Vitamin C is an important vitamin. Since its discovery in 1937, it has been acclaimed as a possible preventive or cure for the common cold, the flu, and even cancer. Others believe vitamin C is harmful if taken in megadoses. As the controversy continues, facts and research results become increasingly important. This bibliography, which provides some sources for these facts and theories, is arranged alphabetically within four types of materials: (1) journal articles; (2) books; (3) newspaper articles; and (4) government documents. Entries, representing the 14-year period 1970 to 1983, are arranged consecutively from 1 to 290 within these categories. An attempt has been made to balance the references to popular articles and books with more technical ones, so that both the general reader and scientist can find something of interest. A subject index keyed to entry numbers is included. (BC)
VITAMIN C:
A SELECTED BIBLIOGRAPHY

Second Edition

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Vitamin C is an important vitamin. Since its discovery in 1937, it has been acclaimed as a possible preventive or cure for the common cold, the flu, and even cancer. Others believe vitamin C is harmful if taken in megadoses. As the controversy continues, facts and research results become increasingly important. This bibliography provides some sources for these facts and theories. Some of the references date back to 1970, when Linus Pauling's book on vitamin C and the common cold first appeared.

The New York Times Index was searched for newspaper articles under "Vitamins" from 1970-1983. The Monthly Catalog of United States Government Publications was searched from 1970-1983 under "Vitamin C." An attempt has been made to balance the references to popular articles and books with more technical ones, so that both the general reader and the scientist can find something of interest. All of these sources are available in the California Polytechnic State University Library.

This bibliography is arranged alphabetically within types of material: journal articles, books, newspaper articles, and government documents. These references are for the fourteen-year period 1970 through 1983. The first edition (1980) of this bibliography had 166 items; this 1984 second edition added 124 references for a total of 290 references.
CONTENTS

Journal Scource List .............................................. 1
Journal Articles ..................................................... 1
Books ................................................................. 19
Newspaper Articles ................................................... 19
Government Documents ............................................. 22
Subject Index ........................................................ 23
JOURNAL SOURCE LIST

American Journal of Clinical Nutrition
American Journal of Clinical Pathology
American Journal of Diseases of Children
American Journal of Physiology
Analytical Biochemistry
Applied and Environmental Microbiology
Biochemical Medicine
BioScience
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SUBJECT INDEX
(Keyed to entry numbers)

Administration and dosage, 4, 47, 57, 109, 148, 149, 203, 243, 248, 251
Adrenomedullary chromaffin cells, 50
Adverse effects, 9, 27, 90, 91, 92, 95, 96, 101, 119, 132, 175, 235, 242, 245, 275
Alcohol, 63, 285
Analogs and derivatives, 14, 20, 36, 56, 124, 179
Analysis, 3, 23, 56, 86, 89, 115, 120, 125, 145, 147, 176, 178, 179, 201, 202, 207, 212, 219
Anemia, 137
Arteriosclerosis, 269
Arthritic cells, 249
Ascorbate-nitrite, 142
Ascorbate sulfate, 12, 136, 219
Ascorbate-2-phosphate, 20
Aspirin, 95, 132, 249
Bacon, 268
Beverages, 56
Bibliography, 290
Bile, 97, 108
Bioelectronic theory of life, 61
Biological function, 286, 287
Biosynthesis, 21, 49, 59, 60, 83, 184, 186
Bladder, Urinary, 70
Blood, 15, 19, 22, 38, 42, 54, 62, 63, 73, 102, 134, 174, 194, 198, 224
Blood tests, 232
Body pool size in humans, 78, 110
Brain, 196
Breast milk, 208, 220, 221

Cadmium toxicity, 66, 217

Caffeine, 222

Cancer, 6, 30, 31, 32, 33, 43, 47, 48, 68, 70, 94, 142, 163, 182, 204, 215, 229, 233, 251, 254, 266, 267, 268, 271, 278, 281, 289

