Noting that parents are vital partners in the educational system, this handbook provides parents with information about the Grade 5 curriculum in Alberta, Canada. Based on the Alberta Learning "Programs of Study: Elementary Schools," the handbook describes the knowledge, skills, and attitudes students in Alberta are expected to demonstrate upon completion of the Grade 5 curriculum. Following introductory material that includes information on Aboriginal education, supports for learning, and assessment, the handbook's sections are: (1) "Overview of Grade 5"; (2) "English Language Arts"; (3) "Mathematics"; (4) "Science"; (5) "Social Studies"; (6) "Information and Communication Technology"; (7) "Physical Education"; (8) "Health and Life Skills"; (9) "Art and Music"; (10) "Drama"; and (11) "Languages Other Than English." Each section includes samples of what students are expected to learn in each subject. The handbook concludes with a one-page questionnaire requesting feedback on the handbook. (HTH)
This document, along with most Alberta Learning documents, can be found on the Web site at http://www.learning.gov.ab.ca.

Parent documents referenced in this handbook, along with most Alberta Learning documents, are available for purchase from:

Learning Resources Centre
12360 – 142 Street
Edmonton, Alberta, Canada, T5L 4X9
Telephone: 780-427-5775
Fax: 780-422-9750
Internet: http://www.lrc.learning.gov.ab.ca

Telephone numbers of branches referred to in this handbook can be reached, toll free inside Alberta, by dialing 310–0000.

Aboriginal Services Branch
Telephone: 780–415–9300
Fax: 780–415–9306
E-mail: asb@gov.ab.ca

Curriculum Branch
Telephone: 780–427–2984
Fax: 780–422–3745
E-mail: curric.contact@learning.gov.ab.ca

French Language Services Branch
Telephone: 780–427–2940
Fax: 780–422–1947
E-mail: LSB@learning.gov.ab.ca

Learner Assessment Branch
Telephone: 780–427–0010
Fax: 780–422–4200
E-mail: assess.contact@learning.gov.ab.ca

Learning and Teaching Resources Branch
Telephone: 780–427–2984
Fax: 780–422–0576
E-mail: curric.contact@learning.gov.ab.ca

Learning Technologies Branch
Telephone: 780–674–5350
Fax: 780–674–6561
E-mail: itbgeneral@gov.ab.ca

Special Programs Branch
Telephone: 780–422–6326
Fax: 780–422–2039
E-mail: SpecialEd@learning.gov.ab.ca

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Alberta Learning gratefully acknowledges the contribution of the Alberta Home and School Councils’ Association in facilitating parent input into this Curriculum Handbook.
This Curriculum Handbook provides parents with information about the Grade 5 curriculum. It includes:

- selected learning outcomes for each subject area from the provincial curriculum
- links to the Alberta Learning Web site where more information can be found
- a feedback form.
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Message from the
Minister of Learning

Alberta has one of the best education systems in the world. One of our many strengths is our excellent curriculum. It ensures that Alberta students have the opportunity to acquire the knowledge, skills and attitudes needed to be self-reliant, responsible, caring and contributing members of society.

As a parent, you play a vital role in the education of your child. When you know what your child is learning in school, you are able to reinforce that learning at home. In order to help parents in this process, Alberta Learning has published the Curriculum Handbook for Parents series. We are excited that this year's edition was redesigned with input from parents. The Handbook has been modified to have more parent-focused information in a user-friendly format.

In addition to a strong curriculum, there are many other reasons why we have a world-class learning system. Our system offers parents choices in the type of education that will best meet the needs of their children. It provides innovative and quality learning opportunities for future success. Also, another vital component is that all education partners, including parents, teachers, principals, superintendents, trustees and other members of our community, work collaboratively to ensure our learning system continually meets the needs of students.

Alberta students are our future. Together, we can ensure that every student has a solid foundation from which to learn, grow and succeed.

Dr. Lyle Oberg
Minister of Learning
Information for Parents

Students learn in a variety of environments—in their homes, schools and communities. Parents, teachers and community members form a partnership to assist this learning.

When parents know what children are studying at school, they can provide better home support for their children’s learning.

Parents can access information about the curriculum and learning resources in a number of ways:

- They can communicate with teachers or the school.
- **Curriculum Handbooks** contain selected outcomes for each subject area from the Alberta programs of study. They provide a more detailed picture of each year. This Curriculum Handbook is one of a set from Kindergarten to senior high school produced in general and Catholic versions, and in French. They are available on the Alberta Learning Web site or for purchase from the Learning Resources Centre (LRC).
- **Curriculum Summaries** for each grade level provide a brief overview of each year. The summaries are available on the Alberta Learning Web site.
- **Alberta Programs of Study** contain learning outcomes for each subject area from Kindergarten to Grade 12. They are available on the Alberta Learning Web site or for purchase from the LRC.
- The Authorized Resources Database on the Alberta Learning Web site lists Alberta authorized student and teacher resources, most of which are available for purchase from the LRC.
- The Alberta Learning Web site contains information on learning from the early years to adulthood.

