This document contains a two-part bibliography of information that can be obtained in California Polytechnic State University's Robert E. Kennedy Library on today's elderly society. The 381 references in part I are categorized into sections focusing on growing old from various perspectives: (1) aging; (2) Alzheimer's Disease and Senile Dementia; (3) biochemistry of aging; (4) books for children; (5) caregiving; (6) elder abuse; (7) geriatric nutrition; (8) health services/nursing care; (9) labor/retirement; (10) mental health/counseling; (11) minority aging; (12) pet therapy; (13) physical fitness and exercise; (14) teaching about aging; and (15) verbal communication. The bibliography includes both print and nonprint materials, with emphasis on books and journal articles. The information covers 1980 through June 1986, except for a few titles dating from the late 1970s which were considered important for inclusion. The information is organized alphabetically by author or title within each subject section. Part II provides supplemental information, including a list of organizations concerned with aging which are located in California and specifically in San Luis Obispo, a selected list of journals, and keys to call numbers. (NB)
GROWING OLD IN TODAY'S SOCIETY:

A SELECTIVE BIBLIOGRAPHY

COMPILED BY
MARY LOUISE BRADY
HEAD LIBRARIAN
LEARNING RESOURCES AND CURRICULUM DEPARTMENT

CALIFORNIA POLYTECHNIC STATE UNIVERSITY
ROBERT E. KENNEDY LIBRARY
SAN LUIS OBISPO, CALIFORNIA
1987
## CONTENTS

<table>
<thead>
<tr>
<th>PART I</th>
<th>GROWING OLD</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Introduction</td>
<td>1</td>
</tr>
<tr>
<td>Aging</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Alzheimer's Disease and Senile Dementia</td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>Biochemistry of Aging</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>Books for Children</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>Caregiving</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td>Elder Abuse</td>
<td>12</td>
<td></td>
</tr>
<tr>
<td>Geriatric Nutrition</td>
<td>14</td>
<td></td>
</tr>
<tr>
<td>Health Services/Nursing Care</td>
<td>14</td>
<td></td>
</tr>
<tr>
<td>Labor/Retirement</td>
<td>17</td>
<td></td>
</tr>
<tr>
<td>Mental Health/Counseling</td>
<td>17</td>
<td></td>
</tr>
<tr>
<td>Minority Aging</td>
<td>21</td>
<td></td>
</tr>
<tr>
<td>Pet Therapy</td>
<td>23</td>
<td></td>
</tr>
<tr>
<td>Physical Fitness and Exercise</td>
<td>23</td>
<td></td>
</tr>
<tr>
<td>Teaching About Aging</td>
<td>23</td>
<td></td>
</tr>
<tr>
<td>Verbal Communication</td>
<td>26</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PART II</th>
<th>SUPPLEMENTAL INFORMATION</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Organizations Concerned with Aging</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td>Selected List of Journals</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>Keys to Call Numbers</td>
<td>31</td>
</tr>
</tbody>
</table>

4
Growing old in today's society can be a wonderful experience or it can be a nightmare. For some, growing old can mean an escape from the 9 - 5 habit, being able to travel, to work at home, or to volunteer one's services. For others, it means a journey into a world where nothing is the same, security is gone, money is at a premium, and a regression to infancy can await them.

This bibliography contains information that may be obtained in the Robert E. Kennedy Library on today's elderly society. The bibliography is divided into sections focusing upon aging from all perspectives: retirement, caregiving, psychiatric treatment, health aspects, counseling, Alzheimer's disease, research, and materials for children. It includes both print and non-print materials, with emphasis on books and journal articles. The information covers 1980 - June 1986, except for a few titles dating from the late 1970's which were considered important for inclusion. The information is organized alphabetically by author or title within each subject section.
AGING


5. Bass, Scott A. "Matching educational opportunities with the able elderly." *Lifelong Learning* 9:5 (February 1986), 4-7. (Per LC 201 L5)


36. Koss, Rosabel S. *Aging and health -- changing lifestyles.* 1983. (ED 239 187) ERIC Microfiche


54. Sekiguchi, Reiko W. *Learning by the aged in Japan.* 1984. (ED 260 957) ERIC Microfiche


60. Thomas, Jeanne L. *Relationships with adult children: support functions and vulnerabilities.* 1985. (ED 265 446) ERIC Microfiche


64. Wentowski, Gloria J. "Older women's perceptions of great-grandmotherhood: a research note." *Gerontologist* 25:6 (December 1985), 593-596. (Per HQ 1060 G4)


66. Wolf, Mary Alice. *Tapping the world of the older adult.* 1984. (ED 249 366) ERIC Microfiche


**ALZHEIMER'S DISEASE AND SENILE DEMENTIA**


71. "Alzheimer's victims found deficient in brain RNA." *Chronicle of Higher Education* (September 12, 1984), 5. (Per LB 2300 C4)


93. "Optic nerve damage studied as Alzheimer's signpost." Telegram-Tribune (August 22, 1985) 1/c.


