The revised 1974 bibliography on physical education contains an annotated listing of approximately 75 books, articles, periodicals, newsletters, films, slides, and videotapes for use in programming for visually impaired persons. Activities covered include adapted, corrective, and developmental physical education; swimming; athletics; dance; motor skills; recreational activities; movement; perceptual-motor activities; and hobbies. Subjects such as curriculum design, research, and integration with nonhandicapped students are also treated. Books and publications are available in Braille and large type from the American Printing House for the Blind.
TO: SELECTED STATE RESOURCES
FROM: Wanda L. Burnette
Administrative Program Assistant

Enclosed you will find a copy and abstract of a selected bibliography on physical education and recreation for the visually handicapped. A selected number of copies were made available to IRUC for distribution to groups such as yours since contents are appropriate to your areas of interest. There is no copyright so we hope that you will make this information available to individuals and groups you serve. You will note that the material was prepared by Dr. Charles Buell for the Association for the Education of the Visually Handicapped so any reproduction should give appropriate credit to him and AEVH.

As we enter the last year of IRUC operation, we are pleased with the way in which materials and services are being received by personnel in the field -- many comments have been received by our office concerning the value and effectiveness of the IRUC Distribution/Dissemination Referral System. This response can only be credited to groups and agencies such as yours which have accepted the responsibility of providing materials sent by IRUC to others in your geographical area.

As you will note on the abstract, this material is being sent to the Educational Resources Information Center for processing into this system -- we usually receive notification of acceptance and the accession number within two months. If you wish to obtain this information to pass on to those you serve, contact our office.

Let us hear from you if you have any ideas or suggestions concerning IRUC activities.
ASSOCIATION FOR THE EDUCATION OF THE VISUALLY HANDICAPPED
1604 Spruce St., Philadelphia, Pa. 19103

Bibliography on Physical Education - 1974

American Association of Health, Physical Education and Recreation
(1201 Sixteenth St. N.W., Washington, D. C. 20036), PHYSICAL
67 pp. $2.95.

A concise booklet written primarily for physical educators
and teachers in public schools.

American Foundation for the Blind (15 W. 16th St., New York, N. Y.),
INTEGRATING BLIND AND VISUALLY HANDICAPPED YOUTHS INTO COMMUNITY
SOCIAL AND RECREATIONAL PROGRAMS.

There is no charge for this "how-to-do-it" pamphlet.

American Printing House for the Blind (1839 Frankfort Ave.,
Louisville Ky.), SUGGESTED ACTIVITIES FOR THE DEVELOPMENT OF SOUND
LOCALIZATION SKILLS.

This 16-page pamphlet gives ideas for using their goal locator.

Arnheim, D., Auxter, D. & Crowe, W., PRINCIPLES AND METHODS OF ADAPTED

Most space devoted to information on handicaps and less attention
given to practical programming. Suitable for college classes.

Belenky, Robert, A STIMULATING PROGRAM FOR BLIND CHILDREN, New York,

The most complete reference on swimming for blind children.

Buell, Charles, PHYSICAL EDUCATION FOR BLIND CHILDREN, Springfield, Ill.,

It covers sports, games, relays, races, contests, achievement
scales, and curricula.

RECREATION FOR THE BLIND, New York, American Foundation

Descriptions of activities for visually handicapped children.

MOTOR PERFORMANCE OF VISUALLY HANDICAPPED CHILDREN,
Summary available from author.)

A Doctoral dissertation involving 865 children.

Case, Maurice, RECREATION FOR BLIND ADULTS, Springfield, Ill.,

Many adult activities can be used for youth groups.

Chapman, A. & Cramer, M., DANCE AND THE BLIND CHILD, American Dance

The experience of teaching a blind child in a class of sighted
children. There are 8 pages of lesson plans.

Cratty, B. J., MOVEMENT AND SPATIAL AWARENESS IN BLIND CHILDREN AND YOUTH,

Clinical observations and research evidence presented to aid
children to move and deal with space more effectively.

A basis to organize program of training in space concepts.


A discussion of activities for blind children is included.


One chapter is devoted to physical education for blind children.

**Hiring the Handicapped in Recreation**, President's Committee on Employment of the Handicapped, Washington, D.C. 20210.

Tells about several successful placements.


Gives some attention to blind children.


Some of the areas discussed are posture, locomotion, fitness, individual activities, stunts, rhythms, dance, evaluation, motivation and special methods. Full-page photographs included.


Various handicaps are satisfactorily described, but discussions on practical programming are limited.


References on physical education before 1973 given.


Designed for college theory courses. Information is general.


A practical guide for physical educators who have handicapped children in their classes in public schools.


Three pages are devoted to physical education and recreation. Physical educators canupdate themselves on other aspects of educating blind children.


