The Cypress-Fairbanks Independent School District in northwest Houston has grown extremely fast. During the 2001-2002 school year, an additional 4,000 students were added. Because of this growth, it was difficult for the district to adopt the state model for guidance and counseling programs. Many counselors followed what was recommended but it was difficult to evaluate program effectiveness. When counselors requested strategies for more efficient ways to develop the plan, the district came up with a format of using computer templates to help their workload. Templates were developed for elementary, middle, and high school counselors. The templates listed district goals; guidance curriculum descriptions; responsive services descriptions; individual planning descriptions; and guidance curriculum plans. That information helped the counselors understand what the model program was about. They were able to make estimations about time allocations and made the needed adjustments to their activities. The templates also served as a training tool and source of information for the non-counseling staff. Templates are listed in Appendix One. (JDM)
Accountability for Comprehensive Guidance Program Delivery and Quality: Program Templates

by

Sadie Woodard
Benny Malone
Chapter Fourteen

Accountability for Comprehensive Guidance Program Delivery and Quality: Program Templates

Sadie Woodard & Benny Malone
Cypress-Fairbanks Independent School District, Houston, Texas

The Cypress-Fairbanks Independent School District (CFISD) in suburban northwest Houston is an extremely fast growing school district. Over the past ten years, the district has grown by 25,000 students. At the start of the 2001-02 school year, 4,000 new students enrolled in CFISD schools. This phenomenal growth has greatly affected every aspect of the district, including the delivery of guidance and counseling services.

The staffing ratio for counselors in CFISD is 400 students per counselor in secondary schools. At the elementary level a formula is used for allocating counselors. For schools with an enrollment of up to 949 students, one counselor is allocated. When a campus reaches 950 students, a half-time counselor is added. A second full-time counselor is added when an elementary campus reaches 1,100 students. We currently have three elementary schools with more than 1,200 students. Although the counselor-to-student ratios are high in comparison to the rates recommended by the American School Counselor Association (i.e., a maximum of 1:300), they are typical of many schools in large, fast growing school districts in Texas.

In 1990, The Texas Education Agency released A Model Developmental Guidance and Counseling Program for Texas Public Schools. The agency recommended that Texas schools adopt this model for the design of their school guidance programs. Since 1990 CFISD counselors have been requested to follow the state’s recommended model in the design, development, implementation, and evaluation of their school guidance programs.

The Problem

Writing an annual comprehensive developmental guidance program is a huge task. Because we have site-based decision making in CFISD,
personnel in each school identify the needs of that school’s students. Building staff members, including counselors, are very involved in developing a Campus Improvement Plan (CIP), which is tied to the district’s Annual Goals/Action Plan. We envisioned the writing of a developmental guidance program as part of the CIP process.

However, counselors have shown some reluctance in designing and developing their program from year to year. Time seems always to be the enemy. Counselors would usually prepare a calendar of major activities, and those at the secondary level would assign responsibilities to various counselors. (Because most of our elementary schools have had only one counselor in the building, that individual carried responsibility for all guidance activities.) Although we had advocated that all counselors follow the recommended Texas model, this was not really viewed as a planning process but rather as a paperwork requirement. Many counselors did follow much of what was recommended, but it was difficult to evaluate effectiveness or document what actually was in place. In addition, the model contained recommended percentages for time allocation to particular guidance tasks, but counselors were unable to advocate effectively for a program that more closely matched the recommended percentages because of the difficulty in documenting the current program. Therefore, counselors requested strategies for more efficiently and effectively developing their campus guidance plans.

Our Answer

After informal discussion with several counselors, we came to the conclusion that setting up a common format for writing a program would be helpful. We also determined that the format needed to accomplish the following:

- be user-friendly (few elementary counselors had clerical help);
- allow for individualization among school plans;
- include counselor responsibilities listed in the district’s Annual Goals/Action Plan; and
- adhere to all of the recommendations found in the Texas model, which we were committed to implementing to the greatest degree possible.

The idea of using computer templates resulted from several months of planning meetings with guidance counselors. We met with the cluster leaders of elementary counselors and the coordinating counselors for middle schools and high schools in separate meetings. We had four main objectives for the meetings:

1. To get a comprehensive overview of all of the counselors’ responsibilities. We knew there would be many similarities, but we
also expected differences due to site-based decision making.

2. To come to consensus on assigning the various tasks contained in the four components of the Texas model—guidance curriculum, responsive services, individual planning, and system support. It was through this step that we could attempt to evaluate whether counselors were devoting the recommended time percentages to each component.

3. To list all of the guidance materials and programs that were used districtwide and all of the topics that were mandated in school district policy and state law, or that were recommended in the Texas model for guidance and counseling programs. This list served to inform counselors about materials with which some may not have been familiar. It also facilitated networking among counselors regarding the myriad of guidance materials available to meet the needs of students.

4. To identify all district goals for which counselors had a responsibility and tie them to components of the Texas model. In other words, we wanted to document that the developmental guidance program for each campus met campus needs, district goals, and Texas model recommendations.

**Description of Templates**

With Sadie Woodard's assistance, Benny Malone developed the templates, using Microsoft Word. A separate set of templates was developed for each level: elementary, middle school, and high school. The templates are included in a folder on the district's computer network, on the Global drive. Each campus counselor has access to this drive. Through Windows Explorer, the counselor copies the template folder to his or her individual computer system.

