Early Childhood Education for At-Risk Children: A National Perspective.

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In this policy brief, an introductory review of early childhood education from a national perspective is followed by brief sketches of the north-central region's action and agendas. The states of Illinois, Indiana, Iowa, Michigan, Minnesota, Ohio, and Wisconsin are covered. Concluding commentary identifies three program areas that should be better addressed: provision of developmentally appropriate environments, certification of teachers with regard to standards for early childhood education, and development of parent involvement. References, resources, and state contact persons are listed. (RH)
Early Childhood Education for At-Risk Children
A National Perspective

by Linda Kunesh, NCREL

Since A Nation At Risk (National Commission on Excellence in Education, 1983) was released, a number of reforms have been recommended by many national organizations and groups to improve education in the U.S. Few, however, have received as much support as Early Childhood Education (ECE) for young children who are at risk of academic failure. ECE generally provides developmentally appropriate activities and experiences for young children and opportunities for parents to become actively involved in the development and education of their children. In addition, health, nutrition, day-care, and social services are often provided.

Targeted to youngsters before they reach kindergarten, ECE is advocated by many diverse and influential groups as a major strategy to significantly reduce the risk of academic failure for large numbers of children (e.g., Committee for Economic Development, 1987; the National Governors’ Association, 1986, 1987; the Council of Chief State School Officers, 1987, 1988; the National Association of State Boards of Education, 1988).

Many factors have contributed to this diverse support for public investment in preschool programs. For example, children are now the poorest segment of the nation’s population. In fact, they are seven times as likely to be poor as those over 65 years of age (Moynihan, 1986). Children born in poverty often suffer from gross malnutrition, recurrent and untreated health problems, psychological and physical stress, child abuse, and learning disabilities. Those who survive infancy are three times more likely to become school dropouts than are children from more economically advantaged homes. Frequently, they are children of children and live in single-parent homes (Committee for Economic Development, 1987).

The dramatic increase in the need for child-care arrangements also has contributed to a national focus on young children. During the mid-1980s, 50 percent of mothers with 1-year-olds had already returned to work (Hodgkinson, 1985). The Children’s Defense Fund (1987) predicts that by 1995, two-thirds of all preschool children will have mothers in the workforce.

By 1987, 24 states and the District of Columbia had spent state money on educational programs for preschool-aged children, and most states had targeted these programs for at-risk children (Grub, 1987; Gnezda & Sonnier, 1988). According to the National Conference of State Legislatures (Gnezda & Sonnier, 1988), the most significant factor influencing legislative support for ECE was research that demonstrated short- and long-term academic and social benefits to disadvantaged 3- and 4-year-olds who were enrolled in ECE programs. Children enrolled in ECE programs had higher academic performance, required less special education, had better school attendance and graduation rates, pursued more post-secondary education and training, had higher levels of employment and less unemployment, and had fewer contacts with the criminal justice system (Berrueta-Clement, Schweinhart, Barnett, Epstein, & Weikart, 1984). Barnett (1985) found that for every $1 spent on ECE, $4 to $7 for later, more costly remedial and social programs was saved.

The National Conference of State Legislatures (1989) also reported that 33 state legislatures are considering initiating and/or expanding ECE programs as a major strategy to offset “the risks faced by disadvantaged children, putting them on the road to success at an early age.” There also appears to be strong public support for federal involvement in the care and education of young children. More than 100 child-care bills were introduced during the 100th Congress. Although none became law in 1988, it was speculated at the time of this printing that at least one bill, such as Smart Start or the Act for Better Child Care, will be enacted during 1989.

