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ABSTRACT

Demonstrating the variety in program and student involvement in experimental learning, this catalog brings together some of the various adaptations of Outward Bound (OB) in 82 private schools around the country. The catalog, which may serve as a sounding board for a brainstorming session, includes: the school name, address, and phone; contact person for each school; ideas that have been implemented; whether the school is coed or not; and the grade level involved. Each school has decided its needs and abilities after hours of brainstorming, experimenting, changing, evaluating, and re-evaluating. The adaptations are built around the philosophy and goals of OB and the basic components of the OB course--initial skills training, an expedition, a solo, a final expedition, and a follow-up. A brief discussion of Outward Bound and its history, and an alphabetical listing of the schools by state are included. (N2)

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OUTWARD BOUND ADAPTIVE PROGRAMS
IN
PRIVATE SCHOOLS

1974

Colorado Outward Bound School
945 Pennsylvania Street
Denver, Colorado 80203

Maria Snyder for CO
Outward Bound

ED139571

RC009905

Introduction

This catalog is an effort to bring together some of the many adaptations of OUTWARD BOUND in the private schools around the country. It will demonstrate the variety in program, and student involvement in experimental learning. Thousands of hours of brainstorming, experimenting, changing, evaluation, and re-evaluation are behind the projects described. Each school has made decisions about their needs and their abilities. From infinite possibilities a handful have been tried.

The adaptation process is long and arduous. Ideas are picked through and discarded, some for cost reasons, others don't meet the goals, the student population, time availability or environment. Some programs might work and others are all wrong. A good program is one that is natural to the school, and to which the school can comfortably adapt (logistically and politically).

The program must become a natural, functioning appendage to enrich the life of the school. OUTWARD BOUND has in the past run special courses for a school, but a program will be most effective if designed for a particular population with the specific goals of the home base in mind.

This catalog of adaptive programs may serve as a sounding board for a brainstorming session. Ideas that have been implemented, and the contact person for each school, have been included.

Today there are 32 OUTWARD BOUND Schools in the world and 6 in the United States. Each year approximately 5,000 persons complete an OUTWARD BOUND course. Courses are open to any person over 16 $\frac{1}{2}$ and in adequate physical condition. There are boys courses and girls courses, co-ed courses, adult courses as well as Teachers Practicums, business mens trips, and special projects. Even with this variety, a relatively small number of people have the opportunity to do a course.

OUTWARD BOUND does not desire to continue to become larger and more complex. It is apparent that with the manpower in the school systems, programs could be adapted by the already existing institutions. In order to aid this change, Teachers Practicum courses were initiated. This is a standard course with a patrol composed of educators and youth workers. Understanding and implementation of the OUTWARD BOUND philosophy are stressed and supplemented by a Seminar held after the course. It provides an opportunity for educators to have an OUTWARD BOUND experience while learning some of the skills that may become tools back in the school. Participants can exchange ideas and information and gain support for their later work. By means of the Teachers Practicum, Outward Bound hopes to prepare educators to adapt the OB experience to the needs of their school. Workshops for administrators have been held to generate understanding and appreciation of the process while aiding interpersonal communication among administrators.

Once aware of the philosophy and goals of OUTWARD BOUND, the next step is to bring them home. Students and faculty could share, learn, and grow together from this type of experience. The learning environment could be enlivened, the relationships made more fruitful, and the attitudes more understanding. The options are many.....

Since 1941 Outward Bound has been providing opportunities for young people based on the educational concept of its founder Kurt Hahn who wrote:
"The aim of education is to impel youth into value forming experience to inspire the survival of these qualities: an enterprising curiosity, an undefeatable spirit: tenacity in pursuit; readiness in self denial and above all compassion."

The school developed in England from a need to instill the desire and the ability to survive into the young British seamen during the Second World War.

Courses today are basically the same as they were 30 years ago. A major change is that courses are now open to women. They are the same in content and offer women an opportunity to see themselves as self-sufficient people. Participants are placed in small groups of about 10 people, with varied ages, background, and abilities. They spend 23 days in a wilderness setting, undergoing a series of increasingly difficult physical and mental problems. Stress experiences and the necessity of cooperation are used to stimulate personal growth, interpersonal relationships, and an awareness of the environment. The time span and isolation from society requires the functioning of the patrol for their enjoyment, growth and safety. An awareness and appreciation of others develop from the close living-working situation. The basic components of the OUTWARD BOUND COURSE are used to implement these goals.

Initial skills training enables the student to function with competence and safety in the new environment. The obvious need for the skills permits learning to occur in a reasonable non-authoritarian setting. The rewards are there in the environment, as is the "punishment."

