The goal of the Adolescent Assessment/Referral System (AARS) project was to identify, collect, and organize all the appropriate materials associated with assessment and treatment referral for troubled youth 12 through 19 years of age. This document discusses the components of the AARS. After an introduction to the AARS, the structure and function of the AARS are described. In this section the 10 potentially problematic functional areas represented in each component of the AARS are listed: Substance Use/Abuse; Physical Health Status; Mental Health Status; Family Relations; Peer Relations; Educational Status; Vocational Status; Social Skills; Leisure and Recreation; and Aggressive Behavior and Delinquency. The next section describes the Problem Oriented Screening Instrument for Teenagers (POSIT), an instrument designed to identify problems in need of further assessment. The next section describes the Comprehensive Assessment Battery, a group of instruments which should be used when the POSIT has indicated that there is a possible problem. The last section outlines steps in the development of the Directory of Adolescent Services, a directory intended for use by practitioners who work with adolescents and require information about a broad range of provider services. It is noted that by developing a local or regional directory practitioners and administrators gain an increased familiarity with the array of resources available for addressing the medical, psychiatric, educational, and psychosocial needs of troubled adolescents. The instruments used with the AARS are included. (ABL)
THE ADOLESCENT ASSESSMENT/REFERRAL SYSTEM MANUAL

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Public Health Service
Alcohol, Drug Abuse, and Mental Health Administration
The Adolescent Assessment/Referral System was developed for the National Institute on Drug Abuse by Westover Consultants, Inc., 500 E Street, S.W., Suite 910, Washington, D.C., 20024, under contract number 271-87-8225, and by the Pacific Institute for Research and Evaluation, 7315 Wisconsin Avenue, Suite 900 East, Bethesda, MD 20814, under contract number 271-89-8252.
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Adolescent Services Matrix
Provider Questionnaire
Provider Information Form
PREFACE

The development of the ADOLESCENT ASSESSMENT/REFERRAL SYSTEM was undertaken by the National Institute on Drug Abuse in April of 1987. The aim of the project was to identify, collect, and organize all the appropriate materials associated with assessment and treatment referral for troubled youth 12 through 19 years of age.

Earlier, efforts to address adolescent assessment and referral issues had focused mainly, and sometimes exclusively, on teenagers' use of drugs and/or alcohol. But recently there has been a growing awareness among clinicians, teachers, juvenile court authorities, parents and others that youth heavily involved with illicit drugs have multiple problems associated with that involvement. This awareness suggested that an adolescent assessment/referral system should target a large number of functional areas for evaluation in order that the broadest range of therapeutic options could be considered if optimal treatment plans were to be selected.

On this basis a wide range "problem screen," rather than a "drug screen" only, formed the first logical step in an adolescent assessment-referral process. As no multiple problem screen suitable for adolescents was available, such a tool had to be designed.

The second logical step in the process required more in-depth assessment if each individual teenager was to be matched to a comprehensive program that was most appropriate. To meet this demand, diagnostic instruments related to each functional area represented on the multiple problem screen had to be identified.

Finally, what appeared to be the third logical step in an assessment-referral process, that is providing specific recommendations for matching diagnostic profiles with different therapeutic programs, proved unwise at this point in time. Any such prescription would, at most, be based on insufficient scientific evidence. However, "matching" teenagers to the best program requires that one has access to clinically useful information about the widest variety of adolescent services. As existing directories appeared too narrow in scope, suggestions on materials to be included seemed appropriate.

Following is a summary of the work that has so far been accomplished in the development of what has come to be known as the ADOLESCENT ASSESSMENT/REFERRAL SYSTEM:

Identification of all possible functional areas which the literature and clinical practice suggest are most affected by or associated with an adolescent's drug abuse, and the selection of an Expert Clinician Researcher in each identified functional area.

Development of the PROBLEM ORIENTED SCREENING INSTRUMENT FOR TEENAGERS (POSIT) through Expert Clinician Researcher nomination of 10 to 20 problem screening items related to the functional area in which he or she is an expert. They were also asked to assist in the development of a scoring system for the POSIT, with scores to be based on their clinical judgement.

Compilation of the COMPREHENSIVE ASSESSMENT BATTERY through Expert Clinician Researcher nomination of one or two state-of-the-art assessment instruments in his or her area of expertise. They also provided references to support each instrument's psychometric properties and clinical utility.
Construction of the Guide to the preparation of a DIRECTORY OF ADOLESCENT SERVICES, the Guide's materials developed through a survey of available treatment, rehabilitation, and education directories, and through contact with the Expert Clinician Researchers, national professional associations, and accrediting organizations.

Review of the prototype ADOLESCENT ASSESSMENT/REFERRAL SYSTEM by Expert Clinical Practitioners, convened to critique and suggest revisions.

Pretest of the POSIT on teenage focus groups in order to review wording, understandability, and acceptability of screening items.

Pretest of the POSIT on approximately 1000 adolescent abusers and non-abusers in order to assess the ability of the POSIT scores to distinguish between these two groups of adolescents.

Translation of the POSIT into Spanish.

The work to date has resulted in a prototype of the ADOLESCENT ASSESSMENT/REFERRAL SYSTEM which is presented in the Manual. A three-year field study currently underway will establish the validational and psychometric properties necessary to allow components of the SYSTEM to fully realize their potential as tools for adolescent alcohol and other drug abuse treatment planning.

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**ROSTER OF CONTRIBUTORS**

The National Institute on Drug Abuse gratefully acknowledges that the contents of the ADOLESCENT ASSESSMENT/REFERRAL SYSTEM depended heavily on the professional experiences, contributions, and thoughtful critiques of many Expert Clinical Researchers and Expert Clinical Practitioners concerned with the well-being and treatment of troubled adolescents.

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It is with great sorrow we note that, due to their untimely passing, Janice Levy and Arturo Rio will not see how their valuable contributions for the development of the ADOLESCENT ASSESSMENT/REFERRAL SYSTEM materialized in the form of this Manual. Both of these well respected clinicians will be sorely missed.
CHAPTER 1
INTRODUCTION

In recent years, the problem of adolescent alcohol and other drug abuse has received unprecedented attention, and has become a major public health priority. Over the past two decades, the number and diversity of youth substance abuse prevention, intervention and treatment programs have increased dramatically. Although some progress appears evident in the overall downward trend in adolescent substance use and abuse, the majority of American youth are still experimenting with alcohol and other drugs, and a significant percentage will progress to serious involvement and associated problems. The relationship between adolescent drug abuse and transmission of HIV increases the urgency of the search for solutions to the adolescent substance abuse problem.

At present, family, friends, and professionals who initially identify youth suspected of using illicit drugs have difficulty specifying not only the adolescent's level of involvement, but detecting problems in other functional areas frequently associated with heavy drug use. Often there is insufficient information upon which to decide which single program or combination of services could provide effective help. Thus, the development of a systematic assessment and referral system for adolescents is timely.

Ideally the components of such a system should include a reliable procedure for initially identifying the troubled adolescent, a problem screening tool by which to detect any drug-related problems, a diagnostic procedure comprehensive enough to describe all the problems an individual is facing, a compendium of specific therapeutic suggestions from which the most effective comprehensive program for each individual can be selected, and a directory of all available and accessible adolescent services to which the adolescent would be referred once an optimal plan was chosen.

Although these components make up a rational sequence, the ADOLESCENT ASSESSMENT/REFERRAL SYSTEM (AARS), conceived in response to immediate professional and community needs, is somewhat more humble in scope.

The components of the AARS include:

A problem screening tool, the PROBLEM ORIENTED SCREENING INSTRUMENT FOR TEENAGERS (POSIT) represented herein in its first stage of development, and a CLIENT PERSONAL HISTORY QUESTIONNAIRE (CPHQ), by which to gather all necessary background information.

A diagnostic battery, the COMPREHENSIVE ASSESSMENT BATTERY (CAB) composed of state-of-the-art assessment instruments and procedures.

A Guide to the preparation of a DIRECTORY OF ADOLESCENT SERVICES (DIRECTORY) which presents a structured, step-by-step procedure to identify, evaluate, and catalogue existing local or regional treatment and rehabilitative services for troubled adolescents.

Utilization of the AARS provides a cost-efficient method by which to accomplish the following important goals in the field of adolescent substance use and abuse:

The AARS provides a minimally intrusive tool by which to screen for a wide variety of drug-related problems in adolescents suspected of substance abuse.

The AARS provides the tools by which to assess the nature and extent of illicit drug use, thus aiding in the establishment of standardized criteria for a
diagnosis of chemical dependency and abuse in adolescents.

The AARS provides the tools by which to assess the nature and extent of problems in other functional areas that tend to complicate, or are the consequence of drug abuse. Because the AARS does not assume that drug abuse is the single or primary problem of a troubled youth, problems other than drug abuse can be identified and dealt with more appropriately in planning treatment.

The AARS can be used in a variety of settings including schools, physical and mental health care facilities, social service agencies, and correctional institutions, and can be used by practitioners with varying backgrounds and qualifications.

Lastly, it is extremely important to note that within the AARS, no attempt has been made to suggest one type of treatment rather than another. Rather, the responsibility for planning the most appropriate therapeutic program remains with the referral agent, case manager, or actual treatment provider, using information about each individual adolescent obtained from the POSIT and CAB and information about all available treatment resources obtained from the DIRECTORY.
CHAPTER 2
STRUCTURE AND FUNCTION OF THE ADOLESCENT ASSESSMENT-REFERRAL SYSTEM

The ADOLESCENT ASSESSMENT/REFERRAL SYSTEM contains tools related to three basic steps in the referral process: 1) the PROBLEM ORIENTED SCREENING INSTRUMENT FOR TEENAGERS, to be completed with the CLIENT PERSONAL HISTORY QUESTIONNAIRE; 2) the COMPREHENSIVE ASSESSMENT BATTERY; and the 3) the DIRECTORY OF ADOLESCENT SERVICES. The AARS provides a cost-efficient method or system by which a case manager or referral agent can gather sufficient information upon which to plan therapeutic and/or rehabilitative activities for adolescents, 12 through 19 years of age. Because the AARS is based on a Holistic Health Care model, ten functional areas related to the use of illicit drugs are represented in each component of the AARS. Accordingly, extensive information about each troubled youth can be gained through the stepwise utilization of each component part of the AARS. All planning can be individualized thereby maximizing the chance for a successful outcome.

The ten potentially problematic functional areas represented in each component of the AARS - the POSIT, CAB, and DIRECTORY - are as follows:

- Substance Use/Abuse
- Physical Health Status
- Mental Health Status
- Family Relations
- Peer Relations
- Educational Status
- Vocational Status
- Social Skills
- Leisure and Recreation
- Aggressive Behavior and Delinquency

As can be seen in Figure 1, the first step in treatment planning is the initial identification of troubled youth. Such identification might be made by school staff (perhaps because of a disciplinary referral or an unexplained drop in academic performance), by a parent (who may be concerned by increasingly erratic behavior), by court personnel (as a result of a driving-while-impaired arrest), by health care providers (who may recognize signs or symptoms of substance involvement), or by other human service providers. Again, it is noted that the AARS does not specifically address this step, but is intended for use AFTER a troubled youth has come to someone’s attention.

The second step in treatment planning is use of the PROBLEM ORIENTED SCREENING INSTRUMENT FOR TEENAGERS along with the CLIENT PERSONNEL HISTORY QUESTIONNAIRE.
The POSIT is composed of 139 yes/no items, with ten or more randomly mixed items representing each of the ten functional areas addressed throughout the AARS. The POSIT is designed to flag those functional areas, if any, where a problem MAY exist that requires further assessment and perhaps treatment. This point bears emphasis. A POSIT score exceeding the cut-off in any given functional area simply indicates that problems MAY exist in that area. Such scores CANNOT ALONE BE TAKEN AS INDICATIONS that a problem does, in fact, exist.

Because the POSIT has not yet been extensively field-tested, and reliability and validity have not yet been established through scientifically based studies, scores derived from the version of the POSIT presented in the Manual must be viewed with caution.

The CLIENT PERSONAL HISTORY QUESTIONNAIRE requests basic demographic information, and basic information concerning school performance, health care utilization, juvenile justice contacts, and contacts with the mental health system. The CPHQ also lists 40 stressful life events which may be used to profile the current level of stressors in the adolescent's life and environment.

Copies of the POSIT and CPHQ in both English and Spanish are provided at the end of this manual and may be copied without permission.

The third step in treatment planning is the use of assessment tools from the COMPREHENSIVE ASSESSMENT BATTERY (CAB) to further explore those potential problem areas identified by the POSIT (Figure 1). The CAB includes reliable, validated instruments and interview procedures recommended for use in order to evaluate the adolescent's status in any of the ten functional areas that might be flagged on the POSIT. To maximize the cost-efficiency of the assessment process, the CAB should be applied only in those functional areas flagged by the POSIT. In this way, the most expensive and time consuming assessments included in the CAB are applied only to those adolescents for whom useful treatment planning information is likely to be revealed.

Based on the results of one or more CAB assessments, a comprehensive profile of the functional areas in which an adolescent is experiencing problems can be established (step four).

The fifth and final step is the development of an individualized treatment plan based on the diagnostic profile provided by the CAB. Here the locally developed DIRECTORY OF ADOLESCENT SERVICES can be used to select the most appropriate agency or agencies to which to refer each adolescent.

Because the CLIENT PERSONAL HISTORY QUESTIONNAIRE, COMPREHENSIVE ASSESSMENT BATTERY and the Guide to the preparation of a DIRECTORY OF ADOLESCENT SERVICES are completed components, each is immediately available to use in clinical practice or as part of a research protocol. As noted, the POSIT has not been validated at the time of this writing, and should be used with extreme caution. In research currently underway, the diagnostic instruments and interview procedures which comprise the COMPREHENSIVE ASSESSMENT BATTERY are being used to establish the concurrent validity of the POSIT and to develop empirically derived cutoff scores for each functional area.
CHAPTER 3
PROBLEM ORIENTED SCREENING INSTRUMENT FOR TEENAGERS

OVERVIEW OF THE POSIT

The PROBLEM ORIENTED SCREENING INSTRUMENT FOR TEENAGERS (POSIT) is designed to identify problems in need of further assessment in the ten functional areas addressed by the AARS. "Further assessment" refers to an in-depth assessment of identified functional areas using the instruments recommended in the COMPREHENSIVE ASSESSMENT BATTERY (Chapter 4). Adequate, in-depth assessments are not possible with the use of the POSIT only. The POSIT simply points out areas where problems may exist.

Users of the POSIT and the POSIT scoring system presented in the Manual must be aware of two important limitations:

The POSIT and the POSIT scoring system are based on expert clinical judgement. Neither have been field-tested, and reliability and validity have not yet been established through scientific studies. Any scores derived from administering this version of the POSIT may be useful in clinical decision making, but must be viewed with caution.

The POSIT scoring system is very conservative. That is, a POSIT score might indicate the need for further assessment even if there is a low probability that a severe problem exists in that given functional area. Consequently, the fact that a particular score by itself meets the POSIT criterion for "further assessment" can not, by itself, be taken as an indication that a problem will be shown to be severe enough after diagnostic assessment to require further treatment.

Preliminary data on the POSIT which illustrate these points are presented at the end of this chapter.

MATERIALS

The version of the POSIT presented in the Manual consists of an eight-page questionnaire containing 139 yes/no items. Adolescents record their responses directly on the POSIT form. Both English and Spanish versions are provided.

The POSIT scoring kit consists of POSIT Scoring Sheets and a set of reusable scoring templates. These templates indicate the functional area to which each item belongs, and the interpretation that can be given to a "yes" or "no" response to that item. Because the items for each of the ten functional areas addressed in the POSIT have been fully randomized, it is extremely difficult to score the POSIT without using the templates. Template 1 is used to score the first four pages of the POSIT and Template 2 is used to score the last four pages. As the scores are counted for each page, they can be transferred to a POSIT Scoring Sheet.

English and Spanish scoring templates for the POSIT are provided at the end of the Manual. To use them, they must be copied onto transparency stock. They may then be used to score as many POSITS as is required. Also in the back of the Manual is a copy of the POSIT Scoring Sheet. One scoring sheet is required for each POSIT scored.

