# THE APPALACHIAN REGION: A DATA OVERVIEW FROM THE 2016-2020 AMERICAN COMMUNITY SURVEY Chartbook 

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## FOREWORD

The data contained in this Chartbook describe how residents in the Appalachian Region were faring before and during the initial 10 months of the COVID-19 pandemic that began in March 2020. As such, these numbers do not measure the social and economic impact of the outbreak beyond 2020. As data from the pandemic and postpandemic period are released in the coming years, these figures can serve as a point of comparison that ultimately can enable data users to better measure the pandemic's effect on Appalachia's social and economic dynamics.

Most of the data come from the 2016-2020 American Community Survey. While the types of demographic and housing data included in Chapters 1 through 4 were also collected in the 2010 and 2020 decennial censuses, the types of social and economic data included in Chapters 5 through 12 were not. This is because unlike previous censuses-which consisted of a "short form" of basic demographic and housing questions and a "long form" (used for a sample of households) that also asked detailed questions about social, economic, and housing characteristics-the 2010 and 2020 censuses only had a short form.

The decennial long form has been replaced by the American Community Survey (ACS), a nationwide study collected continuously every year in every county in the United States. The ACS is designed to provide communities with reliable and timely demographic, social, economic, and housing data each year. However, the annual sample size of the ACS is much smaller than the sample size of the decennial census long form; therefore, data from five years must be combined to provide reliable estimates for geographic areas with fewer than 20,000 people. Since many counties in the Appalachian Region have fewer than 20,000 residents, we must use the 2016-2020 ACS data to have comparable statistics for all 423 counties in the Region.

The ACS five-year estimates for 2016-2020 represent concepts that are fundamentally different from those associated with data from the decennial census. While the main function of the census is to provide counts of people for congressional apportionment and legislative redistricting, the primary purpose of the ACS is to measure the changing characteristics of the U.S. population. Moreover, while the decennial census provides a "snapshot" of the U.S. population once every 10 years, the ACS has been described as a "moving video image" that is continually updated. Finally, while the census provides "point in time" estimates designed to approximate an area's characteristics on a specific date, the ACS provides "period" estimates that represent data collected over a period of time. The five-year estimates in this chartbook, therefore, are data collected over the five-year (or 60-month) period from January 2016 through December 2020. These ACS estimates are not averages of monthly or annual values, but rather an aggregation of data collected over the five-year period.

For areas with consistent population characteristics throughout the calendar year, ACS period estimates might not differ much from those that would result from a point-in-time survey like the decennial census. However, ACS period estimates might be noticeably different from point-in-time estimates for areas with seasonal populations or those that experience a natural disaster such as a hurricane. For example, a resort community in the upper Midwest might be dominated by locals in the winter months and by temporary workers and tourists in the summer months, with a corresponding decrease in employment rates during the winter and increase in these rates during the summer. In such a community, the ACS period estimate of the percent of persons in the labor force, which is based on data across the entire calendar year, would likely be higher than a decennial census point-in-time estimate from April 1.

And with two non-overlapping five-year periods (2016-2020 and 2011-2015), we can study trends in the data. However, the Census Bureau recommends caution in some instances, due to the changes in question wording and the coding of responses-such as changes in some of the age categories reported in the questions for health insurance coverage. And in some years, the ACS has added or removed certain questions. For example, the ACS added questions on computer and Internet access in 2013. As a result, 2011-2015 data for these items are not available to measure trends. And for the 2016-2020 ACS, the Census Bureau refined its methodology to minimize the effect of nonresponse bias on the data collected in 2020 due to the COVID-19 pandemic. More information about comparing the 2011-2015 and 2016-2020 ACS data is available on the Web page, "Comparing 2011-2015 ACS 5year and 2016-2020 ACS 5-year", through the Census Bureau's website.

While ACS five-year data are needed to provide reliable estimates for areas with small populations, they can make it difficult to track trends in these areas. The 2016-2020 ACS data illustrates this problem, as they are for a time period that covers two distinct periods of economic activity: the four years and two months prior to the outbreak of the COVID-19 pandemic in the United States (January 2016 through February 2020), and the first 10 months after the pandemic hit (March through December 2020). Since the 2016-2020 ACS pools data from both periods, it will smooth
out the extreme variations in the social and economic measures that would be evident in annual data from this fiveyear period.

The data in Chapters 1 through 3 come not from the ACS, but instead from the postcensal population estimates from the Census Bureau's Population Division. Every year, the Census Bureau produces July 1 estimates for years following the most recent decennial census, using current data on births, deaths, and migration. These estimates, which the Census Bureau revises and updates every year, are available for every U.S. county by age, sex, race, and Hispanic origin. And not only are the Population Estimates data more timely than the five-year ACS estimates, they also are considered the official population estimates for the geographic areas shown in this chartbook. In fact, the data from the Population Estimates Program serve as the control totals for the ACS estimates.

This year's Chartbook includes two appendices. Appendix A uses selected demographic and socioeconomic measures to provide an overview comparing rural Appalachia (defined here as nonmetropolitan counties not adjacent to any metropolitan area) to rural areas outside the Appalachian Region. (It also includes a map showing the location of these rural counties.) Appendix B contains two reference maps-one of the five Appalachian subregions, and one of the five rural-urban county types. Both the subregions and county types are referenced throughout the report.

## CHAPTER 1: POPULATION BASICS

Table 1.1: Population, Land Area, and Population Density in the Appalachian Region, July 1, 2020

| Population, Land Area, and Density | Population, July 1, 2020 | Change Since July 1,2010 |  | Land Area (Square Miles) | Population per Square Mile of Land Area, July 1, 2020 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Number | Percent |  |  |
| United States | 329,484,123 | + 20,156,980 | + 6.5 | 3,533,038 | 93.3 |
| Appalachian Region | 26,058,734 | + 514,165 | + 2.0 | 205,840 | 126.6 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | 7,968,148 | - 283,725 | - 3.4 | 56,396 | 141.3 |
| North Central Appalachia | 2,501,851 | - 55,923 | -2.2 | 29,923 | 83.6 |
| Central Appalachia | 1,850,418 | -69,397 | -3.6 | 29,773 | 62.2 |
| South Central Appalachia | 5,226,870 | + 251,846 | + 5.1 | 35,866 | 145.7 |
| Southern Appalachia | 8,511,447 | + 671,364 | + 8.6 | 53,883 | 158.0 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 6,195,990 | + 342,157 | + 5.8 | 18,817 | 329.3 |
| Small Metros (pop. <1 million) | 11,134,272 | + 308,169 | + 2.8 | 55,213 | 201.7 |
| Nonmetro, Adjacent to Large Metros | 2,304,132 | - 9,747 | - 0.4 | 25,847 | 89.1 |
| Nonmetro, Adjacent to Small Metros | 3,945,158 | - 49,863 | - 1.2 | 58,598 | 67.3 |
| Rural (nonmetro, not adj. to a metro) | 2,479,182 | - 76,551 | -3.0 | 47,364 | 52.3 |
| Alabama | 4,921,532 | + 136,018 | + 2.8 | 50,647 | 97.2 |
| Appalachian Alabama | 3,159,772 | + 92,143 | +3.0 | 25,763 | 122.6 |
| Non-Appalachian Alabama | 1,761,760 | + 43,875 | + 2.6 | 24,884 | 70.8 |
| Georgia | 10,710,017 | +997,808 | + 10.3 | 57,717 | 185.6 |
| Appalachian Georgia | 3,375,098 | + 434,287 | + 14.8 | 11,380 | 296.6 |
| Non-Appalachian Georgia | 7,334,919 | + 563,521 | + 8.3 | 46,337 | 158.3 |
| Kentucky | 4,477,251 | + 128,787 | + 3.0 | 39,492 | 113.4 |
| Appalachian Kentucky | 1,156,745 | - 29,008 | -2.4 | 18,230 | 63.5 |
| Non-Appalachian Kentucky | 3,320,506 | + 157,795 | + 5.0 | 21,261 | 156.2 |
| Maryland | 6,055,802 | + 267,018 | + 4.6 | 9,711 | 623.6 |
| Appalachian Maryland | 250,055 | - 2,784 | -1.1 | 1,529 | 163.5 |
| Non-Appalachian Maryland | 5,805,747 | + 269,802 | + 4.9 | 8,182 | 709.6 |
| Mississippi | 2,966,786 | -3,829 | -0.1 | 46,924 | 63.2 |
| Appalachian Mississippi | 621,228 | - 7,722 | -1.2 | 12,401 | 50.1 |
| Non-Appalachian Mississippi | 2,345,558 | + 3,893 | + 0.2 | 34,523 | 67.9 |
| New York | 19,336,776 | -63,180 | -0.3 | 47,124 | 410.3 |
| Appalachian New York | 1,008,502 | - 57,364 | -5.4 | 11,682 | 86.3 |
| Non-Appalachian New York | 18,328,274 | -5,816 | + 0.0 | 35,442 | 517.1 |
| North Carolina | 10,600,823 | + 1,026,237 | + 10.7 | 48,623 | 218.0 |
| Appalachian North Carolina | 2,043,154 | + 90,746 | + 4.6 | 12,752 | 160.2 |
| Non-Appalachian North Carolina | 8,557,669 | + 935,491 | + 12.3 | 35,871 | 238.6 |
| Ohio | 11,693,217 | + 153,768 | +1.3 | 40,859 | 286.2 |
| Appalachian Ohio | 1,979,210 | - 62,844 | -3.1 | 15,978 | 123.9 |
| Non-Appalachian Ohio | 9,714,007 | + 216,612 | +2.3 | 24,881 | 390.4 |
| Pennsylvania | 12,783,254 | + 71,848 | + 0.6 | 44,742 | 285.7 |
| Appalachian Pennsylvania | 5,619,275 | - 173,440 | - 3.0 | 36,443 | 154.2 |
| Non-Appalachian Pennsylvania | 7,163,979 | + 245,288 | +3.5 | 8,299 | 863.2 |
| South Carolina | 5,218,040 | + 582,194 | + 12.6 | 30,064 | 173.6 |
| Appalachian South Carolina | 1,355,349 | + 152,656 | + 12.7 | 4,338 | 312.4 |
| Non-Appalachian South Carolina | 3,862,691 | + 429,538 | + 12.5 | 25,726 | 150.1 |
| Tennessee | 6,886,834 | + 531,316 | +8.4 | 41,232 | 167.0 |
| Appalachian Tennessee | 2,964,813 | + 176,450 | + 6.3 | 20,123 | 147.3 |
| Non-Appalachian Tennessee | 3,922,021 | + 354,866 | + 9.9 | 21,110 | 185.8 |
| Virginia | 8,590,563 | + 566,559 | + 7.1 | 39,482 | 217.6 |
| Appalachian Virginia | 740,746 | - 29,477 | - 3.8 | 11,180 | 66.3 |
| Non-Appalachian Virginia | 7,849,817 | + 596,036 | + 8.2 | 28,302 | 277.4 |
| West Virginia (entire state) | 1,784,787 | -69,478 | -3.7 | 24,041 | 74.2 |

Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

Figure 1.1: Population Distribution in the Appalachian Region, July 1, 2020


Map Title: Population Distribution in the Appalachian Region, July 1, 2020 Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

Of the 329.5 million persons in the United States as of July 1, 2020, 26.1 million lived in the Appalachian Region514,000 more than on July 1, 2010. Yet the population of the Region's 423 counties varied greatly. On one hand, almost two-thirds of the counties had populations of fewer than 50,000 people, and 127 counties had fewer than 20,000 residents. On the other hand, pockets of the Appalachian population lived in large and mid-sized metropolitan areas, including Pittsburgh, Birmingham, and the Atlanta suburbs. Allegheny County, Pennsylvania (where Pittsburgh is located) had more than 1.2 million residents in 2020.

Figure 1.2: Population Change in the Appalachian Region, July 1, 2010 to July 1, 2020


Map Title: Population Change in the Appalachian Region, July 1, 2010 to July 1, 2020
Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.
The Appalachian Region's population grew by 2 percent between 2010 and 2020-less than one-third the national average of 6.5 percent. Demographic change in this decade has been even slower in much of Appalachia-in fact, the Appalachian sections of eight states (including all of West Virginia) have actually lost population since mid-2010. Indeed, those eight states had 219 of the 269 Appalachian counties that lost residents since 2010. On the other hand, 60 counties in Appalachia grew at or above the national rate during this period. Of these counties, 54 were in the five Southern states (Alabama, Georgia, the Carolinas, and Tennessee) whose Appalachian sections gained population. Indeed, at 8.6 percent, Southern Appalachia was the only subregion where the rate of population growth exceeded the national average. Population growth was particularly high in the Appalachian parts of Georgia and South Carolina, with increases of 14.8 percent and 12.7 percent, respectively. Many counties with college towns-such as Tuscaloosa County, Alabama (Tuscaloosa); Pickens County, South Carolina (Clemson); and Monongalia County, West Virginia (Morgantown)—also experienced rapid growth since 2010.

Figure 1.3: Population per Square Mile of Land Area in the Appalachian Region, July 1, 2020


Map Title: Population per Square Mile of Land Area in the Appalachian Region, July 1, 2020 Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

While Appalachia's population density was noticeably greater than the United States as a whole in 2020, less than two-fifths of the Region's counties had population concentrations at or above the national average. Most of the highdensity counties were in metropolitan areas, both large (Pittsburgh, Birmingham, suburban Atlanta) and small (Huntington, West Virginia-Ashland, Kentucky; Greenville, South Carolina).

## BASIC POPULATION TRENDS

- Appalachia had a population of 26.1 million in 2020 -just over 514,000 more residents than it had in mid-2010 (see Table 1.1). Although this was a larger increase than between 2010 and 2019, growth in the Region as a whole has still been slow at 2 percent; by comparison, the United States as a whole grew 6.5 percent between 2010 and 2020.
- Most of Appalachia, in fact, has lost population since 2010. West Virginia and the Appalachian portions of seven other states had fewer residents in 2020 than they did 10 years earlier. And in five of those states-New York, Ohio, Pennsylvania, Virginia, and West Virginia-the population loss was at least 3 percent. Appalachian counties outside metropolitan areas also lost people between 2010 and 2020 -indeed, 191 of the 269 counties classified in one of the three nonmetropolitan county types suffered population declines. And as a group, the most rural Appalachian counties lost 3 percent of their 2010 population. In many counties, post-2010 population losses have continued longstanding demographic trends going back several decades.
- In contrast to the other three subregions, South Central and Southern Appalachia added residents between 2010 and 2020. Population growth in Southern Appalachia, in fact, was 8.6 percent-more than two percentage points above the national rate. The five states whose Appalachian sections have grown since 2010 were all in the South—Alabama, Georgia, North Carolina, South Carolina, and Tennessee. Georgia's and South Carolina's Appalachian sections have grown especially rapidly since 2010, with increases exceeding 12 percent in each case.
- Several possible factors account for the rapid growth in some parts of Appalachia. For example, slightly more than half of the 60 counties whose post-2010 growth exceeded the national average have been classified as "retirement destination" counties by the Economic Research Service (ERS) of the U.S. Department of Agriculture. Many high-growth areas also benefit from being part of a major research university, such as the University of Tennessee (Knox County), West Virginia University (Monongalia County), or Clemson University (Pickens County, South Carolina). Yet the major single factor may well be a diversified economy. Of the 60 rapid-growth Appalachian counties, 37 are part of metropolitan areas, and 25 (including 22 of the 37 in metros) have been classified as "nonspecialized" by ERS—meaning that they weren't dependent on a single economic sector.


## CHAPTER 2: AGE

Table 2.1: Population in the Appalachian Region by Age Group, July 1, 2020

| Population by Age Group | Total Population, July 1, 2020 | Percent of Population |  |  |  | Median Age (Years) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Under Age 18 | $\begin{gathered} \text { Ages } \\ 18-24 \end{gathered}$ | $\begin{aligned} & \text { Ages } \\ & \text { 25-64 } \end{aligned}$ | Ages 65 and over |  |
| United States | 329,484,123 | 22.1 | 9.1 | 51.9 | 16.9 | 38.6 |
| Appalachian Region | 26,058,734 | 20.9 | 9.0 | 50.8 | 19.2 | 41.4 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 7,968,148 | 19.4 | 9.2 | 50.5 | 20.9 | 42.9 |
| North Central Appalachia | 2,501,851 | 20.4 | 8.9 | 50.6 | 20.1 | 42.3 |
| Central Appalachia | 1,850,418 | 21.2 | 8.2 | 50.9 | 19.7 | 42.4 |
| South Central Appalachia | 5,226,870 | 19.8 | 9.1 | 50.4 | 20.7 | 42.8 |
| Southern Appalachia | 8,511,447 | 23.0 | 9.1 | 51.5 | 16.5 | 38.9 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 6,195,990 | 22.1 | 8.3 | 52.5 | 17.1 | 40.0 |
| Small Metros (pop. <1 million) | 11,134,272 | 20.5 | 9.6 | 50.7 | 19.2 | 41.1 |
| Nonmetro, Adjacent to Large Metros | 2,304,132 | 21.0 | 9.1 | 50.0 | 19.9 | 42.0 |
| Nonmetro, Adjacent to Small Metros | 3,945,158 | 20.2 | 8.3 | 49.9 | 21.6 | 43.9 |
| Rural (nonmetro, not adj. to a metro) | 2,479,182 | 20.7 | 9.2 | 49.6 | 20.6 | 42.4 |
| Alabama | 4,921,532 | 22.1 | 9.1 | 51.0 | 17.8 | 39.5 |
| Appalachian Alabama | 3,159,772 | 22.0 | 8.9 | 51.5 | 17.7 | 39.7 |
| Non-Appalachian Alabama | 1,761,760 | 22.3 | 9.4 | 50.3 | 18.0 | 39.2 |
| Georgia | 10,710,017 | 23.3 | 9.5 | 52.4 | 14.7 | 37.3 |
| Appalachian Georgia | 3,375,098 | 24.3 | 8.9 | 52.1 | 14.7 | 38.2 |
| Non-Appalachian Georgia | 7,334,919 | 22.9 | 9.8 | 52.6 | 14.7 | 36.9 |
| Kentucky | 4,477,251 | 22.4 | 9.2 | 51.2 | 17.2 | 39.2 |
| Appalachian Kentucky | 1,156,745 | 21.9 | 8.7 | 50.8 | 18.6 | 41.2 |
| Non-Appalachian Kentucky | 3,320,506 | 22.6 | 9.4 | 51.3 | 16.7 | 38.6 |
| Maryland | 6,055,802 | 22.0 | 8.6 | 53.1 | 16.3 | 39.2 |
| Appalachian Maryland | 250,055 | 20.0 | 9.1 | 51.6 | 19.4 | 41.7 |
| Non-Appalachian Maryland | 5,805,747 | 22.1 | 8.6 | 53.1 | 16.2 | 39.1 |
| Mississippi | 2,966,786 | 23.4 | 9.4 | 50.4 | 16.9 | 38.3 |
| Appalachian Mississippi | 621,228 | 22.9 | 10.2 | 49.3 | 17.6 | 38.5 |
| Non-Appalachian Mississippi | 2,345,558 | 23.5 | 9.2 | 50.6 | 16.6 | 38.2 |
| New York | 19,336,776 | 20.6 | 8.9 | 53.0 | 17.4 | 39.4 |
| Appalachian New York | 1,008,502 | 19.2 | 12.4 | 48.2 | 20.3 | 41.4 |
| Non-Appalachian New York | 18,328,274 | 20.7 | 8.7 | 53.3 | 17.3 | 39.3 |
| North Carolina | 10,600,823 | 21.8 | 9.4 | 51.7 | 17.1 | 39.2 |
| Appalachian North Carolina | 2,043,154 | 19.6 | 8.6 | 50.4 | 21.4 | 43.6 |
| Non-Appalachian North Carolina | 8,557,669 | 22.3 | 9.6 | 52.1 | 16.1 | 38.3 |
| Ohio | 11,693,217 | 22.0 | 9.0 | 51.1 | 17.9 | 39.6 |
| Appalachian Ohio | 1,979,210 | 21.3 | 8.4 | 50.2 | 20.0 | 42.2 |
| Non-Appalachian Ohio | 9,714,007 | 22.1 | 9.1 | 51.3 | 17.5 | 39.1 |
| Pennsylvania | 12,783,254 | 20.5 | 8.8 | 51.6 | 19.1 | 40.9 |
| Appalachian Pennsylvania | 5,619,275 | 19.1 | 8.9 | 51.0 | 21.1 | 43.2 |
| Non-Appalachian Pennsylvania | 7,163,979 | 21.6 | 8.7 | 52.0 | 17.7 | 39.4 |
| South Carolina | 5,218,040 | 21.4 | 9.0 | 50.9 | 18.7 | 40.1 |
| Appalachian South Carolina | 1,355,349 | 22.2 | 9.3 | 50.9 | 17.5 | 39.1 |
| Non-Appalachian South Carolina | 3,862,691 | 21.2 | 8.9 | 50.9 | 19.1 | 40.5 |
| Tennessee | 6,886,834 | 22.0 | 8.9 | 52.0 | 17.1 | 39.1 |
| Appalachian Tennessee | 2,964,813 | 20.4 | 8.7 | 51.0 | 20.0 | 42.1 |
| Non-Appalachian Tennessee | 3,922,021 | 23.2 | 9.0 | 52.8 | 15.0 | 37.1 |
| Virginia | 8,590,563 | 21.7 | 9.3 | 52.7 | 16.3 | 38.7 |
| Appalachian Virginia | 740,746 | 18.0 | 10.9 | 49.1 | 22.0 | 44.0 |
| Non-Appalachian Virginia | 7,849,817 | 22.1 | 9.2 | 53.0 | 15.8 | 38.3 |
| West Virginia (entire state) | 1,784,787 | 20.0 | 8.6 | 50.5 | 20.9 | 43.0 |

Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

Figure 2.1: Percent of Population in the Appalachian Region Under Age 18, July 1, 2020


Map Title: Percent of Population in the Appalachian Region Under Age 18, July 1, 2020 Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

As of mid-2020, the share of children and youth under age 18 in the Appalachian population was slightly below the national average of 22.1 percent. And the share was actually less than 20 percent in 175 of the Region's 423 counties. Most of these counties were outside metropolitan areas, with concentrations in Pennsylvania, West Virginia, Virginia, North Carolina, and Tennessee. Yet in another 110 Appalachian counties, the share of children under age 18 matched or exceeded the national average. More than half of these counties were in Southern Appalachia, with concentrations in Georgia, Mississippi, Alabama, and South Carolina. Among the states, the Appalachian portions of Georgia, Mississippi, and South Carolina were the only three in the Region where the under-18 percentage was equal to or greater than that of the nation as a whole.

Figure 2.2: Percent of Population in the Appalachian Region Ages 18 to 24, July 1, 2020


Map Title: Percent of Population in the Appalachian Region Ages 18 to 24, July 1, 2020 Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

Although the share of young adults (ages 18 to 24) in Appalachia roughly equaled the national average in 2020, there were great variations within the Region. For example, persons in this age group made up at least 15 percent of the population in 19 counties. Nearly all of these counties are home to colleges and universities such as Mississippi State University (Oktibbeha County, Mississippi); Ohio University (Athens County, Ohio); and Virginia Tech (Montgomery County, Virginia). In contrast, 18-to-24-year-olds made up less than 7.5 percent of the population in 209 Appalachian counties. Of the counties in this latter group, 149 were outside metropolitan areas and 62 were in the most rural counties-both of which suggest a possible lack of opportunities in these communities for youth making the transition to adulthood. However, among the county types, the lowest shares in this age group ( 8.3 percent) were found in large metropolitan areas and in nonmetropolitan areas that were adjacent to small metros.

Figure 2.3: Percent of Population in the Appalachian Region Ages 25 to 64, July 1, 2020


Map Title: Percent of Population in the Appalachian Region Ages 25 to 64, July 1, 2020 Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

In both the United States and Appalachia, adults in the prime working ages (ages 25 to 64) made up a slight majority of all residents in 2020. And in 85 of the 423 Appalachian counties, the percentage of persons in this age group matched or exceeded the national average. But there were 150 counties in the Region ( 120 of which were outside metropolitan areas) where 25 -to-64-year-olds made up less than half of the population. Many of these counties-such as Tompkins County, New York, home to Cornell University and Ithaca College-house colleges and universities (and thus had a high share of their populations in the 18-to-24 age range).

Figure 2.4: Percent of Population in the Appalachian Region Ages 65 and Over, July 1, 2020


Map Title: Percent of Population in the Appalachian Region Ages 65 and Over, July 1, 2020
Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

The share of residents ages 65 and over in the Appalachian Region exceeded the national average by more than two percentage points in 2020. Moreover, the percentage of persons in this age group matched or exceeded the U.S. share in 378 of the 423 Appalachian counties-and was at least 20 percent in 258 of them. In fact, there were 40 counties in the Region where older persons made up 25 percent or more of the population, and all but four of these were outside metropolitan areas. In contrast, most of the 45 Appalachian counties with older population shares below the national average were either in metro areas or home to colleges and universities. Southern Appalachia was the only subregion where the share of older persons was below the national average of 16.9 percent. As more of the large baby boom cohorts move into this age group, the share of residents ages 65 and over will continue to increase over the coming years in both Appalachia and the nation.

Figure 2.5: Median Age of Persons in the Appalachian Region, July 1, 2020


Map Title: Median Age of Persons in the Appalachian Region, July 1, 2020
Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

At 41.4 years, the median age of the Appalachian population was nearly three years older than that of the United States as of mid-2020. Indeed, the median age of the population (the point at which half the population is older and half is younger) matched or exceeded the regional median in nearly three-fourths of Appalachia's counties. And in 145 counties-100 of which were outside metro areas-the median age was at least 45 years. Of the 39 counties with populations whose median age was younger than the national median, 25 were in Southern Appalachia-the only subregion where the overall age structure roughly resembled that of the nation. (Appalachian Georgia alone had 12 of these counties.) As the U.S. and Appalachian populations grow older, median age will almost certainly continue to rise in most of the Region's counties-with the possible exception of counties where a college or university is a major presence (such as Centre County, Pennsylvania, home to Penn State).

Table 2.2: Percentage Point Change in the Share of the Population in the Appalachian Region, by Age Group, July 1, 2010 to July 1, 2020

| Population by Age Group | Percentage Point Change in Share of Population |  |  |  | Change in Median Age (Years) |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Under Age 18 | $\begin{gathered} \text { Ages } \\ 18-24 \end{gathered}$ | $\begin{aligned} & \text { Ages } \\ & 25-64 \end{aligned}$ | Ages 65 and over |  |
| United States | -1.9 | - 0.8 | -1.1 | + 3.8 | + 1.4 |
| Appalachian Region | -1.5 | -0.7 | -2.0 | + 4.0 | +1.5 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | -1.5 | - 0.9 | -1.8 | + 4.1 | + 1.2 |
| North Central Appalachia | -1.3 | - 0.6 | -2.7 | +4.6 | +1.8 |
| Central Appalachia | -1.0 | - 0.5 | -3.1 | + 4.6 | + 2.0 |
| South Central Appalachia | -1.7 | - 0.6 | -2.2 | + 4.4 | + 2.0 |
| Southern Appalachia | -1.9 | - 0.4 | -1.5 | + 3.8 | + 1.7 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | -1.7 | - 0.5 | -1.6 | + 3.8 | + 1.4 |
| Small Metros (pop. <1 million) | -1.4 | - 0.8 | -1.8 | + 4.0 | +1.5 |
| Nonmetro, Adjacent to Large Metros | -1.5 | - 0.7 | -2.0 | +4.3 | +1.8 |
| Nonmetro, Adjacent to Small Metros | -1.5 | - 0.5 | -2.6 | + 4.6 | + 2.1 |
| Rural (nonmetro, not adj. to a metro) | -1.4 | - 0.6 | -2.6 | +4.7 | + 2.0 |
| Alabama | -1.5 | -0.9 | -1.5 | + 4.0 | +1.6 |
| Appalachian Alabama | -1.4 | - 0.9 | -1.5 | + 3.9 | +1.5 |
| Non-Appalachian Alabama | -1.8 | -1.1 | -1.4 | + 4.2 | + 2.0 |
| Georgia | -2.3 | -0.5 | -1.2 | + 4.0 | +1.9 |
| Appalachian Georgia | -2.8 | + 0.3 | -1.6 | + 4.1 | + 2.2 |
| Non-Appalachian Georgia | -2.1 | - 0.9 | -1.0 | + 3.9 | + 1.8 |
| Kentucky | -1.1 | - 0.4 | -2.3 | + 3.9 | +1.1 |
| Appalachian Kentucky | -0.8 | - 0.5 | -2.9 | + 4.2 | + 1.7 |
| Non-Appalachian Kentucky | -1.3 | - 0.3 | -2.2 | +3.7 | +1.2 |
| Maryland | -1.4 | -1.1 | -1.6 | + 4.0 | +1.2 |
| Appalachian Maryland | -1.3 | - 0.6 | -1.7 | + 3.6 | +1.3 |
| Non-Appalachian Maryland | -1.4 | -1.1 | -1.6 | + 4.1 | +1.3 |
| Mississippi | -2.0 | -0.9 | -1.1 | + 4.0 | + 2.3 |
| Appalachian Mississippi | -1.7 | - 0.6 | -1.2 | + 3.5 | +1.5 |
| Non-Appalachian Mississippi | -2.1 | -1.0 | -1.1 | + 4.1 | + 2.5 |
| New York | -1.7 | -1.3 | -1.0 | + 3.8 | +1.4 |
| Appalachian New York | -1.8 | - 0.4 | - 2.4 | + 4.7 | +1.3 |
| Non-Appalachian New York | -1.6 | - 1.4 | -0.9 | + 3.9 | +1.5 |
| North Carolina | -2.0 | -0.6 | -1.5 | +4.1 | +1.8 |
| Appalachian North Carolina | -2.2 | - 0.4 | -2.2 | + 4.8 | + 2.4 |
| Non-Appalachian North Carolina | -2.1 | - 0.6 | -1.3 | + 4.0 | + 1.9 |
| Ohio | -1.6 | -0.6 | -1.7 | + 3.8 | + 0.8 |
| Appalachian Ohio | -1.6 | - 0.6 | -2.2 | + 4.4 | + 1.6 |
| Non-Appalachian Ohio | -1.6 | - 0.6 | -1.5 | + 3.7 | + 0.8 |
| Pennsylvania | -1.4 | -1.1 | -1.1 | +3.7 | +0.7 |
| Appalachian Pennsylvania | -1.4 | -1.1 | -1.5 | + 4.1 | + 1.2 |
| Non-Appalachian Pennsylvania | -1.5 | -1.2 | - 0.8 | + 3.6 | + 0.8 |
| South Carolina | -1.9 | -1.3 | -1.8 | +5.0 | + 2.2 |
| Appalachian South Carolina | -1.4 | - 0.9 | -1.4 | + 3.6 | + 1.0 |
| Non-Appalachian South Carolina | - 2.0 | -1.4 | -1.9 | + 5.4 | + 2.8 |
| Tennessee | -1.5 | -0.7 | -1.4 | + 3.6 | +1.0 |
| Appalachian Tennessee | -1.4 | - 0.5 | -2.0 | + 4.0 | +1.5 |
| Non-Appalachian Tennessee | -1.6 | - 0.8 | -1.0 | + 3.4 | +1.1 |
| Virginia | -1.4 | - 0.7 | -1.9 | + 4.0 | +1.2 |
| Appalachian Virginia | -1.5 | - 0.8 | -2.9 | + 5.2 | + 2.7 |
| Non-Appalachian Virginia | -1.4 | -0.6 | -1.9 | + 4.0 | +1.3 |
| West Virginia (entire state) | -0.9 | -0.5 | -3.4 | +4.8 | +1.7 |

Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

## TRENDS IN AGE

- Like the United States as a whole, Appalachia's population became older between 2010 and 2020 (see Table 2.2). And it has been aging at about the same pace as the national population over this period: The median age of the Region's population (the point at which half the population is older and half is younger) rose by 1.5 years to 41.4 years over the 10 -year period.
- Some parts of the Appalachian Region are aging faster than others. For example, the median age rose by at least two years in the Appalachian sections of Georgia, North Carolina, and Virginia. Yet while the median age in 2020 was about 44 years in Appalachian North Carolina and Virginia, it was just 38.2 years in Georgia-still slightly below the U.S. median of 38.6 years (see Table 2.1). Meanwhile, the median age in Appalachian counties outside metropolitan areas rose slightly faster than in the Region's metropolitan counties. Excluding Northern Appalachia and counties in large metros, the median age increased faster than the national average among all other subregions and county types as well as in the Appalachian portions of all states except Maryland, New York, Pennsylvania, and South Carolina.
- In both the United States and Appalachia, the aging of the population has come largely at the expense of younger age groups. For example, the share of Appalachia's population under age 18 is 1.5 percentage points lower in mid-2020 than it was in mid-2010, and the share ages 25 to 64 is two points lower. The decline in the share of residents ages 25 to 64 has occurred as older members of the baby boom cohorts moved into the " 65 and over" age category. Between 2010 and 2020, the share of residents in the oldest age group increased by four percentage points in the Region-and by almost that amount nationally. The largest increases for the oldest age group were in North Central and Central Appalachia ( 4.6 points) and in the most rural counties ( 4.7 points).
- While much of Appalachia is "aging in place" (particularly with the aging of the baby boom cohorts), the migration of some older residents to retirement destinations is a factor behind the aging of some parts of the Region. For example, several Appalachian counties where the median age is at least 45 years-such as Towns County, Georgia; Transylvania County, North Carolina; and Cumberland County, Tennessee-have been designated as "retirement" counties by the Economic Research Service of the U.S. Department of Agriculture.


## CHAPTER 3: RACE AND HISPANIC ORIGIN

Table 3.1: Population in the Appalachian Region by Race and Hispanic Origin, July 1, 2020

| Population by Race and Hispanic Origin | Total Population, July 1, 2020 | Percent of Population |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | White <br> Alone, Not Hispanic | Minority |  |  |  |
|  |  |  | Total | Black Alone, Not Hispanic | Hispanic or Latino | Other, Not Hispanic |
| United States | 329,484,123 | 59.7 | 40.3 | 12.6 | 18.6 | 9.1 |
| Appalachian Region | 26,058,734 | 80.3 | 19.7 | 10.0 | 5.6 | 4.1 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 7,968,148 | 86.8 | 13.2 | 5.6 | 3.8 | 3.8 |
| North Central Appalachia | 2,501,851 | 92.2 | 7.8 | 3.1 | 1.7 | 3.0 |
| Central Appalachia | 1,850,418 | 94.2 | 5.8 | 1.9 | 1.8 | 2.0 |
| South Central Appalachia | 5,226,870 | 83.1 | 16.9 | 7.3 | 5.9 | 3.7 |
| Southern Appalachia | 8,511,447 | 66.0 | 34.0 | 19.6 | 9.0 | 5.3 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 6,195,990 | 70.0 | 30.0 | 16.5 | 7.1 | 6.4 |
| Small Metros (pop. <1 million) | 11,134,272 | 80.0 | 20.0 | 9.7 | 6.3 | 4.0 |
| Nonmetro, Adjacent to Large Metros | 2,304,132 | 86.9 | 13.1 | 6.0 | 4.2 | 2.9 |
| Nonmetro, Adjacent to Small Metros | 3,945,158 | 88.9 | 11.1 | 4.5 | 4.0 | 2.6 |
| Rural (nonmetro, not adj. to a metro) | 2,479,182 | 87.7 | 12.3 | 7.8 | 2.4 | 2.1 |
| Alabama | 4,921,532 | 65.1 | 34.9 | 26.5 | 4.6 | 3.8 |
| Appalachian Alabama | 3,159,772 | 68.9 | 31.1 | 22.4 | 5.1 | 3.5 |
| Non-Appalachian Alabama | 1,761,760 | 58.4 | 41.6 | 33.8 | 3.6 | 4.2 |
| Georgia | 10,710,017 | 51.6 | 48.4 | 31.8 | 10.0 | 6.7 |
| Appalachian Georgia | 3,375,098 | 61.6 | 38.4 | 15.9 | 14.6 | 8.0 |
| Non-Appalachian Georgia | 7,334,919 | 47.0 | 53.0 | 39.1 | 7.9 | 6.0 |
| Kentucky | 4,477,251 | 83.9 | 16.1 | 8.3 | 4.0 | 3.9 |
| Appalachian Kentucky | 1,156,745 | 94.2 | 5.8 | 1.9 | 1.9 | 2.0 |
| Non-Appalachian Kentucky | 3,320,506 | 80.2 | 19.8 | 10.5 | 4.7 | 4.5 |
| Maryland | 6,055,802 | 49.5 | 50.5 | 30.1 | 10.8 | 9.6 |
| Appalachian Maryland | 250,055 | 81.6 | 18.4 | 9.8 | 4.4 | 4.2 |
| Non-Appalachian Maryland | 5,805,747 | 48.1 | 51.9 | 31.0 | 11.1 | 9.8 |
| Mississippi | 2,966,786 | 56.3 | 43.7 | 37.5 | 3.4 | 2.9 |
| Appalachian Mississippi | 621,228 | 63.0 | 37.0 | 31.9 | 2.9 | 2.2 |
| Non-Appalachian Mississippi | 2,345,558 | 54.5 | 45.5 | 39.0 | 3.5 | 3.0 |
| New York | 19,336,776 | 55.0 | 45.0 | 14.4 | 19.3 | 11.2 |
| Appalachian New York | 1,008,502 | 87.8 | 12.2 | 3.0 | 4.0 | 5.2 |
| Non-Appalachian New York | 18,328,274 | 53.2 | 46.8 | 15.0 | 20.2 | 11.6 |
| North Carolina | 10,600,823 | 62.3 | 37.7 | 21.3 | 9.9 | 6.5 |
| Appalachian North Carolina | 2,043,154 | 78.4 | 21.6 | 9.4 | 8.1 | 4.1 |
| Non-Appalachian North Carolina | 8,557,669 | 58.5 | 41.5 | 24.2 | 10.4 | 7.0 |
| Ohio | 11,693,217 | 78.0 | 22.0 | 12.7 | 4.2 | 5.1 |
| Appalachian Ohio | 1,979,210 | 90.5 | 9.5 | 4.3 | 2.4 | 2.8 |
| Non-Appalachian Ohio | 9,714,007 | 75.5 | 24.5 | 14.4 | 4.5 | 5.5 |
| Pennsylvania | 12,783,254 | 75.3 | 24.7 | 10.9 | 8.1 | 5.7 |
| Appalachian Pennsylvania | 5,619,275 | 86.7 | 13.3 | 5.7 | 3.9 | 3.7 |
| Non-Appalachian Pennsylvania | 7,163,979 | 66.4 | 33.6 | 14.9 | 11.4 | 7.3 |
| South Carolina | 5,218,040 | 63.5 | 36.5 | 26.2 | 6.1 | 4.1 |
| Appalachian South Carolina | 1,355,349 | 71.7 | 28.3 | 16.9 | 7.2 | 4.2 |
| Non-Appalachian South Carolina | 3,862,691 | 60.7 | 39.3 | 29.5 | 5.7 | 4.1 |
| Tennessee | 6,886,834 | 73.3 | 26.7 | 16.7 | 5.9 | 4.1 |
| Appalachian Tennessee | 2,964,813 | 86.7 | 13.3 | 5.5 | 4.5 | 3.3 |
| Non-Appalachian Tennessee | 3,922,021 | 63.2 | 36.8 | 25.1 | 6.9 | 4.8 |
| Virginia | 8,590,563 | 60.8 | 39.2 | 19.1 | 10.0 | 10.1 |
| Appalachian Virginia | 740,746 | 88.7 | 11.3 | 5.5 | 2.7 | 3.1 |
| Non-Appalachian Virginia | 7,849,817 | 58.1 | 41.9 | 20.4 | 10.6 | 10.8 |
| West Virginia (entire state) | 1,784,787 | 91.8 | 8.2 | 3.5 | 1.8 | 2.9 |

Note: "Other" includes these racial groups: (a) American Indian and Alaska Native alone; (b) Asian alone; (c) Native Hawaiian and Other Pacific Islander alone; and (d) Two or more races.

Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

Figure 3.1: Percent of Population in the Appalachian Region That Is Minority, July 1, 2020


Map Title: Percent of Population in the Appalachian Region That Is Minority, July 1, 2020 Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

The Appalachian Region is significantly less racially and ethnically diverse than the United States as a whole, and most parts of the Region have remained far below the national average in their minority populations. In almost threefifths of Appalachian counties, minorities (defined as anyone who identifies with a racial or ethnic group other than "white alone, not Hispanic") made up less than 10 percent of the population in mid-2020. There were just 20 counties-all but one in Southern Appalachia and more than half in Mississippi alone-where minorities' share of the population matched or exceeded the national average of 40.3 percent.

Figure 3.2: Percent of Population in the Appalachian Region That Is Black Alone, not Hispanic, July 1, 2020


Map Title: Percent of Population in the Appalachian Region That Is Black Alone, not Hispanic, July 1, 2020 Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

While non-Hispanic African Americans have remained the largest single minority group in Appalachia as of 2020, their share of the Region's total population was still lower than in the United States as a whole. Within the Region, the largest proportions were in Southern Appalachia-the only subregion where blacks' share of the population exceeded the national average. Southern Appalachia also had 54 of the Region's 62 counties where the black share of the population matched or surpassed that of the nation-as well as 29 of the 31 where at least one in four residents were African American. At the other end of the spectrum, persons who were "black alone, not Hispanic" accounted for less than 5 percent of the residents in nearly three-fourths of Appalachian counties.

Figure 3.3: Percent of Population in the Appalachian Region That Is Hispanic or Latino, July 1, 2020


Map Title: Percent of Population in the Appalachian Region That Is Hispanic or Latino, July 1, 2020 Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

Although Hispanics are now the largest minority group in the United States, they made up only one in 18 residents in the Appalachian Region in 2020. The county patterns reflect this fact, as Hispanics were at least 5 percent of the population in just 91 of Appalachia's 423 counties, 74 of which were in Southern and South Central Appalachia. Moreover, those two subregions had 21 of the 24 counties where Latinos made up at least 10 percent of the population. And just three Appalachian counties (Gwinnett, Hall, and Whitfield-all in Georgia) had Latino population shares that matched or exceeded the national average.

Table 3.2: Percentage Point Change in the Share of the Population in the Appalachian Region, by Race and Hispanic Origin, July 1, 2010 to July 1, 2020

| Population by Race and Hispanic Origin | Percentage Point Change in Share of Population |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | White Alone, Not Hispanic | Minority |  |  |  |
|  |  | Total | Black Alone, Not Hispanic | Hispanic or Latino | Other, Not Hispanic |
| United States | -4.1 | + 4.1 | + 0.3 | + 2.2 | + 1.6 |
| Appalachian Region | -3.2 | + 3.2 | + 0.8 | + 1.4 | +1.1 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | -2.7 | + 2.7 | + 0.4 | + 1.3 | + 1.0 |
| North Central Appalachia | -1.3 | + 1.3 | + 0.1 | + 0.5 | + 0.7 |
| Central Appalachia | -1.3 | + 1.3 | + 0.1 | + 0.5 | +0.6 |
| South Central Appalachia | -2.1 | + 2.1 | + 0.1 | + 1.2 | + 0.8 |
| Southern Appalachia | -4.0 | + 4.0 | + 1.0 | + 1.5 | + 1.4 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | -5.1 | + 5.1 | + 1.7 | + 1.4 | + 2.0 |
| Small Metros (pop. <1 million) | -3.1 | + 3.1 | + 0.5 | + 1.6 | + 0.9 |
| Nonmetro, Adjacent to Large Metros | -1.9 | + 1.9 | +0.2 | +1.0 | + 0.7 |
| Nonmetro, Adjacent to Small Metros | -1.7 | + 1.7 | + 0.1 | + 1.0 | + 0.6 |
| Rural (nonmetro, not adj. to a metro) | -1.6 | +1.6 | + 0.4 | + 0.7 | +0.5 |
| Alabama | -2.0 | + 2.0 | + 0.4 | + 0.7 | +0.9 |
| Appalachian Alabama | -2.2 | + 2.2 | + 0.7 | + 0.7 | + 0.7 |
| Non-Appalachian Alabama | -1.5 | +1.5 | - 0.1 | + 0.6 | + 1.0 |
| Georgia | -4.3 | + 4.3 | + 1.6 | +1.2 | +1.7 |
| Appalachian Georgia | -6.6 | + 6.6 | + 2.7 | + 1.9 | + 2.2 |
| Non-Appalachian Georgia | -3.6 | + 3.6 | + 1.5 | + 0.8 | +1.3 |
| Kentucky | -2.5 | + 2.5 | + 0.6 | +0.9 | +1.1 |
| Appalachian Kentucky | -1.2 | + 1.2 | +0.1 | + 0.5 | + 0.6 |
| Non-Appalachian Kentucky | -2.8 | + 2.8 | + 0.5 | + 1.0 | +1.2 |
| Maryland | -5.2 | + 5.2 | +1.0 | + 2.6 | +1.6 |
| Appalachian Maryland | -4.8 | + 4.8 | + 1.8 | + 1.8 | +1.2 |
| Non-Appalachian Maryland | -5.2 | + 5.2 | + 0.9 | + 2.6 | +1.6 |
| Mississippi | -1.7 | +1.7 | +0.6 | + 0.6 | + 0.6 |
| Appalachian Mississippi | -1.8 | +1.8 | + 0.6 | + 0.6 | + 0.6 |
| Non-Appalachian Mississippi | -1.7 | +1.7 | + 0.6 | + 0.6 | + 0.5 |
| New York | -3.4 | + 3.4 | - 0.2 | + 1.6 | +1.9 |
| Appalachian New York | -2.3 | + 2.3 | + 0.4 | + 0.9 | + 1.0 |
| Non-Appalachian New York | -3.4 | + 3.4 | - 0.3 | + 1.7 | + 2.0 |
| North Carolina | -3.0 | +3.0 | + 0.1 | +1.5 | + 1.5 |
| Appalachian North Carolina | -2.3 | + 2.3 | +0.2 | +1.3 | + 0.8 |
| Non-Appalachian North Carolina | -2.9 | +2.9 | -0.1 | +1.6 | +1.6 |
| Ohio | - 3.2 | + 3.2 | + 0.6 | +1.1 | +1.5 |
| Appalachian Ohio | - 1.4 | + 1.4 | + 0.0 | + 0.8 | + 0.6 |
| Non-Appalachian Ohio | - 3.4 | + 3.4 | + 0.6 | + 1.1 | +1.6 |
| Pennsylvania | -4.2 | + 4.2 | +0.4 | + 2.4 | +1.4 |
| Appalachian Pennsylvania | -2.9 | + 2.9 | + 0.3 | + 1.5 | + 1.1 |
| Non-Appalachian Pennsylvania | -4.7 | + 4.7 | + 0.1 | + 2.9 | +1.6 |
| South Carolina | -0.6 | + 0.6 | -1.5 | +1.0 | +1.1 |
| Appalachian South Carolina | -2.6 | + 2.6 | + 0.0 | + 1.5 | + 1.1 |
| Non-Appalachian South Carolina | + 0.1 | -0.1 | -2.0 | + 0.8 | +1.1 |
| Tennessee | -2.4 | + 2.4 | + 0.1 | +1.3 | +1.0 |
| Appalachian Tennessee | -2.1 | + 2.1 | +0.1 | +1.2 | + 0.8 |
| Non-Appalachian Tennessee | -2.2 | + 2.2 | - 0.3 | +1.3 | +1.2 |
| Virginia | -4.1 | + 4.1 | + 0.0 | + 2.1 | + 2.0 |
| Appalachian Virginia | -1.8 | + 1.8 | + 0.2 | + 0.8 | + 0.8 |
| Non-Appalachian Virginia | -4.1 | + 4.1 | -0.2 | + 2.0 | + 2.1 |
| West Virginia (entire state) | -1.4 | +1.4 | +0.1 | + 0.6 | + 0.7 |

Note: "Other" includes these racial groups: (a) American Indian and Alaska Native alone; (b) Asian alone; (c) Native Hawaiian and Other Pacific Islander alone; and (d) Two or more races.
Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.

Figure 3.4: Percentage Point Change in the Share of the Population in the Appalachian Region That Is Black Alone, not Hispanic, July 1, 2010 to July 1, 2020


Map Title: Percentage Point Change in the Share of the Population in the Appalachian Region That Is Black Alone, not Hispanic, July 1, 2010 to July 1, 2020
Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.
Although African Americans' share of the U.S. population barely changed between 2010 and 2020, their share of the Appalachian population increased almost a full percentage point, from 9.2 percent to 10 percent. And there were 43 counties-about evenly divided between those with sizeable and those with small African American concentrationswhere blacks' share of the population increased by at least that much. (Most of these counties were in three statesAlabama, Georgia, and Mississippi.) The share in Appalachian Georgia alone increased by nearly three percentage points. Yet in 82 of Appalachia's 423 counties, the African American share of the population has actually decreased from its level in 2010. Counties in the latter group were largely scattered throughout the Appalachian Region.

Figure 3.5: Percentage Point Change in the Share of the Population in the Appalachian Region That Is Hispanic or Latino, July 1, 2010 to July 1, 2020


Map Title: Percentage Point Change in the Share of the Population in the Appalachian Region That Is Hispanic or Latino, July 1, 2010 to July 1, 2020
Data Source: U.S. Census Bureau, Vintage 2020 Population Estimates.
The Hispanic/Latino share of the Appalachian population rose by 1.4 percentage points from 2010 to 2020—although this increase was noticeably below the national average over the past decade. Still, there were 24 counties ( 21 of which were in Georgia, Alabama, or Pennsylvania) where the Hispanic share of the population grew at or above the national rate of 2.2 percentage points. Opportunities in industries such as food processing (in Franklin County, Alabama and Luzerne County, Pennsylvania) and construction (in the counties surrounding Atlanta)-as well as in creating small businesses-have been cited as possible factors fueling this growth.

## TRENDS IN RACE AND HISPANIC ORIGIN

- The Appalachian Region has become more racially and ethnically diverse since 2010. Between July 1 of that year and July 1, 2020, the share of the population that is minority (defined as anyone who identifies with a racial or ethnic group other than "white alone, not Hispanic") rose more than three percentage points to 19.7 percent (see Tables 3.1 and 3.2). The pace of this increased diversity, however, is not as great as that of the nation, where the increase was more than four percentage points over the period.
- Within the Region, the greatest increase in racial diversity is occurring in Southern Appalachia and in counties that are part of large metropolitan areas ( 1 million population or more). Since 2010, minorities' share of the population in those two areas rose at least four percentage points-increasing more than five points in large metros. And Georgia's Appalachian section has grown even faster: The minority share of the population increased 6.6 percentage points between 2010 and 2020. Not surprisingly, these three areas have minority concentrations that come close to the national minority share of just over 40 percent ( 34 percent for Southern Appalachia, 30 percent for counties in large metros, and 38 percent for Appalachian Georgia).
- Although African Americans comprise the largest minority group in Appalachia, Hispanics generally have fueled much (and in some areas, most) of the minority increase. The Hispanic/Latino share of the Appalachian population rose 1.4 percentage points between mid-2010 and mid-2020, compared with a 0.8 point increase in the Region's African American share. The increase in the Latino population may be associated with employment opportunities in such industries as warehouse and food processing and construction, as well as in the creation of small businesses. As with the overall minority population, Southern Appalachia, large metropolitan areas, and Appalachian Georgia had the greatest increases in the black share of the total population-and showed among the largest increases in their Latino share. (Interestingly, blacks fueled a slightly larger share of the minority increase than Latinos did in large metros and Appalachian Georgia.)


## CHAPTER 4: HOUSING OCCUPANCY, TENURE, AND TYPE

Table 4.1: Occupancy and Tenure of Housing Units in the Appalachian Region, 2016-2020

| Housing Occupancy and Tenure | Total Number of Housing Units | Number of Occupied Housing Units | Percent of Total Housing Units |  | Percent of Occupied Housing Units |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Occupied | Vacant | OwnerOccupied | RenterOccupied |
| United States | 138,432,751 | 122,354,219 | 88.4 | 11.6 | 64.4 | 35.6 |
| Appalachian Region | 12,042,770 | 10,255,943 | 85.2 | 14.8 | 70.9 | 29.1 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 3,924,037 | 3,338,263 | 85.1 | 14.9 | 70.7 | 29.3 |
| North Central Appalachia | 1,196,333 | 1,006,396 | 84.1 | 15.9 | 72.9 | 27.1 |
| Central Appalachia | 897,888 | 734,208 | 81.8 | 18.2 | 72.3 | 27.7 |
| South Central Appalachia | 2,471,598 | 2,078,744 | 84.1 | 15.9 | 70.0 | 30.0 |
| Southern Appalachia | 3,552,914 | 3,098,332 | 87.2 | 12.8 | 70.7 | 29.3 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 2,651,876 | 2,390,988 | 90.2 | 9.8 | 70.7 | 29.3 |
| Small Metros (pop. <1 million) | 5,043,944 | 4,395,532 | 87.1 | 12.9 | 69.4 | 30.6 |
| Nonmetro, Adjacent to Large Metros | 1,089,844 | 902,250 | 82.8 | 17.2 | 71.9 | 28.1 |
| Nonmetro, Adjacent to Small Metros | 1,985,030 | 1,582,099 | 79.7 | 20.3 | 73.6 | 26.4 |
| Rural (nonmetro, not adj. to a metro) | 1,272,076 | 985,074 | 77.4 | 22.6 | 72.8 | 27.2 |
| Alabama | 2,270,398 | 1,888,504 | 83.2 | 16.8 | 69.2 | 30.8 |
| Appalachian Alabama | 1,434,357 | 1,215,227 | 84.7 | 15.3 | 70.6 | 29.4 |
| Non-Appalachian Alabama | 836,041 | 673,277 | 80.5 | 19.5 | 66.5 | 33.5 |
| Georgia | 4,329,675 | 3,830,264 | 88.5 | 11.5 | 64.0 | 36.0 |
| Appalachian Georgia | 1,261,938 | 1,138,451 | 90.2 | 9.8 | 71.4 | 28.6 |
| Non-Appalachian Georgia | 3,067,737 | 2,691,813 | 87.7 | 12.3 | 61.0 | 39.0 |
| Kentucky | 1,994,554 | 1,748,053 | 87.6 | 12.4 | 67.6 | 32.4 |
| Appalachian Kentucky | 549,499 | 454,072 | 82.6 | 17.4 | 71.4 | 28.6 |
| Non-Appalachian Kentucky | 1,445,055 | 1,293,981 | 89.5 | 10.5 | 66.2 | 33.8 |
| Maryland | 2,459,650 | 2,230,527 | 90.7 | 9.3 | 67.1 | 32.9 |
| Appalachian Maryland | 113,872 | 96,481 | 84.7 | 15.3 | 69.0 | 31.0 |
| Non-Appalachian Maryland | 2,345,778 | 2,134,046 | 91.0 | 9.0 | 67.0 | 33.0 |
| Mississippi | 1,330,867 | 1,116,649 | 83.9 | 16.1 | 68.8 | 31.2 |
| Appalachian Mississippi | 286,508 | 235,767 | 82.3 | 17.7 | 69.5 | 30.5 |
| Non-Appalachian Mississippi | 1,044,359 | 880,882 | 84.3 | 15.7 | 68.6 | 31.4 |
| New York | 8,362,971 | 7,417,224 | 88.7 | 11.3 | 54.1 | 45.9 |
| Appalachian New York | 519,062 | 420,761 | 81.1 | 18.9 | 69.0 | 31.0 |
| Non-Appalachian New York | 7,843,909 | 6,996,463 | 89.2 | 10.8 | 53.2 | 46.8 |
| North Carolina | 4,687,122 | 4,031,592 | 86.0 | 14.0 | 65.7 | 34.3 |
| Appalachian North Carolina | 1,009,851 | 818,301 | 81.0 | 19.0 | 70.1 | 29.9 |
| Non-Appalachian North Carolina | 3,677,271 | 3,213,291 | 87.4 | 12.6 | 64.6 | 35.4 |
| Ohio | 5,217,090 | 4,717,226 | 90.4 | 9.6 | 66.3 | 33.7 |
| Appalachian Ohio | 909,001 | 794,547 | 87.4 | 12.6 | 71.7 | 28.3 |
| Non-Appalachian Ohio | 4,308,089 | 3,922,679 | 91.1 | 8.9 | 65.2 | 34.8 |
| Pennsylvania | 5,713,345 | 5,106,601 | 89.4 | 10.6 | 69.0 | 31.0 |
| Appalachian Pennsylvania | 2,777,175 | 2,371,292 | 85.4 | 14.6 | 70.9 | 29.1 |
| Non-Appalachian Pennsylvania | 2,936,170 | 2,735,309 | 93.2 | 6.8 | 67.3 | 32.7 |
| South Carolina | 2,319,112 | 1,961,481 | 84.6 | 15.4 | 70.1 | 29.9 |
| Appalachian South Carolina | 570,111 | 508,887 | 89.3 | 10.7 | 70.0 | 30.0 |
| Non-Appalachian South Carolina | 1,749,001 | 1,452,594 | 83.1 | 16.9 | 70.1 | 29.9 |
| Tennessee | 2,996,127 | 2,639,455 | 88.1 | 11.9 | 66.5 | 33.5 |
| Appalachian Tennessee | 1,348,331 | 1,169,561 | 86.7 | 13.3 | 70.1 | 29.9 |
| Non-Appalachian Tennessee | 1,647,796 | 1,469,894 | 89.2 | 10.8 | 63.7 | 36.3 |
| Virginia | 3,537,788 | 3,184,121 | 90.0 | 10.0 | 66.7 | 33.3 |
| Appalachian Virginia | 369,450 | 298,361 | 80.8 | 19.2 | 71.6 | 28.4 |
| Non-Appalachian Virginia | 3,168,338 | 2,885,760 | 91.1 | 8.9 | 66.2 | 33.8 |
| West Virginia (entire state) | 893,615 | 734,235 | 82.2 | 17.8 | 73.7 | 26.3 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 4.1: Percent of Housing Units in the Appalachian Region That Are Occupied, 2016-2020


Map Title: Percent of Housing Units in the Appalachian Region That Are Occupied, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Although the home occupancy rate during the 2016-2020 period was slightly lower in Appalachia than in the United States as a whole, there were 74 counties in the Region that had occupancy rates matching or exceeding the national average. And while they were scattered throughout the Region, 54 of these counties were in metropolitan areas, such as Pittsburgh, the Atlanta and Birmingham suburbs, exurban Cincinnati, and Chattanooga, Tennessee. Conversely, less than four-fifths of housing units were occupied in 145 Appalachian counties-125 of which were located outside metropolitan areas.

Figure 4.2: Percent of Housing Units in the Appalachian Region That Are Vacant, 2016-2020


Map Title: Percent of Housing Units in the Appalachian Region That Are Vacant, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Nearly 15 percent of housing units in Appalachia were vacant during the 2016-2020 period, compared with just 11.6 percent for the nation as a whole. Vacancy rates varied within the Region, however. While 149 of the 423 Appalachian counties (all but 21 of which were outside metropolitan areas) had vacancy rates at or above 20 percent, another 71 counties (mostly in metro areas) had rates below the national average of 11.6 percent. It is important to note that in 137 of the 352 Appalachian counties with vacancy rates of 11.6 percent or more, at least one-third of the vacant units were designated for seasonal or occasional use-suggesting significant recreational, resort, or retirement activity in the community. Examples of such areas include the Great Smoky Mountains along the North Carolina-Tennessee border, the Greenbrier resort in West Virginia (Greenbrier County), and the Pocono Mountains in northeastern Pennsylvania.

Figure 4.3: Percent Owner-Occupied Housing Units in the Appalachian Region, 2016-2020


Map Title: Percent Owner-Occupied Housing Units in the Appalachian Region, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Homeownership was more common in the Appalachian Region than in the rest of the country in the 2016-2020 period. In all but 25 counties, the share of owner-occupied housing units matched or exceeded the national average. Indeed, the homeownership rate was at least 75 percent in 184 of Appalachia's 423 counties, scattered throughout the Region. It is important to note that in some areas, the high homeownership rates might be related to low levels of economic and residential mobility, as well as the older age structure of the Appalachian population.

Figure 4.4: Percent Renter-Occupied Housing Units in the Appalachian Region, 2016-2020


Map Title: Percent Renter-Occupied Housing Units in the Appalachian Region, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

The share of renter-occupied housing units during the 2016-2020 period was well below the national average throughout Appalachia; in fact, it was less than 25 percent in 180 of the Region's 423 counties. Among the 25 Appalachian counties where the share of renter-occupied units matched or exceeded the national average of 35.6 percent, most all are home to colleges or universities, where students make up a sizeable share of the population. Examples of these counties include Tuscaloosa County, Alabama (University of Alabama); Watauga County, North Carolina (Appalachian State University); and Cabell County, West Virginia (Marshall University).

Table 4.2: Percentage Point Change in Occupancy and Tenure of Housing Units in the Appalachian Region, 2011-2015 to 2016-2020

| Housing Occupancy and Tenure | Percentage Point Change, Share of Total Housing Units |  | Percentage Point Change, Share of Occupied Housing Units |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Occupied | Vacant | Owner-Occupied | Renter-Occupied |
| United States | + 0.7 | -0.7 | + 0.5 | - 0.5 |
| Appalachian Region | -0.1 | + 0.1 | + 0.4 | -0.4 |
| Subregions |  |  |  |  |
| Northern Appalachia | - 0.2 | + 0.2 | + 0.0 | + 0.0 |
| North Central Appalachia | -0.9 | + 0.9 | + 0.9 | -0.9 |
| Central Appalachia | -2.4 | + 2.4 | -0.1 | + 0.1 |
| South Central Appalachia | + 0.0 | + 0.0 | + 0.8 | - 0.8 |
| Southern Appalachia | + 0.8 | -0.8 | + 0.7 | -0.7 |
| County Types |  |  |  |  |
| Large Metros (pop. 1 million +) | + 1.2 | -1.2 | + 0.3 | - 0.3 |
| Small Metros (pop. <1 million) | -0.2 | + 0.2 | + 0.5 | -0.5 |
| Nonmetro, Adjacent to Large Metros | - 0.5 | +0.5 | + 0.6 | -0.6 |
| Nonmetro, Adjacent to Small Metros | -0.7 | +0.7 | +0.5 | - 0.5 |
| Rural (nonmetro, not adj. to a metro) | -1.7 | + 1.7 | + 0.4 | - 0.4 |
| Alabama | -0.8 | + 0.8 | + 0.5 | -0.5 |
| Appalachian Alabama | - 0.6 | + 0.6 | + 0.4 | - 0.4 |
| Non-Appalachian Alabama | -1.4 | + 1.4 | + 0.5 | -0.5 |
| Georgia | + 2.0 | -2.0 | +0.7 | -0.7 |
| Appalachian Georgia | + 2.7 | -2.7 | + 1.0 | -1.0 |
| Non-Appalachian Georgia | + 1.6 | -1.6 | + 0.6 | -0.6 |
| Kentucky | -0.3 | + 0.3 | + 0.4 | -0.4 |
| Appalachian Kentucky | -2.2 | + 2.2 | + 0.5 | - 0.5 |
| Non-Appalachian Kentucky | + 0.5 | -0.5 | +0.3 | -0.3 |
| Maryland | + 0.8 | -0.8 | +0.3 | -0.3 |
| Appalachian Maryland | - 0.2 | +0.2 | + 2.2 | - 2.2 |
| Non-Appalachian Maryland | + 0.9 | -0.9 | + 0.2 | -0.2 |
| Mississippi | -1.1 | +1.1 | + 0.4 | -0.4 |
| Appalachian Mississippi | - 2.6 | + 2.6 | - 1.1 | + 1.1 |
| Non-Appalachian Mississippi | -0.8 | + 0.8 | + 0.8 | -0.8 |
| New York | -0.2 | + 0.2 | + 0.5 | -0.5 |
| Appalachian New York | -1.0 | + 1.0 | -0.1 | + 0.1 |
| Non-Appalachian New York | -0.1 | + 0.1 | + 0.5 | -0.5 |
| North Carolina | + 0.5 | -0.5 | + 0.6 | -0.6 |
| Appalachian North Carolina | +0.3 | - 0.3 | + 0.9 | -0.9 |
| Non-Appalachian North Carolina | +0.6 | -0.6 | + 0.5 | -0.5 |
| Ohio | + 1.2 | -1.2 | + 0.0 | + 0.0 |
| Appalachian Ohio | - 0.4 | + 0.4 | +0.4 | -0.4 |
| Non-Appalachian Ohio | + 1.6 | -1.6 | -0.1 | + 0.1 |
| Pennsylvania | + 0.6 | -0.6 | -0.2 | + 0.2 |
| Appalachian Pennsylvania | -0.1 | + 0.1 | - 0.2 | + 0.2 |
| Non-Appalachian Pennsylvania | +1.3 | -1.3 | -0.2 | + 0.2 |
| South Carolina | +1.1 | -1.1 | +1.5 | -1.5 |
| Appalachian South Carolina | +1.6 | -1.6 | + 1.4 | -1.4 |
| Non-Appalachian South Carolina | +1.0 | -1.0 | +1.5 | -1.5 |
| Tennessee | + 0.4 | -0.4 | -0.3 | + 0.3 |
| Appalachian Tennessee | +0.1 | -0.1 | + 0.5 | -0.5 |
| Non-Appalachian Tennessee | + 0.5 | -0.5 | -0.7 | + 0.7 |
| Virginia | + 0.5 | -0.5 | + 0.5 | -0.5 |
| Appalachian Virginia | - 3.0 | + 3.0 | + 0.5 | -0.5 |
| Non-Appalachian Virginia | +1.0 | -1.0 | + 0.6 | -0.6 |
| West Virginia (entire state) | -1.6 | +1.6 | + 1.2 | -1.2 |

Note: Since occupied units and vacant units sum to the total number of housing units, the sum of the percentage point changes for the two categories will equal zero. The same principle holds for the sum of the percentage point changes for owner-occupied units and renter-occupied units, since these two categories sum to the total number of occupied housing units.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 4.5: Percentage Point Change in the Share of Housing Units in the Appalachian Region That Are Occupied, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Housing Units in the Appalachian Region That Are Occupied, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
Although home occupancy had risen 0.7 percentage points nationally during the period, Appalachia's home occupancy rate in 2016-2020 was actually lower than it was in 2011-2015. Indeed, decreased home occupancy was also present in 262 of the Region's 423 counties. Yet factors other than the aftermath of the Great Recession of 20072009 may also be at play. For example, severe weather events like the outbreak of tornadoes that swept through parts of Alabama and Tennessee in November 2016 caused extreme structural damage and displaced families and (in some cases) entire communities. On the other hand, the occupancy rate rose at or above the national average in 133 counties. While they were spread throughout the Region, there were concentrations in a few states, including Georgia, the Carolinas, and Tennessee; indeed, the occupancy rate in the Appalachian sections of those four states increased between the two periods.

