## 2011

## Montana Youth Risk Behavior survey

# Nonpublic Accredited Schools 

# « 2011 Frequency Distributions <br> ( 1999-2011 Trend Data 

Montana Office of Public Instruction
Health Enhancement and Safety Division J une 2011

Montana
Office of Public Instruction
Denise Juneau, State Superintendent

## 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 349 high school students in Nonpublic Region during February of 2011. Frequency distributions may not total 349 due to nonresponse and percents may not total 100 percent due to rounding.

| Q-1. How old are you? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. 12 years old or younger |  | 0 | 0.0\% |
| b. 13 years old |  | 0 | 0.0\% |
| c. 14 years old |  | 28 | 8.1\% |
| d. 15 years old |  | 82 | 23.7\% |
| e. 16 years old |  | 83 | 24.0\% |
| f. 17 years old |  | 94 | 27.2\% |
| g. 18 years old or older |  | 59 | 17.1\% |
|  | Total | 346 | 100.0\% |
| Q-2. What is your sex? |  | Count | Percent |
| a. Female |  | 152 | 43.8\% |
| b. Male |  | 195 | 56.2\% |
|  | Total | 347 | 100.0\% |
| Q-3. In what grade are you? |  | Count | Percent |
| a. 9th grade |  | 78 | 22.7\% |
| b. 10th grade |  | 90 | 26.2\% |
| c. 11th grade |  | 82 | 23.9\% |
| d. 12th grade |  | 91 | 26.5\% |
| e. Ungraded or other grade |  | 2 | 0.6\% |
|  | Total | 343 | 100.0\% |
| Q-4. Are you Hispanic or Latino? |  | Count | Percent |
| a. Yes |  | 11 | 3.2\% |
| b. No |  | 336 | 96.8\% |
|  | Total | 347 | 100.0\% |
| Q-5. What is your race? |  | Count | Percent |
| a. American Indian or Alaskan Native |  | 55 | 15.8\% |
| b. Asian |  | 19 | 5.4\% |
| c. Black or African American |  | 3 | 0.9\% |
| d. Native Hawaiian or Other Pacific Islander |  | 5 | 1.4\% |
| e. White |  | 267 | 76.5\% |
| (More than one response allowed) | Total | 349 | 100.0\% |
| Q-6. How tall are you without your shoes on? |  | Count | Percent |
| a. Less than 4 ft |  | 0 | 0.0\% |
| b. 4 ft to $4 \mathrm{ft}, 6 \mathrm{in}$ |  | 0 | 0.0\% |
| c. $4 \mathrm{ft}, 7 \mathrm{in}$ to 5 ft |  | 9 | 2.6\% |
| d. $5 \mathrm{ft}, 1 \mathrm{in}$ to $5 \mathrm{ft}, 6 \mathrm{in}$ |  | 111 | 32.4\% |
| e. Over 5 ft , 6 in |  | 223 | 65.0\% |
|  | Total | 343 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-7. How much do you weigh without your shoes on? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. Less than 90 lbs |  | 4 | 1.2\% |
| b. $90-99 \mathrm{lbs}$ |  | 6 | 1.8\% |
| c. $100-109 \mathrm{lbs}$ |  | 10 | 2.9\% |
| d. $110-119 \mathrm{lbs}$ |  | 34 | 9.9\% |
| e. 120-129 lbs |  | 35 | 10.2\% |
| f. 130-139 lbs |  | 45 | 13.2\% |
| g. $140 \mathrm{lbs}+$ |  | 208 | 60.8\% |
|  | Total | 342 | 100.0\% |
| Q-8. When you rode a bicycle during the past 12 months, how often did you wear a helmet? |  | Count | Percent |
| a. I did not ride a bicycle during the past 12 months |  | 112 | 32.4\% |
| b. Never wore a helmet |  | 139 | 40.2\% |
| c. Rarely wore a helmet |  | 37 | 10.7\% |
| d. Sometimes wore a helmet |  | 22 | 6.4\% |
| e. Most of the time wore a helmet |  | 14 | 4.0\% |
| f. Always wore a helmet |  | 22 | 6.4\% |
|  | Total | 346 | 100.0\% |
| Q-9. How often do you wear your seat belt when riding in a car driven by someone else? |  | Count | Percent |
| a. Never |  | 8 | 2.3\% |
| b. Rarely |  | 23 | 6.7\% |
| c. Sometimes |  | 40 | 11.7\% |
| d. Most of the time |  | 98 | 28.6\% |
| e. Always |  | 174 | 50.7\% |
|  | Total | 343 | 100.0\% |
| Q-10. How often do you wear a seat belt when driving a car? |  | Count | Percent |
| a. Never |  | 18 | 5.3\% |
| b. Rarely |  | 18 | 5.3\% |
| c. Sometimes |  | 31 | 9.1\% |
| d. Most of the time |  | 42 | 12.3\% |
| e. Always |  | 233 | 68.1\% |
|  | Total | 342 | 100.0\% |
| Q-11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol? |  | Count | Percent |
| a. 0 times |  | 258 | 75.0\% |
| b. 1 time |  | 35 | 10.2\% |
| c. 2 or 3 times |  | 29 | 8.4\% |
| d. 4 or 5 times |  | 8 | 2.3\% |
| e. 6 or more times |  | 14 | 4.1\% |
|  | Total | 344 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. 0 times |  | 306 | 89.5\% |
| b. 1 time |  | 15 | 4.4\% |
| c. 2 or 3 times |  | 11 | 3.2\% |
| d. 4 or 5 times |  | 3 | 0.9\% |
| e. 6 or more times |  | 7 | 2.0\% |
|  | Total | 342 | 100.0\% |
| Q-13. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle? |  | Count | Percent |
| a. 0 days |  | 146 | 42.2\% |
| b. 1 or 2 days |  | 33 | 9.5\% |
| c. 3 to 5 days |  | 36 | 10.4\% |
| d. 6 to 9 dyas |  | 14 | 4.0\% |
| e. 10 to 19 days |  | 33 | 9.5\% |
| f. 20 to 29 days |  | 24 | 6.9\% |
| g. All 30 days |  | 60 | 17.3\% |
|  | Total | 346 | 100.0\% |
| Q-14. During the past 30 days, on how many days did you talk on a cell phone while driving a car or other vehicle? |  | Count | Percent |
| a. 0 days |  | 134 | 38.8\% |
| b. 1 or 2 days |  | 44 | 12.8\% |
| c. 3 to 5 days |  | 34 | 9.9\% |
| d. 6 to 9 days |  | 33 | 9.6\% |
| e. 10 to 19 days |  | 40 | 11.6\% |
| f. 20 to 29 days |  | 30 | 8.7\% |
| g. All 30 days |  | 30 | 8.7\% |
|  | Total | 345 | 100.0\% |
| Q-15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club? |  | Count | Percent |
| a. 0 days |  | 294 | 84.5\% |
