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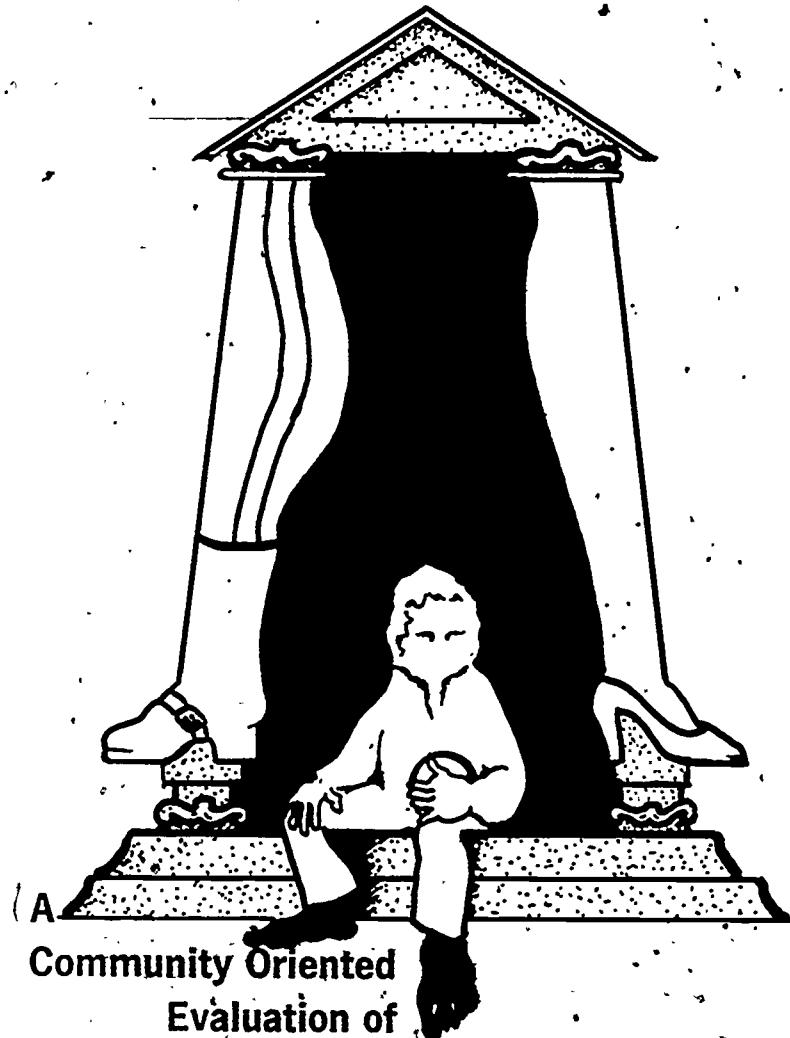| | |
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ABSTRACT

This report presents the results of a three-year program of research designed to evaluate the effectiveness of institutions serving dependent and neglected children in terms of their impact on resident children, and their ability to respond to changing demands on their services. Basically, the research was geared to determining whether the open, community-oriented institution was more effective with children and responsive to change initiatives than its counterpart, the closed (non-community-oriented) institution. Three distinct external strategies for inducing institutional change were developed and introduced in a controlled fashion over a year's time with groups of institutions. An examination of the results of these strategies enabled an assessment of the degree of responsiveness of differently structured institutions to different types of external change initiatives. These efforts yielded considerable information of a technical nature on measuring institutional effectiveness, and of a substantive nature regarding the quality of care provided by institutions for dependent and neglected children. (Author/SJL)

A
Community Oriented
Evaluation of

# THE EFFECTIVENESS
# of
# CHILD CARING
# INSTITUTIONS

*prepared by:*

**George Thomas, PhD**

*Final Report to:*

*The Office of Child Development*

*Department of Health, Education & Welfare*

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# Introduction

In the summer of 1971, the Regional Institute of Social Welfare Research began a three year program of research designed to evaluate the effectiveness of institutions serving dependent and neglected children in terms of their impact on resident children and their ability to respond to changing demands upon their services.

In the simplest conceptual terms, we set out to determine whether the open (community-oriented) institution was more effective with children and responsive to change initiatives than its counterpart, the closed (noncommunity-oriented) institution.

Persons who assume existing levels of information about children's institutions adequate for the formulation of professional opinion and public policy may pause to ask whether another study was necessary.

Some who harbor dark suspicions about the appropriateness of any sort of institutional care in our society may find gross illogic in any effort to evaluate the effectiveness of a form of service delivery deemed to be inherently defective. Further, they may question the usefulness of determining whether children's institutions are responsive to change in delivering their services when the belief is that they should be done away with altogether.

Others, who reject the either-or tone of the advocates of total deinstitutionalization, are convinced that institutions have a valid specialized role to fulfill in serving special problem children.

Individuals comfortable with this line of reasoning may find the purposes of our research to have value but may still ask why the research was performed with institutions for dependent and neglected children.

In the broadest definitional terms, dependent and neglected children are not viewed as special problem children, that is, children demonstrating--or at least labeled as suffering--personal mental, emotional, social and/or physical deficits or deviancies (Seidl, 1972).

In sum: Why apply the research to institutions serving children who should not be institutionalized?

These value positions and the questions posed by them are, of course, open to conjecture and debate, although it would serve no purpose to examine their relative merits at this point. The most straightforward reason for such a study is that child dependency and neglect are matters of growing concern to public officials and others responsible for developing and providing services to the nation's children.

The body of statistical evidence on rates of marital breakdown, single parent families, child abuse, malnutrition, school failure, and so on, are often taken as indicators of a decline in the ability to cope with the responsibilities of child rearing in a growing number of families.

Substitute care and community based supportive services to maintain children in their own homes constitute the two basic service options.

In terms of substitute care, there is growing awareness that there may be no universal alternative to institutionalization for dependent and neglected children.

For example, the changing role of women in our society may have considerable impact upon our potential for recruiting sufficient numbers of adequate foster home parents in the years ahead.[1]

The general utility of the small group residence is also open to question. Evaluations of group homes serving dependent and neglected populations (i.e., nondelinquent/non-mentally retarded children) indicate mixed or indeterminate

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[1]See Kadushin, 1973. It should be noted at the same time that the public expresses strong support for the development and funding of foster home care resources. The results of a recent national survey of the public's attitudes toward welfare services indicated that 81 percent of the sample felt foster home care represented a good use of public funds. Geneviève W. Carter, et al, Public Attitudes Toward Welfare: An Opinion Poll (Los Angeles: Regional Research Institute in Social Welfare, December, 1973), p. 21.

results at best.[1]   Moreover, the cost per child of small group home care is likely to exceed that of other forms of substitute care (Koshel, 1972; Fanshel and Shinn, 1972; Gula, 1974).

Considerations of cost and availability of alternative placements may partly explain the bottoming out of the trend in the number of institutional placements of dependent and neglected children in recent years, following a consistent decline in the trend over the last half century or so.

Growing public concern about child dependency and neglect and the implication that some level of demand for institutional services will continue into the immediate future point to the need to reappraise the role of children's institutions in delivering substitute care services.

Even if the demand level remains relatively constant, there is a pressing need to update our knowledge about institutions for dependent and neglected children.  Very little systematic work has been done in recent years in spite of the fact that such institutions represent a sizable proportion of the total number of children's institutions of all types in operation today.

According to the most recent information available, several hundred institutions scattered throughout the nation, representing over 40 percent of all children's institutions, claim to be serving primarily dependent and neglected children (Kadushin, 1973).

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[1]For recent examples of a growing body of inconclusive findings on small group home care services see:  Project Report, Project Reform:  Use of Residential Programs to Provide Social and Vocational Adjustments for Adolescent Girls, Villa Loretta School, Peeksville, N. Y., February, 1969; Final Report and Evaluation, Girls' Residential Youth Center, Portland, Maine, March, 1970; and Final Report:  Boys' Residential Youth Center Effect of Innovative, Supportive Services in Changing Attitudes of "High Risk" Youth, Boys' Residential Youth Center, New Haven, Connecticut, February, 1969.

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The aggregate resident population of these institutions is estimated to exceed 60,000 children, 88 percent of whom are located in voluntarily funded services.[1]

This last fact suggests something about the survival potential of these institutions in the face of periodic changes in service emphases and fluctuating demand levels for substitute care.

Most institutions for dependent and neglected children are the durable descendents of orphanages and their survival rests primarily upon the continuation of a strong tradition of voluntary support for such services (Whitaker, 1971). Unless this tradition suddenly evaporates, these institutions will likely endure in large numbers for the foreseeable future.

Thus, there is a need to know more simply because these institutions represent a major component of the existing aggregate of substitute care services for children and they are likely to remain a significant component.

Finally, there is a need to know more about these services from a different perspective, a perspective that holds promise of providing more useful information to those responsible for leadership in shaping the directions to be taken by these institutions in the provision of substitute care services.

For a variety of reasons, most of the research on children's institutions up to the present has dealt with clinical treatment processes and methods and/or case analyses of individual institutions (Shyne, 1973).

The results gleaned from such research may have high value to the practitioner working with a particular type of child, but they yield precious little about overall organizational performance and are often not directly transferable

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[1]DHEW Publication No. (SRS) 73-03258, NCSS Report E9, Children Served by Public Welfare Agencies and Voluntary Child Welfare Agencies and Institutions - March, 1971, Table 10.
This figure excludes 4,000 residents of voluntary maternity homes and disturbed children residing in medical institutions.

to institutions serving different types of children or uti-
lizing different treatment approaches.

We have utilized the institution itself as the unit of
analysis in the research reported on in the body of this
document.

Instruments were developed to obtain baseline measures
of the structure--or milieu if you wish--of a large number
of institutions in order to allow comparative analysis of
aggregated performance outcome scores for resident child
populations and institutional staffs.

Additionally, three distinct external strategies for
inducing institutional change were developed and introduced
in a controlled fashion over a year's time with groups of
institutions to assess the degree of responsiveness of dif-
ferently structured institutions to different types of ex-
ternal change initiatives.

These efforts, we believe, have yielded considerable
information of a technical nature on measuring institution-
al effectiveness and of a substantive nature regarding the
quality of care provided by institutions for dependent and
neglected children.

It is hoped that the approach we adopted fulfills its
potential for producing information of general usefulness
for those in decision-making capacities in a wide variety
of children's institutions who are confronted with the com-
pelling issues of organizational effectiveness.

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# CHAPTER I

## THE THEORETICAL PERSPECTIVE

### Part I: The Institutional Impact from the Perspective of Community-Oriented Care and Adequate Child Competence for Community Living

What are the characteristics of the effective institution serving dependent and neglected children?

In our view, the question must be addressed from two standpoints. First, an institution's impact upon its resident child population must be determined; and, secondly, an institution's responsiveness to changing service demands in its external environment must be assessed.

A search for reasonable answers from either standpoint is a formidable undertaking. Taking the parts in tandem, as we have, compounds the conceptual and logistical problems that must be resolved.

The introduction to this work attempts to set the stage by giving some reasons why this effort was launched. This chapter sets out what we studied, that is, the perspective, and definitional limits adopted in approaching the issue of institutional effectiveness in terms of impact on residents and responsiveness to changing community service needs.

Chapter II spells out how the work was accomplished from a technical standpoint.

Ultimately, the value of what we have found and reported in the remaining chapters will rest with the reader's judgments about the pertinence, conceptual soundness, and technical adequacy of our efforts.

### The Baseline: A Model of Community-Oriented Institutional Care

Our beginning premise is that children's institutions have in common two basic obligations.

First, children's institutions share in common a responsibility for meeting one or more community defined needs for institutional services.

Secondly, they share in common a responsibility for preparing resident children for a return to adequate living in their own communities in as rapid a manner as current service technologies permit.

Both obligations may be converted to measurable goal statements by which institutional effectiveness can be evaluated.

Regarding the issue of institutional responsiveness to external environments, it is important to determine the desirability of the directions of organizational change as well as the degree of an institution's movement.

Is an institution moving toward or away from a desirable mode of service delivery, or is the change it is undergoing simply a reflection of a state of chaos or purposeless drift? (G. Lippett, 1973)

Implied in all of this is the underlying question, namely, is there a model of care for institutionalized children toward which institutions should move and against which their effectiveness can be properly assessed?

The extensive literature on children's institutions provides some leads but no clear answer.

With a little effort one can tease the elements of two commonly discussed approaches to institutional care from the literature, namely, custodial care and the therapeutic milieu.

Custodial care is, of course, the bad guy, the negative end point on the continuum. The ultimate goal of custodial care is deemed to be organizational maintenance and those who run such institutions are believed to manipulate community and resident population relationships to serve that end.

According to informed opinion, this approach is marked by long term care and routinized, impersonal service methods that are productive of institutional remoteness from community environments and internal stresses toward conformity to institutionally contrived behavioral standards (Goffman, 1961; Holland, 1973).

While there is some evidence that institutional emphases
of this sort may retard or otherwise distort the intellectual,
affective, and/or social development of some resident children
(Holland, 1973), it is far from a proven fact they uniformly
dehumanize and permanently damage children to the extent com-
monly implied (Shyne, 1973).

Nonetheless, from a theoretical standpoint custodial
care would not meet either goal we have set forth in any ap-
preciable manner.

Directly, or by inference, the <u>therapeutic milieu</u> is
frequently presented as the opposite of or a corrective for
custodial care.[1]

While there is as yet no commonly agreed upon discrip-
tion of the therapeutic milieu, discussion of the concept
usually stresses employing variants of the team approach with
staff to intervene a resident child's daily life world (life
space) to achieve what the team agrees to be beneficial changes
in the child's inner and/or outer behavior (Whittaker and
Trieshman, 1972; S. H. Taylor, 1973).

Institutions identifying with this approach generally
rely heavily on the skills of professionally trained staff
dedicated to the goals of changing, correcting, and restor-
ing children with presumed or known problems of one type or
another.

Unfortunately, the concepts subsumed under the label
therapeutic milieu are not very helpful in identifying cri-
teria useful to constructing an evaluation model for insti-
tutions serving dependent and neglected children.

One reason for this is that institutions for dependent
and neglected children operate at least implicitly to achieve
the goals of normal growth and development. Their aim is to

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[1]As Redl (1958) noted long ago, the term milieu simply
represents the collection of factors one selects to describe
the nature of the institutional setting. Tacking on the word
therapeutic serves to draw attention to the positive or nega-
tive effects these factors have upon the behavior of the res-
ident child exposed to them and how they maybe purposefully
utilized to enhance achievement of service goals.

assist and enhance the functioning of children already moving along this path of adequate performance rather than to reduce or eliminate personal pathological barriers, thereby restoring them to that path.

More importantly, the therapeutic milieu is not conceptually independent of custodial care and, therefore, not its true opposite.

The point has been made more than once that the therapeutically structured milieu may become rigid in the exclusive conduct of specific treatment modalities thereby creating demands for staff allegiance and child conformity and fostering long term care as well as detachment from a potentially critical community environment.

The appeal of its goals and program notwithstanding, the therapeutic milieu operating in this manner would fall short of the two basic goals we have posed much as the custodial institution does.

Following this line of reasoning we have concluded that community-oriented care offers a sharper contrast to custodial care for our purposes.

The model of community-oriented care we finally adopted is presented in outline form in Diagram 1-1 followed by a brief discussion of the rationale for inclusion of its various components.

Rationale:   External Dimension Components

In its external relations the community-oriented institution is sensitive to existing and changing needs for residential services as defined by its community environment and exhibits at least a potential capacity for responding.

In terms of its current modes of operation, the community-oriented institution demonstrates a capacity to manage child flow (E1). It is not burdened by waiting lists or excessive numbers of vacancies, maintains a reasonably balanced ratio of admissions to releases overtime, utilizes a wide variety of referral/replacement resources, and deemphasizes long term or permanent care.

The community-oriented institution is also marked by the degree of heterogeneity in its resident population (E2).

## Diagram 1-1

### A Model of Community-Oriented Institutional Care

| Goal: Meeting Community Defined Need (External dimension components) | Goal: Preparing Children for Return to Community (Internal dimension components) |
|---|---|
| E1. Child Flow | I1. Replacement/Follow-Up Program |
| E2. Population Composition | I2. Child Stigma |
| E3. Restrictiveness of Admissions | I3. Centralization Live/Eat Facilities |
| E4. Staff Capacity: Depth | I4. Comprehensiveness: On-grounds Program |
| E5. Staff Capacity: Continuity | I5. Daily Life Decision-Making Pattern |
| E6. Staff/Community Cross Flow | I6. Rewards/Discipline Pattern |
| E7. Institutional Change Status (Director) | I7. Centralization of Decision-Making |

Conditions of dependency and neglect may be experienced by children of either sex, of all races, at any age, regardless of individual differences in family backgrounds or personal coping abilities.

Thus, even if an institution seeks to limit its services to those falling within a narrow traditional definition of dependency and neglect, it can be determined to be responding to all such children in need or a favored few.

The image an institution puts forth to the community in terms of its admission policies (E3) is sufficiently important to warrant consideration independent of the actual population served. For one thing, the type of child an institution says it will accept may be quite different from the type being served.

More importantly, the degree of openness in admissions policies gives the community—geographic as well as community

of interest--an idea of the extent to which the institution
might be relied upon as a useful resource in meeting chang-
ing community service needs.

Finally, the community-oriented institution has highly
permeable boundaries (E6) marked by substantial use of the
institution by the community for its own purposes and in as-
sisting the institution, and, conversely, by a high degree
of institutional staff involvement in the community's network
of child welfare services.

In addition to an institution's current modes of opera-
tion vis a vis its community environment, it is important to
assess its potential for further responsiveness to community
defined need.

In this matter, we believe an institution must have suf-
ficient numbers of appropriately deployed staff (E4). The
staff must also have sufficient familarity with local service
problems gained through job experience and adequate training
and preparation for providing services (E5).

In short, a major part of an institution's capacity for
responding to changing community need rests with the overall
capacities of existing staff.

Institutions marked by inadequate numbers of badly orga-
nized staff who are poorly trained and who frequently quit
after short terms of employment are viewed as lacking in such
capacities.

To complete the picture, we have included the overall
orientations of the institutional director toward institu-
tional change (E7). It has often been noted that the direc-
tor is a key person whose views loom large in the operations
of an institution (Weber, 1962; Vinter and Janowitz, 1959).
If this is so, his orientations must be considered a major
component in assessing an institution's overall responsive-
ness to meeting community defined need.


