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## ABSTRACT

Designed to simplify the search for federal government resources on maternal and child health, this guide was prepared for use by health professionals, educators, administrators, and the general public. It describes over 250 print and nonprint (posters, audiovisuals) resources in prenatal, infant, child, and adolescent health. The guide is divided into three sections: (1) maternal and child health; (2) infant, child, and adolescent health; and (3) appendix. Resources are grouped by topic and audience and are listed alphabetically by title within each topical category. Each entry includes information on price and source and a brief annotation. Some materials are available in Spanish. The section on maternal and child health includes materials on women's health, prenatal care, high-risk pregnancies/genetics, and adolescent pregnancy. The section on infant, child, and adolescent health covers the topics of parenting/child development, children with special needs, childhood illness, sudden infant death syndrome, nutrition, day care, child abuse, accident prevention, dental health, adolescent health, assessment and screening of children, and morbidity/mortality. The appendix includes alphabetical indexes by title and by subject; complete ordering information; and lists of important state, regional, and federal contacts in maternal and child health. Also included is a list of Federal Health Information Centers that may provide additional information on particular topics. (CB)

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# STARTING EARLY

## A Guide to Federal Resources in Maternal and Child Health

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# **STARTING EARLY**

**A Guide to Federal Resources  
in Maternal and Child Health**

**MARCH, 1984**

National Center for Education in Maternal & Child Health



## **NATIONAL CENTER FOR EDUCATION IN MATERNAL AND CHILD HEALTH**

### **Statement of Purpose**

Believing that knowledge leads to improved health and well-being of individuals and society, the National Center for Education in Maternal and Child Health is committed to assisting in the education of health professionals and the public. Its unique location as a university-based and consortium-related institution allows it to draw upon the academic and governmental resources of the nation's capital. Utilizing health resources, it seeks to serve as an intermediary between health professionals and the public. Thus the goal of the National Center is to integrate from diverse disciplines and make accessible information on human genetics and maternal and child health and to assist governmental and private agencies in the development of new educational programs and materials. By these means, the National Center is committed to improving the quality of life for present and future generations.

Recognizing the need for a centralized source of materials and information in the areas of human genetics and maternal and child health, the Genetic Disease Services Branch of the Division of Maternal and Child Health, DHHS, has established the National Maternal and Child Health Clearinghouse (NMCHC) to work in conjunction with the National Center for Education in Maternal and Child Health (NCEMCH). The primary goal of the Clearinghouse is to provide current information on maternal and child health through the dissemination of publications and the maintenance of a computerized data base.

Comments, critical reviews, and suggestions are encouraged and should be directed to the National Center for Education in Maternal and Child Health, 3520 Prospect Street, N.W., Washington, D.C. 20057.

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## INTRODUCTION

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This guide is designed to simplify the search for Federal resources in maternal and child health. It is prepared for use by health professionals, educators, administrators, and the general public. It describes Federal print and non-print (posters, audiovisuals) resources in prenatal, infant, child, and adolescent health.

The guide is divided into three sections: Maternal and Child Health; Infant, Child, and Adolescent Health; and an Appendix. Within sections, resources are grouped by subject and audience level (Public/Professional). Titles of resources are listed alphabetically. The following format is used in the guide to present important information about each entry:

Title of Resource	Availability/price
Type of Resource, Length, Date	Source
Publication Number	Brief annotation
Audience Level	

The Appendix includes an index to titles and subjects, complete ordering information and important state, regional, and Federal contacts in maternal and child health. Also included is a list of Federal Health Information Centers which may provide additional information in a particular area.

We wish to thank the following for their work in reviewing the manuscript:

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- Special thanks to **Robin Mockenhaupt, MPH**, who prepared the original manuscript.

This is a selected guide; it is not meant to be all-inclusive. Inclusion in the guide does not imply endorsement by either the National Center for Education in Maternal and Child Health or any of its sponsors.

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ATAL HEALTH  
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**FAMILY PLANNING**

**PUBLIC EDUCATION**

***Changes - Sex and You***

Pamphlet, 16 pp., 1981

Publication Number: (HSA) 81-5648

Audience: Pre-adolescent

Availability/price: Single copy free

Source: National Clearinghouse For Family Planning Information

For preadolescents, discusses the physical and emotional changes that occur during puberty. Communication with parents or other trusted adults is emphasized. Includes glossary of terms of interest to preadolescents. For use with booklet for parents. (*Changes and Choices* - see PARENTING)

***Choices - You and Sex***

Pamphlet, 16 pp., 1981

Publication Number: (HSA) 81-5649

Audience: Adolescent

Availability/price: Single copy free

Source: National Clearinghouse For Family Planning Information

Provides adolescents with guidelines for responsible decision-making. Birth control methods and unplanned pregnancy are discussed with special emphasis on the responsibilities of parenthood. For use with booklet for parents. (*Changes and Choices* - see PARENTING)

***Contraception: Comparing the Options***

Pamphlet, 11 pp., 1980

Publication Number: (FDA) 80-3069

Audience: Adult

Availability/price: Single copy free

Source: Food and Drug Administration, Office of Consumer Affairs

Presents in chart form the basic information on the contraceptive methods most widely used today. Lists effectiveness, advantages/disadvantages, side effects, health factors to consider, and long-term effects of each method on ability to have children.

***Family Planning Methods of Contraception***

Pamphlet, 6 pp., 1980

Publication Number: (HSA) 80-5646

Audience: Adult

Availability/price: Single copy free

Source: National Clearinghouse For Family Planning Information

Function, effectiveness, problems, side effects, and advantages of contraceptive methods; displayed in chart form.

***Information for Women - Your Sterilization Operation***

Pamphlet, 9 pp., 1978

Publication Number: (OS) 79-50061, GPO Stock No. 017-001-00405-7

Audience: Adult

Availability/price: Single copy free, also for sale (GPO) for \$2.25 per copy

Source: National Clearinghouse For Family Planning Information and U.S. Government Printing Office

Provides information on female sterilization and other methods of birth control. Includes 3-part consent form required for all federally funded sterilization operations.

***Updating an Old Idea on Contraception***

Pamphlet, 2 pp., 1981

Publication Number: (FDA) 81-4026

Audience: Adult

Availability/price: Single copy free

Source: Food and Drug Administration, Office of Consumer Affairs

Discusses the cervical-cap method of contraception. Explains its use, advantages, disadvantages, and history.

**PROFESSIONAL EDUCATION**

***Contraceptive Development***

Pamphlet, 37 pp., 1981

Publication Number: (NIH) 82-2304

Audience: Professional

Availability/price: Single copy free

Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in "Child Health and Human Development—An Evaluation and Assessment of the State of the Science."

***Contraceptive Evaluation***

Pamphlet, 42 pp., 1983

Publication Number: (NIH) 82-2304

Audience: Professional

Availability/price: Single copy free

Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in "Child Health and Human Development—An Evaluation and Assessment of the State of the Science."

***Counseling Adolescents in Reproductive Health Care Settings***

see ADOLESCENT PREGNANCY

**Fertility and Infertility**

Pamphlet, 41 pp., 1983  
 Publication Number: (NIH) 82-2304  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in "Child Health and Human Development—An Evaluation and Assessment of the State of the Science."

**Methods of Contraception**

(Spanish version available)  
 Flipchart, 18" x 24", 66 pp., 1980  
 Audience: Professional  
 Publication Number: (HSA) 80-5663  
 English, (HSA) 80-5664-Spanish  
 Availability/price: Single copy free  
 Source: National Clearinghouse For Family Planning Information

Provides diagrams and accompanying descriptions for instruction of male and female reproductive anatomy, menstruation, conception, and methods of contraception.

**Population Dynamics**

Pamphlet, 43 pp., 1982  
 Publication Number: (NIH) 82-2304  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Institute for Child Health and Human Development

Reprinted from a chapter in "Child Health and Human Development." Covers areas of population research and future directions; includes specific areas such as fertility, family planning, and mortality.

**The Social Worker and Family Planning**

Book, 127 pp., 1977  
 Audience: Social workers  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Reports on the proceedings of the 1969 Institute for social workers in maternal and child health and other public health programs. Outlines sociological and public health issues, and describes the social worker's role in family planning, and highlights social work education in this area.

**Wanted and Unwanted Childbearing in the United States: National Natality Surveys**

Pamphlet, 56 pp., 1972  
 Publication Number: Series 21, No. 32

Audience: Professional  
 Availability/price: Single copy free  
 Source: National Center for Health Statistics

Provides an analysis of legitimate live births and whether they were wanted at the time they occurred, wanted later, or not wanted at all, as reported by the mother. Discusses trends and variations in relation to race, live-birth order, age of mother, expectation of future births, age at marriage, duration of marriage, education, income, and other variables.

**World Population and Fertility Planning Technologies Summary**

Pamphlet, 28 pp., 1982  
 Publication Number: (OTA) HR-158  
 Audience: Adult, professional  
 Availability/price: Single copy free  
 Source: Congress of the United States, Office of Technology Assessment

Presents major findings of the OTA on world population growth and the present and prospective fertility planning technologies that will influence future growth.

SEXUAL ASSAULT

PUBLIC EDUCATION

**Acquaintance Rape Prevention**

4 Films, 7-min. each, color, 1981  
 Title Number: 15402  
 Audience: Adolescent (Jr. and Sr. high)  
 Availability/price: Five-day, free-loan  
 Source: National Center for the Prevention and Control of Rape

Challenges commonly held beliefs about men, women, and rape. Enables students to recognize acquaintance rape, understand the dynamics that can lead to it, and develops techniques to prevent it.

**"He Told Me Not to Tell"**

Pamphlet, 28 pp., 1979  
 Audience: Adult, parents  
 Availability/price: Single copy free, price of additional copies: \$1.50/copy;  
 \$1.00 per copy for 10-99 copies;  
 \$0.90/copy for 100 or more copies  
 Source: National Center for the Prevention and Control of Rape

Discusses ideas gathered from parents for dealing with talking to children about sexual assault. Encourages parents to incorporate information about sexual assault into their general teachings about personal safety.

**How To Protect Yourself Against Sexual Assault**

Pamphlet, 17 pp., 1979  
 GPO Stock Number: 027-000-01004-1  
 Audience: Adult  
 Availability/price: Single copy free, also for sale (GPO) for \$2.25/copy, \$55.00/100 copies  
 Source: National Center for the Prevention and Control of Rape and the U.S. Government Printing Office

Part of the "Take a Bite Out of Crime" series. Discusses facts about rape and how to reduce the risk of being raped. Lists special services for victims of rape. Provides information on the child victim, and contacts for additional information.

**Victim or Victor**

Film, 16 mm., color, 17 min.  
 Audience: Adult  
 Availability/price: Five-day, free-loan  
 Source: National Center for the Prevention and Control of Rape and The Modern Talking Picture Service

Emphasizes how women can protect themselves and reduce the risk of being raped. Outlines guidelines for prevention.

**PROFESSIONAL EDUCATION**

**National Directory: Rape Prevention and Treatment Resources**

Book, 151 pp., 1981  
 GPO Stock Number: 017-024-01060-0  
 Audience: Professional and public  
 Availability/price: Single copy free, price of additional copies \$6.50/copy  
 Source: National Center for the Prevention and Control of Rape

Provides a nationwide inventory of prevention and treatment services and lists related resources.

**Rape: Caring for the Adult Female Victim**

Film, 16 mm. color, 29 min., 1981  
 Title Number: 15401  
 Audience: Medical professionals  
 Availability/price: Five-day, free-loan  
 Source: National Center for the Prevention and Control of Rape and The Modern Talking Picture Service

Portrays an assault victim's experience and illustrates the procedures and approaches that should be used during the initial contact with the patient. Emphasizes the importance of supportive staff and hospital procedures which will enable the victim to regain a sense of control, safety, and self-esteem.

**HEALTH CONCERNS OF WOMEN**

**PUBLIC EDUCATION**

**Breast Cancer: We're Making Progress Every Day**

Pamphlet, 12 pp., 1982  
 Publication Number: (NCI) 82-2409  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Cancer Institute, Office of Cancer Communications

Summarizes current information about breast cancer; includes risks and signs of the disease; mammography, biopsy, and treatment options; breast reconstruction; and rehabilitation. Includes illustrated guide for breast self-examination and the toll-free Cancer Information Service telephone number. Revised version of *Progress Against Breast Cancer: What You Can Do About It*.

**Breast Exams: What You Should Know**  
 (Spanish version available)

Pamphlet, 14 pp., 1981  
 Publication Number: (NCI) 82-2000  
 English, (NCI) 82-2138 Spanish  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Cancer Institute, Office of Cancer Communications

Provides answers to questions about breast cancer screening methods, including medical history, breast self-examination, X-ray mammography, and future technologies. Includes instructions for breast self-examination.

**Conversation After Mastectomy**

Audiocassette, 35 min., 1979  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Cancer Institute, Office of Cancer Communications

Features a roundtable discussion of four patients who have recently undergone mastectomies. They share their experiences and concerns about the future with a social worker and a "Reach-to-Recovery" volunteer.

**Ha Pensado Ud. Acerca Del Cancer en el Seno . . . ?**

Pamphlet, 36 pp., 1981  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Cancer Institute, Office of Cancer Communications

Continued on next page

Continued from page 7

[Have You Thought About Breast Cancer?]  
Booklet contains information about symptoms of breast cancer, detection, diagnosis, treatment, rehabilitation, breast reconstruction, and other information helpful to breast cancer patients and their families. In Spanish.

**Here's To Your Health**

Pamphlet, 8 pp., 1981  
Publication Number: (ADM) 81-1169  
Audience: Adult women  
Availability/price: Single copy free, printing negatives for sale by the Superintendent of Documents, Jacket No. 364-020, \$44.00.  
Source: National Clearinghouse For Alcohol Information

Provides information for women about alcohol and the body, and about making decisions about alcohol.

**If You've Had Breast Cancer**

Pamphlet, 8 pp., 1982  
Publication Number: (NCI) 82-2400  
Audience: Adult, mastectomy patients  
Availability/price: Single copy free  
Source: National Cancer Institute, Office of Cancer Communications

Offer suggestions on follow-up care for mastectomy patients, including recommendations for patients with lymphedema. Contains a glossary of terms and the toll-free Cancer Information Service telephone number

**Questions and Answers About Breast Lumps**

Pamphlet, 14 pp., 1982  
Publication Number: (NCI) 82-2401  
Audience: Adult  
Availability/price: Single copy free  
Source: National Cancer Institute, Office of Cancer Communications

Describes some of the most common noncancerous breast lumps and what can be done about them. Includes instructions for breast self-examination, a glossary of terms, and the toll-free Cancer Information Service telephone number.

**Spectrum: Alcohol Problem Prevention for Women by Women**

Pamphlet, 91 pp., 1981  
Publication Number: (ADM) 81-1036  
Audience: Women's organizations  
Availability/price: Single copy free  
Source: National Clearinghouse For Alcohol Information

Contains project ideas, program examples, and resources from women across the country. Directed at women's organizations and encourages them to develop alcohol abuse prevention projects.

**Two Things Every Woman Should Know About Smoking Cigarettes**

Pamphlet, 4 pp., 1980  
Publication Number: (PHS) 80-50114  
Audience: Adult  
Availability/price: Single copy free  
Source: Office on Smoking and Health

Identifies two health concerns for women associated with smoking cigarettes: effects on the fetus during pregnancy and increased risk of lung cancer. Encourages women to stop smoking.

**What You Need to Know About Cancer**  
(Spanish version available)

Pamphlets (series), 1982  
Publication Number: (NCI) 82-1556-Breast  
(NCI) 82-2047-Invasive Cancer of the Cervix  
(NCI) 82-1561-Ovary  
(NCI) 82-1562-Uterus  
Audience: Adult, cancer patients  
Availability/price: Single copy free  
Source: National Cancer Institute, Office of Cancer Communications

Designed for cancer patients, these pamphlets discuss symptoms, diagnosis, and rehabilitation, emotional issues, and questions to ask the doctor. Includes glossary of terms and Cancer Information Service telephone numbers.

PROFESSIONAL EDUCATION

**The Breast Cancer Digest: A Guide to Medical Care, Emotional Support, Educational Programs and Resources**

Book, 165 pp., 1982  
Publication Number: (NCI) 82-1691  
Audience: Health professionals  
Availability/price: Single copy free  
Source: National Cancer Institute, Office of Cancer Communications

A handbook for health professionals organizing breast cancer education programs. Provides background information on genesis, detection, diagnosis, treatment, rehabilitation, psychosocial impact, and resources for patients and families.

***The Health Consequences of Smoking  
for Women: A Report of the  
Surgeon General***

Book, 359 pp., 1980

GPO Stock Number: 017-001-00430-8

Audience: Professionals and public

Availability/price: \$9.50

Source: U.S. Government Printing Office

Presents recent data on smoking trends among women and examines the health consequences of smoking for adolescent girls, pregnant women and their unborn babies, and adult women.

***Research Reports - Cancer of the Uterus***

Pamphlet, 14 pp., 1983

Publication Number: (NCI) 83-171

Audience: Professionals

Availability/price: Single copy free

Source: National Cancer Institute, Office of  
Cancer Communications

In-depth report covering current research on the cause and prevention, symptoms, detection, diagnosis, and treatment of cancer of the uterus. Part of a series.

***Standards for Public Education on Breast  
Cancer***

Pamphlet, 26 pp., 1981

Audience: Professional

Availability/price: Single copy free

Source: National Cancer Institute, Office of  
Cancer Communications

Designed to provide direction for developing public information and education materials and programs about breast cancer. It synthesizes the most current data available on public knowledge, attitudes, and behavior related to breast cancer; it addresses the implications of these data for public information program planning; and it provides recommendations for program objectives, target audiences, and communications strategies.

For Additional Information see  
*Selected Federal Health Information  
Centers (Appendix page 63)*

PUBLIC EDUCATION

**Alcohol and Your Unborn Baby**

Pamphlet, 14 pp., 1982  
 Publication Number: (ADM) 82-521,  
 GPO Stock No. 017-024-00566-5  
 Audience: Adult  
 Availability/price: Single copy free; also  
 for sale by GPO, \$2.00/copy,  
 \$75.00/100 copies; printing negatives  
 also for sale by GPO.  
 Jacket No. 339-653, \$117.00  
 Source: National Clearinghouse for  
 Alcohol Information, and the  
 U.S. Government Printing Office

Discusses the harmful effects of alcohol on the fetus, describes the fetal alcohol syndrome, and advises pregnant women not to drink.

**Assessing Childbirth Drugs**

Pamphlet, 1 p., 1980  
 Publication Number: (FDA) 80-3101  
 Audience: Public and professionals  
 Availability/price: Single copy free  
 Source: Food and Drug Administration,  
 HFE-88

Discusses the risks and benefits of drugs given to relieve pain during labor and delivery.

**Before the Baby**

Multimedia kit, 74 color slides and  
 audiocassette, videocassette (10 min.),  
 script, 1980  
 Title Number: A029061CG  
 Audience: Adult, pregnant women  
 Availability/price: \$28.00  
 Source: National Audiovisual Center

Gives pregnant women guidelines to follow on weight gain, drug use, smoking, diagnostic X-rays, alcohol use, and other aspects of prenatal care. Suited for use in obstetrical and gynecological offices and clinics, family planning and public health clinics, health maintenance organizations, and physician's offices.

**Breast Feeding - see NUTRITION**

**Caffeine and Pregnancy** (Spanish version available)

Pamphlet, 4 pp., 1981  
 Publication Number: (FDA) 81-1081  
 English, (FDA) 81-1081S-Spanish  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Food and Drug Administration,  
 HFE-88

Advises pregnant women to avoid foods and drugs containing caffeine and lists the amount of caffeine contained in coffee, tea, cola drinks,

chocolate, and a variety of prescription and non-prescription drugs.

**Drugs and Pregnancy**

Pamphlet, 4 pp., 1980  
 Publication Number: (FDA) 80-3083  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Food and Drug Administration,  
 HFE-88

Describes the concerns about taking drugs, both prescription and over-the-counter, during pregnancy because of the possible harm to the unborn child.

**Food the Teenager During and After Pregnancy - see ADOLESCENT PREGNANCY**

**The Health Consequences of Smoking for Women: A Report of the Surgeon General - see HEALTH CONCERNS OF WOMEN**

**Healthy Mothers, Healthy Babies: A Collection of Prenatal and Infant Care Publications and Films Produced by the Public Health Service**

Pamphlet, 12 pp., 1981  
 Publication Number: (PHS) 81-50175  
 Audience: Public and professional  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse and the National Health Information Clearinghouse

Contains a list of educational materials from the Public Health Service on perinatal health care.