Figure 4.6: Percentage Point Change in the Share of Housing Units in the Appalachian Region That Are Vacant, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Housing Units in the Appalachian Region That Are Vacant, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
Between 2011-2015 and 2016-2020, the share of vacant housing units rose 0.1 percentage points in Appalachia, while declining 0.7 points in the nation as a whole. Indeed, housing vacancy remained constant or increased in 266 of the Region's 423 counties. This at least partly suggests the failure of occupancy rates in Appalachia to return to prerecessionary levels (as well as the effects of severe weather events). Yet another potential factor could be the fact that some parts of the Region had an increase in the share of vacant units that were designated for seasonal or occasional use (which could indicate significant recreational or retirement activity, such as in much of Appalachian Virginia, Tennessee, and North Carolina). In 81 Appalachian counties where overall vacancy rates remained the same or increased between the 2011-2015 and 2016-2020 periods, the percentage of vacant units designated for seasonal use did likewise.

Figure 4.7: Percentage Point Change in the Share of Owner-Occupied Housing Units in the Appalachian Region, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Owner-Occupied Housing Units in the Appalachian Region, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
The share of owner-occupied housing units in Appalachia rose 0.4 percentage points between 2011-2015 and 20162020, just below the 0.5 point increase nationally. In fact, the increase was at or above the national average in almost half of the Region's 423 counties. Still, there were 174 Appalachian counties- 115 of which were outside metropolitan areas-where homeownership decreased between these two periods. Counties in both groups were scattered throughout Appalachia.

Figure 4.8: Percentage Point Change in the Share of Renter-Occupied Housing Units in the Appalachian Region, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Renter-Occupied Housing Units in the Appalachian Region, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
The share of renter-occupied housing units decreased at about the same rate in Appalachia as it did nationwide between 2011-2015 and 2016-2020. Yet variations were present within the Region: For example, there were 191 Appalachian counties where the decrease in rental shares exceeded the national average of 0.5 percentage points. These counties were scattered throughout the Region. Conversely, the percentage of units occupied by renters remained the same or increased in 181 counties between the two periods.

Table 4.3: Housing Units in the Appalachian Region, by Type of Housing, 2016-2020

| Housing Units (Type of Housing) | Total Number of Housing Units (Occupied and Vacant) | Percent of All Housing Units |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Single-Unit Dwellings (Attached or Detached) | Multiple-Unit Fixed Dwellings |  |  | Mobile Homes | Boats, RVs, Vans, Etc. |
|  |  |  | Total | Two to Four Units | Five or More Units |  |  |
| United States | 138,432,751 | 67.7 | 26.2 | 7.8 | 18.4 | 6.0 | 0.1 |
| Appalachian Region | 12,042,770 | 73.5 | 15.0 | 5.9 | 9.1 | 11.4 | 0.1 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 3,924,037 | 75.8 | 17.8 | 8.5 | 9.3 | 6.3 | 0.0 |
| North Central Appalachia | 1,196,333 | 73.7 | 12.6 | 4.8 | 7.7 | 13.6 | 0.1 |
| Central Appalachia | 897,888 | 66.7 | 9.2 | 4.2 | 5.0 | 24.0 | 0.1 |
| South Central Appalachia | 2,471,598 | 71.6 | 14.8 | 5.1 | 9.7 | 13.5 | 0.1 |
| Southern Appalachia | 3,552,914 | 73.8 | 14.4 | 4.3 | 10.0 | 11.7 | 0.1 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 2,651,876 | 76.9 | 17.5 | 5.2 | 12.3 | 5.5 | 0.0 |
| Small Metros (pop. <1 million) | 5,043,944 | 72.7 | 17.3 | 6.7 | 10.7 | 9.8 | 0.1 |
| Nonmetro, Adjacent to Large Metros | 1,089,844 | 73.2 | 12.5 | 6.4 | 6.1 | 14.2 | 0.1 |
| Nonmetro, Adjacent to Small Metros | 1,985,030 | 73.0 | 10.5 | 5.2 | 5.2 | 16.4 | 0.1 |
| Rural (nonmetro, not adj. to a metro) | 1,272,076 | 70.1 | 9.9 | 4.8 | 5.1 | 19.9 | 0.1 |
| Alabama | 2,270,398 | 70.3 | 16.5 | 4.9 | 11.6 | 13.0 | 0.1 |
| Appalachian Alabama | 1,434,357 | 71.5 | 16.0 | 4.6 | 11.4 | 12.4 | 0.1 |
| Non-Appalachian Alabama | 836,041 | 68.3 | 17.3 | 5.5 | 11.9 | 14.2 | 0.1 |
| Georgia | 4,329,675 | 70.6 | 20.6 | 5.1 | 15.5 | 8.6 | 0.1 |
| Appalachian Georgia | 1,261,938 | 78.6 | 12.6 | 3.5 | 9.1 | 8.7 | 0.1 |
| Non-Appalachian Georgia | 3,067,737 | 67.4 | 23.9 | 5.7 | 18.2 | 8.6 | 0.1 |
| Kentucky | 1,994,554 | 70.1 | 18.3 | 7.3 | 11.0 | 11.5 | 0.1 |
| Appalachian Kentucky | 549,499 | 65.8 | 10.0 | 4.8 | 5.2 | 24.1 | 0.1 |
| Non-Appalachian Kentucky | 1,445,055 | 71.8 | 21.4 | 8.2 | 13.2 | 6.7 | 0.1 |
| Maryland | 2,459,650 | 72.9 | 25.7 | 3.7 | 22.0 | 1.3 | 0.0 |
| Appalachian Maryland | 113,872 | 79.6 | 16.3 | 6.1 | 10.2 | 4.0 | 0.0 |
| Non-Appalachian Maryland | 2,345,778 | 72.6 | 26.2 | 3.6 | 22.6 | 1.2 | 0.0 |
| Mississippi | 1,330,867 | 70.5 | 14.6 | 5.6 | 9.0 | 14.8 | 0.1 |
| Appalachian Mississippi | 286,508 | 70.0 | 12.2 | 6.2 | 6.1 | 17.7 | 0.1 |
| Non-Appalachian Mississippi | 1,044,359 | 70.7 | 15.2 | 5.5 | 9.7 | 14.0 | 0.1 |
| New York | 8,362,971 | 47.1 | 50.6 | 17.0 | 33.6 | 2.3 | 0.0 |
| Appalachian New York | 519,062 | 67.5 | 22.4 | 13.6 | 8.8 | 10.1 | 0.0 |
| Non-Appalachian New York | 7,843,909 | 45.8 | 52.4 | 17.2 | 35.2 | 1.8 | 0.0 |
| North Carolina | 4,687,122 | 69.6 | 18.0 | 4.7 | 13.3 | 12.4 | 0.1 |
| Appalachian North Carolina | 1,009,851 | 70.6 | 13.6 | 4.6 | 9.0 | 15.6 | 0.1 |
| Non-Appalachian North Carolina | 3,677,271 | 69.3 | 19.2 | 4.7 | 14.4 | 11.5 | 0.0 |
| Ohio | 5,217,090 | 73.5 | 22.8 | 8.4 | 14.3 | 3.7 | 0.0 |
| Appalachian Ohio | 909,001 | 76.1 | 13.7 | 5.8 | 7.9 | 10.1 | 0.1 |
| Non-Appalachian Ohio | 4,308,089 | 73.0 | 24.7 | 9.0 | 15.7 | 2.3 | 0.0 |
| Pennsylvania | 5,713,345 | 75.7 | 20.5 | 8.4 | 12.1 | 3.8 | 0.0 |
| Appalachian Pennsylvania | 2,777,175 | 76.7 | 17.6 | 7.9 | 9.6 | 5.7 | 0.0 |
| Non-Appalachian Pennsylvania | 2,936,170 | 74.7 | 23.2 | 8.8 | 14.5 | 2.0 | 0.0 |
| South Carolina | 2,319,112 | 67.0 | 17.1 | 4.5 | 12.6 | 15.8 | 0.1 |
| Appalachian South Carolina | 570,111 | 71.0 | 15.4 | 4.5 | 10.9 | 13.6 | 0.1 |
| Non-Appalachian South Carolina | 1,749,001 | 65.6 | 17.7 | 4.5 | 13.1 | 16.6 | 0.1 |
| Tennessee | 2,996,127 | 71.9 | 19.1 | 5.8 | 13.3 | 8.9 | 0.1 |
| Appalachian Tennessee | 1,348,331 | 71.8 | 15.4 | 5.5 | 9.9 | 12.6 | 0.2 |
| Non-Appalachian Tennessee | 1,647,796 | 71.9 | 22.1 | 6.1 | 16.0 | 5.9 | 0.1 |
| Virginia | 3,537,788 | 72.8 | 22.2 | 4.3 | 17.9 | 4.9 | 0.0 |
| Appalachian Virginia | 369,450 | 71.1 | 11.8 | 4.1 | 7.8 | 17.0 | 0.0 |
| Non-Appalachian Virginia | 3,168,338 | 73.0 | 23.4 | 4.4 | 19.1 | 3.5 | 0.0 |
| West Virginia (entire state) | 893,615 | 73.3 | 12.0 | 4.8 | 7.2 | 14.6 | 0.1 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 4.9: Percent of Housing Units in the Appalachian Region That Are Single-Unit Dwellings (Attached or Detached), 2016-2020


Map Title: Percent of Housing Units in the Appalachian Region That Are Single-Unit Dwellings (Attached or Detached), 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 2016-2020, 73.5 percent of housing units in the Appalachian Region were single-unit dwellings (either attached or detached)-a larger share than the national average of 67.7 percent. And the share was even greater in much of Appalachia: In 188 of the 423 counties, the share of single-unit homes was at or above the average for the Region. (Most of these counties were in Northern or North Central Appalachia-with 43 in Pennsylvania alone.) And there were 43 Appalachian counties where single-unit dwellings accounted for at least 80 percent of the housing stock. In contrast, there were 95 counties in the Region (slightly more than half in Central Appalachia) where the share of single-unit homes was lower than the U.S. average. In these low prevalence counties, mobile homes tended to comprise most of the remaining housing stock: They accounted for at least 25 percent of housing units in 65 of the counties where the share of single-unit homes was less than the national share.

Table 4.4: Population in Households and Group Quarters in the Appalachian Region, 2016-2020

| Population in Households and Group Quarters | All Persons | Percent of All Persons |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | In Households |  |  | In Group Quarters |
|  |  | Total | In Family Households | In Non-Family Households |  |
| United States | 326,569,308 | 97.5 | 80.8 | 16.7 | 2.5 |
| Appalachian Region | 25,948,061 | 97.1 | 80.2 | 16.8 | 2.9 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | 8,036,750 | 96.0 | 76.8 | 19.2 | 4.0 |
| North Central Appalachia | 2,521,339 | 97.0 | 79.6 | 17.5 | 3.0 |
| Central Appalachia | 1,863,297 | 96.9 | 81.6 | 15.3 | 3.1 |
| South Central Appalachia | 5,163,870 | 97.3 | 79.4 | 17.8 | 2.7 |
| Southern Appalachia | 8,362,805 | 98.1 | 84.0 | 14.0 | 1.9 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 6,136,208 | 98.2 | 82.3 | 15.9 | 1.8 |
| Small Metros (pop. <1 million) | 11,065,169 | 96.8 | 79.1 | 17.7 | 3.2 |
| Nonmetro, Adjacent to Large Metros | 2,298,165 | 96.6 | 80.1 | 16.5 | 3.4 |
| Nonmetro, Adjacent to Small Metros | 3,953,089 | 96.8 | 80.7 | 16.2 | 3.2 |
| Rural (nonmetro, not adj. to a metro) | 2,495,430 | 96.2 | 79.9 | 16.3 | 3.8 |
| Alabama | 4,893,186 | 97.6 | 81.6 | 16.0 | 2.4 |
| Appalachian Alabama | 3,137,267 | 97.6 | 81.9 | 15.7 | 2.4 |
| Non-Appalachian Alabama | 1,755,919 | 97.6 | 81.0 | 16.6 | 2.4 |
| Georgia | 10,516,579 | 97.5 | 82.3 | 15.2 | 2.5 |
| Appalachian Georgia | 3,282,877 | 98.8 | 87.5 | 11.3 | 1.2 |
| Non-Appalachian Georgia | 7,233,702 | 96.9 | 79.9 | 17.0 | 3.1 |
| Kentucky | 4,461,952 | 97.0 | 80.1 | 17.0 | 3.0 |
| Appalachian Kentucky | 1,163,447 | 96.7 | 81.5 | 15.2 | 3.3 |
| Non-Appalachian Kentucky | 3,298,505 | 97.2 | 79.5 | 17.6 | 2.8 |
| Maryland | 6,037,624 | 97.7 | 81.8 | 15.8 | 2.3 |
| Appalachian Maryland | 250,732 | 92.8 | 76.7 | 16.1 | 7.2 |
| Non-Appalachian Maryland | 5,786,892 | 97.9 | 82.1 | 15.8 | 2.1 |
| Mississippi | 2,981,835 | 96.8 | 81.7 | 15.1 | 3.2 |
| Appalachian Mississippi | 624,431 | 97.2 | 81.2 | 15.9 | 2.8 |
| Non-Appalachian Mississippi | 2,357,404 | 96.7 | 81.8 | 14.9 | 3.3 |
| New York | 19,514,849 | 97.1 | 79.2 | 17.9 | 2.9 |
| Appalachian New York | 1,021,754 | 94.4 | 73.9 | 20.6 | 5.6 |
| Non-Appalachian New York | 18,493,095 | 97.2 | 79.5 | 17.7 | 2.8 |
| North Carolina | 10,386,227 | 97.3 | 80.3 | 17.0 | 2.7 |
| Appalachian North Carolina | 2,021,533 | 97.4 | 79.5 | 17.9 | 2.6 |
| Non-Appalachian North Carolina | 8,364,694 | 97.3 | 80.5 | 16.8 | 2.7 |
| Ohio | 11,675,275 | 97.3 | 78.7 | 18.6 | 2.7 |
| Appalachian Ohio | 1,992,679 | 97.0 | 80.1 | 16.9 | 3.0 |
| Non-Appalachian Ohio | 9,682,596 | 97.4 | 78.4 | 19.0 | 2.6 |
| Pennsylvania | 12,794,885 | 96.7 | 78.8 | 17.9 | 3.3 |
| Appalachian Pennsylvania | 5,663,338 | 96.1 | 76.7 | 19.4 | 3.9 |
| Non-Appalachian Pennsylvania | 7,131,547 | 97.2 | 80.5 | 16.7 | 2.8 |
| South Carolina | 5,091,517 | 97.3 | 80.6 | 16.7 | 2.7 |
| Appalachian South Carolina | 1,318,230 | 97.7 | 81.7 | 16.0 | 2.3 |
| Non-Appalachian South Carolina | 3,773,287 | 97.2 | 80.2 | 17.0 | 2.8 |
| Tennessee | 6,772,268 | 97.7 | 80.8 | 16.8 | 2.3 |
| Appalachian Tennessee | 2,917,809 | 97.6 | 80.5 | 17.1 | 2.4 |
| Non-Appalachian Tennessee | 3,854,459 | 97.7 | 81.1 | 16.7 | 2.3 |
| Virginia | 8,509,358 | 97.1 | 80.5 | 16.6 | 2.9 |
| Appalachian Virginia | 746,538 | 95.3 | 76.1 | 19.3 | 4.7 |
| Non-Appalachian Virginia | 7,762,820 | 97.3 | 81.0 | 16.3 | 2.7 |
| West Virginia (entire state) | 1,807,426 | 97.4 | 79.5 | 17.9 | 2.6 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 4.10: Percent of Persons in the Appalachian Region Living in Family Households, 2016-2020


Map Title: Percent of Persons in the Appalachian Region Living in Family Households, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Just over 80 percent of Appalachia's residents lived in family households during 2016-2020, which was just below the national average. Yet in 72 counties in the Region, at least 85 percent lived in family households. More than half of these counties were in Southern Appalachia, although there were pockets elsewhere in the Region. In contrast, there were 44 Appalachian counties where less than three-fourths of the residents were in family households. Half of the counties in the latter group have at least 10 percent of their residents living in group quarters, whether dormitories (in counties housing a college or university), nursing care facilities, or prisons. Forest County, Pennsylvania, which houses a state correctional facility, is particularly noteworthy in this regard: Persons in group quarters account for 45.5 percent of the county's residents. But a more typical example is Rockbridge County, Virginia, home to Virginia Military Institute and Washington and Lee University with 10.3 percent of that county's residents living in group quarters.

Table 4.5: Population in Occupied Housing Units in the Appalachian Region, by Type of Housing, 2016-2020

| Population in Housing Units (Type of Housing) | Total Population in Occupied Housing Units | Percent of Population in Occupied Housing Units |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | In Single-Unit Dwellings (Attached or Detached) | In Multiple-Unit Fixed Dwellings |  |  | In Mobile Homes | In Boats, RVs, Vans, Etc. |
|  |  |  | Total | Two to Four Units | Five or More Units |  |  |
| United States | 318,495,974 | 74.0 | 20.6 | 6.9 | 13.6 | 5.4 | 0.1 |
| Appalachian Region | 25,185,531 | 78.2 | 10.9 | 4.5 | 6.5 | 10.8 | 0.1 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 7,711,511 | 82.0 | 12.7 | 6.5 | 6.2 | 5.2 | 0.0 |
| North Central Appalachia | 2,446,474 | 78.1 | 9.1 | 3.5 | 5.6 | 12.8 | 0.0 |
| Central Appalachia | 1,805,625 | 69.7 | 7.1 | 3.3 | 3.7 | 23.2 | 0.1 |
| South Central Appalachia | 5,022,069 | 75.2 | 11.3 | 4.0 | 7.2 | 13.5 | 0.1 |
| Southern Appalachia | 8,199,852 | 78.3 | 10.5 | 3.4 | 7.1 | 11.1 | 0.1 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 6,026,427 | 82.8 | 11.9 | 3.7 | 8.2 | 5.2 | 0.0 |
| Small Metros (pop. <1 million) | 10,710,924 | 77.7 | 12.7 | 5.1 | 7.6 | 9.5 | 0.1 |
| Nonmetro, Adjacent to Large Metros | 2,219,727 | 77.5 | 9.2 | 5.0 | 4.2 | 13.1 | 0.1 |
| Nonmetro, Adjacent to Small Metros | 3,828,255 | 75.7 | 7.7 | 4.0 | 3.6 | 16.5 | 0.1 |
| Rural (nonmetro, not adj. to a metro) | 2,400,198 | 72.9 | 7.6 | 3.8 | 3.8 | 19.5 | 0.1 |
| Alabama | 4,776,007 | 75.6 | 11.5 | 3.8 | 7.7 | 12.7 | 0.1 |
| Appalachian Alabama | 3,061,353 | 76.3 | 11.4 | 3.6 | 7.8 | 12.2 | 0.1 |
| Non-Appalachian Alabama | 1,714,654 | 74.5 | 11.7 | 4.1 | 7.6 | 13.7 | 0.1 |
| Georgia | 10,253,888 | 76.2 | 15.5 | 4.3 | 11.3 | 8.2 | 0.1 |
| Appalachian Georgia | 3,243,809 | 82.4 | 9.6 | 2.9 | 6.6 | 8.0 | 0.0 |
| Non-Appalachian Georgia | 7,010,079 | 73.4 | 18.3 | 4.9 | 13.4 | 8.3 | 0.1 |
| Kentucky | 4,330,127 | 75.7 | 13.7 | 5.9 | 7.8 | 10.5 | 0.0 |
| Appalachian Kentucky | 1,125,368 | 69.1 | 7.8 | 3.8 | 4.0 | 23.1 | 0.0 |
| Non-Appalachian Kentucky | 3,204,759 | 78.0 | 15.8 | 6.6 | 9.2 | 6.1 | 0.0 |
| Maryland | 5,897,417 | 80.0 | 18.9 | 2.7 | 16.2 | 1.1 | 0.0 |
| Appalachian Maryland | 232,586 | 84.5 | 11.6 | 4.3 | 7.4 | 3.8 | 0.0 |
| Non-Appalachian Maryland | 5,664,831 | 79.8 | 19.2 | 2.6 | 16.5 | 1.0 | 0.0 |
| Mississippi | 2,887,405 | 74.2 | 11.3 | 4.6 | 6.6 | 14.4 | 0.1 |
| Appalachian Mississippi | 606,678 | 73.0 | 9.3 | 4.7 | 4.6 | 17.6 | 0.1 |
| Non-Appalachian Mississippi | 2,280,727 | 74.6 | 11.8 | 4.6 | 7.2 | 13.6 | 0.1 |
| New York | 18,945,673 | 52.2 | 46.0 | 17.4 | 28.7 | 1.8 | 0.0 |
| Appalachian New York | 964,994 | 73.1 | 18.1 | 11.6 | 6.5 | 8.8 | 0.0 |
| Non-Appalachian New York | 17,980,679 | 51.0 | 47.5 | 17.7 | 29.8 | 1.4 | 0.0 |
| North Carolina | 10,106,940 | 74.0 | 13.6 | 3.7 | 9.9 | 12.4 | 0.0 |
| Appalachian North Carolina | 1,968,664 | 73.2 | 10.3 | 3.4 | 6.9 | 16.3 | 0.1 |
| Non-Appalachian North Carolina | 8,138,276 | 74.2 | 14.4 | 3.7 | 10.6 | 11.4 | 0.0 |
| Ohio | 11,361,029 | 81.0 | 15.9 | 6.2 | 9.7 | 3.1 | 0.0 |
| Appalachian Ohio | 1,932,317 | 81.5 | 9.4 | 4.1 | 5.3 | 9.0 | 0.1 |
| Non-Appalachian Ohio | 9,428,712 | 80.9 | 17.2 | 6.6 | 10.6 | 1.9 | 0.0 |
| Pennsylvania | 12,374,980 | 82.6 | 14.3 | 6.3 | 8.0 | 3.0 | 0.0 |
| Appalachian Pennsylvania | 5,443,160 | 83.0 | 12.4 | 6.0 | 6.4 | 4.6 | 0.0 |
| Non-Appalachian Pennsylvania | 6,931,820 | 82.4 | 15.9 | 6.6 | 9.3 | 1.7 | 0.0 |
| South Carolina | 4,956,293 | 71.8 | 11.8 | 3.5 | 8.3 | 16.3 | 0.1 |
| Appalachian South Carolina | 1,288,012 | 75.4 | 11.2 | 3.2 | 8.0 | 13.3 | 0.1 |
| Non-Appalachian South Carolina | 3,668,281 | 70.5 | 12.0 | 3.6 | 8.4 | 17.4 | 0.1 |
| Tennessee | 6,614,088 | 77.3 | 14.1 | 4.7 | 9.4 | 8.5 | 0.1 |
| Appalachian Tennessee | 2,846,567 | 75.9 | 11.4 | 4.5 | 6.9 | 12.6 | 0.1 |
| Non-Appalachian Tennessee | 3,767,521 | 78.4 | 16.2 | 4.9 | 11.3 | 5.4 | 0.1 |
| Virginia | 8,264,926 | 79.0 | 16.9 | 3.4 | 13.5 | 4.0 | 0.0 |
| Appalachian Virginia | 711,803 | 74.8 | 9.8 | 3.1 | 6.7 | 15.4 | 0.0 |
| Non-Appalachian Virginia | 7,553,123 | 79.4 | 17.6 | 3.4 | 14.2 | 3.0 | 0.0 |
| West Virginia (entire state) | 1,760,220 | 77.5 | 8.6 | 3.5 | 5.1 | 13.9 | 0.0 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 4.11: Among Persons in the Appalachian Region in Occupied Housing Units, Percent Living in SingleUnit Dwellings (Attached or Detached), 2016-2020


Map Title: Among Persons in the Appalachian Region in Occupied Housing Units, Percent Living in Single-Unit Dwellings (Attached or Detached), 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.
Of the Appalachian population who live in occupied housing units, 78.2 percent lived in single-unit dwellings during the 2016-2020 period, more than four percentage points above the national average. And the share was even greater in much of the Region: In 124 counties, at least four in five residents lived in single-unit homes. Almost half of these were in Northern Appalachia; 43 were in Pennsylvania alone. (There were concentrations in other states, including Ohio, Georgia, Maryland, and West Virginia.) Yet in 182 of Appalachia's 423 counties, the share living in single-unit dwellings was below the U.S. average of 74 percent; in 45 counties (most of which were in Central Appalachia), the percentage was below 65 percent. And in 38 of the counties that had the lowest prevalence of persons in single-unit homes, at least one in four residents lived in mobile homes.

Table 4.6: Percentage Point Change in the Share of Housing Units in the Appalachian Region, by Type of Housing, 2011-2015 to 2016-2020

| Housing Units (Type of Housing) | Percentage Point Change in Share of All Housing Units |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Single-Unit Dwellings (Attached or Detached) | Multiple-Unit Fixed Dwellings |  |  | Mobile Homes | Boats, RVs, Vans, Etc. |
|  |  | Total | Two to Four Units | Five or More Units |  |  |
| United States | + 0.2 | + 0.1 | - 0.4 | + 0.5 | -0.4 | + 0.0 |
| Appalachian Region | + 0.5 | + 0.1 | -0.1 | +0.2 | -0.6 | + 0.0 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | + 0.3 | + 0.0 | -0.2 | + 0.2 | - 0.4 | + 0.0 |
| North Central Appalachia | + 0.7 | -0.1 | -0.3 | + 0.0 | - 0.6 | + 0.0 |
| Central Appalachia | + 0.5 | -0.1 | -0.1 | + 0.1 | - 0.4 | + 0.0 |
| South Central Appalachia | + 0.6 | +0.2 | -0.2 | + 0.4 | -0.8 | + 0.0 |
| Southern Appalachia | + 0.4 | +0.3 | -0.1 | + 0.2 | -0.7 | + 0.0 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | + 0.2 | + 0.2 | -0.1 | + 0.3 | - 0.4 | + 0.0 |
| Small Metros (pop. <1 million) | + 0.4 | + 0.0 | -0.2 | +0.3 | -0.6 | + 0.0 |
| Nonmetro, Adjacent to Large Metros | + 0.6 | -0.2 | - 0.3 | + 0.1 | -0.5 | + 0.0 |
| Nonmetro, Adjacent to Small Metros | + 0.4 | +0.2 | + 0.0 | +0.1 | -0.5 | +0.0 |
| Rural (nonmetro, not adj. to a metro) | + 0.6 | + 0.0 | + 0.0 | + 0.0 | -0.6 | + 0.0 |
| Alabama | +0.1 | + 0.3 | -0.1 | + 0.4 | -0.5 | + 0.0 |
| Appalachian Alabama | + 0.0 | + 0.4 | + 0.0 | + 0.4 | - 0.4 | + 0.0 |
| Non-Appalachian Alabama | + 0.4 | + 0.0 | -0.1 | +0.3 | -0.6 | + 0.0 |
| Georgia | + 0.5 | + 0.0 | -0.1 | +0.1 | -0.7 | + 0.0 |
| Appalachian Georgia | + 0.6 | + 0.3 | + 0.0 | + 0.3 | -0.9 | + 0.0 |
| Non-Appalachian Georgia | + 0.5 | + 0.0 | -0.2 | +0.2 | -0.5 | +0.0 |
| Kentucky | + 0.6 | + 0.0 | + 0.2 | -0.1 | -0.7 | + 0.0 |
| Appalachian Kentucky | + 1.1 | - 0.4 | -0.3 | -0.2 | -0.7 | + 0.0 |
| Non-Appalachian Kentucky | + 0.4 | + 0.1 | +0.3 | -0.1 | -0.6 | + 0.0 |
| Maryland | + 0.0 | + 0.2 | -0.1 | + 0.3 | -0.3 | + 0.0 |
| Appalachian Maryland | + 1.5 | -1.3 | - 0.4 | -0.9 | -0.3 | + 0.0 |
| Non-Appalachian Maryland | -0.1 | + 0.3 | -0.1 | + 0.4 | -0.2 | + 0.0 |
| Mississippi | -0.1 | +0.3 | + 0.3 | + 0.0 | -0.2 | + 0.0 |
| Appalachian Mississippi | -0.2 | + 0.6 | + 0.4 | +0.3 | -0.4 | + 0.0 |
| Non-Appalachian Mississippi | + 0.0 | +0.2 | + 0.4 | -0.2 | -0.1 | + 0.0 |
| New York | + 0.3 | -0.2 | -0.9 | + 0.8 | -0.1 | + 0.0 |
| Appalachian New York | + 0.4 | + 0.1 | + 0.1 | + 0.0 | -0.5 | + 0.0 |
| Non-Appalachian New York | + 0.3 | -0.2 | -1.0 | + 0.8 | + 0.0 | + 0.0 |
| North Carolina | +0.5 | + 0.5 | -0.2 | + 0.7 | -1.0 | + 0.1 |
| Appalachian North Carolina | + 0.6 | + 0.3 | + 0.0 | + 0.4 | -1.1 | + 0.0 |
| Non-Appalachian North Carolina | + 0.5 | + 0.5 | -0.3 | + 0.7 | -0.9 | + 0.0 |
| Ohio | + 0.5 | -0.3 | -0.5 | + 0.1 | -0.2 | + 0.0 |
| Appalachian Ohio | +0.7 | - 0.4 | - 0.4 | + 0.0 | -0.4 | +0.0 |
| Non-Appalachian Ohio | + 0.5 | -0.3 | -0.5 | + 0.1 | -0.2 | + 0.0 |
| Pennsylvania | +0.2 | +0.1 | -0.3 | + 0.5 | -0.3 | + 0.0 |
| Appalachian Pennsylvania | + 0.2 | + 0.2 | -0.2 | + 0.2 | -0.3 | + 0.0 |
| Non-Appalachian Pennsylvania | + 0.1 | + 0.0 | -0.6 | + 0.7 | -0.2 | + 0.0 |
| South Carolina | +1.6 | -0.8 | -0.5 | -0.2 | -0.9 | + 0.0 |
| Appalachian South Carolina | + 1.4 | -0.1 | -0.3 | + 0.2 | -1.2 | + 0.0 |
| Non-Appalachian South Carolina | +1.6 | -0.9 | -0.6 | - 0.4 | -0.7 | + 0.0 |
| Tennessee | + 0.0 | + 0.5 | -0.4 | + 0.9 | -0.6 | + 0.0 |
| Appalachian Tennessee | + 0.4 | +0.2 | -0.2 | + 0.4 | -0.7 | + 0.1 |
| Non-Appalachian Tennessee | -0.3 | + 0.6 | -0.5 | + 1.1 | -0.4 | + 0.0 |
| Virginia | + 0.0 | + 0.3 | -0.2 | + 0.4 | -0.3 | + 0.0 |
| Appalachian Virginia | + 0.1 | + 0.3 | -0.1 | + 0.5 | - 0.4 | -0.1 |
| Non-Appalachian Virginia | + 0.0 | +0.2 | -0.1 | + 0.4 | -0.3 | + 0.0 |
| West Virginia (entire state) | + 0.6 | -0.2 | -0.2 | + 0.0 | -0.4 | + 0.0 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 4.12: Percentage Point Change in the Share of Housing Units in the Appalachian Region That Are Single-Unit Dwellings (Attached or Detached), 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Housing Units in the Appalachian Region That Are Single-Unit Dwellings (Attached or Detached), 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
The share of single-unit dwellings among the housing stock increased 0.5 percentage points in Appalachia between the 2011-2015 and 2016-2020 periods, compared with 0.2 points nationwide. And the share likewise rose at or above the national average in 224 of the Region's 423 counties. Yet there were 163 other Appalachian counties where the share of single-unit homes was lower in 2016-2020 than in the earlier period. The slight rise in the share of single-unit homes in Appalachia seems to have come at the expense of mobile homes, the share of which fell 0.6 percentage points in the Region between 2011-2015 and 2016-2020.

Table 4.7: Percentage Point Change in the Share of Persons in the Appalachian Region Living in Households and Group Quarters, 2011-2015 to 2016-2020

| Population in Households and Group Quarters | Percentage Point Change in Share of All Persons |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | In Households |  |  | In Group Quarters |
|  | Total | In Family Households | In Non-Family Households |  |
| United States | + 0.0 | - 0.6 | + 0.6 | + 0.0 |
| Appalachian Region | + 0.1 | -0.8 | + 0.8 | -0.1 |
| Subregions |  |  |  |  |
| Northern Appalachia | + 0.1 | - 1.2 | + 1.3 | -0.1 |
| North Central Appalachia | + 0.0 | - 0.5 | + 0.7 | + 0.0 |
| Central Appalachia | -0.1 | -0.9 | + 0.7 | + 0.1 |
| South Central Appalachia | + 0.0 | -0.9 | + 0.8 | + 0.0 |
| Southern Appalachia | +0.1 | -0.5 | +0.5 | -0.1 |
| County Types |  |  |  |  |
| Large Metros (pop. 1 million +) | + 0.1 | - 0.7 | + 0.7 | -0.1 |
| Small Metros (pop. <1 million) | + 0.0 | - 0.8 | + 0.8 | + 0.0 |
| Nonmetro, Adjacent to Large Metros | + 0.1 | -0.7 | + 0.8 | -0.1 |
| Nonmetro, Adjacent to Small Metros | + 0.0 | -0.7 | + 0.8 | + 0.0 |
| Rural (nonmetro, not adj. to a metro) | -0.1 | -1.2 | + 1.1 | + 0.1 |
| Alabama | + 0.0 | - 0.8 | + 0.8 | + 0.0 |
| Appalachian Alabama | + 0.0 | -0.9 | +0.9 | + 0.0 |
| Non-Appalachian Alabama | + 0.0 | -0.7 | + 0.7 | + 0.0 |
| Georgia | + 0.1 | -0.4 | + 0.5 | -0.1 |
| Appalachian Georgia | + 0.1 | + 0.0 | + 0.0 | -0.1 |
| Non-Appalachian Georgia | + 0.1 | -0.7 | + 0.8 | -0.1 |
| Kentucky | -0.1 | -1.0 | + 1.0 | + 0.1 |
| Appalachian Kentucky | -0.1 | - 0.8 | + 0.7 | + 0.1 |
| Non-Appalachian Kentucky | + 0.0 | -1.1 | + 1.0 | + 0.0 |
| Maryland | +0.1 | -0.3 | +0.3 | -0.1 |
| Appalachian Maryland | -0.5 | -0.6 | +0.1 | + 0.5 |
| Non-Appalachian Maryland | + 0.1 | - 0.3 | + 0.3 | -0.1 |
| Mississippi | + 0.0 | -1.1 | +1.1 | + 0.0 |
| Appalachian Mississippi | - 0.1 | -1.5 | + 1.4 | + 0.1 |
| Non-Appalachian Mississippi | + 0.0 | -1.0 | +1.0 | + 0.0 |
| New York | + 0.0 | -0.7 | + 0.8 | + 0.0 |
| Appalachian New York | + 0.1 | -0.7 | + 0.9 | -0.1 |
| Non-Appalachian New York | + 0.0 | -0.8 | + 0.7 | + 0.0 |
| North Carolina | -0.1 | -0.8 | + 0.6 | + 0.1 |
| Appalachian North Carolina | + 0.0 | -0.8 | + 0.8 | + 0.0 |
| Non-Appalachian North Carolina | -0.1 | -0.7 | + 0.6 | + 0.1 |
| Ohio | + 0.0 | -1.0 | +1.0 | + 0.0 |
| Appalachian Ohio | + 0.1 | -1.0 | +1.0 | -0.1 |
| Non-Appalachian Ohio | + 0.0 | -1.1 | + 1.1 | + 0.0 |
| Pennsylvania | + 0.1 | -0.7 | + 0.8 | -0.1 |
| Appalachian Pennsylvania | + 0.0 | - 1.4 | + 1.4 | + 0.0 |
| Non-Appalachian Pennsylvania | + 0.1 | -0.2 | + 0.3 | -0.1 |
| South Carolina | + 0.2 | -0.7 | +0.9 | -0.2 |
| Appalachian South Carolina | + 0.2 | - 0.6 | + 0.8 | - 0.2 |
| Non-Appalachian South Carolina | + 0.2 | -0.7 | + 0.9 | -0.2 |
| Tennessee | + 0.1 | -0.9 | + 0.8 | -0.1 |
| Appalachian Tennessee | + 0.0 | -1.0 | + 1.1 | + 0.0 |
| Non-Appalachian Tennessee | + 0.0 | -0.7 | + 0.8 | + 0.0 |
| Virginia | + 0.0 | - 0.6 | + 0.6 | + 0.0 |
| Appalachian Virginia | -0.4 | -1.3 | + 1.0 | + 0.4 |
| Non-Appalachian Virginia | + 0.1 | -0.4 | + 0.5 | -0.1 |
| West Virginia (entire state) | + 0.0 | -0.5 | +0.6 | +0.0 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 4.13: Percentage Point Change in the Share of Persons in the Appalachian Region Living in Family Households, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons in the Appalachian Region Living in Family Households, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

In the Appalachian Region, the share of persons living in family households fell 0.8 percentage points between 20112015 and 2016-2020 - slightly more than in the nation as a whole ( 0.6 points). And there were 236 Appalachian counties-scattered throughout the Region-where the decrease in the share living in family households likewise exceeded the national average. Yet the declining prevalence of family households was not universal: there were 127 Appalachian counties where the share remained the same or increased.

Table 4.8: Percentage Point Change in the Share of the Population in Occupied Housing Units in the Appalachian Region, by Type of Housing, 2011-2015 to 2016-2020

| Population in Housing Units (Type of Housing) | Percentage Point Change in Share of Population in Occupied Housing Units |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | In Single-Unit Dwellings (Attached or Detached) | In Multiple-Unit Fixed Dwellings |  |  | In Mobile Homes | In Boats, RVs, Vans, Etc. |
|  |  | Total | Two to Four Units | Five or More Units Units |  |  |
| United States | + 0.4 | + 0.0 | - 0.4 | + 0.2 | -0.3 | + 0.0 |
| Appalachian Region | + 0.9 | -0.2 | -0.2 | + 0.1 | -0.8 | + 0.1 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | + 0.7 | - 0.2 | - 0.2 | + 0.0 | - 0.6 | + 0.0 |
| North Central Appalachia | + 0.9 | - 0.1 | - 0.2 | + 0.2 | -0.8 | + 0.0 |
| Central Appalachia | +1.0 | + 0.0 | - 0.3 | + 0.2 | -0.9 | + 0.0 |
| South Central Appalachia | + 1.0 | +0.1 | - 0.2 | + 0.2 | -1.0 | + 0.0 |
| Southern Appalachia | +1.2 | -0.3 | -0.1 | -0.2 | -1.0 | + 0.0 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | + 0.8 | - 0.3 | - 0.1 | -0.1 | - 0.6 | + 0.0 |
| Small Metros (pop. <1 million) | + 0.8 | - 0.1 | - 0.2 | + 0.2 | -0.8 | + 0.1 |
| Nonmetro, Adjacent to Large Metros | + 1.2 | -0.3 | - 0.3 | + 0.0 | -1.0 | + 0.1 |
| Nonmetro, Adjacent to Small Metros | + 0.4 | - 0.1 | - 0.2 | + 0.0 | - 0.4 | + 0.0 |
| Rural (nonmetro, not adj. to a metro) | + 1.4 | -0.2 | - 0.2 | + 0.0 | -1.2 | + 0.0 |
| Alabama | + 0.9 | - 0.4 | - 0.3 | + 0.0 | -0.6 | + 0.0 |
| Appalachian Alabama | + 0.6 | - 0.2 | - 0.2 | + 0.0 | - 0.5 | + 0.0 |
| Non-Appalachian Alabama | + 1.4 | - 0.7 | - 0.6 | -0.1 | -0.8 | + 0.0 |
| Georgia | +1.1 | -0.3 | -0.1 | -0.2 | -0.8 | +0.1 |
| Appalachian Georgia | +1.2 | - 0.2 | + 0.0 | - 0.3 | -0.9 | -0.1 |
| Non-Appalachian Georgia | +1.0 | -0.2 | -0.1 | -0.1 | -0.7 | + 0.1 |
| Kentucky | + 0.8 | + 0.2 | + 0.2 | + 0.0 | -1.0 | + 0.0 |
| Appalachian Kentucky | + 1.6 | - 0.4 | - 0.5 | + 0.1 | -1.2 | -0.1 |
| Non-Appalachian Kentucky | + 0.3 | +0.3 | +0.3 | -0.1 | -0.7 | + 0.0 |
| Maryland | + 0.0 | + 0.1 | -0.1 | + 0.2 | -0.1 | + 0.0 |
| Appalachian Maryland | + 1.0 | -1.7 | - 0.4 | -1.2 | + 0.6 | + 0.0 |
| Non-Appalachian Maryland | + 0.0 | + 0.2 | -0.1 | + 0.2 | -0.1 | + 0.0 |
| Mississippi | + 0.5 | + 0.1 | + 0.2 | -0.2 | -0.6 | + 0.0 |
| Appalachian Mississippi | + 0.6 | + 0.2 | - 0.1 | + 0.3 | -0.8 | + 0.0 |
| Non-Appalachian Mississippi | + 0.5 | + 0.0 | +0.3 | -0.3 | -0.4 | + 0.0 |
| New York | + 0.4 | -0.3 | -0.9 | + 0.7 | -0.1 | + 0.0 |
| Appalachian New York | + 1.2 | - 0.3 | - 0.2 | -0.1 | -0.9 | + 0.0 |
| Non-Appalachian New York | + 0.3 | -0.3 | -0.9 | + 0.6 | -0.1 | + 0.0 |
| North Carolina | +1.2 | + 0.2 | - 0.2 | + 0.4 | -1.3 | + 0.0 |
| Appalachian North Carolina | + 0.8 | + 0.0 | -0.1 | + 0.1 | -0.9 | + 0.0 |
| Non-Appalachian North Carolina | + 1.3 | + 0.2 | - 0.3 | + 0.4 | -1.4 | + 0.0 |
| Ohio | + 0.5 | -0.2 | -0.3 | + 0.1 | -0.3 | + 0.0 |
| Appalachian Ohio | + 1.1 | - 0.4 | - 0.4 | + 0.0 | -0.7 | + 0.1 |
| Non-Appalachian Ohio | + 0.4 | -0.2 | - 0.3 | + 0.1 | -0.2 | + 0.0 |
| Pennsylvania | + 0.0 | + 0.2 | -0.2 | + 0.4 | -0.3 | + 0.0 |
| Appalachian Pennsylvania | + 0.5 | + 0.0 | - 0.1 | + 0.2 | -0.5 | + 0.0 |
| Non-Appalachian Pennsylvania | - 0.2 | + 0.4 | -0.2 | + 0.6 | -0.2 | + 0.0 |
| South Carolina | + 2.0 | - 0.7 | -0.6 | -0.1 | -1.3 | + 0.1 |
| Appalachian South Carolina | + 2.5 | - 0.8 | - 0.6 | -0.2 | -1.8 | + 0.1 |
| Non-Appalachian South Carolina | + 1.7 | -0.7 | - 0.6 | -0.1 | -1.1 | + 0.0 |
| Tennessee | + 0.6 | + 0.2 | -0.4 | + 0.5 | -0.8 | + 0.0 |
| Appalachian Tennessee | +0.9 | + 0.1 | -0.1 | + 0.2 | -1.1 | + 0.0 |
| Non-Appalachian Tennessee | + 0.3 | + 0.3 | - 0.5 | + 0.7 | - 0.6 | + 0.1 |
| Virginia | + 0.4 | + 0.0 | -0.1 | + 0.1 | -0.4 | + 0.0 |
| Appalachian Virginia | + 0.7 | + 0.5 | - 0.1 | + 0.6 | -1.2 | + 0.0 |
| Non-Appalachian Virginia | + 0.3 | -0.1 | -0.1 | + 0.0 | -0.2 | + 0.0 |
| West Virginia (entire state) | + 0.9 | + 0.0 | -0.2 | +0.2 | -0.8 | + 0.0 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 4.14: Among Persons in the Appalachian Region in Occupied Housing Units, Percentage Point Change in the Share Living in Single-Unit Dwellings (Attached or Detached), 2011-2015 to 2016-2020


Map Title: Among Persons in the Appalachian Region in Occupied Housing Units, Percentage Point Change in the Share Living in Single-Unit Dwellings (Attached or Detached), 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

The share of Appalachian residents living in single-unit homes was nearly a full percentage point higher in 2016-2020 than in 2011-2015, well above the national average of 0.4 points. Likewise, the share increased at or above the national average in 240 of the Region's 423 counties. Yet the share living in single-unit dwellings declined in another 149 counties. As with the share of housing units, Appalachia's increased share of persons in single-unit residences has largely come at the expense of mobile units; the percentage of the Appalachian population living in mobile homes fell 0.8 points between 2011-2015 and 2016-2020.

## TRENDS IN HOUSING OCCUPANCY, TENURE, AND TYPE

- At 85.2 percent in 2016-2020, Appalachia's home occupancy rate was 0.1 percentage points lower than it was in 2011-2015 (see Tables 4.1 and 4.2). Within the Region, home occupancy decreased in three of the five subregions (increasing only in Southern Appalachia), all county types except the ones in large metropolitan areas, and the Appalachian portions of every state except Georgia, the Carolinas, and Tennessee. And although the drop suggests that occupancy rates in the Region (in contrast to the nation as a whole) have not yet returned to pre-recession levels, other factors might be at play-for example, the displacement caused by severe weather events like the November 2016 outbreak of tornadoes that struck parts of Alabama and Tennessee.
- One factor behind the decline in Appalachia's occupancy rates from 2011-2015 to 2016-2020 may be an increase in some parts of the Region in the percentage of vacant units that were designated for seasonal or occasional use. Between the two periods, the share of such units was higher in 79 of the 262 Appalachian counties where the overall vacancy rates increased.
- Homeownership rates in Appalachia rose slightly ( 0.4 percentage points) between 2011-2015 and 2016-2020. Among subregions, the increases were greatest in North Central, South Central, and Southern Appalachia, while among county types, the rise in homeownership was greatest among nonmetropolitan counties adjacent to large metro areas. Among the states, homeownership increased most in Appalachian Maryland (2.2 percentage points).
- Single-unit dwellings accounted for 73.5 percent of Appalachia's housing stock in 2016-2020, which represents an increase of 0.5 percentage points from 2011-2015 (see Tables 4.3 and 4.6). Within the Region, the share increased for all county types and for all subregions. The greatest increases were in North Central Appalachia, nonmetropolitan counties adjacent to large metro areas, and the most rural counties. The share also increased in the Appalachian section of most states, particularly in Kentucky, Maryland, and South Carolina. But the percentage did fall in Appalachian Mississippi, where the share dropped 0.2 percentage points. Throughout Appalachia, the rising share of singleunit homes seems to have come at the expense of mobile homes, the share of which has fallen 0.6 percentage points overall since 2011-2015, with slightly larger drops in Southern and South Central Appalachia-and even more pronounced ones in the Carolinas.
- At 80.2 percent, the share of Appalachian residents living in family households was 0.8 percentage points lower in 2016-2020 than in 2011-2015 (see Tables 4.4 and 4.7), and the decline was present throughout the Region. The greatest drops-at least a full percentage point in each case-occurred in Northern Appalachia, the most rural counties, and the Appalachian sections of five states.
- The share of Appalachian residents living in single-unit homes was 78.2 percent in 2016-2020, almost a full percentage point higher than in 2011-2015 (see Tables 4.5 and 4.8). Although the share rose in every subregion and county type, there was greater divergence among the states. For example, the share rose 2.5 percentage points in South Carolina's Appalachian section, but only 0.5 points in Appalachian Pennsylvania. As with the share of housing units, Appalachia's increased share of persons in single-unit residences has largely come at the expense of mobile units; the share of the Appalachian population living in mobile homes in 2016-2020 was 0.8 percentage points lower than it was in 2011-2015.


## CHAPTER 5: EDUCATION, DEVICE OWNERSHIP, AND INTERNET ACCESS

Table 5.1: Educational Attainment of Persons Ages 25 and Over in the Appalachian Region, 2016-2020

| Education (Highest Level Attained) | Total Population Ages 25 and Over, 2016-2020 | Percent of Population Ages 25 and Over |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | than High School Diploma | High School Diploma or More |  |  |  |  |
|  |  |  | Total | H.S. Grad, No Postsecondary Degree | Associate's Degree or More |  |  |
|  |  |  |  |  | Total | Associate's Degree | Bachelor's Degree or More |
| United States | 222,836,834 | 11.5 | 88.5 | 47.0 | 41.6 | 8.6 | 32.9 |
| Appalachian Region | 18,076,844 | 12.2 | 87.8 | 53.4 | 34.5 | 9.1 | 25.4 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 5,706,574 | 8.8 | 91.2 | 54.6 | 36.6 | 10.0 | 26.7 |
| North Central Appalachia | 1,770,921 | 11.8 | 88.2 | 58.7 | 29.6 | 8.3 | 21.3 |
| Central Appalachia | 1,309,906 | 19.7 | 80.3 | 57.6 | 22.8 | 7.8 | 14.9 |
| South Central Appalachia | 3,646,748 | 12.5 | 87.5 | 52.6 | 34.9 | 9.1 | 25.7 |
| Southern Appalachia | 5,642,695 | 13.7 | 86.3 | 50.0 | 36.3 | 8.7 | 27.6 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 4,241,631 | 9.0 | 91.0 | 48.3 | 42.7 | 9.3 | 33.4 |
| Small Metros (pop. <1 million) | 7,691,546 | 11.5 | 88.5 | 52.7 | 35.9 | 9.1 | 26.7 |
| Nonmetro, Adjacent to Large Metros | 1,596,545 | 13.7 | 86.3 | 57.9 | 28.5 | 9.6 | 18.9 |
| Nonmetro, Adjacent to Small Metros | 2,807,851 | 14.6 | 85.4 | 58.6 | 26.9 | 8.8 | 18.1 |
| Rural (nonmetro, not adj. to a metro) | 1,739,271 | 17.6 | 82.4 | 56.1 | 26.3 | 8.7 | 17.6 |
| Alabama | 3,344,006 | 13.1 | 86.9 | 51.9 | 35.0 | 8.7 | 26.2 |
| Appalachian Alabama | 2,156,390 | 13.0 | 87.0 | 51.5 | 35.5 | 8.6 | 26.9 |
| Non-Appalachian Alabama | 1,187,616 | 13.3 | 86.7 | 52.7 | 34.0 | 9.0 | 25.0 |
| Georgia | 6,996,425 | 12.1 | 87.9 | 47.7 | 40.2 | 8.0 | 32.2 |
| Appalachian Georgia | 2,174,181 | 13.9 | 86.1 | 48.6 | 37.4 | 8.1 | 29.3 |
| Non-Appalachian Georgia | 4,822,244 | 11.3 | 88.7 | 47.2 | 41.4 | 7.9 | 33.5 |
| Kentucky | 3,034,491 | 12.8 | 87.2 | 53.6 | 33.6 | 8.6 | 25.0 |
| Appalachian Kentucky | 804,568 | 19.8 | 80.2 | 56.5 | 23.7 | 8.0 | 15.7 |
| Non-Appalachian Kentucky | 2,229,923 | 10.3 | 89.7 | 52.5 | 37.2 | 8.8 | 28.4 |
| Maryland | 4,164,698 | 9.4 | 90.6 | 42.9 | 47.7 | 6.8 | 40.9 |
| Appalachian Maryland | 176,974 | 11.1 | 88.9 | 58.8 | 30.0 | 8.3 | 21.7 |
| Non-Appalachian Maryland | 3,987,724 | 9.4 | 90.6 | 42.2 | 48.5 | 6.7 | 41.7 |
| Mississippi | 1,983,112 | 14.7 | 85.3 | 52.3 | 33.0 | 10.2 | 22.8 |
| Appalachian Mississippi | 414,728 | 17.9 | 82.1 | 53.1 | 29.0 | 9.6 | 19.4 |
| Non-Appalachian Mississippi | 1,568,384 | 13.8 | 86.2 | 52.1 | 34.1 | 10.4 | 23.6 |
| New York | 13,649,157 | 12.8 | 87.2 | 40.9 | 46.3 | 8.9 | 37.5 |
| Appalachian New York | 694,119 | 9.3 | 90.7 | 50.7 | 40.0 | 12.7 | 27.3 |
| Non-Appalachian New York | 12,955,038 | 13.0 | 87.0 | 40.4 | 46.7 | 8.7 | 38.0 |
| North Carolina | 7,096,773 | 11.5 | 88.5 | 46.6 | 41.9 | 9.9 | 32.0 |
| Appalachian North Carolina | 1,440,228 | 12.7 | 87.3 | 50.0 | 37.3 | 10.4 | 26.9 |
| Non-Appalachian North Carolina | 5,656,545 | 11.2 | 88.8 | 45.7 | 43.1 | 9.8 | 33.3 |
| Ohio | 8,014,966 | 9.2 | 90.8 | 53.1 | 37.7 | 8.8 | 28.9 |
| Appalachian Ohio | 1,392,764 | 12.1 | 87.9 | 60.2 | 27.7 | 9.0 | 18.6 |
| Non-Appalachian Ohio | 6,622,202 | 8.6 | 91.4 | 51.6 | 39.8 | 8.7 | 31.0 |
| Pennsylvania | 8,989,998 | 9.0 | 91.0 | 50.0 | 41.0 | 8.6 | 32.3 |
| Appalachian Pennsylvania | 4,057,831 | 8.0 | 92.0 | 53.8 | 38.2 | 9.8 | 28.4 |
| Non-Appalachian Pennsylvania | 4,932,167 | 9.8 | 90.2 | 46.9 | 43.2 | 7.6 | 35.6 |
| South Carolina | 3,512,626 | 11.7 | 88.3 | 49.4 | 38.9 | 9.9 | 29.0 |
| Appalachian South Carolina | 897,396 | 12.8 | 87.2 | 48.1 | 39.1 | 10.2 | 28.9 |
| Non-Appalachian South Carolina | 2,615,230 | 11.3 | 88.7 | 49.9 | 38.8 | 9.8 | 29.0 |
| Tennessee | 4,649,847 | 11.8 | 88.2 | 52.6 | 35.7 | 7.5 | 28.2 |
| Appalachian Tennessee | 2,056,103 | 13.0 | 87.0 | 55.1 | 31.9 | 7.9 | 24.0 |
| Non-Appalachian Tennessee | 2,593,744 | 10.8 | 89.2 | 50.6 | 38.6 | 7.2 | 31.4 |
| Virginia | 5,831,949 | 9.7 | 90.3 | 42.9 | 47.4 | 7.9 | 39.5 |
| Appalachian Virginia | 527,693 | 14.8 | 85.2 | 54.4 | 30.8 | 9.7 | 21.1 |
| Non-Appalachian Virginia | 5,304,256 | 9.2 | 90.8 | 41.8 | 49.0 | 7.7 | 41.3 |
| West Virginia (entire state) | 1,283,869 | 12.4 | 87.6 | 58.7 | 28.9 | 7.6 | 21.3 |

[^0]Table 5.2: Educational Attainment of Persons Ages 25 to 64 in the Appalachian Region, 2016-2020

| Education (Highest Level Attained) | Total Population Ages 25 to 64, 2016-2020 | Percent of Population Ages 25 to 64 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | than High <br> School <br> Diploma | High School Diploma or More |  |  |  |  |
|  |  |  | Total | H.S. Grad, No Postsecondary Degree | Associate's Degree or More |  |  |
|  |  |  |  |  | Total | Associate's Degree | Bachelor's Degree or More |
| United States | 170,474,017 | 10.5 | 89.5 | 45.9 | 43.6 | 9.3 | 34.3 |
| Appalachian Region | 13,313,572 | 10.7 | 89.3 | 52.2 | 37.0 | 10.2 | 26.9 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 4,106,431 | 7.6 | 92.4 | 52.1 | 40.4 | 11.4 | 29.0 |
| North Central Appalachia | 1,288,986 | 9.8 | 90.2 | 58.1 | 32.1 | 9.4 | 22.6 |
| Central Appalachia | 961,615 | 16.3 | 83.7 | 58.9 | 24.8 | 9.1 | 15.8 |
| South Central Appalachia | 2,625,823 | 10.9 | 89.1 | 52.4 | 36.7 | 10.1 | 26.6 |
| Southern Appalachia | 4,330,717 | 12.6 | 87.4 | 49.1 | 38.3 | 9.5 | 28.7 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 3,246,641 | 8.0 | 92.0 | 46.1 | 45.9 | 10.1 | 35.8 |
| Small Metros (pop. <1 million) | 5,662,597 | 10.2 | 89.8 | 51.5 | 38.2 | 10.1 | 28.1 |
| Nonmetro, Adjacent to Large Metros | 1,161,204 | 12.5 | 87.5 | 57.2 | 30.3 | 10.8 | 19.5 |
| Nonmetro, Adjacent to Small Metros | 1,992,194 | 12.7 | 87.3 | 58.6 | 28.7 | 10.0 | 18.6 |
| Rural (nonmetro, not adj. to a metro) | 1,250,936 | 15.2 | 84.8 | 56.7 | 28.2 | 10.0 | 18.2 |
| Alabama | 2,516,572 | 11.8 | 88.2 | 51.2 | 36.9 | 9.7 | 27.2 |
| Appalachian Alabama | 1,627,635 | 11.8 | 88.2 | 50.6 | 37.6 | 9.5 | 28.1 |
| Non-Appalachian Alabama | 888,937 | 11.8 | 88.2 | 52.4 | 35.8 | 10.0 | 25.8 |
| Georgia | 5,537,064 | 11.1 | 88.9 | 46.8 | 42.1 | 8.5 | 33.6 |
| Appalachian Georgia | 1,718,147 | 13.2 | 86.8 | 47.7 | 39.1 | 8.7 | 30.4 |
| Non-Appalachian Georgia | 3,818,917 | 10.1 | 89.9 | 46.4 | 43.4 | 8.4 | 35.1 |
| Kentucky | 2,304,563 | 11.0 | 89.0 | 52.8 | 36.2 | 9.7 | 26.5 |
| Appalachian Kentucky | 598,564 | 16.5 | 83.5 | 57.5 | 25.9 | 9.2 | 16.7 |
| Non-Appalachian Kentucky | 1,705,999 | 9.0 | 91.0 | 51.2 | 39.8 | 9.8 | 29.9 |
| Maryland | 3,233,823 | 8.4 | 91.6 | 42.0 | 49.6 | 7.2 | 42.4 |
| Appalachian Maryland | 130,251 | 9.5 | 90.5 | 58.4 | 32.1 | 9.5 | 22.6 |
| Non-Appalachian Maryland | 3,103,572 | 8.3 | 91.7 | 41.3 | 50.3 | 7.1 | 43.3 |
| Mississippi | 1,508,842 | 13.0 | 87.0 | 52.2 | 34.8 | 11.6 | 23.2 |
| Appalachian Mississippi | 309,396 | 15.7 | 84.3 | 53.2 | 31.1 | 11.1 | 20.0 |
| Non-Appalachian Mississippi | 1,199,446 | 12.3 | 87.7 | 52.0 | 35.8 | 11.7 | 24.1 |
| New York | 10,427,455 | 11.1 | 88.9 | 39.5 | 49.4 | 9.5 | 39.9 |
| Appalachian New York | 497,810 | 8.5 | 91.5 | 49.2 | 42.2 | 13.9 | 28.3 |
| Non-Appalachian New York | 9,929,645 | 11.2 | 88.8 | 39.0 | 49.8 | 9.3 | 40.5 |
| North Carolina | 5,408,419 | 10.4 | 89.6 | 45.5 | 44.1 | 10.5 | 33.6 |
| Appalachian North Carolina | 1,027,752 | 11.7 | 88.3 | 49.8 | 38.5 | 11.4 | 27.1 |
| Non-Appalachian North Carolina | 4,380,667 | 10.0 | 90.0 | 44.5 | 45.5 | 10.3 | 35.2 |
| Ohio | 6,024,345 | 8.0 | 92.0 | 51.4 | 40.6 | 9.8 | 30.8 |
| Appalachian Ohio | 1,013,692 | 10.9 | 89.1 | 58.9 | 30.3 | 10.4 | 19.9 |
| Non-Appalachian Ohio | 5,010,653 | 7.4 | 92.6 | 49.9 | 42.7 | 9.6 | 33.1 |
| Pennsylvania | 6,654,894 | 7.6 | 92.4 | 47.8 | 44.6 | 9.6 | 35.0 |
| Appalachian Pennsylvania | 2,921,927 | 6.6 | 93.4 | 50.9 | 42.4 | 11.2 | 31.2 |
| Non-Appalachian Pennsylvania | 3,732,967 | 8.4 | 91.6 | 45.3 | 46.4 | 8.4 | 38.0 |
| South Carolina | 2,611,930 | 10.7 | 89.3 | 49.1 | 40.2 | 10.6 | 29.6 |
| Appalachian South Carolina | 675,539 | 11.7 | 88.3 | 47.2 | 41.1 | 10.9 | 30.2 |
| Non-Appalachian South Carolina | 1,936,391 | 10.4 | 89.6 | 49.7 | 39.9 | 10.5 | 29.4 |
| Tennessee | 3,542,283 | 10.1 | 89.9 | 51.9 | 38.0 | 8.2 | 29.8 |
| Appalachian Tennessee | 1,497,275 | 11.0 | 89.0 | 55.0 | 34.0 | 8.8 | 25.2 |
| Non-Appalachian Tennessee | 2,045,008 | 9.4 | 90.6 | 49.6 | 40.9 | 7.7 | 33.2 |
| Virginia | 4,517,604 | 8.3 | 91.7 | 41.9 | 49.8 | 8.4 | 41.4 |
| Appalachian Virginia | 371,961 | 11.2 | 88.8 | 55.1 | 33.7 | 11.0 | 22.7 |
| Non-Appalachian Virginia | 4,145,643 | 8.1 | 91.9 | 40.7 | 51.3 | 8.2 | 43.1 |
| West Virginia (entire state) | 923,623 | 10.2 | 89.8 | 58.4 | 31.4 | 8.7 | 22.7 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 5.3: Educational Attainment of Persons Ages 65 and Over in the Appalachian Region, 2016-2020

| Education (Highest Level Attained) | Total Population Ages 65 and Over, 2016-2020 | Percent of Population Ages 65 and Over |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | than High <br> School <br> Diploma | High School Diploma or More |  |  |  |  |
|  |  |  | Total | H.S. Grad, No PostsecondaryDegree | Associate's Degree or More |  |  |
|  |  |  |  |  | Total | Associate's Degree | Bachelor's Degree or More |
| United States | 52,362,817 | 14.6 | 85.4 | 50.4 | 35.0 | 6.6 | 28.3 |
| Appalachian Region | 4,763,272 | 16.2 | 83.8 | 56.4 | 27.4 | 6.1 | 21.2 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 1,600,143 | 12.0 | 88.0 | 60.9 | 27.1 | 6.4 | 20.7 |
| North Central Appalachia | 481,935 | 17.0 | 83.0 | 60.2 | 22.8 | 5.3 | 17.5 |
| Central Appalachia | 348,291 | 28.9 | 71.1 | 54.0 | 17.0 | 4.4 | 12.6 |
| South Central Appalachia | 1,020,925 | 16.8 | 83.2 | 53.1 | 30.1 | 6.6 | 23.4 |
| Southern Appalachia | 1,311,978 | 17.2 | 82.8 | 52.8 | 30.0 | 6.2 | 23.8 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 994,990 | 12.2 | 87.8 | 55.7 | 32.1 | 6.4 | 25.6 |
| Small Metros (pop. <1 million) | 2,028,949 | 15.0 | 85.0 | 55.8 | 29.2 | 6.3 | 22.9 |
| Nonmetro, Adjacent to Large Metros | 435,341 | 16.9 | 83.1 | 59.5 | 23.6 | 6.4 | 17.2 |
| Nonmetro, Adjacent to Small Metros | 815,657 | 19.1 | 80.9 | 58.4 | 22.5 | 5.7 | 16.7 |
| Rural (nonmetro, not adj. to a metro) | 488,335 | 23.9 | 76.1 | 54.6 | 21.5 | 5.2 | 16.3 |
| Alabama | 827,434 | 17.1 | 82.9 | 54.0 | 28.9 | 5.8 | 23.1 |
| Appalachian Alabama | 528,755 | 16.8 | 83.2 | 54.1 | 29.1 | 5.7 | 23.4 |
| Non-Appalachian Alabama | 298,679 | 17.6 | 82.4 | 53.7 | 28.7 | 6.0 | 22.7 |
| Georgia | 1,459,361 | 16.0 | 84.0 | 51.0 | 33.0 | 6.2 | 26.8 |
| Appalachian Georgia | 456,034 | 16.6 | 83.4 | 52.2 | 31.3 | 6.0 | 25.2 |
| Non-Appalachian Georgia | 1,003,327 | 15.8 | 84.2 | 50.4 | 33.8 | 6.3 | 27.5 |
| Kentucky | 729,928 | 18.7 | 81.3 | 55.9 | 25.4 | 5.1 | 20.4 |
| Appalachian Kentucky | 206,004 | 29.5 | 70.5 | 53.4 | 17.1 | 4.4 | 12.6 |
| Non-Appalachian Kentucky | 523,924 | 14.4 | 85.6 | 56.8 | 28.7 | 5.4 | 23.4 |
| Maryland | 930,875 | 13.1 | 86.9 | 45.9 | 41.0 | 5.4 | 35.6 |
| Appalachian Maryland | 46,723 | 15.7 | 84.3 | 60.1 | 24.2 | 5.2 | 19.0 |
| Non-Appalachian Maryland | 884,152 | 13.0 | 87.0 | 45.1 | 41.9 | 5.4 | 36.5 |
| Mississippi | 474,270 | 20.1 | 79.9 | 52.7 | 27.2 | 6.0 | 21.2 |
| Appalachian Mississippi | 105,332 | 24.2 | 75.8 | 53.0 | 22.8 | 5.2 | 17.6 |
| Non-Appalachian Mississippi | 368,938 | 18.9 | 81.1 | 52.6 | 28.5 | 6.3 | 22.3 |
| New York | 3,221,702 | 18.2 | 81.8 | 45.5 | 36.3 | 6.7 | 29.6 |
| Appalachian New York | 196,309 | 11.1 | 88.9 | 54.6 | 34.3 | 9.4 | 24.9 |
| Non-Appalachian New York | 3,025,393 | 18.6 | 81.4 | 44.9 | 36.4 | 6.5 | 29.9 |
| North Carolina | 1,688,354 | 15.1 | 84.9 | 50.1 | 34.8 | 7.9 | 26.9 |
| Appalachian North Carolina | 412,476 | 15.1 | 84.9 | 50.6 | 34.3 | 7.9 | 26.4 |
| Non-Appalachian North Carolina | 1,275,878 | 15.1 | 84.9 | 50.0 | 35.0 | 7.9 | 27.1 |
| Ohio | 1,990,621 | 12.9 | 87.1 | 58.4 | 28.7 | 5.7 | 23.0 |
| Appalachian Ohio | 379,072 | 15.5 | 84.5 | 63.8 | 20.7 | 5.3 | 15.4 |
| Non-Appalachian Ohio | 1,611,549 | 12.3 | 87.7 | 57.1 | 30.6 | 5.8 | 24.7 |
| Pennsylvania | 2,335,104 | 13.0 | 87.0 | 56.5 | 30.4 | 5.8 | 24.7 |
| Appalachian Pennsylvania | 1,135,904 | 11.5 | 88.5 | 61.1 | 27.3 | 6.2 | 21.1 |
| Non-Appalachian Pennsylvania | 1,199,200 | 14.5 | 85.5 | 52.2 | 33.4 | 5.4 | 28.0 |
| South Carolina | 900,696 | 14.5 | 85.5 | 50.5 | 35.1 | 7.8 | 27.3 |
| Appalachian South Carolina | 221,857 | 16.1 | 83.9 | 50.9 | 33.0 | 8.1 | 24.9 |
| Non-Appalachian South Carolina | 678,839 | 13.9 | 86.1 | 50.3 | 35.8 | 7.7 | 28.0 |
| Tennessee | 1,107,564 | 17.2 | 82.8 | 54.7 | 28.2 | 5.3 | 22.8 |
| Appalachian Tennessee | 558,828 | 18.4 | 81.6 | 55.3 | 26.3 | 5.4 | 20.9 |
| Non-Appalachian Tennessee | 548,736 | 15.9 | 84.1 | 54.1 | 30.0 | 5.3 | 24.8 |
| Virginia | 1,314,345 | 14.3 | 85.7 | 46.6 | 39.1 | 6.0 | 33.1 |
| Appalachian Virginia | 155,732 | 23.3 | 76.7 | 52.7 | 24.0 | 6.6 | 17.4 |
| Non-Appalachian Virginia | 1,158,613 | 13.1 | 86.9 | 45.8 | 41.1 | 5.9 | 35.2 |
| West Virginia (entire state) | 360,246 | 17.9 | 82.1 | 59.6 | 22.5 | 4.9 | 17.6 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 5.1: Percent of Persons Ages 25 and Over in the Appalachian Region With a High School Diploma or More, 2016-2020


Map Title: Percent of Persons Ages 25 and Over in the Appalachian Region With a High School Diploma or More, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Although the share of Appalachian adults with at least a high school diploma was slightly below the national average for the 2016-2020 period, it matched or exceeded the national share in 129 counties in the Region-108 of which were either in Northern Appalachia or in metropolitan areas. The rates were especially high in the Appalachian sections of Pennsylvania and New York, where the share of adults who had completed high school was 92 percent and nearly 91 percent, respectively. Yet in 20 counties, less than three-fourths of adults had completed high school; all but three of those counties were outside metropolitan areas. Kentucky alone had 12 of these 20 counties; just 80 percent of adults in the state's Appalachian counties had a high school diploma or more in 2016-2020.