Problem solving techniques are learned via the initiative tests: problems presented to a group which require planning and teamwork. An individual shares the success made possible by cooperation, persistence, and communication. From the first day, it is important that the group develops an identity apart from the instructor.

Stress situations compel the student to encounter his own reactions, his abilities and inabilities, to accept the challenge of the environment, and to make decisions. Rock climbing and rappelling are controlled situations of immediate confrontation. The resulting success provides a memorable and "real" success for the individual, an accomplishment rewarded from within--where successes and errors are self-known. Climbing also develops trust. The students are taught to "belay" the climber. That means he personally assumes the responsibility for another's life. The climbing student is simultaneously trusting a fellow patrol member, who he just recently met, with his life. It is a serious and meaningful experience.

Physical challenges met daily require persistence, self-control and cooperation. It permits the student to realize his limitations and endurance. Hardships repeat themselves throughout life and to know they can be faced is valuable.

A "solo" is part of every OUTWARD BOUND course. It is three days and three nights where a student is set off in a designated area with a minimum of food, clothing, shelter, and matches. It is an opportunity to take a good, long, undistracted look at oneself, to experience one's own personality. Being alone in a wilderness environment stimulates an awareness of the natural setting and provides a time for reflection and independence.

The final expedition is a culminating venture where smaller groups of students, prepare, plan, and execute an expedition without an instructor. Cooperation, skills practice and a challenge provide the experience.

That brings the course to its final day, a Marathon. This is a long run for all course participants. There is no time limit. At that point the student has a good idea of his limitations and knows how to push himself. It is their run and their satisfaction to take home.

Outward Bound does not train people to be climbers or mountaineers. The goal is rather to help people realize themselves more fully, to appreciate their relationship to the environment, to other people, and to give them a realistic view of themselves. Self-knowledge and awareness remain long after the knots and compass techniques are forgotten.

PRIVATE SCHOOL PROGRAMS

Albuquerque Academy

6400 Wyoming Boulevard, N.E.
Albuquerque, New Mexico 87109

Ashby T. Harper, headmaster (505) 298-7646

- coed, day school, grades 5 - 12, 470 students
- Wilderness trip for entire Junior Class
- Experiment in Self Discovery: English course involving 6 weeks of initiative tests, camping equipment production, drowproofing, rock climbing, outdoor skills and safety procedures.

Asheville School

Asheville, North Carolina 28806

John L. Tyler, headmaster (704) 254-6345

- coed; boarding and day, grades 9 - 12
- Mountain courses and projects involving overnight camping trips and skills.
- Fall and winter climbing courses.
- The Asheville School Mountaineers Summer Program: 2 - 3 week wilderness expeditions for different age groups, in different parts of the U.S.

Aspen Country Day School

P.O. Box 2466

Aspen, Colorado 81611

- School and class trips to National Parks.
- Winter camping.

The Athenian School

2100 Mt. Diablo Scenic Blvd.

Danville, California, 94526

Dyke Brown, director (415) 837-5375

- coed. board 9-12
- Junior class begins the year with a 3 week Outward Bound adaptive program in the Sierra.
- Hiking, climbing, skiing trips.
- Mountaineering course.
- Spring interim projects: 600 mile bicycle trip, No. California coastal walk, desert trek, ski tour, wilderness living.
- Field biology course including many camping trips of 4 days.
- Summer mountaineering program: 2 to 3 weeks for different aged groups and levels of experience.

Avery Coonley School

1400 West Maple Ave.

Downers Grove, Illinois 60515

John P. Malach, headmaster (312) 969-0800

- coed, day, K-8, 200 students
- Individual and group oriented activities: Burma brigade, parallel ropes, tyrolean traverse, inclined log, "nitro-crossing," "all aboard."

The Barlow School
Amenia, N. Y. 12501

George B. Vosburgh, II, headmaster (914) 373-3-8111
-coed, boarding, 9-12, 100 students
-orientation for new students: O.B. style obstacle course.

The Baylor School
Chattanooga, Tennessee 37401

Herb Parks, headmaster (615) 267-8505
-boys, boarding and day, 540 students
-Rafting, skiing, canoeing, sailing, camping trips, trailbike riding.
-Senior trip: ten seniors selected for overnight camping trip to surprise destination.

Boulder Valley Institute
10364 Arapahoe Rd.
Lafayette, Colorado 80226
Ben F. Weems, director

-coed
-Required farming, gardening, livestock care.

Brooks School
North Andover, Mass., 01845

Peter Aitken, headmaster (617) 686-6101
-boys, boarding and day, 9-12, 235 students
-limited, small hiking trips.

