This reading list contains 140 books, reports, resource guides, conference proceedings, directories, and journals pertaining to adventure and outdoor education, adventure therapy, group work, developmental work, and at-risk youth. Most entries were published from 1984-94. Entries are listed in the following categories: adventure (general); outdoor and adventure safety; adventure activities and games; nature and environmental activities; urban adventure activities; expeditions; adventure therapy; processing and reviewing the adventure experience; groupwork and counseling; groupwork games; drama and role play; psychotherapy; young offenders (general); young people at risk (general); developmental work handbooks; staff training and support; experiential education; evaluation; research reports; conference reports; directories; and journals. (SV)
A Reading List

Compiled by

JON BARRETT

Some of the titles listed above are out of print. For availability (and more extensive reading lists) try:

National Youth Agency Information Services, 17-23 Albion Street, Leicester, LE1 6GD. Tel: (0533) 471200.

Titles marked with an asterisk * are available from:

Adventure Education, 12 St Andrews Churchyard, Penrith, Cumbria, CA11 7YE. Tel: (0768) 891065

1/ Adventure

General:

Adventure Education - Priest and Miles. Venture Publishing 1991*

Personal Growth Through Adventure - Hopkins and Putnam. David Fulton Publishing 1993*

The Adventure Alternative - Mortlock. Cicerone Press 1984*

Outdoor Adventure Pursuits - Foundations, Models and Theories - Ewart. Publishing Horizons 1984*

Safety:

Outdoor Education Safety and Good Practice - Guidelines for Guidelines. The Duke of Edinburgh's Award 1988*

Safety in Outdoor Education - DES. HMSO 1988*

Safety in Outdoor Centres - DFE. HMSO 1994*
Safety Practices in Adventure Programming - Priest and Dixon.
Association for Experiential Education 1990*

The Conscious Use of Metaphor in Outward Bound - Bacon.
ERIC 1983

Adventure Activities and Games:
(See also Groupwork Games; Drama and Role-Play)

More Than Activities - Greenaway.
Save the Children Fund/Endeavour Scotland 1990*

Canoe Games - Ruse.
Black 1986*

Working Out of Doors with Young People - Smith.
ITRC 1987*

Cowtails and Cobras II - A Guide to Games, Initiatives, Ropes Courses and Adventure Curriculum - Rohnke. Project Adventure Inc 1989*

Silver Bullets - A Guide to Initiative Problems, Adventure Games and Trust Activities - Rohnke. Project Adventure Inc 1984*

The Bottomless Bag Again?! (2nd Edition) - Rohnke.
Project Adventure Inc 1994*

The Pictorial Guide to Groupwork Activities - Sanders.
Sanders 1991*

Wide Games, Incident Hikes and Indoor Alternatives - Saint.
Printforce

Environmental Activities:

Sharing Nature with Children - Cornell.
Exley Publications 1980

Sharing the Joy of Nature - Cornell.
Dawn Publications 1989

Nature with Children of all Ages - Sisson.
Prentice-Hall 1987

Acclimitization - Van Matre.
American Camping Association 1972

Earth Education: A New Beginning - Van Matre.
Institute for Earth Education 1990

Earthworks.
CEE Youth Unit 1991*
Urban Activities:

City Adventures - *Ruse.*
Paul Chapman Publishing 1989*

The Outdoor Challenge Within - *Wales.*
Outdoor Activities Association, Sunderland 1981

Expeditions:

The Expedition Experience - As a Vehicle for Change in the Inner-Cities - *Kennedy.*
Adventure Education 1992*

The Duke of Edinburgh's Award 1987*

Expedition Advisory Centre, RGS 1988*

Adventure Therapy:

Islands of Healing - A Guide to Adventure Based Counselling - *Schoel, Prouty and Radcliffe.*
Project Adventure Inc 1988*

Adventure Therapy - Therapeutic Applications of Adventure Programming - *Gass.*
Kendall Hunt Publishing 1993*

Behaviour Modification in Therapeutic Recreation - *Dattilo and Murphy.*
Venture Publishing 1987

