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ABSTRACT

This survey analyzed the nature and level of services in adolescent pregnancy prevention in the developing countries of Latin America, Africa, and Asia. While focusing on programs to prevent adolescent pregnancy, many of the groups surveyed were also responding to the Acquired Immune Deficiency Syndrome (AIDS) epidemic in their work with youth. The majority of the organizations also provided services to youth beyond reproductive health, such as tutoring and scholarships, income generation and vocational education, and general adolescent health services and community development. An analysis of the 103 programs that responded to the survey found that the majority of the organizations were nongovernmental organizations which relied heavily on overseas assistance. A variety of professionals worked in the programs, but health professionals and educators were the personnel most commonly found. The most frequently reached clientele were in-school youth, although many programs also served school drop-outs. The sex education offered by most of these programs focused on the biological aspects of reproduction, but more than one-half of the programs also included additional information. Peer education as a method of sex education continued to be an important component of many adolescent pregnancy prevention programs. The vast majority said they offered contraceptive services, with condoms being the most frequently cited method, followed by oral contraceptives. Printed educational materials for youth continued to be an important aspect of sex education. The report also provides a directory of programs by region and country that includes program name and address, type of organization, age range of clientele, and program focus. (LLL)

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# SERVING THE FUTURE

## An Update on Adolescent Pregnancy Prevention Programs in Developing Countries

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**ICAF**  
**International Center on Adolescent Fertility**  
A Project of the Center for Population Options



# SERVING THE FUTURE

## An Update on Adolescent Pregnancy Prevention Programs in Developing Countries

### Acknowledgements

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### Note:

*Serving the Future* is an expanded update of "An Analysis of the Nature and Level of Adolescent Fertility Programming in Developing Countries," published by ICAF in 1985.

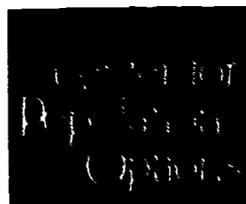
ICAF is the international project of the Center for Population Options (CPO), a nonprofit organization based in Washington, DC, USA. CPO seeks to develop a consensus that too-early childbearing and the spread of HIV and other STDs among adolescents must be viewed as high priority problems. CPO works to enhance opportunities for young people in key decision-making areas of their lives: continuing their education, planning their families, obtaining needed health and social services, and attaining productive employment.

**ICAF supports youth programs worldwide by:**

- Offering seed grants and technical assistance to help groups in developing countries initiate effective projects;
- Working with professionals and leaders of international family planning, population, youth service, development and women's organizations to focus attention on adolescent reproductive health issues;
- Conducting assessments of program and policy developments which ICAF communicates through presentations at professional meetings and in professional journals;
- Helping policy leaders, the media and the public better understand the implications of too-early childbearing and the spread of AIDS and other STDs among adolescents;
- Collecting and disseminating program information;
- Conducting trainings in developing countries in *Life Planning Education* and *Cómo planear mi vida*, CPO's widely acclaimed youth development program, and other topics related to adolescent reproductive health;
- Publishing *Passages*, a quarterly newsletter available in English, French and Spanish.

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## I. INTRODUCTION: THE SURVEY AT A GLANCE

Too-early childbearing continues to be a major impediment to improving the status of women in the developing world. Worldwide, nearly 15 million teenage women give birth every year — more than 80 percent of these in developing countries. Indeed, in many developing countries, births to adolescents comprise up to one-fifth of all births.\*

Given that young people ages 18 and under comprise nearly half of the total population in most developing countries, this built-in population momentum means that a growing number of young people will be at risk of early childbearing every year. And while the annual percentage of teens giving birth has increased in some countries and declined in others, the absolute number of births to adolescents is increasing throughout the developing world.

These births have dramatic implications for both these young mothers and their children. Women under age 20 are at greater risk for pregnancy-related complications and are more likely to die during childbirth than women ages 20-35. Worldwide, pregnancy-related complications are among the leading causes of death among young women aged 15-19. Babies born to young mothers are also at higher risk for health complications and have higher infant mortality rates than children born to women over age 20. These births to teens also have tremendous social ramifications for young mothers, whose education and future employment potential are often curtailed. In turn, these combined consequences, along with high population growth rates, compromise country goals for economic and social development.

In addition to adolescent pregnancy, the issue of sexually transmitted diseases (STDs), particularly HIV, the virus that causes AIDS, adds increased urgency to addressing adolescent reproductive health issues. Low levels of condom use and a lack of awareness about AIDS and other STDs leave youth with an increased risk of infection. The World Health Organization (WHO) notes that worldwide one in 20 teenagers contracts an STD each year. WHO also reports that 20 percent of people worldwide with AIDS are in their twenties; given the long latency period of the virus, it can be assumed that many contracted the virus during adolescence.

As gloomy as these statistics may be, there is a growing number of dedicated organizations and individuals around the world operating innovative and effective programs which address the reproductive health needs of youth. *Serving the Future* represents an effort to analyze the nature and level of services in adolescent pregnancy prevention in the developing countries of Latin America, Africa and Asia. Specifically, this survey of programs is a useful snap-shot view of these programs, addressing the following questions:

- Who funds adolescent fertility programs?
- What kinds of agencies and professionals provide adolescent pregnancy prevention programs and HIV/AIDS prevention and education?
- What kinds of services are youth offered?
- Which youth are served?
- What types of services are lacking?

\* For sources of information and references to adolescent fertility research, see CPO's fact sheets: "Teenage Pregnancy and Sexually Transmitted Diseases in Latin America," and "Teenage Pregnancy in Africa."



All told, the 103 programs who responded to this survey reached more than 200,000 youth in Latin America, Asia, and Africa, at the time of the survey. While focusing on programs to prevent adolescent pregnancy, many of the groups surveyed were also responding to the AIDS pandemic in their work with youth. The majority of the organizations also provided services to youth beyond reproductive health – from tutoring and scholarships, to income generation and vocational education, to general adolescent health services and community development.

An analysis of the 103 programs that responded to the survey revealed an energetic, creative, maturing and growing cadre of organizations working in youth reproductive health. The average age of the adolescent-focused components of the organizations surveyed was nine years, meaning that these programs are themselves just reaching their adolescence. An even closer look at the data can help determine program priorities and funding needs, identify youth populations still not reached, and refine and direct services to reach the youth of the 1990s.

### **The Survey at a Glance**

#### **How was the information collected?**

Between June and October 1989, ICAF mailed a six-page questionnaire, entitled "Inventory of Programs," to collect information on funding sources, staffing patterns, types of youth served, and programs offered for youth in the area of adolescent reproductive health. In all, the questionnaire was sent in English, Spanish, and French to approximately 2,000 organizations in Latin America, Asia, the Near East and Africa. These 2,000 organizations were taken from ICAF's mailing list, and hence represent organizations that have an expressed interest in or work directly in adolescent reproductive health.

#### **How many organizations responded?**

Of these, 103 programs responded by August of 1990, including responses to the initial mailing and follow-up contacts to organizations in Latin America. (Due to cost constraints, it was prohibitive to follow-up with organizations in Africa, Asia, and the Near East.) The overall response rate is thus roughly 5 percent.

Calculating the response rate to the survey is problematic as many who received the questionnaire are not working directly in youth reproductive health and hence had no reason to return the questionnaire. Of the 2,000 organizations in developing countries from ICAF's mailing list, we estimate that approximately 49 percent – or 980 of the organizations who received the questionnaire – operate direct programs for youth. Thus, the true response rate to the survey is probably closer to 10 percent.

#### **Are the responses representative?**

There is no way of knowing with certainty if the 10 percent of organizations who responded to the survey are representative of all the programs working in youth reproductive health in the developing world. Indeed, given limitations in information, there is no way to compile a completely accurate list of all such programs from which to survey. Nonetheless, ICAF contends, based on its extensive knowledge of projects in various regions of the world, that this survey offers a useful and reasonably representative glance at programs working in adolescent pregnancy prevention in developing countries.\*

\*Although ICAF also collected 20 questionnaires from adolescent pregnancy prevention programs in industrialized countries, it was decided that these responses represented too small a sample to be representative.

## Summary of the Results

The survey found a variety of trends among adolescent pregnancy prevention programs in developing countries, and highlighted a number of program areas and youth populations that need increased attention. The following is a brief listing of highlights from the survey. More complete information is found in Section 3, "Survey Results."

- The majority – 66 percent – of the organizations working in adolescent pregnancy prevention were non-governmental organizations (NGOs), while only about 20 percent were governmental organizations.
- Most of these NGOs relied heavily on overseas assistance (multilateral assistance and private and governmental bilateral assistance), the most frequently reported source of funding (39 percent). The next most common sources of funding were national governments (23 percent), and direct fees for services (23 percent).
- A variety of professionals worked in adolescent pregnancy prevention programs, but health professionals and educators were the personnel most commonly working with youth.
- The most frequently reached clientele in adolescent pregnancy prevention programs were in-school youth (84 percent), although almost as many programs said they served out-of-school youth or school-leavers (drop-outs) (73 percent).
- The sexuality education offered by most of these programs focused on the biological aspects of reproduction, but more than half of the programs also included additional information on male and female roles (64 percent), goal-setting and decision-making (55 percent), and personal communication and self-esteem (66 percent).
- Peer education as a method of sex education continued to be an important component of many adolescent pregnancy prevention programs with roughly one-third reporting that they relied on peer educators.
- The vast majority, 72 percent, of the programs surveyed said they offered contraceptive services to youth. Of these, 14 percent offered peer distribution of non-medical contraceptives (usually condoms and foaming vaginal tablets).
- Where contraceptives were offered to youth, condoms were most frequently cited (60 percent), followed by oral contraceptives (54 percent). Contraceptive foam and IUDs (used primarily for married youth) were each offered by 42 percent of the programs that made family planning methods available to youth.
- Printed educational or IEC (information, education, and communication) materials for youth continued to be an important aspect of sex education. Sixty-eight percent of the programs said they produced pamphlets, 59 percent posters, and 45 percent books or booklets.
- Youth were involved in these programs beyond their role as clients. Fifty-one percent of the programs reported that youth assisted in the development of materials, while 53 percent of the programs reported that youth were also involved in program implementation.



### The Programs at a Glance

One of the most impressive findings from the survey was the sheer variety and creativity of programs working in youth reproductive health. The majority of groups working in adolescent pregnancy prevention approached the issue in an integrated way, acknowledging that preventing early childbearing and the spread of AIDS/HIV and other STDs among youth form only one part of a wide array of decisions and factors that adolescents face.

The following is a listing of the kinds of programs working to reduce the incidence of adolescent childbearing and the spread of STDs. The countries listed in parentheses indicate examples of some countries where such programs are found. (The majority of the programs mentioned below are included in the survey, while others were added from ICAF project files and site visit reports to complement the listing. These additional listings were not included in the survey calculations.)

- University health programs that include sex education and family planning, and some of which reach out-of-school youth (school leavers or drop-outs) and youth in rural areas (Philippines, Nigeria, India, Turkey, Zimbabwe);
- Theatre groups focusing on themes related to adolescent pregnancy prevention (Samoa, Kenya, Mexico);
- Sex education, population education, life planning education, and family life education (virtually every country included in the survey offered one of these);
- Programs to prevent subsequent unwanted births aimed at adolescent mothers, and vocational education programs and other support services for young mothers (Pakistan, Brazil, Peru, Mexico, Chile, Jamaica);
- Multi-service centers that provide sex education and/or family planning as part of an array of services for youth, such as recreation or vocational education (Philippines, Mexico, Guatemala, Peru);
- Youth clubs that offer sex education or peer programs in adolescent pregnancy prevention as part of their activities (Sierra Leone, Madagascar, Mexico);
- Income generation projects with young people that also include sex education (Kenya, India, Philippines);
- School-based health services, including some that provide family planning services (Brazil, Nigeria);
- Radio and TV programs with messages related to adolescent pregnancy prevention (Sudan, Bolivia, Mexico, Philippines);
- Scholarship programs to encourage girls to stay in school in parts of the world where early marriage and low educational attainment for women are key factors in early childbearing (Guatemala, Bangladesh);
- Sex education and AIDS prevention programs for street youth – children and youth who either live and/or work in the street (Ecuador, Dominican Republic, Mexico, Philippines, Honduras, Brazil, Kenya, Zambia);
- Parental involvement or parental training in sex education (Dominican Republic, Costa Rica, Peru, Argentina);
- Peer programs in which young people themselves provide information to their peers on sex education; many also involve peer distribution of non-medical contraceptives (Nigeria, Sierra Leone, Kenya, Mexico, Guatemala, Brazil, Philippines, Ethiopia);
- Hospital-based programs for adolescents (Brazil, Colombia, Mexico);
- Programs in sex education and family planning aimed at young workers in factories (Mexico, Philippines, Costa Rica);
- Integrated adolescent health programs (Costa Rica, Brazil, Colombia, Panama).

## 2. MAPS: DISTRIBUTION OF RESPONDENTS

Overall, 103 programs in Latin America, Africa, Asia and Near East Asia responded to the survey. By region, the breakdown is as follows:

**22 Africa**

**22 Asia (South and Southeast)**

**2 Near East Asia**

**57 Latin America**

To provide an overall snapshot of these organizations geographically and programmatically, they have been divided into one of four categories, based on the focus of their work with adolescents:

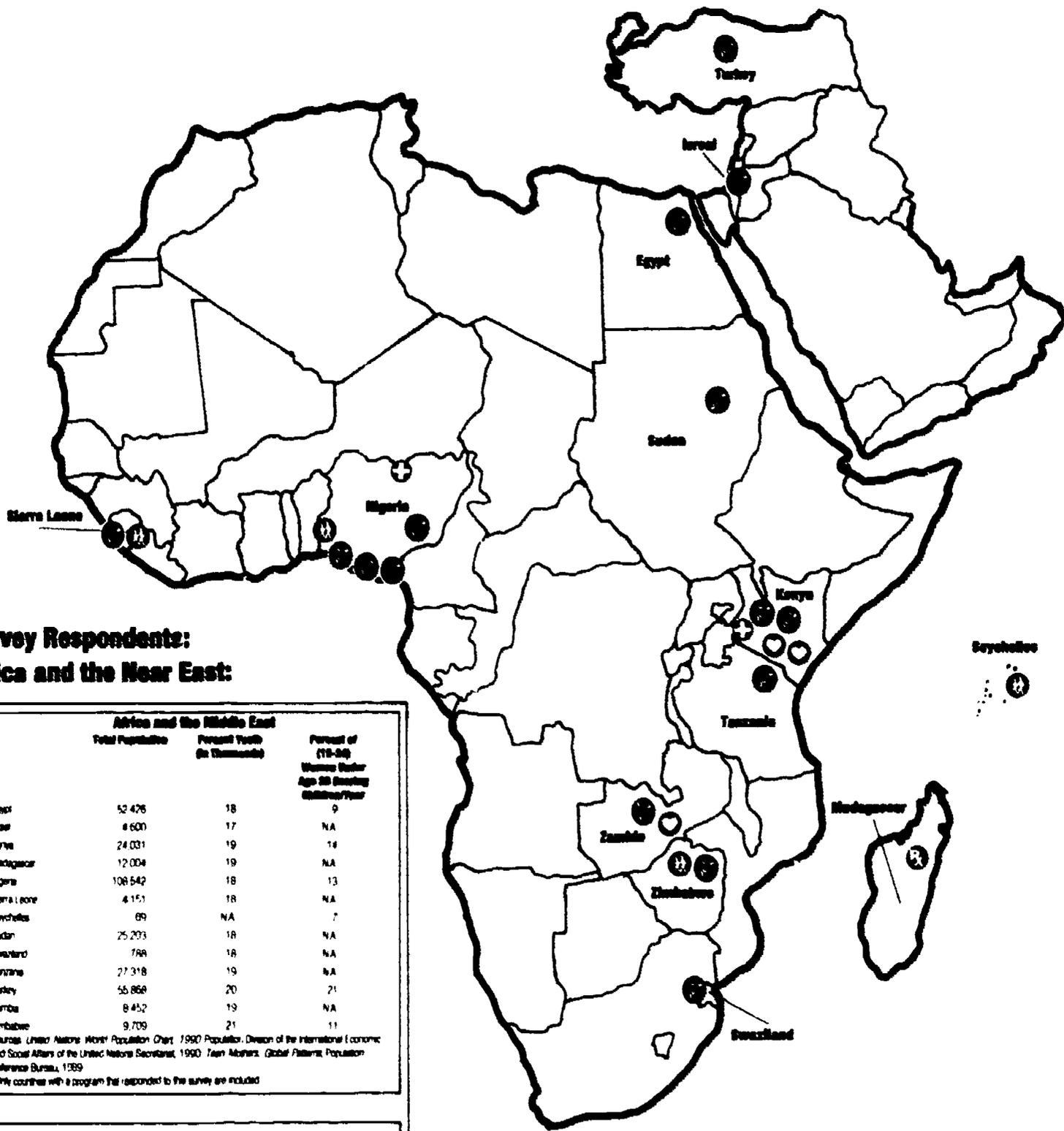
- ♥ **Sexuality Education** – These organizations provide sexuality education, family life education or peer education programs. They do not offer medical services or contraceptive distribution to adolescents. A total of 15 projects, or roughly 15 percent, fit into this category.
- ✚ **Health Services** – These organizations provide sexuality education and some health and medical services – but not contraceptive services – to adolescents. A total of 10 projects fit into this category.
- ⊕ **Contraceptive Services** – These organizations provide contraceptive services, either by prescription or actual provision, to adolescents. Most of these organizations also provide other health services and sex education to adolescents. These projects do not conduct peer distribution of contraceptives. A total of 60 projects fit into this category.
- ✚ **Peer Distribution** – These organizations, in addition to providing other services including sex education, health and contraceptive services, also promote peer distribution of non-medical contraceptives. A total of 13 projects fell into this category.

