Designed to offset the effect of sexually biased texts and materials, this annotated bibliography lists available nonsexist instructional resource material for students in kindergarten through twelfth grades. The majority of items focus on activities teachers can use in classroom settings. The guide is organized into the following eight subject areas: general awareness, counseling and career guidance, fine arts, health and physical education, language arts, math and science, social studies, and sex equity organizations. Materials listed include lesson plans, course outlines, supplementary texts, periodicals, games, photographs, multimedia programs, audiovisual materials, and bibliographies. Six appendices respectively detail subject definitions, offer footnote sources, explain how to obtain the materials listed, describe a model for developing nonsexist lesson plans, give an example of a lesson planning activity sheet, and offer guidelines for developing nonbiased materials. (BJD)
Guide to Nonsexist Teaching Activities (K-12)

Developed by
Northwest Regional Educational Laboratory
Center for Sex Equity

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ORYX PRESS
1983
The rare Arabian Oryx is believed to have inspired the myth of the unicorn. This desert antelope became virtually extinct in the early 1960s. At that time several groups of international conservationists arranged to have 9 animals sent to the Phoenix Zoo to be the nucleus of a captive breeding herd. Today the Oryx population is over 400 and herds have been returned to reserves in Israel, Jordan, and Oman.
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Preface

This guide was compiled by the Center for Sex Equity at the Northwest Regional Educational Laboratory to provide K-12 teachers with a descriptive list of nonsexist teaching activity resources. It is not meant to be all-inclusive, but rather to provide a sample of what is available. It can be used to order nonsexist resources helpful in adapting or supplementing biased instructional materials. We believe access to these materials will assist teachers in creating an equitable learning environment for their students.

We suggest teachers use the guide in conjunction with the Bibliography of Nonsexist Supplementary Books (published by Oryx Press). Many supplementary books not listed in the guide but found in the bibliography are excellent resources for teachers interested in providing nonbiased instruction.

This work was made possible by a grant from the Women’s Educational Equity Act Program of the U.S. Education Department.

Barbara Hutchison, Director
Acknowledgements

The development of this guide has been a collaborative effort requiring the cooperation of many people. The Center for Sex Equity staff would like to thank the following people for their assistance in this effort:

Rene Gentry, Joyce Hollis, and Geri Canfield, Northwest Regional Educational Laboratory, for their cooperation and helpfulness in readying the guide for production.

Patricia Goins and Doris Shakin, our program monitors, Women's Program Staff of the U.S. Education Department, for their advice and support of this work.

We would also like to acknowledge the work of the many persons across the nation who have contributed significantly to the body of knowledge now available in the area of sex equity in education.
Introduction

WHY THE GUIDE WAS COMPILED

Many of the texts and instructional materials used in schools today are Sex-Biased and/or Sex-Role Stereotyped. They contain a disproportionate number of stories or biographies with males as major characters, and they depict males as having a common set of abilities, interests, values and roles that are different from the abilities, interests, values and roles of females.

For teachers to teach in an equitable manner and in a way which offers the maximum number of career choices, role models and options for all students, they must have access to activities they can use in the classroom to offset the effect of biased texts and materials. They need lesson plans, teaching activities and information about resources that will enable them to adapt or supplement their biased instructional materials so that student classroom experiences will reflect an equitable and sex-fair environment. This guide has been developed to provide teachers with (1) a description of and (2) ordering information for nonsexist teaching activity resources that will be appropriate for use with K–12 students.

WHAT RESOURCES ARE INCLUDED IN THE GUIDE

The majority of items in the guide focus on the classroom—they include activities teachers can use with their students in a classroom setting. The activities include lesson plans, course outlines, supplementary texts and audiovisual materials. Bibliographies of print and nonprint resources as well as sex equity organizations have also been included so that educators may find additional materials. Anthologies of readings, research, statistics, inservice packages and background information have not been included, unless they seem to be especially adaptable for use with students in the classroom. A sample lesson plan or course outline has been provided for each major subject heading to give users of the guide a feel for the types of activities available.

HOW THE GUIDE IS ORGANIZED

Teaching activities included in the guide are organized according to subject areas frequently found in elementary and secondary schools. Some subjective judgments on the part of the Center for Sex Equity staff were necessary in order to identify the appropriate subject matter area for a particular item since school districts have varying ways of organizing their school curriculum.

The guide is organized into the eight subject areas and subcategories that follow:

General Awareness
- Sex Role Stereotyping
- Women's Educational Equity
- Male Sex Role Stereotyping
- Nonsexist Materials

Counseling and Career Guidance
- Counseling
- Career Guidance
Although attempts were made to avoid unnecessary duplication in compiling the guide, items were included under more than one subject heading in those instances where they covered several topic areas. Items usually appear, however, under one subject heading only. Teachers are therefore encouraged to review all subject areas when looking for a particular item. Many of the general awareness teaching activities can be easily used by career guidance counselors or social studies teachers. Items found in the counseling or health categories may be appropriate for use in social studies classes. Also, many of the career awareness activities and lesson plans can be adapted for use in a variety of subject areas.

Within each subcategory, items are listed alphabetically by title in the following order: lesson plans, course outlines, supplementary texts, periodicals, multimedia programs, audiovisual materials, bibliographies/resource lists.

Information provided for each item includes bibliographic data, ordering procedures, an annotation, footnote reference, and recommended grade level (where available). The availability of an item in microfiche (MF) or hard copy (HC) from the ERIC Document Reproduction Service (EDRS) also is noted (see Appendix 3 for an explanation of this service).

An index listing all teaching activity resources by title is included to provide easy reference for users of the guide.

**HOW THE GUIDE WAS COMPILED**

The guide was compiled after staff conducted an ERIC computerized search for nonsexist teaching activities and reviewed brochures, catalogues and bibliographies with an equity emphasis. Materials produced under the auspices of the Women's Educational Equity Act Program also were reviewed.

Many of the materials listed in the guide have not been personally examined by the staff. In many instances the annotations have previously appeared elsewhere and are so indicated with a footnote reference. The guide is not meant to be all-inclusive, but rather to provide a sample of the wealth of nonsexist teaching activity resources available for use by classroom teachers.

**FOR MORE DETAILED INFORMATION**

Appendixes provide more detailed information about the guide and how to use it:

*Appendix 1: Subject Definitions*—provides definitions of subject categories and descriptors

*Appendix 2: Footnote Sources*—provides a list of sources in which annotations in this guide first appeared

*Appendix 3: How to Obtain Materials Listed in the Guide*—provides information on sources for obtaining materials and how to order ERIC documents from EDRS

*Appendix 4: Model for Developing Nonsexist Lesson Plans*—provides a model for developing nonsexist lesson plans

*Appendix 5: Lesson Planning Activity Sheet*—provides a structured form to aid in developing lesson plans

*Appendix 6: Guidelines for Developing Nonbiased Materials*—provides information on how to develop your own nonsexist materials for use in the classroom

For more information about the project, contact Ms. Barbara Hutchison, Director, Center for Sex Equity, Northwest Regional Educational Laboratory, 300 SW Sixth Avenue, Portland, OR 97204, (503) 248-6800.
1.0 General Awareness

SEX ROLE STEREOTYPING

Lesson Plans

1.1 ASPIRE: Module 1, Sex-Role Socialization. Livonia (Michigan) Public Schools, 1979. 115 p. (Available from: Education Development Center, 55 Chapel Street; Newton, MA 02160. $1.50.)

Although this model is part of ASPIRE's educator inservice training package, many of the activities are appropriate for use with high school students to increase their awareness of the effects of sex role stereotyping. [9-12]


Offers a variety of individual and small group exercises designed to help people increase their awareness of those sex role related attitudes and behaviors which limit a person's potential. Also includes selected readings on sex role socialization, marriage, family relationships and assertiveness training. Useful chapter on teachers as mediators of sex role standards. Each chapter includes a detailed list of references.22


Thirty-seven class projects and resources for use with K-8 students. The projects, which focus on beginning and advanced consciousness-raising, work roles, Canadian history, media and texts, are designed to offer teachers help in combating sex stereotyping in elementary schools. In addition to the curricular materials, suggestions for identifying and altering sexist attitudes and behaviors at the informal level—the "hidden curriculum"—are also included. [K-8]

1.4 A Comparative View of the Roles of Women (Experimental Learning Unit, revised edition). Barbara Miller and Jacquelyn Johnson. Center for International Relations, University of Denver. (Available from: EDRS MF-$9.50 plus postage; ED 128 263.)

Twenty-two activities arranged so that students may consider two questions: (1) What are the appropriate roles of women today, and (2) What changes could equality bring to students' personal lives, the community, the nation and the global society? Each activity provides an introduction, objectives, time required, materials needed; step-by-step procedures, suggested follow-up and evaluation procedures. Sample activities include asking students to (1) examine how toys and books promote sex stereotyping for children; (2) compare attitudes toward childbearing in various cultures; and (3) examine a reversal of male and female marital roles.

1.5 The Emerging Woman: Quest for Equality. Anita Wilkes Dore. New York: Globe Books. Activities and exercises for use in the classroom, using excerpts from literature to show women's roles in society; a good consciousness-raiser.4 [10-12]

1.6 Focus on the Future. Cleveland State University, 1979. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $2.00 technical manual, leader's manual and picture stimulus set; plus 20% handling charge.)

A three-session module to help adolescents recognize the limiting effects of sex stereotyping and focus on careers and family relationships.14 [7-12]


A handbook of practical ideas for exposing young children to a wide range of activities and helping to keep them from being locked into stereotypical feminine and masculine roles.44 [K-3]

1.8 Growing Up Human. Unitarian Universalist Women's Federation. (Available from: Unitarian Universalist Women's Federation, 25 Beacon Street, Boston, MA 02108. $3.50.)
A four-session course on sex role stereotyping for grades 8–12.¹


A practical guide for developing nonsexist attitudes in young children, this manual details activities and strategies to foster independence and expand the range of children’s experiences. Classroom materials, literature, language, and both indoor and outdoor activities are discussed. [K]

1.10 Nonsexist Learning and Teaching with Young Children. Sheila Morfield. 1978. 54 p. (Available from: EDRS MF-$91—HC-$3.50 plus postage, ED 154 932.)

A guide to nonsexist lesson plans and teaching activities for K–3 students. Activities focus on five areas: (1) feelings, (2) encouraging nonsexist behavior, (3) body movement, (4) working, and (5) women in history. Also included in the guide is an annotated bibliography of nonsexist books, films and records for young children, and an annotated bibliography of resources for teachers. Activities are appropriate for social studies, career awareness and sex role stereotyping awareness units. [K–3]


Stimulating discussion opener. Flexible use for 5th grade through college. Ten photos are examined by small groups who discuss which are, and which are not, sexist. The discussion allows participants to explore their own understanding of sexism at their own level and subsequently arrive at some definitions. These are later redefined by using the materials included in the Activity Packet. The trainer and teacher will also receive a booklet and a detailed lesson plan.¹⁰ [5–12]

1.12 The Role of Men and Women in Our Society: A Consciousness-Raising Group Activity for Use with Grades 10, 11 and 12 Students in Canadian Schools. Phil A. Manuel. University of Toronto. (Available from: EDRS MF-$91—HC-$1.50 plus postage; ED 095 440.)

A consciousness-raising group experience for 10th- through 12th-grade students to explore issues relating to the role of men and women in our society. A group of 10 to 12 students, with an equal number of male and female participants and a counselor and facilitator, discuss topics introduced on 12 numbered cards, each of which has a short descriptive statement on an issue related to the topic of sex roles. Each of the 12 topics should generate 15–20 minutes of discussion.¹⁰ [10–12]

1.13 Thinking and Doing: Overcoming Sex Role Stereotyping in Education. Dorothy Stein and others. Hawaii Educational Equity Program, 1978. 107 p. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $5.50.)

Although these materials are designed in workshop format for inservice and preservice training, they will also be a valuable resource when developing classroom activities for elementary and secondary students. The activities, which focus on the general issues of sex roles and the implications of stereotyping in specific content areas, will encourage students as well as others to examine and change their own beliefs, attitudes and behaviors that promote sex stereotyping. [K–12]


This publication provides a model for dealing with sex role stereotypes in the elementary, intermediate, and secondary classrooms. [K–12]

1.15 Understanding Sex Roles and Moving Beyond: A Learning/Teaching Guide. Joanna Selman and others. University of Tennessee, Model Sex Fair Training Program in Educational Psychology and Guidance, 1979. 194 p. (Available from: Educational Development Center, 55 Chapel Street, Newton, MA 02160.)

These materials were developed to be used in a graduate level course in guidance and counseling. However, all or part of the units could be used for teacher resource materials or in high school classrooms. The three units included are “Formula for Restricted Development: Sex Role Stereotypes in America”; “Examining Sex Roles Across Cultures”; and “Sex Roles in American Institutions: Getting Clear and Moving On.” Each unit includes an introduction, objectives, facilitator’s directions, learning activities, bibliography and appendix of readings and worksheets. Many of the activities are appropriate for language arts, health and social studies classes. [9–12]


This book is based on an important field survey and intervention program for reducing sex stereotyped attitudes in children. In several school systems at the kindergarten, fifth, and ninth grade levels, the researchers measured children’s attitudes about sex roles and then attempted to change them toward nonstereotyped views. The book contains nonsexist curriculum packets for the various grade levels, background materials, resource agencies, bibliographies and guidelines for effective nonsexist intervention.¹⁴ [K–12]


Exercises on sex roles for high school students. [9–12]


Twenty-nine 10- to 40-minute activities designed to help expand student awareness of sex role stereotyping. Each activity indicates the subject area, suggested grade level and objectives. The activities
may be used independently or in sequence and are appropriate for language arts, social studies and career awareness units. [K–6]

Course Outlines


Useful collection of ideas for teachers wishing to devise a course for students on sex roles and relationships or for teachers interested in discussing some of these problems in conjunction with other subjects; suggested objectives, reading lists and discussion topics on such subjects as sex and identity, myths, homosexuality, and differences in perception; one flaw—sometimes suggests questions but fails to give information.

Supplementary Texts

Pamphlet on basics of sex role stereotyping with topics for discussion and writing. [10–12]

A guide placing women in a sociological perspective; good for stimulating student discussion. [10–12]

A book on feminine stereotypes which focuses on the infant and young child who learn so very early the "shoulds" and "should nots" pertaining to sex role stereotypes. Beloti, an Italian Montessori educator, speaks from an Italian point of view, and as Margaret Mead points out in her excellent introduction, she is sometimes biased and strident. Nevertheless, Beloti's points are well taken, and her description of the role teachers play in enforcing stereotypes makes this book a "must" for educators and an excellent resource for secondary students. [11–12]

Games

1.23 When I Grow Up I'm Going to Be Married. California Commission on the Status of Women. (Available from: California Commission on the Status of Women, 1025 P Street, Room 340, Sacramento, CA 95814.) A game which illustrates how time and circumstance affect women. Excellent for use with high school students. [9–12]

Photographs

1.24 Community Helpers. Feminist Resources for Equal Education. (Available from: Feminist Resources for Equal Education, Book 3185, Saxonville Station, Framingham, MA 01701. $2.50.) A set of nonexistent photographs. [K–3]

Multimedia Programs


For in-service training, parent-teacher groups and students; contains filmstrips, cassette, books, pamphlets and leaflets. [23]

1.26 "Sex Stereotyping in Math Doesn't Add Up"; "Girl, Boy or Person: Beyond Sex Differences"; "Equality in Science: Formula for Changing Sex Bias"; "Exercising Your Rights: Eliminating Sex Bias in Physical Education, Reading, Writing, and Stereotyping"; "Present but Not Accounted for: Women in Educational History"; "We the People: Sex Bias in American History," Patricia B. Campbell and Susan E. Katrin. Multimedia modules. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $15.60 plus 20% postage, complete set; $2.50 each unit.)

This series of instructional modules on sex role stereotyping in education includes cassette tapes, handouts, transparency masters and a bibliography for each topic area. The modules may be used alone or to complement an instructional unit. [14]

Audiovisual Materials


This unit of two sound filmstrips helps high school students explore sex role stereotyping. Part I, "Who Are You?", briefly reviews the traditional roles of women and options for the future. Part II, "Who Can You Be?", confronts the problem that even though new opportunities exist, prejudice—both external and internal—still exists. Five women in nontraditional occupations look at how to shape their lives for the most rewarding and satisfying arrangement. [9–12]

1.28 And Everything Nice. Bailey Film Associates. 20 minutes. (Available from: Bailey Film Associates, 2211 Michigan Avenue, P.O. Box 1795, Santa Monica, CA 90406.)

As a result of changing social conditions, many women find their traditional roles unsatisfying; consequently, they feel exploited and oppressed by the expectations society has placed on them to be "feminine." Film shows the process of consciousness-raising, "CR," during which women develop new expectations for themselves and a sense of self-worth, a new consciousness of what it means to be female. [21] [10–12]

1.29 Anything You Want to Be. New Day Films. 1971. Eight minutes, b/w, sound, 16mm. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417. $115.00; $17.00 rental.)

This is a short, fast-paced film showing how society subtly socializes women into accepted and stereotyped roles. The main character is a bright high school girl who is told she can be anything she wants to be, but receives signals that in reality she can't. This film would be useful with junior high students through adults for discussion about sex stereotypes. [7–12]
1.30 Beyond Black and White. Motivational Media. 28 minutes, color. 16mm. (Available from: Motivational Media, 827: Melrose Avenue, Los Angeles, CA 90046.)

Deals with the perpetuation of cliches about minorities which have no factual validity; parallels sex stereotyping.10 [10-12]

1.31 Changes, Changes. Weston Woods. Six minutes, 16mm. (Available from: Weston Woods, Weston, CT 06880.)

In the form of wooden dolls, a husband and wife build their house. Visited by a flood, they reassemble the pieces of their house into an ark. Then another disaster—but again they survive, cleverly transforming the same materials into other shelters and working together as equals.21 [K-4]

1.32 Do Your Own Thing. McGraw-Hill. 13 minutes, 35mm. (Available from: McGraw-Hill, Department 410, 1221 Avenue of the Americas, New York, NY 10020.)

Demonstrates that boys and girls can enjoy and be successful at the same types of games and activities.21 [K-6]

1.33 The Fable of He and She. Learning Corporation of America. 13 minutes. (Available from: Learning Corporation of America, 1350 Avenue of the Americas, New York, NY 10019.)

A new film, inspired by women and men's liberation. On an island live two kinds of creatures: the hardybars who hunt and build and the mushamels who cook and take care of the children. Sound familiar? But when the island is split in two by a storm, everyone has to learn to do everything—and when the hardybars and the mushamels are reunited, they are happier with their shared skills. A sophisticated idea carried out in a whimsical way that kids will enjoy.21 [K-12]

1.34 Happy to Be Me. Arthur Mokin Productions, 1979. 26 minutes, sound, color, 16mm. (Available from: Arthur Mokin Productions, 17 West 60th Street, New York, NY 10023. $425.00; $40.00 rental.)

Students in School District #1, Bronx, New York, reply to questions on sex roles, future expectations in careers and family life. Good for initiating discussion on sex role stereotyping with students, parents and community.28

1.35 Hey, What about Us? University of California, 1974. 15 minutes, sound, color, 16mm. (Available from: University of California, Extension Media Center, 2223 Shattuck Avenue, Berkeley, CA 94720.)

Depicts incidents of stereotyping in physical activities and challenges traditional concepts of what is masculine and feminine.16 [7-12]

1.36 Hopscotch. Churchill Films. 12 minutes, 16mm. (Available from: Churchill Films, 662 North Robertson Blvd., Los Angeles, CA 90069.)

Attempting to make friends with a boy and a girl playing hopscotch, a boy plays out a succession of roles—from star baseball player to macho bully. He finally is himself, and he's then invited to join the game. Cleverly told and very much to the point.21 [K-6]

1.37 I Am Me . . . And I Want to Be. Sandler. 12 minutes, 16mm. (Available from: Sandler, 120 West 44th Street, New York, NY 10036.)

Explores the importance of individual differences and diversity in society.21 [3-6]


Slides and quotations are provided to create a do-it-yourself audio-visual program on sex roles and the role of women in America. [7-12]

1.39 Katy. Bailey Film Associates. 17 minutes, 16mm. (Available from: Bailey Film Associates, 2211 Michigan Avenue, P.O. Box 1795, Santa Monica, CA 90406.)

Vivacious and energetic Katy wants to be free to ride her horse. When her brother goes away to camp, she takes over his paper route to earn money for riding. Her dreams and aspirations are challenged by the route managers and the boys who are against girls delivering papers.21 [3-7]

1.40 Male and Female Roles. Coronet Instructional Media, 1975. Nine minutes each, color, sound filmstrips. (Available from: Coronet Instructional Media, 65 East South Water Street, Chicago, IL 60601. $102.00.)

The unit contains six color, sound filmstrips entitled "The Stereotypes," "How Stereotypes Evolved," "How They Are Learned," "Emerging Dissatisfactions," "New Perspectives," and "How Are You?" These can be used as an entire unit or separately to help people from junior high students through adults understand the sociological process of sex stereotyping. A 16-page teacher's guide gives questions for discussion and extra activities.9 [7-12]


Surveys scientific and cultural differences between the sexes which are the basis of sex roles; traces history of sex roles, and how they are changing, and shows the development of the women's movement.16 [7-12]

1.42 Man and Woman: Myths and Stereotypes. Center for Humanities, 1975. 20 minutes, slide carousels, cassettes or records. (Available from: Center for Humanities, Inc., 2 Holland Avenue, White Plains, NY 10603.)

Using paintings, photography, theater and movie scripts, and popular music, these sets describe how our views of men and women developed in western culture and how these stereotypes are changing today.16 [9-12]

1.43 Masculine or Feminine: Your Role in Society. Coronet Instructional Films. 18 minutes. (Available from: Coronet Instructional Films, 65 East South Water Street, Chicago, IL 60601.)

Explores the changing attitudes about masculinity and femininity in today's society. Interviews with a construction worker, business representative, college professor, woman executive and parent. Girl students reveal different, sometimes conflicting, opinions on masculine and feminine roles.21 [10-12]

Part I presents a case history of a couple who have reversed roles—she is a worker outside the home, he is a homemaker—in order to discuss sex roles and stereotypes. Part II deals with traditional sex roles and sex-assigned tasks in other cultures with emphasis on cultural and biological influences.16 [9–12]

L45 Ranchgirl. AIC Films. 26 minutes, 16mm. (Available from: AIC Films [Paramount Oxford], 5451 Marathon Street, Hollywood, CA 90038 or 35 West 45th Street, New York, NY 10036.)

A young girl saddles her horse and goes for a ride. She tells us about what she sees—from wildflowers to the skeleton of an animal killed by a mountain lion. During a rainstorm, she competently takes care of herself.21 [4–6]


Each carousel investigates different areas of sex role differences, dating, success, and achievement; psychological studies concerning sex roles.16 [8–12]

L47 Stardust. McGraw-Hill. 8 minutes, 16mm. (Available from: McGraw-Hill, Department 410, 1221 Avenue of the Americas, New York, NY 10020.)

Is the astronaut navigating through space in this lovely film a boy or a girl? I think it’s a girl. She attempts to land her spacecraft on a cold blue planet that rebuffs her. When she succeeds, she kisses the planet’s surface which responds by pulsating with glowing colors.21 [1–6]

L48 Sugar and Spice. Bailey Film Associates. 32 minutes. (Available from: Bailey Film Associates, 2211 Michigan Avenue, P.O. Box 1795, Santa Monica, CA 90406.)

Children learn what is “appropriate” behavior for boys and girls at an early age. Today, more and more parents and educators feel that these stereotypes stunt children’s growth and limit their capacity to deal with a changing society. Film is about what people are doing to eliminate sex role stereotypes.21 [7–12]


A Tale of O explores the consequences of being different. It focuses on a group of people in which there are “the many,” referred to as the “X’s,” and “the few,” referred to as the “O’s.” Used as a training tool for managing diversity, it is appropriate for affirmative action awareness sessions; management development programs; supervisory skills training; and support groups for women and minorities.

L50 To Be a Woman. Billy Budd Film Co. 25 minutes. (Available from: Billy Budd Film Co., 235 East 57th Street, New York, NY 10022.)

Several young women discuss stereotypes about females and their feelings on the meaning of femininity and womanhood; accompanied by Peter Max-type cartoons. Recommended for counselors, teachers and young girls.21 [10–12]

L51 Waterwheel Village. Filmfair Communications. Sound, color, 16mm, plus guide. (Available from: Filmfair Communications, 10900 Ventura Blvd., P.O. Box 1728, Studio City, CA 91604.)

A model village built by a girl produces strong reactions in two brothers who are torn between a desire to play with the village and a stereotyped attitude toward girls. Useful for Initiating discussion on sex roles.21 [K–6]


By exploring the changes that have affected society’s view of women’s roles, this sound filmstrip helps students examine themselves as people rather than as males or females whose destinies are determined by their biological sex. It also helps students examine their own sex prejudices and stereotypes.22 [9–12]


This animated cartoon filmstrip dramatizes the sexist world of language which excludes women: remedial exercises and use of alternative words and phrases are included in discussion guide.16 [9–12]

Bibliographies/Resource Lists


A comprehensive rather than selective bibliography providing a synthesis of the literature on sex role socialization and sex discrimination in education between 1960 and 1978. The bibliography covers a wide spectrum of disciplines, from history and literature to sociology, psychology, economics and anthropology.

WOMEN’S EDUCATIONAL EQUITY

Lesson Plans

Greater Champaign Area Chapter, 809 South Fifth Street, Champaign, IL 61820. $3.00 or EDRS MF-$5.91—HC-$1.85 plus postage, ED 099 894.)

Interdisciplinary materials compiled to help teachers overcome sex role stereotyping in their classrooms. Materials include classroom activities; lesson plans; a list of feminist resources; annotated bibliographies of nonsexist readers, sex education references and counseling materials; and a survey of media on the women's movement. [7-12]

1.56 Maximizing Young Children's Potential: A Non-Sexist Manual for Early Childhood Trainees. Women's Action Alliance, Non-Sexist Child Development Project. 124 p. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $2.00.)

By creating nonsexist environments for young children, educators can help to transcend sex role stereotyping that so often limits aspirations and achievements. This training manual, Maximizing Young Children's Potential, was developed for use with staff, support personnel and parents involved in preschool programs. The activities and exercises encourage independence and expose all children to a range of experiences. One section of the manual provides step-by-step directions for conducting workshops on nonsexist curricula, children's literature and sexism in language. Another section contains practical strategies for integrating a nonsexist approach into all areas of the classroom, including the housekeeping corner, blocks and outdoor play. The resource section lists sources for classroom materials, an annotated bibliography of nonsexist books and suggestions for further reading. [K-3]

1.57 Non-Sexist Education for Young Children: A Practical Guide. Barbara Sprung. New York: Citation Press. $3.25.

Written by the Project Director of the Women's Action Alliance, this is a nonsexist education guide for parents and educators. Included are pointers for parents to help bring up children in a nonsexist manner and a guide for teachers suggesting classroom activities to promote sex equity. [2]

1.58 Promoting Educational Equity through School Libraries. Arizona State University, Women's Educational Equity Act Program. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $4.75 plus 20% postage.)

Multimodule series for teachers and librarians sensitizing them to sex role and bias problems and what they can do about them; also includes materials to use in the classroom. [4] [9-12]

Supplementary Texts

1.59 Changing Sexist Practices in the Classroom. Marjorie Ster. American Federation of Teachers. (Available from: American Federation of Teachers, AFL-CIO, 1012 Fourteenth Street, NW, Washington, DC 20025. Item No. 600. $1.00 for 10 or more copies.)

These materials for teachers and classroom use include statistics on working women and feminists in history, independent study project suggestions, teaching activities, course outlines, resources for women's studies; and criteria and guidelines for evaluating and improving the image of women in instructional materials. The guide also contains two bibliographies. [4] [9-12]

1.60 Eliminating Sexism: Rewriting the Scripts. Rose M. Etheridge and Eric Rice. 1977. 203 p. (Available from: System Sciences, Inc., P.O. Box 2345, Chapel Hill, NC 27514. $20.00.)

This is a self-instruction package designed for all students with eighth grade reading level or above. It requires 5 to 20 class sessions. Topics include sex stereotyping and the work force, minority groups, schools and the law. The package contains preassessment and postassessment instruments, self-check questions and teacher materials. [8-12]


Three well-written handbooks for school administrators which contrast traditional sex stereotyping with the needs of individuals and changes in society. Action suggestions. [26]

1.62 Sexism in Education. Emma Willard Task Force on Education. (Available from: Emma Willard Task Force on Education, Box 14229, University Station, Minneapolis, MN 55408. $6.00.)

Classic resource book on sexism in education; includes units for classroom use and staff inservice. [4]


Guide to rights and responsibilities of students, emphasizing right to nonsexist education. [4] [9-12]

Periodicals

1.64 Created Equal. Southeastern Public Education Project (SEPEP), American Friends Service Committee. (Available from: SEPEP, Box 22652, Jackson, MS 33905.)

Reports on sex equity problems and progress in southern schools. Free as of this writing. Citizens in Alabama, Arkansas, Georgia, Louisiana, Mississippi and South Carolina can call on the project for help in combating sex discrimination in local schools. [4]


An informative, quarterly newsletter that focuses on Title IX and sex desegregation efforts in schools across the nation. Includes legal information and a resources section. [4] [K-12]

A quarterly journal for ending sexism in schools, which contains articles, posters, lesson plans, biographies and school programs for nonsexist education.² [K–8]

1.67 Women's Studies Newsletters. (Available from: The Feminist Press, Box 334, Old Westbury, NY 11568.)

A quarterly published by The Feminist Press and the National Women's Studies Association. Contains articles on women's studies at all levels of education: new programs, innovative courses, teaching techniques, curricular materials, book reviews, conference reports, bibliographies and job information.

Multimedia Programs

1.68 Toward Equality. Betsy Wesner (ed.). Dallas Independent School District. (Available from: Dr. Joe M. Pitts, Dallas Independent School District, Box 12, Dallas, TX 75204. Limited copies.)

This collection of already existing materials and strategies may be used by classroom teachers and staff development planners interested in implementing educational change relating to sexism and racism. The materials included are geared for upper elementary and secondary levels as well as adults. A nine-page annotated reading list is also included.²²

Audiovisual Materials

1.69 Edupak on Sex Role Stereotyping. Multimedia package. (Available from: NEA Order Department, Academic Building, Sawmill Road, West Haven, CT 06516. $79.50.)

This package contains the two filmstrip units, "Cinderella Is Dead!" and "The Labels and Reinforcement of Sex Role Stereotyping"; three books dealing with nonsexist education, sex stereotyping in schools, and women's studies; four cassette tapes including discussions on sexism, racism and classism in schools, and a four-part tape on women's rights and multicultural equity; and two research reports and pamphlets. Each item can also be ordered separately. A publication list is available.²² [K–12]

1.70 We Are Women. Motivational Media. 16 minutes. (Available from: Motivational Media, 8271 Melrose Avenue, Suite 204, Los Angeles, CA 90046.)

"We Are Women" makes a strong case for individual rights for women and an equally strong case for what this means for men. Designed to depolarize men and women regarding women's nontraditional concept of themselves.²² [K–12]

Bibliographies/Resource Lists

1.71 Alternatives in Print: An Index and Listing of Some Publications Reflecting Today's Social Change Activities. Special Responsibilities Round Table Task Force of the American Library Association. (Available from: Publications Committee, Ohio State University Library, 1858 Neil Avenue, Room 322A, Columbus, OH 43210. $4.00.)

Multimedia sourcebook of information on women.¹

1.72 An Annotated Selected Bibliography of Bibliographies on Women, Margaret Eichler (ed.). Pittsburgh: KNOW, Inc., 1976. 33 p. $3.00.

Ninety annotated listings of readily accessible bibliographies on women. The annotations reflect the table of contents or the authors' subdivisions and/or statements about the intent and the limitations of their bibliographies. Sponsored by American Sociological Association's Section on Sex Roles.²²

1.73 Directory. Women's Educational Equity Communications Network. (Available from: Women's Educational Equity Act Program, U.S. Department of Education, Donahoe Building, Room 1105, 400 Maryland Avenue, SW, Washington, DC 20202. $5.00.)

Lists national organizations and programs involved in furthering women's educational equity; some national and state directories and organizations; and for each state, the Commission on the Status of Women, vocational education, sex equity and Title IX coordinators, and the National Organization of Women state coordinator.²³

1.74 Feminist Resources for Elementary and Secondary Schools. Task Force on Sexism in Schools. (Available from: Task Force on Sexism in Schools, Valley Women's Center, 200 Main Street, Northampton, MA 01060.)

A compilation of references for readings on sex role socialization and stereotyping and for resources, such as books, films, slides, graphics and articles for elementary and secondary schools.²³ [K–12]

1.75 Hispanic Women and Education: Annotated Selected References and Resources. Women's Educational Equity Communications Network. (Available from: Women's Educational Equity Act Program, U.S. Department of Education, Donahoe Building, Room 1105, 400 Maryland Avenue, SW, Washington, DC 20202. $2.50.)

Cites bibliographies, curricula, journal articles, research studies, and other resources that relate to education, economic status and counseling of Hispanic women.²³

1.76 Resources for Ending Sex Bias in the Schools. PEER. Project on Equal Education Rights (PEER). (Available from: PEER, 1112 13th Street, NW, Washington, DC 20005. Free.)

This listing of books and other resources aims to help educators, parents and community groups recognize sex bias in educational settings, understand how it harms children and suggests how to take effective action to promote a sex fair school environment. Covers kindergarten through high school.²³ [K–12]

1.77 Resources for Ending Sex Bias in the Schools. Six-page annotated bibliography of useful materials.²³

1.78 Resources in Women's Educational Equity. Women's Educational Equity Communications Network. 341 p. (Available from: Superintendent of Documents, U.S. Gov-
1.79 Toward Equity: Effective Title IX Strategies, K-Postsecondary. California Coalition for Sex Equity in Education. 316 p. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $6.75.)