Figure 5.2: Percent of Persons Ages 25 and Over in the Appalachian Region With a High School Diploma but With No Postsecondary Degree, 2016-2020


Map Title: Percent of Persons Ages 25 and Over in the Appalachian Region With a High School Diploma but With No Postsecondary Degree, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

During the 2016-2020 period, 53.4 percent of adults ages 25 and over in the Appalachian Region had a high school diploma, but no postsecondary degree (including an associate's degree). And the share was at least 60 percent in 155 of the Region's 423 counties-122 of which were in four states: Ohio, Pennsylvania, Tennessee, and West Virginia. Many of these adults had attended college but did not graduate, while others acquired vocational training. Conversely, 34.5 percent of adults in Appalachia did earn an associate's or bachelor's degree, while 12.2 percent never finished high school.

Figure 5.3: Percent of Persons Ages 25 and Over in the Appalachian Region With an Associate's Degree but Without a Bachelor's Degree, 2016-2020


Map Title: Percent of Persons Ages 25 and Over in the Appalachian Region With an Associate's Degree but Without a Bachelor's Degree, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.
In the Appalachian Region, the share of adults ages 25 and over with an associate's degree but without a bachelor's degree was 9.1 percent in 2016-2020, just above the national rate ( 8.6 percent). And it was even higher in some parts of the Region-12.7 percent in Appalachian New York and just over 10 percent in both North and South Carolina, for example. Indeed, those three states alone accounted for 37 of the 114 counties where the share matched or exceeded 10 percent. In contrast, the share was less than 5 percent in 19 other Appalachian counties- 16 of which were in West Virginia, Kentucky, or Tennessee. In the Appalachian portion of each of these states, the share of adults who had an associate's degree as their highest level of education was no more than 8 percent.

Figure 5.4: Percent of Persons Ages 25 and Over in the Appalachian Region With a Bachelor's Degree or More, 2016-2020


Map Title: Percent of Persons Ages 25 and Over in the Appalachian Region With a Bachelor's Degree or More, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

The share of adults ages 25 and over with a bachelor's degree or more was 7.5 percentage points lower in Appalachia during the 2016-2020 period than in the nation as a whole. Indeed, the rate was lower than the national average in 400 of the Region's 423 counties. In fact, less than one in five residents ages 25 and over were graduates of a four-year college or university in 283 Appalachian counties. And in 19 counties-all but one of which were either outside metropolitan areas or in Central Appalachia-the share was less than one in 10. The 23 counties where the percentage of college graduates matched or surpassed the national average were largely in metro areas (e.g., Pittsburgh, Birmingham, suburban Atlanta) or home to a college or university (such as Knox County, Tennessee, where the University of Tennessee is located).

Figure 5.5: Percent of Persons Ages 25 to 64 in the Appalachian Region With a High School Diploma or More, 2016-2020


Map Title: Percent of Persons Ages 25 to 64 in the Appalachian Region With a High School Diploma or More, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 2016-2020, the percentage of working-age adults (ages 25 to 64) in the Appalachian Region with at least a high school diploma was almost equal to the national average of 89.5 percent, and the share matched or exceeded the national rate in 157 counties. More than half of these counties were in metropolitan areas, and 103 of them were in Northern or North Central Appalachia. More than one-third of these 157 counties were in New York or Pennsylvania; the share of working-age adults with a high school diploma or more exceeded 91 percent in both states' Appalachian sections. (The share in Appalachian Pennsylvania was 93.4 percent.) At the other end of the spectrum, less than 80 percent of working-age adults had finished high school in 40 Appalachian counties. All but five of these counties were outside metropolitan areas, and 19 of them were in Kentucky alone.

Figure 5.6: Percent of Persons Ages 25 to 64 in the Appalachian Region With a High School Diploma but With No Postsecondary Degree, 2016-2020


Map Title: Percent of Persons Ages 25 to 64 in the Appalachian Region With a High School Diploma but With No Postsecondary Degree, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 2016-2020, 52 percent of working-age adults (ages 25 to 64) in the Appalachian Region had a high school diploma but no postsecondary degree, compared to just 46 percent nationally. And the share was at least 60 percent in 167 of Appalachia's 423 counties. One-third of these counties were in Ohio and West Virginia; the share with just a high school diploma was more than 58 percent in the Appalachian portion of both states. In contrast, there were 19 Appalachian counties where the share of 25 -to-64-year-olds with no more than a high school diploma was below the national average; all but one of these were in metro areas and/or college or university towns. Many working-age adults with this level of attainment did continue their education after high school, either by attending college without graduating or by acquiring vocational training.

Figure 5.7: Percent of Persons Ages 25 to 64 in the Appalachian Region With an Associate's Degree but Without a Bachelor's Degree, 2016-2020


Map Title: Percent of Persons Ages 25 to 64 in the Appalachian Region With an Associate's Degree but Without a Bachelor's Degree, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 2016-2020, 10.2 percent of working-age adults (ages 25 to 64) in Appalachia had attained an associate's degree but not a bachelor's degree, compared with 9.3 percent nationally. And the share was even higher in much of the Region: In 74 Appalachian counties, at least one in eight working-age adults had an associate's degree as their highest level of education. The share with an associate's degree only was 11 percent or more in the Appalachian sections of Mississippi, New York, North Carolina, Pennsylvania, and Virginia. In contrast, there were 74 other counties where less than 7.5 percent of 25 -to- 64 -year-olds had attained an associate's degree only. All but eight of the counties in the latter group were in four states-Georgia, Kentucky, Tennessee, and West Virginia.

Figure 5.8: Percent of Persons Ages 25 to 64 in the Appalachian Region With a Bachelor's Degree or More, 2016-2020


Map Title: Percent of Persons Ages 25 to 64 in the Appalachian Region With a Bachelor's Degree or More, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Almost 27 percent of Appalachia's working-age population had a bachelor's degree or more in 2016-2020-more than seven percentage points lower than the U.S. average of 34.3 percent. This is a striking indicator of the lower educational level of the Appalachian workforce. Indeed, just 15.8 percent of working-age adults in Central Appalachia had a bachelor's degree, as did 18.2 percent of residents in the Region's most rural counties, although the share exceeded the national average among counties in large metro areas. There were only 22 Appalachian counties-all either in metro areas (e.g., suburban Atlanta) and/or housing a four-year college or university (e.g., Madison County, Kentucky, home to Eastern Kentucky University)-where the share of working-age adults ages 25 to 64 with at least a bachelor's degree matched or exceeded the national average. In contrast, less than one in 10 adults had a four-year degree in 26 counties. Of the counties in this latter group, 21 were outside metropolitan areas and 13 were not even adjacent to a metro, suggesting a lack of employment opportunities for college-educated adults in such areas.

Figure 5.9: Percent of Persons Ages 65 and Over in the Appalachian Region With a Bachelor's Degree or More, 2016-2020


Map Title: Percent of Persons Ages 65 and Over in the Appalachian Region With a Bachelor's Degree or More, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

While 28.3 percent of older Americans (ages 65 and over) had at least a bachelor's degree in 2016-2020, less than 10 percent had one in 47 of Appalachia's 423 counties. (And in one-third of these counties, less than two-thirds of older adults had completed high school.) Of these 47 counties, 42 were outside metropolitan areas, and more than threefifths were in Central Appalachia-Kentucky alone had 22 of these counties. Yet in 37 Appalachian counties, the share of older adults with a four-year degree was at or above the national average. These were either counties in metropolitan areas (like suburban Atlanta), counties that had a college or university (such as Athens County, Ohio, home to Ohio University), or counties with significant retirement or seasonal activity (the latter suggested by the fact that much of their vacant housing is for seasonal or occasional use-such as Avery, Transylvania, and other western North Carolina counties that lie along the Blue Ridge Parkway).

Table 5.4: Percentage Point Change in Educational Attainment of Persons Ages 25 and Over in the Appalachian Region, 2011-2015 to 2016-2020

| Education (Highest Level Attained) | Percentage Point Change in Share of Population Ages 25 and Over |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Less than High School Diploma | High School Diploma or More |  |  |  |  |
|  |  | Total | H.S. Grad, No Postsecondary Degree | Associate's Degree or More |  |  |
|  |  |  |  | Total | Associate's Degree | Bachelor's Degree or More |
| United States | -1.8 | + 1.8 | -1.8 | + 3.8 | + 0.5 | + 3.1 |
| Appalachian Region | -2.3 | + 2.3 | -1.3 | + 3.7 | + 0.9 | + 2.8 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | - 1.5 | + 1.5 | -2.2 | + 3.8 | + 0.8 | + 3.0 |
| North Central Appalachia | - 2.3 | + 2.3 | - 0.3 | + 2.7 | + 0.8 | + 1.9 |
| Central Appalachia | -3.7 | + 3.7 | +0.6 | + 3.2 | + 1.5 | + 1.6 |
| South Central Appalachia | -3.2 | + 3.2 | - 0.7 | + 3.8 | + 1.0 | + 2.7 |
| Southern Appalachia | -2.6 | +2.6 | -1.3 | + 3.9 | + 0.8 | + 3.2 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | -1.8 | + 1.8 | -2.5 | + 4.2 | + 0.7 | + 3.6 |
| Small Metros (pop. <1 million) | - 2.2 | + 2.2 | -1.5 | +3.8 | + 0.9 | + 2.7 |
| Nonmetro, Adjacent to Large Metros | -2.3 | + 2.3 | - 0.9 | +3.3 | + 1.1 | + 2.3 |
| Nonmetro, Adjacent to Small Metros | -2.8 | + 2.8 | - 0.3 | + 3.2 | +1.0 | + 2.2 |
| Rural (nonmetro, not adj. to a metro) | -3.4 | + 3.4 | + 0.2 | + 3.1 | + 1.2 | + 2.0 |
| Alabama | - 2.6 | + 2.6 | -1.1 | +3.7 | +0.9 | + 2.7 |
| Appalachian Alabama | -2.7 | + 2.7 | -1.0 | + 3.7 | + 0.9 | + 2.9 |
| Non-Appalachian Alabama | -2.5 | + 2.5 | -1.2 | + 3.7 | + 1.2 | + 2.4 |
| Georgia | -2.5 | + 2.5 | -1.7 | + 4.2 | + 0.8 | + 3.4 |
| Appalachian Georgia | -2.3 | +2.3 | -1.7 | +3.9 | + 0.6 | +3.3 |
| Non-Appalachian Georgia | -2.6 | + 2.6 | -1.8 | + 4.3 | + 0.9 | + 3.4 |
| Kentucky | -3.0 | +3.0 | -0.8 | +3.8 | + 1.1 | + 2.7 |
| Appalachian Kentucky | - 3.6 | + 3.6 | + 0.4 | +3.2 | +1.5 | + 1.7 |
| Non-Appalachian Kentucky | -2.7 | + 2.7 | -1.3 | + 3.9 | + 0.9 | + 3.0 |
| Maryland | -1.2 | +1.2 | -2.2 | +3.4 | + 0.4 | +3.0 |
| Appalachian Maryland | -1.5 | +1.5 | -1.4 | + 2.8 | + 0.2 | + 2.6 |
| Non-Appalachian Maryland | -1.1 | +1.1 | - 2.2 | + 3.4 | + 0.4 | +2.9 |
| Mississippi | -3.0 | +3.0 | -0.8 | +3.7 | + 1.6 | + 2.1 |
| Appalachian Mississippi | - 2.9 | + 2.9 | - 0.3 | +3.1 | +1.1 | + 2.0 |
| Non-Appalachian Mississippi | -3.0 | +3.0 | -0.9 | +3.9 | +1.8 | + 2.1 |
| New York | -1.6 | +1.6 | - 2.0 | +3.6 | + 0.4 | + 3.3 |
| Appalachian New York | -1.2 | +1.2 | - 1.8 | +3.0 | + 0.7 | + 2.3 |
| Non-Appalachian New York | -1.6 | + 1.6 | - 2.0 | +3.7 | + 0.4 | + 3.3 |
| North Carolina | -2.7 | + 2.7 | -1.9 | + 4.6 | +0.9 | + 3.6 |
| Appalachian North Carolina | - 3.2 | + 3.2 | - 0.7 | + 3.9 | + 1.2 | + 2.7 |
| Non-Appalachian North Carolina | -2.5 | + 2.5 | - 2.2 | + 4.8 | + 0.9 | + 3.8 |
| Ohio | -1.7 | +1.7 | -1.7 | + 3.4 | + 0.6 | + 2.8 |
| Appalachian Ohio | -1.6 | + 1.6 | -1.0 | + 2.6 | + 0.6 | + 1.9 |
| Non-Appalachian Ohio | -1.7 | +1.7 | -1.8 | + 3.5 | + 0.5 | +2.9 |
| Pennsylvania | -1.8 | +1.8 | -2.7 | + 4.5 | + 0.7 | + 3.7 |
| Appalachian Pennsylvania | -1.7 | +1.7 | -2.5 | + 4.2 | + 0.8 | +3.3 |
| Non-Appalachian Pennsylvania | -1.9 | +1.9 | -2.7 | + 4.5 | + 0.6 | + 4.0 |
| South Carolina | -2.7 | + 2.7 | -1.4 | +4.1 | +1.0 | + 3.2 |
| Appalachian South Carolina | - 3.0 | + 3.0 | -1.8 | + 4.8 | + 1.1 | + 3.7 |
| Non-Appalachian South Carolina | -2.6 | + 2.6 | -1.2 | + 3.8 | +0.9 | +2.9 |
| Tennessee | -2.7 | + 2.7 | -1.4 | + 4.2 | +0.9 | + 3.3 |
| Appalachian Tennessee | - 3.2 | + 3.2 | - 0.6 | + 3.8 | + 1.1 | + 2.7 |
| Non-Appalachian Tennessee | -2.4 | + 2.4 | -2.0 | + 4.4 | + 0.8 | + 3.5 |
| Virginia | -2.0 | + 2.0 | -1.9 | + 3.8 | +0.6 | +3.2 |
| Appalachian Virginia | -3.7 | + 3.7 | + 0.5 | +3.1 | + 1.3 | + 1.8 |
| Non-Appalachian Virginia | -1.7 | + 1.7 | -2.0 | +3.8 | + 0.6 | + 3.2 |
| West Virginia (entire state) | -2.6 | +2.6 | -0.5 | +3.2 | +1.0 | +2.1 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Table 5.5: Percentage Point Change in Educational Attainment of Persons Ages 25 to 64 in the Appalachian Region, 2011-2015 to 2016-2020

| Education (Highest Level Attained) | Percentage Point Change in Share of Population Ages 25 to 64 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Less than High School Diploma | High School Diploma or More |  |  |  |  |
|  |  | Total | H.S. Grad, No Postsecondary Degree | Associate's Degree or More |  |  |
|  |  |  |  | Total | Associate's Degree | Bachelor's Degree or More |
| United States | -1.3 | + 1.3 | -2.2 | + 3.5 | + 0.5 | + 3.0 |
| Appalachian Region | -1.3 | +1.3 | -2.1 | + 3.4 | + 0.8 | + 2.7 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | - 0.4 | + 0.4 | - 3.0 | + 3.5 | + 0.6 | + 2.9 |
| North Central Appalachia | - 1.3 | + 1.3 | -0.9 | + 2.3 | + 0.7 | +1.5 |
| Central Appalachia | -2.1 | + 2.1 | -1.2 | + 3.2 | + 1.6 | + 1.7 |
| South Central Appalachia | - 2.0 | + 2.0 | -1.4 | + 3.3 | + 0.9 | + 2.4 |
| Southern Appalachia | -1.8 | + 1.8 | -2.0 | + 3.7 | + 0.7 | +2.9 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | - 1.0 | + 1.0 | -2.8 | + 3.8 | + 0.4 | + 3.4 |
| Small Metros (pop. <1 million) | -1.2 | +1.2 | -2.2 | + 3.3 | + 0.8 | + 2.5 |
| Nonmetro, Adjacent to Large Metros | - 0.9 | + 0.9 | -1.9 | + 2.8 | + 0.8 | + 1.9 |
| Nonmetro, Adjacent to Small Metros | -1.6 | + 1.6 | -1.3 | + 2.9 | + 0.8 | + 2.0 |
| Rural (nonmetro, not adj. to a metro) | -2.1 | +2.1 | -0.9 | + 3.1 | +1.2 | + 1.9 |
| Alabama | -1.9 | +1.9 | -1.7 | +3.4 | +1.0 | + 2.5 |
| Appalachian Alabama | -1.9 | + 1.9 | -1.6 | + 3.4 | + 0.8 | + 2.6 |
| Non-Appalachian Alabama | -1.8 | +1.8 | -1.8 | + 3.6 | + 1.2 | + 2.4 |
| Georgia | -1.8 | +1.8 | -2.3 | + 4.1 | + 0.7 | + 3.4 |
| Appalachian Georgia | -1.5 | + 1.5 | -2.1 | + 3.6 | + 0.5 | +3.1 |
| Non-Appalachian Georgia | -2.0 | + 2.0 | -2.4 | +4.3 | + 0.8 | + 3.6 |
| Kentucky | -1.7 | + 1.7 | -2.1 | + 3.8 | +1.1 | + 2.6 |
| Appalachian Kentucky | - 2.1 | + 2.1 | -1.4 | + 3.4 | + 1.6 | + 1.8 |
| Non-Appalachian Kentucky | -1.5 | + 1.5 | -2.3 | + 3.8 | + 0.9 | + 2.8 |
| Maryland | -0.7 | + 0.7 | -2.5 | + 3.1 | +0.3 | + 2.8 |
| Appalachian Maryland | - 0.9 | + 0.9 | -1.4 | + 2.3 | + 0.1 | + 2.1 |
| Non-Appalachian Maryland | -0.7 | + 0.7 | -2.5 | + 3.1 | +0.3 | + 2.9 |
| Mississippi | -2.3 | + 2.3 | -1.4 | + 3.7 | +1.9 | +1.8 |
| Appalachian Mississippi | -2.2 | + 2.2 | -1.1 | +3.3 | + 1.2 | + 2.0 |
| Non-Appalachian Mississippi | -2.3 | + 2.3 | -1.5 | + 3.8 | + 2.0 | + 1.9 |
| New York | -1.2 | + 1.2 | -2.2 | + 3.4 | + 0.1 | +3.3 |
| Appalachian New York | - 0.1 | + 0.1 | -2.2 | + 2.2 | + 0.3 | + 1.9 |
| Non-Appalachian New York | -1.3 | + 1.3 | -2.2 | + 3.5 | + 0.1 | + 3.4 |
| North Carolina | -1.9 | +1.9 | -2.4 | + 4.3 | + 0.7 | + 3.6 |
| Appalachian North Carolina | - 2.0 | + 2.0 | -1.0 | + 3.0 | + 0.9 | + 2.1 |
| Non-Appalachian North Carolina | -2.0 | + 2.0 | -2.7 | + 4.7 | + 0.6 | + 4.0 |
| Ohio | -0.9 | +0.9 | -2.2 | + 3.1 | + 0.4 | +2.7 |
| Appalachian Ohio | - 0.5 | + 0.5 | -1.7 | + 2.2 | + 0.4 | + 1.8 |
| Non-Appalachian Ohio | -0.9 | +0.9 | -2.2 | + 3.2 | + 0.3 | + 2.9 |
| Pennsylvania | -0.9 | +0.9 | -3.2 | + 4.1 | + 0.5 | + 3.6 |
| Appalachian Pennsylvania | - 0.6 | + 0.6 | - 3.3 | + 3.8 | + 0.6 | + 3.2 |
| Non-Appalachian Pennsylvania | -1.1 | + 1.1 | -3.1 | + 4.4 | + 0.5 | +3.8 |
| South Carolina | -1.7 | +1.7 | -2.0 | + 3.7 | + 0.8 | + 2.9 |
| Appalachian South Carolina | -1.7 | +1.7 | -2.8 | + 4.5 | + 0.8 | +3.7 |
| Non-Appalachian South Carolina | -1.6 | +1.6 | -1.8 | + 3.4 | + 0.8 | + 2.6 |
| Tennessee | -1.8 | +1.8 | -2.3 | + 4.1 | +0.9 | + 3.2 |
| Appalachian Tennessee | -1.9 | + 1.9 | -1.8 | + 3.7 | + 1.0 | + 2.7 |
| Non-Appalachian Tennessee | -1.7 | +1.7 | -2.7 | + 4.2 | + 0.7 | + 3.6 |
| Virginia | -1.2 | +1.2 | -2.3 | + 3.5 | + 0.5 | +3.0 |
| Appalachian Virginia | - 2.3 | + 2.3 | - 0.4 | + 2.7 | + 1.3 | + 1.5 |
| Non-Appalachian Virginia | -1.0 | +1.0 | -2.5 | + 3.6 | + 0.5 | + 3.1 |
| West Virginia (entire state) | -1.6 | +1.6 | -1.2 | + 2.8 | +1.0 | +1.8 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Table 5.6: Percentage Point Change in Educational Attainment of Persons Ages 65 and Over in the Appalachian Region, 2011-2015 to 2016-2020

| Education (Highest Level Attained) | Percentage Point Change in Share of Population Ages 65 and Over |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Less than High School Diploma | High School Diploma or More |  |  |  |  |
|  |  | Total | H.S. Grad, No PostsecondaryDegree | Associate's Degree or More |  |  |
|  |  |  |  | Total | Associate's Degree | Bachelor's Degree or More |
| United States | -4.4 | + 4.4 | -1.3 | + 5.8 | + 1.5 | + 4.2 |
| Appalachian Region | -6.4 | + 6.4 | + 0.5 | +5.9 | +1.8 | + 4.0 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | - 5.3 | + 5.3 | - 1.1 | + 6.3 | + 2.1 | + 4.2 |
| North Central Appalachia | -6.4 | + 6.4 | + 1.1 | + 5.3 | + 1.8 | + 3.5 |
| Central Appalachia | - 10.7 | + 10.7 | +6.9 | + 3.7 | +1.8 | + 1.9 |
| South Central Appalachia | - 7.1 | + 7.1 | + 1.3 | + 5.8 | + 1.8 | + 3.9 |
| Southern Appalachia | -6.3 | + 6.3 | + 0.4 | + 6.0 | +1.5 | + 4.4 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | -5.2 | + 5.2 | - 2.0 | + 7.2 | + 1.8 | + 5.3 |
| Small Metros (pop. <1 million) | -6.0 | + 6.0 | + 0.1 | + 5.9 | + 1.8 | + 4.1 |
| Nonmetro, Adjacent to Large Metros | - 7.2 | + 7.2 | +1.5 | + 5.6 | + 2.2 | + 3.4 |
| Nonmetro, Adjacent to Small Metros | - 7.2 | + 7.2 | + 2.3 | +4.9 | + 1.8 | + 3.0 |
| Rural (nonmetro, not adj. to a metro) | -8.1 | + 8.1 | +3.8 | + 4.3 | +1.5 | + 2.7 |
| Alabama | -5.9 | + 5.9 | + 0.6 | + 5.3 | +1.4 | + 3.9 |
| Appalachian Alabama | - 6.0 | + 6.0 | + 0.4 | + 5.7 | +1.3 | + 4.3 |
| Non-Appalachian Alabama | - 5.8 | + 5.8 | +0.9 | + 4.9 | + 1.7 | + 3.2 |
| Georgia | -6.0 | + 6.0 | -0.1 | + 6.0 | +1.8 | + 4.2 |
| Appalachian Georgia | - 5.8 | + 5.8 | -0.6 | +6.5 | +1.3 | + 5.1 |
| Non-Appalachian Georgia | -6.0 | + 6.0 | + 0.1 | + 5.9 | +2.0 | + 3.9 |
| Kentucky | -8.8 | + 8.8 | + 3.5 | + 5.3 | +1.6 | + 3.8 |
| Appalachian Kentucky | - 10.3 | + 10.3 | +6.9 | + 3.4 | + 1.8 | + 1.6 |
| Non-Appalachian Kentucky | -8.0 | + 8.0 | +2.0 | + 5.9 | +1.5 | + 4.5 |
| Maryland | -3.9 | + 3.9 | -1.8 | + 5.7 | +1.0 | + 4.7 |
| Appalachian Maryland | -4.0 | + 4.0 | -1.4 | + 5.4 | + 1.1 | + 4.4 |
| Non-Appalachian Maryland | -3.9 | + 3.9 | -1.8 | + 5.7 | +1.0 | + 4.7 |
| Mississippi | -6.3 | + 6.3 | +1.6 | + 4.7 | +1.7 | + 3.1 |
| Appalachian Mississippi | -6.1 | +6.1 | + 2.6 | + 3.5 | +1.3 | + 2.1 |
| Non-Appalachian Mississippi | -6.4 | + 6.4 | +1.3 | + 5.1 | +1.8 | + 3.4 |
| New York | -3.9 | + 3.9 | -1.9 | + 5.8 | +1.5 | + 4.3 |
| Appalachian New York | -5.1 | + 5.1 | -1.2 | + 6.3 | + 2.3 | + 4.0 |
| Non-Appalachian New York | - 3.9 | + 3.9 | -1.9 | + 5.7 | +1.4 | + 4.3 |
| North Carolina | -6.0 | + 6.0 | -0.6 | + 6.6 | + 2.2 | + 4.4 |
| Appalachian North Carolina | - 6.9 | + 6.9 | + 0.1 | +6.8 | + 2.4 | + 4.4 |
| Non-Appalachian North Carolina | -5.7 | + 5.7 | -0.8 | + 6.6 | +2.1 | + 4.5 |
| Ohio | -4.9 | + 4.9 | -0.6 | + 5.5 | +1.5 | + 4.0 |
| Appalachian Ohio | - 5.5 | + 5.5 | + 0.8 | + 4.6 | + 1.8 | + 2.8 |
| Non-Appalachian Ohio | -4.8 | + 4.8 | -1.0 | + 5.7 | +1.5 | + 4.1 |
| Pennsylvania | -5.2 | + 5.2 | -1.5 | + 6.7 | +1.7 | + 5.0 |
| Appalachian Pennsylvania | -5.5 | + 5.5 | -1.3 | +6.7 | + 2.2 | + 4.5 |
| Non-Appalachian Pennsylvania | -5.0 | + 5.0 | -1.5 | +6.6 | +1.3 | + 5.3 |
| South Carolina | - 7.0 | + 7.0 | + 0.9 | + 6.3 | +1.9 | + 4.4 |
| Appalachian South Carolina | - 8.0 | + 8.0 | + 1.5 | +6.4 | + 2.4 | + 4.1 |
| Non-Appalachian South Carolina | -6.8 | +6.8 | + 0.6 | + 6.2 | + 1.7 | + 4.4 |
| Tennessee | -6.9 | + 6.9 | +1.6 | + 5.5 | +1.6 | + 3.8 |
| Appalachian Tennessee | - 7.4 | + 7.4 | + 2.7 | + 4.7 | + 1.4 | +3.3 |
| Non-Appalachian Tennessee | - 6.4 | + 6.4 | + 0.4 | +6.0 | + 1.8 | + 4.3 |
| Virginia | -6.0 | + 6.0 | -0.3 | + 6.3 | +1.2 | + 5.1 |
| Appalachian Virginia | - 8.9 | + 8.9 | + 3.5 | + 5.4 | + 1.9 | + 3.5 |
| Non-Appalachian Virginia | - 5.5 | + 5.5 | -0.8 | + 6.3 | +1.1 | + 5.2 |
| West Virginia (entire state) | -7.1 | + 7.1 | +1.7 | + 5.3 | +1.6 | +3.8 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 5.10: Percentage Point Change in the Share of Persons Ages 25 and Over in the Appalachian Region With a High School Diploma or More, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons Ages 25 and Over in the Appalachian Region With a High School Diploma or More, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
Since the 2011-2015 period, the share of Appalachian adults who have completed high school or more has increased more than two percentage points. This rise, which is higher than the national average of 1.8 points, has continued a longstanding trend in the Region. And that increase has been even greater in some places: The share of adults with at least a high school diploma rose more than three percentage points in the Appalachian counties of Kentucky, North Carolina, Tennessee, and Virginia. In 81 Appalachian counties-all but nine in Central, South Central, and Southern Appalachia-the share of adults with a high school diploma or more rose by at least five percentage points (almost three times the national average) between 2011-2015 and 2016-2020. In about one-fifth of these 81 counties, however, less than 80 percent of adult residents have completed high school.

Figure 5.11: Percentage Point Change in the Share of Persons Ages 25 and Over in the Appalachian Region With an Associate's Degree but Without a Bachelor's Degree, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons Ages 25 and Over in the Appalachian Region With an Associate's Degree but Without a Bachelor's Degree, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

The share of adults ages 25 and over in the Appalachian Region whose highest level of education was an associate's degree increased almost a full percentage point between 2011-2015 and 2016-2020, slightly above the national average of 0.5 points. And in 105 Appalachian counties, the share rose at least two percentage points. Yet it either stayed the same or increased less than the national average in 53 of the Region's counties, and actually decreased in 72 others. Among most of the counties in this latter group, however, the decrease in the share with only an associate's degree may be related to an increase in the share who have gone on to complete a bachelor's degree or more.

Figure 5.12: Percentage Point Change in the Share of Persons Ages 25 and Over in the Appalachian Region With a Bachelor's Degree or More, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons Ages 25 and Over in the Appalachian Region With a Bachelor's Degree or More, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Although the percentage of Appalachian adults ages 25 and over with at least a bachelor's degree is considerably lower than the national average, that share has been increasing at almost the same pace as in the nation as a whole. Both in Appalachia and nationwide, it was more than two and a half percentage points higher in 2016-2020 than it was in 2011-2015, suggesting a continued trend toward greater educational attainment. And in 129 of the Region's 423 counties (scattered throughout the Region), the share increase matched or exceeded the national average of 3.1 points. Conversely, the share of adults ages 25 and over with at least a four-year degree decreased in 65 counties. All but 13 counties in the latter group were in Central, South Central, and Southern Appalachia.

Table 5.7: Bachelor's Degree Field (First Major) for Persons Ages 25 and Over in the Appalachian Region With a Bachelor's Degree or More, 2016-2020

| Bachelor's Degree Field (First Major) | Total Population Ages 25 and Over With a Bachelor's Degree or More, 2016-2020 | Percent of Population Ages 25 and Over With a Bachelor's Degree or More |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Science and Engineering | Science- and EngineeringRelated Fields | Business | Education | Arts, Humanities, and Other |
| United States | 73,356,319 | 35.2 | 9.7 | 20.3 | 11.9 | 22.9 |
| Appalachian Region | 4,588,557 | 30.9 | 11.4 | 20.0 | 17.0 | 20.7 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 1,521,230 | 32.1 | 11.7 | 17.8 | 17.2 | 21.2 |
| North Central Appalachia | 376,505 | 28.4 | 13.1 | 18.6 | 20.1 | 19.9 |
| Central Appalachia | 195,469 | 26.3 | 13.7 | 16.1 | 25.1 | 18.8 |
| South Central Appalachia | 938,937 | 31.4 | 11.3 | 18.8 | 15.5 | 23.0 |
| Southern Appalachia | 1,556,416 | 30.7 | 10.4 | 23.7 | 15.9 | 19.3 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 1,417,216 | 32.3 | 10.5 | 23.2 | 13.6 | 20.4 |
| Small Metros (pop. <1 million) | 2,055,167 | 31.9 | 11.5 | 19.2 | 16.0 | 21.4 |
| Nonmetro, Adjacent to Large Metros | 301,663 | 27.5 | 11.9 | 17.8 | 23.0 | 19.8 |
| Nonmetro, Adjacent to Small Metros | 507,915 | 27.8 | 12.5 | 17.0 | 22.5 | 20.3 |
| Rural (nonmetro, not adj. to a metro) | 306,596 | 26.1 | 12.7 | 17.4 | 24.1 | 19.7 |
| Alabama | 877,044 | 29.2 | 10.8 | 23.5 | 16.6 | 19.9 |
| Appalachian Alabama | 580,250 | 29.5 | 10.7 | 23.9 | 16.5 | 19.4 |
| Non-Appalachian Alabama | 296,794 | 28.6 | 10.9 | 22.7 | 16.9 | 20.9 |
| Georgia | 2,252,662 | 32.5 | 9.5 | 24.0 | 12.5 | 21.5 |
| Appalachian Georgia | 636,623 | 31.8 | 10.1 | 24.9 | 14.4 | 18.8 |
| Non-Appalachian Georgia | 1,616,039 | 32.8 | 9.3 | 23.6 | 11.8 | 22.5 |
| Kentucky | 759,332 | 29.3 | 11.8 | 19.7 | 16.1 | 23.1 |
| Appalachian Kentucky | 126,158 | 24.9 | 13.5 | 15.7 | 25.5 | 20.4 |
| Non-Appalachian Kentucky | 633,174 | 30.2 | 11.5 | 20.5 | 14.3 | 23.6 |
| Maryland | 1,703,178 | 41.2 | 8.9 | 18.0 | 9.3 | 22.6 |
| Appalachian Maryland | 38,328 | 33.5 | 10.6 | 16.3 | 16.5 | 23.1 |
| Non-Appalachian Maryland | 1,664,850 | 41.4 | 8.8 | 18.1 | 9.2 | 22.6 |
| Mississippi | 451,199 | 25.8 | 13.1 | 21.4 | 20.4 | 19.3 |
| Appalachian Mississippi | 80,381 | 24.0 | 12.4 | 20.6 | 25.6 | 17.3 |
| Non-Appalachian Mississippi | 370,818 | 26.2 | 13.3 | 21.6 | 19.2 | 19.7 |
| New York | 5,112,792 | 34.6 | 9.1 | 18.7 | 10.8 | 26.8 |
| Appalachian New York | 189,808 | 37.1 | 9.8 | 12.1 | 18.2 | 22.9 |
| Non-Appalachian New York | 4,922,984 | 34.5 | 9.1 | 18.9 | 10.5 | 27.0 |
| North Carolina | 2,273,890 | 34.3 | 9.6 | 20.2 | 12.6 | 23.3 |
| Appalachian North Carolina | 387,735 | 30.1 | 11.4 | 17.4 | 15.8 | 25.4 |
| Non-Appalachian North Carolina | 1,886,155 | 35.1 | 9.2 | 20.8 | 11.9 | 22.9 |
| Ohio | 2,315,539 | 30.8 | 11.6 | 21.3 | 15.4 | 20.9 |
| Appalachian Ohio | 259,569 | 26.0 | 13.5 | 18.9 | 21.8 | 19.8 |
| Non-Appalachian Ohio | 2,055,970 | 31.5 | 11.3 | 21.6 | 14.6 | 21.0 |
| Pennsylvania | 2,906,517 | 33.6 | 10.7 | 19.6 | 14.3 | 21.9 |
| Appalachian Pennsylvania | 1,151,922 | 32.1 | 11.8 | 18.6 | 16.4 | 21.1 |
| Non-Appalachian Pennsylvania | 1,754,595 | 34.5 | 10.0 | 20.2 | 12.9 | 22.5 |
| South Carolina | 1,018,306 | 31.8 | 9.8 | 22.4 | 15.1 | 20.9 |
| Appalachian South Carolina | 259,162 | 32.5 | 10.1 | 20.9 | 15.4 | 21.1 |
| Non-Appalachian South Carolina | 759,144 | 31.5 | 9.7 | 22.9 | 15.0 | 20.8 |
| Tennessee | 1,308,972 | 30.2 | 10.8 | 22.3 | 13.8 | 23.0 |
| Appalachian Tennessee | 493,683 | 31.5 | 11.6 | 20.4 | 15.8 | 20.6 |
| Non-Appalachian Tennessee | 815,289 | 29.4 | 10.3 | 23.4 | 12.6 | 24.4 |
| Virginia | 2,304,490 | 40.4 | 7.9 | 18.7 | 9.2 | 23.8 |
| Appalachian Virginia | 111,513 | 35.4 | 11.0 | 15.5 | 15.8 | 22.3 |
| Non-Appalachian Virginia | 2,192,977 | 40.6 | 7.8 | 18.9 | 8.9 | 23.9 |
| West Virginia (entire state) | 273,425 | 28.5 | 13.5 | 18.4 | 20.2 | 19.3 |

Note: Examples of "Science- and Engineering-Related Fields" include nursing, architecture, and mathematics teacher education.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 5.13: Among Persons Ages 25 and Over in the Appalachian Region With a Bachelor's Degree or More, Percent Whose Bachelor's Degree Field (First Major) Was Science and Engineering, 2016-2020


Map Title: Among Persons Ages 25 and Over in the Appalachian Region With a Bachelor's Degree or More, Percent Whose Bachelor's Degree Field (First Major) Was Science and Engineering, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Among the 4.6 million adults in the Appalachian Region with a bachelor's degree or more, 30.9 percent held a degree in the science and engineering field-slightly lower than the national share of 35.2 percent. But there was much variation within the Region. In 33 Appalachian counties, the share of $B A / B S$ holders with science and engineering degrees matched or exceeded the national average. A number of these counties are home to major universities including Virginia Tech, Penn State, and Carnegie Mellon University. Yet in another 55 counties in the Region, less than one-fifth of adult college graduates had a science and engineering degree. Science and engineering jobs are becoming increasingly important in keeping the United States competitive in the global economy. The field of science and engineering includes the following detailed fields and majors: computers, mathematics, and statistics; biological, agricultural, and environmental sciences; physical and related science; psychology; social sciences; and engineering.

Table 5.8: Percentage Point Change in Bachelor's Degree Field (First Major) for Persons Ages 25 and Over in the Appalachian Region With a Bachelor's Degree or More, 2011-2015 to 2016-2020

| Bachelor's Degree Field (First Major) | Percentage Point Change in Share of Population Ages 25 and Over With a Bachelor's Degree or More |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Science and Engineering | Science- and EngineeringRelated Fields | Business | Education | Arts, Humanities, and Other |
| United States | + 0.5 | + 0.5 | -0.2 | -1.3 | + 0.4 |
| Appalachian Region | + 0.4 | + 0.8 | -0.3 | -1.3 | + 0.4 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | + 0.6 | + 0.6 | - 0.4 | - 1.6 | + 0.8 |
| North Central Appalachia | +0.2 | + 0.7 | -0.2 | -1.0 | + 0.4 |
| Central Appalachia | +0.3 | +1.8 | +0.1 | -2.5 | + 0.4 |
| South Central Appalachia | -0.3 | +1.0 | - 0.2 | -1.4 | + 0.8 |
| Southern Appalachia | + 0.8 | + 0.9 | -0.6 | -0.9 | -0.1 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | + 0.7 | + 0.5 | - 0.6 | - 0.9 | + 0.4 |
| Small Metros (pop. <1 million) | + 0.1 | + 0.9 | - 0.3 | -1.3 | + 0.6 |
| Nonmetro, Adjacent to Large Metros | + 1.1 | + 0.5 | +0.2 | -1.6 | -0.2 |
| Nonmetro, Adjacent to Small Metros | + 0.1 | + 1.1 | - 0.5 | -1.5 | + 0.9 |
| Rural (nonmetro, not adj. to a metro) | + 0.4 | +1.8 | +0.7 | -3.0 | + 0.1 |
| Alabama | +0.1 | + 0.6 | +0.1 | -1.2 | + 0.4 |
| Appalachian Alabama | -0.3 | + 0.7 | + 0.0 | - 0.3 | -0.1 |
| Non-Appalachian Alabama | + 0.8 | +0.2 | +0.2 | -2.7 | + 1.5 |
| Georgia | + 0.6 | + 0.8 | -0.6 | -1.3 | + 0.5 |
| Appalachian Georgia | + 1.5 | + 0.9 | - 1.1 | -1.1 | -0.3 |
| Non-Appalachian Georgia | + 0.2 | + 0.8 | -0.5 | -1.3 | + 0.8 |
| Kentucky | +0.1 | + 0.7 | -0.2 | -1.5 | + 1.0 |
| Appalachian Kentucky | + 0.1 | + 1.5 | + 0.8 | -2.8 | + 0.5 |
| Non-Appalachian Kentucky | +0.1 | + 0.6 | -0.5 | -1.1 | + 1.0 |
| Maryland | +0.3 | + 0.5 | -0.3 | -1.0 | + 0.6 |
| Appalachian Maryland | + 0.8 | + 1.2 | - 1.3 | - 2.6 | + 2.0 |
| Non-Appalachian Maryland | + 0.3 | + 0.4 | -0.3 | -1.0 | + 0.5 |
| Mississippi | +0.9 | + 1.2 | -0.4 | -2.0 | +0.3 |
| Appalachian Mississippi | + 1.0 | +1.5 | - 0.2 | -1.2 | -1.3 |
| Non-Appalachian Mississippi | + 0.8 | + 1.1 | - 0.4 | -2.2 | + 0.6 |
| New York | + 0.4 | + 0.5 | -0.2 | -1.0 | + 0.3 |
| Appalachian New York | + 0.8 | + 0.4 | - 0.4 | - 0.7 | + 0.0 |
| Non-Appalachian New York | + 0.4 | + 0.5 | -0.3 | -1.1 | +0.3 |
| North Carolina | +0.3 | + 0.5 | -0.2 | -1.2 | + 0.5 |
| Appalachian North Carolina | -0.8 | + 1.0 | - 0.4 | - 0.8 | + 1.0 |
| Non-Appalachian North Carolina | + 0.4 | + 0.4 | -0.1 | -1.3 | + 0.5 |
| Ohio | + 0.1 | + 1.1 | -0.3 | -1.3 | + 0.5 |
| Appalachian Ohio | + 0.5 | + 0.4 | -0.1 | -1.6 | + 0.8 |
| Non-Appalachian Ohio | +0.1 | + 1.1 | -0.3 | -1.3 | + 0.4 |
| Pennsylvania | + 0.4 | + 0.5 | -0.2 | -1.3 | + 0.7 |
| Appalachian Pennsylvania | + 0.6 | + 0.6 | - 0.4 | -1.7 | + 0.9 |
| Non-Appalachian Pennsylvania | +0.2 | + 0.5 | -0.2 | -1.0 | + 0.6 |
| South Carolina | -0.1 | + 1.2 | + 0.0 | - 0.8 | -0.2 |
| Appalachian South Carolina | +0.7 | +1.2 | - 1.4 | - 1.2 | + 0.6 |
| Non-Appalachian South Carolina | -0.5 | + 1.1 | + 0.4 | -0.6 | -0.5 |
| Tennessee | + 0.3 | + 0.9 | - 0.4 | -1.9 | + 1.2 |
| Appalachian Tennessee | +0.2 | + 0.9 | - 0.1 | -2.0 | + 0.8 |
| Non-Appalachian Tennessee | + 0.3 | + 0.9 | -0.6 | -1.8 | + 1.4 |
| Virginia | + 0.0 | + 0.5 | -0.3 | -0.8 | + 0.6 |
| Appalachian Virginia | +0.2 | + 1.7 | - 0.9 | -1.7 | + 0.7 |
| Non-Appalachian Virginia | -0.1 | + 0.5 | - 0.3 | -0.7 | + 0.6 |
| West Virginia (entire state) | + 0.0 | + 1.1 | -0.5 | -0.8 | +0.1 |

Note: Examples of "Science- and Engineering-Related Fields" include nursing, architecture, and mathematics teacher education.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 5.14: Among Persons Ages 25 and Over in the Appalachian Region With a Bachelor's Degree or More, Percentage Point Change in the Share Whose Bachelor's Degree Field (First Major) Was Science and Engineering, 2011-2015 to 2016-2020


Map Title: Among Persons Ages 25 and Over in the Appalachian Region With a Bachelor’s Degree or More, Percentage Point Change in the Share Whose Bachelor's Degree Field (First Major) Was Science and Engineering, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Among adults in the Appalachian Region with a bachelor's degree or more, the share with a degree in the science and engineering field was 0.4 percentage points greater in 2016-2020 than it was in 2011-2015, almost equal to the increase of 0.5 points nationally. Yet in 200 of the Region's counties, the share actually decreased-including 49 of the 55 counties where less than one-fifth of adult college graduates had a science and engineering degree. In another 203 Appalachian counties, however, the share increase matched or exceeded the national average. The share with a degree in science and engineering increased most in the Northern and Southern subregions and among counties in large metros and in nonmetro areas adjacent to large metros.

Table 5.9: Households in the Appalachian Region With a Computer Device, By Type of Device, 2016-2020

| Device Ownership | Total Households | Percent of Households With One of More Computer Devices |  |  |  |  | Percent of Households Without a Computer Device |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Desktop or Laptop Computer | Smartphone | Tablet | Other Device |  |
| United States | 122,354,219 | 91.9 | 78.3 | 83.7 | 61.9 | 2.7 | 8.1 |
| Appalachian Region | 10,255,943 | 88.0 | 71.9 | 77.5 | 57.0 | 2.1 | 12.0 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 3,338,263 | 87.8 | 73.6 | 75.2 | 57.0 | 1.9 | 12.2 |
| North Central Appalachia | 1,006,396 | 86.7 | 69.5 | 74.5 | 55.4 | 1.7 | 13.3 |
| Central Appalachia | 734,208 | 82.7 | 62.8 | 70.5 | 51.9 | 1.7 | 17.3 |
| South Central Appalachia | 2,078,744 | 87.7 | 71.1 | 77.8 | 55.3 | 2.1 | 12.3 |
| Southern Appalachia | 3,098,332 | 90.0 | 73.5 | 82.6 | 59.9 | 2.4 | 10.0 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 2,390,988 | 91.3 | 78.3 | 82.6 | 63.2 | 2.4 | 8.7 |
| Small Metros (pop. <1 million) | 4,395,532 | 88.8 | 72.8 | 78.9 | 57.6 | 2.2 | 11.2 |
| Nonmetro, Adjacent to Large Metros | 902,250 | 86.0 | 68.6 | 74.2 | 54.0 | 1.7 | 14.0 |
| Nonmetro, Adjacent to Small Metros | 1,582,099 | 84.8 | 66.6 | 72.3 | 51.9 | 1.7 | 15.2 |
| Rural (nonmetro, not adj. to a metro) | 985,074 | 82.9 | 63.9 | 70.9 | 50.5 | 1.6 | 17.1 |
| Alabama | 1,888,504 | 87.9 | 68.9 | 79.9 | 55.2 | 2.2 | 12.1 |
| Appalachian Alabama | 1,215,227 | 88.5 | 70.2 | 80.7 | 56.7 | 2.1 | 11.5 |
| Non-Appalachian Alabama | 673,277 | 86.7 | 66.6 | 78.5 | 52.4 | 2.3 | 13.3 |
| Georgia | 3,830,264 | 92.0 | 77.7 | 85.2 | 62.5 | 2.6 | 8.0 |
| Appalachian Georgia | 1,138,451 | 92.9 | 80.2 | 86.1 | 65.8 | 3.0 | 7.1 |
| Non-Appalachian Georgia | 2,691,813 | 91.6 | 76.6 | 84.8 | 61.0 | 2.4 | 8.4 |
| Kentucky | 1,748,053 | 88.5 | 71.3 | 79.4 | 58.1 | 2.7 | 11.5 |
| Appalachian Kentucky | 454,072 | 83.0 | 63.8 | 71.5 | 52.6 | 1.8 | 17.0 |
| Non-Appalachian Kentucky | 1,293,981 | 90.5 | 73.9 | 82.2 | 60.0 | 3.0 | 9.5 |
| Maryland | 2,230,527 | 93.6 | 83.3 | 85.7 | 67.4 | 3.2 | 6.4 |
| Appalachian Maryland | 96,481 | 87.9 | 72.9 | 75.7 | 58.2 | 2.0 | 12.1 |
| Non-Appalachian Maryland | 2,134,046 | 93.9 | 83.8 | 86.2 | 67.9 | 3.3 | 6.1 |
| Mississippi | 1,116,649 | 86.5 | 64.2 | 79.7 | 51.1 | 2.3 | 13.5 |
| Appalachian Mississippi | 235,767 | 83.5 | 58.3 | 77.1 | 46.2 | 1.4 | 16.5 |
| Non-Appalachian Mississippi | 880,882 | 87.3 | 65.8 | 80.5 | 52.4 | 2.5 | 12.7 |
| New York | 7,417,224 | 91.1 | 78.6 | 82.0 | 61.7 | 3.0 | 8.9 |
| Appalachian New York | 420,761 | 89.0 | 75.6 | 74.1 | 57.6 | 1.9 | 11.0 |
| Non-Appalachian New York | 6,996,463 | 91.2 | 78.8 | 82.5 | 62.0 | 3.0 | 8.8 |
| North Carolina | 4,031,592 | 90.7 | 76.4 | 82.5 | 59.8 | 2.4 | 9.3 |
| Appalachian North Carolina | 818,301 | 87.9 | 72.0 | 77.3 | 54.3 | 2.2 | 12.1 |
| Non-Appalachian North Carolina | 3,213,291 | 91.4 | 77.6 | 83.8 | 61.2 | 2.5 | 8.6 |
| Ohio | 4,717,226 | 90.7 | 75.7 | 80.8 | 60.5 | 2.2 | 9.3 |
| Appalachian Ohio | 794,547 | 86.4 | 69.0 | 74.9 | 55.5 | 1.5 | 13.6 |
| Non-Appalachian Ohio | 3,922,679 | 91.5 | 77.1 | 81.9 | 61.5 | 2.3 | 8.5 |
| Pennsylvania | 5,106,601 | 89.6 | 76.7 | 78.8 | 60.2 | 2.2 | 10.4 |
| Appalachian Pennsylvania | 2,371,292 | 87.9 | 74.3 | 75.5 | 57.3 | 2.0 | 12.1 |
| Non-Appalachian Pennsylvania | 2,735,309 | 90.9 | 78.8 | 81.6 | 62.6 | 2.5 | 9.1 |
| South Carolina | 1,961,481 | 90.2 | 73.5 | 82.2 | 58.8 | 3.9 | 9.8 |
| Appalachian South Carolina | 508,887 | 90.1 | 73.6 | 81.9 | 60.4 | 2.4 | 9.9 |
| Non-Appalachian South Carolina | 1,452,594 | 90.3 | 73.5 | 82.3 | 58.3 | 4.4 | 9.7 |
| Tennessee | 2,639,455 | 89.1 | 72.5 | 81.2 | 58.4 | 3.0 | 10.9 |
| Appalachian Tennessee | 1,169,561 | 87.6 | 70.1 | 78.3 | 56.0 | 2.0 | 12.4 |
| Non-Appalachian Tennessee | 1,469,894 | 90.3 | 74.3 | 83.4 | 60.4 | 3.8 | 9.7 |
| Virginia | 3,184,121 | 92.3 | 80.6 | 84.4 | 64.7 | 3.0 | 7.7 |
| Appalachian Virginia | 298,361 | 83.8 | 65.7 | 72.0 | 51.6 | 1.9 | 16.2 |
| Non-Appalachian Virginia | 2,885,760 | 93.2 | 82.2 | 85.6 | 66.0 | 3.1 | 6.8 |
| West Virginia (entire state) | 734,235 | 86.2 | 68.6 | 73.0 | 54.5 | 1.8 | 13.8 |

Note: Device percentages are not mutually exclusive.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 5.15: Percent of Households in the Appalachian Region With a Computer Device, 2016-2020


Map Title: Percent of Households in the Appalachian Region With a Computer Device, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 2016-2020, 88 percent of households in the Appalachian Region had one or more computer devices (desktop or laptop, smartphone, tablet, or other device)-four points below the national average. And the share is even lower in much of the Region: it was below 80 percent in 70 of Appalachia's 423 counties. All but four of these counties were outside metropolitan areas and 36 were in the most rural areas. Central Appalachia had more than half of these counties. Yet there were 23 Appalachian counties where the share of households with a computer was at or above the national average, all of which were in metropolitan areas. Even before the COVID-19 pandemic hit, computer devices had become commonly used for such activities as school work, entertainment, online banking, health care access, and socializing-and the pandemic's effects have magnified the importance of such devices. As a result, these data indicate an ongoing "digital divide" between urban and rural areas in Appalachia as well as between the Region and the rest of the nation.

Table 5.10: Households in the Appalachian Region With an Internet Subscription, By Type of Subscription, 2016-2020

| Type of Internet Subscription | Total Households | Percent of Households With an Internet Subscription |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Dial-Up Only | Broadband (High-Speed) |  |  |  |
|  |  |  |  | Total | Cable, Fiber Optic, or DSL | Cellular | Satellite |
| United States | 122,354,219 | 85.5 | 0.3 | 85.2 | 70.3 | 75.6 | 6.7 |
| Appalachian Region | 10,255,943 | 81.1 | 0.4 | 80.7 | 64.5 | 68.7 | 6.7 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 3,338,263 | 82.3 | 0.5 | 81.8 | 67.6 | 68.5 | 5.2 |
| North Central Appalachia | 1,006,396 | 79.5 | 0.4 | 79.1 | 62.4 | 64.4 | 7.4 |
| Central Appalachia | 734,208 | 74.0 | 0.4 | 73.6 | 58.1 | 58.7 | 6.9 |
| South Central Appalachia | 2,078,744 | 79.7 | 0.3 | 79.4 | 62.7 | 66.6 | 6.5 |
| Southern Appalachia | 3,098,332 | 82.9 | 0.2 | 82.7 | 64.4 | 74.0 | 8.3 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 2,390,988 | 86.0 | 0.3 | 85.7 | 72.4 | 76.2 | 6.1 |
| Small Metros (pop. <1 million) | 4,395,532 | 82.1 | 0.3 | 81.7 | 66.1 | 69.5 | 6.1 |
| Nonmetro, Adjacent to Large Metros | 902,250 | 78.3 | 0.4 | 77.9 | 58.3 | 64.4 | 8.0 |
| Nonmetro, Adjacent to Small Metros | 1,582,099 | 76.7 | 0.5 | 76.2 | 56.9 | 62.9 | 7.9 |
| Rural (nonmetro, not adj. to a metro) | 985,074 | 74.4 | 0.4 | 74.0 | 55.5 | 60.0 | 8.3 |
| Alabama | 1,888,504 | 80.3 | 0.4 | 79.9 | 59.2 | 71.1 | 8.3 |
| Appalachian Alabama | 1,215,227 | 81.4 | 0.2 | 81.1 | 61.1 | 71.7 | 8.1 |
| Non-Appalachian Alabama | 673,277 | 78.4 | 0.7 | 77.7 | 55.7 | 69.9 | 8.7 |
| Georgia | 3,830,264 | 84.6 | 0.2 | 84.4 | 69.3 | 75.7 | 7.7 |
| Appalachian Georgia | 1,138,451 | 86.7 | 0.2 | 86.5 | 72.0 | 78.5 | 8.1 |
| Non-Appalachian Georgia | 2,691,813 | 83.7 | 0.2 | 83.5 | 68.2 | 74.5 | 7.5 |
| Kentucky | 1,748,053 | 81.9 | 0.3 | 81.6 | 64.5 | 71.3 | 7.0 |
| Appalachian Kentucky | 454,072 | 75.1 | 0.4 | 74.7 | 59.3 | 61.8 | 7.1 |
| Non-Appalachian Kentucky | 1,293,981 | 84.3 | 0.3 | 84.1 | 66.3 | 74.6 | 6.9 |
| Maryland | 2,230,527 | 88.8 | 0.2 | 88.5 | 76.5 | 79.9 | 4.6 |
| Appalachian Maryland | 96,481 | 81.5 | 0.4 | 81.1 | 62.9 | 69.9 | 6.4 |
| Non-Appalachian Maryland | 2,134,046 | 89.1 | 0.2 | 88.9 | 77.1 | 80.4 | 4.6 |
| Mississippi | 1,116,649 | 76.1 | 0.3 | 75.8 | 50.1 | 67.9 | 10.4 |
| Appalachian Mississippi | 235,767 | 72.8 | 0.2 | 72.6 | 41.6 | 65.5 | 11.2 |
| Non-Appalachian Mississippi | 880,882 | 77.0 | 0.3 | 76.7 | 52.3 | 68.6 | 10.2 |
| New York | 7,417,224 | 85.5 | 0.3 | 85.2 | 73.4 | 74.0 | 3.9 |
| Appalachian New York | 420,761 | 82.2 | 0.5 | 81.6 | 66.1 | 65.7 | 7.3 |
| Non-Appalachian New York | 6,996,463 | 85.7 | 0.2 | 85.4 | 73.8 | 74.5 | 3.7 |
| North Carolina | 4,031,592 | 83.7 | 0.3 | 83.4 | 69.7 | 72.6 | 6.3 |
| Appalachian North Carolina | 818,301 | 79.7 | 0.3 | 79.4 | 63.5 | 66.3 | 6.8 |
| Non-Appalachian North Carolina | 3,213,291 | 84.7 | 0.2 | 84.5 | 71.2 | 74.2 | 6.1 |
| Ohio | 4,717,226 | 84.9 | 0.3 | 84.5 | 70.4 | 73.6 | 6.1 |
| Appalachian Ohio | 794,547 | 79.5 | 0.4 | 79.0 | 60.8 | 64.9 | 7.5 |
| Non-Appalachian Ohio | 3,922,679 | 86.0 | 0.3 | 85.7 | 72.4 | 75.4 | 5.8 |
| Pennsylvania | 5,106,601 | 84.5 | 0.4 | 84.0 | 71.9 | 73.2 | 4.2 |
| Appalachian Pennsylvania | 2,371,292 | 82.8 | 0.6 | 82.3 | 69.1 | 69.7 | 4.6 |
| Non-Appalachian Pennsylvania | 2,735,309 | 85.9 | 0.3 | 85.5 | 74.2 | 76.2 | 4.0 |
| South Carolina | 1,961,481 | 81.5 | 0.2 | 81.2 | 65.1 | 71.9 | 7.5 |
| Appalachian South Carolina | 508,887 | 82.8 | 0.2 | 82.6 | 66.1 | 73.6 | 7.9 |
| Non-Appalachian South Carolina | 1,452,594 | 81.0 | 0.2 | 80.7 | 64.7 | 71.3 | 7.4 |
| Tennessee | 2,639,455 | 81.7 | 0.2 | 81.5 | 64.2 | 71.8 | 6.8 |
| Appalachian Tennessee | 1,169,561 | 79.4 | 0.2 | 79.2 | 62.1 | 66.2 | 6.0 |
| Non-Appalachian Tennessee | 1,469,894 | 83.6 | 0.2 | 83.4 | 65.9 | 76.2 | 7.5 |
| Virginia | 3,184,121 | 86.3 | 0.3 | 86.1 | 71.0 | 77.4 | 6.1 |
| Appalachian Virginia | 298,361 | 74.7 | 0.5 | 74.2 | 55.7 | 60.2 | 8.4 |
| Non-Appalachian Virginia | 2,885,760 | 87.5 | 0.3 | 87.3 | 72.6 | 79.2 | 5.9 |
| West Virginia (entire state) | 734,235 | 79.2 | 0.4 | 78.9 | 64.3 | 62.9 | 6.5 |

Note: Households can have more than one type of Internet subscription at a time. Broadband categories are not mutually exclusive.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 5.16: Percent of Households in the Appalachian Region With a Broadband Internet Subscription, 20162020


Map Title: Percent of Households in the Appalachian Region With a Broadband Internet Subscription, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Access to broadband or high-speed Internet service (cable, fiber optic, DSL, cellular, or satellite) enhances people's ability to pay bills online, pursue learning, telework, and connect with friends and family. Indeed, it has become a tool for promoting economic development. During the 2016-2020 period, 80.7 percent of Appalachian households had a broadband Internet subscription, compared with 85.2 percent of households nationwide. Yet there are signs of a ruralurban "digital divide" within the Region: In 26 Appalachian counties, less than 65 percent of households had a broadband subscription. All but two of these counties were outside metropolitan areas, and exactly half were in the Region's most rural counties. In contrast, almost all of the 27 counties with subscription rates at or above the national average were in metro areas (Pittsburgh, Birmingham, suburban Atlanta) and/or home to a four-year university (Rowan County, Kentucky, where Morehead State University is located). With high-speed Internet access becoming even more important as the COVID-19 pandemic has increased remote interaction, these are signs that many communities in the Region continue to be at risk of being left behind.

## TRENDS IN EDUCATION

- Since the 2011-2015 period, the share of Appalachian adults ages 25 and over with at least a high school diploma has risen more than two percentage points, to nearly 88 percent in 2016-2020 (see Tables 5.1 and 5.4). The increase is half a percentage point greater than the national average, placing the Region's high school completion prevalence almost equal to that of the country. Most of this increase is due to the rising share of adults attaining a bachelor's degree or more.
- Within the Region, the high school completion prevalence among adults ages 25 and over increased the most in Central Appalachia and in Appalachia's most rural counties (an increase of at least 3.4 percentage points in each case). With these improvements, the share of adults completing high school as of 2016-2020 has reached 80.3 percent in Central Appalachia and 82.4 percent in the Region's rural areas. The Appalachian sections of Virginia and Kentucky had the largest increases among the states- 3.7 and 3.6 percentage points, respectively.
- The share of Appalachian adults ages 25 and over with an associate's degree but no bachelor's degree was 9.1 percent in 2016-2020-almost a full percentage point higher than in 2011-2015. The increase between the two periods occurred throughout the Region, reaching as high as 1.5 points in Central Appalachia and Appalachian Kentucky.
- The share of adults ages 25 and over in the Region with at least a bachelor's degree has risen 2.8 percentage points since 2011-2015 and now exceeds 25 percent. The increase was at least three points in Northern and Southern Appalachia, as well as in large metropolitan areas and in the Appalachian portions of Georgia, Pennsylvania, and South Carolina. Yet in North Central and Central Appalachia, as well as in the Appalachian sections of Kentucky, Ohio and Virginia, the improvement has been noticeably smaller-less than two percentage points.
- The pattern of improvement among working-age adults ages 25 to 64 has been similar to that for all adults, except the overall improvement was smaller: 1.3 percentage points for high school completion, 0.8 points for completion of an associate's degree without a bachelor's degree, and 2.7 points for attainment of a four-year degree (see Table 5.5). Central Appalachia, the Region's most rural counties, and the Appalachian sections of Virginia and Mississippi had the greatest improvements in the share with at least a high school diploma. Central Appalachia and Kentucky's Appalachian section likewise showed the greatest gains in the share of working-age adults whose highest education level was an associate's degree. And Northern and Southern Appalachia, counties in large metros, and the Appalachian sections of Georgia, Pennsylvania, and South Carolina experienced the largest gains in the share of adults with at least a bachelor's degree.
- The greatest improvement since 2011-2015 has been among adults ages 65 and over. The share of older adults in Appalachia with at least a high school diploma has risen more than six percentage points; the share with at least a bachelor's degree has increased four points (see Table 5.6). Possible factors fueling this increase include both the influx of younger, more educated cohorts into the older ages, and the arrival of well-educated older adults moving into the Region upon retirement. Within Appalachia's subregions, county types, and states, the patterns of improvement that were present among working-age adults generally-but not universally-held among older adults as well.
- Even with the improvements cited above, however, it is important to note that regardless of age, the prevalence of four-year college completion among adults remains well below the U.S. average in many parts of the Region (see Tables 5.1 through 5.3). For example, the percentage of persons ages 25 and over with a bachelor's degree or more remained at least 10 percentage points below the national share in the Appalachian sections of six states (Kentucky, Maryland, Mississippi, Ohio, Virginia, and West Virginia).
- Among adults in Appalachia with a bachelor's degree or more, the share with a degree in the science and engineering field was nearly 31 percent in 2016-2020-almost half a percentage point higher than it was in 2011-2015 (see Tables 5.7 and 5.8). While the share rose in most parts of the Region, the increase was especially noticeable in some areas-for example, rising 1.5 percentage points in Appalachian Georgia. Conversely, the share fell 0.8 points in North Carolina's Appalachian section and 0.3 points in Appalachian Alabama.


