Utilizing Southwestern Indian myths, legends, history, information on religious beliefs, architecture, fine arts, and social practices, the Adult Basic Education (ABE) Reading Skills workbook presents well-researched information about the rich heritage of the Indian culture of the Southwest, whilst offering a sequential, systematic approach to adult learning. The lessons in the workbook, which is divided into three units, are arranged so that each lesson instructs a skill. An information presentation section is provided, explaining the particular skill or concept to the student, and giving examples. This is followed by exercises requiring the application of the skill. The three units are: word analysis (including vowels, consonants and diphthongs, prefixes and suffixes, and alphabetizing); vocabulary (sight word vocabulary and compound words); and, comprehension (following directions, sequencing in narration, finding the main idea, and drawing conclusions). Tests are provided to measure mastery of the skills, and as a means of assessing progress. A glossary is appended. (JMM)
PREFACE TO THE STUDENT

This workbook has been written to help you learn to read and write better. You can enjoy these skills whether you are at home, at school, or at work.

In the workbook, you will be reading and writing about Southwest Indian tribes and their exciting and colorful ways of life. This may be a little different from the usual classroom books because it is mainly about Indian cultures and things that you may find interesting.

The workbook is set up in parts called units. Each unit has lessons and exercises. There are rules on how to do the lessons and they are given at the beginning of each lesson. You need to read the rules and follow the examples. Your instructor will help you along with the lessons and will check your answers to the workbook questions. At the end of each unit, there is a test called the post-test. This test is a review of what was given in the lessons as the skill to be learned. It helps you and your instructor know how well you are doing from unit to unit.

At the back of the book, there is a list of words and what they mean. This list is called the glossary. It is there to help you build your word usage.
ACKNOWLEDGEMENTS

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## CONTENTS

Preface: To the Student ....................................................... ii

Acknowledgments ............................................................. iii

**UNIT I: WORD ANALYSIS**

- Consonant blends and digraphs ........................................ 3
- Vowel digraphs and diphthongs ........................................ 8
- Final “e” rule ............................................................... 14
- Root words and word endings .......................................... 18
- Prefixes and suffixes ..................................................... 25
- Contractions with not .................................................... 34
- Alphabetizing to two letters .......................................... 38

**UNIT II: VOCABULARY**

- Sight word vocabulary .................................................. 45
- Compound words .......................................................... 49
- Units I & II Post-Test: Word Analysis/Vocabulary ............... 53

**UNIT III: COMPREHENSION**

- Following directions ..................................................... 59
- Sequencing in narration ................................................ 65
- Finding the main idea .................................................... 72
- Drawing conclusions ..................................................... 79
- Unit III Post-Test: Comprehension .................................. 89

Glossary ............................................................................. 97
UNIT 1
I. WORD ANALYSIS

A. Consonant blends and digraphs

Consonants are all the letters of the alphabet except a, e, i, o, u, and sometimes y. These are called vowels.

Often, you will find words where two consonant letters blend to make one sound. Look at the word tree. When you say the word tree, the /t/ and /r/ together make one sound. Now, say the word trap. Again, you can hear the /t/ and /r/ sounds together as one sound. We call this a consonant blend.

Let's look at some other consonant blends. **Brick, crop, flat, stop, spot, and spin** all start with a consonant blend. The first two letters blend to make one sound.

Say these lists of words out loud so you can hear the beginning consonant blends.

<table>
<thead>
<tr>
<th>br</th>
<th>cr</th>
<th>dr</th>
<th>fr</th>
<th>gr</th>
<th>pr</th>
<th>tr</th>
</tr>
</thead>
<tbody>
<tr>
<td>bring</td>
<td>cry</td>
<td>dress</td>
<td>free</td>
<td>green</td>
<td>print</td>
<td>tree</td>
</tr>
<tr>
<td>brown</td>
<td>cross</td>
<td>draw</td>
<td>frog</td>
<td>grass</td>
<td>proud</td>
<td>trip</td>
</tr>
<tr>
<td>bread</td>
<td>creek</td>
<td>dry</td>
<td>frost</td>
<td>gray</td>
<td>press</td>
<td>truck</td>
</tr>
<tr>
<td>brave</td>
<td>crib</td>
<td>drum</td>
<td>fresh</td>
<td>grab</td>
<td>price</td>
<td>trap</td>
</tr>
<tr>
<td>branch</td>
<td>crow</td>
<td>drag</td>
<td>from</td>
<td>grand</td>
<td>pretty</td>
<td>trail</td>
</tr>
</tbody>
</table>
I.A. **Consonant blends and digraphs**

Fill in the missing spaces with a blend to make a whole word. Use these blends: **br, cr, dr, fr, gr, pr, or tr.** Some words may have more than one right answer.

1. ____ ont 2. ____ umb 3. ____ ove 4. ____ ush
5. ____ ake 6. ____ op 7. ____ ew 8. ____ ain
9. ____ ape 10. ____ ade 11. ____ eat 12. ____ amp
13. ____ ince 14. ____ ize 15. ____ ick 16. ____ esent

Now, say these lists of words out loud. Listen for the beginning blend.

<table>
<thead>
<tr>
<th>cl</th>
<th>fl</th>
<th>pl</th>
<th>sl</th>
</tr>
</thead>
<tbody>
<tr>
<td>close</td>
<td>flower</td>
<td>play</td>
<td>sleep</td>
</tr>
<tr>
<td>climb</td>
<td>flake</td>
<td>plant</td>
<td>sly</td>
</tr>
<tr>
<td>club</td>
<td>floor</td>
<td>plow</td>
<td>slow</td>
</tr>
<tr>
<td>clay</td>
<td>fly</td>
<td>place</td>
<td>slim</td>
</tr>
<tr>
<td>clean</td>
<td>flat</td>
<td>plane</td>
<td>slide</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>sp</th>
<th>st</th>
<th>sk</th>
<th>gl</th>
</tr>
</thead>
<tbody>
<tr>
<td>spirit</td>
<td>start</td>
<td>skim</td>
<td>glass</td>
</tr>
<tr>
<td>spend</td>
<td>stay</td>
<td>sky</td>
<td>glove</td>
</tr>
<tr>
<td>sport</td>
<td>store</td>
<td>skip</td>
<td>glad</td>
</tr>
<tr>
<td>space</td>
<td>stick</td>
<td>skirt</td>
<td>globe</td>
</tr>
<tr>
<td>speed</td>
<td>star</td>
<td>skunk</td>
<td>glow</td>
</tr>
</tbody>
</table>
I.A. Consonant blends and digraphs

Add a letter in front of each word below to make a whole word. Circle the consonant blend. Use these letters: c, f, p, g, or s.

1. __lear 2. __LEEP 3. __love 4. __lenty
5. __lew 6. __lown 7. __peech 8. __loat
9. __lease 10. __pear 11. __tory 12. __lace
13. __lain 14. __low 15. __lower 16. __lide

Sometimes, two consonants together do not blend to make one sound. They make a whole new sound. Ch, as in child; sh as in sheep; wh as in why; and th as in that show how two consonants together can make one new sound.

Wh has two sounds. Most of the time it sounds as in the words when or white. But when an o follows wh, the w is silent as in the words who or whole.

Say these lists of words out loud. Listen for the beginning sound.

<table>
<thead>
<tr>
<th>ch</th>
<th>sh</th>
<th>wh</th>
<th>th</th>
</tr>
</thead>
<tbody>
<tr>
<td>chant</td>
<td>shell</td>
<td>what</td>
<td>think</td>
</tr>
<tr>
<td>chew</td>
<td>short</td>
<td>wheel</td>
<td>thunder</td>
</tr>
<tr>
<td>chip</td>
<td>sharp</td>
<td>wheat</td>
<td>thorn</td>
</tr>
<tr>
<td>cheap</td>
<td>shirt</td>
<td>where</td>
<td>then</td>
</tr>
<tr>
<td>chair</td>
<td>shape</td>
<td>which</td>
<td>they</td>
</tr>
</tbody>
</table>
1.A. **Consonant blends and digraphs**

Use these words to fill the spaces below.

white  shade  chief  that
short  shell  which  who
chant  things  shake  what

1. The child saw a pretty ________ in the sand.
2. An old man sat in the ________ of the tree.
3. ________ horse is very fat.
4. I will put the ________ beads on the blue dress.
5. The tall girl had ________ hair.
6. ________ shirt belongs to you?
7. ________ will buy this ring?
8. The young man hoped to be ________ one day.
9. A ________ is a prayer sung by a holy man.
10. ________ the jar before you open it.
11. Put those ________ back in the box.
12. ________ is the name of the dance?
I.A. Consonant blends and digraphs

Read this story. Circle all the consonant blends and ch, sh, wh, and th words that you can find. The first one is done for you. (Hint: you should find 40 in all.)

In Rabbit's House

Rabbit had a house. Into his house a snake. He stayed there, waiting for the owner to return so he could eat him.

When the rabbit came home, he saw the track of the snake in front of his house. He said, "Good morning, my house."

There was no answer. A second time he greeted the house and there was no reply.

