This manual, designed for secondary school counselors, is based on the concept that professional improvement can be accomplished mainly by self-evaluation in conjunction with support from one's own colleagues. Some of the purposes of the manual are to: (1) produce a tool by which the new counselor can conduct his own self-evaluation; (2) provide a vehicle for the experienced counselor to use as a self-review; (3) provide guidelines for the development and improvement of a guidance department; and (4) aid in periodic self-evaluation, self-learning, and self-improvement. The manual includes samples of self-administered evaluations and an extensive bibliography which counselors may use to aid in their self-evaluation. (Author/ER)
PROFESSIONAL AUDIT
FOR
SECONDARY SCHOOL COUNSELORS

A SELF-APPRAISAL MANUAL DEVELOPED FOR PERSONAL OR
OFFICE USE AND AS A POSSIBLE WORKSHOP AID

FOR

ASCA-NACAC

Prepared by
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November, 1973
$2.50
In the early spring of 1973, representatives of the National Association of College Admissions Counselors (NACAC) and the American School Counselor Association (ASCA) agreed to co-sponsor the writing of a Professional Audit for Secondary School Counselors to complement the very successful College Admissions Counselors Professional Audit produced in the summer of 1972. A national writing team was identified with two representatives appointed by each of the two organizations: Corinna Distefano and Carl Peets were chosen by ASCA and Henry Payne and Bonny Wallace by NACAC.

The charge by the NACAC Professional Education/Subject Matter Articulation Committee was:

"THAT a committee of secondary school counselors be appointed to write a manual for the training of secondary school counselors,

and

THAT the manual should follow the format of the Professional Audit formulated for the training of admissions officers. Also,

THAT the committee should consist of no more than a chairman and four other members.

THAT ASCA be informed of the developments of the committee in regard to writing a Professional Audit for Secondary School Counselors, and

THAT ASCA's full participation be invited."

The resulting form was measured and evaluated against the procedures of the NACAC Secondary School Counselors workshop led by James Alexander, Director of Counseling, Highland Park High School (Illinois) at Rockford College preceding the NACAC annual conference of October, 1973.

The writing team in producing this manual, the Professional Audit for Secondary School Counselors, felt strongly committed to the already established idea of the College Admission Audit, i.e., professional improvement should and can be accomplished primarily by self-evaluation with additional support by one's own institutional colleagues, by one's professional colleagues from other institutions and by professional workshops whose curricula might be based upon such an audit.

Repetition. A further point is the committee's recognition and knowledge of repetition of questions from chapter to chapter within the manual. Yet the feeling is that many counselors may choose to use only individual chapters particularly pertinent to their concerns and that therefore all questions having to do with that chapter be included therein.
To keep the Professional Audit pertinent it is essential that those using it assist in keeping it up-dated. Reactions to and suggestions for changing the audit should be directed to the Executive Director, APGA, 1607 New Hampshire Avenue, N.W., Washington, D.C. 20009 or the Executive Director, National Association of College Admissions Counselors, 9933 Lawler Avenue, Suite 500, Skokie, Illinois 60076.

The Professional Audit has been designed to:

1. Provide an instrument for the neophyte counselor to conduct his own self-evaluation.

2. Provide the means for the experienced counselor to review himself periodically with a do-it-yourself appraisal.

3. Provide guidelines for the development and continuing improvement of a guidance department.


It is important to note that:

1. The manual lists all possible things which counselors might do.

2. The listing of all items in any one area does not necessarily mean the writing team endorses the necessity of all in any one office or person.

3. The questions may not necessarily all be pertinent for all individuals or situations.

4. The writing team firmly believes that participation in self-appraisal and workshop experiences with the audit can greatly enhance the professional development of counselors.

Anna H. Bowditch
Chairman
ASCA-NACAC Writing Team

November, 1973
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CHAPTER I
INTRODUCTION

The basis of any evaluation used in an accreditation or examination visit is a series of questions asked by the consultant explicitly or implicitly. This process can be referred to as an "audit"—that process by which policies, procedures, practices, and personnel are examined and checked authoritatively. The examination or "audit" report, made possible by the answers given to carefully prepared questions, has many uses—both internally in the guidance office and externally. For example...a clear and accurate description of students' individual needs and abilities can benefit faculty and administration and all who come in contact with them as well as institutional objectives. It also aids the guidance staff or counselor to determine the extent to which institutional and department objectives are being met in answering the student's needs.

Guidance offices are rarely examined by nor do they often have access to outside consultants, yet they are regularly evaluated when their institutions come up for regional and state accreditation. Most individuals entering the counseling profession have undergone educational preparation for their responsibilities. The Professional Audit for Counselors has been prepared for the purpose of being a less formal instrument for regular office or self-evaluation. Thus when the accreditation or evaluation visit time comes a continual record of preparation and updating is available. The audit also can serve as an aid for workshop sessions and self-appraisal. The outcome of participating in pre-service and in-service professional experiences, undergoing a self-evaluation, and the resulting self-learning follow-through is to have well-prepared alert professional guidance personnel in every school and institution.

Use of Questions and Basic Principles in Self-Evaluation

What follows in this manual is a series of questions encompassing the basic responsibilities of a guidance office. The Professional Audit manual will enable every counselor to become his own consultant; and, therefore, conduct a self-evaluation based upon questions that would be asked by experienced guidance personnel should they be enlisted as consultants or part of an evaluation team. Use of the Professional Audit manual in workshop discussions will permit the counselor to conduct a self-evaluation in a larger perspective than if done in isolation.

Accompanying each category are basic principles which provide those using the Professional Audit an opportunity to appraise the counseling process covered by questions as they apply to himself and his institution.

