This manual presents a comprehensive training design, suggested procedures, and materials for conducting a workshop in the design, construction, operation, maintenance, and repair of hydrams, and in the planning and implementation of hydram projects. Hydrams (hydraulic rams, hydraulic ram pumps, automatic hydraulic ram pumps, rams) are devices that use the force of water falling through a drive pipe to pump water to a height greater than its source, making use of hydraulic principles and requiring no fuel. The manual includes 20 sessions for the design and construction of modified and fabricated pipefitting and cement rams, and complete instructions for a clear PVC demonstration ram. Each session includes learning objectives, recommended time, suggested procedures, the specific tools, materials, and resources required, notes for trainers (which clarify procedures, provide background information, or suggest options), and activities (designed for 15-20 participants with two trainers) which incorporate such learning techniques as demonstrations, problem-solving, skill practice and guided construction, and large and small group discussions. Guidelines for users (including lists of training objectives, pre-workshop tasks, and tools, equipment, and materials needed) are provided in an introductory section. The entire workshop requires ten 8-hour working days. (JN)
A TRAINING MANUAL
IN CONDUCTING A
WORKSHOP IN THE
DESIGN, CONSTRUCTION, OPERATION,
MAINTENANCE AND REPAIR
OF HYDRAMS

Peace Corps
Office of Programming and
Training Coordination
Energy Sector
December 1981
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</tr>
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</tr>
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<tr>
<td>Handout 10E</td>
<td>Impulse Valve Seat Width</td>
</tr>
<tr>
<td>Handout 10F</td>
<td>Check Valve Backing Thickness - inches</td>
</tr>
<tr>
<td>Handout 10G</td>
<td>Check Valve Backing Thickness - metric</td>
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<table>
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<tr>
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<th>Hydram Construction - Concrete</th>
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<tr>
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<td>Concrete Hydram Design Parameters</td>
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<tr>
<td>Handout 10B</td>
<td>Thickness of Impulse Valve Plate - inches</td>
</tr>
<tr>
<td>Handout 10C</td>
<td>Thickness of Impulse Valve Plate - metric</td>
</tr>
<tr>
<td>Handout 10D</td>
<td>Impulse Valve Steel Backing</td>
</tr>
<tr>
<td>Handout 10E</td>
<td>Impulse Valve Seat Width</td>
</tr>
<tr>
<td>Handout 10F</td>
<td>Check Valve Backing Thickness</td>
</tr>
<tr>
<td>Handout 10G</td>
<td>Check Valve Backing Thickness</td>
</tr>
</tbody>
</table>

<table>
<thead>
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</tr>
</thead>
<tbody>
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</tr>
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<td>Handout 11B</td>
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</tr>
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</tr>
</tbody>
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<thead>
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Glossary of Terms
English-Metric Units Conversion Table
References
In 1772, John Whitehurst developed the first known machine to utilize the water hammer effect to pump water. Whitehurst's device included a water supply tank, a 1½ inch, 600 foot long drive pipe, a check valve, an accumulator and a delivery pipe. He used a hand-operated impulse valve, employing child labor to open and close the valve in continuous cycles.

In 1776, Joseph Michael de Montgolfier invented a similar machine but replaced the hand operated valve with an automatic impulse valve which was opened and closed by the rebound wave inside the hydram itself. Montgolfier's machine was called "le belier hydraulique," from which the term "hydraulic ram" was derived. (Because "hydraulic ram" can have more than one meaning, however, we prefer the British term "hydram" to describe these water pumping devices, and will use this term throughout this manual.) The invention was so simple and reliable, it has survived over 200 years with very little change.

The technical information contained in this manual has been developed through experiments and experience. We have tried to present the fruits of our experience in such a manner as to be easily transferred to other situations and applications. The transfer cannot always be complete, however, and situations cannot always be predicted. The performance of a hydram is dependent on many variables. The information contained in this manual should therefore be regarded as guidelines based on past experience, rather than absolute rules.

David Jessee
Perennial Energy, Inc.
Introduction

This training manual presents a comprehensive training design, suggested procedures, and materials for conducting a workshop in the design, construction, operation, maintenance and repair of hydrams, and planning and implementing hydram projects. It includes sessions for the design and construction of modified and fabricated pipefitting rams and cement rams, and complete instructions for a clear PVC demonstration ram. The training design incorporates a variety of active learning techniques and can be modified to fit the skills and needs of the participants. The workshop requires ten, eight-hour working days. The activities have been designed for 15-20 participants with two trainers.

The training design is only as effective as the trainers who are using it. Trainers must have skills and experience with hydrams as well as training. They may find it necessary to modify the design to accommodate participants' skills and needs, the amount of time available for training, actual conditions at the training site, the number of participants and their training style. The success of the design, however, depends on the amount of practice and application participants experience.

This manual was produced under a Participating Agency Service Agreement between Peace Corps and the U.S. Agency for International Development. The initial work, including the technical content and material was prepared by Perennial Energy, Inc., which has conducted pre-service training for Peace Corps Volunteers. David Jessee, Ted Landers, Jay Dick, Brad Jacobs and Pat Wiersma were Perennial's significant contributors.

Trainers who participated in a selection and orientation workshop offered insights for revisions. That group included: Jim Bell, Paul Jankura, Steve Joyce, Dale Krenek, John Leo, Jack McCarthy, Judith Oki, Christopher Szecsey, Chris Walters, Maurice Wells and Terry Whittington.

The design was piloted in Costa Rica, by Dale Krenek, in Lesotho by Dale Krenek, Judith Oki and Terry Whittington; and in Fiji by David Jessee, Dale Krenek and Judith Oki. Those experiences completed the design revisions incorporated here.

Ongoing design, editing and production has been the task of the entire Peace Corps Energy Sector: Paul Jankura, Ada Jo Mann, Prudence Merton, and Pat Riley.

Judith Oki
Energy Training Specialist
Office of Programming and Training Coordination,

October, 1981
GUIDELINES FOR USERS

A. Training Objectives: By the end of the workshop, participants will be able to:

- survey and evaluate sites for potential hydram projects;
- articulate and apply hydram theory;
- use correctly basic water and distance measurement techniques and formulas for proper sizing of hydrams;
- select proper ram design and size;
- list tasks and resources necessary to develop a water source site for hydram operations, and
- design water distribution system including storage tank, stand pipe, supply lines, etc.;
- construct a pipefitting and/or concrete hydram;
- operate, maintain, troubleshoot and repair hydrams;
- identify issues in training local community members in the installation, operation and maintenance of hydrams;
- identify physical, social and institutional requirements for the successful application of this technology; and
- describe an action plan for using this technology in their real life situation.

B. Training Activities: The workshop design requires the involvement of each participant, individually, in small groups, and the large group. The activities are designed to provide maximum opportunities for participants to practice the skills they're acquiring and consider issues specific to their sites.

Activities include:

- demonstrations
- problem-solving (individually, small group, large group)
- skill practice, guided construction (small group)
- group discussion (small and large group)

As the workshop evolves, participants are required to solve increasingly complex problems on paper and in skill practice. Throughout the workshop, participants are asked to identify key issues in hydram application and project development.
C. Manual Organization

The training sessions each include learning objectives, recommended time, suggested procedures, and the specific tools, materials and resources required. Notes to the trainer are in the right hand "margin" and space is provided there for additional notes.

All handouts appear twice in this manual; once at the end of the session in which they are used and collectively as an appendix for easy duplication.

D. Preparation for Training

The following is a list of logistics and tasks that need to be completed during the planning process. Specific tasks that need to be completed before each session are listed within the session.

1. Become familiar with the training design, sessions and materials in the manual.

2. Gather information about the availability of skills, equipment and materials at or near the training location. The practical nature of this workshop requires the availability of basic carpentry, plumbing, and some metalworking tools, as well as parts and materials for the different ram constructions. A checklist is provided.

3. Based on the information gathered, and proposed applications, select the constructions that will be covered in depth.

   Note: The concrete construction is easier to understand after participants have actually constructed a simple ram, i.e., pipelining or clear PVC. The concrete construction must take place over at least 6 days in order to cure enough to operate.

4. Identify the training site. The ideal training site provides space for the full range of training activities within easy walking distance from each other:
   - classroom space for small and large group work; chalkboard, newsprint, slide projector, table space;
   - enough workshop space to accommodate all participants in construction activities; workbenches, tool storage, first aid station;
field activities:

1) a stream/springs nearby where participants can practice measuring water flow, distance, head;

2) an area where participants can take a number of measurements to determine an ideal location for a hydram. The site must offer a range of choices;

3) space where a demonstration ram can be installed easily, or proximity to an actual installation;

4) experimentation: space must be available for participants to operate and troubleshoot hydrams. These activities represent 2-3 days of the workshop. The space must provide sufficient stations for constructed rams - 1 station per 3-4 participants is recommended. The water source must supply a constant Q and variable H. An example experimental station is provided at the end of this section.

If these facilities are not near each other, then travel time must be included in the schedule and transportation arranged.

5. Determine number of trainers required. 1 trainer: 7 participants is an ideal ratio, but with a strong technical assistant trainer, a 1:10 ratio is manageable. The important thing is participant access to skilled resources during their practical work.

6. Announce the workshop and identify participants. Send each participant information on dates, logistics, a set of workshop objectives and the site information worksheet, included here in appendix of handouts. (1B, 2E)

7. With other trainers, develop norms for the training team, clarify roles and expectations, review status of steps 1-6 to date, develop a final schedule, make training and preparation assignments, decide when to do review exercises, and mid-point and final workshop evaluations.

8. Duplicate handouts.

9. Finalize materials list, based on number of participants and decision on types of construction. Order materials, and arrange for transport to training site.

10. Assemble handouts (pre-punch for ring binders if possible), chalkboard, chalk, newsprint, markers, tape, notebooks, ring binders, schedule.
11. Construct clear PVC ram if necessary for demonstration. The instructions are included here. Session 2 is readily understood with the assistance of this visual aid. If you determine that each participant should construct one, then schedule that early on in the workshop.

12. Certificates of completion add a nice touch, and should be designed and printed.
WORKSHOP: TOOLS, EQUIPMENT, MATERIALS

Quantities vary according to training group size. Approximately 1 complete set per 4 trainees.

<table>
<thead>
<tr>
<th>Item</th>
<th>On hand at training site</th>
<th>Can be borrowed from:</th>
<th>Can be purchased from:</th>
<th>Approx. Cost:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard size buckets, e.g., 20 liter, 5 gal</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2-3 55 gal drums</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3-6 21&quot; pipes 3/4&quot; Diam diameter</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lumber for molds, weirs, braces</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sight levels</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Carpenters levels</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Measuring tapes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pliers</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pipe Wrenches</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hacksaw</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hammers</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shovels</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>On hand at training site</td>
<td>Can be borrowed from:</td>
<td>Can be purchased from:</td>
<td>Approx Cost:</td>
</tr>
<tr>
<td>------------------</td>
<td>--------------------------</td>
<td>-----------------------</td>
<td>------------------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Picks</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Saws</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Various size nails</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Misc. hardware, nuts, bolts, washers, etc.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gasket material: rubber, cork</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rubber sheet 3/16&quot; - 1/4&quot; thick can be inner tube</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Steel plate 3/16&quot; - 1/4&quot; thick</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pipe joint compound or Teflon tape</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Access to metal working Facility for cutting, drilling, grinding steel plate</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The specific construction materials vary, and there is a range of possible adaptations and variations. At a general level, we need to know what typical sizes of standard pipe and pipe fittings are available and approximately what they cost.

Please indicate: (yes or no) if the parts are generally available, i.e., one could find them readily in a plumbing supply/hardware store; if they can be specially ordered, how much time is required; approximate unit cost for the following:

<table>
<thead>
<tr>
<th>PART</th>
<th>SIZE (DIAM)</th>
<th>GENERALLY AVAILABLE</th>
<th>SPECIAL ORDER TIME</th>
<th>APPROX COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steel pipe, standard</td>
<td>3/4&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>length in/cm.</td>
<td>1&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pipe Tees</td>
<td>3/4&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reducing Bushings</td>
<td>2&quot; x 1&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2&quot; x 3/4&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sweep - 90°</td>
<td>1&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female adapters</td>
<td>3/4&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male adapters</td>
<td>3/4&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Hydram Construction Materials - continued

<table>
<thead>
<tr>
<th>PART</th>
<th>SIZE (DIAM)</th>
<th>GEN'LLY AVAILABLE</th>
<th>SPECIAL ORDER TIME</th>
<th>APPROX COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clear PVC pipe</td>
<td>3&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PVC cap</td>
<td>3&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gate valve</td>
<td>½&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Foot valve</td>
<td>2&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Check valve</td>
<td>1&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A cement ram can also be made, reducing the need for many of the above parts, so please indicate approximate cost of cement:

$ \underline{\text{_______}} / \underline{\text{_______}} $ lbs.

This list is by no means all inclusive but represents key items. Detailed parts lists will be developed prior to the workshop.
SAMPLE WORKSHEET FOR FINAL MATERIALS LIST

**Materials List**

Type of Ram

No. of Rams to be built

<table>
<thead>
<tr>
<th>QUANTITY</th>
<th>DESCRIPTION</th>
<th>SIZE</th>
<th>USE</th>
</tr>
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</tbody>
</table>
## Suggested Schedule for HYDRAM Workshop

<table>
<thead>
<tr>
<th>Day One</th>
<th>Day Two</th>
<th>Day Three</th>
<th>Day Four</th>
<th>Day Five</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>Sessions 3 &amp; 4</td>
<td>Session 7</td>
<td>Session 10</td>
<td>Mid workshop evaluation</td>
</tr>
<tr>
<td>Session 2</td>
<td>Field Activity</td>
<td>Session 8</td>
<td>Part I, II</td>
<td></td>
</tr>
<tr>
<td>Session 3 &amp; 4</td>
<td>Session 5</td>
<td>Session 9</td>
<td>Session 11</td>
<td></td>
</tr>
<tr>
<td>Theory</td>
<td>Session 6</td>
<td></td>
<td>Session 12</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Day Six</td>
<td>Day Seven</td>
<td>Day Eight</td>
<td>Day Nine</td>
<td></td>
</tr>
<tr>
<td>Session 10,</td>
<td>Session 14</td>
<td>Session 16</td>
<td>Session 10</td>
<td></td>
</tr>
<tr>
<td>Part II - cont.</td>
<td></td>
<td></td>
<td>Assemble,</td>
<td></td>
</tr>
<tr>
<td>Session 13</td>
<td>Session 15</td>
<td>Session 17</td>
<td>Operate Concrete ram</td>
<td>Session 19</td>
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CONSTRUCTION OF A PVC HYDRAM
(for Demonstration Purposes)

Time: 4-5 hours

OBJECTIVE: To construct a hydram from clear PVC pipe-fittings and fabricated valves.

OVERVIEW: The PVC hydram is an excellent training tool because it enables trainees to see the hydram components moving while the ram is in operation, and to observe the directional flow of water as shown by suspended solids in the water. The PVC hydram is of limited use for actual water pumping, however, as it will last only about one month in continuous use. For this reason, it is suggested that one or more PVC hydrams be constructed prior to the workshop, and used to illustrate the introductory sessions (Session 1 & 2) on the first day of the workshop itself. The construction could be part of a pre-workshop staff training program, if desired.

MATERIALS:
- 2 1½ tees
- 1 3/4" male adapters
- 1 1½" cap
- 1 14" x 1½" pipe
- 5 1½" x 3/4" reducing bushings
- 1 24" x 3/4" pipe
- PVC cleaner, PVC glue, 1/8" sheet rubber, TFE tape

- 1 1½" coupling
- 4 ½" #6 sheet metal screws
- 2 1" x ½" x 20 bolts
- 1 2" x ¼" x 20 bolt
- 6 ½ x 20 nuts
- assorted washers
- Handout

TOOLS:
- Heat source (such as propane torch, campfire, oven)
- ½-20 tap, saw, miter box, electric or hand drill, 1/8" drill bit, 13/64" drill bit, screwdriver, 7/16" wrench or adjustable wrench, knife, tape measure

NOTE: This is presented in session format, in case it needs to be done with all participants, in addition to trainer preparation.
PROCEDURES

1. Warm up the middle 12" of the 24" long 3/4" PVC pipe, making sure it is heated evenly without scorching or blistering. After PVC is pliable, bend it into a 90° angle with about a 5" to 6" radius. Allow it to cool, then cut 5" off each end. (See #3 and #8 on Attachment A.)

2. Cut the 1 1/4" PVC into two pieces, one 12" long (#6) and one 2" long (#19), making certain that the ends are cut square and are de-burred.

3. Cut the 1 1/4" coupling (#13) into two cylindrical pieces just to one side of the land. Cut of the bottom of one of the 1 1/4"x 3/4" reducing bushings, and sand it smooth on both sides to form a 3/8" thick PVC washer (#14). Glue the washer inside the piece of coupling without the land, flush with one end. Discard the other half of the coupling and the remainder of the bushing.

4. To make the valves, cut two circular pieces of rubber to the same outside diameter as the 1 1/4" PVC pipe. Cut out of each round a horseshoe shaped piece and a 1/4" hole as shown in Attachment A/#7.

5. Place four wraps of TFE tape around one end of the 2" piece of 1 1/4" PVC pipe. Lay on top of this one of the rubber valves you have cut out. Force this into the coupling half that has the PVC washer glued into it. Attach bolt (#12), nuts (#10) and washers (#15 & #16) as shown in Handout. Drill two 1/4" holes (one on each side) through this impulse valve assembly and into the 2" piece of 1 1/4" PVC. Then screw two sheet metal screws into these holes (#18).

NOTES

Note the 2 types of stroke adjustment illustrated in the handout. That labeled "alternate" is slightly more complicated to construct but provides easier adjustment. Materials required for the alternate stroke adjustment are:

- 1/4" x 20 bolt and nut
- 1/4" wide x 2" long piece cut from PVC pipe
- 2 1/2" #6 sheet metal screws

-13-
6. Cut \( \frac{1}{4} \)" off the bottom straight through leg of one of the tees (#1), making certain the cut is square and de-burred. Place four wraps of TFE tape around the male end of a \( 1\frac{1}{4} " \times 3/4 " \) reducing bushing. Attach the 1" x \( \frac{1}{4} " \) bolt with nuts and washers to the remaining rubber valve as shown in the handout. Then place this rubber valve inside the bottom of the tee you just cut off. Force the TFE wrapped reducing bushing up to the rubber valve. Drill two 1/8" holes into this assembly and secure with 2 sheet metal screws.

7. Next, glue the rest of the pieces together as shown in the Attachment. Be sure to follow the instructions on the glue.

8. Drill a 13/64" hole through one of the flats on the reducing bushing just below the check valve, making certain that you also drill through the 3/4" pipe as well. Drill a 1/8" hole up from the bottom of this bushing, intersecting with the 13/64" hole. Tap the 13/64" hole with a \( \frac{1}{4} - 20 \) tap then insert a 3/4" \( \frac{1}{4} - 20 \) bolt with lock nut (#9 & #10).

9. After the hydram(s) have had time to dry, hook them up to a drive head and test them.
1. 1½" Tee (2)
2. 1½"x3/4" Bushing (5)
3. 3/4" PVC Pipe 14" Long (1)
4. 3/4" Male Adapter (2)
5. 1½" Cap (1)
6. 1½" PVC Pipe (1)
7. Valve (2)
8. 3/4" PVC 5" Long (2)
9. 5/16-20 Bolt 3/4" Long (1)
10. 5/16-20 Nut (5)
11. 5/16-20 Bolt ½" Long (1)
12. 5/16-20 Bolt 2" Long (1)
13. ½" Coupling (1)
14. Washer Cut From Bushing (1)
15. ½" Washer 1" Diameter (2)
16. ½" Washer 3/4" Diameter (2)
17. ½" Fender Washer (1)
18. #6 ½" Sheet Metal Screws (4)
19. 2" 1½" PVC PIPE (1)
SESSION 1: INTRODUCTION TO TRAINING  

Total Time: 1½ hours

OBJECTIVES: By the end of this session trainees will have
- familiarized themselves with each other and the training staff; and
- identified and clarified their expectations and those of the staff.

OVERVIEW: This session is designed to establish a climate of active participation and collaborative problem-solving in the workshop. The schedule should be reviewed and discussed, and expectations need to be shared and processed.

MATERIALS:
- Handout IA: "What's in a Name"
- Handout IB: Workshop objectives
- Notebook or pad for each trainee (ring binder)
- Flipchart/markers or chalkboard/chalk
- Goals of workshop on a flipchart/chalkboard

Workshop Goals:
1. To design, construct, operate, maintain and repair hydrams.
2. Identify issues in hydram project planning and implementation.

Note: "What's in a Name" is a recommended icebreaker. Trainer may use another that achieves the same objectives.
PROCEDURES

Introduction

1. Welcome the participants to the workshop and introduce the staff. Have each staff-member say a few words about him/herself.

2. Introduce the "What's in a Name" exercise and divide the group into small groups of 4-6 participants.

3. Distribute the handout "What's in a Name" and have the groups discuss their names using questions on the handout as a guide.

4. As a large group have the participants share some of the interesting "stories" that may have come out of their small group discussions about their names.

Goal Setting

5. Review goals listed on newsprint. Distribute the workshop objectives and ask participants to read them.

6. Explain that one of the purposes of this session is to identify and clarify expectations of the training workshop.

7. Ask the trainees to list their individual expectations of the workshop on a sheet of paper.

8. Have the trainees form small groups of 4-5 people and ask them to share their expectations listing those they have in common on newsprint. Staff will do the same.

9. Ask a reporter from each group to post their group's list and share it with the large group.

NOTES

10 min.

Allow 30 min. for this.

Trainee may want to join one of the groups as a participant. Be sure to give the groups a time check.

10 min. Participants should already have copies of the objectives. Have additional copies on hand just in case. Answer any questions.

5 min.

15 min.

20 min.
PROCEDURES

10. Clarify which expectations can be met during the workshop and those which cannot.

11. Distribute the schedule for the workshop and discuss the first day. Explain the workshop site procedure (mealtimes, facilities, etc.).

12. End the session by summarizing the shared expectations of the group and mention that the list will be reviewed at the end of the workshop to determine how well the expectations have been met. Ask participants to bring "Participant Site Information Worksheet" to next session.
WHAT'S IN A NAME

Our names are one of the most distinguishing characteristics of who we are. Share with the group some of the reasons why your name is special.

Some things you might wish to share:

- Do you like your name? Why or why not?
- How did you get your first name?
- Does your name(s) have any meaning?
- What is the origin of your last name?
- Famous (or infamous) ancestors?
- Funny stories, incidents related to your name?
- Anything else you may wish to share.
HYDRAM TRAINING WORKSHOP OBJECTIVES

By the end of the training program, you will be able to:

- survey and evaluate sites for potential hydram projects;
- articulate and apply hydram theory;
- use correctly, basic water measurement techniques and formulas for proper sizing of hydrams;
- select proper ram design and size;
- develop a water source site for hydram operations;
- design water distribution system including storage tank, stand pipes, supply lines, etc.;
- construct a pipefitting and/or cement hydram;
- maintain, troubleshoot and repair hydrams;
- train local community members in the installation, operation and maintenance of hydrams; and
- identify physical, social and institutional requirements for the above.
SESSION 2: INTRODUCTION TO HYDRAMS

OBJECTIVES: By the end of this session trainees will be able to:

- articulate basic issues of water supply in their communities and the implications for hydram projects;
- approximate amount of water a system must deliver;
- accurately describe how hydrams work;
- articulate principles underlying how a hydram works;
- determine amount of water that can be pumped from a hydram given the flow rate and the height of the source, and the height of the delivery point; and
- use standardized notation/terms.