When there was no answer the third time, the rabbit said, "Oh, my house, why do you not speak to me? Is something the matter?"

And again, he said, "Good morning, house."

"Good morning, my owner," spoke the snake from within.

Then the rabbit said, "What! Whoever heard of a house speaking? It is clear that a sly enemy is inside." So he sped away and made himself a new house.

Yaqui Myths and Legends
Ruth W. Giddings
I. WORD ANALYSIS

B. Vowel digraphs and diphthongs

You may recall that vowels are the letters a, e, i, o, and u. A vowel can have a short sound — as in the word hat. A vowel sound can have a long sound — as in the word hate. When two vowels are together in a word, the first vowel is often long. The second vowel may be silent. Let's look at some vowels you will often see together.

The vowels ai and ay can have the long a (a) sound you hear in the word made.

Say these words out loud so you can hear the a sound.

maid aim way day
paid rain gray clay

Write the correct word in each blank.

1. The __________ cleaned the hotel rooms.
   (main — maid)

2. The woman knew where to find the __________ for her pottery.
   (clay — stay)

3. He felt a __________ in his leg when he fell.
   (pain — pay)

4. We saw the tree __________ in the wind.
   (way — sway)

5. This is a good __________ to go to town.
   (play — day)
1.B. Vowel digraphs and diphthongs

6. Please _________ for the candy.
   (pay – say)

7. After the hard _________, the flood came.
   (grain – rain)

8. The rabbit ran _________ from the dog.
   (say – away)

The vowels ee, ea, and ie can have the long e (ə) sound you hear in the word bee.

Say these words out loud so you can hear the ə sound.

- teeth
- leaf
- chief
- keep
- please
- field
- sheep
- means
- piece

Circle all the words that have the ə sound.

1. Please, keep off the grass.

2. How do you feel today?

3. Don’t fall asleep or the sheep may stray.

4. I can’t believe the beans were so cheap.

5. The thief took a big piece of cake.

6. The chief crossed the creek to miss the bees.
7. Clean your teeth after you eat.
8. The east field seems to be green.

The vowels oe, ow, and oa can have the long o (ö) sound you hear in the word boat.

Say these words out loud so you can hear the ö sound.

- toe
- know
- coat
- hoe
- throw
- road
- foe
- bowl
- toast

Put these words in the right spaces in the sentences below.

row goat hoe road
doé grow bowl boat

1. We used a _______ ___ when we went fishing.
2. The _________ ran through the forest.
3. I like to sit in the back _________ at the movies.
4. Tie the rope around the _________.
5. The corn will _________ tall.
I.B. Vowel digraphs and diphthongs

6. We must ______ the garden to get rid of weeds.

7. He turned down the wrong ______.

8. Wash the ______ when you finish eating.

You have seen how the vowels ea can have the long e (ē) sound, but they can also have the short e (ē) sound that you hear in red.

Say these words using the ē sound.

head ready meadow
bread spread health

You have also seen how the vowels ie can have the long e (ē) sound, but they can also have a long i (ī) sound as in the word hide.

Say these words using the ī sound.

pie tried fried
tie dried died
Vowel digraphs and diphthongs

Put a line under the ea words that have the e sound, and circle the ie words that have the i sound.

For example:

The smell of fried fish spread through the house.

1. Don’t bump your head on the dried branch.
2. Tie your shoe before you walk through the meadow.
3. The pie is ready to eat.
4. My wife makes the best fried bread.

The letters ew do not make a short or long vowel sound. They make a sound like you hear in the word new.

Say these words out loud.

few flew drew
new stew fewer

Use these same words in the sentences below.

1. Your ________ tastes better than mine.
2. I have ________ children than she.
3. My son needs a ________ coat for winter.
4. The eagle ________ to the top of the cliff.
1. Chase the b____aw____from the st____
   (ee, ea)     (ie, ay)     (oa, ew)

2. Bl____your nose after you sn____ze, pl____se.
   (ow, ai)     (ay, ee)     (ea, ie)

3. Do you ____t your t____st pl____n?
   (ie, ea)     (oa, ea)     (ai, ay)

4. The gr____n grass gr____in the f____ld.
   (ie, ee)     (ew, oi)     (oe, ie)

5. I spent my p____ check on a n____ b____t.
   (ay, ai)     (ow, ew)     (oa, oe)

6. The old g____t tr____d to sn____k out.
   (oa, ow)     (ai, ie)     (ea, oe)

7. He dr____ a picture of the d______
   (ow, ew)     (oe, ee)
I.  WORD ANALYSIS

C.  Final “e”

You may recall that in small words with one vowel in the middle, the vowel often has its short sound. For example: hat, pin, and cut have short vowel sounds. But when you add the letter e to the end of these words, it changes the short middle vowel sound to its long sound. It becomes a new word. The e at the end is silent. (é).

<table>
<thead>
<tr>
<th>Word</th>
<th>Becomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>hat</td>
<td>hâté</td>
</tr>
<tr>
<td>pin</td>
<td>piné</td>
</tr>
<tr>
<td>cut</td>
<td>cûté</td>
</tr>
</tbody>
</table>

Here are some more:

<table>
<thead>
<tr>
<th>Word</th>
<th>Becomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>hid</td>
<td>hîdé</td>
</tr>
<tr>
<td>past</td>
<td>pâsté</td>
</tr>
<tr>
<td>plan</td>
<td>plâné</td>
</tr>
<tr>
<td>rip</td>
<td>ripé</td>
</tr>
<tr>
<td>dim</td>
<td>dîmé</td>
</tr>
</tbody>
</table>

Now you try a few. Make a new word by adding e. Then write the new word again. Use the long vowel ( - ) and silent vowel (/) markings. The first one is done for you.

1. rat  
2. tap  
3. win  
4. bit  

<table>
<thead>
<tr>
<th></th>
<th>Rate</th>
<th>Râté</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
I.C. Final "e"

5. can
6. twin
7. kit
8. mad

Now read these words using the final e rule.

mile  flame  blame  grape
while  huge  blaze  stroke
trade  taste  brave  rite

---

15
I.C. Final “e”

Use these words in the spaces below to make a whole sentence.

smoke  mule  tame  brave
slide  graze  taste  shake

1. We use a pack ________ to carry supplies into the canyon.

2. He will need to ________ that horse before he can ride him.

3. I wish you would not ________ in this room.

4. Let the sheep ________ in this field.

5. Don’t ________ on the ice.

6. The ________ dog saved the man from the fire.

7. ________ the rug to get the dust out.

8. Does this corn ________ good to you?
I.C. Final “e”

Circle the word that fits in the sentence.

1. Can I have a (dime, time) for the candy?
2. Are your boots the same (side, size) as mine?
3. We are going to the basketball (game, same).
4. Do you like (mice, rice) with your meal?
5. Don’t (dive, five) into that water.
6. There are (line, nine) men on the team.
7. What is your son’s (name, came)?
8. How high is that (pine, line) tree?
I. WORD ANALYSIS

D. Root words and word endings

In the English language, we have root words. The root is the meaning part of the word. Some root words are used to tell something about other words. One of these is the word tall. You can say

The tall boy
This tells you something about the boy.

If you have two boys, you can still use the word tall to tell something about them. One may be tall, and the other may be not so tall. You could say

Jim is taller than Sam is.

You have added -er to the end of the root word tall to tell something about the two boys. This is called comparing the boys.

If you have three boys — Jim, Sam, and Lance — you can say

Lance is the tallest of the three boys.

You have added -est to the root word tall to tell about the three boys. When you compare three or more things, words like tallest usually have the word the in front of them.

Here is another example:

Today is a cold day.

Yesterday was colder than today.
(Comparing two days)

Christmas Day was the coldest day of the year.
(Comparing all the days in one year)
I.D. Root words and word endings

Remember that you add the word ending -er to a root when you are comparing two things. You use the word ending -est when you are comparing three or more things.

Here are more root words with -er and -est endings.

<table>
<thead>
<tr>
<th>ROOT WORD</th>
<th>COMPARING TWO THINGS</th>
<th>COMPARING THREE OR MORE THINGS</th>
</tr>
</thead>
<tbody>
<tr>
<td>tall</td>
<td>taller</td>
<td>tallest</td>
</tr>
<tr>
<td>rich</td>
<td>richer</td>
<td>richest</td>
</tr>
<tr>
<td>sharp</td>
<td>sharper</td>
<td>sharpest</td>
</tr>
<tr>
<td>clean</td>
<td>cleaner</td>
<td>cleanest</td>
</tr>
<tr>
<td>fair</td>
<td>fairer</td>
<td>fairest</td>
</tr>
<tr>
<td>sweet</td>
<td>sweeter</td>
<td>sweetest</td>
</tr>
<tr>
<td>plain</td>
<td>plainer</td>
<td>plainest</td>
</tr>
<tr>
<td>lean</td>
<td>leaner</td>
<td>leanest</td>
</tr>
<tr>
<td>cold</td>
<td>colder</td>
<td>coldest</td>
</tr>
<tr>
<td>light</td>
<td>lighter</td>
<td>lightest</td>
</tr>
</tbody>
</table>
**I.D. Root words and word endings**

Now, you write the new words in the columns below by adding -er and -est to the root words.

