This is a list of recommendations for a neophyte teacher for discussions with students on drugs, alcoholism, and smoking. Included are suggested readings, suggested questions for the school's drug education coordinator, recommended readings, and New York sources of information. (Related document is SP 006 468.) (JA)
SUGGESTED ACTIVITIES ON SOCIOLOGICAL HEALTH PROBLEMS:

DRUGS
ALCOHOLISM
SMOKING
FOR STUDENT TEACHERS

Committee on Sociological Health Problems:
Drugs, Alcoholism, and Smoking

Division of Programs in Education
Hunter College of the City University of New York
December, 1972.
Dear Student Teacher:

The basis of this document was a study guide I prepared for my 60.369* class. I requested Professor Appell to comment on how I could improve the study guide. His excellent suggestions were incorporated into this pamphlet.

Neither Professor Appell nor I feel that this pamphlet contains the ultimate set of guidelines for the neophyte teacher. As you work through the suggested activities and recommended readings and when you have discussions with your students on drugs, alcoholism, and smoking, you will become aware of the items in this pamphlet which are especially useful and the types of items which need to be added. Please send us your suggestions so that we can prepare a better pamphlet.

Cordially,

Bernice Samalonis

* 60.369 - Secondary School Programs and Practices
TABLE OF CONTENTS

I.  Suggested Activities

II. Recommended Readings

III. Local Sources of Information
I. SUGGESTED ACTIVITIES

1. Talk to the Drug Education Coordinator at your school. Discuss the following topics with him:

   (a) the extent to which the use of drugs, alcoholism, and smoking create problems at your school.

   (b) the programs your school sponsors to prevent drug addition and alcoholism.

   (c) the programs your school sponsors to help students and faculty members to quit smoking.

   (d) the types of community-sponsored prevention and treatment centers that are available to your students.

2. Discuss how you can provide your students with information about the effects of (a) the use of drugs, (b) alcoholism, and (c) smoking on the individual and his society.

3. Discuss how you would handle these situations:

   (a) One of your students becomes ill. He falls to the floor. He's unconscious.

   (b) One of your students is asleep. You suspect he is on drugs.

   (c) Your principal believes a student is on drugs and orders you to search the student's locker to obtain evidence.

   (d) A student is having the D.T.'s in your class.

   (e) You are at a faculty meeting. About 80% of the teachers are smoking. You are allergic to smoke.

4. Read the following article.


   Which recommendations given in this article should be incorporated into school programs? Why?

5. Look through these publications:

   (a) A Multimedia Reference Listing of Materials on Drug Education (Albany, New York: State Education Department, 1971)


   Which materials would you like to use in your class?

   What criteria would you use for evaluating materials?
6. How would you react to this statement:

The use of alcohol causes more damage to the brain than the use of heroin.

7. Look through these publications:


(b) *Curriculum Guide on Smoking for the 5th and 6th Grades*. Hartford, Conn.: Greater Hartford Interagency Council on Smoking and Health, n.d.


After looking through the publications listed above, answer these questions:

(a) How should the teacher handle emergencies?

(b) To whom should teachers refer students who are taking drugs, smoking too much, or drinking too much?

(c) Which of the suggested classroom activities are especially useful to the new teacher?
II. RECOMMENDED READINGS

BOOKS


PERIODICALS

The Attack on Narcotic Addiction and Drug Abuse. Published by the New York State Addiction Control Commission, Albany, New York, 12203.


III. LOCAL SOURCES OF INFORMATION

Alcohol

National Council on Alcoholism
2 Park Avenue
New York, New York 10016

Phone: 889-3160

Drugs

Narcotic Education Center
Narcotic Addiction Control Center
507 Columbus Avenue
New York, New York 10024

Phone: 799-6940

Smoking

American Cancer Society
44 East 53rd Street
New York, New York 10021

Phone: 759-3500