Rationale: Internal Dimension Components

Internally, the community-oriented institution devotes
itself to the singular purpose of preparing children for a
return to adequate living in their own communities.

To do this, the institution must have a planned approach aimed at replacement (I1) that operates from the point a child is being considered for admission and ends only when follow-up information determines the replacement satisfactory. This approach includes, among other components, involvement of the child in the decision-making process, consistent contact with the primary replacement resource (parent or others), and implementation of after-care supports as needed.

Programmatically, the community-oriented institution strives to maximize the resident child's exposure to beneficial real life community experiences patterned as closely as possible to those engaged in by nonresident children of similar ages and backgrounds.

This is done by utilizing community recreational, counseling, educational, and other types of programs in the same manner as they are utilized by nonresident children rather than by developing a comprehensive on-grounds program to duplicate what the community offers (I4).

All features of the program of care that would set the resident child apart (I2) relative to mode of dress, transportation, presentation of children in groups, and so on, must be minimized. Of importance here, community experience should be provided under community supervision to the maximum extent possible.

Standards useful as guides for developing program in community-oriented institutions derive essentially from staff knowledge about what adequate child performance for community living means.

Institutions that rely on efforts to develop suitable replicas of parental family life styles and/or upon creating elaborate supportive programs on-grounds as the primary mechanisms for preparing children for community replacement may well produce institutional environments that have a poor fit to the realities of community living.

Preparation for community living through exposure to community experiences under real life conditions is supported on-grounds by modeling living arrangements, child decision-making involvement in his own affairs, and reward/discipline systems on those that generally prevail in communities, as opposed to those that might be contrived for the convenience of institutional operations.

The community-oriented institution is thus identified with decentralized living and eating facilities and arrangements (I3). At a minimum these arrangements afford a measure of personal privacy and choice in housing appurtenances and protection of private effects, along with facilities for preparing meals and a voice in expressing food preferences within each housing unit.

Further, such institutions broadly engage children in daily life decision-making processes (I5) and distribute final decision-making authority throughout the staff hierarchy including allocation of such authority to residents commensurate with their age levels and established patterns of responsible behavior (I7).

Finally, reward/discipline methods are directly tied to child decision-making to reinforce personal responsibility in behavior (I6).

In general reward/discipline methods should be patterned on those prevailing in the community and conform to some elementary principles of social justice (Thomas, 1974).

There should be a single set--rather than dual sets--of standards for on-grounds and community behavior, impartial and equal application of standards for excellent or reprehensible behavior about which the child has advance notice, and an appeal or grievance mechanism.

Tangible rewards/discipline should be emphasized, however, extreme rewards (large allowances or the removal of all accountability for behavior) and disciplines (corporal punishment or expulsion) should be utilized rarely, if at all. Rewards/discipline should be meted out by staff members most closely approximating in status those community persons who normally would reward or discipline specific types of behaviors.

Briefly put, the community-oriented institution according to our model is highly integrated with its community environment, oriented toward responsiveness to that environment, and capable of following through.

Internally, the community-oriented institution maximizes exposure of the resident child to real life community experience and organizes on-grounds facilities and program to reinforce responsible community behavior as the essential approach

to preparing the child for a return to adequate living in his own community.

## What is Adequate Child Competence for Community Living?

An important statement has recently appeared in the literature proposing that the time honored guideline of "in-the-best interests of the child" be replaced by a child placement standard that would yield "the least detrimental available alternative for safeguarding the child's growth and development" (Goldstein, Freud, and Solnit, 1973).

For a great many children who come to be known as dependent and neglected due to some crisis, inadequacy, or breakdown in their families, this would be a boon.

The best interests principle is deceptive: It can lead those responsible for planning and providing substitute care services to expect and demand more of these services than they are able to deliver.

The principle of least detriment helps reduce such expectations and demands to more realistic levels. A series of foster home placements is not the least detrimental substitute care experience for those children who need stability to promote growth and development (Miesel and Loeb, 1965). Moreover, for children for whom the next stage of growth means independent living, or for whom a return to their own families is a real possibility, the imposition of foster parents into their lives may be productive of a confusion of loyalties, unnecessary conflict, and perhaps a temporary arrest of growth and development (H. B. Taylor, 1966).

Similarly, some children are likely ill served by being placed in high cost therapeutic environments, although it is difficult to see this when exercising the principle of best interests.

It is possible, however, to conceive of children being diverted from the path of adequate growth and development to the correction of past problems or difficulties brought to their attention while residing in therapeutic environments. Such efforts may contribute little to the enhancement of their current capacities for growth and development and may simply work to divert attention away from the exercise of existing capacities.

Without belaboring the point, we suggest that community-oriented institutional care may represent the least detrimental placement for many dependent and neglected children.

Community-oriented care, as we have outlined it, seeks to assist each child in attaining or maintaining the skills needed for getting on adequately in the world at large. For many dependent and neglected children this may well be more pertinent to the promotion of growth and development than the individualized love and affection a child is presumed to get in a foster home, or the higher level of self awareness and insight a child is presumed to achieve through exposure to a therapeutic milieu.

The list of competencies a child might need--or find useful--in understanding and coping with the world in which he is growing up is seemingly endless.

The list can be narrowed considerably if we limit our search to identifying those capacities and skills necessary to adequate performance. In other words, what minimum set of competencies would reasonably assure that a child having a decent living arrangement in his community would be able to handle his life experiences in a personally satisfying and socially non-deviant manner.

In our view, there are three necessary--if not always sufficient--competencies that a child must bring to his daily life experiences to utilize them beneficially, as listed in Diagram 1-2:

<u>Diagram 1-2</u>

Essential Child Competencies for Adequate Community Living

| | |
|---|---|
| Cognitive $\longrightarrow$ | Verbal learning performance ability |
| Social $\longrightarrow$ | Task and Social relations competence |
| Affective $\longrightarrow$ | A sense of self direction in daily life activities |

<u>Rationale</u>

A primary reason for selecting these competencies is that the literature identifies them as among the more impor-

tant child capacities thought to be negatively effected by institutionalization.

Existing studies show mixed results relative to the effects of institutionalization upon overall child intelligence. Some studies, particularly those involving retarded children indicate that institutionalization may have a detrimental effect on intellectual growth (Holland) while other studies of presumed intellectually adequate children, such as Wolin's (1969), show little difference in functioning between the institutionalized and noninstitutionalized.

Perhaps, as Zigler (1973) has suggested, the magnitude of the impact of compensatory programs on child intelligence may be over emphasized simply because we have concentrated our research largely on cognitive effects to the neglect of motivational and emotional factors.[1]

On the other hand, it is hard to see how a child can get along well in his own community without attaining some reasonable level of learning and communication skills. As Dr. Glennan, Director of the National Institute of Education, pointed out in supporting the priority on such skills set by him for the NIE, "...reading and skills in communication are crucial for success in society" (DHEW Newsletter, 1974, p.4).

After weighing such evidence and opinions, we concluded that the minimum cognitive skills needed for adequate community living are those related to understanding and appropriately using verbal language. A child capable of reading with understanding and using words knowledgeably is a child capable of communicating his views, grasping those of others and negotiating experience cognitively.

Social and task skills are also frequently reasoned to be negatively effected by institutionalization. The learning experience in an institutional environment may deviate so much from community life experiences as to ill equip a child for his return to community living. The Bellefaire follow-up study (Allerhand, et al, 1966) showed rather clearly, for example, that degree of institutional adjustment was non-predicative of success or failure of children subsequent to their return to community living.

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[1] Dr. Zigler was referring specifically to the Head Start program; however, we believe the point to be broadly applicable to research in many areas of program effects upon children.

Others have reasoned that the institutional environment induces fear and suspicion of adults and a reluctance to interact and develop adult-child relationships (Yarrow, 1961). Similarly, Polsky (1962) has described the development of peer relationships in an institution which differ in degree if not in kind from those a child might be involved in living in his own community.

Turning things around, it would seem essential to adequate community living that a child know how to do the things his age mates can do and to negotiate peer and adult relationships within at least minimally acceptable social limits.

Finally, the literature is loaded with theory and illustrations of the negative consequences of institutionalization on the affective side of a child's life (Jaffee, 1969; Seidl, 1972; Holland, 1973).

In general, these works suggest that institutionalization yields demoralization and social apathy (Shyne, 1973, pp.113ff). This sense of detachment from one's own daily-life experiences could hardly bode well for coping with the complexities of community living.

From an affective standpoint, a child needs to feel that his involvement in his own life experiences makes a difference in their direction and outcome. Without this sense of involvement it is less likely that the child will enter into give and take, trial and error, and other risk-taking behavior often enough or intensively enough to promote his own growth and development.

In sum, what we have presented are what we believe to be the essential cognitive, social, and affective competencies necessary for adequate community living.

These competencies have been converted in this study to relatively modest--and therefore attainable--outcome goals against which institutional effectiveness in terms of impact on resident children has been evaluated.

On the one hand, the literature identifies these competencies as among the most fundamental to child growth and development, while on the other hand, it suggests that institutionalization may seriously impede their attainment.

## Part 2: The Design of Experimental Change Projects to Evaluate Institutional Responsiveness to External Change Stimuli

Because institutions for dependent and neglected children have been frequently accused of being oblivious to changing community needs for children's services (Fink, 1971), we set for ourselves a second task, that of assessing institutional responsiveness to changing external conditions and service demands.

We were under no illusions that this would be an easy undertaking. We agreed then, as we do now, with Ohlin's observation that, "It is obviously much easier for proponents of change to chart new directions for the residential treatment field than it is to implement them in practice" (Ohlin, 1973, p.194).

Our job was made more difficult by several additional constraints, some self imposed and some stemming from limitations of research resources.

First, we were committed to evaluating community-oriented care which committed us to try to change children's institutions toward a closer approximation of the community-oriented model of service delivery.

Secondly, we decided to utilize Institute personnel in an effort to induce institutional change in order to retain maximum control over the implementation and evaluation processes.

Thirdly, to enhance the evaluation of the degree of institutional change produced by our external efforts, we sought to conduct this phase of the research in conformity with as many of the canons of classical experimental research methodology as possible.

All of this was to be done, as will be discussed later, within a one year time period with a large sample of voluntarily funded children's institutions.

In short, we entered the field seeking the voluntary agreement of a large number of children's institutions to be assigned to one of several year long efforts aimed at changing them in a community-oriented direction.

### Selecting Change Strategies:  Matching
### External Change Mechanisms and
### Sources of Change Initiative

The major tasks to be dealt with were the identification of external change strategies that met our research criteria, and the operationalization of the role of Institute personnel governing their conduct in carrying out the strategies in the field.

The vast literature on social change provided a starting point in the search for external strategies for inducing change in children's institutions.[1] Although there are nearly as many theories of social change as theorists, social change is not as Bertram Brown once lamented, "...an undefined concept applied to multidimensional phenomena with inadequate techniques for measurement" (Coelho and Rubinstein, 1972, p. vii). .

The problem was not one of vagueness, but rather one of extracting promising external change mechanisms from a multitude of theories dealing with social change in social movements, organizations, and small groups.

On the one hand, theorists concerned with the social determinants of human behavior have tried to reduce broad social theories for use in understanding the dimensions and dynamics of organizations.  On the other hand, those concerned with the role of the individual in social change have tried to extrapolate from personality and small group theory in developing models of organizational behavior.[2]

---

[1]The development of material in this section owes a considerable debt to Dr. Fredrick W. Seidl, who prepared a position paper on the subject titled, "A Strategy for Change in Residential Care", Mimeo, 1972, 24 pp., while serving as a consultant to the research program.

[2]For a comprehensive review of the literature from both perspectives see Mouzelis, 1967.

By a process that can at best be described as "muddling through",[1] we identified seven mechanisms that seemed to be the most frequently mentioned in the literature as being capable of inducing organizational change from the outside.

Coincidentally, an effort was made to identify and classify the major sources of initiative in the organizational change process, both internal and external.

The results of these searches are presented in outline form in Diagram 1-3 followed by our rationale for selecting among the mechanisms and sources of initiative in shaping the external change strategies we utilized.

(Insert Diagram 1-3).

## Selection Rationale

Four criteria were laid down as guidelines in selecting among change mechanisms for purposes of creating change strategies, as follow:

1. A mechanism must be nonviolent and legal;

2. A mechanism must be manipulatible within our command of resources;

3. A mechanism must be capable of replication and/or general transferability to practice; and,

4. A mechanism must be supportive of our change goals and consistent with our research commitments and approach.

---

[1] We can only hope that our efforts reflect Laurence Lynn's definition of muddling through as, "...doing the hard work of researching, evaluating, experimenting, advocating, and negotiating, but doing it as well and as thoughtfully as we can." as quoted by H. A. Davis and Susan Salisin in "Shortfall: What Next for the Evaluation?" Evaluation, Spring, 1974, p.59.

Diagram 1-3

Change Mechanisms and Sources of Initiative:
Components of External Strategies
for Organizational Change

Change Mechanisms                                    Sources of Initiative

Charismatic Leadership                               External Elites
                                                     (Community-Govern-
Information Exposure                                  ment Leaders)

Social Pressure                                      External Citizenry
                                                     (Collective/Indivi-
Money                                                dual)

Law/Regulations                                      Internal Elites
                                                     (Organizational
Consultation                                         Management)

Technological Shortcuts                              Internal Participants
                                                     (Lower Staff)

Charismatic Leadership as a mechanism was ruled out as
failing to meet criterion 3. While there is general acknowl-
edgment that relatively unique, gifted individuals can move
events--and organizations--the technology for identifying and
hiring such persons for research work and later training
others to perform such work in general practice does not
exist.

Both Money and Law/Regulations are clearly mechanisms
that can change organizations from without. Both, however,
were beyond our means to command or manipulate and, there-
fore, were dismissed as failing to meet criterion 2.

We recognized that much of what we currently know about
organizational change derives from in vivo studies or ex post
facto evaluations of organizational responses to financial
or legal changes in their environments (Levine and White, 1961;
Breer and Locke, 1965; Greenblatt, 1971; Lyden and Lee, 1973).

Also, we became aware in the course of our work of the considerable leverage in existing legal, regulatory, and financial mechanisms for changing children's institutions.

Some voluntary institutions that we worked with, for example, were highly vulnerable from the standpoint of service demands imbedded in state licensing standards that were upgraded during the time our work was underway. Also, state per diem payments for resident child support could have been utilized to change reluctant institutions (Ga. Dept. of Human Resources, 1973).

Other institutions were concerned with a Federal lawsuit initiated in Alabama that had implications--depending on the nature of the outcome--for loss of tax exempt status for failure to comply with the Civil Rights Act and Federal Affirmitive Action programs (Player vs Alabama, 1972).

Still others were worried about whether the Federal Fair Employment Practices Act applied to their institutions since they feared that were they required to pay minimum wages to cottage life personnel they would have to make radical changes in programming and staffing (U.S. Dept. of Labor, 1971).

While these mechanisms--and others--were available to action oriented citizens and public officials they were beyond our means to manipulate. The best we could have done would be to have evaluated how their use by others turned out, but such an approach fell far short of our research aims.

Technological Shortcuts often impact organizations causing them to change. The term itself means physical or biological (as opposed to psychological or social) inventions that, "...derive their efficiency not from reorganization, but from the replacement of human services in the handling of social problems" (Etgioni and Remp, 1972, p.31).

The example of birth control devices will suffice to illustrate what is meant here. The utilization of a variety of these devices has been demonstrated effective in reducing the social problems of unwanted pregnancies. In the process, these devices have in some measure replaced the more costly and less efficient psychosocial mechanisms of counseling individuals to achieve the same result.

At present, however, we know of no technological short-cut for replacing current psychosocial approaches to the field of substitute care for children. As such, this mechanism for organizational change was not applicable.

Finally, Consultation was ruled out as not meeting criterion 4. In general, the consultation process follows the course of experts being invited into an organization to provide insights helpful in resolving organizationally acknowledged problems (E. M. Glaser, 1974). Our approach deviated substantially from this pattern in that we solicited the participation of institutions—many of which saw no problem in their current modes of operation—and actively attempted to implement a model of service delivery of our own construction.

While the abiding aim was to benefit all participating institutions, our efforts were tailored to benefit them consistent with our goals. Thus, in no way can our efforts be interpreted to be a test of the responsiveness of children's institutions to the impact of expert consultation.

This process of elimination left us with two commonly utilized mechanisms for organizational change, namely, Information Exposure and Social Pressure.

The information exposure mechanism was dealt with rather easily since all participating children's institutions were to be exposed to a detailed description of the goals, and methods of community-oriented care covering all 14 components of our model.

The social pressure mechanism caused us to deliberate upon the various combinations of sources of initiative that could be utilized in conjunction with information exposure to form distinct, manipulatible, and feasible external change strategies to test institutional responsiveness.

Three external change strategies were formalized and developed for use along lines commonly utilized in real life communities to produce social and/or organizational change, as shown in Diagram 1-4, and discussed thereafter.

(Insert Diagram 1-4)

The essential standard we utilized in settling on the three combinations of sources of initiative was whether there

## Diagram 1-4

### Three External Change Strategies for Inducing Change in Children's Institutions Toward Community-Oriented Care

| Change Mechanisms | | Adopted External Change Strategy |
|---|---|---|
| Information Exposure | Social and Pressure | |
| **I.** Model of Community-Oriented Institutional Care | Internal Elites Internal Participants | Staff Development |
| **II.** Model of Community-Oriented Institutional Care | External Elites, Internal Elites | Series of Community Leader/Institutional Director Group Sessions |
| **III.** Model of Community-Oriented Institutional Care | External Elites External Citizenry Internal Elites | Social Sponsorship by Detached Unit of Research Institute Personnel |

was a common means in real life communities that a given com-
bination of sources might use to bring about organizational
changes.

In our view, one set of combinations involving internal
staff and external elites and/or external citizenry (sets 8,
9, 10 in Diagram 1-5) did not meet this standard. What, we
asked, was the common means used by organizational staff
coming together with external individuals and groups to
achieve organizational change, totally exclusive of the in-
volvement of organizational management?

One common means would be unionization which could be
employed as an external change strategy. However intriguing
this option is in theory, the prospects of operationalizing
and utilizing this strategy with children's institutions

within our time constraints seemed beyond the realm of the possible.[1]

Other combinations involving internal sources and one external source were ruled out as lacking sufficient distinctiveness for formulating a strategy clearly different from others selected for use (sets 3, 4, 5).

