This supplement to the fourth edition of "Family Life Literature and Films: An Annotated Bibliography" includes materials produced since the publication of the fourth edition (see AC 012 492). The materials are listed under nine topic headings, as follows: I. The American Family: Theoretical, Historical, and Subcultural Perspectives; II. Human Sexuality and Sex Education; III. Adolescence and Youth; IV. Looking Toward Marriage; V. Married Living; VI. Child Development and Parenthood; VII. Middle and Later Years; VIII. Family Life Education: Philosophy and Methodology; and IX. Social Problems and the Family. Publishers and Sources of Materials are listed with addresses, and an author index is provided. (DB)
An Annotated Bibliography
We are in the midst of an "information explosion"—or at least an explosion of education materials related to marriage, parenthood, and family relationships. The policy of the Minnesota Council on Family Relations has been to revise its comprehensive Family Life Literature and Films: An Annotated Bibliography approximately every three years. However, there has been such a spate of new materials since the most recent edition was prepared in August, 1970, that this supplement has been prepared as an interim-offering until a totally revised edition can be prepared in the fall of 1972. Due to the time pressure under which this supplement was prepared, no claim is made as to comprehensiveness. We hope that it does include most of the major written and audio-visual material which has appeared within the past years. We invite your suggestions.

Thanks is extended to Ruth Jewson, Sylvia Robertson, Linda Giesen, and Owen Bagas of the National Council on Family Relations for their assistance in compiling and annotating this section, and to those members of the Minnesota Council on Family Relations who offered suggestions for inclusion in this supplement.

Ronald L. Pitzer, Editor
Extension Family Life Specialist
University of Minnesota
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PUBLISHERS AND SOURCES OF MATERIALS

AUTHOR INDEX
THE AMERICAN FAMILY
I. THE AMERICAN FAMILY: THEORETICAL, HISTORICAL, AND SUBCULTURAL PERSPECTIVES

A. General Information


Proceedings from a Child Study Association Conference. Reflects both generalized deep concern and specific optimism about American society. Examines fundamental questions such as "Can man prevail?" "Can reason prevail?"


The American health scene has changed and is changing and is being linked more and more with government and society. This book seeks to place health in a contemporary perspective and to analyze the interaction between health and the family.


A basis for happy family life built on an understanding of what a modern family is and how to deal with the problems of family life.


A compilation of research findings containing: (1) most of the major correlations among factors internal to the family unit, and (2) most of the major propositions relating family variables to other institutions.


A study of the conjugal family in relation to the economic opportunity structure.


A unified presentation of Waller's theories regarding dating, marriage, family interaction and divorce plus his thinking on social problems and the conflict between insight and scientific method.


A present-day view of the family especially for the Christian reader.

B. Theoretical Perspectives


Theoretical frameworks for the study of the family in the tradition of family sociology.
The American Family


Represents the initial efforts of a group of social scientists to isolate and define central issues pertaining to research on the family as a problem solving group. It is a collection from a symposium held on the University of California, Riverside Campus, sponsored by the Family Study Center of the University of Minnesota. Included are the formal papers, their critiques, and a significant portion of the debates and discussions which ensued.


A set of readings on the sociology of the family, with main emphasis on the family systems and their problems in Western industrial society.


Places emphasis on the family life cycle, supported by consistent application of the developmental task concept.


A sociological approach to the study of the family—one of a series prepared for increased sociological study in Great Britain, hence, the emphasis is on modern Britain. The book studies and explains human behavior as it relates to the family and marriage in order to achieve a fuller understanding of the processes at work in society.


A sociological, historical and theological study of family structures, roles and relationships.


A study of the contemporary American family through readings in the areas of: biosocial bases of the family; mate choice; courtship; marriage; husbands and wives; parents and children; family problems; and new family forms.


This is a research report of changes in family patterns of planning and achievement over three generations. Three generations of 300 families were studied through five interviews over a years period to determine the real differences and similarities between the generations.


Readings in four categories—family and early socialization, general family relations, family and social change, cross-cultural family systems—from many cultures. From the literature of sociology, psychology, and anthropology.


The author investigates current American family patterns, drawing upon materials from anthropology and history to show the American family, in the dual perspective of its nature and its counterparts in other societies. He proposes a universal definition of the family institution, and then analyzes this institution in relation to courtship and marriage as well as to various deviant behaviors. Closes with a discussion of the family system for the rest of the century.
THE AMERICAN FAMILY


An examination of the effects of one's family on one's personality and the course of one's life.


A sociological view of American marriage written to be understood by the reader without a background in the social sciences as well as those with a more extensive knowledge of sociology. Covers the significant aspects of marriage and other heterosexual relationships. Chapter titles include: Social Factors in Marital Success; External Roles and Marital Interaction; and Divorce and Remarriage.


A presentation of a general theory of the family and an analysis of the family in the United States in light of that theory.

C. Historical Perspectives: Past, Present, and Future Families


This is the first of three volumes that will provide the complete documentary history of public provision for American children, tracing the changing attitudes of the nation toward youth during the first two and one-half centuries of its history. This volume is divided into three units of time—1600-1735, 1735-1820, and 1820-1865—each of which represents a stage in the development of public policies toward children.


This is a study of the family in the Pilgrim colony which was white America in its first two generations of its existence. The author's research is based on physical artifacts, wills, estate inventories, and a variety of legal and official documents. The author reconsiders commonly held views about 17th century American Puritanism, and gives a short history of the colony, the physical setting of family life, and the structure of the family.


A historical study of the psychology of family life in early modern France.


An anthropological inquiry into the origin of the form of capture in marriage ceremonies.


This reader proposes a variety of possible models for alternatives to the historical system of marriage and the family.


Excerpts from the actual writings of the Oneida Community edited by the granddaughter of the founder of the movement, John Humphrey Hoyes.
THE AMERICAN FAMILY


A discussion of the middle class home of industrial Chicago, 1872-1890, the interaction of city life, family structure, and work experience at a critical moment in history. The dominant mode of family life was of small nuclear units in which the mother tended to dominate as the role of the father was gradually weakening.


Both historical and current material on peasantry: the social structure of peasantry; peasantry as an economy; the peasantry as a class; the peasantry as a culture; and the peasantry as an object of policies of the modern state.


A reader built around the topics: Conceptions of the Family; The Politics of Sex and Marriage; The Politics of Child-Rearing; and the Politics of Household and Life Style.


A study of American society and what the future will bring for it. Includes chapters on the fractured family and the future prospects for human relationships.

D. Comparative Analysis and Cross-Cultural Perspectives


A tracing of the evolution of the concept of subculture and a discussion of the roles of subcultures within a culture.


The author holds that the different patterns of child-rearing in the U.S. and the U.S.S.R. are responsible for American children being more ready to engage in antisocial behavior than Soviet children. The Soviet child is brought up to look beyond his own gratification to the needs and expectations of his society while we leave our children to be brought up by their peers in an atmosphere pervaded by subtle opposition to the standards of adult society.


Two Ivory Coast groups are examined to determine the nature of polygynous marriage, the differences between matrilineal and patrilineal societies, and the effects of urbanization on family interaction and power structures.


The author's study of a southern Italian family and Sicilian immigrants in Sidney, Australia validates her hypothesis that first generation immigrants in a new country show habit changes in the public sector of life and value changes in the private sector.


Written to fill the need for non-Western textbooks in Africa, this book tells of the childhood of three different children in different locations in Africa. It includes pictures. Gives information about the life styles of these three groups including moral training, traditional health practices, traditional attitudes toward marriage and family, and mistrust and punishment.

This book is a compilation of nine articles on various aspects of Jewry and the Soviet Union. It considers what it is like for Jews to live in an atmosphere of suspicion as exists in the Soviet Union, and with the actual restriction of opportunities of the Jews.


This volume contains thirty papers prepared for the Ninth Family Research Seminar of the International Sociological Association which was held in Tokyo in 1965. This history-making seminar brought both Eastern and Western sociologists together for scientific discussion around the objectives of educating Western scholars in the categories and generalizations about extended family behaviors codified by Eastern scholars, and of sharing new Western methodological developments and research findings about family and personality development with the East.


Book of readings with specific focus on the family in Canada. Sections include Family Patterns; Family and Socialization; Family, Education, and Religion; Marriage; Kinship Network.


A cross-cultural study of five Mexican families who live very differently from the other four within the "culture of poverty."


The story of English children from Tudor times to the eighteenth century.


Transactions of the Second International Seminar of the International Scientific Commission on the Family - ICOFA (IUFo),

Smith, W. Robertson, *Kinship and Marriage in Early Arabia*, Beacon Press, 1903, 324 pp., $2.95 (paper).

An anthropological study of the Arabian family reprinted for this generation of students.

E. Social Class and the Family


This is a systematic analysis of the status structure of a large city (Kansas City) which describes the various groups of society and their views and values. The upper and lower classes are treated in greater detail because this is where the difference lies between small and large cities. The authors offer insight and speculations on the change that the status system is undergoing in contemporary America.


This is a study of the relationships between home, environment and performance in school.
THE AMERICAN FAMILY


A report of a study made in Turin, Italy, of the complex relationships that exist between the family and other social systems, especially social class and occupation.


Observations of life in Appalachia today characterized by a slow fatalism despite efforts of church and school.

F. Racial, Ethnic and Religious Variations


A paper based on the psychological and sociological impact of racial segregation in housing on American minorities forced to live in ghettos and how it affects the nation as a whole.

Clark, Margaret, Health in the Mexican-American Culture, University of California Press, 1971, 253 pp. (paperback $2.45).

A description of the community life, language and education, work and economics, religious participation, and family life of the Mexican-American people.


This is the result of a two-year study, surveying the effects of farm mechanization, urban redevelopment, population squeeze, and other causes of upheaval in Mexican-American communities in California, Texas, Arizona, New Mexico, and Colorado. It traces the immigration movement from its origins in Mexico and assesses the current economic, political, cultural, and educational status of these people, the second-largest minority in the U.S.


A small, illustrated book for young people designed to give new meanings to the word "black" and to break down cultural polarities between white and black.


The author discusses the treatment of Blacks, Jews and other minorities and concludes that textbook treatment of minorities has not changed appreciably since 1950.


THE AMERICAN FAMILY


A study of the impact of change on a large "band" of Salish Indians living on the east coast of Vancouver Island.


A study of the blending of the people of three cultures into the people of Hawaii.


An analysis of the historical circumstances of prejudice and racial tensions in the United States, elements of the current crisis, and available options to Americans seeking a "just" society. A collection of materials from the pages of the New York Times in the past decade.


Detailed description of lower-class family life and values within a community. Also offers a theoretical interpretation of the data as a step toward a general theoretical statement of the relationship between lower-class status and family structure.


An examination of the cultural adaptation of Mexican-Americans in a predominantly white community.


This book deals with the interviews of four therapists of a simulated black ghetto family and their complex problems. The interviews show the manner in which each therapist's own personality elicited different responses from the family. Each therapist then evaluates his interview in its successes and failures.


This book is an effort to extend our knowledge about the black family in urban America, contributing to the analysis of the general structure and process of family systems in modern society. The author contends that the "classic studies" of black family processes need to be updated.

Schlesinger, Benjamin, The Jewish Family, University of Toronto Press, 1971, $7.50.

A survey of the Jewish family in history, in the kibbutz and in America plus an annotated bibliography of books on the Jewish family.


Selections from various viewpoints are chosen to give the reader a better understanding of the internal behavior processes and the psycho-social dimensions of the Black family as well as the effects of social, political and economic factors upon it.


In light of historical data and the present attitudes of liberals, social scientists, and established religion, the author discusses the problems of "passing," the children of black-white marriages, and the folklore concepts of black-white marriage. He believes that "our fear of candidly facing black-white marriages is our only problem..." in dealing with American racism, and supports without reservation black and white social intimacy including marriage.
THE AMERICAN FAMILY


An analysis of the many variations and adaptations which characterise the family life of black people, both middle and lower class, pathological and nonpathological.