<table>
<thead>
<tr>
<th>ROOT WORD</th>
<th>ROOT + er</th>
<th>ROOT + est</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. young</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. warm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. great</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. long</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. small</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. short</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. high</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. deep</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

In the sentences below, circle the right word. Be sure to decide how many things are being compared. Remember that adding -er and -est does not change the meaning of the root word. It is only used to compare things.

1. My horse is (swifter, swiftest) than your horse.

2. That woman is the (older, oldest) of all the women in the village.
I.D. Root words and word endings

3. My brother's steak is (thicker, thickest) than my steak.

4. The two children were sick. The little boy was (sicker, sickest) than his sister.

Now try to make the new words yourself. Remember, if there are two things, add -er to the word given. If there are three (or more) things, add -est to the word.

(cold) 1. Our new house is _________ than our old house.

(fast) 2. My friend has three horses. The gray one is the _________ of the three.

(dark) 3. Jane's hair is _________ than Beth's hair.

(slow) 4. When the three brothers race, Jack is the _________ one.

(soon) 5. I arrived at the farm _________ than my father arrived.

(quick) 6. The cat is _________ than the old dog.

(hard) 7. Helen works the _________ of all the students.

(small) 8. Don ate the _________ piece of pie.
I.D. Root words and word endings

When a root word ends in silent e (e), you must drop the e before adding the endings that start with a vowel, like -er and -est. So, you have

\[
\text{wise} + \text{er} = \text{wiser}
\]
\[
\text{wise} + \text{est} = \text{wisest}
\]

Now, you make the new words by adding the endings to the root.

<table>
<thead>
<tr>
<th>ROOT WORD</th>
<th>ROOT + er</th>
<th>ROOT + est</th>
</tr>
</thead>
<tbody>
<tr>
<td>nice</td>
<td></td>
<td></td>
</tr>
<tr>
<td>late</td>
<td></td>
<td></td>
</tr>
<tr>
<td>wide</td>
<td></td>
<td></td>
</tr>
<tr>
<td>fine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ripe</td>
<td></td>
<td></td>
</tr>
<tr>
<td>safe</td>
<td></td>
<td></td>
</tr>
<tr>
<td>white</td>
<td></td>
<td></td>
</tr>
<tr>
<td>pure</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
I.D. Root words and word endings

When a word ends in a single consonant that comes after a short vowel, like hot, you double the consonant before you add -er or -est. So you have

\[
\begin{align*}
\text{hot} + \text{er} &= \text{hotter} \\
\text{hot} + \text{est} &= \text{hottest}
\end{align*}
\]

Now you make the new words by adding -er or -est to the root. For these words, be sure to double the final consonant.

<table>
<thead>
<tr>
<th>ROOT WORD</th>
<th>ROOT + er</th>
<th>ROOT + est</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. red</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. mad</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. big</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. sad</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. slim</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. flat</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. fat</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. thin</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
I.D. Root words and word endings

Sometimes a word ends in a y that comes after a consonant, like dry, then, you must change the y to i before you add -er or -est, like this:

- dry + er = drier
- dry + est = driest

Now you make the new words by adding -er and -est to the root words.

<table>
<thead>
<tr>
<th>ROOT WORD</th>
<th>ROOT + er</th>
<th>ROOT + est</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. dirty</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. happy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. pretty</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. busy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. fancy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. easy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. sorry</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. dusty</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
I. WORD ANALYSIS

E. Prefixes and suffixes

A prefix is a word part. It is added to the front of a root word to make another word. For example, if you add -un to the root word kind, you form a new word, unkind. Unkind means not kind. A prefix also changes the meaning of the root word. Prefixes have meanings of their own. Some common prefixes and their meanings are:

- **un-**: both mean not
- **dis-**
- **re-**: means do again
- **en-**: both mean cause to be or make
- **in-**

The two prefixes un- and dis- can be added to root words you already know to make new words.

<table>
<thead>
<tr>
<th>ROOT</th>
<th>ROOT + PREFIX</th>
<th>MEANING</th>
</tr>
</thead>
<tbody>
<tr>
<td>able</td>
<td>disable</td>
<td>not able</td>
</tr>
<tr>
<td>like</td>
<td>dislike</td>
<td>not like</td>
</tr>
<tr>
<td>easy</td>
<td>uneasy</td>
<td>not easy</td>
</tr>
<tr>
<td>fair</td>
<td>unfair</td>
<td>not fair</td>
</tr>
<tr>
<td>appear</td>
<td>disappear</td>
<td>not appear</td>
</tr>
<tr>
<td>approve</td>
<td>disapproved</td>
<td>not approve</td>
</tr>
<tr>
<td>wise</td>
<td>unwise</td>
<td>not wise</td>
</tr>
<tr>
<td>certain</td>
<td>uncertain</td>
<td>not certain</td>
</tr>
<tr>
<td>lucky</td>
<td>unlucky</td>
<td>not lucky</td>
</tr>
</tbody>
</table>
I.E. Prefixes and suffixes

Put a line under the word in each sentence that has a prefix meaning not.

1. The two boys always disagreed.
2. The old man was unable to see.
3. The story you told was untrue.
4. Being dishonest is a bad habit.

In each sentence below, there is a word which is missing the prefix un- or dis. Choose the correct prefix and write it in front of the word.

5. Dave decided to _______ saddle his horse after the ride.
6. The children would never _______ obey their grandmother.
7. He lost all his money, and he felt _______ lucky.
8. Sam _______ likes mustard on his hotdog.
I.E. Prefixes and suffixes

The prefix re- often means do again. Repaint means to paint again.

<table>
<thead>
<tr>
<th>ROOT</th>
<th>ROOT + PREFIX</th>
<th>MEANING</th>
</tr>
</thead>
<tbody>
<tr>
<td>use</td>
<td>reuse</td>
<td>use again</td>
</tr>
<tr>
<td>tie</td>
<td>retie</td>
<td>tie again</td>
</tr>
<tr>
<td>fresh</td>
<td>refresh</td>
<td>make fresh again</td>
</tr>
<tr>
<td>wash</td>
<td>rewash</td>
<td>wash again</td>
</tr>
</tbody>
</table>

Put a line under the word that has a prefix meaning do again.

1. Uncle John had to reload his gun.
2. Sue asked grandmother to retell the story.
3. The clothes were still dirty, and we had to rewash them.
4. Before we mailed the box, we had to reopen it.

The prefixes en- and in- can mean in or to make.

<table>
<thead>
<tr>
<th>ROOT</th>
<th>ROOT + PREFIX</th>
<th>MEANING</th>
</tr>
</thead>
<tbody>
<tr>
<td>able</td>
<td>enable</td>
<td>to make able</td>
</tr>
<tr>
<td>side</td>
<td>inside</td>
<td>within the sides of</td>
</tr>
<tr>
<td>large</td>
<td>enlarge</td>
<td>to make larger</td>
</tr>
<tr>
<td>land</td>
<td>inland</td>
<td>inside the land</td>
</tr>
</tbody>
</table>
I.E. *Prefixes and suffixes*

Put a line under the word that has a prefix meaning in or make.

5. Dark shadows encircled the camp.

6. Dan has a small income.

7. We always enjoy a good movie.

8. The chief inhaled the smoke from the pipe.

The words below contain all of the prefixes used in this lesson. Put a circle around each prefix. The first one is done for you.

1. **dis**please

2. uncertain

3. disorder

4. distrust

5. unfair

6. reread

7. enlist

8. inside

9. enable

10. refill

11. enclose

12. insight

13. rewrap

14. inform

15. endanger

16. enrich
I.E. Prefixes and suffixes

A suffix is a word part that is added to a root word. Adding a suffix makes a new word. A suffix can have a meaning of its own. Knowing these meanings can help you understand new words.

Some common suffixes and their meanings are:

- *-ly* (lē) — means like
  
  friend + ly = friendly (this means like a friend)
  
  coward + ly = cowardly (like a coward)

- *-less* (lēs) — means without
  
  home + less = homeless (without a home)
  
  help + less = helpless (without help)
  
  hope + less = hopeless (without hope)

- *-y* (ē) — means showing
  
  hill + y = hilly (showing hills)
  
  wave + y = wavy (showing waves)

- *-ness* (nēs) — means state
  
  soft + ness = softness (state of being soft)
  
  short + ness = shortness (state of being short)
  
  dark + ness = darkness (state of being dark)
I.E. Prefixes and suffixes

-**er** (ur) — means doer or maker
  
  hunt + er = hunter (one who hunts)
  
  teach + er = teacher (one who teaches)
  
  farm + er = farmer (one who farms)

-**ful** (fol) — means full of
  
  thank + ful = thankful (full of thanks)
  
  use + ful = useful (full of use)

-**ish** (ish) — means like
  
  child + ish = childish (like a child)
  
  devil + ish = devilish (like a devil)
I.E.  Prefixes and suffixes

Read the story about the yucca [yūk' ú] plant below. Then, go back and put a line under the words that have suffixes. (There are 10 words.) The first one is done for you.

