A Bibliography of Overviews of Teaching Methods and Instructional Approaches Used with Adolescent and Adult Learning.

Comparison of teaching methods and instructional approaches is a basic component of beginning methods courses in teacher education. While many textbooks include overviews of some methods, they rarely cover a wide range of methods and they rarely provide pro/con arguments for the proper selection of a method in a given context. This bibliography identifies sources which provide comprehensive overviews of the 41 teaching methods and instructional approaches represented in the literature. Citations are organized under teaching method; a detailed index is provided. (Author/KM)
A BIBLIOGRAPHY OF OVERVIEWS OF
TEACHING METHODS AND INSTRUCTIONAL APPROACHES
USED WITH ADOLESCENT AND ADULT LEARNERS

BY

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REPORT
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Abstract

Comparison of teaching methods and instructional approaches is a basic component of beginning methods courses in teacher education. While many textbooks include overviews of some methods, they rarely cover a wide range of methods and they rarely provide pro/con arguments for the proper selection of a method in a given context. This bibliography identifies sources which provide comprehensive overviews of the forty-one teaching methods and instructional approaches represented in the literature.

ERIC Descriptors

Adult Education
Continuing Education
Educational Methods
Educational Technology
Higher Education
Instructional Design
Nontraditional Education
Secondary Education
Teaching Methods
DEDICATION

This bibliography is dedicated to the three educators

who will always remain closest to my heart --

my parents, John and Anna May Fulton,

and my husband, John Daniel Marshall.
A BIBLIOGRAPHY OF OVERVIEWS OF
TEACHING METHODS AND INSTRUCTIONAL APPROACHES
USED WITH ADOLESCENT AND ADULT LEARNERS

APPROVED:

[Signatures]

[Signatures]
ACKNOWLEDGMENTS

Dr. Wilma Griffin, a home economics teacher educator at The University of Texas at Austin does not lecture on teaching methods: she asks each of her students to read about a teaching method and to report on it to the rest of the class. The difficulties her students encountered in locating sources prompted me to pursue this bibliography. I am grateful to her for the idea.

For assistance in conceptualizing, editing, and persisting with this bibliography, I am indebted to Dr. John Laska and Dr. Marilla Svinicki of The University of Texas at Austin and to my husband, John Daniel Marshall.

T.L.F.

July 4, 1985
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INTRODUCTION

Purpose of the Bibliography

The literature on teaching methods and instructional approaches is of several kinds: prescriptions for using them effectively, research studies judging student outcomes, descriptions of model programs, reviews of the literature, and general outlines of available choices. Sources which explain what a given method or approach is, how it is used in instruction, what the theoretical bases are upon which it is grounded, and what its advantages and disadvantages are considered to be are referred to here as "overviews."

Overviews of teaching methods are not as easy to locate as one might assume. One cannot simply locate a heading in the library card catalog or in the ERIC indices and hope to find a handy list of references. They are buried in masses of "how-to" guides, program outlines, and researcher-oriented materials. Particularly with more traditional methods, overviews are more likely to be found as sections of books on how to teach or how people learn. Overviews are also difficult to find because they are not published regularly.
-- rather, they tend to appear when a new method or approach is in the forefront, at which time one finds both condemnations of the old and justifications for the new. This bibliography isolates places where such overviews can be found. It can be used as a resource by education majors, teacher educators, faculty developers, and teachers who are looking for some new ideas. It can also be of use to administrators making system-wide decisions on instructional options and instructional change. Lastly, the author hopes that librarians will find it helpful for reference and collection development purposes.

Criteria for Teaching Method Inclusion

Teaching methods and instructional approaches are ways in which content is conveyed to students and ways in which teaching/learning situations are arranged to facilitate that transfer. Laska (1984, 42) defines teaching method as "a procedure for the impingement and student reception of learning stimuli" and the more inclusive term instructional approach as "the delivery system for the curricular content." While Berliner and Gage (1976, 5) use teaching methods to convey both meanings, their explanation
coincides with the inclusion and exclusion policies of this report:

Teaching methods are recurrent instructional processes, applicable to various subject matters, and usable by more than one teacher. They are recurrent in that the activities are repeated over intervals measured in minutes or weeks. They are instructional processes, such as patterned teacher behavior (for example, lecturing, discussion, and recitation); delivery systems for curriculum (for example, printed matter, film, programmed instruction, and computer-assisted instruction); and organizational structures for promoting learning (for example, tutoring and independent study).