Helping Your Child at Home

Here are some important pointers for you to help your child learn.

- Be positive and encouraging in your approach to learning. It will help your child feel confident and enthusiastic about success.
- Talk to your child about schoolwork, and help with homework when you can.
- Help your child set realistic goals, and discuss progress in an encouraging way.
- Connect your child’s schoolwork with everyday life, and use these opportunities for problem solving in everyday situations.
- Keep in touch with teachers about your child’s progress, including successes and achievements, not just concerns.

The following resources may help you. Check your child’s school for availability.

- **The Parent Advantage**—Tips and strategies for helping with homework in grades 1 through 9.
- **Working Together in Mathematics Education**—Ways parents can support student learning in mathematics.
- **LearnAlberta.ca** Web site—Online multimedia learning resources that directly relate to the Alberta programs of study.
- **TELUS 2Learn** Web site—An education–business partnership that provides Internet inservice, support and information for Alberta teachers, students and parents.
Schooling in Alberta

School provides students with a broad educational program that helps them:

- develop knowledge, skills and attitudes in a variety of subject areas
- demonstrate critical and creative thinking skills in problem solving and decision making
- demonstrate competence in using information technologies
- know how to learn and work independently and as part of a team
- develop desirable personal characteristics and the ability to make ethical decisions
- demonstrate initiative, leadership, flexibility and persistence
- have the desire and realize the need for lifelong learning.

Schools also prepare students to make positive contributions to society through communities, the workplace and/or post-secondary studies.

The Guide to Education: ECS to Grade 12, available on the Alberta Learning Web site or for purchase from the LRC, provides general information about Kindergarten to Grade 12 schooling.

In Alberta, a provincial curriculum describes what students are expected to know and be able to do in each subject at each grade level. The provincial curriculum is organized into programs of study, which are developed by Alberta Learning in consultation with teachers, administrators, parents, representatives from post-secondary institutions, and professional and community groups.

Changes in curriculum are made to ensure that students across the province have the knowledge, skills and attitudes necessary to meet the demands of a complex and ever-changing world. Revisions may be minor, such as updating a resource list, or they may be major, when the needs of students and society change as new knowledge becomes available. Included in any major revision process is a review of learning and teaching resources and professional development needs of teachers.

Teachers make a number of decisions when planning for classroom instruction. Within any group of students, there is a range of individual differences. Teachers use the learning outcomes of the programs of study to meet the needs and interests of their students and to make connections across subject areas. They choose resources, equipment and materials to help students achieve the learning outcomes. Teaching methods and schedules vary from school to school and from class to class to meet the diverse learning needs of students.

Alberta Learning assists teachers by reviewing and selecting the best possible resources, such as textbooks, videotapes and computer software, for all subject areas. Authorization of resources by Alberta Learning indicates that the resources meet high standards and can help students achieve the learning outcomes. Teachers can choose other resources, as long as they follow school board policy.

Authorized resources are available for purchase from the LRC.
Aboriginal Education

Aboriginal peoples throughout the province have indicated that they want their children to complete regular school requirements and achieve the same standards as set for all students in Alberta.

The term "Aboriginal" refers to First Nations, Métis and Inuit. To support the learning of Aboriginal students, schools are encouraged to use learning resources that give attention to Aboriginal heritage perspectives. In addition, all students in Alberta should understand and be aware of Aboriginal cultures, lifestyles and heritage. Student and teacher resources have been developed by Alberta Learning to assist teachers.

Both provincially and locally authorized Blackfoot and Cree language and culture courses are offered in the province.

As well, A Handbook for Aboriginal Parents of Children with Special Needs provides information to assist Aboriginal parents in working with schools to meet the special needs of their children. This resource is available for purchase from the LRC.

Our Treasured Children is a videotape that complements A Handbook for Aboriginal Parents of Children with Special Needs. It highlights intergenerational stories from members of the Aboriginal community. The videotape is available for purchase from the LRC.

Personal and Career Development

Preparing for life and work is a complex process that begins in the early years of schooling and continues throughout our lives. Alberta schools are taking an active role—along with parents and the community—in helping students move successfully from basic education to further studies and the workplace.

In the elementary grades, students explore their personal interests and values, and learn about different roles and career areas. They also begin to develop life skills, such as cooperating with others and being reliable.

Personal and career development activities and outcomes are integrated into all elementary courses and programs. In particular, the elementary health program focuses specifically on these topics.
Supports for Learning

In every classroom and every school, students have individual needs. Teachers ensure that all students are involved in activities that help them build on their own level of learning.