Each template set comprises a parallel series of 12 documents with the content modified as appropriate for each level. (See the sample form templates in the chapter appendix.) The content of some documents is the same across all levels; these are the cover page, district goals list, professional counseling staff list, and the caseload assignment lists for the beginning-of-year plan and the end-of-year evaluation. Other documents are specific to the elementary, middle school, or high school level, namely the campus snapshot, guidance curriculum description, responsive services description, individual planning description, system support description, guidance curriculum plan, and the guidance and counseling calendar. The content for these documents was established during the counselor meetings described previously. Each counselor edits these document templates to match his or her specific activities. Some activities may be deleted or added, but on the whole, activities are common to all campuses.
Benefits

Through the process of setting up a standard format, counselors became very familiar with the details of the model. We were able to identify and discuss misconceptions, with the results being that counselors became much more knowledgeable of what a model guidance program should look like. Another beneficial outcome of this process was that we were able to identify gaps in the existing guidance programs of our schools. For example, middle school counselors were engaged in a highly administrative role, and were conducting a minimal amount of classroom guidance or small-group activities. We were also able to document imbalances in the percentages of time allotted to the various components. We saw the need to temper our expectations for our school programs because of the large student-counselor ratio, especially in elementary schools. This caused us to problem solve in a different way. Our counselor committees began to identify other staff on each campus who could assist in implementing various parts of a comprehensive guidance and counseling program. An example of this is our D.A.R.E. programs, which are implemented through the science curriculum and are taught by trained D.A.R.E. officers. This instruction clearly falls under the guidance curriculum component and is presented in every fifth-grade classroom in the district.

In developing the templates, we were able not only to accomplish the goal that we set out to accomplish, but because we had committees representing every campus, we also achieved buy-in from the counseling staff at elementary, middle school, and high school levels. All had a part in designing the master plan.

In addition to outlining the annual activities of a school’s developmental guidance program, the set of documents serves as both a training tool and an informational piece for non-counseling staff members, including principals. Therefore, the definition of each of the four components is included at the top of the relevant document, with the recommended percentage of time counselors should spend in that particular component. Using the templates has been a tremendous time-saver for counselors, enabling them to spend more of their time implementing the program and less time designing its presentation.

Conclusion

The feedback from counselors at all levels about using the templates has been very positive. Principals also are pleased to have a documented program on hand to share with other staff when doing annual planning
activities. The central guidance and counseling office can answer questions about a particular campus guidance program with assurance that a strong plan that adheres to state, district, and campus goals is in place. This format has provided our counselors with a structure that allows individualization for each campus, a must for districts with site-based decision making. The mechanics have not been difficult to manage. In fact, a side benefit is that many counselors have strengthened their computer skills!

Reference


About the Authors

Sadie A. Woodard has been director of guidance and counseling in the Cypress-Fairbanks Independent School District, Houston, Texas, for 14 years. Prior to taking her current position, Sadie was a high school assistant principal, counselor, science teacher, and coach. She has been an active leader in the Texas Counseling Association and the Texas Association for Multicultural Counseling and Development. Sadie can be reached at sadie.harris-woodard@cfisd.net or at (281) 897-4054.

Benny K. Malone has been coordinator of guidance and counseling for two years in the Cypress-Fairbanks Independent School District. Earlier in her career, Benny was an elementary counselor and, prior to that, a special education teacher. She can be reached at benny.malone@cfisd.net or at (281) 517-6326.
Template Appendix
DEVELOPMENTAL GUIDANCE PROGRAM

SCHOOL NAME

Prepared by

COUNSELOR (S) / COORDINATING COUNSELOR

DATE

DGP—Cover Page
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September 2001
Professional Counseling Staff

<table>
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<th>Counseling Staff*</th>
<th>Education Degree, Major &amp; School</th>
<th>Area of Special Interest/Training/Licensure</th>
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*Include all campus counseling staff—e.g., Campus Counselors, Intern, Bilingual Itinerant Counselor, YSS, Special Education Counselor, Psychologist

DGP-Professional Counseling Staff
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September, 2001
### Middle School Campus Snapshot

#### Demographics

*(Obtain information from Enrollment/Ethnic Recap.)*

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<th>Enrollment</th>
<th>American Indian</th>
<th>Asian</th>
<th>Black</th>
<th>Hispanic</th>
<th>White</th>
<th>Sp. Ed.</th>
<th>F/R</th>
<th>ESL</th>
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<tr>
<td>Total</td>
<td></td>
<td></td>
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<td></td>
<td></td>
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#### Special Programs

*(Place "x" for programs on your campus.)*

<table>
<thead>
<tr>
<th>Program</th>
<th>CSRD Grant (AVID)</th>
<th>Life Skills (3 hr. NES class)</th>
<th>ESL Block</th>
<th>Building Better Relationships</th>
<th>Other (List name of program(s) below.)</th>
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</thead>
<tbody>
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<td></td>
<td></td>
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</tr>
</tbody>
</table>
Beginning-of-the-Year Plan

(List each counselor by name, assignment and activities.)

Counseling Staff*

Title

Grade Level Served

Enrollment

Number of Small Groups Planned

Number of Students to be Served in Small Groups

Number of Guidance Curriculum Presentations Planned

Number of Students to be Served in Guidance Curriculum Presentations

TOTAL

*Include all campus counseling staff—e.g., Campus Counselors, Intern, Bilingual Itinerant Counselor, YSS, Special Education Counselor, Psychologist
District Goal 1
Student Progress: Academic Learning and Social/Emotional Development
- Students’ academic performance and achievement level will reflect excellence in learning and attainment of both high expectations and high standards.
- Students’ behavior will exemplify the skills, attitudes, and/or practices characteristic of productive, community-minded adults: citizenship, self-esteem, respect for others, accountability for actions, and healthful lifestyles.

Curricular Objectives
Produce graduates who have experienced full access to a challenging, enriched, TEKS-based curriculum.
1. Challenge all students by providing them a well-balanced, rich curriculum with appropriate learning experiences based on the Texas Essential Knowledge and Skills (TEKS).
2. Ensure that students, no matter which campus they attend, receive the same curriculum as detailed in the District’s academic standards for language arts/reading, mathematics, science, and social studies.
3. Enroll students in appropriately challenging courses, particularly in mathematics and science, by adhering to well-thought-out placement criteria and procedures.
4. Maintain high expectations for students—that they will demonstrate exemplary performance in their reading and writing of the English language and in their understanding of mathematics, science, and social studies.

