# Turkish as a Foreign Language Learners' Tendency to Use **Communication Strategies**

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#### Abstract

The purpose of the current study is to determine Turkish as a foreign language learners' tendency to use communication strategies. Quantitative and qualitative research models were used together in the study. The survey method was used in the qualitative part and the phenomenological method was used in the quantitative part of the study. The study group of the study is comprised of 77 participants from 13 different nationalities with Turkish language proficiency levels of A2, B2 and C1. Quantitative data were collected by using the "Oral Communication Strategies Inventory" and qualitative data were collected by using a semi-structured interview form. Descriptive analysis was performed on both the quantitative and qualitative data. The results of the study revealed a strong correlation between the level of competence and the tendency to use strategies. Participants with low language proficiency levels tend to use strategies including the behavior of moving away from the verbal boundaries of the target language. On the other hand, those with a high level of language proficiency tend to use strategies that include the effort to stay within the boundaries of the target language. In the qualitative dimension of the study, 10 different communication strategies were determined based on the episodic memories and experiences of the participants. These are strategies mostly used in compensatory functions.

Keywords: Communication Strategies, Pragmatic Strategies, Teaching Turkish as a Foreign Language, International Students.

#### Introduction

This century witnesses an enormous increase in human mobility triggered by the techno-digital transformation, as compared to the last century. The end result is the proliferation of multinational, multicultural and multilingual life. Absolutely this would have some consequences. One common consequence was the need for people to express themselves in more than one language. So that multilingualism has become one of the important competencies of the digital world (Erol & Tunagür, 2021). Again, through globalization, this mobility has faced fierce competition from countries in different sectors, one of which is higher education. Higher education is particularly exposed to international competition as it has significant resources at its disposal. Many initiatives are therefore implemented to promote internationalization of higher education by developing countries, as do developed countries. Turkey as a developing country is also among the countries that invest on internationalization of higher education. The reason why it attaches great importance to higher education is that the number of international students enrolled in the Turkish higher education in the last few years has increased [Council of Higher Education (CHE), 2017]. According to the data released by the CHE the number of international students in Turkey has reached 224 thousand by the end of 2021, and therefore it has been named as one of the countries that has accommodated the most international students.

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International students, especially participating in student exchange programs and receiving many government scholarships, learn Turkish at Turkish Application and Research Centers Teaching (TÖMER) belonging to various universities in Turkey in order to meet the Turkish language requirement for higher education. Here, it implements the Common European Framework of Reference for languages (CEFR) within its language curricula, and adopts communicative approach. The study group of the present study consists of the students enrolled in the aforementioned language centers, e.g., TÖMER. The aim of the study is to reveal what kind of communication strategies international students utilize/use while engaging in everyday language use and/or during the communication-oriented language teaching of Turkish.

#### Literature Review

The term "communication strategies" first coined by Selinger referring to the errors in learner's interlanguage system in the early 1970s (Jamshidnejad, 2011). Later, it has also been subject to some of debates around communicative competence. The concept of communicative competence was developed by Hymes in the late 1960s. Hymes began his justification of this concept by criticizing Chomsky's ideas. A few years later, different researchers elaborated the concept, adding communication strategies (Celce-Murcia, 2008). A well-known model of communicative competence was proposed by Canale and Swain (1980), defining the communication strategies as a component of communicative competence.

The strategic competence pillar of the Canale and Swain (1980) model serves to compensate for the gaps in communication with verbal and nonverbal means. Some of these strategies refer to the ways used to paraphrase the grammatical forms that the person cannot control or remember for a moment. In addition, the instruments that individuals use to meet social linguistic competence, especially when they communicate in a L2 and when they are not sure of themselves, are considered within the domain of strategic competence. Canale and Swain (1980) have suggested that these strategies used to solve communication problems are not achieved through

classroom practices that do not contain meaningful communication. These can help students, especially during the initial stages of L2 learning. The need for communication strategies derived from real-life communication situations may vary depending on age and the level of L2 proficiency.