Alberta students learn in a variety of ways—in schools, in the community, in small and large groups, and independently. Schools, supported by Alberta Learning, provide a variety of programs and services.

English as a Second Language

Many children born in Canada have a first language other than English, and many students move here from non-English speaking countries. Schools provide additional assistance for English as a Second Language (ESL) students in Grade 1 to Grade 12. This helps them acquire sufficient fluency in English so they can integrate into the regular classroom as quickly as possible.

Special Needs

School boards are required to provide each resident student with an education program, including access to special education programs. The following resources provide additional information. Check your child's school for availability.

- **Partners During Changing Times**—Information for parents of children with special needs
- **Programming for Students with Special Needs**—A series of resources containing information to help teachers better meet the needs of students, such as students who are gifted and talented, and those with learning disabilities, emotional disorders and/or mental illness

Distance Learning

The Learning Technologies Branch (LTB) develops print materials and materials for online learning.

- For information about purchasing distance learning materials, contact the LRC.
- For a listing of all distance learning courses available for purchase or study, go to the LTB Courses Web page.
- To see what electronic products are available, visit the Electronic Products Web page.
- For information about registering in a distance learning course, contact a distance learning provider, such as the Alberta Distance Learning Centre.

The French Language Services Branch develops distance learning courses for French language instruction. For courses available in French, contact the French Language Services Branch.

The Alberta Distance Learning Centre (ADLC) provides distance learning courses and programs to students throughout the province of Alberta and the Northwest Territories. It also serves a small number of Alberta students who are temporarily living in other provinces and countries. Students have the option of submitting assignments over the Internet. The ADLC also operates a virtual school.
As well as being assessed by their teachers, students write provincial achievement tests in grades 3, 6 and 9. Grade 3 students write tests in English language arts and mathematics; Grade 6 and Grade 9 students write tests in English language arts, social studies, mathematics and science.

Grade 3 students in Francophone and alternative French programs write the test in English language arts and the French form of the mathematics test. Students in Francophone and alternative French programs in grades 6 and 9 write the tests in English and French language arts and the French forms of the other subject area tests.

Group results of the achievement tests are provided to schools and school authorities, and summary results are provided on the Alberta Learning Web site. Individual student results are provided to the school for each student’s educational record and are to be provided to the student’s parents.

Information about provincial achievement testing in grades 3, 6 and 9 is available on the Alberta Learning Web site. As well, information is provided in the Alberta Learning publications entitled Parent Guide to Provincial Achievement Testing and Guide des parents Programme des tests de rendement provinciaux. The parent guides for Grade 3 and Grade 6 are available in elementary schools. The Grade 9 guide is available in junior high schools. These publications may also be obtained from the Learner Assessment Branch, Alberta Learning.

School Councils

Schools, parents and communities all play an important role in education. School councils are designed to give parents, students, teachers and other community members meaningful involvement in decisions about policies, programs and services and the allocation of funds to support them within their schools. They may also be involved in fundraising for enhancements to core education programs. Each school council determines its own level of involvement, depending on local needs. Parents can get more information on how to get involved by contacting their local school or the Alberta Home and School Councils Association.

Decisions regarding fundraising are made by the local board or by the school principal in consultation with the school council within policy guidelines established by the school board. In September 2000, the Alberta School Boards Association (ASBA) developed and provided guidelines to school boards to assist boards in establishing appropriate local policy. The guidelines state fundraising should not be done for core items such as textbooks. Some fundraising is appropriate for things like athletics uniforms, field trips, and other extras that staff and parents want for their schools. Participation in fundraising activities should be voluntary. No student should be excluded from an event or program because the parents did not contribute.
School fees are determined by the local school board or by the principal in consultation with the school council and within policy guidelines established by the board. Local policies can include waiving fees or extended payment allowances where parents are experiencing financial difficulties. In September 2000, the Alberta School Boards Association provided guidelines to school boards to assist them in establishing an appropriate policy. A primary objective is to ensure that fees are not being charged for core items. ASBA also advised boards that parents need to know what the funds will be used for and what will be done with any surplus funds.

Fees may be charged for supplies and materials provided for the student's personal use or consumption; this may include such things as calculators, locker rentals, student planners and computer diskettes. The fees charged are on a cost recovery basis.
Overview of Grade 5

In Grade 5, students study required subject areas. Optional subject areas may be available at the local school. Students have access to 950 hours of instruction during a school year.

The Grade 5 Alberta program of studies for each subject area sets out general outcomes or topics that provide an overview of the important learnings students accomplish. Specific outcomes are included for each general outcome or topic and state in detail the knowledge, skills and attitudes students are working towards achieving.

This handbook contains:
- the general outcomes or topics for each subject area
- selected specific outcomes for most subject areas.

The programs of study, which include all the general and specific outcomes, are available on the Alberta Learning Web site or from the LRC.