THE LOGIC OF POSIT SCORING

In order to understand how the POSIT is scored, it is necessary to understand the types of items the POSIT contains. It will be helpful to have a copy of the POSIT and the clear plastic scoring templates in front of you as you read the following discussion.
ADOLESCENT ASSESSMENT/REFERRAL SYSTEM

The items in the POSIT are of three types:

**GENERAL PURPOSE ITEMS** - Each item contributes one point to the total risk score for a functional area. The letter printed on the scoring template indicates which functional area is addressed and whether a "yes" or a "no" response is high risk and is therefore to be assigned the point. Some items contribute a point to more than one functional area. These items are identified by the presence of more than one letter on the scoring template.

**GENERAL PURPOSE AGE RELATED ITEMS** - Each age related item is similar to the general purpose items except that it will only be scored depending on whether the adolescent is over or under 16 years of age. The scoring templates indicate which items are age-related through a light grey screen, and indicate the age range (over or under 16 years) for which the item should be counted (e.g., "16+").

**RED-FLAG ITEMS** - These are items which alone indicate the need for further assessment. That is, if an adolescent gives the high risk response to any red flag item for a given functional area, he or she should be assessed further in that functional area. The scoring templates indicate which items are red flags through a dark grey screen and the notation, "RF."

The Expert Clinician Researchers who designed the POSIT have assigned a cut-off score for each functional area. Each cut-off score (e.g., 4 points for Mental Health Status) refers to the number of points assigned to an adolescent from responses to the general purpose and general purpose age related items that indicate a need for further assessment.

If a high-risk response is given for any of the red flag items in a functional area, further assessment is indicated independent of the number of points assigned to that functional area. In two functional areas – Substance Use/Abuse and Peer Relations - all of the items are red flags. Thus the cut-off score for each of these functional areas is one.

The assigned cut-off score for each functional area is given in Table 1.

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<td>Peer Relations</td>
<td>1 point*</td>
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<td>Educational Status</td>
<td>6 points</td>
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<td>Vocational Status</td>
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<td>Social Skills</td>
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<tr>
<td>Leisure and Recreation</td>
<td>5 points</td>
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<tr>
<td>Aggressive Behavior/ Delinquency</td>
<td>6 points</td>
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*All items are red flags

PRELIMINARY DATA ON THE POSIT

In order to obtain a preliminary assessment of the adequacy of the current POSIT items to tap problem areas, and the assigned POSIT scoring system to discriminate, even to a modest degree, between a group of youth with some evidence of problems and a group of youth with as yet little or no evidence, NIDA administered the POSIT to 633 junior and senior high school students and 216...
adolescents in substance abuse treatment. For each adolescent, POSIT scores in all ten functional areas were computed using the assigned scoring system described above.

Second, however, it is also clear that many of the school students were identified as having possible problems in each of the ten functional areas. For example, although almost 90 percent of the in-treatment adolescents were identified as having a possible problem in the Substance Use/Abuse Functional area, almost 50 percent of the school students were identified as having possible problems in this functional area as well. In Mental Health Status, Peer Relations, and Educational Status, over 80 percent of the school students were identified as having possible problems in these functional areas. Of course, it is not clear what problems the school students may actually be having. However, on the face of it, these numbers seem too high.

As noted earlier, the POSIT cut-off scores were designed to be very sensitive to detecting problems when they are present. This sensitivity results in at least some “false alarms.” Thus, the assigned POSIT scoring system may be too sensitive -- that is, results in too many false alarms. This fact must be kept in mind if the POSIT and assigned scoring system are to be used in actual clinical practice.
ADMINISTERING THE POSIT

It is extremely important that adolescents feel free to answer all of the questions on the POSIT honestly. Instructions for the POSIT stress that the responses adolescents give will be used to help the adolescent. This point should be reiterated and stressed in verbal instructions. The POSIT administrator should stay with the adolescent to define words that the adolescent does not understand, and may read the POSIT to youth who cannot read. However, an effort should be made to indicate that the administrator is not "watching over" the adolescent.

Before scoring a completed POSIT, look it over to make sure that all the questions have been answered. If items are missing, point this out to the adolescent, and give him/her an opportunity to respond to the missing items. If he/she refuses, leave the item blank.

SCORING THE POSIT

Two sets of scoring templates are provided at the end of the Manual -- one for scoring the English POSIT and one for scoring the Spanish POSIT. These templates are different. Make sure you use the correct template. Otherwise, scoring individual items on the English and Spanish POSITS is identical.

The first four pages of the POSIT are scored using Template 1. Place Template 1 over the first page of the POSIT such that the first column of the template covers the response options (yes - no). Note that next to the response options for Item 1 of the POSIT, the template indicates that this question relates to Functional areas C (Mental Health) and F (Educational Status). Note also that there is a dark grey screen over the yes-no response options. This indicates that Item 1 is a red flag item. In this case, as indicated on the template (*RF F only), the item is a red flag for Functional area F only.

The high risk response is indicated by a circle on the template. For Item 1, the high-risk response is "Yes." This means that if the adolescent has put an "X" through "Yes" for this question, further assessment is needed in Functional area F (Question 1 is a red flag in this functional area). A "Yes" response also means that one point should be counted for Functional area C.

Now look at Item 2. The template indicates that this question relates to Functional area J (Aggressive Behavior/Delinquency) and that the high-risk response is "Yes." This means that if the adolescent has put an "X" through "Yes" for Item 2, one point should be counted for Functional area J.

Scoring proceeds down the first column of Template 1 until all of the questions on the first page of the POSIT have been scored. Now, the second column of Template 1 is used to score the second page, the third column for the third page, and the fourth column for the fourth page. To score Page 5-8 of the POSIT, the four columns of Template 2 are used.

Points and red flags for each page of the POSIT are tallied using the POSIT Scoring Sheet. The eight columns of the Scoring Sheet correspond to the eight pages of the POSIT. The ten rows of the Scoring Sheet correspond to the ten functional areas. For each page of the POSIT, indicate the number of points scored in each functional area. For example, if two points are scored for Functional area I (Leisure and Recreation) on Page 1, enter a "2" in the Functional area I row for page 1 on the POSIT Scoring Sheet. If the high-risk response is given for any red flag item in a functional area on a given page, enter "RF" in the row for that functional area.

If a general purpose item is age-related, count a point for a high risk response only for the age group indicated on the template. If an item is blank (i.e., the adolescent has refused to respond), treat the item as though a high-risk response had been given. However, the fact that items are missing will lessen the utility of POSIT scores for that individual, and should be noted in the Scorers Comments section on the POSIT Scoring Sheet.
ADOLESCENT ASSESSMENT/REFERRAL SYSTEM

If a given page has no items in a functional area, the appropriate box on the POSIT Scoring Sheet is blacked out. For example, there are no items related to Functional area B (Physical Health Status) on the fifth page of the POSIT. Thus, the box for Functional area B in the column for the fifth page is blacked out.

When all of the pages have been scored, total the points for each functional area in the “TALLY” column of the POSIT Scoring Sheet. If any red flags have been recorded for a functional area, enter “RF” in the “TALLY” column. The total points for each functional area may then be compared to the cut-off score noted above for each functional area.

If an adolescent exceeds the cut-off score or endorses one or more red flag items in a given functional area, a problem MAY exist. However, the only way to determine if a problem DOES exist is to conduct a further assessment in the identified functional area using the appropriate assessment tool(s) from the COMPREHENSIVE ASSESSMENT BATTERY (CAB).

POSIT
Functional Areas
A. Substance Use/Abuse
B. Physical Health Status
C. Mental Health Status
D. Family Relationships
E. Peer Relations
F. Educational Status
G. Vocational Status
H. Social Skills
I. Leisure and Recreation
J. Aggressive Behavior/Delinquency
CHAPTER 4
COMPREHENSIVE ASSESSMENT BATTERY

The COMPREHENSIVE ASSESSMENT BATTERY addresses the same ten functional areas represented in the POSIT. The CAB instruments should only be used when the POSIT has indicated that a possible problem may exist in a given functional area. Uncritical application of the CAB instruments without reference to POSIT scores will unnecessarily burden adolescents and their families, and will result in a significant waste of time, energy, and money.

The instruments included in the COMPREHENSIVE ASSESSMENT BATTERY were selected based on the recommendations of national experts in adolescent assessment and treatment. In almost all cases, the instruments which comprise the CAB have been psychometrically validated on adolescents and have proven their utility in clinical settings. Where possible, instruments were selected that are readily available and that can be administered and scored with a minimum of training.

Table 2 presents the recommended assessment tools for each of the ten functional areas addressed by the AARS. The following sections provide descriptions of the instruments, along with information on how to obtain them, administration time, and cost. At the end of each description, key references are provided.

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<td>National Youth Survey Delinquency Scale</td>
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*Developed for AARS
FUNCTIONAL AREA I: SUBSTANCE USE/ABUSE

Tools:
Part I of the Personal Experience Inventory (PEI)
Part II of the Personal Experience Inventory (PEI)
Adolescent Diagnostic Interview (ADI) available July 1991

Administration Time:
Part I of the PEI: 20-25 minutes
Part II of the PEI: 20-25 minutes
ADI: 40-50 minutes

Source for PEI and ADI:
Western Psychological Services
12031 Wilshire Blvd.
Los Angeles, CA 90025
(213) 478-2061 or (800) 222-2670

Cost:
PEI: $10-$17 per test depending on volume
ADI: $6-$9 per test depending on volume

Translations:
The PEI is available in French, and efforts are underway to translate it into Spanish.

The PEI is a self-report instrument for 12-18 year olds written at a sixth grade reading level. An effort has been made to construct short-sentence items and to avoid complicated double negatives. The PEI, which contains 33 scales, has been normed on both chemical dependency treatment center adolescents and high school student populations. Percentile and T-score norms based on nearly 2,000 adolescents are provided by age and sex. A user’s manual and computerized scoring and interpretation reports are available.

The PEI is divided into two primary sections: chemical use problem severity and psychosocial risk factors. The Problem Severity section (Part I) measures 10 scales associated with drug abusive-and drug dependent-like characteristics such as personal consequences, social benefits, and loss of control. Also included is a detailed overview of drug use history and onset, and faking-good and faking-bad scales. The Psychosocial section (Part II) consists of eight scales that measure personal risk factors (e.g., negative self-image, deviant behavior) and four scales addressing environmental risk factors (e.g., peer chemical use). This section also includes six clinical problem screens, such as physical and sexual abuse, and another pair of faking-good and faking-bad response distortion scales.

Research on the PEI provides extensive evidence for the scales’ reliability (internal consistency and test-retest) and construct validity (with respect to clinical diagnoses, treatment referral decisions, group status, MMPI scale scores, and other alternate measures of problem severity and psychosocial risk factors).

The ADI primarily covers DSM-III-R symptoms of psychoactive substance use disorders. The interview follows an easily administered structured
format that reviews the adolescent's drug use history and signs of abuse or dependence for each of the major drug categories. Also included are measures of level of functioning and psychosocial stressors. Research on the ADI suggests high inter-rater agreement and temporal stability of diagnoses. In addition, ADI diagnoses are related to drug use frequency, self-report measures of problem severity, and independent clinical diagnostic decisions.

Information derived from the ADI can be used to supplement that obtained from the PEI, or may be used as the sole assessment in the Substance Use/Abuse functional area if the adolescent is unable to take the PEI (e.g., is unable to read or comprehend it).

Key references


FUNCTIONAL AREA II: PHYSICAL HEALTH STATUS

Tools:
Physical Examination and Lab Work
Physician Report Form

Administration Time:
30 minutes

Source:
The Physician Report Form appears at the back of the Manual

Cost:
Variable depending on local health care costs and lab tests ordered

Although the use of illicit drugs and alcohol among adolescents does not usually lead to the organ system damage sometimes observed in adult abusers (e.g., liver cirrhosis, cardiomyopathy), such conditions are not unknown. Perhaps more important is the fact that the lifestyle of the chronic drug user increases the risk for accidental injury, infection (especially sexually transmittable diseases), unwanted pregnancy, malnutrition, and physical and sexual abuse. A variety of medical complications may also develop as the direct result of intravenous drug use, as well as drug inhalation and ingestion.

Because not all physicians feel competent to comprehensively evaluate an adolescent with possible substance abuse problems, a Physician Report Form has been prepared by adolescent medicine specialists at the Johns Hopkins University School of Medicine. This form can guide the physician in history taking, conducting the physical examination, and ordering lab work. The form can also be used as a vehicle for reporting findings to a case manager or treatment provider. The Physician Report Form appears at the end of the Manual, and may be copied without permission.

Health care professionals are strongly advised to be informed of their legal responsibilities with respect to obtaining, using, and disseminating the information obtained from a health status examination. This is especially relevant regarding HIV testing, pregnancy testing, and other aspects of the examination where patient confidentiality and public health considerations are factors influencing medical management.

Key References


FUNCTIONAL AREA III: MENTAL HEALTH STATUS

Tools:

Diagnostic Interview Schedule for Children (DISC 2.1C)
Symptom Checklist-90-R (SCL-90)
Brief Symptom Inventory (BSI)

Administration Time:

DISC 2.1C: 60-90 minutes
SCL-90: 15 minutes
BSI: 10 minutes

Source for DISC 2.1C:
Joanna Lapkin
DISC 2.1C Administrator
College of Physicians and Surgeons
Columbia University
722 West 168th Street
New York, NY 10032
(212) 960-2548

Source for SCL-90 and BSI:
Clinical Psychometric Research, Inc.
P.O. Box 619
Riderwood, MD 22139
1-800-245-0277
In Maryland, 1-301-321-6165

Cost:

DISC 2.1C: Free of charge with permission of author
SCL-90 and BSI: Manual - $18.00; SCL-90-R Test
Forms (pkg of 100) - $25.00

Translation:

DISC 2.1C: Spanish and French translations are underway.

SCL-90: Afrikaans, Arabic, Chinese, Danish, French,
Dutch, Finnish, German, Hebrew, Hmong, Indian,
Italian, Japanese, Korean, Filipino, Portuguese, Samoan, Spanish, Swedish

BSI: Arabic, French, Hindi, Italian, Polish, Portuguese, Spanish, Vietnamese

Psychiatric problems are prevalent among substance abusers. Emotional disturbance can be a primary etiologic factor leading to drug use or develop consequential to use. Not uncommonly, a pattern of drug abuse is initiated to offset negative mood states associated with depression and anxiety. Once substance abuse behavior becomes habitual, the emotional disturbances which originally triggered the substance use may be obscured by the more visible drug related problems. Thus, it is essential to systematically and comprehensively evaluate mental health status in most substance abusing youth.

Two parallel strategies are recommended in order to fully document psychiatric status and history -- a structured psychiatric interview and a symptom checklist.

Structured Psychiatric Interview

The Diagnostic Interview Schedule for Children -Revised (DISC 2.1C) records in systematic fashion symptoms that are currently present, symptoms that had their onset in the prior six months, and symptoms occurring at any time in the adolescent's life. A particular advantage of the DISC 2.1C over other structured interviews is that it can be administered by individuals with limited clinical skill or experience. The DISC 2.1C is administered by asking the questions exactly as printed and recording the responses on a standard recording form.

Table 3 summarizes the DSM-III Axis I diagnoses covered by the DISC 2.1C. Included are affective, anxiety, and attention deficit disorders, plus less common problems such as schizophrenia and Tourette’s Syndrome. The DISC 2.1C also includes an assessment of alcohol and drug use/depedence. However, because these diagnoses are more comprehensively covered in the ADI (see page
11), users of both assessments may choose to eliminate this section of the DISC 2.1C.

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<tr>
<th>Table 3</th>
<th>Diagnostic Categories Included in the DISC</th>
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<td>Panic</td>
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<td>Attention Deficit</td>
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<td>Conduct Disorder</td>
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<table>
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<tr>
<th>Diagnostic Categories Not Included in the DISC</th>
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<tbody>
<tr>
<td>Adjustment Disorder</td>
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<td>Generalized Anxiety</td>
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<tr>
<td>Sleep Disorder</td>
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(Anx II)

Symptom Checklists

As an adjunct to the DISC 2.1C, or where it is not possible to conduct the DISC 2.1C, the self-report Symptom Checklist-90 (SCL-90) can be used to document psychopathology. While this type of evaluation is not a substitute for a comprehensive and objective structured interview, quantification of psychiatric symptoms using a self-report questionnaire can provide useful information about the presence and severity of mental and behavioral disturbances.

