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ABSTRACT

This bibliography is designed to help families identify the many materials available on the subject of problem behaviors, behavioral disorders, and positive behavioral support. This list identifies selected resources to help families understand and positively address the behavior challenges associated with disabilities such as autism, attention-deficit/hyperactivity disorder, behavior disorders, emotional disturbances, learning disabilities, and mental retardation. These resources are designed to help parents to look at their children within the larger context of their home and community environment, to identify what factors influence or trigger challenging behavior, and to develop an understanding of how to provide the appropriate positive behavioral support. Fifty books and/or videos and 32 organizations that can provide additional information on behavioral issues for students with disabilities are listed. Names, addresses, and telephone numbers of 34 publishers are provided at the end of the document. (CR)

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NICHCY Bibliography

Positive Behavioral Support in the Home and Community: A Bibliography for Families

NICHCY receives hundreds of requests for information about ways to address the challenging behaviors of children with disabilities. We have compiled this bibliography to help families identify the many materials available on the subject of problem behaviors, behavioral disorders, and positive behavioral support. Understanding and utilizing what is known about behavior, including how to provide positive behavioral support, can be the key to working effectively with children and youth who exhibit challenging behaviors.

This bibliography is intended primarily for parents and other family members. (A separate NICHCY bibliography is available on positive behavioral support in schools.) This list identifies selected resources that may help families understand and positively address the behavior challenges associated with disabilities such as autism, attention-deficit/hyperactivity disorder, behavior disorders, emotional disturbance, learning disabilities, and mental retardation.

While the nature of a child's disability can certainly affect his or her behavior, determining *why* the child is behaving in a certain way is critically important. These resources will help parents look at their child within the larger context of his or her environment at home and in the community, identify what factors influence or trigger challenging behavior, and develop an understanding of how to provide the positive behavioral support the child needs to behave appropriately.

Because there are many reasons why children behave in challenging ways, and many different types of behaviors that challenge, we have purposefully included a wide variety of materials on the subject. Additional information may be available in a local library or bookstore. The organizations listed toward the end of this document may also be good sources of information on behavioral issues and children and youth with disabilities.

As with all NICHCY bibliographies, the names, addresses, and telephone numbers of publishers are provided (in alphabetical order) at the end of this document, so that readers can easily obtain those resources of interest to them.

Selected Books and Videos

Baker, B.L., & Brightman, A.J. (1997). *Steps to independence: Teaching everyday skills to children with special needs* (3rd ed.). Baltimore, MD: Paul H. Brookes.

Beach Center on Families and Disability. (n.d.). *Samantha*. Lawrence, KS: Author. [This is a video about a successful positive behavioral support plan.]

Beach Center on Families and Disability. (1994). *Encourage desirable behavior in children with developmental disabilities*. Lawrence, KS: Author.

Beach Center on Families and Disability. (1994). *Positive behavioral support as a means to enhance successful inclusion for persons with challenging behavior*. Lawrence, KS: Author.