G. Kin-Family Network


This book by twenty-nine authors, deals comprehensively with the subject of parenthood. The purpose is to present parenthood, not as it relates to a fixed time and place, but as a process in continual change. Each author brings his own background and range into a multidisciplinary view.


Studies the family as an institution and shows how kinship organisation prevents lower-class children from developing as they normally would in our society and this hinders their progress. This was made in conjunction with a preschool program for children who were classified as "disadvantaged" and the study arises from a need to know about kinship in lower-class populations.


This is a kinship study done in a middle-class urban sector of society in two areas of London. It reveals the range and variation in the kinship patterns uncovered, and the aspects of our society which are significant for understanding much of social behavior. It also adds to our understanding of the theory of social relations in modern industrial society.


Kinship, marriage and old age in an urbanising society are discussed in a cross-cultural perspective including studies in Greece, France, Spain, Canada, Wales, the Netherlands, and Denmark.
HUMAN SEXUALITY AND SEX EDUCATION
II. HUMAN SEXUALITY AND SEX EDUCATION

A. Sexual Standards and Behavior

1. Books and Periodicals


A report on over 20,000 responses to a lengthy questionnaire on sexual attitudes and practices.

Bartell, Gilbert D., *Group Sex,* Peter H. Wyden, Publisher, 1971, 298 pp., $4.95.

After studying more than 280 men and women of various occupations in the Midwest, Texas, and Louisiana who were "swingers," Dr. Bartell wrote this detailed report on a new sexual phenomenon: middle class Americans who engage in sexual relations, as a couple, with at least one other partner. This book of intimate case histories and observations opens the door to a practice hitherto discussed only in the underworld.


A translation of the technical language of Masters' and Johnson's *Human Sexual Inadequacy* into the lay language of the average reader.

Bernetts, Rose, *Helping Unmarried Mothers,* Association Press, $4.95.

The author shares her extensive experiences with the unmarried pregnant woman.


Intended as a textbook for teachers of human sexuality in elementary, junior, and senior high schools, this volume by two health educators stresses the biological and anatomical.


A collection of articles from psychology and sociology concerning human sexual behavior.


The story of Phoebe, now famous as the film story of a premarital pregnancy, is here presented in book form.


Directed primarily to church people; discusses the preoccupation of the church with sexual morality. Emphasis mainly historical, theological, and cross-cultural. Concludes with the author's personal interpretation of the kinds of responsible sexual attitudes needed in our current American society.


A research study of one hundred virgin wives and their treatment.


A collection of articles on deviance in general, male homosexuality, female prostitution, and female homosexuality.
HUMAN SEXUALITY


A pictorial sex "encyclopedia." Breed frankness with concern for mutual tenderness and respect in expression of sexuality. Includes photographs of sexual organs, couples during intercourse, and many others.


A volume of original essays in which writers, psychologists, publicists, and doctors present a spectrum of thought covering the issues of premarital sex, group sex, homosexuality, extramarital sex, and other aspects of personal behavior in which opinion is strongly polarized.


A noted semanticist discusses in a series of articles, how people talk about sex.


Answers to questions about sex by the writers of a popular Danish column which appears in several Danish publications. The questions come from their readers.


A discussion of the relationship of sexuality to personal maturity, which asks the reader to reexamine his or her sexual assumptions and goals.


A discussion of the Church's role in human sexual development which was prepared under the auspices of the Executive Council of the Episcopal Church.


Modern readings on various aspects of sexuality, including excerpts from Masters and Johnson, Albert Ellis, Margaret Head and others.


Author presents the reader with facts and discussions he will need to make his own choices responsibly.


Includes information on diverse sexual practices, sexual ethics, auto-erotic behavior, homosexuality, pornography, etc. Intention is to evaluate human sexuality in the contemporary world and to provide directions for those who demand a new sexual "bill of rights." Research and discussion of old guidelines dispell myth and show reality.


This book investigates and states the current law of illegitimacy in an effort to evaluate the law in the light of social facts of illegitimacy and the author's perception of what would be rational policy. It includes case examples and notes on the laws of selected foreign countries.
HUMAN SEXUALITY


A simplification of the Masters and Johnson volume on human sexual response by an editor of Playboy magazine.


Taped interviews with participants in "group sex," describing what they do and why they like it.


The range and diversity of human sexual experience throughout the world as seen in ten contemporary societies (five of which are rather primitive) by members of the Institute for Sex Research.


A discussion of the Masters and Johnson therapy format for treating sexual dysfunction.


Discusses 83 widely held misconceptions about human sexual matters. McCary contends that only frank and open presentation of the subject of sex can lead people to a fuller understanding of themselves, as well as to a more fulfilling sex life. An important source of factual information about human sexuality.


An up-to-date look at the problems of illegitimacy.

Neueck, Gerhard (ed.), Extramarital Relations. Prentice-Hall, 1969, 205 pp., $5.95 (paperback $2.45).

A symposium on the nature of extramarital relationships and their consequences for the individuals concerned, their marriage and their children.


This book deals with the unmarried father, his impact upon the unmarried mother, and the decision-making about the baby. The study arose after social workers at Vista Del Mar Child-Care Service in Los Angeles concluded that the phenomenon of illegitimacy and its problems were closely related to the unmarried father and his relationship to the mother.


A trained social worker answers the questions: What can I do? Where can I go? Who can help me?, for the girl who is single and pregnant. She outlines the different possible courses of action and what to expect along each one of them.


Written in question and answer format, this is a book of advice on sexuality for women.


A book of questions and answers dealing with human sexuality suitable for the information seeking public.


In this book, Dr. Spock diagnoses what is wrong ethically, psychologically, and sexually with the world children have to live in and gives a prescription for hope and survival.
HUMAN SEXUALITY

Student Committee on Human Sexuality, Yale University, The Student Guide to Sex on Campus, Signet Special, 1970, 167 pp., (paperback $1.00).

First sex guide written for college students by college students, answering questions with the facts and without moralizing. Discusses in detail birth control methods, abortion, and venereal disease.


The story of Angie, caught in the predicament of being an unwed mother who knows that many people are going to be hurt no matter what decision she makes.


A collection of articles taken from a symposium on the church's responsibility for and ministry to homosexuals which was convened by the United Church of Christ. The articles represent a range of attitudes toward the homosexual.


A comprehensive, authoritative, and highly readable study of prostitution based on over 2000 interviews with prostitutes, clients, madams, pimps, judges, policemen, and others, and on the files of the American Social Health Association.


A collection of position papers on the question of Christian sex ethics in the modern world.


A classic piece of social research on illegitimacy now reprinted for the younger reader.

II. Changing Sex Roles


A definition of the issues of women's liberation and a clarification of scriptural views of women's roles.


An examination of the place of women in American society and some speculation as to what she will be able to accomplish in the future.

Bird, Caroline, Born Female: The High Cost of Keeping Women Down, David McKay, 1970 (rev.), $6.95.


Explores the issues involved in goals of the Women's Liberation Movement and the possible attendant effects on the American family.


Contains testimony and materials regarding discrimination against women for the special subcommittee on education.

12
CHANGING SEX ROLES


An anthology of prose, poems and polemics by various women interested in Women's Liberation. It includes such titles as "Double Jeopardy: To Be Black and Female," "For a Brilliant Young Woman Who Lost Her Mind," "The Realities of Lesbianism," and "Woman as Secretary, Sexpot, Spender, Sw, Civic Actor, Sickie."


A sociological examination of the "sex-role" debate which is currently underway in Sweden and is beginning to gather force internationally, this volume includes chapters on the family and married women at work, sex roles in the socialization process, parental role division and the child's personality, the position of men and women in the labor market. Foreword by Alva Myrdal and an appendix of the 1968 report to the United Nations on "The Status of Women."


Deals with the questions of why the best women underperform, underachieve, and underproduce when they have fought to attain their right to participate equally with men in all social and economic spheres.

Figueroa, Eva, Patriarchal Attitudes, Fawcett, 1970, 192 pp., (paperback $1.95).

A book about women in relation to society as a whole, their traditional role and reasons for changing it, and it largely about men. It contains such chapters as: "A Man's World," "A Man's God," and "Learning to be a Woman."


An examination of the feminine psychology which first appeared in 1933, this edition has been updated and enlarged with sections on aging and on friendships between men and women.


A research study of the link between sex identity and errors in sex-role behavior in adolescent boys.

Holm, Harriet, Sex Roles and Social Structure, Univeristetsforlaget, 1970, 279 pp., (paperback).

A lengthy consideration of the facts of sex differentiation and social roles as they relate to behavior, politics, occupation, and education with a discussion of the implications of continued sex differentiation. By a Norwegian social scientist.


A study of 1,000 women in the metropolitan Chicago area interviewed over a five year period. The basic finding is that women are becoming more creative and flexible.

Miliband, Kate, Sexual Politics, Doubleday, 1970, $7.95.

An exposition, by a leading feminist, on the patriarchal bias in our culture and literature.
CHANGING SEX ROLES


An anthology of writings from the women's liberation movement, including articles by such writers as Kate Millet and Marilyn Lowell Fletcher, and such poets as Sylvia Plath and Gwendolyn Brooks.


A study of women who are destined never to marry with the goal of helping such women to gain life fulfillment.


A call to women to strive for more equality with men; to strive for true creativity within their new freedom.


An explanation of the course of feminist development in American and, to a much lesser extent, in England during the last century and a half.


This volume includes the writings of the philosopher John Stuart Mill and his wife Harriet Taylor Mill on the subjects of marriage and divorce, enfranchisement of women, and the subjugation of women.

Scott, Anne Firor (ed.), *What is Happening to American Women*, SNPA Foundation Seminar Books, (paperback $2.00).

A collection of papers on the status of women in America from the seminar of the Southern Newspaper Publishers Association Foundation held at Duke University in the summer of 1970.


A piece of utopian literature designed to point up the shortcomings in our family system as it exists today and the direction in which the author perceives that it is moving.


A book about what it feels like to be a woman.


Traces the development of sex-role patterns in Western culture and then presents the contemporary scene in selected societies of the world over.


Thompson, Mary Lou (ed.), *Voices of the New Feminism*, Beacon Press, 1970, $5.95.

A sampling from the leading advocates for the Feminist Movement.

An intimate profile of the person in the womb, joined with a plea for that person's emergence into a better world than the present. The author is an eminent biologist.


This is an attempt to discuss multiple births in the same manner as one might write about the same phenomenon in any other mammal. It is primarily a critical review and reassessment of literature that already exists, including some new and reanalyzed data. Divided into three sections, it discusses the physiology of multiple births, the evidence of existence of the various kinds of twins, and the factors affecting the frequencies of twins.


A very technical book detailing the physiology of human reproduction and sexual behavior.


A book of gynecologic facts to answer the questions that women ask about their bodies, contraception, etc.


An exploration of the fascinating, sometimes frightening possibilities that emerge as man changes himself from creature to creator.

D. Family Planning, Birth Control and Population Problems


The report examines the consequences of man's conquest over many of the causes of death, his failure to control his fertility and the threat to the future of mankind posed by the resultant imbalance between resources and population. It reviews the many aspects of family planning—biological, medical, legal, social, political, moral, religious—as they seek answers to such questions as "How do we balance a child's right to be born against its right to a decent life?"


This revision of the 1964 edition is not merely expanded in size but in concepts and subjects, from a manual on contraceptive techniques to a reference textbook on family planning and contraceptive practice.


Abortion discussed from the legal, medical, religious, social, ethical and moral viewpoints. Bibliographical references at the end of each chapter.


A discussion of the ways in which people can be helped to plan their families so that they can have the number of children they want at the time they want. Particular emphasis is placed on the advice and help given to parents of young children and on what can be done to improve such services.
FAMILY PLANNING


In 1955, the socialist countries in central and eastern Europe adopted very liberal abortion policies and this book deals with the results and the changes that have been made. This is a good reference work on abortion practices and laws as well as family planning.