## CHAPTER 6: LABOR FORCE, EMPLOYMENT, AND UNEMPLOYMENT

Table 6.1: Labor Force, Employment, and Unemployment Status of Persons Ages 25 to 64 in the Appalachian Region, 2016-2020

| Labor Force, Employment, and Unemployment | Total Number of Civilian Persons Ages 25-64 | Total Persons Ages 25-64 in Civilian Labor Force |  | Employment Rate (Pct. of Civ. Labor Force) | Unemployment Rate (Pct. of Civ. Labor Force) |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Number | Percent |  |  |
| United States | 169,760,192 | 132,711,519 | 78.2 | 95.6 | 4.4 |
| Appalachian Region | 13,297,292 | 9,809,407 | 73.8 | 95.6 | 4.4 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | 4,102,612 | 3,132,489 | 76.4 | 95.6 | 4.4 |
| North Central Appalachia | 1,287,246 | 906,718 | 70.4 | 95.2 | 4.8 |
| Central Appalachia | 961,157 | 581,355 | 60.5 | 93.9 | 6.1 |
| South Central Appalachia | 2,622,717 | 1,936,604 | 73.8 | 95.9 | 4.1 |
| Southern Appalachia | 4,323,560 | 3,252,241 | 75.2 | 95.9 | 4.1 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 3,243,157 | 2,550,168 | 78.6 | 96.0 | 4.0 |
| Small Metros (pop. <1 million) | 5,653,661 | 4,224,843 | 74.7 | 95.7 | 4.3 |
| Nonmetro, Adjacent to Large Metros | 1,160,197 | 828,264 | 71.4 | 95.4 | 4.6 |
| Nonmetro, Adjacent to Small Metros | 1,991,008 | 1,389,992 | 69.8 | 95.3 | 4.7 |
| Rural (nonmetro, not adj. to a metro) | 1,249,269 | 816,140 | 65.3 | 94.7 | 5.3 |
| Alabama | 2,504,717 | 1,803,103 | 72.0 | 95.4 | 4.6 |
| Appalachian Alabama | 1,624,108 | 1,182,334 | 72.8 | 95.6 | 4.4 |
| Non-Appalachian Alabama | 880,609 | 620,769 | 70.5 | 95.1 | 4.9 |
| Georgia | 5,503,052 | 4,231,771 | 76.9 | 95.4 | 4.6 |
| Appalachian Georgia | 1,716,456 | 1,335,142 | 77.8 | 96.4 | 3.6 |
| Non-Appalachian Georgia | 3,786,596 | 2,896,629 | 76.5 | 95.0 | 5.0 |
| Kentucky | 2,296,418 | 1,662,173 | 72.4 | 95.6 | 4.4 |
| Appalachian Kentucky | 598,360 | 363,358 | 60.7 | 94.3 | 5.7 |
| Non-Appalachian Kentucky | 1,698,058 | 1,298,815 | 76.5 | 96.0 | 4.0 |
| Maryland | 3,211,424 | 2,644,798 | 82.4 | 95.8 | 4.2 |
| Appalachian Maryland | 130,023 | 93,126 | 71.6 | 95.1 | 4.9 |
| Non-Appalachian Maryland | 3,081,401 | 2,551,672 | 82.8 | 95.9 | 4.1 |
| Mississippi | 1,500,390 | 1,075,952 | 71.7 | 94.3 | 5.7 |
| Appalachian Mississippi | 308,156 | 217,961 | 70.7 | 94.6 | 5.4 |
| Non-Appalachian Mississippi | 1,192,234 | 857,991 | 72.0 | 94.2 | 5.8 |
| New York | 10,413,258 | 8,219,401 | 78.9 | 95.2 | 4.8 |
| Appalachian New York | 497,444 | 377,015 | 75.8 | 95.3 | 4.7 |
| Non-Appalachian New York | 9,915,814 | 7,842,386 | 79.1 | 95.2 | 4.8 |
| North Carolina | 5,357,429 | 4,127,425 | 77.0 | 95.6 | 4.4 |
| Appalachian North Carolina | 1,026,658 | 767,440 | 74.8 | 96.1 | 3.9 |
| Non-Appalachian North Carolina | 4,330,771 | 3,359,985 | 77.6 | 95.5 | 4.5 |
| Ohio | 6,016,627 | 4,698,563 | 78.1 | 95.6 | 4.4 |
| Appalachian Ohio | 1,013,134 | 730,641 | 72.1 | 95.3 | 4.7 |
| Non-Appalachian Ohio | 5,003,493 | 3,967,922 | 79.3 | 95.7 | 4.3 |
| Pennsylvania | 6,648,044 | 5,259,487 | 79.1 | 95.6 | 4.4 |
| Appalachian Pennsylvania | 2,919,035 | 2,253,427 | 77.2 | 95.7 | 4.3 |
| Non-Appalachian Pennsylvania | 3,729,009 | 3,006,060 | 80.6 | 95.5 | 4.5 |
| South Carolina | 2,593,777 | 1,960,196 | 75.6 | 95.5 | 4.5 |
| Appalachian South Carolina | 674,840 | 516,804 | 76.6 | 96.0 | 4.0 |
| Non-Appalachian South Carolina | 1,918,937 | 1,443,392 | 75.2 | 95.4 | 4.6 |
| Tennessee | 3,527,600 | 2,653,541 | 75.2 | 95.6 | 4.4 |
| Appalachian Tennessee | 1,495,543 | 1,084,592 | 72.5 | 95.5 | 4.5 |
| Non-Appalachian Tennessee | 2,032,057 | 1,568,949 | 77.2 | 95.7 | 4.3 |
| Virginia | 4,433,605 | 3,546,991 | 80.0 | 96.3 | 3.7 |
| Appalachian Virginia | 371,554 | 252,724 | 68.0 | 95.8 | 4.2 |
| Non-Appalachian Virginia | 4,062,051 | 3,294,267 | 81.1 | 96.4 | 3.6 |
| West Virginia (entire state) | 921,981 | 634,843 | 68.9 | 94.5 | 5.5 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 6.1: Percent of Persons Ages 25 to 64 in the Appalachian Region Who Are In the Civilian Labor Force, 2016-2020


Map Title: Percent of Persons Ages 25 to 64 in the Appalachian Region Who Are In the Civilian Labor Force, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In the 2016-2020 period, 73.8 percent of Appalachia's civilian population in the prime working ages (ages 25 to 64 ) were in the civilian labor force, more than four percentage points below the U.S. average of 78.2 percent. In 33 Appalachian counties ( 25 of which were in metropolitan areas), the share was at or above the national average, yet there were 54 counties where less than 60 percent of 25 -to- 64 -year-olds were in the civilian labor force. Nearly all the counties in the latter group were outside of metropolitan areas, and 39 were in Central Appalachia. Indeed, just 60.5 percent of workingage residents in Central Appalachia and 65.3 percent of those in the most isolated rural areas were in the labor force. And there are indications of a possible connection between educational attainment and labor force participation. For example, in 24 of the 33 counties where labor force participation levels were at or above the national rate, 90 percent or more of working-age adults had attained at least a high school diploma.

Figure 6.2: Employment Rate for Civilian Labor Force Participants Ages 25 to 64 in the Appalachian Region, 2016-2020


Map Title: Employment Rate for Civilian Labor Force Participants Ages 25 to 64 in the Appalachian Region, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

At 95.6 percent, the employment rate in Appalachia among members of the civilian labor force ages 25 to 64 was identical to the national rate during the 2016-2020 period. Although there were only slight differences among subregions and urban/rural county types, there was some variation at the county level. In 200 of the Region's 423 counties, the employment rate matched or exceeded the national average, yet there were 15 counties in the Region (nine of which were in Central Appalachia) where employment among 25 -to- 64 -year-olds was less than 90 percentall but two of which were outside metropolitan areas. While many of the 15 counties with the lowest employment rates also had similarly low employment in 2011-2015, the rate had been at least 92 percent in five of them-suggesting continued economic hardship for these counties long after the end of the 2007-2009 recession. Because the 20162020 period only includes the first 10 months of the COVID-19 pandemic, the above numbers reflect little of the pandemic's economic impact.

Figure 6.3: Unemployment Rate for Civilian Labor Force Participants Ages $\mathbf{2 5}$ to 64 in the Appalachian Region, 2016-2020


Map Title: Unemployment Rate for Civilian Labor Force Participants Ages 25 to 64 in the Appalachian Region, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Unemployment in the Appalachian Region among persons ages 25 to 64 matched the national average of 4.4 percent during the 2016-2020 period. Within Appalachia, the jobless rate was at least 10 percent in 15 counties-all but two of which were outside metropolitan areas and nine of which were in Central Appalachia. (Unemployment was 6.1 percent in Central Appalachia.) Conversely, the unemployment rate was below the national average in 189 other counties, with 111 of these located in South Central, and Southern Appalachia-the subregions where the jobless levels were below the national rate. There are indications of a connection between unemployment and educational attainment: In 14 of the 15 Appalachian counties with double-digit unemployment, the share of 25 -to-64-year-olds with at least a high school diploma was below the national average of 89.5 percent; in seven of these counties, the share was below 80 percent.

Table 6.2: Percentage Point Change in Civilian Labor Force, Employment, and Unemployment Status of Persons Ages 25 to 64 in the Appalachian Region, 2011-2015 to 2016-2020

| Labor Force, Employment, and Unemployment | Percentage Point Change |  |  |
| :---: | :---: | :---: | :---: |
|  | Labor Force Participation Rate | Employment Rate (Pct. of Civ. Labor Force) | Unemployment Rate (Pct. of Civ. Labor Force) |
| United States | + 0.8 | + 2.5 | -2.5 |
| Appalachian Region | +1.1 | + 2.5 | -2.5 |
| Subregions |  |  |  |
| Northern Appalachia | + 0.9 | + 1.7 | -1.7 |
| North Central Appalachia | +1.2 | + 1.8 | -1.8 |
| Central Appalachia | + 1.0 | +2.5 | -2.5 |
| South Central Appalachia | + 0.7 | + 3.0 | -3.0 |
| Southern Appalachia | +1.2 | + 3.2 | -3.2 |
| County Types |  |  |  |
| Large Metros (pop. 1 million +) | + 1.0 | + 2.4 | -2.4 |
| Small Metros (pop. <1 million) | + 0.9 | + 2.5 | -2.5 |
| Nonmetro, Adjacent to Large Metros | + 0.6 | + 2.9 | -2.9 |
| Nonmetro, Adjacent to Small Metros | + 1.1 | + 2.4 | -2.4 |
| Rural (nonmetro, not adj. to a metro) | + 0.7 | + 2.6 | -2.6 |
| Alabama | + 0.6 | + 2.9 | -2.9 |
| Appalachian Alabama | + 1.0 | + 2.8 | -2.8 |
| Non-Appalachian Alabama | -0.2 | + 3.2 | -3.2 |
| Georgia | +1.4 | + 3.3 | -3.3 |
| Appalachian Georgia | + 1.1 | + 3.6 | -3.6 |
| Non-Appalachian Georgia | +1.5 | + 3.1 | -3.1 |
| Kentucky | +1.0 | + 2.6 | -2.6 |
| Appalachian Kentucky | + 0.9 | + 3.2 | -3.2 |
| Non-Appalachian Kentucky | +0.9 | + 2.5 | -2.5 |
| Maryland | + 0.4 | + 1.9 | -1.9 |
| Appalachian Maryland | -1.3 | + 2.3 | -2.3 |
| Non-Appalachian Maryland | + 0.4 | + 2.0 | -2.0 |
| Mississippi | + 0.4 | + 2.4 | -2.4 |
| Appalachian Mississippi | + 0.1 | + 2.6 | -2.6 |
| Non-Appalachian Mississippi | + 0.5 | +2.3 | -2.3 |
| New York | + 0.7 | + 2.1 | -2.1 |
| Appalachian New York | + 0.3 | +1.5 | -1.5 |
| Non-Appalachian New York | + 0.7 | + 2.1 | -2.1 |
| North Carolina | + 0.6 | + 3.3 | -3.3 |
| Appalachian North Carolina | + 1.1 | + 3.7 | -3.7 |
| Non-Appalachian North Carolina | + 0.5 | + 3.2 | -3.2 |
| Ohio | +0.9 | + 2.3 | -2.3 |
| Appalachian Ohio | + 0.7 | +2.4 | -2.4 |
| Non-Appalachian Ohio | + 0.8 | +2.3 | -2.3 |
| Pennsylvania | +1.0 | + 2.1 | -2.1 |
| Appalachian Pennsylvania | + 1.1 | + 1.7 | -1.7 |
| Non-Appalachian Pennsylvania | + 0.9 | + 2.4 | -2.4 |
| South Carolina | +1.0 | + 3.3 | -3.3 |
| Appalachian South Carolina | + 2.2 | + 3.2 | - 3.2 |
| Non-Appalachian South Carolina | + 0.6 | + 3.4 | -3.4 |
| Tennessee | +0.9 | + 2.6 | - 2.6 |
| Appalachian Tennessee | + 1.0 | + 2.6 | -2.6 |
| Non-Appalachian Tennessee | + 0.9 | + 2.6 | -2.6 |
| Virginia | + 0.6 | + 1.5 | -1.5 |
| Appalachian Virginia | - 0.5 | + 2.1 | -2.1 |
| Non-Appalachian Virginia | + 0.6 | +1.5 | -1.5 |
| West Virginia (entire state) | + 1.4 | +1.0 | -1.0 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 6.4: Percentage Point Change in the Share of Persons Ages 25 to 64 in the Appalachian Region Who Are In the Civilian Labor Force, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons Ages 25 to 64 in the Appalachian Region Who Are In the Civilian Labor Force, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
In the Appalachian Region, the labor force participation rate among civilians ages 25 to 64 was 1.1 percentage points higher in 2016-2020 than it was in 2011-2015, outpacing the national increase of 0.8 points. And the increase was present in much of the Region-212 of Appalachia's 423 counties had increases in labor force participation rates that matched or exceeded the U.S. average. Included in this group are all seven of South Carolina's counties; that state's Appalachian section saw an increase of 2.2 percentage points. Yet participation rates also fell in some parts of Appalachia-there were 160 counties in the Region where the share of adults in the labor force decreased between the two periods. In Appalachian Maryland, the labor force participation rate declined by 1.3 points between 2011-2015 and 2016-2020.

Figure 6.5: Percentage Point Change in the Unemployment Rate for Civilian Labor Force Participants Ages 25 to 64 in the Appalachian Region, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Unemployment Rate for Civilian Labor Force Participants Ages 25 to 64 in the Appalachian Region, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
Unemployment among civilian labor force participants declined by 2.5 percentage points between 2011-2015 and 20162020, both in Appalachia and nationwide. And in 209 of the Region's 423 counties, unemployment declined even further. (More than three-fifths of these counties were in South Central and Southern Appalachia.) These numbers support a continued economic rebound from the recession of 2007-2009. Yet in 46 other Appalachian counties, the unemployment rate either remained the same or increased between 2011-2015 and 2016-2020, with 19 of these counties in West Virginia alone. (There was another concentration in north central Pennsylvania.) While 14 of these 46 counties already had jobless rates at or above the national average of 6.9 percent in 2011-2015, unemployment in the earlier period had been less than 5 percent in 14 others. This suggests that more recent economic forces-in addition to a slow recoverymay be at play in some areas. And the economic effects of the COVID-19 pandemic are muted in these results, given that more than four years of the 2016-2020 period pre-date the start of the pandemic.

## TRENDS IN LABOR FORCE, EMPLOYMENT, AND UNEMPLOYMENT

- Among working-age adults (ages 25 to 64), Appalachia's labor force participation rate in 2016-2020 was 73.8 percent, 1.1 percentage points higher than its rate in 2011-2015 (see Tables 6.1 and 6.2). This share increased in all five subregions, all five urban-rural county types, and the Appalachian sections of 11 states. The largest increase was in South Carolina's Appalachian section, where labor force participation increased more than two percentage points. Meanwhile, the participation rate fell 1.3 percentage points in Appalachian Maryland and 0.5 points in Virginia's Appalachian section.
- Within the civilian labor force, the employment rate in Appalachia was 95.6 percent, which was 2.5 percentage points higher than the employment rate in 2011-2015. Among the subregions, the increase was greatest in South Central and Southern Appalachia, where employment rose at least three percentage points. Employment in Northern and North Central Appalachia, however, only rose by less than two points, well below the national and regional average. Elsewhere in the Region, the employment rate rose at least 2.4 points among all five urban-rural county types. And among the states, employment increased the most in the Appalachian sections of North Carolina and Georgia ( 3.7 and 3.6 percentage points, respectively). Conversely, West Virginia had the smallest increase, at just a single percentage point.
- As Appalachia's employment rate rose between 2011-2015 and 2016-2020, its unemployment rate fell. The Region's unemployment rate of 4.4 percent in the later period is 2.5 percentage points lower than its rate in 2011-2015.
- Although there are some parts of the Appalachian Region that likely have not yet rebounded from the economic downturn of 2007-2009, the rise in labor force participation and employment (along with the corresponding lower rates of unemployment) support the idea of an economic recovery in much of the Region. Most of these labor force and employment patterns occurred before the onset of the coronavirus pandemic in March 2020, which mutes the economic impact of the first months of the pandemic.


## CHAPTER 7: TRANSPORTATION AND COMMUTING PATTERNS

Table 7.1: Means of Transportation for Workers Ages 16 and Over in the Appalachian Region, 2016-2020

| Means of Transportation | Total Workers Ages 16 and Over | Percent of Workers Ages 16 and Over |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Car, Truck, or Van (Drove Alone) | Car, Truck, or Van (Carpooled) | Public <br> Transportation (Excluding Taxicab) | Walked | Taxicab, Motorcycle, Bicycle, or Other Means | Worked at Home |
| United States | 153,665,654 | 74.9 | 8.9 | 4.6 | 2.6 | 1.8 | 7.3 |
| Appalachian Region | 11,418,033 | 80.9 | 9.0 | 1.1 | 2.1 | 1.2 | 5.7 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 3,664,050 | 78.2 | 8.8 | 2.4 | 3.4 | 1.4 | 5.9 |
| North Central Appalachia | 1,055,654 | 82.3 | 8.6 | 0.7 | 2.7 | 1.0 | 4.7 |
| Central Appalachia | 661,018 | 83.0 | 10.1 | 0.2 | 1.8 | 0.8 | 4.0 |
| South Central Appalachia | 2,280,953 | 82.3 | 8.6 | 0.5 | 1.7 | 1.2 | 5.8 |
| Southern Appalachia | 3,756,358 | 82.1 | 9.4 | 0.4 | 1.0 | 1.1 | 6.0 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 2,922,272 | 78.1 | 8.8 | 2.4 | 1.8 | 1.1 | 7.7 |
| Small Metros (pop. <1 million) | 4,956,322 | 81.8 | 8.7 | 0.8 | 2.1 | 1.2 | 5.5 |
| Nonmetro, Adjacent to Large Metros | 969,819 | 82.0 | 9.4 | 0.3 | 2.6 | 1.2 | 4.5 |
| Nonmetro, Adjacent to Small Metros | 1,619,798 | 82.2 | 9.6 | 0.3 | 2.4 | 1.1 | 4.4 |
| Rural (nonmetro, not adj. to a metro) | 949,822 | 81.8 | 9.6 | 0.3 | 2.6 | 1.4 | 4.3 |
| Alabama | 2,095,195 | 84.9 | 8.3 | 0.3 | 1.1 | 0.9 | 4.4 |
| Appalachian Alabama | 1,367,490 | 84.8 | 8.5 | 0.3 | 1.0 | 0.8 | 4.5 |
| Non-Appalachian Alabama | 727,705 | 85.0 | 8.0 | 0.3 | 1.3 | 1.1 | 4.3 |
| Georgia | 4,852,255 | 77.7 | 9.3 | 1.9 | 1.5 | 1.8 | 7.8 |
| Appalachian Georgia | 1,530,952 | 79.0 | 10.2 | 0.6 | 1.0 | 1.2 | 8.1 |
| Non-Appalachian Georgia | 3,321,303 | 77.2 | 8.9 | 2.6 | 1.7 | 2.1 | 7.6 |
| Kentucky | 1,962,584 | 81.2 | 9.2 | 0.9 | 2.1 | 1.3 | 5.3 |
| Appalachian Kentucky | 415,139 | 82.2 | 10.6 | 0.2 | 2.1 | 0.8 | 4.0 |
| Non-Appalachian Kentucky | 1,547,445 | 80.9 | 8.8 | 1.1 | 2.1 | 1.4 | 5.7 |
| Maryland | 3,047,112 | 72.1 | 8.6 | 7.4 | 2.1 | 1.6 | 8.1 |
| Appalachian Maryland | 108,545 | 79.7 | 9.3 | 1.2 | 2.2 | 0.9 | 6.7 |
| Non-Appalachian Maryland | 2,938,567 | 71.8 | 8.6 | 7.7 | 2.1 | 1.6 | 8.2 |
| Mississippi | 1,230,952 | 84.6 | 9.2 | 0.3 | 1.3 | 1.5 | 3.0 |
| Appalachian Mississippi | 252,123 | 86.4 | 8.3 | 0.1 | 0.9 | 1.1 | 3.2 |
| Non-Appalachian Mississippi | 978,829 | 84.1 | 9.5 | 0.3 | 1.4 | 1.6 | 3.0 |
| New York | 9,219,025 | 52.3 | 6.4 | 26.2 | 5.9 | 2.2 | 6.9 |
| Appalachian New York | 451,679 | 76.6 | 9.1 | 1.7 | 5.4 | 1.5 | 5.6 |
| Non-Appalachian New York | 8,767,346 | 51.1 | 6.3 | 27.5 | 6.0 | 2.2 | 6.9 |
| North Carolina | 4,829,643 | 79.3 | 9.0 | 1.0 | 1.7 | 1.3 | 7.7 |
| Appalachian North Carolina | 898,395 | 81.5 | 8.8 | 0.4 | 1.7 | 1.4 | 6.2 |
| Non-Appalachian North Carolina | 3,931,248 | 78.8 | 9.0 | 1.1 | 1.8 | 1.3 | 8.0 |
| Ohio | 5,496,532 | 81.5 | 7.6 | 1.4 | 2.2 | 1.2 | 6.1 |
| Appalachian Ohio | 853,872 | 82.9 | 8.3 | 0.5 | 2.3 | 1.5 | 4.6 |
| Non-Appalachian Ohio | 4,642,660 | 81.3 | 7.5 | 1.6 | 2.1 | 1.2 | 6.3 |
| Pennsylvania | 6,085,959 | 74.4 | 8.2 | 5.2 | 3.5 | 1.6 | 7.1 |
| Appalachian Pennsylvania | 2,627,797 | 77.6 | 8.8 | 2.9 | 3.3 | 1.2 | 6.2 |
| Non-Appalachian Pennsylvania | 3,458,162 | 72.1 | 7.7 | 6.9 | 3.6 | 1.8 | 7.8 |
| South Carolina | 2,304,196 | 81.5 | 8.9 | 0.5 | 1.9 | 1.4 | 5.6 |
| Appalachian South Carolina | 605,793 | 82.1 | 9.5 | 0.4 | 1.3 | 1.3 | 5.5 |
| Non-Appalachian South Carolina | 1,698,403 | 81.4 | 8.7 | 0.6 | 2.2 | 1.5 | 5.7 |
| Tennessee | 3,103,430 | 81.9 | 8.8 | 0.6 | 1.3 | 1.2 | 6.3 |
| Appalachian Tennessee | 1,274,142 | 83.0 | 8.6 | 0.4 | 1.4 | 1.0 | 5.6 |
| Non-Appalachian Tennessee | 1,829,288 | 81.2 | 8.8 | 0.8 | 1.2 | 1.4 | 6.7 |
| Virginia | 4,224,874 | 74.9 | 8.9 | 4.0 | 2.4 | 1.8 | 8.1 |
| Appalachian Virginia | 301,711 | 82.5 | 8.7 | 0.7 | 2.4 | 1.2 | 4.5 |
| Non-Appalachian Virginia | 3,923,163 | 74.3 | 9.0 | 4.2 | 2.4 | 1.8 | 8.4 |
| West Virginia (entire state) | 730,395 | 82.0 | 8.6 | 0.8 | 2.8 | 1.2 | 4.6 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 7.2: Means of Transportation for Workers Ages 16 and Over in the Appalachian Region Below the Poverty Level, 2016-2020

| Means of Transportation | Total Workers Ages 16 and Over Below the Poverty Level | Percent of Workers Ages 16 and Over Below the Poverty Level |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Car, Truck, or Van (Drove Alone) | Car, Truck, or Van (Carpooled) | Public Transportation (Excluding Taxicab) | Walked | Taxicab, Motorcycle, Bicycle, or Other Means | Worked at Home |
| United States | 8,863,530 | 65.3 | 12.6 | 7.2 | 5.8 | 3.5 | 5.6 |
| Appalachian Region | 738,594 | 70.6 | 13.5 | 2.8 | 5.6 | 2.6 | 4.9 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 218,081 | 63.7 | 12.1 | 6.2 | 9.6 | 2.9 | 5.5 |
| North Central Appalachia | 76,089 | 69.7 | 12.2 | 2.6 | 8.1 | 2.6 | 4.7 |
| Central Appalachia | 56,847 | 75.0 | 14.3 | 0.6 | 4.3 | 1.8 | 4.1 |
| South Central Appalachia | 158,786 | 73.2 | 13.4 | 1.9 | 3.6 | 2.6 | 5.4 |
| Southern Appalachia | 228,791 | 74.7 | 15.1 | 0.9 | 2.8 | 2.4 | 4.1 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 140,661 | 66.2 | 14.8 | 5.8 | 5.7 | 2.1 | 5.4 |
| Small Metros (pop. <1 million) | 333,394 | 71.0 | 12.9 | 3.1 | 5.4 | 2.8 | 4.8 |
| Nonmetro, Adjacent to Large Metros | 70,758 | 71.6 | 12.5 | 1.1 | 7.0 | 3.0 | 4.8 |
| Nonmetro, Adjacent to Small Metros | 115,728 | 71.8 | 15.2 | 0.9 | 5.5 | 2.1 | 4.6 |
| Rural (nonmetro, not adj. to a metro) | 78,053 | 74.3 | 12.0 | 0.8 | 5.5 | 2.8 | 4.7 |
| Alabama | 142,889 | 78.8 | 12.4 | 1.4 | 2.6 | 1.9 | 3.0 |
| Appalachian Alabama | 87,935 | 78.3 | 13.2 | 1.3 | 2.7 | 1.7 | 2.8 |
| Non-Appalachian Alabama | 54,954 | 79.6 | 11.2 | 1.4 | 2.3 | 2.2 | 3.2 |
| Georgia | 309,178 | 67.8 | 15.3 | 4.0 | 3.4 | 3.8 | 5.6 |
| Appalachian Georgia | 81,404 | 70.0 | 18.6 | 0.6 | 3.2 | 2.5 | 5.1 |
| Non-Appalachian Georgia | 227,774 | 67.0 | 14.1 | 5.3 | 3.5 | 4.3 | 5.8 |
| Kentucky | 137,884 | 70.7 | 13.7 | 2.8 | 5.3 | 3.3 | 4.2 |
| Appalachian Kentucky | 38,697 | 74.3 | 15.0 | 0.3 | 4.8 | 1.7 | 3.9 |
| Non-Appalachian Kentucky | 99,187 | 69.3 | 13.2 | 3.8 | 5.5 | 3.9 | 4.3 |
| Maryland | 112,360 | 59.4 | 12.5 | 12.6 | 5.5 | 3.7 | 6.3 |
| Appalachian Maryland | 6,356 | 67.8 | 13.4 | 4.1 | 7.1 | 1.6 | 6.0 |
| Non-Appalachian Maryland | 106,004 | 58.9 | 12.4 | 13.1 | 5.4 | 3.8 | 6.4 |
| Mississippi | 104,376 | 79.5 | 12.2 | 0.5 | 2.3 | 3.1 | 2.3 |
| Appalachian Mississippi | 20,160 | 80.5 | 9.4 | 0.1 | 1.9 | 3.6 | 4.4 |
| Non-Appalachian Mississippi | 84,216 | 79.3 | 12.8 | 0.7 | 2.4 | 3.0 | 1.8 |
| New York | 489,631 | 36.5 | 8.0 | 33.5 | 12.3 | 3.4 | 6.3 |
| Appalachian New York | 33,858 | 59.9 | 11.1 | 6.1 | 13.2 | 3.2 | 6.3 |
| Non-Appalachian New York | 455,773 | 34.8 | 7.8 | 35.5 | 12.2 | 3.4 | 6.3 |
| North Carolina | 312,643 | 70.8 | 15.0 | 2.8 | 2.9 | 2.8 | 5.7 |
| Appalachian North Carolina | 63,114 | 71.6 | 15.2 | 1.4 | 3.3 | 2.6 | 5.8 |
| Non-Appalachian North Carolina | 249,529 | 70.6 | 15.0 | 3.1 | 2.8 | 2.9 | 5.6 |
| Ohio | 337,682 | 68.6 | 12.7 | 4.8 | 6.5 | 2.8 | 4.6 |
| Appalachian Ohio | 60,963 | 73.0 | 12.0 | 1.5 | 5.9 | 2.8 | 4.7 |
| Non-Appalachian Ohio | 276,719 | 67.6 | 12.8 | 5.5 | 6.7 | 2.7 | 4.6 |
| Pennsylvania | 306,900 | 57.3 | 12.2 | 12.2 | 9.1 | 3.5 | 5.7 |
| Appalachian Pennsylvania | 143,339 | 61.9 | 12.5 | 7.3 | 10.0 | 2.7 | 5.5 |
| Non-Appalachian Pennsylvania | 163,561 | 53.3 | 12.0 | 16.5 | 8.3 | 4.2 | 5.8 |
| South Carolina | 153,848 | 73.7 | 14.5 | 1.5 | 3.2 | 3.2 | 3.9 |
| Appalachian South Carolina | 39,292 | 73.3 | 15.0 | 1.4 | 2.5 | 3.3 | 4.5 |
| Non-Appalachian South Carolina | 114,556 | 73.8 | 14.3 | 1.6 | 3.5 | 3.1 | 3.7 |
| Tennessee | 198,626 | 74.0 | 13.6 | 2.0 | 2.7 | 2.5 | 5.1 |
| Appalachian Tennessee | 88,077 | 75.4 | 12.4 | 1.4 | 3.4 | 2.2 | 5.2 |
| Non-Appalachian Tennessee | 110,549 | 72.9 | 14.6 | 2.5 | 2.2 | 2.8 | 5.0 |
| Virginia | 186,696 | 65.4 | 13.3 | 6.0 | 5.1 | 4.5 | 5.7 |
| Appalachian Virginia | 21,701 | 70.6 | 12.2 | 4.3 | 4.3 | 3.5 | 5.2 |
| Non-Appalachian Virginia | 164,995 | 64.7 | 13.5 | 6.2 | 5.2 | 4.7 | 5.8 |
| West Virginia (entire state) | 53,698 | 69.2 | 11.7 | 3.4 | 8.3 | 3.2 | 4.2 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15, people living in college dormitories, and people living in institutional group quarters.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 7.3: Availability of Vehicles for Households in the Appalachian Region, 2016-2020

| Availability of Vehicles | Total Households | Percent of Households |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | No Vehicle Available | One Vehicle Available | Two Vehicles Available | Three Vehicles Available | Four or More Vehicles Available |
| United States | 122,354,219 | 8.5 | 32.5 | 37.1 | 14.8 | 7.2 |
| Appalachian Region | 10,255,943 | 7.0 | 31.4 | 37.3 | 16.3 | 8.0 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 3,338,263 | 9.4 | 34.1 | 36.7 | 13.8 | 6.0 |
| North Central Appalachia | 1,006,396 | 7.6 | 31.9 | 36.9 | 15.8 | 7.7 |
| Central Appalachia | 734,208 | 7.8 | 31.6 | 35.4 | 16.8 | 8.4 |
| South Central Appalachia | 2,078,744 | 5.5 | 30.1 | 37.2 | 17.7 | 9.5 |
| Southern Appalachia | 3,098,332 | 5.0 | 29.2 | 38.6 | 18.0 | 9.3 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 2,390,988 | 6.9 | 31.1 | 38.8 | 15.7 | 7.4 |
| Small Metros (pop. <1 million) | 4,395,532 | 6.9 | 32.1 | 37.2 | 16.0 | 7.9 |
| Nonmetro, Adjacent to Large Metros | 902,250 | 7.1 | 30.5 | 37.1 | 16.6 | 8.8 |
| Nonmetro, Adjacent to Small Metros | 1,582,099 | 6.7 | 30.4 | 36.3 | 17.5 | 9.1 |
| Rural (nonmetro, not adj. to a metro) | 985,074 | 7.9 | 31.5 | 36.3 | 16.4 | 7.9 |
| Alabama | 1,888,504 | 5.9 | 31.7 | 36.8 | 16.9 | 8.7 |
| Appalachian Alabama | 1,215,227 | 5.5 | 30.6 | 36.9 | 17.6 | 9.3 |
| Non-Appalachian Alabama | 673,277 | 6.7 | 33.5 | 36.6 | 15.6 | 7.6 |
| Georgia | 3,830,264 | 6.3 | 32.2 | 38.0 | 15.8 | 7.6 |
| Appalachian Georgia | 1,138,451 | 3.8 | 27.0 | 40.9 | 18.8 | 9.6 |
| Non-Appalachian Georgia | 2,691,813 | 7.4 | 34.5 | 36.8 | 14.6 | 6.8 |
| Kentucky | 1,748,053 | 7.0 | 32.0 | 37.7 | 15.9 | 7.5 |
| Appalachian Kentucky | 454,072 | 7.9 | 31.7 | 35.9 | 16.4 | 8.0 |
| Non-Appalachian Kentucky | 1,293,981 | 6.6 | 32.1 | 38.3 | 15.7 | 7.3 |
| Maryland | 2,230,527 | 8.8 | 32.2 | 36.5 | 15.0 | 7.5 |
| Appalachian Maryland | 96,481 | 8.1 | 30.9 | 35.6 | 17.1 | 8.2 |
| Non-Appalachian Maryland | 2,134,046 | 8.8 | 32.3 | 36.5 | 14.9 | 7.5 |
| Mississippi | 1,116,649 | 6.4 | 32.6 | 36.5 | 16.4 | 8.1 |
| Appalachian Mississippi | 235,767 | 6.2 | 30.2 | 37.1 | 17.6 | 8.9 |
| Non-Appalachian Mississippi | 880,882 | 6.4 | 33.2 | 36.3 | 16.1 | 7.9 |
| New York | 7,417,224 | 29.0 | 32.5 | 26.0 | 8.7 | 3.8 |
| Appalachian New York | 420,761 | 10.1 | 35.4 | 36.9 | 12.6 | 5.0 |
| Non-Appalachian New York | 6,996,463 | 30.1 | 32.4 | 25.4 | 8.4 | 3.7 |
| North Carolina | 4,031,592 | 5.6 | 31.4 | 38.1 | 16.7 | 8.2 |
| Appalachian North Carolina | 818,301 | 5.5 | 30.4 | 37.1 | 17.6 | 9.3 |
| Non-Appalachian North Carolina | 3,213,291 | 5.6 | 31.7 | 38.4 | 16.5 | 7.9 |
| Ohio | 4,717,226 | 7.8 | 33.0 | 37.6 | 14.7 | 6.9 |
| Appalachian Ohio | 794,547 | 7.7 | 30.6 | 36.5 | 16.7 | 8.5 |
| Non-Appalachian Ohio | 3,922,679 | 7.8 | 33.5 | 37.9 | 14.2 | 6.6 |
| Pennsylvania | 5,106,601 | 10.7 | 34.0 | 36.2 | 13.4 | 5.8 |
| Appalachian Pennsylvania | 2,371,292 | 9.4 | 34.4 | 36.8 | 13.6 | 5.9 |
| Non-Appalachian Pennsylvania | 2,735,309 | 11.8 | 33.6 | 35.7 | 13.2 | 5.8 |
| South Carolina | 1,961,481 | 6.0 | 32.2 | 38.6 | 16.0 | 7.2 |
| Appalachian South Carolina | 508,887 | 5.9 | 30.1 | 38.3 | 17.2 | 8.5 |
| Non-Appalachian South Carolina | 1,452,594 | 6.1 | 33.0 | 38.6 | 15.5 | 6.8 |
| Tennessee | 2,639,455 | 5.5 | 30.9 | 37.8 | 17.1 | 8.6 |
| Appalachian Tennessee | 1,169,561 | 5.4 | 29.7 | 37.3 | 17.9 | 9.7 |
| Non-Appalachian Tennessee | 1,469,894 | 5.7 | 31.9 | 38.2 | 16.4 | 7.8 |
| Virginia | 3,184,121 | 6.1 | 30.0 | 37.8 | 17.2 | 9.0 |
| Appalachian Virginia | 298,361 | 6.5 | 30.1 | 35.2 | 18.2 | 10.0 |
| Non-Appalachian Virginia | 2,885,760 | 6.0 | 30.0 | 38.1 | 17.0 | 8.8 |
| West Virginia (entire state) | 734,235 | 8.5 | 34.0 | 36.9 | 14.4 | 6.3 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 7.4: Number of Workers Ages 16 and Over in the Appalachian Region Who Live in Households With No Vehicle Available, by Means of Transportation, 2016-2020

| Availability of Vehicles | Total Workers Ages 16 and Over | Car, Truck, or Van (Drove Alone) | Car, Truck, or Van (Carpooled) | Public Transportation (Excluding Taxicab) | Walked | Taxicab, Motorcycle, Bicycle, or Other Means | Worked at Home |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| United States | 6,425,655 | 1,403,395 | 677,529 | 2,432,383 | 889,063 | 560,439 | 462,846 |
| Appalachian Region | 298,207 | 106,768 | 60,775 | 35,645 | 46,585 | 30,790 | 17,644 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 144,417 | 38,301 | 25,837 | 27,169 | 27,404 | 14,956 | 10,750 |
| North Central Appalachia | 26,683 | 10,424 | 4,944 | 2,429 | 5,211 | 2,238 | 1,437 |
| Central Appalachia | 13,329 | 6,008 | 3,379 | 213 | 2,110 | 959 | 660 |
| South Central Appalachia | 42,076 | 19,116 | 7,792 | 2,933 | 4,824 | 5,210 | 2,201 |
| Southern Appalachia | 71,702 | 32,919 | 18,823 | 2,901 | 7,036 | 7,427 | 2,596 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 79,182 | 24,840 | 13,545 | 19,911 | 11,548 | 5,410 | 3,928 |
| Small Metros (pop. <1 million) | 120,614 | 46,732 | 23,034 | 13,607 | 18,717 | 12,684 | 5,840 |
| Nonmetro, Adjacent to Large Metros | 28,848 | 10,041 | 6,050 | 889 | 5,289 | 3,404 | 3,175 |
| Nonmetro, Adjacent to Small Metros | 40,873 | 16,096 | 10,920 | 747 | 6,140 | 4,305 | 2,665 |
| Rural (nonmetro, not adj. to a metro) | 28,690 | 9,059 | 7,226 | 491 | 4,891 | 4,987 | 2,036 |
| Alabama | 40,200 | 21,120 | 8,731 | 1,837 | 4,091 | 2,933 | 1,488 |
| Appalachian Alabama | 23,869 | 12,980 | 4,677 | 1,210 | 2,616 | 1,572 | 814 |
| Non-Appalachian Alabama | 16,331 | 8,140 | 4,054 | 627 | 1,475 | 1,361 | 674 |
| Georgia | 146,213 | 44,951 | 31,991 | 29,674 | 12,518 | 19,171 | 7,908 |
| Appalachian Georgia | 30,182 | 12,172 | 9,847 | 903 | 2,448 | 3,568 | 1,244 |
| Non-Appalachian Georgia | 116,031 | 32,779 | 22,144 | 28,771 | 10,070 | 15,603 | 6,664 |
| Kentucky | 48,509 | 15,999 | 9,032 | 7,058 | 7,641 | 6,134 | 2,645 |
| Appalachian Kentucky | 8,989 | 3,748 | 2,432 | 102 | 1,555 | 633 | 519 |
| Non-Appalachian Kentucky | 39,520 | 12,251 | 6,600 | 6,956 | 6,086 | 5,501 | 2,126 |
| Maryland | 121,072 | 27,444 | 14,109 | 52,003 | 12,044 | 9,290 | 6,182 |
| Appalachian Maryland | 3,005 | 1,148 | 598 | 369 | 517 | 169 | 204 |
| Non-Appalachian Maryland | 118,067 | 26,296 | 13,511 | 51,634 | 11,527 | 9,121 | 5,978 |
| Mississippi | 26,338 | 12,367 | 6,748 | 318 | 2,651 | 3,270 | 984 |
| Appalachian Mississippi | 5,131 | 2,227 | 1,149 | 11 | 755 | 800 | 189 |
| Non-Appalachian Mississippi | 21,207 | 10,140 | 5,599 | 307 | 1,896 | 2,470 | 795 |
| New York | 1,980,582 | 125,393 | 61,492 | 1,264,354 | 273,976 | 96,041 | 159,326 |
| Appalachian New York | 20,334 | 5,077 | 2,914 | 2,967 | 5,177 | 2,214 | 1,985 |
| Non-Appalachian New York | 1,960,248 | 120,316 | 58,578 | 1,261,387 | 268,799 | 93,827 | 157,341 |
| North Carolina | 103,082 | 41,729 | 21,259 | 12,527 | 10,104 | 11,452 | 6,011 |
| Appalachian North Carolina | 18,529 | 8,567 | 3,442 | 974 | 1,979 | 2,679 | 888 |
| Non-Appalachian North Carolina | 84,553 | 33,162 | 17,817 | 11,553 | 8,125 | 8,773 | 5,123 |
| Ohio | 164,123 | 47,458 | 33,386 | 31,988 | 23,266 | 17,895 | 10,130 |
| Appalachian Ohio | 29,386 | 8,472 | 7,443 | 1,330 | 3,888 | 5,870 | 2,383 |
| Non-Appalachian Ohio | 134,737 | 38,986 | 25,943 | 30,658 | 19,378 | 12,025 | 7,747 |
| Pennsylvania | 301,007 | 61,917 | 40,246 | 98,874 | 51,214 | 26,689 | 22,067 |
| Appalachian Pennsylvania | 99,731 | 27,412 | 16,408 | 22,822 | 19,017 | 7,400 | 6,672 |
| Non-Appalachian Pennsylvania | 201,276 | 34,505 | 23,838 | 76,052 | 32,197 | 19,289 | 15,395 |
| South Carolina | 52,124 | 19,493 | 14,886 | 3,596 | 5,633 | 6,566 | 1,950 |
| Appalachian South Carolina | 12,520 | 5,540 | 3,150 | 777 | 1,217 | 1,487 | 349 |
| Non-Appalachian South Carolina | 39,604 | 13,953 | 11,736 | 2,819 | 4,416 | 5,079 | 1,601 |
| Tennessee | 56,774 | 24,580 | 10,442 | 6,505 | 5,556 | 6,207 | 3,484 |
| Appalachian Tennessee | 20,512 | 9,130 | 4,017 | 1,633 | 2,395 | 2,179 | 1,158 |
| Non-Appalachian Tennessee | 36,262 | 15,450 | 6,425 | 4,872 | 3,161 | 4,028 | 2,326 |
| Virginia | 114,947 | 36,048 | 18,016 | 28,905 | 12,521 | 11,200 | 8,257 |
| Appalachian Virginia | 6,274 | 3,178 | 1,101 | 405 | 748 | 557 | 285 |
| Non-Appalachian Virginia | 108,673 | 32,870 | 16,915 | 28,500 | 11,773 | 10,643 | 7,972 |
| West Virginia (entire state) | 19,745 | 7,117 | 3,597 | 2,142 | 4,273 | 1,662 | 954 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 7.5: Percent of Workers Ages 16 and Over in the Appalachian Region Who Live in Households With No Vehicle Available, by Means of Transportation, 2016-2020

| Availability of Vehicles | Total Workers Ages 16 and Over | Car, Truck, or Van (Drove Alone) | Car, Truck, or Van (Carpooled) | Public Transportation (Excluding Taxicab) | Walked | Taxicab, Motorcycle, Bicycle, or Other Means | Worked at Home |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| United States | 4.2 | 1.2 | 5.0 | 35.0 | 26.5 | 20.5 | 4.2 |
| Appalachian Region | 2.6 | 1.2 | 6.0 | 29.8 | 23.7 | 23.6 | 2.8 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 4.0 | 1.3 | 8.1 | 31.5 | 26.7 | 30.3 | 5.1 |
| North Central Appalachia | 2.6 | 1.2 | 5.5 | 34.1 | 22.1 | 20.8 | 3.0 |
| Central Appalachia | 2.0 | 1.1 | 5.1 | 14.4 | 21.6 | 18.2 | 2.5 |
| South Central Appalachia | 1.9 | 1.0 | 4.0 | 30.7 | 16.6 | 20.2 | 1.7 |
| Southern Appalachia | 1.9 | 1.1 | 5.4 | 19.2 | 22.3 | 18.8 | 1.2 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 2.7 | 1.1 | 5.3 | 28.2 | 26.0 | 16.7 | 1.7 |
| Small Metros (pop. <1 million) | 2.5 | 1.2 | 5.4 | 34.7 | 23.4 | 22.5 | 2.2 |
| Nonmetro, Adjacent to Large Metros | 3.0 | 1.3 | 6.7 | 29.9 | 24.6 | 30.8 | 7.5 |
| Nonmetro, Adjacent to Small Metros | 2.5 | 1.2 | 7.0 | 18.4 | 19.5 | 24.5 | 3.8 |
| Rural (nonmetro, not adj. to a metro) | 3.1 | 1.2 | 8.0 | 18.3 | 25.3 | 37.7 | 5.2 |
| Alabama | 1.9 | 1.2 | 5.0 | 27.0 | 22.1 | 15.5 | 1.6 |
| Appalachian Alabama | 1.8 | 1.1 | 4.0 | 26.5 | 23.3 | 14.3 | 1.4 |
| Non-Appalachian Alabama | 2.3 | 1.3 | 7.0 | 28.0 | 20.2 | 17.2 | 2.2 |
| Georgia | 3.0 | 1.2 | 7.1 | 32.7 | 22.1 | 22.2 | 2.1 |
| Appalachian Georgia | 2.0 | 1.0 | 6.3 | 11.0 | 19.0 | 19.9 | 1.0 |
| Non-Appalachian Georgia | 3.5 | 1.3 | 7.6 | 34.9 | 23.0 | 22.7 | 2.7 |
| Kentucky | 2.5 | 1.0 | 5.1 | 40.1 | 24.4 | 24.4 | 2.6 |
| Appalachian Kentucky | 2.2 | 1.1 | 5.6 | 11.5 | 22.8 | 18.7 | 3.2 |
| Non-Appalachian Kentucky | 2.6 | 1.0 | 4.9 | 41.6 | 24.8 | 25.3 | 2.5 |
| Maryland | 4.0 | 1.3 | 5.4 | 23.1 | 21.4 | 19.1 | 2.5 |
| Appalachian Maryland | 2.8 | 1.3 | 5.9 | 33.1 | 23.3 | 17.0 | 2.8 |
| Non-Appalachian Maryland | 4.0 | 1.3 | 5.4 | 23.1 | 21.4 | 19.1 | 2.5 |
| Mississippi | 2.2 | 1.2 | 6.0 | 10.0 | 22.1 | 17.4 | 2.7 |
| Appalachian Mississippi | 2.0 | 1.0 | 5.5 | 6.3 | 37.7 | 28.4 | 2.5 |
| Non-Appalachian Mississippi | 2.2 | 1.2 | 6.1 | 10.2 | 19.0 | 15.4 | 2.8 |
| New York | 21.7 | 2.6 | 10.5 | 52.6 | 53.7 | 47.9 | 25.7 |
| Appalachian New York | 4.6 | 1.5 | 7.2 | 40.4 | 27.6 | 33.0 | 8.4 |
| Non-Appalachian New York | 22.6 | 2.7 | 10.7 | 52.7 | 54.7 | 48.4 | 26.4 |
| North Carolina | 2.2 | 1.1 | 5.1 | 28.4 | 17.0 | 18.2 | 1.7 |
| Appalachian North Carolina | 2.1 | 1.2 | 4.4 | 28.5 | 15.9 | 22.2 | 1.6 |
| Non-Appalachian North Carolina | 2.2 | 1.1 | 5.2 | 28.4 | 17.2 | 17.2 | 1.7 |
| Ohio | 3.0 | 1.1 | 8.1 | 42.0 | 23.8 | 27.5 | 3.1 |
| Appalachian Ohio | 3.5 | 1.2 | 10.6 | 32.7 | 24.0 | 47.1 | 6.2 |
| Non-Appalachian Ohio | 2.9 | 1.0 | 7.5 | 42.5 | 23.7 | 22.9 | 2.7 |
| Pennsylvania | 5.0 | 1.4 | 8.1 | 31.7 | 28.3 | 28.3 | 5.2 |
| Appalachian Pennsylvania | 3.8 | 1.3 | 7.2 | 30.4 | 26.2 | 23.3 | 4.2 |
| Non-Appalachian Pennsylvania | 5.9 | 1.4 | 9.0 | 32.1 | 29.7 | 30.8 | 5.9 |
| South Carolina | 2.3 | 1.0 | 7.3 | 34.5 | 23.1 | 20.4 | 1.5 |
| Appalachian South Carolina | 2.1 | 1.1 | 5.6 | 36.0 | 22.2 | 19.2 | 1.1 |
| Non-Appalachian South Carolina | 2.4 | 1.0 | 8.0 | 34.1 | 23.4 | 20.7 | 1.7 |
| Tennessee | 1.8 | 1.0 | 3.9 | 36.4 | 18.2 | 17.1 | 1.8 |
| Appalachian Tennessee | 1.6 | 0.9 | 3.7 | 35.5 | 17.3 | 18.4 | 1.6 |
| Non-Appalachian Tennessee | 2.0 | 1.0 | 4.0 | 36.6 | 18.9 | 16.5 | 1.9 |
| Virginia | 2.8 | 1.1 | 4.8 | 17.5 | 17.9 | 15.5 | 2.5 |
| Appalachian Virginia | 2.1 | 1.3 | 4.3 | 20.4 | 16.8 | 15.9 | 2.2 |
| Non-Appalachian Virginia | 2.8 | 1.1 | 4.9 | 17.4 | 18.0 | 15.5 | 2.5 |
| West Virginia (entire state) | 2.7 | 1.2 | 5.7 | 36.9 | 24.2 | 19.7 | 2.9 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 7.6: Relationship Between Number of Workers and Availability of Vehicles for Households in the Appalachian Region With One or More Workers, 2016-2020

| Availability of Vehicles | Total Households With One or More Workers | Percent of Households With One or More Workers |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Households With Zero Vehicles | Households Where Workers Exceed Vehicles | Households Where Workers Equal Vehicles | Households Where Vehicles Exceed Workers |
| United States | 89,772,603 | 5.0 | 6.5 | 51.7 | 36.8 |
| Appalachian Region | 6,933,924 | 3.2 | 4.6 | 49.1 | 43.2 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | 2,261,259 | 4.8 | 5.8 | 52.4 | 37.1 |
| North Central Appalachia | 648,242 | 3.2 | 4.4 | 47.9 | 44.5 |
| Central Appalachia | 416,879 | 2.4 | 4.0 | 42.3 | 51.3 |
| South Central Appalachia | 1,386,253 | 2.2 | 3.7 | 47.2 | 46.8 |
| Southern Appalachia | 2,221,291 | 2.2 | 4.1 | 48.6 | 45.1 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 1,754,773 | 3.3 | 5.0 | 52.8 | 39.0 |
| Small Metros (pop. <1 million) | 3,006,026 | 3.0 | 4.6 | 50.0 | 42.3 |
| Nonmetro, Adjacent to Large Metros | 587,132 | 3.4 | 4.3 | 46.3 | 45.9 |
| Nonmetro, Adjacent to Small Metros | 998,919 | 3.0 | 4.3 | 44.2 | 48.5 |
| Rural (nonmetro, not adj. to a metro) | 587,074 | 3.3 | 4.1 | 44.5 | 48.1 |
| Alabama | 1,280,204 | 2.3 | 3.6 | 47.9 | 46.3 |
| Appalachian Alabama | 833,827 | 2.1 | 3.5 | 47.5 | 46.9 |
| Non-Appalachian Alabama | 446,377 | 2.6 | 3.7 | 48.6 | 45.2 |
| Georgia | 2,868,168 | 3.5 | 5.7 | 51.3 | 39.4 |
| Appalachian Georgia | 870,577 | 2.1 | 4.8 | 49.7 | 43.4 |
| Non-Appalachian Georgia | 1,997,591 | 4.2 | 6.1 | 52.0 | 37.7 |
| Kentucky | 1,189,994 | 3.1 | 4.9 | 50.5 | 41.5 |
| Appalachian Kentucky | 260,097 | 2.6 | 4.4 | 43.1 | 49.9 |
| Non-Appalachian Kentucky | 929,897 | 3.2 | 5.0 | 52.6 | 39.2 |
| Maryland | 1,733,289 | 4.9 | 7.6 | 54.1 | 33.4 |
| Appalachian Maryland | 65,517 | 3.4 | 4.4 | 50.0 | 42.3 |
| Non-Appalachian Maryland | 1,667,772 | 5.0 | 7.7 | 54.3 | 33.1 |
| Mississippi | 755,881 | 2.6 | 4.3 | 47.4 | 45.6 |
| Appalachian Mississippi | 153,097 | 2.5 | 3.3 | 45.4 | 48.8 |
| Non-Appalachian Mississippi | 602,784 | 2.7 | 4.5 | 47.9 | 44.8 |
| New York | 5,398,360 | 24.3 | 12.4 | 41.7 | 21.5 |
| Appalachian New York | 280,511 | 5.5 | 6.8 | 52.3 | 35.4 |
| Non-Appalachian New York | 5,117,849 | 25.3 | 12.7 | 41.2 | 20.8 |
| North Carolina | 2,910,575 | 2.6 | 4.6 | 50.2 | 42.6 |
| Appalachian North Carolina | 544,238 | 2.5 | 3.8 | 47.7 | 45.9 |
| Non-Appalachian North Carolina | 2,366,337 | 2.6 | 4.8 | 50.7 | 41.8 |
| Ohio | 3,352,714 | 3.7 | 4.5 | 53.7 | 38.1 |
| Appalachian Ohio | 522,274 | 3.7 | 3.8 | 46.7 | 45.8 |
| Non-Appalachian Ohio | 2,830,440 | 3.7 | 4.6 | 55.0 | 36.7 |
| Pennsylvania | 3,640,617 | 6.0 | 7.1 | 53.2 | 33.7 |
| Appalachian Pennsylvania | 1,619,423 | 4.7 | 6.0 | 53.2 | 36.0 |
| Non-Appalachian Pennsylvania | 2,021,194 | 7.1 | 7.9 | 53.2 | 31.8 |
| South Carolina | 1,370,602 | 2.8 | 4.8 | 50.3 | 42.1 |
| Appalachian South Carolina | 363,790 | 2.6 | 4.3 | 49.4 | 43.6 |
| Non-Appalachian South Carolina | 1,006,812 | 2.9 | 5.0 | 50.6 | 41.5 |
| Tennessee | 1,881,575 | 2.3 | 4.3 | 49.7 | 43.8 |
| Appalachian Tennessee | 779,787 | 1.9 | 3.5 | 46.7 | 47.8 |
| Non-Appalachian Tennessee | 1,101,788 | 2.5 | 4.8 | 51.7 | 41.0 |
| Virginia | 2,416,060 | 3.3 | 5.9 | 51.0 | 39.8 |
| Appalachian Virginia | 182,901 | 2.4 | 3.6 | 43.3 | 50.6 |
| Non-Appalachian Virginia | 2,233,159 | 3.4 | 6.1 | 51.6 | 38.9 |
| West Virginia (entire state) | 457,885 | 3.5 | 4.8 | 49.0 | 42.8 |

Note: "Households Where Workers Equal Vehicles" include households with three (3) or more workers with three (3) or more vehicles available. Because those are open-ended categories, some of these households could have more workers than available vehicles, while others could have more vehicles than workers.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 7.7: Travel Time to Work for Workers Ages 16 and Over in the Appalachian Region, by Amount of Time, 2016-2020

| Travel Time to Work (Minutes) | Workers Ages 16 and Over | Percent of Workers Ages 16 and Over |  |  |  | Mean Travel Time to Work (Minutes) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Less Than 15 Minutes | 15 Minutes to 29 Minutes | 30 Minutes to 59 Minutes | $60 \begin{gathered}\text { Minutes or } \\ \text { More }\end{gathered}$ |  |
| United States | 142,512,559 | 25.5 | 36.0 | 29.2 | 9.3 | 26.9 |
| Appalachian Region | 10,765,504 | 28.0 | 36.8 | 27.1 | 8.0 | 25.8 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 3,446,395 | 31.4 | 35.7 | 25.2 | 7.6 | 25.0 |
| North Central Appalachia | 1,006,055 | 28.8 | 35.5 | 26.4 | 9.3 | 26.6 |
| Central Appalachia | 634,461 | 30.3 | 32.5 | 27.4 | 9.8 | 26.9 |
| South Central Appalachia | 2,148,360 | 29.2 | 40.8 | 24.5 | 5.5 | 23.5 |
| Southern Appalachia | 3,530,233 | 23.4 | 36.5 | 30.8 | 9.3 | 27.5 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 2,696,334 | 20.7 | 32.9 | 35.1 | 11.4 | 29.8 |
| Small Metros (pop. <1 million) | 4,685,394 | 28.8 | 41.3 | 24.2 | 5.8 | 23.8 |
| Nonmetro, Adjacent to Large Metros | 926,432 | 33.4 | 33.0 | 24.5 | 9.1 | 25.2 |
| Nonmetro, Adjacent to Small Metros | 1,548,270 | 31.7 | 33.5 | 26.2 | 8.6 | 25.7 |
| Rural (nonmetro, not adj. to a metro) | 909,074 | 34.2 | 34.6 | 23.3 | 7.8 | 24.4 |
| Alabama | 2,002,359 | 26.1 | 38.6 | 28.5 | 6.8 | 25.2 |
| Appalachian Alabama | 1,306,165 | 25.3 | 38.1 | 29.6 | 7.0 | 25.5 |
| Non-Appalachian Alabama | 696,194 | 27.7 | 39.6 | 26.4 | 6.3 | 24.5 |
| Georgia | 4,475,685 | 22.1 | 35.3 | 31.7 | 10.9 | 28.7 |
| Appalachian Georgia | 1,407,506 | 19.6 | 32.3 | 34.2 | 13.9 | 31.3 |
| Non-Appalachian Georgia | 3,068,179 | 23.3 | 36.7 | 30.5 | 9.5 | 27.6 |
| Kentucky | 1,858,458 | 30.3 | 39.2 | 24.5 | 6.0 | 23.7 |
| Appalachian Kentucky | 398,705 | 32.6 | 32.5 | 25.6 | 9.3 | 26.3 |
| Non-Appalachian Kentucky | 1,459,753 | 29.7 | 41.0 | 24.2 | 5.1 | 23.1 |
| Maryland | 2,799,889 | 16.6 | 31.2 | 36.6 | 15.6 | 33.0 |
| Appalachian Maryland | 101,305 | 28.5 | 37.2 | 23.1 | 11.2 | 27.4 |
| Non-Appalachian Maryland | 2,698,584 | 16.1 | 31.0 | 37.1 | 15.8 | 33.3 |
| Mississippi | 1,193,668 | 29.4 | 37.2 | 26.3 | 7.1 | 25.2 |
| Appalachian Mississippi | 244,162 | 30.7 | 36.9 | 26.1 | 6.3 | 23.9 |
| Non-Appalachian Mississippi | 949,506 | 29.0 | 37.2 | 26.4 | 7.3 | 25.5 |
| New York | 8,584,828 | 19.6 | 29.3 | 33.1 | 18.0 | 33.5 |
| Appalachian New York | 426,295 | 39.5 | 35.6 | 19.4 | 5.5 | 21.4 |
| Non-Appalachian New York | 8,158,533 | 18.6 | 28.9 | 33.9 | 18.6 | 34.1 |
| North Carolina | 4,458,769 | 26.5 | 39.6 | 27.5 | 6.4 | 24.9 |
| Appalachian North Carolina | 842,774 | 30.1 | 41.5 | 22.9 | 5.5 | 23.2 |
| Non-Appalachian North Carolina | 3,615,995 | 25.7 | 39.1 | 28.5 | 6.7 | 25.3 |
| Ohio | 5,163,570 | 28.6 | 40.4 | 25.8 | 5.3 | 23.7 |
| Appalachian Ohio | 814,790 | 30.1 | 36.0 | 25.5 | 8.5 | 25.8 |
| Non-Appalachian Ohio | 4,348,780 | 28.3 | 41.2 | 25.9 | 4.6 | 23.4 |
| Pennsylvania | 5,652,158 | 26.0 | 35.3 | 29.5 | 9.2 | 27.1 |
| Appalachian Pennsylvania | 2,463,698 | 29.9 | 35.2 | 26.9 | 7.9 | 25.7 |
| Non-Appalachian Pennsylvania | 3,188,460 | 23.0 | 35.3 | 31.5 | 10.1 | 28.3 |
| South Carolina | 2,174,285 | 25.2 | 39.4 | 29.1 | 6.3 | 25.1 |
| Appalachian South Carolina | 572,400 | 25.2 | 42.9 | 27.2 | 4.6 | 24.2 |
| Non-Appalachian South Carolina | 1,601,885 | 25.2 | 38.1 | 29.8 | 6.9 | 25.5 |
| Tennessee | 2,909,026 | 24.9 | 39.3 | 29.1 | 6.7 | 25.4 |
| Appalachian Tennessee | 1,202,529 | 27.5 | 40.3 | 26.4 | 5.8 | 24.1 |
| Non-Appalachian Tennessee | 1,706,497 | 23.1 | 38.6 | 30.9 | 7.4 | 26.3 |
| Virginia | 3,883,690 | 21.8 | 35.9 | 32.0 | 10.3 | 28.6 |
| Appalachian Virginia | 288,133 | 32.3 | 35.8 | 25.1 | 6.8 | 24.1 |
| Non-Appalachian Virginia | 3,595,557 | 21.0 | 35.9 | 32.5 | 10.6 | 28.9 |
| West Virginia (entire state) | 697,042 | 29.5 | 36.4 | 24.8 | 9.3 | 26.1 |

Note: Persons ages 16 and over who primarily worked from home are excluded from this analysis.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 7.8: Place of Work (State and County Level) for Workers Ages 16 and Over in the Appalachian Region, 2016-2020

| Place of Work (State and County Level) | Workers Ages 16 and Over | Percent of Workers Ages 16 and Over |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Worked in County of Residence | Worked Outside County of Residence |  |  |
|  |  |  | Total | Worked in State of Residence | Worked Outside State of Residence |
| United States | 153,665,654 | 72.8 | 27.2 | 23.6 | 3.6 |
| Appalachian Region | 11,418,033 | 68.2 | 31.8 | 27.4 | 4.4 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | 3,664,050 | 73.9 | 26.1 | 22.1 | 4.0 |
| North Central Appalachia | 1,055,654 | 62.6 | 37.4 | 25.4 | 12.0 |
| Central Appalachia | 661,018 | 59.6 | 40.4 | 34.3 | 6.1 |
| South Central Appalachia | 2,280,953 | 70.8 | 29.2 | 26.2 | 3.0 |
| Southern Appalachia | 3,756,358 | 64.2 | 35.8 | 32.5 | 3.3 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 2,922,272 | 64.2 | 35.8 | 33.3 | 2.5 |
| Small Metros (pop. <1 million) | 4,956,322 | 72.2 | 27.8 | 22.6 | 5.2 |
| Nonmetro, Adjacent to Large Metros | 969,819 | 66.6 | 33.4 | 29.4 | 3.9 |
| Nonmetro, Adjacent to Small Metros | 1,619,798 | 64.3 | 35.7 | 29.6 | 6.1 |
| Rural (nonmetro, not adj. to a metro) | 949,822 | 68.0 | 32.0 | 28.0 | 4.0 |
| Alabama | 2,095,195 | 72.5 | 27.5 | 23.1 | 4.5 |
| Appalachian Alabama | 1,367,490 | 71.1 | 28.9 | 26.1 | 2.8 |
| Non-Appalachian Alabama | 727,705 | 75.0 | 25.0 | 17.3 | 7.6 |
| Georgia | 4,852,255 | 59.0 | 41.0 | 38.3 | 2.7 |
| Appalachian Georgia | 1,530,952 | 54.1 | 45.9 | 42.1 | 3.7 |
| Non-Appalachian Georgia | 3,321,303 | 61.3 | 38.7 | 36.5 | 2.2 |
| Kentucky | 1,962,584 | 67.8 | 32.2 | 25.7 | 6.5 |
| Appalachian Kentucky | 415,139 | 61.6 | 38.4 | 33.4 | 5.0 |
| Non-Appalachian Kentucky | 1,547,445 | 69.5 | 30.5 | 23.7 | 6.9 |
| Maryland | 3,047,112 | 55.3 | 44.7 | 28.7 | 16.0 |
| Appalachian Maryland | 108,545 | 71.2 | 28.8 | 15.7 | 13.0 |
| Non-Appalachian Maryland | 2,938,567 | 54.8 | 45.2 | 29.1 | 16.1 |
| Mississippi | 1,230,952 | 62.9 | 37.1 | 28.5 | 8.6 |
| Appalachian Mississippi | 252,123 | 62.2 | 37.8 | 32.3 | 5.5 |
| Non-Appalachian Mississippi | 978,829 | 63.1 | 36.9 | 27.5 | 9.4 |
| New York | 9,219,025 | 65.2 | 34.8 | 32.5 | 2.3 |
| Appalachian New York | 451,679 | 77.5 | 22.5 | 20.1 | 2.5 |
| Non-Appalachian New York | 8,767,346 | 64.6 | 35.4 | 33.1 | 2.3 |
| North Carolina | 4,829,643 | 71.4 | 28.6 | 26.0 | 2.6 |
| Appalachian North Carolina | 898,395 | 72.1 | 27.9 | 25.6 | 2.3 |
| Non-Appalachian North Carolina | 3,931,248 | 71.2 | 28.8 | 26.1 | 2.7 |
| Ohio | 5,496,532 | 70.1 | 29.9 | 27.2 | 2.7 |
| Appalachian Ohio | 853,872 | 61.5 | 38.5 | 30.0 | 8.5 |
| Non-Appalachian Ohio | 4,642,660 | 71.7 | 28.3 | 26.7 | 1.6 |
| Pennsylvania | 6,085,959 | 70.8 | 29.2 | 24.1 | 5.1 |
| Appalachian Pennsylvania | 2,627,797 | 74.7 | 25.3 | 22.0 | 3.3 |
| Non-Appalachian Pennsylvania | 3,458,162 | 67.9 | 32.1 | 25.7 | 6.4 |
| South Carolina | 2,304,196 | 70.5 | 29.5 | 24.2 | 5.4 |
| Appalachian South Carolina | 605,793 | 74.8 | 25.2 | 22.9 | 2.4 |
| Non-Appalachian South Carolina | 1,698,403 | 68.9 | 31.1 | 24.6 | 6.4 |
| Tennessee | 3,103,430 | 71.5 | 28.5 | 25.0 | 3.5 |
| Appalachian Tennessee | 1,274,142 | 70.5 | 29.5 | 26.5 | 3.0 |
| Non-Appalachian Tennessee | 1,829,288 | 72.2 | 27.8 | 24.0 | 3.8 |
| Virginia | 4,224,874 | 50.3 | 49.7 | 41.6 | 8.1 |
| Appalachian Virginia | 301,711 | 59.1 | 40.9 | 32.6 | 8.3 |
| Non-Appalachian Virginia | 3,923,163 | 49.6 | 50.4 | 42.3 | 8.1 |
| West Virginia (entire state) | 730,395 | 66.0 | 34.0 | 21.2 | 12.8 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 7.1: Percent of Workers Ages 16 and Over in the Appalachian Region Who Drove Alone to Work, 2016-2020


Map Title: Percent of Workers Ages 16 and Over in the Appalachian Region Who Drove Alone to Work, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In the 2016-2020 period, 80.9 percent of workers in the Appalachian Region drove alone to their jobs, which is six percentage points higher than the nationwide share. And the percentage is even greater in much of Appalachia: In 114 Appalachian counties, at least 85 percent of workers drove alone. Central, South Central, and Southern Appalachia accounted for 96 of these counties, including 43 in Alabama and Mississippi alone. (The share of workers driving alone exceeded 84 percent in the Appalachian sections of both states.) In contrast, Northern Appalachia had five of the 14 counties in the Region where the share of workers driving alone was below the national average; it was the only subregion where less than 80 percent of workers drove alone. Among the county types, only counties in large metros had less than 80 percent of workers driving alone to work.

