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Contingency Planning Amidst a Pandemic

Abstract

Proper prior planning prevents pitifully poor performance: The purpose of this research is to address mitigation approaches - disaster recovery, contingency planning, and business continuity planning - and their benefits as they relate to university operations during a worldwide pandemic predicated by the novel coronavirus (COVID-19). The most relevant approach pertaining to the University's needs and its response to the coronavirus pandemic will be determined and evaluated in detail.

Keywords

Keywords: Business continuity planning, contingency planning, coronavirus, COVID-19, disaster recovery, linear programming, optimization model, pandemic, predictive analytics, university

INTRODUCTION

The purpose of this research is to address mitigation approaches - disaster recovery, contingency planning, and business continuity planning - and their benefits as they relate to university operations during a worldwide pandemic predicated by the novel coronavirus (COVID-19). Components of a contingency plan will be discussed. A linear programming model will be created to quantify the value of a university's contingency plan as it seeks to mitigate risk from the spread of illness while focusing on meeting the academic needs of its students.

Incident

Faced with unprecedented challenges given the imminent onslaught of the novel coronavirus (COVID-19) global pandemic, many universities found themselves vastly unprepared to effectively respond to the multitude of challenges they faced when tasked to protect faculty, staff, and students from contracting the virus or spreading it at a time when little was known about its transmission and long-term effects on human health. During the course of a one-week period, students across the United States found their email inboxes flooded with information from their respective university with a notice of a two-week campus closure, soon followed by an announcement of the University's closure until further notice with an immediate need for all on-campus courses to be transitioned to remote instruction. Such an abrupt announcement left some instructors and professors with the overwhelming responsibility to adapt their course work from a traditional classroom or blended approach to a strictly online delivery format.

Many instructors and professors were vastly unprepared for the challenge. Information and communications technology (ICT) and e-learning software programs soon became vital. Many remote-proctored testing platforms and their support staff alike became overwhelmed with the rapidly increasing number of users. One proctored testing platform in particular, Respondus Lockdown Browser, saw its demand in the number of proctored exams it supported increase more than ten times the rate as compared to the same time period of the previous year (Doffman, Z., 2020).

Due diligence should be taken to mitigate the risk of the faculty, staff, and students becoming infected with the coronavirus. As recommended by the Centers for Disease Control and Prevention (CDC), various measures of due diligence include wearing a face covering, practicing social distancing by keeping a six foot distance from others, and encouraging frequent handwashing (How to Mitigate COVID-19 Transmission, 2021). Although draconian, the most effective way to avoid infecting others or to avoid being infected oneself is to stay home, avoid coming to campus, and avoid going to one's office, as was the situation throughout March, April, and May 2020 when campuses closed to students and faculty alike.

The approach is beneficial in the short-term, yet unsustainable in the long-term. Given the unprecedented impact of the coronavirus pandemic, the University, a regional comprehensive university located in the southeastern United States, acted swiftly to ensure the safety and health of their faculty, staff, and students.

MITIGATION APPROACHES

Mitigation refers to “sustained action that reduces or eliminates long-term risk to people and property from natural hazards and their effects” (Broder, J. & Tucker, E., 2012, p. 113). The following section outlines three mitigation approaches used when faced with a devastating event. The approaches include disaster recovery, contingency planning, and business continuity planning. Each of the approaches will be discussed in detail and the most relevant approach pertaining to the University’s needs and its response to the coronavirus pandemic will be determined.

Disaster Recovery

Disaster recovery is a reactive strategy used to alleviate issues brought about by a catastrophe. The strategy’s aim is to remove obstacles in an effort to urgently resume normal business operations. The events orchestrated by university officials in March 2020 were an immediate response to the pandemic’s widely unknown and not readily understood risks, yet more importantly, its extraordinary threat. University officials engaged in disaster recovery as there was no contingency plan in place to implement given the unique and unknown impact of the coronavirus.

Because of the immediate onslaught of infection rate of the coronavirus, organizations worldwide had to immediately respond to the novel virus in an unparalleled manner. Within a day of learning of the pandemic, email inboxes were flooded with notes from the management teams and CEOs of organizations ensuring their customers of the organization’s stringent approach to guaranteeing the health and safety of their customers and of the organization’s personnel as a result of their new safety measures. Such a response is one example of disaster recovery, with an aim to protect the company against residual effects of a significant negative event (Rouse, M., 2012).