Title IX compliance is but a first step toward the important task of achieving gender equity for all students and staff in educational programs and activities. Toward Equity: Effective Title IX Strategies, K-Postsecondary addresses the practical, philosophic and theoretical questions raised by the federal law intended to prohibit sex discrimination in education. The book provides specific information about the law, monitoring practices and evaluation procedures. It presents strategies for overcoming resistance to change and provides detailed suggestions for working within a political climate on issues of educational decision making. The book presents a unique format of systematic planning and problem solving. Worksheets outline change strategies and action steps for solving specific issues of gender equity. An extensive bibliography of organizations, agencies and other equity resources is included. [K–12]


This bibliography is one of a series of Resource Roundups published by the Women's Educational Equity Communications Network. It represents a selective sampling of resources focusing on Asian/Pacific American women in America. Entries are divided into seven categories: general resources on Asian/Pacific American women, historical resources, education and employment resources, other contemporary issues and problems, research and psychological studies, nonprint resources, and organizations and projects.


This bibliography is one of a series of Resource Roundups published by the Women's Educational Equity Communications Network. The resources were chosen for their usefulness to black women, administrators, researchers, instructors, counselors and others interested in helping black women gain educational equity. Entries are listed under six categories, including general resources, elementary and secondary schools, higher education, educational administration, careers and counseling resources, and national organizations and projects.


This bibliography is one of a series of Resource Roundups compiled by the Women's Educational Equity Communications Network. The resources should be of interest to physically disabled people and to teachers, counselors, administrators and others responsible for providing accessible services. Items are listed under the following categories: general resources, elementary and secondary resources, vocational and higher education, occupational resources, health education and sex counseling, nonprint media, media services, and organization and resource sources.


A combination of source material and information relating to the contemporary women's movement. This annotated bibliography of more than 350 currently available books is broad in scope and contains both liberating and sexist materials. Audiovisual aids and a directory of sources are also included.


This supplement brings the basic annotated collection of available books to 826 titles and describes more than 1,000 additional audiovisuals of many types, with full purchase and borrowing information provided. Pamphlets are now organized within 25 subject areas, with more coverage of Canadian and Latina resources, and such areas as affirmative action and women's studies. An additional 250 periodicals and a directory of 1,500 additional sources are included. The extensive list of women's groups, centers and studies programs, caucuses and task forces makes Womanhood Media and its supplement well-suited to active support of implementation of affirmative action employment, equal educational opportunity and women's studies.

1.85 Women's Educational Equity: Annotated Selected References and Resources. Women's Educational Equity Communications Network. (Available from: Women's Educational Equity Act Program, U.S. Department of Education, Donahoe Building, Room 1105, 400 Maryland Avenue, SW, Washington, DC 20202. $2.50.)

Includes information on books, reports, bibliographies, journals, newsletters and resource publications and library collections.


Resource lists of organizations, government agencies, publishers, etc., which produce information and materials on women and feminism.
MALE SEX ROLE STEREOTYPING

Lesson Plans


This instructional package provides classroom activities for use in exploring masculinity and sex stereotypes. Directions are given for each activity, defining teacher and student roles.

Supplementary Texts


This book emphasizes the idea that men are human beings first; men second. It urges young men not to fall into the “hero” or “macho” role often assigned to the male sex, but to learn who they are and what they really want rather than being defined by others.

Audiovisual Materials


This unit of two 12-minute, color, sound filmstrips introduces the concept of sex role stereotyping to high school students. Part I, “Traditions in Question,” explores some of the traditional qualities expected in men. Part II, “Living with Change,” uses interviews with both males and females, adults and students to examine some of the problems confronting men because of their role training. A 16-page teacher’s guide accompanies the unit.


Warren Farrell discusses the effect of the feminist movement on men and the status of “men’s liberation.”


This set of filmstrips explores concepts of masculinity and femininity through a general discussion, an enactment of a situation concerning sex roles and a silent filmstrip of images.

1.92 Men’s Lives: A Documentary Film about Masculinity in America. New Day Films. 43 minutes, color, sound, 16mm. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ. $500.00; $56.00 rental plus $4.00 handling.)

This academy award-winning film (Best Student Documentary) examines how men are conditioned to aggressively compete, win and strive for material success at the expense of intimacy and communication. The filmmakers present interviews with men, boys, women, workers, teachers, coaches, athletes and students, interspersed with film clips of movie heroes, football games, and comic strip heroes to represent with insight and humor a microcosm of masculine attitudes.

Bibliographies/Resource Lists

1.93 Men’s Studies Bibliography. Massachusetts Institute of Technology (MIT). (Available from: MIT Humanities Library, Room 14S-200, Cambridge, MA 02139. $3.00.)

A list of part of the collection of the Humanities Studies Collection at MIT, including newspaper and journal articles, unpublished theses and papers and ephemera of the men’s movement.

NONSEXIST MATERIALS

Lesson Plans


A “fun” lesson plan for 5th grade through college. “The Princess and the Pea” opens a discussion of subtle ways in which sexism, racism, materialism and elitism permeate the simplest of stories. The level of discussion will vary with age, but participants learn how to spot hidden messages while enjoying a lively discussion.

1.95 Advisory List for Instructional Media for Reduction of Sex Bias. North Carolina State Department of Public Instruction, 1977. 27 p. (Available from: North Carolina State Department of Public Instruction, Division of Educational Media, Raleigh, NC or EDRS MF-$5.91—HC-$2.06 plus postage, ED 149 755.)

An annotated bibliography of instructional media to aid in the reduction of sex bias in elementary and senior high school classrooms. Items reviewed include books, films, posters, slide sets and film strips arranged in three categories: biographies; history, sociology and biology of sex roles; and curriculum materials illustrating balanced sex roles.


A critically annotated list of 200 recent picture books in such categories as working mothers, handicaps, multicultural and adoption.


An unannotated bibliography of journal articles, newsletters, monographs, reports and resources focusing on sexism and sex role
stereotyping in children's books. Although many of the references cited focus on primary and intermediate grade education, the bibliography should prove useful to the junior high school teacher. [7-9]

An annotated bibliography of nonsexist, nonracist resources for educators. The bibliography includes both student materials and teacher resources and is organized by grade level and subdivided into subject areas. [K-12]

1.99 Fair Play: A Bibliography of Non-Stereotyped Materials (Volume II), Marilyn A. Hulme. September 1977. 82 p. (Available from: Training Institute for Sex Desegregation of the Public Schools, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903. $3.00.)
An annotated bibliography of nonsexist, nonracist resources for educators. The bibliography includes both student materials and teacher resources and is organized by grade level and subdivided into subject areas. Also included is a list of publishers. [K-12]

A comprehensive, annotated bibliography of bias-free educational materials and resources, organized into four major categories: material resources, procedural resources, directors and organizational resources. Within each of these larger categories, the resources have been organized into smaller sections by type of material, subject area applicability, and grade and age level.

A newly revised and expanded feminist resource which has more than 500 listings of nonsexist books, pamphlets, articles, audiovisual resources and other materials.8

Films for, by and about Women developed out of a recognized need for easy access to media sources in all areas of women's studies. It offers a comprehensive listing of films (features, documentaries and shorts) by women since the beginning of filmmaking, along with films on topics of special interest to women today, dealing with such subjects as aging, day care, childbirth, family life, health and hygiene, housing, nutrition, sex roles, human sexuality, management and supervisory training, women in other countries, the women's movement and feminism. The author's aim is to assist both women and men in exploring the changing and diverse roles women assume in society and to present women filmmakers and identify the genre of films made by each one. The main index is an alphabetical listing of approximately 2,800 film titles, with the following information provided for each: running time, black and white or color, production or release date, format identification, and a brief description, including director and producer, and sales and rental sources throughout the U.S. A comprehensive subject index and an index of women filmmakers with their films are also included in the volume, along with a directory of film sources and filmmakers, a bibliography and a list of symbols used. Sullivan compiled this work with women and women's studies in mind, but the subject matter mirrors the concerns of both women and men. It is a must for educational institutions, libraries, churches, organizations and all others who are trying to raise the level of people's consciousness about the problems of living today. It is an important tool for filmmakers, film researchers and film educators as well.45

This is a very comprehensive list of films dealing with various aspects of women's lives or the women's movement. Provides a wide selection for a variety of audiences. This list is updated twice a year.1

An annotated bibliography of nonsexist children's books. Titles are divided into the broad categories of fiction and nonfiction within the three major categories of preschool through third grade, third grade through seventh grade, and seventh grade through twelfth grade. The bibliography provides a wealth of titles and includes the publisher, copyright date, recommended grade level and price; however, no criteria for determining reading level or nonsexist content have been provided. [K-12]

These guides will refer you to not only recommended readings for elementary and secondary students, but also to audiovisual resources, curriculum kits and organizations. If you order nothing else, order these two resource guides.24 [K-12]

The entries in this briefly annotated list cite current filmstrips, slides, records, cassette, simulation games, study prints and other software. One hundred forty-seven of the listings are for the secondary level, 28 for elementary use and the remaining 53 are professional readings covering curriculum guides, bibliographies and other teaching aids.14 [K-12]

Unusual format and refreshing personal style. A must for librarians, teachers and parents.26
1.08 List of Games about Sexism, Sex-Role Stereotyping, and Related Women's Issues. (Available from: University of Michigan Extension Service, 412 Maynard Street, Ann Arbor, MI 48109.)
This is an excellent guide to 25 games. Almost all of the games listed are unevaluated, but basic information is provided about developers, costs, time, rules and number of players. [7-12]


An extensive bibliography with resources on folk tales, poetry, art and music, social studies materials, pictures, maps and materials from foreign publishers. [13] [K-12]


This new annotated bibliography brings together nearly 400 bibliographies on every aspect of women's lives and history in one indisposable volume. The most comprehensive such volume to date, New Feminist Scholarship is organized into 30 subject headings which include anthropology and sociology, art and music, child care, history, lesbians, psychology, third world countries and work. An essential research tool for student, teacher and general reader. [14] [K-12]

An annotated bibliography of school, community and student resources, with level of use and the group of people most likely to find the materials useful. This bibliography includes books, films, filmstrips, readings and booklets to promote sex-fair education.

This media guide contains evaluative annotations of over 400 films, videotapes, slides and filmstrips. Entries include recommended age level (preprimary through high school) and also indicate whether the item is appropriate for adults. [15] [K-12]

1.16 A Resource List for Non-Sexist Education. Judy Cusick. Resource Center on Sex Roles in Education. (Available from: Resource Center on Sex Roles in Education, Room 804E, 1201 16th Street, NW, Washington, DC 20036. Free.)
A list of games, books, pictures, and posters to promote sex-fair education. The three main sections are: (1) Understanding the Problem: The Need for Non-Sexist Education; (2) Developing Non-Sexist Education; and (3) Reference Materials. [16] [K-12]

1.17 A Selected-Annotated Bibliography on Sexism. St. Cloud State University, Equity in Education Institute. (Available from: St. Cloud State University, Equity in Education Institute, St. Cloud, MN.) Annotated bibliography of nonsexist and nonracist articles and media for use in schools. [17]

This listing of lesser-known resources for nonsexist materials includes small presses and nonprofit educational firms; women's sections of professional and trade organizations; task forces in state education departments; and feminist publishers, bookstores and distributors. [K-12]

A selective, annotated bibliography for high school teachers and students who want inexpensive supplementary readings by women, which emphasize the strengths and accomplishments of women. The bibliography has organized the materials according to anthologies, autobiography and biography, drama, novels, short stories and poetry. A cross topical index with the following categories also is provided: adolescence, female sexuality, women in the arts and professions, women and political commitment, third-world women and working class women. [9-12]

200 Plus lists elementary materials, indicating grade use and reading level for each item. Over 80 percent of the 206 books are in the first three categories—picture books, fiction, and social studies; other categories are language arts, miscellaneous and audiovisuals. The Kalamazoo bibliographies are updated every year. Orders are filled with the latest editions, which include all items that were listed in previous editions.\footnote{200 Plus lists elementary materials, indicating grade use and reading level for each item. Over 80 percent of the 206 books are in the first three categories—picture books, fiction, and social studies; other categories are language arts, miscellaneous and audiovisuals. The Kalamazoo bibliographies are updated every year. Orders are filled with the latest editions, which include all items that were listed in previous editions.}

Listing of films by and about women, with introductory essay on women and film.}

Women's Films in Print is an excellent guide to films made by women. In it, Bonnie Dawson, a librarian and freelance consultant on women's films, makes a valuable contribution to the field of filmmaking and women's history by identifying over 370 female filmmakers and providing access to 800 of their films. All of the films included in the guide were produced or directed by women, individually, in collaboration with other women or men, or as a part of a collective group. All are 16mm and are not necessarily feminist, about women, or new (the oldest is "Salome," produced in 1922). Entries include full-length features, documentaries, shorts and animated cartoons.\footnote{Women's Films in Print is an excellent guide to films made by women. In it, Bonnie Dawson, a librarian and freelance consultant on women's films, makes a valuable contribution to the field of filmmaking and women's history by identifying over 370 female filmmakers and providing access to 800 of their films. All of the films included in the guide were produced or directed by women, individually, in collaboration with other women or men, or as a part of a collective group. All are 16mm and are not necessarily feminist, about women, or new (the oldest is "Salome," produced in 1922). Entries include full-length features, documentaries, shorts and animated cartoons.}

A listing of films available through the center which are appropriate for women's studies courses at all grade levels.\footnote{Women's Studies Film List. University of Michigan Audio-Visual Education Center. (Available from: University of Michigan Audio-Visual Education Center, 416 Fourth Street, Ann Arbor, MI.)
A listing of films available through the center which are appropriate for women's studies courses at all grade levels.}

**SAMPLE LESSON PLAN: GENERAL AWARENESS**

**Examining Stereotypes: Personal Decisions**

**AUDIENCE:**

Students grades 6-12

**OBJECTIVES:**

- To identify instances of sex role stereotyping in one's own life, with friends, at school, and at home.
- To identify alternatives for reducing sex role stereotyping in one's own life.
- To clarify one's values regarding sex roles and to make decisions regarding the alternatives identified.

**LEARNING CONCEPTS:**

1. Each of us experiences sex role stereotyping in various aspects of our lives.
2. Each of us has a range of alternatives possible for reducing sex role stereotyping.
3. Each of us has the right to choose from a wide range of both traditional and nontraditional options for males and females.

**MATERIALS:**

Ditto copies of "Examining Stereotypes: Personal Decisions."

**HOW TO USE:**

1. Distribute the "Personal Decisions" worksheet to every student.
2. Explain to students that every person has the right to make his or her own decisions about roles and about sex role stereotyping. It is important to emphasize that it is understanding that there are choices which is the important thing, not choosing in a particular way. The worksheet can be used by all students in thinking about their own choices.

3. Ask students to fill out the worksheets. Remind them that they can think about examples and actions that they have identified and discussed earlier in the unit.
4. Ask volunteers to share their answers with the class. Remind them that every student has the right to decide to make changes or not to make changes.
5. Ask students to discuss whether there are any changes they would like to make as a class or in the class to reduce sex role stereotyping. If they decide to take actions but need some help with ideas, some of the following suggestions might get them started:

- Reading a book about sexism
- Writing a letter to a television station protesting sex role stereotyping in a program or commercial
- Writing a letter to the editor protesting sex role stereotyping in an advertisement or elsewhere in a magazine or newspaper
- Making a bulletin board of nonsexist photographs or articles
- Constructing a slide or tape, or other presentation about sex role stereotyping
- Studying a textbook for sex role stereotyping and writing a report of the findings
- Making a class contract that males and females will share all classroom duties equally (e.g., watering plants, carrying books, running audiovisual equipment, etc.)

These are only examples; students will be able to generate many others, some of which may be quite different from those listed here.
### Examining Stereotypes: Personal Decisions

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<th>I would/would not like to change these because:</th>
<th>Actions I would take to make any changes I have chosen:</th>
<th>Actions I plan to take: (place an asterisk in this column next to any action you plan to take)</th>
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<td>With my friends:</td>
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<td>At school:</td>
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<td>At home:</td>
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2.0 Counseling and Career Guidance

COUNSELING*

Lesson Plans


Intended for high school counselors and those in related helping professions. A straightforward description of how to facilitate a high school assertion group. Includes an assertion behavior scale, assessment sheet and outlines of 14 sessions.46 [9-12]


Exercises and activities for women of all ages which will make it easier for them to make decisions.49 [7-12]

2.3 Strategies for Equality: Volume I, Guidance, Social Studies, Physical Education. Training Institute for Sex Desegregation. (Available from: Training Institute for Sex Desegregation, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903. $3.50.)

Compendium of curricular projects devised and tested by educators in their own classrooms. For teachers, coaches, counselors and administrators.10


A practical and positive book for women and men who are ready to better understand the dynamic and perplexing changes facing women. Since women are coping with rapid change, this book advocates meaningful choices of lifestyle so that women can achieve their fullest potential. It contains numerous exercises, photographs, case histories and techniques for producing positive changes.34 [9-12]


A quiz for teens to help them examine their attitude about having a child.37 [8-12]

Supplementary Texts


This unique presentation creates a shared experience for adult and child by offering two texts. The author enables children to explore their feelings about death and prepares adults for questions children might ask. The presentation is well done and includes pictures of children of mixed races. [K-3]


A cartoon leaflet for teens on teenage pregnancy.37 [8-12]


Written for both girls and boys in senior high school and/or college, this book is about the task of becoming an independent person. Using many examples, both male and female, the authors discuss the conflict young people feel between the desire to be on their own and the difficulty they experience in separating themselves psychologically from parents. The case histories effectively clarify the
motivations behind varying parental attitudes as well as the internal conflicts of the young people. The ingredients for true independence are explained in a commonsense, nonjudgmental manner, and the message is that truly "leaving home" is a long process rather than a magical and abrupt change. [11-12]


A positive, helpful guide for young women to learn how to have more control over their lives, to enjoy their school years and to make good choices for the future. The author frankly discusses sex and birth control in a clear, concise and objective way. Physiological, emotional, and social aspects of sex are thoroughly discussed in regard to both girls and boys. The book emphasizes throughout the need to develop good decision-making skills that will affect future career plans, interpersonal relationships and one's overall happiness. The author has a good sense of humor and enormous respect for young women's potential for growth.

Audiovisual Materials

2.15a And They Lived Happily Ever After. National Film Board of Canada, 1974. 13 minutes, 16mm. (Available from: National Film Board of Canada, 150 Kent Street, Ottawa, Ontario, Canada.)

Discussion of some of the consequences of marriage, such as lack of privacy, children, possibilities of divorce and separation. [7-12]

2.16 Assertive Training for Women: Part I. American Personnel and Guidance Association. 17 minutes, sound, color, 16mm. (Available from: Order Services, American Personnel and Guidance Association, 2 Skyline Place, Suite 400, 5203 Leesburg Pike, Falls Church, VA 22041. Order No. 77538.)

Especially appropriate for high school and college students. Ten vignettes deal with simple interpersonal situations: borrowing class notes; refusing dates; dealing with friends, a physician, a pushy waitress and a job interview; as well as more complex situations involving parents who are overly protective and controlling or critical of friends and grades in school. [9-12]


No annotation available.

2.18a Different Folks. Agency for Instructional Television, 1975. 15 minutes, color, sound, 16mm. (Available from: Agency for Instructional Television, 1111 West 17th Street, Bloomington, IN 47401. $180.00.)

This film is one of a series of 15 films aimed at helping 11- to 13-year-olds cope with emotional and social problems. "Different Folks" deals with sex role identification in a changing world from a boy's point of view. The story explores what happens in a family where the mother works outside the home as a veterinarian, the father works at home as an illustrator, and the children share in the housework. A teacher's guide outlines questions for discussion and follow-up activities. [6-8]

This two-part filmstrip is designed for use in high school classrooms and focuses on divorce as an emotional process. Taped interviews provide students with personal views of the divorce process from other young people.16 [7–12]


Three segments with lessons and teacher's guide on divorce, aging and new lifestyles. An excellent exploration of new lifestyles, the role of women and problems of aging.16 [8–12]


Examines past and present trends in family living and projects into the future—communes, nuclear family, women's liberation, urban vs. suburban life.1 [10–12]

2.22* Getting Married. Bailey Film Associates. 16 minutes. (Available from: Bailey Film Associates, 2211 Michigan Avenue, P.O. Box 1795, Santa Monica, CA 90404.)

Examines reasons people marry in a serious review of strengths and weaknesses of institution of marriage. Real-life interviews, dramatic scenes and silent film clips illustrate practical reasons compelling people in the past to marry, which are now giving way to changing views toward marriage and single life. Stresses runaway divorce rate in a look at wrong reasons for marrying and has multiracial appeal. At times dramatic scenes are somewhat stereotyped and predictable—or maybe it just seems that way because such domestic problems actually are rampant. Useful especially to stimulate discussion in guidance programs and marriage and family living.21 [11–12]

2.23 Improving Personal Relationships: Assertion Issues for High School Women, Part I. American Personnel and Guidance Association. 15 minutes, sound, color, 16mm. (Available from: Order Services, American Personnel and Guidance Association, 2 Skyline Place, Suite 400, 5203 Leesburg Pike, Falls Church, VA 22041. Order No. 77559. $265.00; $25.00 rental per day of use.)

The aim of this film is to help young women (and men) to stand up for their legitimate rights and to express feelings in a direct and honest fashion without violating the basic rights of others. Part I is a general introduction to assertion issues for high school women. The vignettes focus on relations with parents, friends, school personnel and employers. This film can be used by junior and senior high school counselors and allied helping professionals who wish to assist young people in improving their ability to deal with a changing world. (Leader's Guide included.)32

2.24 Improving Personal Relationships: Assertion Issues for High School Women in Relating to Men, Part II. American Personnel and Guidance Association. 15 minutes, sound, color, 16mm. (Available from: Order Services, American Personnel and Guidance Association, 2 Skyline Place, Suite 400, 5203 Leesburg Pike, Falls Church, VA 22041. Order No. 77560. $265.00; $25.00 rental per day of use.)

While this film is intended for use in an assertive training framework, it may also serve to stimulate discussion about improving human relationships regardless of theoretical framework. Part II deals with the problems of high school women in relating to men, especially those situations in which assertive behavior will help women maintain their dignity and equality. The film also examines the dating culture as a particularly important facet of high school life. Intended especially for counselors of junior and senior high school women. Assertion Issues for High School Women can be invaluable to any woman who has less than an ideal rapport with men in her life. (Leader's Guide included.)32 [7–12]


This introduction to the Assertive Training film series is required reading for counselors, psychologists, social workers and all those in the helping professions who deal with women. The booklet lays out the methods which will enable girls and women to stand up for their basic human rights. Such is the essence of assertive training: developing the ability to maintain one's own rights without violating the rights of others.46

2.26* It Happens to Us. New Day Films. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417, $30.00 rental.)

A documentary of women of different ages, classes and races, talking about their abortion experiences.1 [10–12]


A teenage couple, engaged couple, married couple, divorced couple and a couple living together discuss adjustments and concepts.1 [10–12]


Lucy is the story of an unwed, pregnant teenager. The brief narrative presents her romantic relationship with her boyfriend, the tensions the pregnancy causes in the family and the alternatives Lucy faces as an expectant mother. The film has an urban setting, and the central character is a Puerto Rican girl. This nonmorality film is designed to stimulate discussion and lead to an understanding of the problems of adolescent pregnancy. It is outdated in relation to the topic of abortion. The film was produced in 1971, before abortion was legalized, but class discussion can compensate for that deficiency.32

2.29* Male/Female: Changing Lifestyles, Educational Audio-Visual. Four filmstrips, four discs or cassettes, teachers' notes. (Available from: Educational Audio-Visual, 29 Marble Avenue, Pleasantville, NY 10670. $60.00, discs; $68.00, cassettes.)

This set of filmstrips begins by presenting facts about sexual development. There is a two-part history of sex roles, including the
development of the women's movement from the 19th century to today. The final part offers comments by grade and high school students on issues, such as the family, social pressures, work and relationships.1 [10-12]

2.30 Parenthood: A Series, Preparing for Parenthood. Guidance Associates, 1971. 17 minutes, two filmstrips with cassettes. (Available from: Guidance Associates, A/V Subsidiary, 757 Third Avenue, New York, NY 10017.) This program discusses the changes children make in parents' lives and the responsibilities, as well as the joys, involved in parenthood.16 [7-12]

2.31 People—Different but Alike. Aims. 10 minutes, 16mm. (Available from: Aims, 621 Justin Avenue, Glendale, CA 91201.) People are superficially different (tall-short, fat-thin, black-white, rich-poor, some wear glasses, others stutter, etc.). But what's inside a person—that's what counts. Don't prejudge people merely because they're different from you. A fun approach to sensitive problems via pantomime, music and rhyme.21 [K–6]


2.33 Rape: Some Facts and Myths. Center for Cassette Studies, 1974. 41 minute cassette. (Available from: Center for Cassette Studies, 8110 Webb Avenue, North Hollywood, CA 91605.) Two rape victims describe their personal experiences with rapists and a defense expert recommends ways to counterattack.16 [11-12]

2.34 Rape: The Savage Crime. Audio Visual Narrative Arts, 1975. Two filmstrips and cassettes, teacher's guide. (Available from: Audio Visual Narrative Arts, Box 9, Pleasantville, NY 10570.) The first filmstrip focuses on the rapist—the reasons for rape and the laws and social views concerning rape. The second looks at the victim and where the crime occurs, how fear of rape affects women, and how women are acting to change the situation.16 [7-12]

2.35 A Whole New Ball Game. Bailey Film Associates. Nine minutes. (Available from: Bailey Film Associates, 2211 Michigan Avenue, P.O. Box 1795, Santa Monica, CA 90406.) A preadolescent girl is first discouraged by adults from playing football and then treated as the object in a kissing game by the boys who have just been her teammates. An open-ended film, valuable for discussion.21 [7-12]

Bibliographies/Resource Lists

2.36 Sex-Discrimination in Guidance and Counseling (Volume 2). Michele Harway, et al. 1976. 177 p. Higher Education Research Institute, Inc. (Available from: EDTRS MF-$9.1—HC-$10.03 plus postage, ED 132 500.) This unindexed, extensively annotated bibliography contains 167 references arranged by author. Citations include books, journals, articles, dissertations and experimental studies with detailed reporting of results.3


CAREER GUIDANCE*

Lesson Plans

2.39 Assembling: A Saleable Work Skill. Project Equality. (Available from: Project Equality, Highline School District, 15675 Amburn Boulevard, SW, Seattle, WA 98166; (206) 433-0111.) An occupation simulation packet designed as a hands-on career education activity based on the "isolated skill concept." This is the singling out of a saleable skill required for a wide variety of jobs and already possessed, in some measure, by the student. The student identifies and uses the skill in a hands-on simulated work experience. As students apply their skills, it becomes clear that a skill is not dependent on sex and that a skill required for one type of work is often transferable to another. Discussion questions emphasize these two points. Lesson plans and many required materials are included with the packets. Materials are sensitive to many kinds of discrimination; illustrations show a mix of races as well as sexes. [3-4]

2.40 Beating the Numbers: A Math Careers Program Handbook. Boston Community School Board and Boston University. Women's Educational Equity Act Program, 1981. (Available from: Education Development Center, 55 Chapel Street, Newton, MA: 02160. $8.00.) An increasing number of jobs require strong math skills. This handbook describes a successful Boston-based program that combines math instruction and counseling to help undereducated and underemployed women develop basic math skills, broaden their career aspirations and overcome barriers to job advancement. Designed as a short-term continuing education or tutorial program for women with high school or general equivalency diplomas, the

*Subcategories of "Career Guidance," indicated by superscript letters following entry numbers, are designated as follows: a=Career Guidance (Nontraditional Careers); b=Career Guidance (Vocational Education); c=Career Guidance (Home Economics).
handbook can also be used in high schools. It includes a bibliography of mathematics, counseling and career information; a 16-week lesson plan model; eight counseling workshops; and occupational math modules for traditional and nontraditional careers. [9-12]


An activity manual designed to stand alone or supplement a career education classroom program. Ten lesson plans are provided for each of the following seven units: (1) general information activities, (2) career education activities, (3) resource people contact lessons, (4) research activities, (5) value activities for awareness of self, (6) sexism awareness activities and (7) role playing activities. [4-6]

2.42 Career for Peers, Wider Opportunities for Women, 1975. (Available from: Wider Opportunities for Women, 1649 K Street NW, Washington, DC 20006. $10.00; additional sets of student booklets $2.00 each.)

A manual for training high school students as career center information specialists. It presents interviewing techniques, employment information, sex role stereotyping information and guidelines on planning an activity program. Set of four student booklets and a facilitator’s manual; four booklets address self-assessment, occupational field, career decisions, and job-finding techniques. [9-12]

2.43 Choices and Careers, Women’s Educational Resources. (Available from: Women's Educational Resources, 610 Langdon Street, 423 Lowell Hall, Madison, WI 53706. $2.00 per unit.)

Written by Wisconsin Indian women, this package offers more than 20 curriculum units that include materials for girls 9-11, 12-14, and 15-18 and for parents and educators. [36] [9-12]


This occupation packet is designed to provide K-2 students with a simulated work experience using the "isolated skill concept." Students will learn how color discrimination is a saleable work skill necessary for a wide variety of jobs and a student’s sex should not expand or limit his or her potential. Students will explore how crawling and/or squatting is used by store checks, plumbers and carpenters. Included in the packet are objectives, evaluation procedures, sequence of activities, materials needed, time required, and pre- and posttests. [K-2]


An occupation simulation packet is designed as a hands-on career education activity based on the "isolated skill concept." It analyzes the singling out of a saleable skill required for a wide variety of jobs and already possessed, in some measure, by the student. The student identifies and uses the skill in a hands-on simulated work experience. As students apply their skills, it becomes clear that a skill is not dependent on sex and that a skill required for one type of work is often transferable to another. Discussion questions emphasize these two points. Lesson plans and many required materials are included with the packets. Materials are sensitive to many types of discrimination; illustrations show a mix of races as well as sexes. [3-12]


Fifteen lesson plans developed by teachers to increase awareness of sex role stereotyping and its relationship to career education. The lesson plans have intended grade level, subject area, goals, career education objectives, procedures, expected results and follow-up activities. They vary widely, however, in the quality and quantity of activities and directions provided. There are lesson plans for biology, clothing, community studies, distributive education, Spanish, special education, speechmaking, typing, women in literature, and world history classes. Perhaps more useful are the bibliographies of recommended non sexist references for the numerous subject areas.


Activities and cards are designed to expose young women to career options. Cards have photographs and descriptions and are designed to make career exploration a fun game. [7-12]


These materials are designed for both sexes in grades 7 through 14. They include five 50-minute activity oriented lessons designed to create awareness and help eliminate sex role stereotyping. Each lesson can stand alone and be used in a variety of classroom situations, both vocational and nonvocational. A 46-page teacher’s guide contains performance based objectives for students. Materials are packaged in kit form with each kit containing one teacher’s guide and 30 sets of student materials. [7-14]

Three sessions which can be easily incorporated into the regular classroom, designed to allow 9th and 10th grade girls to explore nonconventional careers. Activities include job analysis, self-analysis, group feedback, roleplaying, game simulation and fantasy. Each session has two to three parts with the purpose, time required, preparation and procedures. [7–12]


These materials were developed to be used as a graduate level course in guidance and counseling. However, all or some of the units could be used for teacher inservice or in the high school classroom. The four units include: "Female Development;" "Women's Career Patterns-Life Styles;" "Women Growing and Changing: Counseling Approaches;" "Critical Incidents in Female Development: Counseling Issues." Each unit includes an introduction, objectives, directions for facilitator preparation, suggested learning activities, a bibliography, and an appendix of readings and worksheets. Materials are attractively presented and very current. [9–12]

2.52 Focus on the Future. Cleveland State University. 1979. Technical manual; leader's manual; picture stimulus sets. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $2.00 plus 20% handling charge.)

This is a career-guidance activity for secondary school students. It is designed to stimulate discussion of sex stereotyping and its implications for planning for the future. [9–12]


A guide to developing a career education program using carpentry as a vehicle. Included are lesson plans, information on supplies and equipment and supplementary resources. The guide focuses on hammering, sawing and drilling procedures. Although the activities are appropriate for K–12 students, the emphasis is on delivering specific information about tools to K–3 students. [K–12]


This manual serves as a guide for organizing and conducting workshops or classes intended to provide job finding techniques. Detailed guidelines are provided for conducting group discussions and leading activities which focus on identifying job skills, writing a resume, applying for a job, interviewing, and coping with both work and home life. A Spanish translation of the activity sheets is included. [7–12]


This group process simulation is designed for students, eighth grade reading level and above. It requires 6 to 15 sessions. The topics include constraints on individual choices and sex bias in the world of work, family and employer roleplays, groups' decision making processes and the analysis of sex bias in job seeking activities. The package includes want ads, applications, job descriptions, family and employer descriptions, a simulation activity, an interview guide and day-by-day instructions. [8–12]


This looseleaf book contains a set of pictures of women and men, girls and boys, in a variety of nonstereotyped work settings at home, school, and in the community, depicting various skills and abilities. Discussion questions focus on the job skills needed and on whether persons of either sex might have those skills. [1–6]


An occupation simulation packet designed as a hands-on career education activity based on the "isolated skill concept." "This is the singling out of a saleable skill required for a wide variety of jobs and already possessed, in some measure, by the student. The student identifies and uses the skill in a hands-on simulated work experience. As students apply their skills, it becomes clear that a skill is not dependent on sex and that a skill required for one type of work is often transferable to another. Discussion questions emphasize these two points. Lesson plans and many required materials are included with the packets. Materials are sensitive to many kinds of discrimination; illustrations show a mix of races as well as sexes. [5–6]

2.58b New Career Realizations. Michigan State University. (Available from: Michigan State University, Career Education Resources, 301D Erickson Hall, East Lansing, MI 48824. $3.90.)