The Professional Audit is a self-appraisal and by no means a test. For this reason, the basic principles do not supply definitive answers to the questions. Instead, they provide a "reason why" for the questions and a direction for further study, when needed. More often than not, a full explanation of the question would require textbook treatment.

The questions are framed in logical sequence so that even an inexperienced counselor can ascertain as objectively as possible information concerning the extent and characteristics of his institution's counseling policies, procedures, and practices, the degree to which they are being implemented,
and his own knowledge. The audit of one's knowledge of counseling and related areas is important in determining how well equipped he is to meet the demands of his profession in dealing with his students. While there is not always a clear-cut answer to many of the questions, an honest "yes" answer would usually indicate that the respondent is enlightened to some degree about the subject being discussed. If the answer is "no", the respondent in most instances would do well to give some thought to the subject, seek group discussion, and engage in outside readings and self-study. If the answer is "needs change" the institution, guidance personnel and individual counselor might review the matter and take the proper steps to correct the situation. In a sense, this Professional Audit should be used annually by each counselor regardless of his experience. It represents an audit that can be completed with minimal expense but with great personal and professional benefit. (Thus, the "Professional Audit" can go way beyond a singular workshop offering.)

Objectives of the Audit

The specific objectives of this Professional Audit are to highlight strengths and weaknesses in counseling policies and practices, the execution of policies and practices, the knowledge and understanding of counseling and related areas of guidance. While it may be argued that strengths and weaknesses will show themselves eventually through practice it is clearly safeguarding the student to rectify weaknesses before they affect him.

The Professional Audit is designed to help the experienced and inexperienced counselors eliminate weaknesses and capitalize on strengths to the benefit of his students.

To a great extent, what is being tested in this audit is the counselor's imagination, aggressiveness, honesty, insight, and the ability to follow through once pertinent information is known. The questions deal with the general areas of counseling since the particular characteristics of every type of institution cannot be known. An attempt has been made to frame them to apply to all schools and institutions counseling students. Fortunately, there are broad policies, principles, procedures, practices, and professional knowledge which apply to practically all guidance offices and counselors which can be shared and transmitted. Also, much of the effectiveness of a guidance office and its counselors can be revealed by answering soundly framed questions even though general in nature. The Professional Audit is based on the following general assumptions:

1. There are broad professional principles of good practice, management, and conduct that should and can be followed by most guidance departments and counselors.

2. When too many of these principles are not being followed, students served by the guidance department and counselor are adversely affected.
3. It is possible to identify areas in a guidance office which are not functioning adequately and which, if unchanged, will impair the students and institutions in many ways. Likewise, it is possible to identify areas in which the counselor is not functioning adequately and which, if unchanged, will ultimately affect the guidance office and all those who have contact with it.

4. It is frequently possible to identify these areas sufficiently in advance for such information to be useful to the counselor.

5. The Professional Audit can be of use in indicating these areas, particularly where it is used regularly and honestly.
CHAPTER II
PHILOSOPHY AND OBJECTIVES

Philosophy

1. Does the school philosophy clearly define and state the role of the school in society?  
   Yes  No  Change

2. Is the statement of philosophy specific in the school's responsibility to the student? to the community? to society?  
   Yes  No  Change

3. Do all groups immediately affected by the philosophy have a part in its development, review and revision?  
   Yes  No  Change

4. Is the statement of philosophy reviewed and revised regularly?  
   Yes  No  Change

5. Does the statement of philosophy provide a framework by which each individual may have the opportunity to achieve his greatest potential?  
   Yes  No  Change

6. Is the philosophy of the guidance program consistent with that of the school?  
   Yes  No  Change

7. Do those served by the school have a good understanding of the school's philosophy?  
   Yes  No  Change

BASIC PRINCIPLES:

1. Every secondary school should have a statement of philosophy which defines the reason for its existence. It is a declaration of the staff's responsibility to those whom it serves.

2. To be functional, all members of the staff should participate in its formulation, review and revision.

3. If needs of students and expectations of parents are to be met, their involvement is also essential.

4. Of equal importance is a statement of philosophy of the guidance program which is in harmony with that of the school.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
### Objectives

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
<th>Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Are the school's objectives in harmony with its philosophy?</td>
<td></td>
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<tr>
<td>2. Does the entire staff participate in formulation and review of the objectives?</td>
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<td>3. Do the objectives recognize and make provision for individual differences of students?</td>
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<tr>
<td>4. Do the guidance program objectives agree with those of the school?</td>
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<tr>
<td>5. Are the objectives attainable?</td>
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<td>6. Does the staff implement programs to reach the objectives?</td>
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<tr>
<td>7. Are the objectives of the school and the guidance program reviewed and systematically updated?</td>
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</table>

### BASIC PRINCIPLES:

1. The objectives and programs should reflect the philosophy of the secondary school.
2. There should be precise guidelines in writing for the attainment of the school's future goals.
3. The objectives should be realistic and specific in their aim to meet student needs.
4. It is essential that the guidance program objectives be clearly defined and are in accord with those of the school.

### SUMMARY EVALUATION OF MY SITUATION:

### SUGGESTIONS FOR IMPROVING MY SITUATION:
CHAPTER III
BASIC ETHICS FOR A COUNSELING PROGRAM

1. Are you completely familiar with the various ethical standards as set forth by such associations as National Education Association, American Personnel and Guidance Association, American School Counselors Association, National Association of College Admissions Counselors?

2. Have you examined your motivation for becoming a counselor?

3. Do you know your own counseling limitations?

4. Are you personally and academically competent to perform your present role?

5. Do you consider the integrity and welfare of the counselee of utmost importance?

6. Are you aware of your prejudices?
   Do these interfere with your counseling?
   Are you attempting to eliminate your own prejudices?

