This annotated bibliography comprises an alphabetical listing of 26 books about food and cooking available in special formats. The list contains books about how food is made, stories about food, books about people who work with foods, and cookbooks. The reading levels of the books range from preschool through junior high school. Formats included in the bibliography are cassette books; braille books; and recorded discs. Each entry contains author (if available); title; annotation; and grade level. Also included are a title index and an order form. (JLB)
Summer Yummers

A Bibliography on Food and Cooking for Young Readers from Preschool through Junior High
SUMMER YUMMERS

A Bibliography of Books in Recorded and Braille formats for Young Readers from Preschool through Junior High

compiled by
Mary Ann Sumner
Head, Children's Programs

1993

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Division of Blind Services
Bureau of Library Services for the Blind and Physically Handicapped
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This bibliography accompanies the State Library of Florida's Summer Library Program for 1993, Silver Summer Scrapbook, celebrating twenty-five years of summer programs for Florida's Children.
SUMMER YUMMERS
Summertime - picnics, the beach, barbecues, ice cream, hot dogs, lemonade, watermelon!! I'm STUFFED! In this booklist we will look at food from lots of directions. You'll read about how some foods are grown or made. You'll read some silly stories that deal with food. You'll read about people who work with food–either growing it or working with it. There are food stories that we wish could happen to us. Imagine being trapped in a chocolate factory! Finally, we have some cookbooks so you can try making your own summer yummers. So, have a great summer – and don't eat too much!

GUIDE TO BOOK NUMBERS:

RC  cassette book
CBF  cassette book (produced in Florida)
BR  braille book
FBC  computer produced braille (Florida)
FBR  thermoformed copy of braille (Florida)
RD  recorded disc
TB  recorded disc (older, the library usually has a single copy of these titles)
SUMMER YUMMERS

BR04460 Adoff, Arnold. EATS: POEMS.
A mouth-watering collection of poems including a love song to chocolate and a verse about a national invasion of Twinkies. For grades 3-6.

RD10175 Aliki. CORN IS MAIZE: THE GIFT OF THE INDIANS
A simple description of how corn was discovered and used by the Indians and how it came to be an important food throughout the world. For grades 2-4.

RD13901 Barrett, Judith. CLOUDY WITH A CHANCE OF MEATBALLS.
Life is delicious in the town of Chewandswallow where it rains soup and juice, snows mashed potatoes, and blows storms of hamburgers--until the weather takes a turn for the worse. An exuberant fantasy for grades K-3.
RC26334 Berenstain, Stanley. THE BERENSTAIN BEARS AND TOO MUCH JUNK FOOD.
One day Mama Bear notices that a chubbier Brother Bear and Sister Bear have gotten into the habit of eating junk food. And when Papa Bear rips the seat of his overalls reaching for a package of Sugar Balls, Mama Bear begins a campaign to improve her family’s health habits. For preschool - grade 2.

RC31482 BETTER HOMES AND GARDENS STEP-BY-STEP KIDS’ COOK BOOK.
A cookbook for beginning young cooks that includes “kid-tested” specialties, “no-cook” recipes and precise, easy-to-understand instructions that indicate at which steps adult help is needed. For grades 2-4 and older readers.

RC12340 Brown, Elizabeth Burton. GRAINS: A HISTORY WITH RECIPES.
Traces the uses and cultivation of grains throughout the world from ancient Mesopotamia to modern America. Also discusses the customs and festivals that have grown up around grains, including more than one hundred recipes. For grades 5-8 and older interested readers.
RC24609 Carle, Eric. THE VERY HUNGRY CATERPILLAR.
BR06130 A hungry caterpillar eats holes through plums, cheese, sausage, and other food and gets a stomach ache. Then something wonderful happens to the fat caterpillar. For grades K-2.

BR03062 Cooper, Terry Touff. MANY HANDS COOKING: AN INTERNATIONAL COOKBOOK FOR GIRLS AND BOYS.
Savory recipes from forty countries including groundnut soup from Nigeria, guacamole from Mexico, baked fish from Iceland, and lamb kebabs from Turkey. Each recipe is coded to show whether it is simple or difficult. For grades 4-8.