These four categories represent a useful continuum of programs in adolescent reproductive health care, moving from the most basic programs (sexuality education) to the most integrated (health services and sexuality education combined with peer distribution of non-medical contraceptives).

Each organization's category was determined by its response to the survey, and hence may be subject to interpretation of the questions by the respondent or incomplete information. Overall, 98 of the 103 programs are represented on the maps; those not included (for example, research organizations) did not fit into one of the four categories.\*

The symbols indicate the program's headquarters, so that while some projects may have branches throughout the country, the maps do not reflect this. In the case of multiple responses from the same city, the symbols have been placed horizontally in a row.

\*Two additional programs that responded by phone, but did not fill out the entire questionnaire, are included in the maps.



**Survey Respondents:  
Africa and the Near East:**

Africa and the Middle East			
Country	Total Population	Percent Youth (in Thousands)	Percent of (15-49) Women Under Age 20 Bearing Children/Year
Egypt	52,476	18	9
Israel	4,600	17	NA
Kuwait	24,031	19	14
Madagascar	12,004	19	NA
Nigeria	108,542	18	13
Sierra Leone	4,151	18	NA
Seychelles	89	NA	7
Sudan	25,293	18	NA
Swaziland	796	18	NA
Tanzania	27,318	19	NA
Turkey	56,868	20	21
Zambia	8,452	19	NA
Zimbabwe	9,709	21	11

Sources: United Nations World Population Chart, 1990 Population, Division of the International Economic and Social Affairs of the United Nations Secretariat, 1990; Teen Mothers, Global Patterns, Population Reference Bureau, 1989.

\*Only countries with a program that responded to the survey are included.

**Legend**

- SEXUALITY EDUCATION - organizations providing sexuality education or family life education, but no medical services and no distribution of contraceptives
- ⊕ HEALTH SERVICES - organizations providing education and some health or medical services, but no contraceptive services
- CONTRACEPTIVE SERVICES - organizations providing contraceptive "services", which may or may not include actual distribution of contraceptives, but no peer distribution. Many of these organizations also provide medical services and sexuality education.
- ⊕ PEER DISTRIBUTION - organizations which, in addition to other services, promote peer distribution of non-medical contraceptives.

NB: The symbols indicate the program's headquarters, so that while some projects may have branches throughout the country, the maps do not reflect this. In the case of multiple responses for the same city, the symbols have been placed in a horizontal row.



**Survey Respondents:  
Asia:**

	Asia		
	Total Population	Percent Female (in Thousands)	Percent of (15-24) Women Under Age 20 Bearing Children/Year
China	971,000	51	1.7
Indonesia	164,000	47	2.7
Malaysia	11,000	52	1.1
Philippines	71,000	48	3.1
South Korea (excl. Jeju Is.)	32,000	51	NA
Taiwan	16	NA	NA
Thailand	45	NA	NA
USA	17,000	54	4
Yokohama	10,000	51	4

Sources: United Nations, World Population (1987), Population (Division of the International Economic and Social Affairs of the United Nations Secretariat, 1988), Teen Mothers, (The United Nations Conference on Human Resources, 1986)

\*NA: countries with a program but no reported data were so marked

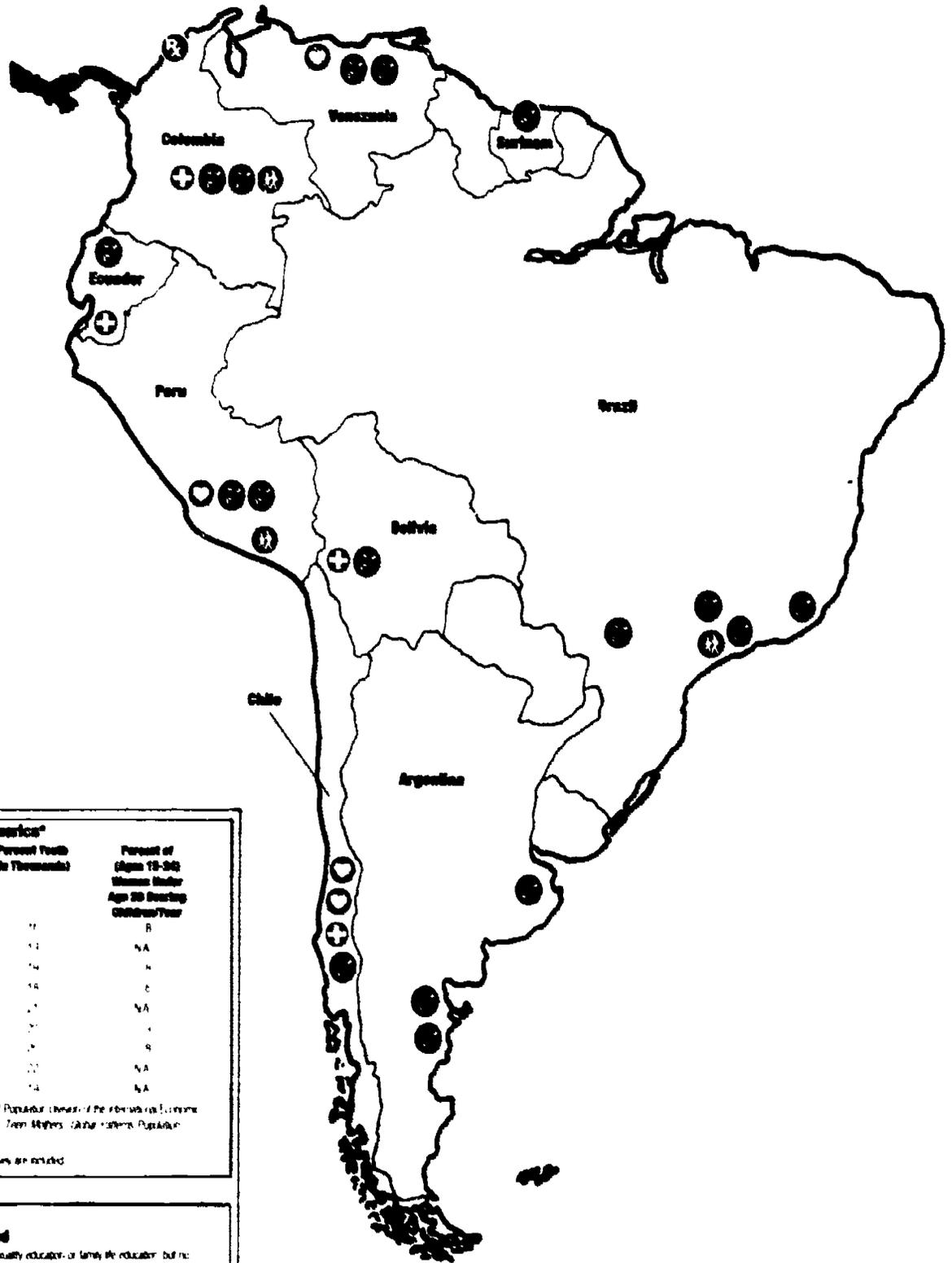
**Legend**

- (with cross) HEALTH CARE/FP program providing sexually education, family planning, and/or medical services and no distribution of contraceptives
- ⊕ (with cross) HEALTH CARE/FP program providing sexually education and some health or medical services but no contraceptive services
- (with cross) CONTRACEPTIVE/FP program was providing contraceptive services, but may or may not provide any distribution of contraceptives, but no peer distribution. Many of these organizations also provide medical services and sexual education.
- ⊗ (with cross) HEALTH CARE/FP program which in addition to other services, provide peer distribution of contraceptive services.

NA: The symbols indicate the program's headquarters, but while some projects may have branches throughout the country, the map does not reflect this. In the case of multiple responses for the same city, the symbols have been placed in a horizontal line.



## 2. MAPS: DISTRIBUTION OF RESPONDENTS



### Survey Respondents: South America:

South America*			
	Total Population	Percent Youth (in Thousands)	Percent of (ages 15-24) Women Using Age 20 Starting Contraception
Argentina	21,000	11	8
Bolivia	7,710	13	NA
Brazil	140,000	14	4
Chile	10,000	14	2
Colombia	21,000	17	NA
Ecuador	7,000	21	4
Peru	21,000	17	8
Suriname	400	22	NA
Venezuela	24,000	14	NA

Sources: United Nations World Population Chart; UNO Population (number of the world population) and Social Affairs of the United Nations (number of 15-24) Teen Mothers (Latin America Population Reference Bureau 1989)

\*Only countries with a program that responded to this survey are included.

**Legend**

- SEXUALITY EDUCATION: organizations providing sexuality education or family life education, but no medical services and no distribution of contraceptives
- ⊕ HEALTH SERVICES: organizations providing education and some health or medical services, but no contraceptive services
- CONTRACEPTIVE SERVICES: organizations providing contraceptive "services", which may or may not include actual distribution of contraceptives, but no peer distribution. Many of these organizations also provide medical services and sexuality education.
- ★ PEER DISTRIBUTION: organizations which in addition to other services, provide peer distribution of oral medical contraceptives.

NOTE: The symbols indicate the program's headquarters, so that while some projects may have branches throughout the country, the map does not reflect this. In the case of multiple responses for the same city, the symbols have been placed in a horizontal line.



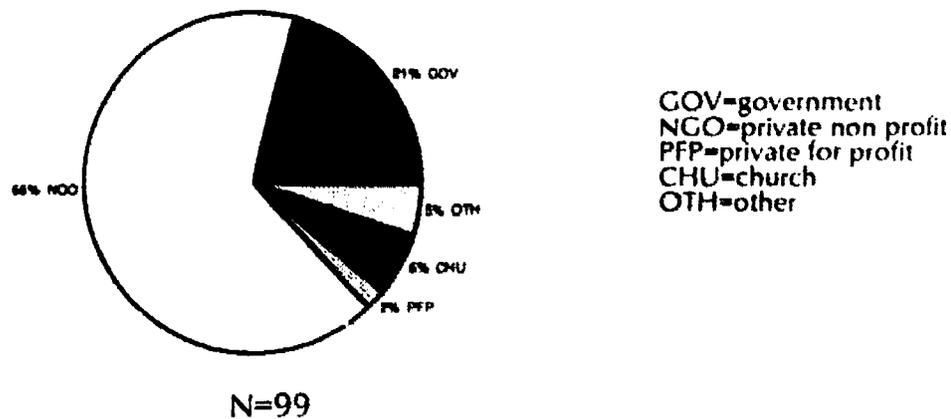
### 3. SURVEY RESULTS

The following charts provide an overview of the results of the survey. Overall, 103 programs responded to the survey; however, the actual number of responses to each question varied (this number is indicated in all tables with N = number of respondents). For each question, an analysis was performed to compare within the regions so that any differences in services, agencies and funding could be determined.\* These regional differences are explained in the text accompanying each chart.

Additionally, bar charts are coded by abbreviations. Legends accompany each to explain the breakdown. In the bar charts, each agency could respond more than once, hence some totals are greater than 100 percent.

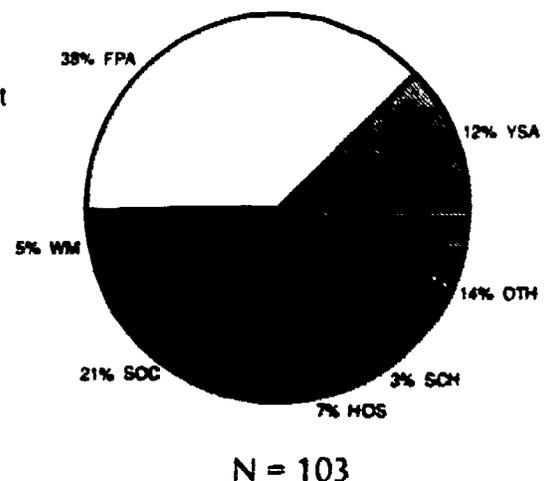
\*The Near East was excluded as a separate region because the small number of programs was not a large enough sample.

#### What types of agencies worked in adolescent pregnancy prevention?



#### What was the principal focus of agencies working in adolescent pregnancy prevention?

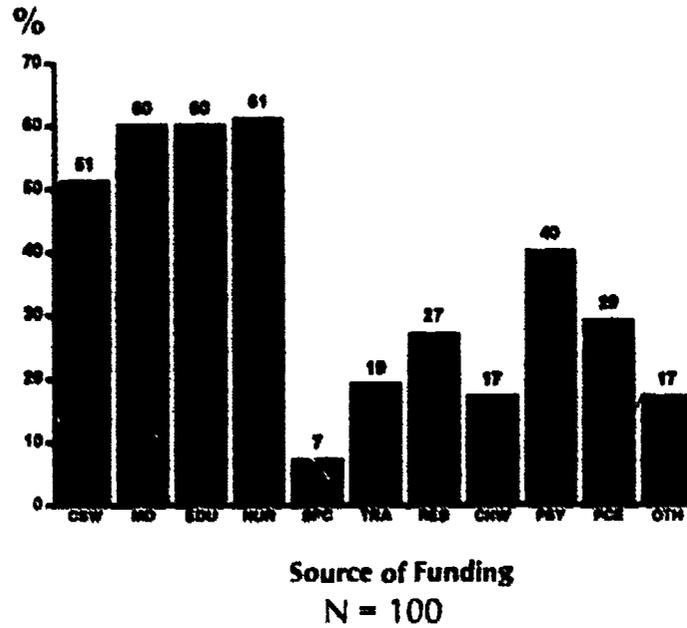
YSA=youth serving agency  
SOC=social service agency/Community Development  
FPA=family planning agency  
WM=women's issues  
HOS=hospital/Health Clinic  
SCH=school  
OTH=other





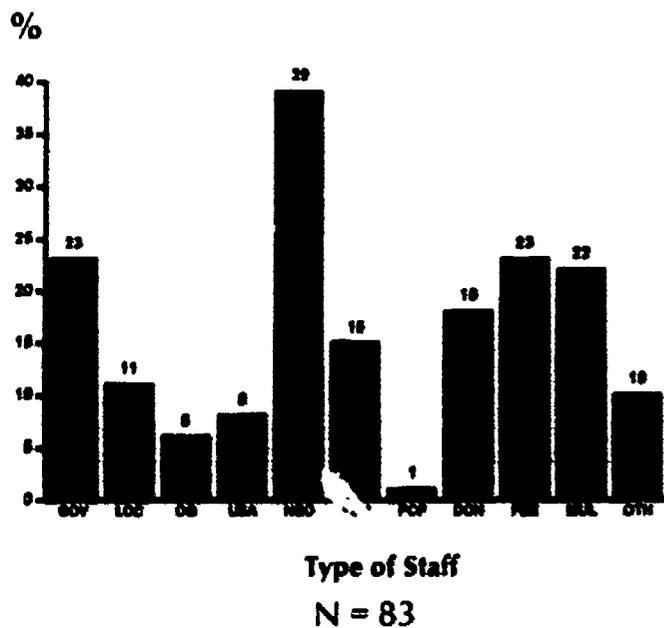
### How were adolescent pregnancy prevention programs funded?

