This guide describes the home economics program in Virginia, including curriculum and course content. The first section of the guide is an overview of home economics in general and the junior high and high school home economics program as delivered in Virginia. Information on student organizations, a course list, and a chart of program sequences are included. The following five sections describe the programs of secondary home economics: orientation and exploration; occupational home economics; senior intensified—specialized occupations; special programs; and consumer and homemaking. Each program description lists and describes the courses that are part of it, including course content, grade levels, and prerequisites. The final section of the guide provides information on how home economics courses fulfill high school graduation requirements. (KC)
A Guide to Vocational Program Planning for Home Economics Education

Commonwealth of Virginia
Department of Education
Vocational and Adult Education
Richmond, Virginia 23216
A GUIDE TO VOCATIONAL PROGRAM PLANNING
for
Home Economics Education

Developed by
Division of Vocational Program Services
Home Economics Education
Commonwealth of Virginia
Department of Education
Richmond, Virginia 23216

1988
OVERVIEW

The family forms the basis of vocational home economics education just as business, industry, and agriculture form the basis of other vocational education programs. Common to all vocational disciplines is the concept of work, and as one of these disciplines, home economics has the work of the family as its fundamental concept.

Vocational home economics provides educational opportunities in two ways. The home component provides for young people the opportunity to prepare for work in the family enterprise. In the job component, young people explore and prepare for jobs that originate from the family enterprise. This component concerns mastering job entry-level skills, advancing in related occupations, and continuing education in postsecondary vocational or university settings.

In both components, students continue to develop and refine the basic skills of reading, writing, oral communication, and computation. In addition, they learn career development skills, employability skills, and skills related to the work of the family. Home economics education places a special emphasis on the development of reasoning skills, such as distinguishing between fact and opinion, identifying problems and evaluating ways to solve them, and recognizing and using inductive and deductive reasoning.

PROGRAM GOALS

The content of all home economic courses is directed toward the achievement of an entire set of program goals. A concern for career development, job and employability skills, the value of work and the family, and the enhancement of reading, writing, speaking, listening, computing, and reasoning skills form the basis of these program goals.

Goals of the home economics program are to help students

* develop knowledge about the skills for work in the family enterprise and for jobs originating from the family enterprise

* explore and understand the relationship between the concepts of work and family and how to use these concepts

* become more rational and responsible in decisions and actions involving home and family.
OCCUPATIONAL HOME ECONOMICS

The occupational program provides content and learning experiences that help students

* identify the relationship of home economics related jobs to one another and understand their relation to the family and to other institutions

* develop insights about their own and others' attitudes toward work

* develop the ability to work in a chosen home economics related occupation.

Occupational home economics education may be provided through two methods of instruction or a combination of the two. These methods include (1) simulated laboratory and classroom instruction, (2) classroom instruction and on-the-job training, or (3) simulated laboratory instruction, classroom instruction, and on-the-job training.

**Sequenced Two-Year Occupational Programs**

**Simulated Laboratory Instruction**

Simulated laboratory occupational courses are offered as a double and/or triple period scheduled for 36 weeks and a two-year period of time. The classes are scheduled for consecutive periods per day and for consecutive years. A double-period year offers 2 Carnegie units; a triple-period year offers 3 Carnegie units. The simulated laboratory environment should be designed with state-of-the-art equipment.

**Cooperative Education Instruction**

Home Economics Cooperative Education (HECE), a full time cooperative education program, is offered one period a day for 36 weeks. The program is two years in length. The student should begin on-the-job-training within two weeks after the start of the school year. If a student transfers into the program from another school, the two-week deadline for placement on the job is also applicable.

For 2 Carnegie units, the student should be given two hours of school release time and have 405 hours of supervised work experience per school year. This experience averages two hours per day for five days a week. For a transfer student, not previously enrolled in a cooperative education program, the remainder of the school year shall accommodate 200 work hours for two credits.

For 3 Carnegie units, the student should be given three hours of school release time and have 540 hours of supervised work experience per school year. This experience averages three hours per day for five days a week. For a transfer student, not previously enrolled in a cooperative education program, the remainder of the school year shall accommodate 270 hours of supervised work experience for three credits.

The cooperative work experience is supervised by the home economics teacher, and a training agreement and plan should be developed cooperatively by the training sponsor, teacher-coordinator (home economics teacher), and the student.
A training site approved for occupational home economics education training must be classified as an occupation requiring knowledge and skills in one or more of the following home economics programs: child care and guidance management and services; clothing, apparel, and textile management, production, and services; food production, management, and services; home furnishings and equipment management, production, and services; and institutional, home management, and supporting services.

All students enrolled in occupational home economics are encouraged to join Home Economics Related Occupations (HERO) chapters of the home economics student organization, Virginia Association, Future Homemakers of America, Inc. The Future Homemakers of America, Inc. is an integral part of the home economics occupational program in that it contributes to employability by helping students develop personal employability skills and job-searching skills in all occupational preparation programs.

CONSUMER AND HOMEMAKING

The consumer and homemaking education program provides content and learning experiences that help students

* recognize the role of the family in society and its relationship to other institutions
* recognize the work for which the family is responsible in society
* recognize the conditions in the family and society that affect the family's ability to carry out its work
* develop the ability to help others recognize the work of the family as important.

Students have the opportunity to explore the individual development of each member of the family through the major instructional areas of child development and guidance, clothing and textiles, consumer education, family life and parenting, food and nutrition, and housing and home management (including resource management).

All courses meet five days a week, a single period per day. Extended learning experiences, including internships, beyond the classroom environment are encouraged and are supervised by the home economics teacher. The satisfactory completion of two years of consumer and homemaking education are required for program completion.

All students enrolled and those who have been enrolled previously in vocational home economics programs are eligible for and encouraged to join their local chapter of the home economics student organization, Virginia Association, Future Homemakers of America, Inc. The Future Homemakers of America organization is an integral part of the program in that it extends and enriches classroom experiences by helping individuals to improve personal, family, and community living and to develop leadership skills.
SPECIAL PROGRAMS

Regular programs are modified to address the needs of special students. Some of the identified needs include opportunities for the gifted and talented, the disadvantaged, the handicapped, and the limited English proficiency students.

ADULT EDUCATION PROGRAMS

Vocational home economics adult education programs provide continuing education for out-of-school youth and adults. These programs are designed to assist participants in their roles of homemaker, wage earner, consumer, and family member.