This is the story of Margaret Sanger who pioneered in birth control in the United States sixty years ago.


Documentation of the plight of man in the modern overpopulated world with suggestions for a program for the preservation of the world.


This report is to explore why greater interplay could not be brought about between the two sciences of psychology and demography and to discuss the distinctive contributions that psychology can make to the broader field of "population studies."


A book about the population problem, for children in the fourth through sixth grades.


Biographical history of the developers and champions of birth control—Margaret Sanger, Marie Stopes, and many others.


Psychiatric arguments in favor of legalized abortion based on the premise that women have the right to choose to marry or not to marry, therefore they should also have the right to decide whether to have a child or not.


A collection of opinions of articulate spokesmen for the reform movement who, while agreeing on the need for change, often do not agree on the means or ends of change. Dr. Guttmacher sought to include the full range of thinkers who support reform.


A report of the proceedings of an international conference on abortion convened by the Association for the Study of Abortion at Hot Springs, Virginia. Volume I contains the 35 formal papers presented at the conference under five separate headings: ethical, medical, legal, social, and global aspects of abortion. Volume II contains the record of ten panel sessions which dealt with abortion and adoption, poverty, public health, society, obstetrics, morality, constitutionality, mortality, progeny and womankind.
FAMILY PLANNING


A discussion of the biology of reproduction and birth control with the premise that the dream of "every child a wanted child" is now within our grasp.


The history of the idea and practice of contraception from the preliterate societies to the present.


Short book for the parents of mentally retarded children giving advice and suggestions for telling their children about sex, birth control, marriage, etc. Other books which give related information about mentally retarded children and sex are referred to.


A history of the birth control movement in the United States and a biography of the movement's leader, Margaret Sanger.


While somewhat dated because of changes in some states' abortion laws it is an informative book giving an overview of the abortion picture around the world. Indexed and includes notes and special references for each chapter.


Detailed empirical study of the whole range of factors—psychological, social, medical, financial and legal—that effect the woman who seeks an abortion using information from 144 American women who have sought and undergone abortion. The communications networks used by these women to arrange their own abortions are described in detail.


A discussion of the movement to accept abortion with a call to reassess the direction of that movement.


Statements, documents and articles by leading figures in America and Europe who have made appeals for a reappraisal of the issue of birth control assembled by the editor. Also includes the editor's own views. Joseph Krebs, Lois Mattos Miller, Ellen Winston, Clare Boothe Luce, Cardinals Leger, Altrink and Suynens.


A manual of the female role in the sexual relationship with helpful diagrams. Especially for women.
FAMILY PLANNING


Attempts to fill the need for an authoritative textbook presenting the student and the practicing doctor, with the scientific and clinical data required for a thorough understanding of the background, principles and application of contraceptive methods.


A discussion of the nonparticipation of psychologists in the study of population growth. A call that psychologists answer the vital question, "Why do people want children?"


The major concern of most of these studies is with what life holds our socially and emotionally for the unwanted child.


A collection of articles concerning abortion in the U.S. The author is pro-abortion.


Presents the arguments for limiting families to two children.


A study of public and private opinion about the population explosion in Latin America including political, psychological, religious, and ideological aspects of the problem.


A discussion of the laws relating to contraception, sterilization, and family planning.


A report for the lay readership of the findings of the 1965 National Fertility Study under the auspices of the National Institute of Child Health and Human Development.


A jurist deals with the legal, theological, biological, moral, social, demographic, penological aspects of the control of conception, sterilization, artificial insemination, abortion, suicide, and euthanasia.


A pro-life discussion of the abortion controversy.


This publication gives new abortion legislation and development in over 50 countries. "The aim of the survey is to outline the conditions, procedures and safeguards governing legal abortion in each of the countries covered." Also includes an extensive bibliography.
FAMILY PLANNING

2. Pamphlets and Periodicals

Association for the Study of Abortion, Inc., 120 West 57th Street, New York, NY 10019 (212) 915-2360.

Publishes a quarterly newsletter and a bibliography (both free), reprint articles relating to abortion for 10¢ each, and has some films available (also free).


A series of occasional papers, each setting forth the nature, scope, and accomplishments of population activities in a specified country, based on an internationally comparable outline. Selected issues available in French and Spanish.


A four page abstract bibliography issued every month and consisting of titles deemed by the Population Council staff to be of particular interest to administrators and scholars in the field (no charge).

Perspectives, Published quarterly by Planned Parenthood Federation of America, Inc., The Center for Family Planning Development, 515 Madison Avenue, New York, NY 10022.

Journal for those in the family planning field. Contains articles about research, programs, and developments in family planning as well as reviews of recent books in the field.


A series of occasional papers, each of which presents in depth the current experience, information, and evidence on a central topic related to family planning. Selected issues available in French and Spanish.


Includes articles and books on contraception, infertility, abortion, population, demographic research, family planning surveys, family planning programs, poverty and family planning.


A monthly bulletin containing articles on a wide range of topics related to population and family planning. Available in French and Spanish beginning with Volume 1, Number 49, January 1970.

Social Biology (formerly Eugenics Quarterly), published for the American Eugenics Society by the University of Chicago Press, 5801 Ellis Avenue, Chicago, Illinois 60637.

Social Biology is devoted to furthering the discussion, advancement, and dissemination of knowledge concerning the biological and the sociocultural forces which affect the structure and composition of human population.

3. Audio - Visual Materials

Films

The Tragedy of the Commons—Issues in Population Biology, King Screen Production, 320 Aurora Avenue North, Seattle, WA 98109, Purchase = $295; rental = $35.
FAMILY PLANNING

Films

Modern Methods of Family Planning, National Health Films, 15 min., $37.50. Also available on slides for $50.00.

A discussion of the reasons for planning a family with an introduction to the use of the various methods.

II. Sex Education

1. General


A handbook for parents and teachers as they work together with their children in explaining sex to them. It gives sound and clear ways to handle sex education at various age levels from infancy to teen years. He stresses giving sex education along with a sound attitude toward life.


An examination of the movements pro and con concerning sex education.


This volume is the proceedings of the International Planned Parenthood Federation Working Group held in Tunisia in 1969. It is devoted solely to consideration of the aims and objects of education in responsible parenthood and sex education for children and young people, including the report and recommendations of the working group participants. Also included are the IPPF statement on responsible parenthood and sex education, a summary of the discussion which took place during the meeting, and a set of background papers on the status of this type of education in nine different countries.

Child Study Association of America, Sex Education, Recommended Reading, Child Study Association of America, 1969, 16 pp., (paperback $5.00).


An examination of the search for a meaningful social ethic.

Child Study Association of America, When Children Ask About Sex, Child Study Association of America, 1969, 40 pp., (paperback $.75).

A handbook for parents to help with their children's questions about sex.


150 questions have been gleaned from readers of Sexology and are answered here.

Colton, Helen, Adults Need Sex Education Too, Family Forum, 1970 (paperback $2.10 incl. postage).

A book for parents who need sex education to be good sex educators.

Colton, Helen, How to Talk Sex to Our Children, Family Forum, 1970 (paperback $.60).

Answers to parents' questions about masturbation, pornography, reproduction and other areas of sexuality they will need to be able to discuss with their children.
SEX EDUCATION

Curtis, L. R., About My Daughter, Doctor..., Educational Information Institute, 232 pp., $4.95.

A book for parents of preadolescent daughters for help in interpreting sexual development to
them. Suitable to read by parents and child.


One hundred most often asked children's questions on life, love and reproduction with simple and
honest answers all parents can use, as compiled by the Parent and Child Institute.

Goldstein, Martin, M.D., and Erwin J. Haebler, The Sex Book: A Modern Pictorial Encyclopedia,

An encyclopedia of sex terms fully illustrated with explicit photographs of physical development,
sex organs, sexual intercourse, contraceptives, homosexuals, etc. Elementary text.

Grams, Armin, Sex Education: A Guide for Teachers and Parents, Interstate Printers & Publishers,
1970 (paperback).

A discussion of the role teachers and parents should play in the sex education of their
children as they move through the developmental life stages to adulthood. It aims at helping
adults to better understand their own sexuality so they can become more effective models and
guides for youth.


Kirkendall, Lester A., Kirkendall on Sex Education: A Collection of Readings, E. C. Brown Center for
Family Studies, 1970, 70 pp. (paperback $1.00).

Essays and studies on sex education collected from The Family Coordinator and The Family
Life Coordinator.

Kirkendall, Lester A., and Isaadore Rubin (eds.), Sex in the Childhood Years, Association Press, 1970,
190 pp., $4.95.

Contemporary views on childhood sexuality reprinted from Sexology magazine.

$4.00.

The rationale behind the League's stand in favor of breast feeding and advice for the mother
who chooses to breast feed her child.


A step-by-step handbook for talking to children about sex from infancy to teen age. The content
is outlined by the child's age.


A humorous look at the sex attitudes of parents and children.

Life Cycle Center, The Me I Want to Be and A Time for Choice, Kimberly Clark Corporation,
Box 551-CX, Neenah, Wisconsin 54956, $19.95.

For, respectively, the elementary and secondary levels. Each kit contains a set of transparencies, a script-narration, suggested questions for discussion, projects and activities, annotated bibliography of sources for further information, and three informational booklets. To stimulate honest personal discussion of emotional and physical development.
SIX EDUCATION

Taylor, Donald L. Sexual Development: Perspectives in Sex Education, Davis, 1970, 407 pp. (paper). Written for the level, especially for teachers of sex education or family life education, this book deals with sex, sexuality, and the psychosexual development of the child. Includes suggestions for sex education programs.


2. For Children


Hobson, L. Z., I'm Going to Be a Baby, The John Day Company, 1967, 40 pp. A book for children about the new baby that is coming into their family. It stresses family relationships and asks some questions about the birth of the baby.

3. For Young People


Gordon, Sol and Roger F. We Need Facts About Sex: Family Planning and Population Information Center, Syracuse, 1971. A comicbook for young people who have tuned out traditional establishment approaches to sex education. This book equally for the young person taking part in sexual relations who as part of the sexual revolution is more active but no better informed than his predecessors about sexual matters.
SEX EDUCATION

Burch, Claudia (ed.), You SHOULD KNOW about SEX and SEXUALITY. Scholastic Book Services, 1969. 120 pp.
A book of questions and answers about sexual development designed for the ninth and tenth grade student.

A discussion of the psycho-socio-emotional side of growing up with sex as well as the physical side of development.

Johnson, Eric W., Sex, TELLING, TELLING. Bantam Books, 1971. 96 pp., (paperback $.75).
The facts of sex written to young people in the belief that people are more likely to use their sexual power for good, if they know all about it.

A restatement of the view that sexual intercourse should be responsibly expressed, preferably in marriage.

An authoritative look at human sexuality especially written for the preadolescent to adolescent boy.

The equivalent of Boys and Sex but for girls, this book will answer honestly the questions asked by girls as they grow into women.

F. Audio-visual Materials

A collection of multimedia resources - tapes, records, games, pictures, literature, filmstrips, leader's guide designed to help young people obtain frank and accurate information about sexuality and to stimulate discussion between young people and adult leaders.

Birth Day. Florence Crittenden
Masculine or Feminine? Your Role in Society. Coronet Films, 16 mm, sound, color, 18 minutes.
Uses cinéma vérité techniques to explore changing attitudes about gender role in contemporary American society. Senior high.

This film follows a couple as they attend childbirth preparation classes and have a baby by the Lamaze method of natural childbirth with the husband present during both labor and delivery as well as later on as provider of care.

A Shared Beginning. Westin/Beacon Releasing Corporation, 1971. 28 minutes.
Documentary presentation of prenatal preparation and childbirth using preparatory classes and breathing techniques.

SEX EDUCATION

What About Sex?, Metro-Link Productions, 16 mm, sound, black and white, 24 minutes.

Designed to stimulate discussion of sexual behavior and attitudes in coeducational senior high school classes.

You Got What?, Franciscan Films, 16 mm, sound, color, 23 minutes.

