This bibliography of 54 recent books and articles on various aspects of today's changing families was developed to accompany the "Families in Transition" issue of "Emphasis." It is divided into two major sections. The first section lists items that deal with changing family structures in a general way, or that touch upon a variety of subjects. This section is subdivided into materials dealing with historical aspects of family structure, political and religious views of families, and materials for educators who either teach these subjects or who have students whose lives are touched by these changes. The second section lists items dealing with specific aspects of changing family life, and includes materials on the impact of divorce on families, single-parent families, and blended families created by new marriages or by other means. The bibliography concludes with a resource list of databases, indexing and abstracting services, journals, and organizations for readers wanting further information. (Author/NB)
A SELECTED, ANNOTATED BIBLIOGRAPHY

Compiled by Zeau D. Modig

Introduction

This bibliography of recent books and articles on various aspects of today's changing families has been developed to accompany the Winter 1986-87 issue of Emphasis, "Families in Transition." This is not a comprehensive list, but an overview of topics within the enormous body of literature on this subject. The materials listed here represent those that were available for review by the staff of the Katharine Dexter McCormick Library, and should be relatively easy to obtain through local libraries or bookstores.

The bibliography is divided into two major sections. The first is a list of items that deal with changing family structures in a general way, or that touch upon a variety of subjects. This section is subdivided into materials dealing with historical aspects of family structure, political and religious views of families, and materials for educators who either teach these subjects or who have students whose lives are touched by these changes. The second section lists items dealing with specific aspects of changing family life, and includes materials on the impact of divorce on families, single-parent families, and blended families created by new marriages or other means.

Once again, this is meant to be an introductory list only, and is not an exhaustive inventory of research literature. To find more in-depth material on any particular topic, the reader is referred to the resources listed on pages 14-15.

Please note: Books and articles listed in this bibliography must be obtained directly from publishers, libraries or bookstores; the Education Department does not have copies available for sale.
PART I: FAMILIES IN TRANSITION - GENERAL STUDIES

A. Family Research - General

ALLAN, GRAHAM

*Family life: domestic roles and social organization*

A look at the sociology of the family that combines feminist interpretations of domestic life with the traditions concerns of family dynamics. Examines how changing domestic roles are structured by the broader social and economic contexts, divisions and inequalities within which families operate. Questions addressed include how far the routine domestic demands upon women limit work and leisure opportunities available to them and how these effect marriage and divorce, the influence of unemployment on domestic roles, and the effects of caring for the elderly on care-givers.

BETTER HOMES AND GARDENS

*Today's parents: how well are they doing?*
Des Moines: Meredith Corporation, 1986. 100 p.

30,000 respondents offer their views on the effectiveness of modern parents in this survey summary. Included are their perceptions of their home life, husband-wife relationships, parenting methods, differences between generations, challenges and difficulties in being parents and the communication of values and social issues.

BETTER HOMES AND GARDENS

*What's happening to American families: attitudes and opinions of 201,320 respondents*

A statistical summary of data collected by questionnaire in the fall of 1982. Measures attitudes on whether or not people feel that American family life is "in trouble": questions ask about "threats" to family life, marital relationships and divorce, children, the relative importance of education and religion, physical and emotional well-being, family finances, work and leisure, the elderly, family and social values, the future of family life, and more.

BIANCHI, SUZANNE M. and DAPHNE SPAIN

*American women in transition*

Uses data from the 1980 Census, previous censuses and subsequent national surveys to document women's move from the private domain to the public sector, examining increasing educational attainments and labor force participation, continued commitment to marriage and family, and the "balancing act" necessitated by this overlap of roles. Women's lower earning power and lack of affordable child care are also highlighted to illustrate the current realities of their lives in a society that has not yet adapted to their changing status.
BLUMENSTEIN, PHILIP and PEPPER SCHWARTZ
American couples: money, work and sex

This ambitious study of the present state of relationships in contemporary America examines the influence of three key factors on their success: income and money management, job satisfaction and priorities, and sexual intimacy and its variations. The authors offer detailed views of the lives of some married, cohabitating, lesbian and gay couples.