The rapid changes in social, economic, and technological areas have prompted the need for continuing or life-long learning. Vocational home economics adult education offers both consumer and homemaking and occupational programs.

Consumer and Homemaking Programs
(Minimum of twelve hours per course)

Programs in consumer and homemaking adult education are considered to be supplemental in nature. They are designed to provide training for persons already engaged in the nonwage-earning occupation of homemaking or for those who have entered the labor market and need updated and upgraded training to achieve stability and advancement.

The purpose of consumer and homemaking adult education is to improve the quality of life of individuals and families. These programs address the needs and interests of people, both male and female, including those with special needs, at various stages in the life cycle. Each course meets for a minimum of 12 hours, and areas of study include the following courses:

Child Development
Clothing Management
Consumer Education and Home Management
Parenting Education
Family Life Education
Family Management Skills

Food Management and Nutrition
Housing, Home Furnishings, and Decoration
Managing the Family Income
Energy Management and Conservation for Families and Individuals
Young Homemakers of Virginia

Occupational Home Economics Programs

Programs in occupational home economics adult education are considered to be preparatory in nature. They are designed to provide training for persons who are employed but need training or who need retraining in preparation for a new occupation. Specifically, the programs provide training or retraining in the areas of home economics-related occupational knowledge, skills, attitudes, and behaviors.
Adult education occupational programs in home economics may be offered in the following areas:

- Cake Decorating
- Catering
- Child Care
- Clothing Alterations
- Clothing Construction
- Dietary Aide
- Fashion Design
- Food Service
- Home and Institutional Services
- Home Furnishings
- Quantity Food Cookery
- Tailoring
- Upholstery
- Other Related Areas With Approval

STUDENT ORGANIZATIONS

Future Homemakers of America/Home Economics Related Occupations

Future Homemakers of America, Inc. is a national vocational student organization. The Virginia Association of Future Homemakers of America, Inc., is the state affiliate of this national organization. Schools and home economics classes shall form local chapters that affiliate with the state and national organizations. Local FHA, HERO, or FHA/HERO chapters associated with a school's home economics program support opportunities for students to initiate and carry out individual chapter projects.

A goal and specific purposes provide direction for the organization at all levels.

Goal

* To help youth assume their roles in society through home economics education in areas of personal growth, family life, vocational preparation, and community involvement.

Purposes

* To provide opportunities for self-development and preparation for family and community living and for employment
* To strengthen the function of the family as the basic unit of society
* To encourage democracy through cooperative action in the home and community
* To encourage individual and group involvement in helping achieve worldwide brotherhood
* To institute programs promoting greater understanding between youth and adults
* To provide opportunities for decision-making and for assuming responsibility
* To become aware of the multiple roles of men and women in today's society
* To develop interest in home economics, home economics careers and related occupations

Home Ec 5
Opportunities to use the community as a resource and to participate in local, state, national, and international activities can help students attain a wholeness of perspective. These varied opportunities also help students learn new methods of forming partnerships and working together that can be applied to working with peers and with teachers.

Membership in Future Homemakers of America, Inc. is open to all students who are enrolled in or have taken a course in home economics. FHA chapters emphasize preparation for community and family life, while recognizing that family members fill dual roles as wage earners. HERO chapters emphasize preparation for jobs and careers in home economics related occupations, recognizing that wage earners fill multiple roles as family members.

FHA/HERO may be incorporated into the program through an in-class or out-of-class chapter with one or more advisers per school. This type of chapter would include students who are enrolled in or have taken courses in occupational and/or consumer and homemaking education.

Young Homemakers of Virginia

The student organization of the Consumer and Homemaking Adult Education program provides homemakers of all ages, both male and female, an opportunity for life-long learning. This organization has its own Program of Work with the following goals:

* To preserve, enrich, and strengthen family life, recognizing that the family unit is of fundamental importance to the happiness of individuals and the improvement of the community

* To find new ways of working together in a group for the purpose of developing and facilitating opportunities for organized education in homemaking and family living

* To share ways of improving family life, economic well being, physical and mental health, child care, beauty in home surroundings, management, nutrition, clothing, and family relationships

* To develop qualities and abilities necessary for creative leadership roles in home and community.

PROGRAM APPROVAL FOR VOCATIONAL EDUCATION FUNDS

A minimum program in Consumer and Homemaking Education approved for Vocational Education funds must include course offerings in Life Management Skills I and II, each for 36 weeks, or Life Management Skills I for 36 weeks and a choice of three unduplicated semester courses, each 18 weeks in length. Other course offerings may be 36 and/or 18 weeks. Courses fewer than 18 weeks and courses offered below the seventh grade are not funded through state and federal allocations, except through the request for proposal (RFP) method of funding.
SUBSTITUTION FOR HIGH SCHOOL MATHEMATICS AND SCIENCE CREDIT

Students successfully meeting the requirements of a Consumer and Homemaking program or an Occupational Home Economics program offering beyond the introductory level may substitute it for one unit of science or mathematics, whichever is the most applicable, in the 21-unit diploma system, if approved locally. Details concerning substitution requirements and sample student schedules follow the course description pages.
VOCATIONAL HOME ECONOMICS EDUCATION
Recommended Program Sequence

OCCUPATIONAL HOME ECONOMICS

Introduction to Occupational Home Economics (Grades 9-11)

Child Care Occupations (Grades 11-12)
Food Occupations (Grades 11-12)
Home and Institutional Services (Grades 11-12)
Senior Intensified Programs (Grade 12)

Clothing Occupations (Grades 11-12)
Home Furnishings Occupations (Grades 11-12)
Special Programs (Ungraded)

Catering Specialist
Clothing Specialist
Hotel/Motel Specialist

Life Management Skills I (Grades 9-11)

Home Economics Cooperative Education (Grades 11-12)

Economic and Consumer Decisions (Grades 9-12)
Nutrition and Food Science Applications (Grades 9-12)
Specialized Semester Courses (Grades 9-12)

Economic and Consumer Skills II (Grades 9-12)

Life Management Skills II (Grades 9-12)

CONSUMER & HOMEMAKING

Adult Education

Family Management Skills (Grades 10-12)
Home Science Applications and Resource Management (Grades 9-12)
Clothing Management/Textiles, Color and Design (Grades 9-12)

Adult Education

Disadvantaged
Handicapped
## HOME ECONOMICS PROGRAMS AND COURSES

### OCCUPATIONAL HOME ECONOMICS

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# Home Economics Programs and Courses
## Consumer and Homemaking

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<td>Personal Consumer Decisions</td>
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<td>Marriage and the Family</td>
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<td>Child Development and Parenting</td>
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<td>TEXTILES AND FASHION PRODUCTION</td>
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<td>Clothing Management</td>
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<td>9-12</td>
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</table>

It is recommended, but not required, that all courses listed for a particular program be taken in sequence.