After this model, which Canale and Swain formed the theoretical framework of, many researchers were interested in communication strategies and theoretical and practical research was conducted on this subject. It is generally accepted that practices that emphasize communication-oriented processes in L2 education and associate communication strategies with the pedagogical framework of language education have started with Canale and Swain (1980) presenting strategic competence as one of the complementary instruments of communicative competence (Tarone, 1980). The concept of communication strategies, which have been gradually enriched with conceptual and theoretical frameworks proposed by different researchers, have become one of the important components of L2 teaching today. In fact, the CEFR [Ministry of National Education (MoNE), 2021], which is considered as one of the main frameworks of proficiency in foreign language education, is based on communication-oriented language activities and strategies. In the text, it is emphasized that language use emerges in tasks and actions performed by people and that individuals develop communicative language competencies as social actors and use the most appropriate communication strategies to perform some tasks.

In pragmatic research, communication strategies, also called pragmatic strategies by many scholars (Björkman, 2014; Kaur, 2019; Mauranen, 2006), are among the components contributing to the provision of communicative competence while interacting or communicating with others. Naturally, they are not sufficient to ensure communicative competence on their own. Together with other components, they can ensure communicative competence. Especially during the use of L2, they help to maintain communication, improve confidence in speaking, increase linguistic fluency and develop a sense of autonomy; besides they help increasing individuals' willingness to communicate (Akdemir, 2016; Özyurt & Akdemir, 2021a; 2021b; Popescu & Cohen-Vida, 2014).

In natural communication situations in L2, the individuals need to use strategy to express themselves adequately (Sato et al., 2019). Especially in face-to-face communication, strategy use may be required for the correct or adequate coding of the message to be conveyed (Jamshidnejad, 2021). The person's effort to communicate is supported by these strategies. While they offer the opportunity to experience the possibilities and limits of the L2. they also help individuals to practice. Individuals find the opportunity to see what language allows in different areas of life and in different tasks and what language behaviors are acceptable mostly during communication. They can see what functions the communication strategies they use serve in such communicative situations. Thus, they can also experience what purposes are served by the communication strategies they have employed in order to maintain communication (Dörnyei, 1995).

Communication strategies refer to a number of linguistic behaviors such as giving up the intention to convey the message in cases of language deficiency. avoiding communication due to the feeling of inadequacy, circumlocution, approximation, making up words, performing literal translation, borrowing words from the L1, asking for help and saving time (Tarone, 1984). All of these are verbal and non-verbal linguistic instruments used to solve problems that arise when understanding does not occur during communication (Bagarić, 2007). Accordingly, communication strategies include the attempt of people to reciprocally attribute the same meaning to a verbal or non-verbal message in the event that a common mental plane cannot be formed in communication processes (Tarone, 1980; Liu & Kinginger, 2021). Communication strategies, which are the starting point of this study, are used to ensure communicative competence and increase communication efficiency (Vettorel, 2019). Their main function, in the case of interaction with others, is to eliminate the deficiency related to one of the competency areas and to carry out communication processes successfully (Bagarić, 2007). These instruments, which are used to eliminate speech gaps, have been classified by many researchers as communication strategies after a while.

Dörnyei (1995) examined taxonomies related

to communication strategies and listed the most common and important ones under three main headings: avoidance strategies, compensatory strategies and time saving strategies. Under these main headings, there are 12 strategies, definitions and examples. Avoidance or reduction strategies are leaving the message incomplete and avoiding discourses and concepts that include language difficulties. Achievement or compensatory strategies arise in the form of changing the available one in case of language deficiencies and using alternative means of communication instead. If speakers have problems in expressing a plan they have designed in their mind, compensation strategies are activated. Circumlocution, approximation, using multipurpose words, word-coinage, nonlinguistic means, literal translation, foreignizing, code switching, appeal for help were listed among the compensation strategies to eliminate communication gaps. Stalling or timegaining strategies are different from the previous strategies in terms of their function. These strategies are used to save time and maintain communication in difficult times, rather than eliminating language deficiencies faced during communication. It is the use of filler or pause words (actually, I think, to tell the truth, etc.) in order to eliminate the disconnections that occur during the flow of speech and to give an opportunity to think.

