A revision of the 1989 publication, this directory was compiled in order to help parents and professionals involved with Head Start home-based programming in meeting the needs of young children and families. The directory lists a broad range of guides and resources on topics related to Head Start home-based programs. Each listing provides the resource title, supplier or author, resource type, description, and appropriate audience or users. Resources include books, guides, films, and videos. The sections of the directory are: (1) Administration (including information on choosing, funding, and coordinating the home-based option; staff training needs, recruitment, and selection; and advocating for services and program planning and solving strategies); (2) Education (including resources related to language development, socialization, behavior management, child development, individualization, screening and assessment, multi-cultural and non-sexist literature, and transitioning children to elementary school); (3) Disabilities (including material on advocacy, support groups, legal rights and responsibilities, behavior problems, testing and evaluation, family adjustments, and sibling issues); (4) Health (including medical, dental, and mental health resources, as well as nutritional services, safety, and first-aid); (5) Parent Involvement (including information on gifted children, support groups, behavior management, and general parenting); and (6) Social Services (including information on identifying difficulties, preventing and remedying problems such as abuse and neglect, making referrals, alternative families, families in crisis, and conflict resolution and cultural differences). Appendices include listings of agencies and organizations, newsletters and journals, toll free numbers, and training and technical assistance resources. An index to Spanish-language materials and organizations is included. (BGC)
ACKNOWLEDGEMENTS

Trans-Management Systems Corporation expresses its appreciation and recognizes the contributions of time and expertise made by many people and organizations that participated in the completion of this document.

The editor wishes to express her gratitude to Martella Pollard, Head Start Bureau, Administration on Children, Youth and Families, the Federal Project Officer, who's continuing support, review, and careful criticism provided guidance at each stage of the preparation of this directory. In addition, we wish to thank E. Dolly Wolverton, Michele Plutro, and Trellis Waxer of the Head Start Bureau, Education Services Branch, for the valuable contributions they made in planning and reviewing the resource directory.

We also acknowledge the important contributions made by the following Head Start programs that provided us with valuable input: Champlain Valley Office of Economic Opportunity, Burlington, Vermont; Knoxville County Community Action Committee, Knoxville, Tennessee; Lakes and Pines CAC, Inc., Mora, Minnesota; Child Inc., Austin, Texas; Panhandle Community Services, Gering, Nebraska; Bear River Head Start, Logan, Utah; Child-Parent Centers, Inc., Tucson, Arizona; Rural Alaska Community Action Program, Inc., Anchorage Alaska; and Central Tribes of the Shawnee Area, Inc., Shawnee, Oklahoma.

To Martha Perske who graciously gave permission for Head Start to use her illustrations from the Abingdon Press book, Hope for the Families, by Robert Perske. These drawings reflect some of the magic and wonder that touches all people who work with young children.

We express special thanks to the staff and consultants of Trans-Management who contributed in the preparation of this resource directory: Candice Walker and Katherine Simmons, Administrative Assistant, who processed the Handbook.
## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>Administration</td>
<td>1</td>
</tr>
<tr>
<td>II</td>
<td>Education</td>
<td>9</td>
</tr>
<tr>
<td>III</td>
<td>Disabilities</td>
<td>29</td>
</tr>
<tr>
<td>IV</td>
<td>Health</td>
<td>41</td>
</tr>
<tr>
<td>V</td>
<td>Parent Involvement</td>
<td>63</td>
</tr>
<tr>
<td>VI</td>
<td>Social Services</td>
<td>79</td>
</tr>
</tbody>
</table>

### Appendices

| A. Agencies/Organizations | 89 |
| B. Newsletters/Journals   | 99 |
| C. Toll Free Numbers      | 109|
| D. Training and Technical Assistance Resources | 115|

### Index

| A. Titles                  | 143 |
| B. Titles and Organizations/Spanish | 153|
INTRODUCTION

There is a richness and diversity in Head Start Home-Based programming that is unparalleled in other educational settings. It relies on the creative energy and enthusiasm of the home visitor, the advocacy and cooperation of family and community members, and the foresight and commitment of administrators, coordinators, and trainers. This team of parents and professionals is constantly being challenged to adapt, improve, and individualize services to meet the particular needs of young children and their families who receive home-based programming. No one person or organization can be expected to know of, or gather together, all of the information necessary to produce and maintain such excellence of service, unassisted.

The Head Start Home-Based Resource Directory was developed in 1989 as a partial response to this need. This revised version is a result of a nationwide update of the listings of exemplary books, curriculums, audiovisual materials, bibliographies, and other current resources that the home-based programs may find helpful. Inasmuch as Head Start regulations require that comprehensive child development services be provided in the Head Start home-based program option, this resource directory contains materials in the areas of Administration, Education, Disabilities, Health, Parent Involvement, and Social Services. In addition, appendices contain a section on agencies and organizations that may relate to home-based programming, plus newsletters and journals that will facilitate information exchange, a list of toll-free numbers for quick reference, and a listing of professionals, programs, and agencies that provide training and technical assistance to Head Start home-based grantees.

There are a couple of ways to access information from the directory. In each of the six topic sections, resources have been listed alphabetically by title. Information on where and how such a resource can be obtained is included. One index lists the resources alphabetically by title. Another index lists resources which are available in Spanish.

This directory is designed to provide a broad base of information on a variety of related topics concerning Head Start home-based programs. It may stimulate further investigation for specific materials or may inspire development of new materials or the adaptation of existing ones. We hope it will be seen and used for expanding, revising, and creating the best Head Start home-based programs possible.
The Administration section of this resource directory has a variety of materials that are useful to program planners, supervisors and administrators who are involved with home-based programming. It is a quick reference for those seeking information on choosing, funding, and coordinating the home-based option. Listings address staff training needs, recruitment, selection, evaluation; general information on advocating for services and program planning and solving strategies are included.

There are many resources that apply specifically to Head Start programs and will be most useful in that context. In addition, materials that focus on research, record keeping, job descriptions, Child Development Associate (CDA) credential requirements and program costs are also included. Effective administrative planning is a prerequisite to successful program implementation, and these entries help to provide resources that enhance and enrich home-based programming.
Title: Building a Relationship With Mother and Child

Supplier: High Scope Press
Department 10, 600 N. River Street
Ypsilanti MI 48198
(313) 485-6000

Resource Type: Film  Length (min): 18  Cost: $190.00  Rent: $25.00

Description:
This film provides a good basic orientation to the home visitor and stresses the importance of building relationships within family structures. It encourages family involvement in planning and implementing programs within the home environment and supports the interactive relationship between parent, child, and home visitor.

Appropriate For: Administrators, Home Visitors, Coordinators

Title: Building Families: A Training Method for Home-Based Head Start

Author: Spackman, M.E.

Supplier: Bear River Head Start
75 South 400 West
Logan UT 84321
(801) 753-0951

Published: 1985

Resource Type: Book  Length (pgs): 80  Cost: $5.50

Description:
This is a general guide for home visitors. It opens with a discussion of the philosophy of a good home-based program. The author offers information about all aspects of the home visit as well as information about topics such as lesson planning, component integration, group experiences, and supervision.

Appropriate For: Trainers, Administrators, Home Visitors, Coordinators
Title: Families and Early Childhood Programs
Author: Powell, D.R.
Supplier: National Association for the Education of Young Children
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777
(800) 424-2460
Published: 1989
Resource Type: Book
Length (pgs): 141
Cost: $6.00
Description: This book reviews the literature on rationales for working with parents, relations between families and early childhood programs, and strategies for addressing home-school relations.
Appropriate For: Administrators, Coordinators, Trainers, Home Visitors

Title: First Sixty Months, The: A Handbook of Promising Prevention Programs for Children Zero to Five Years of Age
Author: National Governors' Association
Supplier: National Governors' Association
Hall of the States, 444 North Capitol Street, Suite 267
Washington DC 20001
(202) 624-5300
Published: 1987
Resource Type: Guide
Length (pgs): 44
Cost: $12.50
Description: This guide describes nineteen diverse prevention programs that work with children and families. It may be helpful to other programs working with families, stressing the success of early intervention programs. The programs' keys to success include: coordination of services with multiple agencies, going into families' homes, and maximizing parent involvement.
Appropriate For: Administrators
<table>
<thead>
<tr>
<th>Title:</th>
<th>Home Visiting - Procedures for Helping Families</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Wasik, B.H., Bryant, D.M., and Lyons, C.M.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Sage Publications</td>
</tr>
<tr>
<td>2111 West Hillcrest Drive</td>
<td></td>
</tr>
<tr>
<td>Newbury Park, CA 91320</td>
<td></td>
</tr>
<tr>
<td>(805) 499-0721</td>
<td></td>
</tr>
<tr>
<td>Published:</td>
<td>1990</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs.):</td>
<td>304</td>
</tr>
<tr>
<td>Cost:</td>
<td>$19.95 paperback</td>
</tr>
</tbody>
</table>

**Description:**
This book provides home visitors with a broad orientation to their work, covering the history of home visiting, its philosophy, and current practices. Topics included in this comprehensive volume are hiring home visitors, training models, supervision, professional and ethical issues, clinical skills, documentation, and evaluation procedures.

**Appropriate For:** Home Visitors, Coordinators, Administrators, Trainers

<table>
<thead>
<tr>
<th>Title:</th>
<th>Home Visitor Standards - CDA Competency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>National CDA Credentialing Program</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Council for Early Childhood Professional Recognition</td>
</tr>
<tr>
<td>1341 G Street, NW, Suite 400</td>
<td></td>
</tr>
<tr>
<td>Washington, DC 20005-3105</td>
<td></td>
</tr>
<tr>
<td>(800) 424-4310</td>
<td></td>
</tr>
<tr>
<td>Published:</td>
<td>1987</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Guide</td>
</tr>
<tr>
<td>Length (pgs.):</td>
<td>47</td>
</tr>
<tr>
<td>Cost:</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

**Description:**
Guide provides an overview of the CDA National Credentialing Program and the Competency Standards and assessment system for home visitors. Lists eligibility requirements and information, collection responsibilities of the local team that conducts the evaluation of a candidate for the CDA credential. Contains the complete CDA Competency Standards for Home Visitors.

**Appropriate For:** Trainers, Administrators, Home Visitors, Coordinators
ADMINISTRATION

Title: Lay Home Visiting Programs: Strengths, Tensions, and Challenges

Author: Larner, M. & Halpern, R.

Supplier: Zero To Three/National Center for Clinical Infant Programs
2000 14th Street, NW, Suite 380
Arlington VA 22201
(703) 528-4300

Published: 1987

Resource Type: Article from Zero to Three, Vol. VIII, No. 1

Description: This article looks at the pros and cons, the strengths and weaknesses, and the challenges of providing home visitation programs to families. The authors warn against expecting home visitation to solve all of a family's obstacles. They state that "lay home visiting is an attractive element of a broader package of family support strategies we should all be promoting."

Appropriate For: Administrators

Title: Practical Tips for the First Time Supervisor

Author: Estes, M.L.

Supplier: Head Start Resource and Training Center
University Blvd. at Adelphi
College Park MD 20742
(800) 888-8682

Published: 1987

Resource Type: Book Length (pgs): 55 Cost: $10.00

Description: This manual is designed to provide supervisory development support for individuals entering a supervisory position for the first time. It draws from a variety of periodicals. The information can also serve as a refresher for experienced staff. Included are specific principles, dos and don'ts, and problem solving techniques.

Appropriate For: Administrators, Coordinators
Title: Problems Encountered By The Home Visitor

Supplier: High Scope Press
Department 10, 600 River Street
Ypsilanti MI 48198
(313) 485-2000

Resource Type: Film Length (min): 15 Cost: $160.00 Rent: $25.00

Description: This film is appropriate for initiating discussions during home visitor training. It illustrates typical problems such as being late for a visit and parents who do not keep appointments, and gives suggestions for dealing with these issues, as well as for difficult family situations that may occur.

Appropriate For: Trainers, Home Visitors, Coordinators

Title: Role of The Home Visitor, The

Author: High/Scope

Supplier: High/Scope Press
Department 10, 600 River Street
Ypsilanti MI 48198
(313) 485-2000

Resource Type: Film Length (min): 23 Cost: $250.00 Rent: $30.00

Description: Key elements of a successful home visit program, with emphasis on the roles a successful home visitor must fulfill. This film is particularly useful in the early stages of screening and training potential home visitors.

Appropriate For: Trainers, Administrators, Home Visitors, Coordinators
The Education resources listed in this section of the directory assist the home visitor in planning and implementing home visits. General information on language development, socialization, behavior management, child development, and individualization are found here. Resources that relate to screening and assessment, multi-cultural and non-sexist literature, as well as transitioning children to elementary school are also included.

There are many resources that provide extensive information on curriculum development and others that deal with learning activities, games, songs, and teaching materials that can be used during home visits. Additional listings are in the Parent Involvement and Health sections of the directory.

This is only a partial listing of the rich and varied resources available to enhance Head Start home-based educational programming. Many excellent materials have been developed for local or regional use. Listings in this directory are a point of departure, not all inclusive.
Title: Ages and Stages
Author: Miller, K.
Supplier: Telshare Publishing Co.
24 Breakwater Drive
Chelsea MA 02150
(800) 343-9707
Published: 1985
Resource Type: Book
Cost: $12.95
Description:
A clear account of the stages of physical, emotional, and intellectual development for children from birth to eight years. A handy survival guide for both teachers and parents. Provides knowledge base to plan developmentally appropriate days. It focuses on crucial caregiver behaviors and presents sample homemade materials to foster the child's emerging skills.
Appropriate For: Trainers, Home Visitors, Parents

Title: Alike and Different: Exploring Our Humanity With Young Children
Author: Neugebauer, B., Editor
Supplier: Exchange Press, Inc.
PO Box 2890
Redmond WA 98073
(206) 883-9394
Published: 1987
Resource Type: Book
Length (pgs): 160
Cost: $14.00
Description:
A series of articles by different authors concerning young children and humanity. Some of the chapters included are anti-bias curriculum, talking about differences children notice, nonsexist childrearing, recognizing giftedness in early childhood programs, criteria for selection of books and material, lists of multicultural, nonsexist books and a list of resources on diversity.
Appropriate For: Trainers, Home Visitors, Coordinators
| Title: Before the Basics: Creating Conversations With Young Children |
| Author: Bos, B. |
| Supplier: Gryphon House, Inc.  
PO Box 275W, 3706 Otis Street  
Mount Rainier MD 20712  
(800) 638-0928 |
| Published: 1986 |
| Resource Type: Book  
Length (pgs): 156  
Cost: $12.50 |
| Description: A practical guide for using language and music to encourage creativity and self-esteem in young children. *It is a blockbuster in soft cover!* Even an experienced teacher reads this book with a thrust of wonder at the richness of the material presented and the genuine love and respect for children it exhibits. |
| Appropriate For: Home Visitors, Parents |

| Title: Beginner's Bibliography - 1991 |
| Author: Greenberg, P. |
| Supplier: NAEYC  
1509 16th Street, NW  
Washington DC 20036-1426  
(202) 232-8777  
(800) 424-2460 |
| Published: 1991 |
| Resource Type: Pamphlet  
Cost: $.50 |
| Description: Annotated list of the best resources about young children. This bibliography is designed to provide a wide variety of materials on topics of interest to parents of young children, including normal growth and development and special needs. Home visitors will find it a useful reference as will others new to this field. |
| Appropriate For: Administrators, Home Visitors, Coordinators |
Title: Calendar of Developmental Activities for Preschoolers

Author: D'Audney, W.

Supplier: Meyer Children's Rehabilitation Institute
600 South 42nd Street
Omaha NE 68198-5450
(402) 559-7467

Published: 1983

Resource Type: Book Length (pgs): 88 Cost: $7.00

Description: An idea resource book. The activities are presented within a hierarchy of learning--more elementary activities are presented in the fall months and the more complex ones in the spring. Suggestions are given for modifying many of the activities to the child's level of development.

Appropriate For: Home Visitors, Parents

Title: Children Around the World

Author: Caballero, J. & Whordley, D.

Supplier: Humanics Limited
PO Box 7400
Atlanta GA 30357
(404) 874-2176

Published: 1991

Resource Type: Book Length (pgs): 172 Cost: $16.95

Description: Fun filled activity book used to introduce young children to cultures and people around the world. Well researched and supplemented with an abundance of representative photographs and illustrations. Contains descriptions, recipes, activities, and games from 35 countries.

Appropriate For: Trainers, Home Visitors, Parents
<table>
<thead>
<tr>
<th>Title:</th>
<th>Crayons, Crafts and Concepts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>First Teacher</td>
</tr>
<tr>
<td>Supplier:</td>
<td>First Teacher</td>
</tr>
<tr>
<td></td>
<td>Box 180</td>
</tr>
<tr>
<td></td>
<td>Wilmington NC 28402</td>
</tr>
<tr>
<td>Published:</td>
<td>1985</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>106</td>
</tr>
<tr>
<td>Cost:</td>
<td>$10.95</td>
</tr>
</tbody>
</table>

Description:
This book is from First Teacher, and includes art projects that can teach basic concepts and be integrated into the home visit and group socialization activities. *Crayons, Crafts and Concepts* gives basic recipes for paints and doughs. Most of the fifty-plus projects are individualized and open-ended. Each project is presented in a one-page, easy-to-read format with illustrated directions.

Appropriate For: Home Visitors, Parents

<table>
<thead>
<tr>
<th>Title:</th>
<th>Culture and Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Texas Department of Human Services</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Distribution Coordinator Media Services</td>
</tr>
<tr>
<td></td>
<td>Division E205 Texas Department of Human Services</td>
</tr>
<tr>
<td></td>
<td>PO Box 149030 Austin TX 78714-9030</td>
</tr>
<tr>
<td>Published:</td>
<td>1985</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>134</td>
</tr>
<tr>
<td>Cost:</td>
<td>$12.00</td>
</tr>
</tbody>
</table>

Description:
This practical hands-on guide is designed for enriching the cultural environment of children by developing multicultural materials. Background information is provided on various cultural groups, including Asian, Native American, Mexican American, Black American, European and Jewish. Multicultural resources are listed in the back of the book.

Appropriate For: Trainers, Home Visitors, Parents
Title: Developmental Screening in Early Childhood: A Guide

Author: Meisels, S.J.

Supplier: NAEYC
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777
(800) 424-2460

Published: 1985

Resource Type: Guide Length (pgs): 55 Cost: $4.50

Description: This guide recommends ways to organize and conduct an exemplary early childhood screening program. It recognizes the importance of early identification of special needs and includes advice on selecting an appropriate screening instrument and sample forms.

Appropriate For: Administrators, Coordinators

Title: Developmentally Appropriate Practice in Early Childhood Programs Serving Children from Birth through Age 8 - Expanded Edition

Author: Bredekamp, S., Editor

Supplier: National Association for the Education of Young Children
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777; (800) 424-2460

Published: 1987

Resource Type: Guide Length (pgs): 61 Cost: $5.00

Description: The guidelines in this book will help teachers, parents, program administrators, policy makers, and others make informal decisions about the education of young children. Here is the scientific evidence to corroborate what good teachers and parents have always known--early childhood learning activities must be appropriate to the child's age and developmental stage to promote success.