Uses modern film techniques, sometimes to the sacrifice of content. Intended to counteract usual fear tactics in V.D. films.
ADOLESCENCE AND YOUTH
III. ADOLESCENCE AND YOUTH

A. General References on Adolescence


Presentation of the design for a total project in longitudinal study and some topics for further research, comprises Vol. I. Vol. II is concerned with family background and intelligence of tenth grade boys.


A discussion of the question, "Is Youth Creating New Family Values?"


The author shows that the relationships of parents and youth have always been the same and in fact may have been worse in the past.


A reader including articles by the best known writers in the field of psychology concerning adolescent development, the adolescent's relationship to school, sex and marriage, vocational orientation and society as a whole.


An examination of the methods and goals of residential treatment for severely disturbed adolescents.


A guide through self-development suitable for teens as they discover who they are.


A reader including general considerations on adolescence, developmental stages in the adolescent process, effects of early object relations on adolescent character structure and psychotherapy with adolescents. The position statement of the American Society for Adolescent Psychiatry on Training in Adolescent Psychiatry is also included.


This is a reader designed primarily for the teacher in training or in practice. It contains many articles on the child in relation to the school, a relationship which has a great influence in his life. The articles are intended to expose the reader to a wide variety of determinants, outcomes, and concerns related to adolescent behavior in school.


Covers most medical concomitants of adolescence, i.e., physical development, hereditary, weight problems, glandular diseases, sex and contraception, special care of teeth, eyes, skin, breasts, etc., problems such as smoking, drugs, etc.
ADOLESCENCE AND YOUTH


An examination of the alienation that exists between many young people and the rest of society, especially parents and teachers which the author thinks lies not in age but in the difference in thinking and life experience of those involved—in what Hansel calls the Assumption Gap.


The author presents a portrait of the American college student and the many faces or masks which he may wear. He challenges America to provide its students with a relevant curriculum, a concerned faculty, and a vital academic atmosphere where fear is forbidden and innovation invited.


Deals with youth-adult communication.

Lukas, J. Anthony, Don't Shoot—We Are Your Children!, 1970, $8.95.

Report on the Linda Fitzpatrick murder, other young Americans and the clash of generations.


This is a report of a British research study of the needs and opportunities of 15-18 year olds during the transition from school to work.


A reader on child and adolescent development including the influence of the family and society on the socialization of the individual.


A collection of articles dealing with the wide range of relationships that an adolescent has in our society and the developmental tasks that he must accomplish.


Interviews with young people around the problems of today. The generation gap was seen to be primarily a gap in communication.


A book of readings which strives to: 1. give the student the opportunity to explore in depth studies presented only briefly in texts; 2. to present studies completed in the span of the last decade; and 3. to present studies spanning the major areas of adolescence.


A Baptist minister's advice to parents and young people.


An examination of the problems of and the treatment process with adolescents.
ADOLESCENCE AND YOUTH

Snyder, Ross, Young People and Their Culture, Abingdon Press, 1969, 218 pp., $4.50.

A discussion of Snyder's belief that young people should develop a culture with the main goal of fulfillment for the individual.

Tarnowsky, Peter, Prove It To Me, Daddy—Prove It To Me!: A Play for our Times, Jericho, New York, Exposition Press, 1971, 39 pp., $3.00

Examines the gap that has torn our generations apart—in clear, modern language.

Tooman, Charles, And Then They Said We Had To Get Married, Abbey Press, 1971, 128 pp. (paperback $1.25)

Aimed at communities, churches, families, and schools—to challenge them to help and support stressful teenage marriages caused by pregnancy.


The report of two long-term psychiatric-sociological studies of the ordinary, dutiful student, designed to investigate the relationship between the emotional health of these "typical" students and the way their families are organized.

B. Some Suggested Texts for Junior and Senior High School


A text suitable for high school which seeks to help young people arrive at a realistic approach to married life especially by dealing with areas in which couples most frequently make decisions.


Includes a new chapter, "Children Are Members of Families" together with updated materials and new photographs. Stresses child understanding rather than child care. Intended for high school child development courses; also useful in adult education courses.


This edition retains coverage in the five basic areas of home economics at a beginning level plus added information regarding consumerism as applied to the lives of teen-agers, and a broad approach to successful family living by teen-agers and their families. Built-in tests for personal evaluation and vocational information included.


A text for the course in marriage and the family revised in terms of the social changes of the past decade.


C. Some Suggestions for Teen-Age Reading


A book on sex and development designed for boys and young men but also appropriate for girls.


This is the fourth book of a series of illustrated books for children on psychologically relevant themes. It covers 17 different feelings, both good and bad, and the situations that precipitated each one. Geared for 4-9 year olds to read by themselves. Photographs included.


Christian guidance for the younger generation in our troubled and changing times. Offers help and reassurance in the problems of growing up.


Christian answers to some of the questions of adolescence—physiological and psychological changes, values and moral codes.


Questions asked by teenagers about sex are answered. Suitable for home or school.


Clear answers for the questions for children aged ten to twelve years. Specific sex information within a family context for the average youngster who lacks specific answers.

D. Audio-Visual Materials

*Saturday Morning*, Columbia Pictures, 1970, 88 min.

A new story of today about young people and their hopes and desires verbalized by them.

*The Searching Years*, Churchill Films.

A series of five films, *I Owe You Nothing*, *Wait Until Your Father Gets Home*, *Mom, Why Won't You Listen?*, *Can A Parent Be Human*, and *Ivan and His Father*.
LOOKING TOWARD MARRIAGE
IV. LOOKING TOWARD MARRIAGE

A. General Information on Courtship, Love, and Mate Selection

1. Books and Periodicals


Written for the engaged and just married. Emphasizes the interrelationship of the spiritual, emotional, and physical aspects of love and marriage. The author, a medical doctor, leads the reader to a fuller appreciation of the home and wholesome family living.


A book for the girl who is about to be married to help her understand men and masculinity. Urges consideration of men as individuals who will react uniquely to situations they will meet in their marriage.


A book for the soon-to-be-married man to help him to realize the uniqueness of his future wife as a person with her own attitudes, values, and needs.


The author examines the whole multiform of love, primarily in the lives of half a dozen famous men and women of history, then analyzes the currently fashionable idea of romantic love.


A step-by-step guide to sexual intercourse suitable for the about-to-be-married, especially the very naive.


The author advocates premarital sexual expression, especially through petting, not especially through intercourse without guilt or fear.


Labiorski, W.J. and J.L. Thomas, Beginning Your Marriage, Cana Conference of Chicago, 1969, 120 pp. (paperback $ .75).

A manual which outlines the teaching of the Roman Catholic Church for Catholic youth planning marriage.


Novalis, Mosaic, Novalis, 1970 (paperback $7.95).

An eleven pamphlet course for engaged couples.
LOOKING TOWARD MARRIAGE


A strictly marriage book—divided into two main sections: personal relationships; and the business of marriage. Much emphasis on the planning and meaning of a wedding.


Report of a sociological investigation into the roots and development of the growing interest in communal living in the U.S.


2. Audio-Visual Materials

Johnny Lineo, Brigham Young University, Department of Motion Picture Production, 1969, 27 min., color, $265.

The story of an Hawaiian trader who bought Mahana for his bride, even though she was considered worthless by her father.

Marriage: A Simple Glory, Fred A. Miles Communications Centers, Inc., 1967, 40 min.

Using the marriage ceremony as the basis for thematic development, this film is meant to stimulate the audience to inquire of themselves of their attitudes toward marriage and the meaning of personal commitment.

Marriage—What Kind for You?, Brigham Young University, Department of Motion Picture Production, 25 min., color, $265.

An engaged couple have the opportunity to see the sharp contrast between several married couples at a cocktail party.

B. College Level Marriage and Family Texts and Anthologies


Two central themes: the nature and source of family bonds and the pressures that undermine these bonds in contemporary America; "mutual ego support" as a basic element in husband-wife ties and parent-child relations. Combines the practical and the theoretical.


Both theoretical material and appropriate coordinated readings are available to the student in this revised edition.
LOOKING TOWARD MARRIAGE


A text appropriate for the introductory course in marriage and the family dealing with the various aspects of marriage.


An introductory text in the family with a concentration on the British family. It is divided into three sections: kinship, marriage and the family; the family and society; family process and family structure.


New research data has been incorporated into this revision. The book is especially concerned with the family as a social institution.


A study guide with suggested bibliographies, etc.


A study guide including bibliography, questionnaires, etc.


This is a text for the course in marriage and the family employing the case-study approach.


Suggested activities and test questions for the above text.


A revised text for the course in marriage and the family.


Traces the interaction of the family and the individual as the individual grows through his life cycle and as the family as a unit progresses through the stages of the family life cycle.


A sociological view of the American family as it has related itself to various systems in three hundred years of history—in a totalitarian, legalistic oligarchy of Massachusetts Bay Colony; in a society that greatly valued freedom as during the fight for America's independence; in a slave society such as the South; and in a period of rapid change from rural-agricultural to urban-industrial society.


An accompanying reader to the author's text of the same title which will give impetus to discussion around topics of current interest to college students.
LOOKING TOWARD MARRIAGE


Attempts to prepare students for better communication, decision-making, and self-knowledge as part of the preparation for marriage. Especially for Catholic youth.


A text in sociology of the family with particular emphasis on the internal processes of individual families.

C. Subcultural Factors in Mate Selection:
   Race, Religion, Ethnic Background, Social Class

1. Books


The principle findings of social scientists about couples who choose to marry across religious lines.

Cox, Rachel Dunaway, Youth into Maturity, Mental Health Materials Center, 1970, 360 pp., $12.50.

This is a longitudinal study of how 63 young people functioned during a 10-year period following their graduation from college. The purpose of this study was to clarify the concept of the mentally healthy, normally functioning young adult. Six tasks of adulthood were investigated in the interview (2nd) after ten years. They were: further education, work, marriage, parenthood, relationships with own parents, and management of money. One of the interesting findings has to do with the experiences of those in the Korean War or World War II compared with the effects of those who have fought in the current Viet Nam War.


An examination of the concepts of marriage of the Roman Catholic, Jewish and Protestant faiths.


Explains the change of Catholic attitude and discipline according to Pope Paul VI's Apostolic Letter on Mixed Marriages (Jan. 1, 1971) and in accordance with the American Bishop's Statement on the Implementation of the Apostolic Letter on Mixed Marriages.
V. MARRIED LIVING

A. General Information

1. Books

Aughurger, David W., Cherishable: Love and Marriage, Herald Press, 1971, 174 pp. (paperback $ .95)

An exploration of the rights and "wrongs" of living together. It deals with men's and women's roles in marriage, conflict (destructive and constructive); parenting, discipline, money, fidelity and faith, etc.


The art of constructive marital fighting is illustrated through many examples of fights and their outcomes.

Bird, Joseph and Lois Bird, Marriage is for Grownups, Doubleday, 1971, $5.95 (paperback $1.45).

Communication, money, sex, inlaws, children and work.


A definition of the role of woman as lover-wife with suggestions for making the most of a marriage.


Shows how a family can make choices that will direct its own destiny into intentional channels. For a family to become intentional, it must consider such phases of life as: basic relationship learning together, management of time and money, and facing change.


Two counselors give suggestions for improving the average marriage by increasing true communication and action toward one another.


Explains sexual intercourse to the newly married couple.

Drakeford, John W., Games Husbands and Wives Play, Broadman Press, 1970, 128 pp., $2.95.

This book outlines the "games" that husbands and wives unwittingly "play". The author gives the aim of each game, the rules, and a list of maneuvers that will help to win the game, but the winner may ultimately lose more than the game.


Based on the premise that the institution of marriage faces too many impossible demands from too many sources, all clamoring for immediate and often simultaneous solution. Discusses four components of marriage — procreation, companionship, growth, sex. An uneven book, but well worth reading.


This little book covers the wide range of married life including marital interaction, home management, family finances, family planning, and styles of family living.