“Portrait” Objectives
Develop in students the competencies identified in the “Portrait of a CFISD Graduate”: effective communicator, competent problem solver, self-directed learner, responsible citizen, and quality producer.

Effective Communicator
5. Improve students’ communication skills by providing instruction in listening, speaking, reading, and writing, including the use of standard grammar, language conventions, and vocabulary precision and richness.
6. Ensure students’ literacy by making certain that all students can read on grade level or above by the end of third grade and every year thereafter.
7. Expand students’ language skills by providing opportunities for foreign language instruction at the elementary level.
8. Add dimension to students’ learning environment by promoting the use of technology as a tool.

DGP—District Goals
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September 2001
Competent Problem Solver
9. Develop and refine students' problem-solving and critical/creative-thinking skills by extending the depth and complexity of lessons.
10. Ensure students' mathematical competence by making certain that they reach or exceed grade-level math standards by the end of third grade and every year thereafter.

Self-directed Learner
11. Ensure students' academic success by equipping them with on-grade-level or higher study skills.
12. Enable secondary students to maximize credit-earning opportunities by providing information to students and their parents about four-year plans, required and elective courses, and high-school-credit courses offered during middle school.
13. Maximize students' time in their regularly scheduled classes by monitoring co-curricular and extracurricular activities and enforcing participation guidelines while considering the benefits that such activities can provide for students.
14. Help students plan for life beyond graduation by providing college counseling and career guidance.

Responsible Citizen
15. Help students gain an understanding of, acceptance of, and appreciation for diversity, and expect them to treat others with dignity and respect.
16. Prepare students to lead productive lives in the 21st century by cultivating worldwide awareness and multicultural understanding.
17. Equip students to become productive, contributing adult citizens and workers by developing and refining their self-discipline and sense of responsibility.
18. Maximize the student completion rate by reducing the number of students who drop out of school (psychological as well as physical dropouts).
19. Increase student attendance by studying the causes of absenteeism, finding ways to address these problems, and implementing targeted strategies.
20. Foster students' physical and emotional fitness by encouraging them to form good habits and adopt healthful practices.
21. Instill in students the importance of remaining drug-free by providing effective and appropriate instruction about the hazards of substance abuse.

Quality Producer
22. Close the achievement gap between at-risk and non-at-risk students by elevating expectations of their performance, accelerating their academic growth, and varying the strategies used in their instruction.
23. Improve the academic outcomes of students in special populations (such as limited English proficient, gifted/talented, and special education) by strengthening the curricula designed to meet their needs.
24. Accommodate learners' needs through the use of flexible grouping, particularly in subject areas that invite vertical acceleration for students with special aptitudes.
25. Prepare learners for real-world pursuits by ensuring that teachers understand and convey to students and their parents the specific connections between classroom activities/topics and job skills/knowledge.
Counselor Activities

(This list pairs the counselor activities stated in the CFISD Goals and Annual Action Plan, 2001–2002 with the state-recommended guidance and counseling program components: Guidance Curriculum, Responsive Services, Individual Planning, and System Support. In order to formulate a comprehensive developmental guidance program for an elementary or secondary campus, the counseling staff incorporates both district goals and state components.)

1. Curricular Objective, Activity #6 (Individual Planning, E/S)

Promote students’ placement into appropriately challenging courses that provide vertical acceleration by continuing to review, revise, and monitor District placement criteria and procedures.

   a. Implement a vertical acceleration program in mathematics that meets District criteria for advancement in grades 1–5.

   b. Minimize the number of drops from Algebra 1 during the first six weeks of 8th grade by identifying student needs and adjusting instruction accordingly.

2. Curricular Objective, Activity #7 (System Support, E/S)

Keep students and parents informed about advanced-placement and credit-by-exam opportunities.

3. Curricular Objective, Activities #8 (Individual Planning, S)

Improve ninth-grade student success by continuing to use many of the strategies implemented through the ACCESS Graduation grant.

4. Portrait Objective, Competent Problem Solver, Activity #11 (Guidance Curriculum, E/S)

Encourage students to participate in activities beyond the classroom that promote higher-level thinking and problem-solving competencies. Some examples are listed below.

   a. Co-curricular: UIL competitions, science exhibits, History Fair

   b. Extracurricular: Destination ImagiNation, Science Olympiad, math contests

   c. Social/emotional: peer mediation, PALS, Teen Leadership, mentoring, anger management counseling groups, Teen Court, D.A.R.E., and Skills for Adolescence

5. Portrait Objective, Self-directed Learner, Activity #8 (System Support, S)

Maximize students’ opportunities to earn high school credits during middle school by clarifying the District’s philosophy regarding this issue.

6. Portrait Objective, Self-directed Learner, Activity #10 (System Support, S)

Continue updating and providing students and parents with guidance/counseling publications for use in developing four-year plans and planning for college and careers. Examples:
• Information regarding local advanced-placement, College Board AP courses, credit-by-exam, and dual-credit opportunities
• Internet and web sites for colleges
• Information on college admissions and financial aid opportunities (e.g., the “TEXAS” and “Teach for Texas” grant programs)
• Individual transition planning for students with disabilities
• Other transitional guidance materials

7. Portrait Objective, Self-directed Learner, Activity #11 (System Support, S)
Encourage students and their parents to set educational goals by publicizing and distributing information related to the four-year planning process and college and career planning. Examples:
• Middle school and high school transition meetings (Keeping the Options Open)
• Television announcements in English, Spanish, and Vietnamese
• Information on CFISD web site
• Transition planning brochure for students with disabilities

8. Portrait Objective, Self-directed Learner, Activity #12 (Individual Planning, S)
Promote secondary students’ understanding of the connection between education and career success through
a. TEKS-driven classroom activities with real-world focus and
b. Implementation of the individual planning component (“career focus” portion) of the Development Guidance Program.

