This junior high school study module contains a needs assessment, course goals and objectives, and guidelines for course implementation and evaluation. A study skills course based on written, audio, and audiovisual materials is outlined in detail. Master lists of materials and publishers are also included.

(Author/AA)
LEARNING SKILLS STUDY MODULE*

Sigrid Vivian

The following is a list of materials which would be required for a learning skills study module on the Junior High School level. The module would include:

1. Diagnosis of study skills strengths and weaknesses using a standardized instrument suited for the target population.

2. Individual discussion between the student and teacher to determine which problem areas the student would like to improve.

3. A personalized program of written, audio, and audiovisual materials for the student to complete:
   a. Such a program would be designed to meet the individual needs of the student, hence would be learner-centered.
   b. All materials needed for such a program are listed in the enclosed "master list of materials."
   c. The program would be assigned a point value as partial fulfillment of course requirements.
   d. A contract would be signed between the student and instructor to the effect that the student would complete all competencies designated in the program.
   e. The student would complete the program at whatever pace he desired, and he would complete each task in whatever order he desired.
   f. A student prescriptive and program checksheet, along with the instructor's cumulative record, would function as program controls.

4. Periodical interpersonal interaction and feedback from other students completing program (dyad, triad, or group).

5. Post assessment using the same diagnostic instrument as at the program entry point; except Form B.

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*This study module was developed by Sigrid Vivian in consultation with Frank Christ, Learning Assistance Support System Coordinator, CSULB. It was modeled after the SR/SE (Survey of Reading and Study Skills Efficiency) program developed by Frank Christ.
Every type of student benefits from practicing good study habits. For the slow learner mastering good study habits is essential to compete successfully with the rest of the school population. For all learners applying good study habits is pertinent to get the highest possible return from energy and time spent on schoolwork. The usefulness of an effective study skills program in the cognitive domain is therefore beyond doubt.

Everyone gains from liking the activities engaged in. In general, whatever one knows how to do well, one tends to like to do. Knowing how to study efficiently and effectively tends to generate self-confidence and a feeling of competence in the school environment. The value of an effective study skills program in the affective domain is therefore immense.
GOALS OF PROGRAM

The fundamental goal of instruction in study techniques is to teach the student how to learn with a minimum expenditure of energy and within a minimum amount of time.

Goals of the program are to help the student to--

1. develop an attitude of self-assurance and confidence in their ability to improve and be competent students;
2. develop an appreciation of the purpose of good study habits;
3. develop a desire to learn and practice good work and study habits;
4. learn to evaluate and practice what is important for him to study;
5. learn to locate, evaluate, select, organize, communicate, and retain information.

BEHAVIORAL OBJECTIVES

The student will be able to--

1. demonstrate effective study techniques;
2. improve his grade point average;
3. improve his self-assurance by knowing how to study.

Conditions that may preclude achievement of expected outcome may be such as students breaking the contract, excessive absences, consideration of individual differences in achievement level.
EVALUATION

Tests should be given sufficiently often to measure student progress without taking too much time from other learning activities. The end of a major understanding may be a convenient testing point. Spot quizzes on content may be helpful and effective. A progress chart should be kept by each student, indicating improvement in skills.

A survey of changes in grade point averages of students who mastered concepts in study skills can be used to evaluate the effectiveness of the study skills program itself. If more scientific data is desired, a target population should be taught study skills. This group as well as a compatible control group should be taught in the subject areas by the same teachers for the period of one year. Changes in grade point averages should be compared. (The novelty effect should be taken into consideration when drawing the conclusions of the value of improving study habits.)
I. STUDY MANAGEMENT

1. Scheduling
   - Better Study Skills, cassette or reel 2: "Study Habit;"
   - Study Habits, frames 19-37;
   - Study Your Way Through School, "Streamline Your Time," pp. 2-7;

2. Task Organization
   - "Why We Learn," film;
   - "How We Study," film;

3. Study Environment
   - Study Your Way Through School, "Streamline Your Time," pp. 7-11;
   - Study Skills, frames 37-42;
   - Better Study Skills, cassette 1: "Study Area;"