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- Beach Center on Families and Disability. (1995). *What research says: Understanding challenging behavior and teaching new skills*. Lawrence, KS: Author.
- Bentzen, W.R. (1997). *Seeing young children: A guide to observing and recording behavior* (3rd ed.). Albany, NY: Delmar.
- Bloomquist, M.L. (1996). *Skills training for children with behavior disorders: A parent and therapist guidebook*. New York, NY: Guilford.
- Canter, L. (1994). *What to do when your child won't behave*. Santa Monica, CA: Lee Canter and Associates.
- Cecil, N.L., & Roberts, P.L. (1995). *Raising peaceful children in a violent world*. Philadelphia, PA: LuraMedia.
- Children's National Medical Center. (1993). *An A to Z guide to your child's behavior: A parent's easy and authoritative reference for hundreds of everyday problems and concerns from birth to 12 years*. New York, NY: Berkley Publishing Group.
- Clark, L. (1996). *SOS! Help for parents: A practical guide for handling common everyday behavior problems* (2nd ed.). Bowling Green, KY: Parents Press.
- Conners, C.K. (1989). *Feeding the brain: How foods affect children*. New York, NY: Plenum.
- Crary, E., & Katayama, M. (Illustrator). (1997). *Help! The kids are at it again: Using kids' quarrels to teach "people" skills*. Seattle, WA: Parenting Press.
- Devault, G., Krug, C., Turnbull, A., & Horner, R.H. (1994). *Why does Samantha act like that? A positive behavioral support story of one family's success*. Lawrence, KS: Beach Center on Families and Disability.
- Dubro, A. (1992). *Coping with angry, acting-out children*. Huntington, NY: Bureau for At-Risk Youth.
- Dubuque, N., & Dubuque, S. (1996). *Kid power tactics for dealing with depression*. King of Prussia, PA: Center for Applied Psychology. (This book is written for children ages 8-12.)
- Dubuque, S. (1996). *A parent's survival guide to childhood depression*. King of Prussia, PA: Center for Applied Psychology.
- Faber, A., Mazlish, E., & Nyberg, L. (1995). *What every parent and teacher needs to know: How to talk so kids can learn—at home and in school*. New York, NY: Fireside.
- Flick, G.L. (1996). *Power parenting for ADD/ADHD children: A practical parent's guide for managing difficult behaviors*. Englewood Cliffs, NJ: Prentice Hall.
- Golant, M., & Corwin, D.G. (1995). *The challenging child*. New York, NY: Berkley Publishing Group.
- Greenspan, S.I., & Salmon, J. (1995). *The challenging child: Understanding, raising, and enjoying the five 'difficult' types of children*. Reading, MA: Addison-Wesley.
- Hunger, M., & Carlson, P.V. (1994). *Improving your child's behavior*. Thousand Oaks, CA: Corwin Press.
- Jordan, D. (1995). *Honorable intentions: A parent's guide to educational planning for children with emotional and behavioral disorders*. Minneapolis, MN: PACER Center.
- Kaufman, F.H., & Goldstein, A.P. (1991). *Helping people change: A textbook of methods* (4th ed.). Elmsford, NY: Pergamon.
- Ketterman, G. (1994). *Parenting the difficult child*. Nashville, TN: Thomas Nelson.
- Koegel, L.K., Koegel, R.L., & Dunlap, G. (1996). *Positive behavioral support: Including people with difficult behavior in the community*. Baltimore, MD: Paul H. Brookes.
- Koplewicz, H. (1996). *It's nobody's fault: New hope and help for difficult children and their families*. Arlington, VA: National Alliance for the Mentally Ill.
- LaVigna, G.W., & Donnellan, A.M. (1986). *Alternatives to punishment: Solving behavior problems with nonaversive strategies*. New York, NY: Irvington Publishers.
- Maag, J.W. (1996). *Parenting without punishment: Making problem behavior work for you*. Philadelphia, PA: Charles Press.

Marks, J. (1992). *We have a problem: A parent's sourcebook*. Washington, DC: American Psychiatric Press.

Martin, G. (1996). *Behavior modification: What it is and how to do it* (5th ed.). Englewood Cliffs, NJ: Prentice Hall.

Martin, M., & Waltman-Greenwood, C. (Eds.). *Solve your child's school-related problems*. Bethesda, MD: National Association of School Psychologists.

Metcalf, L. (1997). *Parenting towards solutions*. Englewood Cliffs, NJ: Prentice Hall.

Moore, D.J. (1996). *Preventing misbehavior in children* (2nd ed.). Springfield, IL: Charles C. Thomas.

National Association of School Psychologists. (1992). *Helping children grow up in the 90s: A resource book for parents and teachers*. Bethesda, MD: Author.

Paquette, P., & Tuttle, C.G. (1996). *Parenting a child with a behavior problem*. Los Angeles, CA: Lowell House.

Ross, D.M. (1996). *Childhood bullying and teasing: What school personnel, other professionals, and parents can do*. Alexandria, VA: American Counseling Association.