GOV=national government  
 LOC=local government  
 OG=other government (non US)  
 USA=US government (USAID)  
 NGO=private international agency (IPPF, Pathfinder, etc)  
 FOU=private foundation  
 PCP=private corporation  
 DON=individual donations and bequests  
 FEE=fee for services/sale of materials  
 MUL=multilateral government agency (UNFPA, WHO, etc)  
 OTH=other



*Regional Differences: Programs in Latin America relied more heavily upon fees for services and sale of materials (34%) than programs in Africa (0%) and Asia (18%).*

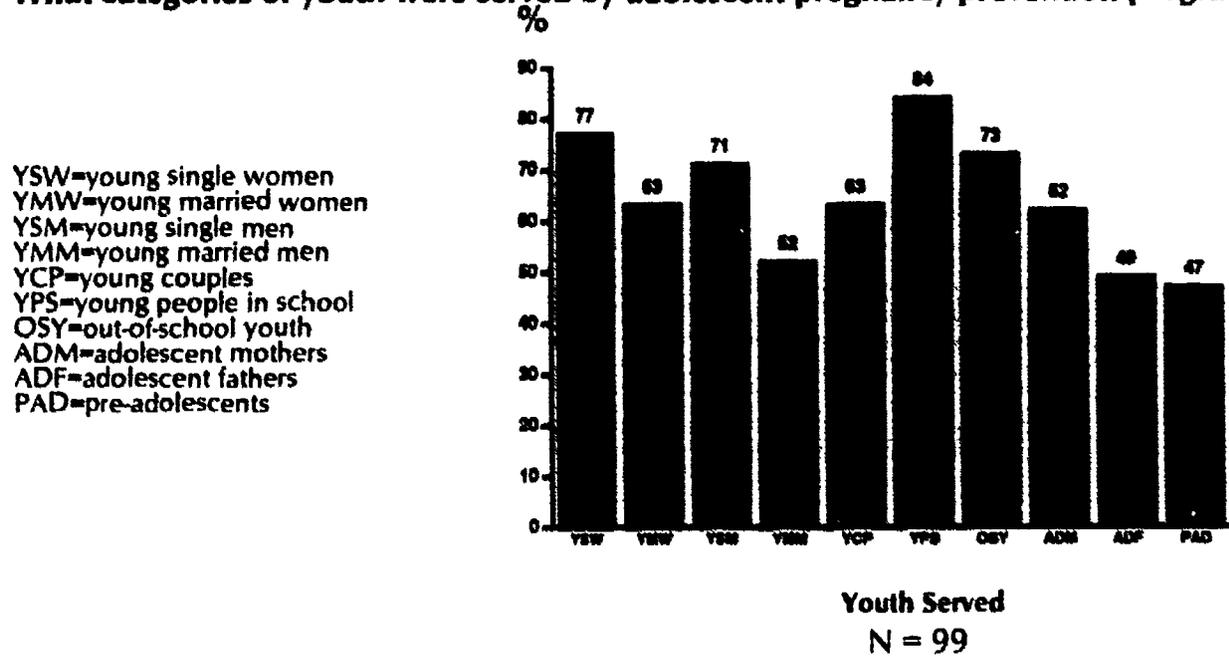
### What types of staff worked in adolescent fertility programs?



CSW=counselors/social workers  
 MD=physicians  
 EDU=educators – skills development, sexuality educators  
 NUR=nurses/other health professionals  
 SPC=sports coaches  
 TRA=trainers of youth workers  
 RES=researchers  
 CHW=lay community health workers  
 PSY=psychologists  
 PCE=peer counselors/educators  
 OTH=others

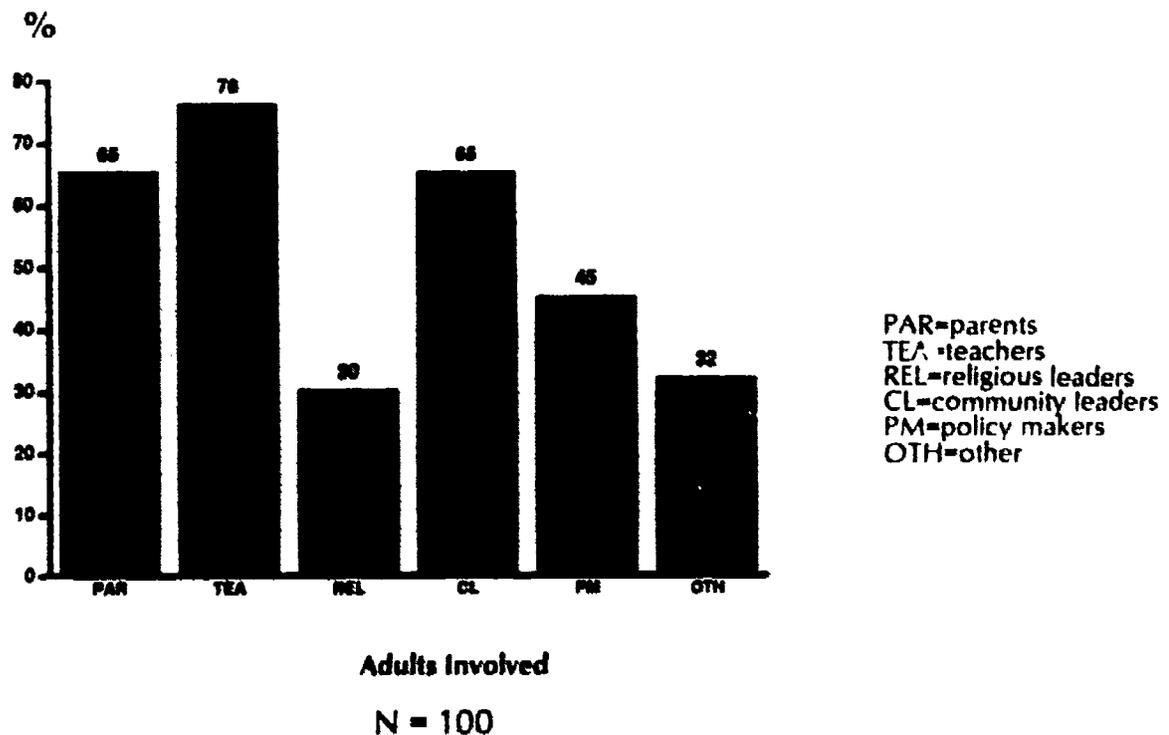
## 3. SURVEY RESULTS

### What categories of youth were served by adolescent pregnancy prevention programs?



**Regional Differences:** Latin American survey respondents tended to serve more younger adolescents, both single and married, than did African and Asian programs. For example, Latin American survey respondents were more likely to serve pre-adolescents (59%) than were African (29%) and Asian (36%) respondents.

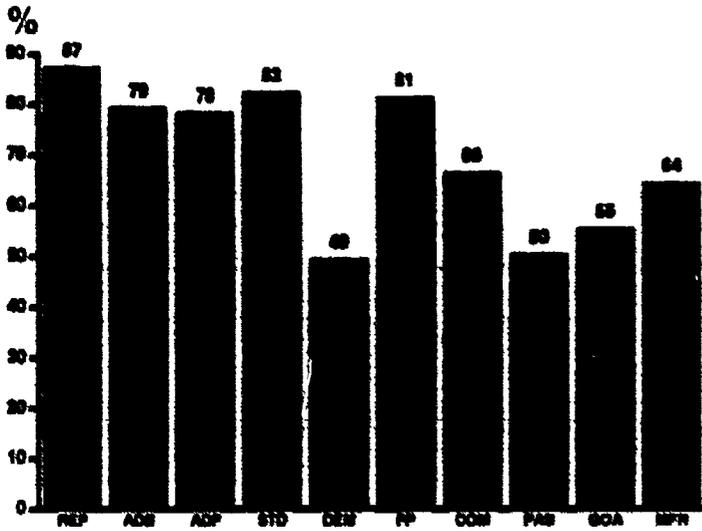
### What categories of adults were involved in adolescent pregnancy prevention programs?



**Regional Differences:** African survey respondents incorporated more religious leaders (64%) into their programs than did Latin American (17%) and Asian (32%) organizations.



**What types of sexuality education were provided by the organizations?**



REP=reproductive anatomy, including conception, menstruation, etc  
 ADB=adolescent development-biological  
 ADP=adolescent development-psychosocial  
 STD=sexually transmitted diseases  
 DEM=basic demographic concepts  
 FP=contraceptive methods and birth spacing  
 COM=communication methods and self esteem  
 PAS=parenting skills  
 GOA=goal setting and decision making  
 MFR=male and female roles

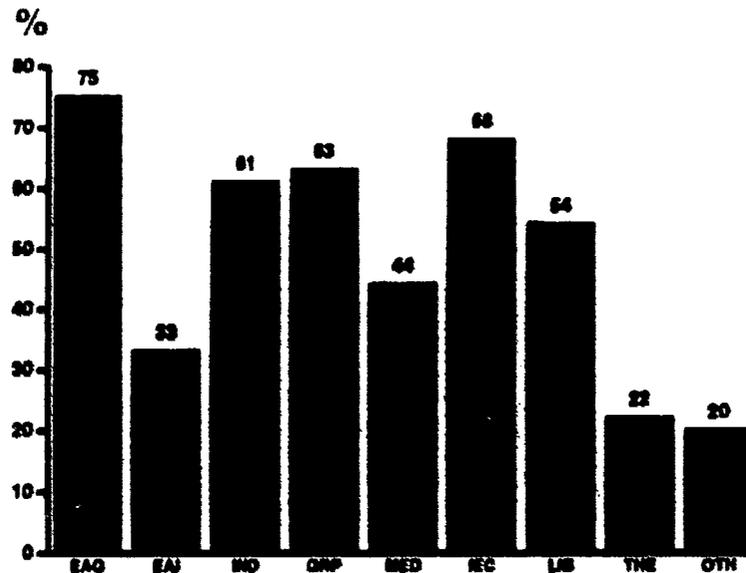
**Type of Sex Education**

N = 101

**Regional Differences:** Latin American (LA) survey respondents tended to place more emphasis on the following types of sexuality education than did African (AF) and Asian (AS) organization: biological adolescent development (LA 89%, AF 64%, AS 73%), psychosocial adolescent development (LA 89%, AF 59%, AS 73%), male and female roles (LA 73%, AF 46%, AS 59%) and on contraceptive methods and birth spacing (LA 91%, AF 55%, AS 82%). Demographic concepts received more attention in Africa (68%) and Asia (50%) than in Latin America (40%).

**What methods were used to provide sexuality education?**

EAG=on-going educational activities in groups  
 EAI=on-going educational activities for individuals  
 IND=individual counseling  
 GRP=group counseling  
 MED=mass media  
 IEC=educational materials produced by the organization  
 LIB=library facilities  
 THE=theater groups  
 OTH=other



**Methods of Sex Education**

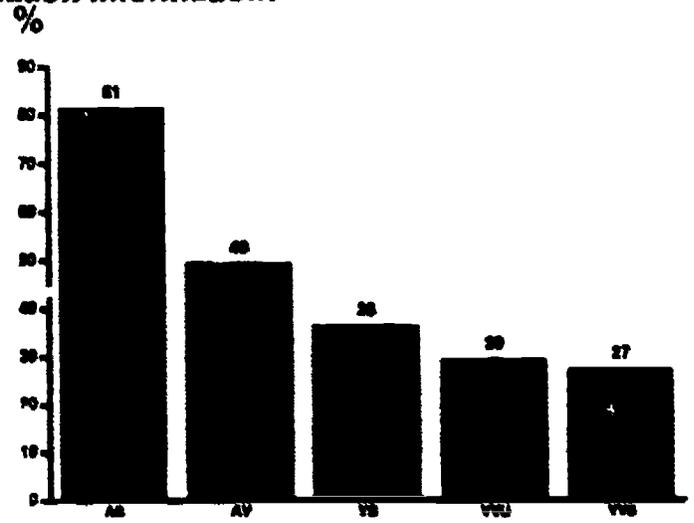
N = 101

**Regional Differences:** Latin American respondents incorporated more group counseling (69%) into the educational process than did African (50%) and Asian (59%) programs. Asian programs used libraries (73%) and IEC materials (77%) more than Latin American (53%, 71%) and African (41%, 55%) groups.

### 3. SURVEY RESULTS

#### Who provided youth with sexuality education information?

AS\*\*=adult staff  
 AV=adult volunteers  
 YS=youth staff  
 YVU=youth volunteers, unpaid  
 YVS=youth volunteers, stipend



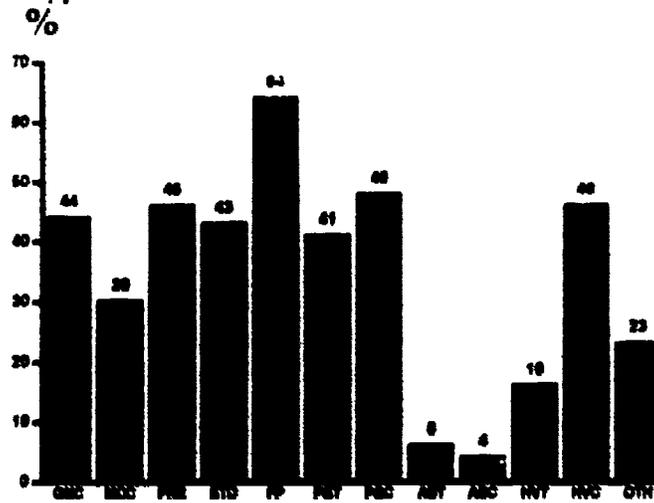
Source of Sex Education

N = 100

**Regional Differences:** Asian respondents used unpaid youth volunteers (46%) more than Latin American (24%) and African (29%) organizations. African programs were the least likely to use youth staff (AF 24%, AS 41%, LA 38%).

\*\* adults are over 25 years old; youth are 25 years old and younger

#### What types of health and medical services were offered to youth?



GMC=general medical care  
 MCC=medical care for children of young parents  
 PRE=prenatal care  
 STD=screening and treatment of STDs  
 FP=contraceptives  
 PGT=pregnancy testing  
 PCC=pregnancy counseling  
 ABT=abortions  
 ABC=abortion counseling  
 HVT=HIV testing  
 HVC=AIDS HIV counseling  
 OTH=other

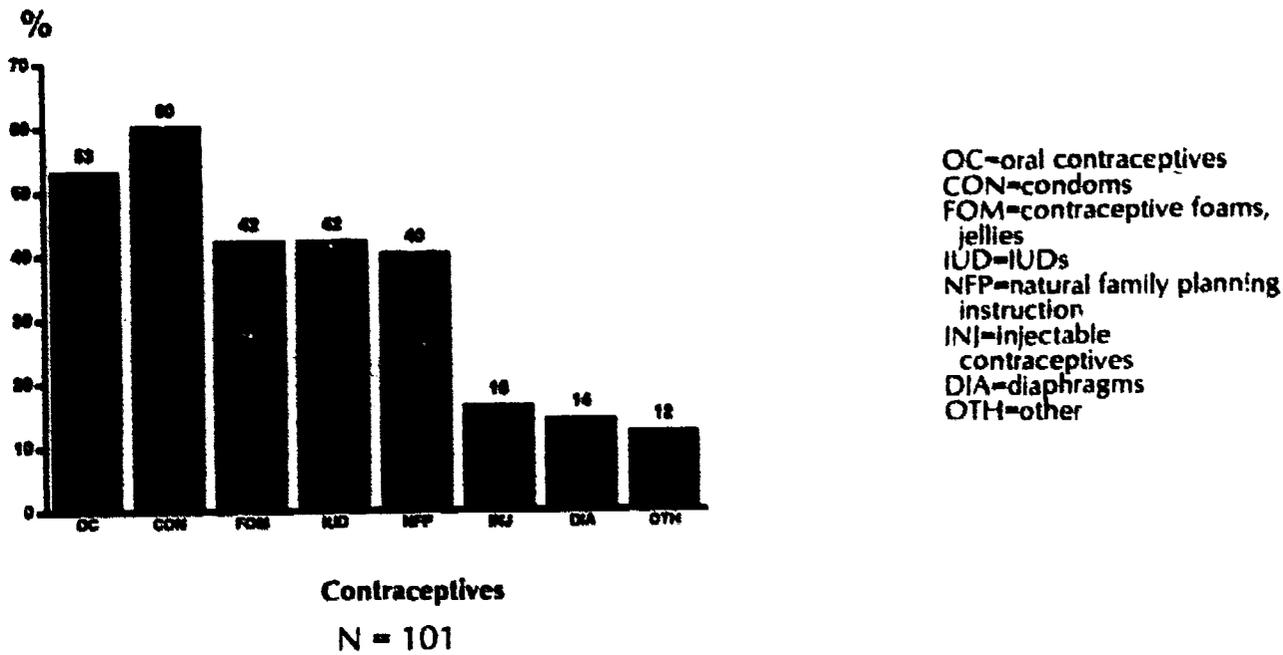
Health Services

N = 100

**Regional Differences:** In general, Latin American survey respondents provided a wider range of services than did African and Asian organizations: AIDS/HIV counseling (LA 69%, AF 24%, AS 14%), screening and treatment of STDs (LA 56%, AF 29%, AS 27%), provision of contraceptives (LA 69%, AF 62%, AS 50%), pregnancy testing (LA 49%, AF 24%, AS 36%) and pregnancy counseling (LA 58%, AF 33%, AS 41%).