Finally, incorporating all four sources of initiative in a single external change strategy (set 7), was viewed as unwieldy for research purposes, and utilizing external sources alone (set 11) was considered to be too detached from the affairs of children's institutions to yield any measurable consequences over the short span of one year.

Diagram 1-5 displays all possible combinations of the four sources of initiative with those selected for use set off in boxes.[2]

## Diagram 1-5

All Possible Combinations of 4 Sources of Change
Initiative and the $\boxed{3}$ Selected for Use

| Sets | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
|------|---|---|---|---|---|---|---|---|---|----|----|
| | $\boxed{\begin{matrix}IE\\IP\end{matrix}}$ | $\boxed{\begin{matrix}IE\\EE\end{matrix}}$ | IE<br>EC | IE<br>IP<br>EE | IE<br>IP<br>EC | $\boxed{\begin{matrix}IE\\EE\\EC\end{matrix}}$ | IE<br>IP<br>EE<br>EC | IP<br>EE<br>EC | IP<br>EE | IP<br>EC | EE<br>EC |

Key:
IE = Internal Elites
IP = Internal Participants
EE = External Elites
EC = External Citizenry

---

[1]A movement in this direction is being stimulated at the Institute of Child Mental Health in New York City under the leadership of Dr. Jerome Beker.

[2]All possible combinations (n=11) were arrived at by use of the formula $\binom{n}{n_1} \frac{n!}{r!\,(n-r)!}$, for combination of $\binom{4}{2}=6$, $\binom{4}{3}=4$, $\binom{4}{4}=1$.

Each of the three selected combinations of sources of initiative is frequently brought into play in the process of inducing change in organizations in real life communities through generally identifiable but different strategies.

If we view the model of community-oriented institution- al care as a modest, eclectic "social invention" (Coleman, 1970), we can conceive of internal management and staff be- ing brought together in a staff development enterprise for purposes of evaluation and implementation.

It is also quite conceivable that community leaders in child welfare and institutional directors might come together for a series of meetings for the same purpose.

Finally, in these times of social activism, it is possi- ble that an independent group or organization in a community might undertake the sponsorship of this invention bringing it to the attention of the public as well as community and insti- tutional leaders in an effort to spearhead a general community movement toward implementation.

These are the three relatively distinct external change strategies we sought to bring into play in three different communities, each having several children's institutions, over a year's time.

### The Uniform Content Agenda and the Role of Institute Staff in Carrying Out the External Change Strategies

There is relatively broad agreement that the organiza- tional change process moves in steps from evaluation through initiation, implementation, and finally to routinization (Hage and Aiken, 1970).

The primary role of Institute staff using all three ex- ternal change strategies was that of a catalyst in introduc- ing the evaluation phase, bringing closure to that phase fol- lowed by presentation of clearly formulated, feasible recom- mendations for change, and providing carefully delineated technical assistance to children's institutions to facilitate initiation of such recommendations. Follow-up evaluations served to determine the extent to which each institution carried out changes started during the life of the three pro- jects.

A uniform content focused on community-oriented institutional care was introduced in time limited phases in conjunction with each of the three external change strategies to promote self evaluation and subsequently closure on change commitments.

The 14 part community-oriented model of institutional care was reworked into a six part content agenda incorporating change goals and specific study areas to guide Institute personnel and community-institutional participants. No more than eight weeks was given over to any part of the agenda described in its entirety in the following outline.

---

### OUTLINE OF THE UNIFORM CONTENT AGENDA USED WITH ALL THREE EXTERNAL CHANGE STRATEGIES

EXTERNAL DIMENSION: MEETING COMMUNITY NEED

#### Part 1: Defining Service Needs and Goals

> Goal Directions:
>
> -- Higher community involvement in institutional goal setting;
> -- More staff involvement in community child service system planning;
> -- Elimination of policy barriers to serving the difficult child;
> -- Improved child flow management.

Study Areas:

-- Review who presently defines which children will be served by institutions.
-- Examine appropriate roles for various agencies/individuals (including parents) in defining who should be served.
-- Explore what the role of the institution is now and should be in informing the community about its goals/purposes/services.
-- Evaluate the contribution institutions now make to planning community children's services and defining their place in the service system and what it should be.

---

## Part 2:  The Processing of Service Needs

Goal Directions:

-- More staff provision of nonresident services;
-- More community provision of reside▮▮rvices;
-- Greater use of on-grounds facilities▮quipment
   by nonresidents;
-- Increased engagement of visitors as supporters
   of program.

## Study Areas:

-- Review present patterns of child flow, including
   pattern of reliance on certain referral and replace-
   ment resources, problems of waiting lists and vacan-
   cies, relationship between a balance of admissions/
   releases and the length of time children are in
   residence.
-- Examine present admissions procedures and policies
   and how they effect child flow, public image, and
   community/institution service relationships.
-- Evaluate present pattern of direct service collabo-
   ration between institutions and community, includ-
   ing present services provided by institutions such
   as case consultation, referral, etc., and present
   paid and voluntary services provided by community
   residents.

## Part 3: Adapting to New Service Needs

Goal Directions:

-- Movement toward day services/day care services;
-- Movement toward short term/temporary/crisis services;
-- Movement toward decentralized services;
-- Movement toward greater coordination of services and new linkages with community, especially re: admissions/replacement.

Study Areas:

-- Review changes and developments in the community that are producing greater needs for present services as well as needs for new services.
-- Identify types of new or innovative child services, needs for expansion, evaluate role of institutions in community planning to meet these needs and role of institutions in actually providing new or expanded services.

INTERNAL DIMENSION:  PREPARING RESIDENTS
FOR COMMUNITY RETURN

Part 4:  Preparing through Institutional Program
Experience

Goal Directions:

-- Movement toward decentralizing on-grounds live/
eat facilities;
-- Increased resident participation in community
under community supervision;
-- Movement toward reduction in child stigmatizing
practices.

Study Areas:

The Institutional program shapes the daily life
experiences of resident children.  How closely do these
experiences approximate those children receive at home
in the community?

-- Analyze the importance of various patterns of on-
grounds living/eating arrangements for the child.
-- Review comprehensiveness of on-grounds educational
recreational, social, therapeutic programs, how
the presence or absence of same shape life experi-
ences, especially in terms of influencing the rate
of participation of children in community activities.
-- Examine practices that may serve to stigmatize or
label children as being different, undesirable, etc.
by virtue of being institutionalized and evaluate
how such practices may shut residents out of impor-
tant life experiences among friends and/or in commu-
nity.

**Part 5: Preparing through Child Decision-Making**
**Involvement**

Goal Directions:

-- Movement toward greater sharing of daily life
   decision-making responsibility with residents
   consistent with age/maturity levels;
-- Movement toward single system of rules/regula-
   tions governing on-grounds/community behavior;
-- Movement toward decentralization of final
   authority;
-- Movement toward improved rewards/discipline
   system tied to resident decision-making.

Study Areas:

How much responsibility a child is given in influ-
encing decisions governing his daily life and the meth-
ods of rewarding/disciplining behavior are also crucial
factors in shaping his life experiences while in resi-
dence. Together they make important contributions to
the growth or retardation of a child's sense of accom-
plishment and self worth, and his sense of responsibil-
ity and fair play.

-- Determine degree of uniformity or existence of dual
   systems of rules governing on-grounds and community
   behavior of residents.
-- Examine current decision-making patterns and methods,
   their rationales, and possible effects.
-- Review practices related to the provision of rewards
   and discipline, who carries out, and rationales for
   same.

Part 6:  Preparing Relative to Replacement Planning/
Follow-up Services

> Goal Directions:
>
> -- Movement toward formalized case planning from
>    admission and on-going contact with replace-
>    ment source (Parent/Agency);
> -- Movement toward increased resident participa-
>    tion in assessment/replacement process;
> -- Movement toward improved search/evaluation
>    procedures, and creation of new services
>    (e.g., trial placement visits);
> -- Movement toward increased assistance to child
>    in community following replacement.

> Study Areas:
>
> -- Review replacement planning/follow-up services proce-
>    dures and methods for carrying out same, impor-
>    tance for children and value to institution as a
>    device to obtain feedback on service effectiveness.
> -- Identify and evaluate potential community resources
>    (including parents) for assisting in carrying out
>    these activities.

In our view the role of Institute personnel most closely
approximated that of community planners, administrators, and/
or other officials who face the problems of how to induce
change toward better--or at least different--service approach-
es in a component of a service network from the outside under
conditions of severly limited resources (e.g., money, author-
ity, technical knowledge).

The leaders of each of the three projects were attended on nearly all occasions by a staff assistant who served to process record all engagements with community/institutional participants and to cross check the accuracy of each project leader's observations.

The project leaders were also required to keep a technical assistance log in which the time, number, and nature of technical assistance acts by Institute personnel were recorded.

This log served to keep all personnel in touch with our essential guideline that technical assistance in no case would be provided as a substitute for or in duplication of efforts community/institutional participants could carry out themselves.

Since the nature of technical assistance varied somewhat depending on the type of external change strategy being implemented, the limits imposed on such activity differed as noted in the description of each project in the next section.

A Description of the Basic Process in the Three Experimental Change Projects

Project I:   Staff Development Strategy

Location:   Atlanta, Georgia

Target Group:   6 voluntarily funded institutions for dependent/neglected children

Project Staff: Leader - Elisabeth Schaub, DSW
Assistant - Deborah Newton, MSW

Project Goal:   Stimulate institutional change in a community-oriented direction through a one year staff development program involving time sequenced introduction of the Uniform Content Agenda with internal elites (institutional directors) and internal participants (lower staff) of the target group.

Basic Process

Introductory interviews were held with the directors of all six institutions during which the goals and methods of the project were fully disclosed by the Project Leader. The content of the staff development approach was outlined and commitments to a one year involvement were solicited and obtained, following board review in most instances.

During the first six months of this project the Internal Dimension of the Uniform Content Agenda dealing with preparing residents for return to community was introduced to the combined lower staffs of all six institutions. Six sessions were held in the Atlanta area attended by from 56 to 87 cottage life and social service personnel.

These mass sessions were co-instructed by the Project Leader and an acknowledged expert on the internal phases of residential care hired specifically for these tasks,[1] and conducted on a rotational basis at each of the six participating institutions.

All of these sessions were formally organized and utilized audio-visual aids (films and tapes demonstrating service problems correctible by community-oriented approaches), prepared bibliographies and assigned reading materials.

Two meetings were given over to each of the three parts of the content on the Internal Dimension of the agenda. After each presentation, small discussion groups were formed and change recommendations were solicited from the groups.

Additionally, as assignments, each participant was asked to go back to his or her institution and implement one or more of the change recommendations on a trial basis, evaluate the success of this enterprise and feedback the results to participants at the next session.

In between these general sessions, the Project Leader met with the staffs of each institution for the purpose of demonstrating the appliability of the information conveyed in general sessions to specific institutional settings.

---

[1] Mrs. Bess L. Bell, MSW, Tallahassee, Florida, a child welfare consultant in private practice performed these duties and jointly prepared a great deal of the material used in these sessions.

At the end of the sixth session, a full review was conducted and the entire participant group drew up a list of recommendations for changes in internal programming, some to be presented to institutional directors for action, and some to be acted upon by lower staff members themselves.

These recommendations served as the content for a joint session between all lower staff and the directors and other administrative personnel of the six institutions. The outcome of this meeting was the public commitment of institutional directors to undertake changes on a number of matters.

The remaining six months were given over to a series of eight meetings with institutional directors and other administrative personnel on the three parts of the External Dimension of the Uniform Content Agenda.

These meetings were also conducted in a formal instructional manner by the Project Leader. They were supplimented by four sessions led by outside experts and at least two additional meetings between the Project Leader and each institutional director.

At the end of this phase of the work an evaluation session was once again held for the purpose of producing recommendations for institutional changes in the external phase of program, some of which were to be carried out collaboratively and some individually by institutional directors.

Without going into detail, the staff development program was designed to utilize the best available technology in the field of staff development to maximize the effect of this approach.

Devices such as audio-visual aids, small group discussions, formal feedback/evaluation mechanisms, closure with recommendations for action, use of instructors having special knowledge, and meeting with individual institutional staffs to increase the relevance of the instructional content were all utilized in a premeditated fashion to serve this end.

Technical assistance in this project was limited solely to activities consistent with the basic instructional role. The Project Leader could, upon request, locate and provide additional information and materials and counsel on their use, but she could not actively enter into coordinating change activities between or within institutions, or participate directly in setting up pilot, demonstration, trial or other types of change efforts.

```
┌─────────────────────────────────────────────────────────────┐
│                                                               │
│   Project II:   Community-Leader/Institutional Director       │
│                 Group Sessions                                │
│                                                               │
│   Location:  Macon, Georgia                                   │
│                                                               │
│   Target Group:   5 voluntarily funded institutions for       │
│                   dependent/neglected children                │
│                                                               │
│   Project Staff: Leader - William Gardner, Ph.D.              │
│                  Assistant - Barbara Fargason Epting, BA       │
│                                                               │
│   Project Goal:   Stimulate institutional·change in a com-    │
│                   munity-oriented direction through a one     │
│                   year series of group meetings between       │
│                   external elites (community leaders) and     │
│                   internal elites (institutional direc-       │
│                   tors) involving the time sequenced in-      │
│                   troduction of the Uniform Content Agenda.    │
│                                                               │
│  ┌──┐      ┌──┐                                               │
└──┘  │      │  └───────────────────────────────────────────────┘
    ┌─┘      └─┐
    \  Basic  /
     \Process/
      \──────/
         V
```

Two objectives were sought in the introductory phase of
this project.  First, commitments to the year long series of
group meetings were solicited from institutional directors
in the locality.  Secondly, the project leader obtained an
office site in the local 4-C's operation to facilitate on-
site communication with participants on an as needed basis.[1]

───────────

[1] This approach proved unnecessary.  Early, in the project's
life participants took to calling the project leader at his of-
fice at the Research Institute in Athens on the toll free WATS
line.  Since the Project Leader could make the 140 mile round
trip to Macon by auto whenever needed, we found this communica-
tion link to be as good as having a local number available to
participants.

The basic procedure was to introduce the six parts of the Uniform Content Agenda in the group meeting context, giving no more than 6 to 8 weeks to any single part of the agenda.

The Project Leader was responsible for scheduling group meetings, focusing group attention upon appropriate content, facilitating discussion, obtaining guest (community leader) participants, and bringing the group to closure on change recommendations at the designated termination point for discussion on a given part of the content agenda.

The general approach to scheduling group meetings was to have the Project Leader hold an opening meeting with institutional directors during which he introduced detailed material describing the components of the part of the agenda to be focused upon.

In the discussion that followed, the Project Leader aided participants in identifying changes that could be made in individual institutions, those requiring collaboration among several directors present, and/or those requiring collaboration with community agencies and officials.

.If closure was achieved at this first meeting the Project Leader would obtain the names of community leaders whose participation would be helpful to planning and initiating changes. These individuals would be invited to attend the next group meeting at which time the Project Leader would point participants toward joint planning and change commitments.

If closure was not achieved by the end of the first group meeting on a particular part of the agenda, a second meeting of institutional directors was arranged specifically for this purpose prior to involving community leaders.

On the average, this process yielded between 4 and 6 group meetings over the 6 to 8 weeks allotted to each of the six parts of the Uniform Content Agenda.

Over a year's time, the institutional directors were involved as a group with the local juvenile court judge and court placement officials, the county welfare department director, the director of the local Family Service agency, the area office of the U.S. Department of Labor, state licensing officials, officials of the local vocational-technical school, several directors of institutions in other parts of the state

who served as experts on particular content matters, and the local Board of County Commissioners.

Several of these sources were engaged with the institutional directors on a repeated basis over the life of the project.

In between the scheduled group meetings, the Project Leader met on an as needed basis with individual institutional directors and community leaders, primarily for the purposes of increasing the relevance and focus of the content under consideration and to provide a liaison between all parties.

Technical assistance in this project was primarily conducted through these individual contacts and was limited to what we felt to be consistent with the role of a group leader.

The Project Leader was allowed to convey information between parties, contact outside resource persons at the request of participants to obtain information, coordinate meetings between parties additional to the group meetings themselves, and provide advice on how to operationalize commitments to institutional/community changes.

Broad latitude in coordination of activities distinguished technical assistance in this project from that allowed in the staff development project. In both projects, however, the Project Leaders were prohibited from engaging in the direct conduct of pilot or other time limited demonstrations of tests of change recommendations arrived at by the group.

Project III: Social Sponsorship by a Detached Staff Unit

Location: Savannah, Georgia

Target Group: 5 voluntarily funded institutions for dependent/neglected children. (Subsequently expanded to cover 6 institutions)

```
Project Staff: Leader - Julius Hornstein, MSW
               Assistants - Jesse Cooper, BA
                            Judy Daly, BA
                            R. D. Kent, BA
                            Judy Benton, BA (Secre-
                              tarial)

Project Goal:  Stimulate institutional change in com-
               munity-oriented direction through a
               year long effort to engage segments
               of the public (external citizenry),
               community leaders in child welfare
               services (external elites), and in-
               stitutional directors (internal
               elites) in a process of examining
               issues and needed changes in the
               community-service delivery system.
```

Basic
Process

The initial tasks facing the Project Leader were those
of locating rent free office accommodations, hiring and
training a small staff of personnel in project content and
methodology, and gaining community-wide visibility for the
Social Sponsorship Unit.

Excellent office space was obtained from United Commu-
nity Services, the local Red Feather agency, and substantial
visibility was achieved through a front page interview with
the Project Leader covering the Unit's goals and methods that
appeared in the local press just prior to the beginning of the
Unit's work.

In order to maximize the Unit's independence from its parent Research Institute, it was provided its own budget, letterhead stationery and similar symbols of a discrete organization. Research Institute personnel were utilized in backup roles primarily in the areas of data analysis and editorial work related to the reports issued by the Unit over time.

Personnel hired into the Unit as assistants had no professional training and no experience in the type of work ultimately engaged in by the Unit. We purposely sought out such personnel because it was felt that they more closely approximated the type of personnel that would be available for this type of venture in an average community than would a staff of highly trained professionals.