Studies including this core strategy group presented by Dörnyei based on the literature are among the important sources that feed the pedagogical frameworks designed for foreign language teaching. Studies emphasize that communication strategies in L2 teaching report that L2 users employ some communication strategies to achieve semantic consensus and to cope with ambiguities (Cogo & Dewey 2012; Dörnyei, 1995; Dörnyei & Scott, 1997; Mauranen 2012; Sato et al., 2019; Seidlhofer 2011; Tarone, 1980). In Turkey studies on this subject have generally been conducted in recent years. In a search conducted with different keywords in the thesis center of the CHE (2022), a maximum of 40 postgraduate studies related to communication strategies were found. Only three of them are from the period before the 2000s. The majority of these studies are grouped under three main headings: Communicative competencies of teachers and learners (Değer, 1998; Timur, 2019), examination of course contents and materials in the context of intercultural communication (Başol, 2017; Çeltik, 2016; Demirel, 2016; Eken, 2018; Ergün, 2016; Gözgenç, 2016; Kaya, 2017; Serpil, 2007; Yavuz, 2017) and competencies for intercultural communication (Altundağ, 2012; Charity, 2021; Çetin Köroğlu, 2013; Çırpan, 2021; Eröz, 2020; Gökberk, 2021; Güven, 2015; Harputluoğlu, 2021; İnce, 2020; Sezer, 2019; Şen, 2020; Tütüncü, 2014; Zengin & Ataş Akdemir, 2020).

These studies are not directly related to communication strategies. The studies that can be determined to be conducted on using communication strategies in Turkey are mostly related to the English-speaking processes of Turks. In the reviews made in different databases, it has been observed that there are a very few studies on communication strategies used by foreigners learning Turkish (Sönmez, 2021; Yazıcı, 2018). Thus, in this paper, it was aimed to determine the communication strategies used by the students having different levels of Turkish proficiency based on their episodic memories, and in this regard, the following questions guided the study.

- 1. To what extent do Turkish as a foreign language learners use communication strategies in relation to their language levels?
- 2. What kind of strategies do Turkish as a foreign language learners state using during communication based on their episodic memories?

#### Method

Quantitative and qualitative research models were used together in the current study. The survey design was used in the quantitative dimension of the study. Survey is a research model that intends to determine a situation as it was in the past or as it is in the present. This model refers to the conduct of survey on the entire population or a sample to be selected from this population to have a general conclusion about a certain population (Karasar, 2019). The essence of the model is based on describing the tendencies, attitudes and views of a population quantitatively through a sample selected from this population (Creswell, 2009).

In the qualitative dimension of the study, the communication strategies used by the participants were elicited by using the interview technique. In this context, the phenomenological design was used. In phenomenological research, data are collected from individuals or groups that have experienced the phenomenon being studied and can express or reflect this phenomenon. In this design, individuals can reveal experiences or meanings that they are not even aware of or think about (Büyüköztürk et al., 2016).

#### **Study Group**

The study group is comprised of the students who continue to learn Turkish at A2, B2 and C1 levels at Kahramanmaraş Sütçü İmam University TÖMER and 77 international students with C1 level Turkish certificate. The group was formed based on the criterion sampling method, which is among the purposive sampling methods. In this connection, basic, medium and advanced level Turkish knowledge was determined as a criterion. In criterion sampling, there are standards predetermined by the researcher. In the selection of the group, meeting these standards is taken into consideration (Yıldırım and Şimşek, 2016). Information about the participants is given in Table 1:

**Table 1 Study Group** 

		n	%
Gender	Female	36	46.75
	Male	41	53.25
Language Level	A2	29	37.66
	B2	25	32.47
	C1	23	29.87