When a maximum class size has not been identified, the school division will be responsible for determining class size based on classroom safety and number of work stations available.
Recommended Program Sequence

Teen Living (Grades 7-8)

Life Management Skills I (Grades 8-11)

Introduction to Occupational Home Economics (Grades 9-10)

Child Care Occupations (Grades 11-12)

Food Occupations (Grades 11-12)

Home and Institutional Services (Grades 11-12)

Senior Intensified Programs (Grade 12)

Clothing Occupations (Grades 11-12)

Home Furnishings Occupations (Grades 11-12)

Special Programs (Ungraded)

Disadvantaged

Handicapped

Catering Specialist

Clothing Specialist

Hotel/Motel Specialist

Adult Education

Home Economic Cooperative Education (Grades 11-12)
Description: The objective of the middle/junior high school courses is to promote a greater understanding of vocational home economics education options and to assist in making meaningful and informed vocational choices. The focus of the courses is exploratory in nature.

CIP Code: 20.0105 Consumer and Homemaking Education, Other

Suggested Grade Level: 7-8

Prerequisites: None

Approved Courses: Teen Living Grade 7 (8206/8208) Teen Living Grade 8 (8210)

Related Postsecondary Programs: Child Development, Care, and Guidance Clothing, Textiles, and Merchandising Education Family Life and Human Services Home Economics Related Communications and Journalism Housing, Home Furnishings, and Equipment
Teen Living Grade 7 8206 (18 weeks)
Teen Living Grade 7 8208 (36 weeks)

Grade Level: 7 (suggested)
Prerequisites: None

These single-period courses give emphasis to grooming and personal care, clothing management, getting along with others, becoming a more responsible person, accepting home responsibilities, and family life education. Incorporated in these units are concepts/competencies related to using money wisely. Extended learning experiences beyond the classroom are encouraged and are supervised by the home economics teacher. The 36-week course covers additional skills in each area or additional areas according to the needs and interests of the students as determined by the teacher.

Teen Living Grade 8 8210 (18 weeks)

Grade Level: 8 (suggested)
Prerequisites: None

This single-period course includes emphasis on the young consumer in the home, developing one's potential as a family member, career awareness, and developing quality in family living. Extended learning experiences beyond the classroom are encouraged and are supervised by the home economics teacher.
Description: The objectives of the occupational home economics program are to prepare individuals, including the handicapped and disadvantaged, for employment in jobs requiring home economics knowledge and skills and to develop personal employability and employment-seeking skills. Completion of one or two years of consumer and homemaking courses or the course Introduction to Occupational Home Economics is recommended for students entering the occupational home economics program. Occupational programs are two years in length and should begin in the eleventh grade. Classes meet daily during a one-, two-, or three-hour block.

CIP Code:
- 20.0100 Introduction to Occupational Home Economics
- 20.0201 Child Care Occupations
- 20.0301 Clothing Occupations
- 20.0401 Food Occupations
- 20.0501 Home Furnishings
- 20.0601 Home and Institutional Services

Prerequisites: None – Introduction to Occupational Home Economics or Life Management Skills is strongly recommended.

Approved Courses:
- Introduction to Occupational Home Economics (8220/8221)
- Child Care Occupations I (8285)
- Child Care Occupations II (8286)
- Clothing Occupations I (8280)
- Clothing Occupations II (8281)
- Food Occupations I (8275)
- Food Occupations II (8276)
- Home Furnishings Occupations I (8295)
- Home Furnishings Occupations II (8296)
- Home and Institutional Services I (8290)
- Home and Institutional Services II (8291)
- Home Economics Cooperative Education I (8293)
- Home Economics Cooperative Education II (8294)
Related Postsecondary Programs:

Child Care and Guidance Management and Services
- Child Care Aide/Assisting
- Child Care Management
- Foster Care/Family Care
- Teacher Aide

Clothing, Apparel, Textiles Management, Production and Services
- Clothing Maintenance Management (Dry Cleaning)
- Commercial Garment and Apparel Construction Management
- Custom Apparel/Garment Seamstress
- Custom Tailoring and Alteration
- Fashion/Fabric Coordinator
- Textiles Testing
- Wedding/Specialty Consulting

Food Production, Management, and Services
- Baking
- Chef/Cook
- Dietetic Aide/Assisting
- Food Catering
- Food Service Management
  - Commercial
  - Institutional
  - School Lunch
- Food Testing

Home Furnishings and Equipment Management, Production, and Services
- Custom Drapery and Window Treatment Design/Making
- Custom Slipcovering and Upholstering
- Floral Design
- Home Decorating
- Home Furnishings Assistant
- Home-Service Assisting/Demonstration

Institutional, Home Management, and Supporting Services
- Gerontology
- Consumer Services
- Custodial Services Management
- Executive Housekeeping Management
- Therapeutic Recreation
**Introduction to Occupational Home Economics 8220 (18 weeks)**

Grade Level: 9 or 10 (suggested)  
Prerequisites: None

This course introduces students to a variety of work experiences and to a variety of jobs in which home economics knowledge and skills are fundamental.

**Introduction to Occupational Home Economics 8221 (36 weeks)**

Grade Level: 9 or 10 (suggested)  
Prerequisites: None

This course introduces students to a variety of work experiences and jobs. It affords first-hand opportunities in work situations and enables students to begin to equate their interests and abilities with possible career objectives in a specific occupational area. Emphasis also is placed on the development of personal qualities and job-seeking skills for employment.
Child Care Occupations I 8285 (36 weeks)

Grade Level: 11 (suggested)  
Prerequisites: Introduction to Occupational Home Economics is recommended.

Child Care Occupations I is designed to assist students in developing the skill and understanding needed in working with small children. Emphasis also is placed on the development of personal qualities and job-seeking skills for employment.

Child Care Occupations II 8286 (36 weeks)

Grade Level: 12 (suggested)  
Prerequisites: Child Care Occupations I

Child Care Occupations II is an in-depth extension of Child Care Occupations I. This course emphasizes occupational skills for workers in child care centers, workers serving as foster parents, child care attendants, kindergarten aides, or child care assistants. Cooperative (on-the-job) education under the supervision of the instructor is an option. A training agreement and plan for each student is filed in the home economics department. The training agreement and plan should be a cooperative effort by the training sponsor, teacher-coordinator (home economics teacher), and student.
Clothing Occupations I 8280 (36 weeks)

Grade Level: 11 (suggested)

Prerequisites: Introduction to Occupational Home Economics is recommended.