Brunswick School
100 Maher Ave.
Greenwich, Connecticut 06830

George Boynton, headmaster (203) 869-0601
-boys, day, preschool-12, 437 students
-Fall: 4 day weekends for 9th and 10th graders including hiking, camp techniques, challenge and initiative tests.
-Winter: 5 day survival situation for 11th and 12th graders.
-Spring: 2 week expedition.

The Bush School
405 36th Ave. East
Seattle, Washington 98112

Robert S. Corkran, director of Wilderness Program (206) 322-7978
-coed, day, K-12, 360 students
-Wilderness Program offers many overnights for different age groups and levels of experience.
-ski touring and rafting trips.
-rock climbing school.
-Bicycling program, projected around the world bike tour.
-Homesteading experience.
-Winter retreat for eighth graders.
-Mini-courses in camping, mountain climbing, fishing.

- marine biology program
- winter camping.

Colorado Academy

P.O. Box 1177

Englewood, Colorado 80110

F. Charles Froelicher, headmaster (303) 985-1501

- coed, day, pre-school-12, 500 students
- resident and day school for boys grades 1-12.
- annual river trip in Spring: 3 days.
- winter camping and skiing.
- kayaking.
- survival skills and mountain expeditions.
- summer day camp: coed, ages 6-12, overnight camping trips offering outdoor activities.
- Colorado Academy rescue team: trained in mountain and rock rescue procedures.

Colorado Rocky Mt. School

Carbondale, Colorado 81623

Steve Bunnell, Outdoor Program Director (303) 963-2562

- coed, boarding, 10-12, 120 students.
- 14 day Wilderness Session: modified O.B. type course for all new students (mt. camping, travel, navigation, solo).
- 3 day Science solo for all 10th graders.
- fall trip and spring trip: entire school participates in 6 days of offered hiking, backpacking, bicycle touring, kayaking, river tours, mountaineering.
- Interim Project: 2 weeks project often of an O.B. nature (wildlife study, winter mountaineering).

Colorado Springs School

21 Broadmoor Ave.

Colorado Springs, Colorado

(303) 632-1591

- girls, day and boarding, 7-12.
- Discover program: 3 day camping trip for beginning of the year orientation.
- Interim weeks courses: river trips, canoe trips, sailing, winter climbing, bicycle trip, x-country skiing trips.
- Weekend ventures: peak ascents, rock climbing, x-country skiing.
- Discover seminar: leadership development.
- ropes course.

Darrow School

New Lebanon, N. Y. 12125

John F. Joline III, headmaster (518) 795-1501

- coed, boarding, 9-12, 150 students
- Challenge Programs: Fall offers a 6 week course for 15 students involving all O.B. related activities.
- Winter: 3 wk. program, winter camping and skills.
- Spring: 6 wk. course similar to Fall.

Cantebury School

New Milford, Conn. 06776

William S. Dunbar, headmaster (203) 354-5514

- coed, boarding and day, 9-12, 500 students
- Wilderness Program meets 4 times a week and several weekends.
- Backpacking, map and compass, first aid, rock climbing.
- Two full week trips: backpacking and canoeing.

Carcross Community Education Centre

Box 26

Carcross, Yukon Territory

Canada YO8 IBO

Rev. J.T. Frame, headmaster

- coed, boarding, 9-12, adults
- 1600 acres for camping, canoeing, farming, hiking, snowshoeing, x-country skiing.
- Phys. Ed. program uses outdoor facilities.
- English 9: study of wilderness and survival through literature.
- Agriculture 10: work/study in farm development. Animals and crops.

Catalina Island School

P.O. Box 796

Avalon, California 90704

John S. Iversen, Jr., headmaster (213) avalon 611

- coed boarding school, grades 9-12, 60 students.
- Blue water kayaking trips.
- skin diving, water skiing, scuba, sailing.
- rope climbing, hiking.
- boat building.

The Carroll School

Baker Bridge Road

Lincoln, Mass. 01773

Michael A. Stratton

(617) 259-8342

- coed, day, 1-9, 130 students
- school for dyslexic children.
- Bounders Program.
- two standard 3 week courses, mini-course follow-up, meetings during wk,
- weekend training expedition, sugaring, climbing, canoeing, or other field trip.
- Canoe and kayak racing.
- Bicycling.
- Rappelling from building, chimney climbing in a bomb shelter.
- All faculty spent 4 days at Hurricane Island, O.B.

Charles River Academy

56 Centre St.

Dover, Mass.

J. Nicholas Noyes, headmaster (617) 785-0068

- coed, day, preschool-8, 200 students
- adolescent boys with learning disabilities.
- mandatory classes in climbing, orienteering, firefighting, first aid camp techniques, mountain rescue.
- weekend canoe trips and hikes, solo.

The Derryfield School
2108 North River Road
Manchester, N. H. 03104

Ralph J. Scozzafava, headmaster (603) 669-4524

- coed, day, 7-12, 190 students
- outing club.