The yucca plant is very useful. Its roots grow thickly and can be dug up for food. The roots can be boiled or roasted and turn a reddish color. They will have a sweetness like a sweet potato. Boiled yucca roots can be used as a soap to wash hair. It is colorless and makes hair shiny and bright. Yucca can be helpful medicine and will quickly cure a headache. Weavers can use yucca to make a strong rope. Indians used yucca rope to make bridges across wide rivers. Potters used the yucca leaves to make baskets and water pots.

Put a circle around the right suffix and write it in the space after the root word.

1. Jack is a good kick _______. (er, ly)
2. A pow-wow is a joy _______ time. (ful, less)
3. Sara has a pink _______ sweater. (ness, ish)
Prefixes and suffixes

4. The old man was tooth ______. (ly, less)

5. He was clear _______ the man to beat. (ly, er)

6. The baby’s glad ______ showed on his face. (ness, y)

7. Everyone was thirst ______ after the race. (ly, y)

8. The friend ______ boy smiled. (y, ly)

Some of the words here have prefixes and some have suffixes. Write the root word where it says ROOT. Write the prefix or the suffix where it says to. The first two have been done for you.

<table>
<thead>
<tr>
<th>ROOT</th>
<th>PREFIX</th>
<th>SUFFIX</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. disable</td>
<td>able</td>
<td>dis</td>
</tr>
<tr>
<td>2. harmful</td>
<td>harm</td>
<td>ful</td>
</tr>
<tr>
<td>3. indirect</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. rejoin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. uneasy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. teacher</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

38
I.E. Prefixes and suffixes

<table>
<thead>
<tr>
<th>ROOT</th>
<th>PREFIX</th>
<th>SUFFIX</th>
</tr>
</thead>
<tbody>
<tr>
<td>7. enjoy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. helpful</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. swiftly</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. smoothness</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. cloudy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. unfair</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13. insight</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14. disorder</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15. unchain</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16. pinkish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17. printer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18. lifeless</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19. secretly</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20. salty</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
I. WORD ANALYSIS

F. Contractions with not

A contraction is a short way of writing two words. The two words are written as one word. But, one or more letters have been left out. An apostrophe (') stands for the missing letters.

One of the most often used contractions is the word not with another word, like

\[ \text{have} + \text{not} = \text{haven't} \]

Here, the words have and not are written as one word. The o from not has been left out. An apostrophe (') is put where the o was.

Other contractions with not are:

\[
\begin{align*}
\text{had} & \quad + \quad \text{not} & = & \quad \text{hadn't} \\
\text{can} & \quad + \quad \text{not} & = & \quad \text{can't} \\
\text{could} & \quad + \quad \text{not} & = & \quad \text{couldn't} \\
\text{do} & \quad + \quad \text{not} & = & \quad \text{don't} \\
\text{does} & \quad + \quad \text{not} & = & \quad \text{doesn't} \\
\text{would} & \quad + \quad \text{not} & = & \quad \text{wouldn't} \\
\text{should} & \quad + \quad \text{not} & = & \quad \text{shouldn't} \\
\text{is} & \quad + \quad \text{not} & = & \quad \text{isn't} \\
\text{are} & \quad + \quad \text{not} & = & \quad \text{aren't} \\
\text{was} & \quad + \quad \text{not} & = & \quad \text{wasn't} \\
\text{were} & \quad + \quad \text{not} & = & \quad \text{weren't} \\
\end{align*}
\]

A special contraction is will + not. Here, the spelling changes. The contracted word is won't.
I.F. Contractions with not

Now, read the passage that follows and put a line under the contraction in each sentence. Then, write the contractions on the line below.

(1) Before the white men came to the Southwest, the Pimas hadn't planted crops on all of their land. (2) They couldn't have lived without eating some of the wild plants. (3) At harvest time, the ears of corn weren't picked by the Pimas. (4) They pulled up the whole plant so the field wouldn't have plants on it the next year. (5) The corn wasn't stored until after it was roasted. (6) Corn wasn't hidden from enemies by the Pimas. (7) The baskets for storing corn didn't have bottoms. (8) They couldn't be picked up and carried away.

Pima and Papago Indian Agriculture
Edward F. Castetter and Willis H. Bell

1. ______________
2. ______________
3. ______________
4. ______________
5. ______________
6. ______________
7. ______________
8. ______________
I.F. Contractions with not

Use the contractions from the list to fill in the blanks in the sentences. Some of the contractions could be used in more than one sentence.

weren't hadn't
won't can't
doesn't couldn't
aren't shouldn't

1. We _______ go home until we finish our work.

2. Lance _______ like to drink coffee.

3. _______ you ask your grandmother to go to the pow-wow?

4. We _______ going home for the dance.

5. He _______ seen his father for two years.

6. The brothers _______ be here before dark.

7. I _______ answer your questions.

8. My sisters _______ ready for dinner.
I.F. *Contractions with not*

Use the two words in front of each sentence to make a contraction. Write the new word in the space.

(cannot) 1. Fran ______ go to school because she is sick.

(would not) 2. Tom ______ leave until his mother came home.

(could not) 3. We ______ see the top of the mountain.

(Are not) 4. ________ you coming into town with us?

(does not) 5. She ________ know how to make fry bread.

(should not) 6. I ________ eat all this bread!

(is not) 7. Dave ________ my favorite brother.

(were not) 8. The boys ________ far from home when we saw them.
I. WORD ANALYSIS

G. Alphabetizing to two letters

These are the letters in the English alphabet: a b c d e f g h i j k l m n o p q r s t u v w x y z.

The letters of the alphabet always come in this order. We call this alphabetical order. Let’s say you want to write the words tree, sand, and mesa in alphabetical order. Look at the first letter of each word. Then write the word whose letter comes first in the alphabet. M comes before t and s in the alphabet. The word mesa is the first word you write. since s comes before t in the alphabet, the word sand is the next word you write. Write tree last. These words written in alphabetical order should look like this:

mesa
sand
tree

Put these words in order by the alphabet. The first one is done for you:
cactus
defeathers
arrows
mountain
hogan

1. ______ arrow ______
2. ________
3. __________
4. __________

I.G. Alphabetizing to two letters

5. ____________

6. ____________

Now put these words in order of the alphabet.

<table>
<thead>
<tr>
<th>winter</th>
<th>pipe</th>
</tr>
</thead>
<tbody>
<tr>
<td>smoke</td>
<td>tail</td>
</tr>
<tr>
<td>nail</td>
<td>rain</td>
</tr>
</tbody>
</table>

7. ____________

8. ____________

9. ____________

10. ____________

11. ____________

12. ____________

Sometimes, all of the words in a group start with the same letter. Then, you must look at the second letter in each word. Put the words in order by that letter. For example: to put the words bush, branch, and basket in order, you must list them by the second letter in each word. Since a comes before u and r, the word basket is listed first. The word branch comes next. The word bush is last. These words, put in alphabetical order, look like this.

basket branch bush
I.G. Alphabetizing to two letters

Look at the list of words below. The second letter of each word has a line under it. Put the words in order by the second letter.

<table>
<thead>
<tr>
<th>ashes</th>
<th>attack</th>
</tr>
</thead>
<tbody>
<tr>
<td>alone</td>
<td>animal</td>
</tr>
<tr>
<td>arrow</td>
<td>autumn</td>
</tr>
<tr>
<td>acorn</td>
<td>aim</td>
</tr>
</tbody>
</table>

1. ____________
2. ____________
3. ____________
4. ____________
5. ____________
6. ____________
7. ____________
8. ____________

Now, put these words in order using the second letter of each word.

| ashes   | animal |
| arrow   | autumn |

1. ____________
2. ____________
3. ____________
4. ____________
I.G. Alphabetizing to two letters

Knowing how to put words in alphabetical order can be very helpful. You may need to find the name of a person or a store in a telephone book. These are listed in order of the alphabet. A person is listed by his last name. A store is listed by the first word of the store's name.

For example, if you wanted to call the Phoenix Indian Center, you would look under P in the phone book. There are many P words in the phone book. You must then look at the second letter, h, to find the Phoenix Indian Center listed after Park Hotel, but before Pina Paint Company.

If you want the phone number of Robert Begay, would you find it listed before or after John Barnes?

Did you answer “after”? Good!! The names Begay and Barnes both begin with B, so you must look at the second letters, a and e. Since e comes after a in the alphabet, the name Begay is listed after Barnes.

Here is a list of store names. Put a 1 on the line in front of the name that would be listed first in the phone book. Now put the rest of the names in order by the alphabet. Use numbers 2, 3, and 4 to show the order.

1. _________ Corn House Cafe
2. _________ Circle K
3. _________ Cactus Candy Company
4. _________ Children’s World
I.G. Alphabetizing to two letters

Here is a list of people's names. Remember that the last name is written first in the phone book. Put these names in order by writing 1, 2, 3, and 4 on the lines in front of the names.