There is further speculation that funds for Head Start will increase in 1989. As services for young children are proposed, implemented, and expanded, decisionmakers will need to address specific provisions that ensure developmentally appropriate curriculum and teaching practices; coordinated, comprehensive services for young children and their families; state and local accountability; and program improvement.
Regional Action & Agendas

Illinois

The Illinois General Assembly passed legislation in 1985 authorizing the Illinois State Board of Education (ISBE) to implement a grant program for public school districts to conduct preschool screening and educational programs for 3- and 4-year-olds who are at risk of academic failure. Since 1985, approximately $58.3 million has been appropriated for the program including $23.9 million for FY89. Approximately 11,200 3- and 4-year-olds (of an estimated 112,000 eligible children) are currently being served in 135 projects.

Legislation

ISBE has requested $45.9 million to fund the program for the 1989-90 school year so that more eligible children may be served. In addition, the State Board of Education has approved a change in prekindergarten teacher requirements and will seek legislation to authorize this change.

Future

ISBE is committed to serving young children at risk of academic failure. Additional children will be served as more money becomes available through the legislature.

Indiana

Beginning with the 1988-89 school year, the Indiana Legislature appropriated $20 million per year for school-based programs to assist with the educational development of at-risk students. The law stipulates that eligible programs may include preschool, full-day kindergarten, parental and community involvement, transitional programs, tutoring, remediation, expanded use of school counseling, individualized and model alternative education.

Under this program 20 preschool programs were established using $518,206 and serving 2,108 students classified as at-risk. This funding has also served 2,281 students not classified as at-risk. Local corporations have contributed an additional $24,633.

Legislation

Legislation passed by the 1989 General Assembly increases the funding for the At-Risk program by about $2 million in the second year of the biennium with a requirement that the increase be used for preschool programs.

Other legislation requires the Department of Education to study "readiness" tests which could be implemented by school corporations; students in kindergarten through grade two.

Future

Support for preschool programs is picking up momentum. The current Governor campaigned on a platform that promised significant funding support for preschool programs. The Department of Education proposed that $10 million be appropriated to preschool special education in order for the state to receive $12 million in federal matching funds. This proposal is expected to gain more support as the 1991 federal deadline approaches.

Iowa

Beginning January 1, 1989, Iowa funded 24 grant programs for at-risk 3- and 4-year-olds with $12 million in state funds, serving 364 children. The Child Development Coordinating Council, a nine-member inter-agency council, oversees this new initiative. A Head Start-like model is used and provides health, nutrition, education, and human services with a strong parent component.

Legislation

The current funding formula extends through December 31, 1989. The 1989 Iowa General Assembly is expected to allocate additional funds. New legislation allocates $11 million for birth through third grade, as well as for junior high and high school at-risk programs.

Future

The Iowa Department of Education plans to continue as the lead agency. Increased funding is expected. The Coordinating Council's role and responsibilities are expected to increase.

Michigan

Through legislative action the Department of Education has received $17.3 million dollars in fiscal years 1987-88 and 1988-89 to establish and implement a state early childhood education program for 4-year-olds. Moneys were appropriated to local and intermediate school districts operating preschool programs. Head Start grantees, university laboratory centers, and community child development/child-care centers, effective September 1, 1988. The Governor has recommended an increase of $23 million for 1989-90 programs.

Legislation

Michigan is reviewing legislation for completion by June 1989. Proposed changes are 1) an increase in funding of per capita child allowances from $2,000 to $2,250, 2) allowing competition projects to be funded for with project review and evaluation, and 3) evaluation of each project to be comprehensive and include all program components.

Future

The Department instituted and will continue efforts to strengthen the early childhood programs including provision of technical assistance, training workshops, establishment of a monitoring and program review system, and collaboration to identify issues and strategies for program enhancement.

Minnesota

Minnesota sees widespread support from the early childhood education/care community for early childhood programs as well as interest in providing options for families with young children and support for integrating disadvantaged children with all others. The Governor's budget would add $1 million for the biennium for a Pre-K at-risk grant; $3 million for the biennium for Early Childhood Family Education (ECFE); $16 million for Head Start; and $3 million for expanded Early Childhood Health and Developmental Screening.

