This resource guide lists organizations that provide information, referral, and/or direct services to adults with disabilities. The organizations are grouped by the main focus of their activities, including: employment issues (9); postsecondary education (3); recreation (6); independent living (5); assistive technology (4); and other (3 organizations). For each listing, contact information is provided, along with a description of the organization's services. A list of 39 print resources is also provided, covering general topics, employment, assistive technology, postsecondary education, recreation, independent living, and magazines and newsletters. (CR)
Thank you for contacting the National Information Center for Children and Youth with Disabilities (NICHCY). Our publications are designed to serve the needs of students, their families, and the professionals who work with them. Once a student leaves high school, other agencies are available to assist with putting the individual in contact with helpful resources.

We have prepared this listing of resources for adults to help you get started. Look over this list, and you will find organizations that provide information, referral, and/or direct services on:

- employment issues;
- postsecondary education;
- recreation;
- accessibility and accommodations;
- assistive technology that can help persons with disabilities function more effectively at home, on the job, and in the community; and
- independent living.

While there are many other organizations available that provide information or referral, they primarily do so to parents, schools, or service providers; we have chosen the organizations listed here because they can respond to the questions, concerns, and needs of individuals with disabilities themselves. A brief description of each organization's activities is included to help you choose those organizations that seem appropriate to your needs.

We hope that this listing is helpful to you. If NICHCY can be of further assistance, please give us a call.

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Organizations and Agencies to Contact for Further Assistance

You will find a NICHCY State Resource Sheet useful in identifying resources of additional information. If you do not have a State Resource Sheet for your state, please contact NICHCY and request one. (Our State Resource Sheets are also available on the Internet at: http://www.nichcy.org.) The State Resource Sheet lists state offices, such as the Protection and Advocacy Agency, the Developmental Disabilities Council, and selected disability organizations. Check the sheet for disability organizations that might address your needs. Any of these groups may be able to help you directly or refer you to a local chapter or office near you. Disability groups usually serve both children and adults and are a good place for referral to sources of further education, job training, financial assistance, living arrangements, and the like. If you don't see a group that meets your needs, please call NICHCY again, and our information specialists will try to connect you with an appropriate group.

Listed below are selected agencies concerned with the well-being of people with disabilities. These organizations are grouped by the main focus of their activities, as follows: employment issues, postsecondary education, recreation, independent living, assistive technology, and other.

**Employment**

**Department of Vocational Rehabilitation (VR)**
Consult your local telephone directory for the office in your vicinity.

Vocational Rehabilitation is a nationwide federal-state program for assisting eligible people with disabilities to define a suitable employment goal and become employed. Each state capital has a central VR agency, and there are local offices in most states. VR provides medical, therapeutic, counseling, education, training, and other services needed to prepare people with disabilities for work. VR is an excellent place for a youth or adult with a disability to begin exploring available training and support service options.

**Americans with Disabilities Act Disability and Business Technical Assistance Centers (DBTACs)**

For information on legislation, rights, and resources, call: (800) 949-4232 (Voice/TTY). Callers are automatically routed to the DBTAC in their region. The DBTACs provide information, referral, technical assistance, and training on the Americans with Disabilities Act (ADA) to businesses, state and local governments, and persons with disabilities to facilitate employment for individuals with disabilities and accessibility in public accommodations and government services. The DBTACs also conduct training and promote public awareness on the ADA.

**Accessible Community Transportation in Our Nation (Project ACTION)**
700 Thirteenth, St., N.W., Suite 200
Washington, DC 20005
(800) 659-6428 (Voice/TTY)
E-mail: project_action@easter-sealsdc.org
Web: www.projectaction.org

Project ACTION is a national program that supports innovation and cooperation in solving transit accessibility problems. Project ACTION provides various direct forms of technical assistance and training, and maintains a library of information and materials addressing accessible transportation for people with disabilities. Project ACTION disseminates its newsletter Project ACTION Update, training curricula, surveys, technical materials, and reports.
NISH
2235 Cedar Lane
Vienna, VA 22182-5200
(703) 560-6800 (Voice)
(703) 560-6512 (TTY)
Web: www.nish.org
Spanish spoken

NISH (formerly the National Industries for the Severely Handicapped) is the national nonprofit agency that assists community rehabilitation programs (CRPs) nationwide in expanding job opportunities for people with severe disabilities. NISH provides technical assistance to CRPs and helps them obtain federal funding contracts through the Javits-Wagner-O'Day (JWOD) Program. Information is available to the public.