Clothing Occupations I is designed to introduce skills for entry-level jobs in clothing occupations. Students are prepared for semi-skilled and skilled jobs in clothing such as alterationist, custom sewer, factory worker (assembly line), stitcher, and sewer. Emphasis is also placed on the development of personal qualities and job-seeking skills for employment.

Clothing Occupations II 8281 (36 weeks)

Grade Level: 12 (suggested)

Prerequisites: Clothing Occupations I

Clothing Occupations II is designed to build upon and refine the skills developed in Clothing Occupations I. Students are prepared for skilled occupations such as custom dressmaker, custom tailor, assembly line supervisor, or wardrobe and entrepreneur consultant. Cooperative (on-the-job) education in factories, clothing industries, and other such establishments is an option. A training agreement and plan for each student is filed in the home economics department. The training agreement and plan should be a cooperative effort by the training sponsor, teacher-coordinator (home economics teacher), and the student.
Food Occupations I 8275 (36 weeks)

Grade Level: 11 (suggested)  
Prerequisites: Introductio, to Occupational Home Economics is recommended.

Food Occupations I prepares students for employment as waiter-waitress, dining room attendant-bus person, counter attendant, caterer helper, and hospital dietary aide. Emphasis is placed on the development of personal qualities and job-seeking skills for employment.

Food Occupations II 8276 (36 weeks)

Grade Level: 12 (suggested)  
Prerequisites: Food Occupations I

Food Occupations II is designed to provide in-depth instruction in food preparation, development of personal qualities for job success, and employment opportunities in the food industry. Emphasis is placed on helping students acquire competencies necessary for advancement into such skilled areas as cook, food-service supervisor, cafeteria or lunchroom manager, and entrepreneur. Cooperative (on-the-job) education coordinated by the instructor is an option. A training agreement and plan for each student is filed in the home economics department. The training agreement and plan should be a cooperative effort by the training sponsor, teacher-coordinator (home economics teacher), and the student.
Home Furnishings Occupations I 8295 (36 weeks)

Grade Level: 11 (suggested)  
Prerequisites: Introduction to Occupational Home Economics is recommended.

Home Furnishings Occupations I is designed to prepare students for occupations in the planning, selecting, and constructing of slipcovers, draperies, upholstery, and other jobs in home decoration. Emphasis also is placed on the development of personal qualities and job-seeking skills for employment.

Home Furnishings Occupations II 8296 (36 weeks)

Grade Level: 12 (suggested)  
Prerequisites: Home Furnishings Occupations I

Home Furnishings Occupations II is designed to enhance skills developed in Home Furnishings Occupations I. Students prepare for employment as interior decorator's assistant, upholsterer's assistant, or home furnishings sewer. Cooperative (on-the-job) education coordinated by the instructor is an option. A training agreement and plan for each student is filed in the home economics department. The training agreement and plan should be a cooperative effort by the training sponsor, teacher-coordinator (home economics teacher), and the student.
Home and Institutional Services I 8290 (36 weeks)

Grade Level: 11 (suggested)  
Prerequisites: Introduction to Occupational Home Economics is recommended.

Home and Institutional Services I is designed to prepare students as housekeeping aides for motels and hotels, business and professional offices, churches, and schools; institutional and appliance demonstrators; and for related jobs in private homes, nursing homes, or hospitals. This course is designed to help students develop skills in the use and care of furniture, furnishings, cleaning appliances, equipment, and supplies; gain an understanding of the procedures for cleaning and straightening a room; and learn basic safety practices. Emphasis also is placed on the development of personal qualities and job-seeking skills for employment.

Home and Institutional Services II 8291 (36 weeks)

Grade Level: 12 (suggested)  
Prerequisites: Home and Institutional Services I

Home and Institutional Services II is designed for advanced skill development. Students prepare for employment in homes or as institutional or executive housekeepers, management assistants, inspectors, and entrepreneurs. Cooperative (on-the-job) education coordinated by the instructor is an option. A training agreement and plan for each student is filed in the home economics department. The training agreement and plan should be a cooperative effort by the training sponsor, teacher-coordinator (home economics teacher), and the student.
Home Economics Cooperative Education I 8293 (36 weeks)

Grade Level: 11
Prerequisites: None

HECE I is a cooperative work experience program that combines a single period of daily classroom instruction with two or three hours of school release time per day for students to experience on-the-job training in business and industry. A two-credit course requires 405 hours of cooperative work experience per year, and the three-credit course requires 540 hours of cooperative work experience per year. The program trains for occupations requiring knowledge and skills in one or more of the following home economics programs: child care and guidance management and services; clothing, apparel, and textile management, production, and services; food production, management, and services; and institutional, home management, and supporting services.

Home Economics Cooperative Education II 8294 (36 weeks)

Grade Level: 12
Prerequisites: HECE I

HECE II is a cooperative work experience program that combines a single period of daily classroom instruction with two or three hours of school release time per day for students to experience on-the-job training in business and industry. A two-credit course requires 405 hours of cooperative work experience per year; the three-credit course requires 540 hours of cooperative work experience per year. The program trains for occupations requiring knowledge and skills in one or more of the basic home economics programs identified above. HECE I is a prerequisite for HECE II.
**Description:** The objective of this program is to prepare individuals for employment in jobs requiring home economics skills and knowledge. The program assists in the development of personal employability and employment-seeking skills. Cooperative work programs are implemented in the program whenever possible.

**CIP Code:**
- 20.0405 Catering Specialist
- 20.0306 Clothing Specialist
- 20.0605 Hotel/Motel Specialist

**Suggested Grade Level:** 12

**Prerequisites:** None

**Approved Courses:**
- Catering Specialist (8279)
- Clothing Specialist (8289)

**Related Postsecondary Programs:**
- Hotel-Restaurant-Institution Management
- Clothing, Textiles, and Merchandising Management
Catering Specialist 8279 (36 weeks)

Grade Level: 12 (suggested)  Prerequisites: None

Catering Specialist is a double-period class designed to prepare students in the art of planning, arranging, preparing, and serving food and beverages at a variety of social functions, and in preparing and packaging food products for boxed meals, parties, or other special occasions. Cooperative education (on-the-job training) or simulated experiences are provided during the second semester.