<table>
<thead>
<tr>
<th>Required Subject Areas. Students take:</th>
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</thead>
<tbody>
<tr>
<td><strong>English Language Arts</strong></td>
</tr>
<tr>
<td>Information and Communication Technology (ICT) is integrated throughout English Language Arts, Mathematics, Science and Social Studies.</td>
</tr>
</tbody>
</table>

Optional Subject Areas. Schools may offer:

| Drama | Languages Other than English* |

* Students in French immersion programs and bilingual programs in other languages take English language arts as well as language arts in the target language.

Students in immersion and bilingual programs also take a number of subjects in the target language.

New courses for the 2002–2003 school year:
- Health and Life Skills

Courses under revision:
- Social Studies
- Ukrainian Language Arts
The required subject areas are the foundation of the elementary program.

<table>
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<tbody>
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Information and Communication Technology (ICT) is integrated throughout English Language Arts, Mathematics, Science and Social Studies.

#### English Language Arts

The aim of the English language arts program is to enable students to understand and appreciate language, and to use it confidently and competently in a variety of situations for communication, personal satisfaction and learning.

From Kindergarten to Grade 12, students are developing knowledge, skills and attitudes in six language arts: Listening and Speaking; Reading and Writing; Viewing and Representing. Students learn to compose, comprehend and respond to oral, print and other media texts. They experience a variety of texts from many cultural traditions.

The following learning outcomes are selected from the Grade 5 English Language Arts Program of Studies.

**Explore thoughts, ideas, feelings and experiences**

- use appropriate prior knowledge and experiences to make sense of new ideas and information
- reflect on areas of personal accomplishment, and set personal goals to improve language learning and use
- seek the viewpoints of others to build on personal responses and understanding
- use talk, notes, personal writing and representing to explore relationships among own ideas and experiences, those of others and those encountered in oral, print and other media texts

**Comprehend and respond personally and critically to oral, print and other media texts**

- describe ways that personal experiences and prior knowledge contribute to understanding new ideas and information
- use the meanings of familiar words to predict the meanings of unfamiliar words in context
- integrate knowledge of phonics, sight vocabulary and structural analysis with knowledge of language and context clues to read unfamiliar words in context
- support own interpretations of oral, print and other media texts, using evidence from personal experiences and the texts
- identify the main problem or conflict in oral, print and other media texts, and explain how it is resolved
- use own experience as a starting point and source of information for fictional oral, print and other media texts

Manage ideas and information

- summarize important ideas in oral, print and other media texts and express opinions about them
- identify categories of information related to particular topics, and ask questions related to each category
- skim, scan and listen for key words and phrases
- record ideas and information in relevant categories, according to a research plan
- select visuals, print and/or other media to inform and engage the audience
- assess personal research skills, using pre-established criteria

Enhance the clarity and artistry of communication

- revise to add and organize details that support and clarify intended meaning
- write legibly, using a style that is consistent in alignment, shape and slant
- apply word processing skills, and use publishing programs to organize information
- identify past, present and future verb tenses, and use in sentences
- use phonic knowledge and skills, visual memory, the meaning and function of words in context, and spelling generalizations to spell with accuracy in own writing
- organize ideas and information in presentations to maintain a clear focus and engage the audience
- use effective openings and closings that attract and sustain reader or audience interest
- identify and interpret the purpose of verbal and nonverbal messages and the perspectives of the presenter

Respect, support and collaborate with others

- identify and discuss how qualities, such as courage, ambition and loyalty, are portrayed in oral, print and other media texts from diverse cultures and communities
- determine and use language appropriate to the context of specific situations
- accept and take responsibility for fulfilling own role as a group member
- contribute ideas to help solve problems, and listen and respond constructively
- show appreciation for the contributions of others, and offer constructive feedback to group members
**Required Subject Areas. Students take:**

<table>
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<tr>
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</thead>
</table>

Information and Communication Technology (ICT) is integrated throughout English Language Arts, Mathematics, Science and Social Studies.

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**Mathematics**

The aim of the mathematics program is to prepare students to:

- use mathematics confidently to solve problems
- communicate and reason mathematically
- appreciate and value mathematics
- commit themselves to lifelong learning
- become mathematically literate adults, using mathematics to contribute to society.

Students learn to use the following mathematical processes:

- communicate mathematically
- connect mathematical ideas to everyday experiences and to other subject areas
- use estimation and mental mathematics where appropriate
- apply new mathematical knowledge to problem solving
- reason and justify their thinking
- use appropriate technologies
- use visualization to assist in problem solving, processing information and making connections.

The following learning outcomes are selected from the Grade 5 Mathematics Program of Studies.