This five-lesson module explores sex role stereotyping as it pertains to vocational planning and the family role. It includes teacher's decision making skills and pre- and posttests. [7–9]


Although geared to adult women who need to know about local job resources and identify individual occupational needs, the exercises included in this workshop manual could be used with high school students. The contents include activities to assess personal work values, assertiveness training exercises, information on jobs and education, a bibliography and sample workshop formats. [9–12]

Materials, activities and exercises on sex roles for home economics teachers.  

2.61 Non-Sexist Community Careers. The Instructo Corporation. (Available from: The Instructo Corporation, Cedar Hollow Road, Paoli, PA 19301.)  

Flannel board cutouts, showing women and men in equal roles—27 people dressed to fit hundreds of occupational roles with appropriate tools and props. Multietnic. [K-6]  

2.62 Options: A Career Development Curriculum for Rural High School Students. Dartmouth College Education Department, 1980. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $21.00 Unit I; $6.00 Unit II; $55.00 Unit III; $35.00 Unit IV; $3.50 regional adaptation packet.)  

A curriculum to equip rural students with information and problem solving skills and to enable them to practice responding to career choice dilemmas through simulated but realistic situations. The curriculum is divided into four units, each of which can be used separately. Each unit is organized as day-by-day lessons, complete with instructions for classroom activities, homework, student worksheets, list of materials and supplemental resources. Unit I: Understanding People in Our Area involves students in defining situations and problems faced by people in their own community and exploring decisions they will make if they remain at home. In Unit II: Decision Making, students learn and practice skills needed to cope with problems defined in the first unit. Unit III: Life Planning uses a simulation game as one technique for students to consider the consequences of decisions they may make as young adults. Unit IV: The Juggling Act: Lives and Careers provides case studies to explore complex family and work situations typical of modern life. [7-12]  

2.63a People at Work: A Non-Sexist Approach. The Instructo Corporation. (Available from: The Instructo Corporation, Cedar Hollow Road, Paoli, PA 19301. $6.00.)  

A multiethnic unit with 24 pictures of people at various jobs and nontraditional roles. Good for early career education, language development and learning about our society. Has complete teaching guide. [K-6]  


A variety of classroom activities focusing on general awareness, foods, sewing, family lifestyles and options, individual growth vs. stereotyping, parenting and child development, unpaid work and paid work. Although designed for high school home economics classes, many of the activities are appropriate for use in social studies units and with junior high students. Instructions for teachers and student self-assessment questionnaires, sample activity sheets and a bibliography of resource materials are included. One sample activity has students interview housewives and prepare a sample time pattern of "unpaid" work for comparison with a person who works a 40-hour, paid work week. Another activity suggests boys sew articles such as backpacks if they are feeling inhibited about learning to sew. [7-12]  

2.65 Professional Women. Feminist Resources for Equal Education. (Available from: Feminist Resources for Equal Education, Box 3185, Saxonville Station, Framingham, MA 01701. $2.50.)  

A set of good role models for women and girls. [1]  

2.66 A Qualitative Incremental Improvement to Reduce Sex Role Stereotyping in the Career Choices of Junior High Students. (Available from: Jefferson County Public Schools, 1209 Quail Street, Lakewood, CO 80215, (303) 234-7000.)  

Program materials entitled The Now and the Future were developed for career exploration activities in junior high grades during the 1976-1977 school year. Emphasis is placed on career exploration and eliminating sex stereotyping of occupations. [7-9]  


Learning activities, games, etc., to enhance career education. [7-9]  


Kit with step-by-step approach to men's clothing construction. [7-12]  


Twenty-eight lesson plans for K-8 students, designed to meet career education and sex equity objectives to expand awareness of career choices and options. Each activity includes objectives, procedures and materials needed. A brief resource list of sex equity organization, alternative publishers, and print and nonprint materials are included. [K-8]  


This self-administered curriculum for counselors, teachers, and students is organized into four chapters dealing with orientation to sex fairness, recommendations for sex fair career guidance programs, sex fair use and interpretation of interest inventories, and a resource guide. Included in the kit are seven spirit masters, eight roleplay cards, and one audiocassette entitled "Supplementary Exercises." [8-12]  


This workbook uses discovery learning materials for students at eighth grade reading level and above to discuss what is work, beliefs
about working women and men, looking for a job and being on the job. Teacher materials include an introduction and instructions for specific activities. It can be used in 5- to 45-minute classroom sessions.2 [8–12]

2.72 Sexism in Education. Emma Willard Task Force on Education, 1972. (Available from: Emma Willard Task Force on Education, Box 14229, University Station, Minneapolis, MN 55408. $3.50.) A book of materials used by this group in its work against sexism; includes bibliographies, consciousness-raising exercises for teachers and students, a checklist for evaluating sexism in instructional materials and a game for counselors to use with students about career aspirations and sex roles.25 [9–12]

2.73 Strategies for Equality: Volume II, Vocational Education. Training Institute for Sex Desegregation. (Available from: Training Institute for Sex Desegregation, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903.) Compendium of curricular projects devised and tested by educators in their own classroom. For teachers, coaches, counselors and administrators.16 [9–12]

2.74 Teaching Module for Expanding Occupational Awareness of Preschool, Second and Fourth Grade Children. Ramond Marotz-Badeu and Pamela Riley. 1979. 157 p. (Available from: EDRS MF-S.91—HC-$10.82 plus postage, ED 183 859.) Three modular units, each ranging from six to nine weeks, designed to facilitate career education by reducing sex role stereotypes of various occupations. Each unit provides an outline of each week's activities and includes objectives, materials needed and procedures. [K–4]

2.75 The Whole Person Book: Toward Self-Discovery and Life Options. Nebraska Commission on the Status of Women. 1979. 245 p. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $5.25.) Provides curriculum materials for increasing awareness of sex bias and promoting more positive attitudes and participation in sex fair career education and counseling. This manual is designed to supplement other materials or to serve as a basis when planning programs. The student activities are organized around three major areas related to career exploration. "Self-Exploration" provides activities to help students explore personal values, interests and talents influencing career choices. "Decision Making" provides opportunities for making simulated and actual decisions as participants examine various decision making methods and their resulting outcomes. In "Life Planning," learners are encouraged to match personal qualities with occupational skills, identify educational alternatives and examine potential lifestyles relevant to career interests. Other sections of the book include "Facilitator's Guide," "Learner Materials," and "Resources." All major sections are color coded for easy reference. [7–12]

2.76 Women and the World of Work: A Career Education Resource Guide (Minnesota Guidance Series, Learning Opportunities Package G). Richard J. Thoni, et al. University of Minnesota, 1972. 36 p. (Available from: EDRS MF-S.91—HC-$2.06 plus postage, ED 128 550.) This package is one of a series developed for use at the high school level constituting a career development curriculum. There is a variety of class and small group activities focusing on women and the world of work, which teachers can implement through traditional subject areas or as a self-contained mini-course. The enabling objectives and learning experiences are designed to move the student from basic to more complex concepts and include: (1) discovering elements within our culture which have contributed to the continuance of the traditional view of women; (2) investigating the opinions that contemporary women hold of themselves and their place in the world of work; (3) reading and discussing relevant literature dealing with women, their traditional roles and their place in the world of work; (4) participating in and observing situations in which women are found in roles other than traditional ones; (5) citing examples of change within the modern work society which have affected the traditional division of labor by sex; (6) identifying several life patterns which might be followed by women and the significance of each in regard to the personal development and family life of a woman; and (7) gathering information concerning vocational opportunities for women in various areas of work. Teachers are provided with discussion questions, student questionnaires, fact sheets and other background information. Sample activities include debates, roleplaying and examining popular songs. [9–12]

2.77 Women Workers. Childcraft Education Corporation. (Available from: Childcraft Education Corporation, 20 Kilmer Road, Edison, NJ 08817. $6.50.) A kit consisting of six painted, wooden figurines showing a woman as a doctor, carpenter, school crossing guard, dairy worker, mail carrier and sanitary engineer.4 [K–3]

Course Outlines

2.78* Fortune Telling: A Program for Girls about Women, Work, and Nontraditional Occupations. YWCA. (Available from: Fortune Telling Coordinator, Boston YWCA, 140 Clearedon Street, Boston, MA 02116. $8.50.) Involves five conversations and participatory activities to learn about women's work prospects, importance of marketable skills, "female" and "male" jobs (disadvantages and advantages), women's ability to handle nontraditional jobs and school opportunities in preparing for nontraditional jobs.14 [10–12]

2.79* Home Economics Unlimited. Training Institute for Sex Desegregation. (Available from: Training Institute for Sex Desegregation, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903. $3.50.) How to develop an integrated and innovative home economics program, K–12.10 [K–12]

2.80* Outline for Single Living. Renee Fishman. Dumont High School, 1974. (Available from: Dumont High School, New Milford Avenue, Dumont, NJ 07628.) A course outline for a unit in a family living or related course.4 [10–12]

Supplementary Texts

Surveys the various fields within home economics and shows diversity of careers available to both women and men.49 [7-12]


Offers a guide to the apprenticeship process and general information on blue collar jobs. Includes profiles and photographs of women on the job. Resource list and bibliography.41


The main part of this book consists of descriptions of a myriad of jobs in the trades. The descriptions often include personal reports of women in the field and always cover the requirements, substance, working conditions, pay ranges, opportunities for employment and further sources of information. This well-written, comprehensive book also aids the reader in evaluating chances for success. Appendices include a glossary, many addresses and a chart of salary averages.44 [9-12]


This material was developed for young working class women at an alternative high school in Cambridge, Massachusetts. The curriculum is divided into nine areas, including “Messages from Society,” “Growing Up Female,” “Women and Work,” and “Women Organizing Themselves.” The units can be used as supplements to English, history, psychology, anthropology, career education or health courses. Throughout the packet recommendations are made on how to teach as well as what to teach.14


Excellent introduction for junior and senior high school students to careers available in the field of chemistry from chemists and chemical engineers to technical writers and patent agents. Included are salary information and required educational preparation. Book is exemplary in its use of nonsexist language, and women and ethnic minorities are represented in the photographs. [11-12]


A children’s workbook on career awareness.49 [K-6]


Textbook for new coeducational courses in sewing.4 [10-12]


Fascinating interviews in question and answer format with 22 women in nontraditional jobs. Includes professional careers and some trades as well as unusual careers such as stuntperson and dragster. [9-12]


A how-to book for those farming or living in the country who wish to work with minimum reliance on outside or professional help.4 [7-12]


Kathleen Begley’s story of her experiences as a newspaper reporter is a fascinating behind-the-scenes look at a daily newspaper. It also is an example of the hard work and determination it takes to become a good reporter. Begley obviously loves her work but does not try to glamorize it. [8-12]


Profiles of two female and three male doctors. All not only care for, but care about their patients since they have placed commitment to patient care above anything else. One of the women is a black surgeon and legislator; the other is a feminist gynecologist. The men include a geneticist, a family practitioner, and a general practitioner who works with migrant farm workers. In addition to the individual profiles, the book describes a unique clinic for teenagers which provides a wide range of medical, psychological and vocational services. [7-9]

2.93 Equity for Black Female Students in Suburban Schools. National Council of Negro Women, 1979. (Available from: National Council of Negro Women, Montgomery City Section, P.O. Box 1625, Silver Springs; MD 20802.)

A manual and a series of pamphlets which illustrate how to help black students set career goals, strengthen academic skills, improve self images and understand sex and race stereotyping.44

2.94b Expanding Adolescent Role Expectations: Information, Activities, Resources for Vocational Educators. Community Service Education Department, New York State College of Human Ecology, Cornell University. (Available from: Media Services Printing, New York State College of Human Ecology, B-10, Martha Van Rensselaer Hall, Cornell University, Ithaca, NY 14853. $3.00.)

Includes background information, fact sheets, checklists, guidelines and resources on women and work, negative aspects of stereotyping, sex stereotyping in textbooks and activities for the classroom.14


Textbook for vocational education—construction—showing both girls and boys working on projects in its illustrations and written in a neutral style. [7-12]

Selections from papers presented at a workshop, held at Appalachian State University, Boone, North Carolina in July, 1973. Among the topics were "Career Barriers: Are They Falling Down?" by S. Norman Feingold; "Young Children's Perceptions of Occupational Roles" by Nancy Schlossberg; and "Women in Politics" by Lura Talley. This book will serve as a text in any modern career development curriculum, and it will make a worthwhile addition to the library of any socially conscious counselor.


A delightful, nonsexist collection of songs, stories, poems and pictures designed to expand young children's personal horizons and dispel myths and limiting stereotypes. Children, parents and teachers will find it both entertaining and thought-provoking. [K-6]


An anthology of brief essays offering young men—and women—a wealth of information and advice on matters of personal, social, educational and career development. The selections provide a discussion of the variety of choices men and women must make, including sexual, relationship, liberation, turning-on, spiritual, athletic and educational choices. This book would be particularly appropriate for use in health, career guidance and social studies classes, as well as for free reading. Although the book is aimed primarily toward college-bound students, some information is also provided on military and occupational trades.


Designed for high school-aged young people, this book deals with basic issues of women and work. It discusses how parents and the educational system mold and perpetuate stereotyped behaviors and career expectations for girls and boys. It provides statistics, quotes, cartoons, interviews and stories focusing on the world of work from a feminist perspective. Although adapted for American audiences, this book was written by two English authors and provides an English outlook. [8-12]


Careers open to both sexes are portrayed in this easy reader. [K-3]


Excellent nonsexist guide to such topics as family life, personal economics, textiles, food and nutrition, housing. 


This guide to 108 careers provides a candid look at what each career is like, including on-the-job interviews with women from every part of the country. Includes required educational background, present employment opportunities, lists of colleges, and sources for additional information. Readers should note that the book was published in 1978, making salary information inaccurate. Looks at many nontraditional careers for women in a positive manner. [10-12]


This book is part of an exciting new series designed to help young women choose lifestyles and careers best suited to their interests and talents. The author encourages young women to pursue a law career if they have the fundamental qualifications: good LSAT scores, high grade-point average and a sincere interest in investing the time and energy in a legal education. She describes law school and the many kinds of employment opportunities open to law graduates. The author further explains that law is a good career to choose if one is interested in women's issues because it touches so many different areas such as education, politics and business.


Nine profiles of women and men who are a growing minority in the legal profession: public interest lawyers. Using a variety of approaches in various organizations, they represent people who have traditionally been too poor or unorganized to obtain legal services. This book shows that a career in law and a desire to change society are not incompatible. [9-12]


This book explains what a veterinarian does and what preparation is needed for the career of veterinary medicine as well as related careers. Print size and use of photographs make this book appropriate for junior high readers. [6-8]


This booklet suggests strategies for recruiting and teaching young men in home economics classes. There is an analysis of the "masculine image" and existing barriers, including teachers' attitudes. [10-12]


Biographies of nine women mathematicians, with related math activities. The women range from Hypatia of Greece (370-415 A.D.) to Emmy Noether (1882-1935). The relatively brief biographies are fascinating. Each one notes the particular problems which the female mathematician faced by virtue of her sex. The
mathematical activities are related to the work of the mathematicians covered in the book and are presented in original and thought-provoking ways. Appendices and solutions to the problems are included, and the book is well illustrated. [7–12]

Career pamphlet. 47

A picture book depicting women in various occupations. [K–3]

This is a comprehensive book for students contemplating a career in the legal profession. It not only describes the career role of an attorney, it also reviews coursework and tests that are required before entering the field. Book also discusses the realities of discrimination against women and explores the fallacy about the appropriateness of “lady-lawyers.”

Cathy takes her doctor bag everywhere to cure the ills of her friends, their pets and dolls. She is treated by her physician, a woman. [K–3]

This anthology of brief essays provides a wealth of information designed to help young women—and men—realize their potential in today’s world and to encourage them to explore the wide range of careers and lifestyles from which they can choose. The information provided is organized around sexual, relationship, beauty, turning-on, spiritual and educational choices and is geared for college-bound young women. Its companion book, “Free to Choose: Decision-Making for Young Men,” offers additional information on military and nonprofessional career choices.

2.113 People and Places, U.S.A. Women’s Educational Equity Act Program, 1981. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $11.50.)
Educational and fun for girls and boys in grades three to five. People and Places, U.S.A., includes 30 episodes describing the adventures of six youngsters. The stories contribute to the development of a positive self-image and encourage career exploration based on interest and competence. A reference and skill index as well as suggestions for follow-up activities are included for the teacher. [3–5]

A diagnostic and prescriptive model for use by career counselors to assist high school females in broadening their career options and increasing positive self awareness. [9–12]

This book is part of a series designed to help young women choose lifestyles and careers suited to their interests and abilities. This volume contains a comprehensive study of the field of psychology from graduate training to the many specialty areas of psychology: clinical, environmental, developmental, educational, experimental, counseling and the psychology of women. The author frankly discusses salaries and how this type of career can be coordinated with having a family. A very good book for a young person looking at career choices.

Interviews with women representing 37 careers in four areas: arts and communications; science and medicine; trades, services and businesses; and commerce and government. Women who work as sportswriters, oceanographers, carpenters and city planners tell how they got started, their jobs on the job and why they enjoy their chosen careers. The book is illustrated with photographs and contains a section on where to write for more information. This is an excellent idea generator for students who are uncertain about a career. [7–12]

Junior and high school level materials for teachers and others influential in science education. Includes curriculum suggestions, resource lists and background material on females at adolescence regarding careers, etc. [K–12]

Career pamphlet. 47

2.119 STERO (Strategies, Techniques, and Effective Resources for Equalizing Opportunities): A Handbook to Assist in Overcoming Sex Bias and Sex Stereotyping in Vocational Education. Arizona Department of Education. (Available from: Arizona Department of Education, Division of Career and Vocational Education, 1535 West Jefferson, Phoenix, AZ 85007.)
Notebook of resources for teachers and supervisors regarding activities, classroom suggestions, questionnaires, statistics and legislation affecting sex discrimination. [9–12]

2.120 Try It, You’ll Like It! A Student’s Introduction to Nonsexist Vocational Education. Resource Center on Sex Roles in Education, National Foundation for the Improvement of Education. (Available from: Superintendent of Documents, U.S. GPO, Stock No 017-080-01864-1.)
Workbook collection of thoughts, information and questions to help students think about new alternatives in vocational education. [9–12]

2.121 What Can She Be? (An Architect; A Computer Scientist; A Geologist; A Lawyer; A Legislator; A Musi-
Each book describes a career through a typical day in the life of a woman in that occupation. [K–8]


2.127 Women in Television. Anita Klever. Philadelphia: Westminster Press, 1975. 142 p. $5.95. Thirty-seven women—each with a different job—talk about their careers in television, off-camera and on. In brief, first-person interviews, each woman talks about what she does, how she got to her position, and the “rocky road of making it.” Because this book offers a look at personal job histories, it is less dry than many “career” books for girls. It provides a fascinating look at a fast-paced, competitive and often glamorous industry with a wide variety of career possibilities for young women.

2.128 Women Working: An Anthology of Stories and Poems. Nancy Hoffman and Florence Howe (eds.). Old Westbury, NY: The Feminist Press, 1979. 264 p. Paperback. An excellent collection of 34 short stories and poems about women working: in the office, in the factory and at home; as artists, political activists, servants and professionals. More than half the selections focus on women doing unpaid work, which commonly goes unrecognized as “work.” Many unknown women writers are represented, as well as better known authors, such as Willa Cather and Sholem Asch. Interesting biographical information on the authors and poets, and a thought-provoking introduction to each section. [7–12]

Games


2.130 When I Grow Up I'm Going to Be Married. California Commission on the Status of Women. (Available from: California Commission on the Status of Women, 1025 P Street, Room 340, Sacramento, CA 95814.) A game which illustrates how time and circumstance affect women. Excellent for use with high school students. [7–12]

Photographs

2.131b Occupation Photographs. Developmental Learning Materials, 1976. 20 study prints. (Available from: Developmental Learning Materials, 7440 Natchez Avenue, Niles, IL 60648. $4.00.) A set of 20 black and white photos showing both men and women in occupations such as lawyer, carpenter, mechanic, mail carrier, plumber, and hair stylist. [K–12]


2.133 People on the Job. Mind Openers. (Available from: Mind Openers, P.O. Box 2948, Rockridge Station, Oakland, CA 94618. $15.00.) A set of 20 black and white photograph posters measuring 11" x 17" each. Posters depict a wide range of career options using a variety of nontraditional subjects. [7–12]


Puzzles

2.135 School Crossing Guard. Judy Puzzles. Childcraft Education Corporation. (Available from: Childcraft Education Corporation, 20 Kilmer Road, Edison, NJ 08817.) An occupational puzzle showing a black policewoman helping a child cross the street. Preschool and elementary. [K–3]

Multimedia Programs

2.136 Career Alternatives. Michigan State University. Multimedia. (Available from: Michigan State University,

This five-lesson module is designed to help junior high students resist the limitations of sex role stereotypes and includes eight posters, pre- and posttests and a tape. [7–9]

2.138 Expanding Career Options. Michigan State University. Multimedia. (Available from: Michigan State University, Career Education Resources, 301 D Erickson Hall, East Lansing, MI 48824. $6.50.)

A five-lesson module exploring the impact of sex role stereotyping in the world of work and on individual lives. Includes pre- and posttests and a tape. [9–12]


Career exploration units with student activity books. This set describes how young people use experiences gained in and outside school to develop their career interests. It shows boys and girls in both nontraditional and traditional roles: boys in fashion design, early childhood education and sports; girls in secretarial work, woodworking and music. [4–6]


This program helps educators encourage female students to pursue careers in mathematics and science. Curriculum materials for use with K–12 students provide activities to increase interest and skill in scientific and technical fields. Extensive information about careers in science, and an annotated listing of print and audiovisual materials appropriate for each grade level are provided. One section, “The Role Models,” explores outstanding accomplishments of women in science and includes short biographies of seven women currently active in a variety of scientific fields. Four audiotape cassettes containing interviews with these seven women supplement the program.


Kit describes the work of a longline fisher, a woman, catching rock cod off the California coast. [K–6]


Unit has eight sound filmstrips with records or cassettes, thirty 48-page student logbooks and a 96-page teaching guide with annotated workbook pages.


Provides curriculum materials designed to aid young women in considering future alternatives, labor force participation and adult roles. The set includes student materials, a teacher’s manual and transparency masters. [9–12]

2.144° The Prize Is Right. Young Women’s Christian Association (YWCA), 1977. 30 minutes, videotape, color; plus guide and activities. (Available from: YWCA, 140 Clarendon, Boston, MA 02116.)

Based on popular television game, information on women and the world of work, and nontraditional occupations is given; includes follow-up activities. [7–12]


Occupational awareness kits in English and Spanish designed to integrate career role models from the female student’s own culture into school curriculum. [4–8]

Audiovisual Materials


Story of the first and highly gifted female bacteriologist in the U.S.—how she persisted with her research and was eventually elected President of the Society of American Bacteriologists. [7–12]

2.147 Anything You Want to Be. New Day Films, 1971: Eight minutes, b/w, sound, 16mm. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417. $115.00; $17.00 rental.)

This is a short, fast-paced film showing how society subtly socializes women into accepted stereotyped roles. The main character is a bright high school girl who is told she can be anything she wants to be but receives signals that in reality she can’t. This film would be useful with junior high school students for discussion about sex stereotypes. [7–12]

Based on interviews with women and men working in science, this program shows how they started, what they think about their work and how they work. Part I includes: meteorology, tool and die machining, chemical technology. Part II includes: drafting, nursing, gardening and National Park Service. Part III includes: pharmaceutical industry, dentistry, chemical engineering and medical illustration.28 [7-12]

2.156 Count Me In: Educating Women for Science and Math. Mills College Department of Mathematics. Videotape cassettes. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $34.00; $5.00 rental.)
Documents successful curricular career programs to interest women in entering scientific and technical fields. For high school students, math and science faculty, guidance people, administrators and others.14 [7-12]

Explores different types of jobs, both professional and skilled trades and enables the student to rate them according to lifestyle, home life, security, job content and satisfaction.47 [7-12]

Free to Be—You and Me is designed to examine life goals and social roles from the point of view of individual fulfillment and not in terms of traditional sex role stereotyping—hence the theme "Expectations."21

2.159 Free to Choose. Filmfair Communications, 1974. 16 minutes, color, sound, 16mm. (Available from: Filmfair Communications, 10900 Ventura Blvd.; Studio City, CA 91604. $220.00; $20.00 rental.)
This film was produced for junior high to adult audiences. It begins with a brief history of women’s rights and social legislation, then focuses on a man in early childhood education, a woman who is head of an architectural urban planning division, a female homemaker, and a working couple with a small child who share household duties and decision making. The purpose of this film is to encourage choice of work and lifestyle based on interests and skills rather than on traditional male and female roles.9 [K-12]

This career awareness program is designed to encourage children, grades 4-8, to explore their interests, develop their skills and consider career options, with an emphasis on reducing effects of sex and race stereotyping. Magazine with follow-up activities also available.4-8

2.161 Great Opportunities. Michigan State University. 15 minutes, sound filmstrip. (Available from: Michigan State University, Career Education Resources, 301 D Erickson Hall, East Lansing, MI 48824. $10.00.)

Three young people examine their personal interests to discover how these interests can play a significant part in career decision making.16 [10-12]

Three youths from different backgrounds discuss decisions they must make on their careers and how their families and social backgrounds influence them.16 [9-12]

2.151 Careers and Lifestyles. Guidance Associates. 70 minutes, sound filmstrips, LP or cassette, with discussion guide. (Available from: Guidance Associates, A/V Subsidiary, 757 Third Avenue, New York, NY 10017. $147.50.)
Spotlights interesting individuals in different occupations and lifestyles.1

Job opportunities in the field of business are described, from banking and insurance to small businesses and government offices. Portrays women and men but lacks adequate minority representation.28 [7-12]

Shows the great diversity of careers in the energy field and discusses the requirements for a variety of jobs, from professional engineer to coal miner and offshore rig operator.28 [7-12]

Job opportunities are described in marketing, which include research, product manager, stock worker and copywriter. Portrays women, men, and minorities.28 [7-12]


Counseling and Career Guidance
A 15-minute sound filmstrip show for junior high students using upbeat illustrations and music to present vocational education in a sex-fair and affirmative manner. Useful for recruiting students into nontraditional training and careers. [7-9]

2.162 I'm Going to Be . . . University of California. Sound, color, 16mm. (Available from: University of California, Extension Media Center, 2223 Shattuck Avenue, Berkeley, CA 94720.)

With a little bit of magic, a girl and boy find out all about the different types of engineers. Useful for career education and elementary classes and staff development. [K-6]


Shows women working in non-traditional jobs and encourages women to consider these occupations. Reviews equal employment opportunity regulations against sex discrimination in employment and contract compliance requirements for affirmative action. [9-12]

2.164 Intern: A Long Year. Encyclopedia Britannica Educational Corporation Films, 1972. 20 minutes, sound, color, 16mm. (Available from: Encyclopedia Britannica Educational Corporation Films; 425 North Michigan Avenue, Chicago, IL 60611.)

Shows a woman intern rotating through different departments and experiencing day-to-day occurrences in an inner city hospital; includes her home and social life. (Note: some scenes are not for the faint-hearted.) [7-12]

2.165 It's Her Future. Pennsylvania Commission for Women, 1979. 17 minutes, color, 16mm or ¾" videotape cassette, with discussion guide. (Available from: Education Development Center, 35 Chapel Street, Newton, MA 02160. Film $100.00, $8.00 rental; videotape $31.00, $5.00 rental; booklet $4.45.)

A media program designed to provide information about and insight into the world of work, including current occupational training opportunities and the benefits and concerns of females pursuing nontraditional careers. [10-12]

2.166 Jobs and Gender. Guidance Associates, 1971. 18 minutes; color, sound, 16mm. (Available from: Guidance Associates, 757 Third Avenue, New York, NY 10017. $42.00.)

This two-filmstrip unit presents people who have crossed the sex role work barrier, such as a female carpenter, a male nurse, a female reporter, and a male kindergarten teacher. The program challenges junior and senior high school students to examine their own biases and encourages them to explore what they really would like to be. A 29-page discussion guide accompanies the unit. [7-12]

2.167 Jobs in the City: Women at Work. Centron Educational Films. 11 minutes; 16mm. (Available from: Centron Educational Films, 1621 West 9th, Lawrence, KS 66044.)

Some of the women at work portrayed in this film include newspaper printer, physician, computer key punch operator, bank teller, pilot, mathematician, aircraft executive, realtor, television commentator and fashion artist. [K-6]

2.168 Joyce at 34. New Day Films, 1973. 28 minutes, color, sound, 16mm. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417. $350.00, $35.00 rental plus $4.00 handling.)

This award-winning film explores the changes and adjustments made by a career woman and her husband as they start a family. It explores the conflict of work versus family and how it is handled by two generations of working women. Televised nationally on PBS, this film can be used with high school and adult groups. [7-12]

2.169 The Kingdom of Could Be You. Encyclopedia Britannica Educational Corporation Films. Five to six minutes each, 16mm. (Available from: Encyclopedia Britannica Educational Corporation Films; 425 North Michigan Avenue, Chicago, IL 60611.)

A series of sixteen career guidance films for young children, in which a clear attempt has been made to show that girls and boys can do the same work and have the same choices ahead of them. [3-7]

2.170 Looking at Tomorrow . . . What Will You Choose? Churchill Films. 20 minutes; color, sound, 16mm. (Available from: Churchill Films, 662 North Robertson Boulevard, Los Angeles, CA 90069. $210.00.)

This film is targeted to elementary, junior high and senior high students and gives a documentary treatment of seven young women at their jobs: lawyer/congressperson, bricklayer, violin maker, telephone lineperson, employment representative, self-employed artist/business owner, air traffic controller and animal nutritionist. The dialogue focuses on choice, preparation and satisfaction. A teacher's guide presents questions for discussion. [5-12]

2.171 The Math/Science Connection: Educating Young Women for Today. Mills College, 1979. 18 minutes, sound, color, 16mm or videotape cassette ¾". (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. 16mm $115.00, $8.00 rental; videotape cassette $32.00, $5.00 rental.)

Excellent film depicts strategies in mathematics and science to encourage girls and women to learn and enjoy these subjects. [7-12]

2.172 My Mother Works. Eye Gate House, 1975. Six filmstrips with three cassettes. (Available from: Eye Gate House, 146-01 Archer Avenue, Jamaica, NY 11435. $58.25.)

Insight into the reasons why some mothers work and some stay home. Covers mother as a home-manager, in self-directed "home" jobs, in offices, in a store, in professions, and in a variety of surprising occupations. Job details and work satisfactions are shown in each. [4-6]

2.173 Never Underestimate the Power of a Woman. University of Wisconsin. 15 minutes, 16mm. (Available from: Bureau of Audio-Visual Instruction, University of Wisconsin Extension, Photo-Cinema Lab, 45 North Charter Street, Madison, WI 53706.)

This film brings attention to nontraditional jobs, especially those of

To develop awareness of women’s role in the working world: human needs, historical events, current trends and future prospects. [4–6]


Descriptions of interviews with women in nontraditional careers, ranging from chef and architect to line repairer and engineer. [6–12]

2.176 Other Women, Other Work. Churchill Films. 20 minutes. (Available from: Churchill Films, 662 North Robertson Boulevard, Los Angeles, CA 90069.)

A valuable documentary showing a variety of women in a variety of jobs: pilot, truck driver, construction worker and reporter. The film is somewhat disjointed, but each woman speaks with authority and expertise. [10–12]


A young black girl questions the participation of women in nontraditional jobs, and is shown how options and opportunities in a variety of occupations are opening up for women. [3–6]

2.178 People Who Help: Careers in Aviation. Bailey Film Associates. 16 minutes. (Available from: Bailey Film Associates, 2211 Michigan Avenue, P.O. Box 1795, Santa Monica, CA 90406.)

Reviews careers available in three major areas of aviation: commercial, general and aerospace. Among specific jobs touched on are commercial pilot, flight attendant, crop duster, weather forecaster, airplane repairer and aeronautical engineer. Excellent onsite footage of aviation careers in action and interviews with men and women on the job vitalize message. Good color, well-paced and nice general summary of aviation careers, which gives special emphasis to women working in the field. [9–12]

2.179 Project Women in a Man’s World of Work. American Personnel and Guidance Association, 1972. 75 minutes, cassette tape. (Available from: Order Services, American Personnel and Guidance Association, 2 Skyline Place, Suite 400, 5203 Leesburg Pike, Falls Church, VA 22041. Order No. 72904. $8.00; three for $23.00.)

No annotation available.

2.180 Sandra, Zella, Dee and Claire: Four Women in Science. 19 minutes, sound, color, 16mm. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160.)

An astronomer, a veterinarian, a physicist and an engineer discuss their work and family life. Excellent portrayal of women working in nontraditional jobs. [7–12]

2.181 Take This Woman. Films Incorporated. 25 minutes, color, 16mm. (Available from: Films Incorporated, 440 Park Avenue South, New York, NY 10016. $325.00; $23.00 rental.)

A study of equal employment opportunity as it relates to women. [10–12]


Examination of women’s work in the skilled trades, the reasons why women are entering such fields in greater numbers, and myths and stereotypes vs. the reality of women in the skilled trades world. [9–12]

2.183 Women and Work. Training Institute for Sex Segregation of the Public Schools, 1977. 46 slides in carousel with script. (Available from: Training Institute for Sex Segregation, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903.)