All assistants received roughly two weeks of indoctrination in the Unit's purposes and methods prior to undertaking their assignments including two separate day long seminars with Research Institute personnel.

Coincident with these activities, the Project Leader obtained commitments from all local children's institutions to participate in the venture and arranged to speak before several local civic clubs to explain the Unit's mission.

The Unit was set up to mobilize a broad community of interest to implement the goals of community-oriented institutional care. Over its one year life the Unit directly engaged 29 community agencies and interest groups--many on a repetitive basis--in addition to a total of 6 local children's institutions.

Under the direction of the Project Leader, Unit staff engaged in three principle types of activities, namely investigative analyses of community services, implementing time limited innovations in service delivery methods, and disseminating information to increase public awareness.

A work plan was adopted that gave over the first six months of the Unit's life to investigating the three parts of the Uniform Content Agenda most germane to broad community interests, namely, those dealing with Defining Community Need (Part 1), New Service Needs (Part 3), and Replacement Planning/Follow-Up Services (Part 6).

An eight week·period was allocated to each of these three parts in succession. Staff were assigned to collect data, conduct interviews, and gather pertinent materials and observations which culminated in research reports complete with recommendations for community-oriented changes.

The Project Leader was responsible for preparing the reports, and issuing them to a wide community audience. Additionally, he arranged meetings comprised of a cross section of officials, institutional directors and others to discuss the recommendations and saw to it that the contents of the reports appeared in the local press where appropriate.

After these efforts were well underway, planning began under the Project·Leader's direction toward selecting pertinent service delivery issues that could be developed into innovations capable of demonstration by Unit staff.

The object here was to show the way in demonstrating that change could be rather swiftly and successfully undertaken within the community utilizing existing resources.

Part 2 (Processing of Service Needs), Part 4 (Institutional Program Experience), and Part 5 (Child Decision-Making Involvement) of the Uniform Content Agenda were utilized as being most readily addressable in the short-term demonstration format.

The substantial feedback obtained by the Unit in its investigative work was utilized to identify the more pressing needs in the community that could be alleviated by a more community-oriented approach. These needs were isolated and demonstration approaches were settled upon.

In addressing Part 2 of the content agenda, the Unit developed a comprehensive approach to managing child flow that offered the services of the Unit for a designated period of six months as a centralized communications hub for referring children's service agencies and receiving institutions.

It was proposed that the Unit monitor bed vacancies, cut down on duplicate and "shot gun" referrals to institutions, inform referring agencies of institutional admissions criteria and the like, and, during this time work with participants to set up an operation that would continue after the Unit itself was terminated.

The Unit developed and worked to implement a volunteer program to expand institutional use of community resources in addressing Part 4 of the agenda. In this case, students from two local universities were solicited through their undergraduate social work departments for general purpose and specialized (i.e., tutorial) volunteer work in children's institutions.

Planning and initiation phases of these demonstration efforts were held to eight weeks each, although Unit personnel were committed to supportive and technical assistance efforts throughout the remainder of the Unit's life (roughly six months). Again, these demonstration efforts were given high public visibility through the Project Leader's contacts with the local press and civic groups.

Consistent with the design of the other projects, evaluations were conducted following the termination of the Unit, to assess the degree of responsiveness of local children's institutions to these change initiatives.

It should be noted here that we did not complete the work plan in its entirety, partly, perhaps, because of the Unit's success in achieving community visibility.

We did not complete the follow-up study of released children or a demonstration involving community-oriented modifications of institutional decision-making processes.[1]

Our plan called for both of these efforts to be completed during the second six months of the Unit's life. We found, however, that by that point in time the Unit was getting a large number of calls for technical assistance and other requests for guidance in modifying services from a wide variety of child welfare agencies and interest groups in the community.

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[1]The basic problems with the follow-up study were the enormous costs relative to staff time and money. Even though this study was limited to evaluating the adjustments of former residents placed in the Savannah area, only 25 evaluations were completed over a 6 month period out of a potential sample in excess of 100. The cycle of case finding-failure to comply-repeated call backs-refusals-relocations-case finding, etc., resulted in an estimated cost of 155.00 per evaluation causing us to shut down this venture.

We could not justify ignoring this heavy demand entirely, and we modified the work plan to incorporate some of the efforts we were making with these agencies as short-term demonstrations. Nevertheless, in no case did we undertake any work with a community agency or institution that deviated from the community-oriented goals stipulated in the Uniform Content Agenda.

In sum, this relatively complex enterprise represented an attempt to establish a unit of personnel with relatively high independence to perform investigative, demonstration and public awareness work for the purpose of sponsoring and promoting community-oriented institutional care.

Consistent with this overall role, the Social Sponsorship Unit was allowed to provide technical assistance in matters of setting up and demonstrating the feasibility of recommended changes in service delivery methods in addition to fulfilling requests for assistance of an informational and/or coordinative nature.

As in all other projects, a complete technical assistance log was kept, and a full set of internal weekly reports on Unit activity were prepared and maintained by the Project Leader.

### Comparison of the Three Projects: Similarities and Differences

We have gone on at some length in discussing the bases for selecting external change strategies and outlining the essential components of the three projects we set in motion to utilize them.

Our problem from the beginning was one of trying to create projects using three distinctly different external change strategies that were as close as possible to real-life circumstances and yet sufficiently organized and planned to allow accurate assessments and meaningful comparative evaluations.

Clearly, we sacrificed research design considerations in our efforts to simulate real-life circumstances. The three projects differ in terms of the combinations of sources of initiative utilized and the strategies we adopted to induce change.

Maximum control over the implementation of three projects would have required holding one or the other of these factors constant.

In short, we could have used staff development (or one of the other strategies) in three projects utilizing differing combinations of sources of initiative, or all three approaches holding sources of initiative constant.[1]

To do this, however, would have removed some of the projects from real-life circumstances. For example, how often is staff development utilized to mobilize a combination of public opinion, community leaders, and institutional directors?

What we attempted to do was to match a particular combination of sources of initiative with a strategy commonly utilized to mobilize that combination in communities and organizations in our efforts to induce change.

We believe that treating each combination of sources of initiative and the strategy we associated with it as a whole unit better fits real-life situations and aids in the transferablity of our findings to use in real-life practice.

At the same time, we concede that doing so makes it more difficult in a technical sense to precisely extract whether it was the particular combination of sources of initiative, the strategy used, or both in combination that produced the degree of institutional change we recorded in our data.

These are the important differences between the three projects. They were all similar in that they were conducted by Research Institute personnel, were identical in goal structure, imparted similar informational content in time limited segments, were conducted in metropolitan settings, and were one year undertakings that began and ended at the same points in time.

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[1] It would be possible, of course, to draw up a 3 by 3 design that would have employed all approaches with each combination of sources of influence, or, in total, nine different projects.

## Summary of Basic Research Questions

This chapter has outlined our thinking and decisions about assessing the effectiveness of children's institutions relative to their impact on resident populations and their responsiveness to external change stimuli.

The concept of community-oriented institutional care was discussed and child competencies for adequate community living were identified.

In addition, three external change strategies were set forth and the three experimental projects within which they were operationalized were described in detail.

As a body, these materials present the conceptual framework within which the basic research questions were addressed.

The questions, as we dealt with them, were as follows:

### Research Questions Regarding Institutional Impacts on Resident Children

1. Is the institutional experience generally ineffective, in the sense that it inhibits or otherwise distorts the growth and development of competencies needed for community living among residents?

2. Is community-oriented care more effective than its custodial alternative in preparing residents for a return to adequate living in their own communities?

### Research Questions Regarding Institutional Responsiveness to External Change Strategies

1. How do the three external change strategies effect the rate, type and nature of induced changes in institutions?

2. What effect, if any, does level of community-orientedness in existing institutional modes of operations have upon the rate, type and nature of changes undertaken by institutions exposed to the experimental projects?

Research Questions Regarding the Impact of Staff Service
Orientations on Institutional Effectiveness

1. What is the nature of the differences in staff
   service orientations, if any, comparing between
   community-oriented and custodial institutions?

2. To what extent and in what ways do staff service
   orientations effect the impact institutions have
   upon residents and institutional change rates?

# CHAPTER II

## RESEARCH METHODOLOGY

### Overview

A research design is simply a work-plan purposely fitted to the conceptual limits of a study to address the questions for which answers are sought.

This Chapter provides a detailed discussion of the research design, sample characteristics, and measurement methods and instruments employed in the conduct of the research program.

Throughout the Chapter remarks on the shortcomings of the design and information on the reliability/validity of the instruments utilized are included to provide perspective on the adequacy and limitations of the research approach and the findings it yielded.[1]

Four parallel yet interwoven lines of work were carried out relative to baselining children's institutions, measuring resident and nonresident child competencies, measuring institutional staff orientations and conducting the experiments in institutional change as illustrated in Diagram 2-1.

(Insert Diagram 2-1)

In sum, the primary objectives to be accomplished were the establishment of an informational baseline on institutions, institutional staffs and resident children, and the development of further evaluation methods to facilitate longitudinal, post experimental and comparative analyses of institutional effectiveness.

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[1]The Institute also maintains complete sets of master code sheets and scoring keys for all instruments cited in this chapter and duplicate decks of all raw data. These resources can be made available to those wishing to pursue the subject matter dealt with in this research program through reanalysis of the data, replication, or other means.

A separately bound suppliment to this Report titled, Technical Appendices, contains a full set of research instruments used in the research program.

Diagram 2-1

Representation of Research Program
Activities Flow, Initial Efforts to
End Results

**Initial Effort**

**Intermediate Steps**

**End Result**

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Develop/operationalize model of community-oriented institutional care

→ Baseline institutions re: existing levels of community-orientedness in facilities/programs/policies

→ Conduct validation study of institutional decision making structures

→ Compute institutional starting points for experimental change/select comparison (non-experimental) institutions for follow-up.

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Develop/operationalize model of adequate child competencies for community living

→ search residents' case records and test resident children

→ retest resident children remaining in care (1 yr. later)

→ norm instruments with groups of non-resident children

→ Evaluate child competency outcomes by effect of community oriented vs non-community oriented care; residents vs non-residents; continuing residents (Test-retest).

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Select measures of institutional staff orientations

→ survey institutional staffs

→ obtain staff ratings of resident child progress.

→ norm instruments with groups of non-institutional child care personnel

→ Evaluate role of staffs in institutional effectiveness and change

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Identify external change strategies/develop experimental institutional change projects

→ select experimental sites and conduct experimental change projects (1 yr. duration)

→ Evaluate experimental change projects re: amount of induced change by type of institutional starting point and external change strategy exposure.

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## Sample Characteristics

The research program dealt with the entire aggregate of institutions for dependent and neglected children in Georgia (N=36),[1] their full-time staffs (N=481) and their resident child populations (N=1,750 est.). Institutional, staff, and resident population characteristics are briefly sketched in this section.

### Children's Institutions

Thirty-four (34) of the total of 36 institutions function under voluntary auspices drawing their funds from a variety of private sources, and two are funded by local county governments.

Thirty-two (32) institutions cooperated fully in all phases of the research program while four others participated only in the institutional baseline survey and the collection of case record data on resident children.

The four institutions that were only partially involved included the two sponsored by local governments and the only two private proprietary institutions in the state.

In general, the research program dealt with all voluntary nonprofit children's institutions in Georgia.

Geographically, 14 institutions are located in rural areas or small towns of less than 10,000 population, 15 others are located in metropolitan areas exceeding 250,000 in population, and the remaining seven are found in areas of intermediate size. The spread of these institutions throughout the state is illustrated in Appendix B.

Far more similarities than differences exist between these institutions relative to facilities and programs in spite of the fact that four have adopted the term of residential treatment center and one prefers the label of boarding school.

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[1]Fourty-two (42) establishments held institutional licenses; however, six were deleted following staff on site inspections as being, in reality, group homes. At the beginning of the research program (1971) the state of Georgia did not license group homes separately.

For example, most (85 percent) are moderate in size having bed capacities within a 20 to 60 range, and all but three offer cottage type living arrangements. Roughly half of all institutions have decentralized their facilities for meal preparation and service.

Regarding program features, almost all institutions require or provide physical exams at admission and offer some form of social casework services. Roughly one-third of all institutions also require religious education and provide volunteer tutors for individual educational assistance. Generally speaking, no other educational, recreational, or counseling program features are emphasized by a significant number of institutions.

No institution in the sample offers more than token services to its surrounding community and none has comprehensive replacement planning and follow-up services.

Typically, institutional decision-making structures are highly centralized—including reward/discipline systems—and children are commonly supervised by institutional staff when they enter the community, especially when in groups.

This thumbnail sketch does not, of course, reflect the wide variation that exists within the sample on specific facility and program matters. A more precise reading of the variation within the sample may be obtained by review of a series of summary tables showing the actual distribution of institutions on these matters as presented in Appendix C.[1]

At the same time, survey reports from other states' on similar aggregates of institutions (Pennsylvania Association, 1971; Kentucky Dept. of Child Welfare, 1972) and other studies (Pappenport and Kilpatrick, 1966; Kadushin, 1973) indicate that our sample of institutions is typical of those in other parts of the country that serve primarily dependent and neglected children.

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[1]A full description of the characteristics of the sample of institutions, staffs, and resident children is available in: George Thomas, A Baseline Evaluation of Child Caring Institutions in Georgia, (Regional Institute of Social Welfare Research, University of Georgia: Research Monograph, 1973) 111 pp.

## Institutional Staffs

A total of 948 individuals are engaged in one manner or another in the residential programs of all 36 institutions in the study as shown in table 2-1:

### Table 2-1

Distribution of All Institutional Staff
Members by Specialization Performed
(N=36 Institutions)

| Type of Specialization | N | Full time | Part time | Volunteer | Ratio No. Full-Time Staff/No. Residents |
|---|---|---|---|---|---|
| Executive (Dir & Ass't Dir) | 51 | 51 | --- | --- | 1:34** |
| Education | 205 | 43 | 42 | 120 | 1:41 |
| Recreation | 75' | 8 | 8 | 59 | 1:220 |
| Prof. Social Service | 16 | 9 | 7 | --- | 1:194 |
| Non-Prof. Social Service | 36 | 31 | 3 | 2 | 1:56 |
| Cottage Parents | 281 | 262 | 10 | 9 | 1:7 |
| Cottage Life Ass'ts | 21 | 17 | 2 | 2 | 1:103 |
| Other* | 263 | 60 | 114 | 89 | 1:29 |
| Totals | 948 | 481 | 186 | 281 | 1:4 |

*Other includes mostly paid maintenance, farm labor, kitchen help, dieticians, and domestic servants.

**Ratios rounded to nearest whole person. Ratios were computed using an estimate of 1750 residents in the 36 reporting institutions.

In general, the institutions in the study exhibit relatively simple staff structures composed of a director, social service staff, cottage parents, and assorted maintenance personnel.

Specialized personnel and volunteers are utilized by a very small proportion of all institutions. For example, a total of 4 institutions utilizes 90 percent of all education program volunteers and another aggregate of 4 utilizes 90 percent of all part-time and volunteer recreational personnel.

In 1972, the average turnover rate for full-time personnel in all institutions was 26 percent, with the range being from no turnover in 7 institutions to 83 percent in one. In all, 14 institutions exceeded the state average.

Data on staff background characteristics were obtained from a separate direct mail questionnaire submitted to all full-time staff (N=400) in the 32 fully participating institutions.

A total of 345 usable returns, representing a return rate of 84 percent, revealed that the typical staff member is female (68 percent), middle aged (58 percent between 31-60 years old), married and living with spouse (55 percent) and originally from a rural or small town environment (75 percent).

Staffs have substantial ties to their institutions other than wages. Seventy-eight (78) percent of all full-time staff members live on grounds and 76 percent eat all meals at their institutions. Also, among married personnel a majority have spouses employed at the same institution.

Job mobility is practically non-existent: 97 percent of all personnel remain in the position for which they were initially hired, regardless of length of time employed.

Finally, there appear to be serious educational and training deficiencies, particularly among cottage parent and cottage life personnel. Ninety-eight (98) percent of all cottage parents have less than high school educations and 63 percent of this group was not exposed to a single educational or training experience during 1971 (the year prior to the survey).

A more precise and detailed grasp of these staff characteristics may be obtained by reviewing the series of summary tables provided in Appendix D.

## Resident Child Populations

The average daily resident population of all institutions serving dependent and neglected children in Georgia is currently estimated to be 1,750 children. This figure has remained remarkably stable over the last few years.[1]

Systematic searches of all available case records of children in residence in the 36 institutions during March, 1972, provided detailed information on a total of 1,647 children or 94 percent of those estimated to be in care.

The great majority of children in care are white (88 percent) preteenagers (78 percent), 58 percent of whom are boys.

Thirty (30) of 36 institutions serve coed populations, however, there is less mixing relative to race. Two (2) institutions serve black children exclusively and 18 serve whites only. Sixteen (16) institutions have racially mixed populations but only 4 have minority race representation exceeding 10 percent of their total populations.

Slightly over half (53 percent) of all children come from urban environments, 30 percent come from rural areas and the remainder (17 percent) had prior residence in small towns under 10,000 in population.

Regarding family backgrounds, 64 percent of all children come from 1 parent homes (34 percent never married, 30 percent broken by divorce, etc.), and 65 percent come from families having 4 or more children.

The majority of residents come from blue collar (77 percent) low income households (76 percent under $6,000 family incomes) and were residing with one or both natural parents or grandparents at point of placement (63 percent).

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[1] Seventeen-hundred-and-ninety-three (1793) children were in care as of July 1, 1970; 1,744 as of July 1, 1971; and, an estimated 1,750 as of July 1, 1972. See: Annual Report Children Receiving Service in Child-Caring Institutions in Georgia. July 1, 1970--June 30, 1971. Georgia Division of Family and Children Services, Mimeo, no data.

The three most common sources of placement referrals are welfare departments (30 percent), parents themselves (28 percent) and juvenile courts (19 percent). The most common reasons given for placement referrals are family disaster (35 percent), abuse or neglect (24 percent), and child unmanageability (23 percent).

Legal guardianship is retained by parents in 45 percent of all cases, while institutions hold guardianship in slightly less than six percent of all cases.

Once admitted children tend to remain long periods (78 percent have been in care over one year, 58 percent over two years), and the majority (54 percent) are returned to their natural parents upon release.

Once again, a series of summary tables has been included as Appendix E to provide more detail regarding the characteristics of the total resident child population.