| b. 1 day |  | 15 | 4.3\% |
| c. 2 or 3 days |  | 10 | 2.9\% |
| d. 4 or 5 days |  | 5 | 1.4\% |
| e. 6 or more days |  | 24 | 6.9\% |
|  | Total | 348 | 100.0\% |
| Q-16. During the past 30 days, on how many days did you carry a gun? |  | Count | Percent |
| a. 0 days |  | 328 | 95.6\% |
| b. 1 day |  | 7 | 2.0\% |
| c. 2 or 3 days |  | 3 | 0.9\% |
| d. 4 or 5 days |  | 2 | 0.6\% |
| e. 6 or more days |  | 3 | 0.9\% |
|  | Total | 343 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-17. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. 0 days |  | 326 | 93.7\% |
| b. 1 day |  | 4 | 1.1\% |
| c. 2 or 3 days |  | 3 | 0.9\% |
| d. 4 or 5 days |  | 3 | 0.9\% |
| e. 6 or more days |  | 12 | 3.4\% |
|  | Total | 348 | 100.0\% |
| Q-18. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school? |  | Count | Percent |
| a. 0 days |  | 338 | 96.8\% |
| b. 1 day |  | 6 | 1.7\% |
| c. 2 or 3 days |  | 1 | 0.3\% |
| d. 4 or 5 days |  | 1 | 0.3\% |
| e. 6 or more days |  | 3 | 0.9\% |
|  | Total | 349 | 100.0\% |
| Q-19. During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property? |  | Count | Percent |
| a. 0 times |  | 262 | 76.4\% |
| b. 1 time |  | 40 | 11.7\% |
| c. 2 or 3 times |  | 23 | 6.7\% |
| d. 4 or 5 times |  | 9 | 2.6\% |
| e. 6 or 7 times |  | 4 | 1.2\% |
| f. 8 or 9 times |  | 0 | 0.0\% |
| g. 10 or 11 times |  | 2 | 0.6\% |
| h. 12 or more times |  | 3 | 0.9\% |
|  | Total | 343 | 100.0\% |
| Q-20. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property? |  | Count | Percent |
| a. 0 times |  | 332 | 95.4\% |
| b. 1 time |  | 8 | 2.3\% |
| c. 2 or 3 times |  | 2 | 0.6\% |
| d. 4 or 5 times |  | 2 | 0.6\% |
| e. 6 or 7 times |  | 0 | 0.0\% |
| f. 8 or 9 times |  | 1 | 0.3\% |
| g. 10 or 11 times |  | 0 | 0.0\% |
| h. 12 or more times |  | 3 | 0.9\% |
|  | Total | 348 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-21. During the past 12 months, how many times were you in a physical fight? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. 0 times |  | 271 | 78.1\% |
| b. 1 time |  | 34 | 9.8\% |
| c. 2 or 3 times |  | 24 | 6.9\% |
| d. 4 or 5 times |  | 9 | 2.6\% |
| e. 6 or 7 times |  | 5 | 1.4\% |
| f. 8 or 9 times |  | 0 | 0.0\% |
| g. 10 or 11 times |  | 2 | 0.6\% |
| h. 12 or more times |  | 2 | 0.6\% |
|  | Total | 347 | 100.0\% |
| Q-22. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse? |  | Count | Percent |
| a. 0 times |  | 331 | 95.7\% |
| b. 1 time |  | 11 | 3.2\% |
| c. 2 or 3 times |  | 3 | 0.9\% |
| d. 4 or 5 times |  | 1 | 0.3\% |
| e. 6 or more times |  | 0 | 0.0\% |
|  | Total | 346 | 100.0\% |
| Q-23. During the past 12 months, how many times were you in a physical fight on school property? |  | Count | Percent |
| a. 0 times |  | 322 | 93.1\% |
| b. 1 time |  | 14 | 4.0\% |
| c. 2 or 3 times |  | 6 | 1.7\% |
| d. 4 or 5 times |  | 1 | 0.3\% |
| e. 6 or 7 times |  | 2 | 0.6\% |
| f. 8 or 9 times |  | 0 | 0.0\% |
| g. 10 or 11 times |  | 0 | 0.0\% |
| h. 12 or more times |  | 1 | 0.3\% |
|  | Total | 346 | 100.0\% |
| Q-24. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose? |  | Count | Percent |
| a. Yes |  | 42 | 12.1\% |
| b. No |  | 304 | 87.9\% |
|  | Total | 346 | 100.0\% |
| Q-25. Have you ever been physically forced to have sexual intercourse when you did not want to? |  | Count | Percent |
| a. Yes |  | 29 | 8.4\% |
| b. No |  | 315 | 91.6\% |
|  | Total | 344 | 100.0\% |
| Q-26. During the past 12 months, have you ever been bullied on school property? |  | Count | Percent |
| a. Yes |  | 77 | 22.3\% |
| b. No |  | 268 | 77.7\% |
|  | Total | 345 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-27. During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.) |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. Yes |  | 73 | 21.2\% |
| b. No |  | 272 | 78.8\% |
|  | Total | 345 | 100.0\% |
| Q-28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? |  | Count | Percent |
| a. Yes |  | 72 | 21.2\% |
| b. No |  | 268 | 78.8\% |
|  | Total | 340 | 100.0\% |
| Q-29. During the past 12 months, did you ever seriously consider attempting suicide? |  | Count | Percent |
| a. Yes |  | 44 | 12.7\% |
| b. No |  | 302 | 87.3\% |
|  | Total | 346 | 100.0\% |
| Q-30. During the past 12 months, did you make a plan about how you would attempt suicide? |  | Count | Percent |
| a. Yes |  | 45 | 12.9\% |
| b. No |  | 303 | 87.1\% |
|  | Total | 348 | 100.0\% |
| Q-31. During the past 12 months, how many times did you actually attempt suicide? |  | Count | Percent |
| a. 0 times |  | 286 | 84.1\% |
| b. 1 time |  | 45 | 13.2\% |
| c. 2 or 3 times |  | 3 | 0.9\% |
| d. 4 or 5 times |  | 4 | 1.2\% |
| e. 6 or more times |  | 2 | 0.6\% |
|  | Total | 340 | 100.0\% |
| Q-32. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse? |  | Count | Percent |
| a. I did not attempt suicide |  | 304 | 87.4\% |
| b. Yes |  | 23 | 6.6\% |
| c. No |  | 21 | 6.0\% |
|  | Total | 348 | 100.0\% |
| Q-33. Have you ever tried cigarette smoking, even one or two puffs? |  | Count | Percent |
| a. Yes |  | 133 | 38.3\% |
| b. No |  | 214 | 61.7\% |
|  | Total | 347 | 100.0\% |