7. Is information about the counselee kept confidential and handled professionally?

8. Does the counselee have full understanding of the counselor/counselee/parent/staff relationship?

9. Do you permit personal concerns to interfere with the counseling relationship?

10. Do you agree with the general policies and principles of your institution?
    If not, are you working towards policy changes?

11. Are your professional activities in accord with the philosophy and objectives of your school?

12. Are you able to work effectively with other members of your staff?
    with the community?

13. Does your working relationship with others reflect institutional policy?
14. Can you work with students and adults regardless of their socio-economic level, race, religious background, or political affiliation, handling each one as an unique individual?

15. Are you fully aware of community resources and specialists especially for referral purposes?

16. Do you agree with the professional code of ethics for counselors? If you disagree, are you working constructively toward changing it?

17. Do you endeavor to work within the framework of your own limitations?

18. Do you place the profession above self-enhancement?

19. Do you expect ethical behavior from your associates?

20. When you see unprofessional practices within the profession, do you take action through appropriate channels to eliminate these practices?

21. Though you may show your own attitudes and values, do you keep from imposing them on the counselee?

22. Do you protect the educational program against any infringement upon the best interest of the student?

23. Do you recommend any changes to the administration which would improve educational needs for the students?

24. Do you refuse to accept remuneration beyond contractual salary for counseling any pupil within the school district?

25. Do you refuse to promote or direct counselees into counseling or educational programs which would result in remuneration to you?

26. Do you have a policy which would delineate responsibilities in case of a confrontation—one which would be supported by teachers and the administration?
III-3

BASIC PRINCIPLES:

1. The secondary school counselor has responsibilities to himself, the counselee, the school, the community and the profession.

2. It is imperative that a counselor understands himself and possesses the knowledge and skills to be effective.

3. The counselor should believe in the worth of every individual and in his own capacity to help that individual reveal his worth.

4. The counselor has an obligation to the school and to the community to support their programs. Service to others and responsibility to the profession should be the motivating factors.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
CHAPTER IV

CHARACTERISTICS, POLICIES AND OBJECTIVES OF THE GUIDANCE PROGRAM

ORGANIZATION

Departmental:

1. Is guidance given departmental status with representation on various school committees?  

2. Is the line and staff relationship clear?  

3. Is there a Guidance Advisory Council composed of counselors, staff, parents and students to maintain liaison with these groups?  

4. Do counselors interview applicants for counseling positions?  

5. Is the guidance department organized so as to foster and maintain effective communication and operational knowledge of other pupil personnel services in the school system regarding referrals, etc?  

BASIC PRINCIPLES:

It is essential that the guidance program be organized in such a way that the administration makes clear to staff, parents and students the importance of the program and its place in the total educational program.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:

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PHILOSOPHY

1. Do counselors participate in the formulation of policies in school guidance department? 

2. Is the philosophy of the guidance staff compatible with that of the administration? 

3. Is there a periodic evaluation to determine whether the philosophy is still pertinent -- the program is doing what it says it is striving to do? 

4. Is the goal of the department to help students make choices on their own and become increasingly less dependent on others? 

5. Does the department have a philosophy of testing which serves the needs of all young people? 

6. Is counseling an essential element of the guidance program? 

7. Are counselors free from duties of a supervisory and/or disciplinary nature which might interfere with the proper relations with students? 

BASIC PRINCIPLES:

1. The philosophy of the guidance department should be formulated by all involved -- counselors, staff, parents and students. 

2. The philosophy should be aimed more at constant surveillance of the educational system to determine what needs to be changed rather than concern for the status quo. 

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
### POLICIES OF GUIDANCE DEPARTMENT

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<th>Yes</th>
<th>No</th>
<th>Needs Change</th>
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<tbody>
<tr>
<td>1.</td>
<td>Are the policies of the guidance department clearly defined and stated in writing?</td>
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<td>2.</td>
<td>Is there a drug policy formulated by the Board of Education in consultation with the guidance department?</td>
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<td>3.</td>
<td>Is there a policy as to what information will be given to whom -- a policy covering confidentiality of student information?</td>
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<td>4.</td>
<td>Is the policy clearly defined and spelled out to faculty as to which members of the staff handle different kind of problems?</td>
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<td>5.</td>
<td>Are the faculty informed as to what happens to information on students given to the counselor?</td>
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<td>6.</td>
<td>Is the student fully informed as to what happens to information given by him to the counselor? (See Chapter VIII)</td>
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<td>7.</td>
<td>Does your school have a policy regarding college and career recommendations?</td>
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<td>8.</td>
<td>Is there a clear-cut policy with regard to the role of the counselor in disciplinary matters?</td>
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### BASIC PRINCIPLES:

1. It is important that certain areas be covered by policies formulated within the school for the guidance and protection of all.

### SUMMARY EVALUATION OF MY SITUATION:

### SUGGESTIONS FOR IMPROVING MY SITUATION:
**ADMINISTRATION**

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<th></th>
<th>Yes</th>
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<tr>
<td>1. Do the administrators explain to the staff the functions of the counselors?</td>
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<td>2. Do counselors meet regularly with administrators?</td>
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<td>3. Is there a director as liaison to the administrators?</td>
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<td>4. Is counseling spelled out in publications for staff, parents and students?</td>
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<td>5. Are guidance services planned to be an integral part of the educational program?</td>
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<td>6. Are guidance services considered a cooperative effort of administration, guidance, and instructional staff members?</td>
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<td>7. Do counselors coordinate their efforts with other pupil personnel services in behalf of the students?</td>
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<td>8. Does the administrator, through his liaison to the community, obtain support for services?</td>
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<td>9. Does a representative of the guidance department perform an active role in the formation of the budget for the school system?</td>
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**BASIC PRINCIPLES:**

1. It is the responsibility of the administration to create the atmosphere of the school in such a way that the guidance program can work most effectively.

