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AUTHOR Ezkovich, Jan, Comp.  
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ABSTRACT

This guide is intended for those who wish to review the literature in the related fields of allergy and asthma. Included is material appropriate for both the lay reader and the professional interested in recent research into causes and treatments. Not intended as a comprehensive bibliography, the guide is designed to specifically target resource materials on allergy and asthma. (JD)

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## ALLERGY AND ASTHMA Compiled by Jan Ezkovich

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**SCOPE:** About 40 million Americans suffer from some form of allergy. Allergies are sensitivities developed by certain people to otherwise harmless substances, called allergens. Allergens include house dust, animal dander, pollen, insect stings, some foods and drugs, poison ivy, cosmetics, and a host of products and substances generally considered innocuous.

Allergies can range in severity from the annoying symptoms of hay-fever (allergic rhinitis) and skin rashes (contact dermatitis), to more serious allergic asthma, and, in rare cases, to anaphylactic shock.

Asthma is a chronic lung condition characterized by wheezing, coughing, and difficulty in breathing caused by muscle spasms of the bronchi, a branching system of tubes which grow smaller as they go deeper into the lungs. The swelling of the mucosa within these tubes and the production of too much mucus by this lining compounds the difficulty an individual has in expelling air from the lung. Asthma attacks may be brought about by allergens, viruses, bacterial infections, chemical irritants, exercise, cold air, stress, and the like. Even normal functions such as menstruation and sleeping can trigger attacks in susceptible individuals.

This guide is intended for those who wish to review the literature in the related fields of allergy and asthma. Included is material appropriate for both the lay reader and the professional interested in recent research into causes and treatments. Not intended as a comprehensive bibliography, this guide is designed--as the name of the series implies--to put the reader "on target."

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**BRIEF INTRODUCTIONS**

Buisseret, Paul D. Allergy. Scientific American, v. 247, Aug. 1982: 86-95. T1.S5

Paul, Glennon H., and Barbara A. Fafoglia. Understanding asthma--causes, types and triggers. In their All about asthma & how to live with it. Edited by Laurel Ornitz. New York, Sterling Pub. Co., c1988. p. 14-56. RC591.P38 1988

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**SUBJECT HEADINGS** used by the Library of Congress, under which books on allergy and asthma can be located in most card, book, and online catalogs, include the following:

ALLERGY (Highly relevant)  
ALLERGY IN CHILDREN (Highly relevant)  
ASTHMA (Highly relevant)  
ASTHMA IN CHILDREN (Highly relevant)  
CONTACT DERMATITIS (Highly relevant)  
FOOD ALLERGY (Highly relevant)  
FOOD ALLERGY IN CHILDREN (Highly relevant)  
HAY-FEVER (Highly relevant)  
ALLERGENS (Relevant)  
ALLERGY DESENSITIZATION (Relevant)  
ANTIGENS (Relevant)  
BRONCHIAL PROVOCATION TESTS (Relevant)  
DELAYED HYPERSENSITIVITY (Relevant)  
DRUG ALLERGY (Relevant)  
ECZEMA (Relevant)  
INSECT ALLERGY (Relevant)  
MIGRAINE (Relevant)  
SKIN TESTS (Relevant)  
ALLERGY PRODUCTS (Related)  
ANAPHYLAXIS (Related)  
ANTIALLERGIC AGENTS (Related)  
ANTIASTHMATIC AGENTS (Related)  
BEE VENOM (Related)  
CELLULAR IMMUNITY (Related)  
COOKERY FOR ALLERGICS (Related)  
ANTIHISTAMINES (Related)

**BASIC TEXTS**

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Bibliography: p. 279-281.
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Bibliography: p. 251-253.
- Weinstein, Allan. Asthma: the complete guide to self-management of asthma and allergies for patients and their families. New York, McGraw-Hill, c1987. 350 p. RC591.W38 1987\*

**SPECIALIZED TITLES**

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\*Available in reference collection, Science Reading Room

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RC59.C54 1983
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RC598.F67F67 1988
- Frazier, Claude Albee. Insect allergy: allergic and toxic reactions to insects and other arthropods. 2nd ed. St. Louis, Mo., W. H. Green, c1984. 463 p. RC598.A76F69 1984\*
- Migraine: clinical and research aspects. Edited by J. N. Blau. Baltimore, Johns Hopkins University Press, 1987. 695 p.  
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- Monograph on insect allergy. Edited by Macy I. Levine and Richard F. Lockey. 2nd ed. Milwaukee, Wis., American Academy of Allergy and Immunology, Committee on Insects, c1986. 107 p.  
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- Speer, Frederic. Food allergy. 2nd ed. Boston, J. Wright, PSG Inc., 1983. 223 p. RC596.S68 1983  
Bibliography: p. 205-213.