Nationality	Indonesia	29	37.66
	Somalia	7	9.09
	Djibouti	6	7.79
	Ethiopia	5	6.49
	Syria	5	6.49
	Myanmar	5	6.49
	Equatorial Guinea	4	5.19
	Afghanistan	4	5.19
	South Korea	3	3.90
	Iraq	3	3.90
	Algeria	2	2.60
	Morocco	2	2.60
	Egypt	2	2.60

According to Table 1, the number of the male participants is higher than that of the female participants. The participants were selected from three Turkish language levels: basic user (A2), independent user (B2) and proficient user (C1). Although there is no significant difference between the numbers of the participants selected from the levels, the highest number of participants is from A2 level. There are participants from 13 different nationalities in the study group. The majority of the sample is students from Indonesia.

#### **Data Collection**

The quantitative data in the study were obtained with the version of the "Oral Communication Strategy Inventory", which was developed by Nakatani (2006) for L2 learners, adaptation of the inventory to Turkish was made by Yaman and Kavasoğlu (2013) and then the validity and reliability study of the inventory was carried out by Yazıcı (2018) for those who learn Turkish as a foreign language. Permission was obtained for the above mentioned inventory. In the original version of the inventory, items related to communication strategies are thematically grouped under eight factors.

As a result of the reliability and validity tests by Yazıcı, the factor structure of the original inventory was determined to include three factors; fluency and accuracy-oriented strategies, body language use and attention drawing strategies, message reduction and change strategies. Since it was considered to be more compatible with the literature, the strategy categories

in the original inventory were taken into consideration in the study; however, measurements were made with the inventory items in Yazıcı's (2018) study. The reliability of the inventory was calculated to be 0.83 by Yaman and Kavasoğlu (2013) using the Cronbach Alpha reliability coefficient. Yazıcı (2018) found that the Cronbach Alpha reliability coefficient is 0.84 in the tests performed for the overall reliability of the inventory.

In the process of collecting research data, the participants at A2, B2 and C1 levels were informed about communication strategies, language learning strategies and data collection tools. In order to ensure a better understanding by the participants, it was decided to deliver Nakatani's original English version together with the inventory items in Turkish. The same was done for the question in the interview form. Finally, a pilot application was made with a group of 15 students, five from each level, using the data collection tools. These students stated that they understood the expressions in the data collection tools.

Quantitative data were collected under the supervision of the researchers and by using Google form in the classroom environment. In the first part of this form, there are items to elicit information about the gender, nationality and Turkish language level of the participants. In the second part, the inventory items related to communication strategies are included. The interview technique was used to collect the qualitative data of the study. Although the language of communication used in the interviews

was Turkish; English was used when problems in communication were experienced. Participant opinions were collected with a semi-structured interview form. In this context, the participants were asked what kind of strategies they used while speaking/learning Turkish. The answers given by the students constituted the qualitative data of the study.

#### **Data Analysis**

The data collected from the study group were examined in two categories: quantitative and qualitative. The data collected through the inventory items were analyzed using Microsoft Office Excel. In

the study, first, the participants' levels of tendency to use strategies were determined. The score intervals were used as the basis for determining the level. To determine the score intervals of the 5-point inventory, the distribution interval= (maximum value-minimum value)/number of points formula was used (Gülen, 2016; Kandemir, 2015; Sümbüloğlu & Sümbüloğlu, 1993). After applying the formula, the score interval coefficient was found to be 0.8 depending on the number of points in the inventory. This process, which was carried out to reveal the participants' levels of tendency to use communication strategies, is presented in Table 2:

Average Score Intervals	Likert Point	Classification Level
1.00-1.80	Never or almost never true for me	Very low level of tendency to use strategy
1.81-2.60	Generally not true for me.	Low level of tendency to use strategy
2.61-3.40	Somewhat true for me.	Medium level of tendency to use strategies
3.41-4.20	Generally true for me.	High level of tendency to use strategy
4.21-5.00	Always or almost always true for me.	Very high level of tendency to use strategy

In Table 2, the values in the column of average score intervals correspond to the Likert points of the inventory in the second column. It is seen that the five levels of classification, which are very low, low, medium, high and very high and which are the qualitative equivalents of the scores, are included in the third column.