OVERVIEW: Part I of this session is a technical introduction to the device, providing a basic understanding of how and why it works. It presents the relationship between potential energy and the amount of flow that a hydram can deliver. Given that as a basis, trainees will follow the water flow from a source, through the ram (actual or demonstration) to a delivery point, develop an equation that describes the relationship, and solve problems. Part II examines critical issues involved in the installation of a hydram system, including access to water, present systems, needs, use and demands for water, and establishes a context for the technical training.

MATERIALS: Handouts 2A, 2B, 2C, 2D, 2E (2A and 2B reproduced on flipchart)

A working hydram or hydram model

A physical demonstration of potential energy e.g., a pegboard with movable pegs, colored string and weights.

NOTE: Problems and examples should be written in appropriate units of measurement.
PROCEDURES

1. Introduce session with a brief statement about the general application and history of hydrams, including use and revival in the U.S.

2. State the objectives of this session and rationale for two parts.

Part I

1. Ask for definition of potential energy. Write it on the board.

Using attachment 2A, or a peg board, demonstrate how a falling mass can be used to lift a mass to a higher elevation.

2. Refer to attachment 2B on the flip chart, and demonstrate situation in which a hydram can be used. Show how potential energy relates to the amount of water that can theoretically be pumped to a given height.

3. Point out on the diagram, the following: drive pipe, delivery head, quantity of water entering the ram, and quantity of water delivered.

Explain that to standardize notation all terms on drive side are capitalized, and delivery terms are in lower case, i.e.:

drive head = H    delivery head = h
water entering = Q    water delivered = q
drive pipe diameter = D    delivery pipe diameter = d
length of drive pipe = L    length of delivery pipe = l

NOTES

See Foreword for historical background

Use notation consistent with handout, i.e., \( E_p = m \times h \) or \( E_b = \omega \times h \).

If group seems unfamiliar with concept, the peg board will probably be better, and it should be passed around, so they can try it.

The vocabulary and terms are important at this point; the notation is of less importance but should be introduced.
PROCEDURES - continued

Refer trainees to 2B for complete list, and state that for purposes at this point, it's not necessary to know all of those terms.

4. Now that the general parameters of a hydram installation are known, it is a good time to look at how a hydram works.

5. Using attachment 2C describe the water flow through various parts of the ram. Point out that the impulse valve is open when it starts. Ask questions and bring out the following:

- sufficient water coming into the impulse valve to close it
- effect of water's movement being suddenly stopped ("water hammer")
- moving through the check valve, into the accumulator
- check valve closing, with sufficient water weight and air pressure to force water through the delivery pipe
- vacuum being created under the check valve, air suction, snifter

6. Go to the actual installation. Have trainees play with the impulse valve, listen to the rhythm, describe water path again, based on what's heard. Take the valve apart, ask trainees to identify key parts (impulse valve, check valve, snifter, ram body, drive pipe, delivery pipe). If possible take the ram apart, to demonstrate.

7. Return to classroom. Ask 1-2 trainees to describe the movement of water and the principles. Clarify any misunderstanding, check use of terms.

NOTES

It might be useful to underline each part's name in a contrasting color, as you go through the description.

This is easily done with a clear PVC pipe demonstration ram; which could be hooked up to an experimental stand.

The PVC hydram could be helpful here also.
PROCEDURES - continued

8. Return to the potential energy definition, and make the analogy to amount of water pumped, using \( QH = qh \), as a starting point. State that, because of friction and a number of other factors involved in the construction of the hydram, it's unlikely that all of the water theoretically available will or can be pumped, but that some percentage of it will be pumped. The percentage of water pumped is called the efficiency of the hydram, and is designated by 'n'. Therefore, \( nQH = qh \). Ask the trainees to solve the equation for 'q', since the interest is in knowing how much water can be pumped.

Result:

\[
\text{amount of water delivered} = \frac{\text{drive head \times entering water}}{\text{delivery head}}
\]

9. Review standard units of water flow; i.e., in water flow measurement sessions, measurements are in gallons per minute (gpm).

10. Trainees now should be able to tell the amount of water that can be delivered in hypothetical situations given an assumed efficiency. Ask them to solve the following problem:

A spring is flowing at the rate of 20 gpm. The hydram is located 20 ft. (measured vertically) below the spring. The storage tank is 100 ft above the spring (measured vertically) and the assumed efficiency of the hydram is 50%. How much water can be delivered?

Ask one trainee to present the process and solution on the board. Check the group to see if everything is clear. Ask trainees to develop

NOTES

Or refer to efficiency as percentage of energy out; use the description that best suits the technical level of the group.

If the algebraic manipulation confuses the group, go through this derivation process:

\[
\frac{nQH}{h} = \frac{qh}{h}
\]

Answer: 2400 gallons per day (gpd)

If the diagram from attachment 2B is on the flip chart or chalk board, these figures can inserted in the appropriate places.
PROCEDURES

other hypothetical situations for the group to solve. Check to see that the process and units are correct. If the arithmetic is wrong, continue practicing or a calculator may be used.

11. Wrap up by reviewing the session's objectives, and checking with the group to determine that everyone is comfortable with the concepts, vocabulary and the problem solving.
   Distribute the glossary and review key words and concepts.

Part II

1. Ask participants to form groups of 5-7, and assign one trainer to facilitate each group.
   Group Task: Distribute participant site information worksheet and have the trainees fill it out. Then as a group have them:
   a. Discuss responses to questions 1-5. 30 min.
   b. List problems with present water system the hydram would solve; problems/issues that would remain the same and new problems/issues that would be created. 15 min.
   c. Each group is to select 2 major problem areas/issues in the development of the hydram system that will be critical to its success over time. 10 min.

2. Share (c) in large group. Ask for implications for their work in communities in introducing this technology. 15 min.

3. Summarize as critical issues to keep in mind as they move through the workshop.
POTENTIAL ENERGY ($E_p$) = MASS ($m$) x HEIGHT ($h$) ~ FOR OUR PURPOSES MASS AND WEIGHT ARE INTERCHANGABLE SO $E_p = \text{WEIGHT} \times \text{HEIGHT}$.

$$\frac{W \times H}{300 \text{ LB} \times 1'} = \frac{W \times H}{100 \text{ LB} \times 3'}$$

$$3 \text{ GALLONS OF WATER FALLING 1 FOOT CAN LIFT 1 GALLON OF WATER 3 FEET @ 100% EFFICIENCY}$$
DEFINITION OF VARIABLES

D = Diameter of Drive Pipe
d = Diameter of Delivery Pipe
H = Head of Drive Pipe
h = Head of Delivery Pipe
L = Length of Drive Pipe
l = Length of the Delivery Pipe
Q = Quantity of Water Entering Hydram
q = Quantity of Water Delivered
Qw = Quantity of Water Wasted from Impulse Valve
n = efficiency
S = Length of the Impulse Valve Stroke
F = Frequency of the Impulse Valve Stroke
W = Weight of the Impulse Valve
Accumulator - (air dome) the air chamber on the hydram which cushions the water hammer, eliminating delivery pulsations and helps provide rebound.

Check Valve - (non-return valve, secondary valve, internal valve) the internal valve in the hydram that prevents the delivery head pressure from forcing water back through the hydram body.

Delivery head - the vertical distance between the hydram and the highest level of water in the storage tank that the hydram is pumping to.

Delivery pipe - the pipe which connects the output of the hydram to the storage tank.

Drive head - the vertical distance between the hydram and the highest level of water in the supply system.

Drive pipe - a rigid pipe usually made of galvanized steel that connects the hydram to the source reservoir or stand pipe.

Efficiency - (n) the ratio of the energy input to the energy output; a measure of how well a hydram functions; \[ n = \frac{Qh}{QH} \]

Frequency - (f) the number of times a hydram cycles in one minute.

Hydram - (hydraulic ram, hydraulic ram pump, automatic hydraulic ram pump, ram) an ingenious device that uses the force of water falling through a drive pipe to pump water to a height greater than its source, making use of hydraulic principles and requiring no fuel.

Impulse Valve - (clack valve, out-side valve, impetus valve, waste valve) the valve on the hydram that creates and controls the water hammer.

Potential energy - energy derived from position or height; is equal to the height that a mass can fall times its weight.

Rebound - the flow of water in the ram reversing direction due to the air pressure in the accumulator, closing the check valve.

Settling basin - a small tank usually made of steel or concrete that is used in place of a stand pipe in an installation where additional settling is necessary.
Snifter valve - (air valve, spit valve) the small valve just below the check valve that allows air to enter the hydram.

Spring box - a concrete box built around a spring to facilitate water collection and to protect the water source from surface contaminates.

Stand pipe - an open-ended, vertical pipe sometimes used at the beginning of the drive pipe.

Supply pipe - everything in a hydram system before the drive pipe, usually including some but not necessarily all of the following: spring box, supply pipe, stand pipe, settling basin.

Waste water - (Qw) the water coming out of the impulse valve and the snifter.

Water delivered - (q) the rate at which water is delivered to the storage tank:
\[ q = \frac{Q \times H \times n}{h} \]

Water flow to the hydram - (Q) all the water used by a hydram which is equal to the waste water (Qw) plus the water delivered (q).

Water hammer - the effect created when water flowing through a pipe is suddenly stopped. In a hydram this causes the closing of the impulse valve and opening of check valve.
Hydram installations are extremely site specific. Although it's a simple technology, it does require being properly designed and sized based upon particular characteristics of the site. It also requires a certain amount of follow-up and maintenance. In order to maximize your learning during the workshop, please begin to gather the following information. (You don't have to have all of the information prior to the workshop, but it will help if you begin to consider these factors at your site.)

1. What water sources are available?

2. What kinds of water systems are presently being used? Who is responsible for maintaining the systems?

3. What are the present patterns of water use in your community? (e.g. potable water, irrigating home garden plots)

4. What is the proposed purpose for the hydram installation?

5. What kinds of skills and resources are presently available to support a hydram installation?
   - Community history of cooperative work on projects?
   - An existing community water distribution system?
   - Facilities and craftspeople in or near the community with metalworking, plumbing, and masonry capabilities?
   - Vocational-technical schools, public works?
6. How do you rate your present knowledge/experience about water systems, pumps, hydrams? What do you need to refresh, what do you need to know?

7. If you have a site in mind for a hydram, can you find out:
   a. approximate flow rate of the water source (gallons/minute)
   b. approximate "drive head," i.e., vertical distance from water source to where hydram will be installed?
   c. approximate "delivery head," i.e., vertical pumping distance from ram to point of delivery?
   d. amount of water desired/required? (gallons/day)

   NOTE: During the workshop, you will learn simple measuring techniques; knowing this information beforehand allows one to design a site specific ram during the workshop with guidance from the training staff.

Please bring this sheet with you to the workshop. If it's easier to sketch your situation, feel free to do so.
SESSION 3: WATER MEASUREMENT TECHNIQUES  Total Time: 3 hours

OBJECTIVE: By the end of the session, the trainees will be able to accurately measure the flow rate of moving bodies of water using a weir, a bucket and watch, or the float method.

OVERVIEW: It is important during this session that the trainees gain experience in estimating flow rates and develop skills in measuring flow rates. Three methods of measurement shall be presented: 1) the weir method, 2) the bucket and stop watch method, and 3) the float method. Each method will entail "hands on" work, constructing a weir, channelling the stream, placing stakes in the stream, etc. The findings from these three methods will be compared.

MATERIALS: Handouts 3A - 3D
lumber, nails, approximately 3' of pipe with a sufficient diameter for the expected flow; sheet metal (optional), bottle with cork, or float. Have a set of materials for each team.

TOOLS: watch with a seconds function, bucket of known capacity, saw, level, tape measure, hammer, pick or mattock, tin snips (optional), have one set of tools for each team.

*TRAINERS NOTE: 1) Since the purpose of the activity is to learn to measure, not build, pre-construction of site levels, weirs is recommended.

2) The weir table is provided in both English and metric units;

3) the float method has limited applicability. Decide whether or not to spend time conducting the field activity.

4) Identify site for field activity ahead of time; ensuring enough locations for small groups or pairs to work independently; stake out distances if necessary.
PROCEDURES

1. Discuss the need for water measurement in hydram systems:
   - amount of water delivered
   - amount of water into ram

2. State objectives for the session.

3. Ask participants to approximate amount of water needed for:
   - irrigating an average garden
   - domestic use
   - potable water

4. For each, ask participants to compute amount of water needed to enter the ram given H=10', h=30'.

5. Distribute the handouts and make a transition to the task of measuring water available.

6. Describe the weir and what it is used for.

7. Describe how to build and install a weir.

8. Explain how to use the weir table.

9. Go over the example in the handout and make certain everyone feels comfortable with their ability to use the weir table.

10. Describe how to use the bucket and watch method.

11. Describe the float method of measurement.

12. Explain steps in determining cross-sectional area of a stream.

13. Explain procedures in determining the velocity of the stream.

NOTES

This problem links and reviews Session 2.

A desk top model would work well for this and could substitute for the real exercise if time and facilities aren't available.

Use discretion as to how much detail to go into as this method is used on flows that would be considered infinite with a ram installation. (Float method)
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<th>PROCEDURES</th>
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<tr>
<td>14. Go over the example in the handout.</td>
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<td>15. With the trainees, go over the sequence of events involved in the remainder of this session and how much time is left.</td>
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<td>16. Divide the trainees into groups of three or four, giving each group an even level of total skills.</td>
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<td>17. Proceed to the creek or stream.</td>
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<td>18. Locate a section along the creek or stream where the flow is consistent and there is sufficient room for all the groups to work within sight of each other.</td>
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<td>19. Have each group select a site which they feel will be easily developed.</td>
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<td>20. Have each trainee make a guess as to flow rate of the creek or stream they are measuring.</td>
<td>Use only if time allows and the water source is appropriate.</td>
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<td>22. Calculate flow rate by the float method.</td>
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<td>23. Select appropriate section of the stream or creek and determine cross-sectional area.</td>
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<td>24. Place two stakes in stream at appropriate spots and distance from each other.</td>
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<tr>
<td>25. Place float in mid-stream and measure time it takes for float to travel from one stake to another.</td>
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<td>26. Repeat measurement several times and average the flow rate.</td>
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PROCEDURES - continued

27. Note differences between original estimates and measurements of flow rates.

28. From the measurements made, have each group decide on the size of their weir notch.

29. The trainees next construct their weirs and install them in the creek, making certain that the weirs are well supported and sealed against leakage around the bottom and sides.

30. After the weirs are constructed, readings should be taken periodically while the water is seeking its new level and while flow rates are being interrupted by the other weir installations. Once the readings become consistent, they should be considered reliable.

31. Using the weirs as partial dams, install the short lengths of pipe and seal around them in the same manner that the weirs were sealed.

32. With all the water flowing through the pipe and into the bucket, time how long it takes to fill the bucket. Again readings should not be considered reliable until they are consistent.

33. At this point, review what has been done thus far in the session.

34. Back at the classroom, list the readings from each group and discuss the reasons for the variations. If different materials were used for the weirs, discuss the advantages and disadvantages of each.

35. Ask participants which method they would use, given resources at their site.

NOTES

It may be a good idea to have each group build their weir out of different materials so that the construction techniques can be compared.

Point out need to measure seasonal variations of water flow.
A weir may be defined as an overflow structure built across an open channel, usually to measure the rate of flow of water. Weirs are acceptable measuring devices because, for a weir of a specific size and shape (installed under proper conditions) only one depth of water can exist in the upstream pool for a given discharge. The discharge rates are determined by measuring the vertical distance from the crest of the overflow portion of the weir to the water surface in the pool upstream from the crest, and referring to tables which apply to the size and shape of the weir. For standard tables to apply, the weir must have a regular shape, definite dimensions, and be set in a bulkhead and pool of adequate size so the system performs in a standard manner.

Whenever the flow from a creek is too great to be measured in a bucket and yet is small enough to be dammed by a board, the weir method of measurement should be used.

Determine the dimensions to be used for the weir notch.

The width of this notch is related to the measurement of the flow rate by the height of the water in the pool formed behind the weir. This height is measured in inches and by using a weir table, the inches can be converted to gallons per minute. A number of notches of different widths and height can accommodate a stream's flow. A rule of thumb is to make the width of the notch 3 times the height.

From your estimate of the flow of the stream, look at the weir table and guess estimate what size notch will accommodate your flow. Keep in mind that the whole stream must pass over the notch and that the pool formed behind the weir should become deep enough for you to easily get a decent height measurement, i.e., 2½" vis a vis 1/16". Example: you estimate the stream is flowing at 150 gal/min. If you made a notch 12" wide and 4" high, at full flow this weir would read approximately 290 gal/min. (4" = 23.936 gal/min. x 12" = 286.89 gal/min). This weir would fit your stream if an actual weir reading of 2½" water height were obtained, it would indicate a flow rate of 11.818 gal/min/inch of notch or 141.8 gal/min (11.818 x 12") for the stream.

Once you have determined the dimension of the notch, cut the notch in the board and place the weir board in the stream, making certain that it is kept level and seal off the stream completely. Support it with stakes and large rocks.
Measure 2 feet upstream from the weir board and drive a stake. Using a level, put a mark on the stake even with the top of the weir board. Next, measure down from this mark to the water level, subtract this measurement from the depth of your notch and that will give you the height of the water level above the bottom of the weir notch.

Using the weir table attached, locate the integer on the left hand column and the fraction on the top column. Where these two rows intersect is the amount of gallons per minute flowing past the weir for every inch of width. Next multiply this figure by the width and this gives you the total flow of the creek.

**Example:**

Water is flowing through a creek three feet wide and about 3 inches deep. It looks like about 30 gallons per minute. After looking at the weir table we decide that a notch 6" wide and 2" deep would probably work. After cutting the notch in a 4 foot 1x6 piece of lumber, the weir board was placed in the stream. Two feet upstream a stake is driven in the water in front of the notch. A level is used to place a mark on the stake level with the top of the weir board. The water level is then measured to be ¾" down from this mark.

We now know by subtracting this measurement from the depth of the notch that the water level is 1½" above the bottom of the notch. Now looking at the weir table we find 1 on the left hand column and 4 on the top row. These two rows meet at 5.46. We multiply this by the width of the notch (6") to find that the flow rate was 32.76 gallons per minute.
THE "WEIR" IN THE STREAMBED

"A" MINUS "B" EQUALS "C"

"C" = The depth of water above the bottom of the Weir.

Using a weir to measure large quantities of water.
### Height of water above weir notch in inches

<table>
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<th>1/4</th>
<th>3/8</th>
<th>1/2</th>
<th>5/8</th>
<th>3/4</th>
<th>7/8</th>
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<td>0.00</td>
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<td>0.374</td>
<td>0.673</td>
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</table>

### 3-C Weir table

Flow rate per inch of weir notch in gal/min.
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<thead>
<tr>
<th>0</th>
<th>3.2</th>
<th>6.35</th>
<th>9.5</th>
<th>12.7</th>
<th>15.9</th>
<th>19.</th>
<th>22.2</th>
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</thead>
<tbody>
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<td>1.415</td>
<td>2.547</td>
<td>3.963</td>
<td>5.379</td>
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<td>50.8</td>
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<td>34.825</td>
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<td>70.219</td>
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<td>385.09</td>
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<td>398.956</td>
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</table>

3-C Weir Table

Flow rate per millimeter of weir notch in liters/min.

METRIC
THE FLOAT METHOD OF MEASUREMENT

The float method of measurement is a simple procedure for obtaining a rough estimate of the flow of the stream. It will give a ball park figure for looking at the stream's potential. It should not be used for final determination of the hydram system to be used unless the flow rate needed for the ram is such a small percentage of the stream's total flow that what's taken from the stream, for all practical purposes, amounts to a minimal portion of the stream.

The float method is based upon two aspects of the stream: its cross-sectional area and the velocity of the stream. The cross-sectional area should be determined at some accessible spot in the stream, preferably in the middle of a straight run. Measure the width (w) of the stream. Then, using a stick, measure the depth at equal intervals across the width of the stream (see figure below). Record the depth at each interval and calculate the average depth (d). Now multiply the width (w) by the average depth (d) to get the cross-sectional area (A).

![Figure A](image-url)
Example: The width of a stream, at the point of making depth measurements, is 4 feet. The average depth is 1.1 feet. Therefore, the cross-sectional area (A) is:

\[ A = w \times d \]
\[ A = 4 \text{ feet} \times 1.1 \text{ feet} \]
\[ A = 4.4 \text{ square feet} \]

The stream velocity can be determined by choosing a straight stretch of water at least 30 feet long with the sides approximately parallel and the bed unobstructed by rocks, branches or other obstacles. Mark off points along the stream. On a windless day, place something that floats in midstream, upstream of the first marker. A capped bottle partially filled with water works well because it lies with a portion of the bottle submerged and doesn't just ride the surface of the water. Carefully time the number of seconds it takes the float to pass from the first marker to the second. Repeat this process several times and average the results.

Example: The average time for a float to travel between two markers placed 30 feet apart is 30 seconds. The velocity (V) of the float is therefore:

\[ V = \frac{30 \text{ feet}}{30 \text{ seconds}} \]
\[ V = 1 \text{ foot/second} \]
\[ V = 60 \text{ feet/minute} \]

The flow rate of the stream can now be calculated by multiplying the cross-sectional area (A) by the stream velocity (V). The usable flow (F) can then be determined by multiplying the stream flow rate by a fraction representing the portion of the stream flow that you can or want to use.

Example: If you will be using 25% of the stream flow, the usable flow (F) is:

\[ F = A \times V \times .25 \]
\[ F = 4.4 \text{ square feet} \times 60 \text{ feet/minute} \times .25 \]
\[ F = 66 \text{ cubic feet per minute} \]

This flow in cubic feet per minute can then be converted to the appropriate units by multiplying by the correct conversion factor:

- cubic feet/min \times 7.48 = gallons/min
- cubic feet/min \times 28.3 = liters/min

**Source:** Micro-Hydro Power, National Center for Appropriate Technology (1979).
SESSION 4: MEASURING HEADS AND DISTANCE  Total Time: 2-4 hours

OBJECTIVE: By the end of this session the trainees will have demonstrated skills in measuring heads by using sight levels, hose levels, pressure gauges, and in measuring distances using their stride and sight levels.

OVERVIEW: At a potential hydram site trainees will perform a series of measurement procedures for determining the head of a stream/spring, using sight levels, hose levels and pressure gauges (where applicable). In addition trainees will measure the distance from the point where water will be taken from the stream/creek to where the ram will be installed using tape measures and their stride.

MATERIALS: • Handouts 4A - 4E
• 15 ft of 1x2 lumber (or something similar which is straight) and string.

TOOLS: • sight levels: 1 per pair of trainees; calibrated before session
• tape measures
• clear hose or tubing
• pressure gauges

*TRAINERS NOTES:
1. Distances and heads for trainee practice must be identified and measured ahead of time.
2. 3-4-5 triangle sight level should be pre-cut, since purpose of this activity is to measure not construct.
3. Pre-construction of site levels, weirs is recommended.
4. Time and available materials may make some techniques impractical. Select techniques ahead of time.
PROCEDURES

1. Distribute the handouts and go over the objective of the session.

2. Describe the total activity and the techniques the trainees will be using.

3. Divide the trainees into pairs making certain the total competency of each group is about the same.

Part I: Head Measurement

1. Start by demonstrating how to calibrate sight level and then have the trainees calibrate their sight levels and measure the height of their eyes.