## 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

| Q-34. How old were you when you smoked a whole cigarette for the first time? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. I have never smoked a whole cigarette |  | 244 | 70.5\% |
| b. 8 years old or younger |  | 13 | 3.8\% |
| c. 9 or 10 years old |  | 12 | 3.5\% |
| d. 11 or 12 years old |  | 8 | 2.3\% |
| e. 13 or 14 years old |  | 25 | 7.2\% |
| f. 15 or 16 years old |  | 30 | 8.7\% |
| g. 17 years old or older |  | 14 | 4.0\% |
|  | Total | 346 | 100.0\% |
| Q-35. During the past 30 days, on how many days did you smoke cigarettes? |  | Count | Percent |
| a. 0 days |  | 291 | 83.9\% |
| b. 1 or 2 days |  | 12 | 3.5\% |
| c. 3 to 5 days |  | 7 | 2.0\% |
| d. 6 to 9 days |  | 5 | 1.4\% |
| e. 10 to 19 days |  | 10 | 2.9\% |
| f. 20 to 29 days |  | 7 | 2.0\% |
| g. All 30 days |  | 15 | 4.3\% |
|  | Total | 347 | 100.0\% |
| Q-36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day? |  | Count | Percent |
| a. I did not smoke cigarettes during the past 30 days |  | 290 | 83.6\% |
| b. Less than 1 cigarette per day |  | 15 | 4.3\% |
| c. 1 cigarette per day |  | 8 | 2.3\% |
| d. 2 to 5 cigarettes per day |  | 26 | 7.5\% |
| e. 6 to 10 cigarettes per day |  | 5 | 1.4\% |
| f. 11 to 20 cigarettes per day |  | 2 | 0.6\% |
| g. More than 20 cigarettes per day |  | 1 | 0.3\% |
|  | Total | 347 | 100.0\% |
| Q-37. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.) |  | Count | Percent |
| a. I did not smoke cigarettes during the past 30 days |  | 292 | 83.9\% |
| b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station |  | 17 | 4.9\% |
| c. I bought them from a vending machine |  | 1 | 0.3\% |
| d. I gave someone else money to buy them for me |  | 13 | 3.7\% |
| e. I borrowed (or bummed) them from someone else |  | 13 | 3.7\% |
| f. A person 18 years old or older gave them to me |  | 3 | 0.9\% |
| g. I took them from a store or family member |  | 1 | 0.3\% |
| h. I got them some other way |  | 8 | 2.3\% |
|  | Total | 348 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-38. During the past 30 days, on how many days did you smoke cigarettes on school property? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. 0 days |  | 332 | 95.7\% |
| b. 1 or 2 days |  | 6 | 1.7\% |
| c. 3 to 5 days |  | 6 | 1.7\% |
| d. 6 to 9 days |  | 2 | 0.6\% |
| e. 10 to 19 days |  | 0 | 0.0\% |
| f. 20 to 29 days |  | 0 | 0.0\% |
| g. All 30 days |  | 1 | 0.3\% |
|  | Total | 347 | 100.0\% |
| Q-39. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days? |  | Count | Percent |
| a. Yes |  | 53 | 15.5\% |
| b. No |  | 290 | 84.5\% |
|  | Total | 343 | 100.0\% |
| Q-40. During the past 12 months, did you ever try to quit smoking cigarettes? |  | Count | Percent |
| a. I did not smoke during the past 12 months |  | 270 | 78.5\% |
| b. Yes |  | 40 | 11.6\% |
| c. No |  | 34 | 9.9\% |
|  | Total | 344 | 100.0\% |
| Q-41. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen? |  | Count | Percent |
| a. 0 days |  | 290 | 86.3\% |
| b. 1 or 2 days |  | 16 | 4.8\% |
| c. 3 to 5 days |  | 4 | 1.2\% |
| d. 6 to 9 days |  | 1 | 0.3\% |
| e. 10 to 19 days |  | 7 | 2.1\% |
| f. 20 to 29 days |  | 9 | 2.7\% |
| g. All 30 days |  | 9 | 2.7\% |
|  | Total | 336 | 100.0\% |
| Q-42. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property? |  | Count | Percent |
| a. 0 days |  | 308 | 91.1\% |
| b. 1 or 2 days |  | 8 | 2.4\% |
| c. 3 to 5 days |  | 3 | 0.9\% |
| d. 6 to 9 days |  | 10 | 3.0\% |
| e. 10 to 19 days |  | 5 | 1.5\% |
| f. 20 to 29 days |  | 3 | 0.9\% |
| g. All 30 days |  | 1 | 0.3\% |
|  | Total | 338 | 100.0\% |