II. MAJOR COURSE RELATED SKILLS

1. Study-reading
   - Study Your Way Through School,
     - "How to Hit the Books," pp. 17-23;
     - "Learning to Live with Another Language," pp. 30-32;
     - Basic Language Messages and Meanings, "Improving Reading Habits," pp. 91-114;
   - The Anatomy of Language, book with record: "Reading Comprehension;"
   - Be a Better Reader, workbooks
     - "Science," A B C I II III IV V VI
     - "Social Studies," A B C I II III IV V VI
     - "Mathematics," A B C I II III IV V VI
     - "Literature," A B C I II III IV V VI
     - Specific Skills Series, workbooks
       - Detecting the Sequence, A B C D E F
       - Following Directions, A B C D E F
       - Drawing Conclusions, A B C D E F
       - Getting the Facts, A B C D E F
       - Locating the Answer, A B C D E F
       - Getting the Main Idea, A B C D E F
     - Controlled Reader

2. Responsive Listening/Notemaking
   - Study Your Way Through School, "Techniques for Note-Takers," pp. 33-38;
   - Study Skills, frames 43-54;
   - Better Study Skills, cassettes 3 and 4: "Taking Notes in Class;"
   - Basic Language Messages and Meanings, "Listening," pp. 44-47;
   - Audio Read Progress Lab, Level 5
     - Cassette: 1 2 3 4 5 6 7 8 9 10 11 12
     - Workbook
STUDENT PRESCRIPTIVE PROGRAM, page 2

3. Class room Tests
- Study Your Way Through School, "Your Exams and How to Overwhelm Them," pp. 39-43;
- Study Skills, frames 163-186;
- Better Study Skills, cassette 6: "Taking a Test;"
4. Writing Assignment
- Study Your Way Through School, "Write What You Think," pp. 24-29;
- Study Skills, frames 115-138;
- Better Study Skills,
  - Cassette 8: "Book Reports;"
  - Cassette 10: "Writing a Research Paper;"
- Basic Language Messages and Meanings,
  - "Writing Paragraphs and Themes," pp. 211-233;
  - "Becoming a Good Correspondent," pp. 234-250;
  - "Writing Stories and Poems," pp. 252-266;
  - "Making Reports Based Upon Reading," pp. 145-148;
- The Anatomy of Language, book with record: "Composition;"

III. AUXILIARY COURSE SKILLS
1a. Library Research
- Study Skills, frames 139-162;
- Better Study Skills, cassette 7: "Where to Get Information;"
- Basic Language Messages and Meanings, "Finding and Using Information," pp. 130-140;

1b. Dictionary Skills
- Basic Language Messages and Meanings, "Using the Dictionary," pp. 120-126;
- Basic Dictionary Skills, book;
- Thorndike Barnhart Comprehensive Dictionary, Star Ed.;

2a. Vocabulary
- Basic Language Messages and Meanings, "Building Vocabulary," pp. 117-126;
- How Words are Built,
  - Filmstrip 1: "Synonyms;"
  - Filmstrip 2: "Antonyms;"
  - Filmstrip 3: "Homonyms;"
  - Filmstrip 4: "Heteronyms;"
  - Filmstrip 5: "Word Origins;"
  - Filmstrip 6: "Words Derived from Other Languages;"
- Picto-Cabulary, Set 111
- Picto-Cabulary, Set 222
- Specific Skill Series, workbooks
  - Using Context
  - Working With Sounds
- The Anatomy of Language,
  - Record: "Vocabulary;"
  - Record: "Word Relationships;"
- Workbook
  - Flasher, with index cards of vocabulary words;
  - Controlled Reader*
2b. Spelling
- Reading Road to Spelling, workbooks
  - Book 7;
  - Book 8;
- 1620 Power Words, workbook;
- Specific Skills Series, "Working With Sounds," workbook;

4. Writing Skills
- Basic Language Messages and Meanings,
  - "Improving Your Writing Skills," pp. 153-185;
  - English Grammar: "How It Operates," pp. 269-279;
  - "Recognizing Complete Sentences," pp. 281-287;
  - "Working for Effective Expression," pp. 466-477;
- "Becoming a Good Correspondent," pp. 234-250;
- Fundamentals of English,
  - Filmstrip: "Nouns and Their Uses,"
  - Filmstrip: "Verbs,"
  - Filmstrip: "Adjectives and Adverbs,"
  - Filmstrip: "Prepositions and Conjunctions,"
  - Filmstrip: "Simple Sentence;"
- Punctuation Series,
  - Filmstrip: "The Comma,"
  - Filmstrip: "The Semicolon,"
  - Filmstrip: "Quotation Marks and Italics,"
  - Filmstrip: "End Punctuation Marks;"

IV. ATTITUDES, INTERESTS, HABITS
1a. General Reading
- Basic Language Messages and Meanings, "Improving Reading Habits," pp. 91;
- Archie Comic Books;
- Action Library, II-A;
- Action Library, III;
- Controlled Reader;