2. Give the trainees the task of measuring the drive head and the delivery head of either an existing or a future hydram using a sight level.

3. The trainees should next compare measurements and any measurements that seem out of line should be rechecked along with the sight level calibrations.

4. The trainees should build sight level from indigenous materials using a 6 foot, 5 ft., and a 4 ft. 1 x 2, nails, string, and a rock. The three boards should be nailed together to form a right triangle. The string is attached to the 90° corner of the triangle with the rock attached to the other end (see handout 4C). With the triangle held so the string remains parallel to the longer leg, one can sight down the shorter leg perfectly horizontally. These indigenous sight levels are now used to measure the same heads.

5. Measure the same head using a clear plastic hose or tube filled with water with one end of the hose attached to a stick of known length (see Handout 4D).

NOTES

It may be best to simply describe how this simple sight level works. If necessary to construct, trainer should pre-cut lumber.

This is a very accurate technique, but cumbersome to practice.
6. If there is a hydram installed at the site, attach a pressure gauge to the drive and delivery side and give the trainees the task of calculating the heads from the pressure readings. If this is a potential storage tank to the hydram site, then fill the pipe with water and attach a pressure gauge. Pressure readings should be taken and the delivery head calculated.

7. If the sight levels are of the kind that have more than one horizontal cross hair, explain to the trainees how to use these levels for distance measuring.

8. With the help of their partner, each trainee will measure ten normal paces using the tape measure and then divide by ten to determine their pace.

9. Give the trainees the task of measuring a distance using their pace.

10. Have them then measure a distance using a tape measure; compare the two measurements.

11. The groups should then be given a task of measuring the drive and/or the delivery pipe distance.

12. Back in the classroom, discuss any variations of the readings taken and the degree of accuracy that can be expected with each method used.
TO FIND OUT IF THE SIGHT LEVEL NEEDS TO BE CALIBRATED, SIGHT FROM POINT "A" ON TREE (OF OBJECT #ONE) TO TREE (OBJECT #TWO) AND MAKE A MARK, POINT "B". THEN SIGHT FROM POINT "B" BACK TO ORIGINAL TREE (OBJECT #ONE) AND MAKE A MARK AT THIS POINT "C". IF THE SIGHT LEVEL IS PROPERLY CALIBRATED POINTS "A" AND "C" SHOULD BE THE SAME AND AT THE SAME LEVEL AS POINT "B". IF THEY ARE DIFFERENT, THE POINT MIDWAY BETWEEN "A" AND "C" (POINT "D") SHOULD BE LEVEL WITH "B". CALIBRATE YOUR SIGHT LEVEL TO THIS LINE.
ATTACHMENT 4-B
USING A SIGHT LEVEL

HEIGHT FROM SPRING BOX TO POTENTIAL HYDRANT SITE
EQUALS: 63" + 61" + 63" + 14" = 262" = 21' 10".
ATTACHMENT 4-C
ALTERNATE WAYS OF MEASURING HEADS

A SIGHT-LEVEL MADE FROM INDIGENOUS MATERIALS
STRING WITH ROCK ATTACHED
NOTCH CUT WITH POCKET KNIFE THE SAME DISTANCE FROM VERTICAL LEG AS POINT A
ATTACHMENT 4-D

ALTERNATE WAYS OF MEASURING HEADS

CLEAR PLASTIC HOSE OR TUBE FILLED WITH LIQUID

5 FT. HIGHER THAN 'POINT A'
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<th>COURSE 2</th>
<th>COURSE 3</th>
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<td></td>
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<td>HEAD</td>
<td>DISTANCE</td>
<td>HEAD</td>
</tr>
<tr>
<td>SMALL GROUP 1</td>
<td>Ta</td>
<td>S</td>
<td>C</td>
<td>H</td>
</tr>
<tr>
<td>SMALL GROUP 2</td>
<td>C</td>
<td>H</td>
<td>P</td>
<td>Tr</td>
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<table>
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</tr>
</tbody>
</table>

Method = M    Distance: Tape = Ta
              Head: Sight = S
              Cord = C
              Hose = H
              Pace = P
              Triangle = Tr
SESSION 5: REVIEW EXERCISE #1

Total Time: 2 hours

OBJECTIVES: By the end of this session trainees will have described how a hydram works; in their own words, solved review problems independently and clarified any misunderstandings to date.

OVERVIEW: This session provides an opportunity for participants to review and synthesize material to date.

MATERIALS: Handout 5A
Pencil, paper
Chalkboard/chalk or flipchart/markers

PROCEDURES

1. Encourage questions on any information that has been presented thus far and try to get trainees to answer for each other. 30 min.

2. Distribute the review exercise, and ask individuals to complete it on their own. 30 min.

3. After everyone has completed the review exercise, have them discuss answers with one other person. 20 min.

4. Ask for volunteers to share answers to individual problems. 30 min.
Handout 5A: Review Exercise 1

1. How does a hydram work?

2. In a hydram installation where the hydram is located 20 feet below the spring box, how much water could be pumped in a day to a storage tank 100 feet above the springs' box if the spring is flowing 10 gpm and the hydram efficiency is 50%?

3. What is the flow rate in gpm through a weir, four inches wide, when the water level is 3/8" above the bottom of the weir slot when measured two feet upstream?

4. What is the height of your eye level?

5. What is the length of your pace?
Answers to Review Exercise #1

1. The hydram is located below the source of water and is used to pump the water to a storage tank which is higher than the source. The water accelerates as it flows down hill through the drive pipe and out the impulse valve until it reaches such a velocity as to slam the impulse valve shut. This causes a water hammer effect, forcing water and a few air bubbles sucked in through the snifter from the previous cycle, through the check valve and into the accumulator filled with air. This movement of water into the accumulator causes the air to compress until the forward momentum is stopped. At this point the water in the accumulator bounces back because of the spring effect of the air in the accumulator. This rebound in the opposite direction causes the check valve to suddenly close, causing negative pressure in the hydram before the check valve. Because of this negative pressure, air is sucked in through the snifter and the impulse valve is caused to open again at which point water starts exiting through the impulse valve and the cycle starts again.

2. \[ H = 20 \]
   \[ h = 100 + 20 = 120 \]
   \[ Q = 10 \]
   \[ n = .50 \]
   \[ q = Q \times \frac{H}{h} \times n \]
   \[ q = 10 \times \frac{20}{120} \times .50 = .8333 \text{ gpm} \]
   \[ .8333 \text{ gpm} \times 1440 \text{ day} = 1200 \text{ gpd} \]

3. 5 3/8" on the weir table is 37.25 gpm. This times four equals 149 gpm.

4. Any answer within reason is OK.

5. Any answer within reason is OK.
SESSSION 6: HYDRAM THEORY

OBJECTIVES: By the end of this session trainees shall be able to:
- articulate hydram theory, and
- develop basic guidelines for preliminary sizing and design.

OVERVIEW: This lecture/problem-solving session explores in depth the relationship between basic theory and design/sizing of ram installation.

MATERIALS: flip chart or chalkboard
Handouts. 6A, 6 B, 2B
PROCEDURES

1. Introduce the session by summarizing what has been learned so far, i.e., basic principles, how a ram works, how to measure water flow and heads, how to calculate amount of water to be pumped. Explain that next step is to take a more in-depth look at all of the factors affecting the amount of water a ram can deliver and what that means in terms of design and sizing. State objectives of the session.

2. Present general information on pressure, including:
   - Review of the basic definition:
     \[
     \text{force} = \text{pressure} \times \text{area}
     \]
   and the standard units:
   \[
   \text{psi} = \text{pounds/square inch}
   \]
   - Definition of gauge pressure and atmospheric pressure, including the relationship between the two.

3. Describe, using handout 6a, amount of pressure per foot of water, i.e. .433 psi = 1 ft and application to measuring heads with a pressure gauge. Ask participants to solve the following problems:
   - If the pressure gauge reading is 75 psi, how high is the head?
   - To simulate a 200 ft head, what should be the psig?

4. Recall that the concept of the hydram is based on the concept of potential energy, and the relationship of potential energy to kinetic energy. Ask for a definition of kinetic energy and write on the board or flipchart:
   \[
   E_k = \frac{1}{2}mv^2
   \]

NOTES

This material can be presented at a number of levels of technical complexity. The trainer, by now will have a sense of the group's level. This manual is written from a basic technical level.

Limit the amount of time spent on pressure to 10 min. and link it directly to the ram.

Write on board:
- .433 psi = 1 ft. water
- 1 psi = 28" water or 2.3 ft.

\[
\text{If the pressure gauge reading is 75 psi, how high is the head?}
\]
\[
\text{To simulate a 200 ft head, what should be the psig?}
\]

\[
\text{Answer } = 173.1 \text{ ft}
\]

\[
\text{Answer } = 86.6 \text{ psi}
\]
PROCEDURES
5. Show that maximizing velocity optimizes kinetic energy.
6. Ask/explain how maximum velocity is affected by or affects:
   - drive pipe diameter
   - drive pipe length
   - frequency of impulse valve
   - maximum delivery head
7. Ask how stroke and weight affect frequency of impulse valve, and how frequency affects:
   - amount of water delivered
   - amount of water used by the hydram
   - overall efficiency of ram
8. Ask participants for the formula of the amount of water delivered. Write on the board/flip chart:
    Ask/explain effect of H ratio on:
    - quantity of water delivered
    - efficiency
9. Discuss how the length of drive pipe is affected by:
    - drive head
    - drive pipe diameter
    - topographical limitations
    - cost
10. Ask participants to determine best L for D = 1", and H = 10'

NOTES
If this concept is difficult use an example:
\[ m = 2 \quad 4 \quad 2 \]
\[ v = 6 \quad 6 \quad 12 \]
\[ ke = 36 \quad 72 \quad 144 \]
Doubling mass has less effect than doubling velocity.

\[ q = \frac{6cm}{h} \]

Generally increases as H:h increases.
Increases as H:h decreases.

Refer to glossary for L:D and L:H ratios.
PROCEDURE  -  continued

11. Explain the importance of rigidity in the drive pipe and in the hydram before the check valve.

12. Review the role of the air cushion in the accumulator and explain how the amount of air in the accumulator affects hydram efficiency.

13. Discuss the role of the sniffer.

14. Distribute Handout 6B; point out that it includes some additional terms. Ask participants to look at the flow rate range table on the second page. Explain that flow rate (Q in gpm) is preliminary indicator of ram size. There are two general ways to estimate size:

1) table
2) \( Q = 3D^2 \) or \( D^2 = \frac{Q}{3} \)

Ask participants for appropriate \( D \) for \( Q = 30 \) gpm.

15. On the board/flip chart, present the size relationships relative to the drive pipe diameter:

- impulse valve = 2D
- delivery pipe (d) = \( \frac{D}{2} \)
- check valve = 1D
- accumulator
diameter = 3D
  height = 18"

16. Summarize by asking trainees to size all components in the following situations:

NOTES

1) table: \( D = 3'' \)
2) formula: \( D = 3.16'' \)
Since pipe is in basic sizes, \( D = 3'' \). These are "rules of thumb," not necessarily precise indicators.
PROcedures

16. - continued

a. Given: 4 garden beds, each 1.5m x 12m. Need 5cm water twice a week. Ram site is 40m below. Q unlimited, maximum possible H is 6m.

Determine size ram, and installation details.

b. Given: House needs 700 liters per day. It is located 30m above stream. The stream rises 1m every 30m length. Q = 10 liters/min.

Design system, size the ram.

c. Given: Community of 50 people. Each person needs 40 liters/day. Ram site is 5m below stream. Community storage is 95m below stream. Size ram and all parts.

17. Ask for volunteers to present solutions. Ask participants to verify or present their alternatives.

Notes

Participants may work together. It's important to emphasize the process of sizing, not right answers only. Trainers should circulate, ask and answer clarifying questions and encourage participants to solve problems on their own. Allow 20-30 min.
1 ft³ of water = 62.4 lbs.

\[ 1'' \times 1'' \times 1' = \frac{62.4}{144} = 0.433 \text{ lbs} \]
Atmospheric pressure - the pressure at sea level caused by the weight of air; atmospheric pressure = 14.7 psia, and 0 psig

Force - (delivery to drive head ratio) the ratio of lift to fall. The inverse of this ratio times the efficiency of the hydram will determine the percentage of water that the hydram will pump. The higher the h:H ratio, the lower the hydram efficiency (n). The usual range of the h:H ratio is from 2:1 to 20:1, but h:H ratios have been measured up to 60:1.

Hydram capacity - the maximum amount of water that a hydram can use. This is determined by the drive pipe size and length, the drive head, and the impulse valve size and design.

Impulse valve stroke - the distance the impulse valve travels during a cycle.

Impulse valve weight - the total weight or downward force of the impulse valve and its springs or weights.

Kinetic energy - active energy, \( \frac{1}{2} \) the mass times the velocity squared

\[ E_k = \frac{1}{2} mv^2 \]

Pressure - force applied over a surface measured as force per unit of area such as pounds per square inch (psi) (a head of 28" of water develops a pressure of 1 psi) or a pascal (Pa) which is equal to 1 newton per square meter (a head of 1 cm = 98 Pa) 28" of water equals 71.1 cm of water equals 1 psi = 6895 Pa.

psia - (pounds per square inch absolute) the total real pressure as if the atmospheric pressure is not present. Atmospheric pressure at sea level is 14.7 psi, so if a pressure gauge reads 100 psi (psig) the absolute pressure is 114.7 psia.

psig - (pounds per square inch gauge) the pressure that a gauge reads, actually the pressure above atmospheric.

Static head - a column of water without motion. The static drive head of a hydram can be measured with a pressure gauge but only when the ram is stopped and the drive pipe is full of water.

Time of cycle - (t) the time it takes for a hydram to complete one cycle, such as the time-lapse between the impulse valve closing twice.
**Velocity** - speed usually measured in feet per second or meters per second.

**Water used** - \( Q \) the amount of water that flows through the drive pipe during a unit of time (as in gallons per minute or liters per second) which is equal to the water pumped \( (q) \) plus the water wasted \( (Q_w) \).

The flow rate range of hydrams are as follows:

<table>
<thead>
<tr>
<th>Drive pipe diameter (mm)</th>
<th>Flow rate (U.S. gal/min)</th>
<th>Flow rate (Imperial gal/min)</th>
<th>Flow rate (liters/min)</th>
</tr>
</thead>
<tbody>
<tr>
<td>19 3/4</td>
<td>0.8 - 2</td>
<td>0.6 - 1.7</td>
<td>2.8 - 7.6</td>
</tr>
<tr>
<td>25 1</td>
<td>1.5 - 4</td>
<td>1.3 - 3.3</td>
<td>5.7 - 15.0</td>
</tr>
<tr>
<td>32 1( \frac{1}{4} )</td>
<td>1.5 - 7</td>
<td>1.3 - 5.8</td>
<td>5.7 - 26.0</td>
</tr>
<tr>
<td>38 1( \frac{1}{4} )</td>
<td>2.5 - 13</td>
<td>2.0 - 10.8</td>
<td>9.4 - 49.0</td>
</tr>
<tr>
<td>50 2</td>
<td>6.0 - 20</td>
<td>5.0 - 17.0</td>
<td>23.0 - 76.0</td>
</tr>
<tr>
<td>63 2( \frac{1}{4} )</td>
<td>10.0 - 45</td>
<td>8.0 - 38.0</td>
<td>38.0 - 170.0</td>
</tr>
<tr>
<td>75 3</td>
<td>15.0 - 50</td>
<td>13.0 - 42.0</td>
<td>57.0 - 189.0</td>
</tr>
<tr>
<td>100 4</td>
<td>30.0 - 125</td>
<td>25.0 - 104.0</td>
<td>113.0 - 473.0</td>
</tr>
<tr>
<td>125 5</td>
<td>40.0 - 150</td>
<td>33.0 - 125.0</td>
<td>151.0 - 567.0</td>
</tr>
</tbody>
</table>
Determining Drive Pipe Length, L:

1. Consider drive head, H

   L:\H ratio - drive pipe length to head ratio, when H is less than
   15 ft. (4.5m) L:\H should equal 6.
   - When H is greater than 15 ft (4.5m), but less than 25' (8m)
     L:\H should equal 4.
   - When H is greater than 25' ft. (8m), but less than 50' (16m)
     L:\H should equal 3.
   - When H is greater than 50' ft. (16m) L:\H ratio should equal 2.

2. Consider drive pipe diameter, D

   L:\D ratio - drive pipe length to diameter ratio, should be kept
   between 150 and 1000.

   A rule of thumb: maximum number of pipe lengths = 4D
   (based on chart below, and 2\D pipe length)
   Optimal number of pipe lengths = 2D

<table>
<thead>
<tr>
<th>D</th>
<th>L = 150D</th>
<th>L = 500D</th>
<th>L = 1000D</th>
<th>No. of pipes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/4&quot;</td>
<td>6.25</td>
<td>20.28</td>
<td>41.6</td>
<td>2</td>
</tr>
<tr>
<td>3/4&quot;</td>
<td>9.3</td>
<td>31.25</td>
<td>62.5</td>
<td>3</td>
</tr>
<tr>
<td>1&quot;</td>
<td>12.5</td>
<td>41.6</td>
<td>83.2</td>
<td>4</td>
</tr>
<tr>
<td>1 1/2&quot;</td>
<td>15.6</td>
<td>52.0</td>
<td>104.0</td>
<td>5</td>
</tr>
<tr>
<td>2&quot;</td>
<td>18.6</td>
<td>62.5</td>
<td>125.0</td>
<td>6</td>
</tr>
<tr>
<td>2 1/2&quot;</td>
<td>25.0</td>
<td>83.2</td>
<td>166.4</td>
<td>8</td>
</tr>
</tbody>
</table>

   **IMPORTANT NUMBERS TO REMEMBER**

   - 1440 minutes in a day
   - 433 psi per foot (measured vertically) of water column
   - 28 inches of water column produces 1 psi
   - 14.7 psi atmospheric pressure
   - 7.48 gallons per cubic foot
4fNi 2-B WORM INSTALLATION

DEFINITION

\[ D = \text{Diameter of Drive Pipe} \]
\[ H = \text{Head of Drive Pipe} \]
\[ L = \text{Length of Drive Pipe} \]
\[ Q = \text{Quantity of Water Entering Hydram} \]
\[ Q_w = \text{Quantity of Water Wasted from Impulse Valve} \]
\[ Q_d = \text{Quantity of Water Delivered} \]
\[ h = \text{Head of Delivery Pipe} \]
\[ L_d = \text{Length of the Delivery Pipe} \]
\[ m = \text{Efficiency} \]
\[ S = \text{Length of the Impulse Valve Stroke} \]
\[ F = \text{Frequency of the Impulse Valve Stroke} \]
\[ W = \text{Weight of the Impulse Valve} \]
SESSION 7: BASIC PLUMBING TOOLS AND MATERIALS  

Objectives: By the end of this session trainees will have

- learned and demonstrated basic plumbing skills necessary for constructing and installing a hydram.

Overview: The session should familiarize participants with all commonly used plumbing tools and pipe fittings, although project-specific skill requirements may vary with the type of hydram construction foreseen and the availability of tools at the worksites. Participants learn:

- to identify tools and fittings (including host country language names, where possible);
- to use the tools properly and competently; and
- to explain and demonstrate safety precautions necessary in use of plumbing tools, especially torches and power tools when used.

Materials:

- Pipe joint compound or TFE tape
- Cutting oil and rag
- Miscellaneous pipe fittings and pipe, galvanized and PVC
- PVC cleaner and glue
- Handout /A

Tools:

Pipe vise, two pipe wrenches, chain wrench, pipe threader, spud or monkey wrench, etc. (the quantities may increase depending upon the number of trainees but basically all the tools needed for all the exercises should be present and discussed), pipe cutter or hacksaw.
PROCEEDURES

1. State the objective of this session and explain that the skills the trainees are expected to develop are necessary for hydram installations.

2. Show the fittings one at a time to all the trainees explaining their purpose and nomenclature.

3. Demonstrate the use of pipe joint compound or TFE tape.

4. Demonstrate the use of all the tools and any necessary safety precautions.

5. Set up 2 or 3 workstations, one with pipe fittings laid out and labeled, another with a threader and cutting and/or joining station. Have one trainer at each station and the participants revolving to each station. Allow the trainees to practice using all the tools until they and the instructor are confident with their ability to properly use them.

NOTES

Be certain to mention that on a 1 x 1 x 1/2" tee, the 1/2" dimension refers to the arm of the tee.

It is important to stress that their purpose is three-fold; to seal, to facilitate easier installation, and to facilitate easier removal.

If at all possible, actual fittings and tools should be demonstrated and practiced on. Attachment 7A can be used to describe the fittings if lack of time or facilities prevent "hands-on" practice. The handout is more useful as a learning reinforcement and as an aid for the trainees to use in describing and acquiring fittings at a plumbing supply house.

Names of materials and tools may be different from what is used in the U.S. It is important to find out what each are called and call them by the local name.
ATTACHMENT 7A
PIPE FITTINGS

- PLUG
- REDUCING BUSHING
- CAP
- UNION

- 90° STREET ELBOW
- 90° ELBOW
- 45° STREET ELBOW
- 45° ELBOW

- COUPLING
- BELL REDUCER
- CROSS
- TEE

- EXTENSION PIECE
- FLOOR FLANGE
- REDUCING TEE (AxBxC)
- NIPPLE

BASIC PLUMBING
SESSION 8: HYDRAM CONSTRUCTION - PIPE FITTING

OBJECTIVE: To build a hydram out of plumbing parts, with modified and/or fabricated valves.

OVERVIEW: This session provides the opportunity for participants to build two variations of the pipe-fitting hydram. The first, a modified pipe-fitting hydram, is made exclusively from parts usually found in a plumbing supply house, with minor modifications to the check and foot (impulse) valve. The second hydram is made from pipe fittings, with valves constructed by trainees using simple steel fabrication. The finished hydrams are installed on a test stand or other water source and set in operation.