Appropriate For: Administrators, Home Visitors, Parents, Coordinators
### Get a Jump on Kindergarten

**Title:** Get a Jump on Kindergarten  
**Author:** Frohman, S. & Wollenburg, K.  
**Supplier:** Portage Project, CESA 5  
626 East Slifer Street  
Portage, WI 53901  
(608) 742-8811  
**Published:** 1983  
**Resource Type:** Guide  
**Length (pgs):** 40  
**Cost:** $3.00  
**Description:** Valuable reading for all parents who are preparing their children for kindergarten. This guide makes the transition easier for children and parents. Delightfully illustrated by elementary students, this innovative approach presents practical suggestions for helping children become successful and independent in their kindergarten experience.  
**Appropriate For:** Home Visitors, Parents

### Home Start Curriculum Guide

**Title:** Home Start Curriculum Guide  
**Author:** Roggman, L., Debolt, C., Davis, J., Wagner, J., Glance, P., & Stokes, J.  
**Supplier:** Bear River Head Start  
75 South 400 West  
Logan, UT 84321  
(801) 753-0951  
**Published:** 1976  
**Resource Type:** Curriculum Guide  
**Length (pgs):** 193  
**Cost:** $8.50  
**Description:** This guide contains goals, objectives and activities for home visitors and parents to incorporate into home visits and/or group socialization activities. The activities include the areas of large and small motor development, concept development (shape, color, size, numbers), language development, self concept, and health and nutrition concepts. It contains parents' guides as well as follow-up activities for positive reinforcement.  
**Appropriate For:** Home Visitors, Parents, Coordinators
**Title:** Home Visit, The: A Preschool Educational Experience  
**Supplier:** The Preschooler  
Box 24464  
Johnson City  
TN 37614  
(615) 929-4415  
**Published:** 1983  
**Resource Type:** Videotape  
**Length (min):** 35  
**Cost:** $85.00  
**Description:**  
This video shows a home visitor making an actual home visit with a parent and her preschool child. It demonstrates how to develop the necessary relationships with parents in order to have successful home visits. The video also shows how a home visitor should share child development information with the parent during her home visit.  
**Appropriate For:** Trainers, Home Visitors, Coordinators

**Title:** Homestretch, The  
**Author:** Cansler, D. & Rusciano, S.  
**Supplier:** Kaplan Press  
PO Box 609  
Lewisville  
NC 27023  
(800) 334-2014  
**Published:** 1982  
**Resource Type:** Book  
**Length (pgs):** 60  
**Cost:** $7.95  
**Description:**  
Provides an excellent variety of home learning activities for young children. Coordinates with the 44 units of *A Planning Guide to the Preschool Curriculum*. The two-page units are designed for parent distribution to enhance their involvement in young children's learning.  
**Appropriate For:** Home Visitors, Parents
Title: Invitation to Play, An

Author: Lange, J. & Zieher, C.

Supplier: Wisconsin Department of Public Instruction
125 South Webster Street, PO Box 7841
Madison WI 53707
(800) 243-8782

Published: 1986

Resource Type: Guide Length (pgs): 86 Cost: $10.00 prepaid

Description:
Designed to help parents of preschool handicapped children to build positive parent-child interaction through play, this guide contains directions for many play activities—painting, kitchen play, paper capers, water play, exploring the outdoors, and make-believe play with boxes. Although designed for handicapped preschoolers, ideas can be used with all preschoolers.

Appropriate For: Home Visitors, Parents

Title: Invitation to Play, An: A Teacher's Guide

Supplier: Publication Sales
Wisconsin Department of Public Instruction
125 South Webster Street, PO Box 7841
Madison WI 53707
(800) 243-8782

Published: 1986

Resource Type: Guide Length (pgs): 86 Cost: $10.00 prepaid

Description:
This guide provides teachers with a background on play and its importance in a young child's development. Sections include information on stages and levels of play, criteria for choosing an activity, enhancing play for handicapped children, observing children at play, and the importance of adult involvement in play. Supplements An Invitation to Play.

Appropriate For: Trainers, Home Visitors, Coordinators
<table>
<thead>
<tr>
<th>Title:</th>
<th>It Takes All Parts: An Activity Book to Develop Self-Concept in Young Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>The Capper Early Education Team</td>
</tr>
</tbody>
</table>
| Supplier: | The Capper Foundation  
3500 West Tenth Street  
Topeka KS 66604  
(913) 272-4060 |
| Resource Type: | Curriculum  
Length (pgs): 149  
Cost: $3.95 + $3.00 shipping |

**Description:**
This book provides activities designed to stimulate and improve motor, cognitive, social, and language behavior. Specifically intended for severely disabled and sensory impaired children. Can also be used with other children with some adaptation. Includes snack ideas, songs and art activities, as well as self-concept activities.

**Appropriate For:** Home Visitors, Parents

<table>
<thead>
<tr>
<th>Title:</th>
<th>Language Games To Play With Your Child</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>McCabe, A., Ph.D.</td>
</tr>
</tbody>
</table>
| Supplier: | Ballantine Books  
201 East 50th Street  
New York NY 10022  
(212) 751-2600 |
| Published: | 1987 |
| Resource Type: | Book  
Length (pgs): 264  
Cost: $6.95 |

**Description:**
A collection of 103 games that provide a clear, accessible framework for monitoring child development. These games are geared for children of all ages. Each game is simple and creative, each one is explained step-by-step with a statement of purpose, brief instructions, and variations parents might like to try. All activities can be easily integrated into daily routines.

**Appropriate For:** Home Visitors, Parents
<table>
<thead>
<tr>
<th>Title:</th>
<th>Learning in Pairs: A Parent-Teacher Instructor's Guide for Children 2-6 Years Old</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Granovetter, R.F. &amp; Shaw, E.F.</td>
</tr>
</tbody>
</table>
| Supplier: | Kaplan School Supply Corporation  
PO Box 609  
Lewisville, NC 27023  
(800) 334-2014 |
| Published: | 1987 |
| Resource Type: | Book |
| Length (pgs): | 60 |
| Cost: | $12.95 |

Description:
*Learning in Pairs* offers fun educational activities for parents, teachers and children. While children are enjoying these activities, they are learning and practicing new skills. The authors selected socks as the main material used in each activity because socks are a common household item and make excellent teaching tools.

Appropriate For: Home Visitors, Parents

<table>
<thead>
<tr>
<th>Title:</th>
<th>Little Beginnings: The First Five Years</th>
</tr>
</thead>
</table>
| Supplier: | World Book Educational Products  
Station 9/LB  
101 Northwest Point Boulevard  
Elk Grove Village, IL 60007  
(800) 848-8170 |
| Published: | 1992 |
| Resource Type: | Book |
| Cost: | Single copy - Free  
Pkg of 25 - $17.25 |

Description:
This book is a guide for parents to help their children move from home to school. It contains "how to" advice for parents with activities for a child's first six months and every developmental period thereafter. The book focuses on how parents can encourage their child's social, intellectual and emotional development.

Appropriate for: Parents, Home Visitors
Title: More Than The ABC's: The Early Stages of Reading and Writing
Author: Schickedanz, J.A.
Supplier: National Association for the Education of Young Children
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777; (800) 424-2460
Published: 1986
Resource Type: Book Length (pgs): 147 Cost: $6.00

Description: This book is intended to help parents and teachers give literacy learning "a playful, interesting, useful, and joyous place in all children's lives." Deals with children learning about written language because it is part of their lives, rather than formal lessons. Lists of books suitable for different ages printed in various areas in the book.

Appropriate For: Home Visitors, Parents

Title: 1-2-3 Art
Author: Warren, J.
Supplier: Totline Press
Warren Publishing House, Inc.
PO Box 2255
Everett WA 98203
(206) 485-3335
Published: 1985
Resource Type: Book Length (pgs): 160 Cost: $14.00

Description: This book provides parents and home visitors with an abundance of open-ended art activities for working with the young child. Emphasis is on the process rather than the product. All activities are appropriate for any time of year with a seasonal index at the end of the book to aid in locating activities that are especially adaptable for certain seasons or holidays.

Appropriate For: Home Visitors, Parents
<table>
<thead>
<tr>
<th>Title:</th>
<th>1-2-3 Games: No-Lose Group Games for Young Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Warren, J.</td>
</tr>
</tbody>
</table>
| Supplier: | Totline Press  
Warren Publishing House, Inc.  
PO Box 2255  
Everett WA 98203  
(206) 485-3335 |
| Published: | 1986 |
| Resource Type: | Book  
Length (pgs): 79  
Cost: $7.95 |
| Description: | Book provides parents and home visitors with no-lose game suggestions that allow children to experience success by playing together in a spirit of cooperation rather than of competition. The games are designed to be played by two or more children, either of the same age or of varying ages. Children can enjoy these games at their own developmental levels, thus gaining confidence and self-esteem. |
| Appropriate For: | Home Visitors, Parents |

<table>
<thead>
<tr>
<th>Title:</th>
<th>Open the Door, Let's Explore</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Redleaf, R.</td>
</tr>
</tbody>
</table>
| Supplier: | Gryphon House, Inc.  
PO Box 275  
Mount Rainier MD 20712  
(800) 638-0928 |
| Published: | 1983 |
| Resource Type: | Book  
Length (pgs): 200  
Cost: $13.95 |
<p>| Description: | Unique and comprehensive guide is brimful of fun and inexpensive activities designed to help young children (2-8 years) learn from neighborhood walks and trips to a variety of places in the community. Includes introductory and follow-up activities for each walk/trip. Contains a list of books appropriate for children after each section. |
| Appropriate For: | Home Visitors, Parents |</p>
<table>
<thead>
<tr>
<th>Title:</th>
<th>Piggyback Songs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Warren, J.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Totline Press</td>
</tr>
<tr>
<td></td>
<td>PO Box 2255</td>
</tr>
<tr>
<td></td>
<td>Everett, WA 98203</td>
</tr>
<tr>
<td></td>
<td>(206) 353-5203</td>
</tr>
<tr>
<td>Published:</td>
<td>1983</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>64</td>
</tr>
<tr>
<td>Cost:</td>
<td>$7.95</td>
</tr>
<tr>
<td>Description:</td>
<td>Contains 110 new songs sung to the tune of old favorites. Children, teachers, and parents will find them easy to learn and to remember. An excellent resource for family and school sing-a-longs. Guitar and autoharp chords are provided.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>Play Power: Skill Building for Young Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Educational Productions</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Educational Productions</td>
</tr>
<tr>
<td></td>
<td>7412 SW Beaverton Hillsdale Hwy., Suite 210</td>
</tr>
<tr>
<td></td>
<td>Portland, OR 97225</td>
</tr>
<tr>
<td></td>
<td>(800) 950-4949</td>
</tr>
<tr>
<td>Published:</td>
<td>1989</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Videotapes</td>
</tr>
<tr>
<td>Length:</td>
<td>30 min. ca.</td>
</tr>
<tr>
<td>Cost:</td>
<td>Purchase: $295.00 ca.</td>
</tr>
<tr>
<td></td>
<td>Rent: $60.00 ca.</td>
</tr>
<tr>
<td>Description:</td>
<td>Two award-winning programs for any adult working with young children, each includes a video and 24-page facilitator's guide. Titles are: &quot;Child's Play: The World of Learning&quot; and &quot;Time Together: Learning to Play with Young Children.&quot;</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents, Trainers, Coordinators</td>
</tr>
<tr>
<td>Title:</td>
<td>Practical Guide to Solving Preschool Behavior Problems, A</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>---------------------------------------------------------</td>
</tr>
<tr>
<td>Author:</td>
<td>Essa, E.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Delmar Publishers, Inc.</td>
</tr>
<tr>
<td></td>
<td>3 Columbia Circle Drive</td>
</tr>
<tr>
<td></td>
<td>Albany, NY 12203-5015</td>
</tr>
<tr>
<td></td>
<td>(518) 464-3500</td>
</tr>
<tr>
<td>Published:</td>
<td>1990</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>434</td>
</tr>
<tr>
<td>Cost:</td>
<td>$19.95</td>
</tr>
</tbody>
</table>

**Description:**
This book is carefully designed to help the reader develop guidance techniques. The text presents a workable method, developed through extensive research, for dealing effectively with children's behavior. Describes how to apply behavior modification techniques and explains the appropriate situations in which to use them.

**Appropriate For:** Home Visitors, Parents

<table>
<thead>
<tr>
<th>Title:</th>
<th>Read To Me! Sharing Books with Young Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Educational Productions</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Educational Productions</td>
</tr>
<tr>
<td></td>
<td>7412 SW Beaverton Hillsdale Hwy., Suite 210</td>
</tr>
<tr>
<td></td>
<td>Portland, OR 97225</td>
</tr>
<tr>
<td></td>
<td>(800) 950-4949</td>
</tr>
<tr>
<td>Published:</td>
<td>1991</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Videotape</td>
</tr>
<tr>
<td>Length (min):</td>
<td>25</td>
</tr>
<tr>
<td>Cost:</td>
<td>Purchase: $295.00</td>
</tr>
<tr>
<td></td>
<td>Rent: $60.00</td>
</tr>
</tbody>
</table>

**Description:**
National award-winning video encourages parents to read aloud to young children. This video training program offers guidelines for making reading aloud stimulating and fun. Accompanied by a 28-page facilitator's guide and reproducible viewer's guide, Read to Me! is the base for multiple activities.

**Appropriate For:** Parents, Home Visitors, Trainers
Title: Ring a Ring O'Roses
Author: Flint Public Library
Supplier: Redleaf Press
450 N. Syndicate, #5
St. Paul MN 55104-4125
(800) 423-8309
Published: 1981
Resource Type: Book Length (pgs): 99 Cost: $3.95

Description:
Stories, games and fingerplays for preschool children. Fingerplays/action rhymes have been divided into major subheadings such as animal kingdom, child from top to toe, circus and zoo, holiday, people we know, seasons, etc. Also has a list of stories to tell and play and favorite folk tales.

Appropriate For: Home Visitors, Parents

Title: Scribble Cookies and Other Independent Creative Art Experiences for Children
Author: Kohl, M.F.
Supplier: Gryphon House, Inc.
PO Box 275
Mount Rainier MD 20712
(800) 638-0928
Published: 1987
Resource Type: Book Length (pgs): 189 Cost: $12.95

Description:
This is an excellent resource of over 100 art techniques, both familiar and unique. Emphasis is placed on the child's individual creativity--the process of self-expression and exploration--rather than the end product. It has offerings for various age groups and provides activities that are both challenging and fun.

Appropriate For: Home Visitors, Parents
Title: Slow and Steady, Get Me Ready -- A Parent's Handbook

Author: Oberlander, J.R.

Supplier: Main Associates, Inc.
8111 Holly Lane, Suite 110
Clinton, MD 20735
(800) 648-2289

Published: 1988

Resource Type: Handbook
Length (pgs): 324
Cost: Handbook -$19.95 (plus $2.00 shpg & hndlg)
Video Workshop-$19.95 (+ $2.00 shpg & hndlg)

Description:
This handbook contains interesting, educational and fun preschool readiness activities. For newborns to 5 year olds, it recommends one activity for each week (each activity takes about 10 minutes)...five years of activities. These activities use primarily household items for materials. Each activity also includes a list of the skills it develops. A 30-minute video workshop is also available. This video shows a sampling of age-appropriate activities that are included in the handbook.

Appropriate For: Parents, Home Visitors, Trainers

Title: Steps To CDA for Home Visitors

Author: Maples, M.

Supplier: Mary Maples
138 Jamesville Road, #D-3
Syracuse, NY 13210
(315) 478-5106

Published: 1985

Resource Type: Book
Length (pgs): 80
Cost: $9.00 (plus $1.50 for mailing)

Description:
This is a self-taught training program for home visitors who are preparing for the CDA assessment. It contains learning activities, portfolio ideas, suggested slides, filmstrips, readings, and other resources for each CDA competency area. It is a companion book to Skills for Preschool Teachers by Janice Beaty.

Appropriate For: Trainers, Home Visitors, Coordinators
Title: Super Groups: Young Children Learning Together

Author: Educational Productions

Supplier: Educational Productions
7412 SW Beaverton Hillsdale Hwy., Suite 210
Portland OR 97225
(800) 950-4949

Published: 1990 - 1991

Resource Type: Videotape
Length: 30 min. ea.
Cost: Purchase: $295.00
Rent: $60.00 ea.

Description:
Three award-winning video training programs for adults who work with groups of young children. Each includes a 24-page facilitator's guide and viewer's guide. Titles are Come Join In: Guidelines for Successful Group Times, Give Yourself a Hand: Guidance Techniques for Group Times, and Once Upon a Time: Skills for Reading Aloud at Group Time.

Appropriate For: Trainers, Home Visitors

Title: Teachables II: Homemade Toys that Teach

Author: Redleaf, R.

Supplier: Redleaf Press
450 N. Syndicate, #5
St. Paul MN 55104-4125
(800) 423-8309

Resource Type: Book
Length (pgs): 224
Cost: $14.95

Description:
This is an activity focused resource for use with young children and has 75 new toys to make from readily available junk materials. Each toy has simple instructions and clear illustrations. The resource includes a section on toy safety and materials selection. Recommended for home or classroom.

Appropriate For: Home Visitors, Parents
Title: Your Baby and Child: Birth to 5
Author: Leach, P.
Supplier: Alfred Knopf, Inc.
Random House
201 East 50th Street
New York NY 10022
(800) 638-6460
(212) 751-2600
Published: 1989
Resource Type: Book Length (pgs): 512 Cost: $19.95

Description: Definitive book on development of the young child from birth to age 5. Filled with practical information on both the basics (feeding, sleeping, etc.) and on specific problems (temper tantrums, fears, etc.). An excellent resource for everyone concerned with children.

Appropriate For: Trainers, Home Visitors, Parents, Coordinator

Title: Your Four-Year Old: Wild and Wonderful
Author: Ames, L. & Ilg, F.L.
Supplier: Dell Publishing Co., Inc.
666 Fifth Avenue
New York NY 10103
(212) 765-6500
Published: 1980
Resource Type: Book Length (pgs): 152 Cost: $8.95

Description: The authors describe characteristics, accomplishments, and abilities of a typical four-year-old child. They discuss many questions posed by parents that are unique to four-year-old girls and boys, and they offer parents practical advice and enlightening psychological insights. Appendices list good toys and books for four-year-olds and also books for parents of four-year-olds.

Appropriate For: Trainers, Home Visitors, Parents
This section of the directory includes resources that will assist home visitors working with families that have children with disabilities. It includes material on advocacy, support groups, legal rights and responsibilities as well as the more immediate issues dealing with behavior problems, testing and evaluation, family adjustments, and sibling issues. Many additional resources that relate to family dynamics and parent education programs are located in the section on Parent Involvement.

The home-based program option provides an excellent opportunity for agencies to provide cooperative and coordinated services to families who have a child with a disability. Resources related to collaborative agreements, working with other agencies, writing individualized plans, and transitioning are also provided here to assist agencies and home visitors in these areas.
<table>
<thead>
<tr>
<th>Title:</th>
<th>Acceptance is Only the First Battle</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Duffy, S., McGlynn, K., Mariska, J. &amp; Murphy, J.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Montana University Affiliated Program, University of Montana Missoula MT 59812 (406) 243-5467</td>
</tr>
<tr>
<td>Published:</td>
<td>1985</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book Length (pgs): 43 Cost: $4.45</td>
</tr>
<tr>
<td>Description:</td>
<td>The subtitle of this book is: How Some Parents of Young Handicapped Children Have Coped with Common Problems. The authors, all mothers of young disabled children, share the parent's viewpoint of problems they have experienced. Some chapter titles include: Becoming a Detective in the Medical Community and What to Do About Conflicting Professional Advice.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>Brothers and Sisters: A Special Part of Exceptional Families, Second Edition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Powell, T.H. &amp; Ahrenhold Ogle, P.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Paul H. Brookes Publishing Co. PO Box 10624 Baltimore MD 21285-0624 (410) 337-4580</td>
</tr>
<tr>
<td>Published:</td>
<td>1992</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book Length (pgs): 320 Cost: $23.00</td>
</tr>
<tr>
<td>Description:</td>
<td>This book discusses relationships between brothers and sisters in which one sibling has a disability. Section I, Families and Siblings, provides an overview of siblings in the family system and the special aspects of having a brother or sister who has a disability. Section II is Strategies to Help Siblings. Appendices include resources for professionals and parents that might be helpful in working with siblings.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents, Coordinators</td>
</tr>
</tbody>
</table>
### Title: Family Support In The Home

**Home Visiting Programs and P.L. 99-457**

**Author:** Roberts, R., Ph.D., Ramey, C., Ph.D., Casto, G., Ph.D.

**Supplier:** Association for the Care of Children's Health (ACCH)

7910 Woodmont Avenue, Suite 300

Bethesda MD 20814-3015

(301)654-6549

**Published:** 1988

**Resource Type:** Booklet  
**Length (pgs):** 35  
**Cost:** $2.95

**Description:**

This report discusses the ways family support/home visiting programs can contribute to stronger families. It describes home visiting/family support models of intervention that seem particularly suitable for helping families care for children with special needs. In addition, this report contains guidelines and recommendations with accompanying examples of how such programs can and are being developed to support families in their efforts to meet the educational, social, and health goals they have set for themselves and their children.