Qualitative data were obtained from the participants with the highest, lowest and average scores taken from the inventory items by using the interview form and subjected to descriptive analysis. To do so, the opinions of the students were first classified under certain categories based on their thematic similarities and a table was prepared considering the frequency of repetition (Yıldırım & Şimşek, 2016). In addition, these tables were interpreted with the help of direct quotations from the participants. In the descriptive analysis process, the opinions of two academicians teaching Turkish to foreign students were consulted for the reliability of the opinion categories prepared by the researcher. Corrections were made taking the opinions of both experts into account.

#### **Findings**

In this section, there are findings regarding the communication strategies used by the students learning Turkish as a foreign language. The extent to which the strategies classified by Nakatani (2006) as "social affective strategies, fluency-oriented strategies, negotiation for meaning while speaking, accuracy-oriented strategies, message reduction and alteration strategies, nonverbal strategies while speaking, message abandonment strategies, and attempt to think in (target language) strategies" were used by the participants constituted the quantitative findings in the study and the participant opinions constituted the qualitative findings of the study.

## Findings and Comments on the First Sub-Problem of the Study

The first sub-problem of the study is about the level of communication strategies used by Turkish as a foreign language learner during communication in relation to their language levels. Findings about the tendency of students to use communication strategies are given in Table 3.

Table 3 Tendency to Use Communication Strategies in relation to Language Levels of Turkish as a Foreign Language Learners

Strategy type	Language Level	Mean Score by Levels	Tendency to Use Strategies
	A2	3.39	Medium level
Social affective strategies	B2	3.44	High Level
	C1	3.60	High Level
	A2	3.25	Medium level
Fluency-oriented strategies	B2	3.30	Medium level
	C1	3.58	High Level
	A2	3.95	High Level
Strategies to negotiate meaning	B2	3.45	High Level
	C1	3.00	Medium level
	A2	2.91	Medium level
Accuracy-oriented strategies	B2	3.26	Medium level
	C1	3.43	High Level
	A2	3.66	High Level
Message reduction and alteration strategies	B2	3.60	High Level
	C1	2.65	Medium level
	A2	4.14	High Level
Nonverbal strategies while speaking	В2	3.80	High Level
	C1	2.17	Low level
	A2	4.08	High Level
Message abandonment strategies	B2	3.41	High Level
	C1	2.33	Low level
	A2	2.91	Medium level
Attempt to think in foreign language strategies	B2	3.04	Medium level
	C1	4.17	High Level

The communication strategies in Table 3 consist of eight sub-groups in line with the thematic categories of the inventory used. These strategies, which Nakatani (2006) collects under the headings of avoidance and compensation strategies, mainly correspond to the core strategy taxonomy classified under three main headings by Dörnyei (1995) as avoidance, compensation and time saving.

According to the table, the tendency of the participants to use communication strategies differed depending on their language levels. The mean overall score of the participants ranged from 2.17 (low) to 4.17 (high). According to the mean score, the tendency of the participants to use communication strategies is low, medium and high. No participant had a very low or very high tendency to use compensation strategies.

The table above shows that there is an inverse proportion between the language level and the mean scores of the participants in the categories of "strategies to negotiate meaning, message reduction and alteration strategies, nonverbal strategies while speaking, message abandonment strategies." In this strategy set, the mean scores of the participants with high language levels are lower than the scores of those with lower language levels (A2,  $\bar{x}$ =3.96; B2,  $\bar{x}$ =3.57; C1,  $\bar{x}$ =2.53). As the level increased, the mean scores decreased. On the other hand, this is not the case for the categories of "social affective strategies, fluency and accuracy-oriented strategies and attempt to think in foreign language strategies". The language levels of the participants are directly proportional to their tendency to use strategies. As

language proficiency increased, the tendency to use strategies also increased (A2,  $\bar{x}$ =3.12; B2,  $\bar{x}$ =3.26; C1,  $\bar{x}$ =3.70). In this strategy set, the participant group with the highest language level had a higher mean score.