**Number**

- demonstrate a number sense for whole numbers 0 to 100,000, and explore proper fractions and decimals
- apply arithmetic operations on whole numbers and decimals, and illustrate their use in creating and solving problems

**Patterns and Relations**

- construct, extend and summarize patterns, including those found in nature, using rules, charts, mental mathematics and calculators

**Shape and Space**

- use measurement concepts, appropriate tools and results of measurements to solve problems in everyday contexts
- use visualization of 3-D objects and 2-D shapes to solve problems related to spatial relations
- describe motion in terms of a slide, a turn or a flip
- use coordinates to describe the positions of objects in two dimensions

**Statistics and Probability**

- develop and implement a plan for the collection, display and interpretation of data to answer a question
- predict outcomes, conduct experiments and communicate the probability of single events
Required Subject Areas. **Students take:**

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Information and Communication Technology (ICT) is integrated throughout English Language Arts, Mathematics, Science and Social Studies.

**Science**

The aim of the science program is to encourage and stimulate children's learning by nurturing their sense of wonderment, by developing skill and confidence in investigating their surroundings, and by building a foundation of experience and understanding upon which later learning can be based. In elementary science, students develop their skills of inquiry and problem solving. They are also developing positive attitudes toward the study of science and the application of science in responsible ways.

The following learning outcomes are selected from the Grade 5 Science Program of Studies.

**Electricity and Magnetism**
- demonstrate safe methods for the study of magnetism and electricity
- identify methods for measurement and control
- apply techniques for evaluating magnetic and electrical properties of materials

**Mechanisms Using Electricity**
- construct simple circuits
- apply an understanding of circuits to the construction and control of motorized devices

**Classroom Chemistry**
- learn that when two materials react to form a new material, the original materials cannot be recovered
- discover that when a solid material dissolves, it can be recovered as a crystal by evaporating the liquid
- describe the properties and interactions of various household liquids and solids, and interpret their interactions

**Weather Watch**
- observe, describe and interpret weather phenomena
- relate weather to the heating and cooling of Earth's surface
- investigate relationships between weather phenomena and human activity

**Wetland Ecosystems**
- learn through observation and research, about the interactions among wetland organisms and about the role of each organism as part of a food web
- describe the living and nonliving components of a wetland ecosystem and the interactions within and among them
Required Subject Areas. **Students take:**

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### Social Studies

View the social studies subject page at [http://www.learning.gov.ab.ca/k_12/curriculum/bySubject/social/](http://www.learning.gov.ab.ca/k_12/curriculum/bySubject/social/)

The aim of the social studies program is to help students develop the knowledge, skills and positive attitudes they need to be responsible citizens and contributing members of society. Students learn to acquire and evaluate information and ideas. They learn to interact with others and develop understanding and respect for people in their school, their family and their community.

The focus of the Grade 5 social studies program is Canada—its history, geography and people, and its links with other countries.

**The following learning outcomes are selected from the Grade 5 Social Studies Program of Studies.**

**Canada: Its Geography and People**
- understand and appreciate that environment plays a major role in determining where and how people in Canada live
- locate, organize and summarize information from a variety of sources
- demonstrate ability to use a variety of maps and globes
- draw conclusions about how physical characteristics affect natural resources, occupations, population distribution and transportation
- understand and appreciate how Canadians have adapted to their environment

**Early Canada: Exploration and Settlement**
- understand that exploration and settlement cause groups to influence each other, changing the way people live
- distinguish between fact and fiction
- use library skills to locate and choose resources
- classify and arrange information and record events on a timeline
- use maps and globes to explain how geography has influenced historical events
- identify different perspectives of Natives, explorers and other groups
- present information, orally and in writing, about the history of Canada
- appreciate the accomplishments of Natives, explorers, settlers and missionaries

**Canada's Links with Other Countries**
- understand that links established through interaction with other countries influence the way Canadians live
- gather information from a variety of sources, including interviews or surveys and complete a simple outline
- compare information from two or more sources; and then organize the information in a chart or graph
- plot information on maps and use map symbols to locate places being studied
- write an editorial, stating a point of view about our links with another country
Required Subject Areas. **Students take:**

<table>
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Information and Communication Technology (ICT) is integrated throughout English Language Arts, Mathematics, Science and Social Studies.

The ICT curriculum is not intended to stand alone as a course, but rather to be infused within English language arts, mathematics, science and social studies. Schools have until June 2003 to phase in the program. The outcomes are organized by divisions; Division 1 is Kindergarten to Grade 3.

Students learn about the nature of technology, how to use and apply a variety of technologies, and the importance of technology to self and society.

The following learning outcomes are selected from the Grade 4 to Grade 6 Information and Communication Technology Program of Studies.