Davis Memorial Goodwill Industries, Inc.
2200 South Dakota Avenue, N.E.
Washington, DC 20018
(202) 636-4225 (Voice)
E-mail: dmgi@dcgoodwill.org
Web: www.dcgoodwill.org

Davis Memorial Goodwill Industries provides vocational evaluation, training, employment, and job placement services for persons with disabilities. An information packet describing Goodwill's services is available upon request.

President's Committee on Employment of People with Disabilities (PCEPD)
1331 F Street N.W., Suite 300
Washington, D.C. 20004-1107
(202) 376-6200 (Voice)
(202) 376-6205 (TTY)
E-mail: info@pcepdp.gov
Web: www.pcepdp.gov
Spanish spoken

PCEPD provides information, training, and technical assistance to America's business leaders, organized labor, rehabilitation and other service providers, advocacy organizations, families, and individuals with disabilities. The Committee's mission is to facilitate the communication, coordination, and promotion of public and private efforts to empower Americans with disabilities through employment. The President's Committee also serves as an advisor to the President of the United States on public policy issues affecting employment of people with disabilities.

If you are employed and are experiencing difficulty on the job due to your disability, you might consider contacting the following organizations.

Architectural and Transportation Barriers Compliance Board (Access Board)
1331 F Street, N.W., Suite 1000
Washington, D.C. 20004-1111
(202) 272-5434 (Voice); (202) 272-5449 (TTY)
(800) 872-2253 (Voice); (800) 993-2822 (TTY)
E-mail: info@access-board.gov
Web: www.access-board.gov

The Access Board enforces the Architectural Barriers Act (ABA), ensuring accessibility in facilities built, altered, or leased using certain Federal funds. It develops the Americans with Disabilities Act (ADA) Accessibility Guidelines (ADAAG), which are minimum accessibility guidelines for places of public accommodation, commercial facilities, state and local government facilities, and transportation vehicles and facilities. The Access Board is also charged with developing accessibility guidelines for telecommunications equipment and customer premises equipment. The Access Board offers training, technical assistance, and publications to individuals and organizations throughout the country on removing architectural, transportation, and communication barriers.

Equal Employment Opportunity Commission (EEOC)
1400 L Street, N.W., 2nd Floor
Washington, D.C. 20005
(800) 669-4000 (Voice, outside Washington, DC)
(202) 275-7377 (Voice, in the DC area)
(800) 800-3302 (TTY)
Web: www.eeoc.gov
Spanish spoken
Spanish materials available

The EEOC is a government agency that handles discrimination complaints about employment based on age, sex, race, ethnicity,
and disability. The 800 number will connect callers with their local EEOC office, which can discuss complaints.

**Job Accommodation Network (JAN)**
West Virginia University
P.O. Box 6080
Morgantown, WV 26506-6080
(304) 293-7186 (Voice/TTY)
(800) 526-7234 (Voice/TTY)
E-mail: jan@jan.icdi.wvu.edu
Web: janweb.icdi.wvu.edu
Spanish spoken
Spanish materials available

The Job Accommodation Network, a service of the President's Committee on Employment of People with Disabilities, brings together information from many sources about practical steps employers can take to make accommodations for the functional limitations of employees and applicants with disabilities. JAN consultants provide technical details and assistance with accommodations and the implementation of products and procedures in the workplace. Callers should be prepared to explain the specific problem and job circumstances. Brochures, printed materials, and a newsletter are available free of charge.