**An Inner Voice**

Poster, 31" x 19", 1982  
 Publication Number: AV161  
 Audience: Adult, Native American or general audience  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Alcohol Information

Drinking and pregnancy prevention message. Poster has a Native American theme, but can be used for all audiences.

**Medicines Used During Pregnancy**

Videocassette, 5 mins., color  
 Title Number: A09210/ME (3/4");  
 A09211/ME (Beta); A09212/ME (VHS)  
 Audience: Adult, pregnant women  
 Availability/price: \$60.00  
 Source: National Audiovisual Center

This program discusses medicines which may be harmful to a developing fetus if taken during pregnancy.

***Now You're Smoking for Two: A Guide to Smoking and Pregnancy***

Pamphlet, 2 pp., 1983  
 Publication Number: (PHS) 83-50198  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Office on Smoking and Health

Explains why smoking during pregnancy affects the unborn infant, and encourages pregnant women to quit. Contains questions commonly asked about smoking during and after pregnancy; includes risks for the infant, when to stop, and quitting techniques.

***Pregnancy Basics***

Pamphlet, 16 pp., 1979  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development

Briefly summarizes things to be considered during pregnancy, including nutrition, weight gain, exercise, and lifestyle habits.

***Prenatal Care*** (Spanish version available)

Pamphlet, 98 pp., 1982  
 Publication Number: (HRSA) 82-5070,  
 GPO stock No. 017-091-00209-6  
 (Spanish)  
 Audience: Adult, parents  
 Availability/price: Single copy free, Spanish version for sale by GPO-\$4.50  
 Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Describes the physical and emotional changes that occur during pregnancy, emphasizes the father's role in providing support, and identifies some of the decisions that can increase the chances of having a healthy infant. Describes topics such as development of the baby, pregnancy life-style, nutrition, problems of pregnancy, hospital stay and recovery.

***Recommendations for Feeding Normal Infants*** - see NUTRITION

***Rex Morgan, M.D. Talks . . . About Your Unborn Child***

Pamphlet, 16 pp., 1980  
 Publication Number: PH 167  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Alcohol Information

Comic-book style presentation on information on the risks of drinking during pregnancy.

***Two Things Every Woman Should Know About Smoking Cigarettes*** -

see HEALTH CONCERNS OF WOMEN

***The Unknowns of Ultrasound***

Pamphlet, 4 pp., 1983  
 Publication Number: 609L  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Consumer Information Center

Discusses use of ultrasound to monitor fetal growth and development. Presents the latest research on its safety and other medical uses.

***When the Baby's Life is So Much Your Own*** (Spanish version available)

Pamphlet, 4 pp., 1980  
 Publication Number: (FDA) 80-1057  
 English, (FDA) 80-1057-Spanish  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Food and Drug Administration, HFE-88

Advises about general health care during pregnancy and provides information on the effects of specific medicines and drugs on the unborn baby. These include drugs containing the female hormones estrogen and progestin, barbiturates, tranquilizers, amphetamines, tetracycline antibiotics, and aspirin.

***X-Rays and Pregnancy*** (Spanish version available)

Poster, 17" x 21", 1980  
 Publication Number: (FDA) 80-1045  
 English, (FDA) 80-1045S-Spanish  
 Audience: Adult, pregnant women  
 Availability/price: Single copy free  
 Source: Food and Drug Administration, HFX-28

Cautions women, "Pregnant . . . or think you might be? Tell your doctor before getting an X-ray or prescription."

***X-Rays, Pregnancy and You*** (Spanish version available)

Pamphlet, 6 pp., 1979  
 Publication Number: (FDA) 79-8087  
 English, (FDA) 79-8087S-Spanish  
 Audience: Adult, pregnant women  
 Availability/price: Single copy free  
 Source: Food and Drug Administration, HFX-28

Describes the possible effects of X-rays on the unborn baby and the special precautions to be taken with X-rays during pregnancy.

PROFESSIONAL EDUCATION

***Comprehensive Bibliography on Pregnancy and Work***

Book, 130 pp., 1978  
 GPO Stock Number: 017-033-00288-6  
 Audience: Professional and public  
 Availability/price: \$6.00/copy  
 Source: U.S. Government Printing Office

Unannotated bibliography of English and foreign language articles on the influence of the work and home environment on the health of mother and fetus. Prepared by the American College of Obstetricians and Gynecologists for the National Institute for Occupational Safety and Health.

***Drug Dependence in Pregnancy: Clinical Management of Mother and Child***

Book, 109 pp., 1979  
 Publication Number: (ADM) 79-678  
 Audience: Hospital systems and drug treatment program personnel  
 Availability/price: Single copy free, also for sale by GPO  
 Source: National Clearinghouse for Drug Abuse Information and the U.S. Government Printing Office

Provides practical information for hospital systems and drug treatment programs in delivering services to pregnant drug addicts and their offspring. Discusses prevalence and classification of psychotropic drug use; pharmacologic effects on mother and infant; management of prenatal care, labor, and delivery; and treatment of narcotic withdrawal in the newborn.

***Facts About Smoking and Pregnancy***

Pamphlet, 8 pp., 1983  
 Audience: Professionals and public  
 Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development

Summarizes recent research findings about the effects of smoking on the fetus.

***A Health Care Providers Package: Preventing Fetal Alcohol Effects***

Package, 6 items, 1982  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Alcohol Information Clearinghouse

Provides fact sheets, sources of information, a glossary of terms and a selected bibliography on fetal alcohol effects.

***Healthy Mothers/Healthy Babies - Coalition Directory of Educational Materials***

Book, 160 pp., 1982  
 Audience: Health professionals and the public  
 Availability/price: Single copy free  
 Source: National Health Information Clearinghouse

Describes printed and audiovisual materials on prenatal and infant care for use by the public and health professionals.

***Initiatives to Improve Pregnancy Outcome***

Pamphlet, 16 pp., 1980  
 Audience: Health professionals and public  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Describes federal initiatives to improve perinatal and child health and describes selected State approaches to Improved Pregnancy Outcome Projects.

***Nutrition Services in Perinatal Care*** - see NUTRITION

***Pregnancy and Infant Health***

Pamphlet, 93 pp., 1979  
 Publication Number: (PHS) 79-50069  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: Office on Smoking and Health

Reprint from *Smoking and Health: A Report of the Surgeon General*, published in 1979. Reviews the scientific literature on the effects of smoking during pregnancy. Covers birth weight and fetal growth, fetal and infant mortality, lactation, and breastfeeding.

***Pregnancy and Perinatology***

Pamphlet, 40 pp., 1981  
 Publication Number: (NIH) 81-2347  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development, Office of Research Reporting

Describes the research programs of the National Institute of Child Health and Human Development in the areas of pregnancy and perinatology, premature labor and birth, disorders of the newborn, and sudden infant death syndrome.

***Pregnancy, Birth, and the Infant***

Pamphlet, 69 pp., 1983  
 Publication Number: (NIH) 82-2304  
 Audience: Professional

Continued on next page

Continued from page 12

Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development, Office of Research Reporting

Chapter reprint from "An Evaluation and Assessment of the State of the Science," the five-year plan of the Institute. Summarizes recent research advances, current problems, and areas for concentration in future years.

***Preventing Fetal Alcohol Effects: A Practical Guide for OB/GYN Physicians and Nurses***

Pamphlet, 20 pp., 1982  
 Publication Number: (ADM) 81-1163,  
 GPO Stock No. 017-024-01111-8  
 Audience: Health care professionals  
 Availability/price: Single copy free, also for sale by GPO, \$2.25/copy, printing negatives for sale by GPO, Jacket No. 354-793, \$87.00

Source: National Clearinghouse for Alcohol Information and the U.S. Government Printing Office

Provides guidelines to assist health care professionals in identifying patients who are subject to the health hazards associated with alcohol consumption during pregnancy. Gives practical advice on how to obtain a history of patients drinking patterns and what to do if a drinking problem is suspected.

***A Selected, Annotated Resource Guide on Fetal Alcohol Effects***

Pamphlet, 16 pp., 1982  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Alcohol Information

Presents information on fetal alcohol effects in five media categories: print resources, pamphlets, films, posters, and fetal alcohol syndrome program contacts.

***Smoking and Health: A Report of the Surgeon General, 1979***

Pamphlet, 93 pp., 1979  
 Publication Number: PB 82-141-300  
 Audience: Professional and public  
 Availability/price: \$79.00/paper copy, \$11.50/microfiche  
 Source: National Technical Information Service

Contains the Surgeon General's Report on Smoking and Health of 1979.

***Surgeon General's Workshop on Maternal and Infant Health***

Pamphlet, 55 pp., 1981  
 Publication Number: (PHS) 81-50161  
 Audience: Professional and public  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Contains proceedings of the findings and recommendations of the Surgeon General's Workshop held in December 1980. Focuses on improvement of delivery to the underserved, expansion of health promotion and prevention services, and development of knowledge in maternal and infant health.

For Additional Information see  
*Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

**Cutting the Risk of Childbirth After 35**  
 Pamphlet, 5 pp., 1979  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Discusses the purposes of amniocentesis testing for fetal chromosomal abnormalities, metabolic diseases, and neural-tube defects. Explains the risk of complications, timing, and other problems associated with the procedure. Highlights recommendations for the target population; suggests where to go for more information.

**DES: The Drug with Unexpected Legacies**  
 Pamphlet, 4 pp., 1979  
 Publication Number: (FDA) 79-3092  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Food and Drug Administration, Office of Consumer Affairs

Summarizes the history of prenatal use of the synthetic hormone DES (diethylstilbestrol). Outlines current knowledge of after effects of the drug; increased risk of vaginal or cervical cancers in daughters, excess of genital abnormalities in sons. Also discusses concern about the use of DES to promote the growth of animals raised for food, and focuses on the administrative tangle that has prevented FDA from banning the use of DES in animal feed.

**DES: The Wonder Drug Women Should Wonder About**  
 Poster, 17" x 24", 1980  
 Publication Number: (HSA) 80-5630  
 White woman, (HSA) 80-5632  
 Black woman  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Family Planning Information

Urges women to find out whether they or their mothers were given DES.

**Facts About Down Syndrome for Women Over 35**  
 Pamphlet, 18 pp., 1982  
 Publication Number: (NIH) 82-536  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development

Describes Down syndrome, genetic counseling, and the outlook for a child with down syndrome.

**Genetic Diseases and Birth Defects: What Every Family Needs to Know**  
 Pamphlet, 3 pp., 1980  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Provides an overview of genetics and heredity disorders. Explains recommendations for genetic counseling and briefly discusses amniocentesis. Provides referrals for more information.

**Genetic Diseases: A Selected List of Lay Materials**  
 Pamphlet, 21 pp., 1981  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Lists pamphlets, books, and audiovisuals on genetic disease. Includes a subject index and source list.

**Prenatal Diagnosis and Genetic Counseling: A Selected List of Lay Materials**  
 Pamphlet, 9 pp., 1981  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Contains a list of public and patient education materials on prenatal diagnosis and genetic counseling. Lists both printed and non-printed (audiovisual) materials.

**Questions and Answers About DES Exposure During Pregnancy and Before Birth**  
 Pamphlet, 17 pp., 1980  
 Publication Number: (NCI) 81-1118  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Cancer Institute, Office of Cancer Communications

Pamphlet discusses possible health hazards to mothers and exposed offspring associated with the use of DES during pregnancy. Question-and-answer format. A list of DES-type drugs is included.

**The Unknowns of Ultrasound**  
 see PRENATAL CARE

**Were You or Your Daughter or Son Born After 1940?**  
 Pamphlet, 17 pp., 1980  
 Publication Number: (NCI) 80-1226  
 Audience: Adult

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Availability/price: Single copy free  
 Source: National Cancer Institute, Office of  
 Cancer Communications

Discusses the link between DES-type drugs taken during pregnancy and abnormalities found in offspring, including cancer of the female reproductive organs.

***What are the Facts About Genetic Disease?***

Pamphlet, 34 pp., 1977  
 Publication Number: (NIH) 77-370  
 Audience: Adult

Availability/price: Single copy free, also for sale by the U.S. Government Printing Office

Source: National Maternal and Child Health Clearinghouse

Provides an overview of genetic diseases: their inheritance effects, burden, progress, reduction, prevention, and therapies. Includes a bibliography and references for additional information.

***X-Rays and Pregnancy***

see PRENATAL CARE

***X-Rays, Pregnancy and You***

see PRENATAL CARE

**PROFESSIONAL EDUCATION**

***Antenatal Diagnosis and Down Syndrome***

Pamphlet, 16 pp., 1980  
 Publication Number: (NIH) 81-538  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Describes high-risk mothers, antenatal diagnosis, and problems associated with Down Syndrome.

***Congenital Defects***

Pamphlet, 62 pp., 1981  
 Publication Number: (NIH) 82-2304  
 Audience: Health professionals  
 Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in "Child Health and Human Development—An Evaluation and Assessment of the State of the Science". Covers research progress with gametes, embryos, and fetuses. Outlines research gaps and opportunities, priorities, and recommendations for future research.

***Genetics and Teratology***

Pamphlet, 64 pp., 1981  
 Publication Number: (NIH) 81-2345  
 Audience: Health professionals  
 Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development, Office of Research Reporting

Describes the program of the Genetics and Teratology section of the National Institute of Child Health and Human Development (NICHD).

***Information for Physicians - Prenatal Diethylstilbestrol (DES) Exposure***

Pamphlet, 31 pp., 1981  
 Publication Number: (NCI) 81-2049  
 Audience: Physicians  
 Availability/price: 3 free copies per request  
 Source: National Cancer Institute, Office of Cancer Communications

Recommendations of the Diethylstilbestrol-Adenosis (DESAD) Project for the Identification and Management of Exposed Individuals. Booklet provides current information on the health status of DES-exposed persons, methods available for their identification, and plans for continuing examination and management.

***Lupus and Pregnancy Reference Sheet***

Pamphlet, 3 pp., 1983  
 Audience: Professional and public  
 Availability/price: Single copy free  
 Source: Arthritis Information Clearinghouse

Contains a bibliography of professional and public education materials on lupus and pregnancy.

***Maternal PKU***

Pamphlet, 90 pp., 1982  
 Publication Number: (HSA) 81-5299  
 Audience: Health professionals  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Contains proceedings of a conference in Dec., 1979, on the female with either PKU or hyperphenylalaninemia. Covers survey data on the effects of maternal PKU, pathogenesis, treatment, screening, social and ethical issues, and describes future cooperative studies.

***Maternal Serum Alpha-Fetoprotein: Issues in the Prenatal Screening and Diagnosis of Neural Tube Defects***

Book, 201 pp., 1980  
 Audience: Health and medical professionals

Continued on next page

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Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Contains proceedings of the conference in July, 1980, on maternal serum alpha-fetoprotein. Covers medical and scientific backgrounds, ethical, legal, economic, social perspectives, and issues in the implementation of MSAFP screening.

***Mothers at Risk: Role of Social Work in Prevention of Morbidity in Infants of Socially Disadvantaged Mothers***

Book, 162 pp., 1968  
Publication Number: (OM) 79-2144  
Audience: Social work professionals  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Contains papers presented at the Institute on Mothers-at-Risk in 1966. Describes social and economic characteristics of high-risk mothers, implications of legislation for social work, models for community action, and adaptation of traditional methods of social work in services to mothers-at-risk.

***Pregnancy and Diabetes***

Pamphlet, 37 pp., 1980  
Publication Number: (NIH) 81-2083  
Audience: Health care providers, health educators, patients and their families, and the public  
Availability/price: Single copy free  
Source: National Diabetes Information Clearinghouse

Contains an annotated list of both public/patient and professional resources on pregnancy and diabetes. List both printed and non-printed materials.

***Prenatal Diagnosis and Genetic Counseling: A Selected List of Professional Materials***

Pamphlet, 20 pp., 1981  
Audience: Professional  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Contains a list of professional education materials on prenatal diagnosis and genetic counseling. Lists both printed and non-printed materials.

***The Prevention and Treatment of Five Complications of Diabetes—A Guide for Primary Care Practitioners***

Pamphlet, 67 pp., 1983  
Publication Number: (CDC) 83-8392  
Audience: Professional  
Availability/price: Single copy free  
Source: National Diabetes Information Clearinghouse

Represents a synthesis of recommendations developed by the National Diabetes Advisory Board to reduce mortality and morbidity from diabetes. The five diabetes complications described include adverse pregnancy outcome and ketoacidosis as well as visual, foot and kidney problems.

***Rubella***

Pamphlet, 14 pp., 1980  
Publication Number: (HSA) 80-5225  
Audience: Professional  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Discusses the disease, particularly the effects on the fetus and prevention through vaccination.

***Sickle Cell: A Selected Resource Bibliography***

Pamphlet, 35 pp., 1983  
Audience: Health professionals  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Contains a selected bibliography which lists resources available nationwide, including genetic counseling, and prenatal diagnosis.

***Social and Psychological Aspects of Genetic Disorders: A Selected Bibliography***

Pamphlet, 36 pp., 1983  
Audience: Health professionals  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Contains a selected bibliography of psychological and social aspects of human genetic disorders; includes ethical and legal issues.

***Training Manual: Amniotic Fluid Cell Culture***

Pamphlet, 30 pp., 1981  
Audience: Professional  
Availability/price: Single copy free, while supply lasts  
Source: National Maternal and Child Health Clearinghouse

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## HIGH RISK PREGNANCY/GENETICS

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Provides general information about amniotic fluid cell cultures including cell culture methods, cell types, and chromosome analysis. Outlines potential problems in laboratory techniques. Provides a detailed protocol for cell culture and preparation of chromosomes.

***Trends in First Births to Older Mothers, 1970-79***

Pamphlet, 15 pp., 1982

Publication Number: (PHS) 82-1120

Audience: Professional

Availability/price: Single copy free

Source: National Center for Health Statistics, Office of Health Research, Statistics and Technology

Reports on statistics of delayed childbearing. Lists birth rates by educational attainment of mother, prenatal care, and low birth weight.

For Additional Information see  
*Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

**Choices - You and Sex**  
see FAMILY PLANNING

**Food for the Teenager During and After Pregnancy**

Pamphlet, 31 pp., 1982

Publication Number: (HRSA)

82-5106, GPO Stock Number:

017-026-00103-4

Audience: Pregnant adolescents

Availability/price: Single copy free, bulk quantities available from GPO \$4.50/copy, \$90.00 for 100 copies, \$835.00 for 1000 copies

Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Provides information about practices of good nutrition that can help teenagers give birth to healthy babies. In addition, provides tips on good health habits and provides sample meal menus.

**Counseling Adolescents in Reproductive Health Care Settings**

Pamphlet, 94 pp., 1980

Audience: Professional, distributed *only* to Title X Agencies

Availability/price: Single copy free

Source: National Clearinghouse for Family Planning Information

A handbook in adolescent counseling that includes chapters on adolescent development and reproductive health, counseling skills, assessing counseling needs, a counseling model, and counseling the pregnant client.

**Parenting: An Annotated Bibliography**

see PARENTING/CHILD DEVELOPMENT

**Reaching Out to the Pregnant Teenager**

Resource package, guide and posters, 35 pp., 1981

Publication Number: Program Aid No. 1303 (Nutrition and Technical Services Division)

Audience: Health and food assistance professionals

Availability/price: Single copy free

Source: U.S. Department of Agriculture, Office of Public Information, Food and Nutrition Service

A collection of resource materials coordinated through a joint public/private effort involving the U.S. Department of Agriculture, the U.S. Department of Health and Human Services, and the March of Dimes Birth Defects foundation. Designed to assist health programs, food assistance programs, and other related programs in tailoring their nutrition education services to the special needs, interests, and lifestyles of pregnant teenagers.

**Social Consequences of Teenage Childbearing**

Pamphlet, 35 pp., 1975

Publication Number: SHR-0003170

Audience: Health professionals

Availability/price: \$8.50/paper copy, \$4.50 microfiche copy

Source: National Technical Information Service

Reports on a New York study of the determinants and early consequences of the age at which women first give birth. Presented at the conference on the consequences of Adolescent Pregnancy and Childbearing in 1975.

PROFESSIONAL EDUCATION

**Adolescent Pregnancy and Childbearing—Rates, Trends, and Research Findings from the CPR, NICHD**

Report, 17 pp., 1982

Audience: Health professionals

Availability/price: Single copy free

Source: National Institute of Child Health and Human Development, Center for Population Research

Contains a statement on Adolescent Childbearing Today and Tomorrow, an excerpt from the NICHD Annual Report, and publications available through the National Technical Information Service.