-two faculty members participate in Stevens High School Challenge Program.

Dynamy, Inc.

850-852 Main St.
Worcester, Mass. 01610

and

Dynamy

St. Paul, Minnesota

-two centers.

-Dynamy North Country: year begins with 23 day O.B. adaptive program in the White Mts.

-rock climbing, back-packing, ski-touring, and canoeing throughout the year.

-Dynamy, Minnesota: program similar to the Massachusetts center. Directed by staff from Minn. O.B.

Dwight-Englewood School
315 East Palisade Ave.
Englewood, New Jersey 07631

Eugene Dea, headmaster (201) 569-8170

-coed, 7-12, 600 students

-outing club: affiliated with American youth Hostels.

-short outings (approximately 10) throughout the year: two and three day canoe trips; hikes, x-country and snow shoe weekend, bike trip.

Emma Willard School
285 Pawling Ave.
Troy, N. Y. 12180

Dennis A. Collins, headmaster (518) 270-3000

-girls, boarding and day, 9-12, 300 students.

-elective course in outdoor living: 8-10 students. Conditioning; first aid, initiative tests, orienteering, campcraft.

-Fall: backpacking, expeditions.

-Winter: cross-country skiing, snowshoeing.

-Spring: backpacking, canoeing.

Flintridge Preparatory School
301 Foothill Blvd.
La Canada, California

Rev. Spencer P. Edwards, Jr., headmaster (213) 790-1178

-boys, day, 5-12, 275 students.

-environmental fitness: required course involving, safety, survival, ecology.

Fort Worth Country Day School
4200 Country Day Lane
Fort Worth, Texas 76116

Peter A. Schwartz, headmaster (817) 732-7718
-coed, day, K-12, 580 students.
-freshman class takes trips in conjunction with Texas O.B.

Fountain Valley School
Colorado Springs, Colorado 80911
Lewis Perry, Jr., headmaster (303) 392-3461
-boys, boarding and day, 9-12, 200 students.
-coordinate with Colorado Springs School.
-ski trips, horseback riding.
-ski Mountaineering week: 7 days of winter camping and skills.

George School
Newton, Pa. 18940
Eric G. Curtis, headmaster (215) 968-3811
-coed, boarding and day, 9-12, 930 students
-3 outdoor days.
-a series of weekends for a few students.

The Gill School
Stronghold, Box 239
Bernardsville, N. J. 07924
John H. Wright, Jr., headmaster (201) 234-1611
-coed, day, K-12, 420 students.
-day with O.B.

Gould Academy
Church St.
Bethel, Maine
Richard J. Dolven (207) 824-2161
-coed, boarding, 9-12, 380 students
-Fall: five day expeditions to start the year. 75 students participate.
-Fall-Spring: elective program meets 3 times a week, week-end trips, five day expedition with solo.
-sailing, canoeing, camping, climbing, orienteering, trail maintenance, first aid.
-winter program: x-country skiing, snowshoeing, winter camping expeditions.

Graland Country Day School
30 Birch St.
Denver, Colorado 80220
John Cemfort, headmaster (303) 399-0390
-coed, day, preschool-9, 530 students
-6th grade class spends a Fall week at the y-camp, Estes Park in an intensive field study in ecology: geologic orientation, timberline study, marine samples, hiking.
-6th grade spends another wk. in desert country of S.W. Colorado.

The Greenhill School
14255 Midway Road
Dallas, Texas 75240
Bernard L. Fulton, headmaster (214) 661-1211

- coed, day, preschool-12, 820 students.
- overnight camping experiences.
- summer camping program.

Hawaii Preparatory Academy
Kamuela, Hawaii 96743

James M. Taylor II, headmaster (808) 885-7321
-coed boarding and day school, grades 1-12, 560 students.
-hiking, camping, horseback riding program.

Harvard School
3700 Coldwater Canyon Rd.
North Hollywood, Ca., 91604

Timothy J. Corcoran, Director of Survival Program
(213) 980-6692

- boys, day, 7-12, 614 students:
- Survival program: modified O.B. course.
- Rock climbing course: 4 times a week.
- Ecology course: including 6 weekends of backpacking.
- mobil courses in the West.
- mobil sea courses in the summer.
- Winter mountaineering expedition.
- 7th grade class spent 1 week at the Yosemite Institute.

Holderness School
R.F.D. No. 3
Plymouth, N. H. 03264

Frederick Beams, headmaster (603) 536-1257
-boys, boarding and day, 9-12, 420 students.
-10 day Winter Outward Bound.
-adaptive class for Junior class.
-small orientation program.