2. The administrators should orient all concerned as to the process of the guidance program and then provide adequate staff, facilities, secretarial help to make it work.

**SUMMARY EVALUATION OF MY SITUATION:**

**SUGGESTIONS FOR IMPROVING MY SITUATION:**
**OBJECTIVES OF THE GUIDANCE DEPARTMENT**

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<th>Yes</th>
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<tbody>
<tr>
<td>1. Are the objectives of the guidance department clearly defined and stated in writing?</td>
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<td>2. Is the staff aware of the objectives of the guidance department?</td>
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<td>3. Is there a procedure for changing objectives when necessary?</td>
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<td>4. Do the immediate and long range goals of students have top priority of guidance staff?</td>
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<td>5. Do counselors help the students understand their environment?</td>
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<td>6. Is the goal of the guidance department to locate the cause of problems as well as help on remedial situations?</td>
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<td>7. Is counseling the main thrust of the guidance program?</td>
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<td>8. Are methods of problem solving included as per objectives of the counseling program?</td>
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**BASIC PRINCIPLES:**

With the philosophy of the guidance department in mind, objectives should be worked out which reflect the uniqueness of the setting as well as the goals of the students, parents, staff and counselors. These should be constantly reviewed and updated.

**SUMMARY EVALUATION OF MY SITUATION:**

**SUGGESTIONS FOR IMPROVING MY SITUATION:**
CURRENT ISSUES AND TRENDS

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</table>

1. Do you counsel students after they have left school, such as transfers, dropouts and returning veterans?

2. Are counselors available at times when working students, transfers, and veterans can see them?

3. Do you counsel students as to their rights and responsibilities with respect to military service?

4. Do you counsel students regarding drug abuse and other special problems? (see Chapter X)

BASIC PRINCIPLES:

1. The counseling program should be aware of ever-changing current trends as well as important issues in education and society today.

2. The counseling program should reflect these trends insofar as they have been proven valid and worthwhile.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
SECRETARIAL STAFF

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<th>Yes</th>
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<tr>
<td>1. Are you reaching an ultimate goal of a secretary for each two counselors?</td>
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<td>2. Is there an adequate budget to run the office?</td>
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<td>3. Does the secretary under your supervision maintain all student records of a counseling nature?</td>
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BASIC PRINCIPLES:

The counseling staff should have adequate secretarial assistance to free its members from clerical duties while keeping up with their responsibilities to maintain adequate files of student information. (See Chapter VI B. 6a & 6b)

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
### EVALUATION

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<th>Yes</th>
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<tr>
<td>1. Does the department periodically evaluate itself?</td>
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<td>2. Is the faculty asked for an evaluation of guidance services on a regular basis?</td>
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<td>3. Is there a procedure to have parents and students evaluate guidance services?</td>
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<td>4. Do you participate in preparing an annual report of the school's guidance program?</td>
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<td>5. Do you conduct follow-up studies of students who have graduated or dropped out of school?</td>
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### BASIC PRINCIPLES:

1. Evaluation is important so that the counseling program may remain continually relevant.

2. All of those involved in the program should participate regularly in departmental and personal evaluation.

### SUMMARY EVALUATION OF MY SITUATION:

### SUGGESTIONS FOR IMPROVING MY SITUATION:
CHAPTER V

PROFESSIONAL TRAINING OF COUNSELORS

I. Indicate your educational status:

A. Bachelor's degree, B.A. or B.S.  
B. Master's degree, M.A. or M.S.  
C. Sixth year program  
D. Doctorate

II. Indicate approximate certification status:

A. None  
B. Working toward provisional  
C. Provisional  
D. Working toward permanent  
E. Permanent

III. Indicate approximate certification status for teaching if required in your state:

A. None  
B. Working toward provisional  
C. Provisional  
D. Working toward permanent  
E. Permanent

IV. Indicate status of teaching experience:

A. None  
B. 1-5 years  
C. More than 5 years

V. Indicate status of other work experience in:

A. Professional fields related to counseling  
B. Non-related fields

VI. Indicate your professional training:

A. Principles of guidance  
B. Philosophic foundations of guidance  
C. Group methods in guidance  
D. Educational opportunities beyond secondary school  
E. Occupational and career opportunities beyond secondary school  
F. Methods of measurement and appraisal  
G. Techniques of individual and group counseling

1974 by ASCA and NACAC
H. Thorough educational background in behavioral sciences

I. A course in educational law

J. Educational background related to the various ethnic and racial cultures in our society

K. Practices and/or internship in counseling

L. A course in the art of communication

BASIC PRINCIPLES:

1. Guidance and/or counseling is a profession and educational standards should be established accordingly so that students, parents and faculties will have reasonable confidence in the professional training of the counselors who serve them.

2. Counselors should be trained and prepared to deal with all segments of a diverse society.

3. Professional training pre-supposes training in education, humanities, behavioral sciences, physical, biological and social sciences. A counselor should possess the specific knowledge, the skills and the education necessary to be effective.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
CHAPTER VI

ROLE AND FUNCTION OF THE COUNSELOR

1. In counseling students do you as a counselor

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<tr>
<td>a. have an orientation program to assist students entering junior and senior high school?</td>
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<td>b. assist each pupil to understand and accept himself as an individual, enabling him to develop and express an awareness of his own feelings, needs, values and ideas?</td>
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<td>c. assist each pupil to develop greater ability for self-direction in a complex society in order to make decisions, to deal with and solve problems and to accept consequences for his decisions?</td>
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<td>d. counsel each pupil concerning educational, personal and social problems that may be inhibiting ability to learn, to have self-understanding and personal growth?</td>
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<td>e. counsel referred students with attendance problems?</td>
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<td>f. assist and encourage each pupil to establish objectives and achieve realistic educational goals?</td>
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<td>g. assist each pupil to relate abilities, aptitudes, and interest to current and future educational and occupational choices?</td>
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<tr>
<td>h. assist each pupil to select a course of study best suited to goals, aptitudes, abilities and interests, leaving as many options as possible?</td>
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<tr>
<td>i. assist pupils experiencing learning difficulties by</td>
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<td>1) conferring with teachers to assess individual's needs and progress?</td>
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<td>2) arranging for extra help?</td>
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<td>3) utilizing any other feasible plans tailored to specific pupil's needs?</td>
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</table>
j. work with parents when necessary to help pupils solve their problems?  