Clothing Specialist 8289 (36 weeks)

Grade Level: 12 (suggested)  Prerequisites: None

Clothing Specialist is a double-period class that includes instruction in wardrobe planning, clothing care, alteration of clothing, selection of clothing and accessories, arranging fashion shows, and rendering consultative services regarding clothing. This course is for students who have artistic and creative ability and possess the ability to work with and cater to individual tastes. Cooperative education (on-the-job training) or simulated experiences are provided during the second semester.

Hotel/Motel Specialist 8292 (36 weeks)

Grade Level: 12 (suggested)  Prerequisites: None

Hotel/Motel Specialist is a double-period class that includes instruction in commercial cleaning services, such as the care of resilient floors, carpets, and upholstery in hospitals and hotels or motels. Residential cleaning is also covered in the course. Instruction in kitchen and bathroom care, clothing care, label information, and laundry principles is included.
PROGRAM: SPECIAL PROGRAMS

Description: These classes are designed for students who require special services and assistance and are approved for certain school divisions where such needs have been identified. This program offers students different approaches to gaining skills needed for employment. It is recommended that guidance counselors and others work very closely with students who enroll in special programs. These programs are offered as a double period for 36 weeks; a double period is required for program completion. Students must have been properly identified as disadvantaged or handicapped to be eligible for the program.

CIP Code: 20.0299 Child Care Occupations  
20.0399 Clothing Occupations  
20.0499 Food Occupations  
20.0599 Home Furnishings Occupations  
20.0699 Home and Institutional Services  
20.9900 Production, Management, and Services

Suggested Grade Level: Ungraded

Prerequisites: None

Approved Courses: Occupational Home Economics--Handicapped (8222)  
Occupational Home Economics--Disadvantaged (8224)
Occupational Home Economics—Handicapped 8222 (36 weeks)

Occupational Home Economics for the Handicapped may be a modified program in the following content areas: Child Care Occupations, Clothing Occupations, Food Occupations, Home Furnishings Occupations and Home and Institutional Services. Another option to the modified program may be a comprehensive plan that includes three or more of the occupational home economics areas above; the program would be titled Production, Management, and Services. Students must be properly identified as handicapped.

Occupational Home Economics—Disadvantaged 8224 (36 weeks)

Occupational Home Economics for the Disadvantaged may be a modified program in the following content areas: Child Care Occupations, Clothing Occupations, Food Occupations, Home Furnishings Occupations, and Home and Institutional Services. Another option to the modified program may be a comprehensive plan that includes three or more of the occupational home economics areas above; the program would be titled Production, Management, and Services. Students must be properly identified as disadvantaged.
CONSUMER & HOMEMAKING EDUCATION

Recommended Program Sequence

Teen Living (Grades 7-8)

Life Management Skills I (Grades 8-11)

Life Management Skills II (Grades 9-12)

Economic and Consumer Decisions (Grades 9-12)

Nutrition and Food Science Applications (Grades 9-12)

Specialized Semester Courses (Grades 9-12)

GRADS (Grades 7-12)

Family Management Skills (Grades 10-12)

Home Science Applications and Resource Management (Grades 9-12)

Clothing Management/Textiles, Color and Design (Grades 9-12)

Adult Education
Description: The objective of the middle/junior high school courses is to promote a greater understanding of vocational home economics education options and to assist in making meaningful and informed vocational choices. The focus of the courses is exploratory in nature.

CIP Code: 20.0105 Consumer and Homemaking Education, Other

Suggested Grade Level: 7-8

Prerequisites: None

Approved Courses: Teen Living Grade 7 (8206/8208)
Teen Living Grade 8 (8210)

Related Postsecondary Programs:
- Child Development, Care, and Guidance
- Clothing, Textiles, and Merchandising Education
- Family Life and Human Services
- Home Economics Related Communications and Journalism
- Housing, Home Furnishings, and Equipment
Teen Living Grade 7 8206 (18 weeks)
Teen Living Grade 7 8208 (36 weeks).

Grade Level: 7 (suggested)  Prerequisites: None

These single-period courses give emphasis to grooming and personal care, clothing management, getting along with others, becoming a more responsible person, accepting home responsibilities, and family life education. Incorporated in these units are concepts/competencies related to using money wisely. Extended learning experiences beyond the classroom are encouraged and are supervised by the home economics teacher. The 36-week course covers additional skills in each area or additional areas according to the needs and interests of the students as determined by the teacher.

Teen Living Grade 8 8210 (18 weeks)

Grade Level: 8 (suggested)  Prerequisites: None

This single-period course includes emphasis on the young consumer in the home, developing one's potential as a family member, career awareness, and developing quality in family living. Extended learning experiences beyond the classroom are encouraged and are supervised by the home economics teacher.
The objective of consumer and homemaking education is to prepare individuals for the occupation of homemaking with particular emphasis on consumer education for personal and family use. Other major areas provide instruction in the individual development of all family members; skill development in the areas of foods, clothing, housing, and home management; and preparation for marriage and parenthood. Life Management Skills I forms the basis for enrollment in specialized areas of homemaking and is recommended for enrollment in an occupational program. All courses meet five days a week. Extended learning experiences beyond the classroom are encouraged and are supervised by the home economics teacher.

CIP Code: 20.0101

Suggested Grade Level: 8, 9, 10, 11, 12

Prerequisites: None

Approved Courses:
- Child Development and Parenting (8284)
- Clothing Management (8274)
- Consumer Goods and Economic Concepts (8252)
- Family Management Skills (8270)
- Food Science Applications (8263)
- Food Management (8273)
- GRADS (8277/8278)
- Home Care of the Sick and Aging (8268)
- Home Furnishings and Housing (8297)
- Home Science Application (8257)
- Individual and Family Health (8269)
- Life Management Skills I (8230)
- Life Management Skills II (8240)
- Marriage and the Family (8272)
- Nutrition (8262)
- Personal Consumer Decisions (8253)
- Resource Management (8271)
- Textile, Color and Design (8267)

Related Postsecondary Programs:
- Child Development, Care, and Guidance
- Clothing, Textiles, and Merchandising
- Consumer Information
- Cooperative Extension Service
- Education
- Family Life and Human Services
- Home Economics Related Communications and Journalism
- Housing, Home Furnishings, and Equipment
LIFE MANAGEMENT SKILLS I 8230 (36 weeks)

Grade Level: 8-11 (suggested)  Prerequisites: None

Life Management Skills I is a single-period, one-year elective course. Units are taught based on individual interests, needs, and concerns of students. In this first year of a sequentially designed program, emphasis is placed on studying consumer resources, privileges, and responsibilities; using, caring for, and arranging small and large household equipment for greater efficiency; studying nutrition; planning, preparing, and serving simple meals; constructing a simple garment; using management procedures; and being a contributing family member.

