Consultation represents a major role and responsibility of counselors and other mental health professionals working in a variety of settings. Formal training in consultation theory and process is required in the entry-level program standards of the Council for Accreditation of Counseling and Related Educational Programs. Therefore, counselors and counselor educators need to be knowledgeable of the consultation literature as it pertains to the counseling profession. This bibliography contains citations for 101 books, 373 journal articles, and 2 research instruments concerned with consultation. The 476 references were obtained by searching existing databases such as Educational Resources Information Center (ERIC) and Psychological Abstracts, and by collecting reading lists of counselor educators. All references were reviewed by the authors to determine their relevance to the counseling profession. Most of the references contain original annotations by the authors of the bibliography. (Author/NB)
Consultation in the Counseling Profession:
An Annotated Bibliography

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Abstract

Consultation represents a major role and responsibility of counselors and other mental health professionals working in a variety of settings. Formal training in consultation theory and process is required in the entry-level program standards of the Council for Accreditation of Counseling and Related Educational Programs. Therefore, counselors and counselor educators need to be knowledgeable of the consultation literature as it pertains to the counseling profession.

The following bibliography contains 101 books, 373 journal articles and 2 research instruments concerned with consultation. The 476 references were obtained by searching existing databases such as ERIC and Psychological Abstracts, and by collecting reading lists of counselor educators. All references were reviewed by the authors to determine their relevance to the counseling profession. For instance, many of the references retrieved from the Psychological Abstracts under "professional consultation" dealt with medical doctors and were not appropriate for inclusion in the bibliography. Most of the references contain original annotations by the authors of the bibliography.
BOOKS ON CONSULTATION


Gore, G. J., & Wright, R. G. (1979). The academic consultant's connection. Dubuque, IA: Kendall/Hunt. Practical guide to how to be hired as consultant and how to share expertise. For academics.


Macguire, L. M., Temkin, S., & Cummings, P. C. (1971). An annotated bibliography on administering change. Philadelphia: Research for Better Schools. Although the sources are dated this can provide useful background information about modes of change in school systems.


Pfeiffer, J. W., & Jones, J. E. (1977). The 1977 annual handbook for group facilitators. Ethical considerations in consulting. San Diego, CA: University Associates. These monographs were mainstay of group leaders in 70s and some times contain articles or techniques applicable to consultation.


Sarason, S. B. (1971). The culture of the school and the problem of change. Boston: Allyn & Bacon. Although dated many of the descriptions of schools as conservative and resistant to change are still relevant as are some of the proposed strategies.


JOURNAL ARTICLES ON CONSULTATION


Alpert, J. L., & Trachtman, G. M. (1980). School psychological consultation in the eighties: Relevance for the delivery of special services. School Psychology Review, 9, 234-238. Argues that consultation is more relevant than ever given increase1 demands and workloads of school psychologists.


Bossard, M. D., & Gutkin, T. B. (1983). The relationship of consultant skill and school organizational characteristics with teacher use of school-based consultation. School Psychology Review, 12(1), 50-56. 10 elem schools assigned grad student consultants for 14 weeks; results revealed teachers most likely to use consultants they perceived as skilled and when principal supported consultation.


Brown, D. (1989). The perils, pitfalls, and promises of school counseling program reform. Special Issue: Beyond role debate to role implementation. School Counselor, 37(1), 47-53. Author, as outside consultant, describes working with 3 school districts that had deteriorated into ineffectiveness.


Cochran, D. J. (1980). Contracting in consultation: Training guidelines and examples. Counselor Education and Supervision, 20, 125-131. Use written contracts to mark progress through each stage of consultation, define relationship, educate consultee to process. Examples of written contracts are provided.


Coop, L. (1971). Making the most of an educational consultant. School Management, 9, 16-17. Interesting article explores effective consultancy from the consumer's point of view.

Curtis, M. J., & Watson, K. L. (1980). Changes in consultee problem clarification skills following consultation. Journal of School Psychology, 18, 210-221. 8 spec ed. teachers rated as hi or lo skill level on COAF. They consulted reg teachers who rated them. Hi skill consultants spent more time consulting; their teachers reported more useful info.


Fine, M. J., Franz, C., & Maitland, R. (1982). A transactional analysis of two kinds of consultative experiences. Transactional Analysis, 12, 159-161. Consultants rated by teachers as having conducted successful consultations were seen as I'm OK, You're OK, and Adult to Adult communication pattern.


Gallessich, J., & Ladogana, A. (1978). Consultation training program for school counselors. Counselor Education and Supervision, 18, 100-108. 35-hour training module for course or workshop focuses on consult. theory & process, basic & advance skills, workshop leadership; uses role play, video and field experiences.


Griffin, B. L., Gillis, M. K., & Brown, M. (1956). The counselor as a computer consultant: Understanding children’s attitudes toward computers. Elementary School Guidance and Counseling, 20, 246-249. Studied attitudes of children toward computers and concludes that it is important for counselors to assume role as computer consultant in school.


Humes, C. W. (1986). Parent counseling in special education: Case description of a novel approach. School Counselor, 33, 345-349. Describes in-service program to train school personnel and parents to better understand and assist each other; recommends school counselors be involved in assisting parents.