The Theory and Practice of Challenge Education - *Smith, Roland, Havens and Hoyt.*
Kendall Hunt 1992

Creative, Humane Climates Out of Doors - *Knapp.*
ERIC 1988

Therapeutic Applications of Adventure Programming - *Sakofs.*
Association for Experiential Education 1992

Association for Experiential Education 1992

Processing/Reviewing:

Playback - A Guide To Reviewing Activities - *Greenaway.*
The Duke of Edinburgh's Award/Endeavour Scotland 1993*

Creative Reviewing - *Hunt and Hitchen.*
Groundwork 1986

Processing the Adventure Experience - Theory and Practice - *Nadler and Luckner.*
Kendall Hunt 1992
2/ Groupwork and Counselling

General:

Basic Groupwork - Douglas.
Tavistock 1978

Groupwork Practice - Douglas.

Joining Together - Group Theory and Group Skills - Johnson and Johnson.

Hutchinson 1963, 1970

Rochester Foundation 1984

Developmental Group Work with Adolescents - Button.
University of London Press 1974

Longman 1990

Groupwork and IT - Ball and Sowa.
APEX 1985

Group Counselling with Juvenile Delinquents - Ferrara.
Sage 1992

Counselling Young People - Noonan.

A Practical Approach to Counselling - Hough.
Pitman Publishing 1994

Gill and MacMillan 1977

Brief Counselling - Dryden and Feltham.
Oxford University Press 1979, 1986

Counselling: The Skills of Problem-Solving - Munro, Manthei and Small.
Routledge 1989

Personal Construct Counselling In Action - Fransella and Dalton.
Sage 1990
Groupwork Games:
(See also Adventure Activities and Games; Drama and Role-Play)

Hutchinson 1978*

Gamesters Handbook II - *Brandes.*
Hutchinson 1982*

The Youth Games Book - *Dearling and Armstrong.*
Russell House Publishing 1994*

The Co-operative Sports and Games Book - Challenge Without Competition - *Orlick.*
Writers and Publishers Co-operative Ltd 1978*

Creative Games in Groupwork - *Dynes.*
Winslow Press 1990*

The New Games Book - *Fluegelman.*
Doubleday/Dolphin 1974*

More New Games - *Fluegelman.*
Doubleday/Dolphin 1981

Impact 1980

Drama and Role-Play:

Creative Drama in Groupwork - *Jennings.*
Winslow Press 1986*

Introducing Role-Play - *Hunt.*
Groundwork 1989*

Role-Play - A Practical Guide - *Milroy.*
Aberdeen University Press*

University Associates, Notts 1980

Look, Listen and Trust - *Rawlins and Rich.*
Thomas Nelson and Sons

Ideas That Work in Drama - *Theodorou.*
Stanley Thomas

Theatre Games for Young Performers - *Novelly.*
Meriwether

Dramatherapy - *Jennings.*
Croom Helm
Psychotherapy:

Oxford University Press 1982

An Introduction to the Psychotherapies - *Bloch.*
Oxford University Press 1986

Theory and Practice of Counselling and Psychotherapy - *Corey.*
Brookes/Cole 1982

Individual Therapy in Britain - *Dryden and Windy.*
Harper and Row 1984

On Becoming A Person - A Therapist’s View of Psychotherapy - *Rogers.*
1961, Constable 1967

3/ Working With Young People In Trouble And Difficulty

Young Offenders - General:

Persistent Young Offenders - *Hagell and Newburn.*
Policy Studies Institute 1994

Penguin 1986

Living Dangerously - *Graef.*
Harper Collins 1992

Psychology in Prisons - *Cooke, Baldwin and Howison.*
Routledge 1990


The Young Offender - *West.*
Penguin 1967, 1974

Young People At Risk - General:

Young People Under Pressure - *Skinner.*
National Youth Agency 1988

The Invisible Children: Children 'On The Game' in America, West Germany and Great Britain - *Sereny.* Pan 1986

Bullies and Victims in Schools - *Besag.*
Open University Press 1989
Girl Delinquents - *Campbell.*
Basil Blackwell 1981

