This list of resources on adventure-based learning techniques is presented for two reasons. In today's educational systems, programs must produce measurable results to meet mandated standards and goals. It is hoped that these resources will help programs obtain academic credibility for utilizing adventure-based activities. Secondly, they are presented in the interest of sharing best practices, increasing the knowledge base, and generally familiarizing both faculty and administration about adventure and experience-based learning. A section titled "Basic Training" is presented first, containing six resources that are recommended for those who don't have the time or resources to manage the entire list. A section on periodical and journal articles contains 44 entries. Eight websites are listed. The final section, on books, manuals, texts, and guides, has 15 entries. Some entries are annotated, most are not. (TD)
In the past few years, I've had the opportunity to write two adventure-based teambuilding book, and during the research for these books, I discovered quite a few articles, books and publications on the significance of adventure-based learning techniques. I thought I would share these articles and resources with you, for two reasons. First, we live in a world where what we do, and how we perform is constantly evaluated and scrutinized. Few educational programs, leadership and sport programs have the luxury of funding curriculums which do not produce the measurable and desirable results mandated in our present educational systems. It is my hope that a few of these resources may prove valuable to you as you attempt to justify or obtain academic credibility for utilizing adventure-based programs. Secondly, in the interest of sharing best practices, increasing the knowledge base and generally familiarizing both faculty and administration about adventure and experienced-based learning, I hope these references will find their way onto your desks and bulletin boards and into your lesson plans and curriculum projects.

I've managed to place some of the top references in this article, with seven significant resources first. More than 2000 can be found in the book, Teamwork & Teamplay, ISBN 0-7872-4532-1. Many significant articles on adventure-based education and learning can also be found in journals, periodicals, microfilms, magazines, books, websites and newspaper articles. This information can be located using search keywords such as: teamwork, teambuilding, outdoor education, ropes course, challenge education, adventure-based education, experiential
education, recreation, groupwork and outdoor training.

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**Basic Training**

If you don’t have the time or resources to manage the entire list, try these six resources first.


**Strengthen Experiential Education within Your Institution - A Sourcebook** by the National Society for Experiential Education, Jane C. Kendall, John S. Duley, Thomas C. Little, Jane S. Permaul, Sharon Rubin, 1986, (formerly of Raleigh, NC) now of Arlington, VA. (www.nsee.org) An older, but interesting text, filled with ideas about gathering support for experiential programs in your school.

**The American Camping Association (ACA)** now includes on their website research and information related to education and camping programs, at the Camp Knowledge Center:

- [www.acacamps.org/knowledge](http://www.acacamps.org/knowledge)
- [www.acacamps.org/research](http://www.acacamps.org/research)

The following three texts can provide a historical perspective, excellent programming techniques, and a wide variety of activities and additional resources for adventure and experienced-based learning programs.


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Periodical and Journal Articles


Evans, M., "Experiential Learning in Higher Education: Peripheral or Central?" The CAEL Forum and News, Volume 17, Number 2, 1994, pages 31-34.


Gray, T. and Patterson, J., "Effective Research into Experiential Education: A Critical Resource


Priest, Simon and Gass, Michael, “Five Generations of Facilitated Learning From Adventure


West, June, “Team Building through Wilderness Activities in Eighth Grade Special Education,”


Websites

- Teamwork & Teamplay [www.teamworkandteamplay.com](http://www.teamworkandteamplay.com)
- The Adventure Group [www.theadventuregroup.com](http://www.theadventuregroup.com)
- Adventure Hardware [www.adventurehardware.com](http://www.adventurehardware.com)
- Learning Unlimited [www.learningunlimited.com](http://www.learningunlimited.com)
- Kendall Hunt Publishers [www.kendallhunt.com](http://www.kendallhunt.com)
- Roger Greenaway’s Debriefing Site [www.reviewing.co.uk](http://www.reviewing.co.uk)
- The Association for Challenge Course Technology (ACCT) [www.acctinfo.org](http://www.acctinfo.org)
- The Association for Experiential Education (AEE) [www.aee.org](http://www.aee.org)

Books, Manuals, Texts and Guides

Strengthening Experiential Education Within Your Institution by Jane Kendall, John Duley, Thomal Little, Jane Permaul and Sharon Rubin, National Society for Experiential Education, Raleigh, NC. ISBN 0-937883-00-X. One of the most academic specific manuals ever published, with some useful ideas for instituting an experiential program.


The Book on Raccoon Circles by Jim Cain and Tom Smith, 2002, Learning Unlimited, Tulsa,
OK, USA  Phone (888) 622-4203  www.learningunlimited.com History, Ritual, Ceremony and plenty of activities using only a simple piece of tubular webbing.


**The Conscious Use of Metaphor in Outward Bound** by Stephen Bacon, 1983, Colorado Outward Bound School, Denver, CO.


**No Contest, The Case Against Competition - Why We Lose in Our Race To Win** by Alfie Kohn, 1986, Houghton Mifflin Co. Boston, MA 02108  ISBN 0-395-39387-6  A fascinating tutorial on our infatuation with competition and the opportunities that exist for cooperative adventures.


Some Information about the Author

Dr. Jim Cain is the author of Teamwork & Teamplay and The Book on Raccoon Circles. He is a former Executive Director of the Association for Challenge Course Technology, Senior Consultant to the Cornell University Corporate Teambuilding Program and the Director and creative force behind the adventure-based training company, Teamwork & Teamplay. Dr. Cain makes his home in Brockport, New York and frequently serves as a visiting professor and staff development specialist on subjects ranging from experiential education to challenge and adventure-based activities, and from recreational dancing to leadership, structural engineering, chaos and powder mechanics. Dr. Cain has presented teambuilding and active learning sessions in 36 states and 9 countries in the past 5 years, and generally has more toys and adventure-based books in his library than most developing nations.

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