RC33498 Dahl, Roald. CHARLIE AND THE CHOCOLATE FACTORY.
BR01461 Five children win a coveted tour of Mr. Willy Wonka’s Chocolate Factory. Four of the children meet disaster at their own hands, but a deserving boy wins both the day and the factory. For grades 4-7.
RC32548 Dahl, Roald. JAMES AND THE GIANT PEACH: A CHILDREN’S STORY.
An orphan, forced to live with two old women who don’t understand him, discovers a magic potion that produces a giant-sized peach. James sneaks inside the peach where he finds a new world of insects and fabulous adventures. For grades 4-7.

RD08527 De Paola, Tomie. STREGA NONA: AN OLD TALE.
A magic pot causes trouble for a villager who disobeys Strega Nona, the owner of the pot. An Italian folktale for grades K-3.

CBF1492 DiSalvo-Ryan, Dyanne. UNCLE WILLIE AND THE SOUP KITCHEN.
A boy spends the day with Uncle Willie in the soup kitchen where he works preparing and serving food for the hungry. For grades K-4.

RC12576 Dobrin, Arnold. PETER RABBIT’S NATURAL FOODS COOKBOOK.
Inspired by the world of the Beatrix Potter books, a collection of tasty recipes emphasizing natural foods. For grades 4-7 and younger children with adult supervision.
RC09732 Getzoff, Carole. THE NATURAL COOK’S FIRST BOOK: A NATURAL FOODS COOKBOOK FOR BEGINNERS.

An introduction to natural foods offers a variety of simple and appealing recipes, including vegetable fried rice, whole wheat spaghetti with fresh clam sauce, simple salad, apple brown betty, and granola. For children in grades 4-7 with some adult supervision.

RC27867 Giblin, James. MILK: THE FIGHT FOR PURITY.

Describes the centuries-long fight by scientists, consumers, and philanthropists to make milk a safe food. Includes the campaign of Nathan Straus and others who worked in the 1890s and early 1900s for laws requiring pasteurization of milk sold to the public, and describes the 1960s crisis over radioactive contamination. For grades 5-8.

RC08042 Girl Scouts of the U.S.A. GIRL SCOUT COOKBOOK.

Over 150 recipes for appetizers, main dishes, vegetables, soups, sauces, breads, and desserts. For intermediate cooks of all ages.
RD07553 Grimm, William Carey. INDIAN HARVESTS.
Brief introduction to many wild plants used by American Indians for food, from prickly pears in the Southwest to cranberries in New England. For grades 5-8.

RC20171 Heide, Florence Parry. BANANA BLITZ.
Jonah Krock, television and candy-bar addict, has run out of money and candy bars. He thinks he can win some easy money from the American Banana Institute just for watching their commercials on TV. Instead of solving his problems, though, the scheme creates new ones. An outrageous sequel to Banana Twist. (RC15415). For grades 4-7.

RC15415 Heide, Florence Parry. BANANA TWIST.
A wacky comedy of errors relates the mischievous attempts of Jonah D. Krock to avoid an oddball new neighbor who thinks Jonah has a banana fixation. For grades 4-7.

RC33493 Hoban, Russell. BREAD AND JAM FOR FRANCES.
BR08554 Frances, a young badger, realizes that eating only bread and jam gets boring after awhile. For preschool - grade 2.
BR01305 Knopf, Mildred O. AROUND AMERICA; A COOKBOOK FOR YOUNG PEOPLE.  
A collection of early American regional recipes with step-by-step directions explaining what to do and how to do it, all made more interesting by a generous amount of social history in the section introductions. For grades 6-9.

RC11824 Parents’ Nursery School. KIDS ARE NATURAL COOKS; CHILD-TESTED RECIPES FOR HOME AND SCHOOL USING NATURAL FOODS.  
Dozens of natural food recipes arranged by seasons give simple instructions for nutritious treats. For grades 3-6 with an adult nearby, and older interested cooks.