The adolescent version of the SCL-90-R affords the opportunity to efficiently measure the severity of mental and behavioral disturbance across multiple dimensions. In addition to scores yielding a Global Severity Index, Symptom Distress Index, and total Positive Symptoms, this self-administered rating scale also contains scales measuring somatization, obsessive compulsive neurosis, interpersonal sensitivity, depression, anxiety, hostility, phobia, anxiety, paranoid ideation and psychoticism.

The Brief Symptom Inventory (BSI) is a modification of its longer parent instrument, the SCL-90-R. It reflects the same 9 symptom dimensions and 3 global indices as the SCL-90-R. However, the BSI is comprised of 53 items instead of 90. Psychometric studies suggest that the BSI is an acceptable short alternative to the SCL-90. Both test-retest and internal consistency reliabilities are very good for the primary symptom dimensions of the BSI, and correlations between comparable dimensions of the BSI and SCL-90-R are quite high.

Key References


FUNCTIONAL AREA IV: FAMILY RELATIONS

Tool(s):
- Familial Assessment Measure (FAM) - General, Dyadic, and Self-Rating Scales
- Parent-Adolescent Relationship Questionnaire (PARQ)

Administration Time:
- FAM: 10-20 minutes for each of three scales
- PARQ: 30 minutes

Source for FAM:
- Lisa Johnson
  FAM Coordinator
  Addiction Research Foundation
  33 Russell Street
  Toronto, Ontario, Canada M5S-2S1
  (416) 595-6000, extension 7698

Source for PARQ:
- Dwight J. McCall, Ph.D., L.P.C.
  Medical College of Virginia
  The Forum
  Executive Center
  10124 W. Broad Street
  Suite N
  Glen Allan, VA 23060
  (804) 662-7172

Cost:
- FAM: Test Booklets (reusable) General, Dyadic, or Self-Rating Scale, 35 cents each; Answer Sheets (not reusable) General, Dyadic, or Self-Rating Scale, 35 cents each; Profile Sheets (for Plotting FAM) General, Dyadic, or Self-Rating, 10 cents each; FAM Administration and Interpretation Guide, 25 pages, 1 free copy; Brief FAM, 25 cents
- PARQ: Free of charge with permission of author

Translations:
- FAM: French (Quebecois), French (Parisian), Spanish, German, Japanese, Hebrew (Chinese in progress)
- PARQ: English only

The organization of the family, patterns of communication, and cohesiveness are well known determinants of the psychosocial adjustment of children. Poor family management, including parental inconsistency, loose family structure, use of harsh physical punishment, lack of praise for doing well, family conflict, and poor family communication patterns have all been associated with increased risk of adolescent alcohol and other drug problems. In chaotic or disturbed families, parents cannot monitor children’s behavior, nor can they be expected to do an adequate job of setting expectations and limits, communicating values, or serving as positive role models. Where the family system cannot effectively perform these tasks, the adolescent’s potential for assuming socially normative adult roles is diminished.

It is also the case that substance use and abuse is not uncommon among youth from apparently normal, well-adjusted families. Here, the family comprises a major resource and a therapeutic ally for treating the substance abusing adolescent.

Either as a contributing factor or as a therapeutic resource, the family exerts a prime influence on the substance abusing adolescent. The family is, therefore, an important component of the rehabilitative process -- as an agent to assist in behavior change and/or as a system in need of change.

Where one or more members of the adolescent’s family are alcohol or other drug abusers, special attention must be paid to the problems that living with such an individual may pose for the adolescent. If the CLIENT PERSONAL HISTORY QUESTIONNAIRE indicates that a parent is involved in substance abuse, the assessment should also include a measure of family functioning specifically designed to assess the relationship between the adolescent and the abusing parent.
General Family Assessment

The Family Assessment Measure (FAM) consists of three interrelated instruments which, in combination, provide a comprehensive profile of the functioning of the family unit. Each of the three instruments address seven dimensions: a) Task Accomplishment, b) Role Performance, c) Communication, d) Affective Expression, e) Involvement, f) Control, and g) Values and Norms.

The 50-item General Scale measures the level of health in the family from a systems perspective. In addition to the seven dimensions listed above, the General Scale provides an overall index of family functioning. The 42-item Dyadic Relationship Scale documents the quality of relationship between specific family member pairs. Finally, the 42-item Self-Rating Scale measures the individual's perception of his/her functioning in the family unit.

The FAM, which is available in both paper-and-pencil and computer formats, can be completed without supervision.

Assessment for Families with a Substance Abusing Parent

The Parent-Adolescent Relationships Questionnaire (PARQ) is based on the Acquaintance Description Form developed by Paul Wright for adult partners of chemically dependent people. The PARQ is a self-report instrument that assesses 8 sub-scales: 1) worth dependency, 2) minimization of difficulties, 3) control, 4) unrealistic positive expectations, 5) exaggerated sense of responsibility, 6) rescue orientation, 7) change orientation, and 8) externalization of blame.

As yet, the psychometric properties of the PARQ have not been assessed, and no normative data are available. However, the PARQ represents one of the few assessments specifically designed to assess the problems that may be experienced by adolescents with a substance-involved parent.

Key References


Wright, P., and Wright, K. Measuring codependents' close relationships: Progress and prospects. Journal of Substance Abuse, in press.

FUNCTIONAL AREA V: PEER RELATIONS

The peer group is a well documented and powerful influence on the behavior of adolescents. Although the specific mechanisms that underlie peer conformity are debated, there is likely to be a high level of consistency of behavior (risky or otherwise) within networks of close friends.

Much of the research into peer relations has focused on the quality of an adolescent's friendships. Here quality is defined in terms of the number of close friends an adolescent has, his or her perception of acceptance by these friends, the level of "closeness" or bonding the adolescent feels to friends, and so on.

Although issues of friendship quality are clearly of clinical importance — i.e., an adolescent who lacks close friendship relationships is generally considered to be at higher risk — they must be considered within the context of the general conventionality or deviance of the specific peers with whom the adolescent associates. An adolescent may have high quality relationships with and be very attached to a deviant (e.g., drug abusing) peer group. In this case, the close attachment to the peer group may be a liability rather than a resource in the treatment and rehabilitation process. Accordingly, a comprehensive assessment in the functional area of peer relations must take into account both the quality of peer relations and the conventionality/deviance of the specific peers (if any) with whom the adolescent associates.

Quality of Peer Relations

The Piers-Harris Children's Self-Concept Scale ("The Way I Feel about Myself") is a well researched and commonly employed measure that provides self-evaluation along a number of dimensions. Among these is a "popularity" dimension that captures, in a simple 12 item sub-scale, a measure of the adolescent's perception of his or her peer

Tools:
- Piers-Harris Children's Self-Concept Scale
- Revised Problem Behavior Checklist

Administration Time:
- Piers-Harris: 15-20 minutes
- Revised Problem Behavior Checklist: 10-15 minutes

Source for Piers-Harris:
Western Psychological Services
12031 Wilshire Blvd.
Los Angeles, CA 90025
(213) 478-2061 or (800) 222-2670

Source for Revised Problem Behavior Checklist:
Herbert C. Quay, Ph.D.
Donald P. Peterson, Ph.D.
P.O. Box 248074
Coral Gables, FL 33124
(305) 284-5208

Cost:
- Piers-Harris: $90 per kit (25 test booklets, profiles, scoring forms, manual)
- Revised Problem Behavior Checklist: $30 per kit (50 Checklists, scoring templates, and manual)

Translations:
- Piers-Harris: English only
- Revised Problem Behavior Checklist: Spanish
relations. Other sub-scales address general behavior, intellectual and school status, physical appearance and attributes, anxiety, and happiness and satisfaction.

Over the years the Piers-Harris has been used in a wide variety of clinical and research applications with a number of different populations. Reliability and validity assessments of the scale generally suggest that reliability is good and validity is acceptable.

The Piers-Harris total score was normed in the early 1960s on a population of 1,183 4th-12th graders in a single Pennsylvania school district. The manual that accompanies the Piers-Harris suggests that these norms, therefore, be viewed with some caution. The cluster (sub-scale) scores were normed on a sample of 485 public school children whose total scores differed somewhat from those of the original normative sample. These results again dictate caution in the interpretation of the Piers-Harris using the norms provided.

Deviance of the Peer Group

The Revised Problem Behavior Checklist provides, among other measures, an assessment of the deviance orientation of an adolescent's peer group. The Checklist is designed to be completed by a parent, teacher, child care worker, correctional officer, or other adult who knows the adolescent well. Eighty-five behaviors are rated as "not a problem," a "mild problem," or a "severe problem." From these ratings, six sub-scales are derived.

The 17 item Socialized Aggression subscale relates specifically to the deviance of the adolescent's peer group and/or the people the adolescent admires. The remaining five subscales of the Revised Problem Behavior Checklist include Conduct Disorder, Attention Problems-Immaturity, Anxiety-Withdrawal, Psychotic Behavior, and Motor Excess.

The reliability and validity of the Revised Problem Behavior Checklist have been well established. A 1987 Manual for the Revised Problem Behavior Checklist includes a description of the development of the scales, data on reliability and validity, and data on teacher, parent, and staff ratings for various normal and clinical samples. Also included are tables to convert raw scores to T scores by sex and grade or age for both normal and seriously emotionally disturbed youth.

Key References


FUNCTIONAL AREA VI: EDUCATIONAL STATUS

Tools:
Woodcock-Johnson Psychoeducational Test Battery
Wechsler Intelligence Scale for Children-Revised (WISC-R)
Wechsler Adult Intelligence Scale-Revised (WAIS-R)

Administration Time:
Woodcock-Johnson: approximately 2 hours
WISC-R: approximately 1 hour
WAIS-R: approximately 75 minutes

Source for Woodcock Johnson:
DLM Teaching Resources
1 DLM Park, P.O. Box 4000
Allan, TX 75002
(214) 727-3346

Source for the WISC-R and WAIS-R:
The Psychological Corporation of Cleveland
Order Service Center
P.O. Box 839954
San Antonio, TX 78283-3954
1-800-228-0752

Cost:
Woodcock-Johnson: $445 ($525 with carrying case)
WAIS-R or WISC-R: $400 for the Complete Set
(Includes all necessary equipment, Manual, 25 Record Forms, 25 Supplementary Record Forms, 25 Analysis worksheets and Guides, and Mazes/Coding Booklet, with Attache Case)

Translations:
Woodcock-Johnson: English only
WAIS-R and WISC-R: Spanish (WISC-R adapted for use with hearing impaired)

The coexistence of substance abuse and a pattern of learning disabilities is sufficiently common that a focus on assessing specific learning disabilities will be an important component of treatment planning for many adolescents. No single assessment of learning disabilities currently exists. Rather a diagnosis of learning disabilities is derived from a comparison between ability and performance.

The Woodcock-Johnson Psychoeducational Test Battery and the Wechsler intelligence scales provide state of the art measurement of ability and performance respectively. Comparison of an adolescents' scores on these two assessments will indicate the need for specialized educational services as part of the overall treatment plan. Deriving a diagnosis of learning disabilities from the Woodcock-Johnson and Wechsler tests generally requires the services of a trained educational psychologist.

The Woodcock-Johnson Psychoeducational Test Battery is designed to measure cognitive abilities, scholastic aptitude, academic achievement, and interest in a diversity of subjects such as reading, mathematics, writing, social studies, science, and physical activities. The Battery, which contains 27 subtests, can be used to identify weaknesses in different educational areas that might require remedial help. Whereas trained, experienced psychologists or educational diagnosticians usually administer, score, and interpret the results of the complete Battery, the Achievement and Interest tests can be administered by special education teachers or trained lay persons.

The Wechsler Intelligence Scale for Children-Revised (WISC-R) is appropriate for individuals age six through sixteen years; the Wechsler Adult Intelligence Scale-Revised (WAIS-R) is suitable for youth sixteen years and over. Both instruments sample similar verbal and nonverbal performance
behaviors that comprise Wechsler's construct of "intelligence." The verbal subtests include: a) factual knowledge, b) comprehension of specific customs and mores, c) vocabulary and abstract conceptualizations, d) performance of computational tasks, and e) auditory recall. The performance subtests include: a) visual discrimination, b) visual memory, c) sequencing, d) visual comprehension, e) identification of relationships, f) non-verbal abstract concept formation, g) spatial relationships, and h) freedom from distractibility.

Key References


FUNCTIONAL AREA VII: VOCATIONAL STATUS

Tools:

| The Career Maturity Inventory (CMI), Attitude Scale and Competence Test |
| The Generalizable Skills Assessments in Mathematics, Communications, Relations, and Reasoning (Performance Tests, Student Self-Ratings, Teacher Ratings) |

Administration Time for CMI:

- Attitude Scale: 30-40 minutes
- Competence Test: Approximately 2 hours

Administration Time for Generalizable Skills Curriculum:

- Performance Tests: 2-1/2 hours each
- Student Self-Ratings: 10-20 minutes each
- Teacher Ratings: 10-20 minutes each

Source for CMI:

MacMillan/McGraw-Hill Publishers Test Service
2500 Garden Road
Monterey, CA 93940
(800) 538-9547

Source for Generalizable Skills Curriculum:

Curriculum Publications Clearinghouse
Western Illinois University
Horrabin Hall 46
Macomb, IL 61455
(800) 322-3905 (toll free in Illinois)
(309) 298-1917 (outside Illinois)

Cost:


Translations:

- CMI: English only
- Generalizable Skills Curriculum: English only

For many adolescents, entrance into the work force is the next step after high school. Moreover, for all adolescents, the motivation to seek work and earn money reflects an inclination to assume adult roles and strive for autonomy. The choice of and preparation for an occupation are major developmental milestones. Accordingly, adolescents lacking the skills to accomplish these milestones will require special considerations in treatment planning.

Two major approaches to the functional area of vocational status may be identified. The first stresses the skills required to successfully engage in the process of career choice. The second stresses the specific skills needed to successfully pursue a chosen occupation. The CAB offers two assessments, one focused on the process of career choice and the other focused on vocational skills.

The Process of Career Choice

The Career Maturity Inventory is designed to measure the maturity of attitudes and competencies necessary for realistic career decision making. The CMI consists of two parts: an Attitude Scale and a Competency Test.

The Attitude Scale measures five variables: 1) decisiveness in career decision making, 2) involvement in career decision making, 3) independence in career decision making, 4) orientation to career decision making, and 5) compromise in career decision making. Two versions of the Attitude Scale, a 50 item screening version and a 75 item counseling version are available. The 100 item Competence Test measures 5 career choice competencies: 1) knowing yourself (self-appraisal), 2) knowing about jobs (occupational information), 3) choosing a job (goal selection), 4) looking ahead (planning), and 5) what should they do? (problem solving).
There exists almost two decades' research on the CMI. Reliability and validity have been extensively studied, and standard scores and percentile ranks have been established. The CMI has been used to study career development, screen for career immaturity, assess guidance needs, and evaluate career education.

Vocational Skills

The Generalizable Skills Curriculum protocol is a comprehensive method for evaluating adolescents employing self-ratings, teacher ratings and direct performance measurement. The broad range of abilities measured include mathematics, communication, interpersonal relations, and reasoning. Over 70 types of vocational categories are identified to which the adolescent’s abilities can best be matched.

The scales of the Generalizable Skills curriculum assessments have been demonstrated to have high internal consistency and reliability. However, the self-ratings and teacher ratings demonstrate only a low to moderate correlation with the performance measures. It is probable that these low correlations reflect the fact that the self-ratings and teacher ratings are affected by psychological variables such as student self-esteem or self-concept.