1b. Reading Rate/Comprehension
- Basic Language Messages and Meanings, "Improving Reading Habits," pp. 91-92;
- The Anatomy of Language, book and record: "Reading Comprehension;"
- McCall Crabb Standard Test in Reading, booklets
  - Book: A B C D E F
- Reading With Speed,
  - Filmstrip: "Identifying;"
  - Filmstrip: "Overview,"
  - Filmstrip: "Phrase Reading,"
  - Filmstrip: "Skimming,"
  - Filmstrip: "Space Reading,"
  - Filmstrip: "Sub-Vocalization;"
- Controlled Reader.
2a. Concentration
- Study Your Way Through School, "But I Just Can't Concentrate," pp. 12-17;
- "How We Learn," film;
- Controlled Reader*

2b. Memory
- "How We Learn," film;
- "How We Study," film;
- Study Your Way Through School, "How to Hit the Books," pp. 17-23;
- Be a Better Reader, workbooks
  - "Science," A B C I II III IV V VI
  - "Social Studies," A B C I II III IV V VI
  - "Mathematics," A B C I II III IV V VI
  - "Literature," A B C I II III IV V VI
- Specific Skills Series, workbooks
  - Detecting the Sequence, A B C D E F
  - Following Directions, A B C D E F
  - Drawing Conclusions, A B C D E F
  - Getting the Facts, A B C D E F
  - Locating the Answer, A B C D E F
  - Getting the Main Idea, A B C D E F

3. School Activities and Motivation
- Study Your Way Through School,
  - "The High Art of Getting What You Want," pp. 2-7;
  - "Streamline Your Time," Exp. 7-12;
  - "How's Your Grade Average?" pp. 44;
- "Why We Learn," film;
- "How We Study," film;
- "How We Study," film;

V. PHYSIOLOGICAL ASPECTS
1. General Health
- How Your Body Uses Food, booklet;
- "How Food Becomes You," filmstrip;
- "How We Learn," film;
- "How We Study," film;

2. Vision
- Study Habits, frames 19-37;
- Better Study Skills, cassette 1: "Study Area;"
- Flasher, index cards
  - symbols,
  - numbers,
  - vocabulary words;
- Controlled Reader*

*if available
PURCHASING LIST

Aims
Instructional Media Services, Inc.,
P.O. Box 1010
Hollywood, California 90028

- "Why We Learn" (sound film/$90.00)
- "How We Learn" (sound film/$90.00)
- "How We Study" (sound film/$90.00)
- "Why We Listen" (sound film/$90.00)

Barnell Loft, Ltd.
958 Church Street
Baldwin, New York 11510

- Picto-Cabulary Set 1 (Boning/set/workheets/tests/class records/teacher's manual/$23.94)
- Picto-Cabulary Set 222 (Boning/set/workheets/tests/class records/teacher's manual/$23.94)
- Specific Skill Series (Boning/kit/workbooks/answer sheets/teacher's manual/$67.50)

California State Series
California State Department of Education
Sacramento, California 95814

- Basic Dictionary Skills (Wakefield/book/$1.46)
- Basic Language Messages and Meanings (Greene/textbook/$5.04)
- Basic Language Messages and Meanings, Teacher's Edition (Greene/book/$5.32)
- Basic Language Messages and Meanings, Tests (Greene/booklet/$0.64)
- Thorndike-Barnhart Comprehensive Dictionary, Star Ed. (Thorndike/book/$3.51)
- Reading Road to Spelling (Pescosolido/workbook/$0.61)
- Reading Road to Spelling, Teacher's Edition (Pescosolido/book/$0.94)
- 1620 Power Words (Botel/workbook/$0.80)
- 1620 Power Words, Teacher's Edition (Botel/book/$1.16)

Educational Material, Dairy Council
3900 West Third Street
Los Angeles, California 90005

- How Food Becomes You (filmstrip/no charge)
- How Your Body Uses Food (booklet/no charge)

Education Corporation of America
294 Livernois Road
Troy, Michigan 48084

- Better Study Skills (cassette or reel/$71.50 set of ten)
Purchasing List, page 2

Educational Developmental Laboratories, Inc.
A Division of McGraw-Hill
Huntington, New York 11744
Archie Comic Books (kit/$49.00)

Educational Progress Corporation
Ted Towry
3050 S. Bristol
Santa Ana, California 92704
Audio Read Progress Laboratory, Level 5 (cassettes or tapes/reading progress books/teacher's guide/$97.50)