Schaefer, C.E., & Briesmeister, J.M. (1989). *Handbook of parent training: Parents as co-therapists for children's behavior problems*. New York, NY: Wiley.

Schopler, E. (Ed.). (1995). *Parent survival manual: A guide to crisis resolution in autism and related developmental disorders*. New York, NY: Plenum.

Schwarzchild, M. (1995). *Helping your difficult child behave: A guide to improving children's self-control — without losing your own*. Rocklin, CA: Prima.

Shapiro, L. (1994). *Anger control tool kit: All the information you need to help the angry child in school and at home* [video and book]. King of Prussia, PA: Center for Applied Psychology.

Shapiro, L. (1995). *Behavior techniques at home*. King of Prussia, PA: Center for Applied Psychology.

Obtaining the Books That Interest You

To help you obtain the books that interest you, we've listed the addresses and telephone numbers of publishers at the end of this document. The publisher's name generally appears in the final position in the citation — to illustrate, it appears in **bold** in this example citation:

Coegel, L.K., Coegel, R.L., & Dunlap, G. (1996). *Positive behavioral support: Including people with difficult behavior in the community*. Baltimore, MD: **Paul H. Brookes**.

If the word "Author" appears in the publisher position, this means that the publisher and the author are one and the same. Look at the author's name, find this name in the "List of Publishers," and use the contact information provided.

Silberman, M. (1995). *When your child is difficult: Solve your toughest child-raising problems with a four-step plan that works*. Champaign, IL: Research Press.

Stenhouse, G. (1996). *Practical parenting: Successful strategies for solving your child's behavior problems*. New York, NY: Oxford University Press.

Steven, W.H., & McCluskey, K.W. (1996). *Strategies for desperate parents: Managing the challenges of attention deficit and misbehavior*. Lewiston, NY: Marvin Melnyk Associates.

Swihard, Jr., E.W., & Cotter, P.D. (1996). *The manipulative child: How to regain control and raise resourceful, resilient, and independent kids*. New York, NY: Macmillan.

Vernon, A., & Al-Mabuk, R.H. (1995). *What growing up is all about: A parent's guide to child and adolescent development*. Champaign, IL: Research Press.

Wenning, K. (1996). *Winning cooperation from your child: A comprehensive method to stop defiant and aggressive behavior in children*. Dunmore, PA: Aronson.

Windell, J. (1996). *Children who say no when you want them to say yes: Failsafe discipline strategies for stubborn and oppositional children and teens*. New York, NY: Macmillan.

Zirpoli, T.J., & Melloy, T. (1997). *Behavior management: Applications for teachers and parents* (2nd ed.). New York, NY: Macmillan.

Organizations

Clearinghouses

DB-LINK (National Information Clearinghouse on Children Who Are Deaf-Blind), 345 N. Monmouth Avenue, Monmouth, OR 97361. Telephone: (800) 438-9376; (800) 854-7013 (TTY).
E-mail: dblink@tr.wosc.osshe.edu
URL: <http://www.tr.wosc.osshe.edu/dblink>

ERIC Clearinghouse on Disabilities and Gifted Education, Council for Exceptional Children (CEC), 1920 Association Drive, Reston, VA 20191-1589. Telephone: (800) 328-0272; (703) 264-9449 (TTY).
E-mail: ericec@cec.sped.org
URL: <http://www.cec.sped.org/ericec.htm>

National Information Center on Deafness (NICD), Gallaudet University, 800 Florida Avenue, N.E., Washington, DC 20002-3695. Telephone: (202) 651-5051; (202) 651-5052 (TTY).
E-mail: nicd@gallux.gallaudet.edu
URL: <http://www.gallaudet.edu/~nicd>

Research and Training Center on Family Support and Children's Mental Health, Portland State University, P.O. Box 751, Portland, OR 97207-0751. Telephone: (800) 628-1696; (503) 725-4040; (503) 725-4165 (TTY). E-mail: stepheb@rri.pdx.edu
URL: <http://www.rtc.pdx.edu/>