MATERIALS NEEDED FOR MODIFIED PIPE-FITTING HYDRAM

- Handouts 8A, 8B, 8C
- 4 1" nipples
- 1 1" tee
- 1 1"x 1"x 1/4" tee
- 1 2"x 1" reducing bushing
- 1 3"x 1" reducing bushing
- 1 1/2" foot valve
- 1 1" check valve with tapped holes
- 1 1/2" plug
- 1 1/2" gas cock
- 1 1/4" union
- 1 3/4" union
- 2 1/2" nipples
- 1 1/2" gate valve
- 1 1/2" gate valve
- 1 3" female adapter
- 1 3/4" cap
- 1 3" x 18" metal pipe
- Pipe joint compound or TFE tape
- Assorted washers
- Two pipe wrenches, two pair pliers
MATERIALS NEEDED FOR FABRICATED PIPE-FITTING HYDRAM

<table>
<thead>
<tr>
<th>Handouts</th>
<th>88</th>
</tr>
</thead>
<tbody>
<tr>
<td>pipe joint compound or TFE tape</td>
<td></td>
</tr>
<tr>
<td>1 3&quot; cap</td>
<td></td>
</tr>
<tr>
<td>2 3&quot; tees</td>
<td></td>
</tr>
<tr>
<td>4 3&quot;x 1&quot; reducing bushings</td>
<td></td>
</tr>
<tr>
<td>1 3&quot;x ½&quot; reducing bushing</td>
<td></td>
</tr>
<tr>
<td>1 3&quot;x 18&quot; nipple</td>
<td></td>
</tr>
<tr>
<td>1 ½&quot; nipple</td>
<td></td>
</tr>
<tr>
<td>1 1&quot; 90° sweep</td>
<td></td>
</tr>
<tr>
<td>6&quot;x 8&quot;x ½&quot; square tubing</td>
<td></td>
</tr>
<tr>
<td>6&quot;x 6&quot;x ½&quot; angle iron</td>
<td></td>
</tr>
<tr>
<td>3&quot;x 1&quot;x 1/8&quot; angle iron</td>
<td></td>
</tr>
<tr>
<td>30&quot; 3/8-16 althread</td>
<td></td>
</tr>
<tr>
<td>4 3/8-16 nuts</td>
<td></td>
</tr>
<tr>
<td>1 1/4-20 x 1&quot; bolt (drilled out)</td>
<td></td>
</tr>
<tr>
<td>1 1/4-20 x 3/4&quot; bolt</td>
<td></td>
</tr>
<tr>
<td>1 1/4-20 x 4&quot; althread</td>
<td></td>
</tr>
<tr>
<td>1 1&quot; OD washer</td>
<td></td>
</tr>
<tr>
<td>6 1½&quot; OD washer</td>
<td></td>
</tr>
<tr>
<td>4 3/8-16 nuts</td>
<td></td>
</tr>
<tr>
<td>1 3/4&quot; OD washer</td>
<td></td>
</tr>
<tr>
<td>5 8-32 x 3/4&quot; screws</td>
<td></td>
</tr>
<tr>
<td>2 8-32 x 3/4&quot; bolts</td>
<td></td>
</tr>
</tbody>
</table>

TOOLS NEEDED FOR FABRICATED PIPE-FITTING HYDRAM

| Two pipe wrenches | |
| Electric or hand drill | |
| Drill bits (3/8, 13/64, and 1/8) | |
| 2" hole saw | |
| 1/4-20 and 8-32 taps | |
| Screwdriver | |
| Access to metalworking shop | |
| Knife | |
| Flat file, half round file | |
| Hook saw | |
| 1" pipe threader | |
| Tape measure | |
| Adjustable wrench | |
| Sandpaper (medium & fine) | |

**NOTE:** Consider "charging" trainees for parts they use to determine on site cost. Post parts, price list and ask trainees to price the Rams they're constructing.
PROCEDURES

1. State the objective of this session.
2. Distribute Handouts 8A and 8B
3. Describe the advantages and disadvantages of the modified and fabricated plumbing hydrants.

projects, it may be useful to have the group build both types; if concrete or manufactured hydrants are planned for the projects, trainers may choose to introduce only one. The modified valve ram requires considerably less time, but experience in fabricating valves may be helpful for trainees building a concrete ram.

Some advantages and disadvantages of each hydrant are:

<table>
<thead>
<tr>
<th>BODYFITED</th>
<th>FABRICATED</th>
</tr>
</thead>
<tbody>
<tr>
<td>one hour construction time</td>
<td>3 hours construction time</td>
</tr>
<tr>
<td>efficient operation</td>
<td>efficient operation</td>
</tr>
<tr>
<td>fairly inexpensive</td>
<td>inexpensive</td>
</tr>
<tr>
<td>easy to service/replace parts</td>
<td>impulse valve easily removed</td>
</tr>
<tr>
<td></td>
<td>excellent longevity</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>valves last approx 1 yr</td>
<td>requires ability to drill and tap sheet metal</td>
</tr>
<tr>
<td>valves may be hard to find</td>
<td>maximum practical size 1&quot;</td>
</tr>
<tr>
<td>maximum practical size 1 1/4&quot;</td>
<td>check valve difficult to remove when rusted</td>
</tr>
<tr>
<td>fittings difficult to remove when rusted (especially larger sizes)</td>
<td></td>
</tr>
</tbody>
</table>

4. Divide the trainees into groups of two or three to work on designs & responsibilities.
5. Ask the groups to build the hydrants using the following sequence:

Try to make sure that the skill levels of each group are roughly equal.

If you wish, have each group build a different size hydrant.

Allow 45 minutes to design.
PROCEDURES - continued

(FOR MODIFIED PIPE-FITTING HYDRAM)

5. A. remove the spring from both the foot valve and the check valve;
   B. add washers in the foot valve for both the weight and stroke adjustment;
   C. assemble all the fittings as shown in Handout A using either pipe joint compound of TFE tape.

6. Have each group install their hydram on the test stand or another source of water and start the hydram working.

7. Discuss the applicability of the modified pipe-fitting hydram.
PROCEDURES - continued

(FOR FABRICATED PIPE-FITTING HYDRAM)

6. Impulse Valve

A. Sand, grind or file the aim of a 3" tee (#3) until it has a smooth surface.

B. Bind two pieces of 3/8 x 15" althread (#27) around the body of the tee so that the 4 ends extend 1" above the arm.

C. Drill a 2" hole in the center of a 6"x 6" piece of steel (#14) then drill 3/8" holes in the corners of the steel where the althread goes through (approx. 4" apart). Be certain to sand smooth and round off all edges.

D. Drill and tap two 8-32 holes in plate as shown in Handout 9B, detail A #14, and attach the stroke adjustment bracket (#22).

E. Cut out a piece of rubber (#15) with the same outside dimensions and hole pattern as the steel plate but without a horseshoe-shaped hole in the middle as shown in Handout 9B (#15).

Sniper

Extend the thread on one end of a 1" 90° sweep (#7) to extend through a 1 x 3/4 reducing bushing (#4).

Drill and tap a 1/2-20 hole near the extended end of the sweep and assemble the shift as shown in Handout 9B, detail C, so that the air hole can be covered and uncovered by the lock.
PROCEEDURES

8. Check Valve

A. Drill and tap two holes in the bottom and one in the side of a 1 x 1" reducing bushing for 8-32 screws as shown in the Handout, detail B.

B. Cut out a piece of rubber (#20) for the check valve, bolt washers to the rubber and screw the valve to the 1 x 3" reducing bushing.

C. Drill and tap a hole in the bottom of the bushing opposite the 2 previously drilled holes. When a 8-32 screw is inserted the head will overlap the check valve, creating an adjustable stroke. (See Detail B)

9. Body of the Ram

Attach all the fittings as shown in Handout 8B, using either pipe joint compound or TFE tape.

10. Have each group install their hydram on the test stand or another source of water and start the hydram working.

11. Discuss the applicability of the fabricated pipe fitting hydram. Discussion should include skills available in community, availability of materials, financial resources.

The hole in the side should be located so that the 8-32 screw head will be 1/16" above the check valve rubber.
ATTACHMENT 8A
PIPE FITTING HYDRAM
WITH MODIFIED FACTORY VALVES.

1. 1" Nipple
2. 3" PVC Pipe (clear)
3. 1"x1"x4/" Tee
4. 2"x1" Reducing Bushing
5. 3"x1" Reducing Bushing
6. 1" 90° Sweep
7. 1" Union
8. 1/2" Union
9. 1/2" Nipple
10. 1/2" Gate Valve
11. 2" Foot Valve
12. 1" Check Valve with taped holes
13. 1/4" Plug
14. 1/8" Gas Cock
15. Assorted Washers
16. 3" PVC Female Adapter
17. 3" PVC Cap
1. 3" cap
2. 3"-18" nipple
3. 3" tee
4. 3/4" reducing bushing
5. 1" x 4" reducing bushing
6. 5/8" nipple
7. 1" 90° sweep
8. 3/8"-20 x 2" bolt
9. 3/4"-20 nut
10. 1/4-20 x 2" bolt
11. 1/4-20 x 4" piece of althread
12. 1/2" diameter washer
13. 1/2" or smaller washers
14. impulse valve plate
15. impulse valve rubber
16. x-20 nuts
17. x-20 x 3/4" bolt
18. x-20 nuts
19. 3/4" washer
20. check valve rubber
21. 8-32 x 3/4" screws
22. stroke adjustment bracket
23. 8-32 x 1/4" screws
24. 1/2-20 x 3/4" bolt
25. 1/2" washer
26. 3/6-16 nuts (4)
27. 3/8-16 althread

SEE DETAIL "B"
SEE DETAIL "C"
SEE DETAIL "A"
MATERIALS NEEDED FOR FABRICATED PIPE-FITTING HYDRAM

Handouts 9-B,  
pipe joint compound or PTFE tape  
1 3" cap  
2 3" tees  
3 3"x 1" reducing bushings  
1 3"x 1/2" reducing bushing  
1 3"x 18" nipple  
1 3/4"x 4" nipple  
1 1" 90° sweep  
6"x 8"x ½" sheet rubber  
6"x 6"x ½" steel plate  
3"x 1"x 1/8" angle iron  
30" 3/8-16 althread  
4 3/8-16 nuts  
1 1/4-20x1" bolt (drilled out)  
1 1/4-20 x 3/4" bolt  
1 1/4-20 x 4" althread  
1 2½" OD washer  
6 1½" OD washer  
4 ½-20 nuts  
1 3/4" OD washer  
5 8-32 x 3/4" screws  
2 8-32 x 3/4" bolts

TOOLS NEEDED FOR FABRICATED PIPE-FITTING HYDRAM

two pipe wrenches,  
electric or hand drill  
drill bits (3/8; 13/64; and 1/8)  
2" hole saw  
½-20 and 8-42 taps  
screwdriver  
knife  
flat file, half round file  
hack saw  
1" pipe threader  
tape measure  
adjustable wrench  
sandpaper (medium & fine)
PROCEDURES - continued

(FOR FABRICATED PIPE-FITTING HYDRAM)

6. Impulse Valve

A. Sand, grind or file the rim of a 3" tee (#3) until it has a smooth surface.

B. Bend two pieces of 3/8 x 15" althread (#27) around the body of the tee so that the ends extend 1" above the arm.

C. Drill a 2" hole in the center of a 6"x 6" piece of steel (#14), then drill 3/8" holes in the corners of the steel where the althread goes through (approx. 4½" apart). Be certain to sand smooth and round off all edges. Drill and tap two 8-32 holes in plate as shown in Handout 9B, detail A #14, and attach the stroke adjustment bracket (#21).

D. Cut out a piece of rubber (#15) with the same outside dimensions and hole pattern as the plate but with a horseshoe shaped hole in the middle as shown in Handout 9B (#15).

E. Assemble the impulse valve as shown in Handout 9B, Detail A.

7. Shifter

Extend the thread on one end of a 1/4-20 screw (#7) to extend through the 1/4-18 threading bushing (#4). Drill and tap a 1/2-20 hole near the extended end of the screw and assemble the shifter as shown in Handout 9B, Detail C so that the air hole can be covered and uncovered by the lock nut.
PROCEDURES - continued

8. Check Valve

A. Drill and tap two holes in the bottom and one in the side of a 1" x 3" reducing bushing for 8-32 screws as shown in the Handout, Detail B.

B. Cut out a piece of rubber (#20) for the check valve, bolt washers to the rubber and screw the valve to the 1 x 3" reducing bushing.

C. Drill and tap a hole in the bottom of the bushing opposite the 2 previously drilled holes. When a 8-32 screw is inserted the head will overlap the check valve, creating an adjustable stroke. (See Detail B)

9. Body of the Ram

Attach all the fittings as shown in Handout 9B, using either pipe joint compound or TFE tape.

10. Have each group install their hydram on the test stand or another source of water and start the hydram working.

11. Discuss the applicability of the fabricated pipe-fitting hydram.
SESSION 9

HYDRAM DESIGN THEORY AND PARAMETERS

Time: 2 hours

OBJECTIVES:
- to examine the basic design guidelines for hydrams;
- to apply the guidelines to pipefitting, welded and/or concrete rams

OVERVIEW:
This session is included here, as an option, primarily for use in locations where welded hydrams can be used. The purpose is to provide the basic parameters for designing fabricated valves, seat widths, and backing plates for valves. At this time, the sizes to be used will be taken from the concrete design theory, which will be somewhat oversized for metal. In time, specific charts may be developed for welded steel.

PREPARATION
Trainers will have made a decision about the type of constructions to be included in this training workshop. If a welded ram is to be constructed, i.e., if it has been decided that the expertise is available, the welded ram parts should be completed by this time. It is not the purpose of this workshop to teach welding skills.

At least one hydram construction must be completed at this point so that measurements of seats can be taken.

MATERIALS:
Handouts 10B - 10F
Previously constructed rams
Chalkboard/chalk; flipcharts/markers
Welded ram design, Attachment 9A
PROCEDURES

1. Introduce session by recalling any problems participants may have had with pipelitting ram operation. Ask trainees to share any possible causes of these problems, and what might be done to avoid them.

2. Explain that the rams constructed to date can be used in a range of situations, and that the purpose of this activity is to look at the maximum h:H ratios for the rams, based on their construction, and the general sizing guidelines for rams.

3. Have trainees, in groups, measure the following parts of the constructed rams:
   a) D, impulse valve opening, impulse valve plate thickness, rubber thickness, backing plate thickness, and seat width;
   b) check valve diameter, backing thickness, seat width.

4. Distribute handouts 10B-F. Ask participants to determine optimal range of h and H for the measurements they've taken. Ask if there are any irregularities in the proportions of the drive pipe diameter, impulse valve opening, etc., from design guidelines presented in Session 6, and how that might affect performance.

5. Present design of welded steel rams, using same design parameters and sizing charts. Allow trainees to examine components prior to final welding, and check sizes.

6. In small groups, design a welded ram for one participant's site. Allow 1-1½ hours for the design, present and critique.

NOTES

Generally, valves are not seating quite right or are too small.
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*These figures also apply to accumulator plate thickness.
### Metric Attachment

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*These figures also apply to accumulator plate thickness.*
ATTACHMENT 10-C
IMPULSE VALVE STEEL BACKING

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IMPULSE VALVE OPENING

RUBBER

VALVE PLATE

STEEL BACKING PLATE THICKNESS

SEAT WIDTH

SEAT WIDTH

THICKNESS

IMPULSE VALVE PLATE

SESSION 9
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**Diagram:**
- Impulse Valve Plate
- Rubber
- Seat Width
- Steel Backing Plate Thickness
- Thickness of Impulse Valve Plate
- Valve Opening
## IMPULSE VALVE SEAT WIDTH IN INCHES

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**Diagram:**
- **Impulse Valve Opening:**
- **Thickness of Impulse Valve Plate:**
- **Seating Width:**
- **Steel Backing Plate Thickness:**

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### Metric Impulse Valve Seat Width in Millimeters

**Drive Head in Meters**

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**Diagram:**
- **Impulse Valve Opening:**
- **Rubber:**
- **Thickness Impulse Valve Plate:**
- **Seat Width:**
- **Steel Backing Plate Thickness:**

**Session 9**
### Check Valve Backing Thickness in Inches

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**Diagram:**
- **Check Valve Backing Plate Thickness**
- **Rubber**
- **Check Valve Seat Thickness**
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**Check Valve Backing Plate Thickness**

**Rubber**

**Check Valve Seat Thickness**
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**Diagram:**
- **Check Valve Backing Plate Thickness**
- **Rubber**
- **Check Valve Seat Thickness**
### METRIC ATTACHMENT

#### CHECK VALVE SEAT WIDTH IN MILLIMETERS

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### Diagram

- **Check Valve Backing Plate Thickness**
- **Rubber**
- **Check Valve Seat Thickness**
WELDED HYDRAM: SIDE VI
WELDED HYDRAM: EXPLODED VIEW
WELDED HYDRAM, IMPULSE CAVITY: EXPLODED VIEW
WELDED HYDRAM, ACCUMULATOR:
EXPLODED VIEW
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<th>1 1/2</th>
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<th>3</th>
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<td>6</td>
<td>9</td>
<td>12</td>
<td>18</td>
<td>24</td>
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<tr>
<td>2. Accumulator Top Thickness</td>
<td>3/8</td>
<td>3/8</td>
<td>7/64</td>
<td>7/64</td>
<td>1/4</td>
<td>1/2</td>
<td>3/8</td>
<td>5/8</td>
</tr>
<tr>
<td>3. Accumulator Pipe Diameter</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>9</td>
<td>12</td>
<td>18</td>
<td>24</td>
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<tr>
<td>4. Accumulator Pipe Length</td>
<td>20</td>
<td>20</td>
<td>20</td>
<td>20</td>
<td>20</td>
<td>22</td>
<td>24</td>
<td>26</td>
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<tr>
<td>5. Delivery Socket</td>
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<td>3/4</td>
<td>7/4</td>
<td>1</td>
<td>13/2</td>
<td>4</td>
<td>6</td>
<td>8</td>
</tr>
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</table>

| 6. Accumulator Base Ring Thickness | 3/8 | 3/8 | 7/64 | 7/64 | 1/4 | 1/2 | 3/8 | 5/8 |
| 7. Accumulator Base Outside Diameter | 8 | 8 | 9 | 10 | 19 | 16 | 22 | 28 |
| 8. 1-3/8" Check Valve Stroke Limiter Bolt | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 7/32 | 3/8 | 1/2 |
| 9. Check Valve 2" Bolt Diameter | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 7/32 | 3/8 | 1/2 |
| 11. Plate should be larger than hole by: | 1/4 | 3/8 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |

| 12. Stroke Limiter Metal Strip | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 13. Stroke Limiter Rubber Strip | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |

| 14. Check Valve Washer Outside Diam. | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 15. Check Valve Nut | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 16. Connecting Pipe Inside Diameter | 3/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 17. Connecting Pipe Length | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 |
| 18. 4" Impulse Valve Bolt | 7/8 | 7/8 | 7/8 | 7/8 | 7/8 | 7/8 | 7/8 | 7/8 |

<p>| 21. 2 to 3 thick Rubber with valve same as the #16 backing plate &amp; O.D. = 4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 22. 4&quot; Impulse Plate O.D. = 4; thickness | 7/8 | 7/8 | 7/8 | 7/8 | 7/8 | 7/8 | 7/8 | 7/8 |
| 24. Impulse Valve Washer Outside Diam. | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 26. Rubber Bumper | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 27. Lock nut | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 | 1/4 |
| 28. 2&quot;x2&quot;x1/4&quot; angle iron limiter Bracket | 1/2 | 1/2 | 1/2 | 1/2 | 1/2 | 1/2 | 1/2 | 1/2 |
| 29. Length Impulse Plante Bolts | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 30. Stroke limiting adjustment bolt | 1/2 | 1/2 | 1/2 | 1/2 | 1/2 | 1/2 | 1/2 | 1/2 |
| 31. No. of Accumulator Bolts | 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 |</p>
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<td>7/16</td>
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<td>9/16</td>
<td>9/16</td>
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<td>4</td>
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<td>3 1/2</td>
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<td>9/16</td>
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<td>33</td>
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<td>9/16</td>
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SESSION 10: HYDRAM CONSTRUCTION - CONCRETE  Time: 18 hours over a 7 day period

OBJECTIVES:
- to design and build a concrete ram
- to demonstrate a knowledge of ram component relationships;
- to work with concrete and forms.

OVERVIEW:
The session provides participants with an opportunity to use the knowledge gained earlier in the training program to assess site potential, determine an appropriate hydram size and design and then construct an inexpensive, long lasting concrete hydram. While building a concrete hydram necessitates scheduling a lengthy session over at least seven days, the advantages of this technology (i.e., low cost, excellent longevity, likely availability of materials) make this one of the most useful parts of a hydram training program.

When possible, the concrete hydram(s) should be built at a site where it can be of use after the training program is over. Trainers should therefore gather data about community need, end-uses etc. unless extensive time is available for trainees to do this.

The timing of the various construction phases will be somewhat dependent on the mixture of the concrete and the ambient temperature. In general, building a concrete hydram will require four segments of time with a minimum of 2 days between segments. The first phase requires approximately 4 hours for steps 1-9 (planning) and 4 hours for steps 10-19 (base form construction and the first pour). The second phase should occur at least 48 hours later and should take about 4 hours for steps 20-27 (accumulator form construction and 2nd pour). After another 48 hours or so, the concrete should be sufficiently set up for steps 28-35 (fabrication and attachment of valves, bolting the hydram together). In general, the hydram should be ready for steps 36-38 (installation and operation) after 2 more days, or four days from the last pour.

Trainer should check porosity of concrete prior to this activity.

Handouts B-F are in metric and English units.

Use of slides greatly enhances concrete construction preparation session.
MATERIALS: gravel, sand, cement, water, form lumber, plastic pipe, bowl, fittings, material for vapor barrier something to mix cement in.
Size and quantity of materials is dependent upon the hydram to be constructed. Following is an example of a typical list of materials for a 1" hydram.

1" CONCRETE HYDRAM MATERIALS LIST

1 1"x 12"x 8' lumber for body 8 3/8 althread 36" form
1 1"x 12"x 8' lumber for accumulator forms
1 4"x 7" diameter steel plate 26 3/8 lock washers 26 3/8 flat washers
1 3" PVC pipe cap 26 3/8 nuts
1 4" bowl 1 1" pipe plug
1 1"x 1"x ½ belting. 1 1" pipe tee
1 7" diameter x ½" belting 1 ½" pipe plug
1 1"x 2" angle 1" long 1 ½" pipe tee
1 rubber stop bumper 1 ½" pipe plug
1 ¾" gas cock 1 ½" pipe tee
1 1" PVC pipe 2' long 2pcs. ½" pipe 2" long
1 ½" nipple 1½" long 1 1" PVC male adaptor
2 2½" washer with 3/8" hole 1 ½" PVC pipe 22' long
2 1½" washer with 3/8" hole 1 1" PVC coupling
5/16" wing nut ½ lb 6d nails
1 5/16 x 2½" bolt form oil
2 ½ x ½ bolt 2½ gal water
3 5/16 nut 32# cement
1 3/8 bolt 1" long 1 1/3 cu.ft. gravel
1 3" PVC pipe 18" long 1 1/6 cu.ft. sand
Handouts 10A-1ON shovels
PROCEDURES

Phase I: Part One

1. State the objective of this session.

2. Have the trainees gather all pertinent information concerning the hydram installation including drive head, delivery head, flow rate at source, demand, future needs, and potability.

3. Describe the concrete hydram concept and the design parameters involved.

4. Review the advantages and disadvantages of this design.

5. Walk through design steps, using handouts 10A - 1. Write on board/flipchart as developed.

Sequence:

A. Concrete: (handout 10A)
   1. Compute D.
   2. Compute impulse valve cavity diameter.
   3. Compute wall thickness.
   4. Top and bottom thickness.

B. Size Impulse Valve Opening (2D)
   1. Use attachment 10B to determine thickness of valve plate.
   2. Use 10A to determine bolt area and number of bolts.
   3. Use 10C to determine backing thickness.
   4. Use 10D to determine seat width.

C. Size check valve
   1. Use 10E for backing thickness.
   2. Use 10F to determine seat width.
PROCEDURES

6. Have the trainees each design a hydram, using the design parameters listed in Handouts A through I. Have the participants solve the problem in attachment/Handout 10M.

7. Compare designs and discuss the differences.

8. Depending on how many hydrams are to be made, the trainees should choose the best design(s) and explain why they have made their choice.