- **Communicating, Inquiring, Decision Making and Problem Solving**
  - organize information gathered from the Internet, or an electronic source, by selecting and recording the data in logical files or categories
  - access and retrieve appropriate information from the Internet
  - organize information, using such tools as a database, spreadsheet or electronic webbing

- **Foundational Operations, Knowledge and Concepts**
  - communicate effectively, applying information technologies that serve particular audiences and purposes
  - explain the advantages and limitations of using computers to store, organize, retrieve and select information
  - work collaboratively to share limited resources
  - identify and apply techniques and tools for communicating, storing, retrieving and selecting information

- **Processes for Productivity**
  - solve problems requiring the sorting, organizing, classifying and extending of data, using such tools as calculators, spreadsheets, databases or hypertext technology
  - edit and format text to clarify and enhance meaning, using such word processing features as the thesaurus, find/change, text alignment, font size and font style
  - convert digital text file, opening and saving as different file types
Required Subject Areas. Students take:

<table>
<thead>
<tr>
<th>English Language Arts</th>
<th>Mathematics</th>
<th>Science</th>
<th>Social Studies</th>
<th>Physical Education</th>
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Information and Communication Technology (ICT) is integrated throughout English Language Arts, Mathematics, Science and Social Studies.

Physical Education

View the physical education subject page at [http://www.learning.gov.ab.ca/k_12/curriculum/bySubject/physed/](http://www.learning.gov.ab.ca/k_12/curriculum/bySubject/physed/)

The aim of the K–12 physical education program is to enable individuals to develop the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle. Students participate in a variety of physical activities: dance, games, types of gymnastics, individual activities and activities in alternative environments, such as aquatics and outdoor pursuits.

The following learning outcomes are selected from the Grade 5 Physical Education Program of Studies.

Activity

Basic Skills
- select, perform and refine more challenging locomotor and nonlocomotor sequences

Application of Basic Skills
- select, perform and refine more challenging basic skills in a variety of environments and using various equipment; e.g., cross-country, orienteering skiing
- demonstrate a variety of dances; e.g., creative, folk, line, sequence and novelty, alone and with others
- apply critical thinking and problem-solving skills to create competitive and cooperative modified games that involve everyone
- select, perform and refine basic skills in individual activities; e.g., hacky sack

Benefits Health

Functional Fitness
- explain the relationship between nutritional habits and physical activity
- demonstrate and select ways to achieve a personal functional level of physical fitness through participation in physical activity

Body Image
- acknowledge and accept individual differences in body shapes and how different body types contribute to positive involvement in physical activities

Well-being
- infer positive benefits gained from specific physical activities

Cooperation

Communication
- identify and demonstrate respectful communication skills appropriate to cooperative participation in physical activity

Fair Play
- demonstrate etiquette and fair play
Leadership
• select and demonstrate responsibility for various roles while participating in physical education; and, accept ideas from others that relate to changing/adapting, movement experiences

Teamwork
• identify and demonstrate practices that contribute to teamwork

Do It Daily ... for Life!
View examples of student activities at http://www.learnino.00v.ab.ca

Effort
• participate regularly in physical activity to develop components of health-related fitness and movement skills
• demonstrate factors that encourage movement

Safety
• identify and follow rules, routines and procedures for safety in a variety of activities
• identify safe practices that promote an active, healthy lifestyle; e.g., water safety

Goal Setting/Personal Challenge
• set long-term goals to improve personal performance based on interests and abilities

Active Living in the Community
• create a strategy to promote participation in physical activity within the school and the community
• identify factors made to be active within group or individual activities on a daily basis

Exemptions from Physical Education
Exemptions from participation in physical education may be given for medical conditions, when accompanied by a medical certification from a doctor to the principal; for religious beliefs, when accompanied by a statement in writing from the parent to the principal; and where access to facilities is prohibitive. When exemption is granted, activities consistent with the program outcomes should be substituted where appropriate.

Physical Education Online
http://www.learning.gov.ab.ca/physicaleducationonline

The Physical Education Online Web site provides a wealth of information to support student learning of the K–12 physical education program of studies. The site is organized into three major sections:
• Program of Studies
• Teacher Resources
• Home Education
### Required Subject Areas

**Students take:**

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### Health and Life Skills

The aim of the health and life skills program is to enable students to make well-informed, healthy choices and to develop behaviours that contribute to the well-being of self and others. A comprehensive health program involves a partnership among home, school and community.

The following learning outcomes are selected from the Grade 5 Health and Life Skills Program of Studies.