**Postsecondary Education**

**Clearinghouse on Adult Education and Literacy**
U.S. Department of Education
4090 MES
Office of Vocational and Adult Education
400 Maryland Avenue, S.W.
Washington, DC 20202-7240
(202) 205-8270 (Voice)
E-mail: OVAV@inet.ed.gov
Web: www.ed.gov/offices/OVAE

The Clearinghouse on Adult Learning and Literacy provides referral services and disseminates publications of state and national significance and other reference materials on adult education and literacy-related activities. Resource publications include information on English as a second language, adult basic education, family literacy, workplace literacy, adults with disabilities, technology, volunteers, and the homeless.

**Foundation for Science and Disability**
236 Grand Street
Morgantown, WV 26505-7509
(304) 293-5201, ext. 2513
E-mail: U0072@wvnvm.evnet.edu
Web: www.as.wvu.edu/~scidis/organizations/

The Foundation seeks to improve the quality and accessibility of the educational system for individuals with disabilities, specifically in the various areas of science. The Foundation acts as a clearinghouse for information on science, education, technology, and science careers for persons with disabilities. The Foundation also makes several awards a year to graduate students who have disabilities and are studying in the science field.

**HEATH Resource Center**
American Council on Education
One Dupont Circle, N.W., Suite 800
Washington, D.C. 20036-1193
(800) 544-3284 (Voice/TTY)
(202) 939-9320 (Voice/TTY)
E-mail: heath@ace.nche.edu
Web: www.heath-resource-center.org

The HEATH Resource Center, the national clearinghouse on postsecondary education for individuals with disabilities, collects and disseminates information nationally about disability issues in postsecondary education. The clearinghouse provides information on educational support services, policies, procedures, adaptations, transition, and opportunities at American campuses, vocational-training schools, adult education programs, independent living centers, and other training entities after high school for individuals with disabilities. Numerous publications are available upon request.
Recreation

Department of the Interior
Office on Accessibility
National Park Service
1849 C St. NW, Room 7253
Washington, DC 20240
(202) 565-1244 (Voice)

There are 370 parks and 7 regional offices under the National Park Service. The National Park Service accepts inquiries on all of its national park activities and facilities. Information on accessibility of park programs, facilities, and services is best acquired directly from the park or area you plan to visit. For general information on park areas and activities and a listing of park phone numbers, call the number listed above.

Disabled Sports USA
451 Hungerford Drive, #100
Rockville, MD 20850
(301) 217-9840 (Voice)
(301) 217-0963 (TTY)
E-mail: information@dsusa.org
Web: www.dsusa.org/

Disabled Sports USA is the nation’s largest organization providing year-round sports and recreation activities to children and adults with physical disabilities. In conjunction with its nationwide network of chapters serving people in all 50 states and Puerto Rico, Disabled Sports USA offers such activities as snow skiing, water skiing, bicycling, white water rafting, horseback riding, mountain climbing, sailing, camping, and track and field. Contact Disabled Sports USA for the telephone number of a local chapter near you.

Mobility International USA (MIUSA)
P.O. Box 10767
Eugene, OR 97440
(541) 343-1284 (Voice/TTY)
E-mail: info@miusa.org
Web: www.miusa.org
Spanish spoken
Spanish materials available

MIUSA is a nonprofit membership organization for persons with disabilities and other interested people. It works to expand opportunities for persons with disabilities to be involved in international educational exchange programs and travel. MIUSA members receive information and referral services in the areas of travel and placement in international work camps and educational exchange programs. MIUSA also conducts international leadership training for persons with disabilities. Many publications are also available.

National Institute of Art and Disabilities (NIAD)
551 23rd Street
Richmond, CA 94804
(510) 620-0290 (Voice/TTY)
E-mail: reddot@niad.art.org
Web: www.niadart.org
Spanish spoken

NIAD operates a creative visual arts center for adults with disabilities and serves as a model for other centers who wish to provide individuals with disabilities with enriching experiences in the visual arts. NIAD has published The Freedom to Create, which is widely used to help teachers teach art to students of all ages. It has also published The Creative Spirit, a collection of works by NIAD artists, and Art & Disabilities, a directory of art centers for people with disabilities. NIAD can respond to requests for information about and referral to local programs. NIAD’s Research and Training Center in Art and Disabilities is a national and international resource in art and disabilities.