McGraw-Hill Films
Department B.F.
1221 Ave. of the Americas
New York, New York 10020
Fundamentals of English (filmstrips/catalog cards/$46.00 set of six)
Punctuation Series (filmstrips/$38.00 set of five)
Word Studies Series (filmstrips/$46.00 set of six)

Noble and Noble Publishers, Inc.
1 Dag Hammarskjold Plaza
245 East 47th Street
New York, New York 10017
Springboards (kit/newspapers/$54.00)

Prentice-Hall, Inc.
Box 903
Englewood Cliffs, New Jersey 07632
Be a Better Reader (Smith/set/teacher's guides/$59.40)

Science Research Associates, Inc.
259 East Erue Street
Chicago, Illinois 60611
Study Your Way Through School (Gerken/booklet/$1.20)
PURCHASING LIST, page 3

Scholastic Book Services
904 Sylvan Ave.
Englewood Cliffs, New Jersey 07632
Action Library II-A (books/teacher's guide/$9.00 set of six)
Action Library III (books/teacher's guide/$9.00 set of six)

Bureau of Publications
Teachers College, Columbia University
New York, New York 10027
McCall Crabbe Standard Test Lessons in Reading (McCall/booklets/
teacher's guide/answer sheets/$7.50 per set)

Universal Electronics Laboratories Corp.
Institute for Programmed Teaching, Inc.
6 East 45th Street
New York, New York 10027
Study Skills (programmed printed matter/$1.49)

Universal Educational Visual Arts
221 Park Avenue South
New York, New York 10003
Reading With Speed (filmstrips/$32.00 set of six)

Wood and I
17652 Jacquelyn Ln #7
Huntington Beach, California 92647
Flasher (hand gadget/index cards of vocabulary words/$5.00)

Prices given are as stated in the companies' ordering catalogues 1974-1975.
They are subject to the proportionate yearly increase.

The total starting cost for the above materials is $1,118.31. Substituting
stated material with material on hand will lower the cost.

In addition, approximately $75.00 per semester should be appropriated for
office supplies and for materials' replacement.
### MASTER LIST OF MATERIALS/LEARNING SKILLS STUDY MODULE

#### I. Books/Booklets
1. Basic Dictionary Skills (Wakefield)
2. Basic Language Messages and Meanings (Greene)
3. Basic Language Messages and Meanings, Teacher's Edition (Greene)
4. Basic Language Messages and Meanings, Tests (Greene)
5. How Your Body Uses Food (Dairy Council)
6. Reading Road to Spelling (Pescosolido)
7. Reading Road to Spelling, Teacher's Guide (Pescosolido)
8. Study Your Way Through School (Gerken)
9. Thorndike Barnhart Comprehensive Dictionary, Star Ed. (Thorndike)
10. 1620 Power Words (Botel)
11. 1620 Power Words, Teacher's Guide (Botel)

#### II. Films
1. "How We Learn" (Aims)
2. "How We Study" (Aims)
3. "Why We Listen" (Aims)
4. "Why We Listen" (Aims)

#### III. Programs

**A. Cassette or Reel Series (with booklet)**
1. Better Study Skills (Education Corporation of America)
2. Audio Read Progress Laboratory, Level 5 (Educational Progress Corporation)

**B. Filmstrip Series**
1. Fundamentals of English (McGraw-Hill)
2. How Food Becomes You (Dairy Council)
3. Punctuation Series (McGraw-Hill)
4. Reading With Speed (Univ. Ed. Vis. Art)
5. Word Studies Series (McGraw-Hill)

**C. Flasher Set**
- Visual Perception (Woods and I)

**D. Printed Matter**
1. Action Library II-A (Scholastic Book Services)
2. Action Library III (Scholastic Book Services)
3. Archie Comic Books (Educational Developmental Laboratories)
4. Be a Better Reader (Smith)
5. Be a Better Reader, Teacher's Edition (Smith)
MASTER LIST OF MATERIALS, page 2

6. McCall Crabbs Standard Tests in Reading (Teachers College Press)
7. Picto内在ary Set III (Barnell Loft)
8. Picto内在ary Set 222 (Barnell Loft)
9. Specific Skill Series (Barnell Loft)
10. Study Skills (Universal Electronics Laboratories Corp.)

E. Record Set (with booklet)
   The Anatomy of Language (Scholastic Audio Visual Center)

MASTER LIST OF EQUIPMENT/LEARNING SKILLS STUDY MODULE

Cassette Player
Film Projector
Filmstrip Viewer
Record Player
Student Listening Center
Monaural Headsets