9. Portrait Objective, Self-directed Learner, Activity #14 (System Support, S)
Ask students to rate the District’s success in preparing them for life beyond high school.
 a. Administer the Life Track Exit survey to all graduating seniors, analyze the results, and identify trends.
 b. Continue following up on the study of graduates who have become productive employees, and determine what role the schools may have played in those students’ attainment of career success.

10. Portrait Objective, Responsible Citizen, Activity #4 (Individual Planning, S)
Identify students who have fallen behind their peers, and address their individual needs by implementing alternative ways of delivering instruction and services and/or allowing them to earn credit and accelerate their progress in school (e.g., Windfern High School, advanced placement, credit-by-exam).

11. Portrait Objective, Responsible Citizen, Activity #6 (Responsive Services, E/S)
Reach students who struggle with developing self-discipline and responsibility by implementing non-traditional interventions (e.g., conflict resolution, peer mediation, in-school tribunal, teen court, small-group counseling, seminars on character development and leadership).
12. Portrait Objective, Responsible Citizen, Activity #7 (Guidance Curriculum, E/S)
Develop positive behaviors in students through continued implementation and evaluation of programs such as Boys Town (Building Better Relationships), the Developmental Guidance Program, and Safe and Drug-free Schools (PALS, DARE, and GREAT), and Teen Leadership.

13. Portrait Objective, Responsible Citizen, Activity #9 (Guidance Curriculum, E/S)
Help students to develop an appreciation for diversity.
   a. Enhance multiethnic understanding through continued participation in the Teen Summit on Race Relations.
   b. Promote districtwide collaboration of students through the superintendent’s high school and middle school Student Leadership Program groups.
   c. Provide opportunities for students to discuss the importance of understanding and accepting others.

14. Portrait Objective, Quality Producer, Activity #14 (Individual Planning, S)
Ensure academic success for 9th-grade students.
   a. Provide incoming 9th graders with summer programs (e.g., summer academies, including Algebridge).
   b. Ensure that 9th graders earn at least 5 credits (and become 10th graders).

15. Portrait Objective, Quality Producer, Activity #21 (System Support, E/S)
Improve special education students' programs and learning outcomes by implementing the District’s plan of action for improvement (i.e., the CAP) and updating each campus’s progress in the following areas.
   a. least restrictive environment;
   b. related services;
   c. timelines for initial evaluation;
   d. timelines for re-evaluation; and
   e. transition services

DGP—District Goals
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September 2001
Guidance Curriculum

The purpose of the Guidance Curriculum component is to help all students develop basic life skills. The curriculum has a scope and sequence for student competency development and is taught in units with planned lessons.

State-recommended percentage, Middle School = 35% to 40%

In the area of Guidance Curriculum, the counselors at _____________ will:

(school name)

1. Teach the developmental guidance curriculum in units with planned lessons for small or classroom-sized groups of students at all grade levels.
2. Plan and present lessons on the following topics:
   - Self-confidence Development
   - Motivation to Achieve
   - Decision-making, Goal-setting, Planning, and Problem-solving Skills
   - Interpersonal Effectiveness
   - Communication Skills
   - Cross-cultural Effectiveness
   - Responsible Behavior
3. Identify appropriate resources and materials necessary for presenting the guidance curriculum.
4. Collaborate with, and provide assistance to, other school team members (especially teachers) who may integrate the guidance topics with other curricula.
5. Assist teachers in instructing students on how to interpret and utilize the results from the 8th-grade Career Planning Survey.
6. Coordinate classroom and small-group guidance lessons with campus and district goals.
7. Prepare a monthly calendar of guidance curriculum activities that includes:
   - The topics/programs presented
   - The grade level receiving the presentation
   - The format of the presentation (classroom session or small group activity)
   - Lesson presenter (counselor, campus staff or other person)
## Elementary Guidance Curriculum Plan

<table>
<thead>
<tr>
<th>Suggested Topics/Programs</th>
<th>Recommended Grade Level</th>
<th>Guidance Curriculum Area Addressed</th>
<th>District Goal Addressed Through Guidance Curriculum</th>
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<tr>
<td>DUSO</td>
<td>PK, K, 1</td>
<td>ABCDEFG</td>
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<td>Kelso</td>
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<tr>
<td>Be Cool Series</td>
<td>4, 5</td>
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<td>Get Along Series</td>
<td>PK, K, 1, 2</td>
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<tr>
<td>Stick Up for Yourself</td>
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<td>DARE</td>
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<td>WHO</td>
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<td>CDEG</td>
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<td>Bullying/Teasing</td>
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<td>ABCDEFG</td>
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<td>All</td>
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<td>Cross Cultural Effectiveness</td>
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<td>Drug Awareness</td>
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<td>Violence Prevention</td>
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<td>ABCDEFG</td>
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### Guidance Curriculum Area

The following topics should be included in the Developmental Guidance Program recommended by TEA.

- A. Self-confidence Development
- B. Motivation to Achieve
- C. Decision-making, Goal-setting, Planning and Problem-solving Skills
- D. Interpersonal Effectiveness
- E. Communication Skills
- F. Cross Cultural Effectiveness
- G. Responsible Behavior

### Competent Problem-solver, Activity 11
Encourage students to participate in activities beyond the classroom which promote higher-level thinking and problem-solving competencies. Some examples are listed below.

- (a) Co-curricular: UIL competitions, science exhibits, History Fair
- (b) Extracurricular: Destination ImagiNation, Science Olympiad, math contests
- (c) Social/emotional: peer mediation, PALS, Teen Leadership, mentoring, anger management counseling groups, Teen Court, DARE, and Skills for Adolescence.

### Responsible Citizen, Activity 7
Develop positive behaviors in students through continued implementation and evaluation programs such as Boys Town (Building Better Relationships), the Developmental Guidance Program, and Safe and Drug-free Schools (PALS, DARE, and GREAT), and Teen Leadership.