LIFE MANAGEMENT SKILLS II 8240 (36 weeks)

Grade Level: 9-12 (suggested)  Prerequisites: None

Life Management Skills II is a single-period, one-year elective course that expands upon the knowledge and skills acquired in Teen Living and Life Management Skills I. Content emphasis includes basic money management concepts; space management and work simplification; meal planning and preparation for the family; advanced clothing construction; and responsibilities of families. (If a student has no previous home economics classes, the teacher should individualize the curriculum to meet the needs of the student.)

FAMILY MANAGEMENT SKILLS 8270 (36 weeks)

Grade Level: 10-12 (suggested)  Prerequisites: None

Family Management Skills is designed to provide basic consumer and homemaking instruction to students in the 10th, 11th, or 12th grade who have had no previous high school course in preparation for the occupation of homemaker (although the student may have had Teen Living or Life Management Skills I in the middle/junior high school). In this single-period, one-year course, students learn fundamental homemaking skills, coping skills, and life management skills; they study developing and implementing individual and family interactions; planning and implementing nutritionally adequate diets; analyzing and selecting consumer alternatives; and managing resources. Computer skills that can enhance Family Management Skills may be included.
COURSES

LIFE MANAGEMENT SKILLS I
OR
LIFE MANAGEMENT SKILLS II
OR
FAMILY MANAGEMENT SKILLS
AND
MARRIAGE AND THE FAMILY
CHILD DEVELOPMENT AND PARENTING
INDIVIDUAL AND FAMILY HEALTH
GRADS

Fundamental Courses:

- Life Management Skills I 8230 (36 weeks)
- Life Management Skills II 8240 (36 weeks)
- Family Management Skills 8270 (36 weeks)

See page 49 for descriptions of fundamental courses.

Marriage and the Family 8272 (18 weeks)

Grade Level: 9-12  Prerequisites: None

Students are provided an in-depth study of strengthening appreciation of the family unit; developing personal and family relationships; determining decision-making responsibilities; sharing goals, values, and standards; analyzing family problem-solving activities; and evaluating the importance of communication. Responsible parenthood and emphasis on the dignity and worth of the individual are components of this single-period course.

Child Development and Parenting 8284 (18 weeks)

Grade Level: 9-12  Prerequisites: None

Aspects of growth and development of children are studied in this single-period course. Practical experiences in a day care center or observation of child behavior is provided as an essential part of the course. Emphasis is given to parental responsibility, community resources, and environment.

Individual and Family Health 8269 (18 weeks)

Grade Level: 9-12  Prerequisites: None

The focus of this course is the perspective of health as it relates to avoiding illness, understanding nutrition, and making family health decisions. Instructional areas also include personal and family safety, community health, and public health. Careers related to public health are explored.

GRADS 8277/8278 (18/36 weeks)

Grade Level: 7-12  Prerequisites: None

Information on the GRADS program is presented on page 59.
PROGRAM

CONSUMER SERVICES

COURSES

LIFE MANAGEMENT SKILLS I
or
LIFE MANAGEMENT SKILLS II
or
FAMILY MANAGEMENT SKILLS
AND
CONSUMER GOODS AND ECONOMICS
CONCEPTS
PERSONAL CONSUMER DECISIONS

Fundamental Courses:

Life Management Skills I 8230 (36 weeks)
Life Management Skills II 8240 (36 weeks)
Family Management Skills 8270 (36 weeks)

See page 49 for descriptions of fundamental courses.

Consumer Goods and Economic Concepts 8252 (18 weeks)

Grade Level: 9-12
Prerequisites: None

This one-period course provides an in-depth study of the management of the consumer dollar and other resources and skills necessary for personal and home management. Basic economic concepts and the free enterprise system are examined as they apply to personal and family living.

Personal Consumer Decisions 8253 (18 weeks)

Grade Level: 9-12
Prerequisites: None

This single-period course offers an in-depth study of financial planning, credit, charge accounts, insurance, and consumer decisions. Emphasis is placed on developing skills for planning personal and family financial security.
COURSES

LIFE MANAGEMENT SKILLS I
OR
LIFE MANAGEMENT SKILLS II
OR
FAMILY MANAGEMENT SKILLS
AND
CONSUMER GOODS AND ECONOMICS
CONCEPTS
PERSONAL CONSUMER DECISIONS
RESOURCE MANAGEMENT
TEXTILES, COLOR AND DESIGN
HOME FURNISHINGS AND HOUSING

Fundamental Courses:

Life Management Skills I 8230 (36 weeks)
Life Management Skills II 8240 (36 weeks)
Family Management Skills 8270 (36 weeks)

See page 49 for descriptions of fundamental courses.

Consumer Goods and Economic Concepts 8252 (18 weeks)

Grade Level: 9-12
Prerequisites: None

This one-period course provides an in-depth study of the management of the consumer dollar and other resources and skills necessary for personal and home management. Basic economic concepts and the free enterprise system are examined as they apply to personal and family living.

Personal Consumer Decisions 8253 (18 weeks)

Grade Level: 9-12
Prerequisites: None

This single-period course offers an in-depth study of financial planning, credit, charge accounts, insurance, and consumer decisions. Emphasis is placed on developing skills for planning personal and family financial security.

Resource Management 8271 (18 weeks)

Grade Level: 9-12
Prerequisites: None

Human and nonhuman resources available for use in accomplishing personal and family goals are studied in this one-period course. Human capital, goal achievement, and conservation of all resources are emphasized.
Textiles, Color and Design 8267 (18 weeks)

Grade Level: 9-12

Prerequisites: None

The study of fibers, yarns, and fabric comprise this single-period course. Emphasis is on fabric construction, finishes, dyes, and prints; color schemes and guidelines for using color; and principles of design. Students research jobs and careers related to the clothing and textile industry, including entrepreneurship.