Horace Mann-Barnard School
231 West 246th St.
Bronx, N.Y. 10471

Mitchell Gratwick, headmaster (212) 548-4000
-boys, day, preschool-12, coed preschool-8, 1350 students.
-Searchers: eight week course for upper school boys in the Fall and Spring. (O.B. adaptive).
-weekend expeditions: climbing, hiking, solo, navigating.
-John Dorr Nature Laboratory: four two-week sessions during the summer for boys 12-17 years of age. Climbing, hiking, canoeing, ecology, orienteering, swimming.

Intercultural School of the Rockies
217 Chautauqua
Boulder, Colorado 80302

Mr. and Mrs. Bryan Michner, directors
-boarding school M-F for grades 9-12.
-Saturday morning and weekend overnight field trips to study botany, ecology, geology, weather.
-week wilderness area study year II

- projects such as assisting a park ranger.
- camping, backpacking, rock climbing, hiking, horseback riding.

Kamehameha Schools

Kapalama Heights

Honolulu, Hawaii 96817

Jack Darvill, President (808) 845-6631

- coed, day and Boarding, K-12, 2,600 students.
- O.B. type program open to students grades 8-12: instruction in hiking backpacking, campcraft, emergency survival, rock climbing, ecology, navigation, first aid. Includes weekend excursions.
- meetings after school and on weekends.

Landon School

Wilson Lane

Bethesda, Maryland 20034

Hugh C. Riddleberger, headmaster (301) 320-3260

- boys, day, 3-12, 525 students
- Days of Discovery series.
- limited but active rock climbing program.
- Outing Club: overnight camping trips.

The Latin School

59 West North Blvd.

Chicago, Illinois 60610

Harold F. Witman, headmaster (312) 787-0820

- coed, day, preschool-12, 850 students.
- 25 students travelled to Colorado for a 7 day mini-O.B. course, (winter)

Lincoln School

301 Butler Ave.

Providence, Rhode Island 02906

Mary L. Schaffner, headmaster (401) 331-9696

- Quaker girl's school, day and boarding preschool-12, coed preschool-8, 450 students.
- 8th graders take one week trip to Nantucket Island.
- 7th graders take one week in White Mts., camping out and hiking.

The Loomis-Chaffee School

Batchelder Rd.

Windsor, Connecticut 06095

Frederick G. Torrey, headmaster (203) 688-4934

- coed, boarding and day, 9-12, 1300 students.
- Wilderness Education and the self: a 6 credit Fall course open to 12 Juniors or seniors. Interdisciplinary study of the wilderness plus expeditions in the mountains: expeditions, outdoor skills solo, winter skills, rock climbing. 10 week extensive educational outdoor program.

Mercersburg Academy

Mercersburg, Penn. 17236

Walter Burgin, headmaster (717) 328-2151

- coed, boarding and day, 9-12, 650 students.

- Fall orientation for new students.
- Spring weekend outings.

Metairie Park Country Day School
300 Park Rd.

Metairie, Louisiana 70005 (504) 837-5204

- coed, day, K-12, 640 students.
- a few upper class students.
- participated in a 7 day O.B. course at Texas O.B. School.

Miami Valley School
5151 Denise Rd.
Dayton, Ohio

David T. O'Dell, headmaster (513) 434-4444

- coed, day, K-12, 200 students.
- Wilderness expedition in Canada.

Millbrook School
Millbrook, N. Y.

Donn D. Wright, headmaster (914) 677-8261

- coed, boarding and day, 9-12, 420 students.
- ecology of the Everglades including a trip to Florida.

New York Military Academy
Academy Ave.
Cornwall-on-Hudson, N.Y.

Edward T. Hering, headmaster (914) 534-3710

- boys, boarding and day, 5-12, 380 students.
- Yin Yang outdoor survival: 4 days Fall, Winter, Spring.

Nichols School
1250 Amherst St.
Buffalo, N.Y. 14216

Christopher Wadsworth, headmaster (716) 875-8212

- coed, day, 5-12, 630 students.
- Outing club: 80 members, backpacking, cross country skiing.
- 4 day freshman orientation outing.

North Country School
Box 187

Lake Placid, N.Y. 12946

Mr. and Mrs. Harry K. Eldridge, headmasters (518) 523-9129

- coed, boarding, 4-8, 91 students.
- out-time program: outdoor program of work, play, and learning 16-18 hours a week. Instructional riding and skiing are required activities incorporated into short trips and hikes.