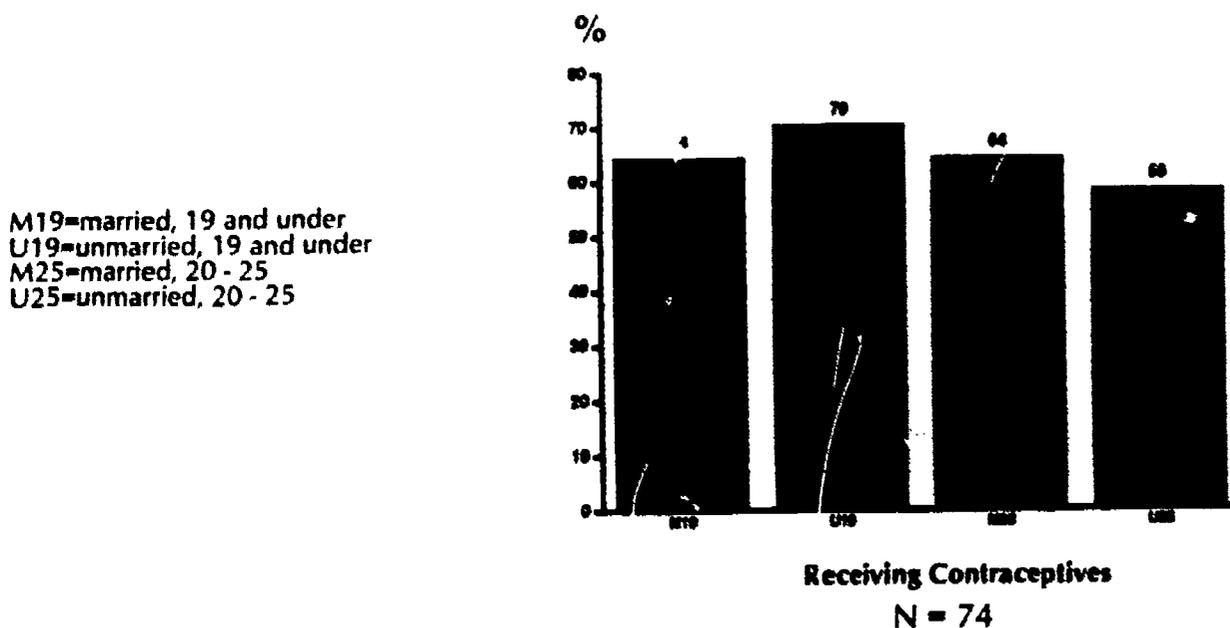


**What types of contraceptives were offered to youth through the adolescent pregnancy prevention programs?**



**Regional Differences:** Overall, Asian organizations who responded to the survey were less likely to distribute contraceptives; differences in condom distribution were especially large (AS 36%, LA 68%, AF 67%). Overall, 74 of the 101 organizations distributed at least one type of contraceptive.

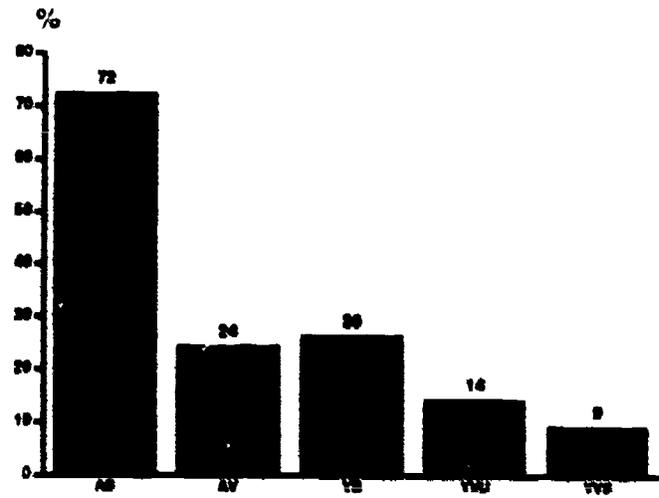
**Which groups of youth received contraceptives?**



**Regional Differences:** Latin American respondents were more likely than those in Africa and Asia to provide contraceptives to youths 19 and under, both married (LA 74%, AF 53%, AS 50%) and unmarried (LA 81%, AF 65%, AS 33%). More married couples, 20 to 25 years old, were served by African (82%) and Asian (83%) programs than those in Latin America (54%).

**Who distributed the contraceptives?**

AS=adult staff  
 AV=adult volunteers  
 YS=youth staff  
 YVU=youth volunteers, unpaid  
 YVS=youth volunteers, stipend

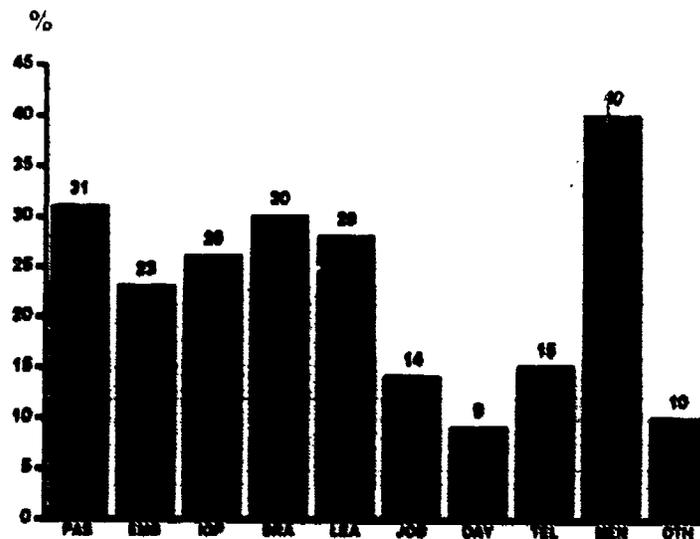


Source of Contraceptives

N = 74

*Regional Differences:* Adult volunteers were more likely to distribute contraceptives in Asia (50%) and Africa (29%) than in Latin America (14%). Asian organizations also tended to use more unpaid youth volunteers (25%) than did Latin American (14%) and African (6%) programs. In Latin America, the programs were more likely to give stipends to youth volunteers (16%) than in Africa (0%) and in Asia (0%).

**What types of support services were offered to the youth?**



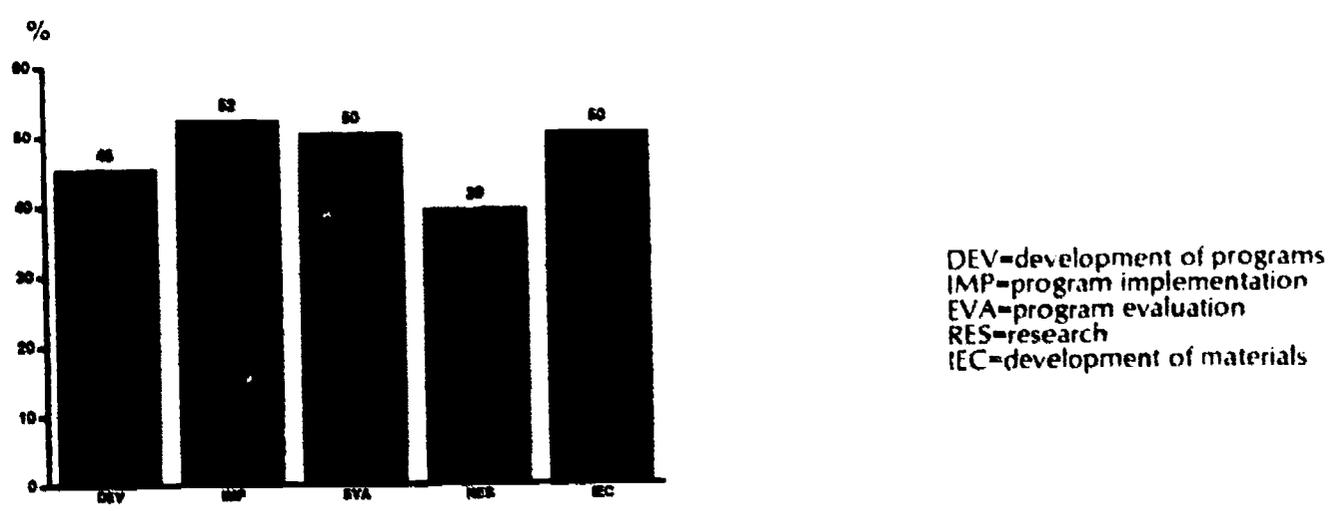
PAS=parenting skills  
 EMS=employment skills  
 IGP=income generating projects  
 SRA=sports recreation activities  
 LEA=leisure activities  
 JOB=job placement/referrals  
 DAY=day care  
 TEL=telephone hotlines  
 MEN=male involvement in family planning  
 OTH=other

Support Services

N = 101



**How were youth involved in the adolescent pregnancy prevention program?**

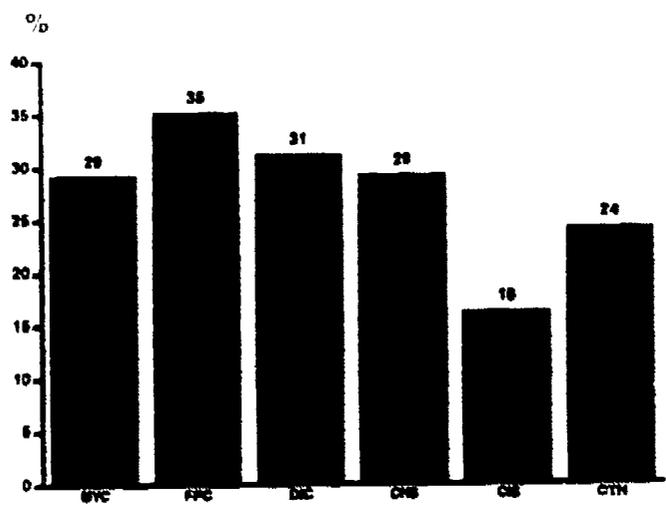


**Youth Involvement**  
N = 101

*Regional Differences:* Youth were more likely to be involved in program development and implementation in Latin America (51%, 53%) and Asia (50%, 64%) than in Africa (27%, 41%).

**What types of facilities were operated for the youth?**

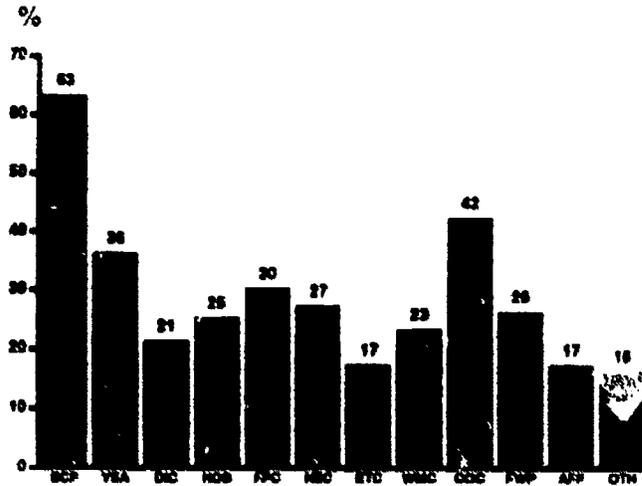
MYC=multiservice youth center  
 FPC=family planning clinic  
 DIC=drop in center  
 CHS=comprehensive health service  
 CIS=comprehensive health service for youth in schools  
 OTH=other facilities



**Facilities for Youth**  
N = 101

### 3. SURVEY RESULTS

**In addition to facilities for youth operated by your program, where else were youth reached by your program?**

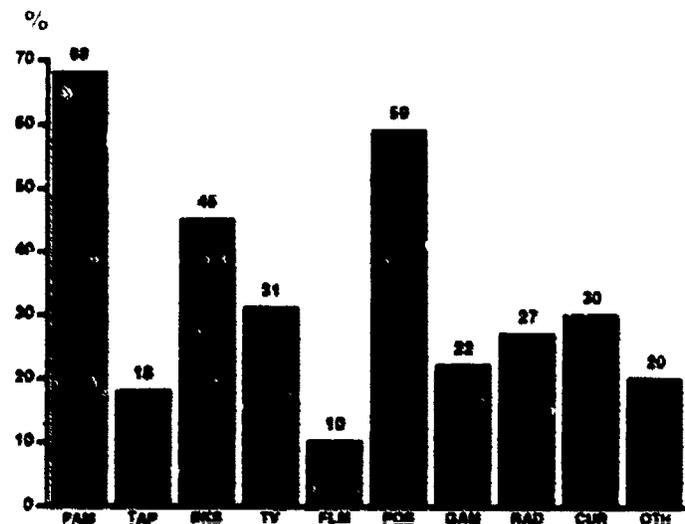


SCP=school program  
 YSA=adolescent center program  
 DIC=drop in center  
 HOS=hospital  
 FPC=family planning clinic  
 HEC=health center  
 ETC=employment and training center  
 WMC=womens center  
 COC=community center  
 FWP=factory or workplace  
 AFF=armed forces facility  
 OTH=other facilities

**Outreach**  
 N = 101

**What types of information, education and communication (IEC) materials were produced for the youth?**

PAM=pamphlets  
 TAP=audio tapes/songs/records  
 BKS=books/booklets  
 TV=videos/tv programs  
 FLM=films  
 POS=posters  
 GAM=games  
 RAD=radio  
 CUR=curricula  
 OTH=other



**IEC Offered**  
 N = 98

## 4. TRENDS AND OBSERVATIONS

The programs included in the survey are doing an impressive job of reaching hundreds of thousands of adolescents around the world. The challenge of the 1990s will be to reach out to the next generation of youth — a generation even larger than today's — at even earlier ages with information and services. With the exception of some programs in Latin America, the survey found that most projects in adolescent pregnancy prevention are aimed at older adolescents. Yet other survey research from Asia, Africa and Latin America has shown that the average age at first sexual relations has declined in many parts of the world. In Latin America, for example, the average age at first intercourse for teens is around 17 for girls and 15 for boys, down slightly from the 1970s.

Frequently, young people themselves tell those of us working in youth reproductive health that we are starting too late in our provision of sex education and family planning services; research has also shown that sex education can be more appropriate and effective when presented at younger ages.

The urgency of reaching adolescents is underscored by the trend in birthrates: while birthrates to women of all ages are declining in most parts of the developing world, births to adolescents comprise a growing percentage of all births. The rapid spread of AIDS and other STDs within the youth population also requires us to devise effective, integrated programs to reach adolescents — and soon enough to reach them when they need help.

The following represent trends and observations from the survey. When possible, results from the current survey are compared with ICAF's 1985 survey of programs working in adolescent pregnancy prevention.