Home Furnishings and Housing 8297 (18 weeks)

Grade Level: 9-12

Prerequisites: None

Students are provided an in-depth study of the types and construction of housing; the factors influencing the appropriate selection and construction of home furnishings and accessories as related to appropriate needs of individuals and families; beautification of the home surroundings; and time and labor-saving equipment and products. Field trips, assistance from resource persons, and skill development projects are important components of this single-period course.
PROGRAM

INDIVIDUAL AND FAMILY
HEALTH SERVICES

COURSES

LIFE MANAGEMENT SKILLS I
OR
LIFE MANAGEMENT SKILLS II
OR
FAMILY MANAGEMENT SKILLS
AND
NUTRITION
INDIVIDUAL AND FAMILY HEALTH
PERSONAL CONSUMER DECISIONS
HOME CARE OF THE SICK AND AGING

Fundamental Courses:
Life Management Skills I 8230 (36 weeks)
Life Management Skills II 8240 (36 weeks)
Family Management Skills 8270 (36 weeks)

See page 49 for descriptions of fundamental courses.

Nutrition 8262 (18 weeks)
Grade Level: 9-12
Prerequisites: None
An in-depth study of nutrients, nutritional needs and issues; meal planning and preparation to meet individual needs; food fads and fallacies; safety and sanitation practices in food management; and career opportunities in foods and nutrition is provided. The microcomputer may be used in analyzing nutrient content, planning for special diet needs, and inventories.

Individual and Family Health 8269 (18 weeks)
Grade Level: 9-12
Prerequisites: None
The perspective of health as it relates to avoiding illness, understanding nutrition, and making family health decisions is the focus of this course. Instructional areas also include personal and family safety, community health, and public health. Careers related to public health are explored.

Personal Consumer Decisions 8253 (18 weeks)
Grade Level: 9-12
Prerequisites: None
This single-period course offers an in-depth study of financial planning, credit, charge accounts, insurance, and consumer decisions. Emphasis is placed on developing skills for planning personal and family financial security.

Home Care of the Sick and Aging 8268 (18 weeks)
Grade Level: 9-12
Prerequisites: None
In this single-period course, students study managing the home for personal and family wellness, identifying signs of illness, handling illnesses, managing emergencies and crisis situations, and providing home care for the ill and the elderly.
GRADS 8277/8278 (18/36 weeks)

Grade Level: 7-12

Prerequisites: None

The Graduation, Reality, and Dual-role Skills Program (GRADS) is a vocational home economics in-school program for pregnant students and/or young parents in comprehensive middle/junior high schools, senior high schools, and vocational schools. This program should be individualized to meet the needs of each student with emphasis on staying in school until graduation, literacy, basic skills, individual and family health, parenting skills, general employability skills, and possibly job training skills.

Life Management Skills I 8230 (36 weeks)

See page 49 for course description.

Individual and Family Health 8629 (18 weeks)

Grade Level: 9-12

Prerequisites: None

The perspective of health as it relates to avoiding illness, understanding nutrition, and making family health decisions is the focus of this course. Instructional areas also include personal and family safety, community health, and public health. Careers related to public health are explored.

Child Development and Parenting 8284 (18 weeks)

Grade Level: 9-12

Prerequisites: None

Aspects of growth and development of children are studied in this single-period course. Practical experiences in a day care center or observation of child behavior is provided as an essential part of the course. Emphasis is given to parental responsibility, community resources, and environment.
Marriage and the Family 8272 (18 weeks)

Grade Level: 9-12

Prerequisites: None

Students are provided an in-depth study of strengthening appreciation of the family unit; developing personal and family relationships; determining decision-making responsibilities; sharing goals, values, and standards; analyzing family problem-solving activities; and evaluating the importance of communication. Responsible parenthood and emphasis on the dignity and worth of the individual are components of this single-period course.

Nutrition 8262 (18 weeks)

Grade Level: 9-12

Prerequisites: None

An in-depth study of nutrients, nutritional needs and issues; meal planning and preparation to meet individual needs; food fads and fallacies; safety and sanitation practices in food management; and career opportunities in foods and nutrition is provided. The microcomputer may be used in analyzing nutrient content, planning for special diet needs, and maintaining inventories.

Occupational Home Economics

Descriptions of occupational home economics programs and courses begin on page 17.
Fundamental Courses:

Life Management Skills I 8230 (36 weeks)
Life Management Skills II 8240 (36 weeks)
Family Management Skills 8270 (36 weeks)

See page 49 for descriptions of fundamental courses.

Nutrition 8262 (18 weeks)

Grade Level: 9-12
Prerequisites: None

An in-depth study of nutrients, nutritional needs and issues; meal planning and preparation to meet individual needs; food fads and fallacies; safety and sanitation practices in food management; and career opportunities in foods and nutrition is provided. The microcomputer may be used in analyzing nutrient content, planning for special diet needs, and inventories.

Food Science Applications 8267 (18 weeks)

Grade Level: 9-12
Prerequisites: None

In this one-period course students are provided an in-depth study of foods, including laboratory experiences in food science. Laboratory experiences emphasize food science in handling and processing foods, food additives, microbial growth, enzyme activity, and other chemical reactions.

Food Management 8273 (18 weeks)

Grade Level: 9-12
Prerequisites: None

The management of time, energy, and money to provide adequate food for the individual and the family is studied. Emphasis is placed on skill development in planning, purchasing, preparing, and serving nutritious, tasty, and attractive meals. Included in this single-period course is a study of methods of food conservation and the selection, use, and care of kitchen equipment.
Fundamental Courses:

Life Management Skills I 8230 (36 weeks)
Life Management Skills II 8260 (36 weeks)
Family Management Skills 8270 (36 weeks)

See page 49 for descriptions of fundamental courses.

Consumer Goods and Economic Concepts 8252 (18 weeks)

Grade Level: 9-12
Prerequisites: None

This one-period course provides an in-depth study of the management of the consumer dollar and other resources and skills necessary for personal and home management. Basic economic concepts and the free enterprise system are examined as they apply to personal and family living.

Personal Consumer Decisions 8253 (18 weeks)

Grade Level: 9-12
Prerequisites: None

This single-period course offers an in-depth study of financial planning, credit, charge accounts, insurance, and consumer decisions. Emphasis is placed on developing skills for planning personal and family financial security.

Home Science Applications 8257 (18 weeks)

Grade Level: 9-12
Prerequisites: None

Students study the scientific characteristics of base materials used in households, and basic facts on the use of electricity, gas, and electronics in the home. Laboratory experiences include identifying and evaluating scientific applications related to water conditioning, detergents, and other cleaning and washing aids, and safety precautions essential for their use.
RESIDENTIAL HOME MANAGER
(Continued)

Resource Management 8271 (18 weeks)

Grade Level: 9-12          Prerequisites: None

Human and non-human resources available for use in accomplishing personal and family goals are studied in this one-period course. Human capital, goal achievement, and conservation of all resources are emphasized.