5. _____ Lightfoot, Nancy
6. _____ Levy, Peter
7. _____ Lopez, Rosa
8. _____ Lance, James
UNIT II
II. VOCABULARY

A. Sight word vocabulary

There are many words that you should know that may not follow any rules you have learned. These are words that your teacher will help you with until you know them.

Read the following list of words and put an X by any word you don’t know. Write each word you don’t know on a card or slip of paper which your teacher will give you. Write only one word on each card. Ask your teacher to tell you what the word is. Remember, you should read these words over and over until you know them.

<table>
<thead>
<tr>
<th>ADMIT</th>
<th>COUGH</th>
<th>HIGHWAY</th>
<th>MESA</th>
<th>RITE</th>
<th>THOUSAND</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADULTS</td>
<td>COUNTRY</td>
<td>HOLIDAY</td>
<td>MINUTE</td>
<td>SALARY</td>
<td>THROUGH</td>
</tr>
<tr>
<td>ALLOWED</td>
<td>CURVE</td>
<td>HOSPITAL</td>
<td>NURSE</td>
<td>SAGE</td>
<td>TOWELS</td>
</tr>
<tr>
<td>ALREADY</td>
<td>DANGER</td>
<td>INCREASE</td>
<td>OFFICE</td>
<td>SIGNAL</td>
<td>TRAFFIC</td>
</tr>
<tr>
<td>ARRIVED</td>
<td>DETOUR</td>
<td>INTERNAL</td>
<td>PARAGRAPH</td>
<td>SINGLE</td>
<td>VALUE</td>
</tr>
<tr>
<td>AVENUE</td>
<td>ENTRANCE</td>
<td>LAUGH</td>
<td>PEOPLE</td>
<td>SPECIAL</td>
<td>VIOLATE</td>
</tr>
<tr>
<td>BRIDGE</td>
<td>EXIT</td>
<td>LEGAL</td>
<td>POISON</td>
<td>SUGAR</td>
<td>WARNING</td>
</tr>
<tr>
<td>CAFE</td>
<td>EXTERNAL</td>
<td>LIBRARY</td>
<td>POLICE</td>
<td>SYSTEM</td>
<td>WEIGH</td>
</tr>
<tr>
<td>CAUSE</td>
<td>FURNACE</td>
<td>MANAGER</td>
<td>PRIVATE</td>
<td>TELEPHONE</td>
<td>WINDING</td>
</tr>
<tr>
<td>CLOTHES</td>
<td>GASOLINE</td>
<td>MENU</td>
<td>PROMISE</td>
<td>THOUGH</td>
<td>WOMEN</td>
</tr>
<tr>
<td>CREDIT</td>
<td>GOVERNOR</td>
<td>MERGE</td>
<td>RADAR</td>
<td>THOUGHT</td>
<td>YIELD</td>
</tr>
</tbody>
</table>

| 45 | 50 |
II.A. Sight word vocabulary

Use these words in the sentence below.

furnace manager office sage
governor increase allowed merge
poison violate warning adults

1. I talked to the store ________ about the job.

2. The sign said that pets were not ________.

3. When it turns cold, we turn on the ________.

4. After it rains in the desert, the smell of ________ is very strong.

5. The ________ of the state came to speak with the tribe.

6. The policeman gave me a ________ for speeding.

7. The new lambs will ________ the size of the flock.

8. The traffic sign said to ________ right.

9. Don’t ________ the law by shoplifting.

10. I went to the doctor’s ________ for a checkup.

11. ________ can make you very sick.

12. The children fell asleep, but the ________ danced through the night.
II.A. *Sight word vocabulary*

Write your own sentence using the word on the left.

1. library

2. clothes

3. sugar

4. danger

On the lines below, write the word that fits the meaning.

<table>
<thead>
<tr>
<th>thousand</th>
<th>gasoline</th>
<th>towel</th>
<th>legal</th>
<th>external</th>
</tr>
</thead>
<tbody>
<tr>
<td>signal</td>
<td>curve</td>
<td>entrance</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1. A way into a room

2. A traffic light

3. Used to wipe your hands on

4. A bend in the road

5. Outside area

6. A large number

7. Having to do with the law

8. Used in a car to make it run
II.A. *Sight word vocabulary*

Circle the word that fits the sentence.

1. Joe’s truck got stuck when he tried to drive *(though, through)* the sandy wash.
2. I did not find any soup listed on the *(minute, menu)*.
3. A holy man is needed for the Blessing Way *(radar, rite)*.
4. You must *(weigh, winding)* the fruit before you pay for it.
5. My father’s house does not have a *(telephone, another)*.
6. Bill does not put *(single, sugar)* in his coffee.
7. The *(bridge, laugh)* over the river is not safe.
8. When we got to the top of the *(merge, mesa)*, the land was *flat*.
II. VOCABULARY

B. Compound words

A compound word is a word made up of two words. Words like cornmeal, footprint, and sandstorm are compound words. Each word in a compound word has a meaning by itself. When you put the words together, they make a new word.

snow + storm = snowstorm

Write the word in list A with the word in list B on the line under C to make a new word. For example:

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>up</td>
<td>on</td>
<td>upon</td>
</tr>
<tr>
<td>1. some</td>
<td>time</td>
<td></td>
</tr>
<tr>
<td>2. him</td>
<td>self</td>
<td></td>
</tr>
<tr>
<td>3. after</td>
<td>noon</td>
<td></td>
</tr>
<tr>
<td>4. sand</td>
<td>stone</td>
<td></td>
</tr>
</tbody>
</table>
II.B.  Compound words

Put a line under the compound words in each sentence. Be sure that the words you put a line under are made up of two words that can stand on their own.

5. Tall cottonwood trees grow by the riverside.

6. Does your grandmother make good cornbread?

7. The ranger could see the waterfall from her lookout.

8. Anyone can go to the pow-wow this afternoon.
II.B. **Compound words**

Match each word in list A with a word in list B to make a compound word. The first one has been done for you.

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>*rain</td>
<td>plane</td>
<td>raincoat</td>
</tr>
<tr>
<td>1. snow</td>
<td>meal</td>
<td></td>
</tr>
<tr>
<td>2. air</td>
<td>*coat</td>
<td></td>
</tr>
<tr>
<td>3. every</td>
<td>body</td>
<td></td>
</tr>
<tr>
<td>4. corn</td>
<td>storm</td>
<td></td>
</tr>
<tr>
<td>5. foot</td>
<td>bird</td>
<td></td>
</tr>
<tr>
<td>6. sun</td>
<td>dog</td>
<td></td>
</tr>
<tr>
<td>7. watch</td>
<td>print</td>
<td></td>
</tr>
<tr>
<td>8. black</td>
<td>set</td>
<td></td>
</tr>
</tbody>
</table>
UNITS I & II POST-TEST: WORD ANALYSIS/ VOCABULARY

Choose one of the following consonant blends to make a whole word.
br, cr, dr, fr, gr, pr, tr, sl, fl, pl, sl, sp, st, sk, gl, ch, sh, wh, th

1. _____ etty 4. _____ oor 7. _____ under
2. _____ ont 5. _____ eep 8. _____ ere
3. _____ ew 6. _____ ort 9. _____ ab

Choose the correct vowels for the blank spaces. Write them on the line.

10. Don’t thr____ the h____ into the r____ d.
   (aw, ow) (oe, ee) (oa, ea)

11. Pr____ for the r____ n to come tod____.
   (ea, ay) (ay, ai) (r, ai)

12. Pl____ se take the sh____ p across the cr____ k.
   (ea, ai) (ai, ee) (ee, oa)

13. Spr____ d the honey on the fr____ d br____ d.
   (ie, ea) (ie, ee) (ea, ee)

Add -er and -est to these root words to form new words.

<table>
<thead>
<tr>
<th>ROOT WORD</th>
<th>ROOT + er</th>
<th>ROOT + est</th>
</tr>
</thead>
<tbody>
<tr>
<td>14. cold</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15. sad</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16. happy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17. light</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18. nice</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19. thin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20. wide</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Circle the prefix in each word.

21. unfair
22. enable
23. rewash

21. unfair
22. enable
23. rewash

Circle the suffix in each word.

21. darkness
24. distrust
25. unwise
26. inland

21. darkness
24. distrust
25. unwise
26. inland

Write these words as contractions.

33. could not
34. was not
35. will not
36. had not

33. could not
34. was not
35. will not
36. had not

Write these words in alphabetical order.

fort father feather finger

37.
38.
39. feather
40. finger

37. feather
38. finger
39. feather
40. finger
Use these words in the sentences below.

winding minute thousand poison arrived

41. When everyone has ________ we can begin the meal.

42. The ________ path among the rocks was hard to follow.

43. There must have been one ________ people at the powwow.

44. Piki bread takes only a ________ to cook on a hot grill.

45. The tip of the arrow was dipped in ________.

Put a line under the compound word in each sentence.