Figure 7.2: Percent of Workers Ages 16 and Over Below the Poverty Level in the Appalachian Region Who Drove Alone to Work, 2016-2020


Map Title: Percent of Workers Ages 16 and Over Below the Poverty Level in the Appalachian Region Who Drove Alone to Work, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Among workers with incomes below the poverty level (\$26,246 for a family of two adults and two children in 2020), the share who drove alone to their places of employment was almost 71 percent in Appalachia, compared to just over 65 percent nationally. The share was at least 75 percent in 189 of the Region's 423 counties, and at least 85 percent in 59 of them. Central, South Central, and Southern Appalachia had the vast majority of counties in both groups; the share of poor workers who drove alone exceeded 73 percent in all three subregions. In contrast, 34 of the 89 counties with rates below the national average were in Northern Appalachia-the only subregion where fewer than two-thirds of workers below the poverty level drove alone to their jobs.

Figure 7.3: Percent of Households in the Appalachian Region With No Vehicle Available, 2016-2020


Map Title: Percent of Households in the Appalachian Region With No Vehicle Available, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Having a reliable mode of transportation is an important part of many household members' ability to gain and keep employment. Yet in Appalachia, 7 percent of households have no vehicle available to get to current and/or potential employment. While this is lower than the national average of 8.5 percent, that is not the case in much of the Region. In fact, there were 44 Appalachian counties where at least one in 10 households had no vehicle available; 37 of these counties were in four states-New York, Pennsylvania, West Virginia, and Kentucky. Yet in 105 other counties in the Region, less than 5 percent of households were without any motor vehicle. South Central and Southern Appalachia had 80 of the counties in the latter group.

Figure 7.4: Percent of Workers Ages 16 and Over in the Appalachian Region Who Live in Households With No Vehicle Available, 2016-2020


Just 2.6 percent of Appalachian workers live in households with no vehicle available, compared to 4.2 percent of workers nationally. And the share is even lower in a large part of the Region: in 198 of Appalachia's 423 counties, less than 2 percent of the work force did not have a vehicle in their household. These counties were heavily concentrated in Central, South Central, and Southern Appalachia; the share of workers without a vehicle was around 2 percent in all three subregions. In contrast, Northern Appalachia had 19 of the Region's 31 counties where the share of workers in zerovehicle households was at or above the U.S. average.

Figure 7.5: Percent of Households With One or More Workers in the Appalachian Region Where the Number of Workers Exceeds the Number of Vehicles Available, 2016-2020


Map Title: Percent of Households With One or More Workers in the Appalachian Region Where the Number of Workers Exceeds the Number of Vehicles Available, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 4.6 percent of Appalachian households, the number of workers in the household exceeds the number of vehicles available to provide transportation to places of employment, compared with 6.5 percent nationwide. Such a situation is potentially problematic for household members, as they often must make special arrangements to accommodate different work schedules and responsibilities. This share is even lower than the Appalachian average in much of the Region-less than 4 percent in more than half of Appalachia's 423 counties, mostly in Central, South Central, and Southern Appalachia. Yet in 30 Appalachian counties, the share of households with more workers than vehicles matched or exceeded the national average. Half of the counties in the latter group were in New York and Pennsylvania: In the Appalachian sections of these two states, workers exceeded available vehicles in at least 6 percent of the households.

Figure 7.6: Mean Travel Time to Work for Workers Ages 16 and Over in the Appalachian Region, 2016-2020


Map Title: Mean Travel Time to Work for Workers Ages 16 and Over in the Appalachian Region, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In the Appalachian Region, workers ages 16 and older took, on average, 25.8 minutes to get to their jobs, just over a minute less than workers nationwide. But that was not the case in much of Appalachia: In 189 of the Region's 423 counties, the mean travel time to work was at or above the national average. And in 104 Appalachian counties, workers averaged a half hour or more to get to their jobs. Just under half of these 104 counties were in metropolitan areas, including suburban Atlanta and the exurban counties of New York City (Pike County, Pennsylvania) and Washington, D.C. (Jefferson County, West Virginia). Yet workers in 57 nonmetropolitan counties-39 of which were in Kentucky, Ohio, and West Virginia-faced similarly lengthy commutes. By comparison, workers in just 16 Appalachian counties had average commutes lasting less than 20 minutes. Some of these counties were home to colleges and universities (for example, Oktibbeha County, Mississippi, home to Mississippi State University). It is important to note, however, that these data cover the 2016-2020 period, so most of these commuting patterns pre-date the onset of the COVID-19 pandemic.

Figure 7.7: Percent of Workers Ages 16 and Over in the Appalachian Region Who Work Outside Their County of Residence, 2016-2020


Map Title: Percent of Workers Ages 16 and Over in the Appalachian Region Who Work Outside Their County of Residence, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

About 32 percent of Appalachian workers ages 16 and older had jobs outside their county of residence during 20162020, more than four percentage points above the average nationwide. And the share is even higher in most of the Region: In 220 of Appalachia's 423 counties, at least 40 percent of workers had their primary employment outside their county of residence. And in 124 of these counties, at least half of workers were commuting to another county. Most of the counties in this latter group were in metropolitan areas, including the suburbs and exurbs of Atlanta, Birmingham, and even places like Cincinnati (Brown and Clermont counties in Ohio). In contrast, just 38 Appalachian counties had fewer than one in five workers employed outside their residential county. Many of these were central counties in metro areas (such as Allegheny County, Pennsylvania, where Pittsburgh is located) and counties that housed colleges and universities (like Greenville County, South Carolina, home to Furman University).

Table 7.9: Percentage Point Change in Means of Transportation for Workers Ages 16 and Over in the Appalachian Region, 2011-2015 to 2016-2020

| Means of Transportation | Percentage Point Change in Share of Workers Ages 16 and Over |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Car, Truck, or Van (Drove Alone) | Car, Truck, or Van (Carpooled) |  | Walked | Taxicab, Motorcycle, Bicycle, or Other Means | Worked at Home |
| United States | -1.5 | -0.6 | -0.5 | -0.2 | + 0.0 | + 2.9 |
| Appalachian Region | -1.3 | -0.5 | -0.1 | -0.2 | + 0.0 | + 2.1 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | - 1.4 | - 0.4 | -0.1 | - 0.4 | + 0.2 | + 2.2 |
| North Central Appalachia | - 0.5 | - 0.9 | + 0.0 | -0.1 | + 0.0 | + 1.5 |
| Central Appalachia | -0.3 | - 0.5 | -0.1 | -0.2 | -0.4 | + 1.4 |
| South Central Appalachia | -1.2 | -0.7 | -0.1 | +0.1 | + 0.1 | + 1.9 |
| Southern Appalachia | -1.7 | -0.4 | -0.1 | -0.2 | +0.0 | +2.3 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | -2.3 | - 0.6 | - 0.2 | - 0.2 | + 0.0 | + 3.3 |
| Small Metros (pop. <1 million) | -1.3 | -0.3 | -0.1 | -0.2 | + 0.0 | + 2.1 |
| Nonmetro, Adjacent to Large Metros | -0.8 | -0.2 | -0.1 | -0.1 | + 0.0 | +1.3 |
| Nonmetro, Adjacent to Small Metros | + 0.0 | -0.9 | + 0.0 | -0.2 | + 0.0 | + 1.1 |
| Rural (nonmetro, not adj. to a metro) | -0.4 | -0.9 | -0.2 | +0.0 | + 0.2 | +1.2 |
| Alabama | -0.5 | -0.9 | -0.1 | + 0.0 | -0.1 | +1.6 |
| Appalachian Alabama | -0.7 | -0.9 | -0.1 | + 0.0 | -0.2 | +1.8 |
| Non-Appalachian Alabama | -0.4 | -0.8 | -0.1 | +0.0 | + 0.0 | +1.3 |
| Georgia | -1.9 | -1.0 | -0.2 | -0.1 | + 0.2 | + 2.9 |
| Appalachian Georgia | - 2.4 | - 0.3 | + 0.0 | -0.1 | -0.1 | + 3.1 |
| Non-Appalachian Georgia | -1.6 | -1.3 | - 0.2 | -0.1 | + 0.4 | + 2.8 |
| Kentucky | -1.2 | -0.5 | -0.2 | -0.3 | + 0.0 | + 2.2 |
| Appalachian Kentucky | + 0.1 | - 0.5 | - 0.2 | -0.2 | - 0.5 | + 1.3 |
| Non-Appalachian Kentucky | -1.6 | -0.5 | -0.2 | -0.3 | + 0.1 | + 2.5 |
| Maryland | -1.6 | -0.9 | -1.6 | -0.3 | + 0.4 | + 3.9 |
| Appalachian Maryland | -1.4 | - 0.9 | + 0.3 | -0.5 | -0.1 | + 2.6 |
| Non-Appalachian Maryland | -1.6 | -0.8 | -1.6 | -0.3 | + 0.3 | + 4.0 |
| Mississippi | + 0.2 | -0.8 | -0.1 | -0.2 | + 0.0 | + 0.8 |
| Appalachian Mississippi | +1.2 | - 1.6 | - 0.2 | - 0.4 | + 0.2 | + 0.8 |
| Non-Appalachian Mississippi | -0.1 | -0.5 | -0.1 | -0.2 | + 0.0 | + 0.8 |
| New York | -0.9 | -0.3 | -1.6 | -0.5 | + 0.3 | + 3.0 |
| Appalachian New York | -0.8 | -0.2 | - 0.2 | -0.7 | + 0.2 | + 1.6 |
| Non-Appalachian New York | -0.8 | -0.3 | -1.7 | -0.4 | +0.3 | +3.0 |
| North Carolina | -1.8 | -1.0 | -0.1 | -0.1 | + 0.0 | +3.0 |
| Appalachian North Carolina | -1.2 | - 0.8 | - 0.2 | + 0.0 | + 0.3 | + 1.8 |
| Non-Appalachian North Carolina | -1.9 | -1.1 | -0.1 | +0.0 | -0.1 | + 3.3 |
| Ohio | -1.9 | -0.3 | -0.3 | -0.1 | + 0.1 | + 2.6 |
| Appalachian Ohio | -1.3 | -0.1 | + 0.0 | -0.1 | +0.3 | + 1.4 |
| Non-Appalachian Ohio | -2.0 | -0.4 | -0.3 | -0.2 | +0.1 | + 2.7 |
| Pennsylvania | -2.1 | -0.5 | -0.4 | -0.4 | + 0.2 | + 3.1 |
| Appalachian Pennsylvania | -1.4 | - 0.5 | - 0.1 | - 0.4 | + 0.0 | + 2.4 |
| Non-Appalachian Pennsylvania | -2.4 | - 0.5 | -0.7 | - 0.4 | + 0.3 | +3.7 |
| South Carolina | -1.3 | - 0.4 | -0.1 | -0.3 | -0.2 | + 2.1 |
| Appalachian South Carolina | - 2.9 | + 0.6 | + 0.0 | -0.2 | + 0.3 | + 2.4 |
| Non-Appalachian South Carolina | -0.6 | -0.7 | -0.1 | -0.3 | -0.3 | + 2.0 |
| Tennessee | -1.8 | -0.5 | -0.2 | + 0.0 | + 0.0 | + 2.7 |
| Appalachian Tennessee | -1.5 | - 0.6 | +0.0 | + 0.1 | -0.1 | + 2.1 |
| Non-Appalachian Tennessee | -2.0 | -0.5 | -0.3 | -0.2 | + 0.1 | + 3.0 |
| Virginia | -2.6 | -0.5 | -0.6 | + 0.1 | + 0.2 | + 3.5 |
| Appalachian Virginia | -0.6 | -0.6 | - 0.4 | +0.2 | + 0.0 | + 1.5 |
| Non-Appalachian Virginia | -2.8 | -0.4 | -0.6 | + 0.1 | + 0.2 | +3.7 |
| West Virginia (entire state) | -0.3 | -1.5 | + 0.0 | + 0.0 | + 0.1 | +1.7 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Table 7.10: Percentage Point Change in Means of Transportation for Workers Ages 16 and Over in the Appalachian Region Below the Poverty Level, 2011-2015 to 2016-2020

| Means of Transportation | Percentage Point Change in Share of Workers Ages 16 and Over Below the Poverty Level |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Car, Truck, or Van (Drove Alone) | Car, Truck, or Van (Carpooled) | Public Transportation (Excluding Taxicab) | Walked | Taxicab, Motorcycle, Bicycle, or Other Means | Worked at Home |
| United States | + 1.3 | -0.8 | -1.3 | -0.5 | + 0.0 | + 1.4 |
| Appalachian Region | -0.7 | -0.5 | + 0.1 | -0.3 | + 0.0 | +1.4 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | -0.1 | - 0.5 | + 0.4 | -1.3 | + 0.0 | + 1.5 |
| North Central Appalachia | -0.5 | - 0.1 | + 0.5 | -1.4 | +0.2 | +1.3 |
| Central Appalachia | -0.7 | + 0.6 | + 0.0 | - 0.5 | -0.5 | +1.2 |
| South Central Appalachia | - 1.1 | - 0.4 | -0.2 | +0.2 | + 0.0 | +1.5 |
| Southern Appalachia | -0.2 | -0.8 | -0.3 | +0.3 | -0.2 | +1.2 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | - 0.9 | - 1.1 | + 0.5 | + 0.0 | - 0.5 | + 1.9 |
| Small Metros (pop. <1 million) | -0.9 | - 0.1 | +0.1 | -0.7 | + 0.0 | + 1.6 |
| Nonmetro, Adjacent to Large Metros | + 0.8 | - 1.4 | +0.3 | - 0.6 | +0.3 | + 0.6 |
| Nonmetro, Adjacent to Small Metros | -0.8 | + 0.5 | +0.1 | + 0.0 | -0.5 | + 0.9 |
| Rural (nonmetro, not adj. to a metro) | -0.8 | -1.7 | -0.4 | + 0.6 | +1.0 | + 1.4 |
| Alabama | +1.0 | -1.6 | + 0.0 | + 0.0 | -0.1 | + 0.8 |
| Appalachian Alabama | + 1.5 | -1.9 | -0.2 | +0.3 | -0.4 | + 0.7 |
| Non-Appalachian Alabama | +0.3 | -1.1 | +0.1 | -0.6 | +0.3 | +1.0 |
| Georgia | -0.6 | -0.8 | -0.8 | + 0.0 | +0.3 | +1.8 |
| Appalachian Georgia | - 2.2 | +1.8 | -0.3 | + 0.7 | -0.8 | + 0.8 |
| Non-Appalachian Georgia | + 0.0 | -1.7 | -0.9 | -0.3 | + 0.7 | + 2.2 |
| Kentucky | -0.6 | + 0.3 | -0.3 | -1.3 | + 0.7 | +1.2 |
| Appalachian Kentucky | + 0.0 | +1.0 | - 0.4 | - 1.0 | -0.8 | +1.2 |
| Non-Appalachian Kentucky | -0.9 | + 0.1 | -0.3 | -1.4 | +1.3 | +1.2 |
| Maryland | + 3.0 | -0.8 | -3.5 | -1.3 | +1.1 | +1.6 |
| Appalachian Maryland | + 1.6 | - 3.8 | +1.3 | + 0.7 | -1.5 | + 1.8 |
| Non-Appalachian Maryland | + 3.0 | - 0.7 | -3.8 | -1.5 | +1.2 | + 1.7 |
| Mississippi | + 2.8 | -2.5 | -0.7 | -0.4 | + 0.4 | + 0.4 |
| Appalachian Mississippi | + 1.2 | -5.1 | -0.5 | + 0.0 | + 1.9 | + 2.4 |
| Non-Appalachian Mississippi | + 3.3 | -1.9 | -0.7 | -0.5 | + 0.0 | -0.1 |
| New York | + 3.5 | + 0.1 | -4.4 | -1.1 | + 0.4 | +1.5 |
| Appalachian New York | - 0.4 | - 0.9 | + 0.5 | - 1.4 | + 0.4 | +1.6 |
| Non-Appalachian New York | + 3.5 | +0.1 | -4.4 | -1.1 | + 0.4 | +1.5 |
| North Carolina | + 0.3 | -1.5 | -0.6 | -0.6 | +0.2 | + 2.3 |
| Appalachian North Carolina | -2.4 | + 1.7 | -0.7 | + 0.0 | -0.1 | + 1.5 |
| Non-Appalachian North Carolina | +1.0 | -2.3 | -0.6 | -0.8 | +0.3 | + 2.4 |
| Ohio | -0.1 | -0.1 | -0.9 | -0.3 | +0.1 | +1.4 |
| Appalachian Ohio | + 0.4 | + 0.0 | + 0.1 | -1.3 | -0.3 | +1.0 |
| Non-Appalachian Ohio | -0.3 | - 0.2 | -1.1 | +0.0 | + 0.0 | +1.5 |
| Pennsylvania | -0.1 | - 0.4 | -0.3 | -1.4 | + 0.5 | +1.6 |
| Appalachian Pennsylvania | - 0.3 | - 0.1 | +0.3 | -1.7 | + 0.0 | + 1.7 |
| Non-Appalachian Pennsylvania | + 0.2 | - 0.6 | -0.9 | -1.1 | + 1.0 | +1.5 |
| South Carolina | +1.3 | - 0.7 | -0.4 | -0.7 | -0.4 | +1.0 |
| Appalachian South Carolina | -0.9 | - 1.3 | + 0.0 | - 1.0 | + 0.5 | + 2.7 |
| Non-Appalachian South Carolina | + 2.0 | - 0.6 | -0.5 | -0.6 | -0.8 | + 0.4 |
| Tennessee | -0.2 | -1.1 | -0.4 | -0.3 | +0.1 | + 1.8 |
| Appalachian Tennessee | - 0.7 | -1.3 | + 0.0 | + 0.6 | -0.1 | +1.5 |
| Non-Appalachian Tennessee | + 0.2 | -1.0 | -0.7 | -0.9 | + 0.4 | + 2.1 |
| Virginia | + 0.0 | - 0.4 | -1.3 | -0.5 | +1.0 | +1.2 |
| Appalachian Virginia | -0.7 | - 2.4 | + 0.6 | - 0.8 | + 0.9 | + 2.4 |
| Non-Appalachian Virginia | + 0.1 | - 0.1 | -1.6 | -0.5 | +1.1 | + 1.1 |
| West Virginia (entire state) | -1.0 | -1.0 | +0.7 | -0.5 | + 0.8 | +1.0 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020 , the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15 , people living in college dormitories, and people living in institutional group quarters.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Table 7.11: Percentage Point Change in Availability of Vehicles for Households in the Appalachian Region, 2011-2015 to 2016-2020

| Availability of Vehicles | Percentage Point Change in Share of Households |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | No Vehicle Available | One Vehicle Available | Two Vehicles Available | Three Vehicles Available | Four or More Vehicles Available |
| United States | -0.6 | -1.2 | -0.3 | +1.0 | + 1.2 |
| Appalachian Region | -0.6 | -1.3 | -0.4 | +1.0 | +1.2 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | - 0.3 | - 0.4 | - 0.3 | + 0.5 | + 0.5 |
| North Central Appalachia | - 0.3 | -1.6 | - 0.3 | +0.9 | +1.2 |
| Central Appalachia | -1.0 | -1.3 | -1.0 | +1.5 | + 1.9 |
| South Central Appalachia | - 0.8 | -1.7 | -0.2 | +1.0 | + 1.7 |
| Southern Appalachia | -0.7 | -1.7 | -0.6 | + 1.4 | + 1.7 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | - 0.6 | -1.2 | - 0.4 | + 1.0 | + 1.2 |
| Small Metros (pop. <1 million) | -0.7 | -1.2 | -0.3 | +1.0 | + 1.3 |
| Nonmetro, Adjacent to Large Metros | - 0.3 | - 2.0 | +0.1 | +1.0 | +1.4 |
| Nonmetro, Adjacent to Small Metros | -0.6 | -1.2 | -0.8 | + 1.1 | + 1.5 |
| Rural (nonmetro, not adj. to a metro) | -0.7 | -1.2 | -0.4 | +1.0 | +1.3 |
| Alabama | -0.6 | -1.3 | -0.3 | + 0.8 | +1.3 |
| Appalachian Alabama | - 0.7 | -1.4 | - 0.4 | + 1.0 | +1.3 |
| Non-Appalachian Alabama | - 0.4 | -1.3 | -0.1 | + 0.4 | +1.4 |
| Georgia | -0.6 | -1.9 | -0.4 | +1.2 | +1.6 |
| Appalachian Georgia | -0.5 | -1.8 | - 1.1 | +1.6 | + 1.9 |
| Non-Appalachian Georgia | -0.5 | -1.8 | -0.1 | +1.1 | + 1.4 |
| Kentucky | -0.8 | -1.6 | -0.2 | +1.3 | +1.4 |
| Appalachian Kentucky | - 1.1 | -1.8 | - 0.4 | +1.3 | + 1.9 |
| Non-Appalachian Kentucky | - 0.8 | -1.5 | -0.2 | +1.3 | +1.2 |
| Maryland | -0.6 | -0.6 | -0.3 | + 0.6 | + 0.9 |
| Appalachian Maryland | - 0.9 | -1.0 | + 0.1 | + 0.8 | + 0.9 |
| Non-Appalachian Maryland | -0.6 | -0.6 | -0.4 | + 0.6 | + 0.9 |
| Mississippi | -0.5 | -1.3 | -0.7 | + 1.2 | + 1.4 |
| Appalachian Mississippi | -0.6 | -1.5 | - 0.2 | + 0.9 | + 1.4 |
| Non-Appalachian Mississippi | - 0.5 | -1.3 | -0.9 | +1.3 | + 1.4 |
| New York | - 0.4 | -0.3 | -0.3 | + 0.5 | + 0.5 |
| Appalachian New York | - 0.4 | -0.7 | +0.1 | +0.5 | + 0.4 |
| Non-Appalachian New York | - 0.4 | -0.2 | -0.3 | + 0.4 | + 0.5 |
| North Carolina | -0.9 | -1.2 | - 0.4 | + 1.1 | + 1.4 |
| Appalachian North Carolina | - 0.8 | -1.5 | - 0.4 | +1.0 | + 1.7 |
| Non-Appalachian North Carolina | -1.0 | -1.1 | -0.4 | +1.2 | + 1.4 |
| Ohio | -0.7 | -0.9 | +0.1 | +0.6 | +0.9 |
| Appalachian Ohio | - 0.2 | - 1.0 | -0.2 | + 0.6 | + 0.8 |
| Non-Appalachian Ohio | -0.8 | -0.9 | +0.2 | + 0.6 | +0.9 |
| Pennsylvania | - 0.7 | -0.2 | -0.2 | +0.6 | + 0.6 |
| Appalachian Pennsylvania | - 0.4 | -0.2 | - 0.4 | + 0.5 | + 0.6 |
| Non-Appalachian Pennsylvania | -1.1 | -0.2 | +0.0 | + 0.7 | + 0.6 |
| South Carolina | -1.0 | -1.6 | + 0.1 | +1.3 | + 1.1 |
| Appalachian South Carolina | -1.0 | -2.0 | - 0.4 | + 1.7 | + 1.7 |
| Non-Appalachian South Carolina | -0.9 | -1.4 | +0.2 | +1.1 | +1.0 |
| Tennessee | -0.9 | -1.9 | -0.4 | +1.4 | +1.7 |
| Appalachian Tennessee | - 0.8 | - 2.2 | - 0.5 | +1.5 | + 2.0 |
| Non-Appalachian Tennessee | -0.9 | -1.6 | -0.3 | +1.2 | +1.5 |
| Virginia | -0.3 | -0.5 | -0.4 | +0.2 | +1.0 |
| Appalachian Virginia | -0.9 | + 0.1 | -0.1 | - 0.3 | + 1.2 |
| Non-Appalachian Virginia | - 0.3 | -0.6 | -0.4 | +0.2 | + 0.9 |
| West Virginia (entire state) | -0.3 | -1.6 | -0.3 | +1.2 | +1.2 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Table 7.12: Percentage Point Change in Share of Workers Ages 16 and Over in the Appalachian Region Who Live in Households With No Vehicle Available, by Means of Transportation, 2011-2015 to 2016-2020

| Availability of Vehicles | Percentage Point Change in Share Who Live in Households With No Vehicle Available |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total Workers Ages 16 and Over | Car, Truck, or Van (Drove Alone) | Car, Truck, or Van (Carpooled) | Public Transportation (Excluding Taxicab) | Walked | Taxicab, Motorcycle, Bicycle, or Other Means | Worked at Home |
| United States | -0.3 | + 0.0 | -0.4 | -1.1 | -0.7 | + 1.5 | -0.1 |
| Appalachian Region | -0.1 | + 0.0 | + 0.2 | + 2.7 | + 0.4 | + 3.3 | -0.7 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | + 0.2 | + 0.0 | + 0.8 | + 3.1 | + 1.1 | + 2.3 | -1.1 |
| North Central Appalachia | + 0.0 | + 0.0 | + 0.1 | + 3.7 | + 0.2 | -1.9 | -0.7 |
| Central Appalachia | -0.2 | + 0.0 | -0.3 | +3.4 | +0.1 | + 2.1 | - 1.0 |
| South Central Appalachia | + 0.0 | -0.1 | + 0.0 | -0.7 | -1.2 | + 6.3 | - 0.5 |
| Southern Appalachia | -0.1 | +0.0 | -0.2 | + 1.7 | +1.5 | + 3.3 | -0.2 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | -0.1 | + 0.0 | + 0.4 | + 2.9 | -1.3 | + 3.5 | - 0.3 |
| Small Metros (pop. <1 million) | -0.1 | + 0.0 | -0.3 | + 1.1 | + 0.3 | + 2.3 | -0.5 |
| Nonmetro, Adjacent to Large Metros | +0.3 | + 0.1 | + 0.2 | + 14.9 | + 5.0 | + 5.4 | + 1.1 |
| Nonmetro, Adjacent to Small Metros | -0.1 | + 0.0 | + 1.1 | - 0.7 | -1.4 | + 2.3 | -1.5 |
| Rural (nonmetro, not adj. to a metro) | +0.1 | + 0.0 | -0.2 | + 4.8 | + 3.1 | + 6.5 | -2.8 |
| Alabama | -0.1 | + 0.0 | -1.0 | + 2.2 | +1.9 | + 2.2 | + 0.2 |
| Appalachian Alabama | -0.1 | -0.1 | - 1.4 | - 0.2 | + 4.0 | + 2.6 | + 0.3 |
| Non-Appalachian Alabama | + 0.1 | + 0.1 | + 0.0 | + 6.4 | -1.3 | +1.3 | + 0.4 |
| Georgia | -0.1 | +0.0 | + 0.0 | + 1.3 | -3.4 | + 2.6 | -0.2 |
| Appalachian Georgia | + 0.1 | -0.1 | +1.3 | - 0.9 | -1.2 | + 5.5 | - 0.4 |
| Non-Appalachian Georgia | -0.1 | + 0.1 | -0.4 | + 1.6 | -4.2 | + 1.3 | + 0.0 |
| Kentucky | -0.2 | + 0.0 | -0.7 | -1.4 | +1.0 | + 4.8 | -1.3 |
| Appalachian Kentucky | -0.2 | + 0.0 | -0.3 | -1.6 | +1.0 | -0.2 | - 0.6 |
| Non-Appalachian Kentucky | -0.2 | + 0.0 | -0.9 | -2.5 | + 0.9 | + 5.5 | -1.4 |
| Maryland | -0.3 | +0.0 | -0.3 | + 0.4 | -1.1 | + 0.6 | +0.1 |
| Appalachian Maryland | - 0.6 | - 0.6 | + 1.0 | + 1.6 | -1.6 | -20.6 | - 0.6 |
| Non-Appalachian Maryland | -0.4 | +0.1 | -0.3 | + 0.4 | -1.0 | +1.2 | + 0.1 |
| Mississippi | -0.2 | -0.1 | -0.2 | -11.2 | + 0.5 | +1.3 | + 0.9 |
| Appalachian Mississippi | -0.1 | -0.1 | -1.2 | + 3.2 | + 15.1 | + 12.7 | + 1.3 |
| Non-Appalachian Mississippi | -0.2 | -0.2 | + 0.0 | - 13.9 | -2.4 | -0.8 | + 0.8 |
| New York | -0.5 | + 0.1 | -1.1 | -1.2 | -0.7 | + 0.4 | + 1.6 |
| Appalachian New York | +0.2 | + 0.0 | - 0.1 | + 3.7 | + 0.7 | + 4.8 | + 3.0 |
| Non-Appalachian New York | -0.6 | + 0.1 | -1.2 | -1.1 | -0.8 | + 0.2 | +1.3 |
| North Carolina | -0.3 | -0.1 | -1.7 | -2.8 | -2.0 | + 0.5 | + 0.1 |
| Appalachian North Carolina | +0.0 | + 0.0 | + 0.0 | -4.5 | -2.0 | + 4.6 | + 0.0 |
| Non-Appalachian North Carolina | - 0.4 | -0.1 | -2.1 | -2.6 | -2.1 | -0.5 | + 0.1 |
| Ohio | + 0.0 | + 0.0 | + 0.6 | + 2.9 | + 0.7 | + 4.6 | -1.3 |
| Appalachian Ohio | +0.2 | -0.1 | - 0.3 | + 12.2 | + 2.3 | + 7.6 | -3.1 |
| Non-Appalachian Ohio | -0.1 | -0.1 | + 0.7 | + 2.5 | + 0.3 | + 3.6 | -0.9 |
| Pennsylvania | -0.1 | + 0.0 | + 0.6 | -1.7 | +1.0 | + 3.8 | -1.2 |
| Appalachian Pennsylvania | + 0.1 | + 0.0 | + 1.1 | + 3.0 | + 1.2 | + 0.6 | -1.1 |
| Non-Appalachian Pennsylvania | -0.3 | + 0.0 | + 0.1 | -3.2 | + 0.7 | + 5.2 | -1.2 |
| South Carolina | -0.2 | -0.1 | -0.5 | +1.5 | -1.6 | -1.6 | + 0.0 |
| Appalachian South Carolina | - 0.2 | -0.1 | - 1.4 | + 15.5 | -1.9 | - 8.8 | - 0.6 |
| Non-Appalachian South Carolina | -0.2 | + 0.0 | + 0.0 | -1.5 | -1.5 | -0.1 | + 0.3 |
| Tennessee | -0.3 | -0.1 | -1.0 | -0.8 | -1.1 | + 4.2 | -0.4 |
| Appalachian Tennessee | -0.2 | -0.2 | + 0.1 | - 0.6 | -1.8 | + 6.6 | - 0.6 |
| Non-Appalachian Tennessee | -0.3 | -0.1 | -1.9 | -0.9 | -0.5 | + 2.8 | -0.3 |
| Virginia | + 0.1 | + 0.0 | -0.2 | + 0.7 | + 0.3 | + 0.4 | + 0.1 |
| Appalachian Virginia | + 0.1 | + 0.3 | -0.6 | +0.3 | + 3.0 | + 6.4 | -2.5 |
| Non-Appalachian Virginia | +0.0 | + 0.0 | -0.1 | + 0.7 | + 0.1 | + 0.1 | +0.3 |
| West Virginia (entire state) | -0.1 | +0.0 | + 0.0 | +1.3 | -1.8 | -4.3 | -0.6 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Table 7.13: Change in Relationship Between Number of Workers and Availability of Vehicles for Households in the Appalachian Region With One or More Workers, 2011-2015 to 2016-2020

| Availability of Vehicles | Percentage Point Change in Share of Households With One or More Workers |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Households With Zero Vehicles | Households Where Workers Exceed Vehicles | Households Where Workers Equal Vehicles | Households Where Vehicles Exceed Workers |
| United States | -0.2 | + 0.1 | -0.2 | + 0.4 |
| Appalachian Region | + 0.0 | -0.1 | -0.1 | +0.3 |
| Subregions |  |  |  |  |
| Northern Appalachia | + 0.2 | + 0.0 | + 0.1 | -0.2 |
| North Central Appalachia | +0.0 | + 0.0 | - 0.6 | + 0.6 |
| Central Appalachia | -0.1 | + 0.1 | -1.5 | +1.5 |
| South Central Appalachia | -0.1 | -0.2 | - 0.3 | + 0.6 |
| Southern Appalachia | -0.2 | -0.1 | +0.2 | +0.1 |
| County Types |  |  |  |  |
| Large Metros (pop. 1 million +) | -0.1 | -0.1 | + 0.4 | -0.1 |
| Small Metros (pop. <1 million) | -0.2 | -0.1 | - 0.1 | +0.3 |
| Nonmetro, Adjacent to Large Metros | + 0.2 | -0.2 | - 0.6 | + 0.6 |
| Nonmetro, Adjacent to Small Metros | + 0.0 | + 0.0 | -0.7 | +0.7 |
| Rural (nonmetro, not adj. to a metro) | + 0.0 | -0.1 | -0.7 | + 0.7 |
| Alabama | -0.1 | -0.3 | + 0.0 | + 0.5 |
| Appalachian Alabama | -0.2 | - 0.2 | + 0.2 | +0.3 |
| Non-Appalachian Alabama | -0.1 | -0.6 | - 0.3 | + 1.1 |
| Georgia | + 0.0 | + 0.3 | -0.4 | +0.1 |
| Appalachian Georgia | -0.1 | + 0.0 | + 0.3 | -0.1 |
| Non-Appalachian Georgia | + 0.1 | + 0.4 | -0.7 | +0.2 |
| Kentucky | -0.1 | + 0.1 | -0.7 | + 0.7 |
| Appalachian Kentucky | -0.1 | + 0.2 | - 1.7 | + 1.6 |
| Non-Appalachian Kentucky | -0.1 | + 0.0 | -0.4 | + 0.5 |
| Maryland | -0.4 | -0.1 | + 0.5 | + 0.0 |
| Appalachian Maryland | -0.9 | -1.9 | + 2.9 | + 0.0 |
| Non-Appalachian Maryland | -0.3 | -0.1 | + 0.5 | + 0.0 |
| Mississippi | -0.2 | + 0.0 | -1.4 | +1.5 |
| Appalachian Mississippi | + 0.1 | + 0.1 | -1.0 | + 0.8 |
| Non-Appalachian Mississippi | -0.2 | + 0.0 | -1.6 | + 1.7 |
| New York | -0.2 | + 0.9 | -0.6 | -0.2 |
| Appalachian New York | + 0.0 | + 0.0 | - 0.4 | + 0.4 |
| Non-Appalachian New York | -0.2 | + 0.9 | -0.5 | -0.2 |
| North Carolina | -0.4 | -0.2 | +0.1 | + 0.5 |
| Appalachian North Carolina | + 0.0 | - 0.4 | + 0.6 | -0.3 |
| Non-Appalachian North Carolina | -0.6 | -0.1 | -0.1 | + 0.7 |
| Ohio | + 0.0 | + 0.0 | -0.2 | + 0.3 |
| Appalachian Ohio | + 0.1 | -0.1 | - 0.4 | + 0.5 |
| Non-Appalachian Ohio | + 0.0 | -0.1 | -0.2 | +0.3 |
| Pennsylvania | -0.1 | + 0.5 | + 0.0 | -0.4 |
| Appalachian Pennsylvania | + 0.2 | + 0.0 | +0.3 | - 0.6 |
| Non-Appalachian Pennsylvania | -0.2 | + 0.8 | -0.3 | -0.3 |
| South Carolina | -0.3 | -0.2 | -0.1 | + 0.6 |
| Appalachian South Carolina | -0.3 | - 0.2 | - 0.2 | + 0.6 |
| Non-Appalachian South Carolina | -0.3 | -0.2 | + 0.0 | + 0.5 |
| Tennessee | -0.2 | +0.2 | -0.8 | +0.9 |
| Appalachian Tennessee | -0.2 | -0.1 | - 1.2 | + 1.4 |
| Non-Appalachian Tennessee | -0.3 | + 0.3 | - 0.6 | + 0.7 |
| Virginia | + 0.1 | +0.2 | + 0.1 | -0.4 |
| Appalachian Virginia | -0.1 | - 0.3 | + 0.1 | +0.3 |
| Non-Appalachian Virginia | + 0.1 | + 0.3 | + 0.0 | -0.3 |
| West Virginia (entire state) | + 0.0 | + 0.0 | -1.2 | +1.2 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Table 7.14: Change in Travel Time to Work for Workers Ages 16 and Over in the Appalachian Region, by Amount of Time, 2011-2015 to 2016-2020

| Travel Time to Work (Minutes) | Percentage Point Change in Share of Workers Ages 16 and Over |  |  |  | Change in Mean Travel Time to Work (Minutes) |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Less Than 15 Minutes | 15 Minutes to 29 Minutes | 30 Minutes to 59 Minutes | 60 Minutes or More |  |
| United States | -1.5 | -0.4 | + 1.1 | + 0.8 | +1.0 |
| Appalachian Region | -1.5 | -0.3 | +1.1 | + 0.6 | +1.0 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | -1.3 | - 0.2 | + 1.0 | + 0.4 | + 0.8 |
| North Central Appalachia | - 0.9 | +0.0 | +0.9 | + 0.1 | + 0.5 |
| Central Appalachia | -1.0 | -0.9 | + 0.6 | + 1.3 | + 1.4 |
| South Central Appalachia | -1.2 | -0.2 | +1.2 | + 0.2 | + 0.6 |
| Southern Appalachia | -1.8 | -0.7 | +1.3 | +1.3 | +1.3 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | -1.3 | -1.1 | + 1.3 | + 1.2 | + 1.2 |
| Small Metros (pop. <1 million) | -1.8 | + 0.1 | + 1.4 | + 0.4 | + 0.8 |
| Nonmetro, Adjacent to Large Metros | -0.8 | -1.2 | + 1.1 | + 0.9 | + 0.8 |
| Nonmetro, Adjacent to Small Metros | -1.1 | -0.2 | +0.7 | +0.6 | + 0.9 |
| Rural (nonmetro, not adj. to a metro) | -1.5 | + 0.1 | +0.7 | + 0.6 | + 0.9 |
| Alabama | -0.9 | -0.8 | + 0.9 | + 0.8 | + 0.8 |
| Appalachian Alabama | -0.5 | -1.3 | + 1.2 | + 0.7 | + 0.6 |
| Non-Appalachian Alabama | -1.5 | + 0.2 | + 0.3 | + 1.0 | + 1.1 |
| Georgia | -1.5 | -1.0 | +1.0 | +1.5 | +1.3 |
| Appalachian Georgia | -1.7 | -1.1 | + 0.7 | + 2.2 | +1.8 |
| Non-Appalachian Georgia | -1.3 | -0.9 | + 1.1 | + 1.1 | +1.2 |
| Kentucky | -1.0 | -0.3 | +0.7 | + 0.5 | + 0.7 |
| Appalachian Kentucky | -1.0 | -1.3 | +0.8 | + 1.4 | + 1.7 |
| Non-Appalachian Kentucky | -0.9 | -0.1 | + 0.7 | +0.3 | + 0.6 |
| Maryland | - 0.8 | -0.2 | + 0.3 | + 0.7 | + 0.7 |
| Appalachian Maryland | - 3.5 | + 0.4 | + 2.4 | + 0.7 | + 1.7 |
| Non-Appalachian Maryland | -0.8 | -0.2 | + 0.2 | + 0.8 | + 0.8 |
| Mississippi | -2.2 | + 0.5 | +1.2 | + 0.5 | + 1.1 |
| Appalachian Mississippi | -4.5 | + 2.4 | +1.8 | +0.3 | + 0.6 |
| Non-Appalachian Mississippi | -1.7 | -0.1 | +1.2 | + 0.5 | + 1.2 |
| New York | -1.3 | -0.5 | + 0.5 | + 1.2 | +1.2 |
| Appalachian New York | -1.0 | - 0.2 | + 0.8 | + 0.4 | + 0.6 |
| Non-Appalachian New York | -1.2 | -0.6 | + 0.6 | +1.2 | +1.2 |
| North Carolina | -1.7 | -0.7 | +1.6 | + 0.8 | +1.0 |
| Appalachian North Carolina | - 0.9 | - 0.6 | +1.2 | +0.3 | + 0.6 |
| Non-Appalachian North Carolina | -1.9 | -0.7 | +1.6 | + 1.0 | + 1.1 |
| Ohio | -0.9 | + 0.2 | + 0.5 | + 0.3 | + 0.5 |
| Appalachian Ohio | - 1.1 | + 0.0 | + 0.8 | + 0.4 | + 0.8 |
| Non-Appalachian Ohio | -0.9 | + 0.2 | + 0.5 | + 0.2 | + 0.5 |
| Pennsylvania | -1.5 | -0.2 | +1.2 | + 0.5 | + 0.8 |
| Appalachian Pennsylvania | -1.1 | - 0.4 | +1.1 | + 0.4 | + 0.8 |
| Non-Appalachian Pennsylvania | -1.7 | -0.1 | +1.2 | + 0.5 | + 0.9 |
| South Carolina | -2.5 | -0.4 | + 2.1 | + 0.8 | + 1.2 |
| Appalachian South Carolina | -3.6 | +0.3 | + 2.6 | + 0.7 | + 1.7 |
| Non-Appalachian South Carolina | -2.1 | -0.7 | + 1.9 | + 0.8 | + 1.1 |
| Tennessee | -1.6 | -0.2 | +1.0 | + 0.7 | + 0.9 |
| Appalachian Tennessee | -1.3 | + 0.0 | + 1.1 | + 0.2 | + 0.5 |
| Non-Appalachian Tennessee | -1.7 | - 0.4 | + 0.8 | + 1.2 | + 1.1 |
| Virginia | -0.9 | -0.7 | + 1.5 | + 0.2 | + 0.7 |
| Appalachian Virginia | - 0.6 | - 0.4 | + 0.5 | + 0.5 | + 0.5 |
| Non-Appalachian Virginia | -0.9 | -0.8 | + 1.5 | + 0.2 | + 0.6 |
| West Virginia (entire state) | -1.4 | + 0.5 | + 0.7 | + 0.2 | + 0.5 |

Note: Persons ages 16 and over who primarily worked from home are excluded from this analysis.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Table 7.15: Percentage Point Change in Share of Workers Ages 16 and Over in the Appalachian Region, by Place of Work (State and County Level), 2011-2015 to 2016-2020

| Place of Work (State and County Level) | Percentage Point Change in Share of Workers Ages 16 and Over |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Worked in County of Residence | Worked Outside County of Residence |  |  |
|  |  | Total | Worked in State of Residence | Worked Outside State of Residence |
| United States | + 0.4 | -0.4 | -0.2 | -0.2 |
| Appalachian Region | -0.5 | + 0.5 | + 0.6 | -0.1 |
| Subregions |  |  |  |  |
| Northern Appalachia | - 0.2 | + 0.2 | + 0.2 | + 0.0 |
| North Central Appalachia | - 0.9 | + 0.9 | + 0.6 | + 0.3 |
| Central Appalachia | - 1.7 | + 1.7 | + 1.4 | + 0.4 |
| South Central Appalachia | - 0.3 | + 0.3 | + 0.5 | -0.2 |
| Southern Appalachia | -0.2 | +0.2 | +0.3 | -0.1 |
| County Types |  |  |  |  |
| Large Metros (pop. 1 million +) | + 0.1 | - 0.1 | + 0.1 | -0.2 |
| Small Metros (pop. <1 million) | -0.4 | + 0.4 | + 0.4 | + 0.0 |
| Nonmetro, Adjacent to Large Metros | - 1.0 | + 1.0 | + 1.3 | -0.3 |
| Nonmetro, Adjacent to Small Metros | -0.9 | + 0.9 | + 0.7 | +0.2 |
| Rural (nonmetro, not adj. to a metro) | -1.2 | + 1.2 | + 1.2 | + 0.0 |
| Alabama | -0.2 | + 0.2 | + 0.4 | -0.1 |
| Appalachian Alabama | - 0.2 | + 0.2 | + 0.2 | + 0.0 |
| Non-Appalachian Alabama | -0.2 | + 0.2 | + 0.5 | -0.3 |
| Georgia | + 0.5 | -0.5 | -0.4 | -0.1 |
| Appalachian Georgia | + 0.7 | - 0.7 | - 0.5 | -0.3 |
| Non-Appalachian Georgia | + 0.5 | -0.5 | - 0.4 | -0.1 |
| Kentucky | -0.7 | + 0.7 | + 0.6 | + 0.1 |
| Appalachian Kentucky | - 1.9 | + 1.9 | + 1.2 | + 0.7 |
| Non-Appalachian Kentucky | -0.3 | + 0.3 | + 0.5 | -0.1 |
| Maryland | + 2.0 | -2.0 | -1.0 | -1.1 |
| Appalachian Maryland | - 1.4 | + 1.4 | - 0.5 | + 1.8 |
| Non-Appalachian Maryland | +2.3 | -2.3 | -1.1 | -1.2 |
| Mississippi | -1.1 | +1.1 | + 0.9 | + 0.2 |
| Appalachian Mississippi | -2.4 | + 2.4 | + 2.6 | -0.3 |
| Non-Appalachian Mississippi | -0.8 | + 0.8 | + 0.4 | +0.3 |
| New York | + 0.6 | -0.6 | -0.4 | -0.3 |
| Appalachian New York | + 0.6 | -0.6 | -0.2 | -0.3 |
| Non-Appalachian New York | + 0.7 | -0.7 | -0.4 | -0.3 |
| North Carolina | -0.3 | + 0.3 | + 0.2 | + 0.1 |
| Appalachian North Carolina | -0.5 | + 0.5 | + 0.6 | -0.2 |
| Non-Appalachian North Carolina | -0.3 | + 0.3 | + 0.2 | +0.2 |
| Ohio | + 0.4 | -0.4 | -0.3 | -0.1 |
| Appalachian Ohio | -0.1 | + 0.1 | +0.1 | -0.1 |
| Non-Appalachian Ohio | + 0.4 | - 0.4 | -0.3 | -0.1 |
| Pennsylvania | +0.1 | -0.1 | + 0.0 | -0.1 |
| Appalachian Pennsylvania | -0.3 | +0.3 | +0.3 | +0.0 |
| Non-Appalachian Pennsylvania | +0.7 | -0.7 | -0.3 | -0.4 |
| South Carolina | -0.4 | + 0.4 | + 0.3 | + 0.2 |
| Appalachian South Carolina | - 0.8 | + 0.8 | + 0.6 | + 0.3 |
| Non-Appalachian South Carolina | -0.4 | + 0.4 | + 0.1 | +0.1 |
| Tennessee | -0.3 | + 0.3 | + 0.6 | -0.4 |
| Appalachian Tennessee | -0.7 | +0.7 | + 0.9 | -0.2 |
| Non-Appalachian Tennessee | + 0.0 | + 0.0 | + 0.5 | -0.5 |
| Virginia | + 2.0 | -2.0 | -1.1 | -0.9 |
| Appalachian Virginia | + 0.0 | + 0.0 | + 0.1 | -0.1 |
| Non-Appalachian Virginia | +2.2 | -2.2 | -1.3 | -0.9 |
| West Virginia (entire state) | -1.3 | +1.3 | + 0.5 | + 0.8 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 7.8: Percentage Point Change in Share of Workers Ages 16 and Over in the Appalachian Region Who Drove Alone to Work, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in Share of Workers Ages 16 and Over in the Appalachian Region Who Drove Alone to Work, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

The share of Appalachian workers who drove alone to work fell by 1.3 percentage points between 2011-2015 and 20162020, compared with a decrease of 1.5 points nationwide. Although more than four years of the latter period pre-date the onset of the COVID-19 pandemic, early mitigation efforts (such as lockdown measures) may have had a minor impact on the change. Within the Region, the decrease between the two periods was greater than the national average of 1.5 points in 155 of Appalachia's 423 counties. Yet in 179 other counties, the percentage driving alone remained constant or increased between the two periods. Counties in both groups were scattered throughout the Region and across all ruralurban county types. Among the states, the Appalachian sections of South Carolina and Georgia had the largest declines (2.9 and 2.4 points, respectively).

Figure 7.9: Percentage Point Change in Share of Workers Ages 16 and Over in the Appalachian Region Who Live in Households With No Vehicle Available, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in Share of Workers Ages 16 and Over in the Appalachian Region Who Live in Households With No Vehicle Available, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Between the 2011-2015 and 2016-2020 periods, the share of workers in households with no vehicle available barely declined in Appalachia ( 0.1 percentage points), compared with a more noticeable (but still minor) decrease nationwide ( 0.3 points). Yet in 152 of the Region's 423 counties, the decrease was greater than the national average. By contrast, the percentage remained constant or increased in another 213 counties throughout the Region, as well as in the Appalachian portions of Georgia, New York, North Carolina, Ohio, Pennsylvania, and Virginia. The share also increased slightly in Northern Appalachia and two of the three county types outside metropolitan areas.

Figure 7.10: Percentage Point Change in Share of Households With One or More Workers in the Appalachian Region Where the Number of Workers Exceeds the Number of Vehicles Available, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in Share of Households With One or More Workers in the Appalachian Region Where the Number of Workers Exceeds the Number of Vehicles Available, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Between 2011-2015 and 2016-2020, the percentage of Appalachian households where the number of workers exceeded the number of available vehicles barely decreased in Appalachia, compared to a similarly miniscule increase nationwide. Within the Region, however, changes were more noticeable. In 109 of the Region's 423 counties, for example, the share of households where workers exceeded vehicles decreased by at least a full percentage point. Meanwhile, the share increased by a full point or more in another 97 Appalachian counties.

Figure 7.11: Percentage Point Change in the Share of Workers Ages 16 and Over in the Appalachian Region Who Worked Outside Their County of Residence, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Workers Ages 16 and Over in the Appalachian Region Who Worked Outside Their County of Residence, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

The share of Appalachian residents working outside their county of residence was 0.5 percentage points greater in 2016-2020 than in 2011-2015. And the increase was even greater in much of the Region: the share increased by at least two percentage points in 147 of Appalachia's 423 counties. Still, there were 174 Appalachian counties where the share working outside their residential county was lower in 2016-2020 than in the earlier period. In 147 of these counties, the decrease was greater than the national average of 0.4 points.

## TRENDS IN TRANSPORTATION AND COMMUTING PATTERNS

- At just under 81 percent, the share of Appalachian workers who drove alone to work in 2016-2020 was 1.3 percentage points lower than it was in 2011-2015 (see Tables 7.1 and 7.9), and likewise decreased in most parts of the Region. The decreases were greatest in Southern Appalachia ( 1.7 points), counties in large metropolitan areas ( 2.3 points), and the Appalachian sections of South Carolina and Georgia ( 2.9 and 2.4 points, respectively). Conversely, only Appalachian Mississippi showed a noticeable increase ( 1.2 percentage points). Decreases were similarly felt in the percentage of Appalachian workers carpooling to their jobs; that share fell 0.5 percentage points between 2011-2015 and 20162020. The growth of telework and home-based businesses was also evident, as the share of workers who worked at home increased 2.1 percentage points between the two periods. And although most of the 2016-2020 period pre-dated the COVID-19 pandemic, it may have had some effect on this commuting trend.
- The share of Appalachian workers below the poverty level (\$26,246 for a family of two adults and two children in 2020) who drove alone to their jobs ( 70.6 percent in 2016-2020) was lower than it was for all workers, and the change from 2011-2015 was not as pronounced (see Tables 7.2 and 7.10). Still, the general patterns between the two periods were similar to that found for all workers-decreases in workers driving alone and carpooling ( 0.7 and 0.5 percentage points, respectively), increases in working from home ( 1.4 points). However, the share of workers in poverty who drove alone did rise in some parts of the Region, such as the Appalachian parts of Alabama, Maryland, Mississippi, and Ohio.
- In 2016-2020, 7 percent of Appalachian households lacked an available vehicle to get to current and/or potential employment, down 0.6 points from 2011-2015 (see Tables 7.3 and 7.11). Within the Region, the decline occurred among every subregion, every urban-rural county type, and in the Appalachian portions of every state. The decline was largest in Appalachian Kentucky and South Carolina, where the share fell by 1.1 and 1.0 percentage points, respectively.
- The share of workers in households with no vehicle available ( 2.6 percent) was virtually unchanged in Appalachia between the 2011-2015 and the 2016-2020 periods, falling just 0.1 percentage points (see Tables 7.5 and 7.12). And among the subregions, county types, and states, the share generally neither rose nor fell more than 0.3 percentage points. (Appalachian Maryland was an exception, as the share there fell 0.6 points.) In contrast, the share of workers lacking a vehicle rose noticeably in Appalachia among workers who used modes of transport where a private vehicle is more of a convenience than a necessity, such as public transportation, walking, taxicabs, motorcycles, or bicycles.
- In 2016-2020, the number of workers exceeded the number of vehicles available in 4.6 percent of Appalachian households-a figure that fell just 0.1 percentage points from its 2011-2015 level (see Tables 7.6 and 7.13). And the change was slight in most of Appalachia: In virtually every subregion, urban-rural county type, and state, the share of households with more workers than vehicles changed no more than 0.3 percentage points. The only exceptions within the Region were in the Appalachian sections of Maryland (decrease of 1.9 percentage points) and North Carolina (decrease of 0.4 points).
- On average, Appalachian workers traveled 25.8 minutes to their jobs in 2016-2020, a full minute longer than they did in 2011-2015 (see Tables 7.7 and 7.14), and the average commute was longer throughout the Region. Moreover, a greater percentage of workers had longer commutes: The share of workers taking between 30 minutes and 59 minutes to get to their jobs rose 1.1 percentage points between the 2011-2015 and 2016-2020 periods. And the share who took at least an hour to get to work rose 0.6 points in Appalachia-and 1.3 points in the Central and Southern subregions and 1.2 points in counties that were part of large metro areas.
- Just under 32 percent of employed Appalachian residents ages 16 and over worked outside their county of residence in 2016-2020, representing an increase of 0.5 percentage points from the 20112015 period (see Tables 7.8 and 7.15). Within the Region, Central Appalachia had the greatest increase, while the counties outside metropolitan areas had greater increases than those within metros. Among the states, the share working outside their home county increased more than one full percentage point in West Virginia and the Appalachian sections of Kentucky, Maryland, and Mississippi. The increase exceeded two points in Mississippi and was nearly that high in Kentucky.


## CHAPTER 8: INCOME AND POVERTY

Table 8.1: Household, Family, and Per Capita Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020

| Income | Household Income, 2016-2020 (2020 Dollars) |  | Family Income, 2016-2020 (2020 Dollars) |  | Per Capita Income, 2016-2020 (2020 Dollars) |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean HH Income | Median HH Income | Mean Family Income | Median Family Income |  |
| United States | 91,547 | 64,994 | 107,335 | 80,069 | 35,384 |
| Appalachian Region | 72,403 | 53,546 | 86,235 | 67,841 | 29,409 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | 73,949 | 55,765 | 89,358 | 71,785 | 31,197 |
| North Central Appalachia | 67,635 | 50,367 | 80,727 | 64,429 | 27,820 |
| Central Appalachia | 55,637 | 39,927 | 65,610 | 51,060 | 22,685 |
| South Central Appalachia | 69,802 | 50,773 | 83,713 | 64,837 | 29,000 |
| Southern Appalachia | 78,005 | 57,726 | 91,238 | 71,102 | 29,920 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 86,725 | 65,357 | 102,884 | 82,016 | 34,470 |
| Small Metros (pop. <1 million) | 72,872 | 53,946 | 87,426 | 68,866 | 29,806 |
| Nonmetro, Adjacent to Large Metros | 63,980 | 48,463 | 75,820 | 61,647 | 25,909 |
| Nonmetro, Adjacent to Small Metros | 62,908 | 47,392 | 74,047 | 59,506 | 25,891 |
| Rural (nonmetro, not adj. to a metro) | 58,511 | 42,403 | 69,475 | 54,533 | 23,997 |
| Alabama | 71,964 | 52,035 | 86,610 | 66,772 | 28,934 |
| Appalachian Alabama | 74,437 | 54,265 | 88,874 | 68,905 | 29,903 |
| Non-Appalachian Alabama | 67,500 | 48,413 | 82,383 | 63,644 | 27,203 |
| Georgia | 85,691 | 61,224 | 99,832 | 74,127 | 32,427 |
| Appalachian Georgia | 86,242 | 66,228 | 97,102 | 76,909 | 30,911 |
| Non-Appalachian Georgia | 85,459 | 59,297 | 101,166 | 72,946 | 33,115 |
| Kentucky | 72,318 | 52,238 | 85,749 | 65,893 | 29,123 |
| Appalachian Kentucky | 55,539 | 39,501 | 64,935 | 50,683 | 22,387 |
| Non-Appalachian Kentucky | 78,206 | 57,419 | 93,418 | 72,696 | 31,499 |
| Maryland | 114,236 | 87,063 | 133,817 | 105,790 | 43,352 |
| Appalachian Maryland | 76,224 | 57,854 | 90,841 | 73,387 | 29,902 |
| Non-Appalachian Maryland | 115,954 | 89,320 | 135,727 | 108,177 | 43,935 |
| Mississippi | 65,156 | 46,511 | 77,072 | 58,923 | 25,444 |
| Appalachian Mississippi | 59,452 | 43,111 | 70,989 | 55,758 | 23,598 |
| Non-Appalachian Mississippi | 66,683 | 47,623 | 78,670 | 59,908 | 25,933 |
| New York | 105,304 | 71,117 | 123,221 | 87,270 | 40,898 |
| Appalachian New York | 71,200 | 54,156 | 85,188 | 69,492 | 29,617 |
| Non-Appalachian New York | 107,355 | 72,709 | 125,430 | 89,519 | 41,521 |
| North Carolina | 79,620 | 56,642 | 94,483 | 70,978 | 31,993 |
| Appalachian North Carolina | 69,128 | 50,197 | 82,375 | 64,142 | 28,878 |
| Non-Appalachian North Carolina | 82,292 | 58,747 | 97,522 | 73,101 | 32,746 |
| Ohio | 78,797 | 58,116 | 95,193 | 74,391 | 32,465 |
| Appalachian Ohio | 66,716 | 50,599 | 79,119 | 64,183 | 27,296 |
| Non-Appalachian Ohio | 81,245 | 59,982 | 98,593 | 77,140 | 33,529 |
| Pennsylvania | 87,262 | 63,627 | 105,058 | 80,996 | 35,518 |
| Appalachian Pennsylvania | 76,120 | 57,318 | 92,467 | 74,050 | 32,348 |
| Non-Appalachian Pennsylvania | 96,922 | 70,554 | 115,447 | 88,474 | 38,035 |
| South Carolina | 76,390 | 54,864 | 90,694 | 68,813 | 30,727 |
| Appalachian South Carolina | 76,693 | 55,687 | 91,479 | 69,900 | 30,485 |
| Non-Appalachian South Carolina | 76,284 | 55,137 | 90,411 | 68,878 | 30,812 |
| Tennessee | 76,937 | 54,833 | 91,215 | 68,793 | 30,869 |
| Appalachian Tennessee | 69,596 | 50,331 | 83,272 | 63,952 | 28,704 |
| Non-Appalachian Tennessee | 82,778 | 59,276 | 97,541 | 73,184 | 32,507 |
| Virginia | 106,023 | 76,398 | 123,883 | 93,284 | 41,255 |
| Appalachian Virginia | 63,354 | 46,428 | 77,897 | 61,205 | 26,706 |
| Non-Appalachian Virginia | 110,435 | 81,005 | 128,375 | 97,922 | 42,654 |
| West Virginia (entire state) | 65,332 | 48,037 | 78,106 | 61,707 | 27,346 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 8.1: Mean Household Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020


Map Title: Mean Household Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In the 2016-2020 period, the mean income of Appalachian households was $\$ 72,403$, just 79 percent of the U.S. average ( $\$ 91,547$ ). In just seven of the Region's counties (all of which were in metropolitan areas), average household income matched or exceeded the national mean. And in only 63 additional counties ( 47 of which were in metros), mean household income matched or surpassed the Appalachian average. In contrast, mean household income was less than $\$ 50,000$ in 41 counties-all but one of which were outside metro areas, and 29 of which were in Central Appalachia (22 in Kentucky alone).

Figure 8.2: Median Household Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020


Map Title: Median Household Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

At $\$ 53,546$, median household income in Appalachia (the level at which half the households have higher incomes and the other half have lower incomes) was 82 percent that of the United States ( $\$ 64,994$ ) during the 2016-2020 period. There were 19 counties in the Region (18 of which were in metropolitan areas) that had household incomes at or above the national median, while another 69 had incomes at or above the regional median. On the other hand, 78 counties in the Region had median household incomes below $\$ 40,000-74$ of which were outside metro areas and 48 of which were in Central Appalachia. This distribution is not surprising: median household income was $\$ 42,403$ for the most rural counties and $\$ 39,927$ for Central Appalachia. It is useful to note that the income levels displayed here reflect income received during a five-year period that includes the first 10 months of the coronavirus pandemic in 2020.

Figure 8.3: Mean Family Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020


Map Title: Mean Family Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In only 10 Appalachian counties (all of which were in metropolitan areas), the average income of families matched or surpassed the U.S. mean of $\$ 107,335$ for the 2016-2020 period. And there were just an additional 61 counties ( 42 of which were part of metro areas) where mean family income was equal to or greater than the average for the Appalachian Region ( $\$ 86,235$ ). In contrast, mean family income was less than $\$ 60,000$ in 43 Appalachian counties. All but one of these counties were outside metropolitan areas; nearly three-fourths of them did not border any metro. Additionally, 29 of the counties in the lowest income group were in Central Appalachia and 23 were in Kentucky alone. Overall, mean family income over the 2016-2020 period was just \$69,475 for the most rural counties, \$65,610 for Central Appalachia, and \$64,935 for Appalachian Kentucky.

Figure 8.4: Median Family Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020


Map Title: Median Family Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Median family income in Appalachia was 85 percent of the U.S. median of $\$ 80,069$ during the $2016-2020$ period. Yet in 19 Appalachian counties-all of which were in metro areas-median family income (the level where half of all families have higher incomes while the other half have lower incomes) matched or exceeded the U.S. median. In another 66 counties ( 46 of which were in metros), median income was at or above the median for families in the Appalachian Region ( $\$ 67,841$ ). In contrast, median family income was less than $\$ 50,000$ in 61 counties. More than half of the counties in this latter group were rural counties not adjacent to a metro area (median family income in those counties as a whole was $\$ 54,533$ ), and 27 were in Appalachian Kentucky (where median family income was $\$ 50,683$ ).

Figure 8.5: Per Capita Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020


Map Title: Per Capita Income in the Appalachian Region (In Adjusted 2020 Dollars), 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

At $\$ 29,409$, per capita income in the Appalachian Region was 83 percent that of the U.S. average of $\$ 35,384$ during the 2016-2020 period. And there was considerable variation within the Region. Per capita income was the same or higher than the national average in 13 Appalachian counties, including Pittsburgh, suburban Atlanta, and Clermont County, Ohio (which is part of metropolitan Cincinnati). In 63 other counties, per capita income was at or above the regional average; while more than a third of these were in Northern Appalachia, there were pockets in the South Central and Southern subregions as well. Yet in 33 Appalachian counties, per capita income was less than \$20,000. As with other income measures, most of the counties with the highest per capita incomes were in metro areas, while those with the lowest were disproportionately in rural areas, particularly in Central Appalachia. Indeed, per capita income in 2016-2020 was only $\$ 23,997$ in the most rural Appalachian counties as a whole, and just $\$ 22,685$ in Central Appalachia.