CAMPBELL, ELAINE
The childless marriage: an exploratory study of couples who do not want children

The motivations and lifestyles of couples who decide to remain childless are explored through interviews with a number of Scottish couples. People who choose not to have children often find themselves subjected to many pressures in societies in which legitimate parenthood is considered normal and natural; friends and family brand childless people as neurotic, selfish and immature. These attitudes are considered here in the light of freedom of reproductive choice; the relative advantages and disadvantages of parenthood versus childlessness are also questioned.

CONGRESSIONAL QUARTERLY, INC.
Editorial research reports on the changing American family

Essays detail many of the social and economic forces that have affected family life in recent years and examine some suggestions for easing the burdens of modern families. Topics highlighted include violence within families, teen pregnancy and parenthood, single parent families, working mothers, unemployment and poverty, the increasing costs of higher education, divorce and changing family structures, and more.

FALBO, TONI, ed.
The single-child family

An experimental approach to the study of the only child that gainsays traditional negative stereotypes about such children. Various essays consider the social and psychological development of the only children from infancy through young adulthood, and compares them with children with siblings in such aspects as intelligence, self-esteem, interpersonal relationships, sex-role development, adolescent identity exploration, and the consequences in adult life of having been an only child. Also considers the only child in the single-parent family.

FELDMAN, HAROLD and MARGARET
Current controversies in marriage and family

Short essays offer supporting and opposing arguments for various issues related to the changing family. Topics include premarital sex, marriage versus single life,
marital sex roles, alternatives to monogamy, homosexual parenthood, and cohabitation.

GROSS, HARRIET and MARVIN B. SUSSMAN, eds.
Alternatives to traditional family living

Articles in this special journal issue focus on variations of the nuclear family. Treated in depth are single-parent families, kibbutzim, voluntary childlessness, commuter marriage and foster parenthood. Includes a researcher's guide to reference materials on alternative families.

GUTNECHT, DOUGLAS B. and EDGAR W. BUTLER, eds.
Family, self and society: emerging issues, alternatives and interventions

A social work view of the family and the individual in a changing society. Essays by various authors look at dual-career couples, single-child families, sex role changes, problems of the elderly, alternative lifestyles, gay families and much more; counseling and therapy interventions are suggested.

HENSLIN, JAMES M., ed.
Marriage and family in a changing society

This substantial volume attempts to presents a comprehensive overview of current family research and knowledge. Over fifty essays examine topics in the following areas: sociology of marriage and the family; recent issues and trends; minority families; sex roles; evolution of romantic involvements; dating and partner selection; alternatives to marriage; long-term marriages; marriage and work; marriage and sex; parenting; divorce and remarriage; and social policies and the future of the family.

LAMB, MICHAEL E., ed.
Nontraditional families: parenting and child development

A sociological study of changing family configurations. Literature reviews and original research examine the effects on children and parent relations of traditional families, maternal employment, day care, paternal child care, parental role-sharing, divorce, custody, stepparenting, single-parent families, extended and communal families, and more.

LEIN, LAURA
Families without villains: American families in an era of change

Examines the lifestyles of twenty-three dual-earner families with young children, and the ways in which working husbands and wives manipulate their strengths, roles and creativity to meet their parental obligations. Families from a variety of socio-economic classes are studied, and the coping strategies of both mothers and fathers are examined in detail. Highlighted are the balancing of child-care tasks, support networks and homemaking adaptations.
LONG, LYNETTE and THOMAS LONG
The handbook for latchkey children and their parents

Considers the problems and strengths of children left alone at home while parents must work. Discusses the effects of children's self-care on children, siblings and parents, real and feared dangers of children being left alone, and ways in which parents can structure responsibilities in order to maximize their own time at home. Includes a list of organizations and state agencies concerned with problems of latchkey children.

O'CONNELL, MARTIN and DAVID E. BLOOM
Juggling jobs and babies: America's child care challenge

Research paper reviewing the effects on families of the availability of child care facilities (or lack thereof) for offspring of working parents. Tables and graphs illustrate trends in how working women balance professional and parental responsibilities, child care costs, the increasing demands made upon the child care industry, and the responses of some employers to the child-care needs of their employees.