# Findings and Comments on the Second Sub-Problem of the Study

The second sub-problem of the study was discussed based on the opinions of the participants. In this context, the types of strategies used by learners during communication were elicited on the basis of their episodic memories. The

communication strategies that emerged from the opinions of the participants were grouped under 10 thematic headings as "translating from the L1", "objectification", "simplification", "restructuring", "asking for direct help", "asking for indirect help", "having the interlocutor repeat", "correcting one's own expression", "stating that they do not understand" and "requesting explanatory information from the interlocutor". Afterwards, the participant opinions were processed into the determined thematic frameworks. The findings regarding the opinions of the participants are demonstrated in Table 4.

Table 4 Thematic Framework of the Opinions of the Turkish as a Foreign Language Learners on Using Communication Strategies

Opinions	n	Participants
Translating from L1	2	P8, P10
Objectification	2	P1, P12
Simplification	1	P5
Restructuring	1	Р3
Asking for direct help	1	Р6
Asking for indirect help	1	P4
Having the interlocutor repeat	1	P2
Correcting one's own expression	1	Р9
Stating that they cannot understand	1	P7
Requesting explanatory information from an interlocutor	1	P11

In the study, 6 participants (n=18) from each language level were interviewed. Participant selection was made based on the lowest, medium and highest score intervals in the inventory. This process was repeated for each language level. Although the number of participants whose opinions were taken was 18, the statements of 6 participants were not sufficiently understood and these were not included in the data analysis. In order to reach more data, high number of participants were included in the study. As seen in Table 6, the opinions of 12 students were analyzed. Four of these used the translating from L1 (n=2) and objectification strategies to continue communication and prevent gaps. One person was distributed to each of the other communication strategies that the participants used, although they were probably not aware of it.

The first theme prepared according to the opinions of the participants is the strategy of translation from

the L1. The participant coded as P8 expressed how lexical translation from L1 was performed with the following expressions:

"I constantly search for the basic sentences in Turkish and talk to people. My mind is very busy while talking to my friend here. I listen to him and translate his words into Korean. And I think in Korean to answer him. And I translate that into Turkish. Then I answer him in Turkish."

According to this view quoted, it is understood that the participant prioritized "basic expressions" in Turkish, but "experienced some problems" in the mental processing phases of communication, and continued communication by "translating the expressions of the foreign language into the native language" in order to eliminate these problems.

Another participant, who was considered as using the strategy of translating from the L1 to maintain communication and coded as P10, said

"... I think in my mother language first, then I speak Turkish. But sometimes it is wrong because the word order is not the same in my mother tongue." It is seen that the participant's attempt to translate the foreign language into the L1 in order to cope with communication problems and be successful with this strategy did not always yield the desired result, but "sometimes it went wrong" during communication due to the difference in language structures.

As it is known, a method from concrete to abstract is followed in foreign language teaching. This is also one of the general principles of education because things that are perceived concretely are learned more easily. How the participant coded as P12 interpreted a Turkish concept by establishing a similarity relationship in order to facilitate understanding is given below:

"When I learn the words, I usually write them down in a notebook, look at them and memorize them. Sometimes the shape of a word is associated with the meaning of that word. For example, the word "dog" is similar to a barking dog's tooth. That's how I remember it."

Similarly, it is understood from the statements of the participant P1, the strategy used involves objectification and thinking of certain situations while memorizing words:

"While studying Turkish, I mostly memorized the verbs. I was memorizing 30 words a day. I made a dictionary to memorize and I was looking at it all the time. I wrote down difficult words to memorize on both the notebook and the wall and read them out loud over and over again. I thought of a situation about the word and memorized it. I tried to use the words I memorized to make a sentence."

Especially, basic and intermediate language proficiency brings some linguistic difficulties during communication as it does not provide the opportunity to fully penetrate the foreign language. The solution to overcoming these difficulties is to prefer short, simple and brief expressions rather than forming a mixed and long sentence and to develop speech behavior accordingly. In the study, this language behavior is called simplification. This behavior was reflected in the opinions of the participant coded as P5 with the statement "...I make short sentences because I do not understand long sentences."