### 1.) Serving Hard to Reach Youth

A major challenge will be that of serving the hard-to-reach: out-of-school, school leavers, and street youth. Street youth in particular are often the hardest to reach while being the most at risk for early childbearing and for infection with HIV because of high rates of sexual abuse, early ages at sexual initiation, involvement in survival sex (prostitution), and extremely low rates of condom use. Youth orphaned by AIDS and other populations of displaced youth will also need special attention with regard to their reproductive health, in large part because they lack a family or a community structure that frequently provide at least some guidance in sex education.

Other youth at higher risk of early childbearing include indigenous Indian youth in Latin America, youth in countries where early marriage continues to be practiced, and youth belonging to certain ethnic groups who are often overlooked for social services; all of these groups will also require special attention.

### 2.) Serving Youth at Younger Ages

As previously mentioned, Latin American programs who responded to the survey were more likely to be serving younger youth, including young single women ages 15-19 and young single men ages 15-19, and to be providing pre-adolescents with sex education. Programs in Africa and Asia were more likely to be serving young couples ages 20-25. While it is important for programs to reach these young couples, who are often just starting their childbearing, it is important that these programs reach younger adolescents — both married and unmarried — with information and services.



### **3.) Widening the Range of Agencies Working in Youth Reproductive Health**

ICAF's 1985 survey of programs revealed that the vast majority of programs working in youth reproductive health were affiliates of the International Planned Parenthood Federation (IPPF). Similarly, the current survey revealed that 38 percent of those working in adolescent pregnancy prevention were family planning agencies (the majority affiliated with IPPF), while only 12 percent were youth-serving agencies, 10 percent were social service agencies, and 14 percent other. While acknowledging the important role of family planning agencies in adolescent pregnancy prevention, a wider range of agencies must get involved in youth reproductive health if programs are to reach a significant proportion of the youth population in the developing world.

### **4.) Providing More Innovative Sex Education**

ICAF's 1985 survey found that sex education and family life education constituted the program focus of 33 of 36 programs who responded. The current survey found that while many programs had broadened their efforts to include contraceptive distribution and health services to adolescents in addition to sex education, nevertheless, sex education continued to be a major focus.

In general, Latin American programs have been innovative in the development of sex education, expanding the information provided to include adolescent development, male and female roles, and more information on contraceptive methods. Programs in Asia and Africa have provided some aspects of these, but have tended to focus more on population education. In addition, programs in Latin America are moving toward experiential educational methods and away from didactic teaching methods. Programs in Asia tend to rely more on IEC materials and libraries for passing information to teens, while programs in Africa focus more on sex education in the classroom setting.

As programs analyze the content of their sex education curricula, they should consider broadening these to include a wider range of activities and to consider a more innovative presentation. Numerous studies from around the world have shown that experiential educational methods in sex education are far more effective in encouraging teens to adopt responsible behavior.

### **5.) Reaching Youth on Their Own Turf**

We should continue to encourage the move toward integrated services for youth. ICAF's 1985 survey revealed trends toward multi-service centers and peer outreach, with 19 of 36 programs reporting that they promoted peer education. The current survey found that about half of programs in Latin America and Asia featured peer education, as did about a quarter of programs in Africa. Overall, about 13 percent of the programs in the current survey also promoted the peer distribution of contraceptives.

Since 1985, we have seen an even wider array of programs designed to reach youth. Nearly all emphasize the fact that youth are best reached where they already congregate: in schools, on the street, in universities, in youth clubs, or in factories. In the 1990s, we will need even more creative ways to take our programs to youth - rather than making youth come to our programs.

### 6.) Funding

As programs aim to serve a growing youth population, including those hardest to reach, they inevitably confront the question of funding. Indeed, funding of projects was cited as a major concern in the 1985 ICAF survey, and in September 1990 at CPO's International Forum on Adolescent Fertility. While the 1989-1990 survey revealed a cadre of stable, and in some cases well-funded projects, it also revealed their dependence: foreign assistance was the most frequently cited funding source, with 39 percent receiving this type of funding. While it is impressive to note that 23 percent received government funding, we still have a long way to go to convince national governments to make youth a higher priority. It is also worth noting that this figure is almost unchanged from ICAF's 1985 survey, when 25 percent of agencies said they received some government funding.

With the current economic outlook in developing countries — particularly debt issues and the struggle to create even the most basic health and social service infrastructures — programs for youth are competing in a difficult policy and funding environment. One alternative already being explored is that of fees for services. More than one-fifth of the programs surveyed reported receiving income from fees. With pressures from donors to become sustainable and self-supporting, increased competition for government funding, and pressures from organizations (including the World Bank) to "privatize" health care and social services, programs will likely turn even more to fee-for-service schemes. The difficulty — and the challenge — will be to maintain and expand services for the neediest of clients in this era of belt-tightening and privatization.

### 7.) Policy Advocacy

A handful of programs mentioned another major challenge for the 1990s: policy advocacy for youth. In addition to the need to lobby for increased funding for adolescent reproductive health services, some organizations also mentioned the need to challenge policies that seek to deny information and family planning services to unmarried adolescents. In some countries, these policies are legislated; in others, the chief obstacles are societal attitudes and organized groups that oppose the provision of accurate information and reproductive health services to unmarried youth, and in some cases to married youth. In both cases, survey respondents said they need assistance in advocating for youth at the local, national and international levels.

### 8.) Youth Involvement

Perhaps the most exciting trend revealed in the 1989-1990 study is youth involvement. It is worth noting that more than half of the programs surveyed said they are listening to the voices of youth, whether in developing materials or in program implementation. As previously mentioned, peer programs, another manifestation of youth involvement, are also gaining ground. Indeed, many programs are beginning to realize that youth involvement and peer programs may be one of their greatest hopes for making a long-term dent in teen pregnancy rates and the spread of AIDS among youth.

As a youth counselor recently told an ICAF staff member during a site visit in Kenya: "A lot of kids know about sex and family planning, but it's bad information. Today's parents don't talk to their children (about sex). They're failing in their job. (By working as a peer counselor), at least when we become parents, we'll be confident enough to talk to our children about sexuality and family planning."

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>AFRICA:</b>		
<b>EGYPT:</b>		
Family of the Future	P.O. Box 2098 Egypt Tel.:70-8093 and 71-3237	NGO, Family Planning
<b>KENYA:</b>		
Baptist Convention Clinic	P.O. Box 200 Maragoli, Kenya	Church Health Clinic
Christian Health Association of Kenya	P.O. Box 30690 Nairobi, Kenya Tel.:62-147, 62-765, and 60-038	NGO, Community Development Organization
GTZ Support Unit	Division of Family Health Ministry of Health P.O. Box 41607 Nairobi, Kenya Tel.:72-1187 Fax:00254-2-562671	Research and Donor Agency Family Planning
National Council of Churches of Kenya Family Life Education Project	Box 45009 Nairobi, Kenya Tel.:33-8211	Religious Social Service Organization
Presbyterian Church of East Africa (PCEA) Chogoria Hospital	P.O. Box 35 Chogoria, Kenya Tel.:Chogoria 11	Church-Affiliated Hospital
Y.W.C.A. Kisumu	P.O. Box 1618 Kisumu, Kenya Tel.:4-3192	Church-Affiliated Women's Group

### ABBREVIATIONS

*STD=Sexually Transmitted Disease; AIDS=Acquired Immuno Deficiency Syndrome; IEC=Information, Education, & Communication; FLE=Family Life Education; NCO=Non-Governmental Organization; N.A.=Not Available/Not Applicable; Trainings, unless otherwise specified, mean domestic.*



Clientele	Infrastructure	Program Focus
Married Youth, Ages 13+	Family Planning Clinic	Sex Education; Individual Counseling; Mass Media (Newspaper, Radio and Television); General Medical Care, Prenatal Care, and Family Planning; Emergency Hotline; Male Participation; Trainings; Outreach to Pharmacies.
Young Women and Couples, Ages 16-22	Integrated Health Clinic	STDs (Prevention); AIDS Education; Family Planning; Individual Counseling; Library; General Medical Care for Adolescents and Their Children; Outreach to Health Centers.
All Youth, Ages 9-25		Sex Education; STDs (Prevention); AIDS Education; IEC; Peer Programs; Research; Youth Participation in Programming; Outreach to Schools and Hospitals.
Young Women, Ages 9-25		Research and Dissemination of Data; Trainings.
All Youth, Ages 9+	Recreational Centers	Sex Education and FLE; AIDS Education; Drug Education; STDs (Prevention); Individual Counseling; IEC; Mass Media (Newspapers, Rallies); Peer Programs; Abstinence Education; Recreational and Leisure Activities; Tutoring; Research; Training of Youth Leaders; Outreach to Schools and Church Programs.
All Youth, Ages 16-22	Family Planning Clinic, Integrated Health Clinic	Sex Education; AIDS Education and Testing; STDs (Treatment and Prevention); Individual Counseling; General Medical Care for Adolescents and Their Children; Prenatal Care and Family Planning; Male Participation; Research; Outreach to Schools and Family Planning Clinics.
Out of School Youth and Adolescent Mothers, Ages 9-12 and 16-19	Youth Hostels	Communication, Self-Esteem, and Decision-Making Education; STDs (Prevention); Peer Programs; General Medical Care for Adolescents and Their Children; Natural Family Planning; Recreational Activities; Youth Participation in Programming; Outreach to Schols, Women's Centers, and Community Centers.

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>AFRICA:</b>		
<b>MADAGASCAR:</b>		
Fianakaviana Sambatra (FISA)	30 Bis, Lalana Havana Antsahabe B.P.703 Antananarivo Madagascar Tel.:3-3530 and 3-3525 Telex:22445 FPAFS MC	NGO, Family Planning
<b>NIGERIA:</b>		
Health Services Consultancy	Ministry of Health Ogun State or P.O. Box 488 Ibara, Abeokuta Nigeria	Government Family Planning Agency
Humik Counseling Centre	P.O. Box 65 Ifite, Ukpo, Via Awka Anambra State, Nigeria	NGO, Youth Serving Organization
Multidimensional Approach to Adolescent Fertility Management (MUDAFEM)	Fertility Research Unit University College Hospital University of Ibadan Ibadan, Nigeria Tel.:400010/2687 Telegram: TEACHOS IBADAN	NGO, Youth Serving Within a School
National Council of Women Societies, Delga Chapter	P.O. Box 1155 Port Harcourt, Nigeria Tel.:33-4119	NGO, Community Development Organization
Planned Parenthood Federation of Nigeria	P.M.B. 1175 Benin City, Nigeria Tel.:22-3152	NGO, Family Planning
School of Nursing	P.O. Box 216 Kano, Kano State Nigeria	Government School



Clientele	Infrastructure	Program Focus
Unmarried Youth, Ages 16-22	Family Planning Clinic	Sex Education; STDs (Prevention); Mass Media (Radio); IEC; Library; Peer Programs; Family Planning; Recreational Activities; Youth Participation in Programming; Outreach to Family Planning Clinics.
Unmarried Youth, Ages 13+	Family Planning Clinic, Integrated Health Center, and School Health Clinics	Sex Education; STDs (Prevention); AIDS Education; General Medical Care for Adolescents and Their Children; Family Planning and Prenatal Care; Outreach to Schools, Hospitals, Family Planning Clinics, Health Centers, Factories, and the Armed Forces.
Unmarried Youth and Adolescent Parents, Ages 13-25	Family Planning Clinic and Drop-in Center	Sex Education; STDs (Prevention); AIDS Education; Individual Counseling; IEC; Peer Programs; Family Planning; Recreational Activities; Male Participation; Research; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Drop-in Centers, Family Planning Clinics, and Women's Centers.
University Students	Peer Program and Family Planning Clinic	Sex Education and FLE; Individual Counseling; Mass Media (Films); IEC; Theater Groups; Family Planning and Reproductive Health Clinic; Peer Programs; Training; Youth Participation in Programming.
Young Women, Couples, and Adolescent Mothers, Ages 9+	Multi-Service Youth Center	Sex Education and FLE; AIDS Education; STDs (Prevention); Individual Counseling; Peer Programs; Primary Health Care Education; Trainings (International and Domestic); Youth Participation in Programming; Outreach to Schools.
All Youth, Ages 13+	Family Planning Clinic	Sex Education; STDs (Prevention); Mass Media (Radio and Television); IEC; Family Planning; Male Participation; Research; Youth Participation in Programming; Outreach to Schools, Family Planning Clinics, Community Centers, and Factories.
All Youth, Ages 16-19	Family Planning Clinic, Integrated Health Center	Sex Education; AIDS Education; STDs (Prevention); IEC; Library; General Medical Care; Male Participation; Tutoring; Research; Trainings; Outreach to Hospitals, Family Planning Clinics, Health Centers, and the Armed Forces.

## 5. LISTING OF PROGRAMS BY REGION

<b>Program</b>	<b>Address</b>	<b>Type of Organization</b>
<b>AFRICA:</b> <b>SEYCHELLES:</b> Ministry of Health	P.O. Box 52 Mahe, Seychelles Tel.:2-4400 Telex:2302 HEALTH SZ	Government, Family Planning and Maternal and Child Health
<b>SIERRA LEONE:</b> Sierra Leone Home Economics Association	P.O. Box 414 Freetown, Sierra Leone Tel.:2-6811 Telex:3210 BOOTH SL	NGO, Social Service Organization
<b>SUDAN:</b> Sudan Family Planning Association	Khartoum II P.O. Box 170, Khartoum Sudan Tel.:4-3460	NGO, Family Planning
<b>SWAZILAND:</b> Family Life Association of Swaziland	P.O. Box 1051 Manzini, Swaziland Tel.:5-3586 Fax:5-3191	NGO, Family Planning
<b>TANZANIA:</b> Lutheran Church Health Program	P.O. Box 195 Moshi, Tanzania Tel.:41-2122	Church-Affiliated Community Development Organization



<b>Clientele</b>	<b>Infrastructure</b>	<b>Program Focus</b>
All Youth, Ages 9+	Family Planning Clinic, Integrated Health Center, and Integrated Health Center Within a School	Sex Education and FLE; AIDS Education and Testing; STDs (Treatment and Prevention); Individual Counseling; Mass Media (Newspaper, Radio, and Television); IEC; Library; General Medical Care for Adolescents and Their Children; Prenatal Care and Family Planning; Abortion and Abortion Referral; Parenting Skills Education; Job Training; Recreational Activities; Male Participation; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Community Centers, Factories, and the Armed Forces.
All Youth, Ages 9-25	Family Planning Clinic, Drop-in Center, Home Economics Center	Sex Education and FLE; AIDS Education; STDs (Prevention); Nutrition Education; Individual Counseling; Mass Media (Radio); IEC; Library; Theater Groups; Peer Programs; Recreational Activities; Day Care; Emergency Hotline; Research and Dissemination of Data; Youth Participation in Programming.
All Youth, Ages 9+	Multi-Service Center, Family Planning Clinic	FLE; AIDS Education; STDs (Prevention); Mass Media (Radio and Television); IEC; Library; Prenatal Care and Family Planning; Male Participation; Job Training; Scholarships and Tutoring; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Family Planning Clinics, Health Centers, Job Training Centers, Women's Centers, Community Centers, Factories, and the Armed Forces.
All Youth, Ages 9+	Family Planning Clinic	FLE and Sex Education; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; Mass Media (Radio and Newspaper); IEC; Library; Family Planning; Male Participation; Research; Youth Participation in Programming; Outreach to Schools.
All Youth, Ages 16-19	Multi-Service Center	Sex Education; AIDS Education; STDs (Prevention); Individual Counseling; Mass Media (Newspaper and Radio); General Medical Care for Adolescents and Their Children; Prenatal Care and Family Planning; Recreational Activities; Male Participation; Dissemination of Data; Youth Participation in Programming; Outreach to Schools, Hospitals, Family Planning Clinics, and Women's Centers.