THORNTON, ARLAND and DEBORAH FREEDMAN
The changing American family

This special issue presents a demographic overview of changing trends in family structure. Tables, graphs and illustrations highlight discussions of marriage, divorce and cohabitation, fertility and its control, sexuality and childbearing among single people, changing work and household roles of husbands and wives, household structures and changing living arrangements (including households headed by women and elderly persons), and relationships beyond the household. Includes an extensive bibliography.

TUFTE, VIRGINIA and BARBARA MYERHOFF, eds.
Changing images of the family

Various scholars consider the concept of traditional and nontraditional families in history, literature, art, mass media and contemporary society. Topics include images of ethnic families, family structures in colonial and modern America, broadcast and print media images of families, the new "science" of family research, and the impact of changing legal and political situations on families.

B. Historical Views

DEMOS, JOHN
Past, present and personal: the family and life course in American history

A historian examines changes in structures and perceptions of the American family from
the colonial era to the present. Items of particular interest include the changing roles of fathers, shifting ideas about adolescence and mid-life, notions of child discipline and abuse, the formulation of social policy toward children, the place of the elderly in family life, and more.

MASNICK, GEORGE and MARY JO BANE
The nation's families: 1960-1990

A description of trends in American life that indicate dramatic societal changes in household composition, family structure, and women's working patterns. Such trends, which have and will continue to have a profound impact on American society and public policy planning, are analysed and their implications for the future of American life discussed.

C. Political and Religious Perspectives

FRISHMAN, BOB
American families: responding to the pro-family movement

Answers many rightist allegations that changes in "traditional" family structure will lead to the downfall of American society, and holds that much of the New Right's agenda is rooted in narrowmindedness and paranoia. Considers such issues as divorce, single parenting, teen sexuality, cohabitation, working mothers, biblical views of morality, separation of church and state, and much more.

GENOVESE, ROSALIE G.
Families and change: social needs and public policy

Various experts assess the impact of government interventions on family-related issues. Policy issues considered include needs and rights of children and adolescents; employment, un- and non-employment of mothers; impacts of poverty on families; housing; and miscellaneous matters including domestic violence, cohabitation, the elderly, and more. Policies adopted by the Reagan administration are assessed in terms of whether the changes they have wrought upon long-standing programs represent long-term trends or temporary changes that will be reversed by future administrations.

GITTINS, DIANA
The family in question: changing households and familiar ideologies

A feminist offers a revisionist view of the changing family. Examines many of the myths of family life propagated by the New Right and offers alternative explanations of such questions as the reasons people why marry and have children, why and how families have changed, whether patriarchy is a concept necessary to the realistic study of family structure, whether the state works to support or destroy families, and whether the "crises" of modern families are actually legitimate phenomena. Includes an extensive bibliography.
LEVITAN, SAR A. and RICHARD S. BELOUS
What’s happening to the American family?

The change in dynamics of American households, and the needs, problems and roles of various institutions connected with them are explored. Changing perceptions about love and marriage, childbearing and the impact of new reproductive technologies, effects on children of nontraditional families, changing employment patterns and their effect of the concept of "household head," female-headed families, welfare and cash support, and more are considered in light of present and future policy decisions.

SAXTON, STANLEY L. et al., eds.
The changing family: views from theology and the social sciences in the light of the Apostolic Exhortation Familiaris Consortio

Reflects upon Pope John Paul II's Familiaris Consortio ("On the Family") from socio-logical and theological viewpoints. The changing family is discussed in a Roman Catholic context in terms of the psychology of personal relationships, the family as a basic unit of society, the impacts of economic change on families, evolving sex role changes, and much more.

THERIOT, NANCY
Nostalgia on the Right: historical roots of the idealized family


THORNE, BARRIE and MARILYN YALOM, eds.
Rethinking the family: some feminist questions

Essays by progressive scholars include critical reviews of recent family research; anthropologic views of family structure; the impact of reproductive politics; the cult of the "perfect mother:" parenting and its relation to mental illness; shifting perspectives on marital property law; male resistance to women's changing roles in family, work and society; the evolution of current ideologies of family and class in America; the place of the family in the origins of the welfare state, and more.