Key References


FUNCTIONAL AREA VIII: SOCIAL SKILLS

Tools:
Social Skills Rating System, Secondary Level (SSRS) - Student Form, Teacher Form, Parent Form.
Matson Evaluation of Social Skills with Youngsters (MESSY)

Administration Time:
SSRS: 10 - 25 minutes for Student, Parent, and Teacher Forms
MESSY: 15 minutes

Source for SSRS:
American Guidance Service
Publishers' Building
P.O. Box 99
Circle Pines, MN 55014-1796
(800) 328-2560 (Outside Minnesota)
(800) 247-5053 (Inside Minnesota)

Source for MESSY:
International Diagnostic Systems
15127 South 73rd Avenue, Suite H-2
Orland Park, IL 60462
(800) 876-6360

Cost:
SSRS: $75.00 for a Secondary Level Starter Kit (includes 10 copies each of Teacher, Parent, and Student Questionnaires, 10 Assessment-Intervention Records, Manual, and storage folder).
MESSY: $80 for starter kit (Manual and 25 each of student forms, teacher forms, and hand score forms)

Translations:
SSRS: English only
MESSY: Spanish and German Available from the author:
Johnny Matson, Ph.D.
Department of Psychology
Louisiana State University
Baton Rouge, LA 70803

Adolescents who lack social skills are less able to form meaningful relationships with peers and significant adults. The resulting social isolation or rejection of such adolescents can lead to reduced probability of bonding to school, family and other socializing institutions, increased susceptibility to negative influences, and increased anxiety, depression, and alienation. For these reasons, adolescents lacking social skills are believed to be at increased risk of alcohol and other drug problems and probably have poorer treatment prognoses. Social skills training and other remedial measures may, thus, form an important component of treatment planning.

The Social Skills Rating System (SSRS) is a paper-and-pencil checklist which provides student, parent, and teacher ratings of social skills in five areas: Cooperation, assertion, responsibility, empathy, and self-control. In addition, a problem behavior scale derived from the Parent and Teacher Questionnaires provides assessments of externalizing problems, internalizing problems, and hyperactivity. Finally, an academic competence scale is available from the Teacher Questionnaire. Ratings of the perceived importance for successful functioning of each behavior addressed in the SSRS allow selection of specific behavioral targets for intervention and treatment planning.

The Secondary Level version of the SSRS is designed for grades 7-12; a preschool/elementary version is also available. The SSRS has been standardized on 4,000 children and youth aged 3 to 18 years. Separate norms are available for boys and girls on all versions of the SSRS, and for handicapped and non-handicapped students at the elementary level of the Teacher form.

One problem that may arise with the SSRS concerns the fact that all items are worded in the positive format. This characteristic may introduce response
ADOLESCENT ASSESSMENT/REFERRAL SYSTEM

biases, especially if data are derived only from adolescent self-reports (i.e., if parent and/or teacher ratings are not available). As an adjunct to the SSRS, clinicians may wish to gather additional information in the social skills functional area using the Matson Evaluation of Social Skills with Youngsters (MESSY). Although not as well researched as the SSRS, the MESSY includes items in both positive and negative formats, and may thus provide additional opportunities for adolescents to report negative social behaviors.

Factor analyses performed on MESSYs administered to children and to teachers revealed two factors common to both study populations: Appropriate Social Skills and Inappropriate Assertiveness. The analysis of the student data revealed three additional factors: Impulse/Recalcitrant, Overconfident, and Jealousy/Withdrawal.

Key References:


FUNCTIONAL AREA IX: LEISURE AND RECREATION

The availability of leisure time and how it is used can greatly influence the adolescent’s propensity to engage in drug taking as well as other non-normative and maladjusted behavior. The range of recreational activities available to adolescents is extensive and includes extracurricular activities at school, memberships in clubs, hobbies, and sports. It is also the case that engaging in strenuous physical activity can serve as a useful adjunct to alcohol and other drug treatment, and can assist in the maintenance of sobriety by providing a sense of accomplishment, mastery, and physical and mental well-being.

An assessment in the functional area of leisure and recreation should include two components: 1) an evaluation of use of leisure time, and 2) an assessment of participation in strenuous physical activity. If desired, a third component can be included to assess in more detail the nature of personal attitudes and experiences which have contributed to existing deficits in leisure and recreation.

Leisure Assessment

The Social Adjustment Inventory for Children and Adolescents (SAICA), assesses the types of activities engaged in and the intensity of involvement. The SAICA is a semi-structured interview that provides assessments of the use of leisure time in four areas: 1) Spare time activity, 2) Spare time TV watching, 3) Spare time alone/with others, and 4) Overall spare time functioning. The SAICA can be administered to either adolescents or their parents. It may be used to assess current functioning (defined as no more than one school year), and can be readministered to cover previous school years. To shorten the assessment, summary items only may be used to assess adjustment in earlier grades. The SAICA also provides assessments of school functioning, peer relationships, and functioning at home.
A study of 124 children, ages 6 to 18, of parents with and without a history of major depression support the construct, convergent, and divergent validity of the SAICA. Normative data are not currently available on the SAICA.

**Assessment of Participation in Strenuous Physical Activity**

Most adolescents are capable of participating in strenuous physical activity without medical risk. Thus, unless otherwise indicated by medical history, cardiopulmonary testing or other assessments of physical fitness are generally not necessary in developing an exercise regimen for adolescents. However, an assessment of current level of physical activity provides a useful starting point for determining the overall level of conditioning, and for determining those areas of physical activity in which the adolescent shows (or has shown) interest.

A simple assessment of current physical activity may be derived from the Physical Activity Assessment provided at the end of the Manual. The assessment includes: 1) self-reports of level of involvement in a number of active physical pursuits, 2) an assessment of participation in organized team sports, 3) a general assessment of cardiovascular conditioning, and 4) an assessment of physical problems that may limit participation in physical activities.

**Attitudes Towards Leisure**

The Leisure Diagnostic Battery examines attitudes and attributions associated with leisure activities as a way of determining if these attitudes and attributions may contribute to deficits in the use of leisure time. The Leisure Diagnostic Battery is a self-administered paper-and-pencil test for use with children 9 to 18 years of age consisting of five scales: Perceived Leisure Competence, Perceived Leisure Control, Leisure Needs, Depth of Involvement in Leisure, and Playfulness. The combined scores from these scales yield a measure of Perceived Freedom in Leisure. There are 95 items in these scales. A short form is available to measure Perceived Freedom in Leisure consisting of 25 items. If deficits are identified in these five scales, an additional three scales may be administered: Barriers to Leisure Involvement, Leisure Preferences Inventory, and Knowledge of Leisure Opportunities.

The battery has been administered to a variety of handicapped and non-handicapped populations, and to substance abusing and non-substance abusing populations from junior high school students to college students. This testing supported the reliability, and convergent, predictive, and discriminant validity of the battery. Normative data from the various groups tested are available.

**Key References**


FUNCTIONAL AREA X: AGGRESSIVE BEHAVIOR/DELINQUENCY

Tools:

Youth Self-Report (YSR) of the Child Behavior Checklist (CBCL)
National Youth Survey Delinquency Scale

Administration Time:

YSR: 15-20 minutes
NYS Delinquency Scale: 15-20 minutes

Source for YSR:

Thomas M. Achenbach
University Associates in Psychiatry
University of Vermont
1 So. Prospect Street
Burlington, VT
(802) 656-4563

Source for NYS Delinquency Scale:

The NYS Delinquency Scale appears at the end of the Manual and may be copied without permission.

Cost:

YSR: Sample Packet - $15.00

Translations:

YSR: Arabic, Chinese, Dutch, Finnish, French, German, Greek, Hebrew, Hindi, Italian, Korean, Norwegian, Russian, Spanish, Swedish, Thai, Turkish, Japanese, Hungarian, Portuguese, Icelandic, Afrikaans, Vietnamese and Cambodian.

NYS Delinquency Scale: English Only

Aggressive, acting out behavior has been observed to be both a precursor to and consequence of alcohol and other drug involvement in some youth. Moreover, substance use/abuse appears to be prevalent among adolescents who contact the juvenile justice system, suggesting a strong correlation between alcohol and drug involvement and delinquency. Finally, the economic demands of an addict lifestyle may involve some substance abusing adolescents in serious crime. Treatment programs who admit youth with aggressive or delinquent tendencies may need to make special arrangements for their supervision and care.

The Child Behavior Checklist (CBCL) quantifies behavioral disturbance across a variety of behavioral dimensions. The version of the CBCL applicable to the widest age range of adolescents is the Youth Self-Report (YSR), a paper-and-pencil instrument designed for adolescents 11 to 18 years of age. The YSR measures aggressive behaviors, delinquent activities, and self-destructive behavior. In addition, it measures social competency (social and job-related/recreational activities), depression, social unpopularity, somatic complaints, and disordered thoughts.

Other CBCL forms have been developed and standardized for use by parents and by teachers. The use of the parent and teacher forms allows comparisons of the adolescent’s viewpoint with the views of significant adults, thereby adding to the comprehensiveness of the assessment. Moreover, the use of essentially equivalent forms for teachers and parents enables detection of problem behaviors that may be situationally specific to school or home.

The CBCL does not provide a direct assessment of all the specific delinquent acts that an adolescent may have committed. Such an assessment is available from the National Youth Survey Delinquency Scale.
Conducted in 1977, the National Youth Survey (NYS) interviewed 1,726 adolescents who were representative of the U.S. population aged 11-17. The NYS Delinquency Scale as modified by researchers at the University of South Florida Department of Criminology asks the frequency of 23 delinquent acts and the age at which these acts were first committed. Five summated indices may be calculated for the scale: 1) General Theft, 2) Crimes Against Persons, 3) Index Offenses, 4) Drug Sales, and 5) Total Delinquency.

Key References


Once a comprehensive assessment has been completed using the instruments and procedures from the CAB, a treatment plan must be formulated. Ideally, this plan would be based solely on the needs of the adolescent as revealed by the CAB. However, from a practical perspective, the treatment plan will be constrained by the availability of services in a defined service area. In order to make optimal use of these services, the case manager or referral agent must be fully cognizant of the services available, their operational characteristics, their inclusionary and exclusionary criteria, and much more.

The Guide provides a method for locating and describing or characterizing all resources for adolescents that are currently available within a defined service area, and a framework for organizing this information into a practical, highly-customized DIRECTORY OF ADOLESCENT SERVICES. The Guide is intended for use by practitioners from all professional disciplines who work with adolescents and require information about a broad range of provider services.

As a result of developing a local or regional DIRECTORY OF ADOLESCENT SERVICES, practitioners and administrators gain an increased familiarity with the array of resources available for addressing the medical, psychiatric, educational, and psychosocial needs of troubled adolescents.

A completed DIRECTORY OF ADOLESCENT SERVICES has two sections:

The Adolescent Services Matrix - The purpose of the Matrix is to assist the referral agent in identifying at a glance the facilities/programs that have the required characteristics to meet the treatment needs of the individual adolescent. Along the left-hand side of the Matrix the names of each adolescent-related facility/program within the referral agent's service area will be listed. Along the top of the Matrix, the facility/program characteristics will be listed.

The Provider Information Form - A form is completed for each facility/program cited in the Adolescent Services Matrix. The information, by providing a summary of the key characteristics of each provider, enables the case manager or referral agent to select the most appropriate facility for each adolescent.

To collect the information necessary to complete both sections of a DIRECTORY OF ADOLESCENT SERVICES, the referral agent should conduct a survey of all facilities and programs within a defined service area or locale using the Provider Questionnaire. Conducting such a survey and completing the Adolescent Services Matrix and Provider Information Form is relatively straightforward and can be accomplished in five sequential steps.

The Provider Questionnaire, Adolescent Services Matrix, and Provider Information Form appear at the end of the Manual, and may be copied without permission.

STEP 1 - DEVELOP A COMPREHENSIVE LIST OF LOCAL ADOLESCENT SERVICE PROVIDERS.

Listing facilities and programs within the service area is an all-important first step in planning the survey. There are two parallel approaches to compiling the listing. First, an initial list can be generated based on familiarity with local providers. To create the list, the names of all providers within the service area merely need to be catalogued onto a sheet of paper. Second, existing directories of health, community service, educational, or other providers of services to adolescents in the area can
be accessed. Several useful sources of such compilation include State licensing boards, the United Way, Chamber of Commerce, and the Yellow Pages.

**STEP 2 - CONTACT THE LOCAL PROVIDERS**

Once the complement of providers has been identified, it is suggested that each be contacted to advise them of the plan to develop a DIRECTORY OF ADOLESCENT SERVICES and to solicit their cooperation. A telephone inquiry should be sufficient in this regard and, at the same time, used to verify the name and address to whom the Provider Questionnaire should be mailed. Inquiries about survey participation should be directed to the Chief Administrator or Executive Director of the facility/program.

**STEP 3 - CONDUCT FIRST SURVEY**

The telephone contact should be followed expeditiously by a Provider Questionnaire mailed to each participant. To expedite return by mail, enclose a self-addressed stamped envelope along with a note which gives a requested return deadline. Be sure that the note also includes the name of an appropriate staff member responsible for preparing the referral guide who can be contacted should the provider have any questions.

**STEP 4 - CONDUCT TELEPHONE FOLLOW-UP WITH PROVIDERS**

Follow-up telephone calls should be made to providers for two reasons. First, a personal communication will encourage providers who have not returned the questionnaire to do so. At this juncture, it may be useful to offer a copy of the completed DIRECTORY to providers who participate in the survey as an incentive for returning the form. Second, the call provides an opportunity to clarify unclear entries on the returned form or to obtain otherwise missing or incomplete information.

**STEP 5 - COMPLETE THE ADOLESCENT SERVICES MATRIX AND PROVIDER INFORMATION SHEET**

Using the information collected on the Provider Questionnaire and through follow-up telephone contacts, complete the Matrix. This task is performed by simply copying the provider's name in the left-hand column and checking off the appropriate boxes in the columns for the characteristics applicable to the provider. Also complete a Provider Information Form for each provider and file them in alphabetical order for future reference. To ensure accurate transfer of data from the Provider Questionnaire to the Matrix and Information Form, question numbers from the Provider Questionnaire are noted on the Matrix and Provider Information Form. Prior to reproducing and using these forms, these question numbers can be erased.
ATTACHMENTS

The following pages present materials needed to implement the ADOLESCENT ASSESSMENT/REFERRAL SYSTEM that are not easily available elsewhere. All of the materials presented in this section of the Manual are in the public domain and may be copied without permission. Citation of source is appreciated in publications resulting from the use of materials presented in the Manual.
PROBLEM ORIENTED SCREENING INSTRUMENT FOR TEENAGERS (POSIT)

English Version
INSTRUCTIONS

The purpose of these questions is to help us choose the best ways to help you. So, please try to answer the questions honestly.

Please answer all of the questions. If a question does not fit you exactly, pick the answer that is mostly true.

You may see the same or similar questions more than once. Please just answer each question as it comes up.

Please put an "X" through your answer.

If you do not understand a word, please ask for help.