These instructional processes promote student learning of different kinds of various subject matters. The term "teaching method" should not be applied to instructional processes that are useful in teaching only, say arithmetic (for example, using Cuisenaire rods), or reading (for example, conducting phonics drill). The ways in which the teaching of specific subject matter goes on we call "teaching techniques," which are studied in courses on curriculum and instruction in reading, science, social studies, mathematics, English, and the like. The requirement that a teaching method be usable by more than one teacher means that it should not depend upon the talents, traits, or resources unique to an individual teacher. Rather, the use of a teaching method should, in principle, be accessible to any trained teacher.

Admittedly, this rough definition of the term teaching method provides only a general concept with much surplus meaning. Some methods have been found in classrooms for centuries, like lecturing, discussion, and the use of printed matter, and other methods, such as computer-assisted instruction and simulation games, are hardly more than ten years old.

This report does not attempt to distinguish categories upon which even scholars cannot agree. The index includes sections called teaching methods,
delivery systems, and instructional approaches to illustrate these conceptual categories. Examples of items that appear in several categories are computer-assisted instruction (a delivery system at all times, used as an adjunct method of instruction for activities such as drill and practice, and an approach in that full systems such as PLATO exist for independent study) and case studies (which can be written and presented as materials for delivery or can be used as a method for an entire course content).

By this definition of teaching methods/instructional approaches, one might include the techniques which go into the planning, motivating, managing, disciplining, rapport building, and evaluating activities of teaching. While some of the citations in this bibliography will touch on these aspects, only items which focus on how the methods and approaches are used to structure and deliver content have been listed. For example, while reinforcement can be used as a classroom management technique, citations included in this bibliography are ones that deal with reinforcement as an instructional model. Learner-controlled instruction, as it is currently understood, addresses the design and evaluation elements within individualized instruction, so there is no section for it in this report.

The literature on andragogy is of a learning theory nature, so andragogy is
not considered to be a teaching method or instructional approach. Because of their all-encompassing nature, most of the current systems analysis applications to instructional design (e.g. Reigeluth's Elaboration Theory) are excluded. However, the uses of advance organizers and task analysis are included to the extent that they reflect the sequencing of the presentation of learning stimuli.

Emphasis is on techniques for attaining cognitive, affective, or psychomotor objectives rather than on techniques of applicability to only one of these domains. The admitted bias of the bibliography is toward coverage of cognitive content of all kinds. Major models excluded because they focus only on the affective outcomes of education include Rogerian Non-Directive Teaching, Glasser's Classroom Meeting model, humanistic education, confluent education, and awareness training.

Many teaching methods and models are applicable only to teaching one content area or one skill. For this reason methods such as Thelen's Group Investigation model for democratic understandings, Oliver and Shaver's Jurisprudential model for social relations, Massialas and Cox's Social Inquiry model, subject matter curriculum study methods, microteaching, synectics for creativity, T-group laboratories for sensitivity and leadership
training, and values clarification are not included. By the same token, the "problem method" here means an approach to content coverage rather than the use of problem-solving to teach thinking skills, and "supervised study" is included only as it relates to assignments and not as a means of teaching study skills.

As the title indicates, the methods are those used with adolescents and adults. Piaget's Development model, Individually Guided Education, open classrooms, and the Montessori method are examples of categories of teaching methods excluded because of their almost exclusive use with children.

**Criteria for Citation Inclusion**

The basic criterion for inclusion is that the source be an "overview" as defined in the purpose statement of this report. All sources therefore describe the method/approach's use and in some way indicate its value and/or limitations. In some cases the sources indicate when a particular method has been found to be appropriate and/or why it is considered a sound, effective, and desirable one. Some items address the philosophical
and/or psychological underpinnings of the method, i.e. the principles upon which it is based. Still others offer comparisons with other, usually more outmoded methods and thereby indicate relative benefits.

Some reviews of the literature and some theoretical treatises fit this criterion, but one would have to read them exceedingly carefully in order to extract the relevant information. Since this bibliography is intended for practitioners rather than theorists or researchers, only sources which are readily identified and read as overviews are provided. Furthermore, items which focus only on how people learn from instructional methods and approaches and not on what a teacher does to facilitate that learning are excluded. The author acknowledges that in some cases these are fine line judgement calls.

It is beyond the scope of this bibliography to investigate overviews of the use of methods and approaches in individual disciplines and with special populations. While materials in both of these areas are extremely fruitful (for example, role playing in the social studies, demonstrations and laboratories in science and home economics, and reinforcement with the learning disabled), they are also plentiful and would constitute a bibliography in their own right.
As the title indicates, this bibliography is limited to materials of applicability to secondary, higher, or adult education. Particularly in the case of audiovisual aids and learning centers, the author found that the examples given in many texts were so specific to youngsters that a teacher of adolescents and adults would have difficulty applying the principles in his/her classroom.