## 5. LISTING OF PROGRAMS BY REGION

<b>Program</b>	<b>Address</b>	<b>Type of Organization</b>
<b>AFRICA:</b>		
<b>ZAMBIA:</b>		
Ministry of Health, Family Health Division	Springbok House P.O. Box 30205, Lusaka Zambia Tel.:22-4086 Telex:40920 UNISANTE LUSAKA	Government Family Planning
Planned Parenthood Association of Zambia	P.O. Box 81230 Kabwe, Zambia	NGO, Family Planning
<b>ZIMBABWE:</b>		
Zimbabwe Council for the Welfare of Children	16, Samora Machel Avenue Harare, Zimbabwe Tel.:79-1251	NGO, Youth Serving Organization
Zimbabwe National Family Planning Council	P.O. Box ST220 Southerton, Harare Zimbabwe Tel.:6-7656/7/8/9	Government Family Planning Organization



Clientele	Infrastructure	Program Focus
All Youth, Ages 9+	Family Planning Clinic, Integrated Health Clinic, Integrated Health Center Within a School	Sex Education and FLE; AIDS Education; STDs (Prevention); Individual Counseling; Mass Media (Newspaper, Radio, Television, and Folk Media); Theater Groups; Research and Dissemination of Data; Trainings; Family Planning; General Medical Care; Youth Participation in Programming; Outreach to Schools, Hospitals, Family Planning Clinics, Health Centers, Job Training Centers, Women's Centers, Community Centers, Factories, the Armed Forces, and Parent-Teacher Association.
All Youth, Ages 13-22	Family Planning Clinic, Drop-in Center	Sex Education; AIDS Education and Testing; STDs (Prevention); Individual Counseling; IEC; Theater Groups; Peer Programs; Family Planning; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Drop-in Centers, Family Planning Clinics, Health Centers, Women's Centers, Community Centers, Factories, and the Armed Forces.
All Youth, Ages 9+	Multi-Service Center, Drop-in Center	Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; Mass Media (Radio and Television); IEC; Theater Groups; Peer Programs; Referrals for: General Medical Care for Adolescents and Their Children, Prenatal Care and Family Planning; Parenting Skills Education; Job Training; Recreational Activities; Male Participation; Research; Trainings; Youth Participation in Programming; Outreach to Schools and Drop-in Centers.
All Youth, Ages 9+	Counseling Center	Sex Education and FLE; STDs (Treatment and Prevention); Individual Counseling; Mass Media (Radio); Library; General Medical Care and Family Planning; Male Participation; Trainings; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Job Training Centers, Factories, and the Armed Forces.

## 5. LISTING OF PROGRAMS BY REGION

<b>Program</b>	<b>Address</b>	<b>Type of Organization</b>
<b>ASIA:</b>		
<b>INDIA:</b>		
Christian Medical Association of India	Smruti Theatre Compound P.O Box 24 Nagpur-440001 Maharashtra State, India Tel.:32-594	Church Affiliated, Social Service
Family Planning Association of India, Ahmedabad Branch	Nashabandhi Compound, Opp. Apna Bazar Lal Darwaja Ahmedabad-380 001 India	NGO, Family Planning
Family Planning Association of India	Bajaj Bhavan, Nariman Point, Bombay 400 021 India Tel.:202-9080 and 202-5174	NGO, Family Planning
Parivar Seva Sanstha	B-2/16, Safdarjung Enclave New Delhi 110029 India Tel.:60-9978 and 60-2659 Fax:67-377, ATTN: Parivar Seva Sanstha	NGO, Family Planning
Service and Research Foundation of Asia on Family and Culture	18A Patel Road Nehrunagan, Chronopet Madras 620044 India Tel.:40-5763	NGO, Community Development



Clientele	Infrastructure	Program Focus
Married Youth, Ages 16+	Integrated Health Clinic	Family Planning and Prenatal Care; Individual Counseling; Library; Outreach to Hospitals, Family Planning Clinics, and Health Centers.
All Youth, Ages 13+	Family Planning Clinic, Integrated Health Clinic	Sex Education and FLE; AIDS Education; STDs (Prevention); Individual Counseling; Mass Media (Newspaper, Radio, and TV); IEC; Library; Peer Programs; Medical Care for Children of Adolescents; Family Planning and Abortion; Parenting Skills Education; Dissemination of Data; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Family Planning Clinics, Job Training Centers, Women's Centers, Community Centers and Factories.
All Youth, Ages 13+	Family Planning Clinic, Drop-in Center, and Integrated Health Center, Family Life, Marriage, and Sexuality Counseling Center	Sex Education and FLE; STDs (Prevention and Treatment); AIDS Education; Individual Counseling; Mass Media (Newspaper, Film, and Radio); IEC; Library; Prenatal Care, Family Planning, and Abortion; Peer Programs; Parenting Skills Education; Emergency Hotline; Male Participation; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Colleges, Hospitals, Family Planning Clinics, Women's Centers, Community Centers, Factories, and Out-of-School Youth.
All Youth, Ages 9-19	Family Planning Clinic and Free Counseling Center	Sex Education and FLE; Nutrition and Hygiene Education; STDs (Treatment and Prevention); AIDS Education; Individual Counseling; Mass Media; IEC; General Medical Care for Adolescents and Their Children; Prenatal Care, Family Planning, and Abortions; Immunizations, Post-Natal Care, and Obstetrics; Parenting Skills Education; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools and Community Centers.
In-School Youth, Ages 13-19	N.A.	Sex Education; Research and Dissemination of Data; Trainings (International); Youth Participation in Programming; IEC.

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>ASIA</b>		
<b>INDIA (CONT'D):</b>		
University of Madras, Department of Adult and Continuing Education	Madras 600 005 India Tel.: 56-8778, ext.342	NGO, Family Planning
Youth and Family Planning Programme Council	F-13, South Extension-One New Delhi 110049 India Tel.: 62-4776	NGO, Youth Serving Organization
<b>INDONESIA:</b>		
Perkumpulan Keluarga Berencana Indonesia (The Indonesian Planned Parenthood Association)	Jalan Hang Jebat III/F.3 Kebayoran Baru, Jakarta 12120 Indonesia P.O. Box 18 KBYB Tel.:713904, 715905, 7394123 Fax:62-21-341534 Telex:46024 PUBLIC IA	NGO, Family Planning
Tunggal Jati Foundation	Jl. Serut Madurejo Prambanan P.O. Box 21 Bulaksumur Yogyakarta, Indonesia	NGO, Community Development
<b>MALAYSIA:</b>		
Federation of Family Planning Associations, Malaysia	81-B Jalan SS15/5A, Subang Jay 47500 Petaling Jaya Selangor, Malaysia Tel.:733-7514, 733-7516, and 733-7528 Fax:734-6638	NGO, Family Planning
<b>PAKISTAN:</b>		
Pakistan Family Welfare Council	54 Main Road, Samanabad Lahore, Pakistan Tel.:415160	NGO, Social Service



Clientele	Infrastructure	Program Focus
Unmarried Youth, Ages 23+	Multi-Service Youth Center	Sex Education and FLE; Individual Medical Counseling; Mass Media; Adolescents and Their Children; Recreational Activities; Research and Dissemination of Data; Trainings (International); Youth Participation in Programming; Outreach to Youth-Serving Organizations, Women's Centers, and Community Centers.
All Youth, Ages 13-19	N.A.	FLE; Mass Media (Newspapers); Library; Peer Programs; Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Women's Centers, Community Centers, and Factories.
All Youth, Ages 13-22	Multi-Service Center, Drop-in Center, Integrated Health Clinic	Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; Mass Media (Newspaper, Radio, and Magazines); IEC; Library; Emergency Hotline; Peer Programs; Medical Care for Children of Adolescents; Prenatal Care and Family Planning; Abortion Referrals; Parenting Skills Education; Job Training; Recreational Activities; Scholarships; Tutoring Programs; Research; Trainings; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Drop-in Centers, Women's Centers, Community Cent.
Youth Ages 26+	Multi-Service Center, Drop-in Center	Population Education; Parenting Skills Education; Individual Counseling; Family Planning; Job Training; Tutoring Programs; Dissemination of Data; Youth Participation in Programming; Outreach to Drop-in Centers, Job Training Centers, Women's Centers and Community Centers.
All Youth, Ages 13-25	Multi-Service Center, Drop-in Center	Sex Education and FLE; STDs (Prevention); AIDS Education; Individual Counseling; IEC; Library; Peer Programs; Parenting Skills Education; Job Training; Recreational Activities; Emergency Hotline; Trainings; Youth Participation in Programming; Outreach to Schools, Youth Serving Organizations, Drop-in Centers, Job Training Centers, Community Centers, and Factories.
Young Married Women, Ages 16-25	Family Planning Clinic, Integrated Health Clinic	Family Planning Education; Individual Counseling; IEC; General Medical Care for Adolescents and Their Children; Prenatal Care and Family Planning; Peer Programs; Job Training; Research; Youth Participation in Programming; Outreach to Family Planning Clinics and Health Centers.

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>ASIA:</b> <b>PHILIPPINES:</b> Baguio Center for Young Adults, Inc.	Ground Floor, Radio Mindanao Network Bldg. Assumption Road, Baguio City Philippines Tel.:442-2532	NGO, Youth Serving Organization
Family Planning Organization of the Philippines	No. 50 Dona M. Hemady Street New Manila, Quezon City Philippines Tel.:721-4067, 721-7301 and 721-7101	NGO, Family Planning
Pandan Kilusang—Bayan Sa Pananalapi, Inc.	Pandan, Antique Philippines 5617	NGO, Community Development
Population Commission	San Gabriel Village Tuguegarao, Cagayan Philippines Tel.:446-1833, 446-1665, and 446-1944	Government-sponsored Family Planning



<b>Clientele</b>	<b>Infrastructure</b>	<b>Program Focus</b>
All Youth, Ages 9+	Multi-Service Center, Drop-in Center	Sex Education and FLE; AIDS Education: STDs (Prevention); Individual Counseling; Mass Media (Newspapers and Radio); IEC; Library; Film Showings; Peer Programs; Contraceptive Information; Parenting Skills Education; Job Training and Referrals; Recreational Activities; Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Drop-in Centers, Job Training Centers, Women's Centers, Community Centers, and the Armed Forces.
All Youth, Ages 13+	Multi-Service Center	Sex Education and FLE; STDs (Prevention); Individual Counseling; IEC; Library; Theater Groups; Peer Programs; General Medical Care and Prenatal Care; Job Training; Recreational Activities; Emergency Hotline; Research; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Family Planning Clinics, and Community Centers.
Young Couples, Ages 16+	Multi-Service Center	Sex Education and FLE; STDs (Prevention); Premarital Counseling; Mass Media (Newspaper, Radio, and Television); IEC; Library; Peer Programs; Medical Care for Children of Adolescents; Family Planning; Parenting Skills Education; Job Training and Referrals; Male Participation; Research and Dissemination of Data; Youth Participation in Programming; Outreach to Hospitals, Family Planning Clinics, Health Centers, Women's Centers, Parent-Teacher Association, and Community Centers.
Young Couples and Adolescent Parents, Ages 9-25	Family Planning Clinic	Sex Education; AIDS Education; Individual Counseling; Mass Media (Radio and Videotapes); IEC; Library; Peer Programs; Prenatal Care and Family Planning; Parenting Skills Education; Job Training and Placement; Recreational Activities; Day Care; Emergency Hotline; Male Participation; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Family Planning Clinics, Health Centers, and Community Centers.

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>ASIA:</b> <b>PHILIPPINES (CONT'D):</b> West Visayas State University	La Paz, Iloilo City Philippines Tel.:7-21-55	Government School
<b>SAMOA:</b> Western Samoa Family Health Association	P.O. Box 3029 Apia, Western Samoa Tel.:2-45-60	NGO, Family Planning
<b>SOLOMON ISLANDS:</b> Solomon Islands Planned Parenthood Association	P.O. Box 554 Moniara, Solomon Islands Tel.:2-29-91	NGO, Family Planning
<b>SOUTH KOREA:</b> Korea Institute for Population and Health	San 42-14, Bulgwang-Dong Eunpyung-Ku Seoul 122-040 Korea Tel.:352-9129	Government Funded Population, Health, and Social Welfare Research Institute
Planned Parenthood	C.P.O Box 3360 Seoul, Korea Tel.:634-8211-4	NGO, Family Planning
<b>SRI LANKA:</b> "Vidya" Science Magazine	Thusitha Malamulla West Panadura, Sri Lanka	NGO, Health and Science Magazine
<b>THAILAND:</b> Population Education Clearinghouse	UNESCO Principal Regional Office for Asia and the Pacific 920 Darakarn Building Sukhumvit Road, Bangkok Thailand, Tel.:391-0577, Ext. 116	NGO, Population Education Program



Clientele	Infrastructure	Program Focus
Single Youth and Married Women, In-School, Ages 16-19	Family Planning Clinic, Integrated Health Clinic Within a School	Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; Mass Media; IEC; Library; Theater Groups; General Medical Care; Prenatal Care and Family Planning; Parenting Skills Education; Job Training; Scholarships and Tutoring; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Hospitals, Family Planning Clinics, Health Center, and Job Training Centers.
All Youth, Ages 13+	Family Planning Clinic	Sex Education; AIDS Education; STDs (Treatment and Prevention); IEC; Family Planning; Male Participation; Youth Participation in Programming; Outreach to Schools, Community Centers, and Church Committee Houses.
All Youth, Ages 16-25	Family Planning Clinic	Sex Education; AIDS Education; Individual Counseling; Mass Media; IEC; Library; General Medical Care; Family Planning; Recreational Activities; Research; Trainings (International); Youth Participation in Programming; Outreach to Family Planning Clinics.
All Youth, Ages 13-19	N.A.	Library; Research and Dissemination of Data.
All Youth, Ages 9+	Multi-Service Center, Family Planning Clinic	Sex Education and FLE; STDs (Prevention); AIDS Education; Individual Counseling; Mass Media (Newspaper, Radio, Magazines, and TV) IEC; Peer Programs; Medical Care for Children of Young Parents; Prenatal Care; Parenting Skills Education; Recreational Activities; Job Training and Placement; Emergency Hotline; Male Involvement; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Family Planning Clinics, Community Centers, Factories, and the Armed Forces.
Married Women and All Men, Ages 13-22	N.A.	Sex Education; AIDS Education; STDs (Prevention); Mass Media; IEC; Library.
All Youth, Ages 9+	Information Clearinghouse	Sex Education and FLE; AIDS Education; STDs (Prevention); IEC; Library; Peer Programs; Research and Dissemination of Data; Outreach to Schools.

## 5. LISTING OF PROGRAMS BY REGION

<b>Program</b>	<b>Address</b>	<b>Type of Organization</b>
<b>NEAR EAST:</b> <b>ISRAEL:</b> Adolescent Counseling Center	Department of Welfare Municipality of Beersheba Beersheba, Israel	Government-sponsored, Youth Serving Organization
<b>TURKEY:</b> Family Planning Association of Turkey	Atac Sokak 73/3 06420 Ankara, Turkey Tel.: 131-8355, 131-1878	NGO, Family Planning



**Clientele**

**Infrastructure**

**Program Focus**

Unmarried Youth,  
Ages 13-19

Drop-in Center

Sex Education and FLE; Individual Counseling; Family Planning; Abortion Referrals; Research; Youth Participation in Programming; Outreach to Schools, Health Centers, and Community Centers.

Young Couples and Parents  
Ages 16-25

Family Planning Clinic,  
Integrated School Health  
Clinic

Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; IEC; Library; Theater Groups; Peer Programs; Family Planning; Parenting Skills Education; Recreational Activities; Scholarships; Research; Youth Participation in Programming; Outreach to Schools, Family Planning Clinics, and Factories.