9. Give an overview of construction process and scheduling in the workshop:

   Phase I:
   A. Build forms, using pipes, cups, form lumber, as in Handout IIH-J.
   B. Note where/why sleeves are inserted; where # comes from.
   C. Make sure snifter is included.
   D. Mix and pour concrete.
   E. Protect and let it set up for at least 2 days.
   F. Draw pattern for impulse valve plate.

   Phase II:
   A. Construction of accumulator form.
   B. Pour accumulator.
   C. Let it set up.

   Phase III-IV:
   A. Cut check valve, assemble and install.

10. Distribute procedures for Phase I. Ask trainees to read through. Clarify any questions.

11. Have the trainees make up a material and tool list for the hydram(s) selected.
PROCEDURES

12. With all the tools and materials gathered, begin construction.

Phase I. - Part Two

13. Start by constructing the hydraulic base form. (See handout 10J).

14. Next, bend the PVC pipe and cut to proper length and angles. Be sure to glue a coupling to the check valve end to increase the seat area.

15. Notch out bottom of plastic bowl to fit upon the PVC pipe; with the bowl and pipe held together, mark where the pipe touches the inside of the bowl; then, using coping saw, cut along this line. Attach male adapter and the plugged tee to input end of pipe. The plugged tee serves to prevent the pipe from turning within the concrete. Welding a piece of metal onto the coupling would also work.

16. Drill holes in the bottom of the form for the bolt pattern around the impulse valve and the accumulator.

17. Center accumulator form pipe on the inside of the form and draw a circle around it. Drive three 6d nails one-half way in, 120 degrees apart through the circle, making compensation for the thickness of the accumulator form pipe.

18. Drill hole in PVC pipe for snifter. Drill another hole in form for the other end of snifter. Snifter pipe should have a plugged tee in the middle or a piece of metal welded to the side of it to eliminate turning.

19. An elliptical rubber washer should be cut out and nailed where the check valve end of the PVC pipe comes in contact with the form. This is to recess the concrete around the check valve seat to insure a good seat.
PROCEDURES

20. Bolt sleeves to form using althread, nuts and washers.

21. Tie PVC pie down to form using tie-wire.

22. Pour the base of the hydram using the following concrete formula: 8 parts gravel, 7 parts sand, 2 parts cement, and water to proper consistency. Tap on the form sides while pouring to prevent air pockets. Cover concrete with a vapor barrier such as visqueen, then cover entire pour with insulation. Draw pattern for impulse valve plate and send to metal shop.

Phase II

23. After the hydram base has had sufficient time to set (usually about 2 days), remove form and place hydram base right side up on blocks so that the bolt holes on the bottom can be reached.

24. Place a sheet of plastic or wax paper or anything that will prevent a concrete marriage and that won't wrinkle on top of the accumulator end of the hydram.

25. Place althread and sleeves through bolt pattern at accumulator with nuts and washers on both ends. Tighten until sleeves are rigid.

26. Build form for accumulator as shown in Handout 10J.

27. Place accumulator form pipe over the three nails sticking up through the concrete at the check valve. Pack with sand to prevent pipe from floating up in concrete. Cap end of accumulator form pipe with tape or PVC cap.
PROCEDURES

28. Place accumulator form on top of hydram base and install the delivery pipe connection between this form and the accumulator form pipe.

29. Pour accumulator form full of concrete using the same mixture ratio as used in step #22.

30. Cover with a vapor barrier such as visqueen and insulation.

Phase III

31. After concrete has had sufficient time to set up (about one to two days), remove form.

32. Using a large piece of paper, make a pattern from the hydram base for both the impulse valve rubber and the accumulator check valve rubber.

33. Cut out the rubbers according to the pattern. If the rubber is too thick to allow free movement of the valves, a v-notch may need to be cut into the rubber at the flex point of the valve.

34. Drill and cut out a piece of sheet metal for the impulse plate and attach stop bracket.

35. Install all thread, bolt, nuts and washers on both pieces of rubber as shown in the attachment.

36. Bolt accumulator to base with check valve rubber for a gasket.

37. Bolt impulse valve rubber and plate to hydram base.

38. Install stroke adjustment bolt locknut and rubber bumper.
PROCEDURES

Phase IV

39. Install ram to drive pipe and delivery pipe. Start up. Adjust for amount of flow available.

40. Have the trainees determine the flow rate into and out of the hydram and determine the efficiency.

41. Discuss with the trainees what they feel the advantages and disadvantages of this ram might be and when they might be important.
CONCRETE HYDRAM DESIGN PARAMETERS

CAVITY WALL THICKNESS  DOME COVER THICKNESS  NUMBER OF BOLTS AND SIZE

The side wall thickness ($T_s$) in a concrete Hydram without reinforcement shall be equal to the diameter of the cavity ($D_c$) in inches times the drive head ($H$) in feet divided by 10 or shall be equal to the cavity diameter, whichever is greater.

The top or bottom wall thickness ($T_L$) should be 1.25 times the cavity diameter.

The total bolt area (TBA) should equal the drive pipe diameter (inches) squared times the drive head in feet divided by 50 or $TBA = \frac{D^2 H}{50}$.

If $D$ in mm. and $H$ in meters then $TBA = \frac{D^2 H}{9677.4}$

To determine the proper number of bolts, find the area of the bolt size you wish to use and divide it into the total bolt area.

Diameter of bolt:

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Area of bolt:

| .027 | .045 | .068 | .093 | .126 | .162 | .202 | .302 | .419 | .551 |
**THICKNESS OF THE IMPULSE VALVE PLATE IN INCHES**

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* These figures also apply to accumulator plate thickness.
THICKNESS OF THE IMPULSE VALVE PLATE IN MILLIMETERS*

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* These figures also apply to accumulator plate thickness.
### IMPULSE VALVE STEEL BACKING

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- **IMPULSE VALVE OPENING**
- **RUBBER**
- **THICKNESS OF IMPULSE VALVE PLATE**
- **SEAT WIDTH**
- **STEEL BACKING PLATE THICKNESS**
### Impulse Valve Steel Backing

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**Diagram:**
- **Impulse Valve Opening**
- **Steel Backing Plate Thickness**
- **Seat Width**
- **Thickenes Impulse Valve Plate**
- **Rubber**
**IMPULSE VALVE SEAT WIDTH IN INCHES**

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**Diagram:**
- Impulse Valve Opening
- Rubber
- Thickness of Impulse Valve Plate
- Seat Width
**IMPULSE VALVE SEAT WIDTH IN MILLIMETERS**

**DRIVE HEAD IN METERS**

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**CHECK VALVE BACKING PLATE THICKNESS**

**CHECK VALVE SEAT THICKNESS**
## Check Valve Backing Thickness in Millimeters

<table>
<thead>
<tr>
<th>Delivery Head in Meters</th>
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### Diagram Details
- **Check Valve Backing Plate Thickness**
- **Rubber**
- **Check Valve Seat Thickness**
### Check Valve Seat Width in Inches

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**Diagram:**
- **Check Valve Backing Plate Thickness**
- **Rubber**
- **Check Valve Seat Thickness**
### Check Valve Seat Width in Millimeters

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<th>Delivery Head in Meters</th>
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**Diagram:**

- **Check Valve Backing Plate Thickness**
- **Rubber**
- **Check Valve Seat Thickness**
1. Hydram Body
2. Accumulator
3. Impulse Plate
4. Check Valve & Gasket
5. Impulse Valve & Gasket
6. Stop Bracket
7. Rubber Stop Bumper
8. Gas Cock-Snifter Valve
9. PVC Pipe
10. Delivery Pipe
11. Steel Check Valve Stop
12. Rubber Check Valve Stop
13. Impulse Back-Up Washer
14. Impulse Washer
15. Check Valve Back-Up Washer (large)
16. Check Valve Washer (small)
17. Stop Wing Nut
18. Stop Adjusting Bolt
19. Stop Bracket Bolts
20. Check Valve Stop Nuts
21. Check Valve Stop Bolts
22. Check Valve Nut
23. Check Valve Bolt
24. Althread Bolt (Accumulator)
25. Althread Bolt (Impulse Plate)
26. Althread Bolt (Impulse Valve)
27. Impulse Valve Hex Nut
28. Flat Washer
29. Hex Nut
30. Pipe Plug (Drive Pipe Size)
31. Steel Pipe Tee (Drive Pipe Size)
32. Pipe Tee (Delivery Pipe Size)
33. Pipe Plug (Delivery Pipe Size)
34. Pipe Plug (Snifter Pipe Size)
35. Pipe Tee (Snifter Pipe Size)
36. Snifter Pipe
37. Snifter Pipe
38. PVC Male Adapter
39. Accumulator Sleeve
40. PVC Coupling
41. Impulse Sleeve
42. Accumulator Base-Sleeve

ATTACHMENT 10-I SIDE VIEW 2-PIECE CONCRETE HYDRAM
TWO PIECE CONCRETE HYDRAULIC FORM
ONE-PIECE CONCRETE HYDRAM

1. Hydram body
2. gasket
3. impulse plate
4. check valve
5. impulse valve and gasket
6. stop bracket
7. rubber stop bumper
8. gas cock-shifter valve
9. PVC pipe
10. delivery pipe
11. check valve stop
12. - N/A -
13. impulse back-up washer
14. impulse washer
15. check valve back-up washer (large)
16. check valve washer (small)
17. stop wing nut
18. stop adjusting bolt
19. stop bracket bolts
20. check valve stop nuts
21. check valve stop bolts
22. check valve nut
23. check valve bolt
24. althread bolt (accumulator)
25. althread bolt (impulse plate)
26. althread bolt (impulse valve)
27. impulse valve hex nut
28. flat washer
29. hex nut
30. pipe plug (drive pipe size)
31. steel pipe tee (drive pipe size)
32. pipe tee (delivery pipe size)
33. pipe plug (delivery pipe size)
34. pipe plug (sniffer pipe size)
35. pipe tee (sniffer pipe size)
36. sniffer pipe
37. sniffer pipe
38. PVC male adapter
39. accumulator sleeve
40. PVC coupling
41. impulse sleeve
42. accumulator plate
43. accumulator plate gasket
ONE PIECE CONCRETE HYDRAM FORM
A community of 100 people requires 20 gal/day/person, and 30 gpd/cow for 35 cows, and wants to use a concrete hydram.

\[ h = 90' \]
\[ H = 20' \]

A weir 2" wide and 4" deep has been put in the stream; 2' upstream from the weir, the distance from the mark on the stake, level with the top of the weir, to the water level is 1/4". Assume an efficiency of 50%, determine the following:

- Q
- D
- d
- Accumulator diameter
- L
- Check valve opening
- Impulse valve opening
- \( T_s \)
- \( T_L \)
- Impulse valve thickness
- Impulse valve seat width
- Impulse valve backing thickness
- Check valve seat width
- Check valve backing thickness
- Number and size of bolts
MATERIALS: gravel, sand, cement, water, form lumber, plastic pipe, bowl, fittings, material for vapor barrier something to mix cement in. Size and quantity of materials is dependent upon the hydram to be constructed. Following is an example of a typical list of materials for a 1" hydram.

### 1" CONCRETE HYDRAM MATERIALS LIST

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<thead>
<tr>
<th>Item Description</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>1&quot;x 12&quot;x 8' lumber for body form</td>
<td>8</td>
</tr>
<tr>
<td>1&quot;x 12&quot;x 8' lumber for accumulator forms</td>
<td>26</td>
</tr>
<tr>
<td>1/4&quot;x 7&quot; diameter steel plate</td>
<td>26</td>
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<tr>
<td>3&quot; PVC pipe cap</td>
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<td>4&quot; bowl</td>
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<td>1&quot;x 1&quot;x 1/2 belting</td>
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</tr>
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<td>1&quot;x 2&quot; angle 1&quot; long</td>
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</tr>
<tr>
<td>rubber stop bumper</td>
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<tr>
<td>1/2&quot; gas cock</td>
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</tr>
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<td>1&quot; PVC pipe 2' long</td>
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<td>1 3/8&quot; PVC pipe 18&quot; long</td>
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Handouts: 10A - 10 L

1 1/3 cu.ft. gravel
1 1/6 cu.ft. sand
shovels

2 1/4 X 1/2 bolt
2 1/2 gal water
32# cement
1 1/3 cu.ft. gravel
1 1/6 cu.ft. sand
shovels
PROCEDURES

12. With all the tools and materials gathered, begin construction.

Phase I - Part Two

13. Start by constructing the hydram base form. (See handout 10J)

14. Next, bend the PVC pipe and cut to proper length and angles. Be sure to glue a coupling to the check valve end to increase the seat area.

15. Notch out bottom of plastic bowl to fit upon the PVC pipe; with the bowl and pipe held together, mark where the pipe touches the inside of the bowl; then, using coping saw, cut along this line. Attach male adapter and the plugged tee to input end of pipe. The plugged tee serves to prevent the pipe from turning within the concrete. Welding a piece of metal onto the coupling would also work.

16. Drill holes in the bottom of the form for he bolt pattern around the impulse valve and the accumulator.

17. Center accumulator form pipe on the inside of the form and draw a circle around it. Drive three 6d nails one-half way in, 120 degrees apart through the circle, making compensation for the thickness of the accumulator form pipe.

18. Drill hole in PVC pipe for snifter. Drill another hole in form for the other end of snifter. Snifter pipe should have a plugged tee in the middle or a piece of metal welded to the side of it to eliminate turning.

19. An elliptical rubber washer should be cut out and nailed where the check valve end of the PVC pipe comes in contact with the form. This is to recess the concrete around the check valve seat to insure a good seat.
PROCEDURES

20. Bolt sleeves to form using althread, nuts and washers.

21. Tie PVC pipe down to form using tie-wire.

22. Pour the base of the hydram using the following concrete formula: 8 parts gravel, 7 parts sand, 2 parts cement, and water to proper consistency. Tap on the form sides while pouring to prevent air pockets. Cover concrete with a vapor barrier such as visqueen, then cover entire pour with insulation. Draw pattern for impulse valve plate and send to metal shop.

Phase II

23. After the hydram base has had sufficient time to set (usually about 2 days), remove form and place hydram base right side up on blocks so that the bolt holes on the bottom can be reached.

24. Place a sheet of plastic or wax paper or anything that will prevent a concrete marriage and that won't wrinkle on top of the accumulator end of the hydram.

25. Place althread and sleeves through bolt pattern at accumulator with nuts and washers on both ends. Tighten until sleeves are rigid.

26. Build form for accumulator as shown in Handout 10J.

27. Place accumulator form pipe over the three nails sticking up through the concrete at the check valve. Pack with sand to prevent pipe from floating up in concrete. Cap end of accumulator form pipe with tape or PVC cap.

NOTES
PROCEDURES

28. Place accumulator form on top of hydram base and install the delivery pipe connection between this form and the accumulator form pipe.

29. Pour accumulator form full of concrete using the same mixture ratio as used in step #22.

30. Cover with a vapor barrier such as visqueen and insulation.

Phase III

31. After concrete has had sufficient time to set up (about one to two days), remove form.

32. Using a large piece of paper, make a pattern from the hydram base for both the impulse valve rubber and the accumulator check valve rubber.

33. Cut out the rubbers according to the pattern. If the rubber is too thick to allow free movement of the valves, a v-notch may need to be cut into the rubber at the flex point of the valve.

34. Drill and cut out a piece of sheet metal for the impulse plate and attach stop bracket.

35. Install althread bolt, nuts and washers on both pieces of rubber as shown in the attachment.

36. Bolt accumulator to base with check valve rubber for a gasket.

37. Bolt impulse valve rubber and plate to hydram base.

38. Install stroke adjustment bolt locknut and rubber bumper.
PROCEDURES

Phase IV

39. Install ram to drive pipe and delivery pipe. Start up. Adjust for amount of flow available.

40. Have the trainees determine the flow rate into and out of the hydram and determine the efficiency.

41. Discuss with the trainees what they feel the advantages and disadvantages of this ram might be and when they might be important.
SESSION 11: HYDRAV COMPONENT DESIGN CRITERIA  Time: 1-1½ hours

OBJECTIVES: By the end of this session, trainees shall be able to:

- describe how each hydram component is or can be made, and the advantages and disadvantages of each design, including longevity, serviceability, reliability;
- describe how the configuration of the components affect their function and the overall efficiency of the hydram; and
- select hydram component appropriate for their site.

OVERVIEW: Trainees will examine advantages and disadvantages of manufactured and fabricated ram components, and configurations. Combining this information with information about locally available materials and skills, they will determine ram construction that is most applicable.

MATERIALS:  
- flipchart/chalkboard
- slides, slide projector
- actual parts, as available (see trainer note)

NOTE: The handouts for this session will be very helpful in presenting the information on the individual components but having the actual components available would greatly increase the effectiveness of this session. If in the country that the trainees will be working there is one brand or type of hydram predominantly being used, it would be most advantageous to have a hydram of that type at the training site. The types and brands of the components the trainees will most likely encounter are the ones that the greatest amount of attention should be given to.
PROCEDURES

1. Review the purpose of this activity.

2. Ask the trainees to list the components of the hydram and write them on the flipchart/board. It should include the drive pipe, impulse valve, snifter, check valve, accumulator and delivery pipe.

3. Distribute Handout 11A.

4. Using handout 11A, ask the trainees to point out any problems or advantages of each of the components. Fill in any information the trainees leave out.

5. Repeat steps 3 and 4 using handouts 11B and 11C.

6. Once the trainees have a good understanding of the components, discuss with them all the possible configurations of the components and how the placement of a particular component affects the overall efficiency of a hydram. The configuration possibilities should at least include:

   - the location of the impulse valve (either before or after the accumulator);

   - the angle of the impulse valve (on the top, side, or bottom of the hydram);

   - the placement of the snifter and how it affects its function;

   - the possibility of more than one impulse valve (as in the case of larger Blake Hydrams); and

   - the angle of the check valve (either vertical, horizontal, or up-side down);

NOTES

Slides can be used very effectively as well.
PROCEEDURES

- the size and shape of the accumulator, and
- how the configuration affects the water's path.

7. Make a transition to Session 12, indicating that this information will also be used to consider choices among hydram designs.
TYPICAL IMPULSE VALVES

Blake Rubber Washer Style

Plunger Type

Skookum

Rife

Perennial Style

Modified Foot Valve
Typical Check Valves

Blake Rubber Washer Type

Perennial Type

Plunger Type

Modified Check Valve
TYPICAL SNIFTERS

- standard plumbing sniffer
- gas cock
- needle valve
- orifice
- bolt sniffer
- rubber flap check
- nail check
- grooved bolt sniffer
- external drilled bolt sniffer
- internal drilled bolt sniffer
SESSION 12: HYDRAM SELECTION

OBJECTIVES: By the end of this session, trainees shall be able to:

- identify factors involved in selecting hydrams;
- describe advantages and disadvantages of various ram construction, including manufactured rams;
- identify factors which will support/impede the development of a hydram system.

OVERVIEW: This session pulls together much of what has been learned to date, and organizes most of the issues to be considered in the installation of a hydram.

MATERIALS: chalkboard or flipchart, chalk or markers

Handout 12A

TRAINERS NOTES:

1. Key issues that have been raised in other sessions include:

   - funding sources for projects (Sessions 9, 11)
   - types of rams currently being used (Session 2)
   - available materials and costs (Sessions 9, 11)
   - transport available (Session 2)
   - existence of local industry capable of fabricating parts or complete rams (Session 2)

2. The advantages of manufactured rams will be discussed during this session. The trainer should identify brands available in-country, collect and duplicate literature.
PROCEDURES:

1. Identify the objectives of the session.

2. Ask the trainees what factors need to be considered in selecting a hydram and write these factors on flipchart. As in handout, they should include cost, serviceability, availability, simplicity of design, ease of transportation, longevity, and efficiency.

3. Review manufactured rams available in-country. List all the types of hydrams the trainees might have to choose from. The list may include concrete, factory made, modified pipefitting, fabricated pipefitting, and welded steel.

4. Ask participants to discuss each type of ram and how its characteristics lend themselves to the factors previously discussed; fill in chart.

5. Summarize by asking the trainees what type of hydram they will most likely be installing and any other information which is pertinent such as funding sources for hydram projects, where to buy pipe and fittings and where there might be some local industries that should be involved in the fabrication of parts or whole hydrams.

6. Ask participants what other factors support/impede/affect selection. List on flipchart.

7. Ask the trainees to form groups of six and as a group determine the ideal ram construction and configuration for their site. Instruct them to consider:
   - manufactured rams available,
   - limitations of component parts, manufactured or built,
PROCEDURES:

- local skills available for construction, repair and maintenance,
- maintenance schedule and responsible parties,
- volume of water to the pump, and
- cost.

Allow the groups 25 minutes for this.

8. Design should be critiqued, according to the criteria. If all information is not available, ask participants how they would get it. Discuss the implications of craftsmanship.

9. Ask participants if there is anything else they need to know before they begin construction. Answer any questions.
### HANDOUT 12A - HYDRAM COMPARISON

Scale: 1 (best) to 6 (worst)

<table>
<thead>
<tr>
<th>Cost</th>
<th>Concrete</th>
<th>Modified Pipe Fitting</th>
<th>Fabricated Pipe Fitting</th>
<th>Manufactured Hydram</th>
<th>Welded Steel</th>
<th>Plastic*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>inexpensive</td>
<td>inexpensive</td>
<td>inexpensive</td>
<td>expensive</td>
<td>moderate</td>
<td>cheap</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Serviceability</th>
<th>Concrete</th>
<th>Modified Pipe Fitting</th>
<th>Fabricated Pipe Fitting</th>
<th>Manufactured Hydram</th>
<th>Welded Steel</th>
<th>Plastic*</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>hard to repair the concrete</td>
<td>parts are hard to repair and usually requires replacement</td>
<td>parts easily replaced</td>
<td>requires a welder</td>
<td>poor</td>
<td></td>
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</tbody>
</table>

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<thead>
<tr>
<th>Availability</th>
<th>Concrete</th>
<th>Modified Pipe Fitting</th>
<th>Fabricated Pipe Fitting</th>
<th>Manufactured Hydram</th>
<th>Welded Steel</th>
<th>Plastic*</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Simplicity of Design</th>
<th>Concrete</th>
<th>Modified Pipe Fitting</th>
<th>Fabricated Pipe Fitting</th>
<th>Manufactured Hydram</th>
<th>Welded Steel</th>
<th>Plastic*</th>
</tr>
</thead>
<tbody>
<tr>
<td>requires the greatest amount of time to construct</td>
<td>parts just screw together</td>
<td>most parts screw or bolt together but requires some metal working</td>
<td>most parts are cast &amp; sometimes the rubber parts are field fabricated</td>
<td>requires welding but no unique metal shapes</td>
<td>easy to build but requires glueing</td>
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</table>

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<thead>
<tr>
<th>Ease of Transportation</th>
<th>Concrete</th>
<th>Modified Pipe Fitting</th>
<th>Fabricated Pipe Fitting</th>
<th>Manufactured Hydram</th>
<th>Welded Steel</th>
<th>Plastic*</th>
</tr>
</thead>
<tbody>
<tr>
<td>extremely heavy</td>
<td>small and not very heavy</td>
<td>small &amp; not very heavy</td>
<td>heaviest of the ferrous hydrams</td>
<td>heavy &amp; bulky</td>
<td>very light</td>
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</table>

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<tr>
<th>Longevity</th>
<th>Concrete</th>
<th>Modified Pipe Fitting</th>
<th>Fabricated Pipe Fitting</th>
<th>Manufactured Hydram</th>
<th>Welded Steel</th>
<th>Plastic*</th>
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</thead>
<tbody>
<tr>
<td>if it does not freeze it should last as long as a mfg. ram</td>
<td>no longevity history of studies done yet, but should last a long time</td>
<td>will last about 1 yr.</td>
<td>1 yr. without service</td>
<td>should last about as long as a mfg. ram</td>
<td>will last about one month</td>
<td></td>
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<table>
<thead>
<tr>
<th>Efficiency</th>
<th>Concrete</th>
<th>Modified Pipe Fitting</th>
<th>Fabricated Pipe Fitting</th>
<th>Manufactured Hydram</th>
<th>Welded Steel</th>
<th>Plastic*</th>
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<tr>
<td>very little difference if built properly</td>
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* training device only
SESSION 13: INTER-RELATIONSHIPS WITHIN THE HYDRAM  Time: 11-15 hours

OBJECTIVES: The trainees will verify by experimentation the inter-relationships within a hydram including:

1) the effects of the h:H ratio on efficiency,
2) frequency on maximum h:H,
3) frequency on efficiency and q and Q
4) amount of air in accumulator on efficiency
5) drive pipe length on efficiency,
6) drive pipe diameter on efficiency,
7) snifter on efficiency, and
8) drive pipe material on efficiency

The trainees will describe the extent to which they can vary the factors that affect efficiency, and produce an acceptable amount of water.