BR01551 Paul, Aileen. KIDS COOKING.  
Step-by-step instructions direct beginning cooks in preparing breakfast, lunch, and dinner dishes, snacks, and party foods. The selection of recipes for such basic foods as scrambled eggs, hamburgers, and chocolate sundaes is spiced by recipes for unusual foods such as orange-sugared pecans and Pennsylvania Dutch funnel cake. For grades 3-6.
RC21360  Paul, Aileen.  KIDS COOKING WITHOUT A STOVE.
Easy-to-follow recipes for desserts, drinks, salads, sandwiches, snacks, and candies that require no cooking. For children in grades K-3 to use with adults.

CBF1366  PLEASE TOUCH COOKBOOK.
A selection of nutritious recipes that are easy and fun to cook. Includes related activities, games, riddles, and facts about food. For preschool - grade 2.

BR05244  POEM STEW.
A feast of humorous poems about food, from the thirst-quenching taste of watermelon to the disgusting look of hot cocoa left too long to cool. For grades 3-6 and older readers.

RD18200  Rayner, Mary.  MRS. PIG’S BULK BUY.
BR05322  Garth Pig and his brothers and sisters drench everything they eat with catsup until their clever mother thinks of a way to make them sick of it. For grades K-3.
RC28760 Ruby, Lois. PIG-OUT INN.
Fourteen-year-old Dovi’s mother, easily bored, drifts around the country from one business venture to another. Her latest is a truck-stop diner in Kansas, which Dovi dubs the Pig-Out Inn. When a trucker leaves behind his nine-year-old son, Tag, it appears that the boy has been abandoned. In truth, Tag has been kidnapped from his mother in a bitter custody battle. For grades 6-9.

RC08880 Schaeffer, Elizabeth. DANDELION, POKEWEED, AND GOOSEFOOT: HOW THE EARLY SETTLERS USED PLANTS FOR FOOD, MEDICINE, AND IN THE HOME. Describes many wild plants gathered by early settlers for household use. Includes directions for starting an herb garden, making herb teas and salads, and dyeing cloth. For grades 4-8.

RD19020 Sendak, Maurice. CHICKEN SOUP WITH RICE: A BOOK OF MONTHS. A rhyming nonsense tale describes the delights of eating chicken soup with rice during every month of the year. For preschool - grade 2.
RC34056  Seuss, Dr.  GREEN EGGS AND HAM.
Nonsense rhyme about the doings of a creature called
Sam-I-Am. Written in a vocabulary of just 50 words.
For grades K-3.

RD07404  Silverstein, Alvin.  THE CHEMICALS WE EAT AND
DRINK.
A timely discussion of the natural and artificial chemicals
in the foods we eat--suggesting realistic guidelines for
healthful eating in today's world. For grades 4-8.

BR02327  Van der Linde, Polly.  AROUND THE WORLD IN 80
DISHES.
An international cookbook with selected and tested
recipes for the young cook. Instructions are given on
how to make Swiss Gruyère pie, Greek lamb kebabs,
British peanut brittle, and Dutch cocoa. For grades 4-7.

BR05532  Van Leeuwen, Jean.  BENJY AND THE POWER OF
ZINGIES.
Benjy is tired of being a weakling. He's fed up with
losing at kickball and sick of being picked on by big Alex
and his gang. One day Benjy sees an ad of TV for
Zingies, the breakfast cereal of sports stars, and he
knows without a doubt that Zingies will make him all he's
ever wanted to be. For grades 2-4.
RC18894 Walker, Barbara Muhs. THE LITTLE HOUSE
COOKBOOK.
More than 100 recipes based on the pioneer food that
Laura Ingalls Wilder described in her “Little House”
books. Includes generous quotes from the books and
historical information on how things were done in the old
days. A book for grades 4-7 to share with family
members and friends.

RC07756 Weber, Lenora Mattingly. THE BEANY MALONE
COOKBOOK.
Beany Malone shares her favorite cooking tips, recipes
for organic foods and ground beef, and ideas for
cookouts and other special occasions. For grades 6-9.
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