A report of a two-week workshop for 60 teachers.


Modifications for a handicap are mentioned only when they are necessary.

Covers hobbies for blind adults and youth.


Experiences in teaching a few blind teen-agers discussed.


Book is useful for teachers of the multihandicapped.


Seven pages devoted to visually impaired.

ARTICLE:


Experiences of an agency for the blind are described.


Kephart's outline on perception and motor efficiency is combined with suggestions of physical activities for blind children.


"How-to-do-it" suggestions are made.


An up-to-date summary of information from the field.


To show the capabilities of blind individuals, wrestling champions and litter winners in other sports are mentioned.


Public school educators point out that blind children participate safely in vigorous physical education.


Practical hints on integrating blind children into community recreational activities are given.


A practical program is described in some detail.

Emphasis placed on the development of kinesthetic awareness, balance, posture, and coordination.


The program of a Philadelphia school is described.


A motivational technique used with blind adults who are multiply handicapped is described.


A short report which gets to the point.


Experiences in a resource room in a public school.


Experience with one blind student.


A short description of a program in a public school.


Hints are given for conducting an integrated program.

JOURNAL OF HEALTH, PHYSICAL EDUCATION AND RECREATION, April, 1971.

Presents a mini-feature on the visually handicapped.

Buell, Charles, "Physical Education for Visually Handicapped Children."

Hints on integrating blind children in a public school program.

Citron, Lester, "Tin Cans and Blind Kids.

An activity rarely reported in literature.

Johansen, Gladys, "Integrating Visually Handicapped Children Into a Public Elementary School Physical Education Program."

Goals of the program described.

Filler, Oral, "Blind Bowling."

Bowling for the blind is described.
Presents an article on the visually handicapped.

Bolt, K., "The Blind Can Play Softball."

Ways to integrate blind players into high school softball.

Guell, Charles, "What Is the School's Responsibility in Providing Physical Activity for Its Blind Students?"

Practical suggestions of how this is being done in some schools.

Oliver, James, "Physical Education for Blind Children"

Where modifications are needed, practical suggestions are made.

Travena, Thomas, "Are Physical Education Programs Meeting the Needs of Students?" (Also in THE PHYSICAL EDUCATOR, May, 1970).

Hints on integrating blind children into public school physical education are given.


Methods of jogging and skating with sighted partners.


The major finding is that blind students, participating in vigorous physical education in public schools are more widely accepted by their sighted peers than are sedentary students.


A study to test the effects of a gymnastic program on the orientation and mobility skills of young, visually handicapped children.


A wholesome philosophy toward all handicaps is developed.


Only a few visually handicapped children need to be excused from vigorous physical education because of eye conditions.


The abilities of blind persons of all ages are discussed.


Activities and their implications for social growth with the sighted.


Emphasis placed on motor skills, posture, and orientation.


The advantages of a camp for the blind are discussed.

Ways of overcoming mal-posture are shown through case studies.


Posture improved by skating, skiing and fencing.


Use of a running cable in a hospital for the mentally retarded is described.

TODAY'S HEALTH, Jan., 1969, "New Dimensions for Blind Youngsters."

A typical program of an agency for the blind is described.


Techniques on scuba diving are discussed.


Physical education goals for the multiply handicapped discussed.


Suggestions made by a public school teacher.


Tells of 7 blind climbers conquering Mt. Kilimanjaro.

FILMS, ... TAPES, ... TAPE

PHYSICAL EDUCATION FOR BLIND CHILDREN, Campbell Films, Saxtons River, Vermont 05154. Rental is $9.00.

The film shows blind children of all ages participating in a wide variety of activities in public and residential schools.

PHYSICAL EDUCATION OF THE BLIND, 35mm Color Slides, Perkins School for the Blind, Watertown, Mass. 02172.

WAX, VICTOR AND THE VISUALLY HANDICAPPED, Illinois Braille and Sight Saving School, Jacksonville, Ill. 62660.

ADAPTED PHYSICAL EDUCATION FOR VISUALLY HANDICAPPED CHILDREN, a videotape may be borrowed from Special Education Services, 10331 Stanford Ave., Garden Grove, Ca. 92640.

PHYSICAL EDUCATION AND RECREATION FOR BLIND CHILDREN, College of Health, Physical Education and Recreation, Texas Woman's University, Denton, Texas. A cassette tape comes with 80 slides.

NEWSLETTER

BULLETIN FOR PHYSICAL EDUCATORS, Association for the Education of the Visually Handicapped, 1604 Spruce St., Philadelphia, Pa. 19103.

BRAILLE AND LARGE TYPE MAGAZINE

TEEN-TIME, Concordia Publishing House, 3558 S. Jefferson Ave., St. Louis, Mo. 63110.

Free subscription to blind students. Sports column monthly.