Table 8.2: Change in Household, Family, and Per Capita Income in the Appalachian Region (In Adjusted 2020 Dollars), 2011-2015 to 2016-2020

| Income | Percent Change in Household Income (In 2020 Dollars) |  | Percent Change in Family Income (in 2020 Dollars) |  | Percent <br> Change in Per <br> Capita Income <br> (In 2020 <br> Dollars) |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean HH Income | Median HH Income | Mean Family Income | Median Family Income |  |
| United States | + 10.9 | + 10.4 | + 11.4 | + 11.0 | + 11.9 |
| Appalachian Region | + 9.6 | +9.6 | + 10.1 | + 10.0 | + 10.9 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | + 7.0 | + 6.4 | + 7.4 | + 7.2 | +9.5 |
| North Central Appalachia | + 7.4 | + 7.1 | + 7.8 | + 7.5 | + 8.4 |
| Central Appalachia | + 7.1 | + 7.2 | + 7.1 | + 7.2 | + 8.0 |
| South Central Appalachia | + 10.8 | + 11.0 | + 11.4 | + 11.5 | + 11.6 |
| Southern Appalachia | + 12.4 | + 12.2 | + 13.2 | + 13.0 | + 13.1 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | + 10.2 | + 10.0 | + 11.0 | + 11.5 | + 11.7 |
| Small Metros (pop. <1 million) | +9.0 | +9.0 | +9.4 | +9.2 | + 10.2 |
| Nonmetro, Adjacent to Large Metros | + 8.4 | + 7.7 | +9.1 | +9.5 | +9.8 |
| Nonmetro, Adjacent to Small Metros | + 9.1 | + 8.5 | +9.5 | +9.0 | + 10.2 |
| Rural (nonmetro, not adj. to a metro) | +9.6 | + 8.1 | + 10.1 | +9.6 | + 11.2 |
| Alabama | + 8.8 | +9.2 | + 10.1 | + 10.4 | +9.9 |
| Appalachian Alabama | + 9.3 | + 10.4 | + 10.1 | + 10.5 | + 10.3 |
| Non-Appalachian Alabama | + 7.9 | + 6.6 | + 10.1 | +9.3 | +9.2 |
| Georgia | + 13.7 | + 12.9 | + 14.7 | + 14.2 | + 15.3 |
| Appalachian Georgia | + 14.1 | + 14.0 | + 14.6 | + 14.9 | + 15.0 |
| Non-Appalachian Georgia | + 13.5 | + 12.7 | + 14.8 | + 13.8 | + 15.5 |
| Kentucky | + 10.3 | +9.3 | + 10.3 | + 8.9 | + 10.8 |
| Appalachian Kentucky | + 8.6 | + 7.9 | + 7.7 | + 8.1 | + 9.1 |
| Non-Appalachian Kentucky | + 10.3 | +9.0 | + 10.7 | +9.0 | + 10.9 |
| Maryland | +6.9 | + 6.9 | + 7.8 | + 7.5 | + 7.5 |
| Appalachian Maryland | + 7.5 | +6.3 | + 8.2 | + 7.5 | + 8.2 |
| Non-Appalachian Maryland | + 6.8 | + 7.3 | + 7.7 | + 7.5 | + 7.5 |
| Mississippi | + 8.6 | + 7.3 | +9.7 | +9.4 | + 10.6 |
| Appalachian Mississippi | + 9.1 | + 8.3 | + 10.9 | + 11.8 | + 10.2 |
| Non-Appalachian Mississippi | + 8.4 | + 7.2 | +9.3 | + 8.7 | + 10.7 |
| New York | + 11.0 | +9.8 | + 11.7 | + 11.1 | + 12.6 |
| Appalachian New York | + 6.2 | + 5.2 | + 5.2 | + 4.9 | + 8.8 |
| Non-Appalachian New York | + 11.2 | + 10.3 | + 12.0 | + 12.1 | + 12.7 |
| North Carolina | + 11.5 | + 10.6 | + 12.2 | + 12.3 | + 13.0 |
| Appalachian North Carolina | + 11.5 | + 10.8 | + 11.4 | + 11.9 | + 12.7 |
| Non-Appalachian North Carolina | + 11.4 | + 10.6 | + 12.3 | + 12.0 | + 12.9 |
| Ohio | + 8.6 | + 7.6 | +9.1 | +8.4 | + 10.2 |
| Appalachian Ohio | + 8.1 | +6.7 | + 8.5 | +6.8 | + 9.8 |
| Non-Appalachian Ohio | + 8.6 | + 7.8 | +9.0 | + 8.1 | + 10.2 |
| Pennsylvania | +9.1 | +8.7 | +9.3 | +8.8 | + 11.0 |
| Appalachian Pennsylvania | + 7.2 | +6.7 | + 7.6 | + 7.6 | +9.8 |
| Non-Appalachian Pennsylvania | + 10.3 | +9.9 | + 10.0 | + 9.5 | + 11.5 |
| South Carolina | + 12.8 | + 10.4 | + 14.2 | + 11.8 | + 14.3 |
| Appalachian South Carolina | + 14.9 | + 13.6 | + 16.1 | + 12.9 | + 15.8 |
| Non-Appalachian South Carolina | + 12.1 | + 10.3 | + 13.5 | + 11.2 | + 13.8 |
| Tennessee | + 11.2 | +11.0 | + 11.8 | + 12.2 | + 12.0 |
| Appalachian Tennessee | + 10.5 | + 11.2 | + 11.6 | + 11.6 | + 11.3 |
| Non-Appalachian Tennessee | + 11.4 | + 10.9 | + 11.7 | + 11.7 | + 12.4 |
| Virginia | +9.1 | + 7.6 | + 10.1 | +8.9 | + 10.6 |
| Appalachian Virginia | + 6.7 | + 6.9 | + 8.4 | + 8.3 | + 8.1 |
| Non-Appalachian Virginia | + 8.9 | + 7.2 | + 9.9 | + 8.2 | + 10.5 |
| West Virginia (entire state) | + 6.0 | + 5.3 | + 6.0 | + 6.8 | + 6.7 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 8.6: Percent Change in Median Household Income in the Appalachian Region (In Adjusted 2020 Dollars), 2011-2015 to 2016-2020


Map Title: Percent Change in Median Household Income in the Appalachian Region (In Adjusted 2020 Dollars), 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
Adjusting for inflation, the median income for Appalachian households (the level where half of all households have higher incomes while the other half have lower incomes) was 9.6 percent higher in 2016-2020 than it was in 2011-2015, suggesting that incomes have recovered from the 2007-2009 economic downturn. While this was slightly less than the national increase of 10.4 percent, household income rose at or above the national average in two-fifths of Appalachia's 423 counties. Moreover, median household income rose at least 15 percent in 83 Appalachian counties between the two periods. But not all the news was positive: In 53 Appalachian counties (more than half of which were in Kentucky or West Virginia), real median household income fell between 2011-2015 and 2016-2020. And it is important to note that the overall income improvements in 2016-2020 include the economic impact resulting from the first months of the coronavirus pandemic (from March through December 2020).

Table 8.3: Number of Persons in the Appalachian Region in Poverty, by Age Group, 2016-2020

| Poverty Status | All Ages | Under Age 18 | Ages 18-64 |  |  | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Total | Ages $18-24$ | $\begin{aligned} & \text { Ages } \\ & 25-64 \end{aligned}$ |  |
| United States | 40,910,326 | 12,598,699 | 23,554,920 | 5,534,538 | 18,020,382 | 4,756,707 |
| Appalachian Region | 3,692,672 | 1,087,889 | 2,171,396 | 492,133 | 1,679,263 | 433,387 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 1,020,740 | 289,512 | 605,570 | 151,584 | 453,986 | 125,658 |
| North Central Appalachia | 400,502 | 110,926 | 244,443 | 55,772 | 188,671 | 45,133 |
| Central Appalachia | 403,326 | 113,560 | 240,888 | 39,299 | 201,589 | 48,878 |
| South Central Appalachia | 752,003 | 214,321 | 448,133 | 106,392 | 341,741 | 89,549 |
| Southern Appalachia | 1,116,101 | 359,570 | 632,362 | 139,086 | 493,276 | 124,169 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 668,253 | 201,253 | 384,976 | 80,261 | 304,715 | 82,024 |
| Small Metros (pop. <1 million) | 1,566,810 | 459,034 | 937,586 | 242,513 | 695,073 | 170,190 |
| Nonmetro, Adjacent to Large Metros | 355,415 | 106,867 | 207,175 | 45,110 | 162,065 | 41,373 |
| Nonmetro, Adjacent to Small Metros | 622,852 | 186,057 | 356,816 | 66,593 | 290,223 | 79,979 |
| Rural (nonmetro, not adj. to a metro) | 479,342 | 134,678 | 284,843 | 57,656 | 227,187 | 59,821 |
| Alabama | 762,642 | 244,726 | 435,202 | 100,904 | 334,298 | 82,714 |
| Appalachian Alabama | 450,590 | 141,261 | 258,501 | 56,167 | 202,334 | 50,828 |
| Non-Appalachian Alabama | 312,052 | 103,465 | 176,701 | 44,737 | 131,964 | 31,886 |
| Georgia | 1,461,572 | 495,477 | 821,046 | 186,983 | 634,063 | 145,049 |
| Appalachian Georgia | 375,220 | 129,247 | 205,636 | 39,859 | 165,777 | 40,337 |
| Non-Appalachian Georgia | 1,086,352 | 366,230 | 615,410 | 147,124 | 468,286 | 104,712 |
| Kentucky | 717,895 | 218,023 | 421,831 | 91,937 | 329,894 | 78,041 |
| Appalachian Kentucky | 263,740 | 75,437 | 157,861 | 27,645 | 130,216 | 30,442 |
| Non-Appalachian Kentucky | 454,155 | 142,586 | 263,970 | 64,292 | 199,678 | 47,599 |
| Maryland | 531,553 | 153,356 | 306,634 | 66,871 | 239,763 | 71,563 |
| Appalachian Maryland | 29,872 | 8,568 | 17,630 | 3,838 | 13,792 | 3,674 |
| Non-Appalachian Maryland | 501,681 | 144,788 | 289,004 | 63,033 | 225,971 | 67,889 |
| Mississippi | 564,439 | 191,339 | 314,225 | 70,880 | 243,345 | 58,875 |
| Appalachian Mississippi | 116,001 | 35,135 | 67,154 | 17,817 | 49,337 | 13,712 |
| Non-Appalachian Mississippi | 448,438 | 156,204 | 247,071 | 53,063 | 194,008 | 45,163 |
| New York | 2,581,048 | 746,203 | 1,475,003 | 303,834 | 1,171,169 | 359,842 |
| Appalachian New York | 151,495 | 41,185 | 95,489 | 30,080 | 65,409 | 14,821 |
| Non-Appalachian New York | 2,429,553 | 705,018 | 1,379,514 | 273,754 | 1,105,760 | 345,021 |
| North Carolina | 1,411,939 | 452,423 | 807,496 | 183,615 | 623,881 | 152,020 |
| Appalachian North Carolina | 292,030 | 86,175 | 169,142 | 35,619 | 133,523 | 36,713 |
| Non-Appalachian North Carolina | 1,119,909 | 366,248 | 638,354 | 147,996 | 490,358 | 115,307 |
| Ohio | 1,546,011 | 486,835 | 900,767 | 203,572 | 697,195 | 158,409 |
| Appalachian Ohio | 312,389 | 96,331 | 182,099 | 34,999 | 147,100 | 33,959 |
| Non-Appalachian Ohio | 1,233,622 | 390,504 | 718,668 | 168,573 | 550,095 | 124,450 |
| Pennsylvania | 1,480,430 | 434,413 | 860,604 | 200,132 | 660,472 | 185,413 |
| Appalachian Pennsylvania | 668,384 | 183,660 | 396,179 | 100,922 | 295,257 | 88,545 |
| Non-Appalachian Pennsylvania | 812,046 | 250,753 | 464,425 | 99,210 | 365,215 | 96,868 |
| South Carolina | 726,470 | 231,061 | 410,346 | 90,491 | 319,855 | 85,063 |
| Appalachian South Carolina | 174,290 | 53,927 | 101,071 | 25,243 | 75,828 | 19,292 |
| Non-Appalachian South Carolina | 552,180 | 177,134 | 309,275 | 65,248 | 244,027 | 65,771 |
| Tennessee | 965,213 | 308,226 | 556,149 | 116,492 | 439,657 | 100,838 |
| Appalachian Tennessee | 432,381 | 125,601 | 255,719 | 52,220 | 203,499 | 51,061 |
| Non-Appalachian Tennessee | 532,832 | 182,625 | 300,430 | 64,272 | 236,158 | 49,777 |
| Virginia | 826,708 | 241,637 | 488,619 | 127,807 | 360,812 | 96,452 |
| Appalachian Virginia | 126,128 | 29,144 | 81,283 | 26,736 | 54,547 | 15,701 |
| Non-Appalachian Virginia | 700,580 | 212,493 | 407,336 | 101,071 | 306,265 | 80,751 |
| West Virginia (entire state) | 300,152 | 82,218 | 183,632 | 40,988 | 142,644 | 34,302 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15 , people living in college dormitories, and people living in institutional group quarters.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 8.4: Percent of Persons in the Appalachian Region in Poverty, by Age Group, 2016-2020

| Poverty Status | All Ages | Under <br> Age 18 | Ages 18-64 |  |  | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Total | $\begin{aligned} & \text { Ages } \\ & 18-24 \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 25-64 \end{aligned}$ |  |
| United States | 12.8 | 17.5 | 12.1 | 20.3 | 10.7 | 9.3 |
| Appalachian Region | 14.7 | 20.2 | 14.3 | 23.8 | 12.8 | 9.4 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 13.2 | 18.8 | 13.1 | 24.5 | 11.3 | 8.1 |
| North Central Appalachia | 16.4 | 21.8 | 16.7 | 27.9 | 14.9 | 9.6 |
| Central Appalachia | 22.4 | 29.3 | 22.4 | 28.3 | 21.5 | 14.5 |
| South Central Appalachia | 15.0 | 21.1 | 14.9 | 25.8 | 13.2 | 9.0 |
| Southern Appalachia | 13.6 | 18.7 | 12.7 | 19.9 | 11.5 | 9.7 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 11.1 | 14.8 | 10.4 | 16.8 | 9.5 | 8.4 |
| Small Metros (pop. <1 million) | 14.6 | 20.4 | 14.5 | 26.5 | 12.5 | 8.6 |
| Nonmetro, Adjacent to Large Metros | 16.0 | 22.4 | 15.7 | 24.4 | 14.3 | 9.8 |
| Nonmetro, Adjacent to Small Metros | 16.3 | 23.5 | 15.9 | 22.6 | 14.9 | 10.1 |
| Rural (nonmetro, not adj. to a metro) | 20.0 | 26.5 | 20.1 | 29.2 | 18.6 | 12.7 |
| Alabama | 16.0 | 22.7 | 15.1 | 24.5 | 13.5 | 10.2 |
| Appalachian Alabama | 14.7 | 20.6 | 13.9 | 22.0 | 12.6 | 9.9 |
| Non-Appalachian Alabama | 18.2 | 26.5 | 17.2 | 28.8 | 15.1 | 10.9 |
| Georgia | 14.3 | 20.1 | 12.9 | 20.7 | 11.7 | 10.1 |
| Appalachian Georgia | 11.6 | 16.0 | 10.4 | 14.3 | 9.7 | 9.0 |
| Non-Appalachian Georgia | 15.5 | 22.1 | 14.1 | 23.6 | 12.5 | 10.7 |
| Kentucky | 16.6 | 22.2 | 16.0 | 24.9 | 14.6 | 11.0 |
| Appalachian Kentucky | 23.5 | 30.3 | 23.4 | 30.7 | 22.3 | 15.3 |
| Non-Appalachian Kentucky | 14.2 | 19.4 | 13.5 | 23.0 | 11.9 | 9.4 |
| Maryland | 9.0 | 11.6 | 8.4 | 14.2 | 7.5 | 7.9 |
| Appalachian Maryland | 12.8 | 17.3 | 12.7 | 19.9 | 11.5 | 8.3 |
| Non-Appalachian Maryland | 8.9 | 11.4 | 8.2 | 13.9 | 7.3 | 7.9 |
| Mississippi | 19.6 | 27.6 | 18.2 | 27.6 | 16.5 | 12.8 |
| Appalachian Mississippi | 19.2 | 24.9 | 18.5 | 31.0 | 16.2 | 13.5 |
| Non-Appalachian Mississippi | 19.7 | 28.2 | 18.1 | 26.6 | 16.6 | 12.6 |
| New York | 13.6 | 18.7 | 12.4 | 19.4 | 11.3 | 11.5 |
| Appalachian New York | 15.7 | 21.4 | 16.4 | 32.8 | 13.3 | 7.8 |
| Non-Appalachian New York | 13.5 | 18.5 | 12.2 | 18.6 | 11.2 | 11.8 |
| North Carolina | 14.0 | 20.0 | 13.0 | 21.7 | 11.7 | 9.2 |
| Appalachian North Carolina | 14.8 | 21.8 | 14.5 | 23.3 | 13.1 | 9.1 |
| Non-Appalachian North Carolina | 13.8 | 19.6 | 12.7 | 21.4 | 11.3 | 9.3 |
| Ohio | 13.6 | 19.1 | 13.1 | 21.6 | 11.7 | 8.2 |
| Appalachian Ohio | 16.2 | 23.0 | 15.9 | 22.7 | 14.8 | 9.3 |
| Non-Appalachian Ohio | 13.1 | 18.4 | 12.5 | 21.4 | 11.1 | 8.0 |
| Pennsylvania | 12.0 | 16.7 | 11.4 | 20.5 | 10.1 | 8.2 |
| Appalachian Pennsylvania | 12.3 | 17.2 | 12.1 | 23.8 | 10.3 | 8.1 |
| Non-Appalachian Pennsylvania | 11.7 | 16.4 | 10.9 | 18.0 | 9.9 | 8.4 |
| South Carolina | 14.7 | 21.2 | 13.8 | 22.5 | 12.4 | 9.6 |
| Appalachian South Carolina | 13.6 | 18.5 | 13.0 | 23.4 | 11.3 | 8.9 |
| Non-Appalachian South Carolina | 15.1 | 22.2 | 14.1 | 22.1 | 12.8 | 9.9 |
| Tennessee | 14.6 | 20.8 | 13.8 | 21.1 | 12.6 | 9.3 |
| Appalachian Tennessee | 15.2 | 21.3 | 15.0 | 22.6 | 13.8 | 9.4 |
| Non-Appalachian Tennessee | 14.2 | 20.5 | 12.9 | 20.0 | 11.7 | 9.3 |
| Virginia | 10.0 | 13.1 | 9.5 | 18.7 | 8.1 | 7.5 |
| Appalachian Virginia | 17.7 | 21.9 | 19.0 | 40.8 | 15.1 | 10.4 |
| Non-Appalachian Virginia | 9.3 | 12.5 | 8.7 | 16.4 | 7.5 | 7.1 |
| West Virginia (entire state) | 17.1 | 23.1 | 17.5 | 29.0 | 15.7 | 9.8 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15, people living in college dormitories, and people living in institutional group quarters.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 8.7: Percent of Persons in the Appalachian Region in Poverty, 2016-2020


Map Title: Percent of Persons in the Appalachian Region in Poverty, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Over the 2016-2020 period, 14.7 percent of Appalachian residents lived below the poverty level (income below $\$ 26,246$ for a family of two adults and two children in 2020)-nearly two percentage points above the U.S. average. But there is a great deal of variation within the Region: In 103 counties, at least 20 percent of persons were poor, yet in another 88 counties the poverty rate was lower than the national average of 12.8 percent. And there was a geographic and urban/rural pattern: All but 13 of the counties with poverty rates at or above 20 percent were outside metropolitan areas, and most of them were in Central Appalachia. (Kentucky alone had 44 of these counties, and West Virginia, Tennessee, and Mississippi also had high poverty clusters.) In contrast, the counties where poverty was below the U.S. rate were mostly in Northern Appalachia and/or in metropolitan areas.

Figure 8.8: Percent of Persons Under Age 18 in the Appalachian Region in Poverty, 2016-2020


Map Title: Percent of Persons Under Age 18 in the Appalachian Region in Poverty, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Child poverty in the Appalachian Region was 20.2 percent in 2016-2020-almost three percentage points above the national rate of 17.5 percent. And the problem is even more acute in some parts of Appalachia. In 81 counties, at least 30 percent of children under age 18 lived below the poverty level (income below $\$ 26,246$ for a family of two adults and two children in 2020). All but 11 of these counties were outside metropolitan areas and nearly half were in the most isolated rural areas. Central Appalachia was home to 40 of the counties with the highest child poverty rates, while another 21 were in Southern Appalachia. However, there were 100 counties (primarily in Northern Appalachia and in metropolitan areas) where child poverty rates were below the national average. Indeed, 29 of the 53 Appalachian counties where child poverty was less than 15 percent were in metro areas, and 19 were in Northern Appalachia.

Figure 8.9: Percent of Persons Ages 18 to 64 in the Appalachian Region in Poverty, 2016-2020


Map Title: Percent of Persons Ages 18 to 64 in the Appalachian Region in Poverty, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Though at slightly lower levels, the poverty pattern among adults ages 18 to 64 in the Appalachian Region mirrored that for the overall population in the 2016-2020 period. More than 14 percent of Appalachian residents in this age group had incomes below the poverty level (income of less than $\$ 26,246$ for a family of two adults and two children in 2020), and this rate was more than two percentage points above the U.S. average of 12.1 percent. Within the Region, there were rural/urban and geographic patterns of poverty concentration. Of the 100 counties where at least one in five 18 -to- 64 -year-olds were poor, 83 were outside metropolitan areas; 80 were in Central, South Central, and Southern Appalachia; and 41 were in Kentucky alone. Conversely, 64 of the 77 counties with rates below the national average were in metro areas and/or in Northern Appalachia.

Figure 8.10: Percent of Persons Ages 65 and Over in the Appalachian Region in Poverty, 2016-2020


Map Title: Percent of Persons Ages 65 and Over in the Appalachian Region in Poverty, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

The poverty rate for the oldest residents of Appalachia was 9.4 percent in 2016-2020, just above the national rate of 9.3 percent. Yet poverty among the 65 -plus population was below the U.S. average in 179 counties, 66 of which were in Northern Appalachia alone. But as with other age groups, poverty was especially prevalent among the senior population in Appalachian Kentucky, where more than 15 percent of residents ages 65 and over were poor in 20162020. Moreover, the state had 34 of the 61 Appalachian counties where the poverty rate among seniors was 15 percent or higher. (Determined by a series of income thresholds based on family size and composition, the poverty level in 2020 was $\$ 15,644$ for a family of two adults headed by someone age 65 or older.)

Table 8.5: Percentage Point Change in the Share of Persons in the Appalachian Region in Poverty, by Age Group, 2011-2015 to 2016-2020

| Poverty Status | Percentage Point Change in Share of Persons in Poverty |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All Ages | Under Age 18 | Ages 18-64 |  |  | Ages 65 and Over |
|  |  |  | Total | $\begin{aligned} & \text { Ages } \\ & 18-24 \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 25-64 \end{aligned}$ |  |
| United States | -2.7 | -4.2 | -2.4 | -4.8 | -2.0 | -0.1 |
| Appalachian Region | -2.4 | -4.2 | -2.2 | -4.5 | -1.8 | -0.2 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | -1.3 | - 2.6 | - 1.0 | -2.9 | -0.7 | + 0.1 |
| North Central Appalachia | -1.4 | -2.6 | -1.2 | - 3.4 | -0.8 | + 0.4 |
| Central Appalachia | - 2.0 | -4.1 | -1.4 | - 3.9 | -1.0 | -0.2 |
| South Central Appalachia | -3.2 | -4.8 | -3.1 | -6.4 | -2.5 | -0.8 |
| Southern Appalachia | -3.5 | -5.5 | -3.2 | -4.9 | -2.9 | -0.4 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | - 2.6 | -4.6 | -2.3 | -4.6 | -1.9 | + 0.0 |
| Small Metros (pop. <1 million) | -2.3 | -3.7 | -1.9 | - 3.4 | -1.6 | -0.2 |
| Nonmetro, Adjacent to Large Metros | -3.3 | -5.4 | - 3.0 | -6.6 | -2.3 | - 0.4 |
| Nonmetro, Adjacent to Small Metros | -2.1 | - 3.4 | -1.9 | -4.6 | -1.5 | -0.3 |
| Rural (nonmetro, not adj. to a metro) | -2.6 | -4.7 | -2.2 | -6.2 | -1.5 | -0.1 |
| Alabama | -2.8 | -4.6 | -2.5 | -4.4 | -2.1 | -0.5 |
| Appalachian Alabama | -2.9 | -5.2 | -2.5 | -4.0 | -2.1 | -0.2 |
| Non-Appalachian Alabama | -2.8 | -3.2 | -2.7 | -4.9 | -2.1 | -0.9 |
| Georgia | -4.1 | -5.9 | -3.9 | -6.8 | -3.2 | -0.5 |
| Appalachian Georgia | -3.8 | -5.1 | -3.7 | - 5.1 | -3.5 | - 0.4 |
| Non-Appalachian Georgia | -4.2 | -6.2 | -3.9 | - 7.1 | -3.2 | - 0.4 |
| Kentucky | -2.3 | -3.9 | -1.9 | -4.1 | -1.5 | - 0.6 |
| Appalachian Kentucky | -2.3 | -4.0 | -1.7 | -4.2 | -1.2 | -0.9 |
| Non-Appalachian Kentucky | -2.2 | -3.8 | -1.8 | -4.0 | -1.5 | -0.3 |
| Maryland | -1.0 | -1.7 | -0.9 | -2.1 | -0.7 | + 0.4 |
| Appalachian Maryland | -1.5 | - 3.7 | -0.8 | - 3.5 | - 0.3 | -0.3 |
| Non-Appalachian Maryland | -0.9 | -1.6 | -0.9 | -2.1 | -0.7 | + 0.5 |
| Mississippi | -2.9 | -4.2 | -2.5 | -5.3 | -2.0 | -0.9 |
| Appalachian Mississippi | -3.6 | - 7.1 | - 3.0 | - 5.7 | -2.2 | + 0.2 |
| Non-Appalachian Mississippi | -2.8 | -3.6 | -2.4 | -5.2 | -1.9 | -1.2 |
| New York | -2.1 | -3.5 | -2.0 | -3.6 | -1.6 | + 0.0 |
| Appalachian New York | -1.1 | -1.8 | -0.9 | -2.5 | - 0.5 | + 0.3 |
| Non-Appalachian New York | -2.1 | -3.7 | -2.0 | - 3.6 | -1.7 | + 0.0 |
| North Carolina | -3.4 | -4.7 | -3.3 | -6.9 | -2.6 | -0.6 |
| Appalachian North Carolina | -3.8 | - 5.5 | - 3.6 | - 7.7 | - 3.0 | - 0.6 |
| Non-Appalachian North Carolina | -3.3 | -4.6 | -3.2 | -6.6 | -2.5 | -0.6 |
| Ohio | -2.2 | -3.7 | -1.9 | - 5.4 | -1.4 | + 0.2 |
| Appalachian Ohio | -1.6 | -3.1 | -1.3 | - 4.4 | - 0.8 | + 0.5 |
| Non-Appalachian Ohio | - 2.2 | -3.7 | -2.1 | - 5.6 | -1.4 | + 0.2 |
| Pennsylvania | -1.5 | -2.5 | -1.5 | -3.8 | -1.0 | + 0.1 |
| Appalachian Pennsylvania | -1.3 | -2.6 | -1.2 | - 2.8 | - 0.8 | + 0.1 |
| Non-Appalachian Pennsylvania | -1.6 | -2.4 | -1.6 | -4.4 | -1.1 | + 0.1 |
| South Carolina | -3.2 | -5.1 | -3.0 | - 5.7 | -2.5 | -0.2 |
| Appalachian South Carolina | -3.7 | -6.2 | - 3.5 | -4.8 | -3.2 | -0.7 |
| Non-Appalachian South Carolina | -3.0 | -4.6 | -2.8 | -6.1 | -2.2 | + 0.0 |
| Tennessee | -3.0 | -4.8 | -2.6 | -5.9 | -2.1 | -0.7 |
| Appalachian Tennessee | -3.3 | -5.0 | - 3.0 | -6.9 | -2.3 | -0.9 |
| Non-Appalachian Tennessee | -2.8 | -4.6 | -2.4 | -5.2 | -1.9 | -0.5 |
| Virginia | -1.5 | -2.1 | -1.5 | -3.4 | -1.1 | -0.1 |
| Appalachian Virginia | -1.3 | -2.3 | -0.8 | -0.1 | - 0.8 | -0.1 |
| Non-Appalachian Virginia | -1.5 | -2.0 | -1.4 | - 3.6 | -1.1 | + 0.0 |
| West Virginia (entire state) | -0.9 | -2.0 | -0.6 | -2.2 | -0.3 | + 0.7 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15 , people living in college dormitories, and people living in institutional group quarters.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 8.11: Percentage Point Change in the Share of Persons in the Appalachian Region in Poverty, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons in the Appalachian Region in Poverty, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
The share of Appalachian residents living below the poverty level (income of less than $\$ 26,246$ for a family of two adults and two children in 2020) decreased by 2.4 percentage points between the 2011-2015 and 2016-2020 periods, slightly lower than the 2.7 point decline nationally. Yet the decrease in the poverty rate was even greater than the national average in 182 of Appalachia's 423 counties (most of which were in South Central and Southern Appalachia). Conversely, there were 85 counties-39 of which were in either Kentucky or West Virginia-where poverty rates either stayed the same or increased between the two periods. Although the overall picture suggests an improved economic climate in much of Appalachia, economic concerns that have emerged in 2022 may ultimately negate much of this improvement in future years.

Table 8.6: Income-to-Poverty Ratio for Persons in the Appalachian Region, 2016-2020

| Income-to-Poverty Ratio | Persons for Whom Poverty Status Is Determined | Percent of Persons for Whom Poverty Status is Determined |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Below 50\% of Poverty Level | $50 \%$ to $99 \%$ of Poverty Level | $100 \%$ to $199 \%$ of Poverty Level | $200 \%$ of Poverty Level and Greater |
| United States | 318,564,128 | 5.8 | 7.1 | 16.9 | 70.2 |
| Appalachian Region | 25,160,590 | 6.4 | 8.3 | 19.4 | 66.0 |
| Subregions |  |  |  |  |  |
| Northern Appalachia | 7,714,892 | 5.9 | 7.3 | 17.7 | 69.1 |
| North Central Appalachia | 2,440,311 | 7.1 | 9.3 | 19.6 | 64.0 |
| Central Appalachia | 1,800,577 | 9.5 | 12.9 | 23.4 | 54.2 |
| South Central Appalachia | 5,017,049 | 6.5 | 8.5 | 20.6 | 64.4 |
| Southern Appalachia | 8,187,761 | 5.8 | 7.8 | 19.2 | 67.1 |
| County Types |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 6,025,518 | 5.0 | 6.1 | 15.8 | 73.1 |
| Small Metros (pop. <1 million) | 10,701,014 | 6.5 | 8.1 | 18.9 | 66.5 |
| Nonmetro, Adjacent to Large Metros | 2,217,873 | 6.9 | 9.2 | 21.8 | 62.2 |
| Nonmetro, Adjacent to Small Metros | 3,820,116 | 6.7 | 9.6 | 22.4 | 61.3 |
| Rural (nonmetro, not adj. to a metro) | 2,396,069 | 8.5 | 11.5 | 23.3 | 56.7 |
| Alabama | 4,771,614 | 7.1 | 8.9 | 19.6 | 64.4 |
| Appalachian Alabama | 3,059,344 | 6.3 | 8.4 | 19.1 | 66.2 |
| Non-Appalachian Alabama | 1,712,270 | 8.4 | 9.8 | 20.4 | 61.3 |
| Georgia | 10,238,369 | 6.4 | 7.8 | 18.6 | 67.1 |
| Appalachian Georgia | 3,237,533 | 4.8 | 6.8 | 18.2 | 70.2 |
| Non-Appalachian Georgia | 7,000,836 | 7.2 | 8.3 | 18.8 | 65.7 |
| Kentucky | 4,322,881 | 7.4 | 9.2 | 19.0 | 64.4 |
| Appalachian Kentucky | 1,122,650 | 10.1 | 13.3 | 23.2 | 53.3 |
| Non-Appalachian Kentucky | 3,200,231 | 6.4 | 7.8 | 17.6 | 68.3 |
| Maryland | 5,894,835 | 4.4 | 4.6 | 11.9 | 79.0 |
| Appalachian Maryland | 232,838 | 5.3 | 7.5 | 17.4 | 69.8 |
| Non-Appalachian Maryland | 5,661,997 | 4.4 | 4.5 | 11.7 | 79.4 |
| Mississippi | 2,883,074 | 8.8 | 10.7 | 21.8 | 58.6 |
| Appalachian Mississippi | 604,805 | 8.2 | 11.0 | 24.1 | 56.8 |
| Non-Appalachian Mississippi | 2,278,269 | 9.0 | 10.7 | 21.2 | 59.1 |
| New York | 19,009,098 | 6.2 | 7.4 | 15.2 | 71.2 |
| Appalachian New York | 965,904 | 7.3 | 8.3 | 18.8 | 65.5 |
| Non-Appalachian New York | 18,043,194 | 6.1 | 7.3 | 15.0 | 71.5 |
| North Carolina | 10,098,330 | 6.2 | 7.8 | 19.0 | 67.0 |
| Appalachian North Carolina | 1,967,668 | 6.4 | 8.5 | 21.0 | 64.2 |
| Non-Appalachian North Carolina | 8,130,662 | 6.1 | 7.7 | 18.5 | 67.7 |
| Ohio | 11,350,378 | 6.1 | 7.5 | 16.9 | 69.5 |
| Appalachian Ohio | 1,929,503 | 7.0 | 9.2 | 19.5 | 64.3 |
| Non-Appalachian Ohio | 9,420,875 | 5.9 | 7.2 | 16.3 | 70.6 |
| Pennsylvania | 12,387,061 | 5.4 | 6.5 | 15.6 | 72.4 |
| Appalachian Pennsylvania | 5,446,157 | 5.5 | 6.8 | 17.1 | 70.7 |
| Non-Appalachian Pennsylvania | 6,940,904 | 5.3 | 6.4 | 14.5 | 73.8 |
| South Carolina | 4,950,181 | 6.7 | 8.0 | 19.5 | 65.9 |
| Appalachian South Carolina | 1,286,079 | 6.2 | 7.4 | 19.6 | 66.8 |
| Non-Appalachian South Carolina | 3,664,102 | 6.9 | 8.2 | 19.4 | 65.5 |
| Tennessee | 6,603,468 | 6.3 | 8.3 | 19.2 | 66.2 |
| Appalachian Tennessee | 2,841,160 | 6.3 | 8.9 | 20.9 | 63.9 |
| Non-Appalachian Tennessee | 3,762,308 | 6.3 | 7.8 | 17.8 | 68.0 |
| Virginia | 8,255,575 | 4.8 | 5.3 | 13.9 | 76.1 |
| Appalachian Virginia | 711,358 | 8.5 | 9.2 | 21.0 | 61.3 |
| Non-Appalachian Virginia | 7,544,217 | 4.4 | 4.9 | 13.2 | 77.5 |
| West Virginia (entire state) | 1,755,591 | 7.5 | 9.6 | 20.3 | 62.7 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15 , people living in college dormitories, and people living in institutional group quarters.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 8.7: Number of Persons in the Appalachian Region Below 50\% of Poverty Level, by Age Group, 2016-2020

| Income-to-Poverty Ratio (Below 50\%) | All Ages | Under Age 18 | Ages 18-64 |  |  | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Total | $\begin{aligned} & \text { Ages } \\ & 18-24 \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 25-64 \end{aligned}$ |  |
| United States | 18,400,877 | 5,585,954 | 11,259,996 | 3,056,311 | 8,203,685 | 1,554,927 |
| Appalachian Region | 1,606,499 | 479,502 | 1,000,312 | 285,746 | 714,566 | 126,685 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 456,148 | 130,023 | 285,584 | 91,324 | 194,260 | 40,541 |
| North Central Appalachia | 174,411 | 50,949 | 111,629 | 32,667 | 78,962 | 11,833 |
| Central Appalachia | 171,618 | 55,818 | 104,635 | 20,942 | 83,693 | 11,165 |
| South Central Appalachia | 326,473 | 92,410 | 210,074 | 62,929 | 147,145 | 23,989 |
| Southern Appalachia | 477,849 | 150,302 | 288,390 | 77,884 | 210,506 | 39,157 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 300,969 | 89,866 | 182,929 | 44,290 | 138,639 | 28,174 |
| Small Metros (pop. <1 million) | 694,705 | 200,505 | 443,768 | 146,963 | 296,805 | 50,432 |
| Nonmetro, Adjacent to Large Metros | 152,008 | 46,250 | 93,106 | 26,441 | 66,665 | 12,652 |
| Nonmetro, Adjacent to Small Metros | 256,076 | 80,714 | 155,182 | 34,745 | 120,437 | 20,180 |
| Rural (nonmetro, not adj. to a metro) | 202,741 | 62,167 | 125,327 | 33,307 | 92,020 | 15,247 |
| Alabama | 337,706 | 111,978 | 200,980 | 57,411 | 143,569 | 24,748 |
| Appalachian Alabama | 193,376 | 61,429 | 116,409 | 31,528 | 84,881 | 15,538 |
| Non-Appalachian Alabama | 144,330 | 50,549 | 84,571 | 25,883 | 58,688 | 9,210 |
| Georgia | 658,547 | 213,634 | 397,429 | 104,003 | 293,426 | 47,484 |
| Appalachian Georgia | 155,368 | 49,915 | 92,244 | 20,190 | 72,054 | 13,209 |
| Non-Appalachian Georgia | 503,179 | 163,719 | 305,185 | 83,813 | 221,372 | 34,275 |
| Kentucky | 318,888 | 106,046 | 192,477 | 49,800 | 142,677 | 20,365 |
| Appalachian Kentucky | 113,880 | 37,433 | 69,304 | 15,157 | 54,147 | 7,143 |
| Non-Appalachian Kentucky | 205,008 | 68,613 | 123,173 | 34,643 | 88,530 | 13,222 |
| Maryland | 261,713 | 75,665 | 158,067 | 37,297 | 120,770 | 27,981 |
| Appalachian Maryland | 12,316 | 3,220 | 7,925 | 2,078 | 5,847 | 1,171 |
| Non-Appalachian Maryland | 249,397 | 72,445 | 150,142 | 35,219 | 114,923 | 26,810 |
| Mississippi | 254,570 | 93,158 | 143,924 | 39,085 | 104,839 | 17,488 |
| Appalachian Mississippi | 49,501 | 15,172 | 30,139 | 10,792 | 19,347 | 4,190 |
| Non-Appalachian Mississippi | 205,069 | 77,986 | 113,785 | 28,293 | 85,492 | 13,298 |
| New York | 1,178,863 | 345,522 | 726,996 | 169,349 | 557,647 | 106,345 |
| Appalachian New York | 70,922 | 18,033 | 48,180 | 20,344 | 27,836 | 4,709 |
| Non-Appalachian New York | 1,107,941 | 327,489 | 678,816 | 149,005 | 529,811 | 101,636 |
| North Carolina | 621,154 | 200,739 | 376,138 | 101,350 | 274,788 | 44,277 |
| Appalachian North Carolina | 125,371 | 36,997 | 77,908 | 20,014 | 57,894 | 10,466 |
| Non-Appalachian North Carolina | 495,783 | 163,742 | 298,230 | 81,336 | 216,894 | 33,811 |
| Ohio | 695,173 | 224,783 | 418,686 | 112,016 | 306,670 | 51,704 |
| Appalachian Ohio | 135,776 | 44,953 | 79,958 | 18,611 | 61,347 | 10,865 |
| Non-Appalachian Ohio | 559,397 | 179,830 | 338,728 | 93,405 | 245,323 | 40,839 |
| Pennsylvania | 669,658 | 197,860 | 409,779 | 116,739 | 293,040 | 62,019 |
| Appalachian Pennsylvania | 298,370 | 82,701 | 187,518 | 61,161 | 126,357 | 28,151 |
| Non-Appalachian Pennsylvania | 371,288 | 115,159 | 222,261 | 55,578 | 166,683 | 33,868 |
| South Carolina | 330,854 | 104,288 | 198,696 | 51,500 | 147,196 | 27,870 |
| Appalachian South Carolina | 79,604 | 23,786 | 49,598 | 15,374 | 34,224 | 6,220 |
| Non-Appalachian South Carolina | 251,250 | 80,502 | 149,098 | 36,126 | 112,972 | 21,650 |
| Tennessee | 416,918 | 136,735 | 250,904 | 60,297 | 190,607 | 29,279 |
| Appalachian Tennessee | 179,401 | 53,802 | 112,403 | 27,284 | 85,119 | 13,196 |
| Non-Appalachian Tennessee | 237,517 | 82,933 | 138,501 | 33,013 | 105,488 | 16,083 |
| Virginia | 393,228 | 113,778 | 250,694 | 80,694 | 170,000 | 28,756 |
| Appalachian Virginia | 60,458 | 13,670 | 43,292 | 19,393 | 23,899 | 3,496 |
| Non-Appalachian Virginia | 332,770 | 100,108 | 207,402 | 61,301 | 146,101 | 25,260 |
| West Virginia (entire state) | 132,156 | 38,391 | 85,434 | 23,820 | 61,614 | 8,331 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15 , people living in college dormitories, and people living in institutional group quarters.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 8.8: Percent of Persons in the Appalachian Region Below 50\% of Poverty Level, by Age Group, 2016-2020

| Income-to-Poverty Ratio (Below 50\%) | All Ages | Under Age 18 | Ages 18-64 |  |  | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Total | $\begin{aligned} & \text { Ages } \\ & \text { 18-24 } \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 25-64 \end{aligned}$ |  |
| United States | 5.8 | 7.8 | 5.8 | 11.2 | 4.9 | 3.0 |
| Appalachian Region | 6.4 | 8.9 | 6.6 | 13.8 | 5.5 | 2.7 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 5.9 | 8.4 | 6.2 | 14.8 | 4.8 | 2.6 |
| North Central Appalachia | 7.1 | 10.0 | 7.6 | 16.3 | 6.2 | 2.5 |
| Central Appalachia | 9.5 | 14.4 | 9.7 | 15.1 | 8.9 | 3.3 |
| South Central Appalachia | 6.5 | 9.1 | 7.0 | 15.3 | 5.7 | 2.4 |
| Southern Appalachia | 5.8 | 7.8 | 5.8 | 11.1 | 4.9 | 3.0 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 5.0 | 6.6 | 4.9 | 9.3 | 4.3 | 2.9 |
| Small Metros (pop. <1 million) | 6.5 | 8.9 | 6.8 | 16.0 | 5.3 | 2.6 |
| Nonmetro, Adjacent to Large Metros | 6.9 | 9.7 | 7.1 | 14.3 | 5.9 | 3.0 |
| Nonmetro, Adjacent to Small Metros | 6.7 | 10.2 | 6.9 | 11.8 | 6.2 | 2.5 |
| Rural (nonmetro, not adj. to a metro) | 8.5 | 12.2 | 8.9 | 16.9 | 7.6 | 3.2 |
| Alabama | 7.1 | 10.4 | 7.0 | 14.0 | 5.8 | 3.1 |
| Appalachian Alabama | 6.3 | 9.0 | 6.3 | 12.3 | 5.3 | 3.0 |
| Non-Appalachian Alabama | 8.4 | 12.9 | 8.2 | 16.6 | 6.7 | 3.2 |
| Georgia | 6.4 | 8.7 | 6.3 | 11.5 | 5.4 | 3.3 |
| Appalachian Georgia | 4.8 | 6.2 | 4.7 | 7.2 | 4.2 | 2.9 |
| Non-Appalachian Georgia | 7.2 | 9.9 | 7.0 | 13.5 | 5.9 | 3.5 |
| Kentucky | 7.4 | 10.8 | 7.3 | 13.5 | 6.3 | 2.9 |
| Appalachian Kentucky | 10.1 | 15.0 | 10.3 | 16.8 | 9.3 | 3.6 |
| Non-Appalachian Kentucky | 6.4 | 9.3 | 6.3 | 12.4 | 5.3 | 2.6 |
| Maryland | 4.4 | 5.7 | 4.3 | 7.9 | 3.8 | 3.1 |
| Appalachian Maryland | 5.3 | 6.5 | 5.7 | 10.8 | 4.9 | 2.6 |
| Non-Appalachian Maryland | 4.4 | 5.7 | 4.3 | 7.8 | 3.7 | 3.1 |
| Mississippi | 8.8 | 13.4 | 8.3 | 15.2 | 7.1 | 3.8 |
| Appalachian Mississippi | 8.2 | 10.8 | 8.3 | 18.8 | 6.4 | 4.1 |
| Non-Appalachian Mississippi | 9.0 | 14.1 | 8.3 | 14.2 | 7.3 | 3.7 |
| New York | 6.2 | 8.6 | 6.1 | 10.8 | 5.4 | 3.4 |
| Appalachian New York | 7.3 | 9.4 | 8.3 | 22.2 | 5.7 | 2.5 |
| Non-Appalachian New York | 6.1 | 8.6 | 6.0 | 10.1 | 5.4 | 3.5 |
| North Carolina | 6.2 | 8.9 | 6.1 | 12.0 | 5.1 | 2.7 |
| Appalachian North Carolina | 6.4 | 9.4 | 6.7 | 13.1 | 5.7 | 2.6 |
| Non-Appalachian North Carolina | 6.1 | 8.8 | 5.9 | 11.8 | 5.0 | 2.7 |
| Ohio | 6.1 | 8.8 | 6.1 | 11.9 | 5.2 | 2.7 |
| Appalachian Ohio | 7.0 | 10.7 | 7.0 | 12.1 | 6.2 | 3.0 |
| Non-Appalachian Ohio | 5.9 | 8.5 | 5.9 | 11.9 | 5.0 | 2.6 |
| Pennsylvania | 5.4 | 7.6 | 5.4 | 12.0 | 4.5 | 2.7 |
| Appalachian Pennsylvania | 5.5 | 7.7 | 5.7 | 14.4 | 4.4 | 2.6 |
| Non-Appalachian Pennsylvania | 5.3 | 7.5 | 5.2 | 10.1 | 4.5 | 2.9 |
| South Carolina | 6.7 | 9.6 | 6.7 | 12.8 | 5.7 | 3.2 |
| Appalachian South Carolina | 6.2 | 8.2 | 6.4 | 14.3 | 5.1 | 2.9 |
| Non-Appalachian South Carolina | 6.9 | 10.1 | 6.8 | 12.3 | 5.9 | 3.3 |
| Tennessee | 6.3 | 9.2 | 6.2 | 10.9 | 5.5 | 2.7 |
| Appalachian Tennessee | 6.3 | 9.1 | 6.6 | 11.8 | 5.8 | 2.4 |
| Non-Appalachian Tennessee | 6.3 | 9.3 | 5.9 | 10.3 | 5.2 | 3.0 |
| Virginia | 4.8 | 6.2 | 4.9 | 11.8 | 3.8 | 2.2 |
| Appalachian Virginia | 8.5 | 10.3 | 10.1 | 29.6 | 6.6 | 2.3 |
| Non-Appalachian Virginia | 4.4 | 5.9 | 4.4 | 9.9 | 3.6 | 2.2 |
| West Virginia (entire state) | 7.5 | 10.8 | 8.1 | 16.9 | 6.8 | 2.4 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15 , people living in college dormitories, and people living in institutional group quarters.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 8.12: Percent of Persons in the Appalachian Region Below 50\% of Poverty Level, 2016-2020


Map Title: Percent of Persons in the Appalachian Region Below 50\% of Poverty Level, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In the 2016-2020 period, 6.4 percent of Appalachian residents were in extreme poverty (incomes below 50 percent of the poverty level, or less than $\$ 13,123$ for a family of two adults and two children in 2020). While this was slightly higher than the national average of 5.8 percent, the situation was even worse in much of the Region. For example, at least one in 10 residents were extremely poor in 52 Appalachian counties. All but eight of these counties were outside metropolitan areas, and 32 of them were in Central Appalachia. (Kentucky alone had 25 counties in this group.) In contrast, there were 27 counties in the Region where less than 4 percent of the population had incomes below 50 percent of the poverty level. Northern Appalachia had 10 of these counties, although the group also included Buncombe County, North Carolina (Asheville), and suburban counties outside Atlanta and Birmingham.

Figure 8.13: Percent of Persons in the Appalachian Region Below 200\% of Poverty Level, 2016-2020


Map Title: Percent of Persons in the Appalachian Region Below 200\% of Poverty Level, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

More than one-third ( 34 percent) of persons in the Appalachian Region had incomes less than twice the poverty level in 2016-2020, four percentage points higher than the national rate of just under 30 percent. (In 2020, a family of two adults and two children fell in this category if their income was less than $\$ 52,492$.) The share of persons who were poor (below $100 \%$ of poverty) and low-income (between $100 \%$ and $199 \%$ of poverty) was 40 percent or more in 173 of Appalachia's 423 counties; these were overwhelmingly in the Central, South Central, and Southern subregions. And in 38 Appalachian counties, at least half of residents had incomes below 200 percent of poverty; 28 of these counties were in Central Appalachia and 21 were in Kentucky alone. In contrast, there were 45 counties in the Region where the share of persons who were poor and low-income was below the national average. Two-fifths of the counties in the latter group were in Northern Appalachia, although several were also outside Atlanta and Birmingham.

Table 8.9: Percentage Point Change in Share of Persons in the Appalachian Region, by Income-to-Poverty Ratio, 2011-2015 to 2016-2020

| Income-to-Poverty Ratio | Percentage Point Change in Share of Poverty Universe |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Below 50\% of Poverty Level | $50 \%$ to $99 \%$ of Poverty Level | $100 \%$ to $199 \%$ of Poverty Level | 200\% of Poverty Level and Greater |
| United States | -1.0 | -1.5 | -1.9 | + 4.5 |
| Appalachian Region | -0.9 | -1.5 | -1.6 | +4.2 |
| Subregions |  |  |  |  |
| Northern Appalachia | - 0.6 | - 0.8 | - 1.4 | + 2.7 |
| North Central Appalachia | -0.7 | -0.7 | -1.6 | + 3.0 |
| Central Appalachia | -0.5 | -1.5 | -0.9 | + 2.9 |
| South Central Appalachia | -1.3 | -1.9 | -1.7 | + 4.9 |
| Southern Appalachia | -1.3 | -2.2 | -2.2 | + 5.6 |
| County Types |  |  |  |  |
| Large Metros (pop. 1 million +) | -0.9 | - 1.7 | -2.0 | + 4.6 |
| Small Metros (pop. <1 million) | -0.9 | -1.4 | -1.7 | + 3.9 |
| Nonmetro, Adjacent to Large Metros | -1.3 | -1.9 | -1.0 | +4.3 |
| Nonmetro, Adjacent to Small Metros | - 0.8 | -1.3 | -1.5 | +3.6 |
| Rural (nonmetro, not adj. to a metro) | -1.0 | -1.6 | -1.3 | + 3.9 |
| Alabama | -1.1 | -1.8 | -1.5 | +4.4 |
| Appalachian Alabama | -1.1 | -1.8 | -1.8 | + 4.7 |
| Non-Appalachian Alabama | -1.2 | -1.6 | -1.2 | + 3.9 |
| Georgia | -1.9 | - 2.2 | -1.9 | + 6.0 |
| Appalachian Georgia | -1.4 | -2.4 | -2.7 | +6.5 |
| Non-Appalachian Georgia | -2.1 | -2.1 | -1.5 | + 5.7 |
| Kentucky | -0.7 | -1.6 | -1.5 | + 3.8 |
| Appalachian Kentucky | -0.5 | -1.8 | -1.1 | + 3.4 |
| Non-Appalachian Kentucky | -0.7 | -1.5 | -1.5 | + 3.8 |
| Maryland | -0.4 | - 0.6 | -1.4 | + 2.3 |
| Appalachian Maryland | - 1.1 | - 0.4 | -1.2 | + 2.7 |
| Non-Appalachian Maryland | -0.3 | -0.5 | -1.4 | + 2.2 |
| Mississippi | -1.3 | -1.7 | -1.5 | + 4.5 |
| Appalachian Mississippi | -0.9 | -2.7 | -1.8 | + 5.4 |
| Non-Appalachian Mississippi | - 1.4 | -1.4 | -1.5 | + 4.2 |
| New York | - 0.7 | -1.3 | -1.6 | + 3.7 |
| Appalachian New York | - 0.4 | - 0.8 | -1.0 | + 2.1 |
| Non-Appalachian New York | -0.8 | -1.4 | -1.6 | + 3.7 |
| North Carolina | -1.4 | -2.0 | -2.1 | + 5.5 |
| Appalachian North Carolina | -1.4 | -2.2 | -1.7 | + 5.5 |
| Non-Appalachian North Carolina | -1.4 | -1.9 | -2.2 | + 5.5 |
| Ohio | -1.2 | -1.0 | -1.2 | + 3.4 |
| Appalachian Ohio | - 0.9 | - 0.7 | -1.6 | + 3.2 |
| Non-Appalachian Ohio | -1.3 | -1.0 | -1.2 | + 3.5 |
| Pennsylvania | - 0.6 | -0.9 | -1.5 | + 3.0 |
| Appalachian Pennsylvania | -0.5 | - 0.8 | -1.4 | + 2.8 |
| Non-Appalachian Pennsylvania | -0.8 | -0.9 | -1.5 | + 3.2 |
| South Carolina | -1.4 | -1.8 | -2.0 | + 5.3 |
| Appalachian South Carolina | -1.6 | -2.2 | -2.0 | + 5.7 |
| Non-Appalachian South Carolina | -1.3 | -1.7 | -2.0 | + 5.0 |
| Tennessee | -1.3 | -1.7 | -2.0 | + 5.1 |
| Appalachian Tennessee | -1.5 | -1.8 | -1.6 | + 4.8 |
| Non-Appalachian Tennessee | -1.2 | -1.7 | -2.5 | + 5.3 |
| Virginia | - 0.5 | -0.9 | -1.4 | + 2.9 |
| Appalachian Virginia | -0.1 | -1.2 | -1.5 | + 2.8 |
| Non-Appalachian Virginia | -0.6 | -0.8 | -1.4 | + 2.9 |
| West Virginia (entire state) | -0.4 | -0.4 | -1.3 | + 2.3 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15, people living in college dormitories, and people living in institutional group quarters.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Table 8.10: Percentage Point Change in the Share of Persons in the Appalachian Region Below 50\% of Poverty Level, by Age Group, 2011-2015 to 2016-2020

| Income-to-Poverty Ratio (Below 50\%) | Percentage Point Change in Share of Persons Below 50\% of Poverty Level |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All Ages | Under Age 18 | Ages 18-64 |  |  | Ages 65 and Over |
|  |  |  | Total | $\begin{aligned} & \text { Ages } \\ & 18-24 \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 25-64 \end{aligned}$ |  |
| United States | -1.0 | -1.9 | -0.9 | -2.4 | -0.6 | + 0.4 |
| Appalachian Region | -0.9 | -2.0 | -0.8 | -2.5 | -0.4 | + 0.4 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | - 0.6 | -1.5 | - 0.4 | -1.8 | - 0.1 | + 0.5 |
| North Central Appalachia | -0.7 | -1.6 | -0.5 | -2.3 | -0.2 | + 0.5 |
| Central Appalachia | -0.5 | -1.8 | + 0.0 | -1.5 | + 0.2 | + 0.6 |
| South Central Appalachia | -1.3 | - 2.2 | -1.2 | -4.0 | - 0.7 | + 0.1 |
| Southern Appalachia | -1.3 | -2.4 | -1.1 | -2.2 | -1.0 | + 0.5 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | -0.9 | -1.9 | -0.8 | -2.5 | - 0.5 | + 0.4 |
| Small Metros (pop. <1 million) | -0.9 | -1.9 | -0.8 | -2.0 | -0.5 | + 0.4 |
| Nonmetro, Adjacent to Large Metros | -1.3 | -2.4 | -1.2 | - 3.3 | -0.9 | + 0.7 |
| Nonmetro, Adjacent to Small Metros | - 0.8 | -1.5 | -0.6 | -2.6 | - 0.3 | +0.3 |
| Rural (nonmetro, not adj. to a metro) | -1.0 | -2.5 | -0.7 | -3.5 | -0.2 | + 0.7 |
| Alabama | -1.1 | -2.4 | -0.8 | -1.5 | -0.6 | + 0.6 |
| Appalachian Alabama | -1.1 | -2.6 | -0.7 | -1.3 | - 0.6 | + 0.6 |
| Non-Appalachian Alabama | -1.2 | -1.9 | -1.0 | -2.0 | -0.7 | + 0.4 |
| Georgia | -1.9 | - 3.2 | -1.7 | -4.0 | -1.2 | + 0.4 |
| Appalachian Georgia | -1.4 | -1.7 | -1.4 | -2.7 | -1.3 | + 0.1 |
| Non-Appalachian Georgia | -2.1 | -3.8 | -1.8 | -4.2 | -1.3 | + 0.5 |
| Kentucky | -0.7 | -1.4 | -0.5 | -1.9 | -0.3 | +0.3 |
| Appalachian Kentucky | -0.5 | -1.8 | + 0.0 | -1.1 | +0.2 | + 0.5 |
| Non-Appalachian Kentucky | -0.7 | -1.3 | -0.6 | -2.1 | - 0.3 | + 0.3 |
| Maryland | -0.4 | -0.7 | -0.4 | -1.4 | -0.2 | + 0.6 |
| Appalachian Maryland | - 1.1 | - 3.6 | -0.5 | -2.4 | - 0.1 | + 0.2 |
| Non-Appalachian Maryland | -0.3 | -0.6 | -0.4 | -1.3 | - 0.3 | + 0.6 |
| Mississippi | -1.3 | -2.4 | -1.1 | -2.7 | -0.7 | + 0.8 |
| Appalachian Mississippi | -0.9 | -2.9 | - 0.6 | -0.9 | - 0.4 | + 1.6 |
| Non-Appalachian Mississippi | -1.4 | -2.2 | -1.2 | - 3.2 | - 0.8 | + 0.5 |
| New York | -0.7 | -1.4 | - 0.6 | -1.5 | -0.4 | +0.3 |
| Appalachian New York | - 0.4 | - 0.6 | -0.2 | -0.9 | + 0.0 | + 0.6 |
| Non-Appalachian New York | -0.8 | -1.4 | -0.6 | -1.5 | - 0.4 | +0.3 |
| North Carolina | -1.4 | -2.2 | -1.3 | -3.7 | -0.9 | + 0.3 |
| Appalachian North Carolina | -1.4 | -2.2 | -1.4 | -5.1 | - 0.8 | + 0.2 |
| Non-Appalachian North Carolina | -1.4 | -2.2 | -1.3 | -3.3 | -0.9 | +0.3 |
| Ohio | -1.2 | -2.2 | -1.0 | -3.0 | -0.7 | + 0.4 |
| Appalachian Ohio | -0.9 | -1.8 | -0.7 | -2.9 | - 0.3 | + 0.8 |
| Non-Appalachian Ohio | -1.3 | -2.2 | -1.1 | -3.0 | -0.7 | +0.3 |
| Pennsylvania | -0.6 | -1.3 | -0.6 | -2.2 | -0.2 | + 0.4 |
| Appalachian Pennsylvania | - 0.5 | - 1.4 | -0.4 | -1.8 | - 0.1 | + 0.4 |
| Non-Appalachian Pennsylvania | -0.8 | -1.2 | -0.8 | -2.6 | - 0.4 | + 0.5 |
| South Carolina | -1.4 | -2.8 | -1.2 | -2.7 | -0.9 | + 0.8 |
| Appalachian South Carolina | -1.6 | - 3.0 | -1.5 | -2.9 | -1.2 | + 0.6 |
| Non-Appalachian South Carolina | -1.3 | -2.8 | -1.1 | -2.6 | -0.8 | + 0.9 |
| Tennessee | -1.3 | -2.4 | -1.2 | -3.5 | -0.7 | + 0.3 |
| Appalachian Tennessee | -1.5 | -2.5 | -1.4 | -4.6 | - 0.8 | + 0.1 |
| Non-Appalachian Tennessee | -1.2 | -2.3 | -1.0 | -2.7 | -0.7 | + 0.5 |
| Virginia | -0.5 | -0.8 | -0.5 | -1.6 | -0.4 | + 0.2 |
| Appalachian Virginia | -0.1 | - 0.7 | + 0.4 | +1.2 | + 0.5 | + 0.1 |
| Non-Appalachian Virginia | -0.6 | - 0.8 | -0.6 | -1.8 | - 0.4 | + 0.2 |
| West Virginia (entire state) | -0.4 | -1.5 | -0.1 | -1.8 | + 0.3 | + 0.5 |

Note: Poverty status is determined by a series of income thresholds that are based on family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15 , people living in college dormitories, and people living in institutional group quarters.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 8.14: Percentage Point Change in the Share of Persons in the Appalachian Region Below 50\% of Poverty Level, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons in the Appalachian Region Below 50\% of Poverty Level, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

The share of Appalachian residents living in extreme poverty ( 50 percent of the poverty level, or earning less than $\$ 13,123$ for a family of two adults and two children in 2020) fell 0.9 percentage points between the 2011-2015 and 2016-2020 periods. But there was much variation within the Region. On one hand, the rate of extreme poverty went down by more than a full percentage point (the national rate) in 198 counties. Yet in 125 other counties, extreme poverty rates either remained constant or increased. Nearly one-third of the counties in the latter group were in Central Appalachia (which had the smallest overall decrease among the subregions), although there were pockets of concentration throughout the Region.

Table 8.11: Number and Percent of Households in the Appalachian Region Receiving Food Stamps/SNAP, by Poverty Status, 2016-2020

| Receipt of Food Stamps/SNAP | ALL HOUSEHOLDS |  | Households With Income Below Poverty Level |  | Households With Income At or Above Poverty Level |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent Receiving Food Stamps/SNAP | Number Receiving Food Stamps/SNAP |  | Number Receiving Food Stamps/SNAP | Percent Receiving Food Stamps/SNAP |
| United States | 13,892,407 | 11.4 | 6,370,420 | 41.6 | 7,521,987 | 7.0 |
| Appalachian Region | 1,368,345 | 13.3 | 705,614 | 46.9 | 662,731 | 7.6 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 473,475 | 14.2 | 224,316 | 51.0 | 249,159 | 8.6 |
| North Central Appalachia | 159,402 | 15.8 | 87,152 | 53.3 | 72,250 | 8.6 |
| Central Appalachia | 151,726 | 20.7 | 93,958 | 55.4 | 57,768 | 10.2 |
| South Central Appalachia | 246,850 | 11.9 | 128,992 | 42.3 | 117,858 | 6.6 |
| Southern Appalachia | 336,892 | 10.9 | 171,196 | 40.2 | 165,696 | 6.2 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 259,573 | 10.9 | 116,892 | 43.0 | 142,681 | 6.7 |
| Small Metros (pop. <1 million) | 559,489 | 12.7 | 287,684 | 45.7 | 271,805 | 7.2 |
| Nonmetro, Adjacent to Large Metros | 137,641 | 15.3 | 71,639 | 50.2 | 66,002 | 8.7 |
| Nonmetro, Adjacent to Small Metros | 244,430 | 15.4 | 129,415 | 50.4 | 115,015 | 8.7 |
| Rural (nonmetro, not adj. to a metro) | 167,212 | 17.0 | 99,984 | 49.4 | 67,228 | 8.6 |
| Alabama | 252,316 | 13.4 | 135,864 | 44.8 | 116,452 | 7.3 |
| Appalachian Alabama | 150,246 | 12.4 | 80,515 | 44.4 | 69,731 | 6.7 |
| Non-Appalachian Alabama | 102,070 | 15.2 | 55,349 | 45.4 | 46,721 | 8.5 |
| Georgia | 468,521 | 12.2 | 218,672 | 41.7 | 249,849 | 7.6 |
| Appalachian Georgia | 104,412 | 9.2 | 44,717 | 34.9 | 59,695 | 5.9 |
| Non-Appalachian Georgia | 364,109 | 13.5 | 173,955 | 43.9 | 190,154 | 8.3 |
| Kentucky | 227,276 | 13.0 | 135,081 | 46.8 | 92,195 | 6.3 |
| Appalachian Kentucky | 94,072 | 20.7 | 61,055 | 55.4 | 33,017 | 9.6 |
| Non-Appalachian Kentucky | 133,204 | 10.3 | 74,026 | 41.5 | 59,178 | 5.3 |
| Maryland | 224,592 | 10.1 | 83,514 | 42.0 | 141,078 | 6.9 |
| Appalachian Maryland | 15,199 | 15.8 | 7,110 | 56.2 | 8,089 | 9.6 |
| Non-Appalachian Maryland | 209,393 | 9.8 | 76,404 | 41.1 | 132,989 | 6.8 |
| Mississippi | 162,478 | 14.6 | 93,876 | 43.7 | 68,602 | 7.6 |
| Appalachian Mississippi | 31,943 | 13.5 | 19,533 | 41.4 | 12,410 | 6.6 |
| Non-Appalachian Mississippi | 130,535 | 14.8 | 74,343 | 44.3 | 56,192 | 7.9 |
| New York | 1,057,725 | 14.3 | 506,327 | 50.4 | 551,398 | 8.6 |
| Appalachian New York | 60,998 | 14.5 | 31,345 | 49.2 | 29,653 | 8.3 |
| Non-Appalachian New York | 996,727 | 14.2 | 474,982 | 50.5 | 521,745 | 8.6 |
| North Carolina | 482,394 | 12.0 | 228,890 | 42.3 | 253,504 | 7.3 |
| Appalachian North Carolina | 92,851 | 11.3 | 47,144 | 40.0 | 45,707 | 6.5 |
| Non-Appalachian North Carolina | 389,543 | 12.1 | 181,746 | 42.9 | 207,797 | 7.4 |
| Ohio | 593,108 | 12.6 | 311,175 | 49.3 | 281,933 | 6.9 |
| Appalachian Ohio | 125,334 | 15.8 | 68,688 | 54.6 | 56,646 | 8.5 |
| Non-Appalachian Ohio | 467,774 | 11.9 | 242,487 | 48.0 | 225,287 | 6.6 |
| Pennsylvania | 670,877 | 13.1 | 298,992 | 49.7 | 371,885 | 8.3 |
| Appalachian Pennsylvania | 329,210 | 13.9 | 149,061 | 50.8 | 180,149 | 8.7 |
| Non-Appalachian Pennsylvania | 341,667 | 12.5 | 149,931 | 48.5 | 191,736 | 7.9 |
| South Carolina | 220,503 | 11.2 | 113,308 | 39.8 | 107,195 | 6.4 |
| Appalachian South Carolina | 50,291 | 9.9 | 26,431 | 37.9 | 23,860 | 5.4 |
| Non-Appalachian South Carolina | 170,212 | 11.7 | 86,877 | 40.4 | 83,335 | 6.7 |
| Tennessee | 332,009 | 12.6 | 172,204 | 45.5 | 159,805 | 7.1 |
| Appalachian Tennessee | 154,907 | 13.2 | 83,439 | 47.0 | 71,468 | 7.2 |
| Non-Appalachian Tennessee | 177,102 | 12.0 | 88,765 | 44.1 | 88,337 | 7.0 |
| Virginia | 251,747 | 7.9 | 116,542 | 37.1 | 135,205 | 4.7 |
| Appalachian Virginia | 37,590 | 12.6 | 20,393 | 39.5 | 17,197 | 7.0 |
| Non-Appalachian Virginia | 214,157 | 7.4 | 96,149 | 36.6 | 118,008 | 4.5 |
| West Virginia (entire state) | 121,292 | 16.5 | 66,183 | 52.8 | 55,109 | 9.0 |

Note: SNAP is an acronym for the federal Supplemental Nutrition Assistance Program (formerly known as the Food Stamp Program). Poverty status is determined by a series of income thresholds that are determined by family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15, people living in college dormitories, and people living in institutional group quarters.
Data source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 8.12: Number and Percent of Households in the Appalachian Region Receiving Food Stamps/SNAP, by Presence of Children Under Age 18, 2016-2020

| Receipt of Food Stamps/SNAP | ALL HOUSEHOLDS |  | Households With Children Under Age 18 |  | Households Without Children Under Age 18 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number Receiving Food Stamps/SNAP | Percent Receiving Food Stamps/SNAP | Number Receiving Food Stamps/SNAP | Percent Receiving Food Stamps/SNAP | Number Receiving Food Stamps/SNAP | Percent Receiving Food Stamps/SNAP |
| United States | 13,892,407 | 11.4 | 6,836,559 | 18.2 | 7,055,848 | 8.3 |
| Appalachian Region | 1,368,345 | 13.3 | 623,290 | 21.2 | 745,055 | 10.2 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 473,475 | 14.2 | 191,047 | 22.1 | 282,428 | 11.4 |
| North Central Appalachia | 159,402 | 15.8 | 69,936 | 24.9 | 89,466 | 12.3 |
| Central Appalachia | 151,726 | 20.7 | 68,198 | 30.7 | 83,528 | 16.3 |
| South Central Appalachia | 246,850 | 11.9 | 118,027 | 21.0 | 128,823 | 8.5 |
| Southern Appalachia | 336,892 | 10.9 | 176,082 | 17.4 | 160,810 | 7.7 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 259,573 | 10.9 | 118,928 | 16.1 | 140,645 | 8.5 |
| Small Metros (pop. <1 million) | 559,489 | 12.7 | 263,357 | 21.3 | 296,132 | 9.4 |
| Nonmetro, Adjacent to Large Metros | 137,641 | 15.3 | 59,962 | 23.4 | 77,679 | 12.0 |
| Nonmetro, Adjacent to Small Metros | 244,430 | 15.4 | 107,733 | 24.9 | 136,697 | 11.9 |
| Rural (nonmetro, not adj. to a metro) | 167,212 | 17.0 | 73,310 | 26.2 | 93,902 | 13.3 |
| Alabama | 252,316 | 13.4 | 125,121 | 22.4 | 127,195 | 9.6 |
| Appalachian Alabama | 150,246 | 12.4 | 74,705 | 20.6 | 75,541 | 8.9 |
| Non-Appalachian Alabama | 102,070 | 15.2 | 50,416 | 25.8 | 51,654 | 10.8 |
| Georgia | 468,521 | 12.2 | 249,184 | 19.6 | 219,337 | 8.6 |
| Appalachian Georgia | 104,412 | 9.2 | 60,255 | 14.2 | 44,157 | 6.2 |
| Non-Appalachian Georgia | 364,109 | 13.5 | 188,929 | 22.3 | 175,180 | 9.5 |
| Kentucky | 227,276 | 13.0 | 112,702 | 20.8 | 114,574 | 9.5 |
| Appalachian Kentucky | 94,072 | 20.7 | 42,596 | 30.0 | 51,476 | 16.5 |
| Non-Appalachian Kentucky | 133,204 | 10.3 | 70,106 | 17.6 | 63,098 | 7.1 |
| Maryland | 224,592 | 10.1 | 109,419 | 15.5 | 115,173 | 7.6 |
| Appalachian Maryland | 15,199 | 15.8 | 6,793 | 24.1 | 8,406 | 12.3 |
| Non-Appalachian Maryland | 209,393 | 9.8 | 102,626 | 15.1 | 106,767 | 7.3 |
| Mississippi | 162,478 | 14.6 | 86,802 | 24.2 | 75,676 | 10.0 |
| Appalachian Mississippi | 31,943 | 13.5 | 15,635 | 22.2 | 16,308 | 9.9 |
| Non-Appalachian Mississippi | 130,535 | 14.8 | 71,167 | 24.7 | 59,368 | 10.0 |
| New York | 1,057,725 | 14.3 | 416,252 | 19.4 | 641,473 | 12.2 |
| Appalachian New York | 60,998 | 14.5 | 23,345 | 21.3 | 37,653 | 12.1 |
| Non-Appalachian New York | 996,727 | 14.2 | 392,907 | 19.3 | 603,820 | 12.2 |
| North Carolina | 482,394 | 12.0 | 244,378 | 20.0 | 238,016 | 8.5 |
| Appalachian North Carolina | 92,851 | 11.3 | 43,646 | 20.2 | 49,205 | 8.2 |
| Non-Appalachian North Carolina | 389,543 | 12.1 | 200,732 | 19.9 | 188,811 | 8.6 |
| Ohio | 593,108 | 12.6 | 270,782 | 19.8 | 322,326 | 9.6 |
| Appalachian Ohio | 125,334 | 15.8 | 54,712 | 24.4 | 70,622 | 12.4 |
| Non-Appalachian Ohio | 467,774 | 11.9 | 216,070 | 18.9 | 251,704 | 9.0 |
| Pennsylvania | 670,877 | 13.1 | 289,367 | 20.3 | 381,510 | 10.4 |
| Appalachian Pennsylvania | 329,210 | 13.9 | 131,045 | 21.6 | 198,165 | 11.2 |
| Non-Appalachian Pennsylvania | 341,667 | 12.5 | 158,322 | 19.4 | 183,345 | 9.6 |
| South Carolina | 220,503 | 11.2 | 113,284 | 20.0 | 107,219 | 7.7 |
| Appalachian South Carolina | 50,291 | 9.9 | 25,487 | 16.6 | 24,804 | 7.0 |
| Non-Appalachian South Carolina | 170,212 | 11.7 | 87,797 | 21.2 | 82,415 | 7.9 |
| Tennessee | 332,009 | 12.6 | 166,485 | 20.9 | 165,524 | 9.0 |
| Appalachian Tennessee | 154,907 | 13.2 | 75,004 | 22.7 | 79,903 | 9.5 |
| Non-Appalachian Tennessee | 177,102 | 12.0 | 91,481 | 19.6 | 85,621 | 8.5 |
| Virginia | 251,747 | 7.9 | 130,218 | 13.1 | 121,529 | 5.6 |
| Appalachian Virginia | 37,590 | 12.6 | 16,677 | 22.5 | 20,913 | 9.3 |
| Non-Appalachian Virginia | 214,157 | 7.4 | 113,541 | 12.3 | 100,616 | 5.1 |
| West Virginia (entire state) | 121,292 | 16.5 | 53,390 | 26.8 | 67,902 | 12.7 |

Note: SNAP is an acronym for the federal Supplemental Nutrition Assistance Program (formerly known as the Food Stamp Program).
Data source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 8.15: Percent of Households in the Appalachian Region Receiving Food Stamps/SNAP, 2016-2020


Map Title: Percent of Households in the Appalachian Region Receiving Food Stamps/SNAP, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 2016-2020, 13.3 percent of Appalachian households received payments from the federal Supplemental Nutrition Assistance Program (SNAP), formerly known as the Food Stamp Program. While the share for the Region is almost two percentage points higher than the national share (11.4 percent), there were 91 Appalachian counties with Food Stamps/SNAP participation rates below the U.S. average. Almost three-fourths of these counties were in Southern and South Central Appalachia-the subregions with the lowest prevalence rates. Conversely, the Food Stamps/SNAP prevalence rate matched or exceeded 20 percent in 76 other Appalachian counties. Most of the counties in the latter group were in Central Appalachia and 33 were in the most rural areas-both of which had the highest Food Stamps/SNAP participation rates among Appalachia's subregions and urban-rural county types.