46. The boys rode on horseback through the dry riverbed.

47. We played basketball every weekend.

48. The blackbird’s nest was in a tree on the hillside.
UNIT III
III. COMPREHENSION

A. Following directions

You must learn to follow directions each time you try to do something new. Often, this means that you must read something that tells you how to do something. When you buy something, like a power tool, there will be written directions. Then you must learn to do just what the directions tell you to do.

To learn to follow directions, you must be careful when you read. You must read each small step and remember it. You must be sure you understand each step.

Here are three hints that will help you learn to follow directions.

1. Know why the directions are given. This means you should understand the reason for the directions. The directions that come with a new tool are there so you will use it correctly.

2. Make a picture in your mind of each step as you read it. Think about doing each step yourself.

3. Make sure you understand the order of the steps. There are some words that will help you, like first, next, after that, then, and finally.
III.A. Following directions

Here are some directions for you to follow:

In the space below, there are five lines. On the fourth line put a B. Put a T on the first line. On the line after the T, write an R. Write an I between the R and the B. On the last line, put an E. What word do you see?

--- --- --- --- ---

The steps for these directions should look like this:

1. On the fourth line, put a B. _ _ _ B _
2. Put a T on the first line. T _ _ B _
3. After the T, put an R. T R _ B _
4. Write an I between the R and the B. T R I B _
5. On the last line, put an E. T R I B E

How did you do on that one? Did you write TRIBE? Now, here's another one for you to try. This is a longer word, so read the directions carefully.

There are eight lines in the space below. Write an E on the second and sixth line. Put an A after the first E you write. Put an R after the second E you wrote. Put an S on the last line. Put an H in front of the second E you wrote. Put a T in front of the H. Put an F on the empty line. What word do you see?

--- --- --- --- --- --- --- ---
III.A. Following directions

Here is a recipe for a kind of bread the Hopis make. It is called piki (pe ke). This bread is eaten at weddings and at other tribal events. As you read this, try to think about making this bread yourself.

WORDS YOU NEED TO KNOW:

Batter [bat’ er] — a thick mixture, like flour and water used in cooking

griddle [grid’ l] — a flat cooking surface or pan

You will need:

- finely ground cornmeal
- water
- ashes of sagebrush

HOPI PIKI BREAD

Mix the ashes of sagebrush into some water and boil them. Mix the boiling water and ashes with the cornmeal. The ashes will make the mix look blue. The ashes also make this bread very good for you to eat. Spread a very thin layer of the batter on a hot stone griddle. The bread will be baked in just a few seconds. Carefully peel the bread from the griddle and roll it up. Enjoy!

Hopi Tales
Ekkehart Molotki
III.A. Following directions

Now answer these questions about the recipe.

1. What two things do you mix together first?

2. Should you spread a thin or thick layer of the piki batter on the stone griddle?

3. How long does it take for the bread to cook?

4. What shape is this bread when you eat it?

Here are the steps of the recipe. They are written in the wrong order. Put a number in front of each step to tell which should come first, second, third, and fourth (1, 2, 3, 4).

5. _____ Spread a very thin layer of the batter on a hot stone griddle.

6. _____ Mix the boiling water and ashes with the cornmeal.

7. _____ Carefully peel the bread from the griddle and roll it up.

8. _____ Mix the ashes of sagebrush into some water and boil it.
III.A. Following Directions

Read these directions for roasting corn. Answer the questions that follow them.

ROASTING CORN

Dig a deep hole in the ground. Put large stones in the bottom. Build a log fire and keep it burning for a long time, or overnight. Clear away the ashes and cover the stones with cornstalks and husks. Place ears of corn in the pit and cover them with more cornstalks and husks. Pour water over the top and cover the pit with dirt. Let the corn steam all day.

*Book of Indian Life Crafts*
Oscar E. Norbeck
III.A. Following Directions

Please circle the correct answer.

1. What must you do before you build the fire?
   a. Cover the stones with corn husks.
   b. Put stones in the bottom of the pit.
   c. Cover the pit with dirt.

2. After the corn is placed in the pit, what should you do next?
   a. Pour water over the top.
   b. Clear away the ashes.
   c. Cover the corn with cornstalks and husks.

3. Just before you cover the pit with dirt, what must you do?
   a. Pour water over the top.
   b. Build a log fire.
   c. Dig a deep hole.

4. What is the last thing you must do to make roasted corn?
   a. Cover the stones with cornstalks and husks.
   b. Clear away the ashes.
   c. Let the corn steam all day.
III. COMPREHENSION

B. Sequencing in narration

In a story, you read about events that take place. These events happen in a certain order. For example, in a story that takes place over one day, the events of the morning will be told first. Next, the events of the afternoon will be told. Then the events of the evening will be told.

Knowing the order that things happen is important. This will help you read directions, recipes, or books that tell you how to do something new.

You must read carefully to understand the order. Look for words like first, next, then, and after that. These words will help you put things in order.

Here is a story about how the Havasupais dried squash and pumpkin. They dried the vegetables at harvest time so they would have something to eat in the winter.

WORDS YOU NEED TO KNOW:

Havasupai [Hā vū sū’ pī] — an Indian tribe living in the Havasu Canyon in Northern Arizona

coil [kōy ūl] — a long, winding piece

flesh [flēsh] — the soft part of a vegetable that you can eat

rind [rīnd] — the hard outside skin of a fruit or vegetable
III.B. **Sequencing in narration**

The **Havasupai** women first cut off the **rind** of the pumpkin or squash. Then, they let the vegetable dry a little on the outside. Next, they took the seeds out of the middle. Some seeds were kept for planting. Some were kept for eating. Then, the women cleaned the inside and let it dry a little. The partly dried **flesh** was cut in one long piece that looked like a **coil**. The coil was hung over a pole until it was dry enough to put away. The poles were put in the people’s houses. Many houses had so many coils of squash and pumpkin hanging down that there was little room for the people. The dried pumpkin and squash were cooked with water and eaten in the winter time.

*People of the Blue Water*
*Flora Grog-llff*

1. What was the first thing that the Havasupai women did to the squash and pumpkin?
   a. They took the seeds out of the middle.
   b. They cut off the rind.
   c. They hung it on poles.

2. When did the women take the seeds out of the middle?
   a. When the squash or pumpkin was finished drying.
   b. After they hung the coils on poles.
   c. After they let the vegetable dry a little on the outside.
III.B. _Sequencing in narration_

3. When did the women hang the vegetable on poles to dry?
   a. Before they took out the seeds.
   b. After the flesh was cut in one long coil.
   c. Before they cut off the rind.

4. When did the people eat the dried squash or pumpkin.
   a. As soon as it was dried.
   b. In the winter.
   c. Before they took out the seeds.

Here are the events of the story. They are not in the right order. Put a 1 on the line in front of what happened first, a 2 on what came next, then 3, 4, 5, 6, 7, and 8.

1. ____ The partly dried flesh was cut in one long piece that looked like a coil.

2. ____ Next, they took the seeds out of the middle.

3. ____ The poles were put inside of the people's houses.

4. ____ The dried squash and pumpkin were cooked with water and eaten in the winter time.

5. ____ The Havasupai women first cut off the rind of the squash or pumpkin.

6. ____ The coil was hung over a pole until it was dry enough to store.
III.B. *Sequencing in narration*

7. ___ Then the women cleaned the inside, and let it dry a little.
8. ___ Then, they let it dry on the outside a little.

The next story is about Bee Woman and Bird Woman. As you read, try to remember the order in which things happen. Be sure to read carefully, so that you will know who did what.

**HOW BEES LEARNED TO FLY AND PEACHES BECAME SWEET**

Bee Woman and Bird Woman lived far apart. They were good friends and liked to talk to each other.

One day Bird Woman went to see Bee Woman at her house. Bee Woman gave Bird Woman some honey. She liked it very much. She invited Bee Woman to come and visit her.

The next day Bee Woman went to visit Bird Woman. It took her a very long time to walk there. Bees had no wings at this time, so she couldn’t fly.

Bird Woman gave Bee Woman some peaches to eat. Bird Woman asked Bee Woman, “Do you like these peaches?”

“Yes,” said Bee Woman, “but they are not very sweet. I’ll give you some of my honey to make them sweeter.” Peaches were not sweet then like they are now.
III.B. *Sequencing in narration*

Bee Woman put some honey on the peaches and ever since then they have been sweet. Bird Woman was very happy, and said to Bee Woman, “I’m glad. I will give you something because you made my peaches taste so good.”

Bird Woman pulled out some of her feathers. She made some wings, and she put them on Bee Woman. She told her, “Now, fly!”

Bee Woman did what she was told. She said, “Now, I can come and visit you more often. I won’t have to walk anymore.”

And ever since then, peaches have been sweet and bees have been able to fly.

*The Kachinas Are Coming*  
Gene N. Hodge

1. Who is the first woman to make a visit?  
   a. Bee Woman  
   b. Bird Woman

2. When does Bird Woman give the peaches to Bee Woman?  
   a. After Bird Woman gives her the wings  
   b. When Bee Woman comes to Bird Woman’s house  
   c. Before Bird Woman goes to Bee Woman’s house
III.B. Sequencing in narration

3. When did Bee Woman give the honey to Bird Woman?
   a. When Bird Woman first came to her house
   b. When Bird Woman pulled out her feathers
   c. When Bird Woman left to go home

4. When did Bee Woman get her wings?
   a. Before she put honey on the peaches
   b. After she put honey on the peaches
   c. Before she left her own house

Here are the events of the story. They are not in the right order. Put the sentences in the right order by putting a number (1, 2, 3, or 4) on the lines. The first one is done for you.