Surveys the position of the working woman and how she is discriminated against in terms of career choice, pay and status. Includes statistics on the working woman. [9–12]


Women in nontraditional jobs describe their work, their attitudes and the barriers to success. Jobs shown include refinery worker, judge, surgeon, line repairer. Includes minority women. [7–12]


This unit contains two color, sound filmstrips designed for high school students and adults, to explore the changing role of women in the labor force and alternate lifestyles available to women. Part 1 summarizes the development of women’s work roles throughout important periods in United States history. Part 2 provides interpersonal insights into the effects of work on women. A 40-page discussion guide accompanies the units. [9–12]


This package presents interviews with six successful women scientists. Each woman talks about her background, how she became interested in science, her training and career specialty, and what it is like to be a woman in traditionally male fields. [7–9]
2.187 Women’s Work: Engineering. 26 minutes, sound, color, 16mm. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160.)

Interviews with women engineers (civil, materials and chemical) who discuss education and training necessary to become engineers. This film shows women at work and at home, providing excellent role models.47 [7-12]

Bibliographies/Resource Lists

2.188 Equal Access and Opportunity in Vocational Education: An Annotated Bibliography of Articles, Reports and Projects, National Center for Research in Vocational Education. (Available from: The National Center for Research in Vocational Education, The Ohio State University, 1960 Kenny Road, Columbus, OH 43210. Order No. BB 36. $2.80.)

Includes resumes of relevant documents in ERIC and AIM/ARM systems; citations of journal articles and descriptions of projects in progress.18


Lists colleges and resource centers; includes how to finance your college education.4


Identifies references related to the needs of girls and women for vocational and technical education and the labor force participation of women.15


Lists resources for information on different careers in science and technology; includes lists of societies and associations.4

2.192 New Career Options for Women. Helen S. Farmer and Thomas E. Becker. Human Interaction Research Institute. (Available from: Human Sciences Press, 72 Fifth Avenue, New York, NY 10011 or Human Interaction Institute, Kirkely Center, Suite 1120, 10889 Wilshire Blvd., Los Angeles, CA 90024. $25.48 a set.)

This publication contains three parts: A Counselor’s Sourcebook (400 p., hardbound, $16.95) addresses counselors in educational institutions, public service agencies, and counselor educators. It lists resources, counseling strategies and ways to change stereotyped attitudes. A Women’s Guide (96 p., paperback, $4.95; bulk rate of ten or more, $3.95) summarizes major topics covered in the sourcebook and contains materials for women returning to work. It may be used independently or as part of counseling material. A Selected Annotated Bibliography (138 p., hardbound, $9.95) contains 240 citations of books, journals, articles, and reports from the fields of economics, sociology, anthropology and psychology pertaining to women and work.2 [9-12]


Provides resources on counselor training and professional development, counseling resources, career interest measurements and minority women.17 [8-12]


One of five in a series of annotated bibliographies compiled for educators, researchers, students, librarians and others concerned with women’s educational equity. Part II provides resources on women and work in specific occupations and professions, including management and business, math and science, the skilled trades and other fields. This publication also describes programs related to women’s career preparation, curriculum materials development and staff training.

2.195 People Working . . . Especially Women, Sharon Valiant. Training Institute for Sex Desegregation of the Public Schools, 1976. 22 p. (Available from: Training Institute for Sex Desegregation of the Public Schools, Rutgers University, Douglass Campus-Federation Hall, New Brunswick, NJ 08903. $2.50.)

A bibliography which also contains some activities and ideas for the classroom about women working, past and present.44 [9-12]


Lists resources for educators, counselors, administrators and parents for use in achieving sex fairness in program planning, preserving and inservice activities, classroom activities and program monitoring.15

2.197 Resources on Eliminating Sex Role Stereotyping in Vocational Education. National Center for Research in Vocational Education. (Available from: The National Center for Research in Vocational Education: The Ohio State University; 1960 Kenny Road; Columbus; OH 43210, (MI) 486-3655. Free.)

Provides an annotated listing of resources; including sections on state and local projects, secondary vocational education programs, and referrals and references.18

A bibliography of guidance literature published by various organizations interested in science and engineering education.

2. 199b Secondary Students' Views on Occupational Sex Stereotyping and Sex Equity Resources for Vocational Education and Counselors. Vocational Education Information Services, Indiana University, January 1979. 84 p. (Available from: Vocational Education Information Services, Indiana University Library, W531, Bloomington, IN 47405. $2.00.)

This combined report and bibliography has an annotated listing of resources incorporating sex equity concerns for vocational educators and counselors.

2. 200 Sex Equity in Vocational Education: A Chance for Educators to Expand Opportunities for Students. Barbara G. Schonborn and Mary L. O'Neil. Women's Educational Equity Communications Network, 1978. 33 p. (Available from: Women's Educational Equity Act Program, U.S. Department of Education, Donahoe Building, Room 1105, 400 Maryland Avenue, SW, Washington, DC 20202.) A resource booklet containing definitions of terms in the area of sex equality in vocational education; an overview of the problems created by sex discrimination; a description of the laws and activities that are helping to eliminate sex discrimination; information about teacher and counselor training and about curriculum materials and methods that teachers may use in vocational education programs; and lists of print, nonprint and human resources that are accessible to teachers and administrators.

2. 201 Women and Health Careers: A Guide for Career Exploration. Sheryl B. Ruzek. Northwestern University, 1974. 19 p. (Available from: Northwestern University, Program on Women, 1902 Sheridan Road, Evanston, IL 60201. $7.50.) This manual describes over 100 professional and paraprofessional careers. It was developed during a two-year study at the University of California, San Francisco, and funded by the U.S. Office of Health Resources.


2. 204 Women at Work: An Annotated Bibliography. Mei Liang Bickner. 1974. (Available from: Manpower Research Center, Institute of Industrial Relations, University of California at Los Angeles, Los Angeles, CA. $6.50.) Six hundred entries of articles dealing with working women, both professional and nonprofessional.

2. 205 Women in Medicine. Sandra L. Chaff, Ruth Haimbach, Carol Fenichel and Nina Woodside. Metuchen, NJ: Scarecrow Press, 1977. 1,136 p. $37.50. This annotated bibliography comprehensively covers the published literature about women physicians. International in scope, it provides over 4,000 citations to material which documents the lives of specific women physicians and groups of women physicians, as well as the history of women physicians and healers and the institutions and issues related to that history. Complete bibliographic citations are provided, along with carefully written annotations which convey the flavor as well as the content of the items. The bibliography provides citations to literature which documents the increasing involvement of women in medicine and examines the causes and future course of this trend. It includes materials that help provide insight into how the careers of most women physicians have differed from their male colleagues. The work should prove useful to persons representing a wide range of interests and information needs: researchers, guidance counselors, and people and agencies in general wishing to know about women's heritage.
SAMPLE LESSON PLAN: CAREER GUIDANCE AND COUNSELING
Nontraditional Career Exploration

AUDIENCE:
Students grades 10–12

OBJECTIVE:
Students will become aware of some specific nontraditional career opportunities.

MATERIALS:
2. Bias-free brochures and pamphlets on nontraditional careers.

TIMING:
Several large group guidance or class sessions; may be offered as an all day career awareness program, with preparation and follow-up activities.

LEARNING ACTIVITIES:
1. Provide students with Bureau of Labor statistics on salaries currently offered for a variety of careers and comparative forecasts of job availability.
2. Develop and administer a short interest questionnaire to determine what nontraditional career areas students are interested in learning about.
3. Have students bring in newspaper articles about women and men in nontraditional careers. Post articles on bulletin board and devote a class period to discussion of what articles reveal about these people and their pursuits.
4. Using results from the survey, invite several people to talk about their experiences in nontraditional careers.
5. Have students write about what they have learned from the people they heard speak.
6. Have students form small groups and interview a person in the nontraditional career in which they are interested, and report back to the large class.
7. Through the administration of the General Aptitude Test Battery (GATB), have students compare nontraditional career interests with their aptitudes.
8. Have students write an essay about how they see themselves in relation to their work 20 years from now.
3.0 Fine Arts

**Lesson Plans**


This program provides a model for assessing sex bias within a school district and specific materials and processes for moving toward the goal of sex fairness in all areas of school life. Designed to be carried out in three stages under the leadership of a coordinator and a coordinating committee, the program systematically and gradually involves more and more people within the district for increased support and commitment. Of particular interest to the classroom teacher will be the Stage Three Manual: Revising the Curriculum (408p, $8.50). It outlines a process for revising curricula at the elementary and secondary level. Numerous sample materials and resources for use or adaptation within major subject matter areas are provided. (K-12)

3.2 In Praise of Diversity: Multicultural Classroom Applications. Gloria Grant. 1977. 318 p. (Available from: Teacher Corps, Center for Urban Education, The University of Nebraska at Omaha, 3805 North 16th Street, Omaha, NE 68110 or EDRS MF-$.91—HC-$16.73 plus postage, ED 144 854.)

Fifty-one activity units written for the classroom teacher who is interested in implementing multicultural and nonsexist education in the areas of social studies, language arts, science, math, and art. Each activity unit offers a rationale, desired learning experiences, suggestions for implementation, supplementary activities and instructional and background resources for teachers. The wealth of activities may be modified and adapted by teachers so that they are relevant to a particular grade level and to the needs of students.


These four interdisciplinary course outlines offer conceptual frameworks and resource materials. The books include themes to be developed, lectures outlines, bibliographies and discussion questions. They may be used as the basis of a women's studies course or may be used as supplementary materials for other courses. Although designed for junior college and university level, they would be suitable for older high school students also. (K-12)


In this follow-up to Seventeen Black Artists, Elton Fax (a black artist himself) profiles nine women and eleven men, black artists of a new generation. The artists come from virtually every section of the country, with widely divergent backgrounds and different modes of artistic expression. In every case, however, they share the experience of being black in America and a determination to follow a dream. Readers of all races will be inspired by their stories. (K-12)


Excellent anthology of works of Western women in the arts, represented by selections from their poetry, fiction, autobiographies,

This is the life of Kathe Kollwitz (1867-1945) told through her art. The title of the book is apt, as the artist's life and art were so completely intertwined. Kollwitz worked in a number of media, including drawing, etching, lithographing, sculpting and woodcutting. Her work expressed her personal concern with Germany's social ills of her time. Probably the most intense experience in Kollwitz's life that was reflected in her art was the death of one of her sons in WWI. Her priorities, she claimed, were her children, her companion-husband and her work. The story of the last years of Kollwitz's life and art give a devastating perspective on the repression of art in Hitler's Germany. The book is a valuable lesson in art, feelings and history. [K-12]


This collection of short biographies of 22 women artists from the Renaissance to the 20th century provides fascinating portrayals and new insights into the lives and works, the frustrations and successes of these talented women. This book is highly commendable for redressing the collective and rather recent cultural neglect of women artists in basic art survey books used today. The author makes plain that in the past women were appointed as court painters; accepted as artists in basic art survey books used today. The author makes plain that in the past women were appointed as court painters, accepted as professionals and unappreciatively appreciated by their contemporaries. More than 125 black and white reproductions are included in this work. [K-12]


In this fascinating and somewhat "gossipy" retrospective on women in films—one camera and off—the author asks the question of whether "art" (pop culture) reflects life or life reflects "art." Although that judgment is left to the reader, the author suggests it is time to reinterpret the American Dream and the fantasy roles movies define for women as part of that dream. This book provides an excellent resource for a student or class studying the sociology of women and American pop culture by contrasting the lives of women as they were and are in reality versus the lives of women portrayed on the silver screen. Especially commendable is the emphasis placed on labor statistics and the variety of careers and jobs performed by women in "real life" since the turn of the century. [K-12]


A chronological history of women's art, beginning with the fifth century A.D. and continuing through to the present. Its focus is on art that women have created rather than the form women took in other people's art. The book is very complete with numerous black and white reproductions. It is specific, detailed and an excellent resource for references on women artists. [K-12]

3.10 Women in Television. Anita Klever. Philadelphia: Westminster Press, 1975. 142 p. $5.95. Thirty-seven women—each with a different job—talk about their careers in television, off camera and on. In brief, first-person interviews, each woman talks about what she does, how she got to her position, and the "rocky road of making it." Because this book offers a look at personal job histories, it is less dry than many "career" books for girls. It provides a fascinating look at a fast-paced, competitive and often glamorous industry with a wide variety of career possibilities for young women. [K-12]

Periodicals

3.11d Film Library Quarterly: Women in Film. Film Library Information Council. (Available from: Film Library Information Council, Room 720, 17 West 60th Street, New York, NY 10023.) This is one of the best collections of information about women in film; contains analyses and reviews. [7-12]

3.12 Heresies: A Feminist Publication on Art and Politics. (Available from: Heresies, P.O. Box 766, Canal Street Station, New York, N.Y. 10013. $11.00, one year/four issues for individuals; $18.00 for institutions.)

Heresies is an idea-oriented journal devoted to examining art and politics from a feminist perspective. Each issue has both a different theme and a different editorial staff made up of women from the community who want to work on that issue. An open meeting is held both to form the issue collective and to evaluate the issue after it is published. Heresies seeks the participation and involvement of all feminists, in this country and abroad. [1-7]

Audiovisual Materials


A discussion of the influence of African art on Western art and black artists in America; accompanied by African and modern jazz soundtrack. [7-12]

3.14 Four American Artists. Educational Dimensions Corporation; 1976. 18 minutes, two filmstrips and cassettes. (Available from: Educational Dimensions Corporation, Box 126, Stamford, CT 06904. $45.00.)

This set examines the work of four, 20th century women artists: Georgia O'Keeffe, Helen Frankenthaler, Louise Nevelson and Marisol. [7-12]

3.15 Mary Cassatt: An American Impressionist. Educational Dimensions Corporation. Filmstrip, with disc or cassette, teacher's guide. (Available from: Educational Dimensions Corporation, Box 126, Stamford, CT 06904. $22.50.)
Description of the life and the development of the work of Mary Cassatt, an American impressionist. The influence of Degas in her work is discussed and her technique is described in detail. [10-12]


Part I: Alexander recalls her southern childhood, northern college years, and her teaching novel Jubilee: reads from her poem. Part II: Van Der Zee’s life as photographer of black experience. [10-12]


Part I: Brown’s life as poet and university educator. Part II: Thomas discusses her 35-year career as an art teacher and artist. [10-12]


No annotation available. [10-12]

Bibliographies/Resource Lists


A book containing over 1200 entries of works by American black women including movies, tapes and recordings, as well as printed materials. [K-12]


The story of women in film has been lost amidst the history of the entire industry. This annotated bibliography attempts to separate the contributions of women from those of men. It is designed to aid scholars in the fields of film history, film criticism and women’s studies and to help film buffs or filmmakers locate articles or books of particular interest. The bibliography is divided into four major sections: women as performers, women as filmmakers, images of women presented on the screen, and women as columnists and critics. Annotations are provided for most of the 2,302 entries listed. A subject and name index is included in the work. [K-12]

DANCE

Supplementary Texts


Biography of the versatile and multitalented Katherine Dunham, a black dancer and choreographer noted for her dances drawn from African and Caribbean sources. After studying anthropology, she went to the Caribbean where she lived in isolated villages and used anthropological field techniques to trace the African sources in the people’s dances and customs. The story of how she incorporated their dances into her choreography, the subsequent impact of her work on the theatrical and dance world, her efforts to help other black dancers and students, her involvement with Haiti and the Haitians, as well as her ensuing writing career, make fascinating reading of an outstanding woman and her times. [K-12]


The story of Martha Graham’s dance career is told by Walter Terry, a dance critic, editor and lecturer. He begins with the childhood influences that steered Martha Graham toward dancing. Much of the chronology deals with Graham’s relationships with her teachers in her early dancing years, and with her contemporaries in dance throughout her lifetime. The reader is shown how Graham’s growth and changes surface in her personality and the dances she creates. Graham rejects ballet and looks to deep emotions and social issues as themes for her pioneering dance form. Terry emphasizes Graham’s strengths—her conviction to dance in a radically new way and her almost super human physical power as a dancer. [K-12]


This book is an exciting visual interpretation of some of the more colorful show dancing terms. Martha Swope’s photographs are delightful. [9-12]

Audiovisual Materials


Important and little-known black dances and dancers, including Josephine Baker, Pearl Primus and Katherine Dunham. [7-12]

3.25 Dance on a May Day. Learning Corporation of America, 1977. 11 minutes, sound, color, 16mm. (Available from: Learning Corporation of America, 1350 Avenue of the Americas, New York, NY 10019. $175.00, $20.00 retail.)

Freestyle dance sequence choreographed and produced by Jacques D’Amboise with a group of 8- to 14-year-old boys. [3-10]

MUSIC

Supplementary Texts


Billie Holiday vividly describes her struggles as a black woman, singer, wife and drug addict. Her style of writing quickly moves the reader through her life—years crowded with tragic disappointment.
and bitter sorrow, the exultation of a gifted artist sharing her talent with a devoted audience and the sting of racial prejudice. There are a variety of interesting anecdotes about famous singers, musicians and actors who were part of Billie's life. The book's realism may make it more appropriate for mature readers. [K=12]

Short biographies of seven women who have been highly successful in various fields of entertainment: Lily Tomlin, Buffy Sainte-Marie, Judy Collins, Cicely Tyson, Valerie Harper, Diana Ross and Marilyn Reynolds. The women presented are strong, positive role models who have contributed much to society as well as to art. [7-9]

This biography of Bessie Smith provides an easy-to-read portrait of the woman. It shows how 'Mr. Blues' shadowed her life and how she expressed in her music the misery of being poor and black in the early 1900s. [K=12]

History of the words and music of working women of the 19th century. [10-12]

Photographs

A series of photographs of famous women in music, from Clara Schuman to Joni Mitchell. Includes short biographical notes. [K=3]

Audiovisual Materials

3.31 Antonia: A Portrait of the Woman. Phoenix Film. 58 minutes. (Available from: Phoenix Film, 470 Park Avenue, South, New York, NY 10016.)
A deeply warm and affectionate portrait of Antonia Brico, who in the 1930s established an international reputation as an accomplished orchestra conductor. Today she teaches conducting and piano in Denver, Colorado, while leading the Brico Symphony, a community orchestra which she founded. Antonia is the story of a person who, as a 73-year-old woman, seeks in the face of adversity and discrimination, the opportunity to lead a major symphony orchestra in a field dominated by men in the Western world. Antonia's love of music, joy of life, spirit and determination have been captured by Judy Collins and Jill Godmilow in this truly powerful film. [7-12]

3.32 Aunt Molly Jackson. Rounder Records. (Available from: Rounder Records, 727 Somerville Avenue, Somerville, MA 02143. $4.00.)
Songs from the 1930s in Kentucky are sung by a union organizer and a storyteller. [7-12]

3.33 Black Music Kit. Scholastic Book Service. Two filmstrips, with records or cassettes. (Available from: Scholastic Book Service, 906 Sylvan Avenue, Englewood Cliffs, NJ 07632. $42.00.)
African music, blues, spirituals, ragtime, jazz. Includes Ella Fitzgerald and Louis Armstrong. [7-12]

3.34 Lady in the Lincoln Memorial. Sterling Educational Films. (Available from: Sterling Educational Films, Division of Walter Reade Organization, 241 East 34th Street, New York, NY 10016.)
Marian Anderson expressed her commitment for change through her art. This film follows her early career of singing in churches through concert tours of Europe and America to a historic concert at the Lincoln Memorial after being denied use of Constitution Hall. [10-12]

Songs from the late 19th and early 20th centuries on suffrage and prohibition; guide includes texts of the songs and a brief history of the women's suffrage movement. [7-12]

Anthology of music written by neglected women composers, performed by women musicians. [9-12]

Songs about the work of women, including a slave lullaby, the housewife's lament and Union Maid. Texts and discussion guide included. [9-12]

Lively and traditional Appalachian songs, all about women, featuring Kathy Kahn and the Cie Cane Fiddle Band. [7-12]

Bibliographies/Resource Lists

Women Composers: A Handbook is a bibliography of women composers of classical music from nine Western countries (United States, Canada, England, Belgium, France, West Germany, Austria, Switzerland and Italy) from the 17th century onward. The more than 1,500 composer entries provide brief biographical data, note major contributions and cite sources of biographical information in music reference books, journal and periodical articles. A handy reference source for those who wish to perform or study works by women. [K=13]

Skowronski has compiled an annotated bibliography of writings about women in American music, 1776–1976. A total of 1,305 books and pertinent articles are cited by author and arranged within time periods marked by significant events in the history of women, with additional categories for general history and bibliographies, dictionaries and indexes. Descriptive annotations are provided for most entries; an index of authors and names appearing in the titles or annotations provides easy access for the user. Women in American Music should be of special interest to the researcher examining the place of women in music, from the birth of the United States until the present. Since many black women played a significant role in America’s music, it should interest researchers with black studies interests as well.45


More than 4,000 women musicians of all periods and countries are identified in Women in Music, a handy tool for locating biographical information in a representative selection of significant dictionaries and encyclopedias. The volume also serves as a brief biographical dictionary, since it provides a relatively detailed entry for each musician, and it can be used independently even if a library owns none of the volumes indexed. Only classical musicians are treated in the work, which includes a significant number of foreign musicians.45

SAMPLE LESSON PLAN: FINE ARTS
Women in Songs

AUDIENCE:
Junior high and secondary students

OBJECTIVE:
To identify stereotypes in musical selections from the 50s, 60s and 70s.

MATERIALS:
Records from the 50s, 60s and 70s and songbooks with songs of the 50s, 60s and 70s, e.g., “Look at That Stupid Girl” (Rolling Stones), “Just Like a Woman” (Bob Dylan).

TIMING:
30 minutes

HOW TO USE:
1. Listen to records from each of the three decades. Read lyrics from songbooks of the same decades.
2. Discuss the view of women in the different decades. Ask: What are the images of women in the songs? Are the images of women limited and limiting? How?
3. Listen to some songs of the women’s movement. How is the image of women presented in these songs different from that in the popular songs?
4. Have the students write and perform a song expressing a view of women that they would like to see prevail in today’s society.

OTHER USES:
- Create a collage illustrating how women have been viewed in song during the three decades.
- Construct a bulletin board with song lyrics and pictures representing women in each decade.

COMMENTS:
1. This is project that can be presented in one class and continued as students add information from newly released songs.
2. This project can be easily adapted to a social studies class through a discussion of how music is representative of and often a political or social statement about the era in which it is written.

4.0 Health and Physical Education

HEALTH*

Lesson Plans


A course outline for a unit in a family living or related course.4 [10-12]


Exercises and activities designed to make students examine and evaluate their values and feelings in the area of sexuality.4 [10-12]

Supplementary Texts


This material was developed for young working class women at an alternative high school in Cambridge, Massachusetts. The curriculum is divided into nine areas including "Messages from Society," "Growing Up Female," "Women and Work" and "Women Organizing Themselves." The units can be used as supplements to English, history, psychology, anthropology, career education or health courses. Throughout the packet recommendations are made on how to teach as well as what to teach.14 [9-12]


Mazur’s book is exactly what it purports to be: common sense about sex. Starting with the idea that sex should be a positive, rewarding, collaboration between women and men, the author questions hypocritical attitudes and damaging feelings of shame and guilt. He explores such topics as petting, mutual masturbation, contraception, premarital intercourse, homosexuality and extramarital relationships matter-of-factly. He emphasizes responsibility for one’s sexual activity again and again. Mazur says: “Today, chastity means acting with integrity.” In a gentle, reasonable and sensitive manner, this book gives young people a context in which to make their own decisions about sexual behavior. An excellent book to spark thoughtful discussion. [10-12]


Factual information about sexual intercourse, contraception, abortion, pregnancy and childbirth. A readable, informative source.


Good classroom-tested program for teachers to use in sex education classes; glossary and resource list arranged by grade level.4 [K-12]


An outstanding resource book; comes close to providing everything a male needs to know to gain an understanding of his maleness and, most importantly, his humanity. Written in a warm, supportive tone, the book explores such aspects as work, homosexuality, physical and emotional health, fathering, aging, sexuality, venereal diseases and rape. Throughout the book, the author explodes masculine myths and stereotypes. Women are viewed as partners in life experiences rather than as sexual objects and/or second-class citizens. As such, women are encouraged to read this book. Each chapter contains an extensive list of other resource materials such as books, films, newsletters and organizations. The frankness of subject matter and sexually explicit language may make this book more appropriate for senior high students and above, but the book is an invaluable reference for every teacher. [9-12]

An excellent, straightforward, nonjudgmental book which deals with the various forms of birth control, abortion, sterilization and venereal disease. Perhaps more importantly, it discusses attitudes toward sex and sexual behavior, "what's normal," "what's moral," and overpopulation. Case histories and questions from young people of both sexes are helpful. Sources for obtaining more help and information are also included. This is a responsible book on sex for young people, and it encourages a responsibility for individual action which can only be attained with adequate knowledge.


A delightful book with more than 100 poems, photographs, songs, cartoons, articles and ads, which explore love, dating, marriage, and male and female sex roles today. This book is appropriate for free reading and would also provide an excellent resource for stimulating discussion about female and male roles and relationships in health, social studies or women's studies courses at the junior high or secondary level.


Without traditional moralizing, this book answers questions and provides information for the single, pregnant girl on abortion, adoption, marriage, and single parenthood. A wealth of information is offered, including facts on contraceptives, conception, the physical changes during pregnancy, relationships with family and friends, maternity homes, community resources, medical care, and counseling and therapy. The appendix includes abortion referrals, planned parenthood affiliates and maternity and infant care projects. However, some of the information is out-of-date, particularly regarding the legality of abortion and the treatment of minors. It is also geared toward white, middle-class girls, and some of the careers are stereotyped. With these cautions in mind, however, this book should provide an acceptable resource for young women.


A positive, helpful guide for young women to learn how to have more control over their lives, to enjoy their school years and to make good choices for the future. The author frankly discusses sex and birth control in a clear, concise and objective way. Physiological, emotional and social aspects of sex are thoroughly discussed in regard to both girls and boys. The book emphasizes throughout the need to develop good decision-making skills that will affect future career plans, interpersonal relationships and one's overall happiness. The author has a good sense of humor and enormous respect for young women's potential for growth.

Photographs

4.12 Resource Photos for Mainstreaming, Women's Action Alliance. (Available from: Women's Action Alliance, 370 Lexington Avenue, New York, NY 10017. $5.00, Set One; $6.50, Set Two.)

Two sets of 11" x 14" black and white photographs. Set One has six photos of disabled men and women. Set Two has eight shots of preschool children in mainstreamed classrooms and a poster.

Audiovisual Materials

4.13 A Day in the Life of Bonnie Consolo. Barr Films. 17 minutes, color. (Available from: Barr Films, P.O. Box 5667, Pasadena, CA 91107. $275.00; $27.50 rental.)

Shows a day in the life of a woman who functions fully as a mother and homemaker, though she was born without arms.

4.14 And They Lived Happily Ever After. National Film Board of Canada, 1974. 13 minutes, 16 mm. (Available from: National Film Board of Canada, 150 Kent Street, Ottawa, Ontario, Canada.)

Discussion of some of the consequences of marriage, such as lack of privacy, children, possibilities of divorce and separation.

4.15 Della. Kenny Rehabilitation Institute. 12 minutes, b/w. (Available from: A/V Publication Department, Kenny Rehabilitation Institute, 1800 Chicago Avenue, Minneapolis, MN 55405.)

Focuses on the rehabilitation of a young paraplegic, also deaf, who now is an active member in her community.


This two-part filmstrip is designed for use in high school classrooms and focuses on divorce as an emotional process. Taped interviews provide students with personal views from other young people of the divorce process.


Divided into "Marriage," "Parenthood" and "Working Parents," general information, statistics and trends are presented and then illustrated by case studies of actual couples. Includes minorities.


Three segments with lessons and teacher's guide on divorce, aging, and new lifestyles. An excellent exploration of new lifestyles, the role of women and the problems of aging.


Examines past and present trends in family living and projects into the future—communes, nuclear family, women's liberation, urban versus suburban life.

A documentary of women of different ages, classes, and races talking about their abortion experiences.1 [10-12]

4.21a Joyce at 34. New Day Films. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417. $350.00; $35.00 rental plus $4.00 handling.)

This award-winning film explores the changes and adjustments made by a career woman and her husband as they start a family. It explores the conflict of work versus family and how it is handled by two generations of working women. Televised nationally on PBS, this film can be used with high school and adult groups.2 [9-12]

4.22 Kelly. Women's Educational Equity Act Program. 27 minutes, color. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $375.00; $25.00 rental.)

Story of a three-year-old black girl with cerebral palsy who enters a regular day care program at a public school.3


A teenage couple, engaged couple, married couple, divorced couple and a couple living together discuss adjustments and concepts.1 [10-12]

4.24 Make Out. Newsreel. Film. (Available from: Newsreel, 322 Seventh Avenue, New York, NY. $10.00 rental.)

Told from the women's point of view, a film of a boy and girl making out in the back seat of a car. Good for discussion openers with junior high and high school students.1 [9-12]

4.25a Male/Female: Changing Lifestyles. Educational AudioVisual. Four filmstrips, four discs or cassettes, teacher's notes. (Available from: Educational AudioVisual, 29 Marble Avenue, Pleasantville, NY 10570. $60.00 discs; $68.00 cassettes.)

This set begins by presenting facts about sexual development. There is a two-part history of sex roles, including the development of the women's movement from the 19th century to today. The final part offers comments by grade and high school students on issues such as the family, social pressures, work and relationships.2 [10-12]

4.26 Mimi. Billy Budd Films. 12 minutes. (Available from: Billy Budd Films, 235 East 57th Street, New York, NY 10022. $150.00; $15.00 rental.)

An independent young woman, disabled since birth, combines marriage and artistic interests.3


This program discusses the changes children make in parents' lives and the responsibilities, as well as the joys, involved in parenthood.4 [7-12]


The first filmstrip is on the rapist and the reasons for rape, the laws on rape and the social views of rape. The second filmstrip looks at the victim and where the crime occurs, how fear of rape affects women, and how women are acting to change the situation.5 [7-12]


Emphasizing the importance of honest communication between partners, couples discuss their sexual values. Contraception is presented as the responsibility of both partners, not just the female.6 [9-12]

4.30a A Woman's Place. Schloat Productions, 1974. Four filmstrips and cassettes. (Available from: Schloat Productions, 150 White Plains Road, Tarrytown, NY 10591.)

This set explores images and myths about women, along with a discussion of biological versus environmental theories of sex role development; it also describes the women's movement.7 [9-12]


A discussion of the pioneering efforts in marriage relationships occurring today in which various couples discuss new roles and new marriage arrangements: childlessness, role exchange, divorce, interdependence.8 [9-12]

Bibliographies/Resource Lists


A compilation of theses and dissertations in physical education, health and recreation.1

PE/SPORTS*

Lesson Plans

4.33 A.C.T.I.V.E.: Sex Equity in Elementary Education (Teacher's Manual). Western Washington University. 149 p. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $5.75.)

Using a movement education approach, the A.C.T.I.V.E. materials have been developed to help foster sex equality in elementary school

*Subcategories in "PE/SPORTS," indicated by superscript letters following entry numbers, are designated as follows: a=PE/SPORTS (Defense).


4.36 Equity in Physical Education. Cleveland State University. Women's Educational Equity Act Program, 1981. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $4.25.) An excellent book for designing programs based on students' ability and interest, regardless of sex. A detailed checklist is provided for teachers to observe and analyze students' motor performance and social interaction as a basis for planning equitable coeducational programs for grades K–12. Included is a review and explanation of Title IX regulations as they pertain to physical education. [K–12]


4.38 Strategies for Equality: Volume I, Guidance, Social Studies, Physical Education. Training Institute for Sex Segregation. (Available from: Training Institute for Sex Segregation, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903. $3.50.) Compendium of curricular projects devised and tested by educators in their own classrooms. For teachers, coaches, counselors and administrators. [K–6]


Course Outlines


4.43 Equity in School Athletics: A Guide. Training Institute for Sex Desegregation. (Available from: Training Institute for Sex Desegregation, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903. $3.50.) A guide to the development of an equitable 9–12 athletics program for teachers, administrators and coaches. [9–12]


4.45 Title IX Sex Integrated Programs that Work. Marjorie Blaufarb (ed.). 1978. 38 p. (Available from: American Alliance of Health, Physical Education and Recreation, 1201 16th Street, NW, Washington, DC 20036. $3.95.) Provides in-depth descriptions of successful sex-integrated physical education programs at the junior and senior high school levels as well as 11 appendices which detail implementation and evaluation procedures used by schools across the country. [K–12]

Supplementary Texts

4.46 American Women in Sports. Phyllis Hollander. New York: Grosset & Dunlap, 1972. 112 p. A series of brief sketches of 52 American women athletes, from the early pioneers, who had to overcome society's disapproval of women athletes, to the athletes of today, who have entered and excelled in new areas of competition as well as fought for equal professional standing and remuneration.

4.47 Billie Jean. Billie Jean King with Kim Chapin. New York: Harper & Row, 1974. 208 p. $6.95. This autobiography gives a very human account of the numerous struggles of a female athlete. Billie Jean King describes her career as a tennis player, her marriage, her family, and other significant
people and events in her life. She reveals a feminist attitude when she discusses traditional inequality of the sexes in sports and her fight for women's equality in tennis. She points out her traditional family background and her expectations for marriage, and ideas on the women's liberation movement and its effects. This book provides an interesting account of the life of an ambitious, athletic and sensitive woman.


Short biographies of six women who not only were champion athletes—setting world records and winning gold medals—but also contributed greatly to the acceptance of women in sports. Those featured are: Babe Didrikson Zaharias (outstanding golfer and track star); Kathy Kusner (Olympic equestrian and big-league jockey); Wilma Rudolph (Olympic runner); Billie Jean King (tennis champion); and Melissa Belote (Olympic swimmer).


Short biographies of eight outstanding American women athletes who were Olympic stars, record setters and professional athletes, including Judy Cook Soutar, Janet Lynn, Micki King, Kathy Wirth, Cindy Nelson, Shirley Babashoff, Billie Jean King and Francie Love.