#### Wellness Choices

**Personal Health**
- examine the impact of physical activity, nutrition, rest and immunization on the immune system.
- assess the importance of regular hygiene practices during adolescence; e.g., control of body odour, control of acne, maintenance of fresh breath

#### Safety and Responsibility

- promote safety practices in the school and community
- identify personal boundaries, and recognize that boundaries vary depending on the nature of relationship, situation, culture

#### Relationship Choices

**Understanding and Expressing Feelings**
- recognize that presenting feelings may mask underlying feelings; e.g., anger can mask frustration, hurt

**Interactions**
- identify and use long-term strategies for managing feelings—your own and others; e.g., dealing with disappointment, discouragement

**Group Roles and Processes**
- identify possible changes in family relationships, and explore strategies for dealing with change; e.g., loss

#### Life Learning Choices

**Learning Strategies**
- identify and implement an effective time management plan; e.g., prioritize goals

**Life Roles and Career Development**
- investigate the effectiveness of various decision-making strategies; e.g., decision by default, impulsive decision making, delayed decision making.
- relate personal skills to various occupations

**Volunteerism**
- identify, within the school, the volunteer service accomplishments of staff and students

### Human Sexuality Education

Schools are required to offer human sexuality education in Grade 4 to Grade 9. Parents have the right to exempt their child from this instruction. Schools will provide alternative learning experiences for those students who have been exempted from human sexuality instruction.
Required Subject Areas. **Students take:**

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Information and Communication Technology (ICT) is integrated throughout English Language Arts, Mathematics, Science and Social Studies.

**Art and Music**

Through art and music, students develop self-awareness and express their creativity in many ways. They respond personally and critically to a variety of art and music styles and forms.

The aim of the art program is to enable students to learn visual arts skills and concepts, to interpret and communicate with visual symbols, to appreciate the cultural aspects of art, and to relate art to everyday life. The art curriculum has four major components: reflection, depiction, composition and expression.

The following learning outcomes are selected from the Grade 5 Art Program of Studies.

- study and analyze the individual character of natural objects or forms
- impose standards on designed objects and invent improved versions
- modify forms by abstraction, distortion and other transformations
- perfect images through economical use by material and efficiency of effort
- express a feeling or a message
- use media and techniques with an emphasis on more indirect complex procedures and effects in drawing, painting, print making, sculpture, fabric arts, photography and computer graphics

**Music**

The aim of the music program is for students to develop an enjoyment of music, an understanding of a variety of music styles and an insight into music through a variety of musical activities. The music program is developed around the concepts of rhythm, melody, harmony, form and expression. These concepts are learned through participating in six skill areas: listening, moving, singing, playing instruments, reading and writing, and creating.

The following learning outcomes are selected from the Grade 5 Music Program of Studies.

- understand that rhythm is created by combining beat, tempo, patterns, metre and duration
- understand that a melody is changed when its rhythm is changed
- understand that the notes of a chord may be performed to accompany a melody
- match names, sounds and pictures of many instruments
- extend vocal development to include phrasing, enunciation and expression
- develop ability to read parts while singing; e.g., soprano, alto
Optional Subject Areas

The range of optional subject areas offered by elementary schools varies from school to school depending on such factors as student and parent preferences, facilities and staffing.

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<th>Optional Subject Areas. Schools may offer:</th>
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<tbody>
<tr>
<td>Drama</td>
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<tr>
<td>Languages Other than English</td>
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</table>

Drama

The aim of the drama program is for students to develop a positive self-concept by assuming other roles and acquiring dramatic skills. Play, dramatic play and structured dramatic play are the foundation for dramatic forms of expression. These include dramatic movement, mime, choral speech, storytelling, dramatization, puppetry, choric drama, readers' theatre, story theatre, playmaking and group drama.

Drama may be taught as a separate subject area or integrated with other subjects.

Languages Other than English

A variety of courses and programs in languages other than English are available throughout Alberta. Some of these include Aboriginal languages, French, German and Ukrainian.

Students registered in an immersion or a bilingual program follow a language arts course in the target language (e.g., French, Ukrainian) in addition to studying English language arts. In these programs, the target language is also used as the language of instruction in other subject areas, such as mathematics, science and social studies.

Aboriginal Languages

Blackfoot and Cree language and culture programs are designed to enable students to learn Aboriginal languages and to increase awareness of Aboriginal cultures.

The following learning outcomes are selected from the Blackfoot and Cree Language and Culture Programs of Study.

- learn basic communication skills in Blackfoot or Cree
- develop cultural sensitivity, and enhance personal development
- develop originality and creativity
- develop a desire to improve competency in Blackfoot or Cree

French Immersion Program

In Alberta, many students have the opportunity to study in a French immersion program. This program, designed for non-French speaking students, offers an effective way for students to become functionally fluent in French while achieving all of the learning outcomes of the regular programs of study. Graduates from French immersion programs achieve a level of fluency in the target language that allows them to pursue their post-secondary studies in French or to accept employment in a workplace where French is the main language of communication.
There are many delivery models for French immersion present in Alberta schools:

- Early immersion—students begin their immersion experience in Kindergarten and continue in the program to Grade 12.
- Late immersion—the entry point is typically Grade 7.

