This resource guide provides an annotated bibliography of 101 articles and newsletters of interest to parents and teachers of children in preschool through grade 3. The bibliography contains the titles and short descriptions of materials, selected with the assistance of parents and teachers from across Alberta (Canada), on a wide range of topics related to education, child development, and child rearing. The topics are: (1) child abuse; (2) adoption; (3) advocacy; (4) aggression; (5) bias and stereotyping; (6) communications; (7) computer technology; (8) coping skills and stress; (9) developmental skills and stages; (10) discipline; (11) early childhood programs; (12) exceptional and special needs children; (13) gifted and talented children; (14) health; (15) independence and responsibility; (16) loss and bereavement; (17) moral and social development; (18) motivation; (19) parent involvement; (20) parenting; (21) play and playgrounds; (22) reading, writing, and literature; (23) safety; (24) self-concept and self-esteem; and (25) television and advertising. The bibliography contains between 1 and 12 items on each topic. Copies of the articles and newsletters are available free of charge by mail from the Alberta Education Response Centre in Edmonton, Alberta. (MDM)
Parent Resources Inventory

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S. Wolodko

TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)
Parent Resources Inventory
For additional copies of this resource contact:

Learning Resources Distributing Centre
12360 - 142 Street
Edmonton, Alberta T5L 4X9
Telephone: (403) 427-2767 FAX: (403) 422-9750

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Linda Butler Dunn      Julie McKenzie          Rhoda Wiens
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Parent Resources Inventory was developed by the Education Response Centre, Alberta Education, under the direction of:

Harvey Finnestad, Director
Rick Morrow, Deputy Director
Alexandra S. Hildebrandt, Coordinator
INTRODUCTION

This updated Parent Resources Inventory is a collection of publications that addresses issues of interest to parents and teachers of children in ECS to Grade 3. The inventory contains the titles and brief descriptions of articles and newsletters on a wide range of topics related to education, child development and child rearing.

ARTICLES AND NEWSLETTERS

The articles included in the inventory were selected with the assistance of parents and teachers from across Alberta.

Permission of the various publishers has been obtained so that the publications may be reproduced by Alberta Education for educational purposes on the condition that appropriate credit is given to the authors and publishers.

Copies of the articles and newsletters are available free of charge from the Education Response Centre. An order form is provided on page 28 of the inventory. Please limit requests to a total of one copy each of up to ten different publications. Forward completed order forms to:

Reference Centre
Alberta Education Response Centre
6240 - 113 Street
Edmonton, Alberta T6H 3L2
Telephone: (403) 422-6326 FAX: (403) 422-2039

Additional copies of the Parent Resources Inventory are available from:

Learning Resources Distributing Centre
12360 - 142 Street
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Telephone: (403) 427-2767 FAX: (403) 422-9750

NOTE: Opinions of the authors of the publications in the inventory do not necessarily reflect the philosophy of Alberta Education.
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Abuse


Discusses child sexual abuse: what it is, how common it is, how it affects adults who were abused as children and how therapy can help to heal the effects of abuse. (5 pages)


Describes how abuse affects children’s thoughts, feelings and actions, and suggests ways that teachers, counsellors and other caring adults can help children heal from abuse. (2 pages)


 Discusses the benefits of parent involvement in child abuse prevention programs. (5 pages)

Adoption


Provides a brief description of ways parents can talk with adopted children about their adoption. (1 page)
## Advocacy

### AY 01

Describes the importance of respecting children and gives examples of respect and disrespect. Although the article is geared toward teachers, the information is also meaningful to parents. (7 pages)

### AY 02

Describes one mother’s experiences learning to fight for her exceptional child’s rights. She explains how her assertiveness was sometimes taken for pushiness. (3 pages)
Aggression


Provides a brief overview of some signs, causes and treatments of conduct disorders. (1 page)


Discusses children’s aggressive feelings and the need for teacher intervention when these feelings turn to violence. (4 pages)


Discusses the problem of bullying and suggests ways for controlling it. (5 pages)


Discusses reasons why children join gangs and provides ways educators and parents can counteract this trend. (3 pages)
Bias and Stereotyping


Discusses how society more often encourages boys rather than girls to study science. (3 pages)

Communication


Discusses the importance of humor in relationships with children. Although directed at teachers, the article provides insights for parents. (5 pages)

Computer Technology


Discusses the introduction of microcomputers into special education and how to evaluate programs. (14 pages)
Coping Skills/Stress in Children

CS 01  

Suggests ways parents can help their children cope with stress. (1 page)