Northfield Mount Hermon School
East Northfield, Mass. 01360

Howard L. Jones, headmaster (413) 498-5311

- coed, boarding and day, 9-12, 2100 students.
- Outreach Program: various courses offering academic credit.
- The Mountains in Winter: 4 credit, coed course for 12 students. Winter outdoor living, trips, academic study.
- The River: 2 credit, coed course for 16 students. Canoeing, kayaking, camping, navigation, design and plan a structure to be built in another course.
- Physical Education Dept. offers four courses:
 1. Introduction to the Outdoors teaches basic skills.
 2. Winter Outdoors teaches winter survival including ski touring, snowshoeing, winter shelters.
 3. Mountaineering teaches techniques and safety procedures of rock climbing, bivouacking, orienteering, extensive weekend trips.
 4. Student leadership in the Outdoors instructs students to lead and plan outdoor trips. Includes weekend trips.

North Shore Country Day School
310 Green Bay Rd.
Winnetka, Illinois 60093

Douglas C. Macdonald, headmaster (312) 446-0674

- coed, day, preschool-12, 380 students.
- expedition for cultural studies: 10 month expedition through Europe and Asia. Begins with standard O.B. course. 20 boys and girls participated on the trip. Cost approximately \$5000.

Nueva Day School and Learning Center
6565 Skyline Blvd., Hillsborough, Calif. 94010

James L. Olivero, headmaster (415) 348-2272

- Outward Bound related activities and programs.

Nueva Learning Center
Post Office Box 1366
Burlingame, California 94010

(415) 348-2272

- Educational support services for staff and administration. Methodology courses for outdoor education.

The Orme School
Mayer, Arizona

Charles H. Orme, Jr., headmaster (602) 632-7601

- coed, boarding, 8-12, 200 students.
- entire school makes a trip to Mexico or Southwest Indian Country.

Phillips Academy
Andover, Massachusetts 01810

Rarry Crook, Special Activities Director (617) 475-3400

- coed, boarding and day, 9-12, 900 students.
- mandatory Phys. Ed. program for three terms including: downproofing, ropes course, running, jumping, and throwing.
- 5 day freshman orientation with O.B. type activities.
- wilderness workshop programs for faculty.
- Search and Rescue: wilderness adventure type program spread over ten weeks, four days a week. Activities developed: canoeing, kayaking (white water), cycling, rock climbing, orienteering, x-country skiing.

Proctor Academy

Andover, N.H. 03216

David Fowler, headmaster (603) 735-5126

- coed, boarding and day, 9-12, 390 students.
- Wilderness experience program: 6 day orientation program, O.B. related activities in the White Mts. Rock-climbing, orienteering, first aid,
- large Winter expeditions in the White Mts.
- five day senior river trip
- extensive ropes course, indoor climbing area.

Ravenscroft School

7409 Falls of Neuse Rd.

Raleigh, North Carolina 27609

Verne A. Hawes, President (706) 876-1460

- week backpacking trip.
- solo hike.
- study-travel tours abroad.

Redington Pond School (Academix)

Box 567

Rangelay, Maine 04970

- coed ages 10-20.
- primitive, backwoods farm and camp, self-sufficient, survival school.
- each year students live in new environments.
- extensive wilderness expeditions: hiking, canoeing, Arctic expeditions, island exploration, glacier living, peak discovery and naming.

Rockland Country Day School

Kings Highway

Congers, N.Y. 10920

James W. Downs, headmaster (914) CO 8-6802

- coed, day, 6-12, 150 students.
- winter camping weekends.
- canoeing week-ends.

Roxbury Latin School

101 St. Theresa Ave.

West Roxbury, Mass. 02132

William E. Chauncey, headmaster (617) 325-4920

- boys, day, 7-12, 253 students.
- very limited amounts of O.B. type activities through Physical Ed. department.
- x-country skiing, orienteering, weekend trips,

Sacred Heart Schools

Valparaiso Avenue

Menlo Park, California 94025

Sister Eleanor M. MacLellan

- ski club, camping, backpacking and canoeing course.

Sailing Education Assoc.

3 School St.

Boston, Mass. 02108

Salisbury School

Salisbury, Conn. 06068

Reverend Edwin M. Ward, headmaster (203) 435-2931

-boys, boarding and day, 9-12, 195 students.

-2-3 week canoe trip in the wilderness for 12 carefully selected boys with leadership potential.

The Selwyn School

P.O. Box 1308

Denton, Texas

John D. Doncaster, headmaster (817) 382-6771

-coed, day and boarding, pre-school-12, 400 students.

-3 week Perspective Program in March: jungle expeditions, sail training in Central and S. America.

Shepherd Knapp

215 Main St.

Boylston, Massachusetts 01505

Philip H. De Turk, headmaster (617) 869-2101

-coed, day, K-12, 170 students.

-weekend hikes in the White Mountains.

-ropes course for younger grades.

The Shipley School

814 Yarrow St.

Bryn Mawr, Pennsylvania 19010

Nancy E. Lauber, headmistress (215) 525-4300

-one day Outward Bound program in which 300 students participated.