96. Powell, Lenore S. *How to survive living with a person who is memory impaired.* Brooklyn, NY, n.d. (LRC Department, vertical file, "Alzheimer's disease")


103. "Senile dementia: metaphor for our time." *Christian Century* 100 (February 16, 1983), 151-153. (Per BR1 C45)


**BOOKS FOR CHILDREN**


126. Farber, Norma. How does it feel to be old? NY: Dutton, 1979. (Oversized WB 301.43 FAR 221H)


129. Green, Phyllis. Mildred Murphy, how does your garden grow? NY: Dell, 1980. (WB 813.2 GRE 825M)


CAREGIVING


150. DeWolff, Dea K. Multiple role strain in caregivers to elderly parents. 1985. (ED 264 483) ERIC Microfiche


154. Keith, Pat M. "A comparison of the resources of parents and childless men and women in very old age." Family Relations 32:3 (July 1983), 403-409. (Per HQ1 F36)


158. Oliver, F. *Caring for the disabled elderly in the home: emotional aspects.* San Luis Obispo, CA: Community Mental Health Center, n.d. (LRC department, vertical file, "Aged")

159. Osterkamp, Marilynn B. *Measuring the impact of a community workshop on family caregivers.* 1983. (ED 244 179) ERIC Microfiche


**ELDER ABUSE**


170. Douglass, Richard L. "Domestic neglect and abuse of the elderly: implications for research and service." *Family Relations* 32:3 (July 1983), 395-402. (Per HQ1 F36)


173. Feinberg, Gary. The role of the elderly defendant in the criminal court: full dress adversary or reluctant penitent. 1985. (ED 264 503) ERIC Microfiche


177. Humphreys, Janice. Clinical intervention with the abused elderly and their families. 1983. (ED 245 179) ERIC Microfiche


184. Sengstock, Mary C. Abused elders: victims of villains or of circumstances. 1982. (ED 230 858) ERIC Microfiche

185. Sengstock, Mary C. Content analysis of measures for identification of elder abuse. 1983. (ED 244 172) ERIC Microfiche


188. Wolf, Rosalie S. Elder abuse and neglect: final report from three model projects and appendixes 1 and 2. 1984. (ED 254 796) ERIC Microfiche

GERIATRIC NUTRITION


190. Food for older folks [filmstrip]. Wheaton, IL: Dosix AV Productions, 1974. (SOFS 1015)


HEALTH SERVICES/NURSING CARE


198. Anshel, Mark H. Cognitive strategies to teach motor skills to elderly learners in nursing homes. 1985. (ED 262 020) ERIC Microfiche


204. Hagan, Winifred B. *Measuring registered nurses' changes in knowledge about aging.* 1983. (ED 244 207) ERIC Microfiche


206. Hayes, Christopher L. *Professional value conflicts in forcing services on resistant older clients.* 1985. (ED 264 509) ERIC Microfiche

207. Health care cost containment: are America's aged protected? Hearing before the Select Committee on Aging. *House of Representatives, Ninety-Ninth Congress, First Session.* 1985. (Ed 264 469) ERIC Microfiche


228. Schonfeld, Lawrence and Larry W. Dupree. Increasing the social networks of isolated elderly: treatment and research findings. 1985. (ED 265 480) ERIC Microfiche


**LABOR/RETIREMENT**


239. Newquist, Deborah D. *Health and extended worklife. An information paper prepared for use by the Special Committee on Aging.* United States Senate, Ninety-Ninth Congress, First Session. 1985. (Ed 263 458) ERIC Microfiche

**MENTAL HEALTH/COUNSELING**


254. Dunkle, Ruth E. "Comparing the depression of elders in two types of caregiving arrangements." Family Relations 34:2 (April 1985), 235-240. (Per HQ 1 P36)


259. "Genetic time bombs for the elderly." Psychology Today 17 (May 1983), 21. (Per BF1 P85)


262. Hooyman, Nancy. Evaluation of long-term effects of health promotion program with the elderly. 1985. (ED 264 479) ERIC Microfiche


271. Little, Alton D. Survey of city/county therapeutic recreation programs for aging. 1980. (ED 261 992) ERIC Microfiche