## 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

| Q-43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. 0 days |  | 283 | 83.2\% |
| b. 1 or 2 days |  | 31 | 9.1\% |
| c. 3 to 5 days |  | 13 | 3.8\% |
| d. 6 to 9 days |  | 6 | 1.8\% |
| e. 10 to 19 days |  | 3 | 0.9\% |
| f. 20 to 29 days |  | 2 | 0.6\% |
| g. All 30 days |  | 2 | 0.6\% |
|  | Total | 340 | 100.0\% |
| Q-44. During your life, on how many days have you had at least one drink of alcohol? |  | Count | Percent |
| a. 0 days |  | 102 | 29.9\% |
| b. 1 or 2 days |  | 43 | 12.6\% |
| c. 3 to 9 days |  | 64 | 18.8\% |
| d. 10 to 19 days |  | 41 | 12.0\% |
| e. 20 to 39 days |  | 32 | 9.4\% |
| f. 40 to 99 days |  | 29 | 8.5\% |
| g. 100 or more days |  | 30 | 8.8\% |
|  | Total | 341 | 100.0\% |
| Q-45. How old were you when you had your first drink of alcohol other than a few sips? |  | Count | Percent |
| a. I have never had a drink of alcohol other than a few sips |  | 120 | 34.9\% |
| b. 8 years old or younger |  | 13 | 3.8\% |
| c. 9 or 10 years old |  | 17 | 4.9\% |
| d. 11 or 12 years old |  | 23 | 6.7\% |
| e. 13 or 14 years old |  | 80 | 23.3\% |
| f. 15 or 16 years old |  | 80 | 23.3\% |
| g. 17 years old or older |  | 11 | 3.2\% |
|  | Total | 344 | 100.0\% |
| Q-46. During the past 30 days, on how many days did you have at least one drink of alcohol? |  | Count | Percent |
| a. 0 days |  | 210 | 60.7\% |
| b. 1 or 2 days |  | 63 | 18.2\% |
| c. 3 to 5 days |  | 39 | 11.3\% |
| d. 6 to 9 days |  | 13 | 3.8\% |
| e. 10 to 19 days |  | 14 | 4.0\% |
| f. 20 to 29 days |  | 5 | 1.4\% |
| g. All 30 days |  | 2 | 0.6\% |
|  | Total | 346 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-47. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. 0 days |  | 250 | 72.3\% |
| b. 1 day |  | 25 | 7.2\% |
| c. 2 days |  | 20 | 5.8\% |
| d. 3 to 5 days |  | 24 | 6.9\% |
| e. 6 to 9 days |  | 17 | 4.9\% |
| f. 10 to 19 days |  | 9 | 2.6\% |
| g. 20 or more days |  | 1 | 0.3\% |
|  | Total | 346 | 100.0\% |
| Q-48. During the past 30 days, how did you usually get the alcohol you drank? |  | Count | Percent |
| a. I did not drink alcohol during the past 30 days |  | 216 | 62.6\% |
| b. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station |  | 6 | 1.7\% |
| c. I bought it at a restaurant, bar, or club |  | 3 | 0.9\% |
| d. I bought it at a public event such as a concert or sporting event |  | 3 | 0.9\% |
| e. I gave someone else money to buy it for me |  | 47 | 13.6\% |
| f. Someone gave it to me |  | 37 | 10.7\% |
| g. I took it from a store or family member |  | 13 | 3.8\% |
| h. I got it some other way |  | 20 | 5.8\% |
|  | Total | 345 | 100.0\% |
| Q-49. During the past 30 days, on how many days did you have at least one drink of alcohol on school property? |  | Count | Percent |
| a. 0 days |  | 323 | 93.1\% |
| b. 1 or 2 days |  | 11 | 3.2\% |
| c. 3 to 5 days |  | 6 | 1.7\% |
| d. 6 to 9 days |  | 4 | 1.2\% |
| e. 10 to 19 days |  | 2 | 0.6\% |
| f. 20 to 29 days |  | 0 | 0.0\% |
| g. All 30 days |  | 1 | 0.3\% |
|  | Total | 347 | 100.0\% |
| Q-50. During your life, how many times have you used marijuana? |  | Count | Percent |
| a. 0 times |  | 216 | 61.9\% |
| b. 1 or 2 times |  | 20 | 5.7\% |
| c. 3 to 9 times |  | 31 | 8.9\% |
| d. 10 to 19 times |  | 9 | 2.6\% |
| e. 20 to 39 times |  | 20 | 5.7\% |
| f. 40 to 99 times |  | 7 | 2.0\% |
| g. 100 or more times |  | 46 | 13.2\% |
|  | Total | 349 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-51. How old were you when you tried marijuana for the first time? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. I have never tried marijuana |  | 215 | 61.8\% |
| b. 8 years old or younger |  | 12 | 3.4\% |
| c. 9 or 10 years old |  | 5 | 1.4\% |
| d. 11 or 12 years old |  | 17 | 4.9\% |
| e. 13 or 14 years old |  | 41 | 11.8\% |
| f. 15 or 16 years old |  | 45 | 12.9\% |
| g. 17 years old or older |  | 13 | 3.7\% |
|  | Total | 348 | 100.0\% |
| Q-52. During the past 30 days, how many times did you use marijuana? |  | Count | Percent |
| a. 0 times |  | 263 | 76.2\% |
| b. 1 or 2 times |  | 23 | 6.7\% |
| c. 3 to 9 times |  | 18 | 5.2\% |
| d. 10 to 19 times |  | 17 | 4.9\% |
| e. 20 to 39 times |  | 3 | 0.9\% |
| f. 40 or more times |  | 21 | 6.1\% |
|  | Total | 345 | 100.0\% |
| Q-53. During the past 30 days, how many times did you use marijuana on school property? |  | Count | Percent |
| a. 0 times |  | 322 | 92.3\% |
| b. 1 or 2 times |  | 14 | 4.0\% |
| c. 3 to 9 times |  | 5 | 1.4\% |
| d. 10 to 19 times |  | 3 | 0.9\% |
| e. 20 to 39 times |  | 2 | 0.6\% |
| f. 40 or more times |  | 3 | 0.9\% |
|  | Total | 349 | 100.0\% |
| Q-54. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase? |  | Count | Percent |
| a. 0 times |  | 322 | 92.5\% |
| b. 1 or 2 times |  | 14 | 4.0\% |
| c. 3 to 9 times |  | 4 | 1.1\% |
| d. 10 to 19 times |  | 3 | 0.9\% |
| e. 20 to 39 times |  | 4 | 1.1\% |
| f. 40 or more times |  | 1 | 0.3\% |
|  | Total | 348 | 100.0\% |
| Q-55. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase? |  | Count | Percent |
| a. 0 times |  | 330 | 95.1\% |
| b. 1 or 2 times |  | 8 | 2.3\% |
| c. 3 to 9 times |  | 5 | 1.4\% |
| d. 10 to 19 times |  | 1 | 0.3\% |
| e. 20 to 39 times |  | 1 | 0.3\% |
| f. 40 or more times |  | 2 | 0.6\% |
|  | Total | 347 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-56. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. 0 times |  | 318 | 91.4\% |
| b. 1 or 2 times |  | 18 | 5.2\% |
| c. 3 to 9 times |  | 6 | 1.7\% |
| d. 10 to 19 times |  | 3 | 0.9\% |
| e. 20 to 39 times |  | 2 | 0.6\% |
| f. 40 or more times |  | 1 | 0.3\% |
|  | Total | 348 | 100.0\% |
| Q-57. During your life, how many times have you used heroin (also called smack, junk, or China White)? |  | Count | Percent |
| a. 0 times |  | 334 | 97.7\% |
| b. 1 or 2 times |  | 5 | 1.5\% |
| c. 3 to 9 times |  | 1 | 0.3\% |
| d. 10 to 19 times |  | 1 | 0.3\% |
| e. 20 to 39 times |  | 0 | 0.0\% |
| f. 40 or more times |  | 1 | 0.3\% |
|  | Total | 342 | 100.0\% |
| Q-58. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)? |  | Count | Percent |
| a. 0 times |  | 333 | 97.1\% |
| b. 1 or 2 times |  | 4 | 1.2\% |
| c. 3 to 9 times |  | 3 | 0.9\% |
| d. 10 to 19 times |  | 3 | 0.9\% |
| e. 20 to 39 times |  | 0 | 0.0\% |
| f. 40 or more times |  | 0 | 0.0\% |