Courses offered in the French language have as their basis a French version of the English program of studies, which is identical or comparable to the one used in the English program. The exception is Grade 1 to Grade 3 Social Studies. However, a program of studies specific to French immersion students was developed for the learning/teaching of French language arts. Some of the main French language arts learning outcomes are presented in the following section, French Language Arts.

A resource that may be helpful to parents is Yes, You Can Help! Information and Inspiration for French Immersion Parents. It is available on the Alberta Learning Web site or for purchase from the LRC.

French Language Arts

In Division 2, the French language arts program of studies is intended to continue work started in the earlier grades (Division 1), including vocabulary and syntax enrichment, to enable students to engage more actively in their environment. The program of studies also targets the development of the students' ability to plan and monitor their communication projects, whether they are working individually or with classroom partners. Students also learn to respect the basic rules of language in the oral discussions that take place in the classroom as well as in their writing projects.

The following learning outcomes are selected from the French Language Arts Program of Studies.

Oral Comprehension
- use new cues to direct listening
- pay attention to organization of information

Reading Comprehension
- use various cues to direct reading or identify a resource
- establish links between sentences and paragraphs in the organization of information

Oral Production
- demonstrate correct use of expressions in presentations and discussions
- work as a member of a team and independently

Writing
- choose and organize ideas to develop a given topic
- write short stories with brief character descriptions
- demonstrate appropriate choice of verb tense and agreement of subject and verb in the imperfect [l'imparfait] and immediate future [futur proche] tenses
In Alberta, French as a Second Language (FSL) is a program in which the French language is taught as a subject, often between 20 and 40 minutes a day, to help students develop communication skills, language knowledge and cultural awareness in French.

Depending upon a school board's language policy, French as a second language may be offered as an optional program or it may be a compulsory program. School boards may begin the program at different grade levels, since the program is based on developing language proficiency over a grade or grades without being grade specific. Many schools start the program in Grade 4, but others may begin earlier or later.

The program is designed to teach students to:

- understand what they hear and read in French
- communicate their ideas orally and in written form, using an approach that is based on concrete and real-life experiences and situations
- acquire knowledge about local, provincial and national Francophone groups to become more aware of their presence and to understand them better
- develop French language vocabulary and grammar through thematic activities and projects that are related to real-life language experiences
- acquire specific language learning strategies that will help them become better second language learners.

The program is organized into three language proficiency levels—Beginning, Intermediate and Advanced. Each level has its own set of experiences. Students in elementary school generally focus on the Beginning level. As students work through this level, they develop their ability to understand and communicate in French.

A resource that may be helpful to parents is French as a Second Language (FSL) Program: A Guide for Parents. It is available on the Alberta Learning Web site or for purchase from the LRC.

Ukrainian language arts is offered as part of the Ukrainian bilingual program and is designed for native speakers of Ukrainian and for students who speak other languages and wish to learn Ukrainian. The bilingual program begins in Kindergarten and continues through to Grade 12.

**The following learning outcomes are selected from the Ukrainian Language Arts Program of Studies.**

- obtain specific information from teacher-selected sources
- recognize how one expresses personal feelings, ideas and opinions
- effectively organize and present information of interest to peers
- use literature and other art forms to reflect creatively upon experiences of general interest
- recognize and be sensitive to differences or similarities in cultures
recognize the contribution of the lifestyle of Ukrainians to the wider community
practise a variety of learning strategies to acquire concepts in structured situations
expand vocabulary to convey meaning on topics of personal and general interest

Other Languages

Many school boards have developed their own programs. Locally developed language programs include: Arabic, Chinese, Chipewyan, German, Hebrew, Italian, Polish and Spanish. These locally developed courses are based on local needs and demands, and may vary from year to year.

For more information on second language instruction offered in your area, please contact your local school board.
Feedback Form


Please indicate whether you are a:

☐ Parent    ☐ Teacher    ☐ School Administrator    ☐ District Administrator    ☐ Other (please specify)

Please indicate whether you used:

☐ a print copy    ☐ the online format    ☐ both

Please respond to the following by placing a check mark under Strongly Disagree, Disagree, Agree or Strongly Agree.

<table>
<thead>
<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>The handbook provides useful information.</td>
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<td>2.</td>
<td>The amount of information is appropriate.</td>
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<td>3.</td>
<td>The reading level is appropriate.</td>
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<td>4.</td>
<td>The layout and organization are user-friendly.</td>
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<tr>
<td>5.</td>
<td>The links to the Alberta Learning Web site are helpful.</td>
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<tr>
<td>6.</td>
<td>Downloading and printing is easy.</td>
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</table>

How can this handbook be made more helpful to parents?

________________________________________________________________________

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Thank you for your feedback.

Please send your response to:

Director, Curriculum Branch
Alberta Learning
11160 Jasper Avenue
Edmonton, Alberta, Canada
T5K 0L2
Fax: 780–422–3745
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