#### **COOKBOOKS AND DIET THERAPY**

Additional recipes for allergics may be found by using the subject heading FOOD ALLERGY--DIET THERAPY--RECIPES.

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- Jones, Marjorie Hurt. The allergy self-help cookbook: over 325 natural foods recipes, free of wheat, milk, eggs, corn, yeast, sugar and other common food allergens. Emmaus, Pa., Rodale Press, c1984. 385 p. RC588.D53J65 1984
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RJ386.5.M45 1988

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- Roth, June. The allergic gourmet. Chicago, Contemporary Books, c1983. 294 p. RC596.R66 1983
- Shattuck, Ruth R. The allergy cookbook: tasty, nutritious cooking without wheat, corn, milk or eggs. New York, New American Library, c1984. 304 p. RC588.D53S53 1984
- Thomas, Linda L. Caring & cooking for the allergic child. Rev. ed. New York, Sterling Pub. Co., 1980. 141 p. RJ386.5.T48 1980

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"This report describes the distribution of immediate cutaneous hypersensitivity reactions to eight selected unstandardized allergens for the civilian noninstitutionalized U.S. population ages 6-74 years. The rates of hypersensitivity, computed from data collected in the second National Health and Examination Survey (NHANES II) 1976-80, are presented by selected demographic and socioeconomic factors."  
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Directions for new anti-asthma drugs. Edited by Stella R. O'Donnell, G. A. Persson. Basel, Boston, Birkhauser, 1988. 325 p. (Agents and actions supplements, v. 23)

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New directions and dimensions in the treatment of allergic rhinitis, Chicago, Illinois, July 16, 1987. Symposium edited by William Busse. Journal of allergy and clinical immunology, v. 82, pt. 2, Nov. 1988: 889-956. RC583.J6

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Symposium on immunology and allergy. K. J. Lee, guest editor. The Otolaryngologic clinics of North America, v. 18, Nov. 1985: 627-863. RF1.085 Nov.1985

Update on allergy: a four-article symposium. Edited by Richard D. deShazo. Postgraduate medicine, v. 82, Oct. 1987: 152-221. R11.P74

Contents: Anaphylaxis, why it happened and what to do. --Bronchial asthma: mechanisms and management of a complex obstructive airway disease.--Food sensitivity: handling reactions to foods and food additives.--Common seasonal and environmental allergens.

**ABSTRACTING AND INDEXING SERVICES** which index relevant journal articles and other literature are listed below. Some terms are suggested as aids in searching.

**Abstracts on Health Effects of Environmental Pollutants**  
(1972-) RA565.A1A26\*

See: Allergen(s)  
Allergic  
Allergies  
Asthma  
Dermatitis  
Food Allergy  
Hay Fever  
Pulmonary Hypersensitivity

**Allergy Abstracts** (May 1944-Mar. 1988) RC583.J6

Prepared by the Allergy Division, Jewish Hospital and Medical Center of Brooklyn and published at the end of each issue of Journal of Allergy and Clinical Immunology, v. 15, 1944-v. 81, Mar. 1988, but has its own volume numbering, i.e., v. 9, May 1944-v. 75, Mar. 1988. Earlier volumes published elsewhere; see Union List of Serials for additional information.

**Environmental Periodicals Bibliography** (1972-) Z5863.E57E58\*

See: Allergic Reaction  
Allergy  
Asthma

**General Science Index** (1978-) Z7401.G46\*

See: Allergens  
Allergy  
Anaphylaxis  
Asthma  
Drugs--Side Effects  
Food Allergy  
Hay Fever

**Index Medicus** (1960-) Z6660.I442\*

See: Allergens  
Allergy and Immunology  
Asthma  
Dermatitis, Atropic  
Desensitization  
Hay Fever  
Hypersensitivity

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Note: Consult reference librarian for location of abstracting and indexing services in the Science Reading Room

Magazine Index (1980-) Available on InfoTrac (N&CPR)

See: Allergens  
Allergy  
Anaphylaxis  
Asthma  
Food Allergy  
Hay Fever

Readers' Guide to Periodical Literature (1900-) AI3.R45

See: Allergy  
Anaphylaxis  
Antigens  
Asthma  
Drug Allergy  
Hay Fever  
Hives (Skin Eruptions)  
Poison Ivy

Other indexes, listed here, should be used for an exhaustive search. Only a limited return can be expected for the time spent.