**Adolescent Sexuality in a Changing American Society: Social and Psychological Perspectives**

Book, 384 pp., 1978

GPO Stock Number: 017-046-00050-1

Audience: Professional

Availability/price: \$7.50/copy

Source: U.S. Government Printing Office

Presents an overview of adolescent sexuality, covering adolescent development and biological, psychological, sociocultural, and political factors influencing sexuality. Reviews twenty-two studies on adolescent sexuality and makes recommendations about establishing programs and forming policies. Includes an annotated bibliography and references.

***Teenage Fertility in the United States***  
Pamphlet, 78 pp., 1978 (currently being updated)

Library of Congress Cat. Card No.  
78-52286

Audience: Health professionals  
Availability/price: Single copy free  
Source: Centers for Disease Control

Summarizes regional and State variations in teenage fertility, provides a measure of excess

of unintended fertility, and serves as a data reference source for family planning and research in the area of teenage childbearing.

**For Additional Information see  
*Selected Federal Health Information  
Centers (Appendix page 63)***

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PUBLIC EDUCATION

**An Adolescent in Your Home**

Pamphlet, 27 pp., 1978  
 Publication Number: 106L  
 Audience: Adult  
 Availability/price: \$3.50 per copy  
 Source: Consumer Information Center

Describes the physical and emotional needs and problems of adolescents. Outlines areas of conflict and suggests ways to promote understanding.

**Being Friends**

Films, Filmstrips (a five-part series),  
 31 min., 1982  
 Audience: Children, 9-12 years  
 Availability/price: Filmstrips and audio-cassette, sale only, \$45.00; 16 mm film, rental \$25.00, sale \$310.00; video-cassette, sale only, \$320.00. Specify make and model number of video-cassette player.  
 Source: National Audiovisual Center

Introduces the pleasures and problems of dealing with persons of various ages— younger children, peers, teenagers, adults, and very old people. Discussion guide and song sheets included.

**Books That Help Children Deal With a Hospital Experience**

Pamphlet, 24 pp., 1978  
 Publication Number: (HSA) 78-5224  
 Audience: Parents  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Explains how parents can use books in preparing a child for the physical and emotional experiences of hospitalization. Contains an annotated list of books for children about hospitals and illness.

**Changes and Choices: Your Children and Sex**

Pamphlet, 16 pp., 1981  
 Publication Number: (HSA) 81-5647  
 Audience: Adult, parents  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Family Planning Information

Encourages parents to communicate openly with their children about human sexuality. Topics include facts children should be told, the importance of values, birth control, unplanned pregnancy, and communications techniques.

**Child Development in the Home**

Pamphlet, 20 pp., 1978  
 Publication Number: 107L  
 Audience: Adult  
 Availability/price: \$3.00 per copy  
 Source: Consumer Information Center

Advises parents how to build self-confidence and self-discipline in the preschool child.

**Dyslexia**

see CHILDREN WITH SPECIAL NEEDS

**Families In Stress**

see CHILD ABUSE

**Footsteps: A Parenting Guide**

Pamphlet, 65 pp., 1980  
 Publication Number: 218L  
 Audience: Adult, parents  
 Availability/price: \$5.00/copy  
 Source: Consumer Information Center

Practical advice for parents of young children or sibling rivalry, teaching values, independence, creativity, and more; based on the TV show "Footsteps."

**Healthy Mothers, Healthy Babies:**

*A Collection of Prenatal and Infant Care Publications and Films Produced by the Public Health Service*  
 see PRENATAL CARE

**Helping the Hyperactive Child**

see CHILDREN WITH SPECIAL NEEDS

**How to Help Your Children Achieve in School**

Pamphlet, 23 pp., 1983  
 Publication Number: 248L  
 Audience: Adult  
 Availability/price: \$3.75 per copy  
 Source: Consumer Information Center

Provides practical advice on how to help children from elementary to high school develop study habits and discipline. Includes tips on learning to pay attention, increasing motivation, improving memory and learning ability, becoming more independent, and preparing for and taking tests. Lists other sources of information.

**I'm a Parent Now**

Film/Videocassette, 17 min., 1977  
 Title Number: Film-A10328/CG,  
 Videocassette-A00924/CG  
 Audience: Adult, parents

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Availability/price: Film - \$165,  
Videocassette - \$55.00

Source: National Audiovisual Center

Helps new parents deal with the mixed emotions, conflicting roles, and unfamiliar experiences that accompany the arrival of a baby; guide is included.

***The Importance of Play in Child Development***

Pamphlet, 16 pp., 1981

Publication Number: (ADM) 31-969

Audience: Adult

Availability/price: Single copy free

Source: National Clearinghouse for Mental Health Information

Part of the "Caring About Kids" series. Describes what play is, how play helps a child develop, how play changes as a child grows older, the role of toys and sex stereotypes, fantasy, and imagination. Advises parents how to help their children play. Provides a reference list.

***Infant Care***

(Spanish version available)

Pamphlet, 67 pp., 1980

GPO Stock Number: 017-091-00228-2-

English, 017-091-00238-0-Spanish

Audience: Adult, parents and other caretakers

Availability/price: English version-\$4.75,  
Spanish version-\$4.50 per copy

Source: U.S. Government Printing Office

Gives new parents basic information on caring for an infant including breastfeeding, clothing, bathing, and health care. Advises on handling "difficult" babies, first aid and emergency treatment, and a variety of common problems from diaper rash to colds.

***Learning While Growing: Cognitive Development***

Pamphlet, 14 pp., 1981

Publication Number: (ADM) 81-1017

Audience: Adult

Availability/price: Single copy free

Source: National Clearinghouse for Mental Health Information

Part of the "Caring About Kids" series. Focuses on parents' ability to influence their child's cognitive development. Discusses acquisition of language skills, growth of understanding and memory, levels of thinking, altruism and conscience. Explains how parents can help in the development of their child's thinking abilities.

***Nutrition Checkups for Children***  
see NUTRITION

***Plain Talk About Adolescence***

Pamphlet, 2 pp., 1981

Publication Number: (ADM) 80-1065

Audience: Adult

Availability/price: Single copy free

Source: National Clearinghouse for Mental Health Information

Outlines common problems encountered by parents and adolescents. Describes how parents can help keep communications open, how teenagers can help, and provides some extra tips to parents.

***Plain Talk About Dealing with the Angry Child***

Pamphlet, 4 pp., 1980

Publication Number: (ADM) 79-781

Audience: Adult

Availability/price: Single copy free

Source: National Clearinghouse for Mental Health Information

Describes how to help a child cope with feelings of anger and aggression.

***Plain Talk About Raising Children***

Pamphlet, 4 pp., 1979

Publication Number: (ADM) 79-875

Audience: Public

Availability/price: Single copy free

Source: National Clearinghouse for Mental Health Information

Contains responses of 50 parents to the question, "Based upon your personal experiences with your own children, what is the best advice you could give new parents about raising children?" Outlines 10 basic principles of childrearing as a helpful guide to parents, teachers, day care workers, and others who care for children.

***Plain Talk About When Your Child Starts School***

Pamphlet, 2 pp., 1980

Publication Number: (ADM) 77-072

Audience: Adult

Availability/price: Single copy free

Source: National Clearinghouse for Mental Health Information

Part of the "Plain Talk" Series. Assists parents in helping children to begin school. Emphasizes understanding of this milestone in the child's life as important to his or her healthy growth and development.

***Single Parent Families***

(Spanish version available)

Pamphlet, 52 pp., 1981

GPO Stock Number: 017-091-00229-1

Audience: Adult

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Availability/price: \$4.50 per copy  
Source: U.S. Government Printing Office

Provides information and insights on rearing children in single-parent families.

***So You're Going to Be a New Father?***

(Spanish version available)  
Pamphlet, 32 pp., 1973  
GPO Stock Number: 017-091-00190-1  
Audience: Adult, fathers-to-be  
Availability/price: \$3.75 per copy  
Source: U.S. Government Printing Office

Advises the prospective father on what he should expect during his wife's pregnancy and on ways to provide support and comfort during this phase of their lives. Discusses the moods and feelings new mothers and fathers often experience.

***Stimulating Baby Senses***

Pamphlet, 10 pp., 1978  
Publication Number: (ADM) 77-481  
Audience: Adult  
Availability/price: Single copy free  
Source: National Clearinghouse for Mental Health Information

Part of the "Caring About Kids" series. Helps parents and other caretakers learn how to stimulate the growth and development of their infant. Emphasizes the differing needs for sensory stimulation of parents and children. Identifies knowledge of baby's senses of sight, hearing, taste, and touch, and gives a few suggestions on ways to encourage sensory development.

***Two to Get Ready***

Film/Videocassette, 27 min., 1976  
Title Number: Film-A00856/CG,  
Videocassette-00883/CG  
Audience: Adult, parents  
Availability/price: Film-\$275, \$25 rental  
Videocassette-\$80.00  
Source: National Audiovisual Center

Portrays how both parents prepare for parenthood and focuses on psychological preparation. Designed to help prospective parents think about the reasons for having a baby and the decision about when to have one. This film is one episode from *Footsteps*, a PBS series on parenting. For information on the entire series, contact the National Audiovisual Center.

***Your Child From One to Six***

Pamphlet, 92 pp., 1978  
GPO Stock Number: 017-091-00219-3  
Audience: Adult, parents  
Availability/price: \$5.00 per copy  
Source: U.S. Government Printing Office

Covers patterns of development (physical, linguistic, and social), sleep (outgrowing the crib, highlights nightmares, etc.) eating, discipline, toilet training, relationships, school readiness, fears, separations, fighting, health care, illness, accidents, and much more.

***Your Child from Six to Twelve***

Pamphlet, 98 pp., 1980  
GPO Stock Number: 017-091-00070-1  
Audience: Adult, parents  
Availability/price: \$5.00 per copy  
Source: U.S. Government Printing Office

Discusses the role of parents as family leaders, what play means in the life of a child, children and money, keeping the child healthy, guiding the child's social involvements, helping the child make the most of school, and much more.

PROFESSIONAL EDUCATION

***Child and Adolescent Development***

Pamphlet, 71 pp., 1982  
Publication Number: (NIH) 82-2304  
Audience: Professional  
Availability/price: Single copy free  
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in *Child Health and Human Development—An Evaluation and Assessment of the State of the Science*. Covers physical growth and physiological development, developmental behavioral biology, learning and cognitive development, language development and communication, and social and emotional development.

***Detection and Prevention of Learning Disorders***

see CHILDREN WITH SPECIAL NEEDS

***Developing a Sense of Competence in Young Children***

Pamphlet, 10 pp., 1978  
Publication Number: (ADM) 78-643  
Audience: Professional and public  
Availability/price: Single copy free  
Source: National Clearinghouse for Mental Health Information

Part of the "Science Reports" series. Describes research about how experiences of various kinds during the first few years of life affect a child's ability to get along in the world. Outlines methods of how parents can help develop a sense of competence in children. Highlights critical periods of development, sources of stress in children, and preventing early-life failure.

***Development of Mental Health in Infancy***

Book, 106 pp., 1980  
 GPO Stock Number: 017-024-00996-2  
 Audience: Professional  
 Availability/price: \$5.00 per copy  
 Source: U.S. Government Printing Office

Reviews the current research on social relationships in the first year of life and their influence on psychological health. Discusses defining effective environments for infant mental health, infant-caregiver interaction, and infants at risk for development problems. Part of the Science Monograph Series.

***Healthy Infants***

Pamphlet, 12 pp., 1981  
 Publication Number: (HSA) 80-5244  
 Audience: Professional and public  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Describes the challenges of reducing infant mortality and morbidity in the United States; emphasis on preventive services.

***Healthy Mothers, Healthy Babies-  
 Coalition Directory of Educational  
 Materials***

see PRENATAL CARE

***Mother - Child Home Program***

Pamphlet, 11 pp., 1978  
 Publication Number: (ADN) 78-659  
 Audience: Professional and public  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Mental Health Information

Part of the parent-child program series. Describes the mother-child home program, which educates the parents of preschoolers in low-income families to become more effective guides for their toddlers' development. Outlines the home visits, program staffing, facilities and supplies, and program impact.

***Nutrition, Growth and Development of  
 North American Indian Children***

see NUTRITION

***Nutritional Disorders of Children-  
 Prevention, Screening, and Follow-Up***

see NUTRITION

***Nutritional Screening of Children-  
 A Manual for Screening and Follow-Up***

see NUTRITION

***Parent Education in a Pediatric Clinic***

Pamphlet, 9 pp., 1978  
 Publication Number: (ADM) 78-656  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Mental Health Information

Part of the Parent-Child Program Series. Describes the Parent Education Program initiated as a demonstration project at Mt. Sinai Hospital (NY). Outlines how the program creates a series of experiences for 2-to 3-year olds that raises their IQs and may help them later perform well in school.

***Parenting: An Annotated Bibliography***

Pamphlet, 34 pp., 1981  
 Publication Number: (OHDS) 81-30134  
 Audience: Professional and public  
 Availability/price: Single copy free  
 Source: National Center on Child Abuse and Neglect

Contains descriptions and bibliographic information for several dozen books on various aspects of parenting and parent education. Specific topics covered include parenting for teenagers and single parents, working mothers, discipline, and behavior modification.

***The Physically Underdeveloped Child***

see CHILDREN WITH SPECIAL  
 NEEDS

***Protocols for Screening and Assessment of  
 Preschool Children: Speech,  
 Language and Hearing***

see ASSESSMENT AND SCREENING  
 OF CHILDREN

***Q's and A's on Child Mental Health***

Pamphlet, 15 pp., 1977  
 Publication Number: (ADM) 77-418  
 Audience: Professional and public  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Mental Health Information

Part of the Parent-Child Program Series. Describes the psychoses, behavioral disorders, and other mental illness of children.

***Teaching Mothers Mothering***

Pamphlet, 22 pp., 1977  
 Publication Number: (ADM) 77-520  
 Audience: Professional and public  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Mental Health Information

Reports on an early intervention program designed to stem the adverse influence of

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deprived environments on an infant's cognitive development. Describes this home-based program, which worked directly with the mothers to teach them more effective ways of stimulating their young children.

For Additional Information see  
*Selected Federal Health Information  
Centers (Appendix page 63)*

## PUBLIC EDUCATION

***Así que tengo las características de las células falciformes***

(English version available)

Pamphlet, 16 pp., 1976

Publication Number: (NIH) 78-749-

Spanish (NIH) 78-421-English

Audience: Children

Availability/price: Single copy free

Source: National Maternal and Child Health Clearinghouse

[So I Have The Sickle Cell Trait] Explains the sickle cell trait in Spanish.

***Dyslexia***

Pamphlet, 9 pp., 1978

Publication Number: 117L

Audience: Adult

Availability/price: \$2.25 per copy

Source: Consumer Information Center

Describes why some children have difficulty learning to read or write; outlines problems they may face and highlights what to do and where to go for help.

***Facts about Premature Birth***

Pamphlet, 9 pp., 1983

Audience: Adult

Availability/price: Single copy free

Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprint of article in 1983 issue of *Genesis* magazine. Covers the research over the past 20 years to reduce the number of premature births. Identifies high risk pregnancies, diagnosis and treatment of low birth weight infants, technological advances and future areas of research in premature birth.

***Helping the Hyperactive Child***

Pamphlet, 9 pp., 1978

Publication Number: 118L

Audience: Adult

Availability/price: \$2.50 per copy

Source: Consumer Information Center

Describes behavior problems that could indicate hyperactivity and methods of treatment. Suggests ways parents can help in the home. Lists sources of assistance.

***Learning to Talk: Speech, Hearing and Language Problems in Preschool Child***

Pamphlet, 48 pp., 1977

Publication Number: (NIH) 77-43

Audience: Adult

Availability/price: Single copy free

Source: National Institute of Neurological and Communicative Disorders and Stroke

Explains in lay language the kinds of communication disorders a young child may have. Covers the physiology of speech, hearing, and language; the normal development of language in stages from the first year to age 5; and some of the disorders that cause speech difficulties. Emphasizes the need for early detection of problems.

***Little Babies Born Too Soon, Too Small***

Pamphlet, 20 pp., 1977

Publication Number: (NIH) 77-1079

Audience: Adult

Availability/price: Single copy free

Source: National Institute of Child Health and Human Development

Explains the health problems that low birth weight babies can have, preventive measures, and research now underway.

***The Physically Underdeveloped Child***

Pamphlet, 16 pp., 1977

GPO Stock Number: 040-000-00389-8

Audience: School administrators, teachers, coaches

Availability/price: Single copy free to schools; also for sale by the Superintendent of Document, \$2.50 per copy

Source: President's Council on Physical Fitness and Sports

Explains procedures for identifying children with strength, endurance, and coordination problems. Lists suggested remedial activities.

***Plain Talk About Learning Disabilities***

Pamphlet, 6 pp., 1979

Publication Number: 513L

Audience: Adult

Availability/price: Single copy free

Source: Consumer Information Center

Why many children have trouble learning, how these children behave, ways parents can help, and sources of assistance.

***Premature Infants - A Selected List of Lay Materials***

Pamphlet, 4 pp., 1983

Audience: Adult

Availability/price: Single copy free

Source: National Maternal and Child Health Clearinghouse

Lists public education resources available on premature infants and prematurity. Includes list of pamphlets, books, journal articles, and voluntary organizations.

**Your Community Mental Health Center and You**

Pamphlet, 13 pp., 1979  
 Publication Number: (ADM) 79-819  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Institute of Mental Health

Describes who should use a community mental health center, what kinds of services are offered, and where they are located.

**Detection and Prevention of Learning Disorders**

Pamphlet, 33 pp., 1976  
 Publication Number: (ADM) 76-337  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Mental Health Information

Covers the description of the "multiple handicap" of learning disorders, describes a clinical approach to detection and prevention, describes an experimental approach to prediction and prevention, and outlines basic causes of learning disabilities.

## PROFESSIONAL EDUCATION

**Changing Patterns in Residential Services for the Mentally Retarded**

Book, 377 pp., 1976  
 Publication Number: (OHDS) 76-2105,  
 GPO Stock No. 040-000-00365-7  
 Audience: Professional  
 Availability/price: For sale from GPO,  
 \$4.65  
 Source: U.S. Government Printing Office

Report on residential facilities for mentally retarded persons. Originally published in 1969, it contains new and revised chapters by 14 authors who discuss models in the U.S. and abroad, stressing the normalization principle.

**Children at Risk**

Pamphlet, 23 pp., 1978  
 Publication Number: (ADM) 78-724  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Mental Health Information

Describes the results of the Vermont Child Development Project, which hoped to identify specific deviant behaviors in pre-school children, as well as factors within family backgrounds that contribute to children's maladjustment. Lists age-appropriate competence skills in social, intellectual, and academic areas for both normal and vulnerable children.

**Clinical Programs for Mentally Retarded Children**

Pamphlet, 43 pp., 1978  
 Publication Number: (HSA) 78-5291  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Listing of outpatient medical facilities that offer evaluation, treatment, and follow-up services primarily to children suspected of or diagnosed as being mentally retarded.

**Developmental Approach to Casefinding Among Infants and Young Children**  
see ASSESSMENT AND SCREENING OF CHILDREN**Diet Management of PKU for Infants and Young Children**  
see NUTRITION**Digest of Data on Persons with Disabilities**

Book, 141 pp., 1979  
 Publication Number: (OHDS) 79-22009  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: Clearinghouse on the Handicapped

A compilation of published sources of statistical data on the handicapped population including major findings regarding impairments, work disabilities, limitation of activity, and employment.

**Directory of National Information Sources on Handicapping Conditions and Related Services**

Book, 263 pp., 1982  
 Publication Number: E-82-22007,  
 GPO Stock Number: 065-00000142-0  
 Audience: Professional and public  
 Availability/price: \$8.00 per copy  
 Source: U.S. Government Printing Office

Documents information on national resources for handicapped persons and those individuals working on their behalf.

**Guide to Breastfeeding the Infant With PKU**  
see NUTRITION**A Guide to Federal Housing Programs for the Mentally Disabled**

Book, 111 pp., 1978  
 Publication Number: (ADM) 80-674  
 Audience: Professional and public

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Availability/price: Single copy free  
Source: National Institute of Mental Health

Provides specific information concerning provisions of various Federal Housing Programs and their potential for assisting in the development of residential options for people disabled by mental health problems.