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>LATIN AMERICA AND THE CARIBBEAN</b>		
<b>ANTIGUA:</b>		
Caribbean Family Planning Association	P.O. Box 419 St. John, Antigua West Indies Tel.:462-4171	NGO, Family Planning
<b>ARGENTINA:</b>		
Centro de Educación Sexual del Adolescente	Segui 1441—Capital Federal Buenos Aires, Argentina Tel.:581-4951	NGO, Youth Serving Organization
Centro de Estudios de Población (CENEP)	Casilla 1457, Correo Central 1000 Buenos Aires Argentina Tel.:961-2268/961-8195	NGO, Socio-Demographic Research
Fundación para Estudio e Investigación de la Mujer	Pacheco de Melo 2602, 1-A 1425 Buenos Aires Argentina Tel.:541-804-9930 Fax:541-27-4274	NGO, Women's Organization
Hospital Subzonal Puerto Madryn	Pujol y Roberto Gomez Puerto Madryn Chubut, C.P. 9120 Argentina Tel.:7-22-40	Government Community Development Organization
<b>BOLIVIA:</b>		
Acción un Maestro Más	Socabaya 340 Casilla 6522 La Paz, Bolivia Tel.:34-19-54	NGO, School and Community Development Organization
Consultorio Radial Orientación Familiar	Calle Abdon Saavedra No.1100 (Al lado del No.2367) La Paz, Bolivia Tel.:35-49-51	NGO, Family Planning, Family Rights



Clientele	Infrastructure	Program Focus
All Youth, Ages 9+	Regional Headquarters of International Organization (International Planned Parenthood Federation)	IEC about Adolescent Pregnancy, Contraception, Abstinence, STDs, Prenatal Care, and Parenting.
Unmarried Youth and Young Couples, Ages 9+		Sex Education and FLE; STDs (Prevention); AIDS Education; Family Planning; Medical Care for Children of Young Parents; Male Participation; Youth Participation in Programming.
Youth, Ages 13-19		Quantitative and Qualitative Research; Dissemination of Data.
Youth Ages 9-19; In-school and Adolescent Mothers	Integrated Health Center	Sex Education; STDs (Treatment and Prevention); Library; IEC; General Health Care to Adolescents and Their Children; Prenatal Care and Family Planning; AIDS Education; Referrals to Hospitals; Sports; Research and Dissemination of Data; Youth Participation in Programming; Outreach to Schools, Health Centers, and Women's Centers.
All Youth, Ages 9-19	Integrated Health Center	Sex Education; STDs (Treatment and Prevention); AIDS Education; General Health Care to Adolescents and Their Children; Prenatal Care and Family Planning; Day Care and Parenting Skills Training; Male Participation; Research and Dissemination of Data; Outreach to Schools, Hospitals, and Health Centers.
Youth, Ages 23+	Integrated Health Center within a School	Sex Education and FLE; General Health Care to Adolescents and Their Children; Parenting Skills Education; Job Training; Dissemination of Data; Youth Participation in Programming; Outreach to Schools and Job Training Centers.
	Drop-in Center	STDs (Education and Treatment); AIDS Education; Individual Counseling; Family Planning; Protection of Adolescent Rights; Male Participation; Newspaper, Radio, and TV Programs; Outreach to Schools and Women's Centers.

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>LATIN AMERICA AND THE CARIBBEAN</b> <b>BRAZIL:</b> Centro de Estudos e Pesquisas Clovis Salgado	Alameda Ezequiel Dias, 427 Centro Belo Horizonte, Minas Gerais Brazil Tel.:226-06-13/273-58-83	NGO, Maternal and Child Health
Centro Materno Infantil (CMI) Planejamento Familiar	Rua Prof. Souza Barros, 140 CEP 04307 São Paulo SP Brazil Tel.:275-3246 and 577-1812 Fax:282-5115	NGO, Family Planning
Centro de Pesquisa Orientação e Assistência a Família (CPOAF)	Cidade Cascavel, Estado Paraná Brazil	NGO, Family Planning
Sociedade Civil Bem Estar Familiar no Brasil (BEMFAM)	Av. Chile, 230, 17 Andar Rio de Janeiro Brazil, CEP20031 Tel.:210-2448	NGO, Family Planning
Setor de Adolescentes do Centro de Asitência Integral a Saude da Mulher, Universidade Estadual de Campinas (UNICAMP)	Universidade Estadual - Campinas R. Luverci Pereira de Souza 391 1170 Campinas, S.P. 13100 Brazil Tel.:0192-30-1301	Government Hospital



Clientele	Infrastructure	Program Focus
Unmarried Youth, Ages 13-22	Integrated Health Center	Sex Education; STDs (Treatment and Prevention); AIDS Education; Individual Counseling; Family Planning; Male Participation; Research and Dissemination of Data; Training of School and Recreation Center Monitors; Youth Participation in Programming; Outreach to Schools, Hospitals, Health Centers, Job Training Centers, Religious Organizations, and Community Centers; IEC.
All Youth, Ages 13-25	Drop-in Center and Family Planning Center	Sex Education and FLE; STDs (Treatment and Prevention); AIDS Education; Individual Counseling; General Health Care to Adolescents and Their Children; Family Planning and Prenatal Care; Parasitology Program; Job Training and Placement; Sports; Male Participation; Research and Dissemination of Data; Training of Outside Personnel; Youth Participation in Programming; Outreach to Schools, Youth Serving Organizations, Family Planning and Health Centers, Job Training Centers, Community Centers, and Factories.
Married Women and Young Couples, Ages 16-25	Family Planning Center	Sex Education; STDs (Treatment); AIDS Education; Family Planning; Research; Male Participation; Youth Participation in Programming; Outreach to Schools, Health Centers and Community Centers.
All Youth, Ages 13+	Family Planning and Health Center, Drop-in Center	Sex Education and FLE; AIDS Education; STDs (Prevention and Treatment); Individual Counseling; IEC; Library; Family Planning, Prenatal Counseling; Peer Programs; Research and Dissemination of Data; Outreach to Schools, Family Planning Centers, Health Centers, Community Centers, Factories, and Armed Forces.
Single Women and Young Couples, Ages 9-19	Integrated Health Center	Sex Education; STDs (Prevention and Treatment); AIDS Education; Individual Counseling; IEC; General Medical Care, Prenatal Care, and Family Planning; Parenting Skills Education; Emergency Hotline; Male Participation; Research; Outreach to Family Planning Centers.

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>LATIN AMERICA AND THE CARIBBEAN</b>		
<b>CHILE:</b>		
Asociación Chilena Protección de la Familia	Av. Santa Maria 0494 Santiago, Chile Tel.:371909 Fax:(02)37-1384	NGO, Family Planning
Fundación de Menores San Antonio	Nataniel Cox No.31, Oficina 76 Santiago, Chile Tel.: 72-4366 and 696-4704	NGO, Social Service Provider
Programa de Apoyo y Extensión en Salud Materno Infantil (PAESMI)	Miraflores 113, Depto. 73 Santiago, Chile Tel.:33-6916 Fax:632-1571	NGO, Community Development Organization
Y.M.C.A. Santiago	Compañía 1360 P.O. Box 1717 Santiago, Chile Tel.:72-3483 Fax:562-698-0375	NGO, Community Development Organization
<b>COLOMBIA:</b>		
Asociación Pro-Bienestar de la Familia Colombiana (Profamilia)	Calle 34, No.14-52 Bogotá, D.E., Colombia Tel.:287-2100/232-.379 Fax:287-5530	NGO, Family Planning
Asociación Salud con Prevención	Calle 54, No.10-81, Oficina 90 Bogotá, D.E., Colombia Tel.:248-8287/248-4192	NGO, Youth Serving Organization
Consultorio de Servicios Médicos Ocupacionales	Apartado Aereo 29706 Bogotá, Colombia Tel.:245-9228	Occupational Safety and Health Research Organization



Clientele	Infrastructure	Program Focus
Out-of-school Youth, Ages 16-25	Multi-Service Center, Family Planning Center, Health Clinic Within a School.	Sex Education; STDs (Prevention and Treatment); AIDS Education; IEC; Library; General Medical Attention, Prenatal Care, and Family Planning; Male Participation; Training; Youth Participation in Programming; Outreach to Youth-Serving Organizations, Family Planning Centers, Health Centers, and the Armed Forces.
Young Women and Adolescent Mothers, Ages 9-12 and 20+	N.A.	IEC; Individual Counseling; Research; Outreach to Other Institutions Working with Teen Mothers.
Sex Educators	N.A.	Trainings of Sex Educators in Sex Education and FLE; IEC; Library; Research and Dissemination of Data.
All Youth, Ages 9+	Multi-Service Center, Drop-in Center	Sex Education; AIDS Education; IEC; Theater Group; Peer Programs; Sports; Trainings. Youth Participation in Programming; Outreach to Neighborhood and Government Organizations
All Youth, Ages 13-19	Multi-Service and Family Planning Center	Sex Education; AIDS Education; STDs (Prevention and Treatment); Individual Counseling; IEC; Library; General Medical Care and Family Planning; Research; Youth Participation in Programming; Outreach to Schools.
All Youth, Ages 13-19	Center for Sexuality Education for Adolescents and Adults	Sex Education and FLE; AIDS Education; STDs (Prevention and Treatment); Individual Counseling; IEC; Library; Peer Programs, Prenatal Care and Family Planning; Parenting Skills Education; Research and Dissemination of Data; Youth Participation in Programming; Outreach to Health Centers.
All Youth, Ages 16+	Integrated Health Center	Sex Education; AIDS Education; STDs (Treatment and Prevention); Education about Risk-Factors Affecting Reproduction; Individual Counseling; Library; General Medical Attention and Prenatal Care; Job Training and Placement; Recreational Activities; Research; Youth Participation in Programming; Outreach to Job Training and Placement Centers, and Factories.

## 5. LISTING OF PROGRAMS BY REGION

<b>Program</b>	<b>Address</b>	<b>Type of Organization</b>
<b>LATIN AMERICA AND THE CARIBBEAN</b>		
<b>COLOMBIA(CONTD):</b>		
Hospital Infantil Universitario, "Lorencita Villegas de Santos"	Calle 68, Carrera 40, Oficina Bogotá, D.E., Colombia Tel.:231-5279	Non-Profit Private Hospital
Servicio Seccional de Salud del Atlantico	Cra. 45. No.44-12 Barranquilla, Colombia Tel.:327-947/316-117	Government-Sponsored Community Development Organization
<b>COSTA RICA:</b>		
Asociación Demográfica Costarricense	Apartado Postal 10203-1000 San José, Costa Rica Tel.:506-31-44-2.	NGO, Family Planning, Socio-Demographic Research
Caja Costarricense de Seguro Social (C.C.S.S.)	Apartado 1434-1011 Y Griega San José, Costa Rica Tel.:26-17-28	Government Supported Youth Serving Organization
Centro de Orientación Familiar (COF)	Apartado 6808 San José, Costa Rica Tel.:506-21-47-76	NGO, Social Service Agency
Clinica Guácimo, C.C.S.S., Comisión al Adolescente	Guácimo, Limón Costa Rica Tel.:76-51-60	Government Health Clinic



Clientele	Infrastructure	Program Focus
All Youth, Ages 9-19	Integrated Health Center Within Hospital	Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; Library; Peer Programs; General Medical Attention to Adolescents and Their Children (Including Ob-Gyn); Prenatal Care and Family Planning; Male Participation; Parenting Skill: Education; Research; Youth Participation; Programming; Outreach to Schools, Hospitals, and Health Centers.
All Youth, Ages 9-19	Integrated Health Center	Sex Education and FLE; STDs (Treatment and Prevention); AIDS Education; General Medical Care, Prenatal Care and Family Planning; Research and Dissemination of Information; Youth Participation in Programming; Outreach to Schools.
All Unmarried Youth		Sex Education and FLE; IEC and Mass Media; Library; Research and Dissemination of Data; Trainings (Domestic and International); Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Health Centers, Women's Centers, and Community Centers.
All Youth, Ages 9-19	Drop-in Center, Integrated Health Center	Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; IEC and Mass Media; Peer Programs; General Medical Attention to Adolescents and Their Children; Prenatal Care and Family Planning; Research and Dissemination of Data; Trainings (Domestic and International); Youth Participation in Programming; Outreach to Schools, Hospitals, Health Centers, Community Centers, and Factories.
All Youth, Ages 9-25	Multi-Service Center, Drop-in Center, Integrated Health Center Within a School	Sex Education and FLE; STDs and AIDS Education; IEC and Mass Media; Individual Counseling; Library; Theater Group; Peer Programs; Male Participation; Parenting Skills Education; Job Training; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, and Drop-in Centers.
All Youth, Ages 9-22	Integrated Health Clinic	Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); General Medical Attention to Adolescents and Their Children; Home Visits; Prenatal Care and Family Planning; Recreational Activities; Youth Evaluation of Programs; Outreach to Schools, Youth-serving Organizations, and Health Centers.

## 5. LISTING OF PROGRAMS BY REGION

<b>Program</b>	<b>Address</b>	<b>Type of Organization</b>
<b>LATIN AMERICA AND THE CARIBBEAN</b>		
<b>COSTA RICA (CONT'D):</b>		
Servicio de Trabajo Social	Hospital "Dr. Tomas Casas Casajus" Ciudad Cortes, Osa, Puntarenas, Costa Rica Tel.: 75-8198, ext.18	Government Hospital
<b>CUBA:</b>		
Centro Nacional de Educación Sexual	Calle 19, No. 851, Esquina A4 Vedado, Ciudad de la Habana Cuba Tel.:30-26-79 and 30-28-56	Government Sponsored Integrated Health Center
<b>DOMINICAN REPUBLIC:</b>		
Asociación Dominicana Pro-Bienestar de la Familia, Inc.	Calle Socorro Sanchez, No.64 Santo Domingo, Republica Dominicana Tel.:682-9611, 689-0141 Fax:686-8276	NGO, Family Planning
Instituto APEC de Educación Sexual	Maximo Gomez, No.72 Santo Domingo, Republica Dominicana Tel.:687-3870 and 682-4218	NGO, Social Service
<b>ECUADOR:</b>		
Centro de Investigaciones Sociales de Loja, Programa, "Niño Trabajador"	Cuba, No. 2071 y Pío Jaramillo Alvarado Loja, Ecuador Tel.:96-3589	NGO, Youth Serving Organization
Compañeros de las Americas	Santo Domingo de los Colorados Avenida 29 de Mayo, No.430 Edificio Saccherri-Ramia Quito, Ecuador Tel.:751490	NGO, Social Service



Clientele	Infrastructure	Program Focus
In-School Youth Ages 16-19	Hospital Department of Social Work	FLE: General Medical Care; Prenatal Care and Family Planning; Youth Participation in Programming; Outreach to Schools.
All Youth, Ages 9+	Multi-Service Center, Drop-in Center, Integrated Family Planning and Health Center	Sex Education and FLE; AIDS Education and Testing; STDs (Treatment and Prevention); Individual Counseling; IEC and Mass Media; Peer Programs; General Medical Attention to Adolescents and Their Children; Prenatal Care and Family Planning; Abortion and Referral; Parenting Skills Education; Job Training and Placement; Sports and Recreational Activities; Scholarships; Research and Dissemination of Data; Trainings (Domestic and International); Male Participation; Child Care; Youth Participation in Programming; Outreach to Schools, Youth- Serving Organizations, Drop-in Centers, Hospitals, Family Planning and Health Centers, Women's Centers, and Factories.
Unmarried, In-School Youth, Ages 13-19		Sex Education and FLE; STDs and AIDS Education; IEC; Peer Programs; Research; Youth Participation in Programming; Outreach to Schools and Youth-Serving Organizations.
All Youth, Ages 9+	Multi-Service Center	Sex Education and FLE; STDs (Prevention); AIDS Education; Individual Counseling; IEC and Mass Media; Library; Theater Group; Peer Programs; Research and Dissemination of Data; Youth Participation in Programming; Outreach to Schools, Health Centers, Community Centers, Factories and the Armed Forces.
Unmarried Youth, Ages 9+	Multi-Service Center, Drop-in Center, Integrated Health Center	Sex Education; STDs (Treatment and Prevention); AIDS Education; IEC; General Medical Care; Prenatal Care; Job Training; Sports and Recreational Activities; Legal and Social Protection of Youth.
Unmarried Youth, Ages 13+	Family Planning Center	Sex Education; STDs and AIDS Education; IEC; Family Planning; Dissemination of Data; Outreach to Hospitals, Women's Centers, and Community Centers.