Help for the husband about to be a father, in understanding pregnancy, childbirth, and parent-

hood.


The choice points are the critical moments when we make decisions that somehow change the nature of our relationships with other people and provide a new self-understanding. The author defines the choice points and the two choices available.


The author brings together some controversial works pertaining to the family as a small group specialized in function.


A study of extramarital relationships through interviews with eighty unfaithful men and women. Seldom were both spouses included in the study.


An exploratory analysis of voluntary relationships between two persons—lovers, spouses, friends, parents, siblings, rivals, clients, employees, employers, partners, et al.


How to have a happy marriage and make it an exciting experience is the theme of this book which may be best accepted by Mormon youth.


A practical guide to bring joy into a marriage including games, gifts, thoughtful actions, food, vacations etc.


The author believes that all marriages will have conflict and the couples must learn to deal with it effectively. He uses the Jungian model of personality types to analyze marital conflict.


Addressed to the many husbands and wives who have no sexual problem but who are risking future dissatisfaction because even the deepest pleasures can grow stale and monotonous with repetition. Tells frankly how to preserve marital pleasures over the years.


A collection of short articles dealing with the questions most men and women ask about human sexuality.


The author believes that marriage can bring problems to some people. He uses clinical materials as well as literature to demonstrate both these problems and the prospect of growth.
MARRIED LIVING

Smith, Gerald W., Me and You and Us, Peter Wyden, Inc., 1972, $4.95.

A reader-participator book containing a program of 47 new experiences for couples struggling with communication problems.


A revealing study of marriage based on interviews with 40 married women, diverse in age, experience, socio-economic status, and life style. Candid revelations about themselves, their husbands, and their marital and extra-marital relationships.


2. Audio-Visual Materials

Encounter, St. Francis Productions, 1969, 7 min.

Through six short illustrations of success or failure in communication, this film examines both positive and negative factors in the attempts of the husband and wife, parent and child to encounter, to love each other.

B. Working Wives and Mothers


In this book sixteen women tell how they successfully combine careers and child-rearing. The author points a way to a solution that lies in the transformation of our ideas of work, why women need it, and the realm of being a mother.

C. Marriage and Family Counseling

1. Books


A discussion of the transition to family therapy from individual therapy by many counselors.


This volume makes available the first comprehensive presentation of every aspect of videotape in psychiatry, covering legal and ethical considerations as well as theory and practice and the technical and artistic guidance. Twenty-six leading experts present their practical experience with videotape in psychiatry—in medical school, hospital and private settings, for individual, family and group therapy. A comprehensive bibliography and glossary are included.


A physician's discussion of treating adolescents and children with emotional difficulties in the context of the whole family.


Moving from thinking of dysfunction only in terms of individuals the author describes treatment of whole families in a therapeutic program carried out in their homes.

This book deals with family therapy in one area—that of families with daughters who have problems related to sexual behavior—vagrancy, promiscuity, incest, homosexuality, etc. Case examples are given with detailed reports of progress from the therapy and the problems that arise. It also approximates a guide to practice by reporting on the learning process of the beginning family therapist and on the role of his supervisor.


Designed to bring the values of group counseling procedures to the practice of premarital counseling, this manual is for the use of clergymen, psychologists, counselors, and educators.


This book distinguishes between individual and marital therapy, but gives extensive coverage to treatment of the personality. Uses systems theory as an approach to both diagnosis and treatment, dealing thoroughly with both.


The authors studied four distinct professions—psychiatry, clinical psychology, psychoanalysis, and psychiatric social work—to find out what motivated those in each profession to choose the therapeutic specialty. Their purpose was to determine whether these practitioners are sufficiently similar to warrant their classification as a "fifth profession" and whether the training for this fifth profession should be significantly different from the training that now prevails in each of the four "parent" professions.


A study and work manual to be used by marriage counselors, ministers, teachers, and couples preparing for marriage. Includes questionnaires as bases for discussions, work sheets, etc.


A new approach to family psychiatry where the family replaces the individual as a unit in clinical practice. There is a full presentation of the theory and practice of family psychiatry with an extensive bibliography.


Includes taped interviews concerning sexual intimacy between patients and psychotherapists.


Practical guides to the management of everyday problems in child guidance, school difficulties, sex, the teenager, and marriage.


This revised edition includes a new section on a theology of marriage and a selected bibliography. Dr. Stewart writes on pastoral care and marital counseling for the practicing minister and the training student, and sees the minister as marriage counselor as a value-bearer, a symbol of religion, representing life's central values to those who seek his help.
MARRIED LIVING


An interdisciplinary volume which tries to redefine concepts and methods in family treatment. Considers the great variety of approaches now being used and of professionals doing family treatment.

2. Audio-Visual Aids for Counselors


A game for a family (parents and children) to play together. In the process of enjoyable play, it can yield valuable insights to both the therapist and to sensitive family members.


A set of cards which may be used to help couples understand each other's ideas concerning marriage and family life and offer them opportunities to discuss the points on which they may differ.

D. Divorce and Remarriage


A case-oriented discussion of divorce for those working through the emotions that follow a divorce.


Shows that most persons in their remarriage are as successful as those in their first marriages. Sections include: "A Cultural and Statistical Overview; The People Who Remarry; Solidarity, Competition, and Conflict; and Evaluation."


Examines the process of divorce, explaining legal implications of the marriage contract and various states' divorce laws. Points out the evils of the "adversary system" which demands charge and proof of fault and which often results in making children the innocent victims and prevents justice. Case histories are included.


This is a comprehensive and systematic coverage of information on the social, and economic aspects of marriage, divorce, and widowhood. It explores the importance of certain elements in promoting marriage at mature adult ages and explains circumstances under which marriages seem to fail.


A practical book written by a mother that married at twenty, had two sons, divorced at thirty, and remarried after having been a single parent for seven years.
MARRIED LIVING

E. Family Financial Management


Seven selected papers from a national conference which examined in detail the concept of family as a sociological and economic unit of study, with implications for teaching, research and service.


A home management textbook emphasizing keeping house, making decisions, and using resources. Teacher's manual also available.


A home-management curriculum for the ninth and tenth grade girl who will likely marry before finishing high school.


Based on the advice of a board of legal consultants. Covers a wide range of family-related legal matters.
CHILD DEVELOPMENT AND PARENTHOOD
VI. CHILD DEVELOPMENT AND PARENTHOOD

A. General Information


Sixteen writers in education, sociology and psychology evaluate the concepts of A.S. Neill's Summerhill, a framework of education.


An indictment of television, movies, comic books, war toys, and magazines as purveyors of violence subtly easing into the makeup of our children.


This book is based on the author's column "Parents and Children" and has been written to provide parents with a concise and coherent approach to the myriad problems child-rearing involves.


A discussion of the meaning of play.


An answer to the question "How do children learn during the years from birth to age five?" It is the author's thesis that learning occurs much earlier in life and is less susceptible to later modification than is generally suspected, therefore, a child's experiences during the pre-school years largely determine all future academic progress, as well as the personality traits upon which his success in life depends.


This is a collection of articles written by Karl S. Bernhardt on parent education. He believes that the fundamental values of human relationships have not changed and that children need parents to guide and nurture these close relationships.


An examination of the formation of sex identity and sex roles.


Practical hints for child-rearing, including the function of a family council.


A discussion of the importance of high self-esteem for the child and how to help him to develop it.


A penetrating analysis of the characteristics of the child who becomes authentic from his relationship with authentic parents. Stresses the importance of parents' acceptance, honesty, and willingness to be human. Will help parents see beauty in their children and experience joy in a mutual, power relationship, rejects pat solutions in parent education in favor of developing spontaneously open relationships with children.
CHILD DEVELOPMENT AND PARENTHOOD


All families come in a frustrating combination of two life-styles: at times intentional and at other times otherwise. This book is meant to help families to make decisions that will guide their lives into intentional channels.


A discussion of the family conference as a way to enable the family to cope with the conflict of the demands of their faith and the pressures of society.

Dobson, James, Dare to Discipline, Tyndale House Publishers, 1970, $3.95.

A psychologist offers advice to parents and teachers about the management of children and young people.


An eye-opener for people who are unaccepting of today's children and their behavior. Shows how kids have been rebelling against authority throughout history. Shows how children have been exploited and dominated in all generations by adults.


Specific step-by-step instructions for dealing with children's misbehavior including many examples.


A discussion of the social and mental development of the child including age profiles of the child at each year from six to sixteen.


The story of one school year in the life of Cleo, Wentworth, Snapper, Rubbergut, and Uncle Wiggly, thirteen and fourteen year olds in the 1965-66 academic year, in a Washington, D.C. Junior High School. Written by a former teacher, now professor, this book is a call for "good change in bad education."


A guide meant for the couple who are about to start a family or who already have one. It covers responsibilities of parenthood, preparing for the arrival of a child, and dealing with problems in child-rearing.


A study of relationships between parents and children, with the child's point-of-view kept firmly in mind.


A child psychiatrist discusses the developmental tasks which a child must accomplish as he grows from baby to teenager.
CHILD DEVELOPMENT AND PARENTHOOD


A method of dealing with children based on respect for persons. It teaches how to listen honestly to a child; how to express one's ideas effectively; and how to work out differences. Many examples are given.


Step by step instructions on how to teach Montessori in the home with maximum benefits.


A practical guide to show parents how they can help their school-age children "learn better and learn more—and actually enjoy the learning process."


A collection of fifty articles by persons concerned with education built on the premise that there is no place for substandard education anywhere in our school system. Offers solutions as well as presenting the problems. It is a book for communities, law, agencies shaping the lives of poor people as well as a book about education.

Hesse, Emily, How to Raise a Superkid, Macmillan Company, 1968, 151 pp., $4.95.

This book suggests that raising children is a game where in parents compete for points. It is written in a spirit of fun but the underlying assumption, that children should be accepted for what they are rather than pawns in the game, is clear.


This pediatrician suggests that the development of a child's personality depends on love, discipline and independence. Then he goes on to discuss in a rambling informal way, eating, sleeping, toilet training, sibling relationships, personality traits, sex education, the special child, adopted, handicapped, child of divorce. He concludes that the total health of the child is divisible into the aspects of physical soundness and emotional well-being, and suggests the physical health has had more attention than emotional health.


This book tries to point out to parents and educators, the needs of today's children in light of present social problems and the crisis in modern education. It concludes that education must become the one thing that truly liberates man from being trapped in society.


A common sense guide for every man who wants to be a better father.


A guide for working with three, four and five year old children. An interdisciplinary approach for teachers and parents to early childhood education. In three sections the authors deal with the needs of small children for school in our society; the planning and teaching of the curriculum; and the administration and supervision of programs for young children.


The author advocates a return to self-confidence in parenting—growing, thinking, and learning about oneself and applying that knowledge to helping children fulfill themselves.

Application of operant conditioning to the parent-child relationship. Explains how parents can manipulate, change, even predict the behavior of their children.


A discussion of the relationship of social factors in the home and the school on the academic success of a student; of influences upon moral development and its effect on education; of the influence of education upon political attitudes of young people and their subsequent choice of and occupation.


The authors, authorities on child care, offer many good suggestions for dealing with normal developmental tasks.


Neill takes the philosophy underlying his Summerhill School and applies it more specifically to the adult-child relationship, pointing out the difference between freedom and excessive permissiveness. Will provide parents with more understanding of the power of trusting children.


A study prepared for the Minnesota Jaycees, this book covers the subjects of: parents as people; parents as mates and lovers; parents as partners in child-rearing; and parents as enablers in family life.


Photographs of mothers and children from many parts of the world.


Photographs of children all over the world showing the cultural differences but also their unity as children.


The experiences of an American wife in Greece, in natural childbirth and mothering.


A book about fostering wonder in children. Primarily for parents who have children from preschool through 6th grade levels. Contains common sense guidance on how to bring out the creativity of a child, how to develop a sense of wonder that will stand the child in good stead emotionally later on as an adult. Also beneficial to teachers and educators. Filled with photography.