Table 8.13: Percentage Point Change in Share of Households in the Appalachian Region Receiving Food Stamps/SNAP, by Poverty Status, 2011-2015 to 2016-2020

| Receipt of Food Stamps/SNAP | ALL HOUSEHOLDS | Households With Income Below Poverty Level | Households With Income At or Above Poverty Level |
| :---: | :---: | :---: | :---: |
| United States | -1.8 | -5.3 | -0.5 |
| Appalachian Region | -2.2 | -5.6 | -0.6 |
| Subregions |  |  |  |
| Northern Appalachia | +0.1 | -1.7 | +0.8 |
| North Central Appalachia | -0.6 | -1.6 | +0.2 |
| Central Appalachia | -3.2 | -7.8 | -1.0 |
| South Central Appalachia | -3.8 | -8.3 | -1.8 |
| Southern Appalachia | -3.7 | -8.6 | -1.7 |
| County Types |  |  |  |
| Large Metros (pop. 1 million +) | -1.9 | -6.9 | -0.5 |
| Small Metros (pop. <1 million) | -2.1 | -5.2 | -0.6 |
| Nonmetro, Adjacent to Large Metros | -2.2 | -3.7 | -0.7 |
| Nonmetro, Adjacent to Small Metros | -2.1 | -4.6 | -0.6 |
| Rural (nonmetro, not adj. to a metro) | -3.4 | -7.6 | -1.2 |
| Alabama | -2.7 | -6.0 | -1.1 |
| Appalachian Alabama | -2.7 | -6.1 | -1.2 |
| Non-Appalachian Alabama | -2.7 | -6.0 | -0.8 |
| Georgia | -3.3 | -7.1 | -1.1 |
| Appalachian Georgia | -4.2 | -11.1 | -2.1 |
| Non-Appalachian Georgia | -2.8 | -5.8 | -0.8 |
| Kentucky | -4.3 | -9.7 | -2.1 |
| Appalachian Kentucky | -4.3 | -8.9 | -1.8 |
| Non-Appalachian Kentucky | -4.2 | -10.5 | -2.1 |
| Maryland | -0.8 | -4.9 | -0.3 |
| Appalachian Maryland | -0.5 | -1.0 | -0.1 |
| Non-Appalachian Maryland | -0.9 | -5.0 | -0.3 |
| Mississippi | -3.7 | -7.8 | -1.7 |
| Appalachian Mississippi | -5.3 | -11.1 | -2.5 |
| Non-Appalachian Mississippi | -3.3 | -6.9 | -1.4 |
| New York | -1.1 | -2.6 | -0.3 |
| Appalachian New York | -0.4 | -0.6 | -0.1 |
| Non-Appalachian New York | -1.3 | -2.8 | -0.3 |
| North Carolina | -2.6 | -6.6 | -0.8 |
| Appalachian North Carolina | -3.4 | -7.0 | -1.4 |
| Non-Appalachian North Carolina | -2.5 | -6.5 | -0.8 |
| Ohio | -2.4 | -6.7 | -0.9 |
| Appalachian Ohio | -1.9 | -5.5 | -0.6 |
| Non-Appalachian Ohio | -2.6 | -7.1 | -0.9 |
| Pennsylvania | +0.2 | -1.3 | +1.1 |
| Appalachian Pennsylvania | +0.5 | -0.7 | +1.2 |
| Non-Appalachian Pennsylvania | +0.1 | -2.0 | +0.9 |
| South Carolina | -3.9 | -9.7 | -1.7 |
| Appalachian South Carolina | -3.7 | -9.7 | -1.6 |
| Non-Appalachian South Carolina | -3.9 | -9.7 | -1.8 |
| Tennessee | -4.5 | -9.9 | -2.4 |
| Appalachian Tennessee | -4.5 | -8.9 | -2.2 |
| Non-Appalachian Tennessee | -4.6 | -10.7 | -2.6 |
| Virginia | -1.8 | -5.7 | -0.8 |
| Appalachian Virginia | -2.8 | -8.0 | -1.0 |
| Non-Appalachian Virginia | -1.6 | -5.3 | -0.8 |
| West Virginia (entire state) | +0.4 | -0.9 | +1.0 |

Note: SNAP is an acronym for the federal Supplemental Nutrition Assistance Program (formerly known as the Food Stamp Program). Poverty status is determined by a series of income thresholds that are determined by family size and composition. In 2020, the poverty threshold for a family of two adults and two children was $\$ 26,246$. The poverty universe does not include unrelated individuals under age 15, people living in college dormitories, and people living in institutional group quarters.
Data source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 8.14: Percentage Point Change in Share of Households in the Appalachian Region Receiving Food Stamps/SNAP Payments, by Presence of Children Under Age 18, 2011-2015 to 2016-2020

| Receipt of Food Stamps/SNAP | ALL HOUSEHOLDS | Households With Children Under Age 18 | Households Without Children Under Age 18 |
| :---: | :---: | :---: | :---: |
| United States | -1.8 | -3.7 | -0.7 |
| Appalachian Region | -2.2 | -4.5 | -1.0 |
| Subregions |  |  |  |
| Northern Appalachia | +0.1 | -1.7 | +0.9 |
| North Central Appalachia | -0.6 | -2.4 | +0.2 |
| Central Appalachia | -3.2 | -4.9 | -2.4 |
| South Central Appalachia | -3.8 | -6.4 | -2.6 |
| Southern Appalachia | -3.7 | -6.4 | -2.1 |
| County Types |  |  |  |
| Large Metros (pop. 1 million +) | -1.9 | -4.7 | -0.5 |
| Small Metros (pop. <1 million) | -2.1 | -3.9 | -1.1 |
| Nonmetro, Adjacent to Large Metros | -2.2 | -5.5 | -0.7 |
| Nonmetro, Adjacent to Small Metros | -2.1 | -4.3 | -0.9 |
| Rural (nonmetro, not adj. to a metro) | -3.4 | -6.1 | -2.0 |
| Alabama | -2.7 | -5.3 | -1.2 |
| Appalachian Alabama | -2.7 | -5.4 | -1.3 |
| Non-Appalachian Alabama | -2.7 | -4.8 | -1.2 |
| Georgia | -3.3 | -5.5 | -1.6 |
| Appalachian Georgia | -4.2 | -6.6 | -2.5 |
| Non-Appalachian Georgia | -2.8 | -4.9 | -1.3 |
| Kentucky | -4.3 | -6.1 | -3.4 |
| Appalachian Kentucky | -4.3 | -6.0 | -3.4 |
| Non-Appalachian Kentucky | -4.2 | -6.0 | -3.2 |
| Maryland | -0.8 | -2.3 | +0.1 |
| Appalachian Maryland | -0.5 | -3.6 | +0.9 |
| Non-Appalachian Maryland | -0.9 | -2.2 | +0.0 |
| Mississippi | -3.7 | -5.7 | -2.2 |
| Appalachian Mississippi | -5.3 | -8.0 | -3.3 |
| Non-Appalachian Mississippi | -3.3 | -5.1 | -1.9 |
| New York | -1.1 | -3.2 | +0.0 |
| Appalachian New York | -0.4 | -1.6 | +0.2 |
| Non-Appalachian New York | -1.3 | -3.3 | +0.0 |
| North Carolina | -2.6 | -4.4 | -1.6 |
| Appalachian North Carolina | -3.4 | -6.1 | -2.1 |
| Non-Appalachian North Carolina | -2.5 | -4.1 | -1.4 |
| Ohio | -2.4 | -5.0 | -1.2 |
| Appalachian Ohio | -1.9 | -4.0 | -0.8 |
| Non-Appalachian Ohio | -2.6 | -5.2 | -1.3 |
| Pennsylvania | +0.2 | -0.9 | +0.9 |
| Appalachian Pennsylvania | +0.5 | -1.1 | +1.3 |
| Non-Appalachian Pennsylvania | +0.1 | -0.7 | +0.6 |
| South Carolina | -3.9 | -6.2 | -2.3 |
| Appalachian South Carolina | -3.7 | -6.5 | -2.2 |
| Non-Appalachian South Carolina | -3.9 | -6.2 | -2.4 |
| Tennessee | -4.5 | -7.1 | -3.1 |
| Appalachian Tennessee | -4.5 | -6.7 | -3.3 |
| Non-Appalachian Tennessee | -4.6 | -7.3 | -3.1 |
| Virginia | -1.8 | -3.1 | -0.9 |
| Appalachian Virginia | -2.8 | -4.7 | -1.7 |
| Non-Appalachian Virginia | -1.6 | -2.9 | -0.8 |
| West Virginia (entire state) | +0.4 | -1.1 | +1.1 |

Note: SNAP is an acronym for the federal Supplemental Nutrition Assistance Program (formerly known as the Food Stamp Program). Data source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 8.16: Percentage Point Change in the Share of Households Receiving Food Stamps/SNAP, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Households in the Appalachian Region Receiving Food Stamps/ SNAP, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
The share of Appalachian households participating in the federal Supplemental Nutrition Assistance Program (SNAP)—formerly the Food Stamps Program-fell 2.2 percentage points between 2011-2015 and 2016-2020, greater than the national decrease of 1.8 points. The decline in Food Stamps/SNAP prevalence likewise was greater than the U.S. decrease in 251 of Appalachia's 423 counties. All but 33 of these were in Central, South Central, and Southern Appalachia-the subregions that had the greatest declines. Yet Food Stamps/SNAP participation remained the same or increased in 103 Appalachian counties-70 of which were in Pennsylvania and West Virginia. There may be a correlation between the decrease in Food Stamps/SNAP prevalence and the decline in poverty between the two periods. For example, most of the counties that had the greatest declines in participation had poverty declines of at least a full percentage point.

## TRENDS IN INCOME AND POVERTY

- Adjusting for inflation, income trends in the Appalachian Region were positive between the 2011-2015 and 2016-2020 periods (see Tables 8.1 and 8.2).
- The mean income measures all increased noticeably between the two periods. Mean household income, for example, rose 9.6 percent to $\$ 72,403$ in 2016-2020. Mean family and per capita income had even greater increases (more than 10 percent each), reaching $\$ 86,235$ and $\$ 29,409$, respectively. (All monetary figures are in 2020 Dollars.)
- Although not affected by extreme values, the two median income measures likewise have registered healthy increases since 2011-2015. Median household income (the level where half of all households have higher incomes while the other half have lower incomes) rose 9.6 percent to $\$ 53,546$ in 2016-2020. Median family income increased 10 percent to $\$ 67,841$.
- Despite these increases, the post 2011-2015 income gains were not quite as great in Appalachia as they were nationally. Appalachia's growth in median household income, however, was within a percentage point of the national average.
- Within the Appalachian Region, all income measures increased for the subregions, county types, and states-even after adjusting for inflation. Among the subregions, income growth was highest in Southern and South Central Appalachia and lowest in Northern or Central Appalachia, depending on the measure. Among the county types, the increases were largest for counties in large metropolitan areas. Income gains among the states were largest in the Appalachian portions of Georgia, the Carolinas, and Tennessee, and smallest in New York and West Virginia. Yet despite the overall increases, there were still counties throughout the Region that experienced income declines between 2011-2015 and 2016-2020.
- Since 2011-2015, the share of Appalachian residents in poverty (incomes below \$26,246 for a family of two adults and two children in 2020) has fallen 2.4 percentage points to 14.7 percent in 2016-2020 (see Tables 8.4 and 8.5). Poverty decreased in all subregions, county types, and states. The decline in poverty was greatest in the Appalachian portions of Georgia, Mississippi, the Carolinas, and Tennessee: Poverty fell by more than three percentage points in each state. In contrast, poverty rates decreased by just 0.9 points in West Virginia and 1.1 points in New York.
- Both child poverty and poverty among young adults (ages 18 to 24) have fallen noticeably since 20112015: Child poverty dropped 4.2 percentage points to 20.2 percent in 2016-2020, while poverty among 18-to-24-year-olds fell 4.5 points to 23.8 percent. And while Mississippi had the largest decrease in child poverty ( 7.1 points), North Carolina had the largest decrease for young adults (7.7 points). Poverty rates among working-age adults (ages 25 to 64) had a more modest decline of only 1.8 points to 12.8 percent. As with the other two age groups, this decrease was uniform throughout the Region. The Appalachian sections of Georgia and the Carolinas had the largest poverty declines among working-age adults (more than three percentage points each), while West Virginia and Appalachian Maryland had the smallest decreases ( 0.3 points each).
- Poverty declined 0.2 percentage points for older residents (ages 65 and over) between 2011-2015 and 2016-2020 in Appalachia, although some parts of the Region either stayed the same (counties in large metro areas) or rose slightly (Northern and North Central Appalachia, plus the Appalachian portions of several states, including Mississippi, New York, Ohio, Pennsylvania, and West Virginia). Meanwhile, South Central Appalachia and the Appalachian portions of Kentucky and Tennessee had the biggest drops in the poverty rate for persons ages 65 and over.
- In 2016-2020, the share of Appalachian residents with incomes below 50 percent of poverty (income below $\$ 13,123$ for a family of two adults and two children in 2020) was 6.4 percent, 0.9 percentage points lower than it was in 2011-2015 (see Tables 8.6 through 8.10). Within the Region, however, some areas including the South Central and Southern subregions and the Appalachian portions of Georgia, the Carolinas, and Tennessee had even greater decreases (1.3 points or more). And the share decreased noticeably among children and young adults ages 18-24 while increasing slightly among adults ages 65 and over.


## TRENDS IN INCOME AND POVERTY (continued)

- The share of Appalachian households participating in the federal Supplemental Nutrition Assistance Program (SNAP)—formerly the Food Stamps Program-was 13.3 percent in 2016-2020, a decrease of 2.2 percentage points from the Region's share in 2011-2015 (Tables 8.11 and 8.13 ). Several parts of Appalachia registered even greater decreases: For example, the decrease was greater than three points in three of the five subregions, the most rural counties, and the Appalachian portions of six states. (In four of those states-Georgia, Kentucky, Mississippi, and Tennessee-the decline exceeded four percentage points.) However, Food Stamps/SNAP prevalence did increase in some parts of Appalachia-most notably in Pennsylvania and West Virginia.
- Among households with income below the poverty level (\$26,246 for a family of two adults and two children in 2020), Food Stamps/SNAP prevalence rates fell 5.6 percentage points between 20112015 and 2016-2020 (Tables 8.11 and 8.13), to 46.9 percent in the latter period. The decrease was far more modest for households at or above poverty ( 0.6 points to 7.6 percent in 2016-2020). While the decrease in participation among poor households was present throughout Appalachia (with the Appalachian sections of Georgia and Mississippi showing the greatest declines), prevalence among non-poor households increased in some parts of the Region (for example, the rates in Pennsylvania and West Virginia increased by at least a full percentage point).
- Food Stamps/SNAP prevalence among households with children under age 18 was 21.2 percent in 2016-2020, 4.5 percentage points lower than in 2011-2015 (Tables 8.12 and 8.14). Participation for households without children, in contrast, fell just one point to 10.2 percent. As was the case with poor households, the decline in participation for households with children occurred throughout the Region, with two of the subregions, the most rural counties, and the Appalachian sections of Georgia, Kentucky, Mississippi, the Carolinas, and Tennessee all showing decreases of at least six percentage points. Conversely, the Food Stamps/SNAP prevalence among childless households increased in West Virginia and the Appalachian sections of Maryland, New York, and Pennsylvania-the states that showed the smallest decreases among households with children.
- Overall, the income and poverty trends in the Appalachian Region since 2011-2015 show that, for the most part, poverty levels have fallen while incomes have risen, suggesting that much-if not most-of Appalachia has recovered economically from the 2007-2009 recession. However, the economic impact of the COVID-19 pandemic-plus other economic concerns-may end up reversing some of these gains.


## CHAPTER 9: HEALTH INSURANCE COVERAGE

Table 9.1: Number of Persons in the Appalachian Region Not Covered by Health Insurance, by Age Group, 2016-2020

| Health Insurance Status | All Ages | Under Age 35 |  |  |  | $\begin{aligned} & \text { Ages } \\ & 35-64 \end{aligned}$ | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Under Age 19 | $\begin{aligned} & \text { Ages } \\ & 19-25 \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 26-34 \end{aligned}$ |  |  |
| United States | 28,058,903 | 14,452,336 | 4,016,835 | 4,268,663 | 6,166,838 | 13,204,982 | 401,585 |
| Appalachian Region | 2,162,090 | 1,079,809 | 292,191 | 330,368 | 457,250 | 1,062,854 | 19,427 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 419,635 | 229,404 | 80,490 | 62,750 | 86,164 | 185,041 | 5,190 |
| North Central Appalachia | 154,357 | 74,330 | 18,529 | 24,140 | 31,661 | 78,552 | 1,475 |
| Central Appalachia | 127,268 | 61,231 | 17,419 | 19,660 | 24,152 | 65,364 | 673 |
| South Central Appalachia | 521,753 | 241,766 | 53,492 | 74,753 | 113,521 | 276,492 | 3,495 |
| Southern Appalachia | 939,077 | 473,078 | 122,261 | 149,065 | 201,752 | 457,405 | 8,594 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 504,526 | 256,216 | 72,416 | 76,036 | 107,764 | 242,369 | 5,941 |
| Small Metros (pop. <1 million) | 897,573 | 442,548 | 105,318 | 139,449 | 197,781 | 448,223 | 6,802 |
| Nonmetro, Adjacent to Large Metros | 198,849 | 103,035 | 33,457 | 29,260 | 40,318 | 94,262 | 1,552 |
| Nonmetro, Adjacent to Small Metros | 340,697 | 165,489 | 46,332 | 51,104 | 68,053 | 172,035 | 3,173 |
| Rural (nonmetro, not adj. to a metro) | 220,445 | 112,521 | 34,668 | 34,519 | 43,334 | 105,965 | 1,959 |
| Alabama | 455,545 | 227,137 | 36,714 | 82,726 | 107,697 | 224,992 | 3,416 |
| Appalachian Alabama | 279,992 | 138,400 | 23,564 | 47,278 | 67,558 | 139,554 | 2,038 |
| Non-Appalachian Alabama | 175,553 | 88,737 | 13,150 | 35,448 | 40,139 | 85,438 | 1,378 |
| Georgia | 1,345,294 | 704,141 | 196,271 | 216,330 | 291,540 | 628,375 | 12,778 |
| Appalachian Georgia | 451,555 | 229,385 | 74,039 | 66,830 | 88,516 | 216,800 | 5,370 |
| Non-Appalachian Georgia | 893,739 | 474,756 | 122,232 | 149,500 | 203,024 | 411,575 | 7,408 |
| Kentucky | 246,078 | 132,913 | 41,455 | 38,014 | 53,444 | 111,333 | 1,832 |
| Appalachian Kentucky | 68,330 | 35,225 | 11,579 | 11,078 | 12,568 | 32,732 | 373 |
| Non-Appalachian Kentucky | 177,748 | 97,688 | 29,876 | 26,936 | 40,876 | 78,601 | 1,459 |
| Maryland | 352,186 | 177,764 | 49,465 | 47,000 | 81,299 | 165,075 | 9,347 |
| Appalachian Maryland | 12,148 | 6,330 | 2,139 | 1,461 | 2,730 | 5,630 | 188 |
| Non-Appalachian Maryland | 340,038 | 171,434 | 47,326 | 45,539 | 78,569 | 159,445 | 9,159 |
| Mississippi | 350,002 | 181,433 | 38,289 | 67,129 | 76,015 | 166,994 | 1,575 |
| Appalachian Mississippi | 73,456 | 38,593 | 7,825 | 13,915 | 16,853 | 34,518 | 345 |
| Non-Appalachian Mississippi | 276,546 | 142,840 | 30,464 | 53,214 | 59,162 | 132,476 | 1,230 |
| New York | 1,037,271 | 512,679 | 108,372 | 132,726 | 271,581 | 500,025 | 24,567 |
| Appalachian New York | 46,444 | 27,366 | 9,321 | 8,035 | 10,010 | 18,732 | 346 |
| Non-Appalachian New York | 990,827 | 485,313 | 99,051 | 124,691 | 261,571 | 481,293 | 24,221 |
| North Carolina | 1,084,103 | 529,932 | 129,777 | 159,887 | 240,268 | 544,818 | 9,353 |
| Appalachian North Carolina | 231,462 | 109,103 | 24,239 | 34,229 | 50,635 | 121,106 | 1,253 |
| Non-Appalachian North Carolina | 852,641 | 420,829 | 105,538 | 125,658 | 189,633 | 423,712 | 8,100 |
| Ohio | 708,532 | 382,383 | 121,960 | 105,657 | 154,766 | 316,575 | 9,574 |
| Appalachian Ohio | 142,965 | 76,529 | 30,720 | 20,193 | 25,616 | 64,314 | 2,122 |
| Non-Appalachian Ohio | 565,567 | 305,854 | 91,240 | 85,464 | 129,150 | 252,261 | 7,452 |
| Pennsylvania | 705,891 | 386,050 | 128,825 | 102,723 | 154,502 | 310,278 | 9,563 |
| Appalachian Pennsylvania | 273,126 | 146,656 | 47,192 | 41,209 | 58,255 | 123,371 | 3,099 |
| Non-Appalachian Pennsylvania | 432,765 | 239,394 | 81,633 | 61,514 | 96,247 | 186,907 | 6,464 |
| South Carolina | 518,723 | 251,861 | 58,592 | 79,673 | 113,596 | 263,534 | 3,328 |
| Appalachian South Carolina | 134,074 | 66,700 | 16,833 | 21,042 | 28,825 | 66,533 | 841 |
| Non-Appalachian South Carolina | 384,649 | 185,161 | 41,759 | 58,631 | 84,771 | 197,001 | 2,487 |
| Tennessee | 649,312 | 317,114 | 78,578 | 92,295 | 146,241 | 327,279 | 4,919 |
| Appalachian Tennessee | 277,102 | 125,646 | 26,905 | 38,166 | 60,575 | 149,579 | 1,877 |
| Non-Appalachian Tennessee | 372,210 | 191,468 | 51,673 | 54,129 | 85,666 | 177,700 | 3,042 |
| Virginia | 681,362 | 345,472 | 99,119 | 102,557 | 143,796 | 324,102 | 11,788 |
| Appalachian Virginia | 61,592 | 27,753 | 6,718 | 8,948 | 12,087 | 33,222 | 617 |
| Non-Appalachian Virginia | 619,770 | 317,719 | 92,401 | 93,609 | 131,709 | 290,880 | 11,171 |
| West Virginia (entire state) | 109,844 | 52,123 | 11,117 | 17,984 | 23,022 | 56,763 | 958 |

Note: The health insurance universe consists of the civilian noninstitutional population.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 9.2: Percent of Persons in the Appalachian Region Not Covered by Health Insurance, by Age Group, 2016-2020

| Health Insurance Status | All Ages | Under Age 35 |  |  |  | $\begin{aligned} & \text { Ages } \\ & 35-64 \end{aligned}$ | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Under <br> Age 19 | $\begin{aligned} & \text { Ages } \\ & \text { 19-25 } \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 26-34 \end{aligned}$ |  |  |
| United States | 8.7 | 9.8 | 5.2 | 14.3 | 15.5 | 10.7 | 0.8 |
| Appalachian Region | 8.5 | 9.9 | 5.0 | 14.2 | 16.4 | 10.7 | 0.4 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 5.3 | 7.0 | 4.8 | 8.7 | 10.1 | 6.0 | 0.3 |
| North Central Appalachia | 6.2 | 7.2 | 3.3 | 10.8 | 12.1 | 8.1 | 0.3 |
| Central Appalachia | 7.0 | 8.0 | 4.1 | 13.0 | 12.8 | 9.0 | 0.2 |
| South Central Appalachia | 10.2 | 11.4 | 4.8 | 15.9 | 20.8 | 14.0 | 0.4 |
| Southern Appalachia | 11.4 | 12.6 | 5.9 | 19.7 | 21.4 | 14.2 | 0.7 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 8.3 | 9.6 | 5.0 | 14.8 | 15.2 | 10.0 | 0.6 |
| Small Metros (pop. <1 million) | 8.2 | 9.4 | 4.3 | 13.2 | 16.4 | 10.7 | 0.3 |
| Nonmetro, Adjacent to Large Metros | 8.8 | 10.8 | 6.5 | 14.3 | 17.2 | 10.8 | 0.4 |
| Nonmetro, Adjacent to Small Metros | 8.8 | 10.5 | 5.4 | 15.7 | 17.5 | 11.4 | 0.4 |
| Rural (nonmetro, not adj. to a metro) | 9.0 | 10.9 | 6.3 | 15.4 | 17.3 | 11.3 | 0.4 |
| Alabama | 9.5 | 10.5 | 3.2 | 18.4 | 19.4 | 12.2 | 0.4 |
| Appalachian Alabama | 9.1 | 10.0 | 3.2 | 16.8 | 18.7 | 11.7 | 0.4 |
| Non-Appalachian Alabama | 10.2 | 11.3 | 3.1 | 21.1 | 20.7 | 13.2 | 0.5 |
| Georgia | 13.0 | 14.4 | 7.4 | 22.3 | 23.1 | 15.7 | 0.9 |
| Appalachian Georgia | 13.9 | 15.2 | 8.6 | 23.4 | 24.5 | 16.7 | 1.2 |
| Non-Appalachian Georgia | 12.6 | 14.0 | 6.8 | 21.8 | 22.5 | 15.2 | 0.8 |
| Kentucky | 5.6 | 6.7 | 3.9 | 9.3 | 10.6 | 6.6 | 0.3 |
| Appalachian Kentucky | 6.0 | 7.2 | 4.3 | 11.1 | 10.4 | 7.3 | 0.2 |
| Non-Appalachian Kentucky | 5.5 | 6.6 | 3.8 | 8.7 | 10.7 | 6.3 | 0.3 |
| Maryland | 5.9 | 6.7 | 3.5 | 9.1 | 11.2 | 7.0 | 1.0 |
| Appalachian Maryland | 5.1 | 6.3 | 4.0 | 6.9 | 11.0 | 6.1 | 0.4 |
| Non-Appalachian Maryland | 6.0 | 6.7 | 3.5 | 9.2 | 11.2 | 7.0 | 1.1 |
| Mississippi | 12.0 | 13.4 | 5.1 | 24.0 | 23.1 | 15.3 | 0.3 |
| Appalachian Mississippi | 12.0 | 13.6 | 5.1 | 21.6 | 24.9 | 15.2 | 0.3 |
| Non-Appalachian Mississippi | 12.0 | 13.3 | 5.1 | 24.7 | 22.7 | 15.3 | 0.3 |
| New York | 5.4 | 5.9 | 2.5 | 7.3 | 10.7 | 6.7 | 0.8 |
| Appalachian New York | 4.6 | 6.2 | 4.3 | 6.7 | 9.8 | 5.0 | 0.2 |
| Non-Appalachian New York | 5.4 | 5.9 | 2.4 | 7.4 | 10.7 | 6.8 | 0.8 |
| North Carolina | 10.7 | 11.6 | 5.3 | 17.3 | 20.1 | 13.8 | 0.6 |
| Appalachian North Carolina | 11.6 | 13.4 | 5.6 | 19.8 | 24.2 | 15.5 | 0.3 |
| Non-Appalachian North Carolina | 10.4 | 11.2 | 5.2 | 16.7 | 19.2 | 13.3 | 0.6 |
| Ohio | 6.2 | 7.4 | 4.4 | 10.0 | 11.5 | 7.1 | 0.5 |
| Appalachian Ohio | 7.3 | 9.3 | 6.8 | 12.1 | 12.6 | 8.4 | 0.6 |
| Non-Appalachian Ohio | 5.9 | 7.1 | 4.0 | 9.6 | 11.3 | 6.9 | 0.5 |
| Pennsylvania | 5.6 | 7.1 | 4.6 | 9.1 | 10.3 | 6.3 | 0.4 |
| Appalachian Pennsylvania | 4.9 | 6.4 | 4.1 | 8.3 | 9.5 | 5.7 | 0.3 |
| Non-Appalachian Pennsylvania | 6.1 | 7.6 | 4.9 | 9.8 | 10.9 | 6.9 | 0.6 |
| South Carolina | 10.4 | 11.5 | 5.0 | 17.9 | 19.6 | 13.8 | 0.4 |
| Appalachian South Carolina | 10.3 | 11.3 | 5.4 | 16.9 | 18.8 | 13.4 | 0.4 |
| Non-Appalachian South Carolina | 10.4 | 11.5 | 4.9 | 18.3 | 19.9 | 13.9 | 0.4 |
| Tennessee | 9.7 | 10.5 | 4.9 | 15.1 | 18.1 | 12.7 | 0.5 |
| Appalachian Tennessee | 9.6 | 10.4 | 4.2 | 14.8 | 19.0 | 13.3 | 0.3 |
| Non-Appalachian Tennessee | 9.8 | 10.6 | 5.4 | 15.3 | 17.5 | 12.2 | 0.6 |
| Virginia | 8.2 | 9.2 | 5.0 | 13.6 | 14.4 | 10.0 | 0.9 |
| Appalachian Virginia | 8.4 | 9.3 | 4.5 | 11.5 | 17.0 | 11.8 | 0.4 |
| Non-Appalachian Virginia | 8.2 | 9.2 | 5.0 | 13.8 | 14.2 | 9.8 | 1.0 |
| West Virginia (entire state) | 6.2 | 7.1 | 2.9 | 11.6 | 12.4 | 8.1 | 0.3 |

Note: The health insurance universe consists of the civilian noninstitutional population.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 9.1: Percent of Persons in the Appalachian Region Not Covered by Health Insurance, 2016-2020


Map Title: Percent of Persons in the Appalachian Region Not Covered by Health Insurance, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

About 2.2 million persons in the Appalachian Region lacked any kind of health insurance coverage in the 2016-2020 period-a figure representing 8.5 percent of Appalachia's residents. Although the percentage for the Region is slightly lower than the U.S. share of 8.7 percent, 196 of the 423 Appalachian counties had non-coverage rates that matched or exceeded the national average. In 16 Appalachian counties-11 of which were in Georgia-at least 15 percent of residents were not covered by insurance. (Indeed, just under 14 percent of residents in Georgia's Appalachian section were not covered by health insurance.) At the other end of the spectrum, 67 counties had uninsured rates below 5 percent, and all but five of these were in either Kentucky, Maryland, New York, Pennsylvania, or West Virginia-the states with the lowest shares of uninsured residents in Appalachia (each below 6.5 percent).

Figure 9.2: Percent of Persons Under Age 19 in the Appalachian Region Not Covered by Health Insurance, 2016-2020


Map Title: Percent of Persons Under Age 19 in the Appalachian Region Not Covered by Health Insurance, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Just 5 percent of Appalachia's children and youth under age 19 were uninsured during 2016-2020, slightly below the national average of 5.2 percent. But the rate varied throughout the Region. On one hand, 135 counties had noncoverage rates under 3 percent; two-fifths were in either Alabama or West Virginia-the two states in the Region where less than 4 percent of children and youth lacked health insurance. Conversely, at least one in 10 persons under age 19 were without health insurance in 39 other counties. While the counties in the latter group were scattered throughout various parts of Appalachia (most noticeably in Georgia, Pennsylvania, and Ohio), all but five of them were outside metropolitan areas. In Appalachian Georgia, the uninsured rate for children and youth was 8.6 percent-more than three percentage points above the national average.

Figure 9.3: Percent of Persons Ages 19 to 25 in the Appalachian Region Not Covered by Health Insurance, 2016-2020


Map Title: Percent of Persons Ages 19 to 25 in the Appalachian Region Not Covered by Health Insurance, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

During the 2016-2020 period, almost one in seven Appalachian residents ages 19 to 25 did not have health insurance coverage. Although Appalachia's rate for these young adults was just below the national average of 14.3 percent, the non-coverage problem was especially prevalent in much of Southern Appalachia; in that subregion, close to one-fifth of 19 -to- 25 -year-olds did not have coverage. This situation was especially dire in 60 counties, where non-coverage rates reached at least 25 percent. Among these counties, half were in either Georgia or Mississippi-the two states where the uninsured rate for young adults was more than 20 percent. (An additional 10 counties were in North Carolina, where 19.8 percent of 19 -to- 25 -year-olds lacked insurance.) And 42 of those 60 counties were outside metropolitan areas. In contrast, 114 Appalachian counties had less than 10 percent of persons ages 19 to 25 without health insurance; most counties in this group were in Northern or North Central Appalachia, in metro areas, and/or had a four-year college or university within their boundaries.

Figure 9.4: Percent of Persons Ages 26 to 34 in the Appalachian Region Not Covered by Health Insurance, 2016-2020


Map Title: Percent of Persons Ages 26 to 34 in the Appalachian Region Not Covered by Health Insurance, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Lack of health insurance coverage was highest among young adults ages 26 to $34-16.4$ percent of Appalachian residents in this group were uninsured during the 2016-2020 period. This was the one age group where non-coverage was more prevalent in Appalachia than in the nation as a whole. And the situation was even worse in South Central and Southern Appalachia, where more than one in five 26 -to- 34 -year-olds were without insurance. Indeed, these two subregions had 75 of the 82 counties where at least 25 percent of residents ages 26 to 34 lacked health insurance. However, nearly half of Appalachian counties did have non-coverage rates below the national average of 15.5 percent; these were overwhelmingly in the Northern, North Central, and Central subregions. And there were 80 Appalachian counties where less than 10 percent of young adults ages 26 to 34 were without health insurance.

Figure 9.5: Percent of Persons Ages 35 to 64 in the Appalachian Region Not Covered by Health Insurance, 2016-2020


Map Title: Percent of Persons Ages 35 to 64 in the Appalachian Region Not Covered by Health Insurance, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 2016-2020, 10.7 percent of Appalachia's working-age population ages 35 to 64 were not covered by health insurance-the same as the national average. Yet there was great variation within the Region. For example, more than 15 percent of 35 -to-64-year-olds in the Appalachian sections of Georgia, Mississippi, and North Carolina were uninsured; these three states also accounted for 17 of the 19 counties with non-coverage rates of at least 20 percent for this age group. (Georgia alone had 10 of these counties.) By comparison, there were 27 Appalachian counties where less than 5 percent of working-age residents were not insured; all but one of the counties in this latter group were in New York, Pennsylvania, or Kentucky. (The rate was less than 6 percent in the Appalachian sections of New York and Pennsylvania.)

Table 9.3: Percentage Point Change in the Share of Persons in the Appalachian Region Not Covered by Health Insurance, by Age Group, 2011-2015 to 2016-2020

| Health Insurance Status | All Ages | Under <br> Age 35 | $\begin{aligned} & \text { Ages } \\ & 35-64 \end{aligned}$ | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: |
| United States | -4.3 | -4.8 | -4.6 | -0.2 |
| Appalachian Region | -3.5 | -4.0 | -3.9 | + 0.0 |
| Subregions |  |  |  |  |
| Northern Appalachia | - 3.3 | -3.5 | -4.2 | -0.1 |
| North Central Appalachia | -4.9 | - 5.4 | - 5.7 | + 0.0 |
| Central Appalachia | -6.0 | - 7.0 | -6.8 | -0.1 |
| South Central Appalachia | -3.2 | -3.7 | - 3.1 | + 0.1 |
| Southern Appalachia | -3.3 | -3.9 | -3.3 | +0.1 |
| County Types |  |  |  |  |
| Large Metros (pop. 1 million +) | -3.1 | - 3.4 | - 3.3 | + 0.0 |
| Small Metros (pop. <1 million) | -3.4 | -4.0 | - 3.5 | -0.1 |
| Nonmetro, Adjacent to Large Metros | -3.6 | - 3.6 | -4.3 | + 0.1 |
| Nonmetro, Adjacent to Small Metros | -4.1 | -4.6 | -4.7 | + 0.0 |
| Rural (nonmetro, not adj. to a metro) | -4.8 | -5.4 | -5.5 | + 0.0 |
| Alabama | -3.2 | -3.8 | -3.2 | + 0.0 |
| Appalachian Alabama | -3.1 | -3.9 | - 3.0 | + 0.0 |
| Non-Appalachian Alabama | -3.3 | -3.7 | -3.4 | +0.0 |
| Georgia | -4.1 | -4.5 | -4.0 | -0.2 |
| Appalachian Georgia | - 3.5 | - 3.9 | - 3.4 | + 0.0 |
| Non-Appalachian Georgia | -4.4 | -4.8 | -4.4 | -0.2 |
| Kentucky | -5.8 | -6.6 | -6.4 | + 0.0 |
| Appalachian Kentucky | - 7.1 | - 8.0 | - 8.3 | -0.1 |
| Non-Appalachian Kentucky | -5.2 | -6.1 | -5.8 | + 0.0 |
| Maryland | -3.1 | -3.4 | -3.2 | - 0.3 |
| Appalachian Maryland | -3.2 | -3.1 | -4.3 | -0.3 |
| Non-Appalachian Maryland | -3.0 | -3.4 | -3.2 | -0.2 |
| Mississippi | -3.8 | -4.1 | -3.9 | -0.1 |
| Appalachian Mississippi | -3.0 | -2.9 | - 3.5 | + 0.1 |
| Non-Appalachian Mississippi | -4.1 | -4.5 | -4.0 | -0.1 |
| New York | -4.3 | -4.9 | -4.7 | -0.2 |
| Appalachian New York | - 3.1 | -3.1 | -3.9 | -0.1 |
| Non-Appalachian New York | -4.4 | -5.0 | -4.7 | -0.2 |
| North Carolina | -3.7 | -4.3 | -3.8 | + 0.0 |
| Appalachian North Carolina | -3.2 | - 3.6 | -3.4 | -0.1 |
| Non-Appalachian North Carolina | -3.9 | -4.4 | -3.9 | + 0.0 |
| Ohio | -3.5 | -3.5 | -4.6 | + 0.0 |
| Appalachian Ohio | -4.1 | -4.1 | - 5.3 | + 0.0 |
| Non-Appalachian Ohio | -3.5 | -3.3 | -4.4 | +0.0 |
| Pennsylvania | -3.2 | -3.5 | -3.8 | -0.1 |
| Appalachian Pennsylvania | - 3.3 | -3.5 | -4.0 | +0.0 |
| Non-Appalachian Pennsylvania | -3.2 | -3.5 | -3.6 | -0.1 |
| South Carolina | -4.1 | -4.8 | -4.1 | -0.1 |
| Appalachian South Carolina | -4.0 | -4.9 | -4.0 | + 0.0 |
| Non-Appalachian South Carolina | -4.2 | -4.8 | -4.2 | -0.2 |
| Tennessee | -3.1 | -3.3 | -3.4 | + 0.0 |
| Appalachian Tennessee | - 3.0 | -3.6 | - 3.0 | + 0.0 |
| Non-Appalachian Tennessee | -3.2 | -3.1 | -3.7 | -0.1 |
| Virginia | -3.2 | -3.6 | -3.2 | -0.1 |
| Appalachian Virginia | - 3.6 | -4.8 | - 3.2 | +0.1 |
| Non-Appalachian Virginia | -3.1 | -3.5 | - 3.2 | -0.1 |
| West Virginia (entire state) | -5.3 | -6.4 | -6.0 | +0.1 |

Note: The health insurance universe consists of the civilian noninstitutional population.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 9.6: Percentage Point Change in the Share of Persons in the Appalachian Region Not Covered by Health Insurance, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons in the Appalachian Region Not Covered by Health Insurance, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
The share of Appalachian residents not covered by health insurance fell 3.5 percentage points between the 20112015 and 2016-2020 periods. While the improvement is slightly less than in the nation as a whole, it was above the national average in many parts of the Region: Non-coverage rates fell six percentage points in Central Appalachia, more than five points in West Virginia, and more than seven points in Appalachian Kentucky. Indeed, those two states alone accounted for more than half of the 163 Appalachian counties where the decrease in non-coverage was greater than the U.S. average. But this did not happen everywhere in Appalachia: In fact, there were nine counties where the share of residents who lacked health insurance in 2016-2020 matched or exceeded the share without insurance in 2011-2015. Analysts cite programs designed to increase coverage, including expansion of the Children's Health Insurance Program (CHIP) and provisions of the Affordable Care Act, as factors in the decreased share of personsparticularly those under age 65-without health insurance.

## TRENDS IN HEALTH INSURANCE COVERAGE

- Between the 2011-2015 and 2016-2020 periods, the share of Appalachian residents not covered by health insurance fell 3.5 percentage points to 8.5 percent (see Tables 9.2 and 9.3 ). And this improvement was even greater in many parts of the Region: Non-coverage rates fell six percentage points in Central Appalachia and almost five points in North Central Appalachia and the Region's most rural counties. As for the Appalachian sections of states, uninsured rates fell more than seven points in Kentucky, more than five points in West Virginia, and at least four points in Ohio and South Carolina. Indeed, non-coverage rates fell by at least three percentage points in every subregion, county type, and the Appalachian section of each state in the Region.
- The decline in health insurance non-coverage was greatest among children and younger adults under age 35. The uninsured rate in the under-35 population was four percentage points lower in 2016-2020 than in 2011-2015. Provisions to expand health insurance coverage, particularly among children and adults under age 26, have been cited as factors for this decline. As with the general population, declines in non-coverage among children and young adults were the greatest in North Central and Central Appalachia, rural counties, West Virginia, and the Appalachian section of Kentucky. (The uninsured rate among persons under age 35 fell by eight percentage points in Kentucky.)
- In most cases, the decline in health insurance coverage was more modest among the older workingage population (ages 35-64). In Appalachia, the uninsured rate in this age group fell 3.9 percentage points, compared with 4.6 points nationwide. Yet in every major part of the Region-each subregion, each county type, and each state's Appalachian section-the non-coverage prevalence among residents in this age group was lower in 2016-2020 than in 2011-2015. And most of the areas with the largest declines for the younger age groups (North Central and Central Appalachia, rural counties, Kentucky, and West Virginia) also had the largest declines for 35-to-64-year-olds. Although the share of adults ages 65 and over who lacked health insurance decreased slightly ( 0.2 percentage points) in the nation, the share remained unchanged in Appalachia. There was also little to no change across subregions and urban-rural county types for this age group.
- Analysts cite programs designed to increase coverage, including expansion of the Children's Health Insurance Program (CHIP) and provisions of the Affordable Care Act, as factors in the decreased share of persons under age 65-particularly younger persons-lacking health insurance in 20162020. But economic concerns in 2022-which ultimately could result in job losses and the resulting loss of employer-based health insurance-may lead to a reversal of some of these improvements in future years.


## CHAPTER 10: DISABILITY STATUS

Table 10.1: Number of Persons in the Appalachian Region With a Disability, by Age Group, 2016-2020

| Disability Status | All Ages | Under Age 18 | Ages 18-64 |  |  | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Total | Ages $18-34$ | Ages $35-64$ |  |
| United States | 40,786,461 | 3,166,556 | 20,231,217 | 4,865,509 | 15,365,708 | 17,388,688 |
| Appalachian Region | 4,132,747 | 287,706 | 2,117,203 | 445,487 | 1,671,716 | 1,727,838 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 1,217,788 | 91,322 | 595,768 | 137,383 | 458,385 | 530,698 |
| North Central Appalachia | 458,750 | 30,187 | 239,880 | 47,736 | 192,144 | 188,683 |
| Central Appalachia | 433,229 | 28,022 | 245,356 | 43,244 | 202,112 | 159,851 |
| South Central Appalachia | 843,737 | 52,586 | 421,906 | 84,590 | 337,316 | 369,245 |
| Southern Appalachia | 1,179,243 | 85,589 | 614,293 | 132,534 | 481,759 | 479,361 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 797,228 | 62,805 | 402,671 | 90,546 | 312,125 | 331,752 |
| Small Metros (pop. <1 million) | 1,714,456 | 122,684 | 871,494 | 190,377 | 681,117 | 720,278 |
| Nonmetro, Adjacent to Large Metros | 393,299 | 25,832 | 205,929 | 44,082 | 161,847 | 161,538 |
| Nonmetro, Adjacent to Small Metros | 737,896 | 47,253 | 376,145 | 72,970 | 303,175 | 314,498 |
| Rural (nonmetro, not adj. to a metro) | 489,868 | 29,132 | 260,964 | 47,512 | 213,452 | 199,772 |
| Alabama | 778,062 | 49,533 | 409,216 | 84,686 | 324,530 | 319,313 |
| Appalachian Alabama | 498,571 | 31,791 | 262,291 | 54,252 | 208,039 | 204,489 |
| Non-Appalachian Alabama | 279,491 | 17,742 | 146,925 | 30,434 | 116,491 | 114,824 |
| Georgia | 1,286,329 | 109,564 | 677,890 | 156,997 | 520,893 | 498,875 |
| Appalachian Georgia | 381,665 | 30,944 | 197,596 | 44,314 | 153,282 | 153,125 |
| Non-Appalachian Georgia | 904,664 | 78,620 | 480,294 | 112,683 | 367,611 | 345,750 |
| Kentucky | 768,194 | 58,949 | 425,430 | 92,155 | 333,275 | 283,815 |
| Appalachian Kentucky | 261,386 | 17,534 | 150,075 | 27,907 | 122,168 | 93,777 |
| Non-Appalachian Kentucky | 506,808 | 41,415 | 275,355 | 64,248 | 211,107 | 190,038 |
| Maryland | 659,640 | 55,612 | 327,152 | 81,805 | 245,347 | 276,876 |
| Appalachian Maryland | 39,376 | 3,116 | 20,087 | 4,617 | 15,470 | 16,173 |
| Non-Appalachian Maryland | 620,264 | 52,496 | 307,065 | 77,188 | 229,877 | 260,703 |
| Mississippi | 481,724 | 35,739 | 257,214 | 55,118 | 202,096 | 188,771 |
| Appalachian Mississippi | 105,418 | 6,975 | 56,348 | 12,688 | 43,660 | 42,095 |
| Non-Appalachian Mississippi | 376,306 | 28,764 | 200,866 | 42,430 | 158,436 | 146,676 |
| New York | 2,226,768 | 163,365 | 1,064,712 | 252,952 | 811,760 | 998,691 |
| Appalachian New York | 152,943 | 12,647 | 77,474 | 18,887 | 58,587 | 62,822 |
| Non-Appalachian New York | 2,073,825 | 150,718 | 987,238 | 234,065 | 753,173 | 935,869 |
| North Carolina | 1,363,146 | 99,585 | 695,437 | 151,227 | 544,210 | 568,124 |
| Appalachian North Carolina | 308,519 | 17,812 | 152,039 | 30,604 | 121,435 | 138,668 |
| Non-Appalachian North Carolina | 1,054,627 | 81,773 | 543,398 | 120,623 | 422,775 | 429,456 |
| Ohio | 1,612,446 | 129,475 | 830,144 | 197,946 | 632,198 | 652,827 |
| Appalachian Ohio | 334,562 | 22,965 | 175,411 | 37,092 | 138,319 | 136,186 |
| Non-Appalachian Ohio | 1,277,884 | 106,510 | 654,733 | 160,854 | 493,879 | 516,641 |
| Pennsylvania | 1,761,383 | 144,841 | 865,740 | 210,367 | 655,373 | 750,802 |
| Appalachian Pennsylvania | 855,216 | 64,213 | 413,378 | 96,069 | 317,309 | 377,625 |
| Non-Appalachian Pennsylvania | 906,167 | 80,628 | 452,362 | 114,298 | 338,064 | 373,177 |
| South Carolina | 725,628 | 52,153 | 366,910 | 76,388 | 290,522 | 306,565 |
| Appalachian South Carolina | 193,589 | 15,879 | 98,058 | 21,280 | 76,778 | 79,652 |
| Non-Appalachian South Carolina | 532,039 | 36,274 | 268,852 | 55,108 | 213,744 | 226,913 |
| Tennessee | 1,031,667 | 76,513 | 538,332 | 113,408 | 424,924 | 416,822 |
| Appalachian Tennessee | 515,548 | 34,015 | 264,101 | 50,770 | 213,331 | 217,432 |
| Non-Appalachian Tennessee | 516,119 | 42,498 | 274,231 | 62,638 | 211,593 | 199,390 |
| Virginia | 979,145 | 78,390 | 484,166 | 117,584 | 366,582 | 416,589 |
| Appalachian Virginia | 142,615 | 8,566 | 73,649 | 13,995 | 59,654 | 60,400 |
| Non-Appalachian Virginia | 836,530 | 69,824 | 410,517 | 103,589 | 306,928 | 356,189 |
| West Virginia (entire state) | 343,339 | 21,249 | 176,696 | 33,012 | 143,684 | 145,394 |

Note: The ACS defines persons with a disability as those having difficulty in at least one of the following six areas: hearing, vision, cognition, walking or climbing, self-care, or attending to the functions of independent living. The disability universe consists of the civilian noninstitutional population.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 10.2: Percent of Persons in the Appalachian Region With a Disability, by Age Group, 2016-2020

| Disability Status | All Ages | Under Age 18 | Ages 18-64 |  |  | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Total | Ages $18-34$ | $\begin{aligned} & \text { Ages } \\ & 35-64 \end{aligned}$ |  |
| United States | 12.7 | 4.3 | 10.3 | 6.6 | 12.5 | 34.0 |
| Appalachian Region | 16.2 | 5.3 | 13.7 | 8.1 | 16.8 | 37.3 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 15.5 | 5.8 | 12.5 | 8.1 | 15.0 | 34.4 |
| North Central Appalachia | 18.5 | 5.8 | 16.1 | 9.2 | 19.8 | 40.3 |
| Central Appalachia | 23.8 | 7.1 | 22.5 | 11.9 | 27.9 | 47.4 |
| South Central Appalachia | 16.6 | 5.1 | 13.8 | 7.8 | 17.0 | 37.1 |
| Southern Appalachia | 14.3 | 4.4 | 12.2 | 7.3 | 15.0 | 37.3 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 13.1 | 4.6 | 10.8 | 6.9 | 12.9 | 34.1 |
| Small Metros (pop. <1 million) | 15.7 | 5.4 | 13.1 | 7.9 | 16.2 | 36.5 |
| Nonmetro, Adjacent to Large Metros | 17.5 | 5.3 | 15.3 | 9.4 | 18.5 | 38.3 |
| Nonmetro, Adjacent to Small Metros | 19.1 | 5.9 | 16.5 | 9.5 | 20.1 | 39.7 |
| Rural (nonmetro, not adj. to a metro) | 20.1 | 5.6 | 18.0 | 9.3 | 22.8 | 42.3 |
| Alabama | 16.2 | 4.5 | 14.0 | 7.9 | 17.6 | 39.5 |
| Appalachian Alabama | 16.1 | 4.6 | 14.0 | 7.9 | 17.4 | 39.6 |
| Non-Appalachian Alabama | 16.2 | 4.5 | 14.2 | 7.8 | 18.0 | 39.3 |
| Georgia | 12.5 | 4.4 | 10.6 | 6.6 | 13.0 | 34.9 |
| Appalachian Georgia | 11.7 | 3.8 | 9.9 | 6.4 | 11.8 | 34.1 |
| Non-Appalachian Georgia | 12.8 | 4.7 | 10.9 | 6.6 | 13.6 | 35.3 |
| Kentucky | 17.5 | 5.9 | 16.0 | 9.5 | 19.7 | 40.1 |
| Appalachian Kentucky | 22.9 | 6.9 | 21.9 | 11.8 | 27.2 | 47.1 |
| Non-Appalachian Kentucky | 15.6 | 5.5 | 13.9 | 8.7 | 17.0 | 37.4 |
| Maryland | 11.1 | 4.2 | 8.9 | 6.2 | 10.3 | 30.5 |
| Appalachian Maryland | 16.7 | 6.2 | 14.2 | 9.3 | 16.8 | 36.5 |
| Non-Appalachian Maryland | 10.9 | 4.1 | 8.6 | 6.1 | 10.1 | 30.2 |
| Mississippi | 16.5 | 5.1 | 14.7 | 8.4 | 18.5 | 41.0 |
| Appalachian Mississippi | 17.2 | 4.9 | 15.3 | 9.0 | 19.2 | 41.4 |
| Non-Appalachian Mississippi | 16.4 | 5.1 | 14.6 | 8.3 | 18.3 | 40.9 |
| New York | 11.6 | 4.0 | 8.8 | 5.5 | 10.8 | 31.9 |
| Appalachian New York | 15.2 | 6.4 | 12.5 | 7.8 | 15.5 | 33.0 |
| Non-Appalachian New York | 11.4 | 3.9 | 8.6 | 5.4 | 10.6 | 31.9 |
| North Carolina | 13.4 | 4.3 | 11.2 | 6.7 | 13.7 | 34.5 |
| Appalachian North Carolina | 15.5 | 4.4 | 12.8 | 7.5 | 15.5 | 34.5 |
| Non-Appalachian North Carolina | 12.9 | 4.3 | 10.8 | 6.5 | 13.3 | 34.5 |
| Ohio | 14.0 | 5.0 | 11.9 | 7.7 | 14.3 | 34.0 |
| Appalachian Ohio | 17.1 | 5.4 | 15.1 | 9.4 | 18.1 | 37.4 |
| Non-Appalachian Ohio | 13.4 | 4.9 | 11.2 | 7.4 | 13.5 | 33.2 |
| Pennsylvania | 14.0 | 5.5 | 11.3 | 7.5 | 13.4 | 33.3 |
| Appalachian Pennsylvania | 15.4 | 5.9 | 12.3 | 8.1 | 14.6 | 34.4 |
| Non-Appalachian Pennsylvania | 12.9 | 5.2 | 10.4 | 7.1 | 12.4 | 32.2 |
| South Carolina | 14.5 | 4.7 | 12.2 | 7.0 | 15.2 | 34.7 |
| Appalachian South Carolina | 14.8 | 5.4 | 12.4 | 7.2 | 15.4 | 36.6 |
| Non-Appalachian South Carolina | 14.4 | 4.5 | 12.2 | 6.9 | 15.1 | 34.1 |
| Tennessee | 15.5 | 5.1 | 13.2 | 7.5 | 16.5 | 38.6 |
| Appalachian Tennessee | 17.9 | 5.7 | 15.2 | 8.3 | 19.0 | 39.9 |
| Non-Appalachian Tennessee | 13.6 | 4.7 | 11.7 | 7.0 | 14.6 | 37.3 |
| Virginia | 11.8 | 4.2 | 9.4 | 6.3 | 11.3 | 32.4 |
| Appalachian Virginia | 19.5 | 6.3 | 16.6 | 8.6 | 21.2 | 39.8 |
| Non-Appalachian Virginia | 11.1 | 4.0 | 8.8 | 6.1 | 10.3 | 31.4 |
| West Virginia (entire state) | 19.3 | 5.8 | 16.6 | 9.0 | 20.6 | 41.4 |

Note: The ACS defines persons with a disability as those having difficulty in at least one of the following six areas: hearing, vision, cognition, walking or climbing, self-care, or attending to the functions of independent living. The disability universe consists of the civilian noninstitutional population.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 10.1: Percent of Persons in the Appalachian Region With a Disability, 2016-2020


Map Title: Percent of Persons in the Appalachian Region With a Disability, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In the 2016-2020 period, almost one in six Appalachian residents reported having a disability, which the ACS defines as having difficulty in at least one of the following six areas: hearing, vision, cognition, walking or climbing, self-care, or attending to the functions of independent living. Disability prevalence is particularly high in some parts of the Region; the rate was 25 percent or more in 50 counties, 29 of which were in Appalachia's most rural counties (where the overall disability rate was just over 20 percent). Kentucky, Virginia, and West Virginia-the three states with the highest levels of disability in the Region-combined for 40 of these counties. Appalachia's relatively high disability rate corresponds to the population's older age structure: Among the 50 counties with the highest disability prevalence levels, the share of residents age 65 or older exceeded the national average ( 16.9 percent in mid-2020) in all but one of them. And in 29 of these counties, the share of older persons was at least 20 percent.

Figure 10.2: Percent of Persons Under Age 18 in the Appalachian Region With a Disability, 2016-2020


Map Title: Percent of Persons Under Age 18 in the Appalachian Region With a Disability, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

At 5.3 percent, the prevalence of disability among children under age 18 in Appalachia was higher than the national average during the 2016-2020 period. But there was variation within the Region. For example, the rate was at least 7.5 percent in 84 counties, 61 of which were outside metropolitan areas. In 107 other counties, however, the disability prevalence was below the national average of 4.3 percent. Two-fifths of the counties in the latter group were in Southern Appalachia-the only subregion where the disability rate among the under-18 population ( 4.4 percent) was less than 5 percent.

Figure 10.3: Percent of Persons Ages 18 to 64 in the Appalachian Region With a Disability, 2016-2020


Map Title: Percent of Persons Ages 18 to 64 in the Appalachian Region With a Disability, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In the 2016-2020 period, nearly 14 percent of adults ages 18 to 64 in Appalachia reported a disability, compared with just over 10 percent nationally. Disability prevalence was particularly high in some parts of the Region: In Central Appalachia, for example, 22.5 percent of adults ages 18 to 64 had a disability. Indeed, Central Appalachia had 55 of the 99 Appalachian counties where the disability rate among 18-to-64-year-olds was 20 percent or higher. More than a third of these counties were in Kentucky alone. Central Appalachia's historic reliance on mining and related resource-based industries, as well as Appalachia's relatively high rates of cancer, heart disease, and diabetes, may be associated with the subregion's high disability prevalence.

Figure 10.4: Percent of Persons Ages 65 and Over in the Appalachian Region With a Disability, 2016-2020


Map Title: Percent of Persons Ages 65 and Over in the Appalachian Region With a Disability, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Just over 37 percent of adults ages 65 and over in the Appalachian Region reported a disability in the 2016-2020 period, more than three percentage points above the national share. And the prevalence was even greater in some parts of the Region: Nearly half of the older residents in Central Appalachia-and in Appalachian Kentucky-had at least one disability. Indeed, Central Appalachia had 35 of the 53 counties where at least half of older residents reported a disability. (Kentucky alone had 22 of these counties.) And there are signs that disabled adults in the Region may be aging in place: In 24 of these 53 counties, the share of 18 -to-64-year-olds with a disability was at or above 25 percent-almost 2.5 times the national average for that age group. In 66 other Appalachian counties, however, the disability rate for the older population was actually lower than the national average. Among these low-prevalence counties, 29 were in Northern Appalachia-the only subregion where the disability prevalence rate for older residents, at 34.4 percent, was not at least three percentage points above the national average.