Within the first week of the global pandemic, students were barraged with emails from the University. The initial email received during spring break in March 2020 was to inform students that campus would be closed for a two-week period in an effort to monitor the virus’s progress and transmission among the general population. Subsequently, classes would be cancelled for the two-week period. It could also be postulated that the two-week period was to allow for an unofficial 14-day quarantine period of students returning from spring break as the Centers for Disease Control and Prevention had recommended (When to Quarantine, 2020).

Subsequent emails followed during the two-week period of campus closure advising students of health and safety measures and precautions to take as a means not only to protect themselves, but also to protect others.

Shortly before the two-week campus closure came to an end, students received an email from the University informing them of the University's decision to continue campus closure for the remainder of the spring semester (Florida Department of Education, 2020). The University employed disaster recovery methods to ensure students would continue to receive a high quality education throughout the end of the spring semester. Effective immediately, all on-campus courses would be delivered by remote instruction via an already established online educational platform. The sudden change in instructional delivery method led to increased stress level and abrupt adaptation of coursework by some professors, particularly those not accustomed to offering online classes. Some assignments were removed completely from the students' course load because of the assignment's activity delivery and objectives not aligning with the online-only instruction method.

Students living in resident halls soon found themselves with an order to vacate immediately. Little notice, coupled with potentially limited funds to move, or optional housing outside of campus, made the element of leaving even more daunting. Students with no other living arrangement alternative could fill out an exemption form to be permitted to continue living in their respective resident hall on a case-by-case basis. Students with limited technology resources other than what had been provided by the University would be forced to find alternative means to allow them to continue their studies online in an off-campus environment.

Contingency Planning

Commonly referred to as "Plan B", a contingency plan is a proactive strategy which takes into account actions that would be undertaken should an unforeseen event occur. Steps to a successful contingency plan include identifying and prioritizing resources, determining key risks, drafting the contingency plan, sharing the plan, and revisiting the plan to ensure continuous relevance. A common argument for not creating a contingency plan is the lack of time managers have to allot to develop such a plan (Hughes, K., 2018, n.p.). One could argue that given the small probability that the plan would be used, it may not be necessary to have committed the time and resources toward establishing something that may never come to fruition; yet if a contingency plan were needed yet not established, it could cost the organization untold financial loss, if not bankruptcy, in the event of a catastrophe. In such a situation, the Girl Scout motto "Be prepared" comes to mind (Traditions, 2020, n.p.). The cost benefit analysis favors benefit given the financial ruin that could result if a plan were not in place to be acted upon in the event of an

emergency. As one might say, it's better to have it and not need it, than to need it and not have it. This philosophy can prove useful to nearly all facets of business as it does in life.

Any unforeseen downtime in an organization's operations can result in financial losses. According to a study performed by the Security Executive Council, the cost to an organization for every hour of downtime is anywhere from \$51,000 to \$1 million, depending on the industry segment (Correia, D., 2018). While the range is wide, the condition remains, no organization desires to lose money, especially from failing to be prepared.

The extra allocation of financial resources to be used toward additional Respondus Lockdown Browser and ITC licenses could be viewed as a waste of funds by some university officials. However, if the intention of the contingency planning initiative is to be prepared should an abrupt disruption in on-campus learning occur, universities will be better prepared to set forth their contingency plan into action without a lapse in critical timing to be used for students' education. Failure to do so would deprive a university's greatest resource – its students.

While a specific pandemic plan was not available, the University has well developed and implemented plans to deal with natural disasters such as hurricanes. The contingency plan on closing the University would be implemented immediately after the decision to cancel on-campus learning were to occur. The plan would provide to all university faculty an effective and efficient guide to smoothly transition their on-campus course to a remote instruction format in addition to other critical undertakings to be addressed upon implementation of the plan.

The University having employed a disaster recovery plan immediately addressed the abrupt interruptions caused by the shutdown. The swift action taken by the University allowed faculty and students to limit their exposure risk while allowing students to complete the spring semester. The University employing a contingency plan is paramount to ensuring it maintains operational status without disruption during a crisis, such as the global coronavirus pandemic. The old U.S. military adage of the Seven Ps comes to mind: Proper prior planning prevents pitifully poor performance (Brick, T., 2005). For the purpose of this research, it has been established that the primary need of the University is to develop a contingency plan as the need especially relates to the coronavirus pandemic.

