

The Person in the Profession: Renewing Teacher Vitality through Professional Development

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Abstract

A teacher's vocational vitality, or capacity to be vital, present, and deeply connected to his or her students, is not a fixed, indelible condition, but a state that ebbs and flows with the context and challenges of the teaching life. In light of this, an emerging form of professional development programming explicitly devoted to nourishing the inner life or core dimensions of teachers is increasingly important for today's educators.