OVERVIEW: A series of 8 experiments will be conducted by groups of 3-4 participants. The number of experiments each group conducts will depend on the size of the total group and the amount of time available. This activity is key in providing participants with experience and confidence in understanding and manipulating hydrams, and understanding the range of skills, materials, tools and equipment involved in a hydram project.

MATERIALS: Handout 13, exercises 1-8
a water source with sufficient head to operate one or more hydrams, enough working hydrams for one to each group, drive pipes (all steel except one PVC)

TOOLS: pipe wrenches, stop watches or watches with a seconds function, buckets of known capacity, means of measuring drive head such as transit or sight level, pressure gauges, pressure relief valves
TRAINER NOTES ON TIMING FOR EXPERIMENTS

The time it should take for each series of experiments is as follows:

1) h:H ratio's effect on efficiency
   2 hours

2) frequency's effect on maximum h:H
   1 1/2 hours

3) frequency's effect on efficiency, Q and q
   2 1/2 hours

4) volume of air in accumulator's effect on efficiency
   2 hours

5) drive pipe length's effect on efficiency
   4 hours

6) drive pipe diameter's effect on efficiency
   2 1/2 hours

7) snifter's effect on efficiency
   1 1/2 hours

8) drive pipe material's effect on efficiency
   2 hours

Allow 1 hour for the introduction to this session (procedure steps 1-4) and 2-3 hours for the groups to analyze their findings (step 6) and 3 hours for the group presentations and discussion.

The number of experimental stations available and the time an experiment actually takes, may mean that each group does 2-3 experiments each. It's a good idea to have more than one group run an experiment to verify results.
PROCEDURE:

1. Describe the objectives of this session.

2. Divide the trainees into groups of 3-4, making sure each group contains a cross-section of technical abilities.

3. Give each group the task and procedure sheets for the experiments which you want them to perform.

4. Assign groups to work spaces and ask them to take 15 minutes to
   - decide how they will work together,
   - get clear about procedures, task,
   - make assignments for presentation, write-up.

5. The groups follow the procedures on the task and procedure sheets.

6. After the experiments are finished, the trainees meet with their groups for 2-3 hours to analyze the data collected, to plot the results of their experiments onto the graphs provided in the handout (all except for the snifter experiment which needs no graph), and to define the generalizations that can be made and the applications.

7. A representative from each group presents the task, procedure, results, generalizations, and applications for the experiments performed.

8. A discussion follows about what has been learned and what wasn't learned that perhaps should have been learned.

9. Ask participants to describe how start up of ram might be different at actual installation vs. this experimental arrangement.

NOTES

Each group of 3-4 should possess a range of technical abilities.

Each group will need to assign responsibility for timing the experiment, measuring, maintaining pressure gauge, recording data, reporting out, analyzing data.

The trainers must be available to participants as necessary to respond to questions, ensure that procedures and conclusions are clear and on target. Trainer should encourage groups to review their work at the end of the first block of work time.

See Guide to Users for setting up experimental stands.
Exercise 1 - Part I

**TASK:** DETERMINE THE EFFECT THE h:H RATIO HAS ON EFFICIENCY

**Variables:**
- Efficiency (n), Water delivered (q), Water used (Q), Time of experiment, Water wasted (Q_w)

**Controlled Variables:** Delivery head (h)

**Constants:** Drive head (H), Frequency (f), Volume of air in the accumulator

**Range:** 2:1 to 20:1

**PROCEDURE:**

1. Install a hydram to a drive head.
2. Accurately measure the drive head.
3. Attach and set an adjustable pressure relief valve and a pressure gauge to the discharge.
4. Start the hydram.
5. Open the snifter in order to fill the accumulator with air and then close the snifter for the duration of the experiment.
6. Calculate the impulse valve frequency.
7. Simultaneously measure the time of the experiment, water delivered (q) and water wasted (Q_w).
8. Calculate the efficiency (n).
9. Repeat the experiment making sure to keep the drive head, frequency and the volume of air in the accumulator the same and change the delivery head in order to develop a new h:H ratio.
Exercise 1 - Part II

Task: Determining the effect the h:H ratio has on efficiency

<table>
<thead>
<tr>
<th>Experiment</th>
<th>h:H ratio</th>
<th>H</th>
<th>h</th>
<th>Qw</th>
<th>q</th>
<th>Q</th>
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Notes:
Exercise 1 - Part III

THE EFFECT OF THE DELIVERY HEAD TO DRIVE HEAD RATIO ON EFFICIENCY
Exercise 2 - Part I

**TASK:** DETERMINE THE EFFECT OF THE FREQUENCY DELIVERY HEAD TO DRIVE HEAD RATIO

**Variables:** delivery head (h), water used, water delivered (q)

**Controlled Variables:** amount of air in the accumulator

**Constants:** drive head

**Range:** high frequency to low

**PROCEDURES:**

1. Install a hydram to a drive head.
2. Accurately measure the drive head.
3. Attach and set an adjustable pressure a pressure gauge to the discharge.
4. Start the hydram.
5. Open the snifter in order to fill the discharge.
6. Set the frequency to as fast as possible.
7. With delivery valve shut measure the pressure with a pressure gauge. (Make certain that is used is designed for the pressure encountered.)
8. Repeat the experiment by slowing down by even increments making certain that in the accumulator remains the same.
9. From the pressure reading calculate the h:q ratio.

**TOOLS AND MATERIALS NEEDED:**
Exercise Part II

Determine the effect of the frequency on the maximum delivery head to drive head ratio

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<tr>
<th>Experiment</th>
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BEST COPY AVAILABLE
Exercise 2 - Part III

THE EFFECT OF THE FREQUENCY ON THE MAXIMUM DELIVERY HEAD TO DRIVE HEAD RATIO

MIN  | FREQUENCY | MAX

h:H RATIO

10  | 20  | 30  | 40  | 50  | 60  | 70
Exercise 3 - Part I

**Task:** Determine the effect of frequency on efficiency, quantity of water entering the hydram and quantity of water delivered.

**Variables:**
- Time of the experiment, efficiency \((n)\), water used \((Q)\), water delivered \((q)\), water wasted \((Q_w)\)

**Controlled Variables:**
- Frequency

**Constants:**
- Drive head \((H)\), delivery head \((h)\), volume of air in the accumulator

**Range:**
- Slow to fast

**Procedure:**
1. Install a hydram to a drive head.
2. Accurately measure the drive head.
3. Attach and set an adjustable pressure relief valve and a pressure gauge to the discharge.
4. Start the hydram.
5. Open the snifter in order to fill the accumulator with air and then close the snifter for the duration of the experiment.
6. Calculate the impulse valve frequency.
7. Simultaneously measure the time of the experiment, water delivered \((q)\) and water wasted \((Q_w)\).
8. Calculate the efficiency \((n)\).
9. Repeat the experiment making certain to keep the volume of air in the accumulator, drive head, and delivery head the same while changing the frequency.
Exercise 3 - Part II

Objective: Determine the effect of frequency on efficiency, quantity of water entering the hydram and quantity of water delivered.

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<thead>
<tr>
<th>Experiment</th>
<th>h:H ratio</th>
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</table>
Exercise 3 - Part III

THE EFFECT OF FREQUENCY ON EFFICIENCY, QUANTITY OF WATER ENTERING THE HYDRAE AND QUANTITY OF WATER DELIVERED

<table>
<thead>
<tr>
<th>MIN</th>
<th>FREQUENCY</th>
<th>MAX</th>
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</thead>
<tbody>
<tr>
<td>20</td>
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<td>70</td>
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<tr>
<td>80</td>
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</table>

% EFFICIENCY
Exercise 4 - Part I

TASK: DETERMINE THE EFFECT OF THE VOLUME OF AIR IN THE ACCUMULATOR ON EFFICIENCY.

Variables: time of the experiment, efficiency (n), water wasted (Q_w), water pumped (q), water used (Q)

Controlled Variables: volume of air in the accumulator

Constants: drive head (H), delivery head (h), frequency (f)

Range: no air = 24" of air

PROCEDURES:

1. Install a hydram to a drive head.
2. Accurately measure the drive head.
3. Attach and set an adjustable pressure relief valve and a pressure gauge to the discharge.
4. Start the hydram.
5. Open the snifter in order to fill the accumulator with air and then close the snifter for the duration of the experiment.
6. Calculate the impulse valve frequency.
7. Simultaneously measure the time of the experiment, water delivered (q) and water wasted (Q_w).
8. Calculate the efficiency (n).
9. Repeat the experiment making certain to keep the drive head, delivery head and frequency the same while changing the volume of air in the accumulator.
**Task**: Determine the effect of the volume of air in the accumulator on efficiency.

<table>
<thead>
<tr>
<th>Experimental</th>
<th>n</th>
<th>h/H ratio</th>
</tr>
</thead>
<tbody>
<tr>
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</table>
Exercise 4 - Part III

THE EFFECT OF THE VOLUME OF AIR IN THE ACCUMULATOR ON EFFICIENCY

% EFFICIENCY

0 4" 8" 12" 16" 20" 24"

80

70

60

50

40

30

20

171
Exercise 5 - Part I

Task: Determine the effect of the drive pipe length on efficiency

Variables: efficiency (n), water wasted (Q_w), water used (Q), water delivered (q), time of the experiment

Controlled Variables: length of the drive pipe

Constants: frequency (f), drive head (H), delivery head (h), volume of air in the accumulator

Range: 10' - 80'

Procedure:

1. Install a hydram to a drive head.
2. Accurately measure the drive head.
3. Attach and set an adjustable pressure relief valve and a pressure gauge to the discharge.
4. Start the hydram.
5. Open the snifter in order to fill the accumulator with air and then close the snifter for the duration of the experiment.
6. Calculate the impulse valve frequency.
7. Simultaneously measure the time of the experiment, water delivered (q) and water wasted (Q_w).
8. Calculate the efficiency (n).
9. Repeat the experiment making certain to keep the volume of air in the accumulator, drive head (H), delivery head (h) and frequency the same while changing the length of the drive pipe.
Exercise 5 - Part II

**Task:** Determine the effect of the drive pipe length on efficiency

<table>
<thead>
<tr>
<th>Experiment</th>
<th>h:H ratio</th>
<th>H</th>
<th>h</th>
<th>Uu</th>
<th>q</th>
<th>U</th>
<th>f</th>
<th>s</th>
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Exercise 5 - Part III

The Effect of the Drive Pipe Length on Efficiency

-155-

Handout 13

[Graph showing the effect of drive pipe length on efficiency]
Task: Determine the effect of the drive pipe diameter on efficiency.

Variables: water wasted (Q_w), water used (Q), water delivered (q), time of the experiment

Controlled Variables: drive pipe diameter (D)

Constants: drive head (H), delivery head (h), frequency (f), volume of air in the accumulator

Range: ½, 3/4, 1"  

Procedures:
1. Install hydroam to a drive head.
2. Accurately measure the drive head.
3. Attach and set an adjustable pressure relief valve and a pressure gauge to the discharge.
4. Start the hydroam.
5. Open the snifter in order to fill the accumulator with air and then close the snifter for the duration of the experiment.
6. Calculate pulse valve frequency.
7. Simultaneously measure the time of the experiment, water delivered (q) and water wasted (Q_w).
8. Calculate the efficiency (n).
9. Repeat the experiment making certain to keep the volume of air in the accumulator, drive head, delivery head, length of drive pipe, and frequency the same while changing the diameter of the drive pipe.
Exercise 6 - Part II

**Task:** Determine the effect of drive pipe diameter on efficiency.

<table>
<thead>
<tr>
<th>Experiment</th>
<th>h:H ratio</th>
<th>h</th>
<th>Qv</th>
<th>q</th>
<th>N</th>
<th>f</th>
<th>g</th>
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**Notes:**
Exercise 6 - Part III

EFFECT OF THE DRIVE PIPE DIAMETER ON EFFICIENCY

Diagram showing the effect of drive pipe diameter on efficiency with a grid and measurements on the axes.
Exercise 7 - Part I

TASK: DETERMINE THE EFFECT OF THE SNIFTER ON EFFICIENCY

Variables: time of experiment, water wasted ($Q_w$), water used ($Q_u$), water delivered ($Q_d$), efficiency

Controlled Variables: Snifter open, snifter closed, one way snifter

Constants: drive head ($H$), delivery head ($h$), volume of air in the accumulator

Range: sucking air and spitting water

PROCEDURES:
1. Install a hydram to a drive head.
2. Accurately measure the drive head.
3. Attach and set an adjustable pressure relief valve and a pressure gauge to the discharge.
4. Start the hydram.
5. Open the snifter in order to fill the accumulator with air.
6. Calculate the impulse valve frequency.
7. Simultaneously measure the time of the experiment, water delivered ($Q_d$), and water wasted ($Q_w$).
8. Calculate the efficiency.
9. Repeat the experiment making certain to keep the volume of air in the accumulator, drive head ($H$), delivery head ($h$), and frequency the same while changing the snifter from an open snifter, a one way snifter to no snifter at all.

Handout 13
Exercise 7 - Part II

Task: Determine the effect snifter has on efficiency

<table>
<thead>
<tr>
<th>Experiment #</th>
<th>h/N ratio</th>
<th>H</th>
<th>h</th>
<th>Qw</th>
<th>q</th>
<th>Qw</th>
<th>f</th>
</tr>
</thead>
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</tbody>
</table>
Exercise 8 - Part I

TASK: DETERMINE THE EFFECT OF THE DRIVE MATERIAL ON EFFICIENCY

Variables: efficiency (n), water wasted (Q), water used (Q), water delivered (q), time of the experiment

Controlled Variables: volume of air in the accumulator

Variables: delivery head (H), frequency (f)

Constants: frequency (f), drive head (h), delivery head (h), volume of air in the accumulator

Range: 5:1, 10:1, 15:1, 20:1 for both steel and plastic pipes.

PROCEDURE:
1. Install a hydram to a drive head.
2. Accurately measure the drive head.
3. Attach and set an adjustable pressure relief valve and a pressure gauge to the discharge. Start the hydram.
4. Open the snifter in order to fill the accumulator with air and then close the snifter for the duration of the experiment.
5. Calculate the impulse valve frequency.
6. Simultaneously measure the time of the experiment, water delivered (q) and water wasted (Q).
7. Calculate the efficiency (n).
8. Repeat the experiment making certain to keep the drive head frequency, volume of air in the accumulator, and drive pipe material the same until you have accurate efficiency calculations for H:H ratios of 5:1, 10:1, 15:1, 20:1.
9. Repeat the series of experiments after changing the drive pipe to a different material making certain that everything else stays the same.
**Exercise 8 - Part II**

Task: Determine the effect of the drive pipe material on efficiency

<table>
<thead>
<tr>
<th>Experiment</th>
<th>h/H ratio</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

Notes:
Exercise - Part III

THE EFFECT OF THE DRIVE PIPE MATERIAL ON EFFICIENCY
Hand over T.L.B.

TYPICAL HYDRAV EXPERIMENT SET UP
SESSION 14: REPAIR AND MAINTENANCE

Time: 2-4 hours

OBJECTIVES: By the end of this session the trainees will be able to:

- predict malfunctions and problems in operation of a hydram over time;
- accurately diagnose malfunctions and causes; and,
- develop skills and experience in repair and maintenance of hydram systems.

OVERVIEW: Participants identify potential malfunctions, describe symptoms, prescribe cures, practice repairing; and develop strategy for long term preventive maintenance and routine service. The activity described below can be adapted for actual installations, if available.

MATERIALS: Handouts 14A (3 pp), 14B, 14C

TOOLS: All basic plumbing tools used to date in workshop

Spare parts

Enough hydrams for each experimental station
PROCEDURES

1. State objectives of the session.

2. Ask participants to generate a list of possible malfunctions and symptoms based on their construction experience, inter-relationship experiments, and what they've learned so far to date.

3. Divide participants into 3 groups, and assign each group approximately 1/3 of the listed malfunctions. Distribute Handout 14B.
   Group Task: for each malfunction/symptom listed, complete columns 2 and 3 of handout 14B, and write on flip chart for presentation.

4. Groups report out, check for accuracy and completeness of possible cures.

5. Ask each group to select one malfunction, go to an experimental station, and simulate malfunction. Allow 20 minutes. Ask group to listen to the ram, write down the sound and record its deviation from a well functioning ram.

6. Each group moves to another station and listens to ram, records description of sound, diagnoses problems, determines solution and repairs it.

7. Each group will report on:
   - sound
   - diagnosis
   - success in repairing
   - implications for preventive maintenance.

8. Repeat steps 5-7, this time groups to combine 2 malfunctions/symptoms.

NOTES

- List should include all items on 14A, trainer should add any that are not mentioned.

- Alternatively, groups work on all symptoms, after groups finish post flip charts on wall with each symptom. Individuals complete. Large group reviews, corrects, discusses. Trainers should be available if a group gets stuck. 1 hour.

- 30 minutes.

- Trainers could also simulate to save time.
9. Ask participants to complete worksheet, Handout 14B, columns 4 and 5.

10. In a large group, discuss implications for long term preventive maintenance. Have the group brainstorm a list of preventive maintenance tasks, routine servicing tasks. Individuals complete worksheet, handout 14C for their site.

NOTES
Trainers will circulate to ensure that lists are complete, time frames accurate.
<table>
<thead>
<tr>
<th>SYMPTOM</th>
<th>CAUSE</th>
<th>REASON</th>
<th>CURE</th>
</tr>
</thead>
<tbody>
<tr>
<td>impulse valve stops in the closed position</td>
<td>insufficient rebound</td>
<td>worn, cracked, or dirty check valve</td>
<td>clean, repair, or replace check valve</td>
</tr>
<tr>
<td></td>
<td>insufficient weight or stroke on impulse valve</td>
<td>insufficient flow of water into the drive pipe</td>
<td>increase impulse valve stroke or weight</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>check for leaks or obstructions in the supply system. If all the available water is going to the hydrant, re-adjust the hydrant for this flow</td>
</tr>
<tr>
<td>pulsation flow in the delivery pipe</td>
<td>lack of air in the accumulator</td>
<td>leak in the accumulator</td>
<td>repair leak</td>
</tr>
<tr>
<td></td>
<td></td>
<td>sniffer valve not open enough</td>
<td>open valve further</td>
</tr>
<tr>
<td></td>
<td></td>
<td>clogged sniffer valve</td>
<td>clean the sniffer valve</td>
</tr>
<tr>
<td>reduction in water delivered and air bubbles in the delivery pipe</td>
<td>too much air entering the accumulator</td>
<td>sniffer valve open too far</td>
<td>close down the sniffer valve slightly</td>
</tr>
<tr>
<td></td>
<td></td>
<td>leak in the hydrant body between the impulse and check valves</td>
<td>repair the leak</td>
</tr>
<tr>
<td>impulse valve stops in the open position</td>
<td>insufficient velocity around the impulse valve</td>
<td>lack of water entering the drive pipe</td>
<td>check for leaks or obstructions in the supply system. If all available water is going to the hydrant, re-adjust impulse valve for this flow rate. Either shorten the stroke or lessen the weight.</td>
</tr>
<tr>
<td>SYMPTOM</td>
<td>CAUSE</td>
<td>REASON</td>
<td>CURE</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>------------------------------</td>
<td>---------------------------------------</td>
<td>-------------------------------------------</td>
</tr>
<tr>
<td>hydrant won't start</td>
<td>insufficient back pressure</td>
<td>check valve not seating properly</td>
<td>clean, repair or replace check valve</td>
</tr>
<tr>
<td></td>
<td>poor impulse valve seating</td>
<td>snifter valve open too far</td>
<td>close snifter until hydrant starts</td>
</tr>
<tr>
<td></td>
<td>lack of water entering the</td>
<td>insufficient water in the delivery</td>
<td>continue to cycle hydrant manually</td>
</tr>
<tr>
<td></td>
<td>drive pipe</td>
<td>pipe</td>
<td>until sufficient delivery head is</td>
</tr>
<tr>
<td></td>
<td>improper impulse valve stroke</td>
<td>water hammer pressure pulse absorbed</td>
<td>developed</td>
</tr>
<tr>
<td></td>
<td>or weight</td>
<td>before the check valve</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>leaks or obstructions in supply system</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>not adjusted correctly</td>
<td></td>
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<tr>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>hydrant runs but does not pump</td>
<td>obstructed delivery line</td>
<td>closed delivery valve</td>
<td>open the valve</td>
</tr>
<tr>
<td>anything</td>
<td></td>
<td>frozen delivery line</td>
<td>apply sufficient heat to thaw</td>
</tr>
<tr>
<td></td>
<td>water hammer pressure pulse</td>
<td>clogged delivery pipe</td>
<td>clean out or back flush</td>
</tr>
<tr>
<td></td>
<td>absorbed before the check</td>
<td>air accumulation under the check valve</td>
<td>cycle the hydrant several times by hand</td>
</tr>
<tr>
<td></td>
<td>valve</td>
<td></td>
<td>allowing the water to reach maximum</td>
</tr>
</tbody>
</table>

**Reason:**
- Insufficient water in the delivery pipe
- Supply insufficient for hydrant
- Leaks or obstructions in supply system
- Not adjusted correctly
- Either change stroke or weight

**Cure:**
- Clean or repair the supply system
- Re-assess installation, possibly install smaller hydrant and/or drive pipe
<table>
<thead>
<tr>
<th>SYMPTOM</th>
<th>CAUSE</th>
<th>REASON</th>
<th>CURE</th>
</tr>
</thead>
<tbody>
<tr>
<td>hydram runs but the amount of water being</td>
<td>leak in the delivery pipe</td>
<td>loose fitting or a hole in pipe</td>
<td>tighten all loose fittings and/or repair</td>
</tr>
<tr>
<td>delivered is much less than should be</td>
<td></td>
<td>worn, cracked, dirty, or mis-aligned check</td>
<td>any holes</td>
</tr>
<tr>
<td>expected</td>
<td></td>
<td>valve</td>
<td>clean, repair or replace impulse valve</td>
</tr>
<tr>
<td></td>
<td></td>
<td>worn, cracked, dirty or mis-aligned check</td>
<td>clean, repair or replace check valve</td>
</tr>
<tr>
<td></td>
<td></td>
<td>valve</td>
<td>clean drive pipe</td>
</tr>
<tr>
<td></td>
<td></td>
<td>obstruction in drive pipe</td>
<td>adjust or replace check valve stroke</td>
</tr>
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<td></td>
<td></td>
<td>excessive check valve stroke</td>
<td>change either the drive pipe diameter or</td>
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<td></td>
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<td></td>
<td>length</td>
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<td></td>
<td></td>
<td>poor L:H ratio</td>
<td>change either the drive pipe length or</td>
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<tr>
<td></td>
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<td></td>
<td>the drive head</td>
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<tr>
<td>impropery installed hydram</td>
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<tr>
<td>Frequency very erratic</td>
<td>air in the drive pipe</td>
<td>hole in the hydram body or a loose fitting</td>
<td>patch all holes and/or tighten all loose</td>
</tr>
<tr>
<td></td>
<td></td>
<td>near the drive pipe connection to the</td>
<td>fittings</td>
</tr>
<tr>
<td></td>
<td></td>
<td>hydram</td>
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</table>
Handout 14B: Repair and Maintenance Worksheet

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Cause</th>
<th>Cure</th>
<th>Tools/Skills Needed for Repair</th>
<th>Preventive Maintenance Required</th>
<th>Tools/Skills Needed for Preventive Maintenance</th>
</tr>
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<tr>
<td>TASK</td>
<td>TIMEFRAME</td>
<td>WHO'S RESPONSIBLE</td>
<td>SKILLS/RESOURCES NEEDED</td>
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SESSION 15: Review Exercise #2

Objectives: By the end of this session trainees will have demonstrated their ability to:

- determine maximum drive and delivery heads for a given ram;
- describe key interrelationships in a hydram;
- accurately describe at least 5 factors affecting efficiency in a hypothetical ram installation.