Organizations

Alexander Graham Bell Association for the Deaf, 3417 Volta Place N.W., Washington, DC 20007. Telephone: (202) 337-5220 (Voice/TTY).
E-mail: agbell2@aol.com
URL: <http://www.agbell.org>

American Association on Mental Retardation, 444 N. Capitol Street N.W., Suite 846, Washington, DC 20001. Telephone: 1-800-424-3688 (toll-free, outside DC); (202) 387-1968. E-mail: aamr@access.digex.net
URL: <http://www.aamr.org>

American Foundation for the Blind (AFB), 11 Penn Plaza, Suite 300, New York, NY 10001. Telephone: (800) 232-5463; (212) 502-7600 (Voice); (212) 502-7662 (TTY). E-mail: afbinfo@afb.org
URL: <http://www.afb.org/afb>

The Arc (formerly the Association for Retarded Citizens of the U.S.), 500 E. Border Street, Suite 300, Arlington, TX 76010. Telephone: (800) 433-5255; (817) 261-6003; (817) 277-0553 (TTY).
E-mail: thearc@metronet.com
URL: <http://thearc.org/welcome.html>

Association for Persons with Severe Handicaps (TASH), 29 W. Susquehanna Ave., Suite 210, Baltimore, MD 21204. Telephone: (410) 828-8274; (410) 828-1306 (TTY). E-mail: tash@tash.org
URL: <http://www.tash.org>

Autism Society of America, 7910 Woodmont Avenue, Suite 650, Bethesda, MD 20814-3015. Telephone: (800) 3-AUTISM; (301) 657-0881.
URL: <http://www.autism-society.org>

Beach Center on Families and Disability, University of Kansas, 3111 Haworth Hall, Lawrence, KS 66045. Telephone: (913) 864-7600 (Voice/TTY).
URL: <http://www.lsi.ukans.edu/beach/beachhp.htm>

Brain Injury Association (formerly the National Head Injury Foundation), 1776 Massachusetts Ave., N.W., Suite 100, Washington, DC 20036. Telephone: (202) 296-6443. URL: <http://www.biausa.org>

Children and Adults with Attention Deficit Disorders (CH.A.D.D.), 499 NW 70th Avenue, Suite 101, Plantation, FL 33317. Telephone: (954) 587-3700; (800) 233-4050 (to request information packet).
URL: <http://www.chadd.org>

Council for Exceptional Children (CEC), 1920 Association Drive, Reston, VA 20191-1589. Telephone: (703) 620-3660; (703) 264-9446 (TTY).
E-mail: cec@cec.sped.org
URL: <http://www.cec.sped.org/home.htm>

Epilepsy Foundation of America (EFA), 4351 Garden City Drive, 5th Floor, Landover, MD 20785-4941. Telephone: (800) 332-1000; (301) 459-3700.
E-mail: postmaster@efa.org
URL: <http://www.efa.org>

Family Resource Center on Disabilities, 20 East Jackson Boulevard, Room 900, Chicago, IL 60604. Telephone: (800) 952-4199 (Voice/TTY; toll-free in IL only); (312) 939-3513; (312) 939-3519 (TTY).

Institute for the Study of Developmental Disabilities, Indiana Resource Center for Autism, 2853 East 10th Street, Indiana University, Bloomington, IN 47408-2601. Telephone: (812) 855-6508 (Voice/TTY). URL: <http://www.isdd.indiana.edu/~irca/>

Learning Disabilities Association of America (LDA), 4156 Library Road, Pittsburgh, PA 15234. Telephone: (412) 341-1515; (412) 341-8077. E-mail: ldanatl@usaor.net URL: <http://www.ldanatl.org>

National Alliance for the Mentally Ill (NAMI), 200 N. Glebe Rd., Suite 1015, Arlington, VA 22203-3754. Telephone: (800) 950-NAMI; (703) 524-7600. E-mail: namiofc@aol.com URL: <http://www.nami.org>