k. assist pupils in career planning?  

l. assist pupils with post high school educational and career placement?  

m. assist pupils to improve personal and social awareness and relationships?  

n. assist those pupils who may have disciplinary problems?  

o. assist pupils and parents in making plans and application for financial aid for further training or education?  

p. assist pupils after they have left high school?  

q. provide pupils with information about employment centers and procedures for obtaining employment?  

r. send transcripts to institutions of higher learning and/or prospective employers?  

s. write evaluations for pupils to colleges and prospective employers?  

t. assist those pupils who need specialized help by making necessary referrals?  

u. conduct group counseling sessions with:  

1) pupils  
2) faculty  
3) parents  

BASIC PRINCIPLES:

1. A fundamental tenet in counseling should be the recognition of each student as an unique individual in a complex society with an accelerating rate of change. A counselor with sensitivity towards others must believe in the intrinsic worth of every individual and his right to be accepted as a human being regardless of inherent characteristics, beliefs, nature and results of behavior and/or level of ability.
2. The prime concern should be with the counselee as a complete person and his right to individual self-development, self-fulfillment, and achievement with a sense of worthiness. There should be an acceptance of responsibility by the counselor, to assist each person with all phases of his developmental needs and problems. Counselees are helped to understand the meaning of freedom to choose and responsibility it entails.

3. Special effort should be made to recognize and to develop each child's strengths, self-direction and self-control by assisting him to overcome limitations and allowing him to assume responsibility for his own decisions.

4. The counselor's commitment should be to help the counselee develop his maximum potential and to increase his self-reliance educationally, personally, socially, psychologically and physiologically.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
2. In planning a standardized testing program, do you as a counselor

a. participate in developing a sequential testing program suitable to the needs of your particular school?  

b. become knowledgeable and help to coordinate a sequential testing program with junior high, elementary schools or school systems so as to produce the most reliable, effective and useful data?

c. state in writing

1) the objectives for your school which the test is designed to meet?
2) note the type of norms?
3) indicate how it can contribute to guidance program and services?

d. plan a group testing program to appraise

1) intelligence
2) aptitude
3) achievement
4) interests
5) other tests

e. prepare profile of test results?

f. correlate test results with objectives?

g. interpret test results to

1) students
2) parents
3) staff

h. help members of staff who do not have adequate test information?

i. help identify exceptional students?

j. make recommendations to teachers based on test results to aid them in their work with pupils?

k. recommend programs for pupils with special needs?

l. administer individual tests when needed or make referrals for individual testing?
m. develop local norms?

n. record results on permanent record file or card?

o. conduct research studies on local level?

p. coordinate the administration and use of tests
   1) order, distribute, collect tests, collect test fees
   2) administer
   3) organize test schedule
   4) arrange for proctor
   5) plan test program
   6) transmit test results to teachers, colleges, other

BASIC PRINCIPLE:

1. School counselors normally are involved in some or all phases of the school testing program. Frequently they are considered to have the greatest overall knowledge of tests, their purposes, limitations, validity, reliability and how they are used. The counselor's knowledge of basic statistics enables him to do the necessary research studies.

2. Some of the most important functions of the counselor in this area are test interpretation to parents and pupils, interpretive use of test results, evaluation of test data and a compilation of the results.

3. It is also necessary to relate the tests to the school program, to the guidance program and to identify curricular strengths and weaknesses. The counselor should help to plan and implement necessary changes.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
3. When working in a consultative capacity, do you as a counselor

a. interpret test results to all facets of the school community?  
   
---  ---  ---

b. identify and help plan for exceptional children?  
   
---  ---  ---

c. help parents and students accept referrals and utilize community resources?  
   
---  ---  ---

d. assist teachers in securing and interpreting information on pupils?  
   
---  ---  ---

e. assist teachers to relate their subject matter to career information?  
   
---  ---  ---

f. make special arrangements with teachers for pupils who are absent with illness or have physical handicaps?  
   
---  ---  ---

g. arrange for home-bound instruction?  
   
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h. serve as liaison with resource people, specialists and outside agencies?  
   
---  ---  ---

i. help to coordinate visits to business, industry and institutions of higher learning?  
   
---  ---  ---

j. arrange for parental conferences with teachers and/or administration?  
   
---  ---  ---

k. consult with administration on curriculum offerings to meet abilities, needs and interests of students?  
   
---  ---  ---

BASIC PRINCIPLES:

1. Cooperation and teamwork with teachers, administrators and other specialists is essential in a joint attempt to alleviate pupil difficulties and to help the young person reach his goals.

2. The counselor should work to correlate efforts and to make the contact with resource people and agencies in and out of school which can contribute assistance to progress of student as need is indicated.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:

24
4. In making referrals, do you as a counselor
   a. identify pupils whose needs indicate the necessity for assistance from other sources? __  __  __
   b. assist parents of pupils in need of services to be aware of and to accept referral to specialists or community agencies? __  __  __
   c. make necessary referrals to community agencies? __  __  __
   d. assist parents to make effective use of referral resources? __  __  __
   e. work out a system of referral procedures for teachers? __  __  __
   f. develop and make available a list of community referral agencies? __  __  __

BASIC PRINCIPLES:

1. In order to properly meet the needs of certain students and assist them with special problems which may be adversely affecting school achievement, the counselor should make referrals to resource people or organizations such as health specialists, psychologists, psychiatrists, social workers, welfare agencies, juvenile courts, clergy and any others who can give the necessary service.