Cell formation, 61, 155, 266

Chediak-Higashi syndrome, 72

Chemical reactions, 185

Chemistry, 261, 286, 287

Cholesterol, 15, 60, 75, 77, 108, 109, 121, 152

Chromosomes, 213

Citrus fruits and juices, 3, 145, 201, 256


Controversial aspects, 28, 29, 45, 99, 139, 153, 168, 181, 228, 231, 241

Cookery, 200, 262

Corneal burns, 84

Cystine content, 126

Deficiency of ascorbic acid, 5, 55, 58, 65, 69, 88, 97, 98, 103, 106, 107, 113, 135, 189, 267

Depression, 225

Diabetics, 36

Diarrhea, 101

Elderly persons, 16, 73, 130, 193, 222

Evolution, 37, 59

Folic acid, 129

Food additive, 274, 282, 288

Food labels, 274

Foods, vitamin content of, 125
Gallstones, 106, 107
Grapefruit juice, 207
Hazards of vitamin C--see Adverse effects
Healing effect--see Therapeutic use
Heart attack, 76, 152, 174
Hepatitis, 123, 162
Hospital patients, 127
Immune system, 5, 9, 67, 133, 199, 234
Influenza, cure for, 259, 277
Insulin, 227
Intestine, 58, 135, 157, 180
Iron, 143, 148, 205
Isolation and purification, 131
Juice, 100, 274
Kidney, 21, 175
Laboratory tests with animals, 5, 14, 39, 40, 41, 51, 53, 55, 58, 60, 64, 65, 67, 69, 70, 72, 79, 80, 82, 83, 88, 93, 97, 103, 106, 108, 112, 121, 122, 129, 132, 133, 140, 143, 149, 150, 155, 157, 168, 189, 195, 205, 206, 216, 217, 246, 289
Lead toxicity, 216
Leukemia, 156
Lipids, 122
Lung function, 114
Lungfish, Australian, 59
Lymphocytes, 131
Mental efficiency, 2
Migraine, 13
Nitrate, 268
Nutrition, 16, 73, 144, 208, 256, 262
Oral contraceptives, 8, 102, 246
Orange juice, 151, 212, 274
Osteoarthritis, 195
Pauling, Linus, 17, 45, 160, 161, 167, 210, 215, 236, 240, 244
Periodontal disease, 69
Phagocytes, 235
Pharmacodynamics, 2, 4, 10, 26, 40, 41, 44, 60, 67, 77, 80, 85, 93, 105, 114, 117, 121, 122, 133, 138, 143, 183, 186, 187, 190, 195, 208, 213, 221, 222, 223, 226, 249
Physiology, 30, 71, 257, 263
Physiopathology, 106
Placenta, 214
Poisoning, 97
Potatoes, 169
Potency, 172
Pregnancy, 108, 137, 194
Price, 279, 283, 284
Respiration, 7, 40
Retinal atherogenesis, 227
Scurvy, 113
SerVaas, Cory J., 200, 262
Shingles, 197
Smokers, 74, 110, 114
Sodium L-ascorbate, 70
Sperm, 81
Spittle, C., 128
Stone, Irwin, 166
Surgery, 224, 239
Szent-Györgyi, Albert, 61, 218
Therapeutic use, 1, 11, 13, 25, 31, 32, 33, 43, 46, 47, 48, 72, 76, 79, 81, 82, 84, 87, 93, 94, 156, 158, 162, 163, 165, 166, 173, 182, 188, 191, 192, 193, 204, 216, 217, 225, 247, 252, 254, 257, 258, 259, 260, 261, 263, 275, 280

Thrombosis, 128
Thyroid, 138
Tomato juice, 176
Toxicity, 9, 70
Tumors, 118, 173
Ulcers, 79, 80
Urine, 8, 24, 44, 105, 112, 116, 171, 190
Vanadium, 225
Vitamin B6, 203
Vitamin B12, 22, 89, 90, 96, 147
Vitamin E, 41, 154
Warming of meals, 86