National Association of School Psychologists, 4340 East West Highway, Suite 402, Bethesda, MD 20814. Telephone: (301) 657-0270. E-mail: nasp8455@aol.com URL: www.uncg.edu/~ericcas2/nasp

National Attention Deficit Disorder Association (ADDA), P.O. Box 972, Mentor, OH 44061. Telephone: (216) 350-9595; (800) 487-2282 (to request information packet). E-mail: NATLADDA@aol.com URL: <http://www.add.org>

National Center for Learning Disabilities (NCLD), 381 Park Avenue South, Suite 1401, New York, NY 10016. Telephone: (212) 545-7510. URL: <http://www.nclld.org>

National Down Syndrome Congress, 1605 Chantilly Drive, Suite 250, Atlanta, GA 30324. Telephone: (800) 232-6372; (404) 633-1555. E-mail: ndsc@charitiesusa.com URL: <http://www.carol.net/~ndsc/>

National Down Syndrome Society, 666 Broadway, New York, NY 10012-2317. Telephone: (800) 221-4602; (212) 460-9330. URL: <http://ndss.org>

National Easter Seal Society, Inc., 230 West Monroe Street, Suite 1800, Chicago, IL 60606. Telephone: (800) 221-6827; (312) 726-6200; (312) 726-4258 (TTY). E-Mail: nessinfo@seals.com URL: <http://www.seals.com>

National Fragile X Foundation, 1441 York Street, Suite 303, Denver, CO 80206. Telephone: (800) 688-8765; (303) 333-6155. E-mail: natlfx@aol.com

National Mental Health Association, 1021 Prince Street, Alexandria, VA 22314-2971. Telephone: 1-800-969-6642; (703) 684-7722. URL: <http://www.nmha.org>

National Parent Network on Disabilities, 1727 King Street, Suite 305, Alexandria, VA 22031. Telephone: (703) 684-6763 (Voice/TTY). E-Mail: npnd@cs.com URL: <http://www.npnd.org>

National Parent to Parent Support and Information System, Inc., P.O. Box 907, Blue Ridge, GA 30513. Telephone: (800) 651-1151; (706) 632-8822. E-mail: Judd103w@wonder.em.cdc.gov URL: <http://www.nppsis.org>

Research and Training Center on Positive Behavioral Support, Specialized Training Program, 1235 University of Oregon, Eugene, OR 97403. Telephone: (541) 346-5312. URL: http://interact.uoregon.edu/stp/nu_htmls/pbs.html

Spina Bifida Association of America, 4590 MacArthur Boulevard, N.W., Suite 250, Washington, DC 20007-4226. Telephone: (800) 621-3141; (202) 944-3285. E-mail: spinabifda@aol.com URL: <http://www.infohiway.com/spinabifida>

United Cerebral Palsy Association, Inc., 1660 L Street, N.W., Suite 700, Washington, DC 20036. Telephone: (202) 776-0406; (800) 872-5827. E-Mail: ucpnatl@ucpa.org URL: <http://www.ucpa.org>

LIST OF PUBLISHERS

Addison-Wesley, 1 Jacob Way, Reading, MA 01867.
Telephone: 1-800-447-2226.

American Counseling Association, 5999 Stevenson Avenue, Alexandria, VA 22304. Telephone: (703) 823-9800.

American Psychiatric Press, 1400 K Street N.W., Washington, DC 20005. Telephone: 1-800-368-5777.

Aronson: Contact J. Aronson, Inc., 400 Keystone Industrial Park, Dunmore, PA 18512. Telephone: 1-800-782-0015.

Beach Center on Families and Disability, University of Kansas, 3111 Haworth Hall, Lawrence, KS 66045. Telephone: (913) 864-7600.

Berkley Publishing Group: Contact Putnam Publishing Group, Attention: Mail Order, 390 Murray Hill Parkway, East Rutherford, NJ 07073. Telephone: 1-800-631-8571 (select "mail order" from the options presented).

Bureau for At-Risk Youth, P.O. Box 760, 135 DuPont Street, Plainview, NY 11803-0760. Telephone: 1-800-999-6884; (516) 349-5520.