2. The counselor should maintain a close working relationship with referral person.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
5. In research endeavors, do you as a counselor

   a. participate in preparing an annual report for
      1) school administrators?  
      2) board of education?  
      3) community?  

   b. participate in annual evaluation of your guidance program and services?  

   c. assist in or conduct research to promote more effective guidance services and programs for student needs?  

   d. assist in or conduct research activities to determine changes in characteristics of school population?  

   e. conduct follow-up studies for pupils who have
      1) entered some form of higher education?  
      2) entered business or industry?  
      3) traveled or taken a year off from school or work?  
      4) dropped out of high school?  

   f. obtain written reactions of pupils, parents and staff to guidance services and programs?  

6. Prepare a budget which adequately supports your guidance services?  

   BASIC PRINCIPLE:

   Continuous, systematic operational research is essential to determine the degree to which the guidance program meets the desired outcomes, to gain knowledge of present strengths and weaknesses of the curriculum and to improve guidance services wherever possible.  

SUMMARY EVALUATION OF MY SITUATION:  

SUGGESTIONS FOR IMPROVING MY SITUATION:
7. In performing your counseling services and related activities, do you as a counselor

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h. hold group guidance meetings with
   1) pupils
   2) parents?
   3) others?
   
i. write or assist with publications
   1) guidance newsletter to parents
      a) monthly?
      b) quarterly?
      c) other?
   2) guidance handbook
   3) annual school profile and preparation of senior class for colleges?
   
j. perform other duties necessary to insure effective operation of guidance program by
   1) conferring with administrators and faculty about curriculum offerings to meet needs, interests and abilities of pupils?
   2) serving on curriculum committee?
   3) serving on school guidance committee?
   4) making up visitation schedule for college admissions representatives and prospective employers to come to school and interview pupils?
   5) conferring with college admissions representatives and prospective employers?
   6) making (or assisting with) arrangements for career day?
   7) working on course selection and programming for counsellors?
   8) checking eligibility for graduation and compiling list of graduates?
   9) submitting periodic counseling reports to administration?
   10) attending guidance, faculty and other professional meetings?
   
k. do placement work?
   
l. participate in public relations programs?
   
m. prepare an annual budget for yourself?
   
n. cooperate in planning a departmental budget?
o. conduct research on

1) evaluation of guidance program and services?
2) follow-up studies?
3) studies on relationship of ability and achievement?
4) characteristics and needs of pupils?
5) local and national occupational trends?

p. make yourself available, if requested, to faculty for personal counseling?

**BASIC PRINCIPLE:**

The counselor should be consulted in the definition of his/her role in regard to ancillary administrative tasks.

**SUMMARY EVALUATION OF MY SITUATION:**

**SUGGESTIONS FOR IMPROVING MY SITUATION:**
CHAPTER VII

PROFESSIONAL RESPONSIBILITIES

In the maintenance of continual personal growth and development professionally.

1. In your responsibility within your institution, do you as a counselor

   a. meet the stated requirements and standards of preparation and competence?  [ ] [ ] [ ]

   b. participate, instigate and/or assist in planning in-service training programs?  [ ] [ ] [ ]

   c. do research to contribute to professional and personal growth as well as to evaluate professional effectiveness?  [ ] [ ] [ ]

   d. participate in developing policies concerning guidance?  [ ] [ ] [ ]

   e. prepare articles for school, community or other publications?  [ ] [ ] [ ]

   f. provide updated educational and occupational materials for pupils?  [ ] [ ] [ ]

   g. insure that under no circumstances do you conduct group encounter or sensitivity sessions unless you have requisite professional training?  [ ] [ ] [ ]

   h. assist in assessing accountability?  [ ] [ ] [ ]

   i. become accountable for taking appropriate action to eliminate unprofessional and/or unethical practices?  [ ] [ ] [ ]

2. In your responsibilities outside your institution, do you as a counselor

   a. keep abreast of developments in your profession?  [ ] [ ] [ ]

   b. maintain active membership in professional guidance organizations on a national, state and regional level?  [ ] [ ] [ ]

   c. participate actively in local, state and national professional associations?  [ ] [ ] [ ]
d. take graduate courses regularly in order to update and improve your techniques?

Yes No Change

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e. assist in preparing programs for local meetings, radio, TV or other media?

Yes No Change

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f. visit business, industry and trade councils in the community and adjacent areas?

Yes No Change

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g. visit institutions of higher learning?

Yes No Change

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h. become accountable for taking appropriate action to eliminate unprofessional and/or unethical practices?

Yes No Change

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BASIC PRINCIPLE:

As in any profession it should be incumbent upon the individual not only to remain abreast of trends in his field but to be continually sensitive to the needs of his students and to the best the profession has to offer in techniques and knowledge of procedures.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
CHAPTER VIII
CONFIDENTIALITY

POLICY

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<tr>
<td>1. Does the guidance department have a clear and well-defined policy regarding confidentiality?</td>
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<td>2. Does the policy reflect a concern for the best interest of the student?</td>
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<td>3. Does the policy foster the relationship of trust between the counselor and counselee?</td>
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<td>4. Has such a policy been communicated to and clarified with the total school staff?</td>
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<td>5. Are all members of the staff involved in the making of this policy?</td>
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<td>6. Has such a policy been communicated to and clarified with out-of-school agencies?</td>
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<td>7. Has such a policy been communicated to and clarified with post-secondary institutions?</td>
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<td>8. Is the policy in accordance with state law and directives of the State Department of Education?</td>
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COUNSELOR RESPONSIBILITY

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<tr>
<td>1. Does the counselor, by his actions and attitude with the student, foster a relationship of trust and confidence?</td>
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<td>2. Is the counselor sufficiently knowledgeable to determine whether a student's problem can be handled within the context of confidentiality?</td>
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3. Does the counselor have knowledge of and put into effect the necessary safeguards when dealing with privileged communication?  