Biological Abstracts (1926-) QH301.B37\*

See: Allergy  
Immunology (Immunochemistry)  
Pharmacology--Immunological Processes and Allergy

Biological & Agricultural Index (1916-) Z5073.A46\*

See: Allergy--Man  
Asthma--Man

Cumulative Index to Nursing & Allied Health Literature (1977-) Z6675.N7C8\*

See: Allergens  
Asthma  
Anaphylaxis  
Hypersensitivity

Monthly Catalog of United States Government Publications (1895-) Z1223.A18\*

See: Allergy  
Asthma

Science Citation Index (1955-) Z7401.S365\* see especially Permuterm Subject Index (1965-) for entries under Allergy, Allergens, Asthma, Asthmatic, Eczema, Dermatitis, Desensitization, etc.

**JOURNALS** that often contain articles relevant to allergy and asthma are

Biannual Review of Allergy RC583.A47

JAMA, the Journal of the American Medical Association R15.A48

Journal of Allergy and Clinical Immunology (contains Allergy Abstracts, May 1944-Mar. 1988) RC583.J6  
Journal of Asthma RC591.J6  
Prevention RA421.P68  
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1988: 44-48. GV1061.R8336

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Government Reports Announcements & Index (1946-) Z7916.G78\*

See: Allergic Diseases  
Allergic Skin Diseases  
Asthma

**SELECTED TECHNICAL REPORTS**

Koenig, Jane Q., and others. The effects of ozone and nitrogen dioxide on lung function in healthy and asthmatic adolescents. Sponsored by the Health Effects Institute, Cambridge, Massachusetts. Seattle, Wash., University of Washington, Department of Environmental Health, Jan. 1988. 34 p. PB88-234455\*\*  
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Also published in Toxicology and Industrial Health (v. 3, no. 4, 1987, p. 507-517).

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\*\*Available in Microform Collection, Science Reading Room

**SELECTED MATERIALS** available in the Science Reading Room pamphlet boxes include:

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Conoley, Gillian. Living may be hazardous to your health. American way, v. 13, Feb. 1980: 37-42.

"Because they suffer from petrochemical hypersensitivity, thousands of people can't tolerate modern substances that the rest of us take for granted. Helping them live in the Twentieth Century is the task of four environmental-control units."

Ein, Daniel. Food allergy: diagnosis and treatment. In Biannual review of allergy. 1983. New Hyde Park, N.Y., Medical Examination Pub. Co., Inc. p. 426-442.

Gaylin, Jody. Asthma: you can control it. Woman's day, v. 48, Aug. 13, 1985: 26, 28-30.

Konig, Peter. Inhaled corticosteroids--their present and future role in the management of asthma. Journal of allergy and clinical immunology, v. 82, Aug. 1988: 297-306.

Loomis, Christine. Childhood asthma: what you should know. Parents, v. 62, May 1987: 227-228, 232-234, 236, 239.

McGrath, Mike. Allergy relief: 50 hints, tips and bits of wisdom from the President's allergist [Ralph Bookman, M.D.]. Prevention, v. 40, Aug. 1988: 78-88.

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Orzac, Edward S. Coping with allergies. Travel-holiday, v. 164, Oct. 1985: 29-31.

Shealey, Tom. Does your lawn make you sick? If it's an allergy, you can easily clip it in the bud. Rodale's practical homeowner, v. 3, Apr. 1988: 18, 20-21.

**ADDITIONAL SOURCES OF INFORMATION**

American Academy of Allergy and Immunology  
611 East Wells Street  
Milwaukee, Wisconsin 53202  
Telephone: (414) 272-6071

Answers inquiries or refers inquirers to other sources of information; publishes Journal of Allergy and Clinical Immunology; holds annual scientific meetings and conducts seminars.

Asthma and Allergy Foundation of America  
1717 Massachusetts Avenue, N.W.  
Suite 305  
Washington, D.C. 20036  
Telephone: (202) 265-0265

Answers inquiries; provides consulting and reference services.

Lung Line Information Service  
National Jewish Center for Immunology and Respiratory Medicine  
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Denver, Colorado 80206  
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Lung Line is a nonprofit educational service staffed by experienced nurses who answer questions and refer names of physicians to callers. Distributes pamphlets and Med Facts sheets providing information on inhalers, drugs, trigger factors in asthma, etc. Service is provided from 8:00 a.m. to 5:00 p.m., Monday through Friday.

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