WORKING GROUP ON THE FAMILY
A e family: preserving America's future

A conservative analysis of the decline of Judeo-Christian values in American family life, and the resulting decay of family structures. Holds that public assistance programs in the 1960s and '70s have created excessive welfare dependency, and have subsequently eroded the importance of the family as a support network for those in adversity. Calls for policy decisions that withdraw government assistance programs and cites need for reform in such areas as free enterprise, divorce, poverty and
welfare, illegitimacy and adolescent sexuality, the media, child care, adoption, housing development, crime, education, and more.

D. Aids for Educators

APPEL, KAREN W.
America's changing families: a guide for educators

Manual for teachers and other education professionals on coping with adjustment problems that children from single-parent and stepfamilies can experience. Provides specific guidelines for coping with behavior and emotional problems in a fair, non-patronizing manner. Includes list of AV, print and community resources on divorce and single parenting for children and parents.

LAMANNA, MARY ANN and AGNES RIEDMAN
Marriages and families: making choices throughout the life cycle

This textbook for family life or marriage education classes incorporates many new concepts that have become realities of modern family life. While traditional marriage is emphasized, some events that can affect marriages in novel or different ways are touched upon, such as changing sex and employment roles, the decision to remain childless and other changes in traditional family arrangements.

POPULATION REFERENCE BUREAU, INC.
The American family: changes and challenges

Classroom booklet for the study of the evolution of the twentieth-century family. Photographs, tables and graphs illustrate the impact on families of trends in marriage and divorce, the baby boom, delayed childbearing and childlessness, changing roles of husbands and wives at home and in the labor force, changes in living arrangements, and the elderly. Also considers the depiction of family life on television and in literature; contains exercises and worksheets for students.

SCHLESINGER, BENJAMIN
The ABCs of changing roles of family members
Family Life Educator, Summer 1985, 3(4), 18-19

Outlines key concepts in the study of changing families in glossary style. Using phrases such as "alternative patterns," "dual career couples," "parenting styles" and much more, factors of current concern to family life researchers are explained.

TROJAN, JUDITH
American family life films
Comprehensive, annotated list of films covering the broad range of family dynamics in America, intended for social workers, family and guidance counselors and therapists, medical personnel, community programmers, librarians, and teachers. Includes short films, documentaries, and selected dramas; films are indexed by title and theme (i.e., "aging," "battered spouses," "sex roles," etc.). Lists films up to 1979, mostly in 16mm format, but still useful; much material now available on video.

PART II: SELECTED TOPICS OF PARTICULAR INTEREST

A. Divorce

WALKER, GLYNNIS
Solomon's children: exploding the myths of divorce

Reviews the effects of divorce on children. Interviews with adults whose parents were divorced reveal the range of feelings and reactions that follow the breakup of their parents' marriages, and analyses consider whether or not divorce is harmful to children's emotional well-being.

WALLERSTEIN, JUDITH
Surviving the breakup: how children and parents cope with divorce

A sociological examination of divorce's effects on parents and children. Breaks down the divorce process into specific stages for study -- the separation and divorce itself, post-separation, transition to single life, and five years post-divorce -- and considers parent-child relationships, children's subsequent school careers, impacts of remarriage on all involved and more. Data derived from this study are used to advise on how to engineer a divorce with the least trauma possible.

WEITZMAN, LENORE J.
The divorce revolution: the unexpected social and economic consequences for women and children in America

An analysis of divorce in America reveals that, in spite of legislation designed to treat men and women equally in divorce settlements, "no fault" divorce suits discriminate economically against women far more often than men; women can expect to suffer a 73% drop in their standard of living, while their ex-husbands' will rise by 42%. Argues that the injustices wrought upon divorced women and their children stem largely from inequalities created by marriage itself.

B. Single-Parent Families

ATLAS, STEPHEN L.
The official Parents Without Partners sourcebook
Guidebook providing support and advice for single, divorced and widowed people raising children alone. Experiences of single parents around the country are used to provide reassurance and practical help. Special topics include legal issues, grandparents, visitation rights and child support, dealing with teenage children, single parents in the military, communicating with former spouses, remarriage and stepparenting, overcoming hurt and other negative emotions, and making new relationships successful for the entire family. Includes resource list of agencies and support groups and a bibliography.