**Appropriate For:** Administrators, Coordinators, Home Visitors

---

### Title: Getting Through to Your Handicapped Child

**Author:** Newson, E. & Hipgrove, T.

**Supplier:** Cambridge University Press

110 Midland Avenue

Port Chester NY 10573

(914) 937-9600  
(800) 431-1580

**Published:** 1983

**Resource Type:** Book  
**Length (pgs):** 144  
**Cost:** $9.95

**Description:**

This book is intended for anyone who is having difficulty in "getting through" to children with disabilities, and would like to do better. It uses a behavioral approach which stresses the importance of communication and making our messages simple, direct and capable of being received.

**Appropriate For:** Trainers, Home Visitors, Parents
Help When the Parent is Handicapped

Parks, S.

VORT Corporation
PO Box 60132
Palo Alto CA 94306
(415) 322-8282

1984

Book
296 pages
$23.95 plus shipping & handling

This book is intended to help improve those parent training barriers resulting from the parent's disability or lack of knowledge and understanding. Alternative parent training activities are included for parents who are mentally retarded, deaf, blind, and physically disabled. Activities facilitate the development of children who are within the birth to thirty-six month age range.

Appropriate For: Home Visitors, Parents, Coordinators

How to Get Services by Being Assertive

Des Jardins, C.

Family Resource Center on Disabilities
20 E. Jackson Blvd., Room 900
Chicago IL 60604
(312) 939-3513

1993

Guide
208 pages
$10.00

This is a handbook written for parents to help them become advocates for services for their disabled child. The five parts of the handbook are entitled: 1) Assertive vs. Non-Assertive - Which Are You? 2) Developing Your Positives - Eliminating Your Negatives, 3) Assertiveness at Special Education Meetings, 4) Assertiveness Exercises for Parents, and 5) Assertiveness with Bureaucrats and Public Officials.

Appropriate For: Trainers, Parents
Title: No More Special Me
Author: The Kids on the Block
Supplier: The Kids on the Block Films
         9385-C Gerwig Lane
         Columbia MD 21046
         (301) 290-9095
Published: 1983
Resource Type: Film     Length (min): 50     Rent: $25.00

Description:
The life-sized Kids on the Block puppets were created to help audiences understand
disabilities. This film shows the puppet troupe answering questions from disabled and
non-disabled children and demonstrating the friendships which grow from awareness
and communication. A companion booklet suggests follow-up activities.

Appropriate For: Home Visitors, Parents

Title: Parent Helper: Handicapped Children Birth to Five
Author: Maryland State Department of Education
Supplier: Division of Special Education
         200 West Baltimore Street
         Baltimore MD 21201
         (301) 333-2469
Published: 1982
Resource Type: Pamphlet     Length (pgs): 16     Cost: Free

Description:
*The Parent Helper, Handicapped Children from Birth to Five* is a series of booklets
designed for parents that covers the areas of communications, motor development,
socialization, and cognition. The intent of the series is to provide general concepts of
growth and development, to present information on how the child learns about
himself/herself and others, and to suggest activities that can be used as opportunities
for learning and practicing skills. This series is available in both Spanish and English.

Appropriate For: Parents, Home Visitors
Title: Parent Resource Directory for Parents and Professionals Caring for Children with Chronic Illness or Disabilities

Author: Association for the Care of Children's Health

Supplier: Association for the Care of Children's Health
7910 Woodmont Avenue, #300
Bethesda MD 20814-3015
(301) 654-6549

Published: 1991

Resource Type: Guide Length (pgs): 171 Cost: $7.00 + $2.50 shipping

Description:
This directory is designed to facilitate networking and collaboration among those caring for, or providing support services to children with special health care needs. It is for parents looking for others who share their concerns and for professionals wishing to locate parents with skills and expertise that can be used to improve community support for families.

Appropriate For: Home Visitors, Parents, Coordinators

Title: Parenting Preschoolers: Suggestions for Raising Young Blind and Visually Impaired Children

Author: Ferrell, K.A.

Supplier: American Foundation for the Blind, Inc.
15 West Sixteenth Street
New York NY 10011
(212) 620-2000; Fax (212) 620-2105

Published: 1984

Resource Type: Pamphlet Cost: $39.50 - 25 copies

Description:
Includes questions commonly asked by parents who have a visually impaired child. Behavior patterns that might puzzle or embarrass parents such as their child's quietness or immobility are discussed and explained. Specific activities that parent and child can do together to help the child become more independent are included.

Appropriate For: Home Visitors, Parents
DISABILITIES

Title: Reach Out and Teach: Meeting the Training Needs of Parents of Visually and Multiply Handicapped Young Children--Reachbook and Parent Handbook

Author: Ferrell, K.A.

Supplier: American Foundation for the Blind
15 West 16th Street
New York NY 10011
(212) 620-2000; Fax (212) 620-2105

Published: 1985

Resource Type: Guide
Length (pgs): Reachbook - 176 Parent Handbook - 272

Cost: $40.00

Description:
The Reachbook is one of four parts of Reach Out and Touch. This two-volume set is designed to meet the training needs of parents of young visually and multiply disabled children. The Reachbook is a workbook for parents to record their child's growth and development and is designed to be used with the Parent Handbook. The purchase price includes the Reachbook and the Parent Handbook.

Appropriate For: Home Visitors, Parents

Title: Reaching Out: A Directory of Voluntary Organizations in Maternal and Child Health

Supplier: The National Center for Education in Maternal and Child Health
2000 Fifteenth Street, North Suite 701
Arlington VA 22201-2617
(703) 524-7802

Published: 1993

Resource Type: Guide
Length (pgs): 75

Cost: Free

Description:
The voluntary organizations listed in this directory provide a variety of services and activities including publishing educational materials, disseminating general information, making referrals, and furnishing support to assist the professional or individual in coping with a specific need.

Appropriate For: Parents, Coordinators
<table>
<thead>
<tr>
<th>Title:</th>
<th>Seasons of Caring</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Association for the Care of Children’s Health</td>
</tr>
<tr>
<td>Supplier:</td>
<td>ACCH 7910 Woodmont Avenue, #300 Bethesda MD 20814-3015 (301) 654-6549</td>
</tr>
<tr>
<td>Published:</td>
<td>1986</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Curriculum, Videotape</td>
</tr>
<tr>
<td>Length (min):</td>
<td>40</td>
</tr>
<tr>
<td>Cost:</td>
<td>$140.00</td>
</tr>
</tbody>
</table>

**Description:**
This documentary film identifies the strengths and needs of families caring for children with chronic illness or disabilities. It presents coping strategies, stressing the need for communication and collaboration between parents and professionals. Curriculum guides with sections designed for specific audiences are available to supplement the film.

**Appropriate For:** Home Visitors, Parents, Coordinators, Health Professionals

<table>
<thead>
<tr>
<th>Title:</th>
<th>Sharing Sensitive Information with Parents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Albuquerque Integration Model (AIM) Outreach</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Alta Mira Specialized Family Services 3501 Campus Blvd., NE, PO Box 7040 Albuquerque NM 87194-7040 (505) 842-9948</td>
</tr>
<tr>
<td>Published:</td>
<td>1986</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Videotape</td>
</tr>
<tr>
<td>Length (min):</td>
<td>30</td>
</tr>
<tr>
<td>Cost:</td>
<td>$35.00 Rent: $15.00</td>
</tr>
</tbody>
</table>

**Description:**
In this 30-minute videotape a university professor and occupational therapist discuss the points they consider important in sharing sensitive information with parents. They address many basic concerns including timing, follow-up, empowering parents, encouraging support systems and providing information in simple, clear language.

**Appropriate For:** Home Visitors, Coordinators
Title: Special Education For the Early Childhood Years

Author: Lerner, J., Mardell-Czudnowski, C. & Goldenberg, D.

Supplier: Prentice-Hall, Inc.
Order Processing Center
PO Box 11071
Des Moines IA 50336
(800) 374-1200

Published: 1987

Resource Type: Book Length (pgs): 309 Cost: $49.00

Description: This book is intended for teachers, related professionals, parents and family members of young children with disabilities. It is organized into two major parts. Part I discusses topics related to young children who have disabilities and their families. Part II discusses specific intervention strategies.

Appropriate For: Administrators, Home Visitors, Parents, Coordinators

Title: Talk to Me and Talk to Me II

Supplier: The Blind Children's Center
4120 Marathon Street, PO Box 29159
Los Angeles CA 90029
(213) 664-2153

Published: 1988

Resource Type: Pamphlet Length (pgs): 11 Cost: $1.00 per copy

Description: These two booklets are for parents of blind children. They discuss communication and explore methods to expand the child's awareness. These booklets are easily read and contain illustrations of ways parents can respond to a blind child's needs to learn, explore and ask questions. Available in Spanish.

Appropriate For: Home Visitors, Parents
<table>
<thead>
<tr>
<th>Title:</th>
<th>Transition: Preschool to Public School</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Helping Children, Parents and Teachers</td>
</tr>
<tr>
<td>Author:</td>
<td>Render, M., Krehbiel, B. &amp; Sheldon, P.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Albuquerque Integration Model - Outreach Dissemination Unit</td>
</tr>
<tr>
<td></td>
<td>PO Box 7040</td>
</tr>
<tr>
<td></td>
<td>Albuquerque</td>
</tr>
<tr>
<td></td>
<td>NM 87194-7040</td>
</tr>
<tr>
<td></td>
<td>(505) 842-9948</td>
</tr>
<tr>
<td>Published:</td>
<td>1986</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Guide</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>91</td>
</tr>
<tr>
<td>Cost:</td>
<td>$5.00</td>
</tr>
<tr>
<td>Description:</td>
<td>This transition model addresses three major areas: preparation of the child, preparation of the family, and the roles of the sending and receiving agencies. The focus is transition to public school, especially for special needs education. It has a checklist of readiness skills for the child, and other helpful information.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents</td>
</tr>
</tbody>
</table>

| Title:                | Unlocking Doors: A Guide to Effective Communication         |
| Supplier:             | PACER Center, Inc.                                          |
|                      | 4826 Chicago Avenue, South                                  |
|                      | Minneapolis                                               |
|                      | MN 55417                                                   |
|                      | (612) 827-2966                                             |
| Published:           | 1988                                                        |
| Resource Type:       | Book                                                        |
| Length (pgs):        | 60                                                          |
| Cost:                | $2.50                                                       |
| Description:         | Provides explanation of P.L.94-142. Offers "parents' bill of rights." Activities are included to develop assertive behavior for parents when dealing with service providers, specifically public schools. Examines human behavior and its connection to effective communication.|
| Appropriate For:     | Home Visitors, Parents, Coordinators                       |
DISABILITIES

Title: Working With Families
Supplier: Chapel Hill Training - Outreach Project
800 Eastowne Drive, Suite 105
Chapel Hill NC 27514
(919) 490-5577
Published: 1988
Resource Type: Guide Length (pgs): 154 Cost: $12.00
Description:
Topics included in this manual are: staff development, assessing the needs of parents, parent support strategies, parents and professional advocacy, plus additional resources. Also included in the revised manual is parent involvement in the IEP process (preschool) and IFSP process (infants and toddlers).
Appropriate For: Administrators, Coordinators
Health

This section of the directory contains a comprehensive list of books, films, videos and other resources related to health. Home visitors who provide a broad range of services will find materials on medical, dental, and mental health, as well as nutritional services, safety and first aid. Some of the entries focus on wellness, coping with stress, prevention of illness and early intervention. These materials will assist in planning for the preschool child's physical, emotional, cognitive and social development and enhance the relationship between families and the ongoing health care system.

A quick review of titles helps the reader to identify information on a particular issue and also become familiar with other material that may be useful when working with families on home visits. Some of the resources contain activities for teaching health and safety concepts to young children; many have bibliographies that will provide additional information for the home visitor or family member.
Title: Alice Doesn't Babysit Anymore
Author: McGovern, K.B.
Supplier: Alternatives to Sexual Abuse
PO Box 25537
Portland OR 97225
(503) 355-1212
Published: 1985
Resource Type: Book
Cost: $10.95

Description:
This story illustrates how children can be tricked into playing unhealthy games and encourages them to tell other people if they're being sexually abused. It emphasizes the awareness that parents need to have in selecting child care and in listening to what their children tell them about caregivers.

Appropriate For: Home Visitors, Parents, Coordinators

Title: Annie Overcomes Isolation
Author: Wheat, P.
Supplier: NCPCA Fulfillment Center
200 State Road
South Deerfield MA 01373
(800) 835-2671
Published: 1987
Resource Type: Pamphlet
Length (pgs): 16
Cost: $1.00

Description:
This pamphlet gives tips and techniques for overcoming isolation, which has been determined to be one of the major known factors contributing to child abuse. An easy to read and understand format that can be used in parent training workshops or in other informal support groups.

Appropriate For: Home Visitors, Parents
**HEALTH**

<table>
<thead>
<tr>
<th>Title</th>
<th>Are You Listening to What Your Child May Not Be Saying?</th>
</tr>
</thead>
</table>
| Supplier | National Easter Seal Society  
| | 70 E. Lake Street  
| | Chicago  
| | IL 60601  
| | (312) 726-6200  
| | (312) 726-4258 - TDD |
| Resource Type | Pamphlet  
| Length (pgs) | 1  
| Cost | 3 for $.35 |

**Description:**
This one page pamphlet describes early warning signs that may indicate existence of a problem in a child's growth and development. Available in Spanish and English.

**Appropriate For:** Parents, Home Visitors, Coordinators

<table>
<thead>
<tr>
<th>Title</th>
<th>Because You Need To Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author</td>
<td>National Reye's Syndrome Foundation</td>
</tr>
</tbody>
</table>
| Supplier | National Reye's Syndrome Foundation  
| | 426 North Lewis  
| | Bryan  
| | OH 43506  
| | (419) 636-2679  
| | (800) 233-7393 |
| Published | 1991 |
| Resource Type | Brochure  
| Length (pgs) | 4  
| Cost | Free |

**Description:**
This informative pamphlet defines Reye's Syndrome, emphasizes early diagnosis and describes the early stages of the disease. It encourages not giving anti-nausea or fever reducing medicine.

**Appropriate For:** Home Visitors, Parents, Coordinators
### Bright From the Start: The Story of the Nursing Bottle and Your Child's Teeth

**Title:** Bright From the Start: The Story of the Nursing Bottle and Your Child's Teeth  

**Supplier:** Universal Health Associates  
1701 K Street, NW  
PO Box 65465  
Washington, DC 20035-5465  
(202) 429-9506

**Resource Type:** Cassette  
**Length (min):** 10

**Description:** This multicultural program of color photographs and sketches received the American Dental Association's Preventive Dentistry Award. Designed for expectant parents and parents of young children, it discusses the problems of nursing bottle-tooth decay and recommendations for its prevention. Available in Spanish, Vietnamese and Cambodian.

**Appropriate For:** Parents

---

### Building Self-Esteem in Children

**Title:** Building Self-Esteem in Children  

**Author:** Berne, P.H. & Sarary, L.M.

**Supplier:** The Crossroad Publishing Company  
370 Lexington Avenue  
New York, NY 10017  
(212) 532-3650

**Published:** 1985

**Resource Type:** Book  
**Cost:** $9.95

**Description:** The basic premise of this book, that children need to feel valued and to experience success in order to develop self-esteem, is reiterated throughout the text. It includes suggestions and principles that are applicable for home use.

**Appropriate For:** Home Visitors, Parents
HEALTH

Title: Dental Health Adviser

Author: Dental Health Adviser Information Center

Supplier: Whittle Communications
333 Main Street, ATTN: Janet Shomaker
Knoxville TN 37902
(615) 595-5107

Published: 1986

Resource Type: Book
Cost: Free

Description:
These dental health education booklets include information and suggestions. Titles include: Dental Basics, Cosmetic Dentistry, Gum Disease, Tooth Repair, Children's Dental Care, and Tooth Replacement.

Appropriate For: Home Visitors, Parents, Children

---

Title: Food...Early Choices

Supplier: National Dairy Council
10255 West Higgins Road, Suite 900
Rosemont IL 60018
(800) 426-8271

Published: 1986

Resource Type: Curriculum
Cost: Varies

Description:
This hands-on program provides experiences that encourage wise food choices by young children, their parents, and their teachers. A strong parent component extends nutrition education to the home. Kit contains many activity resources including posters, playing cards and puzzles, as well as 17 duplicating masters to be used as take-home materials. Available in Spanish.

Appropriate For: Home Visitors, Parents
Title: Food Is Special
Author: Mahnke, C.
Supplier: Panhandle Community Services/Head Start
3350 10th Street
Gering NE 69341
(308) 635-3089
Published: 1983
Resource Type: Guide 
Length (pgs): 78 
Cost: $6.95

Description:
The food experiences in this book are written to be used in the home with parent and child. While they have been planned for 3 to 5 year olds, they can also be modified for the younger child. Each experience contains 5 parts: a recipe, an activities section, a For Children section, a For Parents section, and activities for the week.

Appropriate For: Home Visitors, Parents

Title: Good Grief: Helping Groups of Children When a Friend Dies
Author: Fox, S.
Supplier: Good Grief Program
Judge Baker Guidance Center
295 Longwood Avenue
Boston MA 02115
(617) 232-8390
Published: 1985
Resource Type: Book 
Length (pgs): 80 
Cost: $9.50

Description:
Contains developmentally appropriate recommendations and suggested steps to take when a child expresses or indicates signs of grief as a result of death, divorce or relocation of loved ones. The Judge Baker Guidance Center has a variety of other materials available to help children deal with stressful situations.

Appropriate For: Home Visitors, Parents
HEALTH

Title: Growing Up Strong
Author: Hammer, J.
Supplier: Center for Child and Family Development
University of Oklahoma, College of Continuing Education
555 Constitution Street, Suite 221
Norman, OK 73037-0005
(405) 325-1445
Published: 1988
Resource Type: Curriculum
Cost: $25.00  Supplement Kit: $20.00
Description: Growing Up Strong is a mental wellness and life skills development program for preschool children that utilizes dolls and puppets. It provides curriculum activities, teacher information and resources, and stresses strong self-concept, responsibility, problem-solving, decision making, assertiveness, and self-control. Native American supplement and a Spanish (bilingual) supplement.
Appropriate For: Home Visitors, Trainers

Title: Guide to Children’s Dental Health, A
Supplier: American Academy of Pediatrics
PO Box 927
Elk Grove Village, IL 60009-0927
(708) 228-5005
Published: 1991
Resource Type: Pamphlet
Cost: $27.50/100 copies
Description: This brochure presents practical advice on everything from teething to thumbsucking.
Appropriate For: Parents
Title: Happy Teeth for Healthy Smiles

Supplier: Oral Health Consultant
Bureau of Public Health
1414 E. Washington Avenue
Madison WI 53703
(608) 266-5152

Published: 1992

Resource Type: Pamphlet Length (pgs): 5 Cost: Free (Single copy)

Description:
The pamphlet is a parent's guide to good dental health for infant and young children from birth through six years of age. The pamphlet addresses fluorides and dental sealants, teething and tooth eruption sequence, baby bottle tooth decay, proper nutrition and the necessity for early regular dental care.

Appropriate For: Home Visitors, Parents

Title: Infections in Children: A Sourcebook for Educators and Child Care Providers

Author: Andersen, R.D., Bale, J.F., Blackman, J.A., & Murph, J.R.