CS 02  

Discusses different ways children show anger, what causes anger and different ways adults can handle children's anger. (7 pages)

CS 03  

Outlines some of the signs of childhood stress and provides steps to help children handle stress. (2 pages)
Developmental Skills and Stages


Discusses various ways to deal with children’s different levels of maturity. (3 pages)

Discipline


Suggests ways to discipline children. The suggestions are relevant for all children, not just gifted children. (4 pages)
Early Childhood Programs


Suggests ways to evaluate preschools and to determine if your child is ready for one. (1 page)


The author describes a visit to a kindergarten and explains how kindergartens have changed in the past 25 years. (2 pages)
Exceptional Children/Children with Special Needs


Discusses the importance of play. Describes and illustrates ways to adapt playground equipment for children with special needs. (3 pages)


Discusses causes and treatment of brain injuries in children, reviews literature, provides suggestions for parents and teachers, and lists community resources and reading resources. (4 pages)


Describes one family’s experience using assistive technology to help their son with multiple disabilities to succeed at school. (4 pages)


Discusses the importance of play in childhood and suggests activities for children with special needs. (3 pages)


Describes symptoms and treatments of ADD (Attention Deficit Disorder) and discusses the difficulties of accurate diagnosis and the effects of ADD on schooling. (4 pages)

Describes an Edmonton infant program study on the transition of exceptional children from home to preschool. Provides parents' answers to questions that may be of interest to other parents considering preschool enrolment for their children with special needs. (5 pages)


Describes five characteristics of effective before- and after-school programs for children with special needs, to assist parents in making decisions about child care. (4 pages)


Provides tips for parents and school personnel for planning a playground to include equipment for children with disabilities. (4 pages)


Discusses the importance of play and fun in relationships between parents and children with special needs. (1 page)


Describes a program in which parents are able to watch their signing deaf children participate in playschool. (2 pages)

Defines self-injurious behaviour (SIB), discusses treatment and care, reviews literature, provides suggestions for parents and teachers for care of SIB children, and lists community resources and reading resources. (4 pages)


A mother of a child with Duchenne muscular dystrophy describes her son's experiences at a summer camp that was not designed specifically for children with special physical needs. (3 pages)
Gifted and Talented Children


Describes ways parents can help gifted children become good writers. (1 page)


Describes preschool environments and activities for gifted children and their mothers. (2 pages)


Discusses how teachers and parents of gifted children can work together to meet the cognitive, social, emotional, intuitive and physical needs of gifted children. (4 pages)


Gives parents some general information about testing procedures used to determine if a child is eligible for a gifted program. (2 pages)
## Health

**HT 01**  

Provides a brief overview of typical psychological reactions of children with a serious physical illness. Includes some suggestions for parents.  
(1 page)

**HT 02**  

Provides a brief overview of childhood depression, including a description of what it is and some signs parents can watch for.  
(1 page)

**HT 03**  

Discusses the importance of establishing healthy sleeping habits in children.  
(1 page)

**HT 04**  

Gives tips on how to prevent sunburn.  
(1 page)

**HT 05**  

Discusses signs and symptoms of middle ear infections in children, reviews literature, provides suggestions for parents and teachers, and lists community resources and reading resources.  
(4 pages)

Discusses causes and prevention of school injuries, reviews literature, suggests prevention techniques for parents and teachers, and lists community resources and reading resources.  
(4 pages)


Discusses causes and treatment of sleep disorders in children, reviews literature, provides suggestions for parents and teachers, and lists community resources and reading resources.  (4 pages)
Independence/Responsibility


Describes various American programs for latchkey children.  
(3 pages)


Outlines steps parents can take to help their children become responsible.  (1 page)


Discusses ways parents can help children to solve problems themselves.  (1 page)


Presents several ways parents can teach their children to manage/spend money wisely.  (1 page)


Talks about teaching self-care skills to children who are at home alone, especially children with special needs.  (5 pages)
Loss and Bereavement


A teacher describes how she used a potato-growing project to teach young children about life and death. (6 pages)


Provides suggestions for helping children to deal with the death of a classmate or teacher. This article is written primarily for teachers but will also be interesting to parents. (4 pages)
Moral and Social Development


Suggests that children should do homework in social skills. The authors explain why this is a good idea and give examples of a homework assignment and a teacher form. (3 pages)


Explores the effect parents have on their children's developing personalities. (1 page)


Discusses how self-esteem, sense of community, learning to cooperate, moral reflection and decision-making help develop children's character. (5 pages)