Center for Applied Psychology: Contact Childswork/Childsplay, Center for Applied Psychology, P.O. Box 61586, King of Prussia, PA 19406. Telephone: 1-800-962-1141 (orders); (610) 277-4177 (customer service).

Charles C. Thomas, 2600 S. First Street, P.O. Box 19265, Springfield, IL 62794-9265. Telephone: 1-800-258-8980 (orders); (217) 789-8980.

Charles Press, P.O. Box 15715, Philadelphia, PA 19103. Telephone: (215) 545-8933.

Corwin Press, 2455 Teller Road, Thousand Oaks, CA 91320. Telephone: (805) 499-0721.

Delmar Publishers: Contact ITP, P.O. Box 6904, Florence, KY 41022. Telephone: 1-800-347-7707; (606) 525-2230.

Fireside: Contact Simon & Schuster, 200 Old Tappan Road, Old Tappan, NJ 07675. Telephone: 1-800-223-2336 (orders).

Guilford Press, 72 Spring Street, New York, NY 10012. Telephone: 1-800-365-7006.

Irvington Publishers, Lower Mill Road, North Stratford, NH 03590. Telephone: (603) 922-5105.

Lee Canter and Associates, P.O. Box 2113, Santa Monica, CA 90407-2113. Telephone: 1-800-677-4791; (310) 395-3221.

Lowell House: Contact RGA Publishing, 2020 Avenue of the Stars, Suite 300, Los Angeles, CA 90067. Telephone: (310) 552-7555, ext. 10.

LuraMedia, 136 Ramfort Road, Philadelphia, PA 19119. Telephone: 1-800-283-3572; (215) 247-4085.

Macmillan, 200 Old Tappan Road, Old Tappan, NJ 07675. Telephone: 1-800-223-2336.

Marvin Melnyk Associates, P.O. Box 545, 210 S. Eighth Street, Lewiston, NY 14092-0545. Telephone: 1-800-682-0029.

National Alliance for the Mentally Ill (NAMI), P.O. Box 753, Waldorf, MD 20604. Telephone: (800) 950-NAMI; (703) 524-7600.

National Association of School Psychologists, 4340 East West Highway, Suite 402, Bethesda, MD 20814. Telephone: (301) 657-0270.

Oxford University Press, 2001 Evans Road, Cary, NC 27513. Telephone: 1-800-451-7556 (orders); 1-800-445-9714 (customer service); (919) 677-0877.

PACER Center, 4826 Chicago Avenue South, Minneapolis, MN 55417-1098. Telephone: (612) 827-2966; 1-800-537-2237 (in MN).

Parenting Press, P.O. Box 75267, Seattle, WA 98125. Telephone: 1-800-992-6657; (206) 364-2900.

Parents Press: See Center for Applied Psychology.

Paul H. Brookes Publishing Company, P.O. Box 10624, Baltimore, MD 21285-0624. Telephone: 1-800-638-3775.

Pergamon Press, see Prentice Hall.

Plenum Publishing, 233 Spring Street, New York, NY 10013-1578. Telephone: 1-800-221-9369.

Prentice Hall: Contact Allyn and Bacon, Order Processing Center, P.O. Box 11071, Des Moines, IA 50336-1071. Telephone: 1-800-947-7700.

Prima, P.O. Box 126OJT, Rocklin, CA 95677. Telephone: 1-800-632-8676.

Research Press, 2612 North Mattis Avenue, Champaign, IL 61821. Telephone: (217) 352-3273.

Thomas Nelson, P.O. Box 141000, Nashville, TN 37214. Telephone: 1-800-933-9673, extension 2037.

Wiley, Orders to: Eastern Distribution Center, 1 Wiley Drive, Somerset, NJ 08875-1272. Telephone: 1-800-225-5945; (908) 469-4400.

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Editor/Compiler Lisa Küpper
Associate Editor Mary Kate Conroy

The Editor would like to thank **Richard Moore** at NICHCY for his dedication in verifying the availability of all resources listed in this bibliography.

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