The restructuring strategy reflected in the participant opinions is to convey the message based on an alternative plan in cases where the intended communication does not take place due to language difficulties. One of the participants, P3, expressed this situation as follows; "... if the sentence is wrong, I say another sentence...".

The participant P6 stated that "... I don't remember words and ask my friends." and when he faced gaps during communication, he asked for direct help from his interlocutor. During the Turkish communication, P4 expressed that he received indirect help when his deficiencies were noticed by his interlocutor with the following sentences:

"...sometimes I forget words. Turks are helping me. They say the words I don't remember..."

During communication in Turkish, the behavior of having the interlocutor repeat the statements due to the inability to understand was described in the sentences of the participant P2 as follows; "... I say repeat when I do not understand...". In the event that the communication problem is caused by the speaker, the attempt of correcting the speaker's own statement in order to ensure the cohesion was included in the statement of the participant coded P9:"...I am saying wrong. Then I remember the correct form...".

The communication problem caused by native speakers' inability to adjust their speaking speed in a way that foreigners can understand due to their language usage habit is stated in P7's opinions as a strategy of stating that they do not understand. "I know Turkish. But the Turks are talking too fast. I don't understand. Then we laugh."

The final strategy, which can be determined in accordance with the opinions of the participants, has been conceptualized as requesting explanatory information from the interlocutor. P11 said "The teacher is teaching. Turkish grammar is very difficult. I don't understand and I'm asking the teacher. He helps me." and stated that he learned the Turkish structures that he thought he did not understand "by asking for explanatory information" from the relevant person.

It is understood that the thematic opinion frameworks formed with the help of the communication strategies in the literature and the interpretation of the participant statements above are used by language learners and users in the processes of using the foreign language.

#### Discussion

In the current study, the tendency of students with different levels of Turkish proficiency to use communication strategies to ensure sufficient communication competence was analyzed. The quantitative data obtained from the participants revealed that language level was related to the tendency to use communication strategies in general. Students with low language competence tend to use strategies of negotiating the meaning, abandoning the message, using nonverbal tools, thinking in the L1 instead of the foreign language that are related to the behavior of moving away from the verbal boundaries of the foreign language. In contrast, those with a better language level tend to use thinking in the foreign language, fluency and accuracy oriented and social affective strategies that include an effort to stay within the boundaries of the foreign language. It is considered that high level of use of the strategies that tend to move away from the verbal boundaries of the foreign language by participants with low language level is due to the lack of sense of selfefficacy in maintaining communication and the need to use more strategies to ensure continuity in communication. Strategies that encourage the ones with high language competence to stay within the boundaries of the foreign language are interpreted as a reflection of the effort to succeed rather than the concern to fail in communication. Therefore, higher mean scores of the participant groups with a high language level taken for the strategies that refer to linguistic competence (fluency and accuracyoriented strategies, thinking in the foreign language strategies) seem to be a consistent result. Because the fluent and correct use of language is determined by language competence. It is considered that the behavior of referring to "social affective strategies" is also affected by language competence. Social affective strategies that include components such as being willing to use the foreign language, taking the risk of making mistakes, controlling speech anxiety and managing emotions naturally require having sufficient language skills (Akdemir, 2019; Akdemir, 2021; Nakatani, 2006).

In the examination of the mean scores for the communication strategies, it was observed that the participants with A2 level language proficiency obtained 3.54 mean score in all the strategies, those at B2 level got 3.41 mean score and those at C1 level got 3.12 mean score. Based on these data, there is a tendency to use communication strategies at a "high "level at A2 and B2 levels and at a "medium" level at C1 level.