You may begin.
1. Do you have so much energy you don't know what to do with it? Yes No

2. Do you brag? Yes No

3. Do you get into trouble because you use drugs or alcohol at school? Yes No

4. Do your friends get bored at parties when there is no alcohol served? Yes No

5. Is it hard for you to ask for help from others? Yes No

6. Has there been adult supervision at the parties you have gone to recently? Yes No

7. Do your parents or guardians argue a lot? Yes No

8. Do you usually think about how your actions will affect others? Yes No

9. Have you recently either lost or gained more than 10 pounds? Yes No

10. Have you ever had sex with someone who shot up drugs? Yes No

11. Do you often feel tired? Yes No

12. Have you had trouble with stomach pain or nausea? Yes No

13. Do you get easily frightened? Yes No

14. Have any of your best friends dated regularly during the past year? Yes No

15. Have you dated regularly in the past year? Yes No

16. Do you have a skill, craft, trade or work experience? Yes No

17. Are most of your friends older than you are? Yes No

18. Do you have less energy than you think you should? Yes No

19. Do you get frustrated easily? Yes No
20. Do you threaten to hurt people? Yes No
21. Do you feel alone most of the time? Yes No
22. Do you sleep either too much or too little? Yes No
23. Do you swear or use dirty language? Yes No
24. Are you a good listener? Yes No
25. Do your parents or guardians approve of your friends? Yes No
26. Have you lied to anyone in the past week? Yes No
27. Do your parents or guardians refuse to talk with you when they are mad at you? Yes No
28. Do you rush into things without thinking about what could happen? Yes No
29. Did you have a paying job last summer? Yes No
30. Is your free time spent just hanging out with friends? Yes No
31. Have you accidentally hurt yourself or someone else while high on alcohol or drugs? Yes No
32. Have you had any accidents or injuries that still bother you? Yes No
33. Are you a good speller? Yes No
34. Do you have friends who damage or destroy things on purpose? Yes No
35. Have the whites of your eyes ever turned yellow? Yes No
36. Do your parents or guardians usually know where you are and what you are doing? Yes No
37. Do you miss out on activities because you spend too much money on drugs or alcohol? Yes No
38. Do people pick on you because of the way you look?  
   [Yes] [No]

39. Do you know how to get a job if you want one?  
   [Yes] [No]

40. Do your parents or guardians and you do lots of things together?  
   [Yes] [No]

41. Do you get A's and B's in some classes and fail others?  
   [Yes] [No]

42. Do you feel nervous most of the time?  
   [Yes] [No]

43. Have you stolen things?  
   [Yes] [No]

44. Have you ever been told you are hyperactive?  
   [Yes] [No]

45. Do you ever feel you are addicted to alcohol or drugs?  
   [Yes] [No]

46. Are you a good reader?  
   [Yes] [No]

47. Do you have a hobby you are really interested in?  
   [Yes] [No]

48. Do you plan to get a diploma (or already have one)?  
   [Yes] [No]

49. Have you been frequently absent or late for work?  
   [Yes] [No]

50. Do you feel people are against you?  
   [Yes] [No]

51. Do you participate in team sports which have regular practices?  
   [Yes] [No]

52. Have you ever read a book cover to cover for your own enjoyment?  
   [Yes] [No]

53. Do you have chores that you must regularly do at home?  
   [Yes] [No]

54. Do your friends bring drugs to parties?  
   [Yes] [No]

55. Do you get into fights a lot?  
   [Yes] [No]

56. Do you have a hot temper?  
   [Yes] [No]
57. Do your parents or guardians pay attention when you talk with them?    Yes  No
58. Have you started using more and more drugs or alcohol to get the effect you want?    Yes  No
59. Do your parents or guardians have rules about what you can and cannot do?    Yes  No
60. Do people tell you that you are careless?    Yes  No
61. Are you stubborn?    Yes  No
62. Do any of your best friends go out on school nights without permission from their parents or guardians?    Yes  No
63. Have you ever had or do you now have a job?    Yes  No
64. Do you have trouble getting your mind off things?    Yes  No
65. Have you ever threatened anyone with a weapon?    Yes  No
66. Do you have a way to get to a job?    Yes  No
67. Do you ever leave a party because there is no alcohol or drugs?    Yes  No
68. Do your parents or guardians know what you really think or feel?    Yes  No
69. Do you often act on the spur of the moment?    Yes  No
70. Do you usually exercise for a half hour or more at least once a week?    Yes  No
71. Do you have a constant desire for alcohol or drugs?    Yes  No
72. Is it easy to learn new things?    Yes  No
73. Do you have trouble with your breathing or with coughing?    Yes  No
74. Do people your own age like and respect you? Yes  No
75. Does your mind wander a lot? Yes  No
76. Do you hear things no one else around you hears? Yes  No
77. Do you have trouble concentrating? Yes  No
78. Do you have a valid driver’s license? Yes  No
79. Have you ever had a paying job that lasted at least one month? Yes  No
80. Do you and your parents or guardians have frequent arguments which involve yelling and screaming? Yes  No
81. Have you had a car accident while high on alcohol or drugs? Yes  No
82. Do you forget things you did while drinking or using drugs? Yes  No
83. During the past month have you driven a car while you were drunk or high? Yes  No
84. Are you louder than other kids? Yes  No
85. Are most of your friends younger than you are? Yes  No
86. Have you ever intentionally damaged someone else’s property? Yes  No
87. Have you ever stopped working at a job because you just didn’t care? Yes  No
88. Do your parents or guardians like talking with you and being with you? Yes  No
89. Have you ever spent the night away from home when your parents didn’t know where you were? Yes  No
90. Have any of your best friends participated in team sports which require regular practices? Yes  No
91. Are you suspicious of other people? Yes  No
92. Are you already too busy with school and other adult supervised activities to be interested in a job?  
   Yes  No

93. Have you cut school at least 5 days in the past year?  
   Yes  No

94. Are you usually pleased with how well you do in activities with your friends?  
   Yes  No

95. Does alcohol or drug use cause your moods to change quickly like from happy to sad or vice versa?  
   Yes  No

96. Do you feel sad most of the time?  
   Yes  No

97. Do you miss school or arrive late for school because of your alcohol or drug use?  
   Yes  No

98. Is it important to you now to get or keep a satisfactory job?  
   Yes  No

99. Do your family or friends ever tell you that you should cut down on your drinking or drug use?  
   Yes  No

100. Do you have serious arguments with friends or family members because of your drinking or drug use?  
    Yes  No

101. Do you tease others a lot?  
     Yes  No

102. Do you have trouble sleeping?  
     Yes  No

103. Do you have trouble with written work?  
     Yes  No

104. Does your alcohol or drug use ever make you do something you would not normally do - like breaking rules, missing curfew, breaking the law or having sex with someone?  
    Yes  No

105. Do you feel you loose control and get into fights?  
     Yes  No

106. Have you ever been fired from a job?  
     Yes  No

107. During the past month, have you skipped school?  
     Yes  No
108. Do you have trouble getting along with any of your friends because of your alcohol or drug use? 
   Yes  No

109. Do you have a hard time following directions?  
   Yes  No

110. Are you good at talking your way out of trouble?  
   Yes  No

111. Do you have friends who have hit or threatened to hit someone without any real reason?  
   Yes  No

112. Do you ever feel you can’t control your alcohol or drug use?  
   Yes  No

113. Do you have a good memory?  
   Yes  No

114. Do your parents or guardians have a pretty good idea of your interests?  
   Yes  No

115. Do your parents or guardians usually agree about how to handle you?  
   Yes  No

116. Do you have a hard time planning and organizing?  
   Yes  No

117. Do you have trouble with math?  
   Yes  No

118. Do your friends cut school a lot?  
   Yes  No

119. Do you worry a lot?  
   Yes  No

120. Do you find it difficult to complete class projects or work tasks?  
   Yes  No

121. Does school sometimes make you feel stupid?  
   Yes  No

122. Are you able to make friends easily in a new group?  
   Yes  No

123. Do you often feel like you want to cry?  
   Yes  No

124. Are you afraid to be around people?  
   Yes  No

125. Do you have friends who have stolen things?  
   Yes  No

126. Do you want to be a member of any organized group, team, or club?  
   Yes  No
127. Does one of your parents or guardians have a steady job?  
Yes No

128. Do you think it’s a bad idea to trust other people?  
Yes No

129. Do you enjoy doing things with people your own age?  
Yes No

130. Do you feel you study longer than your classmates and still get poorer grades?  
Yes No

131. Have you ever failed a grade in school?  
Yes No

132. Do you go out for fun on school nights without your parents’ or guardians’ permission?  
Yes No

133. Is school hard for you?  
Yes No

134. Do you have an idea about the type of job or career that you want to have?  
Yes No

135. On a typical day, do you watch more than two hours of TV?  
Yes No

136. Are you restless and can’t sit still?  
Yes No

137. Do you have trouble finding the right words to express what you are thinking?  
Yes No

138. Do you scream a lot?  
Yes No

139. Have you ever had sexual intercourse without using a condom  
Yes No
PROBLEM ORIENTED SCREENING INSTRUMENT FOR TEENAGERS (POSIT)

Spanish Version
INSTRUMENTO PARA LA EVALUACION DE PROBLEMAS

PROPIOS DE LA ADOLESCENCIA

INSTRUCCIONES

El propósito de estas preguntas es ayudarnos a nosotros a escoger la forma en que mejor podemos ayudarte a ti. Por consiguiente, trata de contestar las preguntas con franqueza.

Contesta todas las preguntas. Si alguna de ellas no se aplica exactamente a ti, escoge la contestación que más se acerque a la verdad en tu caso.

Es posible que encuentres la misma pregunta, o preguntas semejantes, más de una vez. Contéstalas cada vez que aparezcan en el cuestionario.

Por favor, ponga una "X" sobre su repuesta.

Si no comprendes alguna palabra, pide ayuda.

Puedes comenzar.
1. ¿Tienes tanta energía que no sabes qué hacer con ella? ........................................... Si  
           No
2. ¿Eres jactancioso(a)?  ........................................... Si  
           No
3. ¿Te encuentras a veces en dificultades porque consumes drogas o bebidas alcohólicas en la escuela?  ........................................... Si  
           No
4. ¿Se aburren tus amigos en las fiestas donde no se sirven bebidas alcohólicas?  ....... Si  
           No
5. ¿Se te hace difícil pedir ayuda a otra persona? ........................................... Si  
           No
6. ¿Han estado supervisadas por adultos las fiestas a que has asistido recientemente? ........................................... Si  
           No
7. ¿Argumentan demasiado tus padres o guardianes? ........................................... Si  
           No
8. ¿Reflexionas a menudo sobre las consecuencias que tienen tus actos para los demás? ........................................... Si  
           No
9. ¿Has adelgazado o engordado más de 5 kilos recientemente? ........................................... Si  
           No
10. ¿Has tenido alguna vez relaciones sexuales con alguien que inyecta drogas? ....... Si  
           No
11. ¿Te cansas con frecuencia? ........................................... Si  
           No
12. ¿Has tenido trastornos de salud que te ocasionen dolores de estómago o náuseas? ....... Si  
           No
13. ¿Te asustas con facilidad? ........................................... Si  
           No
14. ¿Hay entre tus amigos íntimos parejas que salían juntas regularmente el año pasado? ........................................... Si  
           No
15. ¿Saliste tu regularmente con un muchacho o una muchacha del sexo opuesto el año pasado? ........................................... Si  
           No
16. ¿Tienes alguna destreza, artesanía, oficio o experiencia de trabajo? .................. Si  
           No
17. ¿Son la mayoría de tus amigos mayores que tu? ........................................... Si  
           No
18. "Eres menos energía que la que crees que deberías tener" Si No
19. Eres sientes frustrado(a) con facilidad" Si No
20. Gímenazas a otros con hacerles daño" Si No
21. Eres sientes solo(a) la mayor parte del tiempo" Si No
22. Ouermes demasiado, o muy poco" Si No
23. Oíces groserias o vulgaridades" Si No
24. LEscuchas cuidadosamente cuando alguien te habla" Si No
25. Son tus amigos del agrado de tus padres o guardianes" Si No
26. LLé mentiste a alguien la semana pasada" Si No
27. Oue niegan tus padres o guardianes a hablarte cuando se enfadan contigo" Si No
28. Oiciones impulsivamente y sin pensar en las consecuencias que tendrán tus actos" Si No
29. ERuviste un empleo con sueldo el verano pasado" Si No
30. OEspasas tus horas libres horneando con tus amigos" Si No
31. Oer has hecho dano o has hecho dano a otra persona accidentalmente estando bajo el efecto del alcohol o de drogas" Si No
32. Ohas tenido algún accidente o sufrido alguna lesión cuyos efectos te molestan todavía" Si No
33. Sabes escribir o letrar "Si No
34. Tienes amigos que causan dano o destrucción intencionalmente" Si No
35. Ote ha puesto amarilla alguna vez la parte blanca de los ojos" Si No
36. Generalmente, saben tus padres o guardianes donde estás y lo que estás haciendo" Si No
37. Sues les perderte actividades o acontecimientos porque has gastado demasiado dinero en drogas o bebidas alcohólicas.

38. Re molesta o se rie de ti la gente por tu apariencia personal.

39. Sabes cómo encontrar un empleo si lo deseas.

40. Participas en muchas actividades en compañía de tus padres o guardianes.

41. Obtienes buenas notas en algunas clases y fracasas en otras.

42. Crees sentirte nervioso(a) la mayor parte del tiempo.

43. Has robado alguna vez.

44. CN'han dicho alguna vez que eres hiperactivo(a).

45. Oientes a veces que eres adicto(a) al alcohol o a las drogas.

46. Sabes leer 'Dien.

47. Tienes algún pasatiempo o afición que realmente te interesa.

48. Tienes la intención de obtener un diploma (o tienes ya uno).

49. Has estado ausente o llegado tarde a tu trabajo con frecuencia.

50. Sientes que la gente está en contra tuya?

51. Eres miembro de un equipo deportivo que practica regularmente.

52. Has leído alguna vez un libro de principio a fin por tu propio gusto que no debería leer por tareas escolares?

53. Tienes ciertas tareas que debes hacer regularmente en casa.

54. AdeVan tus amigos drogas a las fiestas.

55. Aleles a menudo o muchas veces.
56. ¿Tienes mal genio?...................... Si  No
57. ¿Te prestan atención tus padres o guardianes cuando les hablas?........... Si  No
58. Has comenzado a consumir mayores cantidades de drogas o alcohol para obtener el efecto que deseas?.............. Si  No
59. ¿Han fijado tus padres o guardianes ciertas reglas en cuanto a lo que te está permitido o no te está permitido hacer?....... Si  No
60. ¿Te dice la gente que eres descuidado(a)?... Si  No
61. ¿Eres testarudo(a)?...................... Si  No
62. ¿Tienes amigos íntimos que salen en noches de semana sin el permiso de sus padres o guardianes?............. Si  No
63. ¿Has tenido alguna vez o tienes actualmente un empleo?............... Si  No
64. ¿Se te hace difícil quitarte ciertas cosas de la mente?................. Si  No
65. ¿Has amenazado alguna vez a alguien con un arma?.................. Si  No
66. ¿Tienes algún medio de obtener empleo?....... Si  No
67. ¿Te vas a veces de las fiestas porque no hay en ellas bebidas alcohólicas o drogas?.................. Si  No
68. ¿Saben tus padres o guardianes cómo realmente piensas o te sientes?........... Si  No
69. ¿Actuas impulsivamente con frecuencia?...... Si  No
70. Generalmente, ¿haces ejercicio media hora o más por lo menos una vez por semana?....... Si  No
71. ¿Sientes un deseo constante de consumir bebidas alcohólicas o drogas?............... Si  No
72. ¿Es fácil aprender cosas nuevas?............... Si  No
73. ¿Sientes dificultad al respirar? ¿Toses?.... Si  No
74. ¿Te quieren y respetan las personas de tu edad?...................... Si  No
75. ¿Pierdes el hilo del pensamiento con mucha frecuencia?.................. Si No
76. ¿Oyes cosas que nadie más oye a tu alrededor?.................. Si No
77. ¿Tienes dificultad en concentrar el pensamiento?.................. Si No
78. ¿Tienes una licencia de manejar válida?..... Si No
79. ¿Has tenido alguna vez un empleo con sueldo que haya durado por lo menos un mes?... Si No
80. ¿Te disputas frecuentemente con tus padres o guardianes, levantando la voz y gritando?............. Si No
81. ¿Has tenido un accidente automobilístico estando bajo el efecto del alcohol o de drogas?............. Si No
82. ¿Olvidas lo que haces cuando bebes o te endroegas?.................. Si No
83. El mes pasado, ¿manejaste un automóvil estando borracho(a) o endrogado(a)?............. Si No
84. ¿Levantas la voz más que los demás muchachos de tu edad?.................. Si No
85. ¿Son la mayoría de tus amigos más jóvenes que tu?.................. Si No
86. ¿Has ocasionado daños a la propiedad ajena intencionalmente alguna vez?.................. Si No
87. ¿Has dejado un empleo sencillamente porque no te importaban las consecuencias de dejarlo?.................. Si No
88. ¿Les gusta a tus padres o guardianes hablar y estar contigo?.................. Si No
89. ¿Has pasado alguna noche fuera de tu casa sin que tus padres o guardianes supieran dónde estabas?.................. Si No
90. ¿Tienes amigos íntimos que han sido miembros de equipos deportivos que requieren prácticas regulares?............. Si No
91. ¿Desconfías de la gente?.................. Si No
92. ¿Te consideras demasiado ocupado(a) con las actividades escolares y demás actividades supervisadas por adultos para interesarte en un empleo?... Si No

93. ¿Tuviste más de cinco ausencias no autorizadas de la escuela el año pasado?... Si No

94. ¿Te sientes generalmente satisfecho(a) de tu conducta cuando participas en actividades con tus amigos?... Si No

95. ¿Te ocasiona el uso del alcohol o de las drogas cambios repentinos de humor, como pasar de estar contento(a) a estar triste, o viceversa?... Si No

96. ¿Te sientes triste la mayor parte del tiempo?... Si No

97. ¿Pierdes días de clase o llegas tarde a la escuela por haber consumido bebidas alcohólicas o drogas?... Si No