Business Continuity Planning

Business continuity planning (BCP) identifies an organization's risk exposure and seeks to provide methods to mitigate any negative effects should a vulnerability be compromised. It answers the question "What if?" (Correia, D., 2018). One

purpose of a BCP is to reduce potential financial liabilities to help the business recover from the vulnerability or interruption and return to normal operations as quickly as possible (Setiawan, A., Wibowo, A., & Susilo, A. H., 2017). Business continuity planning should be a strategy that the organization seeks to continuously improve upon to remove any known weaknesses. Doing so creates a strategic barrier to protect the organization from threat. The Security Executive Council (SEC) provides a Business Continuity Program (BCP) checklist which provides organizations with an outline to create a business continuity program or plan and to help organizations enhance their existing BCP. Components of the checklist include establishing a plan, assessment of the plan, preparedness to implement the plan, response to implement the plan, and recovery of any damages and records (Business Continuity Program [BCP] Checklist, 2017).

Purposes of establishing a business continuity plan include if a catastrophe damages the integrity of an organization's image, operations, or physical structure. Business continuity plans must be designed to ensure long-term operational objectives are executed while the plan is concurrently supported by plans of action to maintain business operations are carried out despite any threats the organization may experience (Correia, D., 2018). The business continuity plan aims to allow for operations to continue in the short-term despite interruptions all the while planning for operations to resume in their normal location or capacity in the long-term.

Promptly following direction by the governor and the State University System, the University issued a statement via email advising students that all classes will be delivered virtually for the remainder of the spring semester. The University employed a business continuity plan by taking swift action to allow for continued operations in the short-term by moving course delivery to a strictly remote format, all the while planning for long-term operations to resume once permitted by state officials. The process allowed for students to continue their coursework with little to no interruption to their coursework.

CONTINGENCY PLANNING STRATEGY

The following section examines in detail the benefits of a simple linear programming model and its usefulness to help solve real-world problems. A linear programming model will be formulated to determine a contingency plan to safely reopen the University to students in the fall semester. The linear programming model will determine the number of students to attend classes via remote instruction versus the number of students to attend classes on campus while adhering to the social distancing requirement of students being seated six feet apart in an effort to maximize capacity of students per classroom.

Linear Programming Model

A linear programming model has been developed to analyze constraints, limitations, and requirements to provide an assessment of the University's needs. The model seeks to maximize the objective function to constraints with a goal of finding the optimal coefficient of each variable. If an optimal variable does not exist, two possible determinants will result: The problem shall either be determined to be unbounded with a minimum of $-\infty$ (negative infinity), or the problem shall be determined to be infeasible where x does not satisfy all constraints (Shamir, R., 1992).

Proposition

A linear programming model has been designed to determine the number of students to attend the University's classes via remote instruction versus the number of students to attend classes on campus. The goal of the model is to determine if the University should reopen the campus in the fall. To determine if the decision would be economically viable, the model seeks to determine the number of students to attend remote instruction classes compared to the number of students to attend on-campus classes in an effort to maximize capacity of students per classroom. The model seeks to create a contingency plan that would prove to benefit the University. For the purpose of this study, best estimates were gathered while any discussions with key university personnel are fictitious. Figures used for the linear programming model were gathered from a variety of sources to determine the most accurate values. Where no figures were offered, estimates were established.

Model Components

After consulting with multiple senior staff members of the University, percentages of students to attend classes in the fall have been estimated. Students were sent a brief survey via email in April 2020 in an effort for senior staff members to evaluate student interest in determining the appropriate projected ratio of students who would like to attend on-campus courses once again compared to students who would like to remain learning via remote instruction. The students were asked to provide basic information to include their grade level (freshman, sophomore, etc.) and their major. The survey results concluded that 80% of students would like to attend on-campus courses while only 20% of students would like to attend courses via remote instruction. All freshman will be required to attend on-campus courses. Additionally, all labs despite the course level will be offered only on campus. The results of the survey indicated that the majority of Information System Management students would like to attend on-campus courses.