Supplier: Aspen Publishers, Inc.
7201 McKinney Circle, PO Box 990
Frederick MD 21701
(800) 638-8437

Published: 1986

Resource Type: Book Length (pgs): 221 Cost: $34.00

Description:
This book provides information about infectious agents, the conditions under which they cause disease, and measures which may be taken to prevent or resolve infection. Within the appendices are 17 single-page parent handouts on symptoms and treatment of infectious diseases. Information on proper hand washing techniques and proper diapering techniques is provided.

Appropriate For: Home Visitors, Parents, Coordinators
<table>
<thead>
<tr>
<th>Title:</th>
<th>It's My Body</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Freeman, L.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Parenting Press, Inc.</td>
</tr>
<tr>
<td></td>
<td>11065 5th Avenue, NE, Suite F</td>
</tr>
<tr>
<td></td>
<td>PO Box 75267</td>
</tr>
<tr>
<td></td>
<td>Seattle WA 98125</td>
</tr>
<tr>
<td></td>
<td>(800) 992-6657</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>32</td>
</tr>
<tr>
<td>Cost:</td>
<td>$3.95</td>
</tr>
<tr>
<td>Description:</td>
<td>In an effort to educate children in a non-threatening manner about potential abuse, different situations are provided to help them distinguish between appropriate and inappropriate touch and how to respond. Also available in Spanish. Accompanied by a book for parents and/or home visitors.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents, Children, Coordinators</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>Kicking Your Stress Habits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Tubesing, D.A.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Whole Person Press</td>
</tr>
<tr>
<td></td>
<td>210 West Michigan</td>
</tr>
<tr>
<td></td>
<td>Duluth MN 55802-1908</td>
</tr>
<tr>
<td></td>
<td>(218) 727-0500</td>
</tr>
<tr>
<td>Published:</td>
<td>1986</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>185</td>
</tr>
<tr>
<td>Cost:</td>
<td>$14.95</td>
</tr>
<tr>
<td>Description:</td>
<td>This book provides insight into daily stresses, how you react to them and how to regulate the rate of change in your life. It is a lively &quot;workshop in a book&quot; that provides questions for you in each chapter, a place to record observations and insights as well as techniques to manage stress. Be sure your stress management &quot;tool box&quot; includes this classic resource.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents, Coordinators, Administrators, Trainers</td>
</tr>
</tbody>
</table>
Title: Kids Worry Too

Supplier: University of Nebraska Medical Center Child Life Office
600 South 42nd Street
Omaha, NE 68198-2165
(402) 559-6775

Published: 1986

Resource Type: Pamphlet   Length (pgs): 20   Cost: $1.00 plus postage

Description:
This brochure was written to help parents to recognize and understand some of the reactions and concerns children may have when a family member is hospitalized. It also provides some suggestions on helping children understand and cope.

Appropriate For: Parents, Home Visitors

Title: Leo the Late Bloomer

Author: Krause, K.

Supplier: Prentice Hall/Books for Young Readers
Simon & Schuster, Inc.
1230 Avenue of the Americas
New York, NY 10020
(800) 223-2348
(201) 592-2000

Published: 1987

Resource Type: Book   Length (pgs): 30   Cost: $5.95

Description:
This is an excellent children's book which deals with self-concept and the idea that we all grow and develop at different rates. It can be used with children as a spring board for discussing mental health issues including: feelings, self-concept, acceptance, failure and success.

Appropriate For: Children
<table>
<thead>
<tr>
<th>Title:</th>
<th>Living and Teaching Nutrition</th>
</tr>
</thead>
</table>
| Supplier: | Head Start Resource and Training Center  
University Blvd. at Adelphi Road  
College Park MD 20742  
(800) 888-8682 |
| Published: | 1983 |
| Resource Type: | Guide  
Length (pgs): 156  
Cost: $15.00 |

An inservice training guide featuring nine workshops. Chapters include: Economical Nutrition, Fresh Fruits and Vegetables, Dental Health and Sugar, Planning Menus and Planning Snacks, Family-Style Eating, Cooking Experiences for Young Children, Nutrition Activities for Young Children, and What’s New in Nutrition?

Appropriate For: Parents, Coordinators, Trainers

<table>
<thead>
<tr>
<th>Title:</th>
<th>Nutrition Brochures</th>
</tr>
</thead>
</table>
| Supplier: | USDA Program Aid No. 1385  
Superintendent of Documents US GPO  
Washington DC 20402  
(202) 783-3238 |
| Published: | 1986 |
| Resource Type: | Pamphlet  
Cost: Free |

This is a series of free brochures that are colorful and easy to read. A good teaching aid for nutrition programs. Titles include: Enjoy Fruits, Enjoy Vegetables, Enjoy Legumes, Plan Ahead to Make Your Food Dollars Count, and Using Less Sugar. Available in Spanish and English.

Appropriate For: Parents
Title: Nutrition - Resource for Head Start Home Visitors, A

Author: Malmgren, L., M.Ed., R.D.

Supplier: WHO, Inc./Head Start Program
227 So. 4th Street
Jeannette PA 15644
(412) 523-6890

Published: 1991

Resource Type: Guide Length (pgs): 164 Cost: $25.00

Description:
This manual is designed to be used by the paraprofessional as a reference and resource for developing and implementing nutrition education plans for families. Individualized nutrition education plans can be developed from the computer printouts, using the information collected on the nutrition profile.

Appropriate For: Home Visitors, Coordinators

Title: OTTO Series, The

Author: Morey, K.

Supplier: Kid Love Unlimited
2973 Harbor Blvd., Suite 508
Costa Mesa CA 92626
(714) 549-1421

Resource Type: Book Length (pgs): 32 Cost: $3.95

Description:
The OTTO Series helps young children know and value what they feel, encourages positive attitudes and enhances self-esteem. The four books in the series are: OTTO Shares a Hug and a Kiss, OTTO Shares a Giggle, OTTO Shares a Tear, and OTTO Shares a Fright.

Appropriate For: Home Visitors, Parents, Children
### Parent's Guide to Childhood Immunization

**Title:** Parent's Guide to Childhood Immunization  
**Author:** DHHS - Public Health Services - Centers for Disease Control  
**Supplier:** Center for Prevention Services  
Division of Immunization  
1600 Clifton Road, NE  
Atlanta GA 30333  
(404) 639-3534  
**Published:** 1988  
**Description:**  
A good guide to immunization against all childhood diseases, this book discusses how immunizations work and why each is important to children. It covers possible side effects and adverse reactions and states immunization requirements for each immunization series.  
**Appropriate For:** Parents

### Parent's Guide to Controlling Head Lice, A

**Title:** Parent's Guide to Controlling Head Lice, A  
**Author:** Public Affairs Office  
**Supplier:** Burroughs Wellcome Company  
3030 Cornwallis Road  
Research Triangle Park NC 27709  
(919) 248-3000  
**Resource Type:** Pamphlet  
**Cost:** No Charge  
**Description:**  
This tri-fold leaflet discusses measures parents can take to reduce their children's chance of getting head lice. It also provides tips on how to detect and treat the condition if children become infested.  
**Appropriate For:** Home Visitors, Parents
<table>
<thead>
<tr>
<th>Title:</th>
<th>Parent's Guide to Nutrition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Boston Children’s Hospital</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Addison-Wesley Publishing Co., Inc.</td>
</tr>
<tr>
<td></td>
<td>Order Department</td>
</tr>
<tr>
<td></td>
<td>Jacob Way</td>
</tr>
<tr>
<td></td>
<td>Reading MA 01867</td>
</tr>
<tr>
<td></td>
<td>(800) 447-2226</td>
</tr>
<tr>
<td>Published:</td>
<td>1987</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>372</td>
</tr>
<tr>
<td>Cost:</td>
<td>$9.57</td>
</tr>
<tr>
<td>Description:</td>
<td>This book contains comprehensive nutrition information for parents. Food facts and information on special subjects such as allergies, additives, fad diets, common illnesses, preventing cavities is offered. Some age-old myths are explored. A basic resource when considering the changing nutritional needs of children from the time of birth.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Parents</td>
</tr>
</tbody>
</table>

| Title:                  | Prevent Baby Bottle Tooth Decay                         |
| Author:                | National Institute of Dental Research                  |
| Supplier:              | National Institute of Dental Research                  |
|                        | PO Box 547-93                                           |
|                        | Washington DC 20032                                     |
| Resource Type:         | Pamphlet                                                |
| Length (pgs):          | 3                                                       |
| Cost:                  | Free                                                    |
| Description:           | A very informative pamphlet covering proper bottle-feeding for children and the importance of protecting your child’s teeth. A bookmark encouraging water only for bedtime bottles is included. |
| Appropriate For:       | Home Visitors, Parents                                  |
Title: Quiet Times: Relaxation Techniques for Early Childhood
Author: Scott, L.
Supplier: T.S. Denison and Co.
9601 Newton Avenue, South
Minneapolis MN 55431
(612) 888-1460

Resource Type: Book
Length (pgs): 66
Cost: $9.95

Description:
This book contains four sections: *Stories for Relaxation, Devices for Relaxation, Action Rhymes for Relaxation,* and *Action Poems.* The activities are appropriate for preschool children. The author provides specific instructions to aid in relaxation.

Appropriate For: Home Visitors, Parents

Title: Report of the Surgeon General's Workshop on Children With HIV Infection and Their Families
Author: Silverman, B.K., Ph.D. & Waddell, A.
Supplier: U.S. Department of Health & Human Services
Public Health Service
Rockville MD 20857
(301) 443-2403

Published: 1987

Resource Type: Book
Length (pgs): 102
Cost: Free

Description:

Appropriate For: Coordinators, Administrators
HEALTH

Title: Safe Nursery, The
A Booklet to Help Avoid Injuries From Nursery Furniture and Equipment

Author: U.S. Product Safety Commission

Supplier: U.S. Consumer Product Safety Commission
Public Affairs Office
5401 Westbard Avenue, Room 342
Bethesda MD 20207
(301) 504-0580

Published: 1985

Resource Type: Guide Length (pgs): 17 Cost: Free

Description:
This handy guide describes basic nursery furniture and safety features that should be considered before purchasing. Diagrams accompany specific safety tips. Recommended for parents and staff; a valuable resource for parent education activities.

Appropriate For: Parents

---

Title: Safety Education Books, Series of

Author: Chlad, D.

Supplier: National Safety Town Center
PO Box 39312
Cleveland OH 44139
(216) 831-7433

Resource Type: Book Length (pgs): 31 Cost: $8.95
Paperback: $3.95

Description:
Titles include: Strangers and When There is a Fire Go Outside (available in Spanish); When I Ride in a Car; Poisons Make You Sick; When I Cross the Street; Matches, Lighters, and Firecrackers Are Not Toys; and Stop, Look and Listen for Trains. Presentation is done with colorful pictures, and each book ends with clearly stated safety rules. All booklets are available in Spanish and English.

Appropriate For: Parents, Children
### Teaching Interpersonal Expertise to Strength Systems (TIES) Materials

**Author:** Karnes, M.B. & Johnson, L.

**Supplier:** Developmental Services Center  
1304 W. Bradley  
Champaign IL 61821  
(217) 356-9176

**Resource Type:** Curriculum

**Description:** The TIES project developed instructional materials to enhance the interpersonal relationships and affective skills of Head Start children, parents, and staff. The materials include coordinated parent/staff workshops as well as home and classroom activities for children. Interrelated mental health topics reflect the cultural diversity of Head Start.

**Appropriate For:** Home Visitors, Parents, Coordinators, Trainers

---

### Tell Me, Papa

**Author:** Johnson, J. & Johnson, M.

**Supplier:** Centering Corporation  
1531 N. Saddle Creek Road  
Omaha NE 68103  
(402) 553-1200; Fax (402) 553-0507

**Published:** 1984

**Resource Type:** Book  
**Length (pgs):** 10  
**Cost:** $3.25

**Description:** This book for children helps to answer many of a child's questions about death: Does it hurt when you die?; Where do people go when they die?; How long are you dead?; Do people have to die? The authors honestly answer questions without preaching or frills.

**Appropriate For:** Home Visitors, Parents, Children
**Title:** Vegetable Magic  
**Author:** The Connecticut Nutrition Education and Training Program  
**Supplier:** CNET - University of Connecticut  
U-17, 3624 Horsebarn Road Ext.  
Storrs CT 06269  
(203) 486-4666  
**Published:** 1981  
**Resource Type:** Book  
**Length (pgs):** 40  
**Cost:** $7.95  

**Description:**  

**Appropriate For:** Home Visitors, Parents, Children

---

**Title:** Watch Me Grow  
**Supplier:** National Easter Seal Society  
70 E. Lake Street  
Chicago IL 60601  
(312) 726-6200  
(312) 726-4258 - TDD  
**Resource Type:** Pamphlet  
**Length (pgs):** 1  
**Cost:** Free  

**Description:**  
This pamphlet provides parents with information on Easter Seal's program that monitors at-risk children from birth to 3 years old in order to identify developmental delays, make timely assessments, assure family utilization of early intervention services, involve parents in monitoring their child's development, and provide family support and education. Available in Spanish and English.

**Appropriate For:** Parents, Home Visitors, Coordinators  

---
Title: We Love You: Buckle Up! - Activities Packet

Supplier: National Association for the Education of Young Children
1509 16th Street, NW
Washington DC 20036-1426
(202) 232-8777
(800) 424-2460

Published: 1985

Resource Type: Activities Packet Cost: Free

Description: We Love You: Buckle Up! is a mini-curriculum kit specifically designed to help children learn about safety belts and child safety seats. The Guide presents activity ideas for home visits and group socialization experiences. Included are discussion suggestions, project ideas, and songs that emphasize three primary safety topics.

Appropriate For: Home Visitors, Children

Title: Well Aware: An Introduction to Healthy Living Series

Author: Miller-Dwan Medical Center

Supplier: Whole Person Press
210 West Michigan
Duluth MN 55802-1908
(218)727-0500

Published: 1987

Resource Type: Video Length (min): 25 Cost: $79.00 Rent: $35.00

Description: This series includes 6 videotapes with the following topics: An Overview of Wellness, Exercise, Health Nutrition, Stress Management, Personal Environment, and Motivation for Change. Each 25 minute video comes with personal-action guidebooks. It is a complete course to help you examine wellness in depth. Series is action-oriented, with quiet, direct motivation and encouragement.

Appropriate For: Home Visitors, Parents, Coordinators, Administrators, Trainers
Title: What Will I Tell the Children?
Author: Bell, V. & Esterling, L. S.
Supplier: University of Nebraska Medical Center Child Life Office
600 South 42nd Street
Omaha NE 68198-2165
(402) 559-6775
Published: 1986
Resource Type: Pamphlet Length (pgs): 14 Cost: $1.00 plus postage
Description: An excellent resource for parents and home visitors offering some general guidelines for dealing with children when discussing the death of a family member or friend. Section for helping preschoolers in understanding of death, explaining possible related behaviors and what you can say/do.
Appropriate For: Home Visitors, Parents, Coordinators

Title: Where's Jess?
Author: Johnson, J., Johnson, M., Goldstein, H., Goldstein, R., & Goldstein, J.
Supplier: Centering Corporation
1531 N. Saddle Creek Road
Omaha NE 68104-5064
(402) 553-1200
Published: 1982
Resource Type: Book Length (pgs): 22 Cost: $3.25
Description: A story with pictures and simple text helps to answer questions about the death of Jess. Appropriate for young children as well as older children, an honest approach to emotions and the unknown make this a valuable resource.
Appropriate For: Home Visitors, Parents, Children
Title: Willie Learns the Touching Rule

Supplier: Committee for Children
172 20th Avenue
Seattle WA 98122
(206) 322-5050
(800) 634-4449

Resource Type: Videotape  Length (min): 9  Cost: $70.00

Description:
Designed for children 3-6 years old, this video tells the story of how Willie learns about the touching safety rule. The video includes guide.

Appropriate For: Home Visitors, Parents, Children
Parent Involvement

Parent Involvement is a major part of the underlying philosophy and commitment of the Head Start program. The family is recognized as the primary influence in the physical, emotional, social, and intellectual growth of the child. The work of the trained home visitor as well as the regularly scheduled socialization activities support and enhance the ability of parents to act effectively as teachers of and advocates for their children, at home and in the community. These resources assist the home visitor in linking parents to community and program resources and enhance the ability of parents to foster their child's growth and development.

Current and appropriate information on gifted children, support groups, behavior management, and general parenting is found in this section. There are also numerous resources available for working with parents and involving them in parent education programs. Suggestions for books, tapes, activities, toys, and games, as well as several bibliographies are included. Many of the resources listed in other sections also help the home visitor in coordination of services across component areas such as health and social services, and reflect the goal of integrated comprehensive Head Start programs.
Title: Black Families

Author: McAdoo, H. & McAdoo, J.L.

Supplier: Sage Publications
2455 Teller Road
Newbury Park CA 91320
(805) 499-0721

Published: 1985

Resource Type: Book  Length (pgs): 279  Cost: $23.95

Description:
The authors present research on major issues, theories, and empirical findings unique to black families. The book consists of twenty articles which focus on the diversity of black families as well as their structural and functional differences in relation to their white counterparts. The impact that poverty and discrimination has had on black families is also discussed.

Appropriate For: Coordinators

Title: Bringing Out The Best

Author: Saunders, J. & Espcland, P.

Supplier: Free Spirit Publishing
400 1st Avenue, North
Minneapolis MN 55401
(800) 735-7323

Resource Type: Book  Length (pgs): 156  Cost: $12.95

Description:
Focuses on letting a child be a child while providing an environment rich in possibilities. Written for parents--but also recommended for preschool teachers. Topics include: How to Tell Your Child is Gifted, Perils of Perfectionism, Ways to Build Self-Esteem, and Avoiding Parent Burnout.

Appropriate For: Home Visitors, Parents
**Empowering Families: Home Visiting and Building Clusters**

*Title:* Empowering Families: Home Visiting and Building Clusters

*Supplier:* Cornell University Distribution Center - M
7 Research Park
Ithaca NY 14850
(607) 255-7660/2090

*Resource Type:* Printed Material  
*Length:* Series of nine 2-1/2 hour sessions  
*Cost:* $30.00

*Description:* Designed to help home visitors and facilitators of parent groups identify, acknowledge, and reinforce families' strengths. Materials include a facilitator's manual, a handbook on communication for empowerment, a poster, activity cards, reproducible handouts, an audiotape, fact sheets, and a discussion guide.

*Appropriate For:* Home Visitors, Coordinators

---

**Enjoy Your Gifted Child**

*Title:* Enjoy Your Gifted Child

*Author:* Takacs, C.

*Supplier:* Syracuse University Press  
1600 Jamesville Avenue  
Syracuse NY 13244  
(315) 443-5546  
(800) 365-8929

*Published:* 1986

*Resource Type:* Book  
*Length (pgs):* 160  
*Cost:* $12.95

*Description:* This book is written so people, especially parents, can relax and enjoy the gifted child's life and learning experiences. The challenges and rewards of this experience are highlighted in this book. Current research is presented in a manner accessible to everyone.