Only English language items were reviewed. All items devote a minimum of three solid pages to the method/approach.

No format (e.g. book, microform, speech) was specifically excluded at the outset. However, because of their research nature, no special effort was made to identify dissertations, theses, and reports, and none was subsequently added. Most items are parts of books, encyclopedia and yearbook entries, and journal articles. Some are ERIC and government documents.

The author was unable to obtain copies of some potential sources for review. In most cases the references to these sources did not strongly indicate that the sources would fit the author's criteria for inclusion, and these sources were excluded. If, however, the citing references described or quoted a source in sufficient detail to indicate that it would indeed
belong in the bibliography, the source was included but followed by the designation "[unexamined]."

Categorizing Methodology

Categorization of teaching methods and instructional approaches is a complex task, partially because of the way they blend together or have evolved over time, and partially because even the experts disagree. The sources listed in bibliography of this report assisted the author in conceptualizing categories and interrelationships among them. Because of these complexities, the bibliography has been arranged alphabetically with categories representing no particular philosophy of the author's but rather the structure of the available literature. For example, the distinction between Problem Method, Discovery Learning, and Inquiry Learning may seem somewhat arbitrary, but educational writers have tended to treat them differently over the years, so they are separated. Some categories are clearly subcategories of others (e.g., Personalized System of Instruction is an example of Reinforcement and Competency-Based Instruction) while other categories are a conglomerate of a variety of methods (e.g.,
Audiovisual Aids). Some of the approaches, such as Team Teaching, Learning Centers, and Independent Study may make use of a variety of methods. Other categories, such as Lectures and Demonstrations are intuitively obvious and are treated as such in books on methods. The names given to categories also reflect the prevailing designations cited in the literature.

The decision to separate out a single method or approach from its subsuming method or approach came when at least five sources were found to focus entirely on that one method. If available sources treated the items as inseparable, the author did likewise. For example, there are many Discussion and Small Group Instruction techniques, but none of them had five sources which devoted at least three full pages to it, so they remain as single categories. On the other hand, relationships between Audio-Tutorial Method, Learning Centers, Laboratory Method, Personalized System of Instruction, and Independent Study are close, but there was enough specific literature available to separate them.

Indexing Methodology

The interrelationships among these categories is clarified by use of
The index was not designed to discriminate broader, narrower, and related terms as does the *Thesaurus of ERIC Descriptors*. The index provides "see" cross-references from terms not used as categories to relevant categories which have been used. It also provides "see also" cross-references from categories used to related categories also used. No cross-references are provided to related terms which are not used as categories. Therefore, the index is designed not only for persons who have a method or approach in mind and want to locate the categories where overviews can be found, but also for those who vaguely know they want some form of, say, "student-centered" or "individualized" approach and want to find some options.

The index was based primarily upon the relationships found in the sources cited and in those listed in the bibliography. The *Thesaurus of ERIC Descriptors* was consulted as a double-check. No page references are provided in the index, since the user can easily locate the categories alphabetically or in the table of contents.
Search Methodology

The general methods and reference books listed in the bibliography of this report were used to find citations to major sources of information. These major sources in turn cited other sources, and so on. An ERIC search, the card catalog of the General Libraries of The University of Texas at Austin, the OCLC database, *Subject Guide to Books in Print*, and *Subject Guide to Forthcoming Books* were used to update and supplement these citations. Serendipity in a library of over five million volumes is not to be downplayed as a search method.
OVERVIEWS OF TEACHING METHODS

Advance Organizers


Assignments


Audio-Tutorial Method


Henderson, Norman K. University Teaching. Hong Kong, China: Hong Kong University Press, 1969, pp. 88-123.


Books and Readings


Case Studies


Competency-Based Instruction


Computer-Assisted Instruction


Contract Learning


Cooperative Education and Service Study


Demonstrations


Discussions


Bligh, Donald and others. *Teaching Students*. Devon, England: Exeter University Teaching Services, [1975], pp. 146-166.


Buchler, Justus. "What is a Discussion?" *Journal of General Education* 8 (October 1954): 7-17.


Distance Education


Experiential Methods


Field Trips

Bergevin, Paul; Morris, Dwight; and Smith, Robert M. *Adult Education Procedures.* Greenwich, CT: Seabury Press, 1963, pp. 74-83.


Independent Study


Individualized Instruction


Laboratory Method


Learning Centers


Lectures


Bane, Charles L. *The Lecture in College Teaching.* Boston, MA: Richard G. Badger, Publisher, 1981.