## Methodology for Baselining Children's Institutions

The first step taken to baseline children's institutions was to operationalize our Model of Community-Oriented Institutional Care (see Diagram 1-1) in the form of a questionnaire titled, "A Baseline Survey of Child Caring Institutions in Georgia".

The baseline questionnaire was organized in four sections to probe Institutional Facilities and Policies, Resident Child Populations (composition and flow), Staff (positional allocations, decision-making structures, training), and Program Services (to residents, community, parents/parent surrogates).[1]

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[1] Substantial parts of the baseline questionnaire, particularly the sections on Facilities and Programs were modeled on the census of children's institutions questionnaire previously developed and used by Donnell M. Pappenport and Dee Morgan Kilpatrick, in their report, A Census of Children's Residential Institutions in the United States, Puerto Rico, and the Virgin Islands: 1966. Vol. 1, Social Science Monograph, School of Social Service Administration, University of Chicago, 1970, 249 pp.

A separate study was initiated during the same period with the boards of every institution to determine their composition and roles in the conduct of institutional activities (Schaub, 1974).

The baseline questionnaire was submitted to the directors of all children's institutions by direct mail and follow-up telephone and personal interview contacts were carried out on an as needed basis to obtain missing data and to clarify ambiguous responses.

This process yielded complete usable results for every institution in the sample.

In order to achieve the objective of establishing a comprehensive profile on the degree of community-orientedness in each institution, a scoring and weighting method was then applied to the raw data.

In brief, scores for 94 single and aggregated variables were obtained for each institution and each score was then compared to a pre-established criterion measure.

Two types of criterion measures were utilized, namely, quantitative measures reflecting means, proportions, or ratios for the sample as a whole on a given variable, and binary measures reflecting the presence/absence of a given variable in each institution.

Each score was then assigned a weight, a plus (+) or a minus (-) depending on whether the score reflected care in the community-oriented direction or not vis a vis its criterion.

The scoring and weighting method is illustrated by utilizing two variables from the Child Flow dimension (El) of the model of community-oriented care, as follows:

| Variable | Criterion | Score and Weight |
|---|---|---|
| Institution has waiting lists? | Binary measure (no/yes, 1/0). | Score 1 if no, 0 if yes. Score of 1 is in community-oriented direction; therefore, $1 = +$, $0 + -$. |
| Average length of Child stay in institution. | Quantitative measure (Sample $\overline{X}$) | Below sample $\overline{X}$ is in community-oriented direction; therefore, below $\overline{X}_S = +$, above $\overline{X} = -$. |

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The entire list of 94 variables utilized in the baselining process is identified in Appendix F, Exhibit F-1, accompanied by criterion measures and weight assignment procedures.

The 94 variables were then fitted to the 14 parts of the model of community-oriented care and a tally of pluses and minuses was made for each part to obtain each institution's profile (See Appendix F, Exhibit F-2, "Institutional Profile Tally Sheet").

In all, 44 measures define the External Dimension (Meeting Community Need) and 50 measures define the Internal Dimension (Preparing Children for Community Return), distributed across the 14 parts of the community-oriented model, as shown in Diagram 2-2.

## Diagram 2-2

Scoring Ranges for Each Part of the Institutional
Community-Orientedness Profile

| External Dimension (Meeting Community Need) | Range | Internal Dimension (Preparing Children for Community Return) | Range |
|---|---|---|---|
| Totals | +44 to -44 | | +50 to -50 |
| E1. Child Flow | + 6 to - 6 | I1. Replacement Preparation | + 8 to - 8 |
| E2. Child Population Composition | +13 to -13 | I2. Child Stigma | + 5 to - 5 |
| E3. Restrictiveness of Admissions | + 5 to - 5 | I3. Cent. Live/Eat Facilities | + 8 to - 8 |
| E4. Staff Capacity: Depth | + 3 to - 3 | I4. Camp, On-Grounds Program | + 7 to - 7 |
| E5. Staff Capacity: Continuity | + 3 to - 3 | I5. Daily Life D-M Pattern | + 8 to - 8 |
| E6. Staff Cross Flow | + 7 to - 7 | I6. Discipline/Rewards | + 8 to - 8 |
| E7. Director's Change Orientation | + 7 to - 7 | I7. Cent. of D-M | + 6 to - 6 |

The distribution of weights across the 14 parts of the model served two essential purposes.

First, they enabled us to establish each institution's status relative to community-oriented care prior to initiating our institutional change experiments.

Secondly, the proportions of pluses to the total possible scores for all of the 14 parts served as quantitative measures utilized in a variety of statistical analyses of the impact of institutions upon resident populations.

Finally, every effort was made to establish the accuracy of the data derived from the baseline questionnaire by obtaining and comparing data from a secondary source.

For the most part, children's case records and other institutional records served as the secondary source.

Wherever possible, quantitative comparisons were made of two data sources and the extent of deviation was determined.

In all comparisons where a deviation of less than 10 percent (+ or -) was found between the two data sources (38 of 44 variables compared) the data from the baseline questionnaire were retained.

Deviations exceeding that level resulted in rejecting baseline questionnaire data and replacing it with data compiled from institutional records.

Extensive reliability/validity analyses were also carried out on the 22 variables measuring decision-making and rewards/discipline systems (parts I5 thru I7 of the model).

Sections of the baseline questionnaire dealing with decision-making and rewards/discipline systems were lifted intact and submitted to one social service and one cottage parent staff member in each of 12 randomly selected institutions.

The relatively high levels of agreement among staff and director perceptions of the structure of decision-making and rewards/discipline systems suggest the baseline data to be an accurate statement of these components of institutional care.

The complete results of this study, including notable

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exceptions to the above conclusion, are provided for review as Appendix G.

In sum, 66 of the 94 variables used to baseline children's institutions were quantitatively evaluated in one manner or another to estimate the reliability/validity of the data. (See Appendix F, Exhibit F-3).

The general impression drawn from these analyses is that the profiles derived from the data provide a reasonably accurate picture of institutional care provisions and processes.

### Methodology for Measuring Child Competencies

Since the ultimate goal of institutional care, in our view, is the return of a child to at least adequate community living, initial efforts in this measurement area were directed toward identifying the essential competencies needed by a child to achieve this goal.

In turn, presuming we could measure the performance levels of resident children on these essential competencies, some comment could be made about institutional effectiveness.

The essential competencies we settled upon as discussed in Chapter 1 are listed again for convenience sake in Diagram 2-3.

### Diagram 2-3

#### Essential Child Competencies for Adequate Community Living

| | |
|---|---|
| Cognitive ⟶ | Verbal Learning Performance Skills |
| Social ⟶ | Task and Social Relations Competence |
| Affective ⟶ | A Sense of Self Direction in Daily Life Activities |

Relative to verbal learning performance skills, the Lorge-Thorndike Verbal Abilities Battery was selected for use.

To measure task and social relations skills, the Child Task/Social Relations Competence Scale was developed at the Institute.

Finally, a shortened form of the Nowicki-Strickland Child Locus of Control Scale was selected to measure a child's sense of self direction in daily living.

These three instruments were utilized to test and retest institutionalized children, along with the Child Fact Sheet.

This latter instrument was used to glean family and child-background data from children's institutional case records. In general, the instrument proved highly serviceable, in spite of the wide variation in case record formats currently employed by the 36 institutions in the study.

The Task/Social Relations Competence Scale (TSRCS) and the Child Locus of Control were both employed in norming studies carried out in three school systems.

School Site 1 was a rurally located public grade school. A total of 250 children in grades 3-8 were tested in ten English classes on the TSRCS, Locus of Control, and Sociometric Inventory.

Eighty (32 percent) of the children were residents of a local children's institution.

School Site 2 was a rurally located public high school. The total enrollment of 207 children was tested on the same instruments used at school site 1 in ten English classes. Eighty-nine (43 percent) of the children were residents of a local children's institution at the time of testing.

School Site 3 included five schools drawn from the total of 11 schools comprising an entire parochial school system of a medium size city (population 200,000). Results were obtained on 737 noninstitutionalized children in this school system.

In all, data were obtained on 1,025 noninstitutionalized children and 169 institutionalized children in attendance in 47 different English classes (the testing locations) at the time testing took place.

The TSRCS was modified for this administration by deleting the cottage mate subscale and changing "cottage parent" to "parent" in the cottage parent subscale.

Additionally, two forms of a Sociometric Inventory were devised by Dr. Hecht Lackey of the Institute's staff for use in the classroom administrations. One form was used with children in grades 3 through 6, the other with children in grades 7 through 12.

The purpose of the Sociometric Inventories was to obtain peer ratings from noninstitutionalized children and institutionalized children (some of whom were in the classes used in the study) to cross validate institutionalized children's self assessments as reflected in responses on the TSRCS and the Child Locus of Control Scale.

The number of responses obtained by these procedures from the various samples of children for each instrument administered is given in summary form in Table 2-2 following:

### Table 2-2

#### Number of Responses by Type of Instrument and Type of Child Sample

| Type of Sample | No. Institutions/ Schools | TSRCS* | LTIT** | Locus of Control | Socio- metric Inventory |
|---|---|---|---|---|---|
| (1972) Institution- alized Children | 32 | 1243 | 1255 | 1238 | |
| (1973) School Site 1 | 1 | 80 | | 80 | 80 |
| (1973) School Site 2 | 1 | 89 | | 89 | 89 |
| (1973) Noninstitu- tionalized Children | | | | | |
| School Site 1 | 1 | 170 | | 170 | 170 |
| School Site 2 | 1 | 118 | | 118 | 118 |
| School Site 3 | 5 | 737 | | 737 | 737 |
| (1973) Retest Insti- tutionalized Children | 19 | 785 | 632 | 780 | |

*Task/Social Relations Competence Scale
**Lorge-Thorndike Intelligence Test - Verbal Abilities Battery

Since it was important to the success of the research program that data on child competencies be established as both reliable and valid, considerable work was done to arrive at estimates of instrument reliability and validity, particularly regarding the TSRCS and the Child Locus of Control.

In this section, the results of our reliability/validity studies on the above instruments are provided, along with a discussion of the methods used in scale administration.

Additionally, results of studies done elsewhere on the reliability/validity of the Lorge-Thorndike Verbal Abilities Battery (LTIT) are presented and the procedures for administering the LTIT and the Sociometric Inventories are outlined.

## The Lorge-Thorndike Verbal Abilities Battery

The Verbal Abilities Battery of the Lorge-Thorndike Intelligence Test (LTIT) Multi-Level Edition was used to measure verbal learning performance.

In our work, the LTIT was administered to 1,255 dependent and neglected children residing in 32 different children's institutions in Georgia in the Spring of 1972 and to 632 children in 19 institutions in the Spring of 1973 for purposes of test-retest evaluations following a lapse of one year during which the latter remained institutionalized.

The Multi-Level edition is a revision of the original test that provides separate test booklets for differing school grade levels, as follows:.

| Form | Grade Level |
|------|-------------|
| A | 3 |
| B | 4 |
| C | 5 |
| D | 6 |
| E | 7 |
| F | 8-9 |
| G | 10-11 |
| H | 12-13 |

The entire test was standardized (1963) across 180,000 students in 70 systems in 42 states and norms were derived

for age and grade equivalents (among others).[1]  Standardization was conducted with the Iowa Test of Basic Skills (grade 3-8) and the Tests of Academic Progress (Grades 9-12).

Three of the 5 tests in the Verbal Abilities Battery were selected for use in the study, namely, the Vocabulary, Verbal Classification and Verbal Analogies Tests.[2]  The Sentence Completion and Arithmetic Reasoning Tests were omitted, partly for reasons of increasing the speed of administration of the test and because some material in these two tests was deemed either duplicative or irrelevant for our purposes. Additionally, only test forms A-G were utilized since less than 1 percent of the sample of children tested were at grade level 12 or beyond.

A summary of the results of reliability/validity studies conducted on the total LTIT (Verbal and Non-Verbal Batteries) aided in the selection of this instrument (Buros, 1972, pp. 681-686).

The alternate forms method used extensively to obtain reliability coefficients on the Verbal Abilities Battery yielded adequate test reliabilities ranging from .83 to .91.

Studies reflecting on criterion validity have tended to show relatively high correlations between the total LTIT and the tests of achievement (in the .60's and .70's) and scores on the verbal battery to be less influenced by the age of the tested child.  Such results suggest that the Verbal Abilities Battery is a useful instrument for predicting school achievement (Buros, 1972, p. 685).

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[1]Reference: Lorge-Thorndike Intelligence Tests, Multi-Level Edition, Manual for Administration (Boston: Houghton Mifflin, 1971).

[2]Permission to utilize and duplicate the LTIT Verbal Abilities Battery in this manner was kindly extended by the test publisher, the Houghton Mifflin Company, through Mr. John Sommer, Manager, Department of Measurement and Guidance.

## The Child Task/Social Relations Competence Scale (TSRCS)

The TSRCS was developed at the Regional Institute of Social Welfare Research by Dr. George Thomas following a search of the literature on child measurement that failed to identify a comprehensive instrument that met all our needs (Johnson and Bommareto, 1971; Comrey, et al, 1973; Buros, 1972).

The Scale in its final form is composed of five subscales totaling 46 items, discussed below:[1]

The Task Subscale consists of 15 items. Eight (8) items are phrased positively ("I am better than most kids at playing games") and seven negatively ("I am not very good at fixing things when they break"). Together these items produce a single task competence score.

The School Mate Subscale includes eight items aimed at assessing how well a child thinks he is getting along with peers at school. Item example: "Kids in my class are always picking on me."

The Cottage Mate Subscale is identical in purpose to the School Mate Subscale, the target here being to assess a child's relations with others he is living with in his institution. An item example for this eight item subscale is: "Most of the kids I live with like me a lot."

The Teacher Subscale is composed of seven items and is designed to assess a child's view of how well he is getting along with his teacher. Item example: "I get along very well with my teacher."

The Cottage Parent Subscale contains eight items designed to assess how well an institutionalized child thinks he is doing in getting along with his cottage parent(s). Item example: "I can always tell my cottage parent(s) my problems."

The TSRCS was administered to 2,268 different children

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[1] Initial reasoning about the format and structure of the item response categories was stimulated considerably by a thorough reading of S. Coopersmith, The Anticedents of Self Esteem, (San Francisco: W. H. Freeman & Co., 1967).

in Georgia, grade levels 3 through 12. The Scale was adminis-
tered on three different occasions, first to 1,243 institution-
alized dependent/neglected children in 32 institutions (1972),
secondly to 1,025 non-institutionalized children comprising a
large portion of the total enrollments of three different
school systems (1973), and, finally, as a retest of 785 insti-
tutionalized children in 19 institutions one year after initial
testing (1973).

The Scale was read aloud to groups of children (grades 3-8
only) in institutions (and to 47 different English classes in
seven schools) and the children were asked to voice misunder-
standings after each item before answering.

Children respond by marking the response category "like
me" or "not like me" corresponding to each item.

Since roughly half of the items in each subscale are
written negatively (I am not like, I can't do, etc.) and half
positively (I am popular, I do well, etc.), a score of one is
assigned to the response category reflecting higher personal
opinions of competence and 0 to the alternate category.

The score range, therefore, is 0 to 46 for each individual
reflecting minimum to maximum levels of self-rated task and
social relations competence.

## Scale Reliability

The internal consistency of the Scale was determined by
utilizing data on 845 institutionalized children (1972) apply-
ing the Kuder Richardson formula 20. A modest overall scale
reliability of .80 was obtained in association with relatively
high subscale/total scale intercorrelations: task (.81),
school mates (.75), cottage mates (.77), teacher (.77), and
cottage parents (.75).

A principle components factor analysis was performed on
the same data utilizing an orthogonal rotation to maximize
factor independence in order to evaluate the degree to which
Scale items cluster into the subscales set forth in the in-
strument. (See Appendix H).

Five relatively "pure" factors were extracted[1] which tend to confirm the original item structuring of the subscales. A .30-item loading was used as the cut-off point for retaining an item for factor interpretation in the final rotated item factor matrix.

Only three of 46 items' loaded above .30 on two or more factors. Factor I is composed exclusively of the eight cottage parent items, Factor II includes 13 of the 15 items in the school mates and cottage mates subscales, comprising what can be termed a peer subscale and Factor III consists exclusively of the seven items in the teacher subscale.

Factors IV and V can be termed the Task "can't do" and Task "can do" factors respectively. Items loading on Factor IV above .30 include six of the seven negatively phrased task items and on Factor V six of the eight positively phrased task items.

Together these results suggest the overall scale to be essentially unidimensional in content relative to measuring competence, and to contain subscales that measure separable components of competence relative to tasks and the various social relations spheres.

Test-retest scores on 785 institutionalized children obtained at a one year interval provide further information on Scale and subscale reliability.

Since the expectation was that the Scale would measure change overtime, the degree to which it detected change is the criterion for assessing Scale test-retest reliability.[2]

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[1]The decision to retain five factors follows from inspection of sums of the absolute scores of the residual matrices which showed a sharp drop between the fourth and fifth matrices. This suggests that the bulk of the variance within the intercorrelation matrix had been extracted. See: Fruchter (1964, p. 80) and Fruchter and Jennings (1962, pp. 239ff).

[2]Carl Bereiter (In: C. Harris (ed), 1967, p.14) comments that if change is anticipated test reliability is gauged in terms of the instrument's sensitivity in detecting change. This is exactly opposite the more common approach in test-retest evaluations where reliability is established in terms of the stability of scores overtime.

As Bereiter puts it, "If one is measuring change, then it is as measures of change and only as measures of change that the validity and reliability of his instruments have any importance."

The correlated t test extracts the correlation of scores between time$_1$ and time$_2$ before performing an evaluation of the difference in mean scores, lowering the likelihood of spurious results in difference of means tests.

The results obtained suggests that change relative to cottage parents and cottage mates runs opposite of the direction of change for school mates and teachers. This produces a cancelling out effect that yields an overall nonsignificant test-retest result for the total scale.

This point emphasizes that total Scale scores should not be evaluated in the absence of subscale analyses, especially in the test-retest situation when change is being measured.