When all the strategies were evaluated together, the category C1, which was formed by the participants with the highest language competence, had the highest mean score ( $\bar{x}$ =4.17) in the strategy of thinking in the foreign language. This is followed by the mean score of the participants with A2 level language proficiency for using nonverbal during communication The third one is the mean score ( $\bar{x}$ =4.08) of the participants in the A2 category for the strategy of abandoning the message due to the incompetence in the target language. According to these results, the participants with low language competence moved away from the boundaries of the verbal area of the target language while those with higher language competence reflected their tendency to stay within the target language domain to their strategy use. Foreign language learners go beyond the safe boundaries of the L1 when communicating in the target language. Therefore, it is likely that they have chosen strategies to move away from the verbal communication field of the target language to reduce the psychological pressure they are exposed to in the performance dimension of communication. The mean scores indicating the tendency to use strategy is seen to be an effort to avoid the target language and approach the safe boundaries of the L1 on the part of the participants with a low level of language competence.

#### Conclusion

In this study, the conclusion that there is a connection between the tendency to use strategy and linguistic competence is parallel to the results of different studies. In the study of Bialystok and Fröhlich (1980), it has been determined that language competence functions as the main limiter in strategy use and that the dependence on communication

strategies to cope with linguistic difficulties in target language use is higher. According to them, there is a relationship between inference, competence and strategy use. The determining variable in this relationship is the ability to make inferences. When language proficiency reaches the required level, the individual's ability to make inferences determines the choice and use of strategy. It has been observed that the studies conducted in the following years provided evidence supporting the conclusions of Bialystok and Fröhlich. Examples of these are the studies (Dobao, 2001; Safont Jordá, 2001) showing that the behavior of choosing communication strategies and the frequency of using them are determined by the level of competence in the target language, and that language competence and linguistic actions are affected by the communication strategies used by individuals. In addition, it is understood from studies with similar results that communication strategies support language interaction (Maleki, 2007), that the frequency of using communication strategies during speaking is related to students' competence levels (Maldonado, 2016), and that students with low language proficiency need to use strategies to be successful in communication (Almaktary, 2018).

In the qualitative dimension of the current study, 10 different communication strategies were determined by making inferences from the opinions of the participants. These were conceptualized by taking the literature data into account as "translating from the L1", "simplifying", "objectifying", "restructuring", ""asking for direct help", " asking for indirect help", "having the interlocutor repeat", "correcting one's own expression", "stating that he/she does not understand" and "requesting explanatory information from the interlocutor". Strategies reflected in student opinions correspond to communication strategies in the literature to a great extent (Dörnyei & Scott, 1997). These strategies are mostly used in compensatory functions. That is, the language behaviors of the participants during communication include an effort to be successful rather than avoidance. It is understood that the participants develop a conscious attitude to cope with linguistic difficulties, although they are often not aware that their linguistic actions are a form of strategic behavior.

Eight of the communication strategies determined in line with the opinions of the participants in the qualitative aspect of the study are in compliance with the strategy types in the original inventory. Translating from the L1 (1st item of the inventory), simplification (4th item), objectification (20th item), restructuring (5th item), asking for help (31st item), having the interlocutor repeat (22nd item) and correcting one's own expression (item 17) are consistent with the inventory items. Accordingly, the experiences of using communication strategies take place in the episodic memories of the participants. These experiences are very similar to the literature data.

As a result, two main conclusions were reached in this study, which dealt with the communication strategies used by Turkish as a foreign language learners. First, it was concluded that the tendency to use strategy was affected by language proficiency. It was observed that the strategies that tended to move away from the target language were used as the language level decreased and the strategies that tended to stay within the target language were used as the language competence increased. In addition, the frequency of using strategies by the language learners with low language competence was found to be higher. Secondly, the types of strategies used by the participants learning Turkish during communication were investigated. Based on the opinions expressed by the participants, 10 communication strategies were determined. It was understood that the strategies determined based on the episodic memories of the participants corresponded to those in the results of similar studies. Thus, it can be recommended that students' awareness of communication strategies should be raised, that these strategies should be taught explicitly or implicitly and practices should be performed to demonstrate the actual use of these strategies in the processes of teaching Turkish.

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