4. Does the counselor assume the affirmative duty of placing a priority of maintaining a confidential relationship with the counselee?  

5. When dealing with confidential information, does the counselor assume the obligation of promoting the welfare of the counselee?  

6. Does the counselor treat in confidence intimate information, the nature of which can be handled within the context of confidentiality?  

7. Does the counselor use discretion in oral and written communication regarding the counselee with staff, administration, out-of-school agencies and community?  

8. Does the counselor exercise discretion and maintain good faith regarding entries made and records kept on counselees?  

9. Does the counselor manifest professionalism with regard to letters of reference and written evaluations to out-of-school agencies and post-secondary institutions?  

10. Does the counselor maintain a student's file in such a manner that only those with a legitimate interest have access to the information contained therein?  

11. Does the counselor, in the exercise of his professional duties, protect the personal privacy of the student?  

12. Does the counselor maintain a student's file keeping in mind that some types of private information does not belong therein?
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<td><strong>LEGAL IMPLICATIONS</strong></td>
<td><strong>Yes</strong></td>
<td><strong>No</strong></td>
<td><strong>Needs Change</strong></td>
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<tr>
<td>1. Do you as a counselor have knowledge of and familiarity with the laws of the state regarding confidentiality?</td>
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<tr>
<td>2. Are you familiar with the law and State Education Department directives concerning release and/or misuse of pupil personnel information?</td>
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<td>3. Are you as a counselor familiar with the legal definition of &quot;good faith&quot; when dealing with information of a confidential nature?</td>
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<td>4. Do you as a counselor have a general knowledge of the law regarding libel, slander, and defamation of character?</td>
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<td>5. Are you as counselor familiar with the state law and State Education Department directives regarding the parents' right to inspect a child's records?</td>
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<td>6. Are you as a counselor familiar with federal law which affects the change in status of a student's file once he becomes 18?</td>
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<td>7. Are you as a counselor clear on the definition of privileged communication and their status in this regard as it pertains to state law?</td>
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<td>8. Are you as a counselor familiar with what information must be given to local and federal officials?</td>
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<td>9. Are you as a counselor professionally active in establishing or changing legislation to enhance the counselor-counselee relationship regarding confidentiality?</td>
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<td>10. Are you as a counselor aware of the rights of the student in regard to search and seizure?</td>
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</table>
BASIC PRINCIPLES:

1. Essential elements of an effective relationship between counselor and counselee are confidence and trust.

2. A student and parent must feel free to confide in a counseling relationship with the assurance of confidentiality.

3. All information pertaining to a student must be handled in good faith, with discretion, and in accordance with state law and the State Education Department directives.

4. In all counselor-counselee relationships, any information derived therefrom must be handled in the best interest of the student.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
CHAPTER IX
SPECIAL CONCERNS RELATED TO THE COUNSELING OF MINORITY STUDENTS

COUNSELING STAFF AND POLICY

1. Does the counseling staff reflect a true representation of minorities in terms of personnel?  
2. Is there a sincere concern for those minority students who present special problems related to language, low socio-economic background and cultural differences?  
3. Is the counseling staff trained to deal with subcultural manifestations of blacks, Chicanos, Native Americans, Orientals, or other minority groups?  
4. Is there an in-service program familiarizing the counseling staff with the cultural values, mores and patterns of minority cultures?  
5. Is the concept of a respect for difference, based upon a standard of equality, a standing procedure for the counseling staff regarding minority students?  
6. Does the guidance program contribute to and foster a positive self-image and self-concept on the part of the minority student?  

TESTING

1. Is the testing policy and procedure equitable for minority students?  
2. Are tests selected so as to provide a true measure of potential, free from cultural bias as much as possible?  
3. Are test dates interpreted so as to provide equity in their application to minority groups?  
4. Are the criteria, inclusive of tests equitable in regard to tracking and ability grouping as it relates to minority students?  
5. Have alternatives to testing been explored for purposes of placement of minority students?
### CURRICULUM

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Needs Change</th>
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</thead>
<tbody>
<tr>
<td>1. Do counselors participate in and contribute to curriculum committees relating to the needs of minority students?</td>
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<tr>
<td>2. Are counselors trained to handle the special problems of ESL (English as a Second Language) students?</td>
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<td>3. Is there a disproportionate number of minority students in the lower ability groups based upon guidance policies?</td>
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<td>4. Is there a clear policy regarding homogeneous and heterogeneous grouping which reflects equitable treatment of minority groups?</td>
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### PARENTAL INVOLVEMENT

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<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Needs Change</th>
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<tbody>
<tr>
<td>1. Is there a program specifically designed to encourage parental involvement of minority students in the guidance process?</td>
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<tr>
<td>2. Is there a concerted effort to inform minority parents of the counselor's role in the lives of their children?</td>
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<td>3. Are counselors available to meet with working parents of minority students at their convenience?</td>
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</table>