The Director of the Student Health Services Department in conjunction with the Director of the Finance and Administration Department both agree that each student who will attend on-campus classes should be issued one face mask free of charge. Because the exact number of students to attend on-campus courses has yet to be determined, for the purpose of the model, the total number of enrolled students rounded up to the nearest thousand students will be used as the maximum number of face masks needed. As of the time of this paper's writing, the University has 12,872 students currently enrolled (2020 Quick Stats, 2020). The right-hand side value data used in the linear programming model are rounded to the nearest whole value were needed. For example, the number of necessary face masks is rounded up to 13,000 units because of the most economical offering provided by the manufacturer is issued in 1,000-unit increments. Each lot of 1,000 triple-layer face masks with embroidered university logo has a wholesale price of \$2,500.

The Director of the Information Technology Department has determined that the University would need to invest in widespread use of a virtual testing and proctoring service at a cost of \$39.60 per student per semester. The provided service is in an effort to allow for greater integrity measures to be taken while students take exams virtually in lieu of being proctored on campus. The cost per student was assessed using the following computation. Each student from the goal ratio of 80% of all enrolled students wanting to return to on-campus courses is estimated to take four classes per semester x two exams per class x \$4.95 virtual testing and proctoring service per exam. The IT Director has estimated that \$425,000 will need to be allotted for the service.

After further discussion with the Director of the Information Technology Department, it has been concluded that students using remote instruction technology could lead to a potential crash of the University's current servers due to increased demand. The director estimates that an additional \$500,000 needs to be budgeted to allow for increased remote instruction technology. The funds would be used to purchase more servers and greater digital storage capacities. While this allocation of financial resources was initially viewed by university officials as an expense, the equipment's residual value will be realized in the long-term, thereby making the servers an investment for the University.

University officials have been working to evaluate the best seating layout to accommodate the maximum capacity of students per classroom while adhering to the CDC's social distancing guidelines. University officials have calculated that a maximum number of available seats of all classrooms on campus at any one time is 26,950 seats. The total was found using the following calculation. The campus has 77 classrooms available at any one time with an average of 35 seats per classroom. For any class being offered on a Monday/Wednesday or Tuesday/Thursday schedule, ten sections per day can be accommodated.

Additionally, after consulting with the Facilities and Operations Director, an additional \$150,000 in the custodial budget will need to be allocated to increase sanitizing efforts throughout the campus upon students' return. The estimated cost was found by noting the need for 10 additional cleaning service personnel working full-time at 40 hours per week at a rate of \$15 per hour. The additional cleaning service personnel would be hired on a temporary basis because of the pandemic. The cleaning service contract will be for the 16 weeks of the fall semester. The additional personnel may be needed in the following spring semester, but the need has yet to be determined. The total calculation is then multiplied by 50% of the total number of enrolled students rounded to the nearest thousand students.

Case Framework

The following section provides in detail components of the values used in the linear programming model with a goal of determining a contingency plan to reopen the University in the fall. The model seeks to maximize the capacity of classroom seats available to allow for the most students to be offered on-campus classes. The greatest obstacle in achieving the maximum capacity is the University's strict adherence to the CDC's social distancing guideline of individuals' need to remain six feet apart from one another.

Background

The University is a regional comprehensive university with an AACSB-accredited College of Business located in the southeastern United States. It has developed a task force whose mission is to develop a contingency plan to safeguard the continued health and safety of its students, faculty, and staff while also ensuring the financial stability of the University. Members of the task force seek to determine the maximum number of classroom seats available to accommodate students attending on-campus classes at any one time while ensuring the seats are six feet apart per CDC guidelines. University officials have a goal of having only 20% of classes offered via remote instruction. Officials understand students' desire to attend classes on campus, therefore, they have a substantial goal of offering 80% of classes on campus.

Resource Requirements

Following the recommendation of CDC guidelines, the University is requiring that all students wear a face covering while on campus, when in classrooms, when in shared office spaces, and when social distancing is not possible. As a result, the University will be providing one face mask free of charge to every student who will attend on-campus classes during the fall semester. The exact number of face masks

needed will be found by executing Excel Solver. For the purpose of the constraint, university officials suggest using 13,000 - the total number of enrolled students rounded to the nearest thousand - as the right-hand side value.

Due to the increased number of exams being taken via remote instruction, students have been taking exams without the presence of a proctor. Officials have realized the need to use a virtual testing and proctoring service to assist students in maintaining integrity. At a cost of \$39.60 per student, a budget of \$425,000 has been allocated for the additional service.