***Human Development Services: Working with State and Local Agencies to Create Caring Communities***

(Spanish version available)

Pamphlet, 15 pp., 1979  
Publication Number: (OHDS) 79-10001  
Audience: Professional  
Availability/price: Single copy free  
Source: Office of Human Development Services

Gives a brief description of the human service programs administered by the Office of Human Development Services, HHS. These programs are for children, youth, and families; persons with handicaps or mental retardation; older people; families on public assistance; and native Americans.

***Mental Retardation: The Leading Edge-Service Programs That Work; 1978 Report to the President***

Pamphlet, 75 pp., 1979  
Publication Number: (OHDS) 79-21018  
Audience: Professional and public  
Availability/price: Single copy free  
Source: Office of Human Development Services

Describes new programs that work in providing satisfying and productive lives for people with mental retardation in family life, in schools, in places of residence, in work, and in personal life.

***Mental Retardation: Trends in State Services***

Pamphlet, 41 pp., 1976  
Publication Number: (OHDS) 76-21014,  
GPO Stock No. 040-000-00348-7  
Audience: Professional  
Availability/price: For sale from GPO  
\$1.20  
Source: U.S. Government Printing Office

Identifies trends in state and local services for mentally retarded persons and explores the impact of Federal assistance. Based on a telephone survey.

***PKU and the Schools***

Pamphlet, 16 pp., 1979  
Publication Number: (HSA) 79-5233

Audience: Teachers, administrators, and other school personnel

Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Discusses the disease, a special dietary treatment being used to manage children with PKU, the kind of lunch the children might bring to school, and hints for dealing with lunchtime and refreshments. Designed for teachers, administrators, and other school personnel.

***Pocket Guide to Federal Help for the Disabled Person***

Pamphlet, 23 pp., 1981  
Publication Number: E-80-22002  
Audience: General  
Availability/price: Single copy free  
Source: National Institute of Mental Health

Describes federally funded programs that provide assistance with vocational rehabilitation, education, housing, health care, etc. Describes how to find local help.

***Promoting Mental Health in the Classroom: A Handbook for Teachers***

Pamphlet, 93 pp., 1980  
Publication Number: (ADM) 75-25,  
PO Stock No. 017-024-00286-1  
Audience: Teachers and other school personnel  
Availability/price: Single copy free, also for sale by the GPO, \$5.50  
Source: National Clearinghouse for Mental Health Information and the U.S. Government Printing Office

Presents a model for looking at behavior and changing behavior in the classroom.

***Readers' Guide for Parents of Children With Mental, Physical or Emotional Disabilities***

Book, 144 pp., 1977  
Publication Number: (HSA) 79-5290,  
GPO Stock No. 017-026-00058-5  
Audience: Parents, professional  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Annotated reading list of books and pamphlets about disabilities of children and how to cope with them. Also useful to health professionals directly involved with parents of a disabled child. Note: The Maryland State Planning Council on Developmental Disabilities has published a 1983 update to *The Readers' Guide*. Contact listed source for information.

**Report of the Surgeon General's  
Workshop on Children with Handicaps  
and Their Families**

Pamphlet, 69 pp., 1983

Publication Number: (DHHS) PHS-83-50194

Audience: Health professionals

Availability/price: Single copy free

Source: National Maternal and Child Health Clearinghouse

Contains proceedings of the workshop held in December, 1982. Includes presentations of programs for care of ventilator-dependent children and children with other handicaps. Summarizes workshop recommendations and implications.

**Resource Guide: Employment of the  
Handicapped**

Pamphlet, 40 pp., 1982

Publication Number: (E) 82-22010

Audience: Professional and public

Availability/price: Single copy free

Source: Clearinghouse on the Handicapped

Describes the assistance offered by federal agencies and private national organizations for the employment of handicapped individuals.

**Resource Guide: Rehabilitation  
Engineering and Product Information**

Pamphlet, 50 pp., 1980

Publication Number: (E) 80-22015

Audience: Professional and public

Availability/price: Single copy free

Source: Clearinghouse on the Handicapped

Designed for professionals in the fields of rehabilitation engineering and rehabilitation counseling, and others who provide direct and information services to handicapped persons. Provides information about technological research and available products.

**A Summary of Existing Legislation  
Relating to the Handicapped-1980**

Book, 156 pp., 1980

Publication Number: (E) 80-22014

Audience: Professional

Availability/price: Single copy free

Source: Clearinghouse on the Handicapped

Summarizes legislation affecting handicapped people, with legislative histories of laws affecting handicapped people.

**U.S. Facilities and Programs for Children  
with Severe Mental Illnesses:**

**A Directory**

Book, 151 pp., 1977

Publication Number: (ADM) 77-047

Audience: Professional and public

Availability/price: Single copy free

Source: National Institute of Mental Health

For Additional Information see  
*Selected Federal Health Information  
Centers* (Appendix page 63)

## PUBLIC EDUCATION

**Call to Action**

Pamphlet, 12 pp., 1977

Audience: Adult

Availability/price: Single copy free

Source: Centers for Disease Control,  
Immunization Division

Outlines the basic series of immunizations for diseases that should be completed before a child's second birthday. Discusses the dangers of each disease and how children can be protected. Covers vaccine side effects, benefits of community prevention, and how organizations can help. Includes an immunization record.

**Make Measles a Memory—Immunize**

Pamphlet, 1 pp., 1981

Audience: Adult

Availability/price: Single copy free

Source: Centers for Disease Control,  
Immunization Division

Advises parents about the benefits of immunizing against measles and gives a recommended immunization schedule.

**Reye Syndrome**

(Spanish version available)

Pamphlet, 6 pp., 1983

Publication Number: (FDA) 83-3129-

English; (FDA) 83-3129S-Spanish

Audience: Adult

Availability/price: Single copy free

Source: Food and Drug  
Administration, HFE-88

Provides questions and answers about this condition and its relationship to the use of aspirin in children. Includes a description of symptoms.

**Reye Syndrome Spells Caution  
to Parents**

Pamphlet, 4 pp., 1982

Publication Number: (FDA) 82-3127

Audience: Adult

Availability/price: Single copy free

Source: Food and Drug  
Administration, HFE-88

A review of research and events that led up to the discovery of the possible association between Reye Syndrome and the use of aspirin in children.

**Stay Well Card**

Pamphlet, 8 pp., 1982

Publication Number: 514L

Audience: Children and parents

Availability/price: Single copy free

Source: Consumer Information Center

Contains a children's educational coloring book on immunization with a short message and immunization checklist for parents.

**A Tale of Shots and Drops for Parents  
of Young Children**

Pamphlet, 22 pp., 1979

Publication Number: GPO Stock No.

917-092-00058-8

Audience: Adult

Availability/price: \$3.25 per copy

Source: U.S. Government Printing  
Office

Provides information regarding the need for immunization for childhood diseases. Includes schedule for getting shots and drops.

For Additional Information see  
*Selected Federal Health Information  
Centers* (Appendix page 63)

# SUDDEN INFANT DEATH SYNDROME

## PUBLIC EDUCATION

### ***Crib Death***

(Spanish version available)  
Pamphlet, 20 pp., 1979  
Publication Number: (HSA) 79-5262  
Audience: Adult  
Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

Easy-to-read explanation of the Sudden Infant Death Syndrome (SIDS); dispels myths.

### ***Fact Sheet: Facts About Apnea***

Pamphlet, 2 pp.  
Audience: Adult  
Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

Basic questions concerning apnea—its causes, prevention, treatment (monitoring), and relationship to SIDS—are answered.

### ***Fact Sheet: The Grief of Children***

Pamphlet, 2 pp.  
Audience: Adult  
Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

Discusses some of the common expressions of children's grief and offers some ways in which adults can hinder or help the expression of the child's grief.

### ***Fact Sheet: Infantile Apnea and SIDS***

Pamphlet, 2 pp.  
Audience: Adult  
Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

Studies on apnea are described and the lack of clear evidence connecting apnea and SIDS is noted.

### ***Fact Sheet: Parents and the Grieving Process***

Pamphlet, 2 pp.  
Audience: Adult  
Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

Grief is defined; common reactions and emotions expressed by the bereaved are discussed; the process of achieving resolution and recovery is highlighted.

### ***Fact Sheet: What is SIDS?***

Pamphlet, 2 pp.  
Audience: Adult

Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

Presents basic facts about SIDS and discusses the reactions of the surviving family members and ways they may be helped.

### ***Fact Sheet: What Parents Should Know About SIDS***

Pamphlet, 2 pp.  
Audience: Adult  
Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

Basic facts on SIDS are presented and many of the myths associated with such deaths are dispelled.

### ***Los Hechos Sobre El Síndrome de la Muerte Infantil Repentina***

Pamphlet, 12 pp., 1980  
Publication Number: (HSA) 80-5254  
Audience: Adult  
Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

A presentation in Spanish of basic facts about SIDS, answers to frequently asked questions, a discussion of grief and the grieving process, and a short listing of sources for further help and information.

### ***The Subsequent Child***

Pamphlet, 20 pp., 1980  
Publication Number: (HSA) 80-5260  
Audience: Adult  
Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

Information for parents who are thinking about having another baby after the loss of a child to SIDS.

## PROFESSIONAL EDUCATION

### ***Fact Sheet: SIDS Information for the EMT***

Pamphlet, 2 pp.  
Audience: Professional  
Availability/price: Single copy free  
Source: National Sudden Infant Death Syndrome Clearinghouse

Suggestions are made for emergency medical technicians and others who first respond at the time of a sudden infant death. Symptoms are listed to help distinguish between SIDS and child abuse and neglect.

***Sudden Infant Death Syndrome***

Pamphlet, 33 pp., 1983

Publication Number: (NIH) 82-2304

Audience: Professional

Availability/price: Single copy free

Source: National Institute for Child Health and Human Development

Reprinted from a chapter in *Child Health and Human Development—An Evaluation and Assessment of the State of Science*. Covers the current state of knowledge and recommended research.

***Sudden Infant Death Syndrome Clearinghouse Audiovisual Catalog***

Pamphlet, 32 pp.

Audience: Professional

Availability/price: Single copy free

Source: National Sudden Infant Death Syndrome Clearinghouse

An annotated catalog of audiovisual materials, on the topics of the sudden infant death syndrome, death and dying, and grief.

***Sudden Infant Death Syndrome Research and Grief Counseling: A Selected Bibliography***

Book, 101 pp., 1981

Publication Number: (HSA) 81-5268

Audience: Professional and public

Availability/price: Single copy free

Source: National Sudden Infant Death Syndrome Clearinghouse

Contains list of printed and nonprinted materials published between 1971 and 1980 on the impact of SIDS on families, approaches to coun-

seling, resolution of grief and guilt, identification and treatment of infants at high risk, epidemiology of SIDS, theories of causation, apnea, and death investigation systems.

***Sudden Infant Death Syndrome: A Review of the Medical Literature***

Pamphlet, 18 pp., 1980

Publication Number: (HSA) 81-5271

Audience: Professional

Availability/price: Single copy free

Source: National Sudden Infant Death Syndrome Clearinghouse

Outlines the current medical literature on major aspects of development in the field of SIDS. Reprinted from *Pediatrics*, 1980.

***Sudden Infant Death Syndrome: A Selected Annotated Bibliography 1972-1976***

Pamphlet, 1980

Publication Number: (NIH) 80-237

Audience: Professional

Availability/price: Single copy free

Source: National Institute for Child Health and Human Development

Lists SIDS literature published between 1972 and 1976.

For Additional Information see  
*Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

**Breast Feeding**

Pamphlet, 22 pp., 1980  
 Publication Number: (HSA) 80-5109;  
 GPO Stock No. 017-026-00084-4  
 Audience: Adult, pregnant women  
 Availability/price: Single copy free, also for sale by GPO, \$3.25 per copy.  
 Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Provides expectant mothers with information to help them make decisions about breast feeding and describes "how-to" techniques.

**Food for the Teenager During and After Pregnancy**

see ADOLESCENT PREGNANCY

**Next to Mother's Milk, There's Infant Formula**

Pamphlet, 4 pp., 1980  
 Publication Number: (FDA) 81-2139  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Food and Drug Administration, Office for Consumer Affairs HFE-88.

Takes a look at the different kinds of infant formulas and the history of their development. Tells what happened when one manufacturer omitted chloride from its formula, resulting in legislation giving FDA greater authority.

**Nutrition Checkups for Children**

(Spanish version available)  
 Pamphlet, 8 pp., 1981  
 Publication Number: (HSA) 81-5113  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Describes the examinations performed to check children for potential health problems caused by poor nutrition. For use with poster and manual (for professionals).

**Nutrition Labels and U.S. RDA**

Pamphlet, 2 pp., 1981  
 Publication Number: (FDA) 81-2146  
 Audience: Professional and adult  
 Availability/price: Single copy free  
 Source: Food and Drug Administration, Office for Consumer Affairs HFE-88

Explains how to use the U.S. Recommended Daily Allowances to determine the amounts of vitamins and minerals a person needs and how to read nutrition labels to find the RDA percentages in foods. A chart gives the U.S. RDAs

for infants, children, adults, and pregnant or lactating women.

**A Primer of Dietary Minerals**

Pamphlet, 4 pp., 1974  
 Publication Number: (FDA) 75-2013  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Food and Drug Administration, Office for Consumer Affairs

Describes the functions of dietary minerals in the human body and lists their rich food sources. Includes both the minerals required in large amounts, or macrominerals, and the trace elements. A chart gives U.S. Recommended Daily Allowances of minerals for infants, children, adults, and pregnant or lactating women.

PROFESSIONAL EDUCATION

**Checkmarks for Good Health**

Poster, 17" x 22", 1981  
 Publication Number: (HSA) 81-5115  
 Audience: Adult and professional  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Illustrates techniques for proper nutrition checkups. Designed for use with patient education pamphlet and manual for professionals.

**Diet Management of PKU for Infants and Preschool Children**

Pamphlet, 30 pp., 1977  
 Publication Number: (HSA) 78-5209, GPO  
 Stock Number: 017-026-00057-7  
 Audience: Nutrition and dietary professionals  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Provides scientifically based guidance material for nutritionists and dieticians on management of children with phenylketonuria.

**Federal and Non-Federal Resources for Nutritional Information and Services—A Selected List**

Pamphlet, 81 pp., 1979  
 Publication Number: (OM) 79-20004  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Contains a list of available Federal and non-Federal resources designed to improve the environmental and nutritional status of individuals served by primary health care centers.

**Guide for Developing Nutrition Services in Community Health Programs**

Book, 100 pp., 1978  
 Publication Number: (HSA) 78-5103  
 Audience: Nutrition and health professionals and administrators  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Provides technical guidance on how to plan, develop, and evaluate nutrition services as an integral component of community health care programs.

**Guide to Breastfeeding the Infant with PKU**

Pamphlet, 51 pp., 1979  
 Publication Number: (HSA) 79-5110  
 Audience: Health professionals  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Describes an approach to breast-feeding the infant with PKU; the approach involves feeding with a special formula.

**Iron Nutrition in Adolescence**

Pamphlet, 10 pp., 1976  
 Publication Number: (HSA) 77-5100  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Provides information about iron metabolism and factors influencing iron balance as well as recommended iron intakes. Methods for identification of the state of iron nutrition are described and prevalence data are presented. Of major importance to health care providers are the recommendations and conclusions about iron nutrition of teenagers.

**Nutrition**

Pamphlet, 38 pp., 1983  
 Publication Number: (NIH) 82-2304  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development

Reprinted from a chapter in *Child Health and Human Development—An Evaluation and Assessment of the State of the Science*. Covers objectives in nutrition research, current state of knowledge needs and opportunities for research, and priorities and recommendations.

**Nutrition, Growth and Development of North American Indian Children**

Book, 246 pp., 1972

Publication Number: (NIH) 72-26  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: Indian Health Service, Nutrition and Dietetics Branch

Describes the proceedings of the Conference on Nutrition Growth and Development of North American Indian Children. Emphasizes the role of nutrition as it interacts with other factors during growth and development.

**Nutrition Publications for Consumers: A Selected Annotated Bibliography**

Pamphlet, 22 pp., 1983  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Health Information Clearinghouse

Contains descriptions of over three dozen nutrition publications for consumers.

**Nutrition Services in Perinatal Care**

Pamphlet, 72 pp., 1981  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Identifies the personnel, the competency levels, and the support necessary to provide nutritional assessment, education and services within a regionalized system. Also includes a summary of current knowledge of perinatal nutrition.

**Nutritional Disorders of Children: Prevention, Screening and Follow-up**

Book, 123 pp., 1977  
 Publication Number: (HSA) 78-5104  
 Audience: Health professionals  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Informs professionals of ways to improve preventive methods in nutrition, especially regarding prevention of obesity, atherosclerosis, dental caries, and anemia.

**Nutritional Screening of Children: A Manual for Screening and Follow-up**

Pamphlet, 16 pp., 1981  
 Publication Number: (HSA) 81-5114  
 Audience: Health professionals  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Instructs health providers how to perform screening tests for nutritional problems in children. Designed for use with pamphlet and poster.

**Reaching Out To The Pregnant Teenager**  
see ADOLESCENT PREGNANCY

**Recommendations for Feeding Normal Infants**

Pamphlet, 8 pp., 1979  
Publication Number: (HSA) 79-5108,  
GPO Stock No. 017-026-00079-8  
Audience: Professional  
Availability/price: Single copy free, also for sale by GPO  
Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Contains technical guidance for health care providers about breast feeding, infant formula, foods, and fluoride before and after 6 months of age.

**Skim Milk in Infant Feeding**

Pamphlet, 5 pp., 1978  
Publication Number: (HSA) 78-5102  
Audience: Professional  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Presents objections to the practice of feeding skim milk to infants. Discusses management and prevention of obesity in infants.

For Additional Information see  
*Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

**Day Care for Your Children**

Pamphlet, 15 pp., 1974  
 Publication Number: (OHDS) 74-30047,  
 GPO Stock No. 017-091-00194-4  
 Audience: Adult  
 Availability/price: Single copy free, also for  
 sale by GPO for \$ .35  
 Source: Administration for Children,  
 Youth and Families, and the U.S.  
 Government Printing Office

Offers guidelines to help parents select the appropriate day-care arrangements for their children and for their particular situation.

**Infant Satellite Nurseries: Family Day Care with a Difference**

Pamphlet, 13 pp., 1978  
 Publication Number: (ADM) 78-658, GPO  
 Stock No. 017-024-00843-5  
 Audience: Professional and public  
 Availability/price: Single copy free, also for  
 sale by GPO for \$2.50  
 Source: National Institute of Mental  
 Health, and the U.S. Government  
 Printing Office

Describes an innovative approach to home day-care, developed in Hawaii, to provide low-income families with subsidized care of excellent quality for their infants and toddlers.

**I Love My Child, But I Need Help: How to Develop a Crisis Nursery**

Pamphlet, 23 pp., 1978  
 Publication Number: (OHDS) 78-30142  
 Audience: Professional and public  
 Availability/price: Single copy free  
 Source: Administration for Children,  
 Youth and Families

Gives practical information on developing a crisis nursery. Areas covered include funding, locations, goals, policies, procedures, and staffing. Examples of residential treatment shelters and emergency shelters are presented.

**A Parent's Guide to Day Care**

Pamphlet, 4 pp., 1980  
 Publication Number: 251L  
 Audience: Adult  
 Availability/price: \$4.75 per copy  
 Source: Consumer Information Center

A 4-part publication to assist parents in selecting an effective day care program that is likely to provide a safe, stimulating, and nurturing environment for their children, ages birth to 14. Also provides information on handling emergencies regarding day care arrangements, and sources of assistance.

**A Parents Guide to Day Care**

(Short version)  
 Pamphlet, 16 pp., 1980  
 Publication Number: (OHDS) 80-30270  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Administration for Children,  
 Youth and Families

Features the day-care checklist which helps parents to assess what they want in day care and to decide if a particular day-care arrangement provides what is needed for their child. Provides brief descriptions of the characteristics of quality day care, types of day-care arrangements, and day-care regulations.

PROFESSIONAL EDUCATION

**Child Development--Day-Care Handbooks**

Audience: Professional  
 Availability/price: Single copy free  
 Source: Administration for Children,  
 Youth and Families

This series provides information on the various components of a comprehensive day-care program.