Sidwell Friends School

3825 Wisconsin Ave., N.W.

Washington, D.C. 20016

Robert L. Smith, headmaster (202) 966-0953

-coed, day, preschool-12, 960 students.

-Hiking is a Physical Ed. elective for the 5th and 6th grades.

-Venture Program: outdoor activities such as hiking, climbing, and canoeing for upper school students (grades 9-12).

-Work Venture Camp: seven week summer camp open to 15 boys and girls from 12-18 years old. Located at the school. Teachers instruct in canoeing, mountaineering, rock-climbing, and camping skills.

Springside School

Willow Grove Ave. and Cherokee St.

Chestnut Hill

Philadelphia, Penn. 19118

Agathe K. Crouter, headmistress (215) 247-7200

-student participation in 2-3 week program at the Sterling School in Vermont.

-3 day outdoor program for upper classmen including a ropes course, which has remained in use.

-4 day camping trip for junior class in the Fall.

-senior class canoe trip.

-Middle school hiking, activity throughout the year.

Corwith Cramer, headmaster

(617) 742-4246

-7 weeks sailing as apprentice seaman or research assistant.

-6 weeks shore study.

St. Albans School

Mount St. Alban

Washington, D.C. 20016

The Rev. Canon Charles Martin, headmaster (202) 966-2125

-boys, day and boarding, 4-12, 530 students.

-Voyageur Program: program divided into three courses, each consists of two three-day weekends, and a 10 day expedition.

-Outward Bound related activities, including climbing, white water canoeing, kayaking.

-year-long course offering one-half credit. Meets on selected week-ends. First semester is spent learning outdoor skills, and culminates with a week expedition into the White Mts. Second semester is an independent Spring project.

-O.B. Senior Project: 2½ wk. course in early March of the NCOBS.

-Assateague Sea Unit project in the lower school: Assateague is a 30 mile long barrier island used as the setting for a sea-study unit.

-Active outing club offering ad-hoc weekends.

St. Christopher's School

711 St. Christopher's Rd.

Richmond, Virginia 23226

George J. McVey, headmaster

(804) 252-3185

-boys, boarding, K-12, 760 students.

-"Waterman:" a nine-week Outward Bound type course for afternoons and week-ends.

-Whitewater and flatwater canoeing, basic rock climbing, map and orienting work, first aid, conditioning.

-short expeditions and weekend trips.

St. George's School

West 2929 Waikiki Rd.

Spokane, Washington 99208

Walter R. Hoesel, headmaster

(509) 326-0400

-coed, day, 3-12, 200 students.

-grades 3-12 start year with initiative tests adapted from O.B.

-Instruction in rock climbing, x-country skiing.

-small weekend camping trips and longer expeditions including peak ascents, snow and ice-climbing training.

St. Paul's School

Falls Rd.

Brooklandville; Maryland 21022

Mary F. Wagley, headmistress

(301) 823-6323

-girls, day, 5-12, 236 students.

-Electric program for 10th graders; in 3 week "short-course" at the Sterling School, Vermont.

-one week of camping and outdoor education for seventh graders at Edro Hill Camp, Maryland.

-ninth graders spend one week at Woodlands and Whitewater Institute in West Virginia.

Stoneleigh-Burnham School

Bernardston Road

Greenfield, Massachusetts 01301

Robert L. Merriam, headmaster

(413) 774-2711

- girls, boarding and day, 9 - 12, 175 students
- "Wilderness" : full time program including kayaking, backpacking, rock climbing, caving, winter camping. Beginners and advanced programs.
- "Mistral Mountaineering" : 3 week, coed program in summer ages 14 - 17 years for 20 children. Wilderness skills and activities

The Stowe School

R.R. #1

Stowe, Vermont 05672

John L. Handy, Jr., headmaster

(802) 253-4861

- coed, boarding
- Resource Program: all new students and some old begin the school year with a 21 day OUTWARD BOUND related program. The course covers about 200 miles.
- Winter Survival course during the month of January.
- Winter Trek: five day camping trip - entire school divided into small groups of eight or less.
- short camping trips, canoeing
- each student required to own x-country skis and equipment and basic camping gear.
- students build shelters, domes in the woods

Sterling/ The United World College School in Vermont

Craftsbury Common

Vermont

Steve E. Wright, headmaster

(802) 586-2561

- coed, boarding, 9 - 12, 12 students
- Academic short course in outdoor leadership and conservation: 14 and 21 day cycles throughout winter and spring. Open to students of all schools.
- outdoor skill development, ecology, mental and physical challenges.