As a result of more students being enrolled in virtual classes, an increased demand in servers and digital storage capacity has occurred. The IT Director has seen several servers crash since the beginning of the pandemic due to the vast increase in use. The director has estimated that \$500,000 be allocated to purchase 20 additional servers and digital storage.

University officials understand students' desire to attend on-campus classes. The majority of students have overwhelmingly expressed their frustration in not being able to attend on-campus classes as they believe that the classroom proves to be better for their educational process than attending classes remotely. Officials have estimated that each on-campus student will attend four classes per week while a maximum of 26,950 classroom seats has been calculated to be available at any one time to maximize capacity while also adhering to social distancing guidelines.

To accommodate the increased need to thoroughly clean and increase sanitizing efforts of all buildings on campus, additional cleaning service personnel will need to be hired. At a rate of \$14.77 per hour, it is estimated that ten cleaning service personnel will be needed for the fall semester. The Facilities and Operations Director has estimated an additional \$150,000 will need to be allotted to accommodate the additional personnel.

Problem Statement

The University Coronavirus Task Force would like to have a simple linear programming model developed. The objective of the model will be to determine the number of students to attend virtual classes and the number of students to attend on-campus classes in an effort to maximize capacity of classroom seats to accommodate students attending on-campus classes. The Director of the Finance and Administration Department insists that all requirements produce positive results in order to receive funding.

Solution

Legend

X_1 = number of students to attend virtual classes

X_2 = number of students to attend on-campus classes

Objective Function

$$\text{MAX } 0.20X_1 + 0.80X_2$$

Subject to the constraints

1.	$X_1 + X_2$	=	13,000*	Enrolled students
2.	X_2	≤	13,000	Face mask requirement
3.	$39.60X_1$	≤	425,000	Virtual testing and proctoring
4.	$20X_1$	≤	500,000	Distance technology requirement
5.	$4X_2$	≤	26,950	Social distancing requirement
6.	$14.77X_2$	≤	150,000	Cleaning service requirement
7.	X_1, X_2	≥	0	Non-negativity requirement

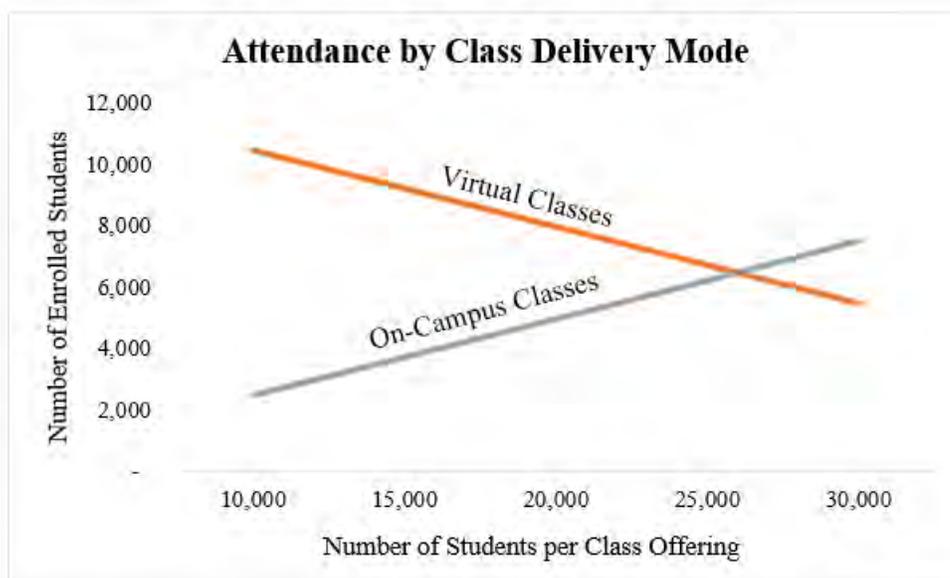
**Rounded to nearest thousand*

Findings

The above information was inputted into an Excel spreadsheet and assessed using Excel Solver to perform a what-if analysis. Running Solver provided outputs from which the following recommendations have been made. Table 1 provides the linear programming model with all requirements and resulting outputs.