|  | Total | 343 | 100.0\% |
| Q-59. During your life, how many times have you used ecstasy (also called MDMA)? |  | Count | Percent |
| a. 0 times |  | 313 | 89.9\% |
| b. 1 or 2 times |  | 19 | 5.5\% |
| c. 3 to 9 times |  | 7 | 2.0\% |
| d. 10 to 19 times |  | 5 | 1.4\% |
| e. 20 to 39 times |  | 1 | 0.3\% |
| f. 40 or more times |  | 3 | 0.9\% |
|  | Total | 348 | 100.0\% |
| Q-60. During your life, how many times have you taken steroid pills or shots without a doctor's prescription? |  | Count | Percent |
| a. 0 times |  | 338 | 97.1\% |
| b. 1 or 2 times |  | 4 | 1.1\% |
| c. 3 to 9 times |  | 3 | 0.9\% |
| d. 10 to 19 times |  | 3 | 0.9\% |
| e. 20 to 39 times |  | 0 | 0.0\% |
| f. 40 or more times |  | 0 | 0.0\% |
|  | Total | 348 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-61. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. 0 times |  | 283 | 82.3\% |
| b. 1 or 2 times |  | 21 | 6.1\% |
| c. 3 to 9 times |  | 16 | 4.7\% |
| d. 10 to 19 times |  | 8 | 2.3\% |
| e. 20 to 39 times |  | 7 | 2.0\% |
| f. 40 or more times |  | 9 | 2.6\% |
|  | Total | 344 | 100.0\% |
| Q-62. During your life, how many times have you used a needle to inject any illegal drug into your body? |  | Count | Percent |
| a. 0 times |  | 337 | 97.4\% |
| b. 1 time |  | 5 | 1.4\% |
| c. 2 or more times |  | 4 | 1.2\% |
|  | Total | 346 | 100.0\% |
| Q-63. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property? |  | Count | Percent |
| a. Yes |  | 90 | 26.3\% |
| b. No |  | 252 | 73.7\% |
|  | Total | 342 | 100.0\% |
| Q-64. Have you ever had sexual intercourse? |  | Count | Percent |
| a. Yes |  | 130 | 38.1\% |
| b. No |  | 211 | 61.9\% |
|  | Total | 341 | 100.0\% |
| Q-65. How old were you when you had sexual intercourse for the first time? |  | Count | Percent |
| a. I have never had sexual intercourse |  | 221 | 64.2\% |
| b. 11 years old or younger |  | 14 | 4.1\% |
| c. 12 years old |  | 11 | 3.2\% |
| d. 13 years old |  | 16 | 4.7\% |
| e. 14 years old |  | 13 | 3.8\% |
| f. 15 years old |  | 35 | 10.2\% |
| g. 16 years old |  | 24 | 7.0\% |
| h. 17 years old or older |  | 10 | 2.9\% |
|  | Total | 344 | 100.0\% |
| Q-66. During your life, with how many people have you had sexual intercourse? |  | Count | Percent |
| a. I have never had sexual intercourse |  | 221 | 64.2\% |
| b. 1 person |  | 32 | 9.3\% |
| c. 2 people |  | 25 | 7.3\% |
| d. 3 people |  | 11 | 3.2\% |
| e. 4 people |  | 20 | 5.8\% |
| f. 5 people |  | 7 | 2.0\% |
| g. 6 or more people |  | 28 | 8.1\% |
|  | Total | 344 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-67. During the past 3 months, with how many people did you have sexual intercourse? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. I have never had sexual intercourse |  | 225 | 64.5\% |
| b. I have had sexual intercourse, but not during the past 3 months |  | 32 | 9.2\% |
| c. 1 person |  | 65 | 18.6\% |
| d. 2 people |  | 14 | 4.0\% |
| e. 3 people |  | 4 | 1.1\% |
| f. 4 people |  | 2 | 0.6\% |
| g. 5 people |  | 1 | 0.3\% |
| h. 6 or more people |  | 6 | 1.7\% |
|  | Total | 349 | 100.0\% |
| Q-68. Did you drink alcohol or use drugs before you had sexual intercourse the last time? |  | Count | Percent |
| a. I have never had sexual intercourse |  | 216 | 62.8\% |
| b. Yes |  | 39 | 11.3\% |
| c. No |  | 89 | 25.9\% |
|  | Total | 344 | 100.0\% |
| Q-69. The last time you had sexual intercourse, did you or your partner use a condom? |  | Count | Percent |
| a. I have never had sexual intercourse |  | 216 | 63.0\% |
| b. Yes |  | 85 | 24.8\% |
| c. No |  | 42 | 12.2\% |
|  | Total | 343 | 100.0\% |
| Q-70. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.) |  | Count | Percent |
| a. I have never had sexual intercourse |  | 220 | 64.3\% |
| b. No method was used to prevent pregnancy |  | 18 | 5.3\% |
| c. Birth control pills |  | 11 | 3.2\% |
| d. Condoms |  | 68 | 19.9\% |
| e. Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD |  | 8 | 2.3\% |
| f. Withdrawal |  | 11 | 3.2\% |
| g. Some other method |  | 1 | 0.3\% |
| h. Not sure |  | 5 | 1.5\% |
|  | Total | 342 | 100.0\% |
| Q-71. How do you describe your weight? |  | Count | Percent |
| a. Very underweight |  | 11 | 3.3\% |
| b. Slightly underweight |  | 35 | 10.6\% |
| c. About the right weight |  | 194 | 59.0\% |
| d. Slightly overweight |  | 77 | 23.4\% |
| e. Very overweight |  | 12 | 3.6\% |
|  | Total | 329 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-72. Which of the following are you trying to do about your weight? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. Lose weight |  | 137 | 40.7\% |
| b. Gain weight |  | 61 | 18.1\% |
| c. Stay the same weight |  | 70 | 20.8\% |
| d. I am not trying to do anything about my weight |  | 69 | 20.5\% |
|  | Total | 337 | 100.0\% |
| Q-73. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? |  | Count | Percent |
| a. Yes |  | 38 | 11.1\% |
| b. No |  | 303 | 88.9\% |
|  | Total | 341 | 100.0\% |
| Q-74. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.) |  | Count | Percent |
| a. Yes |  | 19 | 5.5\% |
| b. No |  | 327 | 94.5\% |
|  | Total | 346 | 100.0\% |
| Q-75. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight? |  | Count | Percent |
| a. Yes |  | 17 | 5.0\% |
| b. No |  | 324 | 95.0\% |
|  | Total | 341 | 100.0\% |
| Q-76. During the past 7 days, how many times did you drink $100 \%$ fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.) |  | Count | Percent |
| a. I did not drink 100\% fruit juice during the past 7 days |  | 56 | 16.8\% |
| b. 1 to 3 times during the past 7 days |  | 123 | 36.9\% |
| c. 4 to 6 times during the past 7 days |  | 72 | 21.6\% |
| d. 1 time per day |  | 27 | 8.1\% |
| e. 2 times per day |  | 36 | 10.8\% |
| f. 3 times per day |  | 10 | 3.0\% |
| g. 4 or more times per day |  | 9 | 2.7\% |
|  | Total | 333 | 100.0\% |
| Q-77. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) |  | Count | Percent |
| a. I did not eat fruit during the past 7 days |  | 28 | 8.0\% |
| b. 1 to 3 times during the past 7 days |  | 89 | 25.6\% |
| c. 4 to 6 times during the past 7 days |  | 80 | 23.0\% |
| d. 1 time per day |  | 67 | 19.3\% |
| e. 2 times per day |  | 56 | 16.1\% |
| f. 3 times per day |  | 15 | 4.3\% |
| g. 4 or more times per day |  | 13 | 3.7\% |
|  | Total | 348 | 100.0\% |