- **Statement of Principles**  
 Pamphlet, 12 pp., 1971  
 Publication Number: (OHDS) 78-31055; also for sale by GPO: Stock No. 1791-00160, \$ .40
- **Serving Infants**  
 Pamphlet, 86 pp., 1971  
 Publication Number: (OHDS) 78-31056; also for sale by GPO: Stock No. 017-091-00164-2, \$2.75
- **Serving Preschool Children**  
 Book, 164 pp., 1974  
 Publication Number: (OHDS) 74-31057; also for sale by GPO: Stock No. 1791-00166-1, \$2.45
- **Serving School Age Children**  
 Pamphlet, 71 pp., 1972  
 Publication Number: (OHDS) 78-31058; also for sale by GPO: Stock No. 017-091-00165-1, \$2.30
- **Staff Training**  
 Pamphlet, 38 pp., 1971  
 Publication Number: (OHDS) 78-31058; also for sale by GPO: Stock No. 017-091-00163-4, \$1.60
- **Health Services: A Guide for Project Directors and Health Personnel**  
 Pamphlet, 81 pp., 1971  
 Publication Number: (OHDS) 71-31060

Continued on next page

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- **Administration**  
Book, 168 pp., 1971  
Publication Number: (OHDS) 71-31061
- **Serving Children With Special Needs**  
Pamphlet, 73 pp., 1972  
Publication Number: (OHDS) 73-31063
- **Family Day Care**  
Book, 118 pp., 1973  
Publication Number: (OHDS) 73-31054

**Instructor's Manual—Day Care**

Audience: Professional  
Availability/price: Single copy free  
Source: Administration for Children,  
Youth and Families

The following instructors' manuals are part of the basic course for residential child care workers.

- **Instructor's Guide**  
Book, 131 pp., 1980  
Publication Number: (OHDS) 80-30204
- **The Residential Child Care Worker: Developmental Planning. Instructor's Manual I**  
Book, 195 pp., 1977  
Publication Number: (OHDS) 80-30205
- **The Residential Child Care Worker: Developmental Needs. Instructor's Manual II**  
Book, 140 pp., 1977  
Publication Number: (OHDS) 80-30206
- **The Residential Child Care Worker: Separation. Instructor's Manual III**  
Book, 163 pp., 1977  
Publication Number: (OHDS) 80-30207
- **The Residential Child Care Worker: The Cottage. Instructor's Manual IV**  
Book, 121 pp., 1977  
Publication Number: (OHDS) 80-30208
- **The Residential Child Care Worker: Discipline. Instructor's Manual V**  
Book, 171 pp., 1977  
Publication Number: (OHDS) 80-30209
- **The Residential Child Care Worker: The Group. Instructor's Manual VI**  
Book, 154 pp., 1977  
Publication Number: (OHDS) 80-30210
- **The Residential Child Care Worker: The Job. Instructor's Manual VII**  
Book, 176 pp., 1977  
Publication Number: (OHDS) 80-30211

**Student Manuals—Day Care**

Audience: Professional  
Availability/price: Single copy free  
Source: Administration for Children,  
Youth and Families

The following student manuals are part of the basic course for residential child care workers.

- **Student Guide**  
Pamphlet, 25 pp., 1980  
Publication Number: (OHDS) 80-30212
- **The Residential Child Care Worker: Developmental Planning. Student Manual I.**  
Book, 153 pp., 1977  
Publication Number: (OHDS) 80-30213
- **The Residential Child Care Worker: Developmental Needs. Student Manual II**  
Book, 155 pp., 1977  
Publication Number: (OHDS) 80-30214
- **The Residential Child Care Worker: Separation. Student Manual III**  
Book, 163 pp., 1977  
Publication Number: (OHDS) 80-30215
- **The Residential Child Care Worker: The Cottage. Student Manual IV**  
Book, 163 pp., 1977  
Publication Number: (OHDS) 80-30216
- **The Residential Child Care Worker: Discipline. Student Manual V**  
Book, 147 pp., 1977  
Publication Number: (OHDS) 80-30217
- **The Residential Child Care Worker: The Group. Student Manual VI**  
Book, 147 pp., 1977  
Publication Number: (OHDS) 80-30218
- **The Residential Child Care Worker: The Job. Student Manual VII**  
Book, 141 pp., 1977  
Publication Number: (OHDS) 80-30219

For Additional Information see  
*Selected Federal Health Information  
Centers* (Appendix page 63)

## PUBLIC EDUCATION

***Families in Stress***

Pamphlet, 24 pp., 1979

Publication Number: (OHDS) 80-30162

Audience: Adult, parents

Availability/price: Single copy free, while supply lasts

Source: National Center on Child Abuse and Neglect

This booklet is intended for parents facing pressures that might lead to abusive behavior. In simple language, it discusses the stress that parents sometimes face and how and where they can obtain relief. The volume includes the national toll-free telephone number of Parents Anonymous.

***"He Told Me Not to Tell"***

see SEXUAL ASSAULT

***How to Protect Yourself Against Sexual Assault***

see SEXUAL ASSAULT

***I Love My Child, But I Need Help: How to Develop a Crisis Nursery***

see DAY CARE

of various ethnic and regional groups and how they relate to general concepts of abuse and neglect. Specific groups discussed include Native Americans, Samoans, low-income American Blacks, Chicanos, Hispanics from Puerto Rico, and residents of the Virgin Islands.

***Family Violence: Intervention Strategies***

Pamphlet, 81 pp., 1980

Publication Number: (OHDS) 80-30258

Audience: Professional and public

Availability/price: Single copy free

Source: National Center on Child Abuse and Neglect

The nature, extent, and possible treatment of domestic violence are examined in this manual. Special attention is given to the role of child protective services workers in assisting violent families. Specific areas covered include the causes and effects of domestic strife, intervention strategies, and program development techniques.

***National Study of the Incidence and Severity of Child Abuse and Neglect: Executive Summary***

Pamphlet, 17 pp., 1981

Publication Number: (OHDS) 81-30329

Audience: Professional and public

Availability/price: Single copy free

Source: National Center on Child Abuse and Neglect

## PROFESSIONAL EDUCATION

***Child Abuse/Neglect—A Guide for Detection, Prevention and Treatment in BCHS Programs and Projects***

Pamphlet, 30 pp., 1979

Publication Number: (OM) 79-20005,

GPO Stock No. 017-026-00064

Audience: Professionals working in BCHS programs and projects

Availability/price: Single copy free, for sale by GPO, \$3.75

Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Assists BCHS-supported facilities in developing more effective systems for the identification and management of child abuse and neglect.

***Child Abuse, Neglect and the Family Within a Cultural Context***

Pamphlet, 15 pp., 1978

Publication Number: (OHDS) 78-30135

Audience: Professional and public

Availability/price: Single copy free

Source: National Center on Child Abuse and Neglect

This mini-anthology contains ten articles on the child-rearing traditions, attitudes, and practices

Summarizes the findings of the National Study on the Incidence and Severity of Child Abuse and Neglect, which analyzed data collection between May 1979 and April 1980. Topics discussed include the number of reported and estimated cases of abuse and neglect, the incidence rates and numbers of the major forms of child maltreatment, and age and sex of the children involved.

***The Nurse's Role in the Prevention and Treatment of Child Abuse and Neglect***

Pamphlet, 63 pp., 1979

Publication Number: (OHDS) 79-30202

Audience: Professional

Availability/price: Single copy free

Source: National Center on Child Abuse and Neglect

Discusses the roles and responsibilities of nurses in identifying, reporting, treating, and preventing child abuse and neglect. Includes indicators of problems in the child and in the parents, the assessment and treatment planning processes, prevention and treatment approaches, and interagency coordination and cooperation. Includes standards applicable to the role of nurses.

***Parent Aides in Child Abuse and Neglect Programs***

Pamphlet, 57 pp., 1979

Publication Number: (OHDS) 79-30200

Audience: Child protective services workers and other child care professionals

Availability/price: Single copy free

Source: National Center on Child Abuse and Neglect

Assists child protective services workers and other child care professionals. Provides information about the development and implementation of parent-aid programs. Includes the goals and general structure of programs; the parent-aid/client relationship; program development; and supervision, training, and evaluation. Sample application and evaluation forms.

***Parenting: An Annotated Bibliography***

see PARENTING/CHILD DEVELOPMENT

***The Role of the Mental Health Professional in the Prevention and Treatment of Child Abuse and Neglect***

Pamphlet, 78 pp., 1979

Publication Number: (OHDS) 79-30194

Audience: Mental health professional

Availability/price: Single copy free

Source: National Center on Child Abuse and Neglect

Discusses the roles and responsibilities of psychiatrists, psychologists, counselors, and other mental health professionals. Specific topics covered include recognition of child abuse and neglect, reporting and the complications it can involve, assessment and treatment strategies, and involvement with the courts and other branches of the child protection system. Standards applicable to the role of mental health professionals are contained in an appendix.

***Selected Readings on Adolescent Maltreatment***

Book, 115 pp., 1981

Publication Number: (OHDS) 81-30301

Audience: Professional and public

Availability/price: Single copy free

Source: National Center on Child Abuse and Neglect

Eleven papers on various aspects of the maltreatment of adolescents are presented in this volume. Topics covered include the incidence of teenage abuse and neglect, sexually mistreated adolescents, intervention and service delivery, and the physical abuse of adolescents. One article discusses the legal representation of adolescents in state intervention cases.

***Selected Readings on Child Neglect***

Pamphlet, 67 pp., 1980

Publication Number: (OHDS) 80-30253

Audience: Professional and public

Availability/price: Single copy free

Source: National Center on Child Abuse and Neglect

Contains six papers on various aspects of child neglect, including standards for determining neglect, emotional neglect, casework treatment of a neglectful mother, and treatment of infants with organic failure to thrive.

***Treatment for Abused and Neglected Children***

Pamphlet, 66 pp., 1979

Publication Number: (OHDS) 79-30199

Audience: Child protective services workers and other health/social service professionals

Availability/price: Single copy free

Source: National Center on Child Abuse and Neglect

Designed primarily for use by child protective services workers, this manual discusses various aspects of the treatment of child abuse and neglect victims. Specific topics covered include immediate and long-term medical care, the provision of a safe home environment, and the treatment of developmental and psychological problems. Possible negative effects of various treatment techniques are also discussed.

For Additional Information see  
*Selected Federal Health Information  
Centers* (Appendix page 63)

PUBLIC EDUCATION

**The Automobile Safety Belt Fact Book**

Pamphlet, 23 pp., 1982  
 Publication Number: (DOT) HS 802-157  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Part of the Safety Belt Instructional Series. Contains facts about the protection fastened safety belts provide during motor vehicle accidents.

**Baby Care Kit**

Pamphlets (set of 4)  
 GPO Stock Number: 052-011-00113-9  
 Audience: Adult  
 Availability/price: \$4.50 for kit  
 Source: U.S. Government Printing Office

Includes a set of 4 pamphlets on caring for an infant.

**Child Safety Seats for Your Automobile**

Pamphlet, 17 pp., 1982  
 Publication Number: (DOT) HS 805-174  
 Audience: Adult, parent  
 Availability/price: Single copy free  
 Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Explains why child safety seats are needed and what kinds of safety seats are available. Also demonstrates the proper way to use safety seats. Discusses how to select the best safety seat for your child and where it can be purchased.

**For Kids Sake . . . Think Toy Safety**

Pamphlet with miniposters  
 GPO Stock Number: 052-011-00148-1  
 Audience: Adult  
 Availability/price: \$5.50  
 Source: U.S. Government Printing Office

Includes a pamphlet and series of miniposters on toy safety.

**Little Leon the Lizard**

Pamphlet, 22 pp., 1978  
 Publication Number: 121L  
 Audience: Children  
 Availability/price: \$2.25 per copy  
 Source: Consumer Information Center

Includes a story and coloring book emphasizing safe play situations.

**Myths and Facts About Child Car Safety**

Poster, 16" x 23" 1981  
 Publication Number: (DOT)  
 HS 806-046-(a)

Audience: Adult, parents  
 Availability/price: Single copy free  
 Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Identifies four common myths about child car safety and explains why they are myths. Lists places where child safety seats can be purchased.

**Myths and Facts About Child Car Safety Poster, 16" x 23" 1981**

Publication Number: (DOT)  
 HS 806-046-(a)  
 Audience: Adult, parents  
 Availability/price: Single copy free  
 Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Colored poster outlining 4 common myths about child car safety and explains why they are myths.

**Poison Safety Game**

Pamphlet, 4 pp., 1983  
 Publication Number: (FDA) 83-1099  
 Audience: Children (older elementary school children and young teens)  
 Availability/price: Single copy free  
 Source: Food and Drug Administration, Office of Consumer Affairs, HFE-88

Includes instructions and game board for a Poison Safety Game. Designed for older elementary school children and young teens as a guide to help them protect their younger brothers and sisters and friends from poisonings.

**Preventing Childhood Poisonings**

Pamphlet, 3 pp., 1979  
 Publication Number: (FDA) 75-7001  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: Food and Drug Administration, Office of Consumer Affairs

Describes common accidental household poisonings of children. Advises what parents can do to prevent poisonings in the home, and what to do if a child is poisoned.

**Preventing Childhood Poisonings**

Videocassette, 14 min.  
 Audience: Adult, parents  
 Availability/price: For Sale, \$70  
 Specify make and model number of VC player  
 Source: National Audiovisual Center

Discusses some common kitchen agents that can poison children and tells parents how to respond to such emergencies.

***Safer Than a Mother's Arms***

Poster, 17"x25", 1981

Publication Number: (DOT)

HS 806-046 (b)

Audience: Adult

Availability/price: Single copy free

Source: U.S. Department of  
Transportation, National Highway  
Traffic Safety Administration

Shows the correct method of carrying an infant in a motor vehicle—in a child carrier.

***Safety Belt Fact Sheet***

Pamphlet, 2 pp., 1981

Audience: Adult

Availability/price: Single copy free

Source: U.S. Department of  
Transportation, National Highway  
Traffic Safety Administration

Presents information on motor vehicle accidents and how safety belts make a difference. Illustrates how a safety belt works. Describes and illustrates differing types of safety seats, including infant carriers, convertible models, toddler seats, booster seats, and adult safety belts.

***Watch Out for Lead Paint Poisoning***

Pamphlet, 3 pp., 1971

Publication Number: (HSA) 75-5101

Audience: Adult

Availability/price: Single copy free

Source: National Maternal and Child  
Health Clearinghouse

Warns parents about the dangers of lead paint poisoning and tells how to protect children.

***What Price Shall We Pay for Lead Poisoning in Children?***

Pamphlet, 6 pp., 1979

Publication Number: (HSA) 79-5144

Audience: Adult

Availability/price: Single copy free

Source: National Maternal and Child  
Health Clearinghouse

Presents an up-to-date summary of the problems of lead poisoning in children and emphasizes its preventable nature.

***Young Children and Accidents in the Home***

(Spanish version available)

Pamphlet, 28 pp., 1974

GPO Stock Number: 017-091-00191-0

English, 017-091-001995-Spanish

Audience: Adult

Availability/price: \$4.25 (English),  
\$3.25 (Spanish)

Source: U.S. Government Printing Office

Describes the major causes of accidents to children in the home—the leading cause of death and injury to young children. Includes a checklist, by age group, of accident-causing situations and how to avoid them. A tear-out sheet with first-aid information is provided.

PROFESSIONAL EDUCATION

***Infants and Toddlers in Passenger Car Crashes***

Pamphlet, 66 pp., 1983

Audience: Professional

Availability/price: Single copy free

Source: U.S. Department of  
Transportation, National Highway  
Traffic Safety Administration

Includes key findings on the use of child seats in cars. Outlines effectiveness and trends in child restraint use and comparisons of injuries by age.

***Joint Statement: Lead Poisoning in Children***

Pamphlet, 4 pp., 1979

Audience: Health care providers and administrators

Availability/price: Single copy free

Source: National Maternal and Child  
Health Clearinghouse

Summarizes the current information on lead poisoning in children and makes recommendations for programs that provide health care to children who are potential victims of lead poisoning.

***Lead Poisoning in Children***

Pamphlet, 25 pp., 1967

Publication Number: (HSA) 5142,

GPO Stock No.: 017-030-00032-9

Audience: Professional

Availability/price: Single copy free

Source: National Maternal and Child  
Health Clearinghouse; also for sale by  
the U.S. Government Printing Office

Discusses problems of lead paint poisoning and emphasizes essential steps in preventing death or handicapping conditions.

***Preventing Lead Poisoning in Children***

Pamphlet, 6 pp., 1974

Publication Number: (HSA) 78-5143

Audience: Professional and public

Availability/price: Single copy free

Source: National Maternal and Child  
Health Clearinghouse

Discusses importance of preventive measures, identification of children in early stages of undue lead absorption, and remedial action.

***Undue Absorption of Lead Among  
Children: A New Look At An Old  
Problem***

Pamphlet, 23 pp., 1977

Publication Number: (HSA) 79-5141

Audience: Professional

Availability/price: Single copy free

Source: National Maternal and Child  
Health Clearinghouse

Provides a historical perspective and describes  
recent developments in lead poisoning in chil-

dren. Includes recent data on psychological and  
other types of impairments potentially associ-  
ated with undue lead absorption.

For Additional Information see  
*Selected Federal Health Information  
Centers (Appendix page 63)*

PUBLIC EDUCATION

***Are You Sure She's Getting All the Fluoride She Needs?***

Poster, 13" x 23", 1981  
 Poster Number: 1  
 Audience: Adult  
 Availability/price: Limited quantities  
 Source: National Institute of Dental Research, National Caries Program

Shows an infant, with a caption reading "Are You Sure She's Getting All the Fluoride She Needs?"

***Are Your Children Getting All the Fluoride They Need?***

Poster, 13" x 23", 1981  
 Poster Number: 5  
 Audience: Adult  
 Availability/price: Limited quantities  
 Source: National Institute of Dental Research, National Caries Program

Shows two children with a caption reading "Are Your Children Getting All The Fluoride They Need?"

***Daily Fluoride: Tablets for Healthier Smiles***

Poster, 13" x 23" 1981  
 Poster Number: 9  
 Audience: Adult  
 Availability/price: Limited quantities  
 Source: National Institute of Dental Research, National Caries Program

Shows three children holding fluoride tablets, with a caption reading "Daily Fluoride Tablets for Healthier Smiles."

***The Daily Tablet for Healthier Smiles***

Film, 5-1/2 minutes  
 Title Number: 12765  
 Audience: Adult groups, such as PTA's, school boards, workshops for health professionals  
 Availability/price: Free — loan for 3 days  
 Source: Modern Talking Picture Service

Describes the need for a fluoride tablet program in communities with fluoride deficient drinking water, the benefits derived, and how the programs are conducted in schools. Demonstrates the proper techniques for distributing and administering a tablet program.

***Fluoride: Guardian Against Tooth Decay***

Poster, 13" x 23" 1981  
 Poster Number: 7  
 Audience: Adult  
 Availability/price: Limited quantities  
 Source: National Institute of Dental Research, National Caries Program

Shows a girl using a fluoride mouthrinse, with a caption reading "Fluoride Guardian Against Tooth Decay."

***Fluoride to Protect Your Children's Teeth***

Pamphlet, 4 pp., 1982  
 Publication Number: (NIH) 82-1141  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Institute of Dental Research, National Caries Program

Informs parents of the importance of fluoride in protecting teeth from dental decay. Identifies methods of fluoridation; community water fluoridation, school fluoridation, fluoride tablets and drops, fluoride-containing mouthrinses, fluoride dentrifice, and professional application of topical fluorides.

***Fluoride: The Smile Maker***

Poster, 13" x 23" 1981  
 Poster Number: 3  
 Audience: Adult  
 Availability/price: Limited quantities  
 Source: National Institute of Dental Research, National Caries Program

Shows a grinning young child with the caption reading "Fluoride: The Smile Maker."

***Give a Kid a Healthy Smile... Use Fluoride***

Poster, 13" x 23" 1981  
 Poster Number: 4  
 Audience: Adult  
 Availability/price: Limited quantities  
 Source: National Institute of Dental Research, National Caries Program

Shows a laughing child with a caption reading "Give a Kid a Healthy Smile...Use Fluoride."

***Good Teeth for You and Your Baby***

(Spanish version available)  
 Pamphlet, 16 pp., 1979  
 Publication Number: (NIH) 79-1255-English, (NIH) 79-1465-Spanish  
 Audience: Adult  
 Availability/price: Single copy free  
 Source: National Institute of Dental Research, National Caries Program

Describes good dental habits for mothers and children. Discusses nutrition during pregnancy, infant nutrition, fluoride protection, brushing and flossing, and dental check-ups.

***Tetracycline Stained Teeth***

Pamphlet, 4 pp., 1980  
 Publication Number: (NIH) 80-1679  
 Audience: Adult

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Availability/price: Single copy free  
 Source: National Institute of Dental Research, National Caries Program

Discusses the social and psychological problems of permanent discoloration of teeth caused by the group of drugs called tetracyclines. Contains information on treatment, and encourages parents to be aware of the risk to their children in taking these drugs.