Jackson, M. D., & Brown, D. (1986). Use of systematic training for effective parenting (STEP) with elementary school parents. School Counselor, 34, 100-104. 25 parents participated in 8-session STEP program; 20 parents as control. Modest improvement for STEP participants.
Janney, R. E., & Meyer, L. H. (1990). A consultation model to support integrated educational services for students with severe disabilities and challenging behaviors. JASH 15(3), 186-199. Summarizes the components of a consultation model that utilizes locally available resources and expertise to support integrated school placements, along with specific efforts to remediate individual student needs.


Knoff, H. M. (1985). Discipline in the schools: An inservice and consultation program for educational staffs. School Counselor, 32, 211-218. Describes ten, 4-hour sessions to train teachers in effective behavior management techniques based on all major counseling theories.


LaRose, B. (1988). What can the sport psychology consultant learn from the educational consultant? Sport Psychologist, 2(2), 141-153. Presents higher education consultant as a role model for sport psychologists as a means of reducing confusion of the role of the latter.


Leschied, A. W., Austin, G. W., & Riley, E. (1989). Description and assessment of a crisis consultation program in a youth detention center. Canadian Journal of Criminology, 31(2), 145-154. Argues that child care staff are often called upon to provide service to disturbed and acting-out youth. A program of mental health consultation is proposed to assist detention staff in such situations.


Lovelady, L. (1984). Change strategies and the use of OD consultants to facilitate change: II. The role of the internal consultant in OD. Leadership Organization Development Journal, 5, 2-12. Discusses strategies for change within organization; Describes differences between the way OD is researched and is actually practiced.


Medway, F. J. (1982). School consultation research: Past trends and future directions. Professional Psychology, 13, 422-430. Used meta-analysis to review 58 studies found that clients were 66% better for receiving consultation. Consultant characteristics correlated with successful consultations.


Miles, J. H., & Hummel, D. L. (1979). Consultant training in counselor education programs. Counselor Education and Supervision, 19, 49-53. Surveyed 92 couns. ed. programs; 44% had consult. course, 32.5% required at Master's, 27.5% at doctoral level; 70% courses aimed at individual or small group consultation.

Miller, G. M. (1986). State guidance consultant's views of elementary and middle school counseling. Elementary School Guidance and Counseling, 21, 166-167. State guidance consultants identified most important functions for elementary/middle school counselors as consulting with teachers and parents.


Panther, E. E. (1971). Simulated consulting experiences in counselor preparation. Counselor Education and Supervision, 11, 17-23. 6 Master's counselor trainees received role plays, 6 did not; 6 who did received higher ratings by teachers in subsequent consultation. Argues for role play simulations in training.


Roberts, B. B., & Thorsheim, H. I. (1986). A partnership approach to consultation: The process and results of a major primary prevention field experiment. Prevention in Human Services, 4, 151-186. 10,000 people in 24 Luthern churches were assigned to treatment or control groups. Treatment groups received preventive consultation and consequently reduced distress and alcohol abuse.

Robinson, E. H. M., & Wilson, E. S. (1987). Counselor-led human relations training as a consultation strategy. Elementary School Guidance and Counseling, 22, 124-131. 92 2nd & 5th-grade teachers from 13 schools were divided into 2 groups; group receiving "Heart of Teaching" training model showed better interpersonal skills and students improved academically.


Sandoval, J. (1988). The school psychologist in higher education. School Psychology Review, 17(3), 391-396. Discusses the services provided to higher education by school psychologists. Consultation is considered an important service and is highlighted in this article.


Schmidt, J. J., & Medl, W. A. (1983). Six magic steps of consulting. School Counselor, 30, 212-216. Decide if appropriate; Gather information; Clarify problem; Explore alternatives; Decision; Making the rounds (follow up).


Splete, H., & Bernstein, A. (1981). A survey of consultation training as a part of counselor education programs. Personnel and Guidance Journal, 59, 470-472. Of 144 programs 62% taught consult. as part of other course; 33% consult as separate course and 43% of these required course. Most stressed development/preventive model.


Sweeney, T. J., Navin, S. L., & Myers, J. E. (1984). School counselor education: Shipping water or shaping up? School Counselor, 31, 373-380. School counselors have neglected their role in Individual Educational Programs (IEPs) for special ed. youngsters; should serve as team coordinator for services.


Vincent, T. A. (1986). Two into one: An ecological perspective on school consolidation. Prevention in Human Services, 4(3-4), 113-149. Presents a case of mental health consultation conducted in a suburban school system in the US. A racially mixed school and a mostly white school were combined using consultants.


Weigel, R. G. (1962). Progress in the field of consultation research: I grow at a reasonable pace. Counseling Psychologist, 10, 57-60. Argues that the main accountability problem of consultation is not lack of good research but lack of any research.


Williams, R. E., Omizo, M. M., & Abrams, B. C. (1984). Effects of STEP on parental attitudes and locus of control of their learning disabled children. School Counselor, 32, 126-133. 38 parent-child pairs were divided into STEP and control groups for 9 weeks. STEP group were more accepting and trusting than control after treatment.


RESEARCH INSTRUMENTS ON CONSULTATION