An overview of a simple, effective way for parents to teach their children social skills. Includes some examples and a sample lesson on sharing. (4 pages)
Motivation


Discusses factors (e.g., age, self-concept, motivation) that influence a child’s learning. Emphasizes that different children learn best in different ways. (4 pages)
Parent Involvement


Suggests positive ways that parents can respond to their children’s report cards. (1 page)


Suggests ways parents can involve children in science activities at home. (1 page)


Explains what “whole language” is and how teachers use it in the classroom, and suggests activities parents can do at home to encourage their children’s reading and writing. (2 pages)


Describes a "Parents as Partners" project in New Jersey, U.S.A., in which parents and teachers work together to benefit students. (5 pages)


Lists ways parents can help their children with homework and encourage good study habits. (2 pages)

Provides tips to help parents use parent-teacher conferences to establish a close working relationship with their children’s teachers. (2 pages)


Recommends ways parents of exceptional children can understand and be involved in the reports that are written about their children’s medical and educational progress. (4 pages)


Describes several ways parents can be involved in their children’s learning. (8 pages)
Parenting


Tells the stories of ten families of children with severe disabilities. (3 pages)


Describes a technique to help parents set realistic expectations for their children’s behavior. Discusses ways of responding to problem behaviors. (7 pages)


Describes ways parents can improve their listening skills. (1 page)


Describes several ways that parents can spend quality time with their children. (1 page)


Describes several ways that fathers can spend quality time with their children. (1 page)

Discusses ways parents can help children in the family to get along with each other. (1 page)


Gives parents ideas for helping their children to become critical thinkers. (1 page)


Discusses ways parents can avoid problems in their relationships with daycare staff, nannies and/or sitters. (1 page)


Suggests that gaining a child’s cooperation is a more effective form of discipline than using blunt authority. (1 page)


Discusses why some parents expect too much from their children and suggests that they slow down and enjoy spending time with them. (3 pages)


Describes four types of parenting extremes (perfectionism, over-indulgence, over-coercion and over-permissiveness) in parents of gifted children and suggests ways parents can avoid these extremes. (6 pages)

Describes ways parents can encourage their children to have respect for others. (2 pages)


Suggests ways that working and stay-at-home mothers can prevent burnout from parenting. (1 page)


Presents the thoughts and feelings of several parents of children with learning disabilities. (3 pages)

Suggests that many playground accidents are caused because children are not taught how to play safely on playground equipment. (3 pages)

Describes how children develop language and learn to use basic language skills (speaking, listening, reading and writing). Discusses how teachers test language development and provides a variety of language activities that parents and children can do at home. (28 pages)


Describes how asking questions leads to knowledge and understanding, and can help children become better readers. Although directed at teachers, this article poses interesting questions for everyone. (2 pages)


The author shares an inspiring memory of the first time she wrote a story and shared it with her mother. (3 pages)


Discusses the advantages and disadvantages of encouraging children to read series books (e.g. Baby-Sitters Club). (6 pages)


A mother describes how she and her husband encouraged their son to write stories. (3 pages)

Describes how one teacher used a computer to encourage a student to write in school. An example of how support and encouragement can help children accomplish tasks. (8 pages)


Describes ways families can share books and encourage reading. (3 pages)
Safety


Discusses Hallowe’en safety. (1 page)


Lists traffic safety tips. (1 page)


Provides recommendations for car safety. (1 page)


Discusses the Block Parent Program. (1 page)


Discusses summer hazard prevention. (1 page)


Discusses pedestrian safety and provides teaching tips for parents. (1 page)

Suggests precautions to take to keep outdoor experiences with animals safe and fun. (1 page)


Provides tips for prevention of airway obstruction and accidental poisoning. (1 page)


 Discusses the dangers of household products. (1 page)


Lists simple rules for electrical home safety. (1 page)


Provides tips to prevent barefoot injuries. (1 page)


Provides safety tips for Christmas. (1 page)


Discusses bicycling injuries and safety, and details ways to encourage children to use helmets. (6 pages)
Self-Concept/Self-Esteem


Discusses good and bad aspects of having children compete at sports. Includes tips to help children enjoy playing sports. (2 pages)

Television/Advertising


Describes several ways parents can make television-watching a valuable activity for children. (1 page)


Discusses the effects of television programming and advertising on children’s values and recommends that parents should know what their children are watching on television so they can help them to critically analyze what they are viewing. (2 pages)
Parent Resources Inventory

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