1. ___ Bird Woman gave Bee Woman some peaches.
2. ___ One day Bird Woman went to visit Bee Woman at her house.
3. ___ The next day, Bee Woman went to visit Bird Woman.
4. ___ Bee Woman gave Bird Woman some honey.
III.B. *Sequencing in narration*

Now put these sentences in order to show how the story goes on. Use the number 1, 2, 3, 4, to show the order that things happen.

1. ____ Bird Woman pulled out some of her feathers.
2. ____ Bee Woman put some honey on the peaches.
3. ____ Bee Woman said, “Now I can come and visit you more often.”
4. ____ Bird Woman made some wings and put them on Bee Woman.
C. Finding the main idea

When someone writes a story or a paragraph, there is a reason for doing so. The writer wants to tell you about something or someone. We call this the topic.

Each paragraph has a main idea, or topic. If it didn’t, there would be nothing to write about. One sentence in the paragraph will tell you the main idea. The other sentences tell you more about the main idea.

The main idea is often given in the first sentence. But, it can also be written in the middle or at the end of the paragraph.

In order to find the main idea of a paragraph, ask yourself these questions. First, who or what is the paragraph about? Next, what does the writer really want you to know about who or what?
III.C. Finding the main idea

Now read this paragraph to find the main idea.

WORDS YOU NEED TO KNOW:
mound [mound] — a hill of earth
harvested [har' vēst] — to pick fruits and grains

Some Indians used to plant corn and beans together. The corn was planted on a small mound. Then, the beans were planted around the mound. As the plants grew, the bean vines climbed up the corn stalk. When it was time, they would be harvested together.

To find the main idea of this paragraph, ask yourself who or what is the paragraph about. The answer is: corn and beans.

Next ask, “What does the writer want you to know or understand about corn and beans?” You will find the answer in the first sentence. The other sentences tell you more about the first sentence.

Now you can answer this question on the lines below. What is the main idea of this paragraph?
III.C. **Finding the main idea**

You should have written something like this: "Some Indians used to plant corn and beans together."

Most of the time, a story will have a name, or **title**. A title is a good clue to the main idea. It can tell you what the story is about in a few words. Read the title of a story to learn what the story is about. Use the title to help you understand the main idea of a story.

As you read these next stories, try to think of a title for each one. Remember, the title and the main idea should both tell you what the story is about.

Read these stories and then answer the questions.

**WORDS YOU NEED TO KNOW:**

- village [vil' ij] — a small group of houses
- gathered [gāth' ērd] — to come together
- frightened [frit' nd] — to scare (scared)

The dogs from the **village** gathered in the cornfield to have a dance. Every dog came to join his friends. They took off their tails and hung them up on the leaves of the corn plants. They were dancing that way when they heard a noise on
III.C.  Finding the main idea

the other side of the field. The noise frightened them, so they ran and grabbed any tail they could find and ran back to the village. That is why dogs still go around sniffing at each other's tail. They want their own tails back.

And it Is Still That Way
Byrd Baylor

1. A good title for this story is:
   a. Dogs Are Fun
   b. Why Dogs Sniff Tails
   c. Why Dogs Are Afraid

2. What is the main reason for writing this story?
   a. To tell about the cornfield
   b. To tell about the noise that frightened the dogs
   c. To tell why dogs still sniff each other's tails

3. In what part of the story is the main idea stated?
   a. The end
   b. The middle
   c. The beginning

4. Why did the dogs take off their tails?
   a. To wash them
   b. So they could dance
   c. To trade with their friends
III.C. Finding the main idea

WORDS YOU NEED TO KNOW:

Usen [u’ sēn] — Life Giver — Apache name for the Creator
created [cē ā’ tēd] — made
welfare [wel’ fār] — well being
Apaches [ú pāch’ ēs] — a Southwestern Indian Tribe

For each tribe of men Usen (Life Giver) created, He also made a home. On the land, He placed whatever would be needed for the welfare of that tribe. When Usen created the Apaches, He gave them their homes in the west. He gave them the plants, fruits, and game animals. He gave them all they would need for food, clothes, and shelter. Thus, it was in the beginning. The Apaches and their homes were each created for the other by Usen himself. When they are taken away from these homes, they sicken and die.

as told by Geronimo
Spirits of the Sacred Mountains
William E. Coffer

1. A good title for this story would be:

   a. Apache Creation Story
   b. Plants and Animals the Apaches Need
   c. Life in the Desert
III.C. Finding the main idea

2. The main idea of this paragraph is:
   a. It took a long time for the Apaches to find a home.
   b. Usen created a home for every tribe when He created them.
   c. The Apaches didn’t have food to eat.

3. Where did Usen create the homes of the Apaches?
   a. In the west
   b. In the mountains
   c. Near a lake

4. When Usen created each tribe, what did he give them?
   a. He gave them tools.
   b. He gave them plants and game animals for food and clothes.
   c. He gave them horses to ride.

WORDS YOU NEED TO KNOW:

Navajo [nāv’ ū hō] — a southwestern Indian tribe living mainly in Arizona and New Mexico
contact [kōn’ tākt] — to touch or come close to
fair game [fāir gām] — an easy target
III.C. Finding the main idea

The Navajo "Enemy Way" rite is used to cure a person. This rite is for a sickness caused by contact with non-Indians. On the third day of the rite, the Black Dancers (clowns) have a Mud Dance. At this dance the sick person is dunked in a mud hole. This gets rid of the evil that is making him sick. After that, everyone who has come to watch the event becomes fair game. The clowns catch them and dump them into the mud bath as well.

Ritual of the Wind
Jamake Highwater

1. Who or what is the paragraph about?
   a. A mud bath
   b. The "Enemy Way" rite
   c. How people get sick

2. Where is the main idea stated in this paragraph?
   a. The beginning
   b. The middle
   c. The end

3. What is the main idea of this paragraph?
   a. The "Enemy Way" rite is used to cure a person whose sickness is caused by contact with non-Indians.
   b. Everyone who is watching gets dumped into the mud hole.
   c. The Black Dancers like to chase people.

4. What is a good title for this paragraph?
   a. The Black Dancers
   b. Dancing in the Mud
   c. The "Enemy Way" Rite
III. COMPREHENSION

D. Drawing conclusions

Often as you read you will find that the writer does not tell you everything. But, he will give enough facts for you to figure out what he means. You come to a conclusion about what you read.

When you read this;

The Maricopas [mar i kō' pas] made a lot of pottery, but they got their baskets from the Pimas [pē' mūs].

You can conclude from the facts that are given that the Maricopas must not have made many baskets themselves. They got them from the Pimas.

You can also figure out, or conclude, how someone feels by the facts that are given. Read this sentence.

An Indian man once said, “When they cut my hair, my heart hurt.”

You can conclude that the man’s hair was very important to him. It made him very sad to have it cut. It also hurt his pride.

Now you figure out this one.

There was once a large deer who was very strong and very wise. When men tried to hunt for him they could never find him. The hunters would pass by close to him, but never see him.

Yaqui Myths and Legends
Ruth W. Giddings
III.D.  *Drawing Conclusions*

What can you conclude about the deer?

a. He was not very smart.
b. He was good at hiding.
c. He was a good runner.

The correct answer should be b since the hunters could never find him even if he was close by.

What else can you conclude about the deer?

a. He probably lived for a long time.
b. He lived by a lake.
c. He only lived a short time.

The correct answer should be a. You should have concluded that because he was very strong and very wise and also was good at hiding, he would probably live for a long time.

Read these stories and answer the questions after each one.

WORDS YOU NEED TO KNOW:

coyote [kī ō' tē] — small, wolf-like animal
bother [bōth' ēr] — cause trouble, disturb
hailstorm [hāl' stōrm] — storm in which ice balls fall
worst [wĕrst] — very bad
laughing [lāf' ɪng] — continue to laugh
Coyote used to bother some crows whenever he got a chance.

Once, Coyote was going along when he met three crows.

"There is going to be a big hailstorm here," one of the crows said. He was looking up at the sky. Coyote began to worry about the hail.

"Listen, Coyote, you better run home and get a bag. We will help you get in it so you'll be safe."

Coyote ran home and got a big bag. He ran back as fast as he could.

"Now get in the bag, and we'll tie it up," the crows said.

Coyote jumped right in, and they tied it up. Then the three crows picked up some rocks and flew up into the air. They threw the rocks down on Coyote. He thought it was the worst hailstorm he'd ever been in. Coyote almost died from those falling rocks.

Then finally the crows untied the bag, and Coyote saw they were laughing at him. He ran away and never did come around those crows again.