Overview: Work to date in the three areas described above has been primarily group work. This activity provides the opportunity to apply this information individually, and clarify any misunderstandings.

Materials: Handout 15A

TRAINERS, NOTE:

Specifications for problem #1 need to be provided, using the charts from Sessions 9 and 10. Alternatively, participants can take actual measurements from the pipefitting rams they constructed, and solve the problem for those rams.
Procedures

1. Explain purpose of session, resolve any hanging questions from previous session.

2. Distribute handout, instructing participants to solve problems individually.

3. Participants to compare answers in groups of 2-4, coming to agreed upon solution(s).

4. For each problem, ask for volunteers and provide group answers. Check with other groups for variation/difference. Discuss rationale for answers, and/or differences.

Notes

Session 15

Allow 30 minutes for this.

30 min.

45-one hour
REVIEW EXERCISE

1. What are the maximum recommended H & h in a 2" hydram where the impulse backing plate is ___ thick, the impulse seat area is ___, has ___ impulse valve bolts ___" in diameter, has a check valve backing plate ___" thick, and a check valve seat width of ___"?

Answer the following with a graph if you wish:

2. How does the amount of air in the accumulator effect "n"?

3. How does the h:H ratio effect "n"?

4. How does the frequency effect "Qw"?

5. How does the snifter effect "q"?

6. Tomorrow you are going out to an existing hydram site where there is only 100 gpd being delivered, there is a reliable supply of 3 gpm and an h:H ratio of 10:1. The ram works consistently but the efficiency is so low that only 1/2 the water needed is being pumped. Do you feel 200 gpd can be pumped if the hydram and/or installation is corrected to improve the efficiency to a reasonable level? If yes, what are you going to look for as a possible reason for low efficiency? (At this point you know nothing else about the hydram or the manner, in which it is installed) list as many factors as you can think of.
SESSION 16: Use of Multiple Rams

Time: 1½ hours

Objective: By the end of this session trainees will describe how multiple rams, in series or parallel, can be used in situations where h:H ratio, L:D ratio, or D make single ram unpractical or impossible.

Overview: In small groups, trainees will solve problems to determine that single ram is impossible, and describe and size multiple system for meeting water need. Large group will discuss advantages/disadvantages of these systems, including cost efficiency.

Materials: Handouts 16A, 16B, 16C, 16D
Problems 16A, 16B, 16C on flip chart
Flip charts, markers
Procedures:

1. Introduce session by reviewing limitations of hydram in terms of:
   - maximum h:H
   - L:D ratios
   - cost of galvanized pipe in large sizes

   State objectives of session.

2. Form 3 small groups and assign each group one problem from Handout 16D. Distribute the relevant diagram (16A, B, or C) to the appropriate group.

   The group task is to:
   - solve problem
   - determine why single ram will not work
   - study diagram and determine why the multiple ram arrangement will work
   - size the multiple ram system
   - plan 10 minute presentation to the large group

3. Representatives from each group present and answer questions.

4. Ask large group to describe any additional advantages/disadvantages of multiple ram systems, any other situation they might be used in.

5. Ask participants what application series/parallel rams have at their sites.

Notes:

10 min.

Allow 30 minutes for this.

30 min.

10 min.
Hydrants may be used in series when the delivery head to drive head ratio exceeds the capabilities of one hydram.

Drive head to hydram #1 is 2 ft.
Drive head to hydram #2 is 20 ft.
Delivery head is 200 ft.
If one hydram can't pump enough water to satisfy the needs of a community, a second hydram can be installed to pump the waste water from the first hydram.
ATTACHMENT 16-C Site Development

WHERE IT IS IMPRACTICAL TO BUILD ONE LARGE HYDRAM,
TWO OR MORE HYDRAMS MAY BE USED IN PARALLEL.
ATTACHMENT 16D

Problem 16A:

How much water can be pumped to a delivery head of 200 feet, when there is a drive head of 2 feet, a supply of 50 gpm, and an assumed efficiency of 50%?

Problem 16B:

A community of 200 people, with 70 cows, needs 5 gpd per person and 15 gpd per cow. A spring flows at a rate of 15 gpm, $H = 10'$, $h = 100'$, $n = 50\%$, $L: D = 960$. How can the community's needs be met?

Problem 16C:

How much water can be delivered to a supply tank 50 feet above a hydrant when the drive head is 5 feet, the hydrant's efficiency is 50%, the flow rate of the water is 30 gpm, and the largest drive pipe available is 2"?
SESSION 17: Site Development  
Time: 2 hours

Objective: At the end of this session, participants will be able to:

- describe various construction techniques for the major components of a hydram system, i.e., take off from the source, hydram box, storage facility and necessary piping, and
- develop cost estimates for total systems.

Overview: During this session, participants will describe present construction techniques at their sites and compare them. If participants have little/no experience in water development, simple techniques will be described. This session is not intended to provide construction skills for ram components.

Materials: Handouts-
Costs lists developed prior to workshop, especially PVC and galvanized pipe, concrete
Approximate costs developed during construction of hydrams in workshop.
Chalkboard, chalk or flipcharts and markers
Procedures:

1. Introduce the session with a brief statement that so far the workshop focus has primarily been the hydram itself and that we now want to look at a bigger picture, i.e., the system. State the objectives of the session and review Handout 2B.

2. Take off from source. Ask participants to describe methods they're familiar with for taking water off a stream and/or catching springs. Generate a list of design issues and write these on board/flip chart.

   If participants are not familiar with systems, trainer should describe settling basin, spring catchment, and group should identify in-country resources for developing water sources.

3. Ask participants how to protect hydram itself: keeping drive pipe rigid, free of bends, providing adequate drainage, avoiding damage by animals, vandals, or to curious people/children. Develop guidelines for construction of hydram box, per Handout.

4. Storage Facility. Repeat Step 2 for storage facilities.

5. Have participants size a ram for their application, and cost out the entire system, using the workshop estimates, their knowledge of skilled labor rates. If participants do not have a specific application in mind, develop a sample problem, using information generated in workshop to date, i.e.,

   o cost of rams built
   o maximum h: H for these rams
   o approximate l and L
   o provide hypothetical q

   Check computations to ensure that all components accounted for.
**PROCEDURES**

6. Ask participants what, if any, additional issues are raised by these site development considerations in terms of costs to community, current systems that hydram could run off of, existing storage systems, costs for reticulation.

7. Summarize by stating that all of these must be considered in overall hydram system. Distribute Handouts 17 C, D, and E.
Attachment 17B

HYDRAM BOX

- Drive Pipe
- Cover
- Hydram Box
- Delivery Pipe
- Drain Pipe
- Foundation
GUIDELINES/CHECKLIST

Take-Off from Source:

materials: pipe or proper soil
         drum or tank
         plumbing parts (connectors, flanges, etc.)
         trash rack
         fine mesh screen

conscerns: negative slope from source to drum or pond
         pipe or channel well into stream
         good foundation for drum or pond
         means to shut off flow to basin when necessary
         keeping trash, debris, sediment out of line
         protection from: raging waters
                       flood
                       animals
                       sun (ultraviolet rays)
                       erosion

Hydrant:

materials: cement, aggregate, sand
         metal pipe and plumbing parts
         hydrant
         metal or wood for cover to box
         hinges, screws, etc.
         stakes, wire

conscerns: support for pipes - drive, delivery
         pipe course straight as possible - no 90° bends
         anchoring of pipes
         drainage for waste water
         drive pipe entering settling basin 1/3 way up
         from bottom of basin
         protection box for hydrant
         drainage for waste water
         coverage for all plastic pipes
         clear marking of pipeline if buried

Storage Facility:

materials: adequate soil
         cement, aggregate, sand
         reinforcing bar
         paint
         pipe
         plumbing parts (connectors, faucet, standpipe)
         fencing material
GUIDELINES/CHECKLIST = continued

Storage facility = continued

concerns: best match of size, materials and costs
closeness to final usage
durability of tank - strength, seal
protection from animals
safety for users, children
SITE DEVELOPMENT

After the siting of the components for the hydram system has been completed, it becomes necessary to design the components in detail. This session will discuss how to develop them and will allow for a better estimation of the money, labor and time needed.

The components of the system that are of concern here are the take-off from the source, the hydram, the storage facility, and all necessary piping. Variations for developing the components and factors that influence their design will be presented. The attachments to this session will give further guidelines and will give references for those topics that will not be covered in this manual/workshop.

TAKE-OFF FROM THE SOURCE

As was mentioned before, the water for a hydram system is not taken directly from the stream; a take-off component must be installed. Its purposes are to protect the system from the potential damage by floods, to keep sand and debris out of the system and to make maintenance of the system easier. The two basic parts to the take-off area are a settling basin and a transmission channel from the stream to the basin.

The size of the basin has to be just large enough to insure an uninterrupted flow of water to the hydram while trapping sediment, sand, and debris. If the hydram system is small - that is, it uses a 2" drive pipe or smaller, a 55 gallon drum or small tank may be used. If the soil at this site has a good clay content, a small pond can be constructed to serve as the basin. A rough way to determine the size of the basin is to determine the volume of water contained in the drive pipe at any point in time and have the basin be large enough to allow 3-4 times that volume of water standing above the drive pipe, e.g., if the drive pipe contains 10 gallons (area of the inside diameter of the drive pipe times its length), then a basin with 30-40 gallons above the drive pipe inlet will be sufficient. The inlet of the drive pipe should be positioned at least 1/3 of the way up from the bottom of the basin. A fine mesh screen must cover the inlet of the drive pipe (keeps frogs, etc. out).

The second part to the take-off is the channel or pipe that takes the water from the source and directs it to the basin. If a drum or tank is used as a basin, a pipe is more suitable as the inlet channel in that the pipe lends itself to an easier attachment to the drum/tank. If a pond is used, a dug channel can be used. The channel however, may need to be lined with clay to minimize seepage losses through the soil. The channel or pipe should be placed well into the stream to be able to pick up sufficient water during the dry season. The pipe needs to be anchored to the streambed for protection from being swept away by raging
waters during the rainy season. A channel also will need to be protected. In both cases, large rocks placed on each side of the channel/pipe should be sufficient.

The channel will need more regular maintenance than a pipe to keep the sediment and weeds from blocking the passage. The pipe will need a trash rack in front of its stream opening to keep debris, fish, etc. out of it.

The channel/pipe will need to have a slight negative slope to it - 1% or so to allow the water to naturally feed into the basin. Both the channel and the pipe should have some means of blocking the flow of water to the system when that becomes necessary. If a plastic pipe is used, it will have to be covered to protect it from the sun; the ultraviolet rays of the sun will eventually destroy the plastic.

One last note: if the stream under consideration has excellent year round flow rates, but not an adequate head to run the hydram, a small dam may need to be constructed. This is a costly undertaking - in terms of money, time, skill and labor. This manual/workshop cannot provide the necessary information for working with a dam. You will need more information to help decide if further consideration of the project is worthwhile.

The Hydram

The hydram component consists of the drive pipe, the hydram itself, the delivery pipe and a protection box/foundation for the hydram. Details about development and construction of the hydram are covered in this manual.

The drive pipe needs to be made of metal to withstand the pressures and pounding that develops in running the system. It should be positioned in the settling basin about 1/3 the way up from the bottom. The pipe should be well supported along its length and protected from outside disturbances. If stakes can be driven into the ground, the pipe can be anchored to them; this will help minimize vibrations and keep it from being bumped off its supports. The pipe should transverse as straight a course as possible. In no case should sharp bends (90°) be used; 45° bends or less should be used. If they are used, support must be provided at each bend to keep the sideway thrusts that will develop inside the pipe at that point from destroying the line.

The delivery pipe can be made of plastic. The same care in supporting, anchoring and protecting the drive pipe should be applied also to the delivery pipe. The course of the pipe should be as straight as possible, avoiding all sharp bends. An additional concern with plastic pipe is protection from the ultraviolet rays of the sun. The pipe needs to be covered. One way to
do this is to bury it. However, if this is done, the channel should not be covered up until the system is working and the pipe checked for leaks.

The delivery pipe, because of its length, may raise additional concerns. It must be adequately protected any place it has to cross a trail or road, or in other ways is subject to possibly being run over by a cart or vehicle. If it crosses cultivated land, its course must be adequately marked so that it is not accidently damaged during cultivation operations.

The hydram itself must be well supported and protected from accidental disturbances. In addition the waste water needs to be directed away from the support foundation. The best way to provide this protection is to build a concrete foundation with drain outlet and a concrete or cement block box around it. The box should be large enough to allow enough room for a workman (or two) to comfortably move around the hydram. If a concrete hydram is used, the accumulator and/or the body may weigh a couple of hundred pounds. If it has to be removed for some reason, there must be enough room in the box to allow workers to get in there and lift it out.

The final part to the box should be some type of cover that can be locked; this offers protection from vandals or people tampering with the hydram out of curiosity. A final note on the construction of the box: the foundation should be poured and the hydram installed. After the hydram is working like it should, the walls to the box should be constructed and the cover installed.

The Storage Facility

The construction design of this component of the system is dictated by its size, the available materials, and physical characteristics of the site. A few examples may highlight some design considerations for the storage facility:

Let's say your calculations for the system indicate that 1000 gallons of water a day needs to be delivered. To store this amount of water, the facility will need to be about 12 feet on a side and 12 foot high. (1 cubic foot of water equals 7.48 gallons) If you want to have a 3-day supply of water (1 day's use and 2 days in reserve) the facility will need to be at least 12' x 12' x 3'. It may be economically reasonable to construct this out of concrete and block.

Now let's say the system will be used for irrigation and will need to store 100,000 gals and use it every 8 days. The size of this facility will need to be approximately 40 feet on a side and 3 feet high. To construct this structure out of concrete may be too costly; a pond would have to be constructed. (Incidently, a system needing 2100,000 gallons every 8 days will need to pump.

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about 10 gals a minute, all day, every day. 100,000/8days/24
hours/60 minutes.)

This manual/workshop cannot go into all the details and
procedures necessary to construct these storage facilities.
However, some reference materials are listed in the attachments
that can assist in this work. In addition, assistance can be
obtained from the agriculture department and technical donor
groups/ agencies.

Irrespective of the design of the facility, there are basic-
cconcerns for the protection of the system and for safety to the
individuals using it. A pond almost assuredly will have to have a
fence around it to keep animals and little children out of it. The
walls of a tank will have to be reinforced with metal bars and
the inside of the tank plastered with cement and painted to pre-
vent leaks.

Cost and Labor Considerations

The labor for and the costs of this system can be quite a
burden for the rural farmer or village; this is why the siting and
the design of the system are so important. When both are done
with care and skill, the costs for a completed system will be as
low as possible. It should be obvious that with ample free/cheap
labor and proper soil available the system can be kept within
reasonable limits. It should also be obvious that the amount of
labor needed and the length of time to do it all can be extensive.

It may be useful to take an example and see what a system
might cost. Prices for everything are different everywhere, but
for the sake of this example, let's say:

- Cement costs $7/bag - 1 bag can make 20 blocks
  16" x 8" x 8"; can plaster 50 sq. ft. of surface
  can bond 35 blocks together; can produce 6 cu. ft.
  of concrete

- Reinforcing bars for the total system costs $75

- Metal pipe costs $8/foot

- Additional plumbing parts $75.

- hydram can be built for $100

- Plastic pipe costs $4/foot

- 55 gal drum costs $10

- welding work on drum costs $15
Pipe lengths are: inlet line to drum 20', drive pipe 40', delivery pipe 200', supply pipe 300'.

Hydram box needs to be 6' x 5' and 4 courses high, foundation - ½ foot thick.

Storage facility needs to be 15' x 15' x 4', foundation - 1 foot thick.

Paint $50

Standpipe and faucet at final use point $100

Transportation costs $200.

No labor costs.

What will this system cost? (Round off fractions to next highest whole number.)

If the storage facility will be a pond with no material costs, what will the system cost? (Transportation costs are cut in half; no reinforcing bar is needed.)

If, in addition, the supply line isn't needed, what will the system cost?
GLOSSARY OF TERMS FOR SESSION 17

Battery of hydrams - (or parallel hydrams) a hydram installation where two or more hydrams are connected to the same source with different drive pipes, but usually with the same delivery pipe. This type of installation is used where the size of the hydram is limited.

Holding tank - (storage tank) the means of storing water once it has been pumped to the desired head.

Ram box - the small structure usually made out of concrete and/or wood which houses a hydram, protecting it from freezing, weathering, and possibly from vandalizing.

Series hydram - a hydram installation where two or more hydrams are used in series to pump water higher than one hydram could alone.

Spring box overflow pipe - a pipe placed in the wall of a spring box near the top for unused water to exit through.

Waste water drain - the drain in the bottom of a ram box which allows the waste water from the hydram to drain out.

Waste water series hydrams - a hydram installation where one hydram uses the waste water from another as a source to pump a higher percentage of the water.
SESSION 18: Hydram System Site Selection  
Time: 2-4 hours

Objective: At the end of this session trainees will have selected a site for a hydram system from a range of possibilities, based on the technical, social and economic factors involved in the decision.

Overview: This session pulls together several issues that have been identified over the course of the workshop: technical feasibility, water need, access, skills, cost, community responsibility, maintenance and repair.

There are two possible activities described here:

1) a hypothetical exercise, with a hillside full of springs as possibilities

2) a field activity in a pre-selected location which presents several options for siting the system.

Note: Activity 2 is optimal and requires site identification by the trainer, concurrence for using the area (from local residents, officials, etc.). It takes much more time and makes a richer activity.

Materials: For hypothetical activity, Handout 18A

- For actual field activity: site levels, tapes, weirs or estimated flow rates for source
Procedures

1. State objectives of session and overview of activities.

2. Ask what are the major components of a hydram system that needs siting, and what are the major factors that influence the selection of a site.

3. Ask what information should be known about the project before site selection can be made. List on flip chart.

4. Ask what factors and components should be looked at, in what order.

5. Present actual or simulated situation and instruct participants that they will have to select a site.

Actual:

- Divide into groups of 4-5. Ask groups to spend 30 minutes organizing their tasks, responsibilities for gathering data at the site, and decision making process.

- Go to site, gather data, make decision and prepare presentation/recommendation including rationale, need, cost.

- Each group presents, and large group critiques based on factors listed above.

Especially if field activity is used. Note any concerns raised during this discussion.

15 min.

Head needed for system, flood boundaries of stream, ownership of land, cost of pipe of different materials and in different sizes.
1. hydram & head should be first then flood consideration
2. Take off point and distance D to hydram; flood considerations
3. Social factors for hydram and take off system
4. Storage facility and distance
5. above with social factors
6. Cost of above system
7. Distance, d_3 and costs
8. Maintenance responsibilities, access.

30 min.

1\frac{1}{2} - 2 hours. Trainers should monitor time.
Simulated

- Individually, using handout 18A, and given spring flow rates, distances, select site for locating hydram, to deliver 1500 gpd. Solve for single ram first then consider series installation.
- Develop approximate costs.
- Ask for responses; differences. Ask 1-2 participants with different answers to share rationale

6. Ask participants which issues are of major concern at their sites.

In this situation, it's difficult to consider all social factors. 30 min.

20 min.

20 min.
The flow rates of the springs are as follows: A=10gpm; B=8gpm; C=7gpm; D=2gpm; E=0gpm.
HYDRAM SYSTEM SITE SELECTION

There are three main components to a hydram system that require site selection: 1) the take off from the stream, 2) the hydram itself, and 3) the storage facility.

The Take Off System: The water for a hydram is never taken directly from the stream. Sand and debris would enter the drive pipe and destroy the hydram. Therefore a settling area for the water must be included in the system. The characteristics to look for are a relatively flat area near the stream but out of the way of the rainy season's floods.

The Hydram: The first important factor here is to choose a site that will give sufficient head to run the pump. Basically, the higher the head, the greater the amount of water that can be pumped. As a general rule of thumb, the site should give at least 3 m (10 ft) of head. Systems can be run with a smaller head, but the flow rate needs to be that much larger. If there are a number of places along the stream where sufficient head can be generated, then the spot where the distance from the water source to the hydram is the shortest will be the best. The drive pipe (from source to hydram) must be made of metal to withstand the pressure and pounding of the system. Metal pipe is usually more expensive than plastic pipe (which can be used for the delivery line). So even though the delivery line may be longer than at other potential sites, the costs for the total system may be less.

The hydram can be situated in any safe/stable area that will give the proper head and distance mix. An added consideration is convenient access to this site to do repairs and maintenance. It is advisable to build a box to enclose the hydram - to protect it from animals and vandals and to minimize erosion to the hydram's foundation. This usually means that cement needs to be carried and mixed nearby, and this may influence your selection of the site. One last concern is that the waste water from the hydram will need to find its way back to the stream. If in doing so, it transverses cultivated land and that could cause a problem, then this factor must be considered in the selection of the site.

The Storage Facility: The third major component of the system is the site to which the pump will deliver. The delivery point/storage facility should be at some convenient location that allows the water to gravity flow to where it is needed. The major determinants of the site for the storage facility are the delivery head the system can accommodate and the length of the delivery line. The delivery head must be within the range of the system's capabilities, and the length of the delivery pipe must be within reasonable cost constraints. The distance from the storage facility to the point of use (see handout 18B, d3), should be kept to a minimum. But this distance, d3, is secondary to the needs of the hydram system.
The factors that influence the siting of these components are:

1) flood considerations,
2) available head,
3) distances/pipe length between components,
4) cost factors,
5) convenience of location,
6) social factors.

1) Flood Considerations: The seasonal variations of the stream must be taken into consideration - this is particularly true of flood conditions. Each component of the system must be placed outside the potential flood area.