A workbook and resource guide for athletic trainers of female athletes. [9–12]


Fifteen girls aged 9 to 17, representing a variety of ethnic minority groups, tell what it is like to train, compete, win or lose in sports ranging from soccer to wrestling. Many of the girls compete in sports that until just recently were considered reserved for "boys only." Now girls are skateboarding, shooting pool and driving motorcycles. An inspiring book about young women who are successful competitors with rightfully earned self-respect. [7–9]


A comprehensive survey of women's accomplishments in a wide variety of sports, including basketball, bicycling, bowling, field hockey, figure and speed skating, golf, gymnastics, horseback riding, horse racing, skiing, softball, swimming, tennis, track and field, and volleyball. Emphasis is on record setting as well as the barriers women had to overcome in order to gain professional equality with men. Included are women from many countries who are young, old, married, single, professionals and amateurs.


A unique anthology of 20 historical and contemporary selections which explore the myths and realities of women's participation in sports. Includes essay, journal, biographical and autobiographical selections. Teaching Guide for Out of the Bleachers also is available from The Feminist Press. [9–12]


A book of instruction in basic, practical self-defense for girls and women. The text is accompanied by photographs to illustrate various techniques. The book teaches women and girls not to view themselves as helpless victims, without being militant in tone. Self-defense is presented as an aspect of general competence and self-reliance. A teacher's guide to accompany the book is available from the publisher. [10–12]


These five stories about young women who are swimmers reveal the enormous amount of skill, self-discipline, stamina and fortitude involved in their sport. These young women are competitive and determined to excel. This book is highly recommended. [7–9]

Periodicals


Four-page, bold layout, newspaper style publication devoted to news regarding women and girls in sports and athletics; employment circumstances of coaches and physical education teachers; athletic scholarships; legal updates on athletic and sports issues, etc. [9–12]


A monthly magazine written for the general public that focuses on women's achievements in sports. Includes a calendar of sporting events. [9–12]

Photographs


Six color posters measuring 17" × 28" depict girls and adults participating in active sports. [7–12]

4.59 Women in Sports. Cathy Cade. (Available from: Cathy Cade, 977 Bayview Avenue, Oakland, CA 94610. $3.35.)

Six 8" × 10" black and white photos of girls and women in gymnastics, track, softball, weightlifting, judo. [K–12]

Multimedia Programs

Two rape victims describe their personal experience with rapists and a defense expert recommends ways to counterattack.  

4.67  **Rookie of the Year.** Time-Life Films, 1975. 47 minutes, color. (Available from: Time-Life Films, Eisenhower Drive, Paramus, NJ 07602. $550.00; $55.00 rental; $35.00 videotape.) Story of a bat girl for a Little League baseball team who gets a chance to play in a game. She scores the winning run for her team.  

4.68  **Serrina Becomes an Acrobat.** Encyclopedia Britannica Educational Corporation Films. 1974. 11 minutes, 16mm. (Available from: Encyclopedia Britannica Educational Corporation Films, 425 North Michigan Avenue, Chicago, IL 60611.) Ten-year-old Serrina narrates her story of a summer spent with the circus, training to fly on the trapeze. The viewer follows her as she gains control of her body, enjoys a warm camaraderie with her coaches (several of whom are women), up to the big moment when she conquers her fear and swings from the high bar.  

4.69  **Sugar Spikes.** Insight Exchange. 30 minutes, videocassette. (Available from: Insight Exchange, P.O. Box 42584, San Francisco, CA 94101.) Good overall description of the changes in women’s sports, from recreational programs to college opportunities to the professional world of sports.  

4.70  **Women in Sports—An Informal History.** Altana Films. 28 minutes, sound, color, 16mm. (Available from: Altana Films, 340 East 34th Street, New York, NY 10016.) Excellent history of women’s participation in sports; shows how they are entering more and more events which were formerly denied them.  

4.71  **Young Women in Sports.** BFA Educational Media, 1974. 15 minutes, color. (Available from: BFA Educational Media, P.O. Box 1795, 2211 Michigan Avenue, Santa Monica, CA 90406. $240.00; $24.00 rental.) Shows four high school athletes performing and discussing training and competing in track and field, gymnastics and swimming.  

**Bibliographies/Resource Lists**  

4.72  **Bibliographies on Educational Topics #2: Women’s Athletics.** 33 p. (Available from: ERIC Clearinghouse on Teacher Education, One Dupont Circle, NW, Suite 616, Washington, DC 20036. $1.00; or EDRS MF-$5.91—HC $2.06 plus postage, ED 130 991.) Annotated bibliography compiled from *Resources in Education* and *Current Index to Journals in Education.*  


4.74  **WEECN Resource Roundup: Girls and Women in Sports.** Women’s Educational Equity Communications Net-
SAMPLE LESSON PLAN: HEALTH AND PHYSICAL EDUCATION
Coeducational Obstacle Course

AUDIENCE:
Middle school and junior high students

GOALS:
- To provide an opportunity for coeducational teams to use various group problem-solving techniques and to work together cooperatively.
- To use these situations as a skill-building and evaluation exercise.

OBJECTIVE:
To design a 12-step obstacle course requiring students to use the following skills: running, hopping, climbing, crawling, pushing, pulling, balancing, jumping, basic eye-hand coordination and basic body fitness.

MATERIALS:
The obstacle course should consist of the following equipment set up according to the project chart (see following page):
- uneven parallel bars
- side horse
- two sets of high jump standards
- jump ropes
- automobile inner tube
- 12 bowling pins
- high and low balance beams
- scooter, four hockey sticks and pucks
- five two-by-fours, four feet long
- high-jump bar
- mats, ladder
- one four-foot cage ball

HOW TO USE:
1. Form students into teams of eight to twelve students, with a fairly equal number of males and females on each team.
2. Have each student on the team complete each obstacle before the entire team moves on to the next one. (Up to four teams may be on the floor simultaneously.)
3. Access penalties of one or five seconds for errors made, such as touching the uprights of the uneven bars, crossing the boundary line with scooter, mounting the balance beam using the adjusting knob, and so on.

COMMENTS:
1. This activity is an excellent means of introducing important physical education concepts to students at the elementary and junior high level because it:
   - stresses development of the same individual skills for both males and females.
   - develops team effort.
   - gives teachers a chance to evaluate the strengths and weaknesses of the individual students.
2. The obstacle course is flexible enough to:
   - be used, with variations, for older and younger students and to sustain their interest at different age levels.
   - accommodate as many as 30 to 40 students at once.
3. It encourages female and male students to work together, regardless of sex differences.
4. It provides the basis for a valuable discussion with students about real and perceived differences between males and females in physical activity.
5. It can be included in a coed field day.
Gym

- Cage Ball (Over)
- Auto Inner Tube (Go Through)
- Low Balance Beam (Crawl)
- High Balance Beam (Walk or Run)
- Hockey Dribble
- Bowling Pins (Hop Around)
- Jump Rope (Creep Under)
- Side Horse (Climb Over)
- Hurdle (High Jump Bar)
- Uneven Parallel Bars (Climb Low to High)

All teams move in same direction

Ruben Fisher
Lesson Plans

5.1 Again at the Looking Glass: Language Arts Curriculum Materials for Combatting Sex Stereotyping. Feminists Northwest. (Available from: Feminists Northwest, 5038 Nicklas Place, NE, Seattle, WA 98105 or EDRS MF-$9.11 plus postage, ED 128 237.)

Ninety-two classroom activities designed to increase student awareness of sex role stereotyping in the area of language arts. The activities are grouped in four major sections: (1) sexist language; (2) autobiography, free lives; (3) nonsexist literature, sex stereotyping, women writers; and (4) sexism in the media. One sample activity has students collect and compare male and female graffiti, including how it reflects the roles of men and women in society. Another activity asks students to keep a tally of male and female personality traits portrayed on television. Although these activities are designed for secondary students, junior high teachers will find a number of activities appropriate for their classrooms. Criteria for analyzing curriculum materials and a bibliography of resource materials are included. [7-12]


This program provides a model for assessing sex bias within a school district and specific materials and processes for moving toward the goal of sex fairness in all areas of school life. Designed to be carried out in three states under the leadership of a coordinator and a coordinating committee, the program systematically and gradually involves more and more people within the district for increased support and commitment. Of particular interest to the classroom teacher will be the Stage Three Manual: Revising The Curriculum (408p; $8.50). It outlines a process for revising curricula at the elementary and secondary level. Numerous sample materials and resources for use or adaptation within major subject matter areas are provided. [K-12]


This material was developed for young working class women at an alternative high school in Cambridge, Massachusetts. The curriculum is divided into nine areas including "Messages from Society," "Growing Up Female," "Women and Work," and "Women Organizing Themselves." The units can be used as supplements to English, history, psychology, anthropology, career education or health courses. Throughout the packet recommendations are made on how to teach as well as what to teach. [9-12]


Includes classroom activities to develop students' awareness of sexism; lesson plans on language, sexism, and women in literature; and feminist literary criticism. [9-12]


Activities and exercises for use in the classroom, using excerpts from literature to show women's roles in society; a good consciousness-raiser. [10-12]

5.6 In Praise of Diversity: Multicultural Classroom Applications. Gloria Grant (ed.). Teacher Corps, 1977. $18.3 p. (Available from: Teacher Corps, Center for Urban Education, The University of Nebraska at Omaha, 3805 North 16th Street, Omaha, NE 68110 or EDRS MF-$9.11—HC-$16.73 plus postage, ED 144 854.)
Fifty-one activity units written for the classroom teacher who is interested in implementing multicultural and nonsexist education in the areas of social studies, language arts, science, math, and art. Each activity unit offers a rationale, desired learning experiences, suggestions for implementation, supplementary activities and instructional and background resources for teachers. The wealth of activities may be modified and adapted by teachers so that they are relevant to a particular grade level and to the needs of students. One sample activity has parents and students forming a book club to encourage at-home reading and to allow students to become acquainted with nonsexist books. Many of the activities were designed to incorporate ideas and materials from the companion document: In Praise of Diversity: A Resource Book for Multicultural Education. [K-8]


A “fun” lesson plan for 5th grade through college. “The Princess and the Pea” opens a discussion of subtle ways in which sexism, racism, materialism and elitism permeate the simplest of stories. The level of discussion will vary with age, but participants learn how to spot hidden messages while enjoying a lively discussion. [9-12]


A teaching guide developed with the help of college and high school teachers who have tested Women Working: An Anthology of Stories and Poems in their classrooms. The guide, conceived as a kind of inservice course for teachers, includes creative teaching suggestions, student projects and annotated bibliographies of books, articles and films. [9-12]

Course Outlines

5.9 Women’s Studies for Teachers and Administrators. Merle Frosch, Florence Howe and Sharon Kaylen. Old Westbury, NY: The Feminist Press. $10.00.

Materials to help schools start inservice courses on women in history, literature, social studies and sexism in education. Includes syllabi, sample curriculum materials and a list of resource organizations.

Supplementary Texts


A collection of Sylvia Plath’s final poems before her suicide. The power of her poetry is a result of her honest portrayal of other people, other things and herself. There are many demeaning terms used to describe both minorities and women, as well as much explicitness of language. However, Ariel is valuable as a brilliant articulation of madness and self-destructiveness. [9-12]


A collection of short stories by well-known American and British women writers. The stories represent a variety of experiences encountered by women, with an emphasis on the necessity of coping with life. It should be noted that none of the stories focus on women in even slightly nontraditional careers; “coping” often means learning to live with defeat. A few of the stories contain rather explicit sexual references, and the subject matter may make this anthology more appropriate for senior high readers. However, the selective teacher will find examples of fine literature which will serve as valuable catalysts for thought and provocative class discussion. [9-12]


Twenty-five articles written by Nora Ephron for several different magazines. Some articles are political in nature and all are somewhat satirical. Topics include women’s liberation, politics, the women of Israel, consciousness-raising groups and several individual women, including Dorothy Parker. Ephron takes a piercing look at these topics but also produces articles that are fun to read. Secondary students should enjoy this book. [7-12]


This excellent collection of ten short stories by women includes: Carson McCullers’s “Wunderkind”; Doris Lessing’s “Notes for a Case History”; Colette’s “Green Sealing Wax”; Shirley Ann Grau’s “Miss Yellow Eyes”; Katherine Ann Porter’s “Virgin Virgilia”; R. Prawer Jhabvala’s “My First Marriage”; Edna O’Brien’s “Irish Rebel”; Kay Boyle’s “Your Body is a Jewel Box”; Tillie Olsen’s “O Yes”; and Flannery O’Connor’s “A Temple of the Holy Ghost.” The stories are about growing up and new beginnings, which in some cases mean the end of romantic illusion and learning the rules of adult behavior. An excellent anthology for use in a high school literature class or for free reading. [9-12]


A biography of Aurore Dupin de Francueil Dudevant, who under the name of George Sand, became one of the best-known literary figures in 19th century France. Although the biography is somewhat dry and would provide heavy reading for a high school student, the author provides a well-researched look at the life, works and personal relationships of this complex and controversial woman. The numerous excerpts from the writings of George Sand, as well as from the writings of her peers and contemporaries, are particularly intriguing. [9-12]

This moving yet unsentimental novel was written by Carson McCullers at the age of 23. It provides a vividly realistic portrait of the isolation and despair of the poor and disenfranchised—black and white—in a small southern town. The story focuses on Singer, a deaf-mute, and the four characters who bring him their problems and despair: Mick, a 15-year-old girl seeking beauty in an ugly world; Blount, a bitter, drunken radical; Dr. Copeland, a bitterly disillusioned black doctor; and Biff, a lonely, hardboiled cafe owner. The subject matter may be more appropriate for junior high readers. [9-12]


A realistic and moving novel of the growing pains of a young girl's adolescence. Twelve-year-old Frankie, who is determined to become F. Jasmine, finds herself searching for the "we of me," after her best friend moves away and her father says she's too old to share his bed any longer. To combat an overwhelming sense of loneliness and to find someone to belong to, Frankie decides to go with her brother and his new bride after the wedding. This book provides a moving portrait of human beings isolated from one another—man from woman, child from adult and black from white. [9-12]


A 19th century novel about the world of country gentry in Regency England. The hero, Anne Elliot, is a woman of perfect breeding, profound depth of emotion and unwavering integrity. While the hero exhibits remarkable strength and understanding, her aspirations do not go beyond the traditional role of wife. The characters are highly stereotyped and in many instances reveal the shallowness and hypocrisy of that society. [9-12]


This collection of plays includes Alice Gerstenberg's Overtones; Lillian Hellman's The Children's Hour; Clare Boothe's The Women; Doris Lessing's Play With a Tiger; Megan Terry's Calm Down Mother; Natalia Ginzburg's The Advertisement; Maureen Duffy's Rites; and Alice Childress's Wine in the Wilderness. All of the plays are written from a female, but not necessarily feminist, point of view and deal with a wide range of themes. Some of the plays are experimental in form. Due to subject matter, language, violence, and/or sophisticated form, all except Overtones are recommended for mature readers. [9-12]


The Prime of Miss Jean Brodie probes with skill the halcyon years of a fiercely independent and unorthodox schoolteacher and her relationship with six favorite pupils. How Miss Brodie enjoys, exploits and ultimately becomes a victim of her vaunted "prime" forms the basis of this novel. [9-12]


In four timeless short stories, Tillie Olsen explores the struggles and pain of contemporary existence, with verbal richness and beauty that no reader will forget. Included are: "I Stand Here Ironing"; "Hey Sailor, What Ship?"; "O'Yes"; and "Tell Me a Riddle." This collection would be an excellent resource for a high school literature class. [9-12]


Women and Fiction provides the reader with a very rich portrait of the lives of women from all walks of life. This selection of short stories by some of our most creative modern women writers will especially appeal to readers from high school age on up. The ironies, tragedies, joys and day-to-day experiences of women from all socio-economic strata of society are portrayed. The introduction and brief biographical sketch of each of the 26 authors also add to the reader's understanding of the struggle which many of these writers experienced to become career fiction writers. [7-12]


An excellent anthology of 12 intriguing and well-written science fiction stories by women, in which women characters play major roles. In addition to biographical sketches and brief introductions to the authors and stories, the editor provides a thoughtful, well-researched discussion on the role of women in the time-honored, male preserve of science fiction. The introduction provides an excellent resource for a class on women and science fiction or other literature units focusing on the science fiction genre. Several stories explore changing sex roles and sexual mores and are perhaps most appropriate for mature readers; one of the stories portrays a particularly violent rape. [9-12]


Thirty-four selections chosen to capture the intensity of women's experience of work, paid and unpaid, both in and outside the home. Includes: "Oppressive Work: Anzia Yezierska, Willa Cather, Nikki Giovanni"; "Satisfying Work: Sarah Orne Jewett, Zora Neal Hurston, Barbara Smith"; "Family Work: Carmen Tafolla, Tillie Olsen, She'Ja Ballantine"; "Transforming Work: Margaret Walker, Dorothy Canfield Fisher, Meridel Le Sueur." (Partial listing.) Teaching Guide for Women Working also is available from The Feminist Press. [9-12]

Multimedia Programs


(Available from: Scholastic Book Service, 906 Sylvan Avenue, Englewood Cliffs, NJ 07632. Each set includes paperback, $1.35; teaching guide, $3.10; posters $7.50; record, $5.95.)

A series of six sets which contain works by Gloria Davis, Mari Evans, Nikki Giovanni, Maya Angelou, Gwendolyn Brooks, Marlet Walker, Alice Childress and others. [7-12]

Audiovisual Materials

5.26a Black Poetry Kit. Scholastic Book Service. Two filmstrips, with records or cassettes. (Available from:
5.27b **Breaking Out of the Doll’s House.** 30 minutes, color, sound, 16mm. (Available from: Learning Corporation of America, 1350 Avenue of the Americas, New York, NY 10019.)

An edited version of a television production of Henrik Ibsen’s “The Doll’s House.” Excellent both as literature and history and as a vehicle to discuss sex roles. 10 [8-12]

5.28b **A Doll’s House.** Caedmon Records. Three discs or cassettes. (Available from: Caedmon Records, Inc., 505 Eighth Avenue, New York, NY 10018. $21.94 discs; $23.85 cassettes.)

Claire Bloom and Donald Madden star in this version of A Doll’s House; a 19th century play with an ironically modern note. 11 [10-12]

5.29b **Man and Woman: Myths and Stereotypes.** Center for Humanities, Inc. 1975. 30 minutes, slide carousels, cassettes and records. (Available from: Center for Humanities, Inc., 2 Holland Avenue, White Plains, NY 10603.)

Using paintings, photography, theater and movie scripts and popular music, these sets describe how our views of men and women developed in western culture and how these stereotypes are changing today. 16 [9-12]

5.30a **Poetry Is Alive and Well and Living in America.** Media Plus. Six filmstrips; discs or cassettes, teacher’s guide. (Available from: Media Plus, Inc., 60 Riverside Drive, New York, NY 10024. $90.00.)

Visual interpretations of May Swenson’s poems “Still Turning” and “The Pregnant Dream” and G. C. Oden’s “The Way It Is” and “Speculation.” 17 [7-12]

5.31 **The Practical Princess.** Sterling Educational Films. 20 minutes, 16mm. (Available from: Sterling Educational Films, Division of Walter Reade Organization, 241 East 34th Avenue, New York, NY 10016.)

A full-dress fairy tale about a princess who devises ways to thwart the advances of evil Lord Garp. Imprisoned in a tower, she briefly languishes, then gives herself a shake and reminds herself that no prince is coming to rescue her so she had better start making her own plans. 21 [4-6]

5.32 **The Seven Ravens.** Learning Corporation of America. 22 minutes, 16mm. (Available from: Learning Corporation of America, 1350 Avenue of the Americas, New York, NY 10019.)

A fairy tale from the Brothers Grimm in which the main character is truly a hero. A little girls sets out to free her brothers who have been changed into ravens by a disgruntled witch. She carries her quest to the kingdom under the sea, to the sun and moon, and finally to the crystal mountain which she must climb. Successful, she is given a hero’s welcome by her family. 21 [2-6]

5.33 **Tatterhood Tales on Tape.** The Feminist Press. Three cassette tapes. (Available from: The Feminist Press, Box 334, Old Westbury, NY 11568. $6.95 each.)

Series of three cassettes: (1) “Humour Tales”; (2) “Tales of Magic and Enchantment”; and (3) “Tales of Courage.” These taped stories are taken from Tatterhood and Other Tales, a collection of fairy and folk tales chosen for their portrayals of witty, resourceful and courageous females. 39 [K-12]


Deals with women both as characters in literary works and as writers, beginning with classical literature and continuing to the present day. 10 [9-12]

### Bibliographies/Resource Lists

5.35 **Advisory List of Instructional Media for Reduction of Sex Bias.** North Carolina State Department of Public Instruction. (Available from: North Carolina State Department of Public Instruction, Division of Educational Media, Raleigh, NC or EDRS MF-$9.1—HC-$2.06 plus postage, ED 149 755.)

Instructional media appropriate to schools’ efforts to reduce sex bias are described in this advisory list. Entries were favorably reviewed by educators. Most materials were evaluated by members of the Raleigh, North Carolina, Chapter of the National Organization for Women. Materials range from primary to senior high school grade levels and are arranged in these categories: biographies; history, sociology, and biology of sex roles; and curriculum materials illustrating balanced sex roles. Books, films, posters, slide sets and filmstrips are included. Entries include citation, price if available, grade level and annotation. 3 [K-12]

5.36 **Articles on Non-Sexist, Non-Racist Children’s Literature.** Maureen Pastine, 1975. 27p. (Available from: EDRS MF-$9.1—HC-$2.06 plus postage, ED 117 654.)

An unannotated bibliography of articles, ERIC documents, alternative publishers, book review sources, and books and pamphlets to aid users in finding appropriate nonsexist, nonracist books for children. [K-8]


An unannotated bibliography of journal articles, newsletters, monographs, reports and resources focusing on sexism and sex role stereotyping in children’s books. Although many of the references cited focus on primary and intermediate grade education, the bibliography should prove useful to the junior high school teacher. [K-8]


A critically annotated list of 200 recent picture books in such categories as working mothers, handicaps, multiracial and adoption. 1 [8]

An annotated bibliography of nonsexist children's books. Titles are divided into the broad categories of fiction and nonfiction within the three major categories of preschool through third grade, third grade through seventh grade and seventh grade through twelfth grade. The bibliography provides a wealth of titles and includes the publisher, copyright date, recommended grade level and price; however, no criteria for determining reading level or nonsexist content has been provided. [K-12]


Bibliography of nonsexist books and films appropriate for K–12 students. Annotations are provided for the film citations. [K–12]


A selective, annotated bibliography for high school teachers and students who want inexpensive supplementary readings by women, which emphasize the strengths and accomplishments of women. The bibliography is organized according to anthologies, autobiography and biography, drama, novels, short stories and poetry. A cross topical index with the following categories also is provided: adolescence, female sexuality, women in the arts and professions, women and political commitment, third-world women and working class women. [9-12]


200 Plus lists elementary materials, indicating grade use and reading level for each item. Over 80 percent of the 206 books are in the first three categories—picture books, fiction, and social studies; other categories are language arts, miscellaneous and audiovisuals. The Kalamazoo bibliographies are updated every year. Orders are filled with the latest editions, which include all items that were listed in previous editions. [K-8]


Extensive bibliography of women's fictional writings and essays: useful subject and name indices.

WOMEN WRITERS

Supplementary Texts


An interesting book in which the author presents the personal insights of and the problems encountered by five women writers: Judy Blume, Erica Jong, Erma Bombeck, Jessamyn West, and Phyllis Whitney. This is a delightful book which will no doubt inspire aspiring writers, female and male. [9-12]


Excellent anthology of works of Western women in the arts, represented by selections from their poetry, fiction, autobiographies, essays, journals and letters, and photographs: their sculpture, painting, graphics, photography, ceramics, needlework, music and dance. In all these forms, the women are making statements about their view of themselves as women. The book is organized in a way that shows the relationship between women's art and the condition of women's lives. Each section is introduced with an essay which explores and connects the book's themes; each artist is introduced with a brief biography. [8-12]

Multimedia Programs


A series of six sets which contain works by Gloria Davis, Mari Evans, Nikisi Giovanni, Maya Angelou, Gwendolyn Brooks, Margaret Walker, Alice Childress and others. [7-12]

Audiovisual Materials


Part I describes the Bronte family and emphasizes the limitations and restrictions placed on women in this era. Part II describes the Brontes' life and work. [9–12]

5.48 Edith Sitwell Reading Her Poems. Caedmon Records. Disc or cassette. (Available from: Caedmon Records, Inc., 505 Eighth Avenue, New York, NY 10018. $6.90; disc; $7.95, cassette.)

Sitwell reads from a wide variety of her poetry. [10–12]

5.49 Edna St. Vincent Millay Reading Her Poetry. Caedmon Records. Disc or cassette. (Available from: Caedmon Records, Inc., 505 Eighth Avenue, New York, NY 10018. $6.98, disc; $7.95, cassette.)

This reading—which includes some of Millay's political poetry, i.e., "Where Can the Heart Be Hidden in the Ground?" (dedicated to Sacco and Vanzetti)—was recorded in 1941 when she was 49. [10–12]

5.50 Gertrude Stein Reads From Her Works. Caedmon Records. Disc or cassette. (Available from: Caedmon Records, Inc., 505 Eighth Avenue, New York, NY 10018. $6.98, disc; $7.95, cassette.)

Stein reads from a wide variety of her poetry. [9–12]
Supplementary Texts

5.57 Changing Words in a Changing World. Arizona State University. Women's Educational Equity Act Program, 1981. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $2.00.)

A study of language communication and how it defines and shapes culture. The book is organized around four linguistic principles: a language reflects the culture and values of its speakers; language forms reflect the viewpoint of the majority of the powerful groups in a society; exaggeration is an integral part of communication and language changes continuously but in different ways with different speakers. Additional activities, discussion topics, and instructions for incorporating this material into linguistics courses are included in an accompanying 32-page Instructor's Guide ($1.75). [10–12]


This handbook provides practical suggestions for those committed to equality in style. Hundreds of examples, mostly from published sources, illustrate the subtle messages conveyed by biased language. Word substitution and rewriting are offered as the most frequent solutions to biased writing. [9–12]

Multimedia Programs

5.60 "Sex Stereotyping in Math Doesn't Add Up"; "Girl, Boy or Person: Beyond Sex Differences"; "Equality in Science: Formula for Changing Sex Bias"; "Exercising Your Rights: Eliminating Sex Bias in Physical Education, Reading, Writing, and Stereotyping"; "Present but Not Accounted for: Women in Educational History"; "We the People: Sex Bias in American History." Patricia B. Campbell and Susan E. Katrin. Multimedia modules. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $15.60 plus 20% postage, complete set: $2.50 each unit.)

This series of instructional modules on sex role stereotypes in education includes cassette tapes, handouts, transparency masters and a bibliography for each topic area. The modules may be used alone or to complement an instructional unit. [14]

Audiovisual Materials


Discusses textbook writers whose biased language has distorted the impact and image of women in history and culture. [10–12]
SAMPLE COURSE OUTLINE: LANGUAGE ARTS
20th Century Women Writers

AUDIENCE:
12th grade English students (quarter elective course)

GOAL:
To explore concepts and ideas expressed by some of the best women writers of the 20th century concerning women's experiences and the realities of being female as opposed to what society says women experience or should experience in their lives; to try to bring a new awareness of a woman's condition and the possibilities open to her for growth, equality and self-actualization.

OBJECTIVES:
- To recognize the inequality between male and female as it now exists in the culture and to gain an insight into the term "androgyny.
- To explore the historical reasons for this condition.
- To analyze the economic consequences to both women and the society as a whole.
- To debate the possibilities for eliminating war by opening up the upper decision making levels which govern all our lives and which is directly connected to economics.
- To awaken to the realities of black women in this culture.
- To discuss how the body itself has been an object to be owned and controlled by an outside authority (organized religion and marriage), and to explore the tragic consequences of this usurped ownership.
- To discuss and rejoice in the contributions which women bring to the new era of consciousness whose evolution characterizes our time.

MATERIALS:
1. Orlando by Virginia Woolf
2. A Room of One's Own by Virginia Woolf
3. Three Guineas by Virginia Woolf
4. Under a Glass Bell (short story collection); "Birth" by Anais Nin
5. I Know Why the Caged Bird Sings by Maya Angelou or The Autobiography of Miss Jane Pittman by Ernest Gaines
6. The Awakening by Kate Chopin
7. The Way of All Women by Dr. M. Esther Harding
8. Two sound filmstrips which explain the contribution to literature made by Mary Wollstonecraft, Mary Shelley, Jane Austen, Elizabeth Browning, the Brontes, Harriet Beecher Stowe, Emily Dickinson, Virginia Woolf, Gertrude Stein, Anais Nin, Flannery O'Connor, Lillian Hellman, Sylvia Plath, Doris Lessing, Nikki Giovanni and others: Part I, "Fanny Burney to Kate Chopin"; Part II, "The Twentieth Century"

LEARNING ACTIVITIES:
1. Course will concentrate upon reading, writing, speaking and listening.
2. Small and large group discussion techniques will focus on the various ideas and concepts to be found in the literature.
3. Students will be asked to write papers and exams exploring the various objectives and questions previously stated.

Note:
Teachers may wish to include literature written by other ethnic minority group women, such as Native American, Asian or Hispanic. This particular lesson plan focuses on the contributions of white and black women.

Adapted from a Sex Equity Action Plan developed by Lucille W. Evans (Lakeridge High School, Lake Oswego (Oregon) School District), in a BIAS (Building Instruction Around Sex Equity) inservice training workshop, January 1980.
6.0 Math and Science

MATH*

Lesson Plans


An increasing number of jobs require strong math skills. This handbook describes a successful Boston-based program that combines math instruction and counseling to help undereducated and unemployed women develop basic math skills, broaden their career aspirations and overcome barriers to job advancement. Designed as a short-term continuing education or tutorial program for women with high school or general equivalency diplomas, the handbook can also be used in high schools. It includes a bibliography of mathematics, counseling and career information; a 16-week lesson plan model; eight counseling workshops; and occupational math modules for traditional and nontraditional careers. [9-12]


This program provides a model for assessing sex bias within a school district and specific materials and processes for moving toward the goal of sex fairness in all areas of school life. Designed to be carried out in three stages under the leadership of a coordinator and a coordinating committee, the program systematically and gradually involves more and more people within the district for increased support and commitment. Of particular interest to the classroom teacher will be the Stage Three Manual: Revising The Curriculum (408p., $8.50). It outlines a process for revising curricula at the elementary and secondary level. Numerous sample materials and resources for use or adaptation within major subject matter areas are provided. [K-12]


A handbook that uses quotes, examples and questions to aid the reader in creating a conference that aims to stimulate female involvement in math and science classes. A very helpful appendix includes six hands-on workshop activities plus useful forms, samples, quizzes, etc. [7-12]

6.4a In Praise of Diversity: Multicultural Classroom Applications. Gloria Grant. 1977. 318 p. (Available from: Teacher Corps, Center for Urban Education, The University of Nebraska at Omaha, 3805 North 16th Street, Omaha, NE 68110 or EDRS MF-$91HC $16.73 plus postage, ED 144 854.)

Fifty-one activity units written for the classroom teacher who is interested in implementing multicultural and nonsexist education in the areas of social studies, language arts, science, math and art. Each activity unit offers a rationale, descriptions of learning experiences, suggestions for implementation, supplementary activities and instructional and background resources for teachers. The wealth of activities may be modified and adapted by teachers so that they are relevant to a particular grade level and to the needs of students. Many of the activities were designed to incorporate ideas and materials from the companion document: In Praise of Diversity: A Resource Book for Multicultural Education. [K-8]


Discusses the use of informal workshops to alleviate the fear and anxiety often associated with learning math. Offers tips for reading math texts and performing math problems under pressure. Reviews basics of algebra and calculus. [9-12]
A discussion of how intimidation, misunderstanding and missed opportunities have made people fear learning math. Appendices include a composite math anxiety scale and programs for math anxious people.

6.7 Strategies for Equality: Volume IV, Mathematics/Science. Training Institute for Sex Segregation of the Public Schools, 1980. 118p. (Available from: Training Institute for Sex Segregation of the Public Schools, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903. $4.00.)
A compendium of curricular projects, focusing on math and science, devised and tested by educators in their own classrooms. [K-12]

Supplementary Texts

Biographies of nine women mathematicians, with related math activities. The women range from Hypatia of Greek (370-415 A.D.) to Emmy Noether (1882-1935). The relatively brief biographies are fascinating. Each one notes the particular problems which the female mathematician faced by virtue of her sex. The mathematical activities are related to the work of the mathematicians covered in the book and are presented in original and thought-provoking ways. Appendices and solutions to the problems are included, and the book is well-illustrated.

Career pamphlet.

Periodicals

6.10 AWIM Newsletter, Wellesley College. (Available from: Association of Women in Mathematics, c/o Department of Mathematics, Wellesley College, Wellesley, MA 02181. $10.00.)
This quarterly newsletter contains information on women in mathematics as well as resources and employment news.