*Appropriate For:* Home Visitors, Parents
<table>
<thead>
<tr>
<th>Title:</th>
<th>Family Enrichment Trainer's Manual, The</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Wilson, G.B. &amp; McMurrain, T.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Humanics</td>
</tr>
<tr>
<td></td>
<td>PO Box 7400</td>
</tr>
<tr>
<td></td>
<td>Atlanta GA 30357</td>
</tr>
<tr>
<td></td>
<td>(404) 874-2176</td>
</tr>
<tr>
<td>Published:</td>
<td>1989</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Guide</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>102</td>
</tr>
<tr>
<td>Cost:</td>
<td>$12.95</td>
</tr>
<tr>
<td>Description:</td>
<td>This workbook offers a series of training exercises for parents. It presents activities and exercises designed to allow parents to communicate and share their ideas and expertise. It consists of six sections that explore the family, communications, environments, relationships, effective discipline, and values.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Administrators, Home Visitors, Coordinators</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>First Feelings: Milestones in the Emotional Development of Your Baby and Child</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Greenspan, S.N.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Viking Penguin, Inc.</td>
</tr>
<tr>
<td></td>
<td>375 Hudson Street</td>
</tr>
<tr>
<td></td>
<td>New York NY 10014</td>
</tr>
<tr>
<td></td>
<td>(212) 366-2000</td>
</tr>
<tr>
<td>Published:</td>
<td>1992</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Cost:</td>
<td>$9.95</td>
</tr>
<tr>
<td>Description:</td>
<td>Discusses the milestones babies and children should achieve as they develop. For each stage of development, the authors help parents chart the baby's emotional growth, prevent and correct behavioral and emotional difficulties, and evaluate responses to their baby.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents</td>
</tr>
</tbody>
</table>
### Getting Involved Workshops for Parents

**Title:** Getting Involved Workshops for Parents  
**Author:** Frede, E.  
**Supplier:** The High/Scope Press  
A Division of High/Scope International Research Foundation  
600 North River Street  
Ypsilanti MI 48197  
(313) 485-2000  
**Published:** 1984  
**Resource Type:** Guide  
**Cost:** $15.00

**Description:**  
A guide for leaders of parent workshops, based on the *Getting Involved* booklets, which suggests ways parents can support children’s learning through everyday activities in the home environment. The book is designed to develop and/or strengthen parent/child leadership skills.

**Appropriate For:** Trainers, Home Visitors

### Growing Up Writing

**Title:** Growing Up Writing  
**Author:** Lamme, L.L.  
**Supplier:** Acropolis Books, Ltd.  
13950 Park Center Road  
Herndon VA 22071  
(703) 709-0006  
(800) 451-7771  
**Published:** 1984  
**Resource Type:** Guide  
**Cost:** $8.95

**Description:**  
This guide for parents demonstrates how writing can be introduced at home beginning with scribbling around age one. Includes suggestions for encouraging writing and defines the parent’s role in facilitating progress as the ability to write develops. Many useful ideas for staff as well as parents.

**Appropriate For:** Home Visitors, Parents
Title: Growth and Development Through Parenting, Second Edition
Author: Elmer, E.
Supplier: National Committee for the Prevention of Child Abuse (NCPCA)
NCPCA Fulfillment Center
200 State Road
South Deerfield MA 01373
(800) 835-2671
Published: 1992
Resource Type: Booklet Length (pgs): 32 Cost: $1.50
Description:
This booklet explains how parental behavior may reflect a person's own upbringing. Behavior that can be expected at each of the stages of childhood is explained, and effective techniques for living with the child at each stage are suggested. Included are: Expressing Feelings and Helping Children Develop Inner Controls.
Appropriate For: Home Visitors, Parents

Title: Guidance of Young Children
Author: Marion, M.
Supplier: MacMillan Publishing
Front and Brown Streets
Riverside NJ 08075
(800) 257-5755
Published: 1991
Resource Type: Book Cost: $23.00
Description:
This paperback is based on the assumption that adults want to help children learn to control themselves, to like and value themselves, and to be humane, caring, competent, and helpful. Based on sound theory and research, it offers a great variety of practical suggestions.
Appropriate For: Trainers, Parents
Title: How to Be a Better Parent
Author: Holiner, H. & Shulman, A.H.
Supplier: Ballantine Books
201 East 50th Street
New York NY 10022
(212) 751-2600
Published: 1986
Resource Type: Book Length (pgs): 115 Cost: $2.95
Description: This book offers a child rearing concept per week and each suggests an activity for the upcoming week. The book is a guide for raising a child in an atmosphere of love and respect. Readings may be used or browsed as needed. Topics include: Parenthood is Not a Power Struggle, My Worth is Not Determined by My Child's Behavior, and more.
Appropriate For: Parents

Title: How To Talk So Kids Will Listen and Listen So Kids Will Talk
Author: Faber, A. & Mazlish, E.
Supplier: Avon Books
PO Box 767, Rt. 2
Dresden TN 38225
(800) 223-0690
Published: 1982
Resource Type: Book Length (pgs): 242 Cost: $9.00
Description: This book offers practical suggestions for involving children in real communication with parents. It also considers other parenting problems such as dealing with feelings, finding alternatives to punishment, and helping children achieve positive self-images. The techniques discussed in the book are also useful for all interpersonal communication, and are based on the work of Haim Ginott.
Appropriate For: Home Visitors, Parents, Coordinators
<table>
<thead>
<tr>
<th>Title:</th>
<th>Loving Your Child is Not Enough: Positive Discipline that Works</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Samalin, N. &amp; Jablow, M.M.</td>
</tr>
</tbody>
</table>
| Supplier: | Viking Penguin, Inc.  
375 Hudson Street  
New York  
NY 10014  
(212) 366-2000 |
| Published: | 1988 |
| Resource Type: | Book  
Cost: $9.00 |

**Description:**
Drawn from education, experience with children, and interactions with parents, this advice is reality based and tested. Chapter titles include: *Avoiding Daily Battles, Why Punishment Doesn't Work and What Does, Constructive Criticism Isn't, It's Never Too Late* and more. Nine pages of suggested references for further study are included.

**Appropriate For:** Home Visitors, Parents

<table>
<thead>
<tr>
<th>Title:</th>
<th>Mother's Almanac, The Revised</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Kelly, M. &amp; Parsons, E.</td>
</tr>
</tbody>
</table>
| Supplier: | Doubleday and Company  
666 5th Avenue  
New York  
NY 10103  
(212) 553-4561  
(800) 765-6500 |
| Published: | 1992 |
| Resource Type: | Book  
Length (pgs): 288  
Cost: $16.00 |

**Description:**
Presented with a humorous down-to-earth dialogue, the authors describe the realities of mothering. From newborn to age six, developmental expectations are outlined. Games and activities are explained to help children make the most of their surroundings. The authors give the how-to's for nurturing values, creativity, and curiosity for each age.

**Appropriate For:** Home Visitors, Parents, Coordinators
Title: Nurturing Program for Parents and Young Children
   Birth to 5 Years Old

Author: Bavolek, S. & Dellenger-Bavolek, J.

Supplier: Family Development Resources
   219 Madison
   Eau Claire WI 54703
   (715) 833-0904

Resource Type: Curriculum  Cost: $35.00

Description:
A home-based program to teach parents appropriate parenting and nurturing skills. It
includes 45 individual home-based sessions, an activities manual, and a family resource
handbook. All sessions can easily be adapted for group meetings. Supplemental
materials available include audiovisuals, games, books, and dolls at additional cost.

Appropriate For: Home Visitors, Parents, Coordinators

Title: Parent and Child:
   A Parenting Awareness Program for Home-Based Head Start

Author: Pepper, J.V.

Supplier: J.V. Pepper
   624 Devon Road
   Camp Hill PA 17011
   (717) 763-7445

Published: 1985

Resource Type: Book  Length (pgs): 121  Cost: $18.50

Description:
Designed to help parents develop a more effective, positive, and satisfying relationship
with their children, this resource consists of eight two-hour group sessions for Head
Start Home-Based Programs. The sessions are self-contained and include the following
topics: child development, self-concept, family/parental influences, communication,
behavior, and play.

Appropriate For: Home Visitors, Parents, Coordinators
Title: Parents In A Pressure Cooker
Author: Bluestein, J.E. & Collins, L.
Supplier: Kid Love Unlimited
2973 Harbor Blvd., #508
Costa Mesa CA 92626
(714) 549-1421

Resource Type: Book  Cost: $8.95

Description:
The book suggests specific strategies to assist parents in creating a home environment in which love, communication, cooperation, and responsible behavior can flourish and everyone's needs are considered. Helps parents encourage responsible, cooperative choosing from their children without resorting to powering, nagging, threats, or manipulation.

Appropriate For: Home Visitors, Parents

Title: Parents, Please Don't Sit on Your Kids: A Parent's Guide to Nonpunitive Discipline
Author: Cherry, C.
Supplier: Fearon Teacher Aides
PO Box 280
Carthage IL 62321
(800) 242-7272

Published: 1985

Resource Type: Book  Length (pgs): 187  Cost: $11.95

Description:
Practical advice to help parents rethink what discipline is all about. Lists useful, alternative ways to cope with inappropriate behaviors. Many specific situations are cited with typical parental responses, followed by suggested alternative approaches which teach rather than demean the child.

Appropriate For: Home Visitors, Parents, Coordinators
Title: "Parent Talk" Audio Cassette Series
Available in Spanish or English
Series I Young Children
Series II School Age Children
Series III Teenagers

Author: Petersen, E.

Supplier: Evelyn Petersen
843 S. Long Lake Road
Traverse City MI 49684
(800) 748-0213; (616) 943-9257

Resource Type: Audio Cassettes Cost: $10.00 per series or $25.00 for all three (plus $2.00 postage/handling)

Description: Three one-hour audio cassettes in Q&A format based on the questions most often asked by parents of young children, school age children and teenagers. Twenty-eight to thirty segments each tape.

Appropriate For: Home Visitors, Parents

Title: "Parent Talk: The Art of Parenting Video Series"
Volume 1 - The Young Child
Volume 2 - School Age Child
Volume 3 - Teenagers

Author: Petersen, E.

Supplier: The Program Source
2494 Loch Creek Way
Bloomfield Hills MI 48304
(313) 333-2010

Resource Type: Video and Leader's Guide Series Cost: $69.95

Description: Three one-hour video tapes presenting 33 90-second segments answering the questions most often asked by parents of young children, school aged children and teenagers. Comprehensive, 60-page Leader's Guides provide guidance for use, and all segment scripts, discussion questions, child development information and suggested reading.

Appropriate For: Home Visitors, Parents
### Problem Solving Series, The: I Want to Play, I Want It, I Can't Wait, My Name is Not Dummy, I'm Lost, Mommy Don't Go

**Title:** Problem Solving Series, The: I Want to Play, I Want It, I Can't Wait, My Name is Not Dummy, I'm Lost, Mommy Don't Go  

**Author:** Crary, E.  

**Supplier:** Parenting Press  
11065 5th Avenue, NE, Suite F  
PO Box 75267  
Seattle, WA 98125  
(800) 992-6657  

**Published:** 1982  

**Resource Type:** Book  

**Length (pgs):** 30 ea.  

**Cost:** $4.95 ea.  

**Description:**  
This is a series of six books that encourages children to solve conflicts in a socially acceptable way by acquainting them with a variety of alternatives. Each book focuses on a different conflict, and illustrates possible outcomes of different behavior.  

**Appropriate For:** Home Visit. rs, Parents, Children

---

### Siblings Without Rivalry

**Title:** Siblings Without Rivalry  

**Author:** Faber, A. & Mazlish, E.  

**Supplier:** W.W. Norton & Co.  
500 Fifth Avenue  
New York, NY 10110  
(212) 354-5500  

**Published:** 1987  

**Resource Type:** Book  

**Length (pgs):** 219  

**Cost:** $14.95  

**Description:**  
Authors deal with one of the greatest sources of stress in families--ongoing bickering between the children. Drawing on their years of experience in teaching communication skills to parents, authors have developed simple, yet astonishingly effective ways to reduce antagonism between siblings.  

**Appropriate For:** Parents
<table>
<thead>
<tr>
<th>Title:</th>
<th>Single Mother--A Support Group in Your Hands</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Andrea Engber</td>
</tr>
<tr>
<td>Supplier:</td>
<td>National Organization of Single Mothers</td>
</tr>
<tr>
<td></td>
<td>PO Box 68</td>
</tr>
<tr>
<td></td>
<td>Midland VA 28107-0068</td>
</tr>
<tr>
<td></td>
<td>(704) 888-KIDS</td>
</tr>
<tr>
<td>Published:</td>
<td>Bi-monthly (6 issues yearly)</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Publication</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>8-16</td>
</tr>
<tr>
<td>Cost:</td>
<td>$12.80</td>
</tr>
</tbody>
</table>

**Description:**
This publication is filled with advice on parenting, child support and custody, employment, finance, and self-esteem. It is chocked full of resources for the single parent plus tips on how to start a support group.

**Appropriate For:** Home Visitors, Parents, Coordinators

<table>
<thead>
<tr>
<th>Title:</th>
<th>Talks With Parents on Living With Preschoolers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Katz, L.G.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>CBIS</td>
</tr>
<tr>
<td></td>
<td>7420 Fullerton Road, Suite 110</td>
</tr>
<tr>
<td></td>
<td>Springfield VA 22153-2852</td>
</tr>
<tr>
<td></td>
<td>(800) 443-ERIC</td>
</tr>
<tr>
<td>Published:</td>
<td>1983</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>118</td>
</tr>
<tr>
<td>Cost:</td>
<td>$16.00</td>
</tr>
</tbody>
</table>

**Description:**
A collection of the author's articles that originally appeared in *Parents Magazine* in the monthly column *As They Grow/3 and 4*. Covers a wide area of topics from parental guilt to developmental milestones and discipline. Also discusses TV and young children, young children and pets, and separation and preschool. Ask for Ed #230314.

**Appropriate For:** Home Visitors, Parents, Coordinators
<table>
<thead>
<tr>
<th>Title:</th>
<th>Very Practical Guide to Discipline With Young Children, A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Mitchell, G.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Gryphon House</td>
</tr>
<tr>
<td></td>
<td>PO Box 275</td>
</tr>
<tr>
<td></td>
<td>Mount Rainier MD 20712</td>
</tr>
<tr>
<td></td>
<td>(301) 779-6200</td>
</tr>
<tr>
<td>Published:</td>
<td>1982</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>160</td>
</tr>
<tr>
<td>Cost:</td>
<td>$12.95</td>
</tr>
<tr>
<td>Description:</td>
<td>Dr. Mitchell's techniques are based on the philosophy of &quot;I AM! I CAN!&quot; This book is intended for parents and teachers of children up to age eight advising anticipation, hesitation, investigation, and communication as adults learn strategies for disciplining children. It provided for a plan of action which will ultimately lead to self-discipline.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>You're a Better Parent Than You Think! A Guide to Common Sense Parenting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Guarendi, R.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>Simon and Schuster</td>
</tr>
<tr>
<td></td>
<td>200 Old Tappan Road</td>
</tr>
<tr>
<td></td>
<td>Old Tappan NJ 07675</td>
</tr>
<tr>
<td></td>
<td>(800) 223-2336</td>
</tr>
<tr>
<td>Published:</td>
<td>1985</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>241</td>
</tr>
<tr>
<td>Cost:</td>
<td>$9.95</td>
</tr>
<tr>
<td>Description:</td>
<td>This book was designed to help parents feel confident about their parenting. The author uses actual situations he has encountered to demonstrate practical suggestions for helping parents manage their children's behavior. He discusses in an empathetic and humorous way the stresses that parents face with their children from toddlers to teens. ISBN #0139818537.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Home Visitors, Parents, Coordinators</td>
</tr>
</tbody>
</table>
In keeping with the Head Start program goal of advocacy for families in the community, resources in this section of the directory address the special needs and issues that relate to families. Many of the materials listed discuss identifying difficulties, preventing and remedying problems such as abuse and neglect, and making referrals. They also provide information on alternative families, families in crisis, conflict resolution and cultural differences, with the ultimate goal of helping families to help themselves.

Since home visitors are often the first to become aware of family problems or of inadequate support systems during times of crisis, this list of resources provides information on basic intervention strategies, family dynamics, and other related issues. It helps answer questions about when to intervene in a situation and when to refer to an agency or more qualified individuals.

Because there is as much diversity in families and their problems as there is in finding solutions or supports, this list is a place to begin designing your own programs and the home visitor is encouraged to expand in whatever direction seems appropriate. Agencies, journals, newsletters as well as the toll-free numbers listed in the back of the directory provide further resources.
Title: **Beyond the Stereotypes:**
A Guide to Resources for Black Girls and Women

Supplier: National Black Child Development Institute
1023 15th Street, NW, Suite 600
Washington DC 20005
(202) 387-1281

Published: 1985

Resource Type: Guide
Length (pgs): 76
Cost: $8.50

Description:
This resource provides criteria for selecting resources for black girls. Annotated listings of age-appropriate books, records and cassettes, and films and videotapes begin with age three. Source addresses are included.

Appropriate For: Administrators, Home Visitors, Parents, Coordinators

Title: **Black Children, Their Roots, Culture and Learning Styles**

Author: Hale-Benson, J.E.

Supplier: The Johns Hopkins University Press
701 West 40th Street, Suite 275
Baltimore MD 21211
(410) 516-6930

Published: 1986

Resource Type: Book
Length (pgs): 215
Cost: $11.95

Description:
Stating that black children across social classes are at risk in the traditional education process, this author shares her search for reasons. In the final chapter she suggests changes in existing educational policy that affect black children and describes an early education model that accommodates the book's thesis.

Appropriate For: Home Visitors, Parents, Coordinators
Title: Changing the Abusive Parent
Author: Goldstein, A.P., Keller, H. & Erne, D.
Supplier: Research Press
Box 3177
Champaign IL 61821
(217) 352-3273
Published: 1985
Resource Type: Book Length (pgs): 180 Cost: $13.95
Description: The first two chapters of this book describe the problem of child abuse and current intervention approaches. The remaining chapters focus on planning, organizing, and conducting skills-training to prevent abuse for groups. The recommended curriculum contains 37 specific skills and offers advice on problems that may occur in training sessions.
Appropriate For: Trainers, Coordinators

Title: Child Sexual Abuse: What It Is and How To Prevent It
Supplier: American Academy of Pediatrics
Department of Publications
141 Northwest Point Blvd., PO Box 927
Elk Grove Village IL 60009-0927
(708) 228-5005
Published: 1990
Resource Type: Pamphlet Cost: $27.50/100 copies
Description: This brochure discusses the scope of the problem, explains how to detect sexual abuse, and provides parents with measures to protect their children.
Appropriate For: Home Visitors, Parents
Title: Developing Positive Self-Images and Discipline In Black Children

Author: Kunjufu, J.

Supplier: African American Image
9204 Commercial, Suite 308
Chicago IL 60617
(312) 375-9682

Published: 1984

Resource Type: Book Length (pgs): 104 Cost: $7.95

Description: The chapters of this book include: The Politics of Educating Black Children; Developing Positive Self-Images and Self-Esteem in Black Children; A Relevant Curriculum; Self-Discipline; Parenting: Children are the Reward of Life; and From Theory to Practice: Strategies for Success.

Appropriate For: Trainers, Home Visitors, Coordinators

Title: Families First: A Program and Staff Development System

Author: Bowsen, M., Kater, W. & Klein, D.L.

Supplier: Individual and Family Development Services
60A W. Church Street
Denver PA 17517
(215) 267-0102

Resource Type: Guide Cost: $80.00

Description: Families First is a comprehensive staff development system, designed to increase individual competencies necessary for working in family-centered programs. It builds program support and trains staff to join with families to enhance their strengths in providing effective services within the family.

Appropriate For: Administrators, Home Visitors, Coordinators
<table>
<thead>
<tr>
<th>Title: Prevention in Family Services</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Author:</strong> Mace, D.R.</td>
</tr>
<tr>
<td><strong>Supplier:</strong> Sage Publications</td>
</tr>
<tr>
<td>2455 Teller Road</td>
</tr>
<tr>
<td>Newbury Park CA 91320</td>
</tr>
<tr>
<td><strong>Published:</strong> 1983</td>
</tr>
<tr>
<td><strong>Resource Type:</strong> Book</td>
</tr>
<tr>
<td><strong>Cost:</strong> $19.95</td>
</tr>
</tbody>
</table>

**Description:**
This book is based on the idea that there is a need to shift emphasis from remedial services to prevention services for families. The authors have compiled information concerning various aspects of family life, marriage enrichment, parenthood and whole family enrichment, effective communicating, and dealing with conflict creatively.