**The .2% Solution**  
 Film, 5-1/2 minutes.  
 Title Number: 12786

Audience: Adult groups, such as PTAs, school boards, workshops for health professionals

Availability/price: Free — loan for 3 days  
 Source: Modern Talking Picture Service

Focuses on students taking part in a self-applied fluoride program under adult supervision. The children use a 0.2 percent neutral sodium fluoride solution.

**Want a Hot Tip on a Good Investment? Use Fluoride for a Healthy Smile**

Poster, 13" x 23", 1981  
 Poster Number: 2

Audience: Adult  
 Availability/price: Limited quantities  
 Source: National Institute of Dental Research, National Caries Program

Shows an infant with the caption reading "Want a Hot Tip on a Good Investment? Use Fluoride for a Healthy Smile!"

**Weekly Fluoride Rinses for a Healthy Smile**

Poster, 13" x 23", 1981  
 Poster Number: 8

Audience: Adult  
 Availability/price: Limited quantities free  
 Source: National Institute of Dental Research, National Caries Program

Shows a group of children holding fluoride rinses in cups, with a caption reading "Weekly Fluoride Rinses for a Healthy Smile."

**PROFESSIONAL EDUCATION**

**The Dental Implications of Epilepsy**  
 Pamphlet, 18 pp., 1979

Publication Number: (HSA) 79-5217  
 Audience: Dental health professionals  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Reports on dental practice and epilepsy. Designed to give dentists a fuller understanding of

the disease and to encourage them to make comprehensive health care available to epileptics. Management and treatment of the special dental problems of the epileptic.

**Fluoride Mouthrinsing in Schools . . . Protection for Children's Teeth**

Pamphlet, 5 pp., 1982  
 Publication Number: (NIH) 82-1131  
 Audience: Adult, teachers, and school administrators  
 Availability/price: Single copy free  
 Source: National Institute of Dental Research, National Caries Program

Presents the advantages of sponsoring a fluoride mouthrinsing program in grade school and junior high school.

**Fluoride Tablets . . . A Healthier Smile for School Children**

Pamphlet, 5 pp., 1981  
 Publication Number: (NIH) 81-1197  
 Audience: Adult, teachers, and school administrators  
 Availability/price: Single copy free  
 Source: National Institute of Dental Research, National Caries Program

Presents the advantages of sponsoring a fluoride tablet program in grade school and junior high school.

**Head Start Dental Programs Simplified: Using Dental Consultants**

Pamphlet, 4 pp., 1979  
 Publication Number: (HSA) 79-5241  
 Audience: Head Start Program Grantees  
 Availability/price: Single copy free  
 Source: National Maternal and Child Health Clearinghouse

Describes how Head Start Dental Designees in DHHS Regional Offices can assist Head Start Programs in improving the operation of the dental component. Lists Regional Offices and Regional Head Start Dental Designees.

**A Healthy Start . . . Fluoride Tablets for Children in Preschool Programs**

Pamphlet, 3 pp., 1982  
 Publication Number: (NIH) 82-1838  
 Audience: Adult, teachers, and school administrators  
 Source: National Institute of Dental Research, National Caries Program

Presents the advantages of initiating a fluoride tablet program in preschool programs.

**Management Guide for Children's Dental Health Services**

Pamphlet, 78 pp., 1979  
 Publication Number: (HSA) 79-5242

Continued on next page

Continued from page 46

**Audience:** Project Directors/health administrators of Title V dental programs and other primary care projects

**Availability/price:** Single copy free  
**Source:** National Maternal and Child Health Clearinghouse

Includes papers concerning patient population management, development of comprehensive dental care programs in rural communities, dental facilities design, and equipment alternative delivery systems, staffing and personnel management, program monitoring, and research in clinical programs.

***Prescribing Fluoride Supplements in Medical and Dental Practice***

Film, 16 mm. color, 15-1/2 minutes

Title Number: 12932

**Audience:** Physicians, dentists, nurse practitioners, and students

**Availability/price:** Free—loan for 3 days  
**Source:** Modern Talking Picture Service

Explains that prescribing dietary fluoride supplements for infants and children in non-fluoridated areas is the single most effective measure available to eliminate or reduce dental caries. Provides the current recommended dosage schedules, presents instruction for parents, and discusses ways to best achieve long-term patient compliance.

***Preventing Tooth Decay: A Guide to Implementing Self-Applied Fluoride Programs in School Settings***

Resource packet, 40 pp. + pamphlet samples, 1981

Publication Number: (NIH) 82-1196

**Audience:** School administrators

**Availability/price:** Single copy free

**Source:** National Institute of Dental Research, National Caries Program

Explains various steps and activities needed to start a self-applied fluoride program in school settings to prevent dental decay.

***Smile Makers: Self-Applied Fluoride Programs for Schools***

Film, 25-1/2 minutes

Title Number: 12787

**Audience:** Adults and professionals involved in in-service training for self-applied fluoride programs

**Availability/price:** Free—loan for 3 days  
**Source:** Modern Talking Picture Service

Outlines the organization of a fluoride treatment program for schools. Describes methods of determining the need for such a program, proposing the program to local school boards, enlisting the aid of other individuals and community organizations, and raising the necessary funds.

***Topical Fluorides for Caries Prevention***

Film, 10 minutes, color

Title Number: 15630

**Audience:** Dentists, dental hygienists, dental assistants and students, and graduate health professionals

**Availability/price:** Free—loan for 3 days; also for sale in 16 mm. format (\$90.00) or 3/4" videocassette format (\$45.00).

**Source:** Modern Talking Picture Service (free-loan) and National Audiovisual Center (for purchase).

Documents research conducted by the National Caries Program to find alternative methods of bringing the benefits of fluoride to people who live in areas without central water supplies. Describes laboratory experiments with animals in the development of major available agents and shows several methods of administering fluoride to school children: fluoride in the diet in the form of tablets, fluoride in school water supplies, and the use of a fluoride mouthrinse in the classroom.

**For Additional Information see  
*Selected Federal Health Information  
Centers (Appendix page 63)***

## ADOLESCENT HEALTH

### PUBLIC EDUCATION

***Adolescents with Sickle Cell Anemia and Sickle Cell Trait***

Pamphlet, 5 pp., 1978  
Publication Number: (NIH) 78-1479  
Audience: Adolescent  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Describes sickle cell trait and anemia, and advises adolescents how to deal with the trait and the disease.

***An Adolescent in Your Home***

see PARENTING/CHILD DEVELOPMENT

***Choices - You and Sex***

see FAMILY PLANNING

***Food for the Teenager During and After Pregnancy***

see ADOLESCENT PREGNANCY

***Plain Talk About Adolescence***

see PARENTING/CHILD DEVELOPMENT

### PROFESSIONAL EDUCATION

***Adolescence and Stress***

Book, 150 pp., 1981  
Publication Number: (ADM) 81-1098  
Audience: Professional  
Availability/price: Single copy free  
Source: National Clearinghouse for Mental Health Information

Part of the Science-Report-Series.

***Adolescent Health Care: A Guide for BCHS - Supported Programs and Projects***

Book, 105 pp., 1979  
Publication Number: (HSA) 79-5234  
Audience: Health professionals in BCHS supported programs and projects  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Summarizes characteristics of health assessment, legal considerations, organization of services, and special concerns of adolescents. Includes growth charts, screening and immunization schedules, and resources.

***Child and Adolescent Development***

see PARENTING/CHILD DEVELOPMENT

***Compendium of Resource Materials on Adolescent Health***

Book, 183 pp., 1981  
Publication Number: (HSA) 81-5246  
Audience: Professional  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Presents the materials used at regional workshops on adolescent health sponsored by the Office of Maternal and Child Health from 1977-1980. Covers areas such as physical care, psychosocial growth and development, health concerns, nutrition, and sexuality.

***Counseling Adolescents in Reproductive Health Care Settings***

see ADOLESCENT PREGNANCY

***Iron Nutriture in Adolescence***

see NUTRITION

***Reaching Troubled Youth: Runaways and Community Mental Health***

Book, 209 pp., 1981  
Publication Number: (ADM) 81-955  
Audience: Professional  
Availability/price: Single copy free  
Source: National Clearinghouse for Mental Health Information

Informs mental health professionals about the ways runaway centers provide comprehensive, nonstigmatizing, community-based care. Provides an overview of runaways and runaway centers, and outlines specific short- and long-term services provided.

***Selected Readings on Adolescent Maltreatment***

see CHILD ABUSE

## TOBACCO, ALCOHOL, AND DRUG USE

### PUBLIC EDUCATION

***Drug Abuse Prevention for Your Family***

Pamphlet, 20 pp., 1981  
Audience: Adult  
Availability/price: Single copy free  
Source: National Clearinghouse for Drug Abuse Information

Describes how all family members can be involved in preventing drug misuse or abuse.

**For Kids Only**

Pamphlet, 20 pp., 1981  
 Audience: Children and teens  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Drug Abuse Information

Provides information on preventing drug abuse for children and teens.

**For Parents Only**

Book and Flyer, 20 pp., 1981  
 Audience: Parents  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Drug Abuse Information

Provides information on preventing drug abuse for parents.

**National Institute on Drug Abuse: Publication for Parents**

Pamphlet, 4 pp., 1981  
 Audience: Parents  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Drug Abuse Information

Lists publications on drug abuse and prevention designed for parents.

**Parents, Peers and Pot**

Pamphlet, 98 pp., 1982  
 Publication Number: 247L  
 Audience: Adults and teens  
 Availability/price: \$5.00  
 Source: Consumer Information Center

Provides information on health and legal risks of adolescent marijuana use and specific steps that families, schools, and communities can take to prevent or stop teenagers from using drugs.

**Teen Posters**

(Spanish version available)  
 Posters, 17" x 22", 1980  
 Audience: Teens  
 Availability/price: Single copy free  
 Source: Office on Smoking and Health

Encourages teens not to smoke.

PROFESSIONAL EDUCATION

**The Health Consequences of Smoking for Women: A Report of the Surgeon General**

see HEALTH CONCERNS OF WOMEN

**National Institute on Drug Abuse: Publications for Teachers**

Audience: Teachers  
 Availability/price: Single copy free  
 Source: National Clearinghouse for Drug Abuse Information

Lists publications on drug abuse and prevention, designed for use by teachers.

**Smoking and Health: An Annotated Bibliography School Edition**

Pamphlet, 36 pp., 1979  
 Publication Number: (NIH) 79-1908  
 Audience: School nurses, teachers, educators, and other school personnel  
 Availability/price: Single copy free  
 Source: National Cancer Institute

Identifies materials that will help students think about, understand, and make informed decisions about smoking. Includes a list of teaching resources, Spanish language materials, and non-smokers rights.

**Smoking in Children and Adolescents**

Pamphlet, 2 pp., 1978  
 Audience: Professional  
 Availability/price: Single copy free  
 Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from September 1978 issue of *Pediatric Annals*. Describes the prevalence of young smokers, particular problems of smoking during adolescence, and determinants of smoking. Outlines the research of the National Institute of Child Health and Human Development.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

**Checkmarks for Good Health**  
see NUTRITION

**Learning to Talk: Speech, Hearing and Language Problems in the Preschool Child**  
see CHILDREN WITH SPECIAL NEEDS

**Nutrition Checkups for Children**  
see NUTRITION

**Scoliosis**  
Pamphlet, 14 pp., 1979  
Publication Number: (NIH) 79-1619  
Audience: Adult  
Availability/price: Single copy free  
Source: National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases

Discusses prevention of curvature of the spine in children and includes a parent's Scoliosis Screening Guide.

PROFESSIONAL EDUCATION

**Basic Data on Anthropometric Measurements and Angular Measurements of the Hip and Knee Joints for Selected Age Groups 1-74 Years of Age, U.S., 1971-1975**  
Pamphlet, 68 pp., 1981  
Publication Number: (PHS) 81-1669  
Audience: Professional  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Presents findings of the first National Health and Nutrition examination survey on body measurements and angular measurements including smoothed percentiles for skinfold measurements for boys and girls ages 2 to 18 years.

**Developmental Approach To Casefinding Among Infants and Young Children**  
Pamphlet, 108 pp., 1979  
Publication Number: (HSA) 79-5210,  
GPO Stock No. 017-029-00027-4  
Audience: Professional  
Availability/price: Single copy free, also for sale by GPO (\$7.50)  
Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Intended to help nurses and other primary health care providers recognize the signs of dis-

ease or anomalies in infants and children to whom they deliver services.

**Guidelines for Early Intervention Programs**

Pamphlet, 107 pp., 1980  
Audience: Professional  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Contains proceedings of a conference on Health Issues in Early Intervention Programs in May, 1980. Presents state of the art papers on infant and childhood intervention, and outlines recommended guidelines, including physical and psychosocial development.

**Healthy Infants**  
see PARENTING/CHILD DEVELOPMENT

**Identification and Management of Selected Developmental Disabilities: A Guide for Nurses**

Pamphlet, 35 pp., 1975  
Publication Number: (HSA) 78-5280  
Audience: Professionals/nurses  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Provides information on prevention, identification, assessment, and nursing management of handicapping conditions in infancy and early childhood.

**Measurement, Recording and Assessment of Skinfold Thickness in Childhood and Adolescence: Report of a Small Meeting**

Pamphlet, 9 pp., 1982  
Audience: Professional  
Availability/price: Single copy free  
Source: National Maternal and Child Health Clearinghouse

Reprinted from the March 1982 issue of *The American Journal of Clinical Nutrition*. Describes techniques for measuring skinfold thickness in the clinical setting. Suggests that skinfold thickness should probably not be used as a routine screening measurement in well-child care.

**Nutritional Screening of Children: A Manual for Screening and Follow-up**  
see NUTRITION

**The Physically Underdeveloped Child**  
see CHILDREN WITH SPECIAL NEEDS

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## ASSESSMENT AND SCREENING OF CHILDREN

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***Protocols for Screening and Assessment of  
Preschool Children: Speech, Language,  
and Hearing***

Pamphlet, 33 pp., 1982

Audience: Professional

Availability/price: Single copy free

Source: National Maternal and Child  
Health Clearinghouse

Includes protocols for speech, language, and hearing screening and assessment of preschool children.

***Weighing and Measuring Children: A  
Training Manual for Supervisory  
Personnel***

Pamphlet, 12 pp., 1980

Audience: Professional

Availability/price: Single copy free

Source: Centers for Disease Control,  
Center for Health Promotion and  
Education

Describes accepted methods and procedures for weighing and measuring infants and children and presents a formalized program to train health care providers in these procedures. The intent is to promote uniform methods and procedures for nutritional status monitoring to ensure accuracy and precision.

For Additional Information see  
*Selected Federal Health Information  
Centers (Appendix page 63)*

PUBLIC EDUCATION

*Preventing Lead Poisoning in Children*  
see CHILDHOOD ILLNESS/  
IMMUNIZATION

*Watch Out for Lead Paint Poisoning*  
see CHILDHOOD ILLNESS/  
IMMUNIZATION

*What Price Shall We Pay for Lead Paint  
Poisoning*  
see CHILDHOOD ILLNESS/  
IMMUNIZATION

*Lead Poisoning in Children*  
see CHILDHOOD ILLNESS/  
IMMUNIZATION

*The Prevention and Treatment of Five  
Complications of Diabetes: A Guide for  
Primary Care Practitioners*  
see HIGH RISK PREGNANCY/  
GENETICS

*Selected Natality Characteristics for  
Single Live Births: United States 1974*  
Book, 162 pp., 1979  
Publication Number: (HSA) 79-5744  
Audience: Professional  
Availability/price: Single copy free  
Source: National Maternal and Child  
Health Clearinghouse

PROFESSIONAL EDUCATION

*Characteristics of Births, United States,  
1973-1975*  
Pamphlet, 49 pp., 1975  
Publication Number: Series 21:30  
Audience: Professional  
Availability/price: Single copy free  
Source: National Center for Health  
Statistics

Describes and analyzes statistics on births in the U.S. during the period of 1973-75.

*Healthy Infants*  
see ASSESSMENT AND SCREENING  
OF CHILDREN

*Infant, Maternal, and Childhood  
Mortality in the U.S., 1968-1973*  
Pamphlet, 34 pp., 1974  
Publication Number: (HSA) 75-5013  
Audience: Professional  
Availability/price: Single copy free  
Source: National Maternal and Child  
Health Clearinghouse

Presents analyses from the National center for Health Statistics on infant, maternal, and childhood mortality in the U.S. and on infant and maternal mortality at the State level.

*Joint Statement: Lead Poisoning in  
Children*  
see CHILDHOOD ILLNESS/  
IMMUNIZATION

Provides birth weight distribution as an outcome indicator and relates it to other natality variables.

*The Treatment and Control of Diabetes:  
A National Plan to Reduce Mortality  
and Morbidity*  
Book, 108 pp., 1980  
Publication Number: (NIH) 81-2284  
Audience: Professionals  
Availability/price: Single copy free  
Source: National Diabetes Information  
Clearinghouse

Reports on the 5 complications of diabetes that are amenable to existing methods of treatment and summarizes recommendations for initial implementation of a nationwide plan to reduce excess mortality and morbidity associated with those complications. Also summarizes the Diabetes Health Services Conference held in June 1980, and presents reports of the 10 work-groups involved in the conference.

*Undue Absorption of Lead Among  
Children: A New Look at an Old  
Problem*  
see CHILDHOOD ILLNESS/  
IMMUNIZATION

For Additional Information see  
*Selected Federal Health Information  
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**ORDERING INFORMATION**

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**Administration for Children, Youth, and Families**

Office of Program Development  
P.O. Box 1182  
Washington, DC 20013  
202/755-7724

**Arthritis Information Clearinghouse**

P.O. Box 9782  
Arlington, VA 22209  
703/558-8250

**Centers for Disease Control**

Center for Health Promotion and Education  
Building 14

Atlanta, GA 30333  
404/329-3145

**Centers for Disease Control**

Immunization Division  
Building 14

Atlanta, GA 30333  
404/329-1886

**Centers for Disease Control**

Public Inquiries  
Building 1, Room B63

1600 Clifton Road  
Atlanta, GA 30333  
404/329-3534

**Clearinghouse on the Handicapped**

Switzer Building  
330 C Street, S.W.  
Washington, DC 20202  
202/245-0080

**Congress of the United States**

Office of Technology Assessment  
Washington, DC 20510

202/224-8996

**Consumer Information Center**

Pueblo, CO 81009  
202/566-1794

**Consumer Product Safety Commission**

1111 18th St., N.W.  
Washington, DC 20207  
800/638-8326

**Food and Drug Administration**

Office of Consumer Affairs  
5600 Fishers Lane (HFE-88)  
Rockville, MD 20857  
301/443-3170

**Food and Nutrition Information Center**

National Agricultural Library Building  
Room 304

Beltsville, MD 20705  
301/344-3719

**Government Printing Office**

Superintendent of Documents  
Washington, DC 20402  
202/783-3238

**Indian Health Service**

Nutrition and Dietetics Branch  
5600 Fishers Lane  
Rockville, MD 20857  
301/443-1114

**Modern Talking Picture Service**

5000 Park Street North  
St. Petersburg, FL 33709  
813/545-7571

**National Audiovisual Center**

National Archives and Records Service  
General Services Administration  
Information Section Room  
Washington, DC 20409  
301/763-1896

**National Cancer Institute**

Office of Cancer Communications  
Building 31, Room 10A-29  
9000 Rockville Pike  
Bethesda, MD 20205  
301/496-5583

**National Center on Child Abuse and Neglect**

P.O. Box 1182  
Washington, DC 20013  
703/558-8222

**National Center for Education in Maternal and Child Health**

3520 Prospect Street, N.W.  
Ground Floor  
Washington, DC 20057  
202/625-8400

**National Center for Health Statistics**

Scientific and Technical Information Branch  
Division of Data Services  
Center Building, Room 1-57  
3700 East-West Highway  
Hyattsville, MD 20857  
301/436-8500

**National Center for the Prevention and Control of Rape**

5600 Fishers Lane, Room 15-99  
Rockville, MD 20857  
301/443-1910

**National Clearinghouse for Alcohol Information**

P.O. Box 2345  
Rockville, MD 20852  
301/468-2600

**National Clearinghouse for Drug Abuse Information**

P.O. Box 416  
Kensington, MD 20795  
301/443-6500

**National Clearinghouse for Family Planning Information**

P.O. Box 2225  
Rockville, MD 20852  
301/881-9400

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**ORDERING INFORMATION**

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**National Clearinghouse for Mental Health Information**