98. Actualmente, ¿es importante para ti conseguir o conservar un empleo satisfactorio?... Si No

99. ¿Te han dicho alguna vez tus familiares o amigos que debes reducir el uso de bebidas alcohólicas o drogas?... Si No

100. ¿Discutes seriamente con tus amigos o familiares por el uso que haces de bebidas alcohólicas o drogas?... Si No

101. ¿Embromas mucho a tus amigos?... Si No

102. ¿Tienes dificultad en dormir?... Si No

103. ¿Tienes dificultad con trabajos escritos?... Si No

104. ¿Te inducen a veces las bebidas alcohólicas o las drogas a hacer algo que normalmente no harías, como a desobedecer alguna regla o ley, o la hora de llegar a casa, o a tener relaciones sexuales con alguien?... Si No

105. ¿Sientes que a veces pierdes control de ti mismo(a) terminas peleando?... Si No

106. ¿Te han despedido alguna vez de un empleo?... Si No
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<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>107. ¿Faltaste a la escuela sin autorización el mes pasado?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>108. ¿Tienes dificultad en tus relaciones con alguno de tus amigos debido a las bebidas alcohólicas o drogas que consumes?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>109. ¿Tienes dificultad en seguir instrucciones?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>110. ¿Sabes &quot;hacer cuentos&quot; para salir de apuros con facilidad?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>111. ¿Tienes amigos que han golpeado o amenazado a alguien sin razón?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>112. ¿Sientes a veces que no puedes controlar el deseo de consumir bebidas alcohólicas o drogas?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>113. ¿Tienes buena memoria?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>114. ¿Tienen tus padres o guardianes una idea relativamente buena de lo que te interesa?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>115. Generalmente, ¿están tus padres o guardianes de acuerdo en cuanto a la forma en que te deben manejar a ti?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>116. ¿Se te hace difícil hacer planes o organizar tus actividades?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>117. ¿Tienes dificultad con matemáticas?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>118. ¿Faltan tus amigos a la escuela sin autorización con mucha frecuencia?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>119. ¿Te preocupas mucho?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>120. ¿Se te hace difícil terminar tus proyectos o tareas escolares?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>121. ¿Te hace la escuela a veces sentirte estúpido(a)?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>122. ¿Haces amistades con facilidad cuando te encuentras entre un grupo de gente nueva?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>123. ¿Sientes deseos de llorar frecuentemente?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>124. ¿Te da miedo estar con la gente?</td>
<td>Si</td>
<td>No</td>
</tr>
<tr>
<td>125. ¿Tienes amigos que han robado?</td>
<td>Si</td>
<td>No</td>
</tr>
</tbody>
</table>
126. ¿Deseas ser miembro de un grupo, equipo o club organizado? ..................  Si  No
127. ¿Tiene uno de tus padres o guardianes un empleo permanente? ..............  Si  No
128. ¿Te parece mala idea confiar en otros? ......  Si  No
129. ¿Te gusta participar en actividades con personas de tu edad? .................  Si  No
130. ¿Tienes la impresión de que a pesar de que estudias más que tus compañeros siempre sacas peores notas que ellos? ......  Si  No
131. ¿Has frascasado algún año en la escuela?.....  Si  No
132. ¿Sales a divertirte en noches de semana sin el permiso de tus padres o guardianes?..  Si  No
133. ¿Es difícil la escuela para ti?.............  Si  No
134. ¿Tienes alguna idea del trabajo o la carrera que deseas?.....................  Si  No
135. ¿En un día típico, ves televisión más de dos horas?.........................  Si  No
136. ¿Eres una persona nerviosa, de las que no pueden estar sentadas mucho tiempo?......  Si  No
137. ¿Tienes dificultad en encontrar palabras apropiadas para expresar tus pensamientos?..  Si  No
138. ¿Gritas mucho?.................................  Si  No
139. ¿Has tenido relaciones sexuales sin usando un condon?.....................  Si  No
POSIT SCORING TEMPLATES

Note: These scoring templates must be photocopied onto transparency stock
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<tbody>
<tr>
<td>75 F *RF</td>
<td>92 G</td>
<td>107 J</td>
<td>126 I</td>
</tr>
<tr>
<td>76 C</td>
<td>93 C</td>
<td>108 A *RF</td>
<td>127 G *RF</td>
</tr>
<tr>
<td>77 C</td>
<td>94 H</td>
<td>109 C, F *RF F ONLY</td>
<td>128 H</td>
</tr>
<tr>
<td>78 G 16+</td>
<td>95 A *RF</td>
<td>110 F, H</td>
<td>129 H</td>
</tr>
<tr>
<td>79 G 16+ *RF</td>
<td>96 C *RF</td>
<td>111 E *RF</td>
<td>130 F</td>
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<td>80 D *RF</td>
<td>97 A *RF</td>
<td>112 A *RF</td>
<td>131 G</td>
</tr>
<tr>
<td>81 A *RF</td>
<td>98 A *RF</td>
<td>113 F *RF</td>
<td>132 I *RF</td>
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<tr>
<td>82 A *RF</td>
<td>99 A *RF</td>
<td>114 D</td>
<td>133 F</td>
</tr>
<tr>
<td>83 A *RF</td>
<td>100 A *RF</td>
<td>115 D</td>
<td>134 G *RF</td>
</tr>
<tr>
<td>84 J</td>
<td>101 J</td>
<td>116 F *RF</td>
<td>135 I</td>
</tr>
<tr>
<td>85 E *RF</td>
<td>102 C</td>
<td>117 F</td>
<td>136 F, C *RF F ONLY</td>
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<tr>
<td>86 J *RF</td>
<td>103 F</td>
<td>118 E *RF</td>
<td>137 F</td>
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<tr>
<td>87 G 16+ *RF</td>
<td>104 A *RF</td>
<td>119 C</td>
<td>138 J</td>
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<tr>
<td>88 D *RF</td>
<td>105 C</td>
<td>120 G 16+ *RF</td>
<td>139 B</td>
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<tr>
<td>89 J</td>
<td>106 G 16+ *RF</td>
<td>121 F</td>
<td>120 G 16+ *RF</td>
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<td>90 I</td>
<td>107 I *RF</td>
<td>122 H</td>
<td>123 C *RF</td>
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<tr>
<td>91 J *RF</td>
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<td>124 G *RF</td>
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<tbody>
<tr>
<td>A- Substance use/abuse</td>
<td>1</td>
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<tr>
<td>(All items are red flags)</td>
<td>2</td>
<td></td>
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<tr>
<td>B- Physical Health Status</td>
<td>3</td>
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<td>(Cut-off = 3 points)</td>
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<tr>
<td>C- Mental Health Status</td>
<td>5</td>
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<tr>
<td>(Cut-off = 4 points)</td>
<td>6</td>
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<tr>
<td>D- Family Relationships</td>
<td>7</td>
<td></td>
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<td>(Cut-off = 4 points)</td>
<td>8</td>
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<tr>
<td>E- Peer Relations</td>
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<td>(All items are red flags)</td>
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<td>F- Educational Status</td>
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<td>(Cut-off = 6 points)</td>
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<tr>
<td>G- Vocational Status</td>
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<td>(Cut-off = 5 points)</td>
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<tr>
<td>H- Social Skills</td>
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<tr>
<td>(Cut-off = 3 points)</td>
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<tr>
<td>I- Leisure and Recreation</td>
<td></td>
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<tr>
<td>(Cut-off = 5 points)</td>
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<tr>
<td>J- Aggressive Behavior/Delinquency</td>
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Scorers Comments:
POSIT SCORING SHEET - SPANISH

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<tr>
<td>C - Mental Health Status</td>
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<td>D - Family Relationships</td>
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<td>(Cut-off = 4 points)</td>
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<tr>
<td>E - Peer Relations</td>
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<tr>
<td>F - Educational Status</td>
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<td>G - Vocational Status</td>
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Scorers Comments:
CLIENT PERSONAL HISTORY QUESTIONNAIRE

Name ________________________________

                     Last  First  Middle

Your Zip Code __________

Age ____  Birth date ________________

                     Month  Day  Year

Sex  ____ Male  Marital Status:  Single ______

       ____ Married ______

       ____ Divorced ______

       ____ Separated ______

Which of the following best describes you?

       ____ Black

       ____ White

       ____ Hispanic/Chicano/Latino

       ____ American Indian

       ____ Asian

       ____ Other

What language are you most comfortable reading? ____________

What language are you most comfortable writing? ____________

What language are your parents most comfortable speaking? ____________

In which religion were you raised?

       ____ Protestant

       ____ Catholic

       ____ Jewish

       ____ None

       ____ Other  Which? ____________

How often do you attend religious services?

       ____ Every week

       ____ A few times a month

       ____ About once a month

       ____ A few times a year

       ____ Rarely

       ____ Never
With whom are you currently living?

___ Both parents
___ Mother only
___ Father only
___ Mother and stepfather
___ Father and stepmother
___ Other relatives
___ Foster parents
___ Friends
___ Spouse
___ Boyfriend/Girlfriend
___ Other
___ No one

In what type of place do you live?

___ No regular place
___ Rooming or boarding house
___ Hotel
___ Apartment
___ Single family house
___ Jail
___ Institution or hospital
___ Therapeutic community, halfway house, or similar place
___ Shelter

How many times in the past year have you changed the people with whom you live? ___ Once ___ Twice ___ Three times or more

Do you have any children?

1. NO  2. YES
IF YES: Do they live with you?
1. NO  2. YES

Are you currently in school?

1. NO  2. YES
IF YES: What grade are you in? _____

What type of program (Check one)?
___ Academic
___ Vocational
___ Commercial/Business
___ Alternative
___ Other Which? 

What is your grade average (Circle one)?

A B C D Fail

2
Do you currently have a job?
1. NO 2. YES
   IF YES: Is it full or part time?
   _____ Full
   _____ Part

What kind of job? _______________________

Are you a member of a street gang?
1. NO 2. YES

How many times have you been to a doctor in the last twelve months?
____ Never
____ Once
____ Twice
____ 3-5 times
____ More often

Have you been kept overnight in a hospital in the last 6 months?
1. NO 2. YES
   IF YES: Why? _______________________

Are you currently taking any medications prescribed by your doctor?
1. NO 2. YES
   IF YES, what medication(s) are you taking? _______________________

What does your father or male head of household do for a living?
(Please do not list where he works but what job he does.)

What does your mother or female head of household do for a living?
(Please do not list where she works but what job she does.)

Is your family receiving public assistance?
1. NO 2. YES
Have you been arrested or had any other trouble with the law in the past twelve months?

1. NO  
2. YES
   IF YES, what?___________________________________

Has any member of your family or household family besides yourself ever had problems with alcohol abuse?

1. NO  
2. YES
   IF YES: Has this person been in a treatment program? _____

Has any member of your family or household family besides yourself ever had problems with other drug use?

1. NO  
2. YES
   IF YES: Has this person been in a treatment program? _____

Has any member of your family or household family besides yourself had involvement with the police or courts?

1. NO  
2. YES
   IF YES: Have any of them been: (Check all that apply)

   _____ Arrested
   _____ Held in jail or detention
   _____ Convicted of a crime
   _____ Put on probation
   _____ Sent to a training school or prison

Are you currently seeing a psychiatrist, psychologist, counselor or social worker because you needed help with an emotional or behavioral problem?

1. NO  
2. YES

Have you ever been in a special education class?

1. NO  
2. YES
Below is a list of experiences or events. Put an "X" next to the items that have happened to you within the past 12 months.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>An important friend moved away.</td>
</tr>
<tr>
<td>2</td>
<td>You changed schools.</td>
</tr>
<tr>
<td>3</td>
<td>Your parents argued or fought with each other.</td>
</tr>
<tr>
<td>4</td>
<td>One or both of your parents got remarried.</td>
</tr>
<tr>
<td>5</td>
<td>Your parents got divorced or separated.</td>
</tr>
<tr>
<td>6</td>
<td>There were serious money problems at home.</td>
</tr>
<tr>
<td>7</td>
<td>A family member had a serious accident or illness that worried you.</td>
</tr>
<tr>
<td>8</td>
<td>Someone in your family had a drinking or drug problem.</td>
</tr>
<tr>
<td>9</td>
<td>You started earning your own money.</td>
</tr>
<tr>
<td>10</td>
<td>You feared that someone might physically hurt you.</td>
</tr>
<tr>
<td>11</td>
<td>You feared that someone might make sexual advances towards you.</td>
</tr>
<tr>
<td>12</td>
<td>A brother or sister was born or adopted into your family.</td>
</tr>
<tr>
<td>13</td>
<td>You found a new group of friends.</td>
</tr>
<tr>
<td>14</td>
<td>You broke up with someone you were dating on a regular basis.</td>
</tr>
<tr>
<td>15</td>
<td>(for girls) You became pregnant or gave birth to a child or did not complete pregnancy.</td>
</tr>
<tr>
<td>16</td>
<td>(for boys) Your girlfriend became pregnant.</td>
</tr>
<tr>
<td>17</td>
<td>You moved to a new home or neighborhood.</td>
</tr>
<tr>
<td>18</td>
<td>You got poor grades in school.</td>
</tr>
<tr>
<td>19</td>
<td>You had problems at work or school.</td>
</tr>
<tr>
<td>20</td>
<td>You had a serious accident or illness.</td>
</tr>
<tr>
<td>21</td>
<td>You started dating regularly.</td>
</tr>
<tr>
<td>22</td>
<td>You had sex for the first time.</td>
</tr>
<tr>
<td>23</td>
<td>You got in trouble with the law.</td>
</tr>
<tr>
<td>24</td>
<td>You were expelled or suspended from school.</td>
</tr>
<tr>
<td>25</td>
<td>You gained a lot of weight.</td>
</tr>
<tr>
<td>26</td>
<td>You had a sexual experience with someone of your own sex.</td>
</tr>
</tbody>
</table>
27. **____** A close friend died.
28. **____** You thought about hurting or killing yourself.
29. **____** You had trouble with a brother or sister.
30. **____** Your mother or father lost a job.
31. **____** A brother or sister moved out.
32. **____** You had trouble with a school teacher.
33. **____** Someone in your family died.
34. **____** You were bothered by a lack of affection and kindness toward you by one or both of your parents.
35. **____** You were placed in a new living situation, for example, in a foster home, residential setting, or institution.
36. **____** A close friend became seriously ill or had serious medical problems.
37. **____** You stole something valuable.
38. **____** One or both of your parents changed jobs.
39. **____** You ran away from home.
40. **____** You have been a victim of a crime.
CLIENT PERSONAL HISTORY QUESTIONNAIRE

Spanish Version
CUESTIONARIO DE INFORMACIÓN PERSONAL

<table>
<thead>
<tr>
<th>Apellido Paterno</th>
<th>Primer Nombre</th>
<th>Segundo Nombre</th>
</tr>
</thead>
<tbody>
<tr>
<td>Código Postal (Zip Code):</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Edad:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fecha de Nacimiento:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>mes</td>
<td>día</td>
<td>año</td>
</tr>
<tr>
<td>Sexo:</td>
<td>Masculino</td>
<td>Fememino</td>
</tr>
<tr>
<td>Estado Civil o matrimonial:</td>
<td>Soltero</td>
<td>Casado</td>
</tr>
</tbody>
</table>

¿Cuál de las siguientes razas es la que mejor te describe?

- [ ] Negro
- [ ] Blanco
- [ ] Hispano/Chicano/Latino
- [ ] Indio Americano
- [ ] Asiático
- [ ] Otra

¿Cuál lengua está vd. más confortable de leer? |  

¿Cuál lengua está vd. más confortable de escribir? |  

¿Cuál lengua están sus padres más confortable de hablar? |  

¿En que religión creció Vd?

- [ ] Protestante
- [ ] Católico
- [ ] Judío
- [ ] Ninguna
- [ ] Otra ¿Cuál? |

¿Cuántas veces atiende vd. servicios religiosos?

- [ ] Cada semana
- [ ] Unos pocos veces cada mes
- [ ] Una vez cada mes
- [ ] Unos pocos veces cada año
- [ ] Rara vez
- [ ] Nunca
¿Con quién vive Vd. actualmente?

_______ Con los dos padres
_______ Solo con la Madre
_______ Solo con el Padre
_______ Madre y Padrastro
_______ Padre y Madrasta
_______ Otros parientes/deudos
_______ Padres adoptivos
_______ Amigos
_______ Esposo(a)
_______ Novio/Novia
_______ Otro
_______ Ninguna

¿En qué clase de lugar vive Vd.?