BIANCHI, SUZANNE M. and JUDITH A. SELTZER
Life without father
American Demographics, December 1986, 8(12), 43-47

Today, only 68% of children live with both biological parents. The impact of an absent parent on a child is summarized in statistical tables that describe who children live with, characteristics of absent parents, and the effect of parental absenteeism on children's financial and educational well-being.

CASHMORE, ERNEST
Having to: the world of one-parent families

The personal impacts of single parenthood on English men and women are examined in detail. Some of the antecedents of single parenthood -- family violence, abandonment by spouse/lover, infidelity, teen pregnancy, poverty and more -- are explored in light of single parents' coping mechanisms and the struggle to maintain "normal" lifestyles for themselves and their children.

CURTO, JOSEPHINE J.
How to become a single parent: a guide for single people considering adoption or natural parenthood alone

Handbook offering practical advice on overcoming the legal and social difficulties of adopting or bearing a child outside of marriage. Presents prospective parents with realistic information on motivations for parenthood, emotional and physical factors to be considered, financial and legal realities, and life with a child.

GARDNER, RICHARD A.
The boys and girls book about one-parent families

A straightforward, easy-to-read explanation for children of common problems and feelings connected with life in families that have divorced, unmarried, or widowed parents.

GARFINKEL, IRWIN and SARA S. McLANAHAN
Single mothers and their children
Explores the economic effects of single parenthood on unwed, divorced, separated and widowed women and their families. The role of welfare and other public-assistance programs in the support of female-headed families is examined from colonial times through the Reagan administration; recommendations for policy interventions for the assistance of poor single-mother families are offered.

GREIF, GEOFFREY L.
Single fathers

Describes the experiences of single fathers based on surveys of over 1,000 men raising children alone after separation or divorce. Discusses fathers' typical experiences from the breakup of marriage and the custody decision through the different stages of single parenting. Newly divorced parents find the most difficulty in readjusting to single life while juggling work and parenthood, housekeeping and establishing good relationships with children are usually not troublesome, even for fathers who did little of these while married. Also considers the special problems single fathers face from the legal system.

MERRITT, SHARYNE and LINDA STEINER
And baby makes two: motherhood without marriage

100 single mothers volunteered to be interviewed for this study of their reasons and feelings about such major issues as the decision to become a single parent, being a mother, adoption, artificial insemination, fathers' rights, responses of family and friends, and more. An appendix explains in lay terms the various legal issues surrounding unwed parenthood.

RENOVOIZE, JEAN
Going solo: single mothers by choice

Explores the motivations and characteristics of women who decide to become single parents. Relates the experiences of many American and English mothers: victims of accidental pregnancies, artificial insemination recipients, lesbians, heterosexuals, and many more. Considers issues attending this phenomenon, including single motherhood versus marriage, the women's movement, men as "studs," problems and joys of raising children alone, and the effects of absent fathers on children.

SCHLESINGER, BENJAMIN

Bibliographic essays consider topics of single-parent families in Canada, custodial parents, single adolescent mothers, single fathers, and family reactions to divorce. Annotated bibliographies review recent literature on various aspects of divorce, unmarried parents, and widowed parents.
C. Blended, Step- and Extended Families

CHERLIN, ANDREW J. and FRANK F. FURSTENBERG
The new American grandparent: a place in the family, a life apart

Attempts to fill gaps in research about grandparents that have been evident in the past decade. Reveals that, contrary to the traditional idea that grandparents have become marginal figures with the emergence of the nuclear family, they have become increasingly more important with the increase of divorce and remarriage as sources of physical and emotional support for children involved in family breakups, while retaining their own independence by living in separate households.

DUBERMAN, LUCILE
The reconstituted family: a study of remarried couples and their children

A quantitative analysis of families in which both spouses have children from previous marriages. Examines the dynamics of the "forced" intimacy of such families and attempts to identify the determinants of conflict through a statistical study of eighty-eight families.

EINSTEIN, ELIZABETH
The stepfamily: living, loving and learning

Explores the intricate networks of relationships and dynamics in which members of blended families find themselves enmeshed. Herself a stepchild and stepparent, the author interviews dozens of members of other remarried families and provides a comprehensive view of the problems and pleasures that can accompany the deterioration of old family relationships and the forging of new ones.