Multimedia Programs

This program is designed to help educators encourage female students to pursue careers in mathematics and the sciences. Varied curriculum materials for use with students, grades K-12, provide activities intended to increase interest and skill in scientific and technical fields. Extensive information about careers in science and annotated listings of print and audiovisual materials appropriate for each grade level are provided. One section of materials, "The Role Models," explores outstanding accomplishments of women in science and includes short biographies of seven women currently active in a variety of scientific fields. Four audiotape cassettes containing interviews with these seven women supplement the program. [K-12]

6.12 Multiplying Options and Subtracting Bias. National Council of Teachers of Mathematics, 1981. Four, 30-minute color, sound videotapes (3/4" videocassette, 1/2" open reel, VHS or Beta); facilitator's guide. (Available from: National Council of Teachers of Mathematics, 1906 Association Drive, Reston, VA 22091. $125.00 each; $375.00 set of four.)
A videotape and workshop intervention program designed to eliminate sexism from mathematics education. Each of the four videotapes, narrated by Mario Thomas, is directed to a specific junior and senior high school audience: students, parents, teachers and guidance counselors. Each tape uses a variety of formats—candid interviews, dramatic vignettes, and expert testimony—to address the problem of mathematics avoidance and some possible solutions. A facilitator's guide, which provides special workshop materials to develop an awareness of sexual bias and math anxiety, is an integral part of the program. The guide contains an overview of the workshops, detailed instructions on how facilitators can prepare for conducting the workshops, and four separate step-by-step sets of workshop instructions for each of the target audiences. Overhead transparencies and handout masters are included.

6.13 "Sex Stereotyping in Math Doesn't Add Up"; "Girl, Boy or Person: Beyond Sex Differences"; "Equality in Science: Formula for Changing Sex Bias"; "Exercising Your Rights: Eliminating Sex Bias in Physical Education, Reading, Writing, and Stereotyping"; "Present but Not Accounted for: Women in Educational History"; "We the People: Sex Bias in American History." Patricia B. Campbell and Susan E. Katrin. Multimedia modules. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $15.60 plus 20% postage, complete set; $2.50 each unit.)
This series of instructional modules on sex role stereotyping in education includes cassette tapes, handouts, transparency masters and a bibliography for each topic area. The modules may be used alone or to complement an instructional unit.

Audiovisual Materials

6.14 Count Me In: Educating Women for Science and Math. Mills College Department of Mathematics. Videotape cassettes. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $34.00; $5.00 rental.)
Documents successful curricular-career program to interest women in entering scientific and technical fields. For high school students, math and science faculty, guidance people, administrators and others. [9-12]

6.15 The Math/Science Connection: Educating Young Women for Today. Mills College, 1979. 18 minutes, sound, color, 16mm or videotape cassette. (Available
from: Education Development Center, 55 Chapel Street, Newton, MA 02160. 16mm $115.00, $8.00 rental; videotape cassette $32.00, $5.00 rental.)
Excellent film depicts strategies in mathematics and science to encourage girls and women to learn and enjoy these subjects.47 [7-12]

6.16 Sandra, Zella, Dee and Claire: Four Women in Science. 19 minutes, color. 16mm or videotape cassette 1/4'. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160.)
From: Education Development Center, 55 Chapel Street, Newton, MA 02160. 16mm $120.00, $9.00 rental; videotape cassette $32.00, $9.00 rental.)
Film for junior and senior high school students who have an interest in science; explores the work and lives of four women: an astronomer, an engineer, a veterinarian, and a laser physicist. [7-12]

6.17b Women's Work: Engineering. 26 minutes, sound. color. 16mm. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160.)
Interviews with women engineers (civil, materials and chemical) who discuss education and training necessary to become engineers. This film shows women at work and at home, providing excellent role models.47 [7-12]

Bibliographies/Resource Lists

A bibliography of guidance literature published by various organizations interested in science and engineering education.44

This bibliography begins with a list of other bibliographies on related subjects and is followed by a "Journals and Periodicals" section. The main section consists of monographs and periodical articles. A rather lengthy addenda includes entries up to 1979.44 [9-12]

SCIENCE* 

Supplementary Texts

This is a story of cancer research more than a biography of geneticist Maud Slye. Other than glimpses of her poetry and the fact that she cried over each death of a laboratory mouse, the author tells almost nothing about her personal life and nothing at all about her childhood. The reader does find out a lot about her work: cancer research. Maud Slye's mouse studies proved that heredity was a factor in cancer, a theory that was not accepted by the majority of cancer researchers in her day. Working with little money, assistance or support of any kind, Slye devoted her life to something that is a common diagnostic tool today. Because of its technical style, this book may be most appropriate for serious secondary science students. [8-12]

Excellent introduction for junior and senior high school students to careers available in the field of chemistry, from chemists and chemical engineers to technical writers and patent agents. Included are salary information and required educational preparation. Book is exemplary in its use of nonsexist language, and women and ethnic minorities are represented in the photographs. [11-12]

Brief history of women in science precedes biographies of famous women of science, such as Estelle Ramey, physicist; and Dixie Lee Ray, marine biologist.47 [K-6]

Biographies of six remarkable aviators: Earhart, Lindbergh, Cochran, Mock, Cobb and Howell.47 [K-6]

Brief biographies of six American scientists: Cannon, Gilbreath, Mead, Carson, Patrick and Clark.47 [K-6]

Career pamphlet.

Profiles of two female and three male doctors. All not only care for, but care about their patients since they have placed commitment to patient care above everything else. One of the women is a black surgeon and legislator; the other is a feminist gynecologist. The men include a geneticist, a family practitioner and a general practitioner who works with migrant farm workers. In addition to the individual profiles, the book describes a unique clinic for teenagers which provides a wide range of medical, psychological and vocational services. [7-9]

This book explains what a veterinarian does and what preparation is needed for the career of veterinary medicine as well as related careers. Print size and use of photographs make this book appropriate for junior high readers.

Career pamphlet.


Brief biographies of seven notable women in the medical field: Mary Calderon, sex education expert; Kathryn Nichol, pediatrician; Anna Ellington, neurologist; Mary Louise Robbins, medical researcher; Estell Rainey, endocrinologist; Margaret Hewitt, nurse-midwife; and Elisabeth Kubler-Ross, international consultant on death and dying. Unlike most of the exemplary books in the "New Women" series, only one of the characters in this book, Anna Ellington, is an ethnic minority (black). Book provides portraits of excellent role models. [7-9]


Junior high and high school level materials for teachers and others influential in science education. Includes curriculum suggestions, resource lists and background material on females at adolescence regarding careers, etc. [K-12]


Thirty-nine edible experiments which can be performed in the home kitchen and will make learning about science fun! Ways to investigate the properties of solutions, suspensions, colloids and emulsions; the cooking action of microbes and enzymes; and phenomena concerning carbohydrates, fats and proteins are presented in an understandable and entertaining manner. The author takes for granted that both girls and boys can be cooks and experimenters, and that the adult cook in the house is not necessarily the mother. These are excellent enrichment activities as well as a source of classroom and "science fair" demonstrations. [6-9]

6.32a Science, Sex and Society. Ann E. Kammer, Cherlyn S. Granrose and Jan B. Sloan (eds.). Kansas State University, 1979. 569 p. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $10.50.)

A collection of readings examining a multitude of issues relevant to the interrelationships among science and society and to the effects on the lives of women as scientists. The readings in one unit compare the experiences of women in the past with contemporary women providing a perspective on the education of women in science. Another section explores the nature of science as a field of study and career choice. This particular section also examines some ways science influences society and, conversely, how biased beliefs of a society can shape individuals' lives. Other units focus on combining family and professional responsibilities and the process by which women choose careers. An extensive bibliography accompanies each unit. An appendix provides additional references, career counseling information and extensive resources for developing an introductory course designed to encourage women to explore opportunities in science. [7-12]


Career pamphlet.


This fascinating book is appropriate for free reading or as a resource or text supplement for classrooms studying the natural or behavioral sciences. The book focuses on the primate studies of Jane Goodall, Dian Fossey and Birute-Galdikas, and their observations of chimpanzees, mountain gorillas and orangutans in the primates' natural habitats. Their work opened up the field of primate ethology with startling new information that also has impact on the study of human behavior. The descriptions of the three women and their pioneering efforts, as well as the great apes themselves, provide informative and entertaining reading.


This brief, fascinating and well-researched history of women healers chronicles the participation of women in the healing arts. It also details their suppression by an elitist medical establishment composed of upper-class, white males from the middle ages to the present century. The first section of the book, "Witchcraft and Medicine in the Middle Ages," discusses the witchhunt craze (14th-17th centuries) during which time thousands of women were burned at the stake, accused not only of murdering and poisoning, sex crimes and conspiracy but of helping and healing. The second section of the book, "Women and the Rise of the American Medical Profession," discusses the popular health movement and the political confrontation between the "regular" doctor (in a time when there was little medical "science") and the lay-practitioners, many of whom were women, blacks and poor white males.


Career pamphlet.

6.37a Women in Science and Technology: Careers for Today and Tomorrow. ACT Publications. (Available from: ACT Publications, Box 168, Iowa City, IA 52240. $1.50.)

Career pamphlet.

Periodicals

6.38 AWIS Newsletter. (Available from: Association for Women in Science, 1346 Connecticut Avenue, NW, Suite 1122, Washington, DC 20036. $10.00.)

This bimonthly newsletter includes some short biographies, interviews with women working in science, as well as current events and employment information.
6.0 Math and Science

Posters


Photographs of successful women of science, in all fields; are accompanied by a short text describing their achievements and activities.47 [K-6]

Audiovisual Materials


Story of the first and highly gifted female bacteriologist in the U.S.; how she persisted with her research and was eventually elected President of the Society of American Bacteriologists.16 [7-12]


Shows the great diversity of careers in the energy field and discusses the requirements for a variety of jobs, from professional engineer to coal miner and offshore rig operator.28 [7-12]


Based on interviews with women and men working in science, this program shows how they started, what they think about their work and how they work. Part I includes: meteorology, tool and die machining, chemical technology. Part II includes: drafting, nursing, gardening and National Park Service. Part III includes: pharmaceutical industry, dentistry, chemical engineering and medical illustration.28 [7-12]

6.43a I'm Going to Be. . . . University of California. Sound, color, 16mm. (Available from: University of California, Extension Media Center, 2223 Shattuck Avenue, Berkeley, CA 94720.)

With a little bit of magic, a girl and boy find out all about the different types of engineers. Useful for career education and elementary classes and staff development.47 [K-6]

6.44a Intern: A Long Year. Encyclopedia Britannica Educational Corporation Films, 1972. 20 minutes, sound, color, 16mm. (Available from: Encyclopedia Britannica Educational Corporation Films, 425 North Michigan Avenue, Chicago, IL 60611.)

Shows a woman intern rotating through different departments and experiencing day-to-day occurrences in an inner city hospital; includes her home and social life. (Note: some scenes are not for the faint-hearted.) 47 [7-12]

6.45a People Who Help: Careers in Aviation. Bailey Film Associates. 16 minutes. (Available from: Bailey Film Associates, 2211 Michigan Avenue, P.O. Box 1795, Sana Monica, CA 90406.)

Reviews careers available in three major areas of aviation: commercial, general and aerospace. Among specific jobs touched on are commercial pilot, flight attendant, crop duster, weather forecaster, airplane repairer and aeronautical engineer. Excellent onsite footage of aviation careers in action and interviews with men and women on the job vitalize message. Good color, well-paced and a nice general summary of aviation careers, which gives special emphasis to women working in the field.21 [10-12]


This package presents interviews with six successful women scientists. Each woman talks about her background, how she became interested in science, her training and career specialty and what it is like to be a woman in a traditionally male field. [9-12]

Bibliographies/Resource Lists


Lists resources for information on different careers in science and technology; includes lists of societies and associations. [7-9]


This annotated bibliography comprehensively covers the published literature about women physicians. International in scope, it provides over 4,000 citations to material which documents the lives of specific women physicians and groups of women physicians, as well as the history of women physicians and healers and the institutions and issues related to that history. Complete bibliographic citations are provided; along with carefully written annotations which convey the flavor as well as the content of the items. The bibliography provides citations to literature which documents the increasing involvement of women in medicine and examines the causes and future course of this trend. It includes materials that help provide insight into how the careers of most women physicians have differed from their male colleagues. The work should prove useful to persons representing a wide range of interests and information needs: researchers, guidance counselors and people and agencies in general wishing to know woman’s heritage.45
### SAMPLE LESSON PLAN: MATH AND SCIENCE

**Math Stories**

<table>
<thead>
<tr>
<th>AUDIENCE:</th>
<th>Middle elementary and junior high students</th>
</tr>
</thead>
<tbody>
<tr>
<td>OBJECTIVE:</td>
<td>The student recognizes sexism in a math book and rewrites one problem to make it sex-fair.</td>
</tr>
<tr>
<td>MATERIALS:</td>
<td>Copies of an elementary or junior high math book.</td>
</tr>
<tr>
<td>TIMING:</td>
<td>40 minutes</td>
</tr>
<tr>
<td>HOW TO USE:</td>
<td>1. Pass out math books, asking students to find a page with word problems.</td>
</tr>
<tr>
<td></td>
<td>2. Analyze a number of problems together:</td>
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<tr>
<td></td>
<td>- What do the boys do?</td>
</tr>
<tr>
<td></td>
<td>- What do the girls do?</td>
</tr>
<tr>
<td></td>
<td>- Who seems to be smarter, who solves more problems?</td>
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<tr>
<td></td>
<td>- Who does the most interesting activities?</td>
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<tr>
<td></td>
<td>- Could the opposite sex do the same things as well?</td>
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<tr>
<td></td>
<td>3. List conclusions on the board.</td>
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<tr>
<td></td>
<td>4. Have each student choose and copy one problem as it is in the book. Then ask each student to rewrite it to eliminate any stereotyping.</td>
</tr>
<tr>
<td></td>
<td>5. Ask students to read aloud each original and revised problem.</td>
</tr>
<tr>
<td>COMMENT:</td>
<td>This work combines math, reading and writing skills.</td>
</tr>
</tbody>
</table>

7.0 Social Studies

HISTORY

Lesson Plans


Two papers with accompanying lesson plans designed to show the characteristics of colonialism and imperialism and their links to feminism and the women's movement. Hoda Sha'arawi was an Egyptian nationalist who carried her convictions to the feminist struggle in 1919. The paper on the Aba Women's Rebellion provides background discussion of the women's movement and colonialism in Nigeria. The lesson plans provide discussion questions, some enrichment activities and a bibliography. [7-12]


Exercise book on Harriet Tubman, to encourage reading and comprehension. [4-6]


Suggestions for bulletin board displays; list of selected biographical dates. [4-6]


A teaching guide, developed with the help of college and high school teachers who have tested Black Foremothers: Three Lives in their classrooms. The guide, conceived as a kind of inservice course for teachers, includes creative teaching suggestions, student projects and annotated bibliographies of books, articles and films. [9-12]


Fourteen suggestions for lesson plans which teachers may expand upon to present women's contributions to society. Activities vary from having students gather data on how women are portrayed on television to compiling a newspaper from 1867, 1917 or 1970, noting what women as well as men were accomplishing. [9-12]

Course Outlines


Two experimental courses which can stand alone or from which teachers can select specific activities and lesson plans to incorporate into their social studies curriculum. The first course, "Women in American History," provides suggested activities to promote inquiry, discovery, independent study, research and debate around two major themes: (1) women's role in America and (2) women's struggle for equality. Sample activities include topics for debate and discussion; analysis of cartoons and advertisements for the depiction of women and the liberation movement; review of statistics on the economic and occupational status of women; and citations from literary works showing how women have been portrayed throughout history. The second course, "History or Herstory: Changing Roles of American Women," provides an outline for discussion and study on the following themes: (1) the problem, (2) school case study in different roles, (3) how did we get where we are, (4) the socialization of women, (5) the role of women in the 1970s, (6) black women, and (7) toward the future. A sample activity has students examine female and male representation in their school personnel, the curriculum and student activities and then create hypotheses regarding sex role expectations. A bibliography of supplementary books, audiovisual materials and women's organizations is included. [9-12]

Supplementary Texts

A geographical dictionary that lists over 1,500 places in the U.S., state by state, where women contributed to the history of our country. The alphabetical arrangement by state and city makes this gazetteer easy to use. A bibliography is available for further study, and the work is completely indexed. [7-12]

A powerful history of the black woman in America, written by a black female historian. This is not a dry history book; rather, it is a history ranging from African queens who were engineers and city planners to black women in the current women's movement. Again and again their strength, courage, and endurance are emphasized. The preslave history is particularly fascinating, but the entire book will grip the reader. [10-12]

Biographies of Ellen Craft, runaway slave and abolitionist; Ida B. Wells, crusading journalist; and Mary Terrell, suffragist and labor organizer. Teaching Guide for Black Foremothers also is available from The Feminist Press. [9-12]

A series of booklets depicting the contributions of black women in the areas of commerce and business, the arts, education, law, medicine and health care, science, civil rights, sports and media. [9-12]

A fascinating chronicle of the economic achievements made by women during the last 200 years of American history. The short essays about little known women not mentioned in traditional history books keep the reader's interest and show women who have influenced the status of their sex for both the better and the worse. The careers portrayed cover a variety of fields, ranging from farming and cooking to banking and publishing. This book provides a clear view of what women have accomplished and will continue to contribute to the economic makeup of America. [9-12]

Forty-one biographies of famous American women of the 19th and 20th centuries, from Jane Addams to Babe Didrikson Zaharias. The women included in this book represent a wide range of backgrounds and talents, but all have made a major contribution to the cultural and social progress of America. Each woman is viewed in terms of events and attitudes of her time, so that the reader gains an understanding of history as well as a knowledge of the historical figure herself. [9-12]

This anthology of "essential historical writings" on feminist issues includes excerpts from works dating from 1776 (Abigail Adams) to 1979 (Virginia Woolf). A wide variety of selections (more than 40) accompanied by context-setting introductions by the editor, focus on feminist issues of relevance today. Contrary to popular belief, the "old" feminism concentrated on more than the suffrage issue. One section entitled, "Men as Feminists" contains excerpts from ideological and literary works written by men who were sympathetic to the condition of womankind. An informative and thought-provoking introduction to the history of feminism, this book is appropriate for high school women's studies and history courses. [10-12]

Five American suffragists talk about their lives in this collection of oral histories. All five were involved in the early 20th century suffrage movement. Neither prominent leaders nor "unsung heroes" of the movement, their stories lend another dimension to the history of the struggle for women's rights. [7-9]

These multiethnic curriculum materials for junior high school students present women's involvement during three periods in American history and three eras of world history. Through short stories, essays, and a variety of activities, students learn to connect events that happened in the past with their lives today and gain insight into perceptions of themselves as females and males. The U.S. History unit is divided into "Native American Women in Pre-Columbian America," "Southern Women, 1820-1860," and "Women in Struggle, Immigration and Labor, 1820-1940." Historical information about African Americans, Chicano, Asian Americans, Native Americans and white Americans is included. The sections in the world history unit are "Women under Feudalism in Western Europe and China," "The Industrial Revolution," and "Women in Change: Twentieth Century Women in Transition." The unit includes the study of non-Western as well as Western people. [7-9]

Making Our Way is a profoundly moving collection of personal histories of men and women struggling to survive the squalor surrounding them in turn-of-the-century America. Many of the stories describe the dreams and ultimate nightmares of American immigrants. Each person who contributed to the colorful tapestry of this collection was, in one sense, a minority member wrestling with oppression. The authenticity of their portraits provides us with intimate insight, historically and personally. Ethnic minorities are well represented. Book is appropriate for junior and secondary high school students. [7-12]

7.18 Stereotypes, Distortions and Omissions in U.S. History Textbooks. Council on Interracial Books for Chil-

7.23 Cooperative Game about Women and Minorities in American History. Dr. Nancy Schniedewinde, 1979. (Available from: Dr. Nancy Schniedewinde, 155 Plains Road, New Paltz, NY 12561.)

A board game designed to represent the roles of women and minorities in American history.5


A collection of essays, from Cotton Mather in colonial times to Alice S. Rossi, a contemporary sociologist, which illustrate a historical view of woman's role in America. The book does not dwell on the accomplishments or contributions of women. Rather, women as a group are seen in American history through the eyes of their male and female contemporaries. Not all of the selections are easy to read, and the flow of selections is somewhat disjointed. The teacher should note that the last essay was written in 1964. However, the book is a good supplement to the study of periods of American history. [10-12]

7.20 Women in American History: A Series. Beverly Sanders (ed.). American Federation of Teachers, 1979. (Available from: Education Development Center, 55 Chapel Street, Newton, MA 02160. $6.50.)

This series of books sketches the lives of Native American, black and white women whose lives and work influenced the development of the United States. Included are: "Women in the Colonial Era and the Early American Republic 1607-1820" (56 pp.); "Women in the Ages of Expansion and Reform 1820-1860" (80 pp.); "Women during and after the Civil War 1860-1890" (72 pp.); and "Women in the Progressive Era 1890-1920" (92 pp.). Questions for inquiry and discussion are provided for each chapter, as are suggestions for projects, independent study and group activities. A general bibliography for each of the four major periods is also included. [9-12]


Unromantized stories of the hardships of American women—black, white and Indian—accompanied by photographs and prints.1 [4-6]


An introductory history of the battle to obtain votes for women in America. Short biographies of suffragists, fictionalized chapters and brief excerpts from primary source materials help make this a very readable, supplementary text for junior high students. [7-9]

Photographs


This set of large pictures with resource guide demonstrates women's contributions to society.4 [K-3]

Posters


Two posters illustrating the history of women in the 19th and 20th centuries: Part I: Toward Equality, and Part 2: Change and Achievement.22 [6-12]

Multimedia Programs

7.26 America in Crisis: The Women's Movement. Audio Visual Narrative Arts. Two filmstrips, discs or cassettes, guide. (Available from: Audio Visual Narrative Arts, Box 9, Pleasantville, NY 10570. $37.50 discs; $41.50 cassettes.)

Part I: The Suffragettes describes the long struggle of women to get the vote. Part II: The Women's Libbers (an unfortunate title) describes the birth of NOW and the need for the women's movement.28 [12]

Audiovisual Materials

7.27 Abigail Adams. Susan and John Lee, 1977. Four books and cassettes. (Available from: Children's Press, 1224 West Van Buren Street, Chicago, IL 60607.)

A biography of the extraordinary woman who actively supported the Revolution.28 [8-12]

7.28 And Ain't I a Woman? Schloat Productions, 1975. Six, 13-minute filmstrips with cassettes. (Available from: Schloat Productions, 150 White Plains Road, Tarrytown, NY 10591.)

The struggle for women's equality is depicted through the writings and speeches of women from colonial to modern times. Outstanding artists and activists from each time period with samples of their work are identified. Topics include: "Early Signs," "Feminist Fifties," "Heathside," "Outside," "Society and Attitudes," "Toward a New Consciousness."16 [7-12]

7.29 Angelina and Sara Grimke. Pacifica Tape Library. 30 minutes, cassette tape. (Available from: Pacifica Tape Library, Department W 3761, 5316 Venice Boulevard, Los Angeles, CA 90019.)

Portrait of two sisters, born around 1800, who became public speakers and writers on abolition and women's rights.16 [7-12]

7.30 Aunt Molly Jackson. Rounder Records. Record. (Available from: Rounder Records, 727 Somerville Avenue, Somerville, MA 02143. $4.00.)

Songs from the 1930s in Kentucky are sung by a union organizer and a storyteller.1 [7-12]

tapes/records. (Available from: Folkways Records, 701 7th Avenue, New York, NY 10036. $5.95.)

Excerpts from letters, diaries and speeches of well-known American women from Abigail Adams to Shirley Chisholm, discussing their status and rights. 10 [7-12]

7.32 Cavalcade of America: Frontier Widow. Perfection Form. 20 minutes. cassette. (Available from: Perfection Form Company, 1000 N. 2nd Avenue, Logan, IA 51546.)

Story of Ann Robertson, a pioneer teacher. 16 [7-12]

7.33 Dorothea Dix. Pacifica Tape Library. Cassette. (Available from: Pacifica Tape Library Department W 3761, 5316 Venice Blvd., Los Angeles, CA 90019. $11.00.)

Starting as a volunteer in the Cambridge jail. Ms. Dix became the prime mover in reforming laws affecting the insane in prisons. She also organized, much to the displeasure of the male doctors, nurses for the Civil War. 1 [10-12]

7.34 Elizabeth Cady Stanton and Susan B. Anthony. Gerda Lerner. 28 minutes. cassettes. (Available from: Pacifica Tape Library, Department W 3761, 5316 Venice Blvd., Los Angeles, CA 90019.)

These two women who struggled for women’s rights, especially for the right to vote, are presented as individuals with their own way of solving the problem. 16 [10-12]

7.35 The Emerging Woman. Film Images, 1974. 45 minutes, sound, 16mm. (Available from: Film Images/Radin Films, 17 West 60th Street, New York, NY 10023.)

The best available film about the history of women in America from 1800 to the present, made up of original photos and films and produced and filmed by women. 16 [8-12]

7.36 Famous Women. Valiant IMC. (Available from: Valiant IMC., 195 Bonhomme Street, Hackensack, NJ 07602. $117.50.)

Series of tapes of lives and contributions of 24 women, including Carrie Nation; Harriet Beecher Stowe; Mary, mother of Christ: Queen Victoria; Eva Peron: Cleopatra. 4-12]


Interview with a woman who was an active participant in the suffragist movement 50 years ago. 16 [7-12]

7.38 Frances Willard. Pacifica Tape Library. Cassette. (Available from: Pacifica Tape Library, Department W 3761, 5316 Venice Blvd., Los Angeles, CA 90019. $11.00.)

Willard’s temperance crusade and her Political School for Women were significant because they were the first mass political movements for women in this country (mid-19th century) and provided women with organizational training. 1 [10-12]


An all-star cast of Ruby Dee, Brock Peters, Ossie Davis and Ethel Waters recreate Tubman’s first rescue mission. 21 [7-12]


Hatshepsut ruled Egypt during the New Kingdom period and gave her country a period of peace and prosperity. 20 [7-12]


Both accurate and inaccurate images of the Chicanas in history are discussed, and a Chicana attorney interviews Chicanas active in La Causa. 16 [7-12]

7.42 Letters from a Woman Homesteader. Pacifica Tape Library. Three cassettes. (Available from: Pacifica Tape Library, Department W 3761, 5316 Venice Blvd., Los Angeles, CA 90019. $28.00.)

A dramatic production from the diary of Elinore Pruitt Stuart, a young widow who left her job in 1909 in Denver to go to Wyoming; farmed on 320 acres; hired herself out as a housekeeper; and married her employer with the provision that she work her own land and pay for it herself. 1 [10-12]


An 84-year-old Cheyenne Sioux is interviewed about her childhood at the turn of the century. 16 [7-12]

7.44 Ms.—A Struggle for Women’s Rights. Counselor Films. 14 minutes. (Available from: Counselor Films, 2100 Locust Street, Philadelphia, PA 19103.)

Rare film footage and historic sound statements portray the pioneering suffragettes who led the crusade for women’s right to vote. The significance of World War II in the movement of women into the labor force and the subsequent struggle for ratification of the Equal Rights Amendment are also examined. 21 [4-12]


An examination of the roles women have played from colonial time to the present and how these roles are changing. 16 [7-12]


Excerpts (read by Dorothy Washington) from books and speeches of famous black women, such as Sojourner Truth, Ida Wells Barnett and Mary McLeod Bethune. Guide includes illustrations and bibliography. 16 [7-12]
7.47 Oh, Freedom. Sterling Educational Films. 28 minutes. (Available from: Sterling Educational Films, Division of Walter Reade Organization, 241 E. 34th Street, New York, NY 10016.)

Depicts the triumphs and tragedies of the civil rights movement that shaped the struggle for black equality in America today.21 [11-12]

7.48 Rebecca Lukens: Woman of Steel. Center for Cassette Studies, 1972. 22 minutes, cassette. (Available from: Center for Cassette Studies, 8110 Webb Avenue; North Hollywood, CA 91605.)

Story of a determined business woman, an executive in the iron industry in 1825.11 [7-12]

7.49 Recovering Our Past. Feminist History Research Project. 1974. 22 minutes, slides in carousel with tape. (Available from: Feminist History Research Project, P.O. Box 1156, Topanga, CA 90406.)

Using the recollections of suffragists still living, the story of the suffrage movement is vividly recounted.10 [9-12]

7.50 Side by Side: Re-Enactments of Scenes from Women's History, 1848 to 1920. Galaxia Women Enterprises. 90 minutes, two records. (Available from: Galaxia Women Enterprises, P.O. Box 212, Department A; Woburn, MA 01801. $9.83.)

This double record album uses a narrative “You are there” technique to tell the story of how American women got the vote.30


No annotation available.

7.52 The Trial of Susan B. Anthony. Bailey Film Associates. 22 minutes. (Available from: Bailey Film Associates, 2211 Michigan Avenue, P.O. Box 1795, Santa Monica, CA 90406.)

Shows the enormous inequities of the legal system and effectively spotlights a key event in women’s history.21 [7-12]

7.53 Union Maids. Julia Reichert, James Klein and Miles Mogulescu. 48 minutes, b/w. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417. $55.00 rental, plus $5.00 handling cost.)

Three women in their 60s—Sylvia, Kate and Stella—tell the way things really were back in the days when people risked their jobs and lives to organize trade unions. They are the stars of Union Maids, a vivid slice of almost forgotten American history. What is especially moving is the way the film provides a quietly hopeful sense of continuity between the past and future. (San Francisco Chronicle, quoted in New Day Films publicity brochure.)9


Excellent history of women in America from colonies to present including Indian, black and Spanish women, with each filmstrip covering a different historical period: colonial era, early 19th century, late 19th century, 20th century and current women’s movement.16 [8-12]


This unit contains two-color, sound filmstrips designed for high school students and adults which explores the changing role of women in the labor force and alternate lifestyles available to women. Part 1 summarizes the development of women’s work roles throughout important periods in United States history. Part 2 provides interpersonal insights into the effects of work on women. A 40-page discussion guide accompanies the units.9 [9-12]

7.56 Women in American History. Educational Activities, 1974. Six filmstrips with three records or cassettes, teacher’s guide. (Available from: Educational Activities, Baldwin, NY. $61.95 record; $64.95 cassette.)

Woman’s role in our history, from the colonies through the revolution, slavery, suffrage, to the present. Many well-known and lesser-known women are mentioned.28 [4-6]


This program shows the contributions made by women during the war, not only on the homefront but also on the frontline. Demonstrates that women’s involvement in war work also affects gains in civil rights.28 [7-12]


This illustrates the many changes which occurred during the war in women’s lives in many areas—work, family responsibilities and social expectations.28 [7-12]


Stories of Molly Pitcher, Deborah Sampson, Catherine Schuyler, Frederika von Riedesel, Mercy Warren and Phillis Wheatley are told within the context of their times.28 [K-6]


A film record of the tempestuous struggle for equal rights that characterized the suffrage movement. Spearheaded by resolute women like Emmeline Pankhurst, the movement thrived on imprisonment, martyrdom and exile and soon caught the attention of the world. The film is divided into two parts: the first dealing with the fight for the franchise, the second with the status of women today.21 [10-12]
7.61 Women without History/History without Women. Training Institute for Sex Desegregation of the Public Schools, 1977. Slides in Kodak carousel and script. (Available from: Training Institute for Sex Desegregation, Rutgers University, Federation Hall-Douglass Campus, Brunswick, NJ 08903.)

This slide show describes the multiple roles women played in American society between 1860 and 1920. [7–12]

7.62 Women’s Rights in the U.S.—An Informal History. Ahuna Films. 27 minutes, color, 16mm. (Available from: Ahuna Films, 340 East 34th Street, New York, NY 10016. $375.00, $40.00 rental.)

An award winning film about the social history of women in America. [10–12]


These filmstrips survey the diverse roles filled by women since the colonization of America and its subsequent history. Part I covers the life of women in colonial America; Part II, women in the world of work in industrialized society; Part III, the growth of the women’s rights movement; and Part IV, the fight against prejudice and legal and social barriers which deny women equal participation in society. [9–12]

7.64 The Work of Women—A History in Song. Educational Activities Inc. (Available from: Educational Activities, Inc. 1937 Grand Avenue, Baldwin, NY 11510. $6.95, LP; $7.95, cassette.)

Songs of women’s concerns and needs from the Revolution till today. [10–12]


History of the words and music of working women of the 19th century. [4] [10–12]

Bibliographies/Resource Lists


An organized bibliography to give students sources for obtaining a picture of the colonial woman in all aspects of her life and work. Consists of three parts: (1) a syllabus with references grouped under specific headings and subheadings, (2) a list of 104 outstanding women, with references grouped under the name of each woman, and (3) a bibliography consisting of books, magazine articles and pictorial publications about colonial women. [9–12]


Annotated bibliography covering specific industrial trade unions, working conditions, protective legislation, etc. [4]


Even a brief look at women in antiquity reveals a rich and fascinating history worthy of serious, scholarly study. Women in Antiquity offers an extensive, annotated bibliography of materials about the historical women of antiquity, from the earliest records to 476 A.D., covering ancient Greece, the Minoans, Etruscans, Hellenistic kingdoms, Rome and the provinces of the Roman Empire. Biographies of individual women constitute a considerable portion of the works listed. [45]

7.69 Women in U.S. History: An Annotated Bibliography. Common Women Collective. (Available from: Common Women Collective, 5 Upland Road, Cambridge, MA 02140. $2.00.)

In an excellent introduction, the authors explain their purposes and criteria used for evaluating the materials included in their bibliography. The annotations, like the introduction, show a high degree of consciousness. Arranged by subject, with no author or title index, but nonetheless a very useful book. [5]

SOCIAL STUDIES

Lesson Plans


This program provides a model for assessing sex bias within a school district and specific materials and processes for moving toward the goal of sex fairness in all areas of school life. Designed to be carried out in three stages under the leadership of a coordinator and a coordinating committee, the program systematically and gradually involves more and more people within the district for increased support and commitment. Of particular interest to the classroom teacher will be the Stage Three Manual: Revising the Curriculum (408p., $8.50). It outlines a process for revising curricula at the elementary and secondary level. Numerous sample materials and resources for use or adaptation within major subject matter areas are provided. (K–12)


Questions for use by students or teachers in discussing how their school and most schools are and how schools ought to be. Contains discussion pointers, group activities and readings. [10]

Twenty-two activities arranged so that students may consider two questions: (1) What are the appropriate roles of women today? and (2) What changes could equality bring to students' personal lives, the community, the nation and the global society? Each activity provides an introduction, objective, time required, materials needed, step-by-step procedures, suggested follow-up and evaluation procedures. Sample activities include asking students to examine how toys and books note sex stereotyping for children; to compare attitudes toward childbearing in various cultures; and to examine a reversal of male and female marital roles.