### POST-SECONDARY COUNSELING

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<th></th>
<th>Yes</th>
<th>No</th>
<th>Needs Change</th>
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<tbody>
<tr>
<td>1. Does the guidance program allow for a free range of vocational and college oriented choice of programs for minority students?</td>
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<td>2. Is the program of career counseling free from stereotypes regarding the aspirations of minority students?</td>
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<td>3. Does the post-secondary counseling program provide for proper and effective orientation of minority students for further education?</td>
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<td>Needs</td>
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<tr>
<td>4. Is the counseling staff familiar with the programs and opportunities for black students at black colleges as well as predominately white colleges?</td>
<td>Yes</td>
<td>No</td>
<td>Change</td>
</tr>
<tr>
<td>5. Is the counseling staff familiar with special admissions programs for all minorities at state-supported and private post-secondary institutions?</td>
<td>Yes</td>
<td>No</td>
<td>Change</td>
</tr>
<tr>
<td>6. Does the college counseling program ascertain the extent to which there is follow-up concerning the adjustment of minority students on campus with regard to special admissions programs?</td>
<td>Yes</td>
<td>No</td>
<td>Change</td>
</tr>
<tr>
<td>7. Is the counseling staff knowledgeable in the area of financial aid specifically related to minority students?</td>
<td>Yes</td>
<td>No</td>
<td>Change</td>
</tr>
<tr>
<td>8. Is there an orientation for parents of minority students regarding financial aid available and how to obtain it?</td>
<td>Yes</td>
<td>No</td>
<td>Change</td>
</tr>
<tr>
<td>9. Is there an orientation for filling out the Parents' Confidential Statement and/or other necessary forms for financial aid?</td>
<td>Yes</td>
<td>No</td>
<td>Change</td>
</tr>
<tr>
<td>10. Are minority students encouraged to pursue post-secondary education?</td>
<td>Yes</td>
<td>No</td>
<td>Change</td>
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</table>
INTEGRATION

Yes
No
Change

1. Does your school system aid the guidance program and counseling staff in adhering to and reflecting the concept of racial desegregation in accordance with the Brown decision?

2. If busing is a necessity for purposes of integration, is provision made for counselors to work in the community from which the students are bused?

3. Does the guidance program reach out to the Asian-American, black, Chicano and Native American student to assure that he is given an equal educational opportunity?

BASIC PRINCIPLES:

1. All students are entitled to an equal educational opportunity.

2. Counseling is an important segment of the educational process and must service all students equitably.

3. Counselors should perform their duties with respect for differences and an understanding of different cultural backgrounds.

4. Based upon documented historical evidence of racial segregation and unequal educational opportunity, there are special concerns related to the counseling of minority students.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
### CHAPTER X

**COUNSELING OF STUDENTS WITH SPECIAL PROBLEMS**

<table>
<thead>
<tr>
<th>No.</th>
<th>Question</th>
<th>Yes</th>
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<tbody>
<tr>
<td>1.</td>
<td>Are you as a counselor committed to the student's best interest in dealing with special problems? Is your institution?</td>
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<td>2.</td>
<td>Does your system allow a student to progress and mature at his or her own rate?</td>
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<td>3.</td>
<td>Does your system allow a student flexibility enough to cope with any pressures to which he may be exposed and still remain in school?</td>
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<td>4.</td>
<td>Does your guidance program help the student to an understanding and acceptance of individual differences in people?</td>
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<td>5.</td>
<td>Is your counseling geared toward meeting individual differences and/or problems in a personalized manner?</td>
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<td>6.</td>
<td>Does your institution have clearly defined written statements of its policies on:</td>
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<td>a. cheating?</td>
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<td>b. stealing?</td>
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<td>c. vandalism?</td>
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<td>d. use of drugs?</td>
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<td>e. use of alcohol?</td>
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<td>f. birth control, pregnancy and abortion?</td>
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<td>g. police arrests on any count?</td>
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<td>h. other problems special to your institution or area?</td>
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<td>7.</td>
<td>In addition to the above are you prepared to deal with or do you know to whom to refer to deal with:</td>
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<td>a. mental and emotional problems?</td>
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<td>b. problems resulting from broken homes?</td>
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<td></td>
<td>c. poverty problems?</td>
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<td>d. minority problems (see Chapter IX)?</td>
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<td>e. faculty-student relationships?</td>
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<td>f. unrealistic aspiration problems?</td>
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<td>g. problems resulting from physical incapacities or accidents?</td>
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<td>h. problems created by unrealistic approach to others?</td>
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</table>
8. Are you or are other people on your staff or in your community equipped to deal with such problems?

9. Are you as a counselor part of the decision-making process of your institution in dealing with punitive measures? Should you be?

10. Does your guidance staff include specialists (in various areas) to whose expertise you can take advantage?

11. If not, are you knowledgeable about and do you utilize the specialists in various problem areas in your community to whom you can refer the students and/or the parents?

12. In dealing with problems are you and your student adequately protected by a confidentiality policy whenever it is necessary? (See Chapter VIII)

13. Do you have appropriate methods of reporting students' problems to teachers that may be pertinent to their work with the student?

BASIC PRINCIPLE:

A counselor should at all times provide that complete and indispensable support to the development of a full person in the student no matter what his problems may be and should either be personally trained in handling said problems or know to whom the school or the community to refer the student for more intensive help.

SUMMARY EVALUATION OF MY SITUATION:

SUGGESTIONS FOR IMPROVING MY SITUATION:
The writing committee for the Audit suggests the following Bibliography with the full knowledge that it is neither all-inclusive nor complete for any one guidance counselor or guidance office. Counselors will have their favorite lists and will want to expand and update their professional reading lists regularly.


Casse, Robert M. Jr.; Scoff, Marilee K.; Packwood, Wm. T., *Drugs and the School Counselor*. APGA


Fox, Mildred G. and Reiss, Jean, *Guiding the Future College Student*. Prentice-Hall 1968


NACAC - Statement of Principles of Good Practice

New York State Bureau of Guidance, *Counseling the Urban Poor*. New York State Education Department 1967


**Journals**

*The Personnel and Guidance Journal*. APGA

*The School Counselor*. APGA

*College Board Review*. CEEB

*Journal of the National Association of College Admissions Counselors*. NACAC