A book about increasing communication between parents and children through three premises: growing toward self-government; lessons in how to love; and the dignity of work.


A series of pastoral essays on items as they relate to children such as freedom, duties, discipline, work and play, adolescence, teenagers, etc.
CHILD DEVELOPMENT AND PARENTHOOD


This couple argues that for many women motherhood is a substitute for the things they wanted to do and were not able to do. They also argue that marriages without children can be very happy, if not happier than with children. Also presented is evidence that children from smaller families are more bright, more creative, and better adjusted than children from large families.


Explores the reasons behind many relationships that produce hatred and offers suggestions as to what parents may do to help. Includes an examination of Charles Manson and his "family."


Information and teaching techniques that lead to a better understanding of the development and cognitive abilities of the preschool child. Stresses creative experiences.


A book for parents, grandparents, teachers, social workers, nursery school workers and anyone who would like suggestions about preschool children and programs designed for them.


Concepts of love, discipline, punishment, virtue, delinquency are considered in a didactic way from a psychoanalytic point of view.


An educator claims that what children learn, they learn on their own, not from the teacher, and calls for change in our educational system that will help teachers and parents do for and not to children.


This book is a dialogue between an expectant father and a doctor which raises many of the questions needing answers as the family grows to three members.


Proceedings of the conference.


Thirty forum reports of the 1970 conference on the condition of children in the United States.

2. Audio-Visual Materials

Films


A dramatic film showing the disruptive effect of Japan’s involvement with the war in Vietnam on an upper middle-class Japanese family.
CHILD DEVELOPMENT AND PARENTHOOD

Up Is Down, Pyramid Films, 1970, 6 min.

An animated fable about a boy who walks on his hands and who not only looks different, but can see things differently. Presents a direct treatment of tolerance, conformity, and conflicts between a man and his society and between one generation and another.

Walk in Their Shoes, Brigham Young University, Department of Motion Picture Production, 1969, 24 min. color, $246.

A film about parent-child communication in which Stan and Sherly come to look through their parents' eyes.

Films

How an Average Child Behaves Ages 1 Through 5, Parent's Magazine Films, Inc.

Five filmstrips with accompanying record to guide mothers in what to expect as their child grows through the first five years.

B. More Comprehensive Information


The International Yearbook for Child Psychiatry and Allied Disciplines, Volume I, is a collection of the most recent research in child psychiatry.


An examination through medical psychology of the subject of parenthood in the context of the biological and environmental evolution of human behavior.


This volume begins a major series in the field of psychiatry. The latest developments in the field will appear every two years. This volume covers four main areas: new development is psychiatric theory; clinical studies; childhood and youth; and biological studies in psychiatry.

Brazelton, T.B., Infants and Mothers: Differences in Development, Delacorte Press, 281 pp., $10.00.

A month-by-month developmental outline for both active and quiet babies designed to ease the anxiety of the mothers of first borns and to show how each child's development is unique.


A child development text stressing an analysis of physical, emotional, social, and intellectual functioning.


A scholarly report of a comparative study of child-rearing practices in America and the Soviet Union. Shows how American parents have driven their children to be brought up by their peers and TV. Shows parents how they fail to provide freedom to children and how, in contrast to Soviet parents, we are neglecting training of children to be cooperative, altruistic, and self-disciplined.

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CHILD DEVELOPMENT AND PARENTHOOD


A neo-Freudian analysis of the psychology of the child as it affects his behavior.


Reports of a two year series of conferences and workshops on early child care, in which the participants were experts in the fields of pediatrics, psychology, child psychiatry, anthropology and child development.


A selection of the year's outstanding contributions to the understanding and treatment of the normal and disturbed child.


Thirty-seven selected articles from the past year.


A reader containing many of the classics in the area of emotional, physical, and intellectual development of the child. Focuses on major theories, issues, and research questions.


A description of a twenty-four year longitudinal study.


A series of six articles expanded from talks broadcast on the BBC Third Programme in which specialists examine the forces that mold our development and consider whether our grasp of social relationships and the formation of our personalities occurs in the very early life when a child is building up a working knowledge of his environment.

Evans, E. Belle, Beth Shub, and Marlene Weinstein, Day Care: How to Plan, Develop, and Operate A Center, Beacon Press, 1971, 337 pp., $6.95.

Presents a broad range of information and advice on planning, developing, and operating a high-quality day care center for preschool children. Emphasizes alternative ideas and solutions appropriate to laymen as well as professionals, and to small parent cooperatives as well as large federally funded enterprises.


A cross-cultural study of learning experiences in childhood revealing a wide and diverse range of learning patterns which brings out the need for a universal perspective from which parents and teachers can develop a "child's eye view in their child-rearing." Children from the Philippines, Java, Puerto Rico, New Zealand, Japan, and the Middle East were studied in addition to American children from middle-class and minority backgrounds.
CHILD DEVELOPMENT AND PARENTHOOD

Starting with the assumption that being a parent in modern America is a difficult and important job, Lemasters (a sociologist) offers a realistic, lively, and critical review of the literature on parent-child relations.

Comprehensive and accurate picture of the current state of knowledge in the psychology of human development. A total of 29 chapters in five sections: biological basis of development, infancy and early experience, cognitive development, socialization, psychopathology. Contributions by leading authorities.

Piaget's latest study of children's mental development, focusing on the role of imagery in human thought.

An introduction to the work of the eminent child psychologist—suitable for students, teachers, and others interested in understanding Piaget's approach to child psychology.

Contains a series of 21 therapeutic consultations which demonstrate Winnicott's successful techniques in the treatment of children. Based on the author's well-known theories of child development.

C. Special Kinds of Parent-Child Relationships

1. Books

Written in lay terms, this book airs the feelings, fears and resentments that adoptive parents have but are reluctant to express, making them more aware of their true motivations, the knowledge of which enables them to be better parents. Written for parents, prospective parents, adoption agencies, social workers, and other professional family workers.

A "how-to" book for starting a day care program that will serve the social, emotional, and physical needs of the children.

Help on knowing when your child needs help, how to help him; how to know when professional service is needed and how to find that service.

Inquiry into the family patterns of families having emotionally disturbed children.

CHILD DEVELOPMENT AND PARENTHOOD


A survey of many studies of the effect of boys growing up in fatherless homes.


This "experience survey" is part of the effort of the Office of Child Development to increase the number of adoptive families available for black children in need of placement.


A mother's poetic tribute to her retarded child from whom she learned so much about living.


This is a study of the findings of research into the life adjustment of one hundred adult adoptees done by the Child Welfare League of America. It concludes that while the adoptive family shares many characteristics with the usual family, it also is unique in many respects and is relevant as subject matter for further investigation by the student of the family.


This is the report of a group of adoptive parents who accepted a child who was five or more years old. The book presents, primarily in the parent's own words, some of the joys and satisfactions, some of the sorrows and disappointments that resulted from welcoming an older child into the family.


A critical look at the process of public intrusion into the parent-child relationship and an analysis of foster care and adoption. The author urges that the laws and agency procedures be clarified and reformed in light of new theories of child development.


Covers the study of the twin from mythology and supposition to present scientific studies of the psychology of the twin. It includes findings on the biological factors, cognitive processes, personality and mental disorders in the process of twinning.


Presents practical recommendations and describes several preventive and remedial innovations in family crises. The papers are arranged in three categories: parents with mental illness; parents under unmanageable stress; and programs to assist parents.


Presents tested methods for direct service to families in which a parent becomes mentally ill and the child is either left with the parent where there is turmoil, inconsistent care, and possibly abuse or neglect, or is separated from the parent and is often exposed to disruptive experiences which often result in frequent shifts in substitute care. Suggestions for improving methods and organization of services of community agencies are given.


A continuing study of 200 women who kept and reared their first-born, a child born out-of-wedlock nearly six years ago.

Emphasizes the feelings of the step child and the step parent with many examples of ways to handle problem situations.

2. Audio-Visual Materials


This film features Miss Susan Phillips, 20, who was born deaf, and it demonstrates her capability to speak and to read the lips of others despite this handicap. The purpose is to demonstrate that she lives a full and normal life through the acquisition of these communication skills. Susan was chosen for this part because she had been chosen at age 5 for a role in a 1955 film, and flashbacks show her early training in the basics.
MIDDLE AND LATER YEARS
VII. MIDDLE AND LATER YEARS

A. General Information

1. Books and Pamphlets


Covers a wide range of subjects relating to the relationship with grown sons and daughters.


A discussion of the factor of financial stability in deciding whether to retire early. It is the premise that as income from retirement benefits gets closer to $4,000 per year, more people will want to retire early.


A study in planning housing for the aged. An examination of the planning of Victoria Plaza and its effects on the morale and life adjustment of its residents.

Faunce, Frances Avery, The Nursing Home Visitor, Abingdon Press, 1969, $4.00 (paperback $2.45).


For those between ages 25 and 55 who are dealing with their own children as well as their parents while carrying on with their life work. Some of the problems dealt with are: marital incompatibility when the children are grown; wide acceptance of the birth control pill; and sibling rivalries that carry over into middle years.


A study of the problems that plague men and women entering the Middle-Years.


A discussion of the middle years as a stage in the growth of the individual, with potential creativity and satisfaction.


Self-help idea for couples to look at many aspects of marital relationships after the children have left home. An optimistic approach to many aspects of middle age.


Considers the problems of middle-aged married couples. In order to help these couples who may be going through a middlescence crisis period, the authors lead them back to their dating days, then on to the early gaps in marriage when routine replaced honeymoon. They deal with the problems of sex, children leaving home, adultery, communication, and divorce, and propose some exciting possibilities for bridging the "spouse gap" through the couple's rediscovery of one another and through the re-creation of a full life together.


Although Florida-oriented (the only place to retire), it is a self-help and somewhat introspective book on planning for retirement.
MIDDLE AND LATER YEARS


Review of recent discoveries on growth and aging, and a look into the future to see how scientific progress can be applied toward usefully extending individual human life.

Peterson, James A., Marriage and Love in the Middle Years, Public Affairs Pamphlet #456, 1970, 28 pp. $.25.


The first volume of a guide to practice with the elderly. This volume presents an overview of aging in America and outlines the problems met by aging Americans.


Primarily concerned with physical aspects of aging but some consideration of clinical psychological aspects.


A delightful account of one woman's view of aging—written in her 85th year. Illustrates some internal aspects of aging.


A perspective on the status of older Americans in today's job market.


Offers suggestions for identifying and solving the unique problems of older persons. Provides answers to questions about aging and dealing with the elderly. Outlines a simple philosophy of living for the person who faces the inevitable events of time and change.


An examination of the need for changes in facilities, methods and attitudes in caring for the aging mental patient.


A report of progress, concerns and goals for the aging in the United States.

2. Audio-Visual Materials

I Think They Call Him John, Mass Media Association, 16 mm, 1970, 26 minutes.

Low-keyed film about a Sunday in the life of an elderly man. Not much happens in this gentle, moving documentary and that is precisely the point of the film. Helps stimulate discussion on what old age means. John is a private citizen, not an actor.
MIDDLE AND LATER YEARS

The Weekend, Franciscan Communication Center, 15½ minutes.

The story of a rained out vacation weekend that becomes a time of discovery for a middle-aged couple whose lack of communication has driven them apart.

Book


The major thesis of the book is that a revitalization of marriage could effect radical change in many other institutions of society which are malfunctioning. The author celebrates marriage as perhaps the one institution of our society capable of preserving truly human values.
FAMILY LIFE EDUCATION
FAMILY LIFE EDUCATION: PHILOSOPHY AND METHODOLOGY

A. Philosophical Perspectives and Current Status of Family Life Education


Critical of high school texts and teaching for its biases—in favor of outworn conventions, traditional morality, white American culture, middle class values, over-idealized concepts and pat solutions to complex human problems. Offers seven recommendations for an improved approach.

B. Curriculum Guides


A study unit composed of the reading book and the course design book. The purpose of the course is to find answers to such questions as "How can I approach my own sexuality as a responsible Christian?"