National Library Service for the Blind and Physically Handicapped (NLS)
Library of Congress
1291 Taylor Street, N.W.
Washington, DC 20542
(202) 707-5100 (Voice)
(202) 707-0744 (TTY)
E-mail: NLS@loc.gov
Web: www.loc.gov/nls
Spanish spoken
Spanish materials available

A free national library program of Braille and recorded materials for persons with visual and physical disabilities is administered by the National Library Service for the Blind and Physically Handicapped (NLS), Library of Congress.
Congress. With the cooperation of authors and publishers who grant permission to use copyrighted works, NLS selects and produces full-length books and magazines in Braille and on recorded disc and cassette. Reading materials are distributed to a cooperating network of regional and local libraries where they are circulated to eligible borrowers. Reading materials and playback machines are sent to borrowers and returned to libraries by postage-free mail.

**Recording for the Blind & Dyslexic (RFB&D)**
The Anne T. Macdonald Center  
20 Roszel Road  
Princeton, NJ 08540  
(609) 452-0606 (Voice)  
(800) 221-4792 (Customer Service)  
E-mail: custserv@rfbd.org  
Web: www.rfbd.org  
Spanish materials

RFB&D is a national nonprofit service organization that provides educational and professional books in accessible format to people with visual impairments, learning disabilities, and other physical disabilities that prevent them from reading printed material. This includes individuals who are no longer in school but who are using educational books to pursue careers or personal interests. RFB&D also accepts requests to record books that are not already contained in its 75,000-title Master Tape Library. To become an individual member of RFB&D, you must complete an application form (which contains “disability verification” and “certification” sections) and include a $50 registration fee and a $25 annual membership fee. Application forms are available from RFB&D's Customer Services Department at 1-800-221-4792.

**Accent on Information (AOI)**
Gillum Road and High Drive  
P.O. Box 700  
Bloomington, IL 61702-0700  
(800) 787-8444; (309) 378-2961 (Voice)  
E-mail: cheeverpub@aol.com  
Web: www.accentonliving.com

ACCENT on Information is a computerized retrieval system containing information on products and devices that assist persons with physical disabilities. Also available is other how-to information on such topics as: eating, bathing, grooming, clothing, furniture, home management, toilet care, sexuality, mobility, and communication. For a nominal charge, a search of AOI's database is made on the caller's topic of interest. Callers will then receive up to 50 of the most recent citations for each search. AOI has two sister services: (1) **ACCENT on Living Magazine**, and (2) **ACCENT Books and Products**, which publishes and distributes a variety of books of interest to persons with disabilities, along with a buyer's guide that lists equipment devices to assist persons with disabilities in daily living activities.

**Access/Abilities**
P.O. Box 458  
Mill Valley, CA 94942  
(415) 388-3250 (Voice)  
E-mail: elieber@accessabil.com  
Web: www.accessabil.com

Access/Abilities is a consulting, problem-solving firm dedicated to finding resources for a better life beyond functionality and independence. Local, national, as well as international resources are available. This organization can provide information about accessible travel opportunities, aids and appliances, sports and recreation programs, clothing that really fits, shopping, and other customized services. It also offers consulting services concerning architectural barriers and accessibility.
National Council on Independent Living (NCIL)
1916 Wilson Boulevard, Suite 209
Arlington, VA 22201
(703) 525-3406
(703) 525-4153 (TTY)
E-mail: ncil@ncil.org
Web: www.ncil.org

National Council on Independent Living is a national membership association of local nonprofit corporations known as Centers for Independent Living (CIL). NCIL is the only cross-disability grassroots national organization run by and for people with disabilities. NCIL provides technical assistance, training, and leadership to independent living (IL) centers in many areas of concern to the disability community, including IL philosophy, center operations, and the Americans with Disabilities Act (ADA) through the NCIL/ILRU IL Network Project and ADA Training Project. NCIL also provides information and referral services.

