIV						X	
Talking with Kids About AIDS: A Program for Parents and Other Adults Who Care					X		X
Training of Trainers Program: Improving HIV prevention for gay, lesbian, bisexual, and transgender youth							X
A Youth Leader's Guide to Building Cultural Competence						X	X
<b>Booklets, Workbooks, Other</b>							
Captain Bio: "HIV Attacks!"			X				
How To Talk To Your Children About Sexuality and Other Important Issues: A SIECUS Annotated Bibliography for Parents					X		
Let's Talk About AIDS: An Information and Activities Book		X					
No Time to Lose: Getting More from HIV Prevention						X	X
Now What Do I Do? How to Give Your Preteens Your Messages					X		
On Beating HIV				X			
On Postponing Sex				X			
Terry the Friendly Dragon Helps You To Be AIDS Smart: A Study Guide and Activity Book for the Grade School Child	X						

Resource	Intended Audience						
	Grades						
	K-2	3-5	6-8	9-12	Parents	School Staff	Youth Service Organizations
What's Up: With HIV and AIDS			X				
Who Knew: The Abstinence Issue	X		X				
Who Knew: The HIV Facts Issue			X				



*U.S. Department of Education  
Office of Educational Research and Improvement (OERI)  
National Library of Education (NLE)  
Educational Resources Information Center (ERIC)*



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