Public Inquiries Section  
5600 Fishers Lane, Room 15 C-17  
Rockville, MD 20857  
301/443-4513

**National Diabetes Information Clearinghouse**

Box NDIC  
Bethesda, MD 20205  
301/468-2162

**National Health Information Clearinghouse**

P.O. Box 1133  
Washington, DC 20013-1133  
800/336-4797

**National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases**

Building 31, Room A-04  
9000 Rockville Pike  
Bethesda, MD 20205

**National Institute of Child Health and Human Development**

Center for Population Research  
Building 31, Room 2A-34  
Bethesda, MD 20205  
301/496-5133

**National Institute of Child Health and Human Development**

Office of Research Reporting  
Building 31, Room 2A-32  
9000 Rockville Pike  
Bethesda, MD 20205  
301/496-5133

**National Institute of Dental Research**

National Caries Program  
Building 31, Room 2C-34  
9000 Rockville Pike  
Bethesda, MD 20205  
301/496-4261

**National Institutes of Health**

Building 31, Room 2B03  
9000 Rockville Pike  
Bethesda, MD 20205  
301/496-4143

**National Institute of Mental Health**

Public Inquiries  
Parklawn Building, Room 11A-21  
5600 Fishers Lane  
Rockville, MD 20857  
301/443-4513

**National Institute of Neurologic and Communicative Disorders and Stroke**

Building 31, Room 8A-06  
9000 Rockville Pike  
Bethesda, MD 20205  
301/496-5751

**National Maternal and Child Health Clearinghouse**

3520 Prospect Street, N.W.  
Ground Floor  
Washington, DC 20057  
202/625-8410

**National Sudden Infant Death Syndrome Clearinghouse**

3520 Prospect Street, N.W.  
Washington D.C. 20057  
202/625-8410

**National Technical Information Service**

U.S. Department of Commerce  
5285 Port Royal Road  
Springfield, VA 22161  
703/487-4600

**Office of Human Development Services**

HDS/OPA Printing and Distribution  
Management Branch  
Hubert H. Humphrey Building, Room 350G  
220 Independence Avenue, S.W.  
Washington, DC 20201

**Office on Smoking and Health**

Technical Information Center  
5600 Fishers Lane, Parklawn Building  
Room 116  
Rockville, MD 20858  
301/443-1690

**President's Council on Physical Fitness and Sports**

450 Fifth Street, N.W.  
Room 7103  
Washington, DC 20001  
202/272-3430

**Project Share**

P.O. Box 2309  
Rockville, MD 20852  
301/251-5170

**U.S. Department of Agriculture**

Office of Public Information  
Food and Nutrition Service  
3101 Park Center Drive  
Alexandria, VA 22302  
703/756-3554

**U.S. Department of Transportation**

National Highway Traffic Safety  
Administration, NTS-11  
400 7th Street, S.W.  
Washington, DC 20590  
202/426-9294

**U.S. Department of Transportation**

National Highway Traffic Safety  
Administration, NRD-31  
National Center for Statistics and Analysis  
400 7th Street, S.W.  
Washington, DC 20590  
202/426-1503

## SELECTED FEDERAL HEALTH INFORMATION CENTERS

The resources listed below by topic may provide information services, such as publications, referrals, and computer searches, to consumers and health professionals. Contact the organization directly to locate the information you need.\*

<b>Accidents (<i>see Injuries</i>)</b>	<b>Environmental Protection</b>	<b>Medical Devices</b>
<b>Adolescent Pregnancy</b>	<b>Family Planning</b>	<b>Medications</b>
<b>Aging</b>	<b>Federal Information</b>	<b>Mental Health</b>
<b>Alcohol</b>	<b>Food and Drug</b>	<b>Nutrition (<i>see Food Nutrition</i>)</b>
<b>Allergic Disorders/Asthma</b>	<b>Food Nutrition</b>	<b>Occupational Safety and Health</b>
<b>Arthritis</b>	<b>Genetic Disorders</b>	<b>Physical Fitness</b>
<b>Audiovisuals</b>	<b>Handicapped</b>	<b>Poison Control</b>
<b>Birth Statistics</b>	<b>Health Information</b>	<b>Primary Care</b>
<b>Cancer</b>	<b>High Blood Pressure</b>	<b>Product Safety</b>
<b>Cardiovascular Disorders</b>	<b>Highway Safety</b>	<b>Rape Information</b>
<b>Child Abuse</b>	<b>Housing</b>	<b>Rehabilitation</b>
<b>Child Health</b>	<b>Human Services</b>	<b>Smoking</b>
<b>Communicable Diseases</b>	<b>Immunization</b>	<b>Stress (<i>see Mental Health</i>)</b>
<b>Consumer Information</b>	<b>Infertility</b>	<b>Sudden Infant Death Syndrome</b>
<b>Dental Care</b>	<b>Injuries</b>	<b>Surgical Opinion</b>
<b>Diabetes</b>	<b>Lead Screening</b>	<b>Veneral Disease (<i>see Family Planning</i>)</b>
<b>Digestive Diseases</b>	<b>Library of Medicine</b>	
<b>Drug Abuse</b>	<b>Marriage, Family and Divorce</b>	
<b>Education</b>	<b>Maternal and Child Health</b>	

\*This list was adapted from a National Health Information Clearinghouse publication, "The Healthfinder."

### ADOLESCENT PREGNANCY

Office of Adolescent Pregnancy Programs  
Public Health Service  
U.S. Department of Health and Human Services

200 Independence Avenue, S.W.  
Washington, D.C. 20201  
(202) 472-9093

Funds grants to public and private nonprofit organizations and agencies which delivery comprehensive services to pregnant adolescents or serve as a linkage agent for these services. Answers public inquiries and publishes "Office of Adolescent Pregnancy Programs Information Bulletin."

### AGING

National Institute on Aging  
Information Office  
Building 31, Room 5C-35  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-1752

### ALCOHOL

National Clearinghouse for Alcohol Information  
P.O. Box 2345  
Rockville, Maryland 20852  
(301) 468-2600

Gathers and disseminates current information on alcohol-related subjects. Responds to requests from the public, as well as from health professionals. Distributes a variety of publications on alcohol abuse.

### ALLERGIC DISORDERS/ASTHMA

National Institute of Allergy and Infectious Diseases  
Building 31, Room 7A-32  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-5717

### ARTHRITIS

Arthritis Information Clearinghouse  
P.O. Box 9782  
Arlington, Virginia 22209  
(703) 558-8250

Identifies materials concerned with arthritis and related musculoskeletal diseases and serves as an information exchange for individuals and organizations involved in public, professional, and patient education. Refers personal requests from patients to the Arthritis Foundation.

National Institute of Arthritis, Diabetes and Digestive and Kidney Diseases  
Building 31, Room 9A-04  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-3583

## SELECTED FEDERAL HEALTH INFORMATION CENTERS

### AUDIOVISUALS

National Audiovisual Center  
National Archives and Records Service  
General Services Administration  
Information Services Section  
Washington, D.C. 20409  
(301) 763-1896

### BIRTH STATISTICS

Bureau of the Census  
U.S. Department of Commerce  
Population Division  
Suitland, Maryland 20233  
(301) 763-5002

### CANCER

Cancer Information Clearinghouse  
National Cancer Institute  
Office of Cancer Communications  
9000 Rockville Pike  
Building 31, Room 10A18  
Bethesda, Maryland 20205  
(301) 496-4070

Collects information on public and patient cancer education materials and disseminates it to organizations and health care professionals.

Office of Cancer Communications  
National Cancer Institute  
Cancer Information Service  
9000 Rockville Pike  
Building 31, Room 10A21  
Bethesda, Maryland 20205  
(301) 496-6641; (800) 4-CANCER

Answers requests for cancer information from patients and the general public. The National Cancer Institute sponsors a toll-free telephone number to supply cancer information to the general public.

### CARDIOVASCULAR DISORDERS

National Heart, Lung and Blood Institute  
Building 31, Room 4A-21  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-4236

### CHILD ABUSE

Clearinghouse on Child Abuse and Neglect  
Information  
P.O. Box 1182  
Washington, D.C. 20013  
(703) 558-8222

Collects, processes, and disseminates information on child abuse and neglect. Responds to requests from the general public and professionals.

### CHILD HEALTH

Administration for Children, Youth,  
and Families  
Research, Development, and Evaluation  
Division  
Office of Human Development Services  
P.O. Box 1182  
Washington, D.C. 20013  
(202) 755-7750

National Institute of Child Health and Human  
Development  
Building 31, Room 2A-34  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-5153

### COMMUNICABLE DISEASES

Centers for Disease Control  
1600 Clifton Road, N.E.  
Atlanta, Georgia 30333  
(404) 329-3534

### CONSUMER INFORMATION

Consumer Information Center  
Pueblo, Colorado 81009  
(202) 566-1794

Distributes consumer publications on topics such as children, food and nutrition, health, exercise, and weight control. The *Consumer Information Catalog* is available free from the Center and must be used to identify publications being requested.

Office of Consumer Affairs  
Office of Consumer Information  
1009 Premier Building  
Washington, D.C. 20201  
(202) 634-4140

### DENTAL CARE

National Institute of Dental Research  
Building 31, Room 2C-34  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-4261

## SELECTED FEDERAL HEALTH INFORMATION CENTERS

### DIABETES

National Diabetes Information Clearinghouse  
Box: NDIC  
Bethesda, Maryland 20205  
(202) 842-7630

Collects and disseminates information on patient education materials and coordinates the development of materials and programs for diabetes education.

National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases  
Building 31, Room 9A-04  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-3583

### DIGESTIVE DISEASES

National Digestive Diseases Education and Information Clearinghouse  
1555 Wilson Boulevard, Suite 600  
Rosslyn, Virginia 22209  
(301) 496-9707

Provides information on digestive diseases to health professionals and consumers.

National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases  
Building 31, Room 9A-04  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-3583

### DRUG ABUSE

National Clearinghouse for Drug Abuse Information  
P.O. Box 416  
Kensington, Maryland 20795  
(301) 443-6500

Collects and disseminates information on drug abuse. Produces informational materials on drugs, drug abuse, and prevention. Provides information to both consumers and health professionals.

Pyramid East  
7101 Wisconsin Avenue, Suite 1006  
Bethesda, Maryland 20814  
(301) 654-1194

Provides information, technical assistance, and other services to persons and programs actively involved in drug abuse prevention across the country.

Pyramid West  
3746 Mt. Diablo Boulevard, Suite 200  
Lafayette, California 94549  
(415) 284-5300 or (415) 939-6666

### EDUCATION

Educational Resources Information Center (ERIC)  
National Institute of Education, ED  
Washington, D.C. 20208  
(202) 254-7934

ERIC is made up of 16 clearinghouses located across the country, each specializing in a particular subject of education.

National Center for Education Statistics  
Division of Statistical Services  
400 Maryland Avenue, S.W.  
Washington, D.C. 20202  
(301) 436-7900

National Clearinghouse for Bilingual Education  
1555 Wilson Boulevard, Suite 605  
Rosslyn, Virginia 22209  
(703) 522-0710 or (800) 336-4560

National Institute of Education  
U.S. Department of Education  
1200 19th Street, N.W.  
Washington, D.C. 20208  
(202) 254-7150

### ENVIRONMENTAL PROTECTION

Environmental Protection Agency  
Public Information Center, PM 211-B  
401 M Street, S.W.  
Washington, D.C. 20460  
(202) 382-7550

Public information materials on such topics as hazardous wastes, the school asbestos project, air and water pollution, pesticides, and drinking water are available. Offers information on the agency and its programs and activities.

### FAMILY PLANNING

National Clearinghouse for Family Planning Information  
P.O. Box 2225  
Rockville, Maryland 20852  
(301) 251-5153

Collects family planning materials, makes referrals to other information centers, and distributes and produces materials. Primary audience is federally funded family planning clinics.

### FEDERAL INFORMATION

Federal Information Center  
Government Services Administration  
18th & F Streets, N.W.  
Washington, D.C. 20405  
(202) 566-1937

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## SELECTED FEDERAL HEALTH INFORMATION CENTERS

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Focal point for information about the government. Simple questions may be answered by the Center; more complicated questions are referred to the relevant agency or program. There are 21 centers throughout the U.S.

### FOOD AND DRUG

Food and Drug Administration (FDA)  
Office of Consumer Affairs, Public Inquiries  
5600 Fishers Lane (HFE-88)  
Rockville, Maryland 20857  
(301) 443-3170

Answers consumer inquiries for the FDA and serves as a clearinghouse for its consumer publications on a variety of topics including vitamins, food additives, and minerals.

### FOOD NUTRITION

Food and Nutrition Information Center  
National Agricultural Library Building  
Room 304  
Beltsville, Maryland 20705  
(301) 344-3719

Serves the information needs of professionals interested in nutrition, education, food service management, and food technology. Acquires and lends books, journal articles, and audiovisual materials dealing with these areas of concern.

### GENETIC DISORDERS

Birth Defects Branch  
Centers for Disease Control (CDC)  
1600 Clifton Road, N.E.  
Atlanta, Georgia 30333  
(404) 452-4084

National Center for Education in Maternal and Child Health  
National Maternal and Child Health Clearinghouse  
3520 Prospect Street, N.W.  
Washington, D.C. 20057  
(202) 625-8400/8410

### HANDICAPPED

Administration on Developmental Disabilities, HHS  
Office of Human Development Services  
Room 340E, HHH Building  
200 Independence Avenue, S.W.  
Washington, D.C. 20201  
(202) 245-2906

Clearinghouse on the Handicapped  
400 Maryland Avenue, S.W.  
Switzer Building, Room 3119  
Washington, D.C. 20202  
(202) 245-0080

Responds to inquiries by referral to organizations that supply information to, and about, handicapped individuals.

Crippled Children's Services  
Division of Maternal and Child Health  
Bureau of Health Care Delivery Assistance  
5600 Fishers Lane, Room 7-22  
Rockville, Maryland 20857  
(301) 443-2350

National Eye Institute (Blindness)  
Building 31, Room 6A-32  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-5249

National Information Center for Handicapped Children and Youth  
P.O. Box 1492  
Washington, D.C. 20013  
(703) 522-0870

Helps parents of handicapped children, disabled adults, and professionals locate services for the handicapped and information on disabling conditions.

National Institute of Child Health and Human Development  
Office of Research Reporting  
Building 31, Room 2A-32  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-5133

National Institute of Neurological and Communicative Disorders and Stroke  
Building 31, Room 8A-05  
9000 Rockville Pike  
Bethesda, Maryland 20205  
(301) 496-5751

National Library Service for the Blind and Physically Handicapped  
Library of Congress  
1291 Taylor Street, N.W.  
Washington, D.C. 20542  
(202) 287-5100 (in D.C.); (800) 424-8567

Works through local and regional libraries to provide free library service to persons unable to read or use standard printed materials because of visual or physical impairment. Provides information on blindness and physical handicaps on request. A list of participating libraries is available.

Continued on next page

## SELECTED FEDERAL HEALTH INFORMATION CENTERS

Continued from page 66

**National Rehabilitation Information Center**  
4407 Eighth Street, N.E.  
Washington, D.C. 20017  
(202) 635-5826 or 635-5822

**President's Committee on Employment of the Handicapped**  
1111 20th Street, N.W., 6th Floor  
Washington, D.C. 20036  
(202) 653-5044

Serves an advocacy and public awareness role in fostering job opportunities for handicapped people.

**President's Committee on Mental Retardation**  
Washington, D.C. 20201  
(202) 245-7634

Serves as an advocate for the mentally retarded.

### HEALTH INFORMATION

**Center for Health Promotion and Education**  
Centers for Disease Control  
1600 Clifton Road, N.E.  
Building 31, Room SSB 33A  
Atlanta, Georgia 30333  
(404) 329-3492 or (404) 329-3698

Provides leadership and program direction for the prevention of disease, disability, premature death, and undesirable and unnecessary health problems through health education. Formerly called the Bureau of Health Education.

**Clearinghouse on Health Indexes**  
National Center for Health Statistics  
Division of Epidemiology and Health Promotion  
3700 East-West Highway, Room 2-27  
Hyattsville, Maryland 20782  
(301) 436-7035

Provides informational assistance in the development of health measures for health researchers, administrators, and planners.

**National Health Information Clearinghouse**  
P.O. Box 1133  
Washington, D.C. 20013-1133  
(703) 522-2590 (in VA); (800) 336-4797

Helps the public locate health information through identification of health information resources and an inquiry and referral system. Health questions are referred to appropriate health resources that, in turn, respond directly to inquirers.

**National Health Planning Information Clearinghouse**  
Department of Health and Human Services  
5600 Fisher Lane, Room 9A-31  
Parklawn Building  
Rockville, Maryland 20857  
(301) 443-1410

**Office of Disease Prevention and Health Promotion**  
300 Seventh Street, N.W.  
Room 613  
Washington, D.C. 20201  
(202) 472-5660

### HIGH BLOOD PRESSURE

**High Blood Pressure Information Center**  
120/80 National Institutes of Health  
Bethesda, Maryland 20205  
(703) 558-4880

Provides information on the detection, diagnosis, and management of high blood pressure to consumers and health professionals.

### HIGHWAY SAFETY

**National Highway Traffic Safety Administration, NTS-11**  
U.S. Department of Transportation  
400 7th Street, S.W.  
Washington, D.C. 20590  
(202) 426-9294  
Auto Hotline: (800) 424-9393; (202) 426-0123

Works to reduce highway traffic deaths and injuries. Publishes a variety of safety information brochures, conducts health promotion and risk reduction public education programs which promote the use of safety belts and child safety seats, and informs the public of the hazards of drunk driving. Maintains a toll-free hotline for consumer complaints on auto safety and child safety seats and requests for information on recalls.

### HOUSING

**HUD USER**  
P.O. Box 280  
Germantown, Maryland 20874  
(301) 251-5154

Disseminates the results of research sponsored by the Department of Housing and Urban Development. Health-related topics included in the database are housing safety, housing for the elderly and handicapped, and hazards of lead-based paint. There is a fee for publications.

## SELECTED FEDERAL HEALTH INFORMATION CENTERS

### HUMAN SERVICES

Project Share  
P.O. Box 2309  
Rockville, Maryland 20852  
(301) 251-5170

Provides reference and referral services designed to improve the management of human services by emphasizing the integration of those services at the delivery level. There is a fee for publications.

Public Health Service Information  
(301) 443-2404 (phone inquiries only)

### IMMUNIZATION

Centers for Disease Control  
Immunization Division  
1600 Clifton Road, N.E.  
Atlanta, Georgia 30333  
(404) 329-1886

### INFERTILITY

National Institute on Child Health and Human  
Development  
9000 Rockville Pike  
Building 10, Room 10B-09  
Bethesda, Maryland 20205  
(301) 496-4686

### INJURIES

National Injury Information Clearinghouse  
5401 Westbard Avenue, Room 625  
Washington, D.C. 20207  
(301) 492-6424

Collects and disseminates injury data and information relating to the causes and prevention of death, injury, and illness associated with consumer products. Requests of a general nature are referred to the Consumer Product Safety Commission Communications Office.

### LEAD SCREENING

Centers for Disease Control  
Lead Screening Division  
1600 Clifton Road, N.E.  
Atlanta, Georgia 30333  
(404) 262-6641

### LIBRARY OF MEDICINE

National Library of Medicine  
8600 Rockville Pike  
Bethesda, Maryland 20209  
(301) 496-6308

The largest research library in the scientific and professional field of medicine that will perform reference services upon request by mail (fee charged for some services).

### MARRIAGE, FAMILY AND DIVORCE

Bureau of the Census  
Population Division  
Washington, D.C. 20233  
(301) 763-5002

### MATERNAL AND CHILD HEALTH

National Center for Education in Maternal and  
Child Health  
National Maternal and Child Health  
Clearinghouse  
3520 Prospect Street, N.W. Ground Floor  
Washington, D.C. 20057  
(202) 625-8400/8410

Provides information on maternal and child health to both consumers and health professionals.

### MEDICAL DEVICES

National Center for Devices and Radiological  
Health  
Division of Consumer Affairs  
5600 Fishers Lane, HFZ-210  
Rockville, Maryland 20857  
(301) 443-4190

### MEDICATIONS

Food and Drug Administration (FDA)  
Office of Consumer Affairs, Public Inquiries  
5600 Fishers Lane (HFE-88)  
Rockville, Maryland 20857  
(301) 443-3170

Answers consumer inquiries for the FDA and serves as a clearinghouse for its consumer publications. Refers questions on medications to the appropriate office.