## 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

| Q-78. During the past 7 days, how many times did you eat green salad? |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. I did not eat green salad during the past 7 days |  | 84 | 24.2\% |
| b. 1 to 3 times during the past 7 days |  | 142 | 40.9\% |
| c. 4 to 6 times during the past 7 days |  | 73 | 21.0\% |
| d. 1 time per day |  | 30 | 8.6\% |
| e. 2 times per day |  | 12 | 3.5\% |
| f. 3 times per day |  | 2 | 0.6\% |
| g. 4 or more times per day |  | 4 | 1.2\% |
|  | Total | 347 | 100.0\% |
| Q-79. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.) |  | Count | Percent |
| a. I did not eat potatoes during the past 7 days |  | 84 | 24.3\% |
| b. 1 to 3 times during the past 7 days |  | 194 | 56.2\% |
| c. 4 to 6 times during the past 7 days |  | 43 | 12.5\% |
| d. 1 time per day |  | 16 | 4.6\% |
| e. 2 times per day |  | 5 | 1.4\% |
| f. 3 times per day |  | 2 | 0.6\% |
| g. 4 or more times per day |  | 1 | 0.3\% |
|  | Total | 345 | 100.0\% |
| Q-80. During the past 7 days, how many times did you eat carrots? |  | Count | Percent |
| a. I did not eat carrots during the past 7 days |  | 123 | 35.5\% |
| b. 1 to 3 times during the past 7 days |  | 150 | 43.4\% |
| c. 4 to 6 times during the past 7 days |  | 37 | 10.7\% |
| d. 1 time per day |  | 19 | 5.5\% |
| e. 2 times per day |  | 10 | 2.9\% |
| f. 3 times per day |  | 1 | 0.3\% |
| g. 4 or more times per day |  | 6 | 1.7\% |
|  | Total | 346 | 100.0\% |
| Q-81. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.) |  | Count | Percent |
| a. I did not eat other vegetables during the past 7 days |  | 44 | 12.7\% |
| b. 1 to 3 times during the past 7 days |  | 145 | 41.8\% |
| c. 4 to 6 times during the past 7 days |  | 87 | 25.1\% |
| d. 1 time per day |  | 44 | 12.7\% |
| e. 2 times per day |  | 17 | 4.9\% |
| f. 3 times per day |  | 4 | 1.2\% |
| g. 4 or more times per day |  | 6 | 1.7\% |
|  | Total | 347 | 100.0\% |
| Q-82. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.) |  | Count | Percent |
| a. I did not drink soda or pop during the past 7 days |  | 88 | 25.7\% |
| b. 1 to 3 times during the past 7 days |  | 120 | 35.1\% |
| c. 4 to 6 times during the past 7 days |  | 66 | 19.3\% |
| d. 1 time per day |  | 24 | 7.0\% |
| e. 2 times per day |  | 22 | 6.4\% |
| f. 3 times per day |  | 13 | 3.8\% |
| g. 4 or more times per day |  | 9 | 2.6\% |
|  | Total | 342 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-83. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet energy drinks or sports drinks such as Gatorade or PowerAde). |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. I did not drink energy drinks during the past 7 days |  | 248 | 72.1\% |
| b. 1 to 3 times during the past 7 days |  | 69 | 20.1\% |
| c. 4 to 6 times during the past 7 days |  | 8 | 2.3\% |
| d. 1 time per day |  | 8 | 2.3\% |
| e. 2 times per day |  | 4 | 1.2\% |
| f. 3 times per day |  | 4 | 1.2\% |
| g. 4 or more times per day |  | 3 | 0.9\% |
|  | Total | 344 | 100.0\% |
| Q-84. During the past 7 days, on how many days did you eat breakfast? |  | Count | Percent |
| a. 0 days |  | 47 | 13.7\% |
| b. 1 day |  | 28 | 8.2\% |
| c. 2 days |  | 29 | 8.5\% |
| d. 3 days |  | 25 | 7.3\% |
| e. 4 days |  | 24 | 7.0\% |
| f. 5 days |  | 24 | 7.0\% |
| g. 6 days |  | 27 | 7.9\% |
| h. 7 days |  | 139 | 40.5\% |
|  | Total | 343 | 100.0\% |
| Q-85. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? |  | Count | Percent |
| a. 0 days |  | 33 | 9.7\% |
| b. 1 day |  | 15 | 4.4\% |
| c. 2 days |  | 33 | 9.7\% |
| d. 3 days |  | 34 | 10.0\% |
| e. 4 days |  | 36 | 10.6\% |
| f. 5 days |  | 43 | 12.7\% |
| g. 6 days |  | 33 | 9.7\% |
| h. 7 days |  | 112 | 33.0\% |
|  | Total | 339 | 100.0\% |
| Q-86. On an average school day, how many hours do you watch TV? |  | Count | Percent |
| a. I do not watch TV on an average school day |  | 45 | 13.2\% |
| b. Less than 1 hour per day |  | 75 | 22.0\% |
| c. 1 hour per day |  | 66 | 19.4\% |
| d. 2 hours per day |  | 75 | 22.0\% |
| e. 3 hours per day |  | 47 | 13.8\% |
| f. 4 hours per day |  | 19 | 5.6\% |
| g. 5 or more hours per day |  | 14 | 4.1\% |
|  | Total | 341 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-87. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.) |  | Count | Percent |
| :---: | :---: | :---: | :---: |
| a. I do not play video or computer games or use a computer for something that is not school work |  | 52 | 15.3\% |
| b. Less than 1 hour per day |  | 110 | 32.4\% |
| c. 1 hour per day |  | 71 | 20.9\% |
| d. 2 hours per day |  | 60 | 17.6\% |
| e. 3 hours per day |  | 24 | 7.1\% |
| f. 4 hours per day |  | 11 | 3.2\% |
| g. 5 or more hours per day |  | 12 | 3.5\% |
|  | Total | 340 | 100.0\% |
| Q-88. In an average week when you are in school, on how many days do you go to physical education (PE) classes? |  | Count | Percent |
| a. 0 days |  | 136 | 40.4\% |
| b. 1 day |  | 7 | 2.1\% |
| c. 2 days |  | 31 | 9.2\% |
| d. 3 days |  | 125 | 37.1\% |
| e. 4 days |  | 25 | 7.4\% |
| f. 5 days |  | 13 | 3.9\% |
|  | Total | 337 | 100.0\% |
| Q-89. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) |  | Count | Percent |
| a. 0 teams |  | 75 | 22.2\% |
| b. 1 team |  | 77 | 22.8\% |
| c. 2 teams |  | 92 | 27.2\% |
| d. 3 or more teams |  | 94 | 27.8\% |
|  | Total | 338 | 100.0\% |
| Q-90. Have you ever been taught about AIDS or HIV infection in school? |  | Count | Percent |
| a. Yes |  | 246 | 72.6\% |
| b. No |  | 71 | 20.9\% |
| c. Not sure |  | 22 | 6.5\% |
|  | Total | 339 | 100.0\% |
| Q-91. Has a doctor or nurse ever told you that you have asthma? |  | Count | Percent |
| a. Yes |  | 80 | 23.5\% |
| b. No |  | 248 | 72.7\% |
| c. Not sure |  | 13 | 3.8\% |
|  | Total | 341 | 100.0\% |
| Q-92. Do you still have asthma? |  | Count | Percent |
| a. I have never had asthma |  | 209 | 60.8\% |
| b. a. Yes |  | 51 | 14.8\% |
| c. b. No |  | 59 | 17.2\% |
| d. c. Not sure |  | 25 | 7.3\% |
|  | Total | 344 | 100.0\% |