Legislation

Current legislation includes the above plus extended day programs in schools. A lower level of funding than the Governor's recommendation is expected. ECFE is competing with needs for additional funding in K-12 and higher education. However, there is strong support for known programs, such as Head Start and ECFE.

Future

Longitudinal evaluation of ECFE, emphasis on coordination of programs, and application of information through workshops are planned for the future.

Ohio

The State Board of Education legislative recommendations to the Governor and General Assembly included a funding request to provide preschool programs for at-risk 4-year-olds and parent programs because the schools alone cannot solve the problem of at-risk children.

Legislation

H.P. 67, which was enacted by the last General Assembly with an effective date of March 17, 1989, gave school districts eligible to receive Disadvantaged Pupil Impact Aid the
Guest Commentary

by Irene Fry, Assistant Superintendent, Ohio Department of Education

Society today presents an environment for many children which will affect their readiness for formal learning. The proportion of children living in poverty has risen since 1970 to over 20 percent and it is much higher among single-parent, female-headed families. The percentage of single parents and married women in the workforce has risen steadily. The time afforded to the care and nurturing of children becomes limited and the need for external child care grows. Children born to teens, children living with abuse, and children with parents who abuse alcohol and drugs present a challenge to the early childhood education field as it works to assure each child the opportunity for success as he or she begins school.

Early intervention appears to be moving from concept to reality across the region. The recognition that an ounce of prevention (early childhood education) is worth a pound of cure (remediation) has assisted legislators and governors to make commitments to preschool education, early identification and intervention programs, and all-day kindergarten. In most states, the commitment has been reflected in budget as well as programs.

Although states are approaching implementation in a variety of ways, each is expanding programs as funds become available, especially targeting children who are at risk of beginning school successfully. As we look at the expansion, we must assure that quality is emphasized regardless of where the program is implemented.

Three areas of great importance which are only partially addressed in the region need to be considered. First, there is a growing consensus among early childhood advocates and educators that preschool and kindergarten programs offer developmentally appropriate activities. Providing this type of environment ensures that children are engaged in the activities which will enhance their readiness for more formal, cognitive learning as they enter into elementary school. Certainly young children need play activities, but they can be integrated into the scope and sequence of the curriculum in a meaningful way. Thus the child's development progresses at an individual pace taking him or her through each appropriate level of learning.

Secondly, the teachers in early intervention programs should be certified under standards for early childhood education. Understanding human growth and development of the young child, how children learn, and the sequence of learning is critical to developing and delivering programs that will make a difference for children, and particularly at-risk children. Other adults with a variety of training levels can assist in the implementation of programs. Maintaining a realistic and safe adult-child ratio is critical to the success of a program. As new concepts and approaches are identified, a mechanism for ongoing staff development should be in place.

A third area is parent involvement. Many parents who wish to be helpful to their young children need assistance. Reaching out to these parents and giving them the skills to work with their child at home supports the early childhood program activities in a meaningful way. Certainly the success of Head Start is partially due to the efforts to involve parents in their children's learning and development. Once success begins, parents will more likely stay engaged with the program or school and stay involved with their child.

Recognizing that education cannot provide the comprehensive services required by young children and their families, there is a need to provide for solid interagency collaborations. Areas such as nutrition and social services are important for the general well-being of the child.

What are our challenges if we are to assure quality early childhood education?
- Strong building and program leadership;
- Standards for training and certification;
- Standards for developmentally appropriate activities as well as healthy, safe environments;
- Parenting components to each program; and
- Collaborative efforts for comprehensive services.

We can learn from each other and eliminate the duplication of trial and error. Resources are limited — let us work together and communicate so that all may benefit as we build success for our next generation of children.
References & Resources


National Conference of State Legislatures (1989) Educational improvements emerge: Priorities for '89 State Legislatures. (15, No. 2) 6


Additional Resources


Opinions expressed in the commentary do not necessarily reflect the views of the NCREL staff. Briefs and data presented in NCREL's Policy Briefs are intended to convey current issues and trends in education and practice.

Policy Briefs

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