Thacher School

5025 Thacher Road

Ojai, California 93023

Edgar L. Sanford, Jr., headmaster

(805) 646-4377

- boys, boarding, 9 - 12, 177 students
- Horse Program - all 9th graders are required to own a horse (usually bought through the school). It is the student's responsibility to feed, clean, exercise and train the horse.
- horse ownership optional for remaining grades
- camping, rock climbing, ecological trips, surfing trips
- Thacher Wilderness Summer School: males 16 - 18 years old.

Verde Valley School

Sedona, Arizona 86336

John Huie, headmaster

(602) 282-7148

- coed, boarding, 9 - 12, 200 students
- school year begins with 3 day orientation backpack trip
- weekend backpack trips throughout year
- three week field trip in spring
- small ropes course, kayaking, skiing, rock climbing available.

Walden School

1 West 88th St.

New York, N.Y. 10024

Nathan J. Levine, Director

(212) 787-5315

- coed, day, preschool - 12, 500 students
- Wilderness Skills seminar taught by students: camping and hiking trips
- rock climbing, snow shoeing, winter climbs

Waccamau Academy

P.O. Box 507

Whiteville, N.C. 28472

David M. Smith, Jr., headmaster

(919) 642-7530

- course in forestry

The Westminster Schools

1424 W. Paces Ferry Road, N.W.

Atlanta, Georgia 30327

A Emerson Johnson, III, headmaster

(404) 355-8673

- coed, day and boarding, K - 12, 1600 students
- fall weekend hiking trip including white water canoeing

Whiteman School

Route 1

Steamboat Springs, Colorado

John Whittum, headmaster

(303) 879-1350

- coed, boarding, 9 - 12, 51 students
- extensive skiing
- mountain climbing

Wilmington Friends School

101 School Road, Alapocas

Wilmington, Delaware 19803

William J. Goulding, headmaster

(303) 654-5271

- coed, day, preschool - 12, 600 students
- outdoor education program for 7th and 8th grade levels
- 7th graders: one-night, two-day program
- 8th graders: three-day, two-night program
- rope exercises, orienteering, cooking, ecology, related subjects

Woodstock Academy

Woodstock, Conn. 06281

Allan Walker, headmaster

- 400 students, grades 9 - 12
- three day backpacking trip involving 16 students
- one credit summer course in a mountain environment including a one week backpacking trip
- 4 day outdoor experience during school year involving 30 students

ALPHABETICAL LISTING BY STATES

ARIZONA

Orme School (The)
Verde Valley School

CALIFORNIA

Athenian School (The)
Catalina Island School
Flintridge Preparatory School
Harvard School
Nueva Day School & Learning Center
Sacred Heart Schools
Thacher School

COLORADO

Aspen Country Day School
Boulder Valley Institute
Colorado Academy
Colorado Rocky Mountain School
Colorado Springs School
Fountain Valley School
Graland Country Day School
Intercultural School of the Rockies
Whiteman School

CONNECTICUT

Brunswick School
Cantebury School
Loomis-Chaffee School (The)
Salisbury School
Woodstock Academy

DELAWARE

Wilmington Friends School

DISTRICT OF COLUMBIA

St. Albans School
Sidwall Friends School

GEORGIA

Westminster Schools (The)

HAWAII

Hawaii Preparatory Academy
Kamehameha Schools

ILLINOIS

Avery Coonley School
Latin School (The)
North Shere Country Day School

LOUISIANA

Metairie Park Country Day School

MAINE

Gould Academy
Reding Pond School

MARYLAND

Landon School
St. Paul's School

MASSACHUSETTS

Brooks School
Carroll School (The)
Charles River Academy
Dynamy
Northfield Mount-Hermon School
Phillips Academy
Roxbury Latin School
Sailing Education Association
Shepherd Knapp School
Stoneleigh-Burnham School

MINNESOTA

Dynamy

NEW HAMPSHIRE

Derryfield School (The)
Holderness School
Proctor Academy

NEW JERSEY

Dwight-Englewood School
Gill School (The)

NEW MEXICO

Albuquerque Academy

NEW YORK

Barlow School (The)
Darrow School
Emma Willard School
Horace Mann School
Millbrook School
North Country Day School
Rockland Country Day School
Walden School

NORTH CAROLINA

Asheville School
Ravenscroft School
Waccamau School

PENNSYLVANIA

George School
Mercersburg Academy
Shipley School (The)
Springside School

RHODE ISLAND

Lincoln School

TENNESSEE

Baylor School (The)

TEXAS

Fort Worth Country Day School
Greenhill School (The)
Selwyn School

VERMONT

Sterling School
Stowe School (The)

VIRGINIA

St. Christopher's School

WASHINGTON

Bush School (The)
St. George's School

CANADA

Carcross Community Education Centre

6/6/74