### Responsible Citizen, Activity 9
Help students to develop an appreciation for diversity.

- (a) Enhance multietnic understanding through continued participation in the Teen Summit on Race Relations.
- (b) Promote districtwide collaboration of students through the Superintendent’s high school and middle school Student Leadership Program groups
- (c) Provide opportunities for students to discuss the importance of understanding and accepting others.
### High School Guidance Curriculum Plan

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<th>Suggested Topics/Programs</th>
<th>Recommended Grade Level</th>
<th>Guidance Curriculum Area Addressed</th>
<th>District Goal Addressed Through Guidance Curriculum</th>
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<td>BCQ</td>
<td>Goal 1, Portfolio Objectives</td>
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<td>Competent Problem-solver, Activity 1</td>
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<tr>
<td>Anger Control</td>
<td>All</td>
<td>ABCDEFG</td>
<td>Encourage students to participate in activities beyond the classroom which promote higher-level thinking and problem-solving competencies. Some examples are listed below.</td>
</tr>
<tr>
<td>Building Better Relationships</td>
<td>All</td>
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<td>(a) Co-curricular: UIL competitions, science exhibits, History Fair</td>
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<td>Conflict Res./Peer Mediation</td>
<td>All</td>
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<td>(b) Extracurricular: Destination Imag/Nation, Science Olympiad, math contests</td>
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<tr>
<td>Cross Cultural Effectiveness</td>
<td>All</td>
<td>BCDEFG</td>
<td>(c) Social/emotional: peer mediation, PALS, Teen Leadership, mentoring, anger management counseling groups, Teen Court, DARE, and Skills for Adolescence.</td>
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<td>Drug Awareness</td>
<td>9, 10</td>
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<tr>
<td>Red Ribbon Week</td>
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<td>ROPES</td>
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<td>Suicide, Crisis Prevention</td>
<td>9, 10</td>
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<td>Test Taking/Study Skills</td>
<td>10, 11</td>
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<tr>
<td>WHO</td>
<td>9, 10</td>
<td>ACDEG</td>
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#### Guidance Curriculum Areas

- **A.** Self-confidence Development
- **B.** Motivation to Achieve
- **C.** Decision-making, Goal-setting, Planning and Problem-solving Skills
- **D.** Interpersonal Effectiveness
- **E.** Communication Skills
- **F.** Cross Cultural Effectiveness
- **G.** Responsible Behavior

The following topics should be included in the Developmental Guidance Program recommended by TEA.

### Goal 1, Portfolio Objectives

**Competent Problem-solver, Activity 1**

Encourage students to participate in activities beyond the classroom which promote higher-level thinking and problem-solving competencies. Some examples are listed below.

- **(a) Co-curricular:** UIL competitions, science exhibits, History Fair
- **(b) Extracurricular:** Destination Imag/Nation, Science Olympiad, math contests
- **(c) Social/emotional:** peer mediation, PALS, Teen Leadership, mentoring, anger management counseling groups, Teen Court, DARE, and Skills for Adolescence.

### Goal 2, Portfolio Objectives

**Responsible Citizen, Activity 2**

Develop positive behaviors in students through continued implementation and evaluation programs such as Boys Town (Building Better Relationships), the Developmental Guidance Program, and Safe and Drug-free Schools (PALS, DARE, and GREAT), and Teen Leadership

**Responsible Citizen, Activity 2**

Help students to develop an appreciation for diversity.

- **(a) Enhance multicultural understanding through continued participation in the Teen Summit on Race Relations.**
- **(b) Promote districtwide collaboration of students through the Superintendent's high school and middle school Student Leadership Program groups**
- **(c) Provide opportunities for students to discuss the importance of understanding and accepting others.**

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DGP-Sample Guidance Curriculum Plan, High School
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September, 2001
DEVELOPMENTAL GUIDANCE PROGRAM

Responsive Services

This is an ongoing daily responsibility in which the counselor intervenes on behalf of those students whose immediate personal concerns or problems put their continued personal-social, career, and/or educational development at risk.
State-recommended percentages, High School = 25% to 35%

In the area of Responsive Services, the counselors at _____________ will:

(school name)

1. Provide consultation through conferences, phone calls and individual meetings to:
   - Teachers
   - Parents
   - Administrators
   - Psychologist
   - Diagnostician
   - Nurse
   - Youth Service Specialist
   - Other professionals

2. Locate appropriate resources for referrals to community services.
3. Facilitate and/or assist other campus staff in making referrals to Children’s Protective Services and respond to requests for information from Children’s Protective Services.
4. Serve as a member of the campus crisis intervention team.
5. Conduct small-group counseling sessions on various topics, such as:
   - Self-esteem
   - Retention
   - Building and Maintaining Positive Personal Relationships
   - Anger Management
   - Grief and Loss
   - Divorce
   - Social Skills
   - Goal Setting for Academic and Career Aspirations
   - Special Needs
6. Meet with students for individual counseling on an as-needed or limited basis to address school adjustment issues and assess student needs for additional intervention from school, home, or community services.
7. Support the development and implementation of campus mentoring programs.
8. Provide booklets and brochures on topics of interest to parents and students.