**Appropriate For:** Home Visitors, Parents

<table>
<thead>
<tr>
<th>Title: Stress and the Single Parent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Author:</strong> Nuta, V.R.</td>
</tr>
<tr>
<td><strong>Supplier:</strong> NCPCA Fulfillment Center</td>
</tr>
<tr>
<td>200 State Road South Deerfield MA 01373-0200</td>
</tr>
<tr>
<td><strong>Published:</strong> 1987</td>
</tr>
<tr>
<td><strong>Resource Type:</strong> Pamphlet</td>
</tr>
<tr>
<td><strong>Cost:</strong> $.35</td>
</tr>
</tbody>
</table>

**Description:**
Money worries, day-to-day difficulties, and feelings of isolation create additional stress in the single parent which sometimes results in child abuse. Acknowledging their special needs and challenges, helpful suggestions are given on how to manage these demands successfully.

**Appropriate For:** Home Visitors, Parents
<table>
<thead>
<tr>
<th>Title:</th>
<th>Stress Management Training: A Means for Reducing the Incidence of Child Abuse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>City of Seattle Head Start Program</td>
</tr>
<tr>
<td>Supplier:</td>
<td>City of Seattle Head Start Program 105 Union Street, Suite 160 Seattle WA 98101 (206) 386-1048</td>
</tr>
<tr>
<td>Published:</td>
<td>1986</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Curriculum</td>
</tr>
<tr>
<td>Cost:</td>
<td>FREE</td>
</tr>
<tr>
<td>Description:</td>
<td>This training series for low income, single parents consists of seven two-hour weekly sessions which address parenting skills, self-image building, and coping with anger. The four program components are (1) Group Structure and Format, (2) Quality of the Trainers, (3) Provision of Supplemental Services, and (4) Curriculum Content.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Trainers, Home Visitors</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>Working with Children from Violent Homes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author:</td>
<td>Davis, D.</td>
</tr>
<tr>
<td>Supplier:</td>
<td>ETR Associates PO Box 1830 Santa Cruz CA 95061</td>
</tr>
<tr>
<td>Published:</td>
<td>1986</td>
</tr>
<tr>
<td>Resource Type:</td>
<td>Book</td>
</tr>
<tr>
<td>Length (pgs):</td>
<td>37</td>
</tr>
<tr>
<td>Cost:</td>
<td>$7.95</td>
</tr>
<tr>
<td>Description:</td>
<td>This is a sourcebook for adults working with children who have experienced violence in their home lives. The author shares techniques and activities she has found useful and includes descriptions of the problem, suggestions for approaching parents, thoughts on working with other agencies, and additional readings.</td>
</tr>
<tr>
<td>Appropriate For:</td>
<td>Administrators, Home Visitors, Coordinators</td>
</tr>
</tbody>
</table>
Appendices

APPENDICES

A. Agencies/Organizations

B. Newsletters/Journals

C. Toll Free Numbers

D. Training and Technical Assistance Professionals, Programs and Agencies
Appendix A.
Agencies/Organizations
American Speech-Language-Hearing Association
10801 Rockville Pike
Rockville MD 20852
(301) 897-5700

In addition to providing certification for speech and language pathologists, this association provides general information to the public and a referral listing of local resources.

Association for the Care of Children’s Health (ACCH)
7910 Woodmont Avenue, #300
Bethesda MD 20814
(301) 654-6549

ACCH is a multidisciplinary international organization that promotes the health and well-being of children and families in health care settings through education, interaction and research. Membership benefits include journals and newsletters.

Blind Children’s Center
4120 Marathon Street
Los Angeles CA 90029
(800) 222-3566

The Blind Children’s Center, a nonprofit organization, offers a program of diversified services which meets the special needs of blind, visually impaired or multi-handicapped children, birth through five years of age, their parents and siblings. Services include an infant stimulation program; parent participation groups; educational preschool; family support services; research program and an interdisciplinary assessment program.

Children’s Small Press Collection, The
719 North Fourth Avenue
Ann Arbor MI 48104
(313) 668-8056

The Children’s Small Press publishes a catalog representing 100 small publishers. It is a good resource for children’s books concerning non-traditional families, plus multicultural materials. Also includes teacher resources and activity books.
Committee for Children
172 20th Avenue
Seattle WA 98122
(206) 322-5050
(800) 634-4449

The Committee for Children’s focus is prevention of child sexual exploitation through a program of curriculum development, professional training, community education and original research. Regularly scheduled training events augment print and audiovisual materials.

Consumer Product Safety Commission
Washington DC 20207
(800) 638-2772

The CPSC develops safety standards for consumer products, promotes research, and investigates product-related deaths, injuries and illnesses. They produce product safety materials including many items appropriate for Head Start use.

Council on Interracial Books for Children, Inc.
PO Box 1263
New York NY 10023
(212) 757-5339

Offers filmstrips, books, pamphlets, and lesson plans on bias-free materials. Offers Bulletin, which reviews children’s books, texts and other materials ($20.00 individual; $28.00 institution for 8 issues yearly).

Epilepsy Foundation of America
4351 Garden City Drive
Landover MD 20785
(301) 459-3700

Children and Epilepsy: The Teacher’s Role, Recognizing the Signs of Childhood Seizure, and When Seizures Don’t Look Like Seizures, are among the brochures or booklets (some available in Spanish) from the Epilepsy Foundation of America. Single copies are free.
APPENDIX: A. Agencies/Organizations

Kid • Love • Unlimited
2973 Harbor Blvd., #508
Costa Mesa  CA  92626
(714) 549-1421

KLU is a mail order business selling materials that can be used to advance awareness and appreciation of learning differences.

Let's Play to Grow
PO Box 5455
Friendship Station
Washington  DC  20016
(202) 364-0383

A play and recreation program designed for children with disabilities and their families. Supporting materials include: parent-oriented play guides, teacher’s manuals, club leader manuals and bimonthly newsletters for leaders and parents. A play and activity guide for families with a handicapped preschool child is available. Many materials are translated into Spanish. Video film depicting the Let’s Play to Grow program is available on loan.

Mothers United for Moral Support, Inc. (MUMS)
150 Custer Court
Green Bay  WI  54301
(414) 336-5333

Volunteers maintain international computerized listing of parents with children who have a rare or little-known disability/syndrome. Provides information and networking for support groups or individuals.

National Center on Child Abuse and Neglect Clearinghouse
PO Box 1182
Washington  DC  20013-1182
(703) 385-7565
(800) 394-3366 (outside DC metro area)

The Clearinghouse on Child Abuse and Neglect functions as an information component of NCCAN. A database of documents, audiovisual materials, service programs, excerpts of State statutes, and ongoing child abuse and neglect research projects are maintained by the Clearinghouse.
APPENDIX: A. Agencies/Organizations

National Clearinghouse for Bilingual Education, The
1118 22nd Street, NW
Washington            DC  20037
(800) 321-6223

This Clearinghouse is the national information center on the education of minority language students. Its primary purpose is to provide information services to educators working with limited English-proficient students.

National Committee for Prevention of Child Abuse (NCPCA)
PO Box 2866
Chicago            IL  60690
(312) 663-3520

This volunteer-based organization works with community, state, and national groups to disseminate knowledge about child abuse prevention. NCPCA publishes a variety of materials on child abuse, child abuse prevention, and parenting. For a free publications catalog or to place an order, contact NCPCA Fulfillment Center, 220 State Road, South Deerfield, MA 01373, or call (800) 835-2671.

National Health Information Clearinghouse
PO Box 1133
Washington            DC  20013-1133
(800) 336-4797; (301) 565-4167

The NHIC is a central source of information and referral for health questions. It serves consumers and health professionals and produces directories, resource guides, and other publications on a variety of subjects. It also distributes publications from the Office of Disease Prevention and Health Promotion, U.S. Public Health Service.

National Information Center for Children and Youth with Disabilities (NICCYD)
PO Box 1492
Washington            DC  20013-1492
(800) 999-5599
(703) 893-6061

NICCYD is a free information service that helps parents, educators, caregivers, advocates, and others to improve the lives of children and youth with disabilities. Staff answer questions and develop and share new information through fact sheets and newsletters. Text telephone (703) 893-8614.
National Information System and Clearinghouse
Center for Developmental Disabilities
University of South Carolina
Benson Building, 1st Floor
Columbia SC 29208
(800) 922-9234

The Clearinghouse provides information to parents and professionals on infants and toddlers with disabilities and/or life-threatening conditions. The Vietnam Veteran project provides information to Vietnam veterans and their families who have children with disabilities.

National Maternal and Child Health Clearinghouse
38th and R Streets, NW
Washington DC 20007
(202) 625-8410

The Clearinghouse provides current information and publications on maternal and child health topics. Information packets are available on child health, nutrition, prenatal care, children with special health care needs and others. Some publications are available in Spanish.

National Organization of Single Mothers (NOSM)
PO Box 68
Midland NC 28107-0068
(704) 888-KIDS

The National Organization of Single Mothers is committed to helping single parents meet the challenges of daily life with wisdom, courage, and a sense of humor. NOSM seeks to promote the empowerment of these parents and their families and to unite them with other such families in a network of mutual support and action through its bi-monthly publication, Single Mother, and by establishing nationwide self-help and support groups. $12.80 basic yearly membership.
APPENDIX: A. Agencies/Organizations

National Resource Center for Family Support Programs (NRC/FSP)
Family Resource Coalition
200 S. Michigan Avenue, Suite 1520
Chicago IL 60604
(312) 341-0900

The National Resource Center for Family Support Programs (NRC/FSP) was established to assure the availability of current knowledge in the field of family support on the design, development, and implementation of family support programs. The Center identifies and develops materials for policymakers and practitioners (such as program descriptions, bibliographies, program development manuals, training curricula and monographs); and provides technical assistance, training, and consulting in family support program design and operations.

National Safety Council
Customer Service Department
1121 Spring Lake Drive
Itasca IL 60143-3201
(708) 285-2975

The National Safety Council offers a number of products to assist adults in teaching good safety habits to children. It also hosts the largest safety convention in the USA each fall, offering a very wide variety of safety and health sessions covering not only children's issues but occupational and traffic-related issues as well.

Nutri-Topics
Food and Nutrition Information Center, NAL
Room 304, 10301 Baltimore Blvd.
Beltsville MD 20705
(301) 344-3719

Nutri-Topics offers bibliographies to assist in the search for information or resources on topics related to food and nutrition. Resources include print and audiovisual materials as well as contacts for assistance.
Olive Press, The
Multicultural Resources For Teaching Young Children
5727 Dunmore
W. Bloomfield MI 48322
(313) 855-6063

The Olive Press publishes a catalog of resources which include multicultural topics and early childhood books and teaching resources that emphasize cultural awareness.

Parent Advocacy Coalition for Educational Rights, Inc. (PACER)
4826 Chicago Avenue, South
Minneapolis MN 55417
(612) 827-2966

PACER center is concerned with the education of children with physical, mental, emotional, and learning disabilities, and other health impairments. It provides two major programs: Parents Helping Parents, a parent training project; and Count Me In, a disabilities awareness project.

U.S. Government Printing Office
Superintendent of Documents
Washington DC 20402
(202) 783-3238

The U.S. Government Printing Office has books, pamphlets, posters, periodicals, subscription services and other government publications available for purchase. A free copy of the Subject Bibliography Index will be sent on request.
Appendix B.
Newsletters/Journals
<table>
<thead>
<tr>
<th>Title:</th>
<th>Bi-monthly Report of Center Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supplier:</td>
<td>National Safety Town Center</td>
</tr>
<tr>
<td></td>
<td>PO Box 39312</td>
</tr>
<tr>
<td></td>
<td>Cleveland OH 44139</td>
</tr>
<tr>
<td></td>
<td>(216) 831-7433</td>
</tr>
<tr>
<td>Description:</td>
<td>This bi-monthly newsletter features general safety information and tips on child development.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>Black Child Advocate, The</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supplier:</td>
<td>National Black Child Development Institute</td>
</tr>
<tr>
<td></td>
<td>1023 15th Street, NW, Suite 600</td>
</tr>
<tr>
<td></td>
<td>Washington DC 20005</td>
</tr>
<tr>
<td></td>
<td>(202) 387-1281</td>
</tr>
<tr>
<td>Description:</td>
<td>This newsletter shares with its readers the activities, programs, and services available to black children and their families on both national and regional levels. Published quarterly. $12.50/year.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>Building Blocks: Family Edition or Child Care Edition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supplier:</td>
<td>Building Blocks</td>
</tr>
<tr>
<td></td>
<td>38 W. 567 Brindlewood</td>
</tr>
<tr>
<td></td>
<td>Elgin IL 60123</td>
</tr>
<tr>
<td></td>
<td>(708) 742-1013</td>
</tr>
<tr>
<td>Description:</td>
<td>A newspaper for parents and home visitors containing practical ideas of activities parents can do with their children. Each issue has a pull-out game for parents to play with their child. Published 10 times a year. $20.00/year.</td>
</tr>
</tbody>
</table>
## Child Health Talk

**Supplier:** National Black Child Development Institute  
1023 15th Street, NW, Suite 600  
Washington DC 20005  
(202) 387-1281

**Description:**  
This quarterly publication is directed to black parents but includes general health information for all. Published quarterly. $8.00/year.

## Children Today: An Interdisciplinary Journal for the Professional Serving Children

**Supplier:** U.S. Children's Bureau  
Administration for Children and Families  
Washington DC 20201  
(202) 245-8707

**Description:**  
Publishes discussion-type articles concerned with current events, programs and research related to children from infancy through high school years. For teachers, social workers, psychologists--anyone who works with or is interested in children. $16.00/year.

## Exceptional Children

**Supplier:** The Council for Exceptional Children  
1920 Association Drive  
Reston VA 22091  
(703) 620-3660

**Description:**  
*Exceptional Children* is the official journal of the Council for Exceptional Children. It keeps readers informed of the latest trends in the education of exceptional children and youth, both handicapped and gifted. Published 6 times per year. $45.00/year.
APPENDIX: B. Newsletters/Journals

Title: Exceptional Parent, The
Supplier: Psy-Ed Corporation
1170 Commonwealth Avenue
Boston MA 02134-9942
(617) 536-8961

Description: The Exceptional Parent, published eight times a year, features articles specifically directed at parents of children with disabilities, but is also helpful to other parents and individuals working with families. The articles focus on parenting skills and resources. $18.00/year.

Title: Family Relations
Supplier: The National Council on Family Relations
3989 Central Avenue, NE, Suite 550
Minneapolis MN 55421
(612) 781-9331

Description: A journal concerned with issues relating to contemporary family life, family problems and research, including philosophy and methods. Published quarterly. $30.00/year.

Title: Gifted Child Today, The
Supplier: The Gifted Child Today
PO Box 6448
Mobile AL 36660
(205) 478-4700

Description: Presents practical suggestions and ideas for the education and rearing of gifted children and youth. A good resource for parents and teachers. $30.00/year.
<table>
<thead>
<tr>
<th>Title</th>
<th>Supplier</th>
</tr>
</thead>
</table>
| Hispanic Families  | Family Resource Coalition  
200 South Michigan, Suite 1520  
Chicago IL 60604  
(312) 341-0900 |
| Description:       | This report focuses on demographics, public policy, law, bilingualism, health, education, service delivery, and programs related to Hispanic families. The cost for the report is $2.50. |
| Mental Retardation | American Association on Mental Retardation  
1719 Kalorama Road, NW  
Washington DC 20009-2683  
(800) 424-3688 |
| Description:       | Mental Retardation is the weekly publication of the Association. Each issue presents new teaching approaches, administrative tools, critiques, case studies and research for therapists, administrators, and advocates. $35.00/year. |
| News Digest        | National Information Center for Children and Youth with Disabilities (NICCYD)  
PO Box 1492  
Washington DC 20013-1492  
(703) 893-6061; (800) 999-5599 |
| Description:       | This free newsletter is published three times a year. Each issue consists of feature articles pertaining to one topic of interest to persons with disabilities, their families and professionals, as well as sources of further information on the topic. Text telephone (703) 893-8614. |
APPENDIX: B. Newsletters/Journals

Title: Nutrition Action Healthletter

Supplier: Center for Science in the Public Interest
1875 Connecticut Avenue, Suite 300
Washington DC 20009-5728
(202) 332-9110

Description:
Facts obtained from the latest nutrition research are featured in this newsletter. Menu plans, product comparisons, recipes, and information needed to make wise food choices are addressed. $20.00/year (10 issues).

Title: Pre-K Today

Supplier: Scholastic, Inc.
730 Broadway
New York NY 10003
(212) 505-4964
(800) 544-2917

Description:
Exciting, practical hands-on activities and ideas for centers and homes. $19.95/year.

Title: Preschooler, The: A Home Guide for Parents to Help Their Preschool Children Learn and Grow

Supplier: Preschool Activities
PO Box 24464
Johnson City TN 37614
(615) 929-4415

Description:
The Preschooler is a weekly guide designed to be used by parents, home visitors, teachers, and aides. It is published for 36 consecutive weeks beginning in September of each year. $.70 per copy.
<table>
<thead>
<tr>
<th>Title:</th>
<th>Sesame Street Magazine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supplier:</td>
<td>Children’s Television Workshop</td>
</tr>
<tr>
<td></td>
<td>1 Lincoln Plaza</td>
</tr>
<tr>
<td></td>
<td>New York NY 10023</td>
</tr>
<tr>
<td></td>
<td>(212) 595-3456</td>
</tr>
<tr>
<td>Description:</td>
<td>This children's magazine provides a wide variety of activities which are developmentally appropriate for preschoolers. It includes suggestions to adults to help children get the most out of each issue. $10.95/year.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>Sibling Information Network Newsletter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supplier:</td>
<td>Sibling Information Network</td>
</tr>
<tr>
<td></td>
<td>A.J. Pappanikou Center</td>
</tr>
<tr>
<td></td>
<td>991 Main Street</td>
</tr>
<tr>
<td></td>
<td>East Hartford CT 06108</td>
</tr>
<tr>
<td></td>
<td>(203) 282-7050</td>
</tr>
<tr>
<td>Description:</td>
<td>Research and literature reviews as well as meetings, family relationships, and information of interest for siblings are the focus of this periodical. Published quarterly. $7.00/year (individual); $15.00/year (organizations).</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title:</th>
<th>Single Parent, The</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supplier:</td>
<td>Parents Without Partners, Inc.</td>
</tr>
<tr>
<td></td>
<td>8807 Colesville Road</td>
</tr>
<tr>
<td></td>
<td>Silver Spring MD 20910</td>
</tr>
<tr>
<td></td>
<td>(301) 588-9354; Fax (301) 588-9216</td>
</tr>
<tr>
<td>Description:</td>
<td>This magazine covers a wide spectrum of topics of interest to single parents, such as coping with the effects of family changes due to separation and divorce, and solving child care dilemmas. The magazine reviews books of interest to single parents. $15.00/year.</td>
</tr>
<tr>
<td><strong>Title:</strong></td>
<td>Totline Newsletter</td>
</tr>
<tr>
<td>-----------</td>
<td>-------------------</td>
</tr>
</tbody>
</table>
| **Supplier:** | Totline Press  
PO Box 2255  
Everett  
WA 98203  
(206) 353-5203 |
| **Description:** | Features activities for art, music, creative movement, coordination, language, science and self-awareness, plus learning games, party ideas, sugarless snacks, original stories, feature articles and a special infant-toddler page. $24.00/year - 6 issues. |

<table>
<thead>
<tr>
<th><strong>Title:</strong></th>
<th>Young Children</th>
</tr>
</thead>
</table>
| **Supplier:** | National Association for the Education of Young Children  
1059 16th Street, NW  
Washington  
DC 20036-1426  
(202) 232-8777  
(800) 424-2460 |
| **Description:** | Bi-monthly journal containing current information related to the study, interpretation, and improvement of the education and care of young children. For teachers and parents of children from birth through age 8. $30.00/year. |

<table>
<thead>
<tr>
<th><strong>Title:</strong></th>
<th>Your Big Backyard</th>
</tr>
</thead>
</table>
| **Supplier:** | National Wildlife Federation  
8925 Leesburg Pike  
Vienna  
VA 22180  
(703) 790-4000 |
| **Description:** | Color photographs highlight the natural world in this monthly publication intended for children ages 3 to 5. Ideas and learning tips are given for using each issue in creative and meaningful ways. $12.00/year. |
Title: Zero to Three