Table 2-3

Results of Correlated t Tests on TSRCS
Test-Retest Data
(N=785)

| Scale/Subscale | t |
|---|---|
| Task | 1.80** |
| Cottage Mates | -6.20* |
| School Mates | 5.40* |
| Teacher | 2.30*** |
| Cottage Parents | - .50 |
| Total Scale | - .99 |

**P < .05 (1 tail)
*P < .01 (2 tail)
***P < .05 (2 tail)

## Scale Discriminative Validity

Several analyses were performed to determine the power
of the Scale in differentiating scores among groups of chil-
dren controlling for place of residence (institutionalized/
noninstitutionalized), family income (low: below $4,000; mid-
dle: $4-10,000; upper: $10,000 +), and school grade level.

Table 2-4 indicates that the Scale discriminates between
institutionalized and noninstitutionalized children.

Analyses of differences between institutionalized/nonin-
stitutionalized children were also undertaken on data obtained
from two rural public school systems. School Site 1 was an
elementary school with 32 percent of total enrollment being
institutionalized children. Nonresidents in this school
generally fell in the middle income category while residents
were decidely from lower income families.

In School Site 2 institutionalized children represented
45 percent of the enrollment and, in this case, residents
were generally from middle income families while nonresidents
fell into the low income category.

### Table 2-4

Difference in Mean Scores for Institutionalized[1] and
Noninstitutionalized Children on the TSRCS
Controlling for Grade Level

| Type Group | N | $\overline{X}$ (TSRCS) | SD | t |
|---|---|---|---|---|
| **Grades 3-8** | | | | |
| Institutionalized | 812 | 28.53 | 6.79 | 9.66* |
| Noninstitutionalized | 481 | 25.41 | 4.28 | |
| **Grades 9-12** | | | | |
| Institutionalized | 207 | 32.73 | 7.47 | 11.05* |
| Noninstitutionalized | 253 | 26.62 | 4.93 | |

*$P < .01$ (2 tail)

[1] In order to increase parity between the samples, 55
children in special education and 169 below the third
grade level were deleted bringing the total for the
institutionalized samples down from 1,243 to 1,019.

Controlling for income we expected residents to score lower than nonresidents in School Site 1 but higher than nonresidents in School Site 2. This occurred, partially supporting the conclusion that the Scale discriminates in the expected direction controlling for family income as shown in Table 2-5.

### Table 2-5

Difference in Mean Scores for Institutionalized and Noninstitutionalized Children on the TSRCS Controlling for Family Income

| Type Group | N | $\bar{X}$ (TSRCS) | SD | t |
|---|---|---|---|---|
| School Site 1 | | | | |
| Low Income Institutionalized | 80 | 23.33 | 5.11 | 5.95* |
| Middle Income Noninstitutionalized | 170 | 25.79 | 6.08 | |
| School Site 2 | | | | |
| Middle Income Institutionalized | 89 | 26.48 | 4.86 | 1.76** |
| Low Income Noninstitutionalized | 11 | 25.27 | 5.10 | |

*P<.01 (1 tail)
**P<.05 (1 tail)

## Scale Criterion Validity

At the time that children were being administered the TSRCS in their English classes in School Sites 1 and 2, they were asked to take a Sociometric Inventory that requested them to name and rank other children in their classes with whom they would prefer to engage in a work task and in social friendships.

Product-moment correlations were computed between children's own assessments of their task/social relations competencies with the rate at which they were chosen by others in

their own classrooms to engage in task and social relation-
ships.

Significant positive correlations would tend to vali-
date children's own assessments of their competencies.
Tables 2-6 and 2-7 present the results of this analysis for
institutionalized and noninstitutionalized children respec-
tively.

Inspection of these tables indicates a meaningful asso-
ciation between TSRCS Task and School Mate Subscale scores
and Task/Social Relations ratings by peers.

This suggests that children's own assessments about how
well they are doing regarding tasks and school mate rela-
tionships tend to be confirmed by other children (both in-
stitutionalized and noninstitutionalized).

Table 2-6

Product-Moment Correlations Between TSRCS Scores
and Sociometric Ratings by Peers for
Institutionalized Children

| Sites | N | Sociometric Item | Subscales[1] | | | | Total Scale |
| | | | Task | School Mates | Cottage-/ Parent(s)/ Parent | Teacher | |
|---|---|---|---|---|---|---|---|
| School Site 1 | 80 | Social | .13 | .25** | -.07 | .01 | .13 |
| | | Task | .27** | .12 | -.02 | -.04 | .16 |
| School Site 2 | 89 | Social | -.0 | .34* | -.14 | .02 | .05 |
| | | Task | -.14 | .16 | -.16 | .03 | .07 |

*P < .01 (1 tail)
**P < .05 (1 tail)

[1]The Cottage Mate Subscale was not administered in
the school setting.

## Table 2-7

### Product-Moment Correlations Between TSRCS Scores and Sociometric Ratings by Peers for Noninstitutionalized Children

| Sites | N | Sociometric Item | Task | School Mates | Cottage-Parent(s)/ Parent | Teacher | Total Scale |
|---|---|---|---|---|---|---|---|
| School Site 1 | 170 | Social | .02 | .19** | .06 | -.08 | .05 |
| | | Task | .18** | .31** | .20** | -.02 | .25 |
| School Site 2 | 118 | Social | .04 | .30* | .09 | .01 | .17 |
| | | Task | .19** | .30* | .08 | .05 | .26** |

\*P < .01 (1 tail)
\*\*P < .05 (1 tail)

Further evidence of the Scale's content validity is present in the low correlations between peer sociometric ratings and children's own assessments about how well they are doing with adults, since it can be reasoned that the quality of children's associations with adults are of secondary importance among children when selecting peer task/social relations associates.

Finally, low correlations on the Cottage Parent/Parent and Teacher subscales can be shown to contribute to low correlations between sociometric ratings and children's total TSRCS scores.

Since correlations between sociometric ratings on social and task items were noteworthy in both school settings and for both institutionalized/noninstitutionalized children,[1]

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[1] In School Site 1, the correlations between social and task ratings was .63 for noninstitutionalized and .49 for institutionalized children. In School Site 2, the correlations were .54 and .56 respectively.

the Social and Task peer ratings were pooled and converted
to ranks reflecting general class standing (1 to 10, highest
to lowest). An analysis of variance was then performed be-
tween general class standing and children's own self-assess-
ments of competence (TSRCS) scores.

The results, given in Table 2-8, indicate that a signi-
ficant difference between general class standing based on
peer assessments and children's own self-assessments of com-
petence occurs only with respect to the teacher subscale in
School Site 2.

## Table 2-8

### Analysis of Variance Results, General Class Standing (Peer Assessed Rank) By Children's Own Assessments of Competence (TSRCS)

| Sites | N | Task | School Mates | Subscales Cottage Parent(s)/ Parent | Teacher | Total Scale |
|---|---|---|---|---|---|---|
| **School Site 1** | | | | | | |
| Institutionalized | 80 | .590 | 1.865 | .265 | 1.130 | .171 |
| Noninstitutionalized | 170 | .324 | .548 | .695 | 1.270 | .434 |
| **School Site 2** | | | | | | |
| Institutionalized | 89 | .159 | 2.263 | 1.775 | 3.553* | 1.937 |
| Noninstitutionalized | 118 | 1.785 | .576 | .152 | 3.383 | .819 |

*P<.01 (1 tail)     School Site 1 df (9, 74 and 9, 164)
                    School Site 2 df (9, 84 and 9, 113)

In sum, Scale and subscale reliability was evaluated in
terms of internal consistency and test-retest results.

Scale and subscale validity was estimated by factor ana-
lytic methods, the Scale's power to discriminate between dif-
fering groups of children, and criterion validity was evalu-
ated by correlational and variance analyses of children's own
assessments and assessments of them by peers.

The results generally indicate the instrument to be a reasonably reliable and valid measure of children's task and social relationship competence levels.

## The Child Locus of Control Scale

The Norwicki-Strickland Locus of Control Scale for Children was selected for use in our studies to assess children's sense of direction in daily life activities.

This instrument, in its present form, is 40 items long and proports to measure the degree to which children perceive control of their fate, rewards, etc., to be within their own control or subject to outside forces. Children respond to the items with "yes" or "no" answers (Norwicki-Strickland, 1973).[1]

Questions raised about the reliability and validity of the earlier Locus of Control Scale for children developed by Bialer led us to examine the item content of the Norwicki-Strickland Scale.

In particular, Gorsuch, et al, (1972), have found scores on the Bialer scale to be subject to differences in children's levels of verbal competence as well as age.[2]

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[1] The Test derives from earlier work on Locus of Control instruments by Rotter, Bialer, and others appearing in: Rotter, 1966; Lefcourt, 1966; Miller, 1960; and Lackey, 1973.

[2] To test Gorsuch's findings further, we performed a multiple regression analysis on the Locus of Control scores of a sample of 767 institutionalized children. Age and Verbal Ability scores (as derived from the LTIT Verbal Abilities Battery) were regressed on Locus of Control scores. The correlation obtained between verbal ability and Locus of Control (.95) supports Gorsuch's position; however, a correlation of -.03 was obtained between age and Locus of Control scores (age range in the sample was roughly 8 to 16 years).
One possible explanation of this confounding result is that institutionalized children may not progress toward greater internalization as they grow older (at least not while institutionalized).

Further evaluations of the instrument led Gorsuch to conclude that the instrument contained essentially two different kinds of items, those having distant and vague future goals or orientations and those having more specific and immediate goals or orientations.

He speculated that these findings would render the instrument unreliable with disadvantaged groups in particular since such groups are less accomplished verbally and might find vague-distant goal items incomprehensible, leading to increasing random error (child guessing) in scores (Gorsuch, et al, 1972, p. 588).

Gorsuch's observation about item content further stimulated Institute staff to review the Norwicki-Strickland Scale and to delete all items having an obvious vague and distant future goal or orientation.

'Our intent here was not only to increase the Scale's reliability but also to focus content as much as possible on immediate-specific (daily life) matters and goals since scores on such content were of greatest research interest to us.

The Scale was thus reduced to 26 items for our use. The "Yes-No" response scale was retained, and scoring was done by applying a 1 to an answer reflecting greater internal control and 0 to responses reflecting external control.

A child could therefore, score from a maximum of 26 (maximum internal control) to 0 (maximum external control).

The adapted Norwicki-Strickland Locus of Control Scale for Children was administered to a total of 2,263 different children in Georgia, grade levels 3 through 12. The Scale was administered on three different occasions, first with 1,238 institutionalized dependent and neglected children in 32 institutions in 1972, secondly to 1,025 noninstitutionalized children comprising a large portion of the total enrollment of three different school systems—two rural public and one urban parochial (1973)—and, finally, as a retest of 870 institutionalized children in 19 institutions (1973) one year after initial testing.

The Scale was read aloud to groups of children (grades 3-8 only) in institutions (and to 47 different English classes in seven schools) and children were asked to voice misunderstandings after each item before responding.

## Scale Reliability

The Norwicki-Strickland Scale has been widely utilized in child development research over the last several years. Indeed, a recently compiled bibliography by the Scale's principle author lists 92 such studies (Norwicki, no date).

Administration of the Scale by the authors on several occasions with 1,017 elementary and high school children has yielded split-half internal consistency coefficients ranging from .63 to .81 and six week test-retest reliabilities ranging from .66 to .71 (Norwicki and Strickland, 1973).

Since change over time was expected in our studies test-retest reliability of this Scale was estimated by the application of the correlated t technique on the original and retest scores of 780 institutionalized children obtained at a one year interval.

As previously noted, the correlated t test extracts the correlation between test-retest scores before computing the difference between mean scores thus providing a truer estimate of the amount of change that occurred, and in turn, a good approximation of the Scale's sensitivity in measuring change (test-retest reliability).

The resulting statistic (t=4.70; P<.01) suggests the Scale to be reliable for our purposes.

## Scale Discriminative Validity

One of our expectations, based on previous findings, was that low income and institutionalized children would score lowest on this Scale. Scores for children on the Locus of Control Scale were grouped by grade level, place of residence, and, finally, family income level for purposes of performing difference of means tests.

Table 2-9 indicates that the Scale discriminated between children grouped by grade level and place of residence as expected only for the elementary school grades.

When children in two schools with known family incomes were grouped (low: -$4,000; middle: $4-9,999; upper: $10,000 +) by that variable and place of residence, the results conform to expectations again for elementary school children and, the addition of the family income variable does yield a signifi-

cant difference between groups of high school children (between income groups and not, as expected, between institutionalized/noninstitutionalized groups), as shown in Table 2-10.

Table 2-9

Differences in Means for Locus of Control.Scores, for Institutionalized/Noninstitutionalized Children by Grade Level

| | N | X̄ (Scale) | SD | t |
|---|---|---|---|---|
| **Grades 3-8** | | | | |
| Institutionalized | 812[1] | 13.21 | 4.75 | 3.904* |
| Noninstitutionalized | 481 | 14.19 | 4.49 | |
| **Grades 9-12** | | | | |
| Institutionalized | 207 | 16.78 | 4.68 | 1.035 |
| Noninstitutionalized | 253 | 17.33 | 6.40 | |

*P < .01 (1 tail)

[1]In order to increase parity between the samples, 55 children in special education and 169 below third grade level were dropped bringing the institutionalized samples down from 1,243 to 1,019.

## Table 2-10

### Differences in Means for Locus of Control Scores, Institutionalized/Noninstitutionalized Children by Family Income Level

| | N | $\bar{X}$ (Scale) | SD | t |
|---|---|---|---|---|
| School Site 1 (Grades 3-8) | | | | |
| Middle Income Noninstitutionalized | 170 | 13.47 | 4.43 | 3.071* |
| Low Income Institutionalized | 80 | 12.63 | 4.14 | |
| School Site 2 (Grades 9-12) | | | | |
| Low Income Noninstitutionalized | 118 | 16.60 | 4.31 | 3.064* |
| Middle Income Institutionalized | 89 | 18.35 | 3.9 | |

*P<.01 (1 tail)

### Scale Criterion Validity

Children in the same two schools were administered a two-item sociometric inventory at the same time as the Locus of Control Scale for the purpose of assessing their task and social relations competence as reflected in the rate at which each child was chosen by peers to engage in a task and a social friendship situations.

In our view, the sociometric inventory measured the desirability of each child in the eyes of his classmates as a partner in doing tasks and sharing social situations. In contrast, the Locus of Control Scale was viewed as measuring degree of self direction, self reliance, or personal independence.

Had we measured leadership rather than sharing in the Sociometric Inventory, we would have expected a high degree

of association between a child's Locus of Control score and his general classroom standing assessed by peers.

As it was, we expected Locus of Control scores to be unrelated to general classroom standing (or perceived desirability of association by peers in task/social situations).

Analysis of variance tests disclose that differences between children's own assessments of their social relations (school mates) and task competence and their general classroom standing are nonsignificant. By contrast significant differences are found between general classroom standing and Locus of Control scores, as shown in Table 2-11.

Table 2-11

Analysis of Variance Results, General Classroom Standing By Task/Social Relations Competence and Locus of Control Scores for Two School Populations

| General Classroom Standing By: (Peer Rank on Sociometric) | N | F |
|---|---|---|
| **School Site 1** | | |
| TSRCS Task Subscale | 250 | .587 |
| TSRCS School Mate Subscale | | 1.008 |
| Locus of Control | | 2.247** |
| **School Site 2** | | |
| TSRCS Task Subscale | 207 | 1.843 |
| TSRCS School Mate Subscale | | .632 |
| Locus of Control | | 2.715* |

*P<.01     (School 1:  df 9, 294;  School 2:  df 9, 204)
**P<.05

These results tend to confirm that the Locus of Control Scale measures different content orientation than the TSRCS.

In turn, this reflects well upon the validity of the Locus of Control Scale as we have used it, namely, as a mea-

sure of one of the three separable components of our model
for evaluating adequate child competency for community liv-
ing.

## The Sociometric Inventory

This instrument was developed by Dr. Hecht Lackey at
the Regional Institute of Social Welfare Research specifi-
cally for the purpose of establishing criterion validity for
the TSRCS. The basic design of the instrument derives from
a study of Moreno's technique (1934). The Inventory consist-
ed of four items requiring children to state their associa-
tional preferences in performing tasks and social functions
with other children. Two forms were developed for grades 3
through 6 and 7 through 12, in order to make the instrument
applicable to older and younger children.

The Sociometric Inventory was administered in the three
different school sites along with the TSRCS and the Child
Locus of Control.

The instrument was scored in the following manner:
first a raw score was computed by totaling the number of
times a child was selected by other members of his class.
Then the children were ranked on the basis of that raw
score with the child most selected being number one, to the
child least selected number n. In the third step, a rate of
selection was computed by dividing the raw score by the total
number of possible selections a child could have received.
The last score was utilized also to establish his rank in
that class. Therefore, if a child was in a class of 32 chil-
dren, and was selected by ten other children on an item, his
raw score would have been ten. If this represented the high-
est raw score, his rank would have been one, and his centile
score would have been .10 (top 10 percent of the class).[1]

_____

[1]It should be noted that this method of assigning ranks
will often yield negative correlations with other scales sim-
ply because the highest rated children will be assigned the
lowest rank (i.e., 1). It is recommended that these ranks be
reversed in future (highest rated assigned rank 10), to avoid
this confusion.

The child's rate would be 10 divided by 93 (since there were 93 choices for each item, 3 children chosen by all 32 class mates, omitting a child's own 3 choices) equalling .11.

## Methodology for Measuring Staff Orientations

Three measures of staff orientations were taken as part of our overall effort to assess staff contributions to institutional effectiveness.

Additionally, social service and cottage parent staff in all institutions were asked to rate all resident children on several variables related to their readiness for replacement to their communities.

The instruments that were used to obtain data on staff orientations are referred to as the Child Rearing Philosophy Scale, the Community-Orientedness Subscale, and the Job Satisfaction Scale.

These instruments were submitted by direct mail to foster home parents and public agency child welfare workers in one metropolitan county as well as full-time personnel in the 32 institutions in the study for purposes of comparative analysis. The number of responses obtained are presented in Table 2-12.

### Table 2-12

Number of Responses by Type of Scale
and Type of Child Care Personnel

| Type of Personnel | Child-Rearing Philosophy | Community Orientedness | Job Satisfaction |
|---|---|---|---|
| Foster Home Parents | 168 | --- | --- |
| Child Welfare Workers | 39 | 39 | 39 |
| Institutional Directors | 27 | 27 | 27 |
| Institutional Social Service Staff | 35 | 35 | 35 |
| Institutional Cottage Parents | 216 | 216 | 216 |

It should be noted that these groups of workers differed in important ways. The majority of foster home parents were black, of rural origin, had less than 8th grade educations and were over age 50. In contrast, the majority of institutional staff members were white and of urban origin, although in other respects cottage parents in particular closely resembled foster home parents.