Research and Training Center on Independent Living
University of Kansas
4089 Dole Building
Lawrence, KS 66045-2930
(785) 864-4095 (Voice/TTY)
E-mail: rtcil@ukans.edu
Web: www.lsi.ukans.edu/rtcil/rtcil.htm
Spanish spoken
Spanish materials available

The Center's goal is to develop and disseminate practical techniques that enable people with severe disabilities to live more independently. This includes service delivery systems, skill training methods, and effective techniques to improve human services and community support for people with disabilities. The Center provides training and technical assistance to individuals and organizations throughout the U.S.

Social Security Administration (SSA)
Department of Health and Human Services
5 Park Center Court, Suite 100
Owings Mills, MD 21117
(800) 772-1213 (Voice)
(800) 325-0778 (TTY)
Web: www.ssa.gov
Spanish spoken

The Social Security Administration provides cash benefits (SSI and/or SSDI) to persons with a physical or mental disability that prevents them from working and that is expected to last at least a year or be terminal. Eligibility for SSI or SSDI may mean eligibility for other services, such as Medicaid, food stamps, or other social services. The amount of money and services received varies in each state. The program also includes work incentives that make it possible for individuals to work without an immediate loss of benefits. For details, contact either the above 800 number or your local SSA office.

Assistive Technology

Alliance for Technology Access (ATA)
2175 East Francisco Boulevard, Suite L
San Rafael, CA 94901
(415) 455-4575; (800) 455-7970
E-mail: atainfo@ataccess.org
Web: www.ataccess.org
Spanish materials available

The Alliance for Technology Access (ATA) is a growing coalition of technology resource centers across the country that provide information, awareness, and training in the use of technology to aid children and adults with disabilities. Services range from hands-on workshops to training for professionals, from guided problem-solving to technical assistance to families, individuals with disabilities, employers, and agencies seeking access to technology. Also offered are lending libraries of computer software, assistive devices, print resources, training films, and adapted toys. Callers are referred to the technology resource center nearest them.
An interdisciplinary association for the advancement of rehabilitation and assistive technologies, RESNA is an organization for rehabilitation professionals. It is concerned with transferring science, engineering, and technology to the needs of persons with disabilities. RESNA is currently operating a Technical Assistance Project, which can help callers identify the program in their state that is responsible for providing information, training, and technical assistance on assistive technology to individuals with disabilities.

Technical Aids and Assistance for the Disabled Center (TAAD)
1640 West Roosevelt Road
Chicago, IL 60608-6904
(312) 421-3373 (Voice)
E-mail: taad@interaccess.com
Web: homepage.interaccess.com/~taad

TAAD provides options in using personal computer technology to persons with disabilities. TAAD provides advocacy and services with an emphasis on selection and application of computers and assistive technologies. The center’s approach allows users to make informed decisions as to which system or devices best meet their needs. TAAD can also refer callers to their local resource center of the Alliance for Technology Access.

The Trace Center was formed in 1971 to address the communication problems faced by nonvocal children and adults with severe disabilities. The Center is primarily concerned with research and development in the areas of universal design of electronic and next generation technologies, in order to make accessible computers at the manufacturers’ level. The Center does not manufacture or distribute equipment, but will make referrals to specific sources of information regarding equipment, software, service centers, related professionals, and other information networks. Publications include The Trace Resourcebook, a reference volume listing and describing currently available products for communication, control, and computer access for persons with disabilities. All information is available in alternative formats for individuals unable to read or handle print materials.