Supplier: Zero to Three/National Center for Clinical Infant Programs
2000 14th Street, North, Suite 380
Arlington VA 22201-2500
(703) 528-4300

Description:
Zero to Three is the bulletin for the National Center for Clinical Infant Programs. The publication is written for professionals working with infants, toddlers, and their families. Published 6 times per year. $29.00/year.
Appendix C.
Toll Free Numbers
<table>
<thead>
<tr>
<th>Organization</th>
<th>Toll Free Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Academy of Pediatrics</td>
<td>800-433-9016</td>
</tr>
<tr>
<td>American Cancer Society</td>
<td>800-ACS-2345</td>
</tr>
<tr>
<td>American Diabetes</td>
<td>800-ADA-DISC</td>
</tr>
<tr>
<td>American Speech and Language Hearing Association - Hearing and Speech Hotline</td>
<td>800-638-8255</td>
</tr>
<tr>
<td>AIDS Hotline</td>
<td>800-342-AIDS</td>
</tr>
<tr>
<td>AMC Cancer Information Center</td>
<td>800-525-3777</td>
</tr>
<tr>
<td>American Council of the Blind</td>
<td>800-424-8666</td>
</tr>
<tr>
<td>American Kidney Fund</td>
<td>800-638-8299</td>
</tr>
<tr>
<td>Boy Scouts of America</td>
<td>800-323-0732</td>
</tr>
<tr>
<td>Cancer Information Service National Line</td>
<td>800-4-CANCER</td>
</tr>
<tr>
<td>Captioned Films for the Deaf</td>
<td>800-237-6213</td>
</tr>
<tr>
<td>Child Development Associate</td>
<td>800-424-4310</td>
</tr>
<tr>
<td>Child Find/Missing Children Hotline</td>
<td>800-426-5678</td>
</tr>
<tr>
<td>Children's Defense Fund</td>
<td>800-CDF-1200</td>
</tr>
<tr>
<td>Cleft Palate Foundation</td>
<td>800-242-5338</td>
</tr>
<tr>
<td>Epilepsy Foundation of America</td>
<td>800-332-1000</td>
</tr>
<tr>
<td>ERIC Clearinghouse on Adult Career and Vocational Education</td>
<td>800-848-4815</td>
</tr>
<tr>
<td>Hearing Aid Helpline</td>
<td>800-521-5247</td>
</tr>
<tr>
<td>IBM Special Needs Information Referral Center</td>
<td>800-426-2133</td>
</tr>
<tr>
<td>International Shriners Headquarters Shriners Hospitals for Crippled Children</td>
<td>800-237-5055</td>
</tr>
<tr>
<td>Juvenile Diabetes Foundation International</td>
<td>800-533-2873</td>
</tr>
<tr>
<td>Migrant Education Program Development Center</td>
<td>800-338-4118</td>
</tr>
</tbody>
</table>
APPENDIX: C. Toll Free Numbers

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>NAACP Legal Defense and Educational Fund, Inc.</td>
<td>800-221-7822</td>
</tr>
<tr>
<td>National Association for the Education of Young Children (NAEYC)</td>
<td>800-424-2460</td>
</tr>
<tr>
<td>National Center for Stuttering</td>
<td>800-221-2483</td>
</tr>
<tr>
<td>National Child Abuse Hotline - Referral Service</td>
<td>800-4A-CHILD</td>
</tr>
<tr>
<td>National Committee for Prevention of Child Abuse</td>
<td>800-835-2671</td>
</tr>
<tr>
<td>National Downs Syndrome Society</td>
<td>800-221-4602</td>
</tr>
<tr>
<td>National Easter Seal Society</td>
<td>800-221-6827</td>
</tr>
<tr>
<td>National Father's Rights Organization</td>
<td>800-221-2372</td>
</tr>
<tr>
<td>National Health Information Center</td>
<td>800-336-4797</td>
</tr>
<tr>
<td>National Information Center for Children and Youth with Disabilities</td>
<td>800-999-5599</td>
</tr>
<tr>
<td>National Migrant Resource Program, Inc.</td>
<td>800-531-5120</td>
</tr>
<tr>
<td>National Multiple Sclerosis Society</td>
<td>800-227-3166</td>
</tr>
<tr>
<td>National Neurofibromatosis Foundation</td>
<td>800-323-7938</td>
</tr>
<tr>
<td>National Rehabilitation Information Center</td>
<td>800-34-NARIC</td>
</tr>
<tr>
<td>National Resource Center on Child Sexual Abuse</td>
<td>800-543-7006</td>
</tr>
<tr>
<td>National Reyes Syndrome Foundation</td>
<td>800-233-7393</td>
</tr>
<tr>
<td>National Runaway Switchboard</td>
<td>800-621-4000</td>
</tr>
<tr>
<td>National Safety Council</td>
<td>800-432-5251</td>
</tr>
<tr>
<td>National Special Needs Center</td>
<td>800-233-1222</td>
</tr>
<tr>
<td>National Spinal Cord Injury Hotline</td>
<td>800-526-3456</td>
</tr>
<tr>
<td>Parents Anonymous Hotline Office</td>
<td>800-421-0353</td>
</tr>
<tr>
<td>Poison Control Center</td>
<td>800-962-1253</td>
</tr>
<tr>
<td>Service</td>
<td>Toll Free Number</td>
</tr>
<tr>
<td>----------------------------------------------</td>
<td>------------------</td>
</tr>
<tr>
<td>Runaway Hotline</td>
<td>800-231-6946</td>
</tr>
<tr>
<td>SIDS Alliance (Sudden Infant Death Syndrome)</td>
<td>800-638-7437</td>
</tr>
<tr>
<td>Tripod-Service for Hearing Impaired</td>
<td>800-352-8888</td>
</tr>
<tr>
<td>United Cerebral Palsy Association</td>
<td>800-USA-LUCP</td>
</tr>
<tr>
<td>U.S. Consumer Product Safety Commission</td>
<td>800-638-2772</td>
</tr>
</tbody>
</table>
Appendix D.
Training and Technical Assistance Resources

Introduction

The following section lists Training and Technical Assistance Resources available to Head Start grantees and staff in the home-based program option. These resources include:

- Local Head Start Grantees willing to assist other programs with their training needs;
- Head Start Teaching Centers;
- Family Support Programs; and
- Other Training Consultants.

For up-to-date information on the Training and Technical Assistance Network, please contact the National Head Start Bureau or your Regional Office.

The listings in each resource section are subdivided by regions, and each resource listing includes the name(s) of training consultants.
LOCAL HEAD START HOME-BASED GRANTEES

Region I

Champlain Valley Office of Economic Opportunity
191 North Street
PO Box 1603
Burlington, VT 05402
(802) 933-4341

Contact: Leisa Pollander

Hampshire Community Action Commission
56 Vernon Street
PO Box 7
Northampton, MA 01060
(413) 586-1399

Contact: Carol Bond

SMOC Head Start
31 Flagg Drive
Framingham, MA 01701
(508) 820-4631

Contact: Joanne Deoliveira

Tri-County Head
610 Sullivan Street
Berlin, NH 03570
(603) 823-8131

Contact: Miriam Russell
Region II

ASPIRA of Puerto Rico, Inc.
PO Box 29132
65th Infantry Station
Rio Piedras, PR 00929
(809) 768-1696

Contact: Vitalia Velaquez

Cattaragus County Community Action, Inc.
101 South 19th Street
Olean, NY 14760
(716) 373-2447

Contact: Anne Kennedy

Cayuga County Action Program, Inc.
87 North Street
Auburn, NY 13021
(315) 255-1703

Contact: Kim Barrette

Chenango County Head Start
44 West Main Street
PO Box 470
Norwich, NY 13815
(607) 336-4515

Contact: Kaye Taylor

Columbia Opportunities, Inc.
802 Columbia Street
Hudson, NY 12534
(518) 828-4611

Contact: Sophia Becker
APPENDIX: D. Training and Technical Assistance Resources

Northwest New Jersey Community Action Program
379 Marshall
Phillipsburg, NJ 08865
(908) 454-7000

Contact: Linda Kane

Thompkins County Head Start
Biggs Building A
301 Dades Drive
Ithaca, NY 14850
(607) 273-8816

Contact: Penny Calderazzo

Cambria County Community Action, Inc. Head Start
Box 1104
Johnstown, PA 15907
(814) 536-9031

Contact: Charlotte Rudel
Lois Gagermeier

Region III

Capital Area Head Start
51 Banks Street
PO Box 5500
Harrisburg, PA 17110
(717) 233-0752

Contact: Jo Pepper
APPENDIX: D. Training and Technical Assistance Resources

Child Development - York
226 E. College Avenue
York, PA  17403
(717) 846-4600

Contact:  Marion Hedgepeth
          Linda Riale

Lancaster - CAP Child Development Program
630 Rockland Street
PO Box 599
Lancaster, PA  17603
(717) 299-7301

Contact:  Jane Byers-Wolfe
          Dorothy Krochler

Lycoming-Clinton Counties CAA
Lincoln Street
PO Box 1328
Williamsport, PA  17703
(717) 326-0587

Contact:  Mary Heffner

Region IV

Chapel Hill Training Outreach - RAP
1040 Shenandoah Court
Winston Salem, NC  27103
(919) 659-0789

Contact:  Dot Hill
Kentucky Communities EOC Head Start  
PO Box 490  
Barberville, KY  40906  
(606) 546-3152  

Contact: Carolyn Asher

Mid-East Tennessee Community Action Agency  
PO Box 43  
Rockwood, TN  37854  
(615) 354-0450  

Contact: Barbara Cochrane

NW Tennessee Head Start  
526 West Walnut Street  
McKenzie, TN  38201  
(901) 352-7951  

Contact: Eric Dupree

Region V  

Arrowhead Head Start  
702 3rd Avenue, South  
Virginia, MN  55792  
(218) 749-2912  

Contact: Dawn Kemppainen

Ashtabula County Head Start  
3225 Lake Avenue  
Ashtabula, OH  44004  
(216) 992-7716  

Contact: Pat Ammons
APPENDIX: D. Training and Technical Assistance Resources

CMACAO Head Start
9 Buttes Avenue
Columbus, OH 43215
(614) 221-5437
Contact: Maria Kee

Capital Area Community Services Head Start
101 E. Willow
Lansing, MI 48906
(517) 482-1504
Contact: Lucy McClintic

Family Service and Visiting Nurse Association
211 East Broadway
Alton, IL 62002
(618) 463-5951
Contact: Debbie Fremont

Heartland Head Start
401 East Jefferson Street
Bloomington, IL 61701
(309) 829-1281
Contact: Pat Meeker

Interlocal CAP Head Start
PO Box 644
615 State Road 38W
New Castle, IN 47362
Contact: Cheryl Miller
APPENDIX: D. Training and Technical Assistance Resources

LEADS Head Start
159 Wilson Street
Newark, OH 43055
(614) 345-2528

Contact: Cindy Roberts

Portage Project
626 E. Slifer
Portage, WI 53901
(608) 742-8811, Ext. 257

Contact: Patty Herman

Springfield League Head Start
1225 East Lawrence
Springfield, IL 62703
(217) 528-0893

Contact: Sherry Daniels

Wayne County Regional Education Service Agency
33500 Van Born Road
Wayne, MI 48184
(313) 467-1542

Contact: Joann Coates

Region VI

Child Development, Inc.
PO box 2110
Russellville, AR 72801
(501) 968-6493

Contact: Linda Reasoner
          Susan Lynch
Child, Inc.
818 East 53rd Street
Austin, TX 78751
(512) 451-7361

Contact: Beatrice Nunez

EOAC Head Start
580 Franklin
Waco, TX 76701
(817) 753-0331

Contact: Gloria Arispe
Sally Celestino Marrujo

East Texas Family Services, Inc.
PO Box 1843
Jacksonville, TX 75766
(903) 586-3577

Contact: Faye Warmsley

Northcentral Arkansas Development Council
PO Box 3349
Batesville, AR 72503
(501) 793-3234

Contact: Linda Cooper

South Plains Community Action Association, Inc.
PO Box 610
Levelland, TX 79336
(800) 658-9652

Contact: Nelle Watson
United CAP, Inc.
PO Box 384
Pawnee, OK 74058
(918) 762-2561

Contact: N. Sandy Pope

Region VII

Lancaster Head Start Program
Lincoln Public Schools
225 South 25th Street
Lincoln, NE 68510
(402) 436-1995

Contact: Lynn Stager

Northeast Kansas Community Action Program, Inc.
PO Box 380
Hiawatha, KS 66434
(903) 742-2222

Contact: Rose Sigmund

Panhandle Community Services
3350 N. 10th Street
PO Box 100
Gering, NE 69341-0110
(308) 635-3089

Contact: Charlene Mahnke
Pat Nichols
APPENDIX: D. Training and Technical Assistance Resources

SEIDA  
226 W. Main  
PO Box 658  
Ottamwa, IA 52501  
(515) 682-8741  

Contact: Ruth Guy

Southeast Community Action Program, Inc.  
Southeast Kansas  
110 North Ozark  
PO Box 128  
Girard, KS 66743  
(316) 724-8204

Contact: Mary Ann Kisser

Tri-County Head Start  
PO Box 3338  
Evansdale, IA 50707  
(319) 235-0383  

Contact: Carolyn Thorp

Wichita Head Start  
1069 Parklane  
Wichita, KS 67218  
(316) 682-3891  

Contact: Janet Diggs
APPENDIX: D. Training and Technical Assistance Resources

Region VIII

Bear River Head Start
75 South 400 West
PO Box 281
Logan, UT 84321
(801) 753-0951

Contact: Glenna Markey

Davis School District Head Start
120 West 3000 North
Layton, UT 84041
(801) 744-7427

Contact: Cathy Shaw

ICAP Head Start
Box 268
Madison, SD 57042
(605) 256-6518

Contact: Lynde Venhuisen

Newport School District #1 - Head Start Program
PO Box 150
Town, ND 58788
(701) 537-5409

Contact: Dallas Knudson

Oahe Child Development Center, Inc.
PO Box 907
Pierre, SD 57501
(605) 224-6361

Contact: Barbara Biwer
Youth and Family Services Head Start
PO Box 2813
Rapid City, SD 57709-2813
(605) 341-6448

Contact: Bernie Peterson

Region IX

Child Development Resources, Inc.
505 South A Street
PO Box 6009
Oxnard, CA 93030
(805) 986-3531

Contact: Connie Provencio

Feta-Sacramento Employment/Training Agency
1217 Del Paso Boulevard
Sacramento, CA 95815
(916) 646-8705

Contact: Joe Martinez

Fresno EOC Head Start
1920 Mariposa Mall
Fresno, CA 93721
(206) 263-1200

Contact: Naomi Quincy-Mizumoto

Options Head Start
10845 East Central Avenue
South El Monte, CA 91733
(818) 459-4299

Contact: Fran Johnson
Placer Community Action Council, Inc.
11534 C Avenue
Auburn, CA 95603
(916) 885-0432

Contact: Denyse Cardoza

Sierra Head Start
PO Box 3865
Quincy, CA 95971
(916) 283-1242

Contact: Carolyn Halverson

Tulare County Department of Education
Child Care Program
7000 Doc Avenue
Visalia, CA 93291
(209) 651-3022

Contact: Bonnie Tulles

Region X

Early Childhood Opportunities NW
1200 Dupont, Suite 1A
Bellingham, UT 98225
(206) 734-8396

Contact: Leslie Eastwood

Gray Harbor Community Action Council
PO Box 1827
Aberdeen, WA 98520
(206) 533-5100

Contact: Valerie Arnold
APPENDIX: D. Training and Technical Assistance Resources

Kids & Kin Head Start
221 B Street
Springfield, OR 97477
(503) 747-2454, Ext. 240

Contact: Christine Bass

North Idaho College Head Start
1000 West Garden
Coeur D'Alene, ID 83814
(208) 667-8478

Contact: Doug Fagerness

Rural Alaska Community Action Program
PO Box 200908
Anchorage, AK 99520
(907) 279-2511

Contact: Judy Goenett

Spokane County Head Start/ECEAP
4410 N. Market
Spokane, WA 99207-5829
(509) 533-8044 or 8060

Contact: Joan Baune
Kris Miller
APPENDIX: D. Training and Technical Assistance Resources

NATIVE AMERICAN HEAD START PROGRAMS

Mille Lacs Reservation Head Start
HCR-67 Box 194
Onamia, MN 56359
(612) 532-4181

Contact: Norma Thompson

Tanana Chiefs Conference
122 First Avenue
Fairbanks, AK 99701
(907) 452-8251, Ext. 3174

Contact: Betty Toatte

White Earth Tribal Council
PO box 448
White Earth, MN 56591
(218) 983-3285

Contact: Blanche Miemi

MIGRANT HEAD START PROGRAMS

East Coast Migrant Head Start Project
212 South Hale Avenue
Tampa, FL 33609
(813) 286-7181

Contact: Suzanne Jessamyn
HEAD START TEACHING CENTERS

Region I
C.H.I.L.D. Inc.
1642 W. Shore Road
Warwick, RI 02990
(401) 737-0403

Contact: Lynda Dickinson, Head Start Director
Bill Denswore

Region II
Washington County Head Start
949 Dix Avenue
Hudson Falls, NY 12839
(518) 747-2816

Contact: Elizabeth Osborne, Director
Jeanne Goodman

Region IV
Chapel Hill-Carborro City Schools
800 E. Town Drive, Suite 105
Chapel Hill, NC 27514
(919) 490-5577

Contact: Janet Turchi, Director

Western Kentucky University Child Care Consortium
344 Tate Page Hall
Bowling Green, KY 42101
(502) 745-4041

Contact: Connie Jo Smith, Coordinator
APPENDIX: D. Training and Technical Assistance Resources

Region V
Wabash Area Development, Inc.
100 North Latham
PO Box 70
Enfield, IL 62835
(618) 963-2387

Contact:  Donna Enmons, Director
          Maxine Delop, Coordinator

Region VI
Institute for Child and Family Studies
College of Home Economics
Texas Tech University
Lubbock, TX 79409
(806) 742-3296

Contact:  Mary Tom Riley, Director

Region VII
Mid-Iowa CAA, Inc.
1500 E. Linu Street
Marshalltown, IA 50158
(515) 752-7162

Contact:  Janet Carl, Director
          Kathie Readout

Region VIII
S.U.U. Head Start
S.U.U. Box 9587
Cedar City, UT 84720
(801) 586-7949

Contact:  Virginia Higbee, Director
          Roxanna Johnson
Region IX
Southwest Human Development
202 E Earll, Suite 140
Phoenix, AZ  85012
(602) 266-5976

Contact:    Alan Taylor, Director
            Evelyn Leiberman

Santa Clara County Office of Education
100 Skyport Drive
San Jose, CA  05115
(408) 453-6947

Contact:    Yolanda Garcia, Head Start Director

Region X
South Central CAA
726 Shoshone Street West
PO Box 531
Twin Falls, ID  83303
(208) 733-9351

Contact:    Lynette Michel

Migrant Program Branch
Stanislaus County Department of Education
801 County Center III Court
Modesto, CA  95355
(209) 525-6609

Contact:    Deborah Clipper, Coordinator
            Hal DeArmand, Head Start Director
FAMILY SUPPORT PROGRAMS

Family Strength
72 North Main Street
Concord, NH 03301
(603) 228-3266

Contact: Ellie Stein
Jeanne Zamosky

National Family Resource Coalition
200 South Michigan Avenue
Chicago, IL 60604
(312) 341-0900

Contact: Lynn Pooley

CONSULTANTS

Region I
Sheila Skiffington
Education Development Center
55 Chapel Street
Newton, MA 02160
(617) 969-7100

Region II
Robert E. Daniels
New York University
48 Cooper Square, Room 103
New York, NY 10003
(212) 998-7205