_And It Is Still That Way_
Byrd Baylor
III.D. **Drawing conclusions**

1. Why did the crows tell Coyote that a big hailstorm was coming?
   a. They wanted to trick Coyote
   b. They wanted it to hail
   c. Because Coyote was chasing them

2. How did the crows feel about Coyote?
   a. They liked him a lot
   b. They were his friends
   c. They didn’t like him very much

3. Why did Coyote run away and never bother the crows again?
   a. To get out of the hailstorm
   b. Because the crows’ trick had hurt him
   c. Because the crows were chasing him

4. Why did the crows play such a mean trick on Coyote?
   a. To teach Coyote a lesson
   b. To make Coyote laugh
   c. They liked Coyote
III.D. Drawing conclusions

WORDS YOU NEED TO KNOW:
heron [her' ŭn] — large bird with long neck and legs
serve [sërv] — to give or offer to someone
seashore [sē' shôr] — land by the sea
brought [brôt] — to bring
oysters [ois' térz] — like a clam
ashamed [ä shâm'd'] — to feel guilty

HERON AND FOX

In the days when animals could talk, a fox and heron were good friends.

The fox said to the heron one day, "Come and visit me tomorrow."

"I will," said the heron.

The next day the heron flew to the foot of a little hill. There the fox had her cave. "Come in, my friend," said the fox. "I will serve you something," and she brought out a flat stone which was very smooth. She spread a thin coat of corn meal on top of it.

"Eat with me," said the fox. The heron began to peck at the rock, but could not get anything into her mouth. The fox licked the rock clean.
Ill.D. Drawing conclusions

The heron thanked the fox. She said, “Tomorrow you must come to my home on the seashore.”

“Good, I shall go there,” said the fox.

The next day the fox got up early. At noon she came to heron’s house. “Come in,” said the heron, “I am going to give you something.” She brought out a big bottle full of oysters and said to her friend, “Let us sit down and eat.”

The fox could not reach a single oyster in the bottle. She could only lick the outside. But the heron could put her beak into the bottle and ate all of the oysters.

When the meal was over, the fox thanked her friend and went away. She was very ashamed.

1. What kind of beak did heron have?
   a. Short and fat
   b. Long and fat
   c. Long and thin

2. Why was fox ashamed?
   a. Because heron had shown her how thoughtless she had been.
   b. She was still hungry.
   c. Because she didn’t like oysters.
III.D. **Drawing conclusions**

3. Why did heron put the oysters in a bottle?
   a. So they would not slide off the table.
   b. So fox could not eat them.
   c. She didn’t have a bowl.

4. Where did heron get the oysters?
   a. From the lake
   b. From the river
   c. From the sea

**WORDS YOU NEED TO KNOW:**

- porcupine [pɔrˈkjuːpɪn] — small animal with sharp quills
- beautiful [ˈbjuːtɪfəl] — very pretty
- curled [ˈkɜrld] — to roll up like a ball

**THE BEAUTIFUL DREAM**

Coyote always liked to plan something tricky. One day he was walking with Porcupine and Brother Skunk. In front of them a wagon was going down the road. They saw a piece of meat fall off. They all ran for it and got there at the same time. Coyote did not want to share the meat so he said, “Let’s all race down the hill and the winner will eat the meat by himself.”
III.D. Drawing conclusions

So that is what they did. The race started. Porcupine curled up and rolled down the hill. He won.

“That’s not fair,” Coyote said. He made another plan. He said, “The one who dreams the most beautiful dream will eat the meat.”

So that is what they did. Coyote and Skunk went to sleep, but Porcupine stayed awake. He had a plan of his own.

Finally Coyote and Skunk woke up and told their dreams. They were both good dreams. They were both beautiful dreams. Then they asked Porcupine what he had dreamed.

Porcupine said, “I dreamed I ate the meat.”

They all jumped up and looked in the tree where they had left the meat. The meat was gone, and Porcupine was looking fat.

And It Is Still That Way
Byrd Baylor

1. Why did Coyote want to race for the meat?
   a. So all of them would have a fair chance.
   b. Because he felt like running.
   c. He knew that he could run faster than Porcupine and Skunk.

2. How did Coyote feel when Porcupine won the race?
   a. Angry
   b. Happy
   c. Loving
III.D. *Drawing conclusions*

3. Did Porcupine really have a dream?
   a. No
   b. Yes

4. Who got to eat the meat?
   a. Skunk
   b. Porcupine
   c. Coyote
Indian Fry Bread (Popovers)

3 cups flour
2 teaspoons salt
3 tablespoons baking powder
1/3 cup lard
warm water

Mix together dry ingredients. Blend in lard until crumbly. Pour in water a little at a time until dough holds together, but is not sticky. Roll into balls. Let rise slightly. Pat out into thin disks. Fry in hot grease.

1. What do you mix together first?
   a. the lard and the flour
   b. the water and the lard
   c. the dry ingredients

2. Write the dry ingredients on the lines below.

   ______________________________________________________
   ______________________________________________________
   ______________________________________________________

3. How much water do you add?
   a. 2 cups
   b. a little at a time until dough holds together
   c. enough to make the dough sticky

4. What shape will the bread have before you fry it?
   a. thin and square
   b. long and thin
   c. thin and round
As you read this story, try to remember the order in which things happen.

**HOW PUEBLO INDIANS MADE BOWS**

First, a man looked for a strong young tree. He tried to find one that had grown in a curve. If the man was short, he cut a piece about three feet long. If he was tall, he cut a piece about four feet long. Next, he scraped it with a stone knife. He scraped it so that it was thickest where his hand would hold it. He made it thinner at the ends. Then, he cut a notch at each end to hold the bowstring. The last thing he did was to rub the wood with sandstone to make it smooth.

*Pueblo Crafts*
Ruth Underhill

5. What is the first thing the man did?
   a. He cut a notch at both ends.
   b. He looked for a strong young tree.
   c. He scraped it with a stone knife.

6. When did the man put the notches into the ends of the bow?
   a. After he rubbed the wood with sandstone to make it smooth
   b. Before he cut the tree down
   c. After he scraped it with a stone knife

90
Read this paragraph to find the main idea.

Spider Woman is a well known household god of the Hopis. She has many powers. She is very wise. She can see into the future and can speak with anyone in the world. Because she is a common spider, she is always present. She is always ready to offer her help in any way. Her main purpose is to help and protect people in need. She is like a grandmother with her love for the Hopi people. Because of this, she is sometimes called Spider Grandmother Woman.

Hopi Tales
Ekkehart Molotki

9. A good title for this paragraph would be:
   a. Grandmothers
   b. Spider Woman
   c. Spiders
10. What or what is this story about?
   a. powers of the Hopi god
   b. a grandmother's love
   c. Spider Woman

11. Where is the main idea stated in this story?
   a. at the beginning
   b. in the middle
   c. at the end

12. What kind of god is Spider Woman?
   a. evil and harmful
   b. good and helpful
   c. not much help to anyone

Read this story and answer the questions about conclusions.

JUAN AND PEDRO

One time Juan and Pedro were walking along. Juan sent Pedro up to a nearby house to get a cooked chicken. On the way back Pedro ate one leg of the chicken.

When Juan saw what Pedro had come back with, he asked, "Why has his chicken only one leg?"

"It never had another leg," said Pedro. All the chickens were sleeping under the tree. All of the chickens had one leg tucked up out of sight under their feathers.

Pedro pointed to them and said, "You see! All of the chickens have but one leg each."
Juan took a rock and threw it at one of the chickens. It woke up and stood on both feet.

"Oh, look!" said Pedro, "a miracle!"

13. Why did Pedro tell Juan that the chickens in that part of the country have only one leg?
   a. He didn’t want Juan to know that he had eaten one of the chicken legs.
   b. The chickens in that part of the country really do have only one leg.
   c. The chicken he brought from the house only had one leg.

14. Why did Juan throw a rock at the sleeping chicken?
   a. He didn’t like the chicken.
   b. The chicken tried to bite him.
   c. He knew it would stand on two legs if it woke up.

15. Why did Pedro say, "Oh, look! A miracle!"?
   a. He thought he could still trick Juan.
   b. He really believed it was a miracle.
   c. He thought it was a special chicken.

16. What can you tell about Pedro from the story?
   a. He was an evil man.
   b. He was not very smart.
   c. Likes to play tricks
GLOSSARY
<table>
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<td><strong>alphabetical</strong></td>
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| **compound word** | a word made up of two words  
Example: cornmeal, footprint, sandstorm |
| **consonants** | all the letters of the alphabet except a, e, i, o, u |
| **contraction** | two words that are shortened into one; an apostrophe stands for the missing letters  
Example: do not = don't |
| **main idea** | the most important idea, or topic, in a paragraph |
| **prefix** | a word part that is added to the front of a root word; this word part helps change the meaning of the root word  
Example: like — dislike |
| **root word** | the main part of a word to which prefixes (before) or suffixes (after) may be added |
| **suffix** | a word part that is added to the end of a root word; this word part helps change the meaning of the root word  
Example: help — helpless |
| **vowels** | the letters a, e, i, o, u |