Other Organizations

National Organization on Disability (NOD)
910 16th Street, N.W., Suite 600
Washington, D.C. 20006
(202) 293-5960 (Voice)
(202) 293-5968 (TTY)
E-mail: ability@nod.org
Web: www.nod.org

NOD promotes the full participation of Americans with disabilities in all aspects of community life. Its primary program is the Community Partnership Program, a network of 4500 towns, cities, and counties nationwide. NOD’s Community Partnerships undertake many different activities to improve attitudes toward people with disabilities; to expand educational and employment opportunities; to eliminate physical barriers; and to expand participation in religious, cultural, and recre-
NARIC is a library and information center on disabilities and rehabilitation. NARIC collects and disseminates the results of federally funded research projects. NARIC's collection includes commercially published books, journal articles, and audiovisual materials. Information specialists provide quick reference and referral services, searches of NARIC's database, REHABDATA, and photocopies of documents for a small fee.

Print Resources

General


Assistive Technology


Assistive Technology — RESNA Press, 1700 N. Moore Street, Suite 1540, Arlington, VA 22209. Telephone: (703) 524-6686; (703) 524-6639 (TTY). This is an applied, scientific publication in the field of technology. The journal's purpose is to foster communication among individuals working in all aspects of the assistive technology arena, including researchers, developers, clinicians, educators, and consumers.


World Institute on Disability (WID)

510 Sixteenth Street, Suite 100
Oakland, CA 94612-1500
(510) 763-4100 (Voice); (510) 208-9493 (TTY)
E-mail: Webmail@wid.org
Web: www.igc.org/wid/index.html

The World Institute on Disability (WID) is a public policy, research, and training center dedicated to independence for all people with disabilities. WID's projects include: informing and training public officials, community leaders, and corporations, among others, about the empowerment of people with disabilities; working to design more effective personal assistance services for people with disabilities; and operating the Research and Training Center on Public Policy in Independent Living. Information about WID, its publications, and its projects is available upon request.

**Employment**


Lobb, N. (1999). *150 ways to keep your job*. Portland, ME: J. Weston Walch Publisher. (Available from J. Weston Walch Publisher, P.O. Box 658, 321 Valley Street, Portland, ME 04104. Telephone: (207) 772-2846.)


Wolffe, K.E. (1997). *Career counseling for people with disabilities: A practical guide to finding employment*. Austin, TX: Pro-Ed. (See address above.)

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**Postsecondary Education**


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**Recreation**


Independent Living


Richards, L. (Ed.). (1999). ILRU directory of independent living programs. Houston, TX: Independent Living Research Utilization Project. [Available from ILRU, Institute for Rehabilitation and Research, 2323 S. Shepard, Suite 1000, Houston, TX 77019. Telephone: (713) 520-0232 (V); (713) 520-5136 (TTY).]

Magazines and Newsletters

Able — P.O. Box 395, Old Bethpage, NY 11804. Telephone: (516) 939-2253. This monthly magazine is subtitled "The Newspaper For, By, and About the Disabled." It focuses on resources, independent living, and daily life.

Accent on Living — Cheever Publishing, Inc., P.O. Box 700, Bloomington, IL 61702. Telephone: (309) 378-2961. This quarterly magazine serves as a guide to services and information on daily living and equipment for persons with disabilities. Articles focus on personal experiences of persons with disabilities, ideas for making the activities of daily living easier, and new products and services.

Careers & the Disabled — Equal Opportunity Publications, 1160 E. Jericho Turnpike, Suite 200, Huntington, NY 11743. Telephone: (516) 421-9421. This magazine, published three times a year, provides employment and career-oriented information for college graduates and young professionals, with a primary focus on those with physical disabilities.

Kaleidoscope: International Magazine of Literature, Fine Arts, and Disability — United Disability Services, 701 South Main Street, Akron, OH 44321. Telephone: (330) 762-9755. This bi-annual magazine examines the experience of disability through fine arts. This publication expresses the experience of disability from the perspective of individuals, families, health care professionals, and society as a whole.

The Ragged Edge — Box 145, Louisville, KY 40201. Telephone: (502) 894-9492. Published bi-monthly, this magazine of politics, news, and opinion (formerly called The Disability Rag & Resources) features articles on disability issues and reader correspondence. Also available on cassette tape.
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