Table 10.3: Percentage Point Change in the Share of Persons in the Appalachian Region With a Disability, by Age Group, 2011-2015 to 2016-2020

| Disability Status | All Ages | Under Age 18 | Ages 18-64 |  |  | Ages 65 and Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Total | $\begin{aligned} & \text { Ages } \\ & 18-34 \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 35-64 \end{aligned}$ |  |
| United States | + 0.3 | + 0.2 | + 0.0 | + 0.8 | -0.4 | -2.0 |
| Appalachian Region | + 0.3 | + 0.4 | -0.2 | + 0.6 | -0.5 | -1.7 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | + 0.7 | + 0.3 | + 0.4 | + 1.0 | + 0.2 | -1.2 |
| North Central Appalachia | + 0.4 | +0.3 | -0.1 | + 0.4 | - 0.2 | -1.4 |
| Central Appalachia | + 0.4 | + 1.1 | -0.2 | + 0.7 | - 0.4 | -2.4 |
| South Central Appalachia | + 0.1 | + 0.3 | - 0.5 | + 0.4 | -0.9 | -1.6 |
| Southern Appalachia | +0.1 | + 0.5 | - 0.4 | +0.7 | -0.9 | -2.5 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | + 0.3 | + 0.5 | + 0.0 | + 0.7 | - 0.4 | -1.6 |
| Small Metros (pop. <1 million) | +0.2 | + 0.6 | - 0.2 | + 0.7 | -0.5 | -1.9 |
| Nonmetro, Adjacent to Large Metros | +0.7 | + 0.0 | + 0.4 | + 1.5 | + 0.0 | -0.8 |
| Nonmetro, Adjacent to Small Metros | + 0.5 | + 0.3 | - 0.1 | + 0.5 | -0.2 | -1.2 |
| Rural (nonmetro, not adj. to a metro) | - 0.2 | + 0.1 | - 0.8 | + 0.2 | -1.1 | -2.8 |
| Alabama | -0.1 | -0.2 | -0.5 | + 0.4 | -0.9 | -2.5 |
| Appalachian Alabama | + 0.0 | +0.2 | - 0.3 | + 0.5 | - 0.8 | -2.0 |
| Non-Appalachian Alabama | - 0.4 | -0.7 | -0.7 | + 0.1 | -1.2 | -3.2 |
| Georgia | + 0.3 | + 0.5 | -0.2 | +0.7 | - 0.7 | -2.8 |
| Appalachian Georgia | + 0.1 | + 0.4 | - 0.3 | + 0.6 | - 0.7 | -2.7 |
| Non-Appalachian Georgia | + 0.3 | + 0.6 | -0.1 | + 0.7 | - 0.6 | -2.8 |
| Kentucky | + 0.5 | + 0.4 | +0.3 | +1.0 | + 0.0 | -2.1 |
| Appalachian Kentucky | - 0.2 | + 0.6 | -0.6 | + 0.6 | - 1.1 | -3.0 |
| Non-Appalachian Kentucky | + 0.8 | + 0.3 | + 0.7 | + 1.2 | + 0.6 | -1.5 |
| Maryland | + 0.6 | + 0.5 | + 0.5 | +1.2 | + 0.0 | -1.9 |
| Appalachian Maryland | + 0.7 | - 0.3 | + 0.2 | + 0.1 | + 0.2 | +1.2 |
| Non-Appalachian Maryland | + 0.7 | + 0.5 | + 0.4 | + 1.2 | + 0.1 | -2.0 |
| Mississippi | +0.1 | +0.5 | -0.2 | +1.1 | -0.9 | -3.6 |
| Appalachian Mississippi | - 0.5 | + 0.8 | - 1.0 | +1.8 | - 2.6 | -4.4 |
| Non-Appalachian Mississippi | + 0.4 | + 0.4 | +0.1 | +1.0 | -0.5 | -3.3 |
| New York | + 0.5 | + 0.2 | +0.2 | + 0.7 | -0.2 | -2.0 |
| Appalachian New York | +0.9 | + 0.7 | + 0.6 | + 0.6 | + 0.7 | -1.2 |
| Non-Appalachian New York | + 0.5 | +0.2 | +0.1 | + 0.7 | -0.1 | -2.0 |
| North Carolina | -0.1 | -0.1 | -0.4 | + 0.4 | -0.9 | -2.9 |
| Appalachian North Carolina | +0.1 | - 0.2 | - 0.2 | + 0.6 | - 0.6 | -2.3 |
| Non-Appalachian North Carolina | -0.2 | -0.1 | -0.5 | +0.3 | -0.9 | -3.1 |
| Ohio | + 0.4 | +0.1 | + 0.2 | +0.9 | -0.1 | -1.3 |
| Appalachian Ohio | + 0.8 | + 0.1 | + 0.4 | + 1.2 | + 0.2 | -0.2 |
| Non-Appalachian Ohio | + 0.4 | + 0.1 | +0.1 | + 0.9 | -0.2 | -1.6 |
| Pennsylvania | + 0.5 | + 0.4 | + 0.3 | + 0.9 | + 0.0 | -1.4 |
| Appalachian Pennsylvania | + 0.6 | + 0.4 | + 0.4 | + 1.2 | + 0.1 | -1.4 |
| Non-Appalachian Pennsylvania | + 0.5 | + 0.4 | +0.1 | +0.7 | -0.1 | -1.4 |
| South Carolina | +0.1 | + 0.4 | -0.3 | + 0.6 | - 0.8 | -2.6 |
| Appalachian South Carolina | + 0.4 | + 1.1 | -0.1 | +0.9 | -0.7 | -1.6 |
| Non-Appalachian South Carolina | + 0.0 | + 0.2 | -0.3 | + 0.5 | -0.9 | -2.9 |
| Tennessee | + 0.2 | + 0.6 | -0.5 | +0.3 | - 0.8 | -1.2 |
| Appalachian Tennessee | + 0.1 | + 0.7 | - 0.7 | + 0.1 | - 1.0 | -0.8 |
| Non-Appalachian Tennessee | + 0.2 | + 0.5 | -0.2 | + 0.4 | -0.5 | -1.5 |
| Virginia | +0.6 | +0.5 | +0.3 | + 1.0 | + 0.0 | -1.4 |
| Appalachian Virginia | + 1.1 | + 1.9 | +0.7 | + 1.1 | + 0.6 | -1.8 |
| Non-Appalachian Virginia | + 0.7 | +0.3 | + 0.4 | +1.0 | -0.1 | -1.3 |
| West Virginia (entire state) | -0.1 | + 0.3 | -0.7 | -0.2 | -0.9 | -2.5 |

Note: The ACS defines persons with a disability as those having difficulty in at least one of the following six areas: hearing, vision, cognition, walking or climbing, self-care, or attending to the functions of independent living. The disability universe consists of the civilian noninstitutional population.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 10.5: Percentage Point Change in the Share of Persons in the Appalachian Region With a Disability, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons in the Appalachian Region With a Disability, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.
The share of Appalachian residents reporting a disability was 0.3 percentage points higher in 2016-2020 than it was in 2011-2015, matching the national average. However, the increase in disability prevalence between the two periods was higher in much of the Region, rising at least two percentage points in 102 of Appalachia's 423 counties. The counties in this group were scattered throughout Appalachia, and at least one in five residents were age 65 or older in 69 of them-another sign of the link between the increased prevalence of disability and the aging of the Region's population. But the increase in disability in Appalachia was not universal: The share of persons with a disability actually fell in 163 of the Region's counties, as well as in West Virginia and the Appalachian sections of Kentucky and Mississippi.

## TRENDS IN DISABILITY STATUS

- At 16.2 percent in 2016-2020, the share of Appalachian residents reporting a disability was 0.3 percentage points higher than it was in 2011-2015 (see Tables 10.2 and 10.3). Within the Region, the greatest increases in disability prevalence (at least 0.7 percentage points) occurred in Northern Appalachia, nonmetropolitan counties adjacent to large metro areas, and the Appalachian sections of Maryland, New York, Ohio, and Virginia. But disability prevalence did not increase everywhere in Appalachia: The disability share remained the same in Alabama's Appalachian section and fell in the most rural counties, West Virginia, and the Appalachian sections of Kentucky and Mississippi. (Mississippi's prevalence rate fell half a percentage point.)
- Disability prevalence in Appalachia increased among both children under age 18 and young adults ages 18-34, but decreased among persons ages $35-64$. And there were variations within the Region in each case. In Tennessee's Appalachian section, for example, disability rates rose 0.7 percentage points for children and 0.1 points for adults ages $18-34$, but fell a full percentage point among 35 -to64 -year-olds. Conversely, disability prevalence rose among all three age groups in Appalachian Virginia: 1.9 points among children, 1.1 points for young adults ages $18-34$, and 0.6 points for adults ages 35-64. Disability prevalence rose by at least one percentage point for children in Central Appalachia and the Appalachian sections of South Carolina and Virginia. Among young adults ages 18 to 34 , the disability rate increased by one percentage point or more in Northern Appalachia, nonmetro counties adjacent to large metros, and the Appalachian portions of Mississippi, Ohio, Pennsylvania, and Virginia.
- In contrast to the age groups under 35, the prevalence of disability fell 1.7 percentage points among persons ages 65 and over. The decline was greatest in the Southern and Central subregions ( 2.5 and 2.4 points, respectively) and in the Region's most rural counties ( 2.8 points), while the decrease was much more modest in nonmetropolitan counties bordering large metros ( 0.8 points). Among the states, Georgia, Kentucky Mississippi, and West Virginia had the largest decreases among older persons (at least 2.5 percentage points in each case), while the rate fell just 0.2 points in Appalachian Ohio. The Appalachian section of Maryland was the only area showing an increase (1.2 points) in the disability rate among persons age 65 or older.
- The aging of Appalachia's population has long been linked to the increase in disability prevalence in the Region-similar to what has been occurring nationally. Yet the movement of younger (and likely healthier) age cohorts into the older age groups has produced a paradoxical effect of noticeably reducing the disability prevalence among older Appalachian residents in recent years. As these younger groups continue to move into the older ages, it will be interesting to see if this pattern continues.


## CHAPTER 11: MIGRATION

Table 11.1: Mobility Status of Persons Ages 1 and Over in the Appalachian Region, 2016-2020

| Mobility Status in the Last Year | Total Population Ages 1 and Over, 2016-2020 | Percent of Population Ages 1 and Over |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Did Not Move in Past Year | Moved from a Different Residence in the Past Year |  |  |  |  |
|  |  |  |  | Within the County | Outside the County |  |  |
|  |  |  |  |  |  | Within the State | Outside the State |
| United States | 322,943,283 | 86.2 | 13.8 | 7.7 | 6.1 | 3.2 | 2.9 |
| Appalachian Region | 25,682,661 | 87.4 | 12.6 | 6.8 | 5.8 | 3.4 | 2.4 |
| Subregions |  |  |  |  |  |  |  |
| Northern Appalachia | 7,957,626 | 87.8 | 12.2 | 7.1 | 5.1 | 2.9 | 2.1 |
| North Central Appalachia | 2,495,389 | 87.9 | 12.1 | 6.5 | 5.6 | 3.3 | 2.3 |
| Central Appalachia | 1,844,119 | 88.3 | 11.7 | 6.3 | 5.5 | 3.6 | 1.9 |
| South Central Appalachia | 5,117,423 | 86.8 | 13.2 | 6.9 | 6.3 | 3.5 | 2.8 |
| Southern Appalachia | 8,268,104 | 87.1 | 12.9 | 6.7 | 6.2 | 3.7 | 2.5 |
| County Types |  |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 6,070,623 | 87.6 | 12.4 | 6.8 | 5.6 | 3.3 | 2.4 |
| Small Metros (pop. <1 million) | 10,953,389 | 86.6 | 13.4 | 7.3 | 6.1 | 3.3 | 2.8 |
| Nonmetro, Adjacent to Large Metros | 2,276,093 | 87.8 | 12.2 | 6.7 | 5.5 | 3.9 | 1.7 |
| Nonmetro, Adjacent to Small Metros | 3,911,550 | 88.6 | 11.4 | 6.1 | 5.3 | 3.2 | 2.1 |
| Rural (nonmetro, not adj. to a metro) | 2,471,006 | 88.6 | 11.4 | 6.0 | 5.4 | 3.6 | 1.8 |
| Alabama | 4,838,779 | 86.8 | 13.2 | 7.6 | 5.6 | 3.0 | 2.6 |
| Appalachian Alabama | 3,102,852 | 86.8 | 13.2 | 7.7 | 5.5 | 3.3 | 2.3 |
| Non-Appalachian Alabama | 1,735,927 | 86.9 | 13.1 | 7.4 | 5.7 | 2.5 | 3.2 |
| Georgia | 10,394,332 | 85.5 | 14.5 | 6.6 | 8.0 | 4.7 | 3.2 |
| Appalachian Georgia | 3,247,543 | 87.8 | 12.2 | 5.4 | 6.8 | 4.2 | 2.6 |
| Non-Appalachian Georgia | 7,146,789 | 84.4 | 15.6 | 7.1 | 8.5 | 5.0 | 3.5 |
| Kentucky | 4,411,553 | 85.5 | 14.5 | 8.1 | 6.4 | 3.7 | 2.7 |
| Appalachian Kentucky | 1,151,280 | 87.8 | 12.2 | 6.4 | 5.8 | 3.9 | 1.9 |
| Non-Appalachian Kentucky | 3,260,273 | 84.7 | 15.3 | 8.7 | 6.6 | 3.6 | 3.0 |
| Maryland | 5,971,717 | 86.8 | 13.2 | 6.8 | 6.4 | 3.0 | 3.4 |
| Appalachian Maryland | 248,600 | 86.2 | 13.8 | 8.1 | 5.8 | 3.5 | 2.3 |
| Non-Appalachian Maryland | 5,723,117 | 86.8 | 13.2 | 6.8 | 6.4 | 2.9 | 3.5 |
| Mississippi | 2,946,605 | 87.5 | 12.5 | 6.7 | 5.9 | 3.4 | 2.4 |
| Appalachian Mississippi | 617,819 | 88.7 | 11.3 | 6.2 | 5.2 | 3.5 | 1.7 |
| Non-Appalachian Mississippi | 2,328,786 | 87.2 | 12.8 | 6.8 | 6.1 | 3.4 | 2.6 |
| New York | 19,299,541 | 89.6 | 10.4 | 5.8 | 4.6 | 2.6 | 2.0 |
| Appalachian New York | 1,012,753 | 86.3 | 13.7 | 7.6 | 6.1 | 3.7 | 2.4 |
| Non-Appalachian New York | 18,286,788 | 89.8 | 10.2 | 5.7 | 4.5 | 2.5 | 2.0 |
| North Carolina | 10,273,903 | 85.4 | 14.6 | 7.2 | 7.3 | 3.7 | 3.6 |
| Appalachian North Carolina | 2,003,834 | 87.7 | 12.3 | 6.1 | 6.2 | 3.5 | 2.7 |
| Non-Appalachian North Carolina | 8,270,069 | 84.9 | 15.1 | 7.5 | 7.6 | 3.8 | 3.8 |
| Ohio | 11,540,882 | 86.0 | 14.0 | 8.6 | 5.4 | 3.4 | 2.1 |
| Appalachian Ohio | 1,971,674 | 88.0 | 12.0 | 6.9 | 5.0 | 3.4 | 1.6 |
| Non-Appalachian Ohio | 9,569,208 | 85.6 | 14.4 | 8.9 | 5.5 | 3.4 | 2.1 |
| Pennsylvania | 12,661,101 | 87.8 | 12.2 | 7.0 | 5.2 | 2.8 | 2.4 |
| Appalachian Pennsylvania | 5,607,619 | 88.0 | 12.0 | 7.0 | 5.0 | 2.8 | 2.2 |
| Non-Appalachian Pennsylvania | 7,053,482 | 87.6 | 12.4 | 7.0 | 5.4 | 2.8 | 2.6 |
| South Carolina | 5,029,930 | 86.2 | 13.8 | 6.7 | 7.1 | 3.3 | 3.8 |
| Appalachian South Carolina | 1,299,890 | 85.3 | 14.7 | 7.9 | 6.8 | 3.5 | 3.3 |
| Non-Appalachian South Carolina | 3,730,040 | 86.5 | 13.5 | 6.3 | 7.2 | 3.2 | 4.0 |
| Tennessee | 6,699,065 | 85.8 | 14.2 | 7.8 | 6.4 | 3.2 | 3.2 |
| Appalachian Tennessee | 2,890,402 | 86.3 | 13.7 | 7.5 | 6.2 | 3.3 | 2.9 |
| Non-Appalachian Tennessee | 3,808,663 | 85.4 | 14.6 | 8.1 | 6.5 | 3.0 | 3.5 |
| Virginia | 8,413,940 | 85.2 | 14.8 | 6.0 | 8.8 | 4.9 | 3.9 |
| Appalachian Virginia | 739,983 | 87.6 | 12.4 | 6.0 | 6.5 | 4.1 | 2.3 |
| Non-Appalachian Virginia | 7,673,957 | 85.0 | 15.0 | 6.0 | 9.0 | 5.0 | 4.1 |
| West Virginia (entire state) | 1,788,412 | 88.6 | 11.4 | 6.2 | 5.2 | 2.7 | 2.5 |

Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 11.1: Percent of Persons Ages 1 and Over in the Appalachian Region Who Had Moved in the Past Year, 2016-2020


Map Title: Percent of Persons Ages 1 and Over in the Appalachian Region Who Had Moved in the Past Year, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Residential mobility in the Appalachian Region was lower than the national average, including in all subregions and county types. In fact, the percentage of residents ages 1 and over who moved in the past year only matched or exceeded the U.S. average in 78 of the Region's counties. Most of these counties were in metropolitan areas, housed a four-year college or university, or were rural counties that were likely retirement or recreational destinations. Yet in 145 Appalachian counties, less than 10 percent of the residents had moved in the previous 12 months. Among these counties with low mobility rates, 103 were outside metro areas and 110 had older population age structures (at least 20 percent of the residents were ages 65 and over).

Figure 11.2: Percent of Persons Ages 1 and Over in the Appalachian Region Who Had Migrated From Outside Their County of Residence in the Past Year, 2016-2020


Map Title: Percent of Persons Ages 1 and Over in the Appalachian Region Who Had Migrated From Outside Their County of Residence in the Past Year, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

While people in Appalachia were slightly less likely to have migrated from outside their county of residence in the 2016-2020 period than Americans as a whole, residents in one-third of the Region's 423 counties had migration rates at or above the national average of 6.1 percent. These counties were scattered throughout Appalachia (albeit with a greater concentration in the Southern and South Central subregions) and were distributed across all urban/rural types. Migration rates also exceeded the national average in the Appalachian sections of Georgia, the Carolinas, Tennessee, and Virginia. In 189 counties, however, less than 5 percent of the residents had migrated from another county. Almost three-fourths of these counties were outside metropolitan areas, and 56 of them were rural counties not adjacent to a metro area.

Figure 11.3: Percent of Persons Ages 1 and Over in the Appalachian Region Who Had Migrated From Outside Their State of Residence in the Past Year, 2016-2020


Map Title: Percent of Persons Ages 1 and Over in the Appalachian Region Who Had Migrated From Outside Their State of Residence in the Past Year, 2016-2020
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

The share of people in the Appalachian Region who had migrated from outside their state of residence was 2.4 percent in the 2016-2020 period, compared with 2.9 percent of all Americans. Yet in 81 of Appalachia's 423 counties, out-of-state migration levels were at or above the U.S. average. Almost two-thirds of these counties were in South Central and Southern Appalachia, and more than half were in metropolitan areas. Some of these counties are also home to four-year colleges or universities, such as Tompkins County, New York (Cornell University, Ithaca College); Macon County, Alabama (Tuskegee University); and Rockbridge County, Virginia (Washington and Lee University, Virginia Military Institute). In contrast, there were 252 counties in the Region where less than 2 percent of residents had come from out of state. More than two-thirds of the counties in this latter group were outside metropolitan areas.

Table 11.2: Percentage Point Change in Mobility Status of Persons Ages 1 and Over in the Appalachian Region, 2011-2015 to 2016-2020

| Mobility Status in the Last Year | Percentage Point Change in Share of Population Ages 1 and Over |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Did Not Move in Past Year | Moved from a Different Residence in the Past Year |  |  |  |  |
|  |  |  | Within the County | Outside the County |  |  |
|  |  |  |  |  | Within the State | Outside the State |
| United States | + 1.1 | -1.1 | -1.1 | + 0.0 | + 0.0 | + 0.0 |
| Appalachian Region | + 0.6 | -0.6 | -0.7 | + 0.2 | + 0.1 | + 0.1 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | + 0.2 | - 0.2 | - 0.4 | + 0.2 | + 0.1 | + 0.0 |
| North Central Appalachia | +0.3 | -0.3 | - 0.4 | +0.1 | +0.3 | - 0.2 |
| Central Appalachia | + 0.5 | -0.5 | -0.5 | +0.1 | +0.0 | + 0.0 |
| South Central Appalachia | + 0.6 | -0.6 | -0.7 | +0.1 | + 0.0 | +0.2 |
| Southern Appalachia | + 1.1 | -1.1 | -1.2 | +0.1 | +0.1 | + 0.0 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | + 0.5 | - 0.5 | - 0.6 | + 0.1 | + 0.1 | + 0.1 |
| Small Metros (pop. <1 million) | + 0.6 | -0.6 | -0.7 | +0.1 | + 0.1 | + 0.0 |
| Nonmetro, Adjacent to Large Metros | + 0.6 | - 0.6 | - 1.0 | +0.3 | + 0.4 | + 0.0 |
| Nonmetro, Adjacent to Small Metros | + 0.4 | - 0.4 | - 0.6 | +0.1 | +0.0 | +0.2 |
| Rural (nonmetro, not adj. to a metro) | + 1.1 | -1.1 | -0.9 | -0.2 | -0.1 | -0.1 |
| Alabama | +1.5 | -1.5 | -1.3 | -0.2 | -0.2 | + 0.0 |
| Appalachian Alabama | + 1.1 | -1.1 | -0.9 | - 0.2 | -0.1 | + 0.0 |
| Non-Appalachian Alabama | + 2.4 | -2.4 | -2.0 | - 0.4 | -0.4 | + 0.0 |
| Georgia | +1.5 | -1.5 | -1.4 | +0.0 | + 0.0 | -0.1 |
| Appalachian Georgia | +1.0 | -1.0 | -1.3 | +0.3 | +0.2 | + 0.1 |
| Non-Appalachian Georgia | + 1.7 | -1.7 | -1.5 | -0.2 | +0.0 | -0.2 |
| Kentucky | + 0.8 | -0.8 | -0.5 | -0.2 | -0.1 | -0.2 |
| Appalachian Kentucky | + 0.9 | -0.9 | - 1.0 | +0.1 | +0.0 | + 0.1 |
| Non-Appalachian Kentucky | + 0.8 | -0.8 | - 0.4 | -0.4 | -0.1 | -0.3 |
| Maryland | +0.2 | -0.2 | - 0.4 | +0.3 | +0.3 | + 0.0 |
| Appalachian Maryland | + 0.2 | -0.2 | -0.2 | +0.1 | + 0.4 | - 0.4 |
| Non-Appalachian Maryland | + 0.1 | -0.1 | - 0.4 | +0.2 | +0.2 | +0.0 |
| Mississippi | + 1.4 | -1.4 | - 0.8 | -0.5 | -0.3 | - 0.3 |
| Appalachian Mississippi | + 2.7 | -2.7 | - 1.9 | - 0.7 | -0.3 | - 0.4 |
| Non-Appalachian Mississippi | + 1.1 | -1.1 | -0.6 | - 0.4 | -0.3 | - 0.2 |
| New York | + 0.5 | -0.5 | -0.5 | +0.0 | +0.2 | -0.2 |
| Appalachian New York | + 0.9 | -0.9 | -0.9 | +0.0 | + 0.0 | - 0.1 |
| Non-Appalachian New York | + 0.5 | -0.5 | -0.5 | +0.0 | +0.1 | -0.1 |
| North Carolina | + 0.7 | -0.7 | -1.2 | + 0.4 | + 0.2 | + 0.2 |
| Appalachian North Carolina | +0.6 | -0.6 | -1.0 | + 0.4 | +0.2 | +0.3 |
| Non-Appalachian North Carolina | + 0.8 | -0.8 | -1.2 | + 0.4 | +0.2 | + 0.2 |
| Ohio | + 0.7 | -0.7 | -0.8 | +0.0 | +0.1 | + 0.0 |
| Appalachian Ohio | + 0.4 | - 0.4 | - 0.6 | +0.2 | +0.3 | - 0.2 |
| Non-Appalachian Ohio | + 0.9 | -0.9 | -0.9 | +0.0 | +0.1 | -0.1 |
| Pennsylvania | -0.2 | + 0.2 | - 0.2 | + 0.4 | + 0.2 | + 0.1 |
| Appalachian Pennsylvania | +0.1 | -0.1 | - 0.3 | +0.2 | + 0.1 | + 0.2 |
| Non-Appalachian Pennsylvania | - 0.4 | + 0.4 | -0.1 | +0.6 | + 0.4 | +0.1 |
| South Carolina | + 1.5 | -1.5 | -1.7 | +0.1 | + 0.2 | -0.1 |
| Appalachian South Carolina | + 0.3 | -0.3 | -0.9 | +0.6 | + 0.5 | + 0.2 |
| Non-Appalachian South Carolina | + 2.0 | -2.0 | -1.9 | -0.1 | +0.0 | -0.1 |
| Tennessee | + 1.1 | -1.1 | -1.2 | +0.1 | +0.1 | + 0.0 |
| Appalachian Tennessee | + 0.2 | -0.2 | - 0.4 | +0.2 | + 0.0 | + 0.2 |
| Non-Appalachian Tennessee | + 1.8 | -1.8 | -1.8 | + 0.0 | + 0.1 | -0.1 |
| Virginia | + 0.8 | -0.8 | -0.7 | -0.1 | + 0.0 | -0.1 |
| Appalachian Virginia | + 1.6 | - 1.6 | - 0.6 | -0.9 | -0.5 | - 0.5 |
| Non-Appalachian Virginia | + 0.8 | -0.8 | -0.7 | -0.1 | +0.0 | +0.0 |
| West Virginia (entire state) | + 0.4 | -0.4 | -0.2 | -0.1 | +0.1 | -0.3 |

Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 11.4: Percentage Point Change in the Share of Persons Ages 1 and Over in the Appalachian Region Who Had Migrated From Outside Their County of Residence in the Past Year, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Persons Ages 1 and Over in the Appalachian Region Who Had Migrated From Outside Their County of Residence in the Past Year, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

In Appalachia, the share of individuals migrating from outside their county of residence barely increased from 20112015 to 2016-2020, rising by 0.2 percentage points. The share likewise increased in 209 of Appalachia's 423 counties. Yet in 208 other counties, the share of migrants from another county decreased between the two periods. (The remaining six counties showed no change between the two periods, matching the U.S. average.) The Appalachian sections of Georgia and the Carolinas had increases of at least 0.3 percentage points (with Appalachian South Carolina showing a rise of 0.6 points), while the share migrating from another county declined in West Virginia and the Appalachian portions of Alabama, Mississippi, and Virginia.

## TRENDS IN MIGRATION

- Like Americans as a whole, Appalachian residents were slightly less mobile in 2016-2020 than they were in 2011-2015. Between the two periods, the share of persons in the Region who had moved from a different residence in the past year decreased by 0.6 percentage points to 12.6 percent in 2016-2020 (see Tables 11.1 and 11.2). However, this decline only involved within-county movement; the share of residents who migrated from outside their county of residence increased by 0.2 points between the two periods. The share migrating from out-of-state barely increased.
- Within the Region, the decline in residential mobility was greatest in Appalachian Mississippi, where the share moving in the previous year fell 2.7 percentage points. Other parts of the Region showing noticeable declines included Southern Appalachia as a whole, the most rural counties, and the Appalachian sections of Alabama, Georgia, and Virginia.
- Appalachia's minor increase ( 0.2 percentage points) in the percentage of residents migrating from outside their county of residence between 2011-2015 and 2016-2020 actually masked changes within the Region. For example, the share rose more noticeably in the Appalachian sections of South Carolina ( 0.6 percentage points) and North Carolina ( 0.4 points). Meanwhile, the share fell 0.9 points in Appalachian Virginia and 0.7 points in Mississippi's Appalachian section.
- Vintage 2021 population estimates from the U.S. Census Bureau showed that despite declines in international migration between 2020 and 2021, many counties saw higher net domestic in-migration than they did between 2019 and 2020, often at the expense of more populous locales. Given the possible impact of the COVID-19 pandemic on domestic migration preferences, this could have implications for future migration prevalence in Appalachia-assuming that these most recent trends continue beyond 2021.


## CHAPTER 12: VETERAN STATUS

Table 12.1: Number of Adult Civilians in the Appalachian Region Who Are Veterans, by Age Group and Gender, 2016-2020

| Veteran Status | Total, Ages 18 and Over | By Age Group |  |  | By Gender |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Ages <br> 18-34 | Ages 35-64 | Ages 65 and Over | Males | Females |
| United States | 17,835,456 | 1,568,922 | 7,351,345 | 8,915,189 | 16,207,488 | 1,627,968 |
| Appalachian Region | 1,633,687 | 116,790 | 644,349 | 872,548 | 1,511,567 | 122,120 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 537,987 | 35,177 | 198,860 | 303,950 | 504,002 | 33,985 |
| North Central Appalachia | 174,000 | 12,767 | 68,958 | 92,275 | 162,750 | 11,250 |
| Central Appalachia | 102,267 | 6,431 | 38,608 | 57,228 | 96,115 | 6,152 |
| South Central Appalachia | 340,466 | 22,650 | 128,454 | 189,362 | 314,504 | 25,962 |
| Southern Appalachia | 478,967 | 39,765 | 209,469 | 229,733 | 434,196 | 44,771 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 351,482 | 27,344 | 145,151 | 178,987 | 322,038 | 29,444 |
| Small Metros (pop. <1 million) | 717,825 | 54,404 | 284,660 | 378,761 | 662,586 | 55,239 |
| Nonmetro, Adjacent to Large Metros | 153,146 | 10,263 | 61,769 | 81,114 | 142,645 | 10,501 |
| Nonmetro, Adjacent to Small Metros | 267,173 | 15,794 | 100,361 | 151,018 | 249,437 | 17,736 |
| Rural (nonmetro, not adj. to a metro) | 144,061 | 8,985 | 52,408 | 82,668 | 134,861 | 9,200 |
| Alabama | 324,857 | 26,378 | 146,593 | 151,886 | 291,222 | 33,635 |
| Appalachian Alabama | 198,203 | 16,025 | 88,682 | 93,496 | 177,963 | 20,240 |
| Non-Appalachian Alabama | 126,654 | 10,353 | 57,911 | 58,390 | 113,259 | 13,395 |
| Georgia | 625,251 | 60,270 | 305,457 | 259,524 | 548,841 | 76,410 |
| Appalachian Georgia | 172,044 | 14,244 | 76,308 | 81,492 | 156,243 | 15,801 |
| Non-Appalachian Georgia | 453,207 | 46,026 | 229,149 | 178,032 | 392,598 | 60,609 |
| Kentucky | 257,452 | 19,887 | 111,526 | 126,039 | 236,584 | 20,868 |
| Appalachian Kentucky | 60,421 | 4,001 | 23,477 | 32,943 | 56,559 | 3,862 |
| Non-Appalachian Kentucky | 197,031 | 15,886 | 88,049 | 93,096 | 180,025 | 17,006 |
| Maryland | 357,261 | 30,700 | 171,311 | 155,250 | 310,701 | 46,560 |
| Appalachian Maryland | 16,993 | 1,403 | 7,091 | 8,499 | 15,725 | 1,268 |
| Non-Appalachian Maryland | 340,268 | 29,297 | 164,220 | 146,751 | 294,976 | 45,292 |
| Mississippi | 164,687 | 13,933 | 75,787 | 74,967 | 147,940 | 16,747 |
| Appalachian Mississippi | 29,402 | 2,676 | 11,987 | 14,739 | 27,181 | 2,221 |
| Non-Appalachian Mississippi | 135,285 | 11,257 | 63,800 | 60,228 | 120,759 | 14,526 |
| New York | 676,295 | 51,967 | 239,700 | 384,628 | 627,361 | 48,934 |
| Appalachian New York | 65,738 | 4,435 | 25,347 | 35,956 | 61,091 | 4,647 |
| Non-Appalachian New York | 610,557 | 47,532 | 214,353 | 348,672 | 566,270 | 44,287 |
| North Carolina | 654,365 | 65,593 | 290,944 | 297,828 | 585,098 | 69,267 |
| Appalachian North Carolina | 127,684 | 8,432 | 44,808 | 74,444 | 117,960 | 9,724 |
| Non-Appalachian North Carolina | 526,681 | 57,161 | 246,136 | 223,384 | 467,138 | 59,543 |
| Ohio | 685,905 | 51,794 | 277,261 | 356,850 | 632,527 | 53,378 |
| Appalachian Ohio | 132,395 | 8,932 | 51,119 | 72,344 | 124,334 | 8,061 |
| Non-Appalachian Ohio | 553,510 | 42,862 | 226,142 | 284,506 | 508,193 | 45,317 |
| Pennsylvania | 731,411 | 48,374 | 269,044 | 413,993 | 681,167 | 50,244 |
| Appalachian Pennsylvania | 381,264 | 24,850 | 139,012 | 217,402 | 357,531 | 23,733 |
| Non-Appalachian Pennsylvania | 350,147 | 23,524 | 130,032 | 196,591 | 323,636 | 26,511 |
| South Carolina | 360,355 | 31,061 | 156,742 | 172,552 | 324,429 | 35,926 |
| Appalachian South Carolina | 79,318 | 6,820 | 32,492 | 40,006 | 72,809 | 6,509 |
| Non-Appalachian South Carolina | 281,037 | 24,241 | 124,250 | 132,546 | 251,620 | 29,417 |
| Tennessee | 428,519 | 37,921 | 184,928 | 205,670 | 387,850 | 40,669 |
| Appalachian Tennessee | 200,562 | 13,888 | 79,111 | 107,563 | 185,621 | 14,941 |
| Non-Appalachian Tennessee | 227,957 | 24,033 | 105,817 | 98,107 | 202,229 | 25,728 |
| Virginia | 674,242 | 71,196 | 345,745 | 257,301 | 581,377 | 92,865 |
| Appalachian Virginia | 44,579 | 2,321 | 16,722 | 25,536 | 41,451 | 3,128 |
| Non-Appalachian Virginia | 629,663 | 68,875 | 329,023 | 231,765 | 539,926 | 89,737 |
| West Virginia (entire state) | 125,084 | 8,763 | 48,193 | 68,128 | 117,099 | 7,985 |

Note: The ACS defines veterans as men and women who have served on active duty in the U.S. Armed Forces, the National Guard or Reserves, or in the U.S. Merchant Marine during World War II.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Table 12.2: Percent of Adult Civilians in the Appalachian Region Who Are Veterans, by Age Group and Gender, 2016-2020

| Veteran Status | Total, Ages 18 and Over | By Age Group |  |  | By Gender |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{aligned} & \text { Ages } \\ & \text { 18-34 } \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 35-64 \end{aligned}$ | Ages 65 and Over | Males | Females |
| United States | 7.1 | 2.1 | 5.9 | 17.0 | 13.2 | 1.3 |
| Appalachian Region | 8.0 | 2.1 | 6.4 | 18.3 | 15.2 | 1.2 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | 8.3 | 2.0 | 6.4 | 19.0 | 15.9 | 1.0 |
| North Central Appalachia | 8.7 | 2.4 | 7.0 | 19.1 | 16.6 | 1.1 |
| Central Appalachia | 7.0 | 1.7 | 5.2 | 16.4 | 13.4 | 0.8 |
| South Central Appalachia | 8.3 | 2.1 | 6.4 | 18.5 | 15.8 | 1.2 |
| Southern Appalachia | 7.5 | 2.2 | 6.4 | 17.5 | 14.2 | 1.3 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | 7.4 | 2.1 | 5.9 | 18.0 | 14.1 | 1.2 |
| Small Metros (pop. <1 million) | 8.2 | 2.2 | 6.7 | 18.7 | 15.6 | 1.2 |
| Nonmetro, Adjacent to Large Metros | 8.5 | 2.1 | 6.9 | 18.6 | 16.0 | 1.1 |
| Nonmetro, Adjacent to Small Metros | 8.5 | 2.0 | 6.5 | 18.5 | 16.2 | 1.1 |
| Rural (nonmetro, not adj. to a metro) | 7.3 | 1.7 | 5.5 | 16.9 | 14.0 | 0.9 |
| Alabama | 8.6 | 2.4 | 7.8 | 18.4 | 16.2 | 1.7 |
| Appalachian Alabama | 8.1 | 2.3 | 7.3 | 17.7 | 15.3 | 1.6 |
| Non-Appalachian Alabama | 9.4 | 2.6 | 8.8 | 19.5 | 17.9 | 1.9 |
| Georgia | 7.9 | 2.5 | 7.5 | 17.8 | 14.5 | 1.8 |
| Appalachian Georgia | 7.0 | 2.0 | 5.8 | 17.9 | 13.1 | 1.2 |
| Non-Appalachian Georgia | 8.2 | 2.6 | 8.3 | 17.7 | 15.1 | 2.1 |
| Kentucky | 7.5 | 2.0 | 6.5 | 17.3 | 14.2 | 1.2 |
| Appalachian Kentucky | 6.7 | 1.6 | 5.1 | 16.0 | 12.8 | 0.8 |
| Non-Appalachian Kentucky | 7.8 | 2.1 | 7.0 | 17.8 | 14.7 | 1.3 |
| Maryland | 7.7 | 2.3 | 7.2 | 16.7 | 14.0 | 1.9 |
| Appalachian Maryland | 8.5 | 2.6 | 7.2 | 18.2 | 15.4 | 1.3 |
| Non-Appalachian Maryland | 7.6 | 2.3 | 7.2 | 16.6 | 14.0 | 1.9 |
| Mississippi | 7.3 | 2.1 | 6.8 | 15.8 | 13.8 | 1.4 |
| Appalachian Mississippi | 6.1 | 1.9 | 5.2 | 14.0 | 12.0 | 0.9 |
| Non-Appalachian Mississippi | 7.6 | 2.1 | 7.2 | 16.3 | 14.3 | 1.5 |
| New York | 4.4 | 1.1 | 3.2 | 11.9 | 8.5 | 0.6 |
| Appalachian New York | 8.0 | 1.8 | 6.6 | 18.3 | 15.1 | 1.1 |
| Non-Appalachian New York | 4.2 | 1.1 | 3.0 | 11.5 | 8.1 | 0.6 |
| North Carolina | 8.2 | 2.9 | 7.3 | 17.6 | 15.4 | 1.7 |
| Appalachian North Carolina | 7.9 | 2.0 | 5.7 | 18.0 | 15.2 | 1.2 |
| Non-Appalachian North Carolina | 8.3 | 3.0 | 7.7 | 17.5 | 15.5 | 1.8 |
| Ohio | 7.6 | 2.0 | 6.2 | 17.9 | 14.4 | 1.1 |
| Appalachian Ohio | 8.5 | 2.2 | 6.6 | 19.1 | 16.2 | 1.0 |
| Non-Appalachian Ohio | 7.4 | 2.0 | 6.1 | 17.7 | 14.0 | 1.2 |
| Pennsylvania | 7.2 | 1.7 | 5.4 | 17.7 | 13.9 | 1.0 |
| Appalachian Pennsylvania | 8.3 | 2.0 | 6.3 | 19.1 | 16.0 | 1.0 |
| Non-Appalachian Pennsylvania | 6.3 | 1.4 | 4.7 | 16.4 | 12.1 | 0.9 |
| South Carolina | 9.1 | 2.8 | 8.1 | 19.2 | 17.3 | 1.7 |
| Appalachian South Carolina | 7.8 | 2.3 | 6.5 | 18.0 | 14.9 | 1.2 |
| Non-Appalachian South Carolina | 9.6 | 3.0 | 8.7 | 19.5 | 18.2 | 1.9 |
| Tennessee | 8.2 | 2.5 | 7.1 | 18.6 | 15.4 | 1.5 |
| Appalachian Tennessee | 8.7 | 2.2 | 7.0 | 19.2 | 16.6 | 1.3 |
| Non-Appalachian Tennessee | 7.8 | 2.6 | 7.2 | 17.9 | 14.5 | 1.7 |
| Virginia | 10.3 | 3.7 | 10.5 | 19.6 | 18.6 | 2.7 |
| Appalachian Virginia | 7.3 | 1.4 | 5.8 | 16.4 | 13.7 | 1.0 |
| Non-Appalachian Virginia | 10.7 | 4.0 | 10.9 | 20.0 | 19.1 | 2.9 |
| West Virginia (entire state) | 8.7 | 2.4 | 6.8 | 18.9 | 16.6 | 1.1 |

Note: The ACS defines veterans as men and women who have served on active duty in the U.S. Armed Forces, the National Guard or Reserves, or in the U.S. Merchant Marine during World War II.
Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Figure 12.1: Percent of Adult Civilians in the Appalachian Region Who Are Veterans, 2016-2020


Map Title: Percent of Adult Civilians in the Appalachian Region Who Are Veterans, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 2016-2020, more than 1.6 million adult civilians ages 18 and over in the Appalachian Region (8 percent of the total) were veterans-men and women who have served on active duty in the U.S. Armed Forces, the National Guard or Reserves, or in the U.S. Merchant Marine during World War II. While the percentage is slightly higher than the national share of 7.1 percent, there was considerable variation throughout the Region. In 53 Appalachian counties, for example, at least one in 10 civilian residents were veterans. Most of the counties with the highest share of veterans were in Northern and North Central Appalachia, although there were pockets of high concentration further south, particularly in Tennessee, North Carolina, and Georgia. In contrast, the veteran prevalence rate was lower than the national average in 117 counties; nearly half the counties in this group were in Kentucky and Mississippi-the only two states where the share of veterans among adult civilians was less than 7 percent.

Figure 12.2: Percent of Civilians Ages 18 to 34 in the Appalachian Region Who Are Veterans, 2016-2020


Map Title: Percent of Civilians Ages 18 to 34 in the Appalachian Region Who Are Veterans, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

Military veterans accounted for just 2.1 percent of Appalachia's young adult (ages 18-34) civilian population in the 2016-2020 period, the same as it was nationally. Yet in 191 of the Region's 423 counties, the prevalence was at or above the 2.1 percent level. In fact, there were 18 Appalachian counties where at least 4 percent of 18 -to-34-year-old civilians were veterans. Most veterans of the wars in Iraq and Afghanistan fall into this age group.

Figure 12.3: Percent of Civilians Ages 35 to 64 in the Appalachian Region Who Are Veterans, 2016-2020


Map Title: Percent of Civilians Ages 35 to 64 in the Appalachian Region Who Are Veterans, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In the Appalachian Region, 6.4 percent of 35 -to-64-year-old civilian residents were military veterans in 2016-2020, slightly above the U.S. rate of 5.9 percent. The prevalence was even higher in some counties: In eight of them, veterans comprised at least one in 10 civilians ages 35 to 64 . These counties were scattered throughout the Region. In 189 counties, however, the veteran prevalence rate was lower than the national average; almost one-third of the counties in this latter group were in Central Appalachia, where just 5.2 percent of 35 -to-64-year-old civilians were veterans-the lowest share among the subregions. Most veterans of the 1991 Gulf War fall into this age group, as do the youngest Vietnam veterans.

Figure 12.4: Percent of Civilians Ages 65 and Over in the Appalachian Region Who Are Veterans, 2016-2020


Map Title: Percent of Civilians Ages 65 and Over in the Appalachian Region Who Are Veterans, 2016-2020 Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

In 2016-2020, just over 18 percent of Appalachia's civilian residents ages 65 and over were military veterans-most of whom served during World War II and the wars in Korea and Vietnam. Yet there is some variation within the Region. For example, at least 20 percent of older civilians were veterans in 102 counties-most in Northern and North Central Appalachia, but with pockets further south. By contrast, there were 71 counties where veterans comprised less than 15 percent of the older civilian residents. Central Appalachia had 33 of the counties in the latter group; 25 were in Kentucky alone. In both places, veterans were less than 16.5 percent of older civilians. (Only Appalachian Mississippi had an even lower share, at 14 percent.)

Table 12.3: Percentage Point Change in Veteran Status of Adult Civilians in the Appalachian Region, by Age Group and Gender, 2011-2015 to 2016-2020

| Veteran Status | Percentage Point Change in Share of Adults Who Are Veterans |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total, Ages 18 and Over | By Age Group |  |  | By Gender |  |
|  |  | $\begin{aligned} & \text { Ages } \\ & 18-34 \end{aligned}$ | $\begin{aligned} & \text { Ages } \\ & 35-64 \end{aligned}$ | Ages 65 and Over | Males | Females |
| United States | -1.2 | - 0.2 | -1.4 | -4.0 | -2.6 | + 0.0 |
| Appalachian Region | -1.3 | -0.1 | -1.7 | -3.6 | -2.8 | + 0.1 |
| Subregions |  |  |  |  |  |  |
| Northern Appalachia | - 1.6 | - 0.2 | -1.7 | -4.2 | -3.2 | -0.1 |
| North Central Appalachia | - 1.4 | + 0.0 | -2.1 | - 3.4 | -2.9 | + 0.0 |
| Central Appalachia | - 1.0 | - 0.2 | -1.7 | -2.0 | -2.1 | +0.1 |
| South Central Appalachia | -1.2 | -0.1 | -1.7 | -3.0 | -2.7 | +0.1 |
| Southern Appalachia | -1.2 | +0.0 | -1.5 | -3.7 | -2.6 | +0.1 |
| County Types |  |  |  |  |  |  |
| Large Metros (pop. 1 million +) | - 1.4 | + 0.1 | - 1.7 | -4.3 | - 3.0 | + 0.1 |
| Small Metros (pop. <1 million) | - 1.4 | + 0.0 | -1.8 | -3.6 | - 3.0 | + 0.0 |
| Nonmetro, Adjacent to Large Metros | - 1.1 | +0.0 | -1.6 | -3.1 | -2.4 | + 0.0 |
| Nonmetro, Adjacent to Small Metros | - 1.4 | - 0.5 | -1.6 | -3.3 | -2.9 | + 0.1 |
| Rural (nonmetro, not adj. to a metro) | -1.0 | - 0.4 | -1.3 | -2.6 | -2.0 | + 0.0 |
| Alabama | -1.2 | -0.3 | -1.6 | -3.2 | -2.7 | + 0.2 |
| Appalachian Alabama | -1.2 | - 0.1 | -1.4 | - 3.6 | -2.8 | +0.3 |
| Non-Appalachian Alabama | -1.2 | -0.7 | -1.8 | -2.7 | -2.5 | +0.0 |
| Georgia | -1.1 | -0.1 | -1.5 | -3.6 | -2.3 | -0.1 |
| Appalachian Georgia | - 1.1 | + 0.2 | -1.6 | -3.7 | -2.4 | + 0.0 |
| Non-Appalachian Georgia | -1.2 | -0.3 | -1.5 | -3.6 | -2.2 | + 0.0 |
| Kentucky | -1.3 | -0.5 | -1.7 | -3.1 | -2.8 | + 0.0 |
| Appalachian Kentucky | - 1.0 | - 0.3 | -1.7 | -2.0 | -2.1 | + 0.0 |
| Non-Appalachian Kentucky | -1.5 | -0.6 | -1.8 | -3.6 | -3.1 | + 0.0 |
| Maryland | -1.2 | -0.5 | -1.1 | -4.2 | -2.5 | + 0.0 |
| Appalachian Maryland | -1.8 | +0.1 | -2.4 | -4.3 | - 3.3 | - 0.4 |
| Non-Appalachian Maryland | -1.2 | -0.5 | -1.1 | -4.2 | -2.4 | -0.1 |
| Mississippi | -0.9 | -0.4 | -0.9 | -3.5 | -2.1 | + 0.1 |
| Appalachian Mississippi | -1.3 | - 0.3 | -1.2 | -3.7 | -2.4 | -0.1 |
| Non-Appalachian Mississippi | -0.9 | - 0.4 | -0.9 | -3.5 | -2.0 | +0.1 |
| New York | -1.0 | -0.1 | -0.9 | -3.9 | -2.1 | + 0.0 |
| Appalachian New York | - 1.4 | - 0.4 | -1.7 | -3.9 | -2.8 | -0.1 |
| Non-Appalachian New York | - 1.0 | -0.1 | - 0.9 | -3.9 | -2.1 | + 0.0 |
| North Carolina | -1.1 | +0.0 | -1.4 | -3.3 | -2.4 | +0.1 |
| Appalachian North Carolina | -1.4 | - 0.2 | -1.9 | -3.1 | - 3.0 | + 0.1 |
| Non-Appalachian North Carolina | -1.0 | -0.1 | -1.3 | -3.4 | -2.2 | +0.0 |
| Ohio | -1.5 | -0.1 | -1.8 | -3.9 | -3.2 | + 0.0 |
| Appalachian Ohio | - 1.5 | + 0.1 | -2.2 | - 3.7 | - 3.4 | + 0.1 |
| Non-Appalachian Ohio | -1.4 | -0.1 | -1.8 | -3.9 | -3.1 | + 0.0 |
| Pennsylvania | -1.5 | -0.2 | -1.6 | -4.3 | -3.0 | +0.0 |
| Appalachian Pennsylvania | - 1.6 | - 0.2 | -1.7 | -4.3 | -3.1 | - 0.1 |
| Non-Appalachian Pennsylvania | -1.3 | -0.2 | -1.5 | -4.3 | -2.9 | -0.1 |
| South Carolina | -1.2 | -0.4 | -1.7 | -3.2 | -2.5 | -0.1 |
| Appalachian South Carolina | -1.2 | +0.1 | -1.4 | -3.9 | -2.7 | +0.2 |
| Non-Appalachian South Carolina | -1.2 | -0.5 | -1.7 | -3.1 | -2.3 | -0.1 |
| Tennessee | -1.1 | -0.1 | -1.5 | -2.7 | -2.4 | + 0.1 |
| Appalachian Tennessee | -1.1 | -0.1 | -1.5 | -2.6 | -2.4 | +0.1 |
| Non-Appalachian Tennessee | -1.1 | -0.2 | -1.6 | -2.9 | -2.4 | + 0.1 |
| Virginia | -0.9 | -0.7 | -0.8 | -3.2 | -1.9 | + 0.0 |
| Appalachian Virginia | - 1.0 | - 0.3 | - 1.1 | - 3.3 | - 2.3 | + 0.1 |
| Non-Appalachian Virginia | -0.9 | -0.6 | -0.9 | -3.3 | -1.9 | + 0.0 |
| West Virginia (entire state) | -1.5 | -0.1 | -2.2 | -3.5 | -3.2 | +0.0 |

Note: The ACS defines veterans as men and women who have served on active duty in the U.S. Armed Forces, the National Guard or Reserves, or in the U.S. Merchant Marine during World War II.
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

Figure 12.5: Percentage Point Change in the Share of Adult Civilians in the Appalachian Region Who Are Veterans, 2011-2015 to 2016-2020


Map Title: Percentage Point Change in the Share of Adult Civilians in the Appalachian Region Who Are Veterans, 2011-2015 to 2016-2020
Data Sources: U.S. Census Bureau, 2011-2015 and 2016-2020 American Community Surveys.

The share of Appalachia's adult civilians ages 18 and over who were military veterans was 1.3 percentage points lower in the 2016-2020 period than it was in 2011-2015-almost identical to the national decrease. And the magnitude of the decrease varied only slightly among the county types and the Appalachian portions of most of the 13 states. The largest decrease was in Appalachian Maryland (1.8 points). Among the subregions, the decrease was largest in Northern Appalachia (1.6 percentage points) and smallest in Central Appalachia (one point). Yet there was significant variation at the county level. For example, in 48 Appalachian counties (spread throughout the Region), veterans' share of the population fell by at least 2.5 percentage points. Yet the share actually stayed the same or increased in 58 counties. Veterans were at least 10 percent of the civilian population in 24 of the counties where the share increased or stayed the same, compared with just one of the counties with the largest decreases.

## TRENDS IN VETERAN STATUS

- In Appalachia, the share of adult civilians who were military veterans declined 1.3 percentage points between 2011-2015 and 2016-2020, falling to 8 percent (see Tables 12.2 and 12.3). There was little difference in the decrease among the county types, and the Appalachian portions of most of the 13 states. (Among the states, the magnitude of the decrease ranged from one percentage point in the Appalachian sections of Kentucky and Virginia to 1.8 points in Appalachian Maryland.) And among the subregions, the decline in veteran prevalence ranged from 1.6 percentage points in Northern Appalachia to one point in Central Appalachia.
- The decrease in veteran status was more pronounced among middle-aged and older civilians than among younger ones. While the share of veterans in Appalachia fell just 0.1 percentage points among younger civilians ages 18 to 34 , it declined 1.7 points among civilians ages 35 to 64, and 3.6 points among civilians ages 65 and over. As veteran status is more prevalent among older residents than younger ones, the movement of cohorts with lower prevalence rates into older ages accounts for much of the decline. (Mortality among the oldest veterans is also a factor, particularly in the decline among persons ages 65 and over.)
- Not surprisingly, the decreased share in veteran status among men has fueled the overall decrease. The share of adult men in the Appalachian Region who were veterans fell nearly three percentage points between 2011-2015 and 2016-2020, while the share among women remained virtually unchanged (rising by just one-tenth of a percentage point). Of course, men remain far more likely than women to be military veterans-the respective rates in Appalachia were 15.2 percent and 1.2 percent (see Table 12.2).


# APPENDIX A: AN OVERVIEW OF RURAL APPALACHIA AND NONAPPALACHIAN RURAL AREAS 

Comparing Rural Appalachia with Rural Areas Outside Appalachia

Of the 423 counties in the Appalachian Region, 107 are classified as rural-counties that are neither part of nor adjacent to a metropolitan area. As shown in Figure A.1, rural counties are found in each of the 13 states in the Appalachian Region except Maryland and South Carolina. However, there are higher concentrations of rural counties in several states including Mississippi, Kentucky, Virginia, West Virginia, and Pennsylvania. There are 841 rural counties located outside the Appalachian Region, and these are scattered across the United States with higher concentrations in midwestern and western states (see Figure A.1). Given the socioeconomic disadvantages often found in rural counties throughout the country, it is instructive to compare the characteristics of rural counties within Appalachia to those of rural counties located outside the Region.

## Demographic and Housing Characteristics

Rural counties in Appalachia experienced a much higher rate of population decline between 2010 and 2020 than rural counties outside the Region- 3.0 percent versus 0.6 percent (see Table A.1). The population in rural Appalachia is also older with a median age of 42.4 years and a smaller share of residents under age 18-20.7 percent versus 22.3 percent. Rural Appalachia is also much less diverse with only 12 percent of the population being members of a racial/ethnic minority (defined as anyone who identifies with a racial or ethnic group other than "white alone, not Hispanic") compared with 26 percent in the rest of rural America. However, the comparative shares vary among minority groups. For example, there is a slightly higher concentration of non-Hispanic blacks in rural Appalachia than in rural counties outside the Region-7.8 percent compared with 6.5 percent, while there is a much smaller share of Hispanics- 2.4 percent versus 11.5 percent. There is also a much smaller share of people who are non-Hispanic American Indian or Alaska Native in rural Appalachia than in rural counties outside the Region. However, rural Appalachia is becoming more racially and ethnically diverse, as minorities' share of the population rose 1.6 percentage points between 2010 and 2020. This compares to an increase of 2.8 points in the rest of rural America.
Education levels are lower in rural Appalachia than in rural areas in the rest of the country. Among adults ages 25 to 64 , about 85 percent of rural Appalachian residents have completed high school or more, compared with 89 percent of rural residents outside the Region. About 18 percent of working-age adults in rural Appalachia have completed a bachelor's degree or more, compared with 23 percent of adults residing in rural counties in the rest of the country. However, the share within the Region whose highest education level is an associate's degree is much closer to the share outside the Region-10 percent versus 11 percent. Among adults ages 25 and over with a bachelor's degree, slightly more than one-fourth ( 26 percent) of rural Appalachian residents reported their first major was in a science and engineering field compared with 31 percent of rural adults outside Appalachia. These differences in education levels are also reflected in differences in employment and income between rural Appalachia and the rest of rural America.

The share of housing units that are single-dwelling units is five percentage points lower in rural Appalachia, but the share of housing units that are mobile homes is much higher-nearly 20 percent compared with only about 12 percent in rural counties outside the Region. While housing vacancy rates are about the same for both rural Appalachia and the rest of rural America (about 23 percent each), rural Appalachia has a noticeably smaller share of these vacant units that are designed for seasonal or recreational use ( 40 percent versus 52 percent). Rural households within the Region are more likely to experience a digital divide than those outside Appalachia. Within rural counties in the Region, the share of households with a computer device is about five percentage points lower than for households in rural counties outside the Region, while the share with a broadband (high-speed) Internet connection is more than four percentage points lower. Slightly less than one-fourth ( 22.3 percent) of rural Appalachian households had no access to the Internet in 2016-2020, compared with less than one-fifth (17.8 percent) of other rural households.

## Labor Force and Commuting

The share of rural Appalachian adults ages 25 to 64 in the civilian labor force is almost nine percentage points lower than in rural counties outside the Region, and the unemployment rate is slightly higher- 5.3 percent versus 4.2 percent. Commuting patterns among rural Appalachian residents who do not work at home also differ from those elsewhere in rural America. Although a higher share of rural Appalachian households had no vehicle available, workers ages 16 and over in rural counties were more likely to drive alone to work (nearly 82 percent) than workers in rural counties outside the Region (78 percent). Nearly one-third of rural Appalachian workers commuted outside their county of residence compared with only about one-fifth of rural workers in the rest of the country. More than three in 10 workers in rural Appalachian counties had a travel time to work of at least 30 minutes, with an average travel time
of 24 minutes. By comparison, slightly more than two in 10 workers in rural counties outside Appalachia took at least a half-hour to get to their jobs, with an average travel time of only about 20 minutes. These commuting patterns include the first ten months of the coronavirus pandemic beginning in March 2020.

## Income and Poverty

The lower levels of education and employment among adults in rural Appalachia are reflected in lower levels of income and higher rates of poverty and receipt of SNAP benefits than in rural counties outside the Region. Median household income in rural Appalachian counties is nearly $\$ 9,500$ below that of households in rural counties in the rest of the country. One-fifth of rural Appalachian residents live in poverty compared with only about 15.4 percent of persons in rural counties outside the Region. This gap is even wider among children and young adults ages 18 to 24 (nearly six percentage points) and among older working-age adults ages 25 to 64 (five percentage points). Although the gap is smaller, even rural Appalachian adults ages 65 and over have a poverty rate that is nearly three percentage points higher than for older adults in other rural counties. A higher share of rural Appalachian residents also have incomes below 50 percent of the poverty level and more than four in 10 are classified as low-income because their income is below 200 percent of poverty. While only one-sixth ( 17 percent) of all rural Appalachian households received Food Stamps/SNAP in 2016-2020, this share rose to nearly half (49.4 percent) among poor households. In rural counties outside Appalachia, both the share of all households and the share of poor households who received Food Stamps/SNAP in 2016-2020 was much lower (five and seven percentage points, respectively). In the Region, more than one-fourth ( 26.2 percent) of rural households with children received Food Stamps/SNAP compared with only 21 percent of such households in rural areas outside Appalachia.

## Health Insurance and Disability

One of the bright spots in rural Appalachia is the higher level of health insurance coverage compared with the rest of rural America. A smaller share of residents in rural Appalachian counties lacks health insurance coverage, and this gap is present among all age groups from 19 to 64. In addition, the share of rural Appalachian residents without health insurance declined slightly more (almost five percentage points) between 2011-2015 and 2016-2020 than the share in rural areas in the rest of the country (four percentage points). Although the share of young adults ages 19 to 25 in rural Appalachia who lack health insurance coverage is three percentage points lower than for young adults in rural areas outside the Region, it is important to note that about 15 percent of rural Appalachian young adults are still without health insurance. Lack of access to health care among young adults can contribute to the development of chronic conditions and negatively affect health at older ages. It may also have put them at greater risk of not receiving needed medical treatment during the ongoing pandemic.
In contrast to health insurance coverage, levels of disability are much higher among rural Appalachian adults ages 18 and older than among adults in other rural areas. One-fifth of rural Appalachian residents have a disability compared with about 16 percent of residents of rural counties outside the Region. However, this gap widens to more than six percentage points among adults ages 35 to 64 and five percentage points among those ages 65 and older. In rural Appalachia, nearly one-quarter ( 22.8 percent) of working-age adults ages 35 to 64 and about 42 percent of adults ages 65 and older have a disability. By comparison, the respective shares are only 16.4 percent and 37.3 percent for adults in these two age groups in rural counties in the rest of the country. These higher levels of disability in rural Appalachia-especially among working-age adults-may be related to the older age structure and lower levels of employment and household income compared with rural areas outside the Region.

## Veteran Status

A slightly smaller share of the civilian population ages 65 and over in rural Appalachia are veterans ( 17 percent) than the share in rural counties in the rest of the country ( 19 percent). This gap is about the same between rural areas within and outside Appalachia among civilian males ages 18 and older. Only 14 percent of rural Appalachian adult male civilians are veterans compared with nearly 16 percent of male civilians in rural areas outside the Region.

## Summary

A comparison of rural counties within the Appalachian Region with those located outside Appalachia reveals some important contrasts in characteristics and overall levels of well-being between these areas. The population in rural Appalachian counties is older and less diverse and has been declining in number faster since 2010 than the population in rural counties in the rest of the country. With the exception of health insurance coverage, rural Appalachian counties continue to lag behind rural counties in the rest of the country. Rural Appalachian residents have lower levels of education, employment, income, and access to the Internet, and higher levels of poverty, SNAP benefit receipt, and disability than rural residents in other areas of the United States.

Figure A.1: Rural Counties in the United States and the Appalachian Region


Map Title: Rural Counties in the United States and the Appalachian Region
Data Source: USDA, Economic Research Service, 2013 Urban Influence Codes condensed by ARC.

Table A.1: Selected Measures for Rural Appalachia and Rural Areas Outside Appalachia

| Demographic, Social, or Economic Characteristic | Appalachian, Rural (nonmetro, not adjacent to a metro) | Non-Appalachian, Rural (nonmetro, not adjacent to a metro) |
| :---: | :---: | :---: |
| NUMBER OF COUNTIES | 107 | 841 |
| Demographic and Housing Characteristics |  |  |
| Population, July 1, 2020 | 2,479,182 | 13,182,127 |
| Percent change (2010 to 2020), population | -3.0 | -0.6 |
| Median age, July 1, 2020 | 42.4 | 40.9 |
| Percent of population under age 18, July 1, 2020 | 20.7 | 22.3 |
| Percent of population that is minority, July 1, 2020 | 12.3 | 25.6 |
| Percent of population that is black alone, not Hispanic, July 1, 2020 | 7.8 | 6.5 |
| Percent of population that is Hispanic or Latino, July 1, 2020 | 2.4 | 11.5 |
| Percent of population that is American Indian or Alaska Native alone, not Hispanic, July 1, 2020 | 0.3 | 3.3 |
| Percentage point change (2010 to 2020), Percent of population that is minority | +1.6 | +2.8 |
| Percent of persons ages 25-64 with a high school diploma or more, 2016-20 | 84.8 | 89.0 |
| Percent of persons ages 25-64 with an associate's degree but without a bachelor's degree, 2016-20 | 10.0 | 11.1 |
| Percent of persons ages 25-64 with a bachelor's degree or more, 2016-20 | 18.2 | 22.7 |
| Among persons ages 25 and over with a bachelor's degree or more, percent whose bachelor's degree field (first major) was science and engineering, 2016-20 | 26.1 | 31.1 |
| Percent of all housing units that are single-unit dwellings, 2016-20 | 70.1 | 75.0 |
| Percent of all housing units that are mobile homes, 2016-20 | 19.9 | 11.6 |
| Percent of housing units that are vacant, 2016-20 | 22.6 | 23.3 |
| Percent of vacant housing units that are for seasonal, recreational, or occasional use, 2016-20 | 40.2 | 52.0 |
| Percent of households with one or more computer devices (including smartphone and tablet), 2016-20 | 82.9 | 87.6 |
| Percent of households with a broadband (high-speed) Internet subscription, 2016-20 | 74.0 | 78.4 |
| Percent of households with no access to the Internet, 2016-20 | 22.3 | 17.8 |
| Labor Force and Commuting |  |  |
| Percent of civilian labor force universe ages 25-64 (excludes Armed Forces personnel) in civilian labor force, 2016-20 | 65.3 | 73.9 |
| Unemployment rate, persons ages 25-64 (percent of civilian labor force), 2016-20 | 5.3 | 4.2 |
| Percent of households with no vehicle available, 2016-20 | 7.9 | 6.2 |
| Percent of workers ages 16 and over who drove alone to work, 2016-20 | 81.8 | 78.3 |
| Percent of workers ages 16 and over who worked outside their county of residence, 2016-20 | 32.0 | 19.6 |
| Percent of workers ages 16 and over (not working at home) whose travel time to work was 30 minutes or more, 2016-20 | 31.1 | 22.4 |
| Mean travel time to work in minutes for all workers ages 16 and over who didn't work at home, 2016-20 | 24.4 | 19.8 |
| Income and Poverty |  |  |
| Median household income (in adjusted 2020 dollars), 2016-20 | 42,403 | 51,901 |
| Percent of persons in poverty, 2016-20 | 20.0 | 15.4 |
| Percent of persons under age 18 in poverty, 2016-20 | 26.5 | 20.8 |
| Percent of persons ages 18-24 in poverty, 2016-20 | 29.2 | 23.7 |
| Percent of persons ages 25-64 in poverty, 2016-20 | 18.6 | 13.5 |
| Percent of persons ages 65 and over in poverty, 2016-20 | 12.7 | 10.2 |
| Percent of persons with income below 50 percent of poverty level, 2016-20 | 8.5 | 6.6 |
| Percent of persons with income below 200 percent of poverty level, 2016-20 | 43.3 | 36.2 |
| Percent of households receiving Food Stamps/SNAP, 2016-20 | 17.0 | 12.5 |
| Percent of poor households receiving Food Stamps/SNAP, 2016-20 | 49.4 | 42.8 |
| Percent of households with children receiving Food Stamps/SNAP, 2016-20 | 26.2 | 20.8 |
| Health Insurance and Disability |  |  |
| Percent of persons without health insurance coverage, 2016-20 | 9.0 | 10.1 |
| Percentage point change (2011-15 to 2016-20), percent of persons without health insurance coverage | -4.8 | -4.0 |
| Percent of persons ages 19-25 without health insurance coverage, 2016-20 | 15.4 | 18.5 |
| Percent of persons ages 26-34 without health insurance coverage, 2016-20 | 17.3 | 19.0 |
| Percent of persons ages 35-64 without health insurance coverage, 2016-20 | 11.3 | 12.8 |

Table A.1: Selected Measures for Rural Appalachia and Rural Areas Outside Appalachia (continued)

| Demographic, Social, or Economic Characteristic | Appalachian, Rural (nonmetro, not adjacent to a metro) | Non-Appalachian, Rural (nonmetro, not adjacent to a metro) |
| :---: | :---: | :---: |
| Health Insurance and Disability (continued) |  |  |
| Percent of persons with a disability, 2016-20 | 20.1 | 16.1 |
| Percent of persons ages 35-64 with a disability, 2016-20 | 22.8 | 16.4 |
| Percent of persons ages 65 and over with a disability, 2016-20 | 42.3 | 37.3 |
| Veteran Status |  |  |
| Percent of civilian population ages 65 and over who are veterans, 2016-20 | 16.9 | 19.0 |
| Percent of male civilian population ages 18 and over who are veterans, 2016-20 | 14.0 | 15.8 |

Data Sources: U.S. Census Bureau, Vintage 2020 Population Estimates; and 2011-2015 and 2016-2020 American Community Surveys.

## APPENDIX B: REFERENCE MAPS

Figure B.1: Appalachian Subregions


Map Title: Appalachian Subregions
Data Source: Appalachian Regional Commission.

The Appalachian Region covers 206,000 square miles and includes all of West Virginia and portions of 12 other states from New York to Mississippi. The 423 counties of the Region are grouped into five subregions, based on similarities in economic and demographic characteristics and geographic location.

Figure B.2: Rural-Urban County Types in the Appalachian Region


Map Title: Rural-Urban County Types in the Appalachian Region
Data Source: USDA, Economic Research Service, 2013 Urban Influence Codes condensed by ARC.

While Appalachia is a distinct part of the United States, the Region is far from homogeneous, including both rural counties and major metropolitan areas such as Pittsburgh, Birmingham, and parts of suburban Atlanta. This map shows the rural-urban type for each Appalachian county.


[^0]:    Data Source: U.S. Census Bureau, 2016-2020 American Community Survey.