DGP—Responsive Services, High School
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September 2001
DEVELOPMENTAL GUIDANCE PROGRAM
Individual Planning

This is an ongoing daily responsibility in which the counselor guides all students as they plan, monitor, and manage their own educational, career, and personal-social development.
State-recommended percentage, Middle School = 15% to 25%

In the area of Individual Planning, the counselors at ________________ will:
    (school name)

1. Serve as members of the campus At Risk Committee.
2. Provide parent consultation regarding student needs at new student registration.
3. Provide consultation to parents regarding student progress as needed throughout the year.
4. Provide consultation to students regarding academic matters (e.g., credit-by-exam, four-year plans, summer school placement, course selection and scheduling, Duke Talent Search program).
5. Provide consultation to teachers regarding student concerns.
6. Assist with the completion of behavior rating scales as requested.
7. Maintain accurate, up-to-date student records of testing and identification for special programs (special education, 504, dyslexia).
8. Process referrals for special education including:
   - Chairing the referral committee meeting
   - Attending staffings
   - Chairing and/or attending ARDs
9. Interpret assessment data and test results and consult with parents, students and school staff in order to assist in formulating realistic goals for students (TAAS; career planning survey; special program testing.)
10. At the principal’s discretion, serve on the dyslexia identification committee.
11. At the principal’s discretion, coordinate the 504 committee.
12. Assist students in making applications for special programs and schools.
13. Assist with completing individual TAAS interviews.
14. Prepare a monthly calendar of individual planning activities which includes:
   - At Risk Committee meetings
   - Course selection and scheduling timelines
   - Individual student four-year planning conference timelines
   - New student registration

DGP—Individual Planning, Middle School
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September 2001
DEVELOPMENTAL GUIDANCE PROGRAM

System Support

The System Support component consists of services and management activities which indirectly benefit students and are required to assure the delivery of a high quality guidance program.
State-recommended percentage, Elementary = 10% to 15%

In the area of System Support, the counselors at ______________ will:
(school name)

1. Plan, organize, and ensure implementation of the campus-wide developmental guidance program.
2. Participate in and contribute to district and campus leadership teams including:
   - Campus administrative team
   - Counselor meetings and committees
   - Cluster meetings
   - Vertical team meetings
3. At principal's discretion, serve as member of CPOC.
4. Support campus programs and special events.
5. Contribute articles to the campus newsletter regarding activities and services of the guidance and counseling program.
6. Provide staff development at campus and district levels that further knowledge and understanding of the guidance and counseling program.
7. Provide parenting education programs at campus and district levels.
8. Serve as campus TAAS coordinator.
9. At principal's discretion, coordinate other campus standardized testing programs (GT, second-grade testing, bilingual/ESL).
10. Continue to enhance personal professional development by attending conferences and workshops.
11. Assist campus staff as part of the PEIMS data quality assurance team by maintaining accurate counseling records for all students in special programs (special education, GT, bilingual/ESL).
12. Prepare a monthly calendar of system support activities which include:
   - Standardized testing schedule
   - Professional development activities
   - Conference attendance
   - Campus support activities
   - Parent education programs

DGP—System Support, Elementary
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September 2001
DEVELOPMENTAL GUIDANCE PROGRAM

System Support

The System Support component consists of services and management activities which indirectly benefit students and are required to assure the delivery of a high quality guidance program.
State-recommended percentage, High School = 15% to 20%

In the area of System Support, the counselors at __________ will:

(school name)

1. Plan, organize, and ensure implementation of the campus-wide Developmental Guidance Program.
2. Participate in and contribute to district and campus leadership teams including:
   • Campus administrative team
   • Counselor meetings and committees
   • Cluster meetings
   • Vertical team meetings
3. At principal’s discretion, serve as member of CPOC.
4. Support campus programs and special events.
5. Contribute articles to the campus newsletter regarding activities and services of the guidance and counseling program.
6. Provide staff development at campus and district levels which furthers knowledge and understanding of the guidance and counseling program.
7. Provide parenting education programs at campus and district levels.
8. Serve as campus TAAS coordinator.
9. Assist in coordinating other campus standardized and field-testing programs (credit-by-exam; college entrance exams including PSAT, SAT I, ACT, and College Board AP testing; RPTE; special education alternative testing).
10. Consult with teachers in instructing students on how to interpret and utilize the results from the Career Planning Survey.
11. Continue to enhance personal professional development by attending conferences and workshops.
12. Assist campus staff as part of the PEIMS data quality assurance team by maintaining accurate counseling records for all students in special programs (special education, At Risk).
13. Prepare a monthly calendar of system support activities which includes:
   • Standardized testing schedule
   • Professional development activities
   • Conference attendance
   • Campus support activities
   • Parent education programs

DGP—System Support, High School
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September 2001
Sample Calendar-Items in Bold are required as listed. Schedule all other activities according to campus needs.

<table>
<thead>
<tr>
<th>Month</th>
<th>All Levels</th>
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</table>

**KEY**

- C: Guidance Curriculum by Counseling Staff
- T: Guidance Curriculum by Teacher
- O: Guidance Curriculum by Other (DARE Officer, Nurse, etc.)
- RS: Responsive Services (consultation, community referrals, crisis intervention, individual counseling)
- IP: Individual Planning
- SS: System Support
- c: Classroom Session
- g: Small Group Session
<table>
<thead>
<tr>
<th>Month</th>
<th>RS-ongoing</th>
<th>BBR (cT)</th>
<th>LEP screening/LPAC (IP)</th>
<th>At Risk Committees (IP)</th>
<th>GT Nominations Notice (IP)</th>
<th>TCA Conference (SS)</th>
<th>MAC Study (SS)</th>
<th>Kelso (cC)</th>
<th>Divorce (gC)</th>
<th>Conflict Res. (SC)</th>
<th>Divorce (gC)</th>
<th>ROPES (c0)</th>
<th>Divorce (gC)</th>
<th>Conflict Res. (gC)</th>
<th>WHO (cC)</th>
<th>GREAT (c0)</th>
<th>TAAS Writing (SS)</th>
<th>TAAS Rdg. &amp; Math (SS)</th>
<th>DARE (c0)</th>
<th>MS transition (cC)</th>
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</table>
| Sample Calendar Items in Bold are Required as Listed. Schedule all other activities according to campus needs.