Most (75 percent) of public agency child welfare workers were under age 40 and college educated.

The groups were similar in that roughly two-thirds of each group were female and married.

The response rate to the initial mailing for foster parents was 50 percent (168 of 336) and 74 percent (39 of 53) for child welfare workers. No follow-up was conducted.

### The Child Rearing Philosophy Scale

This instrument was adapted from a questionnaire developed by Bell and Schaefer (1958), known as the Parental Attitude Research Instrument (PARI).

The PARI contained 23 five-item scales, six of which were retained comprising a 30-item scale.

In order, the six subscales measure Harshness, Strictness, Rewards/Punishment, Tolerance, Sharing Decision-Making and Protectiveness Orientations toward the rearing of children.[1]

Some rewriting of items was done to make items conform to our interests and to replace overly sophisticated terminology.

In our usage, the subscales yield an aggregate score reflecting high child acceptance to high child dominance in child rearing practices.

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[1] In the PARI, these scales are titled in order: Breaking the Will, Strictness, Approval of Activity, Equalitarianism, Fostering Dependency, and Intrusiveness.

Four response categories were provided (strongly agree to strongly disagree) and each item was scored 1 to 4. The maximum Scale score range was 30 (maximum dominance) to 120 (maximum acceptance).

The internal consistency of the Scale was determined by Cronbach's Alpha to be .94 for a population of 344 institutional staff members.

Subscale score with total Scale score product-moment correlations also proved respectable: Harshness r=.81; Strictness r=.75; Rewards/Punishment r=.77; Tolerance r=.75; Sharing Decision-Making r=.79; and Protectiveness r=.77.

These results suggest the instrument to be useful as a general measure of child rearing philosophy.

Schaefer and Bell report that PARI scores are correlated with the level of formal education completed by parents taking the instrument. They suggest this supports the conclusion that the instrument has some degree of construct validity.

In addition, Coopersmith (1967) has found PARI scores to correlate positively with higher and lower scores on his measures of self esteem adding to the notion of construct validity.

Our cross tabulations of child rearing philosophy scores with age levels of three samples of different types of personnel who work with children tend to confirm Schaefer and Bell's observations.

Finally, difference of means test reflecting the Scale's discriminative power between selected groups of personnel in the child welfare field indicate significant differences in child rearing philosophy scores where expected, and no difference where expected (in the case of foster parents comparing with institutional cottage parents), as shown in Table 2-13.

## The Community-Orientedness Subscale

The Community-Orientedness Subscale is a 12-item battery developed by Dr. George Thomas at the Regional Institute of Social Welfare Research.

## Table 2-13

### Difference in Means Tests for Child-Rearing Philosophy Scores by Selected Groups of Child Welfare Personnel

|  | N | $\bar{X}$ | SD | t |
|---|---|---|---|---|
| Foster Parents X Child Welfare Workers | 108 | 74.53 | 8.41 | 9.766* |
|  | 39 | 88.66 | 7.07 |  |
| Foster Parents X Institutional Cottage Parents | 168 | 74.53 | 8.41 | .649 |
|  | 216 | 73.23 | 25.61 |  |
| Child Welfare Workers X Institute Social Service Staff | 39 | 88.66 | 7.07 | 4.366* |
|  | 35 | 63.57 | 39.72 |  |
| Institute Social Service Staff X Institutional Directors | 35 | 63.57 | 39.72 | 2.503** |
|  | 27 | 82.82 | 24.01 |  |

*P < .01 (2 tail)
**P. < .05 (2 tail)

This subscale is designed to measure the degree to which institutional child care staff prefer to work in and with the community versus the degree to which they prefer to work in isolation from it, or "behind the walls".

The 12 items are tacked on the end of the Child Rearing Philosophy Scale for general administration, and are numbered 31 through 42.

The four response categories for the Child Rearing Philosophy Scale were retained, each item being scored 1 to 4. The maximum subscale score range, therefore, was 12 (maximum behind the walls orientation) to 48 (maximum community-orientedness).

A nonsignificant product-moment correlation of .28 between the scores on Child Rearing Philosophy and Community-Orientedness for the total sample of 485 respondents suggests that the community-orientedness subscale measures a content area different from child rearing philosophy.

Further, difference of means tests between roughly comparable groups of personnel in child caring services yield significant results reflecting the subscale's discriminative power, as shown in Table 2-14.

### Table 2-14

Difference in Means Tests for Community-Orientedness
Subscale Scores by Selected Groups
of Child Welfare Personnel

|  | N | $\overline{X}$ | SD | t |
|---|---|---|---|---|
| Child Welfare Workers X | 29 | 30.03 | 3.30 | 5.576* |
| Institutional Social Service Staff | 35 | 34.11 | 2.93 | |
| Institutional Directors X | 27 | 29.41 | 9.59 | 2.723* |
| Institutional Social Service Staff | 35 | 34.11 | 2.93 | |

*P<.01 (2 tail)
**P<.05 (2 tail)

Again, cross tabulations of staff background variables, particularly age and sex indicate further the Subscale's ability to discriminate. Means are substantially lower for female staff and older staff. These results conform clearly with our initial expectations.

### The Job Satisfaction Scale

The Job Satisfaction Scale is a shortened and modified version of a scale developed and successfully used by Miller and Muthard (1963).

The original instrument contains eight scales (Relations with Employer, Relations with Associates, Security/Finances/ Advancement, Liking/Involvement in Job, Job Training/Status/ Work Conditions, Future Goals and Progress, Evaluation/Ret-rospect, and Physical/Mental Exertion).

The authors obtained an overall reliability coefficient, using split-half procedures and the Spearman-Brown correction, of .88, and subscale to total Scale score corrected split-half coefficients ranging from .47 to .89 (with the mean using the Fisher Z transformation of .80) on data obtained from a sample of 143 vocational counselors.

The original eight subscales were retained and some were retitled to fit modifications and deletions performed on the item content.[1]

Several items were deleted reducing the overall scale to 31 items for our use. Unfortunately, this reduced the number of items in one scale (Financial) to two, thus seriously im-pairing its content comprehensiveness.

Four response categories accompanied each item (strongly agree to strongly disagree). Scoring each item 1 to 4 yield-ed a maximum Scale score range of 31 (maximum dissatisfaction) to 124 (maximum satisfaction).

While item manipulations and deletions did not seem to detract substantially from the Scale's modest reliability (we obtained a .78 utilizing Cronbach's Alpha on data taken from 344 institutional staff members) it may well have con-tributed to the unimpressive results relative to the Scale's ability to discriminate between different groups of child caring personnel.

Levels of job satisfaction do not prove to be signifi-cantly different between child welfare workers, institutional directors, institutional social service workers, and institu-tional cottage parents, comparing mean scores for each group of workers with each other.

---

[1]Consecutive retitlings of subscales are: Relations with Supervisors, Relations with Associates, Financial Re-wards, Investment in Job, Job Status, Career Orientation, Sense of Competence, and Physical/Mental Exertion.

This suggests the instrument may lack discriminative power, or, less likely, that all these disparate groups of workers tend to express similar levels of job satisfaction.

## Staff Ratings of Resident Children

Ratings of the number and type of personal problems demonstrated and how soon a child would be ready for replacement were obtained on all available children in placement in the 32 institutions.

A standardized form was used to obtain two ratings on each child, one each from the cottage parent and the social service staff member holding primary responsibility for a child's care.

Consistent with the work of others (Sternbach and Pincus, 1970; Piliavin, 1973), we found differences in perceptions between these two staff levels: Cottage parents perceived resident children as slightly more problem burdened (4.58 vs 4.24 problems per child) and rated considerably fewer as ready for replacement immediately (49.0 vs 65.0 percent).

These results are based on the ratings of 1246 residents by cottage parents and social service staff.

An estimate of the degree of consistency between staff ratings and children's self assessments of their competencies was also obtained.

Mean child self assessment scores and staff rating scores were paired across the 32 institutions to obtain Spearman rank order correlation coefficients (Blaylock, 1961, p. 318).

Tables 2-15 and 2-16 following show a general pattern of low associations between staff ratings and child self assessments.

There is one bright note in these findings, namely, that cottage parents global ratings of children's readiness to leave placement are substantially in line with children's own assessments of their current competency levels.

Recalling other results in this chapter that show peer confirmation of residents' self assessments, a body of evidence converges supporting a conclusion that close attention should be paid to cottage parent assessments of children in timing and planning their replacements.

On the other hand, the findings cast some doubt on the reliability of the assessments of social service staff.

### Table 2-15

Spearman Rank Order Correlations Between Mean
Number of Staff Rated Personal Problems in
Child Population and Mean Child Population
Self Assessment Scores, by Staff Level

| Type of Child Self Assessment | | Cottage Parents $r_S$ | Social Service Staff $r_S$ |
|---|---|---|---|
| TSRCS Subscales | LTIT | -.009 | -.067 |
| | Task | .173 | -.209 |
| | Cottage Mates | .208 | .062 |
| | School Mates | .106 | .073 |
| | Cottage Parents | .283 | .203 |
| | Teachers | .576* | .526* |
| | Locus of Control | -.219 | -.136 |

*P<.01    df:  2,27

### Table 2-16

Spearman Rank Order Correlations Between Staff
Rated Percentage of Child Population Ready
to Leave Now and Mean Child Population
Self Assessment Scores, by Staff Level

| Type of Child Self Assessment | | Cottage Parents $r_S$ | Social Service Staff $r_S$ |
|---|---|---|---|
| TSRCS Subscales | LTIT | .312 | -.218 |
| | Task | -.290 | -.064 |
| | Cottage Mates | .546* | -.235 |
| | School Mates | .379** | -.060 |
| | Cottage Parents | .336 | -.127 |
| | Teachers | .429** | .208 |
| | Locus of Control | .375** | -.320 |

*P<.01
**P<.05    df:  2,27

## Methodology for Measuring Institutional Change

A decade ago Seashore (1964, p. 166) observed that very few field experiments had been conducted with formal organizations, "...perhaps no more than 5 to 10 depending upon how generous one chooses to be in tolerating deviations from ideal experimental conditions." It should also be noted that Seashore's search did not turn up a single experiment involving more than one organization.

Since that time fundamental advances have been made in research design and data collection techniques useful in researching organizational change (Jenks, 1972; G. L. Lippitt, 1973; Holland, 1973; Campbell, 1970; Hage and Aiken, 1973). Still, important questions continue to be raised about the technical feasibility of conducting true field experiments with formal organizations (Seashore, 1964; Weiss and Rein, 1970; Lyden and Lee, 1969).

Among the more pressing technical realities are those dealing with:

--- Operationalization of criteria for measuring impact;

--- Controlling pre-existing extraneous influences and influences that intervene following the initiation of the experimental treatment;

--- Establishing and maintaining a standardized treatment input across organizations and overtime;

--- Obtaining sufficient organizations to meet the requirements of a fully crossed design, that is, enough organizations to represent the full range of variation among the type(s) of organizations in the study exposed to the experimental treatment, matched organizations if two or more treatments are being induced, and sufficient numbers to afford evaluation of replicate and control (nonexperimental) effects;

--- In lieu of the preceeding point, satisfying the requirement of randomization of treatments and/or random assignment of organizations to experimental treatments; and,

--- Retaining sufficient research design flexi-
bility to profit from the unanticipated
consequences of the experimental input.

Regarding this last point, Seashore (1964) recommends
utilizing impersonal treatments (e.g., policy changes) to
eliminate the largely uncontrolled factors of personality
and style present when outside agents introduce change to
organizations.

Furthermore, field experiments potentially useful in
the practical world of social welfare policy and services
must meet the foregoing standards within the bounds of ethics
and be productive of results usable by, "...ordinary people
in ordinary circumstances and at a cost in full-scale opera-
tion that is feasible" (Williams, 1971, p. 94).

There is a tendency--though not an iron law--in human
services field experiments toward astronomical costs and
esoteric results the more elegant the research design.

In our work we have attempted to strike a balance be-
tween maximum operationalization of experimental conditions
and real world contingencies (Kerlinger, 1964, Ch.19; Salasin,
1973), and to maintain a focus upon producing results trans-
ferable to the realm of policy and practice.

We operationalized three external change strategies com-
monly available to and used by change agents in the real
world and used them with groups of children's institutions at
three different geographical sites in an effort to move them
toward a better approximation of the community-oriented model
of care.

The entire research design and flow of the experimental
projects is presented in capsule form in Diagram 2-4 follow-
ing.

(Insert Diagram 2-4)

We were aware from the beginning that randomization of
treatments or random assignment of institutions to treatments
was impractical inasmuch as we sought to expose groups of in-
stitutions to each experimental project.

Given the limits of our resources, we could not repeat-
edly crisscross the state to expose numbers of randomly se-
lected institutions to the experimental inputs. Similarly,
no reasonably circumscribed area in the state had enough in-

Diagram 2-4

Representation of Design and Flow of
Experimental Change Projects

---

**Complete Experimental Design and Degree
to Which Conditions Were Met:
(Heavy Bordered Cells)**

| Project I<br>Social Sponsorship<br>(N=6) | | | Project II<br>Leader-Dir. Sessions<br>(N=5) | | Project III<br>Staff Development<br>(N=6) | |
|---|---|---|---|---|---|---|
| | Replicate | Comparison | | Replicate | | Replicate |

Institutional Starting Point*

| -F-I | -E-I | -E-I** | -F-I | -E-I | -E-I | |
| -F+I | | -E+I | -E+I | -E+I | -E+I | -E+I |
| +F-I | +E-I | +F-I | +E-I | | +E-I | +E-I |
| +E+I | | +E+I | | | +E+I | |

\* -or+ equals low or high on Dimensions F and I
\** Blind selection of 1 non-experimental for each cell

---

**Uniform Content Agenda***

| External | Internal |
|---|---|
| F. (Meeting Community Need) | I. (Preparing for Replacement) |
| F1. Defining Service Needs/Goals | I1. Preparing Thru Inst. Program Experience |
| F2. Processing Needs/Goals (Staff Cross Flow) | I2. Preparing Thru Child D-M Involvement |
| F3. Adapting to New Service Needs | I3. Preparing Relative to Replacement/Follow-Up |

\* Time sequenced introduction over 1 yr. period

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**Expected Change Patterns
Conditioned by Institutional Starting Point
and Type of External Strategy Exposure**

| I<br>Social Sponsorship | | II<br>Leader-Dir. Sessions | | III<br>Staff Develop. | |
|---|---|---|---|---|---|

Institutional Starting Point

| -F-I | Change F&I | -E-I | Change E only | -F-I | Change I only |
| -E+I | Change E only | -F+I | Change E only | -E+I | No Change |
| +E-I | Change I only | +E-I | No Change | +F-I | Change I only |
| +E+I | ? | +E+I | ? | +E+I | ? |

---

**Experimental Change Project Evaluations**

stitutions within it to allow random assignment of experi-
mental inputs (See Appendix B, Geographical Distribution of
Children's Institutions in Georgia, 1973).

Our approach was to select the three localities in Geor-
gia containing the highest concentrations of children's insti-
tutions (Atlanta, Macon, and Savannah) and to operationalize
one experimental project in each locality.

Previous baselining work provided us with detailed in-
formation on institutional starting points on community-ori-
ented care enabling us to "assign" each institution to an
appropriate cell in the research design.

In our view, a complete experimental design would re-
quire at least two institutions representative of each of
the four classes of starting points within each experimental
project and a comparison set of nonexperimental (control)
institutions.

Inspection of the upper part of Diagram 2-4 indicates
that we fell somewhat short of this goal.

On the other hand, the filled cells in the design did
allow the following evaluations:

Between Effects - For equivalent institutional starting
points across all experiments, we evaluated the comparative
impact of the three change experiments on institutions:

a) uniformly low on community-orientedness (-E-I);
b) low on E but high on I, and
c) high on E but low on I.

Within Effects - For different institutional starting
points within each experiment, we evaluated the comparative
impact of each change experiment individually on institutions:

a) uniformly low on community-orientedness (-E-I),
b) low on E but high on I;
c) high on E but low on I, and
d) uniformly high on community-orientedness (+E+I),
   (excepting Macon).

Replicate effects were also evaluated where possible by
addressing the question whether institutions with similar
starting points and receiving the same experimental exposure
respond with the same or similar types of changes. We be-
lieve we have true replication in the sense that experimental

exposure is applied simultaneously thus eliminating the time variable which often confounds attempts at replicating an earlier experiment at a later time.

These evaluations also afforded limited insights regarding the impact of differences in personality and style among experimental project-personnel, the expectation being that similar institutions exposed to the same experimental project should demonstrate similar patterns of change barring the influence of extraneous factors such as personality and style.

Experimental vs Nonexperimentals - Utilizing a set of nonexperimental institutions matched to experimentals as to starting points on community-orientedness, differences in change rates between experimentals/controls were determined and evaluated for significance.

## A Final Note on Ethics

Prior to the initiation of each experimental project, potential participant institutions were contacted to solicit their voluntary involvement.

During interviews with institutional directors we fully disclosed what we sought relative to the direction and nature of change, the methods we would use in the particular project in which each would be involved, and the limits of the assistance we could provide to accomplish change.

No institution declined--although some directors were skeptical--and full participation continued throughout the life of each project, with few and minor exceptions.

We recognize that some behavioral scientists might consider full disclosure an abridgment of experimental design, in the sense that if participants know what is expected they may simply conform (a self fulfilling prophecy).

In our view sub rosa techniques would have been questionable from an ethical standpoint. Of equal importance, such an approach deviates substantially from real world conditions in which change agents are frequently charged with achieving change in organizations that have advance knowledge of the changes expected of them.

## Techniques for Quantifying Institutional Change

A major responsibility of each experimental project leader involved keeping a process recording of all interactions between project personnel and institutional participants over the life of the project.

Normally, a second project staff member was assigned to be present and record events which were then corrected for distortions and biases through discussion with the project leader before being logged.

A separate technical assistance log was also kept in each project to determine whether project personnel were staying within the set limits thereby allowing a better estimate of the extent to which institutional change was self accomplished.

The process recordings contained all known references made by participants to institutional change commitments and claimed change accomplishments associated with exposure to each experimental project.