272. MacInnes, William D. Longitudinal neuropsychological changes in a normal elderly group. 1985. (ED 246 476) ERIC Microfiche

273. Maiden, Robert J. The attribution of universal or personal helplessness in nondepressed and depressed elderly females. 1981. (ED 261 274) ERIC Microfiche


278. Myers, Jane E. "Using links to help older disabled persons with transitions." Rehabilitation Counseling Bulletin 29:2 (December 1985), 143-149. (Per HV 7255 A2 R42)


**MINORITY AGING**


308. Juarez, Rumaldo Z. Preliminary findings of a South Texas elderly needs assessment survey: a rural-urban comparison of Hispanic and non-Hispanic elderly family support. 1984. (ED 262 944) ERIC Microfiche

309. Lacayo, Carmela G. Income fact sheet on older Hispanics. 1983. (ED 261 137) ERIC Microfiche


312. Mindel, Charles H. The use of social services by Hispanic elderly: a comparison of Mexican American, Puerto Rican and Cuban elderly. 1984. (ED 262 949) ERIC Microfiche


316. Starrett, Richard A. The information processing role of the informal and quasi-formal support systems among the Hispanic elderly: implications for the delivery of formal social services. 1983. (ED 262 948) ERIC Microfiche

317. Starrett, Richard A. The support system of the Hispanic elderly and the use of formal social services. 1983. (ED 265 981) ERIC Microfiche


**PET THERAPY**


**PHYSICAL FITNESS AND EXERCISE**


**TEACHING ABOUT AGING**


- 23 -
332. **Aging curriculum. Secondary, 7-12.** Minnesota Board on Aging, St. Paul; Minnesota State Department of Education, St. Paul. 1984. (ED 261 922) ERIC Microfiche


336. Blackwell, David L. and Sara Stockard. **A model for incorporating content on aging into the curriculum: K-12.** 1984. (ED 244 176) ERIC Microfiche


338. Borthwick, Thomas. **Educational programs and the older person.** 1983. (ED 230 734) ERIC Microfiche


340. Callender, Willard D., Jr. **Gerontology training for adult educators: the experience of the University of Southern Maine.** 1984. (ED 249 372) ERIC Microfiche

341. Coats, Boyne. **Sex, age and racial differences in elementary children's perception of elderly adults.** 1985. (ED 252 300) ERIC Microfiche

342. Cox, Carole. **Gerontology education: the needs of local agencies.** 1983. (ED 244 218). ERIC Microfiche

343. Dail, Paula W. and James E. Johnson. **Measuring change in undergraduate student's perception about aging using the Palmore Facts on Aging quiz.** 1983. (ED 243 015) ERIC Microfiche

344. Dye, Celeste A. **Doctoral preparation for gerontological nursing.** 1983. (ED 243 063) ERIC Microfiche


346. Firman, James P. "Students as resources to the aging network." Gerontologist 23:2 (April 1983), 185-191. (Per HQ 1060 G4)


350. *Intergenerational programs in Wisconsin schools.* 1983. (ED 240 407) ERIC Microfiche


355. Mehrotra, Chandra M. N. *Nursing home as a resource in teaching courses on aging.* 1983. (ED 243 057) ERIC Microfiche


357. Murphy, Mary Brugger. *A guide to intergenerational programs.* 1985. (ED 252 481) ERIC Microfiche


369. Tyminski, Lucy T. *Old enough to care.* Teacher's guide: A series of 6-15 minute programs for high school students about aging. 1984. (ED 260 949) ERIC Microfiche


376. Dreher, Barbara B. "Communicating with the elderly: a new service course." *Communication Education* 32:4 (October 1983), 421-424. (Per PN 4071 S74)

377. Emery, Olga B. *Normal aging and linguistic decrement.* 1983. (ED 238 302) ERIC Microfiche

VERBAL COMMUNICATIONS


ORGANIZATIONS CONCERNED WITH AGING

California Organizations

Alzheimer's Disease and Related Disorders Association (ALRDA)
11321 Iowa Avenue, Suite 7
Los Angeles, CA 90025
213-473-1446

American Association of Retired Persons (AARP)
Andrus Building
215 Long Beach Blvd.
Long Beach, CA 90802
213-432-5781

California Association of Homes for the Aging (CAHA)
926 J. Street, Suite 523
Sacramento, CA 95814
916-446-7633