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>LATIN AMERICA AND THE CARIBBEAN</b>		
<b>GUATEMALA:</b>		
Asociación Guatemalteca de Educación Sexual (AGES)	4a Avenida 3-27, Zona 1, Guatemala City, Guatemala Tel.:20-760	NGO, Youth Serving Organization
Asociación Pro-Bienestar de la Familia de Guatemala (APROFAM)	9a calle 0-57, Zona 1 Guatemala City, Guatemala Tel.:51-4001, 51-4002, 51-4025 Fax:51-4017	NGO, Family Planning
<b>JAMAICA:</b>		
Operation Friendship	15 Darling Street Kingston 14 Jamaica, West Indies Tel.:923-8933	NGO, Community Development Organization
W. Centre Programme for Adolescent Mothers	42 Trafalgar Road Kingston 10 Jamaica, West Indies Tel.:929-7608	Government Sponsored Social Service Organization
<b>MEXICO:</b>		
Asociación Cristiana de Jóvenes	Avenida Allende y Calle 35 Colonia Nuevo Torreon Torreon, Coahuila, Mexico Tel.:20-13-61	NGO, Community Development Organization



**Clientele**

**Infrastructure**

**Program Focus**

In-school Youth,  
Ages 13-19

Sex Education; STDs and AIDS Education; IEC; Library; Peer Programs; Family Planning; Sports and Recreational Activities; Scholarships; Research; Trainings; Youth Participation in Programming; Outreach to Schools.

All Unmarried Youth,  
Ages 9+

Multi-Service Center,  
Drop-in Center,  
Family Planning and  
Integrated Health Clinic

Sex Education and FLE; STDs (Treatment and Prevention); AIDS Education; IEC and Mass Media; Library; Peer Programs; General Medical Care, Prenatal Care, and Family Planning; Emergency Hotline; Research; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Drop-in Centers, Health Centers, Community Centers, Factories, and the Armed Forces.

All Youth, Ages 9+

Multi-Service Center,  
Family Planning Clinic,  
Integrated Health Clinic

Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; IEC; Library; Peer Programs; General Medical Care for Adolescents and Their Children; Prenatal Care and Family Planning; Parenting Skills Education; Job Training and Placement; Day Care; Sports and Recreation; Male Participation; Scholarships; Research and Dissemination of Data; Trainings; Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Family Planning Clinics, Health Centers, Women's Centers, Community Centers, and Factories.

Adolescent Mothers and  
Fathers, Ages 9-15

Drop-in Center

Sex Education and FLE; Parenting Skills and Nutrition Education; STDs (Prevention); Individual Counseling; IEC; Library; Theater Group; Family Planning; Job Training and Placement; Day Care; Male Participation; Sports and Recreation; Program to Help Teen Mothers Return to School; Research and Dissemination of Data; Outreach to Schools, Youth-Serving Organizations, and Drop-in Centers.

All Youth, Ages 9-15

Multi-Service Center

Sex Education and FLE; AIDS Education; STDs (Prevention); IEC; Theater Group; Job Training; Sports and Recreational Activities; Scholarships; Research and Dissemination of Data; Youth Participation in Programming.

## 5. LISTING OF PROGRAMS BY REGION

<b>Program</b>	<b>Address</b>	<b>Type of Organization</b>
<b>LATIN AMERICA AND THE CARIBBEAN</b>		
<b>MEXICO (CONTD):</b>		
Asociación Mexicana de Educación Sexual (AMES)	Michoacan 77 Cul. Hipodromo Condesa Mexico, D.F. Tel.:286-0789 and 286-4059	Sex Education Organization
Centro para los Adolescentes de San Miguel de Allende (CASA)	Umaran 62 San Miguel de Allende, Guanajuato 37700 Mexico Tel.: (465) 2-26-88	NGO, Youth Serving Organization
Centro de Desarrollo para la Mujer	Apartado Postal #26, Jocotepec, Jalisco 45800 Mexico	Social Service Organization for Rural Women and Adolescents
Centro de Orientación para Adolescentes (CORA)	Tenayuca 55, Despacho 701 and Col. Vertiz Narvarte Mexico 03600, D.F. Tel.:575-8542 and 559-8520 Fax:575-9437	NGO, Youth-Serving Organization
Consejo Estatal de Población de Oaxaca	Bustamante 112-402, Centro Oaxaca, Oaxaca Apartado Postal 742 Mexico Tel.:6-47-44	Government Social Service



Clientele	Infrastructure	Program Focus
Adolescent Mothers and Preadolescents, Ages 13+	Educational Center within A Hospital	Sex Education and FLE; STDs (Treatment and Prevention); AIDS Education; Individual Counseling; IEC; Prenatal Care and Family Planning; Parenting Skills Education; Research and Dissemination of Data; Trainings of Doctors to Work with Teens; Postpartum Care and Education for Adolescent Mothers.
Adolescents 15-21	Family Planning and Integrated Health Center	Sex Education and FLE; Individual Counseling; IEC; General Medical Care and Family Planning; Recreational Activities; Day Care; Peer Programs; Trainings of Youth; Outreach to Schools.
All Youth, Ages 13-22	Multi-service Center, Family Planning and Integrated Health Center	Sex Education and FLE; STDs (Treatment and Prevention); AIDS Education; Individual Counseling; IEC; Library; Theater Group; Peer Programs; General Medical Care, Prenatal Care, and Family Planning; Youth Participation in Programming; Outreach to Schools and Community Centers.
All Youth, Ages 9-25	Multi-Service Center, Family Planning and Integrated Health Center, Drop-in Center, School Health Center	Sex Education and FLE; STDs (Treatment and Prevention); AIDS Education; Individual Counseling; Mass Media; IEC; Library; Theater Group and Puppet Show; Peer Programs; General Medical Attention for Adolescents and Their Children; Family Planning and Prenatal Care; Parenting Skills Education; Job Training and Placement; Sports and Recreational Activities; Male Participation; Emergency Hotline; Food Supplements for Adolescent Mothers; Research and Dissemination of Data; Trainings (Domestic and International); Youth Participation in Programming; Outreach to Schools, Youth-Serving Organizations, Drop-in Centers, Family Planning Centers, Health Centers, Job Placement and Training Centers, Women's Centers, Community Centers, Factories, and the Armed Forces.
All Youth, Ages 13-22; Primary School Teachers	N.A.	Sex Education; AIDS Education; Mass Media; IEC; Library; Peer Programs; Family Planning; Male Participation; Research and Dissemination of Data; Training of Primary School Teachers; Youth Participation in Programming; Outreach to Schools, Family Planning Centers, Health Centers, Women's Centers, and Community Centers.

## 5. LISTING OF PROGRAMS BY REGION

<b>Program</b>	<b>Address</b>	<b>Type of Organization</b>
<b>LATIN AMERICA AND THE CARIBBEAN</b>		
<b>MEXICO(CONT'D):</b>		
Instituto Mexicano de Investigación en Familia y Población	Apartado Postal 41-595 Mexico D.F., 11700, Mexico Tel.:682-8031	NGO, Family Planning
Hospital Infantil de Mexico/Depto. Adolescentes	Dr. Marquez, 162 Col. Doctores Mexico, D.F. Tel.:761-0333, ext.350	Government Hospital
Fundación Mexicana para la Planeación Familiar (MEXFAM)	Juarez 208 Tlalpan 14000 D.F. Mexico Tel.:573-7100 Fax: 655-1265	NGO, Family Planning
Prosuperación Familiar Neolonesa, A.C.	Baudelaire 910, Col. Obispado Monterrey, Nuevo Leon Mexico Tel.:33-73-39 and 33-73-51	NGO, Family Planning
<b>PANAMA:</b>		
Instituto Panameño de Rehabilitación Especial	Apartado 11349 Panama 6, Republica de Panama Tel.:61-9917	Government Center for Training of the Handicapped
Programa de Salud Integral del Adolescente	Ave. Cuba y Calle 35 Apartado 2048 Panama 1, Republica de Panama Tel.:25-3476 and 25-3584	NGO, Integrated Adolescent Health



Clientele	Infrastructure	Program Focus
All Youth, Ages 9+	N.A.	Sex Education and FLE; IEC; Peer Programs; Research and Diffusion of Data; Trainings (Domestic and International); Youth Participation in Programming; Outreach to Schools, Drop-in Centers, and Community Centers.
All Youth, Ages 9-19	Integrated Health Clinic Within a Hospital	Sex Education and FLE; Nutrition Education; STDs (Treatment and Prevention); AIDS Education and Testing; Individual Counseling; Peer Programs; General Medical Care for Adolescents and Their Children; Prenatal Care and Family Planning; Parenting Skills Education; Male Participation; Recreational Activities; Research; Outreach to Schools, Youth-Serving Organizations, and Hospitals.
All Youth, Ages 9-19	Family Planning Center, Drop-in Center, Integrated Health Center and Health Center Within a School	Sex Education; IEC; Radio Show, Library; Theater Group; Peer Program; General Medical Care for Adolescents and Their Children; AIDS Education; Family Planning; Male Participation; Research and Dissemination of Data; Trainings (Domestic and International); Youth Participation in Programming; Outreach to Schools, Factories, and the Armed Forces.
All Youth, Ages 9+	Drop-in Center	Sex Education; STDs (Prevention); AIDS Education; Individual Counseling; Family Planning; Recreational Activities; Male Participation; Scholarships; Research; Trainings; Youth Participation in Programming; Outreach to Schools, Health Centers, Job Training Centers, Community Centers, and Factories.
Unmarried Youth, Ages 9-22	Multi-Service Center and School for the Handicapped	Sex Education and FLE, AIDS Education; STDs (Prevention); Individual Counseling; Library; General Medical Care and Prenatal Care; Parenting Skills Education; Job Training and Placement; Recreational Activities; Nurseries; Sex Education Training of Special Education Teachers; Research; Youth Participation in Programming; Outreach to: Schools, Health Centers, Job Training Centers, and Factories.
All Youth, Ages 9-19	Multi-Service Center and Integrated Health Center	Sex Education; STDs (Treatment and Prevention); AIDS Education and Testing; Drug Education; Individual Counseling; IEC; General Medical Care for Adolescents and Their Children; Prenatal Care and Family Planning; Research; Trainings; Outreach to Schools, Youth-Serving Organizations, Hospitals, Health Centers, Factories, and the Armed Forces.

## 5. LISTING OF PROGRAMS BY REGION

<b>Program</b>	<b>Address</b>	<b>Type of Organization</b>
<b>LATIN AMERICA AND THE CARIBBEAN</b> <b>PERU:</b> Asociación Perú Mujer	Larraburre y Unanue 231-803 Lima 11, Perú Tel.:31-4416	NGO, Women's Organization
Centro de Comunicación e Investigación Aplicada, "Mujer y Sociedad"	Av. Nicolas de Pierola 677 Oficina 503 Lima, Perú Tel.:24-6627	NGO, Community Development Organization
Instituto Peruano de Paternidad Responsable (INPPARES)	Gregorio Escobedo 115 Jesus Maria, Lima, Perú Tel.:63-5528 and 63-3152 Telex:20330 PE-PC	NGO, Family Planning
Asociación Pro-Desarrollo y Bienestar Familiar	Calle Tacna, 150 of 22, Ica Lima, Perú Tel.:22-1992	NGO, Family Planning



<b>Clientele</b>	<b>Infrastructure</b>	<b>Program Focus</b>
All Youth, Ages 9-19	Drop-in Center	Sex Education and FLE; AIDS Education; STDs Education, Individual Counseling; Mass Media; IEC; Recreational Activities; Youth Participation in Programming; Outreach to Schools and Community Centers; Trainings of Night School Teachers.
All Youth, Ages 13-25	Integrated Health and Education Center	Sex Education and FLE; AIDS Education; STDs (Prevention); Education about the Role of Youth in Community Development; Women's Rights Education; Individual Counseling; Mass Media (Magazines and Newspapers); IEC; Library; Theater Group; Peer Programs; General Medical Care, Prenatal Care, and Family Planning; Male Participation; Recreational Activities; Research and Dissemination of Data; Trainings of Community Leaders and Health Promoters; Youth Participation in Programming; Outreach to Schools, Youth-serving Organizations, Drop-in Centers, Hospitals, Health Centers, Women's Centers, and Community Centers.
All Youth, Ages 9+	Multi-Service Center, Youth Program within Family Planning Clinic	Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; Mass Media (Newspapers, Radio, Television, and Youth Magazine); IEC; Library; Peer Program; General Medical Care and Family Planning; Cultural Events; Research and Dissemination of Data; Trainings (Domestic); Youth Participation in Programming.
All Youth, Ages 13-22	Family Planning Center, Integrated Health Center	Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); IEC; Library; Peer Programs; General Medical Care for Adolescents and Their Children; Prenatal Care and Family Planning; Research and Dissemination of Data; Trainings of Sex Education Teachers; Youth Participation in Programming; Outreach to Schools, Hospitals, Health Centers, and Community Centers.

## 5. LISTING OF PROGRAMS BY REGION

Program	Address	Type of Organization
<b>LATIN AMERICA AND THE CARIBBEAN</b>		
<b>PUERTO RICO:</b>		
Asociación Puertorriqueña Pro Bienestar de la Familia	Calle Padre las Casas, 117 El Vedado, Hato Rey, P.R. 00919 P.O. Box 2221, Hato Rey Station, San Juan, Puerto Rico, USA 00919 Tel.:765-7373	NGO, Family Planning
<b>SURINAM:</b>		
Stichting Lobi	Fajalobistraat 13 P.O. Box 9267 Zorg en Hoop, Suriname Tel.:597-97111 Fax:597-65714	NGO, Family Planning
<b>VENEZUELA:</b>		
Asociación Venezolana para una Educación Sexual Alternativa (A.V.E.S.A.)	Av. Vollmer, Edificio Normandi PH1 San Bernardino, Caracas Venezuela Tel.:575-4165 and 575-4558	NGO, Sex Education and Prevention of Abuse/ Rape Crisis Center
Consulta de Medicina del Adolescente	Hospital de Niños, "Juan Manuel de Los Rios," Av. Wollmer San Bernardino, Caracas 1010 Venezuela Tel.:574-3511 ext.512, 406	Government Hospital
UNESCO Programa Regional de Educación en Población	Avenida Los Chorros c/c Acueducto, Edificio Asovincar PB Altos de Sebucán, Caracas Apartado Postal 68394 Caracas 1062-A Venezuela Tel.:284-5075 and 284-0241 Fax: 284-3746	International NGO, Promoting Science, Education, Culture, and Communication

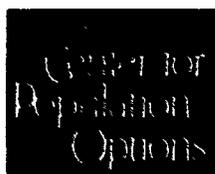


Clientele	Infrastructure	Program Focus
All Youth, Ages 9+	Family Planning Center	Sex Education and FLE; AIDS Education; STDs (Treatment and Prevention); Individual Counseling; Mass Media (Newspapers, Radio, and Television); IEC; Library; General Medical Care; Prenatal Care and Family Planning; Emergency Hotline; Research and Dissemination of Data; Trainings (Domestic and International); Youth Participation in Programming; Outreach to Schools, Youth Centers, Drop-in Centers, Hospitals, Family Planning and Health Centers, Job Training Centers, Women's Centers, Community Centers, Factories, and the Armed Forces.
All Youth, Ages 13+	Family Planning Center and Drop-in Center	Sex Education; AIDS Education; STDs (Prevention); Individual Counseling; Mass Media (Magazines, Newspapers, Radio, and Television); IEC; Library; Family Planning; Male Participation; Research; Trainings; Outreach to Schools, Drop-in Centers, Family Planning, Women's Centers and the Armed Forces.
All Youth, Ages 13+	N.A.	Sex Education; IEC; Prenatal Care and Family Planning; Parenting Skills Education; Male Participation; Research; Outreach to Schools, Community Centers and Communities, Police, and Rape Crisis Centers.
Unmarried Youth, Ages 10-19	Integrated Health Center	Sex Education; STDs (Treatment and Prevention); AIDS Education and Testing; Individual Counseling; General Medical Care and Family Planning; Male Participation; Trainings; Outreach to Schools and Hospitals.
All Youth, Ages 9-19	N.A.	Sex Education; STDs (Prevention); AIDS Education; IEC; Library; Outreach to Schools (Primary Schools and Adult Literacy Programs).

## **The Center for Population Options (CPO)**

The Center for Population Options (CPO) is a nonprofit educational organization dedicated to improving the quality of life for adolescents by preventing too-early childbearing. CPO's national and international programs seek to improve adolescent decision-making through life planning and sexuality education programs. As part of its mission, CPO promotes access to comprehensive health care, including family planning, through school-based and other community-based clinics and works to prevent the spread among adolescents of HIV and other sexually transmitted diseases.

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