Exactly 13,000 students were accounted for given university officials' request to round the enrolled number of students from 12,872 to 13,000. Although 13,000 face masks were budgeted, only 6,738 face masks will be needed to provide one university-logo face mask for each student permitted to attend on-campus courses for the fall semester. To accommodate order requirements, the number of face masks ordered will be rounded up to the next thousand units resulting in an order of 7,000 face masks. At a wholesale price of \$2.50 per mask, the total cost of the order will be \$17,500. Despite an estimated expense of \$425,000 being allotted for virtual testing and proctoring services, only \$247,995 will be needed to fulfill the requirement. The \$500,000 expense estimated for additional servers and other distance technology proved to be much greater than the \$125,250 needed to fulfill the requirement. As estimated, exactly 26,950 classroom seats will ensure that all

inputs with each value's respective X_1 and X_2 resulting outputs was created. The model was rerun varying the seats available between a range of 10,000 to 30,000 seats in increments of 5,000. The model produced outputs of 10,500 to 5,500 students to attend virtual classes via remote instruction. The same manipulations produced outputs of 2,500 to 7,500 students to attend on-campus classes. Figure 1 is a graphical depiction of the inputs of available classroom seats with the resulting outputs of the number of students to attend virtual classes and on-campus classes.



orange line: number of students attending virtual classes via remote instruction
 gray line: number of students attending on-campus classes

Figure 1
Graph of Attendance by Class Delivery Mode

KEY TAKEAWAYS

The linear programming model has provided output values for each of the noted constraints as they pertain to students returning to campus. Additionally, the objective function has been to maximize capacity of students to attend on-campus classes. The following information provides a summation of the model's findings.

After analyzing the outputs for each of the resource requirements, the contingency plan will cost the University \$490,258. Although the cost may seem extensive, it is worth noting that the estimates gathered to prepare the budget totaled

\$1,107,500. In theory, the University will need to spend only 44.27% of its budgeted estimates, resulting in a projected cost savings of 55.73%, \$617,242, of its initial calculations.

The cost components of the plan are as follows. Satisfying the requirement of each student to attend on-campus classes to be provided one face mask at no charge (while rounding the order to the nearest thousand units), 7,000 face masks are needed resulting in a total cost of \$17,500. At a cost of \$39.60 per student the virtual testing and proctoring service will cost the University \$247,995 to provide services to the 6,263 students that will attend classes via remote instruction. In an effort to keep up with the increased technological demands imposed on university servers by students taking classes via remote instruction, the University will need to purchase 20 additional servers at an actual cost of \$125,250. Lastly, to increase cleaning and sanitizing efforts of all building on campus once students return to attend on-campus classes, an additional ten cleaning service personnel will need to be hired at a total cost of \$99,513 for the fall semester.

The key determinant of the linear programming model is the social distancing requirement. Changing other requirements does not have a strong bearing on the model's feasibility, yet by changing the social distancing requirement's right-hand side value either too small or too large will result in an infeasible solution while also drastically changing the resulting output values of the X_1 and X_2 decision variables. All other constraints do not have the same degree of sensitivity when changing their respective right-hand side values.

As previously noted, 28% of students will not be satisfied because they will not be permitted to attend on-campus classes due to seating limitations. One issue the University faces is how to improve the students' satisfaction to taking classes via remote instruction. One solution would be to provide students taking virtual classes with a simple and effective method, free of charge, to take virtually proctored exams. Providing the virtual testing and proctoring service will allow such students with an easy and effective solution to take the exams while not adding an additional burden to students' expenses as most virtual proctoring services are costly and paid per use by students.

Another solution to improve the satisfaction of students taking virtual classes would be to increase the number of servers for student use. Doing so should help mitigate hindrances from slow university technological components which could allow for greater efficiency for students when taking classes via remote instruction. The increased server usage would help ensure students have ample digital storage solutions to store their academic work safely and effectively.

CONCLUSION

Taking action during an emergency such as the one brought about by the global coronavirus pandemic has required organizations to attain one, if not all three, plan(s) of action: disaster recovery, contingency planning, and business continuity planning. Each strategy is beneficial, yet having a contingency plan prepared before the need to implement arises could prove invaluable for the financial health and permanence of the organization. Using a linear programming model can assist contingency managers with determining the correct quantity of resources needed to optimize each resource's benefit. Despite the contingency plan's added cost to the University's budget, failing to have a plan could prove disastrous to the efficiency and effectiveness of university operations, while potentially losing students due to their dissatisfaction of the University's response to an emergency such as a pandemic.

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