Individual and Family Health 8629 (18 weeks)

Grade Level: 9-12          Prerequisites: None

The perspective of health as it relates to avoiding illness, understanding nutrition, and making family health decisions is the focus of this course. Instructional areas also include personal and family safety, community health, and public health. Careers related to public health are explored.

Marriage and the Family 8272 (18 weeks)

Grade Level: 9-12          Prerequisites: None

Students are provided an in-depth study concerned with strengthening appreciation of the family unit; developing personal and family relationships; determining decision-making responsibilities; sharing goals, values, and standards; analyzing family problem-solving activities; and evaluating the importance of communication. Responsible parenthood and emphasis on the dignity and worth of the individual are components of this single-period course.

Child Development and Parenting 8284 (18 weeks)

Grade Level: 9-12          Prerequisites: None

Aspects of growth and development of children are studied in this single-period course. Practical experiences in a day care center or observation of child behavior is provided as an essential part of the course. Emphasis is given to parental responsibility, community resources, and environment.
Fundamental Courses:

Life Management Skills I 8230 (36 weeks)
Life Management Skills II 8240 (36 weeks)
Family Management Skills 8270 (36 weeks)

See page 49 for descriptions of fundamental courses.

Textiles, Color and Design 8267 (18 weeks)
Grade Level: 9-12  
Prerequisites: None

The study of fibers, yarns, and fabrics comprises this single-period course. Emphasis is on fabric construction, finishes, dyes, and prints; color schemes and guidelines for using color; and principles of design. Students research jobs and careers related to the clothing and textile industry, including entrepreneurship.

Clothing Management 8274 (18 weeks)
Grade Level: 9-12  
Prerequisites: None

Students study the management of clothing for the individual and family. Emphasis is given to purchasing practices, wardrobe planning and coordination, and proper care and storage of clothing and accessories. Garment construction may be included in this single-period course.
Substitution for High School Mathematics and Science Credit

Students successfully meeting the requirements of a Consumer and Homemaking program and/or Occupational Home Economics program offering beyond the introductory level may substitute it for one unit of science or mathematics, whichever is the most applicable, in the 21-unit diploma system, if approved locally. The options are outlined as follows:

**Consumer and Homemaking Program**

- Life Management Skills I (Grades 8-12) and Life Management Skills II (Grades 9-12)
- Life Management Skills I (Grades 8-12) and Family Management Skills (Grades 10-12)
- Life Management Skills I (Grades 8-12) and Two Semester Courses (Grades 9-12)
- Life Management Skills II (Grades 9-12) and Family Management Skills (Grades 10-12)
- Life Management Skills II (Grades 9-12) and Two Semester Courses (Grades 9-12)
- Family Management Skills (Grades 10-12) and Two Semester Courses (Grades 9-12)
- Four Semester Courses (in three or more content areas, Grades 9-12) as defined by this Service.
- GRADS (Grades 8-12) and individually prescribed courses (Grades 9-12) based on students' needs

**Occupational Home Economics Program**

- Child Care Occupations I
- Child Care Occupations II
- Clothing Occupations I
- Clothing Occupations II
- Food Occupations I
- Food Occupations II
- Home Furnishings Occupations I
- Home Furnishings Occupations II
- Home and Institutional Services I
- Home and Institutional Services II
- Home Economics Cooperative Education I (HECE)
- Home Economics Cooperative Education II (HECE)
- Catering Specialist
Occupational Home Economics Program (continued)

Clothing Specialist
Hotel/Motel Specialist
Occupational Home Economics for the Handicapped
Occupational Home Economics for the Disadvantaged

Carnegie Units for Graduation for the Eighth-Grade Student

THE STANDARDS OF ACCREDITING PUBLIC SCHOOLS IN VIRGINIA, adopted by the Board of Education, June 19, 1987 provide for alternate math or science credit in consumer and homemaking education, grades 8 through 12 and practical arts credit, grades 8 through 12, if locally approved.

In the accreditation standards, Standard F, page 20, item 4 reads:

"When students below the ninth grade successfully complete ninth, tenth, eleventh or twelfth grade subjects, credit shall be counted toward meeting the units required for graduation in grades 9-12. Students shall be encouraged to take advantage of this option."

Life Management Skills I (8230) and GRADS (8277/8277) are the only high school courses officially designated as courses available for an eighth grader to take, if locally approved. Prior to the new accreditation standards, Life Management Skills I (8230) was offered only at the ninth grade level and above.

There is one exception to the above. It would be acceptable for a second-semester GRADS student to enroll in semester courses that would support the student's role as a better parent, e.g. child development and parenting; marriage and the family; nutrition; and personal consumer decisions.
# High School Graduation Requirements
## 21-Unit Diploma

<table>
<thead>
<tr>
<th>Period</th>
<th>9th Grade</th>
<th>10th Grade</th>
<th>11th Grade</th>
<th>12th Grade</th>
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<tr>
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<tr>
<td>6</td>
<td>Clothing Management</td>
<td>Additional Elective</td>
<td>Clothing Occupations I</td>
<td>Clothing Occupations II</td>
</tr>
</tbody>
</table>

* If approved locally, completion of Home Economics program may be substituted.

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### High School Graduation Requirements
#### 21-Unit Diploma

<table>
<thead>
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<td>Life Management Skills I</td>
<td>Food Management</td>
<td>Additional Elective</td>
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</table>

* If approved locally, completion of Home Economics program may be substituted

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High School Graduation Requirements
23-Unit Diploma
Catering Specialist, Clothing Specialist, and Hotel/Motel Specialist

<table>
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</tr>
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<td>Foreign Language</td>
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<td>Science</td>
<td>Additional Elective</td>
</tr>
<tr>
<td>5</td>
<td>Health and Physical Education</td>
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<td>Foreign Language</td>
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<td>6</td>
<td>Nutrition</td>
<td>Clothing Management</td>
<td>Additional Elective</td>
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High School Graduation Requirements
23-Unit Diploma
Occupations, Clothing Occupations, Home Furnishings Occupations, Child Care Occupations, and Home and Institutional Services

<table>
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<td>Life Management Skills I</td>
<td>Home Furnishings Occupations I</td>
<td>Home Furnishings Occupations II</td>
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