The 84 entries contained in this bibliography are arranged under three headings: poetry therapy, bibliotherapy, and relevant related items. Representing books, educational journals, popular magazines, and research studies, the titles span a variety of topics, including the following: poetry therapy in psychiatric nursing, poetry programs in mental hospitals, self-discovery through poetry, poetry the healer, poetry in the therapeutic experience, metaphors and relationships, bibliotherapy and psychotherapy, literature as a therapeutic tool, facilitating human development through reading, therapy and the arts, helping children write poetry, poetry writing in a nursing home, and affective understanding and the reading of poetry. (MAI)
POETRY THERAPY:
A BIBLIOGRAPHY

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PART ONE

POETRY THERAPY


(See also under L.B. Ellis.)


Chase-Marshall, Janet. (See under Janet Chase.)


(Also see under Molly Harrower.)


39. Farvardin, Parviz. [From Poetry to Poetry Therapy.] (Translated title of a book in Persian; author's address: 145 Pahlavi Ave.; Amir Akram Square; Tehran, Iran.)


Goldfield, Michael D. (Also see under Roger Lauer.)


Grundy, Dominick E. (See under Gilbert A. Schloss.)

49. Hamilton, James W. "Gender Rejection as a Reaction to Early Sexual Trauma and Its Partial Expression in Verse." British Journal of Medical Psychology, 1968, 41, 405-10.

Harari, Carmi (See under Molly Harrower).


Hazley, Richard. (See under Kenneth F. Edgar).


68. La Rue, Larry. "There's no rhyme or reason, but poetry-therapy works!" Long Beach [CA] Independent Press-Telegram, Nov. 4, 1978, b, 1-2.


70. Lauer, Roger. "Creative Writing as a Therapeutic Tool." Hospital and Community Psychiatry, Feb., 1972, 23, 55-56.

Lauer, Roger. (Also see under Michael Goldfield.)


Lejeune, R. (See under C. R. Erickson.)


Levit, Herbert I. (See under Kenneth F. Edgar.)


98. Nisenson, Estelle. (See under Dorothy Kobak.)


(Also see under Molly Harrower.)


Pollio, Howard R. (See under Harold J. Fine.)

-7-
Price, Arlene. (See under Constance Rance.)


Rapp, Elaine (See under Jack J. Leedy.)


125. Weinstock, Donald J. "Poetry and the Self: A brief autobiographical overview of some successes and some flops using 'poetry therapy' techniques in conventional and experimental classes, with implications for English teachers anywhere." ERIC Clearinghouse on Reading and Communication Skills, 1979. (Originally given as a paper at the 1977 meeting of the California Association of Teachers of English.)

126. Weinstock, Donald J. "Poetry Therapy: A Bibliography." (Mimeographed) 1979


ADDENDA


PART TWO

BIBLIOThERAPY


17. Farber, David J. "Written Communications in Psychotherapy." Psychiatry, 1953, 16, 365-74. (Account by psychiatrist who became deaf.)


42. Larrick, Nancy, ed. Somebody Turned on a Tap in These Kids. New York: Delacorte, 1971. (Articles by teachers and poets; an exchange with teenage writers; and youngsters' poems.)


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70. Sander, Fred M. "Using Novels in the Training of Therapists." Voices: The Art and Science of Psychotherapy, Special Issue, 1970, 6, 43-44. (Kesey's One Flew Over the Cuckoo's Nest.)


83. Widroe, Harvey, and Joan Davidson. "The Use of Directed Writing in Psychotherapy." Bulletin of the Menninger Clinic, 1961, 25, 110-19. (Schedule writing, not creative writing; some carryover for poetry therapy.)

USEFUL ADDRESSES

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This is a greatly expanded third version of a checklist originally compiled for the Poetry Therapy Institute and U.C.L.A. Extension's Department of Arts and Humanities, for their first Festival of Poetry Therapy, Nov., 1973. The section on Poetry Therapy is as complete as I have been able to make it. The sections on Bibliotherapy and on Related Items are suggestive and representative only.

For the original list I had help from Dr. Arthur Lerner, and from Pat A. Shulz of the U.C.L.A. Biomedical Library. I wish to acknowledge with appreciation the receipt of copies of some difficult-to-obtain materials from Dr. Jack J. Leedy, and of photocopies from Smith, Kline & French Laboratories of Philadelphia, and especially from the Interlibrary Loan Department of California State University, Long Beach. Special thanks are due to Suzanne Latauska and Juanita Knox of CSULB Interlibrary Loan.

If you know of relevant items omitted from this bibliography, please send me as much bibliographical information as you have on them, and, if this is convenient, an off-print or a photocopy as well. In this way subsequent updatings will be comprehensive and as useful as possible.