Henderson, Norman K. *University Teaching.* Hong Kong, China: Hong Kong University Press, 1969, pp. 11-25.


Loud, Oliver S. "Lecture and Discussion in General Education." *Journal of General Education* 8 (October 1954): 30-33.


Personalized System of Instruction


Green, Ben A. "The Personalized System of Instruction, or Should University Teaching Be Improved?" Programmed Learning and Educational Technology 13 (February 1976): 9-12, [unexamined].


Problem Method


Programmed Instruction


Scriven, Michael. "The Case for and Use of Programmed Texts." In 
Programmed Instruction: Bold New Venture, edited by Allen D. 
Calvin, pp. 3-36. Bloomington, IN and London, England: Indiana 

Smith, Karl U. and Smith, Margaret Foltz. Cybernetic Principles of Learning 
1966, pp. 245-274, 299-328.

Travers, Robert M. W. Essentials of Learning: An Overview for Students of 


Wittich, Walter Arno and Schuller, Charles Francis. Audiovisual Materials: 
Projects and Reports


"Dangers and Difficulties of the Project Method and How to Overcome Them: A Symposium." Teachers College Record 22 (September 1921): 283-321.


Questioning


Reinforcement


Resource Persons


McClure, Larry; Cook, Sue Carol; and Thompson, Virginia. *Experience-Based Learning: How to Make the Community Your Classroom*. Portland, OR: Northwest Regional Educational Laboratory, 1977, 141-166.
Reviewing and Summarizing


Role Playing

Bergevin, Paul; Morris, Dwight; and Smith, Robert M. *Adult Education Procedures*. Greenwich, CN: Seabury Press, 1963, pp. 135-146.


Simulations and Games


Small Group Instruction


Socratic Method


Task Analysis


Team Teaching


Polos, Nicholas C. *The Dynamics of Team Teaching*. Dubuque, IA: W. C. Brown Co., [1965], [unexamined].


Television and Film


Blakely, Robert J. The Use of Instructional Television in Adult Education: A Review of Some Recent Developments. [Syracuse, NY]: Syracuse University, Publications in Continuing Education, 1974, [unexamined].

Bligh, Donald and others. Teaching Students. Devon, England: Exeter University Teaching Services, [1975], pp. 137-143.


Tutoring


Clark, D. Joseph. "How Do Interactive Videodiscs Rate Against Other Media?." *Instructional Innovator* 29 (September-October 1984): 12-16.


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VITA

Tara Lynn Fulton was born in Ridgewood, New Jersey on January 16, 1958. Her father, John Fulton, is a retired English professor, and her mother, Anna May Fulton, was a home economist. After completing her work at Kinnelon High School in Kinnelon, New Jersey in 1975, Tara entered Indiana University in Bloomington, Indiana to pursue a bachelor's degree in German. She spent her senior year at the University of Hamburg in Hamburg, West Germany through Indiana University's overseas study program. She received a Bachelor of Arts degree in August, 1979. She immediately entered the Graduate School of Library and Information Science at Indiana University and was awarded the M.L.S. in January, 1981.

From March, 1981 through August, 1982 she was a reference librarian at Texas A&M University, at the same time beginning coursework towards a Master of Arts in Education. In September, 1982 she became Education Bibliographer/Reference Librarian at The University of Texas at Austin. She has been enrolled part-time in the College of Education since July, 1983.
Tara has served as advertisement and subscription manager and as a columnist for *Education Libraries* and as a member and chair of the Bibliographic Instruction for Educators Committee of the Education and Behavioral Sciences Section of the Association of College and Research Libraries. She has presented two papers: 1) "A Learner's Perspective on Bibliographer Training" at the 103rd Annual Meeting of the American Library Association on June 14, 1984 in Dallas, Texas, and 2) "Collaboration: Prospect or Imperative" at the 82nd Annual Meeting of the Society of Professors of Education on February 1, 1984 in San Antonio, Texas, which was published by the society in February, 1985 as part of a monograph edited by Ayers Bagley entitled *Professors of Education and Education Librarians: Prospects for Collaboration*. Her publications include "Writing for Professional Publication," a bibliography of sources for publishing in education journals, published in the Winter 1985 issue of *Education Libraries* and a variety of logic problems in *Dell Crossword Publications*.

Her husband of three years, John Daniel Marshall, is an educator, scholar, and humanist. He has accepted a faculty position at the National College of Education in Evanston, Illinois and Tara has accepted a position at Northwestern University Library to begin August, 1985.