A resource book giving grade by grade outlines of material in sex education for grades one through high school.


A sex education curriculum for the Roman Catholic school. Materials are for grades one through nine. The author includes a bibliography of suggested films and books.


A study of objectives, content, methods, materials, and evaluation of sex education in the schools. The text for the undergraduate and graduate courses on methods of teaching sex education. May also be useful for parents, community organizations, etc.


A curriculum for the sixth grade to help the youngster better understand his emotional growth. Does not cover sexual development. Teacher's edition also available.


A curriculum for the fourth grade to help the child understand his emotional growth in relation to his peers. Teacher's edition also available.


A curriculum for the fifth grader struggling to develop a pleasing personality. Teacher's edition also available.


A study-action guide concerned with the issue of sex education and the attacks centered against these programs in the public school.
FAMILY LIFE EDUCATION: PHILOSOPHY AND METHODOLOGY


A book of curriculum planning, parental involvement, and teaching suggestions for parents, teachers, and school administrators.

C. Bibliographies and Reference Lists


Description and evaluation of films (8 and 16 mm), filmstrips, and transparencies in the following areas: family relationships; physical and emotional development; creation of life; masculinity and femininity; marriage; social problems; and the philosophy and implementation of sex education. All films are annotated, listed with their distributor's address and indexed by age and socio-economic group.
SOCIAL PROBLEMS
IX. SOCIAL PROBLEMS AND THE FAMILY

A. General


The editor explores a wide range of contemporary social problems through the observations and analyses of sociologists, social critics, historians, lawyers, etc. Each section introduced by the editor. Includes such problems as alienation and disaffection, competition and inequity, institutional ineffectiveness, addictive withdrawal, disenchantment and destructive disorder.


A reader offering to students in one place both theoretical and popular articles on the many faceted subject of social problems including crime and delinquency, religion, population, family problems, poverty, race, health needs, war, etc.


An analysis of how individuals create, change, and are created by social systems and of the parts played by deviance and conformity in these processes.


The story of what happened when a Riceville, Iowa, school teacher decided to dramatize discrimination by declaring her brown-eyed students "superior." A study in prejudice.

B. Drugs and Alchohism

1. Books and Pamphlets

Barber, Bernard, Drugs and Society, Russell Sage Foundation, 1967, $6.50.

Outlines a comprehensive sociology of drugs and provides broad perspectives against which to view all aspects of concern with social action regarding drugs.

Blum, Richard and associates, Drugs I: Society and Drugs; Drug II: Students and Drugs, San Francisco: Jossey-Bass Publishers, 1969, 400 pp. each ($20.00 for two volumes).

These two volumes contain the results of eight years' research by Blum and his associates. Include historical, cross-cultural, social, and psychological studies on drug use and abuse. They are based on work covering over 200 cultures and 20,000 individual interviews and questionnaires.


This report includes the Commission's interpretation of its task; a discussion of the drugs and their effects; the extent and patterns of non-medical drug use in Canada; some ideas on the causes of non-medical drug use; and some interim recommendations of the Commission.


This book is designed as a program text to minimize the need for technically prepared instructional staff. Answers many questions on drugs and their effects.
SOCIAL PROBLEMS AND THE FAMILY


This book is aimed at allowing people to look at the complex drug problem openly and honestly and without argument. The book clears up some misleading concepts, discusses parent intervention and drug education, describes the misuse of drugs, and talks about parental responsibility.


A presentation of the medical, psychiatric, and legal aspects of drug usage. There is definition of some common terms and a discussion of various drugs. The authors present their own conclusions as well as those of young people. A summary of the laws concerning drugs in the fifty states is also given.

Drugs and the Young, Time-Life Books; 1970, $1.50 (for orders of more than 10 booklets, $1.00 each).

Described as a "clear, comprehensive, and unemotional look at drug abuse." Intended for teachers (primarily) and parents.


Valuable, factual discussions of the Bureau of Narcotics and Dangerous Drugs, federal drug law, the drug abuser, drug abuse, narcotics, marijuana, depressants and stimulants, hallucinogens, and rehabilitation. Includes bibliography and film list.


Available from the National Clearinghouse for Drug Abuse Information, 5454 Wisconsin Avenue, Chevy Chase, Maryland 20015.

This book, which presents the latest factual information about drug abuse, was produced cooperatively by the Departments of Justice; Health, Education and Welfare; Defense; and Labor; and the Office of Economic Opportunity.


This is a book about drugs—what they are, where they come from, what they look like, how they work, and what is not known about many of them. The author gives facts where facts are known and controversy where controversy exists.


A thoroughly researched work on marihuana and its medical, psychological, social, personal, and legal significance in America today.

Group for the Advancement of Psychiatry, Drug Misuse: A Psychiatric View of a Modern Dilemma, Charles Scribner's Sons, 1971, 93 pp., $1.95 (paper).

A group of eminent psychiatrists presents findings on and recommendations for a way out of the dilemma posed by the use and misuse of drugs. They try to answer such questions as "Why do many people suffer chemically ecstatic nightmares?" "Why is our society in turmoil as some of its brightest minds decay and crime rates soar?" "Should the misuser of drugs be treated as a patient or a criminal?" "What is the role of the physician, the legislator, the law enforcement officer, the communications expert, the researcher in coping with these issues?"


A series of discussions by both drug advocates and opponents, giving the reader a panorama of the vastly different current viewpoints.
SOCIAL PROBLEMS AND THE FAMILY


An operational manual with guidelines for planning and conducting a drug abuse education workshop for teachers. Well-organized, practical, authoritative.


A discussion of drinking among collegians which the author believes poses a greater problem than the use of all other drugs combined.


Accurate scientific information in answer to frequently asked questions about these drugs: what they are, physical and psychological effects, dangers, legal situation. Good pieces. Writing is low-key, avoiding "scare" approach; style is fresh and readable. Comprehensive, yet concise.

Specimen copies (and limited quantities) available at no charge from Office of Communications, National Institute of Mental Health, 5654 Wisconsin Avenue, Chevy Chase, Maryland 20015. Purchase from U. S. Gov’t. Printing Office.


A short knowledge inventory and discussion guide for the drug educator.

Nowils, Helen H., Drugs on the College Campus, Doubleday Anchor, 1969, 144 pp., $.95 (paper).

Distills a vast amount of information on drugs and their use, presenting it in the context of the larger problem of alienated youth seeking meaningful experience in a society they find largely irrelevant. Dr. Nowils defines such terms as drug and narcotic, describes how a drug works in the human body, and discusses the most widely used drugs. She outlines the federal and state laws and discusses the roles of the educational institution.


This resource book, drawing upon NIMH’s experience, contains summaries of factual information on the major drugs and techniques and suggestions that experienced drug educators have found helpful in communicating with young people. An invaluable compendium.


Answers such questions as What is drug abuse? What are the narcotics? Who are the drug abusers? What can we do? Good pamphlets, useful for both youth and adults.


A lively half-hour play designed to stimulate serious discussion of the drug problem. It is a fantasy about the physical and psychological consequences which follow upon inhaling a new "ultimate drug." Satire is used as the device by which the hidden motivations of addiction are both concealed and revealed by addicts of various sorts. The audience is left to ponder, among other things, the wide range of hang-ups available to all. Single copies for perusal only, $2.00. A production packet of 5 copies, which includes performance rights, costs $12.00.
SOCIAL PROBLEMS AND THE FAMILY


A pro-marihuana discussion of the marihuana controversy, tracing the history of marihuana use and contradicting the research that says that marihuana is harmful.


Thirty-five articles varying widely in orientation from first-person accounts and speculative articles to reports of rigorous experiments. Deals with dreams, meditation, hypnosis, and minor and major psychedelic drugs.


A discussion of alcoholism as a medical problem written for the lay reader.


Answers to 109 most frequently asked questions about drugs.


The author discusses all drugs in common use today—LSD, barbiturates, mescaline, hashish, heroin, etc.


A series of essays reflecting the worldwide study of these two problems.


In this book the author outlines a number of methods in which public and private agencies might influence the whole idea of drinking in America and thereby relieve the extensive problem which is often thought to be only an individual or family problem.


This pamphlet attempts to present true facts about narcotics and other dangerous drugs—what these drugs do to people, what kind of people start taking drugs, how addiction is treated, and above all what we can do to help prevent it.

2. Audio-Visual Materials

*Alcohol and You*, EFA Educational Media, 1969, 28 min.

This documented treatment of drinking explores the social pressures and the drinking habits that can lead an individual into becoming an alcoholic.

*Beyond LSD*, 16 mm, sound, color, 25 min., 1968.

Intended primarily for adult audiences to stimulate thought and motivate discussion. The purpose of this film is to help parents understand that their teenagers are struggling with problems of aggression, sexuality, and identity. Lacking adult sympathy, the teenager might turn to drugs as a means of coping with these problems. Communication can help to bridge the generation gap—if parents will stop being hysterical over such nonessentials as long hair, hip speech, rock music, and way-out clothes. Available from Film Associates, 11559 Santa Monica Boulevard, Los Angeles, California 90025. Rental: $15. Sale: $300.
SOCIAL PROBLEMS AND THE FAMILY

A Day in the Death of Donny B., 16 mm, sound, b/w, 16 min., 1970. Designed especially for use in ghetto schools.

A cinéma vérité discussion film that shows a typical day of a heroin addict in the deprived inner-city. Donny B. is black. The setting is his neighborhood—call it Harlem, Hough, or Watts. There is no narration in the film except the outspoken voices of mothers, ex-addicts, policemen, clergy, storekeepers and doctors who themselves live amid the junkie scene. A haunting ballad sounds out the sound track on this short discussion-provoking film. Distributed on free loan by the National Institute of Mental Health Drug Abuse Film Collection, Distribution Branch, National Audio-Visual Center (GSA), Washington, D.C. 20409.

The Distant Drummer. Three 22 min. color films, (or one 45 min. film) 1968.

Target audience: adults. Documentary narrated by Robert Mitchem and Paul Newman. Well done. Provides a history of drug use. Considers the current drug scene. Deals with LSD, methedrine, marijuana, heroin. Concludes that tight laws while needed are not the answer. There needs to be a two-pronged attack—on user and source.
1. "Flowers of Darkness" general problem of drugs and society.
2. "The Movable Scene" visit hippie communities and suburban communities.
3. "Bridge from No place" rehabilitation and community action.

Drug Abuse: The Chemical Bomb. 16 mm, color, 19 min., 1969.


Deals with the overall drug scene—common drugs such as alcohol, barbituates, amphetamines as well as the "exotic" drugs. Good for adults.

Drug Abuse — One Town's Answer. 16 mm, 23 min., 1970. Recommended for high school and adults.


Drugs and the Nervous System. Churchill Films, 16 mm, sound, color, 18 min., 1967. Suitable for junior high, senior high, college, adults.

Explains how drugs affect many different parts of the body by working on the central nervous system. Aspirin is used to illustrate how a common drug acts to reduce pain and fever in this complicated way. Also issues a warning that drugs used without a doctor's instructions may be dangerous. Major portion of film explains the serious disruption of the nervous system caused by drugs, narcotics, and other substances taken for "kicks." Substances covered are airplane glue, stimulants (amphetamines), depressants (Barbituates and opiates), marihuana and LSD. Produced largely in animation.

Drugs and You. QED Productions (Cathedral Films), color sound filmstrip series.

Preconditions children at primary levels to say no to drugs. Dramatizes the after fatal dangers of misusing medicine and drugs, as well as their beneficial uses. Acts as an "antidote" to the thousands of "magic potion" commercials to which children are exposed.
SOCIAL PROBLEMS AND THE FAMILY

Escape to Nowhere. 16 mm, color, 25 min., 1968.