### MENTAL HEALTH

National Clearinghouse for Mental Health  
Information  
Public Inquiries Section  
5600 Fishers Lane, Room 15C-17  
Rockville, Maryland 20857  
(301) 443-4513  
Distributes National Institute of Mental Health publications. Provides referrals to mental health facilities.

## SELECTED FEDERAL HEALTH INFORMATION CENTERS

### OCCUPATIONAL SAFETY AND HEALTH

National Institute for Occupational Safety and Health  
Technical Information Branch  
4676 Columbia Parkway  
Cincinnati, Ohio 45226  
(513) 684-8326

Provides technical information support for the National Institute for Occupational Safety and Health research programs and supplies information to others on request.

### PHYSICAL FITNESS

President's Council on Physical Fitness and Sports  
450 5th Street, N.W., Room 7103  
Washington, D.C. 20001  
(202) 272-3430

Conducts a public service advertising program and cooperates with governmental and private groups to promote the development of physical fitness leadership, facilities, and programs. Produces informational materials on exercise, school physical education programs, sports, and physical fitness for youth, adults, and the elderly.

### POISON CONTROL

Division of Poison Control  
Food and Drug Administration  
5600 Fishers Lane, Room 18B-31  
Rockville, Maryland 20857  
(301) 443-6260

Works with the national network of 600 poison control centers to reduce the incidence and severity of acute poisoning. Directs toxic emergency calls to a local poison control center.

### PRIMARY CARE

National Clearinghouse for Primary Care Information (NCPCI)  
1555 Wilson Boulevard, Suite 600  
Arlington, Virginia 22209  
(703) 528-8480

Provides information services to support the planning, development, and delivery of ambulatory health care to urban and rural areas where there are shortages of medical personnel and services. Although the NCPCI will respond to public inquiries, its primary audience is health care providers who work in community health centers.

### PRODUCT SAFETY

Consumer Product Safety Commission  
Washington, D.C. 20207  
(800) 638-CPSC

Evaluates the safety of products sold to the public. Provides printed materials on different aspects of consumer product safety on request. Does not answer questions from consumers on drugs, prescriptions, warranties, advertising, repairs, or maintenance.

### RAPE INFORMATION

National Center for the Prevention and Control of Rape  
5600 Fishers Lane, Room 6C-12  
Rockville, Maryland 20857  
(301) 443-1910

Maintains a listing of rape prevention and treatment resources to help people locate services available in their community. Facilitates networking among those treating victims of sexual assault. Has very little information for inquiries from the general public; prefers to make referrals to local resources.

### REHABILITATION

National Clearinghouse of Rehabilitation Training Materials  
Oklahoma State University  
115 Old USDA Building  
Stillwater, Oklahoma 74074  
(405) 624-7650

Disseminates information on rehabilitation with primary concentration on training materials for use by educators of rehabilitation counselors.

National Rehabilitation Information Center  
4407 Eighth Street, N.E.  
Washington, D.C. 20017-2299  
(202) 635-5822

Supplies publications and audiovisual materials on rehabilitation and assists in locating information on dates, places, names, addresses, or statistics. The collection includes materials on rehabilitation relevant to all disability groups.

Rehabilitation Services Administration  
Office of Special Education and Rehabilitative Services  
Switzer Building  
330 C Street, S.W.  
Washington, D.C. 20202  
(202) 472-5801

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## SELECTED FEDERAL HEALTH INFORMATION CENTERS

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### **SMOKING**

Office on Smoking and Health  
Technical Information Center  
5600 Fishers Lane, Park Building  
Room 116  
Rockville, Maryland 20857  
(301) 443-1690

Offers bibliographic and reference service to researchers and others, and publishes and distributes a number of titles in the field of smoking.

### **SUDDEN INFANT DEATH SYNDROME**

Sudden Infant Death Syndrome Clearinghouse  
3520 Prospect Street, N.W.  
Washington, DC 20057  
(202) 625-8410

Provides information on SIDS to health professionals and consumers.

### **SURGICAL OPINION**

National Second Surgical Opinion Program  
(800) 638-6833; (800) 492-6603 (in MD)

Provides information for people who are faced with the possibility of non-emergency surgery. Sponsors a toll-free number to assist the public in locating a surgeon or other specialist.

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## GOVERNMENT BOOKSTORES

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All around the country, GPO operates 26 bookstores where you can browse through the shelves and take your books home with you. Naturally, these stores can't stock all of the more than 16,000 titles in their inventory, but they do carry the ones you're most likely to be looking for. They will be happy to special order any Government book currently offered for sale. All of the bookstores accept VISA, Mastercard, and Superintendent of Documents deposit account orders.

### ALABAMA

Roebuck Shopping City  
9220-B Parkway East  
Birmingham, Alabama 35206  
(205) 254-1056  
9:00 AM - 5:00 PM

### CALIFORNIA

ARCO Plaza, C-Level  
505 South Flower Street  
Los Angeles, California 90071  
(213) 688-5841  
8:30 AM - 4:30 PM  
Room 1023, Federal Building  
450 Golden Gate Avenue  
San Francisco, California 94102  
8:30 AM - 4:30 PM

### COLORADO

Room 117, Federal Building  
1961 Stout Street  
Denver, Colorado 90294  
(303) 837-3964  
8:00 AM - 4:00 PM  
World Savings Building  
720 North Main Street  
Pueblo, Colorado 81003  
(303) 544-3142  
9:00 AM - 5:00 PM

### DISTRICT OF COLUMBIA

U.S. Government Printing Office  
710 North Capitol Street  
Washington, D.C. 20402  
(202) 275-2091  
8:00 AM - 4:00 PM  
Commerce Department  
Room 1604, 1st Floor  
14th & E Streets, N.W.  
Washington, D.C. 20230  
(202) 377-3527  
8:00 AM - 4:00 PM  
Department of Health and Human Services  
Room 1528, North Building  
339 Independence Avenue, S.W.  
Washington, D.C. 20201  
(202) 472-7478  
8:00 AM - 4:00 PM  
State Department  
Room 2817, North Lobby  
21st and C Streets, N.W.  
Washington, D.C. 20520  
(202) 632-1437  
9:00 AM - 5:00 PM

U.S. Information Agency  
1776 Pennsylvania Avenue, N.W.  
Washington, D.C. 20547  
(202) 724-9928  
9:00 AM - 5:00 PM

Pentagon  
Room 2E172  
Main Concourse, South End  
Washington, D.C. 20310  
(703) 557-1821  
8:00 AM - 4:00 PM

### FLORIDA

Room 158, Federal Building  
400 West Bay Street  
P.O. Box 35089  
Jacksonville, Florida 32202  
(904) 791-3801  
8:00 AM - 4:00 PM

### GEORGIA

Room 100, Federal Building  
275 Peachtree Street, N.E.  
Atlanta, Georgia 30303  
(404) 221-6947  
8:00 AM - 4:00 PM

### ILLINOIS

Room 1365, Federal Building  
219 South Dearborn Street  
Chicago, Illinois 60604  
(312) 353-5133  
8:00 AM - 4:00 PM

### MASSACHUSETTS

Room G25, Federal Building  
Sudbury Street  
Boston, Massachusetts 02203  
(617) 223-6071  
8:00 AM - 4:00 PM

### MICHIGAN

Suite 160, Federal Building  
477 Michigan Avenue  
Detroit, Michigan 48226  
(313) 226-7816  
8:00 AM - 4:00 PM

### MISSOURI

Room 144, Federal Building  
601 East 12th Street  
Kansas City, Missouri 64106  
(816) 374-2160  
8:00 AM - 4:00 PM

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**GOVERNMENT BOOKSTORES**

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**NEW YORK**

Room 110  
26 Federal Plaza  
New York, New York 10278  
(212) 264-3825  
8:00 AM - 4:00 PM

**OHIO**

1st Floor, Federal Building  
1240 East 9th Street  
Cleveland, Ohio 44199  
(216) 522-4922  
9:00 AM - 5:00 PM

Room 207, Federal Building  
200 North High Street  
Columbus, Ohio 43215  
(614) 469-6956  
9:00 AM - 5:00 PM

**PENNSYLVANIA**

Room 1214, Federal Building  
600 Arch Street  
Philadelphia, Pennsylvania 19106  
(215) 597-0677  
8:00 AM - 4:00 PM

Room 118, Federal Building  
1000 Liberty Avenue  
Pittsburgh, Pennsylvania 15222  
(412) 644-2721  
9:00 AM - 5:00 PM

**TEXAS**

Room 1C50, Federal Building  
1100 Commerce Street  
Dallas, Texas 75242  
(214) 767-0076  
7:45 AM - 4:15 PM

45 College Center  
9319 Gulf Freeway  
Houston, Texas 77017  
(713) 229-3515  
7:45 AM - 4:15 PM

**WASHINGTON**

Room 194, Federal Building  
915 Second Avenue  
Seattle, Washington 98174  
(206) 442-4270  
8:00 AM - 4:00 PM

**WISCONSIN**

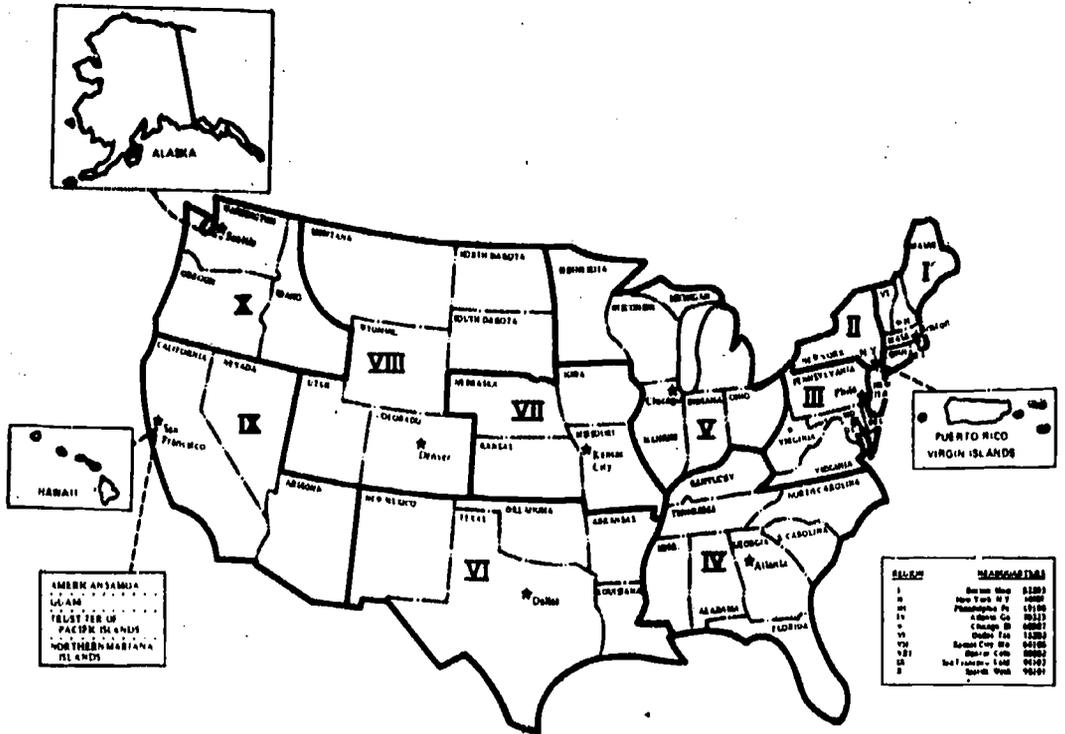
Room 190, Federal Building  
517 East Wisconsin Avenue  
Milwaukee, Wisconsin 53202  
(414) 291-1304  
8:00 AM - 4:00 PM

**RETAIL SALES OUTLET**

8660 Cherry Lane  
Laurel, Maryland 20810  
(301) 953-7974  
8:00 AM - 4:00 PM

All stores with the exception of Houston are open Monday through Friday (Houston, Monday through Saturday).

# MATERNAL AND CHILD HEALTH REGIONS



- I**  
Connecticut  
Maine  
Massachusetts  
New Hampshire  
Rhode Island  
Vermont
- II**  
New York  
New Jersey  
Puerto Rico  
Virgin Islands
- III**  
Delaware  
Maryland  
Pennsylvania  
Virginia  
West Virginia  
District of Columbia

- IV**  
Alabama  
Florida  
Georgia  
Kentucky  
Mississippi  
Tennessee  
North Carolina  
South Carolina
- V**  
Illinois  
Indiana  
Michigan  
Minnesota  
Ohio  
Wisconsin

- VI**  
Arkansas  
Louisiana  
Texas  
New Mexico  
Oklahoma
- VII**  
Iowa  
Kansas  
Missouri  
Nebraska
- VIII**  
Colorado  
Montana  
Utah  
North Dakota  
South Dakota  
Wyoming

- IX**  
Arizona  
California  
Hawaii  
Nevada  
Guam  
American Samoa  
Marshall Islands  
Micronesia  
N. Mariana Islands  
Palau
- X**  
Alaska  
Idaho  
Oregon  
Washington

CHILDREN, YOUTH, AND FAMILIES REGIONAL RESOURCE CENTERS

**Region I**

Stanley Walter, M.D.  
New England Resource Center for Children  
and Families (Region I)  
Judge Baker Guidance Center  
295 Longwood Avenue  
Boston, MA 02115  
(Telephone: 617/232-8390)  
(CT, ME, MA, RI, VT, NH)

**Region II**

Frank Barry, Director  
Region II Resource Center on Children  
and Youth  
Cornell University  
Family Life Development Center  
College of Human Ecology  
Ithaca, NY 14853  
(Telephone: 607/256-7794)  
(NJ, NY, PR, VI)

**Region III**

Henry L. Gunn, III, Director  
Region III Resource Center for Children,  
Youth, and Families  
Virginia Commonwealth University  
School of Social Work  
1001 West Franklin Street  
Richmond, VA 23284  
(Telephone: 804/257-6231)  
(DC, DE, MD, PA, VA, WV)

**Region IV**

Jean Blankenship, Director  
Southeastern Regional Resource Center for  
Children and Youth Services (Region IV)  
University of Tennessee  
School of Social Work  
1838 Terrace Avenue  
Knoxville, TN 37996-3920  
(Telephone: 615/974-6016)  
(AL, FL, GA, KY, MS, NC, SC, TN)

**Region V**

Adrienne A. Haeuser, Director  
Region V Resource Center on Children and  
Youth Services  
School of Social Welfare  
University of Wisconsin-Milwaukee  
P.O. Box 786  
Milwaukee, WI 53201  
(Telephone: 414/963-4184)  
(IL, IN, MN, OH, WI)

**Region VI**

Rosalie Anderson, Director  
Region VI Resource Center for Children,  
Youth, and Families  
University of Texas at Austin  
Austin, TX 78712  
(Telephone: 512/471-4067)  
(AR, LA, NM, OK, TX)

**Region VII**

Charles Abel, Director  
Region VII Children, Youth, and Family  
Center  
Institute of Child Behavior and Development  
University of Iowa  
Iowa City, IA 52319  
(Telephone: 319/353-4791)  
(IA, KS, MO, NE)

**Region VIII**

Burt Annin, Director  
Region VIII Family Resource Center  
University of Denver  
Graduate School of Social Work  
Denver, CO 80208  
(Telephone: 303/753-3463)  
(CC, MT, ND, SD, UT, WY)

**Region IX**

Shelly Brazier, Director  
Region IX Consolidated Resource Center for  
Children and Youth  
California State University  
5151 State University Drive  
Los Angeles, CA 90032  
(Telephone: 213/224-3282)  
(AZ, CA, HI, NV, Guam, Trust Terr.)

**Region X**

Pamela Day, Director  
Northwest Resource Center for Children,  
Youth, and Families (Region X)  
University of Washington  
School of Social Work  
4101 15th Avenue, N.E.  
Seattle, WA 98195  
(Telephone: 206/545-1669)  
(AK, ID, OR, WA)

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MCH REGIONAL NURSING CONSULTANTS

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**Region I**

Shirley Smith  
MCH Nursing Consultant  
DHHS Region I, DHSD  
JFK Federal Building, Room 1402  
Boston, MA 02203

**Region II**

Eileen Connolly  
MCH Nursing Consultant  
Federal Building, Room 3300  
DHH Region II, DHSD  
26 Federal Plaza  
New York, NY 10278

**Region III**

Jane Coury  
MCH Nursing Consultant  
DHHS Region III, DHSD  
P.O. Box 13716  
Philadelphia, PA 19101

**Region IV**

Dorothy Redfern  
MCH Nursing Consultant  
DHHS Region IV, DHSD  
101 Marietta Towers, Suite 202  
Atlanta, GA 30323

**Region V**

Bernice Cramer  
MCH Nursing Consultant  
DHHS Region V, DHSD  
300 South Wacker Drive  
Chicago, IL 60606

**Region VI**

Nancy Haliburn  
MCH Nursing Consultant  
DHHS, Region VI  
1200 Main Tower, Room 1735  
Dallas, TX 75202

**Region VII**

E. June Smith  
MCH Nursing Consultant  
DHHS Region VII  
601 E. 12th Street  
Kansas City, MO 64106

**Region VIII**

Eileen Gunter  
MCH Nursing Consultant  
DHHS, Region VIII  
1961 Stout Street  
Denver, CO 80202

**Region IX**

Sonia Loir  
MCH Nursing Consultant  
DHHS Region IX  
Federal Office Building  
50 United Nations Plaza  
San Francisco, CA 94102

**Region X**

MCH Nursing Consultant  
M/S405  
DHHS Region X  
2091 Third Avenue  
Seattle, WA 98121

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**MCH REGIONAL NUTRITION CONSULTANTS**

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**Region I**

Jean Sanford  
PHS/HHS Family/Child Health and Special  
Programs  
Division of Health Services Delivery  
JFK Federal Building, Room 1401  
Government Center  
Boston, MA 02203  
617/223-6668, 617/223-6669

**Region II**

Ann Prendergast  
PHS/HHS/Division of Health Services  
Delivery  
Federal Building, Room 3300  
26 Federal Plaza  
New York, NY 10278  
212/264-2547

**Region III**

Connie Lotz  
Family and Child Health  
PHS/HHS  
P.O. Box 13716, Room 4127  
Philadelphia, PA 19101  
215/596-6686

**Region IV**

Beth Duncan  
PHS/HHS/Division of Health Services  
101 Marietta Towers  
Room 1202  
Atlanta, GA 30323  
404/221-5254

**Region V**

Marjel Caldwell  
Maternal and Child Health/Family Planning  
PHS/HHS/Division of Health Services  
Delivery  
300 South Wacker Drive  
34th Floor  
Chicago, IL 60606  
312/353-1700

**Region VI**

Frances Vines  
PHS/HHS/Division of Health Services  
Delivery  
1200 Main Tower Building  
Room 1835  
Dallas, TX 75202  
214/767-6574, 214/767-3022

**Region VII**

Frank LoGuidice  
PHS/HHS/Bureau of Health Personnel  
Development and Service  
Division of Health Services Delivery  
601 East 12th Street, Fifth Floor West  
Kansas City, MO 64106  
816/374-2916

**Region VIII**

R. LaJeune Bradford  
PHS/HHS/Region VIII  
1961 Stout Street  
Room 1194  
Denver, CO 80294  
303/837-3203

**Region IX**

Gladys Matthewson  
PHS/HHS/Division of Health Services  
Primary Care/Rural Care  
50 United Nations Plaza, Room 41,  
San Francisco, CA 94102  
415/556-8673

**Region X**

Hazel Schiffer  
Family and Child Health Branch  
PHS/HHS/Family and Child Health Program  
Arcade Plaza Building  
1321 Second Avenue  
Mail Stop 833  
Seattle, WA 98101  
206/442-1020

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**MCH REGIONAL PROGRAM CONSULTANTS**

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**Region I (CT, ME, MA, NH, RI, VT)**

Gertrude Bramley, M.D.  
Regional Program Consultant  
Room 1401  
John Fitzgerald Kennedy Federal Building  
Boston, Massachusetts 02203  
Telephone: 617/223-6668

**Region II (NY, NJ, PR, VI)**

Ann Prendergast, M.P.H.  
Regional Program Consultant  
26 Federal Plaza  
Federal Building  
New York, New York 10278  
Telephone: 212/264-2540

**Region III (DE, MD, PA, VA, WVA, DC)**

Francis D. Heron, B.A., M.B.A.  
Regional Program Consultant  
Division of Family and Child Health  
P.O. Box 13716  
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