_______ Sin dirección fija
_______ Casa de huéspedes
_______ Hotel
_______ Apartamento
_______ Casa unifamiliar
_______ Cárcel
_______ Hospital o Institución
_______ Comunidad terapéutica o lugar similar
_______ Refugio

¿Cuántas veces en el año pasado ha cambiado Vd. las personas con quien vive?

_______ Una vez
_______ Dos veces
_______ Tres veces o más

¿Tiene Vd. hijos?

No _______

(Si la respuesta es Sí:)

¿Viven con Vd.?

No _______ Si _______

¿Asiste Vd. a las escuela actualmente?

No _______

(Si la respuesta es Sí:)

¿En qué grado está Vd.? _______
¿En qué tipo de programa (escoge uno)?

- Académico
- Vocacional
- Comercial/Negocios
- Alternativa
- Otra: __________ ¿Cuál?

¿Cuál es su promedio de calificaciones?

A B C D Desaprobado

¿Tiene Vd. trabajo actualmente?

No ________

Sí ________
(Si la respuesta es Sí:)

¿Su trabajo es a tiempo completo o parcial?

________ Tiempo completo
________ Tiempo parcial/Medio tiempo

¿Qué tipo de trabajo? ______________

¿Es Vd. un miembro de una pandilla (gangas)?

No ________

Sí ________

¿Cuántas veces ha visitado Vd. al doctor en los últimos 12 meses?

________ Nunca
________ Una vez
________ Dos veces
________ 3-5 veces
________ Más de 5 veces

¿Ha tenido que permanecer en el hospital toda la noche en los últimos 6 meses?

No ________

Sí ________
(Si la respuesta es Sí:)

¿Porqué? ______________

¿Está Vd. tomando algún medicamento recetado por algún médico actualmente?

No ________

Sí ________
(Si la respuesta es Sí:)

¿Qué medicamentos has tomado, o está tomando? ______________
¿En qué trabaja su Padre?
(Por favor, no escriba en dónde, sino que trabajo realiza)

¿En qué trabaja su Madre?
(Por favor, no escriba en dónde, sino que trabajo realiza)

¿Está su familia viviendo con las asistencia pública?
No ___  Sí ___

¿Ha sido arrestado, o ha tenido problemas con la ley en los últimos 12 meses?
No ___  Sí ___
(Si la respuesta es Sí:) ¿Porque? ______________

Además de vd, ¿ha tenido un miembro de su familia problemas con el abuso de alcohol?
No ___  Sí ___
(Si la respuesta es Sí:)
¿Ha estado esta persona en una programa de tratamiento?
No ___  Sí ___

Además de vd, ¿ha tenido un miembro de su familia problemas con el abuso de otras drogas?
No ___  Sí ___
(Si la respuesta es Sí:)
¿Ha estado esta persona en una programa de tratamiento?
No ___  Sí ___

Además de vd, ¿ha tenido un miembro de su familia problemas con la policía o tribunales?
No ___  Sí ___
(Si la respuesta es Sí:)
¿Ha estado un miembro de su familia:
(Ponga un "X")

Arrestado
Detenido en el cárcel o detención
Declarado convicto de un crimen
Puesto en un periodo de prueba
Puesto en el cárcel
¿Está Vd. actualmente viendo algún psiquiatra, psicólogo, consejero o trabajador social; porque necesita ayuda en un problema emocional o de comportamiento?

No _______  Sí _______

¿Ha estado en una clase de educación especial?

No _______  Sí _______
Aquí está una lista de experiencias o eventos. Ponga una "X" al lado de las experiencias que le han pasado a vd. **durante el año pasado**.

<table>
<thead>
<tr>
<th>Número</th>
<th>Experiencia</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Un amigo importante se ha mudado.</td>
</tr>
<tr>
<td>2.</td>
<td>Te cambiaste de escuela.</td>
</tr>
<tr>
<td>3.</td>
<td>Tus padres discuten o pelean uno con el otro.</td>
</tr>
<tr>
<td>4.</td>
<td>Uno o tus dos padres se han casado nuevamente.</td>
</tr>
<tr>
<td>5.</td>
<td>Tus padres se han separado o divorciado.</td>
</tr>
<tr>
<td>6.</td>
<td>Hay problemas serios de dinero en tu hogar.</td>
</tr>
<tr>
<td>7.</td>
<td>Un miembro de tu familia ha sufrido un accidente serio o una enfermedad que te preocupa.</td>
</tr>
<tr>
<td>8.</td>
<td>Alguien en tu familia tiene problemas con alcohol o drogas.</td>
</tr>
<tr>
<td>9.</td>
<td>Has comenzado a ganar tu propio dinero.</td>
</tr>
<tr>
<td>10.</td>
<td>Has sentido miedo porque alguien pudiera hacerte algún daño físico.</td>
</tr>
<tr>
<td>11.</td>
<td>Has sentido miedo porque alguien posiblemente quiere tomar ventaja sexual sobre ti.</td>
</tr>
<tr>
<td>12.</td>
<td>Un hermano o hermana ha nacido o adoptado en tu familia.</td>
</tr>
<tr>
<td>13.</td>
<td>Has encontrado un nuevo grupo de amigos.</td>
</tr>
<tr>
<td>14.</td>
<td>Has terminado con alguien con quien venías saliendo en forma seria.</td>
</tr>
<tr>
<td>15.</td>
<td>(Para chicas) Has salido embarazada o has dado a luz a un bebe o no has completado tu embarazo.</td>
</tr>
<tr>
<td>16.</td>
<td>(Para chicos) Tu enamorada o novia ha salido embarazada.</td>
</tr>
<tr>
<td>17.</td>
<td>Te has mudado a un nuevo vecindario.</td>
</tr>
<tr>
<td>18.</td>
<td>Has obtenido bajas calificaciones en la escuela.</td>
</tr>
<tr>
<td>19.</td>
<td>Tienes problemas en el trabajo o en la escuela.</td>
</tr>
<tr>
<td>20.</td>
<td>Has tenido un accidente o enfermedad seria.</td>
</tr>
<tr>
<td>21.</td>
<td>Has comenzado a salir regularmente, con alguien del</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>22.</td>
<td>Has tenido relaciones sexuales por primera vez.</td>
</tr>
<tr>
<td>23.</td>
<td>Has tenido problemas con la Ley.</td>
</tr>
<tr>
<td>24.</td>
<td>Has sido suspendido o expulsado de la escuela.</td>
</tr>
<tr>
<td>25.</td>
<td>Has aumentado mucho de peso.</td>
</tr>
<tr>
<td>26.</td>
<td>Has tenido alguna experiencia sexual con alguien de tu mismo sexo.</td>
</tr>
<tr>
<td>27.</td>
<td>Un(a) amigo(a) muy cercano(a) ha muerto.</td>
</tr>
<tr>
<td>28.</td>
<td>Has pensado en hacerte daño a ti mismo o suicidarte.</td>
</tr>
<tr>
<td>29.</td>
<td>Tienes problemas con un hermano(a).</td>
</tr>
<tr>
<td>30.</td>
<td>Tu madre o padre han perdido el trabajo.</td>
</tr>
<tr>
<td>31.</td>
<td>Un hermano o hermana se ha mudado de tu casa.</td>
</tr>
<tr>
<td>32.</td>
<td>Has tenido problemas con un(a) maestro de la escuela.</td>
</tr>
<tr>
<td>33.</td>
<td>Algun miembro de tu familia ha muerto.</td>
</tr>
<tr>
<td>34.</td>
<td>Te has sentido mal o molestado por falta de afecto y cariño de parte de uno o tus dos padres.</td>
</tr>
<tr>
<td>35.</td>
<td>Te has cambiado de lugar de vivienda últimamente, por ejemplo, a un asilo de niños, una nueva casa o una institución benéfica.</td>
</tr>
<tr>
<td>36.</td>
<td>Un amigo muy cercano se ha enfermado seriamente o ha tenido problemas médicos serios.</td>
</tr>
<tr>
<td>37.</td>
<td>Has robado algo de valor.</td>
</tr>
<tr>
<td>38.</td>
<td>Uno o tus dos Padres han cambiado de trabajo.</td>
</tr>
<tr>
<td>39.</td>
<td>Te has ido de tu casa.</td>
</tr>
<tr>
<td>40.</td>
<td>Has sido una víctima de un crimen.</td>
</tr>
</tbody>
</table>
PHYSICIAN REPORT FORM
PHYSICIAN REPORT FORM
ALL INFORMATION ON THIS FORM
IS STRICTLY CONFIDENTIAL

Full Name
Date of Birth
Date
With whom do you live?
Mother  Father  Stepmother  Stepfather  Guardian  Spouse  Friend  Other

HEALTH HISTORY
1. What current concern do you have about your health?

2. Have you ever been in a hospital overnight? Yes  No
   Year
   What For?

3. Have you had any serious illnesses or accidents? Yes  No
   What and when?

4. Do you have any allergies? Yes  No
   If yes, what?

5. Have you ever had a bad reaction to a medicine? Yes  No
   If yes, what?

6. Have you had all your immunizations ("shots")? Yes  No

7. Was there anything abnormal about your birth, early growth, or childhood?
   Yes  No
   Explain:

FAMILY HISTORY

1. Father
   Brothers
   Others in Family
   Age
   Health
   Mother
   Sisters
   Age
   Health

2. Has anyone in your close family had any of the following diseases and if so, who had it:
   □ Alcoholism  □ Drug Abuse  □ Nervous Breakdown
   □ Allergy  □ Heart Problems  □ Obesity
   □ Asthma  □ High Blood Pressure  □ Seizures
   □ Birth Defect  □ Inherited or Family Disease  □ Sickle Cell Anemia
   □ Cancer  □ Migraine Headaches  □ Tuberculosis
   □ Diabetes
REVIEW OF SYSTEMS
(Check "Yes" or "No" for each question)

Yes □ No □ 1. Do you have a problem with headaches?
Yes □ No □ 2. Have you ever had a fit or seizure?
Yes □ No □ 3. Have you ever been knocked unconscious or blacked out?
Yes □ No □ 4. Do you have a problem with your nose or nosebleeds?
Yes □ No □ 5. Do you have a problem with your eyes, ears or voice?
Yes □ No □ 6. Do you have more than 3 or 4 colds or sore throats a year?
Yes □ No □ 7. Do you have problems with frequent coughing?
Yes □ No □ 8. Are there any problems with your teeth? When did you last see a dentist?
Yes □ No □ 9. Have you ever had a heart condition, rheumatic fever, high blood pressure or a heart murmur?
Yes □ No □ 10. Do you tire easily?
Yes □ No □ 11. Do you often get short of breath?
Yes □ No □ 12. Do you often get chest pains?
Yes □ No □ 13. Do you have asthma or did you have it when younger?
Yes □ No □ 14. Do you often have stomach aches?
Yes □ No □ 15. Do you have problems with diarrhea or constipation?
Yes □ No □ 16. Have you lost or gained more than 5 lbs. recently?
   Lost____ pounds       Gained____ pounds
Yes □ No □ 17. Have you ever had kidney trouble, burning when you urinate, blood in your urine, or a bladder infection?
Yes □ No □ 18. Have you ever had a sexually transmitted disease?
Yes □ No □ 19. Do you often have backaches or pain in your joints?
Yes □ No □ 20. Do you have a skin problem?
21. Have you ever had anemia or any other blood disorder?

22. Have you been under the care of a doctor in the past year? For what?

23. Do you usually have trouble sleeping?

24. Are you taking any prescribed or over the counter medications or drugs? What?

25. Do you take any vitamin, mineral or food supplements? What?

FOR FEMALES ONLY

1. How old were you when you had your first period? How often do they come? How many days do they last?

2. When was your last menstrual period?

3. Are you sick with your period? Every month Sometimes Never First day Second day More than 2 days What do you do for cramps?

4. Is your bleeding heavy normal light

5. Do you have any unusual discharge between periods?

6. Have you ever had an internal (pelvic) examination? Date

7. Have you had sexual intercourse in the past? Date of last intercourse

8. What is your method of birth control?

9. Have you ever been pregnant? How many times? Sex and ages of children

10. Have you ever had a lump in your breast or any other abnormality?

FOR MEN ONLY

1. Have you ever had any swelling or soreness under your nipples?

2. Have you ever had a lump or cyst on your testes ("balls")?

3. Have you been circumcised?
4. Are both your testes in your scrotum ("bag")? Yes □ No □

5. Do you have any hernias? Yes □ No □

6. Have you had sexual intercourse in the past? Yes □ No □
Date of last intercourse

7. Do you have any children? Yes □ No □
Sex and ages of children

8. What is your method of birth control?

SCHOOL HISTORY

1. School name
   Grade or year graduated

2. Do you plan to finish high school? Yes □ No □

3. Education since high school

4. Do you have a job? Yes □ No □
   What?

5. What are your future plans?

SUBSTANCE USE HISTORY

<table>
<thead>
<tr>
<th>Substance</th>
<th>Ever Tried</th>
<th>Present Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tobacco</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alcohol</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Marijuana</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cocaine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Barbiturates (downers)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amphetamines (uppers)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LSD, Mescaline, etc.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PCP</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

PERSONAL HISTORY

Do you have any special worries or fears about:

Your family? Yes □ No □
School? Yes □ No □
Yes  NO  Religion?
Yes  No  Work habits and goals?
Yes  No  Friendship and opposite sex relationships?
Yes  No  Friendship and same sex relationships?
Yes  No  Sexual problems?
Yes  No  Your self-image?
Yes  No  Uncontrollable temper or impulsiveness?
Yes  No  Your health?
Yes  No  Nervousness?
Yes  No  Have you ever seriously considered harming yourself or someone else?

PHYSICAL ACTIVITIES

1. What do you do for exercise?

2. What do you do in your spare time?
HISTORY

Informant __________________________

Chief Complaint __________________________

Present Illness __________________________

Summary of other pertinent and past medical history:

Candidate for HIV testing?  Yes\(\square\) No\(\square\)

Reported or Suspected Eating Disorder?  Yes\(\square\) No\(\square\)

Reported or Suspected Physical Abuse?  Yes\(\square\) No\(\square\)

Reported or Suspected Sexual Abuse?  Yes\(\square\) No\(\square\)
Vital Signs:

<table>
<thead>
<tr>
<th>Blood Pressure</th>
<th>Pulse</th>
<th>Respiratory Rate</th>
<th>Weight (lbs.)</th>
<th>Height (ft. in.)</th>
</tr>
</thead>
</table>

General Appearance: Hair, Skin, Distinguishing features

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
<td>Tattoos</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Unusual Scars</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Alopecia</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Absent/singed eyebrows</td>
</tr>
</tbody>
</table>

Eyes: EOM, Pupils, Sclerae, Conjunctivae, Fundoscopy

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
<td>Vertical Nystagmus</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Horizontal Nystagmus</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Abnormally Dilated Pupils</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Abnormally Constricted Pupils</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Scleral Icterus</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Injected Sclera/conjunctiva</td>
</tr>
</tbody>
</table>

Head and Neck: Skull, Face, Ears, Nose, Oral Cavity, Tonsils, Pharynx, Thyroid, Trachea, Veins

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
<td>Ulceration of nasal septum</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Ulceration of nasal mucosa</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Abnormal nasal discharge</td>
</tr>
</tbody>
</table>

Lymph Nodes: Cervical, Epitrochlear, Axillary, Inguinal, Popliteal

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
<td>Enlarged Nodes</td>
</tr>
</tbody>
</table>

Breasts: Tanner Stage (Circle) I II III IV V

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
<td>Masses</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Tenderness</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Gynecomastia (males)</td>
</tr>
</tbody>
</table>

Chest: Deformities, Tenderness, Expansion, Dullness, Fremitus, Breath Sounds, Rales, Diaphragm

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
<td>Rales/Rhonchi</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Wheeze</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Cough</td>
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</table>
Heart: Inspection, Thrill, Rhythm, Murmurs, Gallop, Intensity ($A_2$, $P_2$, $M_1$)

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Rhythm Disturbance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Pathological murmur</th>
</tr>
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<tbody>
<tr>
<td>$S_1$</td>
<td>$S_2$</td>
<td></td>
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Abdomen: Liver, Kidney, Spleen, Hernia

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Palpable Mass</th>
</tr>
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<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Tenderness</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

Spine and Extremities: Joints, Hands, Feet, Veins, Pulses (Carotid, Radial, Femoral, D.P., P.T.)