# 2011 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS 

| Q-93. During the past 12 months, did you receive help from a resource | Count | Percent |
| :--- | ---: | ---: |
| teacher, speech therapist or other special education teacher at school? | 34 | $10.1 \%$ |
| a. Yes | 301 | $89.9 \%$ |
| b. No | Total | 335 |


| Injury and Violence <br> Percentage of students who . | 1999 | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months |  |  |  | 64.1 | 72.7 | 75.5 | 75.2 |
| Never or rarely wore a seat belt when riding in a car driven by someone else |  |  |  | 7.5 | 9.6 | 6.8 | 9.0 |
| Never or rarely wore a seat belt when driving a car |  |  |  | 9.7 | 13.5 | 9.1 | 10.5 |
| Rode in a car driven by someone who had been drinking alcohol during the past 30 days |  |  |  | 31.2 | 26.1 | 20.6 | 25.0 |
| Drove a car when they had been drinking alcohol during the past 30 days |  |  |  | 17.0 | 15.2 | 7.2 | 10.5 |
| Texted or e-mailed while driving a car during the past 30 days |  |  |  |  |  |  | 57.8 |
| Talked on a cell phone while driving a car during the past 30 days |  |  |  |  |  |  | 61.2 |
| Carried a weapon such as a gun, knife, or club during the past 30 days |  |  |  | 14.6 | 17.7 | 11.1 | 15.5 |
| Carried a gun during the past 30 days |  |  |  | 6.2 | 8.3 | 3.1 | 4.4 |
| Carried a weapon on school property during the past 30 days |  |  |  | 4.0 | 6.0 | 1.9 | 6.3 |
| Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days |  |  |  | 3.7 | 2.7 | 3.1 | 3.2 |
| Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months |  |  |  | 30.4 | 23.8 | - | 23.6 |
| Had been threatened or injured with a weapon on school property during the past 12 months |  |  |  | 6.5 | 5.8 | 2.2 | 4.6 |
| Were in a physical fight during the past 12 months |  |  |  | 32.8 | 28.4 | 25.6 | 21.9 |
| Were injured in a physical fight that required medical treatment during the past 12 months |  |  |  | 5.6 | 2.9 | 1.3 | 4.3 |
| Were in a physical fight on school property during the past 12 months |  |  |  | 10.5 | 9.9 | 6.0 | 6.9 |
| Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months |  |  |  | 11.9 | 9.9 | 7.6 | 12.1 |
| Have ever been physically forced to have sexual intercourse when they did not want to |  |  |  | 8.6 | 7.7 | 6.9 | 8.4 |
| Had been bullied on school property during the past 12 months |  |  |  |  |  | 21.3 | 22.3 |
| Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months |  |  |  |  |  | 22.4 | 21.2 |


| Injury and Violence | 1999 | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Percentage of students who . . |  |  |  | 28.4 | 22.8 | 19.0 | 21.2 |
| Felt so sad or hopeless for two weeks or more <br> in a row that they stopped doing some usual <br> activities during the past 12 months |  |  |  | 17.4 | 11.9 | 12.6 | 12.7 |
| Seriously considered attempting suicide <br> during the past 12 months |  |  |  | 13.7 | 11.8 | 9.5 | 12.9 |
| Made a plan about how they would attempt <br> suicide during the past 12 months |  |  |  | 10.8 | 11.7 | 10.9 | 15.9 |
| Actually attempted suicide during the past 12 <br> months |  |  |  | 2.8 | 3.7 | 0.9 | 6.6 |
| Had a suicide attempt resulting in injury, <br> poisoning, or overdose that required medical <br> treatment during the past 12 months |  |  |  |  |  |  |  |


| Tobacco Use | 1999 | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Percentage of students who . . |  |  |  | 50.2 | 40.6 | 32.9 | 38.3 |
| Ever tried cigarette smoking |  |  |  | 14.6 | 13.9 | 3.5 | 9.6 |
| Smoked a cigarette before age 13 <br> past 30 days ("current") |  |  |  | 25.2 | 17.6 | 8.8 | 16.1 |
| Smoked cigarettes on 20 or more of the past <br> 30 days ("frequent") |  |  |  | 5.6 | 7.5 | 1.5 | 6.3 |
| Among current smokers, smoked more than <br> 10 cigarettes per day on the days they <br> smoked during the past 30 days |  |  |  | 1.2 | 2.1 | 0.0 | 5.2 |
| Usually got their cigarettes by buying them in <br> a store or gas station during the past 30 days |  |  |  | 39.2 | 28.6 | 32.1 | 30.4 |
| Smoked cigarettes on school property during <br> the past 30 days |  |  |  | 7.8 | 5.6 | 0.6 | 4.3 |
| Ever smoked cigarettes daily, that is, at least <br> one cigarette every day for 30 days ("regular") |  |  |  | 15.5 | 15.4 | 5.6 | 15.5 |
| Among current smokers, tried to quit smoking <br> during the past 12 months |  |  |  | 64.7 | 67.0 | 44.4 | 54.1 |
| Used chewing tobacco, snuff, or dip during <br> the past 30 days |  |  |  | 14.9 | 9.9 | 7.9 | 13.7 |
| Used chewing tobacco, snuff, or dip on school <br> property during the past 30 days |  |  |  | 10.2 | 5.6 | 4.7 | 8.9 |
| Smoked cigars, cigarillos, or little cigars <br> during the past 30 days |  |  |  |  |  |  |  |