2) The available head and that necessary for the system is the key factor in siting the system. There are three heads involved here: the drive head, the delivery head, and the supply head. The most important of these is the drive head, $H$. This $H$ basically determines what the capabilities of the system are. The delivery head, $h$, is next in importance; it is however limited by the constraints placed on the system by the size of the drive head. The least important of the heads is the supply line head, $h$. Basically this head just needs to have a negative slope - that is, sufficient drop to let the water run down hill.

3) Distances or pipe lengths are the next major consideration in selecting a site for the system. Pipes are usually the most costly items of the system. There are three distances that must be taken into account: the length of the drive line, the length of the delivery line, and the length of the supply line. The most crucial of these is the drive line because this piping is usually the most expensive per foot and because the size of the pipe is influenced by the distance it must transverse. As a rule - the shorter the drive pipe line the better (considering that it delivers the necessary head). The length of the delivery line is next in order of importance. It is constrained by the capacity of the system and by costs. However plastic pipe can be used here. The supply line is constrained by cost factors only. It can be run as far as the terrain and the budget allows.

4) The cost of a system may be the final determinant as to whether or not it is implemented. Pipes and plumbing components are the main expense, with cement and possibly labor second. The hydram itself is a lowly third. If care is taken in the siting and the design of the system, the costs can be kept to their minimum.
5) Convenience of location of the hydram and the storage facility is another siting factor. Basically the components of the system should be sited in a location that allows for ease of construction, repairs and maintenance.

6) Lastly, the "best" site for the system may not be the one that the villagers want - it may be on the wrong persons land, or whatever. Remember that they are responsible for maintaining the system, and their concerns must be honored.

Presented below is a handy table to keep the components of the system and the siting factors in mind as the survey work is being done.

<table>
<thead>
<tr>
<th>COMPONENTS</th>
<th>TAKE OFF</th>
<th>HYDRAM</th>
<th>STORAGE FACILITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>SITING FACTORS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FLOOD CONSIDERATIONS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HEAD</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>DISTANCES</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>COSTS</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>CONVENIENCE</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SOCIAL FACTORS</td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>
DIAGRAM OF HYDRAM SYSTEM FOR SITE SELECTION
SESSION 19: PROJECT PLANNING

OBJECTIVES: By the end of this session, participants will have completed a plan for a hydram project at their site. The plan will include problem definition, an articulation of why a hydram is the most appropriate solution, goals, activities, resources, responsibilities, monitoring and evaluation.

OVERVIEW: The key issues in hydram project implementation, and therefore planning, have been raised throughout the workshop. During this session, participants pull it all together, to begin applying what they've learned to their sites. It may even be the case that what they've learned is that hydrams will not work at their sites.

TRAINER’S NOTE: Remind participants to bring along Site Information Worksheet, Cost Calculations, Repair and Maintenance Worksheets, and Site Selection worksheets.

MATERIALS: Flipchart/markers
PROCEDURES

1. Introduce session by stating goals and rationale.

2. Ask participants to spend an hour, individually, developing a plan that includes the following:

   A. Statement of water problem at the site:
      - who needs water, why, how much
      - who perceives the problem
      - what is current situation

   B. Evaluate current situation:
      - where is there water?
      - how much? what quality?
      - accessibility? ownership?
      - current and future needs?
      - community structure, social, political, skills

   C. What are the possible solutions?
      - hydran
      - others...diesel pump, gravity pump etc.

   D. Evaluation of solutions for:
      - cost
      - longevity
      - feasibility
      - material needs
      - availability of skills
      - local technical support for repair and maintenance
      - time to install
      - social responsibility
      - reliability
      - results
      - community involvement

   E. For the selected strategy:
      Develop a schedule of tasks, activities, responsibilities, materials, resource requirements and time frames.

   F. Develop a plan for monitoring progress.

NOTES

Remind group that much of this is in Site Information Worksheet used in Session 2.

It's important that participants are clear about hydrans being one solution, and that they evaluate it against all criteria.

Link this to criteria that have been developed in other sessions in the workshop.

The tasks and activities should include any further data to be collected; other groups to be included in planning and implementation.
PROCEDURES

3. Ask participants to share their plan with at least one other person, for critique, additions. Alternatively ask someone to volunteer to present plan to the whole group.

4. Ask participants if they feel comfortable about the next steps they need to take to implement their learning. If not, it's likely that plan needs revising. Ask if specific parts of the plan require rethinking.

NOTES

If participants are from the same agency it might be appropriate to share plans with each other.
SESSION 20: WRAP UP AND EVALUATION

OBJECTIVES:
- evaluate workshop activities
- provide closure to workshop

OVERVIEW: This session will vary with the actual situation. At a minimum, evaluation forms should be completed, and workshop sponsors should have the opportunity to "close the workshop" with a restatement of their intent re: the development and use of this technology and the skills of the participants.

TRAINER PREPARATION: The disposition of constructed rams is an issue that has probably come up by now. This is a good time to give them away, or announce the decisions. Suggestion: ask interested parties to submit proposals for the rams.

Determine whether or not certificates will be given, and make sure they're printed and ready.

Develop an evaluation form. A sample is attached.

MATERIALS: Depending on above decisions.
Evaluation form, pens, pencils,
Participant roster if one has not yet been distributed.
**PROCEDURES**

1. State the purpose of the activity. Ask participants if they have any loose ends that need to be tied up. If so, list these on a flipchart developing an agenda of sorts.

2. Distribute evaluation forms. Allow about 20-30 minutes to complete.

3. Ask workshop sponsor to close, perhaps with certificates, if appropriate.
APPENDIX

GLOSSARY OF TERMS

**Accumulator** - (air dome) the air chamber on the hydram which cushions the water hammer, eliminating delivery pulsations and helps provide rebound.

**Atmospheric pressure** - the pressure at sea level caused by the weight of air; atmospheric pressure = 14.7 and 0 psig.

**Battery of Hydrams** - (or parallel hydrams) a hydram installation where two or more hydrams are connected to the same source with different drive pipes, but usually with the same delivery pipe. This type of installation is used where the size of the hydram is limited.

**Check Valve** - (non-return valve, secondary valve, internal valve) the internal valve in the hydram that prevents the delivery head pressure from forcing water back through the hydram body.

**Delivery head** - the vertical distance between the hydram and the highest level of water in the storage tank that the hydram is pumping to.

**Delivery pipe** - the pipe which connects the output of the hydram to the storage tank.

**Drive head** - the vertical distance between the hydram and the highest level of water in the supply system.

**Drive pipe** - a rigid pipe usually made of galvanized steel that connects the hydram to the source reservoir or stand pipe.

**Efficiency** - (n) the ratio of the energy input to the energy output; a measure of how well a hydram functions;

\[ n = \frac{QH}{Q} \]

**Force** - to move something against resistance, pressure times the area measured in pounds, newtons or dynes.

**Frequency** - (f) the number of times a hydram cycles in one minute.

**h:H ratio** - (delivery to drive head ratio) the ratio of lift to fall. The inverse of this ratio times the efficiency of the hydram will determine the percentage of water the hydram will pump. The higher the h:H ratio, the lower the hydram efficiency (n). The usual range of the h:H ratio is from 2:1 to 20:1 but h:H ratios have been measured up to 60:1.
Holding tank - (storage tank) the means of storing water once it has been pumped to the desired head.

Hydram - (hydraulic ram, hydraulic ram pump, automatic hydraulic ram pump, ram) an ingenious device that uses the force of water falling through a drive pipe to pump water to a height greater than its source, making use of hydraulic principles and requiring no fuel.

Hydram capacity - the maximum amount of water a hydram can use. This is determined by the drive pipe size and length, the drive head, and the impulse valve size and design.

Impulse Valve - (clack valve, outside valve, impetus valve, waste valve) the valve on the hydram that creates and controls the water hammer.

Impulse valve stroke - the distance the impulse valve travels during a cycle.

Impulse valve weight - the total weight or downward force of the impulse valve and its springs or weights.

Kinetic energy - active energy, \( \frac{1}{2} \) the mass times the velocity squared

\[ E_K = \frac{1}{2}mv^2 \]

L:D ratio - drive pipe length to diameter ratio, should be kept between 150-1000.

L:H ratio - drive pipe length to head ratio, when it is less than 15 ft. L:H should equal 6.

When \( H \) is greater than 15 ft, but less than 25 should = 4
When \( H \) is greater than 20 " " " 50 " = 3
When \( H \) is greater than 50 L:H ratio should equal 2.
(see Glossary, Session 6 for metric equivalents)

Potential energy - energy derived from position or height; is equal to the height that a mass can fall times its weight.

Pressure - force applied over a surface measured as force per unit of area such as pounds per square inch (psi) (a head of 28" of water develops a pressure of 1 psi) or a pascal (Pa) which is equal to 1 newton per square meter (a head of 1 cm = 98 Pa) 18" of water equals 71.1 cm of water equals 1 psi = 6895 Pa.

Ram box - the small structure usually made out of concrete and/or wood which houses a hydram protecting it from freezing, weathering and possibly from vandalizing.
Rebound - the flow of water in the ram reversing direction due to the air pressure in the accumulator, closing the check valve.

Series hydram - a hydram installation where two or more hydrams are used in series to pump water higher than one hydram could.

Settling basin - a small tank usually made of steel or concrete that is used in place of a stand pipe in an installation where additional settling is necessary.

Snifter valve - (air valve, spit valve) the small valve just below the check valve that allows air to enter the hydram.

Spring box - a concrete box built around a spring to facilitate water collection and to protect the water source from surface contaminates.

Spring box overflow pipe - a pipe placed in the wall of a spring box near the top for unused water to exit through.

Stand pipe - an open-ended, vertical pipe sometimes used at the beginning of the drive pipe.

Static head - a column of water without motion. The static drive head of a hydram can be measured with a pressure gauge but only when ram is stopped and the drive pipe is full of water.

Supply pipe - everything in a hydram system before the drive pipe, usually including some but not necessarily all, of the following; spring box, supply pipe, stand pipe, settling basin.

Supply system - everything in a hydram system before the drive pipe, usually including some but not necessarily all of the following; spring box, supply pipe, stand pipe, settling basin.

Time of cycle - \( t \) the time it takes for a hydram to complete one cycle, such as the time lapse between the impulse valve closing twice.

Velocity - speed usually measured in feet per second or meters per second.

Waste water - \( Q_w \) the water coming out of the impulse valve and the snifter.

Waste water drain - the drain in the bottom of a ram box which allows the waste water from the hydram to drain out.
Waste water series hydrams - a hydram installation where one hydram uses the waste water from another as a source to pump a higher percentage of the water.

**Water delivered** - \( q \) the rate at which water is delivered to the storage tank; 

\[
q = \frac{Q \times H \times n}{h}
\]

**Water flow to the hydram** - \( Q \): all the water used by a hydram which is equal to the waste water \( Q_w \) plus the water delivered \( q \).

**Water hammer** - the effect created when water flowing through a pipe is suddenly stopped. In a hydram this causes the closing of the impulse valve and opening of check valve.

**Water used** - \( Q \): the amount of water that flows through the drive pipe during a unit of time (as in gallons per minute or liters per second) which is equal to the water pumped \( q \) plus the water wasted \( Q_w \).

The flow rate range of hydrams are as follows:

<table>
<thead>
<tr>
<th>Drive pipe diameter</th>
<th>Flow rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>mm</td>
<td>in</td>
</tr>
<tr>
<td>19</td>
<td>3/4</td>
</tr>
<tr>
<td>25</td>
<td>1</td>
</tr>
<tr>
<td>32</td>
<td>1(\frac{1}{4})</td>
</tr>
<tr>
<td>38</td>
<td>1(\frac{1}{2})</td>
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<tr>
<td>50</td>
<td>2</td>
</tr>
<tr>
<td>63</td>
<td>2(\frac{1}{2})</td>
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<td>75</td>
<td>3</td>
</tr>
<tr>
<td>100</td>
<td>4</td>
</tr>
<tr>
<td>125</td>
<td>5</td>
</tr>
</tbody>
</table>

**IMPORTANT NUMBERS TO REMEMBER**

- 43.3 psi per foot (measured vertically) of water column
- 28 inches of water column produces 1 psi
- 14.7 psi atmospheric pressure
- 7.48 gallons per cubic foot
### English-Metric Units Conversion Table

<table>
<thead>
<tr>
<th>Physical Quantity</th>
<th>This In “English” Units</th>
<th>Equals, in Metric*</th>
<th>Symbolic</th>
<th>Reciprocal†</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DISTANCE</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 inch</td>
<td>2.54 centimeter</td>
<td>2.54 cm</td>
<td>0.3937</td>
<td></td>
</tr>
<tr>
<td>1 foot</td>
<td>0.3048 meter</td>
<td>0.3048 m</td>
<td>3.281</td>
<td></td>
</tr>
<tr>
<td>1 yard</td>
<td>0.9144 meter</td>
<td>0.9144 m</td>
<td>1.094</td>
<td></td>
</tr>
<tr>
<td>1 mile</td>
<td>1.609 kilometer</td>
<td>1.609 km</td>
<td>0.6215</td>
<td></td>
</tr>
<tr>
<td><strong>AREA</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 square inch</td>
<td>9.4452 square centimeters</td>
<td>6.452 cm²</td>
<td>0.155</td>
<td></td>
</tr>
<tr>
<td>1 square foot</td>
<td>0.0929 square meter or 0.0929 m²</td>
<td>0.0929 m²</td>
<td>10.76</td>
<td></td>
</tr>
<tr>
<td></td>
<td>929 square centimeters</td>
<td>929 cm²</td>
<td>0.001076</td>
<td></td>
</tr>
<tr>
<td>1 square yard</td>
<td>0.836 square meter</td>
<td>0.836 m²</td>
<td>1.196</td>
<td></td>
</tr>
<tr>
<td>1 acre</td>
<td>4,047 square meters or 4.047 m²</td>
<td>4.047 m²</td>
<td>0.000247</td>
<td></td>
</tr>
<tr>
<td></td>
<td>0.4047 hectare</td>
<td>0.4047 ha</td>
<td>2.47</td>
<td></td>
</tr>
<tr>
<td>1 square mile</td>
<td>2,590 square kilometers or 259.0 hectares</td>
<td>259.0 h</td>
<td>0.00386</td>
<td></td>
</tr>
<tr>
<td><strong>VOLUME</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 cubic inch</td>
<td>16.39 cubic centimeters</td>
<td>16.39 cm³</td>
<td>0.0610</td>
<td></td>
</tr>
<tr>
<td>1 pint (liquid)</td>
<td>473.2 cubic centimeters</td>
<td>473.2 cm³</td>
<td>0.002113</td>
<td></td>
</tr>
<tr>
<td>1 quart</td>
<td>946.4 cubic centimeters</td>
<td>946.4 cm³</td>
<td>0.001057</td>
<td></td>
</tr>
<tr>
<td></td>
<td>or 0.9464 liter</td>
<td>0.946 l</td>
<td>1.057</td>
<td></td>
</tr>
<tr>
<td>1 gallon</td>
<td>3.785 liters</td>
<td>3.785 l</td>
<td>0.2642</td>
<td></td>
</tr>
<tr>
<td>1 cubic foot</td>
<td>0.0283 cubic meter</td>
<td>0.0283 m³</td>
<td>35.3</td>
<td></td>
</tr>
<tr>
<td>1 cubic yard</td>
<td>0.765 cubic meter</td>
<td>0.765 m³</td>
<td>1.308</td>
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</tr>
<tr>
<td>1 acre-foot</td>
<td>0.1233 hectare-meter</td>
<td>0.1233 h m</td>
<td>8.11</td>
<td></td>
</tr>
<tr>
<td><strong>VELOCITY</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 foot per hour,</td>
<td>0.3048 meter/hour, minute, or second</td>
<td>0.3048 m/h</td>
<td>3.281</td>
<td></td>
</tr>
<tr>
<td>minute or second</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 mile per hour</td>
<td>0.4470 meter per second</td>
<td>0.4470 m/s</td>
<td>2.237</td>
<td></td>
</tr>
<tr>
<td>1 knot</td>
<td>0.5145 meter per second</td>
<td>0.5145 m/s</td>
<td>1.944</td>
<td></td>
</tr>
</tbody>
</table>

*Multiply quantity known in British units by this number to get metric equivalent.
†Multiply quantity known in metric units by this number to get British equivalent.
**ENGLISH-METRIC UNITS CONVERSION TABLE**

<table>
<thead>
<tr>
<th>Physical Quantity</th>
<th>This In &quot;English&quot; Units</th>
<th>Equals, in Metric</th>
<th>Spelled out</th>
<th>Symbolic</th>
<th>Reciprocal</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ENERGY (OR WORK)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 watt-second</td>
<td>1.000 joule = 1.000</td>
<td></td>
<td></td>
<td>1.000 J</td>
<td>1.000</td>
</tr>
<tr>
<td>1 foot-pound</td>
<td>1.356 joule</td>
<td>1.356 J</td>
<td></td>
<td></td>
<td>0.7375</td>
</tr>
<tr>
<td>1 Btu</td>
<td>1.055 kilojoule</td>
<td>1.055 kJ</td>
<td></td>
<td>1.000</td>
<td>0.948</td>
</tr>
<tr>
<td>1 watt-hour</td>
<td>3.60 kilojoules</td>
<td>3.60 kJ</td>
<td></td>
<td>1.000</td>
<td>0.2778</td>
</tr>
<tr>
<td>1 horsepower-hour</td>
<td>2.684 megajoules</td>
<td>2.684 MJ</td>
<td></td>
<td>1.000</td>
<td>0.3725</td>
</tr>
<tr>
<td>1 kilowatt-hour</td>
<td>3.60 megajoules</td>
<td>3.60 MJ</td>
<td></td>
<td>1.000</td>
<td>0.2778</td>
</tr>
<tr>
<td><strong>POWER</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 horsepower</td>
<td>745.7 watts or 0.7457 kilowatt</td>
<td>745.7 W</td>
<td>0.7457 kW</td>
<td>0.00134</td>
<td></td>
</tr>
<tr>
<td>1 joule per second</td>
<td>1.000 watt</td>
<td>1.000 W</td>
<td></td>
<td>1.000</td>
<td>3.141</td>
</tr>
<tr>
<td>1 Btu per hour</td>
<td>0.293 joule per second</td>
<td>0.293 J/s</td>
<td></td>
<td></td>
<td>3.41</td>
</tr>
<tr>
<td><strong>TEMPERATURE</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 degree Fahrenheit</td>
<td>5/9 degree Celsius (Centigrade) for each Fahrenheit degree above or below 32°F</td>
<td>5/9 (T - 32)°C</td>
<td></td>
<td>1.8</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>SPECIAL COMPOUND UNITS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 Btu per cubic foot</td>
<td>37.30 joules per liter</td>
<td>37.30 J/l</td>
<td></td>
<td>0.0268</td>
<td></td>
</tr>
<tr>
<td>1 Btu per pound of mass</td>
<td>2.328 joules per gram</td>
<td>2.328 J/g</td>
<td></td>
<td>0.4296</td>
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</tr>
<tr>
<td>1 Btu per square foot per hour</td>
<td>3.158 joules per square meter</td>
<td>3.158 J/m²</td>
<td></td>
<td>0.3167</td>
<td></td>
</tr>
<tr>
<td>1000 gallons per acre</td>
<td>0.0935 centimeters depth</td>
<td></td>
<td></td>
<td>10.70</td>
<td></td>
</tr>
<tr>
<td>1 pound of mass per cubic foot</td>
<td>16.02 grams per liter</td>
<td>16.02 g/l</td>
<td></td>
<td>0.0624</td>
<td></td>
</tr>
<tr>
<td><strong>MASS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 ounce</td>
<td>28.35 grams</td>
<td>28.35 g</td>
<td></td>
<td>0.03527</td>
<td></td>
</tr>
<tr>
<td>1 pound</td>
<td>453.6 grams</td>
<td>453.6 g</td>
<td></td>
<td>0.002205</td>
<td></td>
</tr>
<tr>
<td></td>
<td>or 0.4536 kilogram</td>
<td>0.4536 kg</td>
<td></td>
<td>2.205</td>
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</tr>
<tr>
<td>1 ton (short, 2000 pounds)</td>
<td>907 megagram</td>
<td>907 Mg</td>
<td></td>
<td>1.102</td>
<td></td>
</tr>
<tr>
<td></td>
<td>or 907 metric ton</td>
<td>907 t</td>
<td></td>
<td>1.102</td>
<td></td>
</tr>
<tr>
<td></td>
<td>or 907 tonne</td>
<td>907 t</td>
<td></td>
<td>1.102</td>
<td></td>
</tr>
<tr>
<td><strong>TURQUE</strong></td>
<td>0.1130 meter-newton</td>
<td>0.1130 m-N</td>
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</tr>
<tr>
<td><strong>PRESSURE</strong></td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>1 pound per square foot</td>
<td>47.88 newtons per square meter</td>
<td>47.88 N/m²</td>
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<td>0.02089</td>
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<tr>
<td>1 pound per square inch</td>
<td>6.895 kilonewtons per square inch</td>
<td>6.895 kN/m²</td>
<td></td>
<td>0.11240</td>
<td></td>
</tr>
<tr>
<td>1 millimeter of mercury</td>
<td>133.3 newtons per square meter</td>
<td>133.3 N/m²</td>
<td></td>
<td>0.0075</td>
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</tr>
<tr>
<td>1 foot of water</td>
<td>2.989 kilonewtons per square meter</td>
<td>2.989 kN/m²</td>
<td></td>
<td>0.3346</td>
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</tr>
<tr>
<td>1 atmosphere</td>
<td>0.1013 meganewton per square meter</td>
<td>0.1013 MN/m²</td>
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<td>9.87</td>
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</tr>
<tr>
<td>Physical Quantity</td>
<td>This In &quot;English&quot; Units</td>
<td>Equals, in Metric*</td>
<td>Symbolic</td>
<td>Reciprocal†</td>
<td></td>
</tr>
<tr>
<td>-------------------</td>
<td>-------------------------</td>
<td>------------------</td>
<td>----------</td>
<td>-------------</td>
<td></td>
</tr>
<tr>
<td><strong>Flow</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 gallon per day</td>
<td>0.04381 milliliters per second</td>
<td>0.04381 ml/s</td>
<td>22.824</td>
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</tr>
<tr>
<td>1 gallon per minute</td>
<td>63.08 milliliter per second</td>
<td>63.08 ml/s</td>
<td>0.01585</td>
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<tr>
<td>1 cubic foot per minute</td>
<td>0.4719 liter per second</td>
<td>0.4719 l/s</td>
<td>2.119</td>
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<tr>
<td>1 cubic foot per second</td>
<td>28.32 liters per second</td>
<td>28.32 l/s</td>
<td>0.0353</td>
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<td></td>
</tr>
<tr>
<td><strong>Force</strong></td>
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<td>1 ounce</td>
<td>0.2780 newton</td>
<td>0.2780 N</td>
<td>3.597</td>
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<td></td>
</tr>
<tr>
<td>1 pound</td>
<td>4.448 newtons</td>
<td>4.448 N</td>
<td>0.2248</td>
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</tr>
<tr>
<td>1 ton (2000 pounds)</td>
<td>8.897 kilonewtons</td>
<td>8.897 kN</td>
<td>0.11240</td>
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</tr>
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</table>
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Rife Hydraulic Engine Manufacturing Company, 123 Main Street
Andover, New Jersey 07621 USA

John Blake, Ltd., PO Box 43, Royal Works
Acdrington, Lancashire BB5 5LP England

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