Gray Panthers (GP)
of California
255 16th Street
Richmond, CA 94801
415-232-5698

Harvestage
36 Shoreline Circle
Sacramento, CA 95831
916-427-0681

International Senior Citizens Association, Inc. (ISCA)
11753 Wilshire Blvd.
Los Angeles, CA 90025
213-479-8420

National Council of Senior Citizens (NCSC)
California Office
1010 S. Flower Street, 5th Floor
Los Angeles, CA 90015
213-487-4210

San Luis Obispo Organizations

Alzheimer's Family Support Group
805-481-5426

Area Agency on Aging
805-541-0384
San Luis Obispo Organizations – Cont’d

Caring Callers
660 Pismo
San Luis Obispo, CA 93401
805-541-1800

Retired Senior Volunteer Program
660 Pismo
San Luis Obispo, CA 93401
805-544-8740

San Luis Obispo Mental Health Center
2180 Johnson Avenue
San Luis Obispo, CA 93401
805-544-4722

Senior Action Office
1160 Marsh
San Luis Obispo, CA 93401
805-541-5959

Senior Citizen’s Nutrition Programs
1115 Peach Street
San Luis Obispo, CA 93401
805-541-3312

Senior Information and Referral Service
P.O. Box 654
San Luis Obispo, CA 93401
805-544-0566

Senior’s Outreach Program
375 Ferrini Road
San Luis Obispo, CA 93401
805-544-4722
<table>
<thead>
<tr>
<th>Title</th>
<th>Call Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aging</td>
<td>Per HQ 1060 A4</td>
</tr>
<tr>
<td>American Psychologist</td>
<td>Per BF 1 A55</td>
</tr>
<tr>
<td>Communication Education</td>
<td>Per PN 4071 S74</td>
</tr>
<tr>
<td>Family Relations</td>
<td>Per HQ 1 F36</td>
</tr>
<tr>
<td>Gerontologist</td>
<td>Per HQ 1060 G4</td>
</tr>
<tr>
<td>Health Education</td>
<td>Per LB 3401 A57</td>
</tr>
<tr>
<td>Journal of Clinical Psychology</td>
<td>Per RC 321 J74</td>
</tr>
<tr>
<td>Journal of Consulting and Clinical Psychology</td>
<td>Per BF 1 J575</td>
</tr>
<tr>
<td>Journal of Counseling and Development</td>
<td>Per HF 5381 A1 P4</td>
</tr>
<tr>
<td>Journal of Gerontology</td>
<td>Per HQ 1060 J6</td>
</tr>
<tr>
<td>Journal of Physical Education, Recreation and Dance</td>
<td>Per GV 201 J6</td>
</tr>
<tr>
<td>Lifelong Learning</td>
<td>Per LC 201 L5</td>
</tr>
<tr>
<td>Personnel and Guidance Journal</td>
<td>Per HF 5381 A1 P4</td>
</tr>
<tr>
<td>Psychology Today</td>
<td>Per BF 1 P85</td>
</tr>
<tr>
<td>Social Work</td>
<td>Per HV 1 S62</td>
</tr>
</tbody>
</table>

Check library holdings for specific years retained and locations of issues.
### KEYS TO CALL NUMBERS

**Book and Bound Periodical Collections**

<table>
<thead>
<tr>
<th>Category</th>
<th>Floor</th>
</tr>
</thead>
<tbody>
<tr>
<td>A - F</td>
<td>2nd</td>
</tr>
<tr>
<td>G - PN</td>
<td>3rd</td>
</tr>
<tr>
<td>PM - PZ</td>
<td>4th</td>
</tr>
<tr>
<td>R - Z*</td>
<td>5th</td>
</tr>
</tbody>
</table>

*Except W - Learning Resources and Curriculum Department, 2nd Floor*

**Departmental Collections**

<table>
<thead>
<tr>
<th>Collection</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Audiovisual Materials</td>
<td>Learning Resources and Curriculum Department, 2nd Floor</td>
</tr>
<tr>
<td>(Filmstrips, Kits, Recordings, Tapes)</td>
<td></td>
</tr>
<tr>
<td>Children's Books</td>
<td>Learning Resources and Curriculum Department, 2nd Floor</td>
</tr>
<tr>
<td>ERIC Documents</td>
<td>Reference Department, 1st Floor</td>
</tr>
<tr>
<td>Newspapers (back issues)</td>
<td>Reference Department, 1st Floor</td>
</tr>
<tr>
<td>Vertical File</td>
<td>Learning Resources and Curriculum Department, 2nd Floor</td>
</tr>
<tr>
<td>(Brochures, Pamphlets)</td>
<td></td>
</tr>
</tbody>
</table>