7.73 Crossing Cultures: Third World Women: A Book of Materials, Activities, and Ideas for the Classroom Teacher. Sharon Valiant. Training Institute for Sex Segregation of the Public Schools. 32 p. (Available from: Training Institute for Sex Segregation of the Public Schools, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903. $2.50.)

These materials give a sampling of lives in other worlds; materials are on countries, lifestyles, architecture, food and costume.44 [K-12]


A simulation designed to introduce students to the legislative process and the ERA. Seven students are asked to roleplay members of the Senate Judiciary Committee of the State of New Columbia, whose vote for or against the ERA will determine its passage. The committee members, each of whom represents a different point of view regarding the ERA, (1) review their task, (2) break for a strategy negotiating session to discuss the issue and create a coalition, and (3) attend a session where a debate and the final vote take place. Background information, roleplay instructions, and schedule are included. [7-12]


7.76 In Praise of Diversity: Multicultural Classroom Applications. Gloria Grant (ed.). Teacher Corps. (Available from: Teacher Corps, Center for Urban Education, The University of Nebraska at Omaha, 3805 N. 16th Street, Omaha, NE 68110 or EDRS MF-$1.91—HC-$16.73 plus postage, ED 144 854.)

Fifty-one activity units written for the classroom teacher who is interested in implementing multicultural and nonsexist education in the areas of social studies, language arts, science, maui and art. Each activity unit offers a rationale, desired learning experiences, suggestions for implementation, supplementary activities and instructional and background resources for teachers. The wealth of activities may be modified and adapted by teachers so that they are relevant to a particular grade level and to the needs of students. One sample activity has students developing supplementary history texts, which take into account the interests and diversity of the contributions of the many varieties of cultural groups and of both men and women. Many of the activities were designed to incorporate ideas and materials from the companion document In Praise of Diversity: A Resource Book for Multicultural Education. [K-8]


A "fun" lesson plan for 5th grade through college. "The Princess and the Pea" opens a discussion of subtle ways in which sexism, racism, materialism and elitism permeate the simplest of stories. The level of discussion will vary with age, but participants learn how to spot hidden messages while enjoying a lively discussion. [5-12]

7.78 Strategies for Equality: Volume I. Guidance, Social Studies, Physical Education. Training Institute for Sex Desegregation, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903. $3.50.)

Compendium of curricular projects devised and tested by educators in their own classrooms. For teachers, coaches, counselors and administrators.16


This collection of already existing materials and strategies may be used by classroom teachers and staff development planners interested in implementing educational change relating to sexism and racism. The materials included are geared for upper elementary and secondary levels as well as adults. A nine-page annotated reading list is also included. [7-12]

Course Outlines

7.80 Changing Roles of Women: Social Studies, Bett Pate. Dade County (Florida) Public Schools. (Available from: Textbook Services, 2110 SW Third Street, Miami, FL 33135 or EDRS MF-$1.91—HC-$3.29 plus postage, ED 079 227.)

A course which analyzes changes occurring in the role of American women by having students examine (1) the history of women, (2) the psychology of being a woman, (3) the various physical and emotional changes which women undergo, and (4) women's choices for a full life. The course, which outlines six major goals, provides teachers with suggested objectives and specific activities which will enable students to have a better understanding of women's roles from colonial times to the present. The guide offers discussion questions; recommended books, films and magazine articles; self-assessment quizzes; a brief history of the women's movement; and a variety of other activities designed to help students reflect on male and female images and sex role stereotypes... our society. Also included is a game, "When I Grow Up I'm Going to Be Married," which gives girls a greater awareness of the realities of women's lives, e.g., most will have a family and a career, whether they plan for it or not. Teachers may choose specific activities to incorporate into the curriculum or may teach the courses as a complete unit. [10-12]

Education Development Center, 55 Chapel Street, Newton, MA 02160. $40.00."

*Sources of Strength: Women and Culture* is a high school course designed to help students relate information about how women live in other cultures—traditionally and in modern times—to their own lives and choices. Through readings, films, activities and interviews, students trace the exercise of political, economic and social power among Nigerian, Chinese, African American and Asian American women. This is an easy-to-read biography of Shirley Chisholm, a "fighter" known for not giving up in the face of adversity and one of the most powerful women in American politics. This absorbing book presents a chronology of multiethnic Native American women's lives. Herbal remedies, childbirth and marriage rituals, sexuality, menstrual taboo, puberty rites, spiritual experiences and many other fundamental aspects of daily life are discussed in great detail. [7-12]

**Supplementary Texts**


A diary providing a starkly realistic look at the plight of slum dwellers in a squalid Brazilian favela. Originally written on scraps of paper picked from gutters, this is the raw, primitive journal of a young, black woman who struggled for survival for herself and her three children. Despite a daily battle against hunger, disease and people grown callous and brutal from deprivation, Carolina Maria de Jesus managed to write a deeply disturbing, compassionate and moving chronicle. Print size, formatting and subject matter make this book appropriate for junior high and secondary students. [7-12]


This absorbing book presents a chronology of multiethnic Native American women's lives. Herbal remedies, childbirth and marriage rituals, sexuality, menstrual taboo, puberty rites, spiritual experiences and many other fundamental aspects of daily life are discussed in great detail. [9-12]


This is an easy-to-read biography of Shirley Chisholm, a "fighter" known for not giving up in the face of adversity and one of the most influential black politicians in recent years. The author follows Shirley's life from Brooklyn ward politics to a closely fought election in which she becomes the first black woman elected to serve in the House of Representatives. This book places special emphasis on Shirley's close family tie with her father and her parents' almost obsessive goal to educate their children.


A comprehensive discussion of women and their relationship to the world. The author looks at women from several perspectives: histor-
7.90 A Student Guide to Title IX. Myra Sadker. 1977. 45 p. 

Guide to rights and responsibilities of students, emphasizing right to nonsexist education. [K-12]

Periodicals


Contains resources on sexism and racism for educators. Each issue contains editorials, articles, book and media reviews which are free from sexism and racism. Professional literature and parenting materials are also included. [K-6]

Photographs

7.92 The Changing Family. Sammy Ruetenik. Set of four color pictures. (Available from: MSSAM, 6505 Alden Drive, West Bloomfield, MI 48033. $16.00.)

Four, full-color pictures printed on 13" x 19" sturdy board with varnished finish. Complete teaching unit is printed on reverse side; covering women in families at their work, at play, old and young, black and white. as a single head of a household and married, as they face family changes, such as moving, role reversals, death, birth of siblings, etc. Also included are suggested questions, vocabulary words, activities for art and games, and a bibliography. [K-8]

Multimedia Programs


This classroom program involves students in examining the process of making judgments or appraisals of people and discovering how unequal results become clear. Some solutions are also indicated. Accompanied by supportive lesson plans. [K-6]


Curriculum packets, including a videotape/filmstrip and a teacher's manual, on each of the following: minority group women, American Indians, Asian and Pacific Americans, blacks and Hispanics. [K-12]


This curriculum unit was developed and tested in 13 classrooms across the nation. Tests revealed that the curriculum achieves a reduction in students' stereotypes about "proper" sex roles and an increase in students' knowledge of why and how to combat sexism and racism. The content includes U.S. history, focused on women of all colors and on minority people: current social practices; language arts; and some math. The 35 lesson plans can easily fit into regular reading or social studies period. The many exciting activities provide opportunities for successful integration into the entire school curriculum. Included in this package are three filmsstrips: "An Equal Chance," "The Secret of Good Asme," and "Fighting Discrimination." [9-12]

Audiovisual Materials

7.96 American Woman's Search for Equality. Current Affairs Films. Filmstrip with disc or cassette, discussion sheet. (Available from: Current Affairs Films, Division of Key Productions, 24 Danbury Road, Wilton, CT 06897. $20.00 disc; $22.00 cassette.)

The major issues in the women's movement are discussed, including opposition to and various levels of interest in the movement. The need for an end to job inequality is stressed. [9-12]


This sound-color filmstrip on historic and current barriers to sex and race equality uses a cartoon style. This filmstrip shows that white male babies born in the United States grow up to earn more money and have more social power than babies born female or dark-skinned. As babies race through an obstacle course, the reasons for such unequal results become clear. Some solutions are also indicated. Accompanied by supportive lesson plans. [K-6]

7.98 Anything You Want to Be. New Day Films. 1971. Eight minutes, b/w, sound, 16mm. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417. $115.00; $175.00 rental.)

This is a short, fast-paced film showing how society subtly socializes women into accepted and stereotyped roles. The main character is a bright high school girl who is told she can be anything she wants to be but receives signals that in reality she can't. This film would be useful with junior high students through adults for discussion about sex stereotypes. [7-12]

7.99 Beyond Black and White. Motivational Media. 28 minutes, color, 16mm. (Available from: Motivational Media, 8271 Melrose Avenue, Los Angeles, CA 90046.)

Deals with the perpetuation of cliches about minorities which have no factual validity: parallels sex stereotyping. [10-12]
7.100  **The Bill of Rights in Action.** Bailey Film Associates. 22 minutes. (Available from: Bailey Film Associates, 2211 Michigan Avenue, P.O. Box 1795, Santa Monica, CA 90406.)

Rosalind Wallace wants to swim on the high school boys' team but there are state by-laws which prohibit this. In an exciting medley race, we see her almost win against one of the boys' top swimmers, proving that she is capable of competing on the boys' varsity team. A lawyer takes her case to prominent members of the athletic conference but, after repeatedly being refused, decides to challenge the by-laws in court.21 [6-12]

7.101  **Breaking Out of the Doll's House.** Learning Corporation of America, 1975. 30 minutes, color, sound, 16mm. (Available from: Learning Corporation of America, 1350 Avenue of the Americas, New York, NY 10019.)

An authentic portrayal of 19th century society and values—which remain vestigially rooted in our social codes. The story of Nora closing the door behind her yesterday opens windows on issues of feminine identity that affect us all today.21 [8-12]

7.102  **Campaign.** Churchill Films. 20 minutes. (Available from: Churchill Films, 662 N. Robertson Boulevard, Los Angeles, CA 90069.)

This film follows the state senate campaign of Kathy O'Neill, an articulate and dynamic young woman. Her superb organizational team—with women in the key positions—and her strong answers to a male interviewer's questions about her husband and children are depicted. A fine documentary with multiple uses.21 [7-12]


This filmstrip series covers many facets of sex discrimination: Some of the topics are discrimination in education; problems of discrimination in employment; homemaking as a career for both men and women; flight attendants and discrimination, changing attitudes toward marriage; the problems and benefits of the working wife; and discrimination in the banking and financial world.16 [7-12]

7.104  **Felipa: North of the Border.** Learning Corporation of America. 15 minutes, 16mm. (Available from: Learning Corporation of America, 1350 Avenue of the Americas, New York, NY 10019.)

The intent of this film is to interest children in the ethnic diversity in the United States by acquainting them with the life of one Mexican American family.21 [4-8]


A sound-color filmstrip based on a boy's dream of Sojourner Truth visiting his older sister's high school. Tactics useful in winning justice through the years are presented, such as marches, strikes, lobbies, boycotts, etc. Sojourner Truth helps the students make plans to achieve sex equity in their school.10 [5-9]

7.106  **Immigrant from America.** Sterling Educational Films. 20 minutes. (Available from: Sterling Educational Films, Division of Walter Reade Organization, 241 E. 34th Street, New York, NY 10016.)

A remarkable film that confronts with unprecedented candor the injustice of racism in a nation of immigrants.21 [10-12]


An Oglala Sioux senior student reviews her college experiences and contrasts them to other Native American students.16 [7-12]

7.108  **Joyce at 34.** New Day Films, 1973. 28 minutes, color, sound. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417. $350.00; $35.00 rental.)

This award-winning film explores the changes and adjustments made by a career woman and her husband as they start a family. It explores the conflict of work versus family and how it is handled by two generations of working women. Televised nationally on PBS, this film can be used with high school and adult groups.2 [9-12]


Surveys scientific and cultural differences between the sexes which are the basis of sex roles. traces history of sex roles and how they are changing, and shows the development of the women's movement.16 [10-12]

7.110  **Man and Woman: Myths and Stereotypes.** Center for Humanities, Inc., 1975. 30 minutes, two slide carousels, and cassette and records. (Available from: Center for Humanities, Inc., 2 Holland Avenue, White Plains, NY 10603.)

Using paintings, photography, theater and movie scripts, and popular music, these sets describe how our views of men and women developed in Western culture and how these stereotypes are changing today.16 [9-12]

7.111  **Mother of Many Children.** National Film Board of Canada, 1980. (Available from: National Film Board of Canada, 1251 Avenue of the Americas, 16th Floor, New York, NY 10020.)

This 1980 winner of the American Indian Film Festival award for best "semi-documentary" is a beautiful and inemorble film written, produced and directed by Alanis Obomsawine. It is much more than a story about women as told by Native American women of Canada; it becomes a story of all people and their relationships to family and community.16

7.112  **National Organization for Women.** Center for Cassette Studies, 1974. 24 minutes, cassette. (Available from: Center for Cassette Studies, 8110 Webb Avenue, North Hollywood, CA 91605.)

Founding members discuss the history, goals and accomplishments of the National Organization for Women (NOW).16 [9-12]

In this filmstrip, space creatures discuss stereotypes with a white girl, black boy and Cherokee boy, convincing the children that stereotypes: (1) are not true; (2) cause harm; and (3) are used to justify unfair treatment of women and minorities. Accompanied by supportive lesson plans. [4-7]

7.114 The Shopping Bag Lady. Learning Corporation of America. 21 minutes. (Available from: Learning Corporation of America, 1350 Avenue of the Americas, New York, NY 10019.)

The Shopping Bag Lady focuses on the humanistic values of compassion, tolerance and empathy. Raises the viewer’s awareness that one day he or she will be middle-aged and old.21 [4-12]


A beautiful film about a very old Parisian woman who lives alone and lovingly nurtures her string bean plant. Recognizing that it needs more space and sun, she plants it in a park. Children respond to this film—one of the few to portray old age.21 [4-12]

7.116 We Are Women. Motivational Media. 16 minutes. (Available from: Motivational Media, 8271 Melrose Avenue, Suite 204, Los Angeles, CA 90046.)

We Are Women makes a strong case for individual rights for women and an equally strong case for what this means for men. Designed to depolarize men and women regarding women’s nontraditional concept of themselves.21 [6-12]

7.117 Woman Candidate—Running for Office is a Victory. Blue Ridge Films. 13 minutes, color, 16mm. (Available from: Blue Ridge Films, 9003 Glenbrook Road, Fairfax, VA 22030. $200.00; $22.00 rental.)

A film about the campaign of Flora Crater—the first woman to run for statewide office in Virginia.1 [9-12]


This set explores images and myths about women, along with a discussion of biological versus environmental theories of sex role development. It also describes the women’s movement.16 [9-12]

7.119 A Woman’s Place—Parts One and Two. Xerox. 52 minutes. (Available from: Xerox, 245 Long Hill Road, Middletown, CT 06457.)

The traditional role of women and how it is changing in American society today is examined in this film. Details how women are now rethinking their roles in society, acting in concert to air their feelings, seeking solutions to their problems and reaching out to men to participate and help with their quest.21 [7-12]


7.121 Women and the Law. WTL Distribution. (Available from: WTL Distribution, Box 351, Primos, PA 19018.)

A color video course put together at the Seton Hall University Law Center. It contains 15 programs, 30 minutes each, on selected aspects of the law as it affects women. Each is an independent unit and may be used that way.36


Shirley Chisholm, New York congresswoman, speaks about the key role of women in forming a coalition of the powerless to gain power.1 [10-12]

7.123 Women vs. the System, or the Games Men Play. Anti-Defamation League of B’nai B’rith. Two records and guide. (Available from: Anti-Defamation League of B’nai B’rith, 315 Lexington Avenue, New York, NY 10016.)

Series of recorded, dramatic incidents, illustrating some aspects of discrimination against women in the business and social world.16 [9-12]


Using the concepts of food, clothing, homes and families, water, and arts and crafts, children are shown various cultural styles, giving them a cross-cultural perspective of society and basic social studies concepts. Differences in sex roles in various cultures are also shown.28 [K-6]

Bibliographies/Resource Lists


A book containing over 1200 entries of works by American black women including movies, tapes and recordings, as well as printed materials.1


This annotated bibliography on women in the American labor movement updates an earlier edition published in 1972 under the title Women in American Labor History, 1825-1935: An Annotated Bibliography. The new edition contains 269 additional items, an increase of more than 50 percent over the 1972 work, and additional sections which take into account post-1935 developments. Books, monographs, journal articles, pamphlets and U.S. government publications are included. Clear annotations add to the usefulness of this bibliography and help make it a valuable source for research schol-
ars interested in the field of women in American labor history. Thoroughly indexed.45

Distinctly feminist, this bibliography reports objectively about what has been researched with the author’s reactions as a woman in the commentaries. Classic and especially important entries are highlighted. The timely bibliography contains lists for infancy and childhood, young adulthood, middle and old age in Part I. Part II lists cross-cultural, general source material, primate studies, minority group status (discrimination), psychoanalytic theories (mental health) and sexuality, and physiology.50

A selective, annotated bibliography for high school teachers and students who want inexpensive supplementary readings by women, which emphasize the strengths and accomplishments of women. The bibliography has organized the materials to include anthologies, autobiography and biography, drama, novels, short stories and poetry. A cross-topical index with the following categories also is provided: adolescence, female sexuality, women in the arts and professions, women and political commitment, third-world women and working class women. [9-12]

Resource book for social studies teachers who want to avoid sexism in their teaching and who want to make the contributions of women part of the study of history. Presents basic concepts to help teachers and school systems analyze their current social studies offerings, units and courses. Includes references.34

Annotated bibliography of published and unpublished works. Over 400 entries, grouped geographically within nine subject categories: (1) general studies; (2) impact of society on women's roles and status; (3) women's behavior patterns and customs; (4) socioeconomic participation of rural women; (5) women's education; (6) women's work and economic development; (7) women and health, nutrition, and fertility; (8) women's formal and informal associations; and (9) women's law and policies. Critical review of research.5

Includes bibliographies on Counseling Women (1975) and Issues in the Psychology and Counseling of Women (1976).4

WOMEN'S STUDIES

Lesson Plans

7.132 Appalachian Women: A Learning/Teaching Guide. Model Sex-Fair Training Program in Educational Psychology and Guidance, University of Tennessee, 1979. 184 p. (Available from Education Development Center, 55 Chapel Street, Newton, MA 02160.)
These materials were developed to be used for a graduate level course in guidance and counseling. However, all or some of the units could be used in the high school classroom. The four units included are: "Appalachian Women: An Introduction through Poetry, Music and Prose"; "Sex Roles in Appalachia"; "Female Role Models: Historical and Contemporary"; and "Psycho-Social Aspects of the Female Experience in Appalachia." Each unit includes an introduction, objectives, facilitator's directions, learning activities, bibliography and appendix of readings and worksheets. [9-12]

7.133 The Black Female Experience in America: A Learning Teaching Guide. Model Sex-Fair Training Program in Educational Psychology and Guidance, University of Tennessee, 1979. 138 p. (Available from Education Development Center, 55 Chapel Street, Newton, MA 02160.)
These materials were developed to be used in a graduate level course in guidance and counseling. However, all or some of the units could be used for teacher resource materials or in a high school classroom. The four units included are: "Black Woman History"; "Black Women: Maintaining Personal Power"; "Relationships, Roles and the Family Life of Black Women"; and "Being Black and Female: Toward Healthy Development." Each unit includes an introduction, objectives, facilitator's directions, learning activities, bibliography and appendix of readings and worksheets. [9-12]

Thirty-seven class projects and resources for use with K-8 students. The projects, which focus on beginning and advanced consciousness-raising, work roles, Canadian history, media and texts, are designed to offer teachers help in combating sex stereotyping in elementary schools. In addition to the curricular materials, suggestions for identifying and altering sexist attitudes and behaviors at the informal level—the "hidden curriculum"—are also included. [K-8]

This material was developed for young working class women at an alternative high school in Cambridge, Massachusetts. The curriculum is divided into nine areas including "Messages from Society," "Growing Up Female," "Women and Work," and "Women Organizing Themselves." The units can be used as supplements to English, history, psychology, anthropology, career education or health courses. Throughout the packet recommendations are made on how to teach as well as what to teach. [9-12]
Eight curriculum units.44 [4-6]

A series of 12 17” x 23” posters portraying prominent women, reproduced from photographs or paintings. Each poster includes brief captions including quotations and basic biographical information. Also includes a teacher’s guide with biographical information on the women, suggested readings on each, a bibliography, and lesson plans on women’s history and sex roles.22 [7-12]

A collection of nonsexist lesson plans and projects for elementary school classrooms. Included are exercises in consciousness-raising, quizzes, checklists, a student workbook, background resources, classroom activities focusing on career awareness, history and math, and a student bibliography. Looseleaf pages may be easily reproduced for the classroom. [K-8]

7.139 Strategies for Equality: Volume III, Multi-Cultural Women’s Studies. Training Institute for Sex Desegregation. (Available from: Training Institute for Sex Desegregation, Rutgers University, Federation Hall-Douglass Campus, New Brunswick, NJ 08903. $3.50.)
Compendium of curricular projects devised and tested by educators in their own classrooms. For teachers, coaches, counselors and administrators.16 [K-12]

Consists of short biographies, student activities, discussion (or essay) questions, resource materials and related readings to aid students in understanding the roles and options for women.44

A teaching guide, developed with the help of college and high school teachers who have tested Rights and Wrongs: Women’s Struggles in their classrooms. The guide, conceived as a kind of inservice course for teachers, includes creative teaching suggestions, student projects and annotated bibliographies of books, articles and films. [7-12]

Course Outlines

A course guide for adolescent and adult women whose access to education and employment has been limited because of race, sex or class discrimination. Written from a feminist viewpoint, the materials explore the effects of sex role stereotyping on the lives of third world, poor, working class and institutionalized women. The manual includes seven course descriptions titled: “Black Women Writers,” “Introduction to Women’s History in the United States,” “Reading and Writing about Women’s Lives,” “Sex Roles and Socialization,” “Women in Cross-Cultural Perspective,” “Women in Prison,” and “Women and Their Working Lives.” A user’s guide, bibliographies, suggestions for audiovisual and supplementary reading materials are also included. Each of the courses contains material for six one- to two-hour sessions. All the courses use consciousness-raising, skill building and resource sharing as methods for supporting women’s efforts at change. Certain topics, such as mentors and role models, relationships, sexuality and violence against women are examined in all the courses.

Curriculum materials in history, education, literature, society, art and music. Includes bibliographies in topical areas.44 [9-12]

Career awareness for non-college bound high school girls.4 [9-12]

A curriculum source book for teachers of women’s studies courses and units.1

This is a description of women’s studies courses. It includes course objectives, syllabi and readings.8

These four interdisciplinary course outlines offer conceptual frameworks and resource materials. The books include themes to be developed, lecture outlines, bibliographies and discussion questions. They may be used as the basis of a women’s studies course or may be used as supplementary materials for other courses. Although designed for junior college and university level, they would be suitable for older high school students also.14 [10-12]

Although living in poverty in order to maintain total self-sufficiency, she also manages to become educated, help other members of her family, and work for political and social causes. The author paints a vivid and often painful picture of a lonely woman in a changing world. This book examines many nontraditional roles, careers and families with an emphasis on the feminist viewpoint. The subject matter is particularly appropriate for high school students. [9-12]


Forty-one biographies of famous American women of the 19th and 20th centuries, from Jane Addams to Babe Didrikson Zaharias. The women included in this book represent a wide range of backgrounds and talents, but all have made a major contribution to the cultural and social progress of America. Each woman is viewed in terms of events and attitudes of her time, so that the reader gains an understanding of history as well as a knowledge of the historical figure herself. [9-12]


*The Feminine Mystique* is a sophisticated, comprehensive study articulating the essence of the women's movement in America. It is, therefore, rather intense reading; recommended for highly motivated young women and men. Selected excerpts may provide excellent impetus for class discussion and debate. [9-12]


This anthology of "essential historical writings" on feminist issues includes excerpts from works dating from 1776 (Abigail Adams) to 1929 (Virginia Woolf). A wide variety of selections (more than 40), accompanied by context-setting introductions by the editor, focus on feminist issues of relevance today. Contrary to popular belief, "old" feminism concentrated on more than the suffrage issue; one section entitled, "Men as Feminists," contains excerpts from ideological and literary works written by men who were sympathetic to the condition of womankind. An informative and thought-provoking introduction to the history of feminism, this book is appropriate for high school women's studies and history courses. [10-12]


Five American suffragists talk about their lives in this collection of oral histories. All five were involved in the early 20th century suffrage movement. Neither prominent leaders nor "unsung heroines" of the movement, their stories lend another dimension to the history of the struggle for women's rights. [7-9]

7. 157  **I'm Running Away from Home but I'm Not Allowed to Cross the Street.** Gabrielle Burton. Pittsburgh: KNOW, Inc., 1972. 206 p. $4.50.

This very readable book has been subtitled "A Primer of Women's Liberation." It will provide young women of all ages a gentle, humorous and thoughtful introduction to feminist issues as well as a guide for "learning to cross the street." Highly recommended!

A very readable history that pays tribute to American women—from Jamestown and Plymouth colony settlers to 20th century women active in sports, politics, the sciences and the performing arts. Although women are shown in a wide variety of careers and roles, the contributions of American ethnic minority women are fragmented primarily into two chapters: "Indian Women—the First American Women" and "The Black Revolution." The contributions of other ethnic minorities have been ignored.


A concise overview of the law as it affects women in such areas as employment, domestic relations, constitutional rights and reproductive control. Teaching Guide for Rights and Wrongs also is available from The Feminist Press.


Colorful graphics and photographs effectively highlight this brief but salient presentation of statistics on women in America. Much of the material could be used to make transparencies or otherwise be used in a workshop or classroom setting.


Practical information on health, education, money, politics, legal problems, etc., for women; presented in an easy-to-use and fascinating way.


Five poor, working class American women—two whites, one black, one Eskimo and one Chicana—describe in their own words their hopes, dreams, fears, conflicts and struggles. Despite the fact that none of these women sees herself as a feminist or as politically aware or educated, each shares a common sense of what it is like to grow up as a woman in America. The authors supply additional information and observations, providing a book in which complex issues of race, class and sex vividly come to life.


An excellent collection of 34 short stories and poems about women working: in the office, in the factory and at home, as artists, political activists, servants and professionals. More than half the selections focus on women doing unpaid work; which commonly goes unrecognized as "work." Many unknown women writers are represented, as well as better known authors, such as Willa Cather and Sholom Asch. Interesting biographical information on the authors and poets, and a thought-provoking introduction to each section.


An exciting reading list which focuses on the relationship between feminism and revolutionary politics.


An anthology of easy-to-read, first-person accounts of turning points in the lives of eight American women: Shirley MacLaine, Shirley Chisholm, Dorothy Day, Emily Hahn, Margaret Sanger, Altrea Gibson, Edna Ferber and Margaret Bourke-White. The selections have been taken from the women's autobiographies, where they describe with spirit, self-confidence and humor how they overcame the limited roles traditionally assigned to girls. Appropriate for free reading or as supplemental classroom text.


This introduction to feminist issues and the liberation movement, written by the former director of National Organization for Women (NOW), provides a cogent analysis of the various sources in our culture that have continued to make women feel, think and act like second-class citizens. Although it is rather "militant," this book is an invaluable aid for encouraging high school aged young women and men to examine the influences deeply rooted in our culture for the past 6,000 years which have tended to keep women from participating in society as fully-equipped, competent and self-loving individuals.

**Periodicals**

7.167 **Heresies: A Feminist Publication on Art and Politics.** (Available from: Heresies, P. O. Box 766 Canal Street Station, New York, NY 10013. $11.00 one year/4 issues for individuals; $18.00 for institutions.)

*Heresies* is an idea-oriented journal devoted to examining art and politics from a feminist perspective. Each issue has both a different theme and a different editorial staff made up of women from the community who want to work on the issue. An open meeting is held both to form the issue collective and to evaluate the issue after it is published. *Heresies* seeks the participation and involvement of all feminists, in this country and abroad. ISSUES: #6 On Women & Violence; #7 Women Working Together; #8 Third World Women in the U.S.; The Politics of Being Other; #9 Women Organized/Women Divided: Power, Propaganda & Backlash; #10 Women & Music; #11 Women & Architecture; #12 Sexuality; and #13 Feminism & Ecology.

7.168 **Women's Studies Newsletters.** (Available from: The Feminist Press, Old Westbury, NY 11568. $7.00 per year/4 issues for individuals; $12.00 for institutions.)

A quarterly published by The Feminist Press and the National Women's Studies Association. Contains articles on women's studies at all levels of education: new programs, innovative courses, teaching techniques, curricular materials, book reviews, conference reports, bibliographies and job information.

**Photographs**

7.169 **Asian Women in the U.S. Visual Communications.** (Available from: Visual Communications, 313 South San Pedro Street, Los Angeles, CA 90013. $20.00 rental.)

Includes 43 photos with text.

A series of 12 17½" × 23" posters portraying prominent women. Each poster includes a brief caption; the set includes a teacher's guide.44

Multimedia Programs

7.171 **Edupak on Sex Role Stereotyping.** Multimedia package (Available from: NEA Order Department, Academic Building, Sawmill Road, West Haven, CT 06516. $79.50.)

This package contains these filmsstrips unit: "Cinderella Is Dead!": three books on nonsexist education, sex stereotyping in schools and women's studies; four cassette tapes including discussions on sexism, racism and classism in schools; a four-part tape on women's rights and multiracial equality; and two research reports and pamphlets. Each item can also be ordered separately. A publication list is available.2

Audiovisual Materials

7.172 **Accomplished Women.** Films Incorporated, 25 minutes, color, 16mm. (Available from: Films Incorporated, 440 Park Avenue, South, New York, NY 10046. $50.00; $26.00 rental.)

If they were men, this movie would not have been made—a filmstrip with interviews with Katherine Graham, Dr. Virginia Apgar, LaDonna Harris, Shirley Chisholm, Nikki Giovanni and Helen Reddy.1 [7-12]

7.173 **American Woman: New Opportunities.** Chrome Yellow Films, Two filmsstrips with two cassettes, 9-11 minutes, teacher's guide. (Available from: Butterick Publishing, 161 Sixth Avenue, New York, NY 10013. $45.00.)

Successful women discuss their lives; high school students discuss their ideas. Teacher's manual includes classroom activities and suggested reading. Preview available.5 [7-12]


A survey of outstanding American women and their contributions to the American experience.2 [7-12]

7.175 **Asian American Women vs. The Women's Movement.** Pacifica, 1979, 33 minutes, cassette tape. (Available from: Pacifica Tape Library, Department W801, 5316 Venice Boulevard, Los Angeles, CA 90019. Order #A01297. $11.00.)

A panel of Asian American women talk about their experiences with the women's movement.35

7.176 **Chinatown Celebration of International Women's Day.** Chinese for Affirmative Action, 1975, 15 minutes, three tapes, videoreels or videocassettes. (Available from: Chinese for Affirmative Action, 950 Stockton, San Francisco, CA 94111. $30.00 deposit, $10.00 returned for 1" videoreels; $40.00 deposit, $20.00 returned, for ¾" videocassettes.)

A tribute to the contributions women have made at home, at work, in our society and in our culture.5

7.177 **Growing Up Female.** New Day Films, 1971, 50 minutes. b/w, sound, 16mm. (Available from: New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417. $40.00; $60.00 rental.)

This film shows the socialization of women through a personal look at six females, ages 4 to 35. Their backgrounds vary from poor black to upper-middle-class white. The influences of parents, teachers, counselors, media and advertising, pop music and marriage are examined. This film was presented nationally as a PBS television special in 1974.2 [10-12]

7.178 **Helen Keller and Her Teacher.** McGraw-Hill. 27 minutes, 16mm. (Available from: McGraw-Hill, Department 410, 1221 Avenue of the Americas, New York, NY 10020.)

Obviously done on a small budget, this film shows the strain in settings that are less than authentic, an over-reliance on music and amateurish performances. What does emerge, though, is the depth of love between the two women and their incredible strength.21 [4-12]

7.179 **Hey, Big Spender! Women in Advertising.** Perfection Form Company, 1977, Filmstrips with cassette. (Available from: Perfection Form Company, 1000 N. 2nd Avenue, Logan, IA 51546.)

Shows how advertising reinforced the woman's role as nurturer and servant to her husband and children and how women were encouraged to develop new roles in careers now considered stereotyped and traditional.16 [7-12]

7.180 **Images of Country Women: A Patchwork Quilt.** Blue Ridge Films, 1975, 29 minutes, 16mm. (Available from: Blue Ridge Films, 9003 Glenbrook Road, Fairfax, VA 22030.)

Four country women shown in their everyday lives discuss their experiences and roles as women. The women are a black secretary, a dairy farmer, a housewife and an artist. An excellent portrait of rural life in America.16 [8-12]

7.181 **Lucy Covington: Native American Indian.** Encyclopedia Britannica Educational Corporation Films, 1978, 16 minutes, sound, color, 16mm. (Available from: Encyclopedia Britannica Educational Corporation Films, 425 North Michigan Avenue, Chicago, IL 311.)