Target audience: Senior High, adults, especially suburban. The camera follows a 16-year old girl, living and wandering in the drug culture of today, as she answers the questions of an invisible narrator, as she thinks out loud about her unsettled, solitary life. She first smoked marijuana at 14; has tried hashish, pills, LSD, speed, heroin. The audience feels the futility of Debbie's method of escape. The film is open-ended, allowing for discussion in several areas. Available: Professional Arts, Inc., P. O. Box 6484, Universal City, CA 91608.

First Vibration. Record Album, Do It Now Foundation, P. O. Box 3573, Hollywood, CA 90028 ($3.00 + $0.40 for first class postage).

An album of songs by some of the biggest names in pop music—The Beatles, Donovan, Jefferson Airplane, Jimi Hendrix, Ravi Shankar, The Byrds, Buffalo Springfield, and others. Its purpose: To spread the word that SPEED KILLS.

Gale is Dead, Time-Life Films, 1970, 58 min.

Gale, a good-looking, intelligent girl was born in 1950 and died in January 1970 at age 19 and a drug addict. This film does not try to apportion blame, but asks if Gale need have died.

Grooving. 16 mm, color, 31 min., 1970. Recommended for Junior High School; also useful with parents and less knowledgeable senior high students.

Centers on marijuana use. Format is a group of 14-18 year olds—drug users, non-users, and ex-users—in a series of "confrontations." Experiences and feelings are challenged and threaded out; motivations and rationalizations are searchingly questioned. Geared toward raising questions and stimulating thinking on this touchy subject—does not "preach", but rather gives material to allow the young viewer to think for himself.

Here's Help. 16 mm, color, sound, 28 min., 1970. Appropriate for general audience.

Shot on location at eleven different sites to show the broad range of treatment programs that are currently available. The central message of this film is that no single method of treatment works for all drug abusers, but various approaches work for different people. Available for free from: National Institute of Mental Health Drug Abuse Film Collection, Distribution Branch, National Audiovisual Center (GSA), Washington, D.C. 20409.

I'll Be Seeing You. 16 mm, sound, color, 11 min., 1970. For upper elementary grade level.


Users, dealers, and doctors debate the use of LSD. When a boy takes a "bad trip," students are confronted with the dangers associated with hallucinogenic drugs.


Documents the dangers of unsupervised use of LSD, and explains what is known about its physiological and psychological effects. It counters some of the erroneous claims made in promoting the use of LSD. Explains the possible chromosome damage which may result in the use of LSD.
SOCIAL PROBLEMS AND THE FAMILY

Marihuana, 16 mm, sound, color, 34 min., 1968. Suggested for Jr. and Sr. high, college, adults.

Sonny Bono (of Sonny & Cher) narrates this film. He relates to the teenagers and provokes them to think for themselves. The film simply examines the facts about physical dangers, emotional dependency, and the legalities of marihuana.

The Mind Benders. 16 mm, sound, color or b/w, 25 min., 1968. Recommended for senior high and college age, also youth workers.

Through contemporary cinematography, sound, and color, this film objectively explores the potential therapeutic uses and the known hazards of LSD and other hallucinogens, as well as some of the motivations of abusers. Medical authorities and users of the drugs appear in this documentary. Purchase from: Precision Film Laboratories, 21 West 46th Street, New York, NY. Write for price. Available on free short-term loan from the National Medical Audio-Visual Center Annex, Station K, Atlanta, GA 30334. Free loan from Public Health Service Audio-Visual Facility, Chamblee, GA 30005.

The People Next Door, Bailey-Film Associates, 1969, 81 min., black and white.

This CBS Playhouse tells the story of two middle-class couples who discover that drugs have entered the lives of their children.

Speed Scene. Film Associates, 16 mm, color, 20 min., 1969.

Deals with methamphetamine (speed) particularly as "mainlined" by young people. Some discussion of amphetamines in weight control or as "pep pills" or "keep alert" drugs.

Students Look at Drugs. 16 mm, color, 20 min., 1969.

Suitable for Jr. and Sr. High, adults. Produced by Eli Lilly Company. A panel of five former and present teenage drug users interviewed by a psychiatrist. A most interesting and informative look into teenager's motivations for drug use. Should be especially useful for adult audiences. Would suggest cutting the film off before the psychiatrist's final "wrap-up" statement.


This dramatization explores different life styles—life styles through which the central figures try to adjust to disappointments and frustrations. For two young men, pills offer an escape from life. The open-endedness of the film may stimulate youth to discuss the type of decision they all have to make for themselves.


Personal accounts of young drug users presented on tape for groups who wish to promote discussion of the current drug phenomenon. Topics include: the varieties of drugs and their effects, the onset of drug use, the progression of drug usage, drug use as a way of life, family aspects of drug abuse, prevention and rehabilitation.

C. Poverty

Coles, Robert and Maria Piers, Wages of Neglect: New Solutions for the Children of the Poor, Quadrangle Books, 1969, $5.95.

An examination of the condition of poor children with an emphasis on what would help them to grow through the stages of development.
SOCIAL PROBLEMS AND THE FAMILY


An examination of the multiple phenomena of poverty and possible solutions to poverty in the United States.


The authors of this study examine one major short-term poverty program (Project Uplift), showing how the War on Poverty fails to effect significant social change in urban ghetto communities.

D. Mental Illness, Mental Health, Identity Problems, Self-Awareness


An annotated bibliography on homelessness, chronic inebriety and related forms of disaffiliation and essays dealing with skid row and its men.

Lawrence, Margaret Morgan, The Mental Health Team in the School, Behavioral Publications, 1971, 169pp. $6.95.

This is an analysis of the school mental health unit which served as a community mental health, consultative service to schools in Rockland County, New York. This pilot project was primarily concerned with the opportunities for raising the level of emotional health of all children in those districts.


A series of reports designed to reflect the scope of the research of the National Institute of Mental Health. Included are articles on the development of behavior, brain physiology, and social and cultural influences on behavior.


A collection of reports in the work of the National Institute of Mental Health including studies and demonstrations in prevention of deprivation of children, factors that influence the child's mental health, advances in diagnosis and treatment and basic studies in child development.

E. Death, Bereavement, Suicide

1. Books


SOCIAL PROBLEMS AND THE FAMILY


The author believes that children should be taught that death is a part of the total experience of life and that they should share completely in our cultural practices surrounding death including mourning, grief, and funerals.


Religious, philosophical and psychological views of suicide. Guidelines for those wishing to work in suicide prevention efforts.


A book for parents to help them explain death to children.

Hamovitch, Maurice B., The Parent and the Fatally Ill Child, Duarte, California, City of Hope Medical Center, 1964.

A demonstration of parent participation in a hospital pediatrics department.


Emphasizes the skills and insights that help one to work through the process of grief.


The psychology of death.


SOCIAL PROBLEMS AND THE FAMILY


A religious book providing information and guidance for parents, teachers, ministers, and others who must help children face the reality of death.


A number of articles designed to define concepts and practices for professionals of all kinds who are called upon to handle matters relating to loss and grief.


2. Pamphlets and Periodicals


3. Bibliographies


SOCIAL PROBLEMS AND THE FAMILY

Marks, Renee U., The Sociology of Death: A selected bibliography, Department of Epidemiology, School of Public Health, University of Michigan, Ann Arbor, 1965.


F. Crime and Delinquency


Written for runaways themselves, their parents, and their counselors, this book gives an overall view of the reasons for escape and the problems that runaways face. It discusses methods of survival, medical and legal consideration, and where to find help. Listings of all Traveler's Aid locations, hot lines, and halfway houses by state and city are included in a long appendix.


This defines and interprets the manifestations of child neglect and abuse, describing practical police methods in such areas as investigation, collection of evidence, interviewing and interrogating. It is also an analysis of interagency relationships with suggestions for improving need relationships with other child protection groups.

Foner, Lois G., No One Will Listen, Grosset's Universal Library, 1971, 352 pp., $2.95 (paper).

Discusses the inadequacies of the juvenile court system from a perspective unique in the literature on juvenile courts.


A survey of 13,000 cases of child abuse and conclusions about its prevalence, causes, etc., also consideration of child abuse by the society through infant mortality, hunger and malnutrition, inadequate medical care, poor location, and officially sanctioned abuse in schools, institutions, child facilities and juvenile courts.


This is the report of the project undertaken by the Flint (Michigan) Youth Study Staff to isolate factors that would suggest social explanations for the fact that lower class boys are more likely to become delinquents than boys of the other social classes.


A British study of the role of the social worker with the delinquent in counseling, home visits, etc. The method of working is based on the development of a relationship between the youth and the worker.


An attempt to state and test a theory of delinquency, viewing the delinquent as a person relatively free of the intimate attachments, the aspirations, and the moral beliefs that bind most people to a life within the law.
SOCIAL PROBLEMS AND THE FAMILY


The appalling story of the confined delinquent young people in the United States with suggestions for change and appeal for public sentiment.


A policeman's-eye-view of crime in America.


Consideration of a new type of prison, Grendon Underwood, England's first and only psychiatric prison. The author reveals a prison community only six years old, which provides professional psychiatric treatment for offenders with whom the traditional form of incarceration has manifestly failed.

G. WORK AND LEISURE

1. Books


This book is a revised and condensed version of *Man and Leisure: A Philosophy of Recreation* by the author. The book explores the challenge of leisure, its costs, and its relation to recreation, religion, science, art, health, education, etc. He advocates leisure as an opportunity to enrich our lives, develop our personalities and to live meaningfully in the "push button" era.


This monumental study explores the history of leisure and work both as ideal and as practical. The author contrasts his Greek classical viewpoint with the modern industrial American viewpoint. "Leisure refers to a state of being, a condition of man, which few desire and fewer achieve."


This book contains contributions of scientists and literary men to the problems and social phenomenon of mass leisure in America. It is about time-off, weekend and vacation in America. The volume is an attempt to reveal the serious considerations of leisure which point the way for the individual confronted with agonizing questions of the use of his leisure time.


This study of the history, meaning and significance of our leisure time was commissioned by the National Council of Churches. In four parts the study covers the contemporary, social-psychological, historical and theological dimensions of the leisure-time question; its conclusions point to the need for a leisure ethic today.


*The Wastemakers* is an analysis of the nine strategies of consumerism and reveals how consumption for the sake of consumption affects our culture—and our pocketbooks. The study concludes with a statement toward a life style which provides a meaningful alternative.
SOCIAL PROBLEMS AND THE FAMILY


Pieper writes that Leisure has always been the foundation of culture. He demonstrates that the Greeks understood and valued leisure, as did the medieval Europeans. "Leisure is an attitude of mind and a condition of the soul that fosters a capacity to perceive the reality of the world." He concludes with a warning that unless the western world substitutes true leisure for its hectic amusements, its very culture will be destroyed.

Linder, Staffan, The Harried Leisure Class.

A Swedish economist shows how the limitations of time are increasing its value, not only in the productive areas of life but also in areas of consumption. A good analysis of why Western nations are developing a "throw away" culture.


A study of the new leisure of life in modern Britain.


In the author's view, play needs to be studied in its own right, as a natural and healthy activity. He directs his clinical experience to an analysis of "play" in the development of the individual.

2. Films


A powerful film about the tedium and dehumanizing experience of a factory upon men, raising the question of whether men are the masters or the slaves of their machines.

Eden U.S.A., Office for Audio Visuals - United Church of Christ, 1720 Chouteau Avenue, St. Louis, Missouri 63103, 1965, 25 min., color, $12.00.

An excellent portrayal of the moral and religious question raised by American affluence. A study guide is available for use with this film.

Help! My Snowman's Burning Down, Contemporary Films, Inc., 1964, 10 min., color, $15.00.

A series of ridiculous episodes, each of which communicates a caustic comment about modern society, especially the superficial and exploitative character of human relationships.

Time Piece, Contemporary Films, Inc. 1965, 10 min., color, $15.00.

A funny, yet disturbing, film about the tempo and values of modern life, using the clock as its central image.

3. Other Materials

Leisure Education Kit for Congregations (Prepared by Leisure Studies, Inc., 1813 University Ave. S.E., Minneapolis, Minnesota 55414.

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