### Calendar Items

- **RS-ongoing**
- **BBR (cT)**
- **LEP screening/LPAC (IP)**
- **At Risk Committees (IP)**
- **GT Nominations Notice (IP)**
- **TCA Conference (SS)**
- **MAC Study (SS)**
- **Kelso (cC)**
- **Divorce (gC)**
- **Conflict Res. (SC)**
- **Divorce (gC)**
- **ROPES (c0)**
- **GREAT (c0)**
- **WHO (cC)**
- **DARE (c0)**

### Key
- **C- Guidance Curriculum by Counseling Staff**
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- **g-Small Group Session**

### Sample Calendar, Elementary

- **DGP**
- **Cypress-Fairbanks ISD**
- **Guidance and Counseling Dept.**
- **September, 2001**

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**Note:**

Activities according to campus needs.
Sample Calendar: Items in bold are required as listed. Schedule all other activities according to campus needs.

<table>
<thead>
<tr>
<th>May</th>
<th>GT notification (IP)</th>
<th>GT notification (IP)</th>
<th>GT notification (IP)</th>
<th>GREAT (cO)</th>
<th>DARE (cO)</th>
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<td>GT notification (IP)</td>
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<td>GT notification (IP)</td>
<td>TAAS info to Parents (SS)</td>
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<td>End-of-Year LPAC (IP)</td>
<td>Credit-by-Exam notice (IP)</td>
<td>GT Summer Testing notice (IP)</td>
<td>DUREA r (e0)</td>
<td>DR (cO)</td>
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<td>Guidance Program Evaluation (SS)</td>
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**KEY**
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- T: Guidance Curriculum by Teacher
- O: Guidance Curriculum by Other (DARE Officer, Nurse, etc.)
- RS: Responsive Services (consultation, community referrals, crisis intervention, individual counseling)
- IP: Individual Planning
- SS: System Support
- c: Classroom Session
- g: Small Group Session

*Sample Calendar, Elementary, Cypress-Fairbanks ISD, Guidance and Counseling Dept. September, 2001*
### Middle School Guidance and Counseling Calendar

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<th>Month</th>
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<tr>
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<td>December</td>
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**Activities:***
- C-Guidance Curriculum by Counselor
- T-Guidance Curriculum by Teacher
- 0-Guidance Curriculum by Other (DARE-Officer, Nurse, etc.)
- RS-Responsive Services (consultation, community referrals, crisis intervention, individual counseling)
- IP-Individual Planning
- SS-System Support
- c-Classroom Session
- g-Small Group Session

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**KEY:**
- Guidance Curriculum by Counselor
- Guidance Curriculum by Teacher
- Guidance Curriculum by Other (DARE-Officer, Nurse, etc.)
- Responsive Services (consultation, community referrals, crisis intervention, individual counseling)
- Individual Planning
- System Support
- Classroom Session
- Small Group Session
Sample Calendar - Items in **Bold** are required as listed. Schedule all other activities according to campus needs.

<table>
<thead>
<tr>
<th>Month</th>
<th>RS-ongoing</th>
<th>BBR (cT)</th>
<th>Course Selection &amp; Scheduling (IP)</th>
<th>TAAS Interviews (IP)</th>
<th>MAC Study (SS)</th>
<th>Duke Talent Search (IP)</th>
<th>4 Yr. Plans (cC)</th>
<th>WHO (cC)</th>
<th>TAAS Writing (SS)</th>
<th>Elem. Mgr. for 3rd to 6th (SS)</th>
<th>WHO (cC)</th>
<th>High School Transition (cC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>November</td>
<td><strong>RS-ongoing</strong></td>
<td><strong>BBR (cT)</strong></td>
<td>At Risk Group (gC)</td>
<td>At Risk Committees (IP)</td>
<td>TAAS Interviews (IP)</td>
<td>TCA Conference (SS)</td>
<td><strong>MAC Study (SS)</strong></td>
<td><strong>Duke Talent Search (IP)</strong></td>
<td><strong>4 Yr. Plans (cC)</strong></td>
<td><strong>WHO (cC)</strong></td>
<td><strong>TAAS Writing (SS)</strong></td>
<td></td>
</tr>
<tr>
<td>December</td>
<td><strong>RS-ongoing</strong></td>
<td><strong>BBR (cT)</strong></td>
<td><strong>Course Selection &amp; Scheduling (IP)</strong></td>
<td><strong>TAAS Interviews (IP)</strong></td>
<td><strong>Latch-key Program (cC)</strong></td>
<td><strong>Relationships (gC)</strong></td>
<td><strong>Child Lures (cC)</strong></td>
<td><strong>WHO (cC)</strong></td>
<td><strong>TAAS Writing (SS)</strong></td>
<td><strong>Elem. Mgr. for 3rd to 6th (SS)</strong></td>
<td><strong>WHO (cC)</strong></td>
<td><strong>High School Transition (cC)</strong></td>
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<td>January</td>
<td><strong>RS-ongoing</strong></td>
<td><strong>BBR (cT)</strong></td>
<td><strong>Course Selection &amp; Scheduling (IP)</strong></td>
<td><strong>TAAS Interviews (IP)</strong></td>
<td><strong>At Risk Committees (IP)</strong></td>
<td><strong>WHO (cC)</strong></td>
<td><strong>TAAS Writing (SS)</strong></td>
<td><strong>High School Transition (cC)</strong></td>
<td><strong>WHO (cC)</strong></td>
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<td><strong>High School Transition (cC)</strong></td>
</tr>
<tr>
<td>February</td>
<td><strong>RS-ongoing</strong></td>
<td><strong>BBR (cT)</strong></td>
<td><strong>Course Selection &amp; Scheduling (IP)</strong></td>
<td><strong>MAC Study (SS)</strong></td>
<td><strong>WHO (cC)</strong></td>
<td><strong>TAAS Writing (SS)</strong></td>
<td><strong>WHO (cC)</strong></td>
<td><strong>High School Transition (cC)</strong></td>
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<td><strong>High School Transition (cC)</strong></td>
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**Key**
- C = Guidance Curriculum by Counselor
- T = Guidance Curriculum by Teacher
- O = Guidance Curriculum by Other (DARE Officer, Nurse, etc.)
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- SS = System Support
- c = Classroom Section
- g = Small Group Session