Granddaughter of a chief, this Native American woman ranches on the Colville Reservation and serves as a spokesperson for her people, protecting her heritage.28 [7-12]

7.182 **Pearls.** Educational Film Center, 1979. Five 30 minute videotapes, color. (Available from: Educational Film Center, 5401 Port Royal Road, Box 1444, Springfield, VA 22151. Free rental.)
A five-part series. The video entitled "Ourselves" features women of diverse ages and backgrounds discussing their views on the Asian female experience in America.5

7.183 Portraits of Three Chinese-American Women. Chinese for Affirmative Action, 1973. 30 minutes, b/w, videocassette or videocassette. (Available from: Chinese for Affirmative Action, 950 Stockton, San Francisco, CA 94111. $15.00 deposit, $5.00 returned, for 1" videocassette purchase; $20.00 deposit, $10.00 returned, for ¾" videocassette rental.)

Made for young adults to demonstrate the use of oral history material and to document Asian American history. Three Chinese American actresses portray three Chinese American women of widely varying ages and experiences, each talking about her own life. The dialogue moves fast and sometimes overlaps, so it is not always readily understandable. Since the presentation takes up only the first half of the tape, it could be played several times for greater clarity. This tape can also be used to demonstrate one way students can elaborate on the oral histories they will gather.5 [7-12]


A five media kit produced by feminists covering jobs, education, advertising and other women's issues. A recommended first purchase. Includes: "Liberation Now!", "Women, Jobs and the Law", "Women and Education", "This Ad Insults Women", and "Rapping with the Feminists." [8-12]


Interviews with a number of women in different life situations: homemaker, lawyer, retired household worker, ambulance attendant and grocery store clerk. 10


An effective slide show about the issues of the women's movement. The pop background music makes a humorous and moving introduction to feminist issues. [9-12]


The role of women in Russia—from ballerinas to bricklayers, students to peasants—all working for family and country.1 [4-9]


A provocative and thought-provoking discussion of the recent women's movement, based on a speech by Gloria Steinem.16 [9-12]


Explores key feminist issues and challenges students to discuss the movement's effect on their lives, with commentary by activists.1 [7-12]

7.190 Young and Female; Selected Biographies from the Book by Pat Ross. Caedmon Records, 1975. Record/cassette. (Available from: Caedmon Records, Inc., 505 Eighth Avenue, New York, NY 10018.)

Excerpts read from the works of well-known American women—Margaret Sanger, Shirley Chisholm, Margaret Bourke-White, etc.16 [9-12]

Bibliographies/Resource Lists


A beginning selected bibliography compiled, annotated and edited by Asian American and white women in the Asian Studies women's class. The bibliography focuses on Chinese and Japanese women.5 [9-12]


Includes film serials, books and articles on a variety of subjects; indexed.5 [7-12]


This publication includes listings of bibliographies, journal articles, statistical profiles and curriculum materials dealing with women of Hispanic origin in the United States. Sections of the bibliography deal with the participation of and influences on the Hispanic woman in education, the labor force and in society. A list of Hispanic organizations and resource groups also is included.40


Raccagni has compiled a comprehensive bibliography of some 3,000 books, articles, reports and dissertations dealing with the Arab woman in all matters of religion, marriage and family life, judicial status and Feminist issues since the 1980s. The bibliography includes works in Western languages, primarily English and French, as well as Arabic sources. The Modern Arab Woman identifies a considerable number of Arabic primary sources as well as important works in English and French that are often bypassed by researchers because they are little known. It is an indispensable tool for anyone
seriously interested in researching the past and/or current roles played by the Arab woman in her society.45


This new, annotated bibliography brings together nearly 400 bibliographies on every aspect of women's lives and history in one indispensable volume. The most comprehensive such volume to date, New Feminist Scholarship is organized into 30 subject headings which include anthropology and sociology, art and music, childcare, history, lesbians, psychology, third world countries and work. An essential research tool for student, teacher and general reader.19 [5-12]

7.196 Raza Women. (Available from: Concilio Mujeres, 2588 Mission Street, Room 237, San Francisco, CA 94100.)
A bibliography of materials dealing with Chicano and Spanish women.1

Contains statistical data, a list of national organizations, special education and employment programs, and a bibliography.33

Describes books, articles, bibliographies, periodicals and other resources dealing with rural women in history, in the workforce and in education.17

A selective, annotated bibliography for high school teachers and students who want inexpensive supplementary readings by women, which emphasize the strengths and accomplishments of women. The bibliography has organized the materials to include anthologies, autobiography and biography, drama, novels, short stories and poetry. A cross-topical index with the following categories also is provided: adolescence, female sexuality, women in the arts and professions, women and political commitment, third-world women and working class women. [5-12]

This almanac-style collection of portraits and summaries is full of interesting information and facts regarding the achievements of women.44 [7-12]

7.201 Women's Studies: A "Core Bibliography." Esther Stineman. (Available from: Libraries Unlimited, Inc., P.O. Box 263, Littleton, CO 80160. $27.50.)
Ms. Stineman, women's studies librarian-at-large for the University of Wisconsin system, has compiled a compendium of most of the works produced by women. This even includes a guide to related pieces appearing in periodicals.14

7.202 Women's Studies Abstracts. New York: Rush Publishing Company. $20.00/year (quarterly) for individuals; $25.00 for libraries.
Bibliographic entries, abstracts and bibliographic lists; indexed. A basic source, though its coverage is selective. Black women, for example, are covered well, but Chinese American women are not.5

7.203 Women's Studies Bibliography. Massachusetts Institute of Technology (MIT). (Available from: MIT Humanities Library, Room 14S-200, Cambridge, MA 02139. $3.00.)
A list of part of the collection at the Humanities Studies Collection at MIT; including newspaper and journal articles, unpublished theses, and papers and ephemera of the women's movement.1

A listing of films available through the center which are appropriate for women's studies courses at all grade levels.

Bibliography on topics from abortion to women's rights.

Bibliography of the year's scholarly research on women; directory of women's organizations, action projects and communication outlets.20
SAMPLE LESSON PLAN: SOCIAL STUDIES
Institutional Sexism in Social Studies Instruction

AUDIENCE:
Secondary 20th century American history students

OBJECTIVE:
To encourage students to become aware of institutional sexism in a "traditional" 20th century history and social studies unit. The project will focus on the Eisenhower and Kennedy period which is particularly important because of the civil rights activities during this era of history.

MATERIALS:
Two texts, *Episodes in American History* (Burns) and *A History of the United States from 1877* (Resjord); three films, "Dwight D. Eisenhower," "Age of Kennedy," and "Martin Luther King"; antidiscrimination law handouts.

LEARNING ACTIVITIES:
1. Have students examine the assigned reading material and films for sex role stereotypes and bias.
2. Have students discuss how traditional history instruction teaches sex role stereotypes and reflects a biased view of the world by omitting contributions of women.
3. Ask students to list ways in which a "male dominated" society is presented through the eyes of male historians in history texts.
4. Provide students with information on antidiscrimination laws and discuss how the laws guarantee rights for students and employees in educational institutions:
   - Title IX of the Education Amendments of 1972
   - Title VI of the Education Amendments of 1972
   - Title VII of the Civil Rights Act of 1964
   - Equal Pay Act, as amended in 1972
   - Vocational Education Act of 1963
   - Executive Orders 11246/11375
   - Rehabilitation Act of 1973
   - Pregnancy Discrimination Act
   - Age Discrimination Act

Adapted from a Sex Equity Action plan developed by Elwood Ostrom (Lakeridge High School, Lake Oswego (Oregon) School District), in a BS (Building Instruction Around Sex Equity) inservice training workshop, January 1983.
8.0 Sex Equity Organizations

WOMEN'S EDUCATIONAL EQUITY

8.1 American Federation of Teachers, Women's Rights Committee, 11 Dupont Circle, NW, Washington, DC 20036, (202) 797-4400.
This group has produced a number of pamphlets about women's rights for the teacher.1

A grassroots feminist group committed to educating Asian and Pacific American (APA) women and the community at large about issues important to their lives through forums, discussions and workshops.35

8.3 Black Women's Educational History Project, Minority Concerns Committee, National Association for Women Deans, Administrators and Counselors (NAWDAC), 1028 Connecticut Avenue, NW, Washington, DC 20036, (202) 659-9330.
Begun in 1978, the project houses tapes and transcripts of NAWDAC panels and interviews relevant to black women.33

One of the organization's primary goals is to establish the first Asian American women resource center in New York.35

8.5 Feminist History Research Project, P.O. Box 1156, Topanga, CA 90290, (213) 454-123.
An excellent slide show about women's history available from this group; other programs about women forthcoming.1

Each of the 174 chapters of this black women's organization are involved in educational, cultural and civic activities in their own communities. One focus for 1979 was educational and career counseling for high school girls.33

8.7 National Alliance of Black Feminists, 202 South State Street, Suite 1024, Chicago, IL 60604, (312) 939-0107.
Conducts conferences, forums, panels, workshops and speak-outs on issues of concern to black women.33

8.8 National Archives for Black Women's History, National Council of Negro Women, 1318 Vermont Avenue, NW, Washington, DC 20005, (202) 332-123.
Initially begun in 1940 and reactivated in 1977, the archives comprises the largest collection of black women's history.33

8.9 National Association for Girls and Women in Sports (NAGWS), 1900 Association Drive, Reston, VA 22091, (703) 476-3450.
This membership organization serves the interests of teachers, coaches, officials, trainers and administrators of women's programs at all levels. It publishes official guides and rulebooks and sponsors conferences.1

8.10 National Black Feminist Organization, 144 Innsbruck Court, Silver Spring, MD 20906, (301) 598-5480.
Established in 1973, ten chapters of black women activists have been set up.33

8.11 National Coalition for Sex Equity (NCSSEE), P.O. Box 288, Sacramento, CA 95802, (916) 322-7388.
NCSSEE was formed in 1980 with the purpose of enhancing, fostering, influencing and expediting the effective infusion of sex equity concepts into existing educational processes. Membership is open to all persons who have official responsibilities for the advancement of sex equity in education.

This umbrella group of 11 regional organizations and 20 local chapters has created 14 human service programs. Their concerns...
include education and career counseling for youths and women and the preservation of black women's history.33


A communications network of black women dedicated to improving the condition of black women and the black community overall. The compilation of a national registry of black women's organizations is planned.33

8.14 National Women's History Network, P.O. Box 3716, Santa Rosa, CA 95402, (707) 526-5974.

Beginning with the first observance of Women's History Week, project staff has created an effective network for the promotion of National Women's History Week and the integration of women's history in the curriculum. Serves as a resource center for women's history materials and conducts training sessions. Brochure is available.

8.15 New Directions for Young Women, 376 Stone Avenue, Tucson, AZ 85701, (602) 623-3677.

This organization presents and sponsors workshops for young women and adults; provides consultation services for community agencies and schools and present workshops on sex role stereotyping, nonsexist curriculum and sex bias for school personnel. The staff has developed a program called the Sex Stereotyping Awareness Tool (SSAT) to increase educators' and counselors' awareness and knowledge of the special vocational needs of young women. SSAT is now being tested and will be available in 1981.1


With over 1500 members and 19 chapters throughout the country, this national organization is involved in overcoming barriers to the full participation of Chinese American women in American society. Write for the proceedings of their first national conference on Chinese American Women in Voluntary Community Service and Leadership ($2.00).


An organization active in facilitating appointment of Asian and Pacific American (APA) women to national advisory committees and councils; educating and promoting public awareness of APA women; developing leadership skills of APA women; and establishing a national communications network among APA women's groups. APA groups and other women's organizations.35

8.18 Project on Equal Education Rights (PEER), 1112 13th Street, NW, Washington, DC 20035, (202) 332-7357.

PEER monitors and publicizes educational progress and problems in Title IX implementation. It provides information to individuals and organizations via newsletter, free publications, reprints of articles and information papers. "Tracking the Gaps: Slippers: PEER's Guide to Ending Sex Bias in School" is a kit for parent and citizen action groups who want to check on Title IX progress in their local schools. A publications list is available.2


The project develops and distributes free materials which identify and highlight issues and federal policies affecting women's status as students and employees. These materials include a quarterly newsletter; information on Title IX; information on recruiting students; employees and minority women; as well as topical papers on subjects concerning the impact of the 1976 Education Amendments on women and girls in vocational education and working women. A publications list is available.2

8.20 CCSSO Resource Center on Sex Equity, Council of Chief State School Officers, 400 North Capitol Street, NW, Suite 379, Washington, DC 20001, (202) 624-7775.

This organization has produced several publications dealing with the elimination of sex discrimination, sex bias and sex stereotyping in education. It publishes a newsletter, Research/Action Notes, containing information on activities and resources; relating to the alleviation of sexism in elementary and secondary education. Currently, they are developing training materials for vocational educators to eliminate sex role stereotyping in vocational education.9

8.21 Women's Educational Equity Action Program (WEA-
AP), 400 Maryland Avenue, SW, Washington, DC 20202, (202) 245-1811.

WEAAP is a discretionary grants program supporting numerous activities including the development, evaluation and dissemination of curricula, workbooks and other educational materials. A limited supply of their annual report is available free on request; it provides brief specifications of legislation as well as summaries of awarded grants and contracts.2


Formed in 1968, WEAL works to promote economic progress for American women by seeking better educational, child care, health, insurance, tax credit and pension opportunities and benefits for women and by fighting in Washington, state capitals and courts for full access to all forms of social and economic participation denied to women. WEAL operates SPRINT, the national referral and information network on sex discrimination in sports and publishes the WEAL Washington Report, a national legislative publication on all women's issues and WEAL Informer, a legislative alert to women's activities.

8.23 Women's History Research Center, 2325 Oak, Berkeley, CA 94708, (415) 548-1770.

The Women's History Research Center has collected and organized over a million documents (many on microfilm) relating to the role of women in our society. Their collection includes History, Women and Health/Mental Health, and Women and Law microfilms which incorporate articles gathered from women's publications, mass and alternative press, professional journals, and unpublished pamphlets and manuscripts from all over the world.


National nonprofit organization essential to the development of sports for women at all levels of competition. It provides print and...
VOCATIONAL EDUCATION

8.25 American Institute for Research, 1791 Araratdero, P.O. Box 1113, Palo Alto, CA 94302, (415) 493-3550.
This organization conducted the national Vocational Education Equity Study to assess the extent to which sex discrimination and stereotyping exist in all vocational programs and to assess the progress that has been made to reduce the inequities. Products that will be available through the U.S. Department of Education are an interim report analyzing the literature and legislation relating to discrimination and stereotyping in vocational education; a case study report of 15 effective programs and practices which describes useful procedures for a replication handbook and the procedures used in the study; and an executive summary and final report to provide Congress, administrators and other users with the major results of the study.

Technical assistance and information is provided to individuals and organizations concerned about equal opportunity in vocational education. The project produces a monthly newsletter containing articles on current developments affecting sex bias in vocational education, especially in the areas of federal legislation, rulemaking and enforcement activities. Future activities include publication of a pamphlet outlining the provisions of the 1976 Vocational Education Act Amendment; a handbook on model programs for eliminating bias and stereotyping; and research on the quality and content of state five-year plans for sex equity.

8.27 Kosecoff, Inc., 1535 6th Street, Suite 205, Santa Monica, CA 90401, (213) 394-9751.
This organization has developed staff materials and curriculum materials for secondary students and conducted research and evaluation projects on sex equity. Current projects include developing a communications network for the state of California in vocational education and evaluation of implementation of sex equity in vocational education. A newsletter is available.

8.28 Miranda Associates, Inc., 4340 East West Highway, Suite 906, Bethesda, MD 20814, (301) 656-2208.
This organization implemented a "Business and Management Development Program for Minority Women" to train Hispanic women in management techniques. Their conference report on "Non-Traditional Occupations for Women of the Hemisphere" is prepared in both English and Spanish. A part of the nationwide study of vocational education, the staff prepared a monograph of the concerns of minority women with respect to vocational education.

8.29 The National Center for Research in Vocational Education, The Ohio State University, 1960 Kenny Road, Columbus, OH 43210, (800) 848-4815 or (614) 486-3655.
The National Center staff continues to progress in the area of sex equity and welcomes inquiries about their efforts as well as information on their endeavors at other agencies. The National Center for Research in Vocational Education has available over 20 publications on sex fairness in career guidance, career development and vocational education which are useful to teachers, counselors, administrators and parents. Projects have spanned basic research, curriculum development, technical assistance to state and local agencies, the development of bibliographies and other resources, and the dissemination of the results of these studies.

8.30 Women's Bureau, Office of the Secretary, U.S. Department of Labor, Washington, DC 20210, (202) 523-6611.
The bureau has produced many reports on the status of women in the labor force: booklets, pamphlets and handbooks for women, educators and employers; and project reports on women and training. A publication list is available.

PUBLICATIONS/MEDIA

8.31 Canadian Women's Educational Press, 280 Bloor Street West, Suite 313, Toronto, Ontario, Canada, M5S 1W1, (416) 922-9447.
A nonprofit collective strongly committed to presenting material of importance from the women's movement.

8.32 Council on Interracial Books for Children, Room 300, 1841 Broadway at 60th Street, New York, NY 10023, (212) 757-5339.
The council was founded in 1966 by writers, editors, illustrators, teachers and parents committed to promote learning materials that embody the principles of cultural pluralism in their publications. Their Racism and Sexism Resource Center for Educators collects, adapts and publishes books, pamphlets, lesson plans and teaching strategies to develop pluralism in education.

The Feminist Press is a nonprofit, tax-exempt, educational and publishing organization working in many different ways to change learning. The Press works to eliminate sex role stereotypes in books and schools by providing a new literature with a broad vision of human potential. The books—high quality paperbacks—include reprints of important or "lost" women writers, feminist biographies of women and nonsexist children's books. Curricular materials, bibliographies, directories and a "Women's Studies Newsletter" provide information and support for women's studies at every educational level. A complete description of more than 400 books and curricular materials is available in their publications catalogue.

8.34 Kelso Street Press, P.O. Box 9235, Berkeley, CA 9409, (415) 841-4506.
A nonprofit alternative publishing association that has been producing books since 1975.

Publisher of picture books based on folklore from around the world, for children age 6-10.
8.36 KNOW, Inc., Box 86031, Pittsburgh, PA 15221, (412) 241-4844.

An alternative publisher of distinctly feminist publications.


A bookstore and resource center with learning materials free of stereotypes by sex, race, age or class for children, parents and teachers. All materials are screened for stereotypes and include positive, alternative, realistic images and text. Call or write for a catalogue.

8.38 Lollipop Power, Box 117, Chapel Hill, NC 27514, (919) 929-4857.

Publishes nonsexist and nonracist children’s books.

8.39 New Day Films, P.O. Box 315, Franklin Lakes, NJ 07417, (201) 891-8240.

New Day Films was formed in 1972 as a distribution cooperative for feminist films. Their films explore the lives of both women and men and offer a fresh perspective on a broad range of subjects: marriage, growing up in America, masculinity, sexism, women as workers, women as mothers, women as creators, living alone, families, aging, history and societal values.

8.40 New Seed Press, 1665 Euclid Avenue, Berkeley, CA 94709.

New Seed Press publishes children’s books free from stereotyping; books that portray all kinds of people, living in all kinds of ways; and books that encourage thinking about how the world could be different and how to change it.

8.41 Over the Rainbow Press, F.O. Box 7072, Berkeley, CA 94707, (415) 525-4020.

Over the Rainbow Press is dedicated to publishing children’s books with positive images of both girls and boys.

8.42 Women’s Educational Equity Act Publishing Center, Education Development Center, 55 Chapel Street, Newton, MA 02160. Toll free (800) 225-3085. MA residents (617) 969-7100.

The Dissemination Center is a collaborative effort by the Education Development Center and the Wellesley College Center for Research on Women in Higher Education and the Provisions for the review, production and dissemination of materials and programs developed through projects funded by the Women’s Educational Equity Act program (WEEAP). Materials include print, nonprint, and mixed-media packages. Contact a dissemination coordinator for information about specific products, programs, services and costs.

SEX DESEGREGATION CENTERS

8.43 Sex Desegregation Assistance Center (Service Area I), Leslie Hergert, Director, New England Center for Equity Assistance; 290 South Main, Andover, MA 01810, (617) 470-1030.

Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves the states of Connecticut, Massachusetts, Maine, New Hampshire, Rhode Island and Vermont.

8.44 Sex Desegregation Assistance Center (Service Area II), Rebecca Lubetkin, Consortium for Educational Equity, Federation Hall-Douglass Campus, New Brunswick, NJ 08903, (201) 932-9808.

Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves the states of New Jersey, New York, Puerto Rico and Virginia.

8.45 Sex Desegregation Assistance Center (Service Area III), David Sadker, Director, Mid-Atlantic Sex Desegregation Assistance Center, The American University, Foxhall Square Building, Suite 224, 3301 New Mexico Avenue, NW, Washington, DC 20016, (202) 686-3511.

Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves the states of Delaware, Maryland, Pennsylvania, Virginia, Washington, DC and West Virginia.

8.46 Sex Desegregation Assistance Center (Service Area IV), Gordon Foster, Director, Southeast Sex Desegregation Assistance Center, University of Miami, School of Law, Box 24806, Coral Gables, FL 33124.

Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves the states of Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina and Tennessee.

8.47 Sex Desegregation Assistance Center (Service Area V), Dr. Charles D. Moody, Director, The Great Lakes Sex Desegregation Assistance Center, 3951 North Meridian, Indianapolis, IN 46208, (317) 763-9910 or (800) 428-2165.

Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves the states of Illinois, Indiana, Michigan, Minnesota, Ohio and Wisconsin.

8.48 Sex Desegregation Assistance Center (Service Area VI), Dr. Bennet Mullen, Director, Sex Desegregation Assistance Center of the Southwest, Stephen F. Austin State University, Box 13010A, Nacogdoches, TX 75962, (713) 569-5307.

Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves the states of Arkansas, Louisiana, New Mexico, Oklahoma and Texas.

8.49 Sex Desegregation Assistance Center (Service Area VII), Dr. Charles Rankin, Director, Kansas State University, College of Education—Holton Hall, Department of Administration and Foundation, Manhattan, KS 66505, (913) 532-6408.

Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves the states of Iowa, Kansas, Nebraska and Missouri.
8.50 Sex Desegregation Assistance Center (Service Area VIII), Richard Thomas, Director, Mountain West Sex Desegregation Assistance Center, Weber State College—1101, Ogden, UT 84408, (801) 626-6560
Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves the states of Colorado, Montana, North Dakota, South Dakota, Utah and Wyoming.

8.51 Sex Desegregation Assistance Center (Service Area IX), Dr. Barbara A. Peterson, Sex Desegregation Assistance Center, Education Classroom Building, Room 327, California State University—Fullerton, Fullerton, CA 92634, (714) 870-3141 or 870-3811.
Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves the states of Arizona, California, and Nevada.

8.52 Sex Desegregation Assistance Center (Service Area X), Lisa Hunter, Director, Sex Desegregation Assistance Center—the Pacific, Far West Laboratory for Education, Research and Development, 1855 Folsom, San Francisco, CA 94103, (415) 565-3110.
Funded under Title IV of the Civil Rights Act of 1964, this desegregation assistance center for sex discrimination serves Hawaii, Guam, American Samoa, the Territory of the Pacific Islands, and the Commonwealth of the Northern Mariana Islands.

8.53 Sex Desegregation Assistance Center (Service Area XI and XII), Barbara Hutchison, Director, Center for Sex Equity, Northwest Regional Educational Laboratory, 300 SW Sixth Avenue, Portland, OR 97204, (503) 295-0220 or (800) 547-6339.
Funded under Title IV of the Civil Rights Act of 1964, these desegregation assistance centers for sex discrimination serve the states of Alaska, Idaho, Oregon and Washington.
Appendix 1: Subject Definitions

The guide contains citations for nonsexist teaching activities organized into the subject areas that follow.

1.0 GENERAL AWARENESS

Resources designed to increase student awareness of sex role stereotyping and to provide teachers with strategies and materials for increasing equity in the classroom and the educational process.

Sex Role Stereotyping
Materials to increase student awareness of sex role stereotypes and sex bias, including the implications for their personal lives and how they view the world and themselves.

Women's Educational Equity
Resources and strategies focusing on alleviating sex-biased classroom instruction and increasing equity for girls and women in the educational process.

Male Sex Role Stereotyping
Materials focusing on the deleterious effects of sex role stereotypes on boys and men.

Nonsexist Materials
Materials focusing on the issue of sex bias in student books and supplementary materials; resources for locating and adapting nonsexist compensatory materials.

2.0 COUNSELING AND CAREER GUIDANCE

Resources designed to aid counselors and vocational educators in providing students with nonsexist counseling and career guidance.

Counseling
Nonsexist counseling resources for students making decisions about their lives and confronting problems such as family breakups, abortion, rape and changing lifestyles.

Career Guidance
Materials using a nonbiased approach to increase student awareness of options and opportunities available to them when making career choices, including information on nontraditional careers and vocational education.

3.0 FINE ARTS

Resources designed to help teachers increase student awareness of the contributions of women to the fine arts.

Art
Materials focusing on the contributions of women in painting, drawing, sculpture, photography and film.

Dance
Materials focusing on the contributions of women to the choreography and performance of dance, including modern, jazz and classical forms.

Music
Materials focusing on the contributions of women musicians, composers, conductors and singers; lyrics, music and songs about women's issues and history.

4.0 HEALTH AND PHYSICAL EDUCATION

Resources designed to provide health and physical education teachers and coaches with nonsexist educational materials.
resources to provide nonbiased instruction in health and equitable opportunities for the participation of women and girls in physical education classes and sports.

**Health**
Materials focusing on individual health care, sex education and family living.

**PE/Sports**
Resources and strategies for providing equitable opportunities for the participation of women and girls in sports and athletic events guidelines for implementing programs in compliance with Title IX.

**5.0 LANGUAGE ARTS**
Resources to aid teachers in providing language arts instruction which focuses on the contributions of women authors, the images of women and girls in literature, and writing in an unbiased manner.

**Literature/Children's Books**
Materials focusing on literary works, including poetry, prose and drama, by women authors; materials focusing on how women are portrayed in literature.

**Women Writers**
Materials focusing on the lives and contributions of women authors.

**Writing/Language**
Materials to increase student awareness of biased language and words, including alternatives for how to write in a non-biased manner.

**6.0 MATH AND SCIENCE**
Resources and materials designed to help students recognize the contributions of women to the fields of math and science as well as strategies to help alleviate the special problems many girls and women have with math and science because of society's role expectations.

**Math**
Materials about women mathematicians and career opportunities in the area of mathematics.

**Science**
Materials to provide students with information on (1) the contributions of women in the field of science, including biology, chemistry and physics; (2) the relationship of women to science and society; and (3) opportunities in the fields of science and technology.

**7.0 SOCIAL STUDIES**
Resources to aid teachers in providing equitable instruction in history and social studies classes, as well as interdisciplinary materials focusing on the study of women.

**History**
Nonsexist and compensatory resources recognizing the contributions of women throughout history, particularly famous women in American history.

**Social Studies**
Nonsexist and compensatory materials focusing on the behavioral sciences, including anthropology, psychology, sociology and political systems.

**Women's Studies**
Materials about the modern day women's movement and "feminist" issues; materials focusing on the contributions of women viewed from a variety of educational disciplines; materials about the lives of everyday women.

**8.0 SEX EQUITY ORGANIZATIONS**
Organizations focusing on women's educational equity and vocational education; publishers and film distributors; and sex desegregation centers which provide resources for implementing educational equity in the schools.

**Women's Educational Equity**
Organizations conducting research, developing programs or providing resources focused on increasing educational equity for women and girls.

**Vocational Education**
Organizations developing programs or resources aimed at providing equitable opportunities for girls and boys in vocational education.

**Publications/Media**
Publishers and film distributors of nonsexist and compensatory student and instructional print and nonprint resources.

**Sex Desegregation Centers**
Regional desegregation assistance centers for sex discrimination funded under Title IV of the Civil Rights Act of 1964, designed to assist school districts by providing resources to facilitate the implementation of sex equity in the school.
Appendix 2: Footnote Sources


44. *Project Equity: $500.00 Sex Equity Model Materials Collection*. Fullerton, CA: California State University, Sex Desegregation Assistance Center.


Appendix A. How to Obtain Materials Listed in the Guide

The items listed in the guide may be obtained from a variety of sources. You may order the materials directly by writing to the publisher or distributor noted in the citation. Or, you may wish to investigate local and regional sources which often have many of the items available on loan or for rental.

Among the sources you may wish to consult for assistance in locating the materials you need for your classroom are:

- School librarians
- School district curriculum and resource specialists
- School district media centers
- State systems of higher education
- University film libraries
- Regional Title IV sex desegregation assistance centers/institutes
- City, county and state libraries

To locate the address of publishers noted in the citations, please refer to the 1978–79 Books in Print (R. R. Bowker).

Prices indicated were taken from a secondary source and should be considered only as approximations.

Several items listed in the guide can be found in ERIC, a nationwide information system established to help educators stay informed about developments in education. This system acquires, selects, abstracts, indexes, stores, retrieves and disseminates significant and timely education information related to research, instruction and personnel preparation at all levels and in all educational institutions. Items found in ERIC may be ordered from EDRS (ERIC Document Reproduction Service) and are available on microfiche (MF) and sometimes in paper or hard copy (HC).

Although the citations note prices for hard copy and microfiche, the price per document is based on the number of pages and is subject to change over time. An ERIC price codes schedule is included in this appendix and will allow you to convert all price codes to actual dollar amounts. Also included is a sample form you may wish to copy to use in ordering EPIC documents from EDRS.
HOW TO ORDER ERIC DOCUMENTS

**IMPORTANT INSTRUCTIONS**

- ORDER BY ED NO. (6 digits)
  See Resources in Education (RIE)
- SPECIFY EITHER:
  Microfiche (MF)
  or
  Paper Copy (PC)
- ENTER UNIT PRICE
  (See Below)
- INCLUDE SHIPPING CHARGES
  (See Charts Below)

**UNIT PRICE SCHEDULE**

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**THIS FORM MAY BE PHOTOCOPIED OR ADDITIONAL COPIES OBTAINED FROM EDRS.**
Prices subject to change without notification.

### ERIC PRICE CODES

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Add $.01 for each additional microfiche (1 - 96 pages)

Appendix 4: Model for Developing Nonsexist Lesson Plans

The following is a model for developing lesson plans. There are two areas of focus: (1) the content to be presented and (2) equity education related to the content.

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<thead>
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<th>EQUITY PLANNING</th>
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<tr>
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<tr>
<td>Assessing Needs, Identifying Objectives (example: addition skills; students will be able to add two-digit numbers)</td>
<td>Identifying Student Equity Needs (example: students think math is for boys—awareness level needs about sexism)</td>
</tr>
<tr>
<td>STEP II: IDENTIFYING MATERIALS TO SUPPORT INSTRUCTION</td>
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<tr>
<td>Finding Appropriate Texts, Books, etc.</td>
<td>Evaluating Materials for Bias (biased, equitable or compensatory)</td>
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<tr>
<td>STEP III: PLANNING INSTRUCTIONAL ACTIVITIES</td>
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<tr>
<td>Sequencing Events (presentations, discussions, work assignments)</td>
<td>Planning Ways to Work with Materials in Nonsexist Manner</td>
</tr>
<tr>
<td>INTERFACING MATERIALS AND STRATEGIES WITH EQUITY PLANS</td>
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<tr>
<td>STEP IV: CARRYING OUT INSTRUCTION</td>
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<td>STEP V: ASSESSING THE RESULTS*</td>
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<tr>
<td>Administering Cognitive Test (or other way to gather data on student understanding/skill)</td>
<td>Assessing Student Change in Terms of Equity</td>
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*Data from assessment is recycled into Step I: Identifying Goals.

Developed by Janice Druian, Northwest Regional Educational Laboratory, for BIAS inservice training workshops.
## Appendix 5: Lesson Planning Activity Sheet

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<tr>
<td>ASSESSMENT</td>
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Developed by Janice Druian, Northwest Regional Educational Laboratory, for BIAS inservice training workshops.
Appendix 6: Guidelines for Developing Nonbiased Instruction

The following guidelines are adapted from some generated at a National Conference on Nonsexist Early Childhood Education. While they were originally intended for publishers of educational materials and professional journals, we feel they have meaning for the classroom teacher who often develops materials. In addition to using these guidelines to develop new materials, you can also use them to assess or modify existing materials.

DOES YOUR MATERIAL:

1. Reflect an accurate and broad view of the world
   - represent various groups according to race, culture, age, physical and mental disability, economic status, creed, religion, political ideology, sex
   - reflect the world as populated equally by men and women

2. Emphasize positive role models
   - competent humans who have a sense of self worth and dignity
   - characters displaying the following traits:
     — problem solving
     — respect for others and self
     — concern for well-being of others and self
     — physical and emotional strength

This does not mean that stories dealing with antisocial behavior should be eliminated; rather, when presented, they need to be presented with a clear emphasis on the consequences of behavior.

3. Help children understand their real capabilities

   Stories that emphasize unusual strength, magical powers, super human skill or improbable solutions to problems do not help children identify their own skill and strength.

   There needs to be a balance between fantasy and created worlds and materials that give examples of real people doing real things. It is especially important for young boys to understand that there are other values as important as or more important than being a super hero.

4. Have accurate visuals

   It is important that visual images accurately depict physical images, life styles, cultural traditions and surroundings when portraying children from different racial/ethnic backgrounds. It is not enough to simply change skin color or names.

5. Reflect teaming relationships

   - cooperative action between girls and boys
   - real friendships between girls and boys

   Stories that emphasize excessive conflicts or excessive competition between girls and boys do not promote nonsexist attitudes.

   It is highly unlikely that all these guidelines can be attended to in one story or one set of materials. However, within the context of a unit of study, these things need to be considered.

Title Index

ABA Women's Rebellion and Hoda Sha'Arawi: Nationalist and Feminist, 7.1
ABC Workbook, 5.56
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