Patricia Hall
New York University
48 Cooper Square, Room 103
New York, NY 10003
(212) 998-7205
APPENDIX: D. Training and Technical Assistance Resources

Mary Maples
138 Jamesville Avenue, Apt. #D3
Syracuse, NY 13210
(315) 478-5106

Region III
Judi Thomas
3636 16th Street, NW, Apt. #A823
Washington, DC 20010
(202) 667-6115

Region IV
Janet Buckley
344 Tate C. Page Hall
Western Kentucky University
Bowling Green, KY 42101
(502) 745-4041

Robin Gadsden Dupree
c/o Northwest Head Start Program
526 West Walnut
McKenzie, TN 38201
(901) 352-7951

Sally Hardy
2903 Millwood Avenue
Columbia, SC 29205
(803) 254-9263

Region V
Evelyn Petersen
843 South Long Lake Road
Traverse City, MI 49684
(800) 748-0213

Roy Pierson, Director
CSR, Inc.
79 West Monroe Street, Suite 919
Chicago, IL 60603
(312) 236-3786
Barbara Kuczen  
Chicago State University  
95th at King Drive  
Chicago, IL 60628  
(312) 995-2349

Region VI  
Tom Tidwell  
Institute for Child & Family Studies  
Texas Tech University  
PO Box 4170  
Lubbock, TX 79416  
(800) 527-2802

Jeannie Webb  
4500 Village Court West  
Austin, TX 78744  
(512) 443-6832

Region VII  
Donna McClish  
Community Development Institute  
6528 Raytown Road, Suite C  
Raytown, MO 64133  
(816) 356-5373

Donna McDaniel, Director  
Community Development Institute  
6528 Raytown Road, Suite C  
Raytown, MO 64133  
(816) 356-5373

Joni Muchlberger-Breidathal  
Community Development Institute  
6528 Raytown Road, Suite C  
Raytown, MO 64133  
(816) 356-5373
Region VIII
Cheryl Lucus
12587 West Dakota Avenue, Apt. 1-301
Lakewood, CO  80228
(303) 763-8036

Sheri Noble
Box 123
Hyrum, UT  84319
(801) 245-3370 (H)
(801) 750-1435 (O)

Region IX
Katherine Clifford
38 Oakdale Street
Redwood City, CA  94062
(415) 369-7084

Mary Claire Heffron
1228 Carleton Street
Berkeley, CA  94702
(510) 428-3885

Mary Lewis
1086 Keith Avenue
Berkeley, CA  94708
(510) 525-1690

Jean Monroe
2193 40th Avenue
Oakland, CA  94601
(510) 261-8726

Region X
Jennifer Slack
Development Associates, Inc.
2815 Second Avenue, Suite 397
Seattle, WA  98121
(206) 441-7968
**APPENDIX: D. Training and Technical Assistance Resources**

**Migrant Programs**
Suzanne Jessamyn  
212 South Hale Avenue  
Tampa, FL 33609  
(813) 286-7181

**Indian Programs**
Donna Clapp  
Three Feathers Associates  
1808 Newton Drive  
PO Box 5508  
Norman, OK 73070  
(405) 360-2919
INDEX

A. Titles

B. Titles and Organizations/Spanish
<table>
<thead>
<tr>
<th>Title</th>
<th>Page Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acceptance is Only the First Battle</td>
<td>31</td>
</tr>
<tr>
<td>Ages and Stages</td>
<td>11</td>
</tr>
<tr>
<td>Alice Doesn’t Babysit Anymore</td>
<td>43</td>
</tr>
<tr>
<td>Alike and Different: Exploring Our Humanity With Young Children</td>
<td>11</td>
</tr>
<tr>
<td>Annie Overcomes Isolation</td>
<td>43</td>
</tr>
<tr>
<td>Are You Listening to What Your Child May Not Be Saying?</td>
<td>44</td>
</tr>
<tr>
<td>Around the World</td>
<td>13</td>
</tr>
<tr>
<td>Because You Need to Know</td>
<td>44</td>
</tr>
<tr>
<td>Before The Basics: Creating Conversations With Young Children</td>
<td>12</td>
</tr>
<tr>
<td>Beginner’s Bibliography - 1991</td>
<td>12</td>
</tr>
<tr>
<td>Beyond the Stereotypes: A Guide to Resources for Black Girls and Women</td>
<td>81</td>
</tr>
<tr>
<td>Black Children, Their Roots, Culture and Learning Styles</td>
<td>81</td>
</tr>
<tr>
<td>Black Families</td>
<td>65</td>
</tr>
<tr>
<td>Bright From the Start: The Story of the Nursing Bottle and Your Child’s Teeth</td>
<td>45</td>
</tr>
<tr>
<td>Bringing Out The Best</td>
<td>65</td>
</tr>
<tr>
<td>Brothers and Sisters: A Special Part of Exceptional Families, Second Edition</td>
<td>31</td>
</tr>
<tr>
<td>Building a Relationship With Mother and Child</td>
<td>3</td>
</tr>
<tr>
<td>Building Families: A Training Method for Home-Based Head Start</td>
<td>3</td>
</tr>
<tr>
<td>Building Self-Esteem in Children</td>
<td>45</td>
</tr>
<tr>
<td>Calendar of Developmental Activities for Preschoolers</td>
<td>13</td>
</tr>
<tr>
<td>Title</td>
<td>Page Number</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Changing the Abusive Parent</td>
<td>82</td>
</tr>
<tr>
<td>Child Sexual Abuse: What It Is and How To Prevent It</td>
<td>82</td>
</tr>
<tr>
<td>Crayons, Crafts and Concepts</td>
<td>14</td>
</tr>
<tr>
<td>Culture and Children</td>
<td>14</td>
</tr>
<tr>
<td>Dental Health Adviser</td>
<td>46</td>
</tr>
<tr>
<td>Developing Positive Self-Images and Discipline In Black Children</td>
<td>83</td>
</tr>
<tr>
<td>Developmental Screening in Early Childhood: A Guide</td>
<td>15</td>
</tr>
<tr>
<td>Developmentally Appropriate Practice in Early Childhood Programs</td>
<td></td>
</tr>
<tr>
<td>Serving Children from Birth through Age 8 - Expanded Edition</td>
<td>15</td>
</tr>
<tr>
<td>Empowering Families: Home Visiting and Building Clusters</td>
<td>66</td>
</tr>
<tr>
<td>Enjoy Your Gifted Child</td>
<td>66</td>
</tr>
<tr>
<td>Families and Early Childhood Programs</td>
<td>4</td>
</tr>
<tr>
<td>Families First: A Program and Staff Development System</td>
<td>83</td>
</tr>
<tr>
<td>Family Enrichment Trainer's Manual, The</td>
<td>67</td>
</tr>
<tr>
<td>First Feelings: Milestones in the Emotional Development of Your Baby</td>
<td>67</td>
</tr>
<tr>
<td>and Child</td>
<td></td>
</tr>
<tr>
<td>First Sixty Months, The: A Handbook of Promising Prevention Programs</td>
<td>4</td>
</tr>
<tr>
<td>for Children Zero to Five Years of Age</td>
<td></td>
</tr>
<tr>
<td>Food...Early Choices</td>
<td>46</td>
</tr>
<tr>
<td>Food Is Special</td>
<td>47</td>
</tr>
<tr>
<td>Get a Jump on Kindergarten</td>
<td>16</td>
</tr>
<tr>
<td>Getting Involved Workshops for Parents</td>
<td>68</td>
</tr>
<tr>
<td>Getting Through to Your Handicapped Child</td>
<td>32</td>
</tr>
<tr>
<td>Title</td>
<td>Page Number</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Good Grief: Helping Groups of Children When a Friend Dies</td>
<td>47</td>
</tr>
<tr>
<td>Growing Up Strong</td>
<td>48</td>
</tr>
<tr>
<td>Growing Up Writing</td>
<td>68</td>
</tr>
<tr>
<td>Growth and Development Through Parenting, Second Edition</td>
<td>69</td>
</tr>
<tr>
<td>Guidance of Young Children</td>
<td>69</td>
</tr>
<tr>
<td>Guide to Children’s Dental Health, A</td>
<td>48</td>
</tr>
<tr>
<td>Happy Teeth for Healthy Smiles</td>
<td>49</td>
</tr>
<tr>
<td>Help When the Parent is Handicapped</td>
<td>33</td>
</tr>
<tr>
<td>Home Start Curriculum Guide</td>
<td>16</td>
</tr>
<tr>
<td>Home Visiting - Procedures for Helping Families</td>
<td>5</td>
</tr>
<tr>
<td>Home Visitor Standards</td>
<td>5</td>
</tr>
<tr>
<td>Home Visit, The: A Preschool Educational Experience</td>
<td>17</td>
</tr>
<tr>
<td>Homestretch, The</td>
<td>17</td>
</tr>
<tr>
<td>How to Be a Better Parent</td>
<td>70</td>
</tr>
<tr>
<td>How to Get Services by Being Assertive</td>
<td>33</td>
</tr>
<tr>
<td>How To Talk So Kids Will Listen and Listen So Kids Will Talk</td>
<td>70</td>
</tr>
<tr>
<td>Infections in Children: A Sourcebook for Educators and Child</td>
<td>49</td>
</tr>
<tr>
<td>Care Providers</td>
<td></td>
</tr>
<tr>
<td>Invitation to Play, An</td>
<td>18</td>
</tr>
<tr>
<td>Invitation to Play, An: A Teacher’s Guide</td>
<td>18</td>
</tr>
<tr>
<td>It’s My Body</td>
<td>50</td>
</tr>
<tr>
<td>It Takes All Parts: An Activity Book to Develop Self-Concept</td>
<td>19</td>
</tr>
<tr>
<td>in Young Children</td>
<td></td>
</tr>
<tr>
<td>Title</td>
<td>Page Number</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Kicking Your Stress Habits</td>
<td>50</td>
</tr>
<tr>
<td>Kids Worry Too</td>
<td>51</td>
</tr>
<tr>
<td>Language Games To Play With Your Child</td>
<td>19</td>
</tr>
<tr>
<td>Lay Home Visiting Programs: Strengths, Tensions and Challenges</td>
<td>6</td>
</tr>
<tr>
<td>Learning in Pairs: A Parent-Teacher Instructor's Guide for Children 2-6 Years Old</td>
<td>20</td>
</tr>
<tr>
<td>Leo the Late Bloomer</td>
<td>51</td>
</tr>
<tr>
<td>Little Beginnings: The First Five Years</td>
<td>20</td>
</tr>
<tr>
<td>Living and Teaching Nutrition</td>
<td>52</td>
</tr>
<tr>
<td>Loving Your Child is Not Enough: Positive Discipline that Works</td>
<td>71</td>
</tr>
<tr>
<td>More Than The ABC's: The Early Stages of Reading and Writing</td>
<td>21</td>
</tr>
<tr>
<td>Mother's Almanac, The Revised</td>
<td>71</td>
</tr>
<tr>
<td>No More Special Me</td>
<td>34</td>
</tr>
<tr>
<td>Nurturing Program For Parents and Young Children Birth to 5 Years Old</td>
<td>72</td>
</tr>
<tr>
<td>Nutrition Brochures</td>
<td>52</td>
</tr>
<tr>
<td>Nutrition - Resource for Head Start Home Visitors, A</td>
<td>53</td>
</tr>
<tr>
<td>1-2-3 Art</td>
<td>21</td>
</tr>
<tr>
<td>1-2-3 Games: No-Lose Group Games for Young Children</td>
<td>22</td>
</tr>
<tr>
<td>Open the Door, Let's Explore</td>
<td>22</td>
</tr>
<tr>
<td>OTTO Series, The</td>
<td>53</td>
</tr>
<tr>
<td>Parent and Child: A Parenting Awareness Program for Home-Based Head Start</td>
<td>72</td>
</tr>
<tr>
<td>Parent Helper: Handicapped Children Birth to Five</td>
<td>34</td>
</tr>
</tbody>
</table>
INDEX: A. Titles

<table>
<thead>
<tr>
<th>Title</th>
<th>Page Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent Resource Directory for Parents and Professionals Caring</td>
<td></td>
</tr>
<tr>
<td>for Children with Chronic Illness or Disabilities</td>
<td>35</td>
</tr>
<tr>
<td>Parenting Preschoolers: Suggestions for Raising Young Blind</td>
<td></td>
</tr>
<tr>
<td>and Visually Impaired Children</td>
<td>35</td>
</tr>
<tr>
<td>Parent’s Guide to Childhood Immunization</td>
<td>54</td>
</tr>
<tr>
<td>Parent’s Guide to Controlling Head Lice, A</td>
<td>54</td>
</tr>
<tr>
<td>Parent’s Guide to Nutrition</td>
<td>55</td>
</tr>
<tr>
<td>Parents In A Pressure Cooker</td>
<td></td>
</tr>
<tr>
<td>Parents, Please Don’t Sit on Your Kids: A Parent’s Guide to</td>
<td></td>
</tr>
<tr>
<td>Nonpunitive Discipline</td>
<td>73</td>
</tr>
<tr>
<td>Parent Talk</td>
<td></td>
</tr>
<tr>
<td>Parent Talk: The Art of Parenting Video Series</td>
<td>74</td>
</tr>
<tr>
<td>Piggyback Songs</td>
<td></td>
</tr>
<tr>
<td>Play Power: Skill Building for Young Children</td>
<td></td>
</tr>
<tr>
<td>Practical Guide to Solving Preschool Behavior Problems, A</td>
<td></td>
</tr>
<tr>
<td>Practical Tips for the First Time Supervisor</td>
<td>6</td>
</tr>
<tr>
<td>Prevent Baby Bottle Tooth Decay</td>
<td>55</td>
</tr>
<tr>
<td>Preventing in Family Services</td>
<td>84</td>
</tr>
<tr>
<td>Problems Encountered By The Home Visitor</td>
<td></td>
</tr>
<tr>
<td>Problem Solving Series, The: I Want to Play, I Want It, I</td>
<td></td>
</tr>
<tr>
<td>Can’t Wait, My Name is Not Dummy</td>
<td>75</td>
</tr>
<tr>
<td>Quiet Times: Relaxation Techniques for Early Childhood</td>
<td></td>
</tr>
<tr>
<td>Reach Out and Teach: Meeting the Training Needs of Parents</td>
<td></td>
</tr>
<tr>
<td>of Visually and Multiply Handicapped Young Children--</td>
<td></td>
</tr>
<tr>
<td>Reachbook and Parent Handbook</td>
<td>36</td>
</tr>
<tr>
<td>Title</td>
<td>Page Number</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Reaching Out: A Directory of Voluntary Organizations in Maternal and Child Health</td>
<td>36</td>
</tr>
<tr>
<td>Read To Me! Sharing Books with Young Children</td>
<td>24</td>
</tr>
<tr>
<td>Report of the Surgeon General's Workshop on Children With HIV Infection and Their Families</td>
<td>56</td>
</tr>
<tr>
<td>Ring a Ring O'Roses</td>
<td>25</td>
</tr>
<tr>
<td>Role Of The Home Visitor, The</td>
<td>7</td>
</tr>
<tr>
<td>Safe Nursery, The: A Booklet to Help Avoid Injuries From Nursery Furniture and Equipment</td>
<td>57</td>
</tr>
<tr>
<td>Safety Education Books, Series of</td>
<td>57</td>
</tr>
<tr>
<td>Scribble Cookies and Other Independent Creative Art Experiences for Children</td>
<td>25</td>
</tr>
<tr>
<td>Seasons of Caring</td>
<td>37</td>
</tr>
<tr>
<td>Sharing Sensitive Information with Parents</td>
<td>37</td>
</tr>
<tr>
<td>Siblings Without Rivalry</td>
<td>75</td>
</tr>
<tr>
<td>Single Mother--A Support Group in Your Hands</td>
<td>76</td>
</tr>
<tr>
<td>Slow and Steady, Get Me Ready - A Parent's Handbook</td>
<td>26</td>
</tr>
<tr>
<td>Special Education For the Early Childhood Years</td>
<td>38</td>
</tr>
<tr>
<td>Steps to CDA for Home Visitors</td>
<td>26</td>
</tr>
<tr>
<td>Stress and the Single Parent</td>
<td>84</td>
</tr>
<tr>
<td>Stress Management Training: A Means for Reducing the Incidence of Child Abuse</td>
<td>85</td>
</tr>
<tr>
<td>Super Groups: Young Children Learning Together</td>
<td>27</td>
</tr>
<tr>
<td>Talks With Parents on Living With Preschoolers</td>
<td>76</td>
</tr>
<tr>
<td>Talk to Me and Talk to Me II</td>
<td>38</td>
</tr>
<tr>
<td>Title</td>
<td>Page Number</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Teachables II: Homemade Toys that Teach</td>
<td>27</td>
</tr>
<tr>
<td>Teaching Interpersonal Expertise to Strength Systems (TIES) Materials</td>
<td>58</td>
</tr>
<tr>
<td>Tell Me, Papa</td>
<td>58</td>
</tr>
<tr>
<td>Transition: Preschool to Public School</td>
<td>39</td>
</tr>
<tr>
<td>Helping Children, Parents and Teachers</td>
<td></td>
</tr>
<tr>
<td>Unlocking Doors: A Guide to Effective Communication</td>
<td>39</td>
</tr>
<tr>
<td>Vegetable Magic</td>
<td>59</td>
</tr>
<tr>
<td>Very Practical Guide to Discipline With Young Children, A</td>
<td>77</td>
</tr>
<tr>
<td>Watch Me Grow</td>
<td>59</td>
</tr>
<tr>
<td>We Love You: Buckle Up! Activities Packet</td>
<td>60</td>
</tr>
<tr>
<td>Well Aware: An Introduction to Healthy Living Series</td>
<td>60</td>
</tr>
<tr>
<td>What Will I Tell the Children?</td>
<td>61</td>
</tr>
<tr>
<td>Where’s Jess?</td>
<td>61</td>
</tr>
<tr>
<td>Willie Learns the Touching Rule</td>
<td>62</td>
</tr>
<tr>
<td>Working with Children from Violent Homes</td>
<td>85</td>
</tr>
<tr>
<td>Working With Families</td>
<td>40</td>
</tr>
<tr>
<td>Your Baby and Child: Birth to 5</td>
<td>28</td>
</tr>
<tr>
<td>You’re a Better Parent Than You Think! A Guide to Common Sense Parenting</td>
<td>77</td>
</tr>
<tr>
<td>Your Four-Year-Old: Wild and Wonderful</td>
<td>28</td>
</tr>
</tbody>
</table>
INDEX

B. Titles and Organizations/Spanish
<table>
<thead>
<tr>
<th>Title</th>
<th>Page Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are You Listening to What Your Child May Not Be Saying?</td>
<td>44</td>
</tr>
<tr>
<td>Bright From the Start: The Story of the Nursing Bottle and Your Child's Teeth</td>
<td>45</td>
</tr>
<tr>
<td>Food...Early Choices</td>
<td>46</td>
</tr>
<tr>
<td>Growing Up Strong</td>
<td>48</td>
</tr>
<tr>
<td>It's My Body</td>
<td>50</td>
</tr>
<tr>
<td>Nutrition Brochures</td>
<td>52</td>
</tr>
<tr>
<td>Parent Helper: Handicapped Children Birth to Five</td>
<td>34</td>
</tr>
<tr>
<td>Parent Talk</td>
<td>74</td>
</tr>
<tr>
<td>Safety Education Books, Series of</td>
<td>57</td>
</tr>
<tr>
<td>Talk to Me and Talk to Me II</td>
<td>38</td>
</tr>
<tr>
<td>Watch Me Grow</td>
<td>59</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Organization</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Epilepsy Foundation of America</td>
<td>92</td>
</tr>
<tr>
<td>Let's Play to Grow</td>
<td>93</td>
</tr>
<tr>
<td>National Clearinghouse for Bilingual Education, The</td>
<td>94</td>
</tr>
<tr>
<td>National Maternal and Child Health Clearinghouse</td>
<td>95</td>
</tr>
</tbody>
</table>