| Alcohol and Other Drug Use Percentage of students who . . . | 1999 | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Had at least one drink of alcohol during their life |  |  |  | 79.7 | 65.5 | 66.1 | 70.1 |
| Had first drink of alcohol before age 13 |  |  |  | 21.6 | 19.5 | 13.5 | 15.4 |
| Had at least one drink of alcohol during the past 30 days ("current") |  |  |  | 45.8 | 36.0 | 30.3 | 39.3 |
| Had five or more drinks of alcohol in a row during the past 30 days ("binge drink") |  |  |  | 33.4 | 26.1 | 18.2 | 27.7 |
| Among current users of alcohol, usually got the alcohol they drank from someone who gave it to them during the past 30 days |  |  |  |  | 30.8 | 38.9 | 28.7 |
| Had at least one drink of alcohol on school property during the past 30 days |  |  |  | 7.1 | 5.1 | 1.6 | 6.9 |
| Used marijuana during their life |  |  |  | 41.6 | 32.7 | 24.3 | 38.9 |
| Tried marijuana before age 13 |  |  |  | 9.9 | 11.3 | 1.6 | 9.7 |
| Used marijuana during the past 30 days ("current") |  |  |  | 25.5 | 18.1 | 10.7 | 23.8 |
| Used marijuana on school property during the past 30 days |  |  |  | 5.3 | 4.2 | 1.6 | 7.7 |
| Used any form of cocaine during their life |  |  |  | 7.8 | 5.2 | 2.8 | 7.5 |
| Used any form of cocaine during the past 30 days ("current") |  |  |  | 3.1 | 1.5 | 1.3 | 4.9 |
| Used inhalants during their life |  |  |  | 14.4 | 13.2 | 9.7 | 8.6 |


| A/cohol and Other Drug Use - continued | 1999 | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Percentage of students who . . |  |  |  | 0.9 | 1.3 | 0.9 | 2.3 |
| Used heroin during their life |  |  |  | 7.2 | 4.5 | 0.9 | 2.9 |
| Used methamphetamines during their life |  |  |  | 3.4 | 5.1 | 2.5 | 10.1 |
| Used ecstasy during their life |  |  |  | 3.7 | 2.0 | 0.6 | 2.9 |
| Took steroid pills or shots without a doctor's <br> prescription during their life |  |  |  |  |  |  |  |
| Have taken a prescription drug (such as <br> OxyContin, Percocet, Vicodin, codeine, <br> Adderall, Ritalin, or Xanax) without a doctor's <br> prescription |  |  |  |  |  |  | 17.7 |
| Used a needle to inject any illegal drug into <br> their body during their life |  |  |  | 1.5 | 1.0 | 0.9 | 2.6 |
| Were offered, sold, or given an illegal drug on <br> school property during the past 12 months |  |  |  | 22.3 | 16.2 | 16.5 | 26.3 |


| Sexual Behaviors | 1999 | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Percentage of students who ... |  |  |  | 39.6 | 32.1 | 31.5 | 38.1 |
| Ever had sexual intercourse |  |  |  | 3.8 | 7.0 | 1.9 | 7.3 |
| Had sexual intercourse before age 13 |  |  |  | 1.5 | 11.5 | 6.9 | 15.9 |
| Had sexual intercourse with four or more <br> people during their life |  |  | 26.8 | 21.1 | 19.4 | 26.3 |  |
| Had sexual intercourse during the past three <br> months ("current") |  |  | 35.2 | 39.7 | 19.0 | 32.2 |  |
| Drank alcohol or used drugs before last <br> sexual intercourse |  |  | 56.6 | 78.4 | 76.6 | 66.9 |  |
| Currently sexually active and used a condom <br> during last sexual intercourse |  |  | 15.7 | 11.9 | 17.5 | 9.0 |  |
| Currently sexually active and used birth <br> control pills to prevent pregnancy before last <br> sexual intercourse |  |  |  |  |  |  |  |
| Had ever been taught about AIDS or HIV <br> infection |  |  |  | 86.5 | 81.8 | 74.4 | 72.6 |


| Weight Management and Dietary Behaviors | 1999 | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of students who . . . |  |  |  |  |  |  |  |
| Described themselves as slightly or very overweight |  |  |  | 36.4 | 27.0 | 24.2 | 27.0 |
| Were trying to lose weight |  |  |  | 48.9 | 39.1 | 42.5 | 40.7 |
| Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days |  |  |  | 9.0 | 8.8 | 9.5 | 11.1 |
| Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days |  |  |  | 3.7 | 5.0 | 3.2 | 5.5 |
| Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days |  |  |  | 6.0 | 4.5 | 6.1 | 5.0 |
| Drank 100\% fruit juices during the past seven days |  |  |  | 86.6 | 87.1 | 83.8 | 83.2 |
| Ate fruit during the past seven days |  |  |  | 91.9 | 93.2 | 96.2 | 92.0 |
| Ate green salad during the past seven days |  |  |  | 83.2 | 77.7 | 76.3 | 75.8 |
| Ate potatoes during the past seven days |  |  |  | 73.4 | 78.4 | 75.0 | 75.7 |
| Ate carrots during the past seven days |  |  |  | 62.5 | 63.2 | 61.6 | 64.5 |
| Ate other vegetables during the past seven days |  |  |  | 88.0 | 86.1 | 87.7 | 87.3 |
| Drank at least one can, bottle, or glass of soda or pop daily during the past seven days |  |  |  |  | 22.0 | 19.2 | 19.8 |
| Drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt (not sports drinks such as Gatorade or PowerAde), during the past seven days |  |  |  |  |  |  | 27.9 |
| Ate breakfast daily during the past seven days |  |  |  |  |  |  | 40.5 |


| Physical Activity | 1999 | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Percentage of students who ... |  |  |  | 37.8 | 49.0 | 57.2 | 55.4 |
| Were physically active for a total of at least 60 <br> minutes per day on five or more of the past <br> seven days |  |  |  | 21.7 | 18.6 | 18.3 | 23.5 |
| Watched three or more hours per day of TV <br> on an average school day |  |  |  | 12.7 | 12.1 | 13.8 |  |
| On an average school day, played 3 or more <br> hours of video or computer games or used a <br> computer for something not school-related |  |  |  |  |  |  |  |
| Attended physical education (PE) classes on <br> one or more days in an average week when <br> they were in school |  |  |  | 61.2 | 58.1 | 57.4 | 59.6 |
| Attended physical education (PE) classes <br> daily in an average week when they were in <br> school |  |  |  | 14.9 | 19.9 | 11.3 | 3.9 |
| Played on one or more sports teams during <br> the past 12 months |  |  |  | 82.5 | 75.4 | 82.2 | 77.8 |


| Other | 1999 | 2001 | 2003 | 2005 | 2007 | 2009 | 2011 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of students who . . |  |  |  | 23.6 | 21.9 | 23.9 | 23.5 |
| Had ever been told by a doctor or nurse that <br> they had asthma |  |  |  |  | 12.9 | 14.4 | 14.8 |
| Had been told by a doctor or nurse that they <br> have had asthma and who still have asthma |  |  |  |  |  |  |  |