Children Under Stress - *Wolff.*
Penguin 1976

Adolescent Disturbance and Breakdown - *Laufer.*
Penguin in association with MIND 1975

**Developmental Work Handbooks:**
*(See also Adventure Activities and Games; Groupwork Games; Drama and Role-Play)*

Scottish ITRC 1987

Batsford 1985


Working With Young Offenders - *Pitts.*
MacMillan 1990

Intensive IT With Juvenile Offenders - A Handbook on Assessment and Groupwork Practice (Offending Curriculum) - *Denham.* University of Lancaster 1982

Worth the Risk!? - *Ball, Eastwood, Davill and Holt.*
Save the Children Fund 1987


Fireworks - Creative Approaches to Conflict - *Fine and Macbeth.*
Youth Work Press 1992

Drug Education For Young Offenders.
Tacade 1994

Work With Boys - *Lloyd.*
Youth Work Press

Greater Expectations - A Sour Book for Working with Girls and Young Women - *Slavin.* Learning Development Aids

Lifting the Limits - A Handbook for Women Working with Young Women At Risk or In Trouble - *Mountain.* Youth Work Press
4/ Staff Training and Support

Personal and Professional Development for Group Leaders - Cherry and Robertson (with Meadows). Scottish Health Education Group 1990


5/ Experiential Education

The Theory of Experiential Education - Kraft and Sakofs. Association for Experiential Education*

Experiential Learning - Kolb. Prentice Hall 1984

Ethical issues in Experiential Education - Hunt. Association for Experiential Education 1986*

Development Training: Progress and Prospects - Everard. DTAG 1993

6/ Evaluation


Handbook of Training Evaluation and Measurement Techniques. Kogan Page

Recording and Reporting - *Rogers*. Youth Clubs UK 1982

7/ Research Reports

In Search Of Adventure - *Hunt*. Talbot Adair Press 1989*

Report on a Survey of Outdoor Activity Provision for Young People in Trouble or At Risk - *Barrett*. Basecamp 1993*


Sport as Prevention - The Role of Sport in Crime Prevention Programmes Aimed at Young People - *Robins*. Centre for Criminological Research, University of Oxford

Sport and Anti-Social Behaviour - *Coalter*. The Scottish Sports Council

Adventure Experiences for Young People from Urban Areas: A Report by HMI - *HM Inspectorate*. DES 1991


8/ Conference Reports

Challenge Opportunities for Inner City Youth - CCY/NAOE Conference. Adventure Education 1992*

Community-Based Sentencing - The Use of Outdoor Challenge. Sports Council (NW Region) 1987

Proceedings of the First National Symposium on Outdoor Programmes for Offenders Adult Corrective Services, Australian Capital Territory - *Cianc*. 1991
Greater Manchester and Hereford & Worcester Probation Services 1991

9/ Directories

Directory of Outdoor Activity Provision for Young People In Trouble or At Risk -
*Barrett.* Adventure Education 1993*

Directory of Experiential Therapy and Adventure-Based Counselling Programmes -
*Gerstein.* Association for Experiential Education 1993

The NYA Guide to Residential Centres.
Youth Work Press 1992

The Outdoor Source Book 1993/94.
Adventure Education 1993*

Directory of Trainers and Consultants in the Personal Social Services - *Dearling.*
Longmans 1991

10/ Journals

Adventure Education and Outdoor Leadership - quarterly.
Adventure Education, 12 St Andrews Churchyard, Penrith, Cumbria, CA11 7YE

Young People Now - monthly.
17-23 Albion Street, Leicester, LE1 6GD

Scottish Child - six issues a year.
130 St Stephen Street, Edinburgh, EH3 5AD

Youth & Policy - quarterly.
10 Lady Beatrice Terrace, New Herrington, Houghton-le-Spring,
Tyne and Wear, DH4 4NE

Journal of Experiential Education - quarterly.
AEE, 2885 Aurora Avenue #28, Boulder, Colorado 80303-2252, USA