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*Sample Calendar, Middle School
Fairbanks ISD
January and Counseling Dept
October, 2001*
<table>
<thead>
<tr>
<th>Item</th>
<th>Key</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample Calendar Items in Bold are required as listed. Schedule other activities according to campus needs.</td>
<td></td>
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- **SS**: System Support
- **c**: Classroom Session
- **g**: Small Group Session

**Schedule**:

**May**
- RS-ongoing

**June**
- Guidance Program Evaluation
- TAAS Readiness Target (55)
- Summer School Credit (1P)
- Credit-by-Exam Notice (1P)
- BB (1P)

**NOTE**: Activities according to campus needs.
High School Guidance and Counseling Calendar

<table>
<thead>
<tr>
<th>Month</th>
<th>All levels*</th>
<th>9th Grade</th>
<th>10th Grade</th>
<th>11th Grade</th>
<th>12th Grade</th>
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<tbody>
<tr>
<td>July</td>
<td>Counselor Inservice (SS)</td>
<td>New Student Registration (IP)</td>
<td>Exit Level TAAS (SS)</td>
<td>Exit Level TAAS (SS)</td>
<td>Exit Level TAAS (SS)</td>
</tr>
<tr>
<td>August</td>
<td>RS-ongoing</td>
<td>Meet the Counselor (cC)</td>
<td>Building Better Relationships (BBR) (cT)</td>
<td>Course Selection and Scheduling (IP)</td>
<td>Review Transcripts (IP)</td>
</tr>
<tr>
<td>September</td>
<td>RS-ongoing</td>
<td>Write DGP (SS)</td>
<td>BBR (cT)</td>
<td>Plan and schedule groups and classroom guidance (C)</td>
<td>Leadership Skills (gC)</td>
</tr>
</tbody>
</table>

*KEYS*
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- T: Guidance Curriculum by Teacher
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Sample Calendar-Items in Bold are required as listed. Schedule all other activities according to campus needs.
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**October**
- RS-ongoing
- BBR (cT)
- Red Ribbon Wk. (c1)
- Counselor Inservice (SS)
- WHO (ce)
- Suicide/Crisis Prey. (cC)
- PSAT (SS)
- Exit Level TAAS (SS)
- SAT I&II (SS)
- ACT (SS)
- College/Career Night (IP)

**November**
- RS-ongoing
- BBR (cT)
- Financial Md Workshop (IP)
- TCA Conference (SS)
- At Risk Committee (IP)
- MAC Study (SS)
- Career Planning Survey (IP)
- SAT I&II (SS)
- ACT (SS)
- SAT I&II (SS)
- ACT (SS)
- SAT I (SS)
- Graduation Transcript Review (IP)

**December**
- RS-ongoing
- BBR (cT)
- Teen Summit Interethnic Forum (gT)
- Course Selection & Scheduling (IP)
- New Student Registration (IP)
- Course Selection & Scheduling (IP)
- SAT I (SS)
- ACT (SS)
- SAT I (SS)
- ACT (SS)

**January**
- RS-ongoing
- BBR (cT)
- Teen Summit Interethnic Forum (gT)
- New Student Registration (IP)
- Course Selection & Scheduling (IP)
- Master Schedule Adj. (SS)
- At Risk Committee (IP)
- SAT I (SS)
- ACT (SS)
- SAT I (SS)
- ACT (SS)

**KEYS**
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Activities according to campus needs. Required in bold. Schedule all other.
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<table>
<thead>
<tr>
<th>Month</th>
<th>RS-ongoing</th>
<th>Keeping Options Open (IP)</th>
<th>Exit Level TAAS (SS)</th>
<th>Exit Level TAAS ACT (SS)</th>
<th>Exit Level TAAS ACT (SS)</th>
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</thead>
<tbody>
<tr>
<td>February</td>
<td>Course Selection &amp; Scheduling (IP) BBR (CT) MAC Study (SS)</td>
<td></td>
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<tr>
<td>March</td>
<td>RS-ongoing BBR (CT) RPTE testing (SS) TEA HS Conf. (SS) Course Selection &amp; Scheduling (IP) At Risk Committee (IP)</td>
<td>WHO (CC)</td>
<td>WHO (CC)</td>
<td>SAT I (SS)</td>
<td>SAT I (SS)</td>
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<tr>
<td>April</td>
<td>RS-ongoing BBR (CT) TACAC Conf. (SS) MAC Study (SS)</td>
<td>WHO (CC)</td>
<td>WHO (CC)</td>
<td>Exit Level TAAS (SS)</td>
<td>Job Fair (IP) ACT (SS)</td>
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<tr>
<td>May</td>
<td>RS-ongoing BBR (CT) Summer School Conf. (IP) TAAS Info to Parents (SS)</td>
<td></td>
<td></td>
<td>SAT I (SS)</td>
<td>SAT I (SS)</td>
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<td>June</td>
<td>Guidance Program Evaluation (SS)</td>
<td></td>
<td></td>
<td>SAT I (SS)</td>
<td>SAT I (SS)</td>
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</tbody>
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S-Small Group Session
<table>
<thead>
<tr>
<th>Title</th>
<th>Grade Level</th>
<th>Enrolled Students</th>
<th>Conducted Small Groups</th>
<th>Students Served in Small Groups</th>
<th>Conducted Curriculum Presentations</th>
<th>Students Served in Curriculm Presentations</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>34</td>
</tr>
</tbody>
</table>

*Include all campus counseling staff—Campus Counselors, Intern, YSS, Special Education Counselor, Psychologist

End-of-Year Evaluation
Caseload Assignment of Counseling Staff
High School
DEVELOPMENTAL GUIDANCE PROGRAM
NOTICE

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EFF-089 (3/2000)