GARDNER, RICHARD A.
The boys and girls book about stepfamilies

Honest and clear explanation about the dynamics of stepfamilies, written for easy reading by children. Discusses children's feelings about parents' remarriages, coping with anger and resentment toward stepparents, getting along with stepsiblings, maintaining contact with the noncustodial parent, and more.

PARIS, ERNA
Stepfamilies: making them work

Practical advice for veterans of divorce who find themselves remarried and in new stepfamily situations. Cases studies of various reconstituted families are used to illustrate some of the problems that spouses and their children from former marriages can encounter with each other; ways in which family dynamics can be handled so that difficult issues can be satisfactorily resolved are suggested.
SHIMKIN, DEMITRI B. et al., eds.
The extended family in Black societies

Considers the American Black family as a source of social and economic support for its members. Sociological essays study Black kinship networks in detail in Mississippi, as well as in other rural and urban areas; Haitian and West Indian families are also highlighted. Policy implications for Black institutions and potential social change are offered.

SUKOSKY, DONALD G.
Making the most of blended families
Family Life Educator, Winter 1985, 4(2), 14-17

Reviews statistical trends about blended families, and explores some of their problems and strengths from the perspectives of both parents and children. Suggests ways in which educators can aid such families through difficult transitional periods.

WALD, ESTHER
The remarried family: challenge and promise

A theoretical, family-therapy-oriented look at the dynamics of remarried families. Describes the developmental stages such families undergo, analyses legal issues, and considers the problems and challenges of living with stepchildren, especially in the definition of step-roles, the combination of different lifestyles and the maintainence of old attachments and the formation of new family identities.
FOR FURTHER INFORMATION

This bibliography is intended to give the reader a sample of the wide variety of literature on the changing family. The following resources can provide access to more comprehensive and detailed information on family-related topics. Check with your local research library for their availability.

Databases: These electronic databases are available to librarians and scholars through commercial vendors such as DIALOG and BRS. A "D" after the name indicates a file available through DIALOG; a "B" indicates a BRS file.

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<tr>
<th>Database</th>
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<tbody>
<tr>
<td>America: History and Life (D)</td>
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<td>Child Abuse and Neglect (D)</td>
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<td>ERIC (B,D)</td>
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<td>Family Resources (B,D)</td>
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<td>Social SciSearch (B,D)</td>
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<td>Sociological Abstracts (B,D)</td>
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Indexing and Abstracting Services: These research tools are useful for finding journal articles and other scholarly literature, especially to those students who do not have access to the databases listed above.

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<tr>
<th>Service</th>
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<tr>
<td>Inventory of Marriage and Family Literature</td>
<td>St. Paul, MN: National Council on Family Relations, 1967-</td>
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<tr>
<td>Psychological Abstracts</td>
<td>Arlington, VA: American Psychological Association, 1927-</td>
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<tr>
<td>Social Sciences Citation Index</td>
<td>Philadelphia: Institute for Scientific Information, 1974-</td>
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<tr>
<td>Sociological Abstracts</td>
<td>San Diego: Sociological Abstracts, Inc., 1952-</td>
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<tr>
<td>Women Studies Abstracts</td>
<td>Rush, NY: Rush Publishing Co., 1972-</td>
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Journals: These titles contain research literature and news that is largely or completely devoted to family-related issues.

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<td>American Demographics</td>
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<td>American Family</td>
<td>Journal of Family Issues</td>
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<td>Family Life Educator</td>
<td>Journal of Marriage and the Family</td>
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<td>Family Process</td>
<td>Marriage and Family Living</td>
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<td>Family Relations</td>
<td>Marriage and Family Review</td>
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<td>Family Therapy</td>
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Organizations: These groups deal with families and many problems and issues that relate to them. Write to them for complete information about their activities and publications.

Family Research Council of America
515 2nd Avenue, N.E.
Washington, DC 20002

National Council on Family Relations
1910 W. County Road B, suite 147
St. Paul, MN 55113

Family Resource Coalition
230 N. Michigan Avenue, rm. 1625
Chicago, IL 60601

Parents Without Partners
7910 Woodmont Avenue, suite 1000
Bethesda, MD 20814

Family Service America
11700 West Lake Park Drive
Milwaukee, WI 53224

Please contact the Education Department if you know of additional resources. Thank you very much.

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