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Abnormal joint findings</th>
</tr>
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<tbody>
<tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Abnormal skin findings</th>
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<tbody>
<tr>
<td></td>
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</table>

Neurologic: Cerebration, Speech, Cranial Nerves, Motor, Reflexes, Sensory, Gait, Muscle Tone

Normal

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Speech</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Cranial nerves</th>
</tr>
</thead>
<tbody>
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<td></td>
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<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Motor</th>
</tr>
</thead>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Reflexes</th>
</tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Sensory</th>
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<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Gait</th>
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<td></td>
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<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Strength/tone</th>
</tr>
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<tbody>
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</table>

Mental Status: Mood, Perceptions, Thought Processes, etc.

Normal

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Mood</th>
</tr>
</thead>
<tbody>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Thought processes</th>
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<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Memory</th>
</tr>
</thead>
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<tr>
<td></td>
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</table>

Genitalia: (Vulva, Urethra, Vagina, Cervix, Adnexa) (Penis, Scrotum, Testicles, Prostate)

Female check if normal

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Vulva</th>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Urethra</th>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Vagina</th>
</tr>
</thead>
<tbody>
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<td></td>
</tr>
</tbody>
</table>
Yes □ No □ Cervix
Yes □ No □ Adnexa

**Males** check if normal
Yes □ No □ Penis
Yes □ No □ Scrotum
Yes □ No □ Testicles
Yes □ No □ Prostate
Yes □ No □ Hernia

Rectal Exam: (if indicated)
Yes □ No □ Perirectal lesions
Yes □ No □ Hemorrhoids
Yes □ No □ Fissures
## Immunization Summary

### Results of laboratory/blood tests

<table>
<thead>
<tr>
<th>Test</th>
<th>Pos.</th>
<th>Neg.</th>
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<tbody>
<tr>
<td>Syphilis serology</td>
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<td></td>
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<tr>
<td>Hepatitis screen</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pregnancy test</td>
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<td></td>
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<tr>
<td>Chlamydia trachomatis</td>
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<td></td>
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<tr>
<td>Neisseria gonorrhea</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
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<td></td>
</tr>
</tbody>
</table>

### Diagnostic Appraisal

Plan: Tests, Consultation, Treatment, Return Visits

Provider's Name: ___________________________ Signature ___________________________ (M.D., D.O., M.S.N., etc.)

Please Print

Affiliation ___________________________ Date _____________
PHYSICAL ACTIVITY ASSESSMENT
PHYSICAL ACTIVITY ASSESSMENT

Name ________________________________

Age______ Sex ______

Please read the following list of activities. Circle the answer that best describes how often you participated in each activity in the past year. If you participate in some of these activities only during certain seasons, give the answer that would be most accurate during the season.

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>3 OR MORE TIMES/WEEK</th>
<th>AT LEAST ONCE/WEEK</th>
<th>AT LEAST ONCE/MONTH</th>
<th>LESS THAN ONCE/MONTH</th>
<th>NEVER</th>
</tr>
</thead>
<tbody>
<tr>
<td>BASEBALL/SOFTBALL</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>FOOTBALL</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>SOCCER</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>BASKETBALL</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>SWIMMING</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>BICYCLING</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>HIKING</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>RUNNING/JOGGING</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>WEIGHT-LIFTING</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>TENNIS/RACQUETBALL</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>BOXING</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>WRESTLING</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>KARATE, JUDO, OR OTHER MARTIAL ARTS</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>AEROBIC DANCING, JAZZERCISE, ETC.</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>OTHER SPORTS (LIST)</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
</tbody>
</table>

PLEASE COMPLETE OTHER SIDE
How often do you participate for at least 20 minutes in some sort of exercise, sport, or activity which causes you to get out of breath and your heart to beat hard?

___ ALMOST EVERY DAY
___ AT LEAST THREE TIMES PER WEEK
___ AT LEAST ONCE PER WEEK
___ ONE TO THREE TIMES PER MONTH
___ AT LEAST SIX TIMES PER YEAR
___ A FEW TIMES PER YEAR
___ NEVER

Do you have any physical problem that makes it difficult or impossible for you to participate in sports or other physical activities?

___ NO
___ YES

IF YES, WHAT?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
NATIONAL YOUTH SURVEY DELINQUENCY SCALE
NATIONAL YOUTH SURVEY
DELIQUENCY SCALE

INSTRUCTIONS

ON THE FOLLOWING PAGES ARE A LIST OF BEHAVIORS. YOU WILL ASK THE INTERVIEWEE ABOUT EACH ONE OF THEM. IF THE INTERVIEWEE ADMITS TO ANY OF THE BEHAVIORS, FOLLOW UP WITH THE APPROPRIATE PROBES.

READ THE FOLLOWING SENTENCE:

I would like to ask you some confidential questions about your past behavior. How many times in the past 12 months have you: (GO TO NEXT PAGE.)

SCORING

Sum the reported frequency of the following five derived scales.

TOTAL DELINQUENCY _____
(Items 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23)

GENERAL THEFT _____
(Items 1, 2, 3, 5, 16, 21, 22)

CRIMES AGAINST PERSONS _____
(Items 6, 8, 10, 11, 12, 17, 18, 19, 20)

INDEX OFFENSES _____
(Items 1, 2, 6, 8, 17, 18, 19, 20, 22)

DRUG SALES _____
(Items 9, 14, 15)
# NATIONAL YOUTH SURVEY
## DELINQUENCY SCALE

<table>
<thead>
<tr>
<th>Number of Times</th>
<th>If 10 or more times, also ask: How often?</th>
<th>Ask if 1 or more times: How old were you when you first did this?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>1.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stolen (or tried to steal) a motor vehicle, such as a car or motorcycle</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stolen (or tried to steal) something worth more than $50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Knowingly bought, sold or held stolen goods (or tried to do any of these things)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Carried a hidden weapon other than a plain pocket knife</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stolen (or tried to steal) things worth $5 or less</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Attacked someone with the idea of seriously hurting or killing him/her</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Number of Times</td>
<td>If 10 or more times, also ask: How often?</td>
<td>Ask if 1 or more times: How old were you when you first did this?</td>
</tr>
<tr>
<td>-----------------</td>
<td>------------------------------------------</td>
<td>---------------------------------------------------------------</td>
</tr>
<tr>
<td></td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>7.</td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>8.</td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>9.</td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>10.</td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>11.</td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>12.</td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>13.</td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
</tbody>
</table>

7. Been paid for having sexual relations with someone
8. Been involved in gang fights
9. Sold marijuana or hashish ("pot," "grass," "hash")
10. Hit (or threatened to hit) a teacher or other adult at school
11. Hit (or threatened to hit) one of your parents
12. Hit (or threatened to hit) other students
13. Been loud, rowdy, or unruly in a public place (disorderly conduct)
## NATIONAL YOUTH SURVEY
### DELINQUENCY SCALE

<table>
<thead>
<tr>
<th>Number of Times</th>
<th>If 10 or more times, also ask: How often?</th>
<th>Ask if 1 or more times: How old were you when you first did this?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>14. Sold cocaine or crack</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15. Sold other hard drugs such as heroin or LSD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16. Taken a vehicle for a ride (drive) without the owner's permission</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17. Had (or tried to have) sexual relations with someone against their will</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18. Used force (strong-arm methods) to get money or things from other students</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19. Used force (strong-arm methods) to get money or things from a teacher or other adult at school</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
NATIONAL YOUTH SURVEY
DELINQUENCY SCALE

<table>
<thead>
<tr>
<th>Number of Times</th>
<th>If 10 or more times, also ask: How often?</th>
<th>Ask if 1 or more times: How old were you when you first did this?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Once a month</td>
<td>Once every 2-3 weeks</td>
</tr>
<tr>
<td>20. Used force (strong-arm methods) to get money or things from other people (not students or teachers)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>21. Stolen (or tried to steal) things worth between $5 and $50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>22. Broken into a building or vehicle (or tried to break in) to steal something or just to look around</td>
<td></td>
<td></td>
</tr>
<tr>
<td>23. Begged for money or things from strangers</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

111

112
ADOLESCENT SERVICES MATRIX

Note: The two pages of this matrix should be joined together where indicated by "attach here"
# ADOLESCENT SERVICES MATRIX

Service Area: __________

<table>
<thead>
<tr>
<th>FACILITY/PROGRAM NAME</th>
<th>General Medical</th>
<th>Psychiatric</th>
<th>Residential</th>
<th>Group Home</th>
<th>Halfway House</th>
<th>Community Service Agency</th>
<th>Teen Drop-in Center</th>
<th>Educational Program</th>
<th>Drugs</th>
<th>Alcohol</th>
<th>Detoxification Program</th>
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<tbody>
<tr>
<td>Inpatient</td>
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<td>Halfway House</td>
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<tr>
<td>Educational Program</td>
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<td>Unmanageable</td>
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<td>Therapy &amp; Counseling</td>
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<td>Social Services</td>
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ADOLESCENT ASSESSMENT/REFERRAL SYSTEM

PROVIDER QUESTIONNAIRE
PROVIDER QUESTIONNAIRE

Instructions

Answer each of the following questions about your facility or program either by entering your response in the space provided or placing a checkmark next to the appropriate category.

1. Please provide the following information about your facility or program.

Name:

Street Address:

Telephone Number: (  )

Days of Operation:

Hours of Operation:

2. How many paid full-time and part-time professional staff are directly involved in service provision?

No. Full-time staff: __________

No. Part-time staff: __________

2a. Is there a professional voluntary staff: Yes _____ No _____

3. What type of payment for services are accepted by your facility/program?

<table>
<thead>
<tr>
<th>Type of Payment</th>
<th>Yes</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>Self-pay</td>
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<tr>
<td>Medicaid</td>
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<tr>
<td>Medicare</td>
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<tr>
<td>Third party payers</td>
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<tr>
<td>Not applicable</td>
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<tr>
<td>Other (SPECIFY)</td>
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</tbody>
</table>

3a. Please describe any admission or eligibility requirements for your facility/program.

________________________________________________________________________

________________________________________________________________________
4. What certifying boards currently recognize this facility?

________________________________________________________________________

________________________________________________________________________

5. Please give the name of the person who should be listed in the Directory of Adolescent Services as the contact person for making a referral to your facility/program.

________________________________________________________________________

6. What type of clientele are served by your facility/program? (CHECK ALL THAT APPLY.)

Children
Adolescents
Adults

7. Which of the following best characterizes your facility/program? (CHECK ALL THAT APPLY.)

General medical inpatient
General medical outpatient
Freestanding psychiatric inpatient
Freestanding psychiatric outpatient
Residential
Group home
Halfway house
Community service agency
Teen drop-in center
Educational institution or program
Drug treatment inpatient
Drug treatment outpatient
Drug treatment residential
Alcohol treatment inpatient
Alcohol treatment outpatient
Alcohol treatment residential
Detoxification facility/program

8. Does your facility/program have secured (locked) units?
Yes _____ No _____
9. For which of the following types of adolescents does your facility/program provide services? (CHECK ALL THAT APPLY.)

- Alcohol abuser
- Drug abuser
- Delinquent/status offender
- Pregnant teen
- Victimized adolescents
- Mentally/emotionally disturbed
- Developmentally disabled
- Physically handicapped
- Visually-impaired
- Hearing-impaired
- Unmanageable
- Non-English speaking

10. Which of the following staff are available to provide direct services to adolescents at your facility/program? (CHECK ALL THAT APPLY.)

- Certified alcohol counselor
- Certified drug abuse counselor
- Psychiatrist
- Neurologist
- Child and adolescent psychologist
- Pediatrician
- Family practitioner
- Internist
- Dentist
- Nurse mid-wife
- Clinical nurse practitioner
- Clinical psychologist
- Clinical social worker
- Vocational rehabilitation counselor
- Pastoral counselor
- School counselor
- Counseling psychologist
- Marriage and family counselor
- Speech and language therapist
- Educational psychologist
- Neuropsychologist
- Developmental specialist
- Special educational teacher
- Exercise physiologist
- Physiotherapist
- Licensed activities therapist
- Art therapist
- Dance therapist
11. Which of the following diagnostic and evaluation services are provided to adolescents by your facility/program? (CHECK ALL THAT APPLY.)

- Psychological assessment
- Psychiatric evaluation
- Educational assessment
- Other testing (SPECIFY)
- No assessment services

12. Which of the following therapeutic or counseling services are provided to adolescents by your facility/program? (CHECK ALL THAT APPLY.)

- Individual counseling or therapy
- Group counseling or therapy
- Peer counseling
- Self-help groups
- Family counseling or therapy
- Family planning
- Marriage and couple counseling
- Religious counseling
- Rape/sexual abuse counseling
- Recovery/aftercare counseling
- Art therapy
- Dance therapy
- Music therapy
- Relaxation therapy
- Hypnotherapy
- AIDS counseling
- Other (SPECIFY)
- No therapy or counseling

13. Which of the following education services are provided to adolescents by your facility/program? (CHECK ALL THAT APPLY.)

- Basic education skills
- Literacy/reading skills
- Special education
- Bilingual education or ESL
- GED program
- Substance abuse education
- Independent living skills
- Educational tutoring/remediation
- Other (SPECIFY)
- No education/prevention
14. Which of the following rehabilitation services are provided to adolescents by your facility/program? (CHECK ALL THAT APPLY.)

<table>
<thead>
<tr>
<th>Service</th>
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<tbody>
<tr>
<td>Speech therapy</td>
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<tr>
<td>Physical therapy</td>
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<tr>
<td>Vocational rehabilitation</td>
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<tr>
<td>Other (SPECIFY)</td>
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<tr>
<td>No rehabilitation</td>
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</tbody>
</table>

15. Which of the following medical services are provided to adolescents by your facility/program? (CHECK ALL THAT APPLY.)

<table>
<thead>
<tr>
<th>Service</th>
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<tbody>
<tr>
<td>Physical examinations</td>
<td></td>
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<tr>
<td>Nutritional assessment</td>
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<tr>
<td>Eating disorders program</td>
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<tr>
<td>Neurological or physiological assessment</td>
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<tr>
<td>HIV testing</td>
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<td>Pregnancy testing</td>
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<tr>
<td>Radiological services</td>
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<td>Other (SPECIFY)</td>
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<tr>
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</table>

16. Which of the following specialized addiction services are provided to adolescents by your facility/program? (CHECK ALL THAT APPLY.)

<table>
<thead>
<tr>
<th>Service</th>
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<tbody>
<tr>
<td>Methadone maintenance</td>
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<tr>
<td>Detoxification treatment</td>
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<tr>
<td>Drug-free treatment</td>
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</tbody>
</table>
17. Which of the following social services are provided to adolescents by your facility/program? (CHECK ALL THAT APPLY.)

<table>
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<tr>
<th>Service</th>
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<tbody>
<tr>
<td>Community outreach</td>
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<tr>
<td>Income support/maintenance</td>
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<tr>
<td>Financial assistance/counseling</td>
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<td>Protection services</td>
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<td>Adoption services</td>
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<td>Foster care services</td>
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<td>Transportation services</td>
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<td>Respite services</td>
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<td>Family services</td>
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<td>Homemaker services</td>
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<td>Home health aide services</td>
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<td>Legal counseling</td>
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<td>Other social services (SPECIFY)</td>
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<tr>
<td>No social services</td>
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</table>

18. Which of the following crisis intervention services are provided to adolescents by your facility/program? (CHECK ALL THAT APPLY.)

<table>
<thead>
<tr>
<th>Service</th>
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<tbody>
<tr>
<td>Crisis intervention counseling</td>
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<tr>
<td>Emergency overdose medical</td>
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<td>Shelter</td>
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<td>Hotline counseling</td>
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<td>Other (SPECIFY)</td>
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<tr>
<td>No crisis intervention</td>
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</table>

19. Which of the following employment-related services are provided to adolescents by your facility/program? (CHECK ALL THAT APPLY.)

<table>
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<tr>
<th>Service</th>
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<tbody>
<tr>
<td>Job readiness counseling</td>
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<td>Job placement</td>
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<td>Job skills or vocational training</td>
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PROVIDER INFORMATION FORM
# PROVIDER INFORMATION FORM

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