These references were utilized to construct project evaluation questionnaires and other instruments for follow-up work. All of these instruments also allowed for participant commentary on other changes we overlooked as well as participant evaluation of the projects themselves.

A quasi legal evidence approach was utilized in collecting evaluation data in the field. In brief, this approach meant that no self proclaimed change would be accepted as factual unless validated by a secondary source also directly effected by the change.

In all three projects we first obtained the opinions of institutional directors regarding the changes that occurred as a result of experimental exposure and then proceeded to interview at least one other source directly effected by the claimed change to determine whether the change actually was carried out.

In every case where the secondary source was in disagreement, the claimed change was disallowed. We believe this process produced a conservative estimate of the true amount of institutional change induced by each experimental project, hence a relatively reliable estimate of the amount of actual change.

This was a time consuming activity that resulted in 99 in depth interviews in the field and uncounted numbers of written and telephone contacts with participants.

In the Atlanta project, six directors and 42 institutional staff were personally interviewed. In the latter case, the number of staff interviewed in each institution was proportional to each institution's staff size.

In the Macon project, five directors and 11 community and agency leaders were personally interviewed; and, in the Savannah project personal interviews were conducted with six directors and 29 community participants.

Since we were interested in the nature as well as the type of institutional change that occurred, each validated change was classified according to its complexity (nature) and the part of the community-oriented model to which it related (type).

The complexity of a change was scored from 1 to 4 depending on the number and/or difficulty of the links involved in getting a change accomplished, as shown in Diagram 2-5:

Diagram 2-5

Degree of Complexity of an Institutional Change



Declining Likelihood of Initiation

In our view, difficulty of accomplishment increases as change moves from that entirely internal to the institution (1), to involvements with one or more like institutions (2)

and involvements with other types of community resources (3) toward multiple institutional-community resource entangle-ments (4).

The entire data classification scheme for each project is brought together for inspection in Diagram 2-6 below:

### Diagram 2-6

Classification Scheme for Institutional Change Data

Model of Community-Oriented Care

| | Part E-1 | Part E-2 | Part E-3 ........ I-7 |
|---|---|---|---|
| Complexity of Change | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 |
| -E-I | * . . . | . . . . | . . . . | . . . . |
| -E+I | | | ) | |
| +E-I | | | | . |
| +E+I | | | | |

INSTITUTIONAL STARTING POINT

*Number of verified changes

One final effort was made to further establish the reli-ability of the data obtained from directors (experimental and nonexperimental) during our evaluation interviews.

A "Directors Institutional Change Questionnaire" was de-veloped incorporating all the changes directors said occurred during the experimental year. This questionnaire was submitted to all directors of participating institutions (N=32) and 26 usable returns were obtained (including all experimental and 3 of 9 nonexperimentals used in our analyses).

Data from evaluation questionnaires were then compared
to corresponding responses on the institutional change ques-
tionnaires.

Agreement between the two data sources reached 84 per-
cent for experimentals and 86 percent for non-experimentals
suggesting that, on the whole, directors were providing con-
sistent information over time about institutional change.

However, directors' responses on the evaluation ques-
tionnaires regarding changes made were in agreement with the
independent opinions of others only 61 percent of the time
in the Atlanta project, 71 percent in the Macon project, and
72 percent in the Savannah project.

These results show the value of the evaluation process
employed; namely, while directors' responses appear to be
consistent (reliable) with themselves, they are not shown to
be more than moderately valid reflections of what others
thought occurred.

We further discounted the relatively small number of
previously accepted changes about which directors gave in-
consistent responses.

Only data that held up to this extensive process of
checking and cross checking is reported on in the findings
from our research program.

We believe this process produced a highly reliable and
valid body of information on the type and nature of institu-
tional changes induced through our experimental interventions.

CHAPTER III

INSTITUTIONAL EFFECTIVENESS IN TERMS
OF IMPACT ON RESIDENT CHILDREN

In this chapter the results of our evaluations of the impact of institutional care on resident children are reported and interpreted.

Resident children do differ widely in terms of competency levels, or put in another way, in terms of their readiness for community replacement. They also differ considerably in the amount and direction of change in competency levels demonstrated over time.

We have sought to determine the extent to which these differences are attributable to the types of institutions in which children are placed, the length of time they spend in care, and/or to specific features or emphases in institutional care to which children are exposed.

At the same time, we have sought to assess the extent to which differences in competency levels are attributable to the selective matching of children with particular types of institutions and to child maturation rather than to the nature of the institutional experience itself.

The findings are brought together and interpreted at the end of the chapter as a summary assessment of institutional effectiveness in preparing resident children for community replacement in terms of the two basic questions we posed:

1.  Is the institutional experience generally ineffective, in the sense that it inhibits or otherwise distorts the growth and development of competencies needed for community living among residents; and,

2.  Is the community-oriented care more effective than its custodial alternative in preparing residents for a return to adequate living in their own communities?

## The Nature of Impact by Types of Institutions

As a starter, it can be shown that a substantial relationship exists--in a global sense--between institutional environments and a residents behavior.

A high canonical correlation (R=.901, P<.02) was found between the scores on the 14 parts of the community-oriented model taken together and the three child competency scores taken together on 1972 data across all 32 institutions.

This, of course, should come as no suprise to anyone who believes that there is a link--however broad--between environment and behavior.

The canonical correlation program we utilized[1] also yields a single canonical weight for each institution computed from institutional scores on the 14 parts of the community-oriented care model.

These weights enabled us to rank the 32 institutions from highest to lowest on community-oriented care and then obtain Spearman rank order correlations between degree of community-orientedness and institutional child population means for the three child competency measures.

This probe indicated in a global way that degree of community-oriented care is associated positively with child Verbal Abilities scores ($r_s$ =.290), TSRCS scores ($r_s$ =.277), and at a somewhat more substantial level with Locus of Control scores ($r_s$ =.433, P<.05).

These results indicate no more than that a relationship exists of sufficient magnitude to warrant further exploration.

Considerable care must be taken in interpreting the rank order correlations in particular.

The reason for this is that in the real world an aggregate of children's institutions would probably be better depicted in terms of small disparate groups rather than on a neatly ordered continuum according to the degree of community-orientedness in their overall programs.

Turning the basic question around, we wanted to know whether institutions clustered in a coherent way according to the competency levels in their resident populations, and, further, what characteristics institutions in each cluster shared that set them apart.

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[1]Reference is to the Miami Multivariate Package, developed at the University of Miami, Florida.

The Taxanome, a cluster analysis technique applicable to organizational analysis was utilized with 29 of the 32 participating institutions.[1]

This technique compared institutions simultaneously on all three child competency scores and produced a matrix of clusters similar in visual layout to that of a factor analysis.

Beyond the core (first) cluster, all other clusters are manually extracted by retaining, only those institutions in each cluster--inspected in series--that did not appear in any other remaining cluster.

This process yielded seven unduplicated clusters or groups of institutions and four others that were not identified with any particular group.

Inspection of scores on each of the 14 parts of the community-oriented model for institutions within every cluster led to the selection of labels felt to adequately represent each cluster's general orientation.

Ranks associated with global scores (canonical weights) for community-orientedness and resident population competencies were also averaged for each cluster of institutions.

The label assigned to each cluster of institutions and its associated rank on community-orientedness and resident population competency levels are provided in Table 3-1 followed by representative descriptions of the clusters themselves.

The association between community-orientedness and resident population competencies is more clearly observed in these data, although reference should be made to the fact that resident populations in the two institutions most closely approximating our model of community-oriented care demonstrate only modest competency levels.

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[1]The Taxanome was developed by Professor R. R. Rentz of the Educational Testing Laboratory at the University of Georgia and was used with his permission and assistance.
Three institutions were deleted as the program would not accept cases with missing data.

## Table 3-1

### Institutional Cluster Ranks for Community-Orientedness/Resident Population Competency Levels

| Institutional Cluster | No. of Inst. | Community-Orientedness Rank | Resident Population Competency Rank |
|---|---|---|---|
| Community-Oriented | 2 | 1* | 4 |
| Tutorial | 2 | 2 | 2 |
| Self Governing | 2 | 3 | 1 |
| Benign Custodial | 10 | 4 | 3 |
| Rote Skills | 2 | 5 | 6 |
| Survivor Custodial | 5 | 6 | 6 |
| Transitory Care | 2 | 7 | 7 |
| Extremist Exceptions | 4 | | |

*Ranked from 1 (highest) to 7 (lowest)

More meaning will be apparent in these data following a
reading of the descriptions of each institutional cluster's
characteristics.

## Community-Oriented Institutions (+E+I)

These institutions score high on all 14 parts of the com-
munity-oriented model. They are highly integrated with their
community environments, place considerable emphasis upon child
involvement in community, decentralization of facilities and
decision-making processes, and replacement planning. A broad
ranged balance on making all of these components work together
is characteristic of both institutions.

## Benign Custodial Institutions (-E-I)

The 10 institutions in this cluster reflect generally
low scores on most if not all 14 parts of our model. The most
prominent common characteristic of these institutions might
be called modest effort, or balanced indifference in all
phases of operations. Many institutions scored lower than
those in this group on particular parts of the model, but
these institutions are identified by their consistent modest
rather than marked departures from community-oriented care.

For the most part they could be called self satisfied.
Their principle funding is secure, staff turn-over is quite
low, their community images are at least acceptable and the
children they serve behave well enough not to cause them pub-
lic embarrassment or difficulties.

Their consistently low scores identify them as best
fitting the term custodial, and their pervasive placidness--
or absence of striving in any phase of their operations--earns
the adjective benign. Although the opposite of community-
oriented by our measures, these institutions do not harbor
the least competent child populations by any means.

## Survivor Custodial Institutions (+E-I)

This group of 5 institutions is perhaps the most interesting
of the lot. We have termed them custodial because, in general,
they score quite low on most parts of our model.

They differ from their benign counterparts in the high emphasis accorded to staff involvement in their own communities in search of greater acceptance and financial support.

All of these institutions have high staff involvement in community, highly community conscious directors, and virtually wide open admissions policies.

Each seems engrossed in resolving chronic financial, bed vacancy and similar problems, and the priority on this is such that programing for resident children is virtually forgotten. Beyond adequate provision of basic needs, residents are left pretty much to their own devices.

Because of this emphasis, we have termed them survivor oriented. Children in these institutions generally demonstrate quite low global competencies.

Three clusters of institutions, those labeled Self Governing, Rote Skills, and Tutorial are similar in the general pattern of their operations but quite different in the particular service orientation emphasized.

All three clusters seem to work at developing a specialized relationship with their community environments and to resist any attempt to alter this relationship by isolating themselves from all but a few selective involvements that directly enhance their service goals.

Similarly, all of these institutions give over more attention to building their on-grounds programs than perhaps any others in the sample.

## Self Governing Institutions (-E+I)-

The two institutions in this cluster work exceedingly hard at making their operations child participatory in nature. Children are expected to govern themselves on a range of behavioral matters far exceeding such allowances in any other type of institution.

Such devices as group decision-making in cottages, the signing of formal service contracts with residents, and the tying of reward/discipline systems to responsible decision-making are all popular.

This system is highly articulated and staff/resident roles are clearly defined. Children are allowed to come and go as they please--and they suffer the consequences of irresponsibility when they abridge the rules they help make.

To support this system, it seems necessary to be highly selective in admissions, and to retain children who successfully adapt for relatively long periods of time.

The need for total control over admissions and release decisions appear to contribute to the reluctance these institutions display relative to integrating themselves with child welfare--and other--service systems in their communities.

As noted in Table 3-1, their aggregated resident populations demonstrate the highest global competency level of any cluster.

## Rote Skills Institutions (-E+I)

While the two institutions in this cluster respond to their communities much as the Self Governing Institutions do, they do so to protect a qualitatively different type of service orientation. These institutions have well developed behavioral modeling programs that depend for their success primarily upon the instructional skills, moral integrity, and positional authority of staff members:

Children have practically no involvement in decision-making processes, most decisions being made for them by staff.

At the same time, staff are expected to provide--by their behavior--models for learning appropriate manners, dress, social skills, self control, personal responsibility, and other characteristics adjudged to be the hallmarks of child growth and development.

Once again, great emphasis is placed upon admitting children capable of adjusting to this approach. Those that do adjust tend to be kept long periods. Children in these institutions score quite low relative to global competencies.

## Tutorial Institutions (-E+I)

Finally, these two institutions are clearly marked by their emphases upon the intellectual development of resident children.

Similar to Rote Skills institutions, the Tutorials vest near total control of the children's destinies in the staff. In these institutions, however, staff are most concerned with bringing together every conceivable means for advancing the formal and informal learning achievement of residents. Children are heavily involved on-grounds as well as in community in activities that promote cognitive development.

These institutions are extremely selective, and attempt to admit only bright children who appear to have enough internal controls to accept and profit from a rigidly defined, and narrowly directed program approach.

As with other institutions of this genre, children who do well are retained. Children in these institutions register high global competency scores.

In over-simplified fashion, the differing emphases between these three clusters of institutions might be illustrated by what each would expect from resident children's recreational activities.

In Self Governing Institutions success might be conceived in terms of a child selecting his own activities and negotiating them within the bounds of conduct he helps set. In Rote Skills institutions, a child might be directed to a recreational activity for the purpose of having him learn something about getting along in a group function. In a Tutorial institution, a child might be directed to the same type of activity for the purpose of learning and mastering the activity itself at a level at least competitive with that of other participants.

## Transitory Care Institutions (+E-I)

The last cluster represents two institutions that score relatively high on several of the 14 parts of our model.

While these institutions would appear to have much in common with community-oriented institutions, they differ in two important ways.

First, both these institutions have moved rigidly to a short term care orientation; that is, regardless of the length of stay that might be appropriate for a given child he cannot stay beyond what staff feels to be a temporary period.

Secondly, because of the heavy child flow in and out of these institutions staff are caught up in the management of this flow and do not appear to have the capacity to make otherwise well articulated community-oriented care programs work.

Many phases of the program are neglected in the hurly-burly, including the individualized needs of residents. Generally, it is left up to the children themselves to take advantage of the program resources that have been developed for them.

When scores for all 14 parts of the model are taken together as a global measure, these institutions rank lowest on community-oriented care and they are also found to have resident child populations with the lowest overall competency levels.

## Extremist Exception Institutions

Four (4) institutions in the sample did not cluster at all. They have been labeled extremist exceptions because examination of their community-orientedness and resident population competency scores indicates that they all differ due to extreme orientations.

Two (2) of these institutions are in fact extreme survivor custodial institutions, another is an extreme rote skills institution, and the last has scores so low on all 14 parts of our model that it may be, in reality, a rare example of the classical custodial institution frequently discussed in the literature.

There seems to be no pattern of association between these emphases and resident population competency levels.

For example, children in the classical custodial institution do rank last as a group on Locus of Control scores, but they also rank 6th (among 32 institutions) in Verbal Abilities and 11th on TSRCS scores.

The impression drawn from the data analysis thus far is that many of the institutional clusters have child populations closely fitted to their modes of operations and service emphases.

This is shown in somewhat clearer fashion in Table 3-2 where institutional clusters have been ranked according to the aggregate competency levels for their resident populations on the three child competency measures.

## Table 3-2

### Institutional Cluster Ranks for Resident Population Competency Levels for the 3 Child Competency Measures

| Institutional Cluster | No. of Inst. | Competency Measures | | |
| --- | --- | --- | --- | --- |
| | | Verbal Abilities (LTIT) | TSRCS | Locus of Control |
| Tutorial | 2 | 1* | 7 | 4 |
| Self Governing | 2 | 2 | 1 | 1 |
| Benign Custodial | 10 | 3 | 6 | 6 |
| Survivor Custodial | 5 | 4 | 2 | 5 |
| Community-Oriented | 2 | 5 | 3 | 2 |
| Rote Skills | 2 | 6 | 5 | 7 |
| Transitory Care | 2 | 7 | 4 | 3 |
| Extremist Exceptions | 4 | | | |

*Ranked from 1 (highest) to 7 (lowest)

These rankings indicate that the institutions most heavily committed to child self management (Self-Governing) also have the most highly competent resident populations.

Resident populations in institutions committed to this concept to a somewhat lesser degree (Community-Oriented) also demonstrate high task/social relations (TSPCS) and self direction (Locus of Control) competencies.

Further, institutional clusters that appear to leave children to their own devices (Survivor Custodial and Transitory Care) have resident populations that score favorably on one or both of these competencies.

Conversely, those institutions that exercise substantial control over residents (Benign Custodial, Tutorial, and Rote Skills), have populations that measure lowest on task/social relations and self direction competencies.

Rote Skills institutions represent an exception to these general observations in that their populations do not demonstrate the high task/social relations skills that we had expected of them.

Whether these associations are the result of institutions selecting children to fit their modes of operation or the consequence of children actually changing as a result of exposure to a particular type of institution is partially resolvable by examining the flow of children through these institutional clusters over a two year time period.

To conduct this analysis we first computed institutional cluster mean scores for each of the three child competency measures for all children released in 1972, all children retained during 1972, and all new admissions for 1973.

We then utilized mean competency scores obtained on 1,025 noninstitutionalized children as standards to derive the extent to which releases, retainees, and new admissions deviated (above or below) from the means for the noninstitutionalized group.

Finally, each institutional cluster was ranked according to the extent of its deviations from the means for noninstitutionalized children and the ranks obtained on the three competency measures were averaged to obtain a single rank for each cluster's releases, retainees, and new admissions.

This procedure requires two assumptions. First, it is assumed appropriate to judge (rank) institutional performance by comparing resident competencies to those of noninstitutionalized children.

Secondly, it is assumed that properly functioning children's institutions release children who compare favorably with noninstitutionalized children and retain and admit children less capable than their noninstitutionalized counterparts.

Proceeding on these assumptions, Table 3-3. shows the flow of children through each institutional cluster.

Since we believe the most competent residents should be returned to their communities, releases are ranked from most competent (1) to least competent (7) comparing to the non-institutionalized cohort.

Conversely, institutions should continue to serve and admit children less competent than children in the general population. Therefore, retainees and new admissions are ranked in reverse, from least competent (1) to most competent (7).

These data provide further clarification of the relationship between institutional modes of operation and service emphases and the competency levels of their resident populations.

Certain institutional clusters, (Self Governing and Tutorial) seem to have a need for and the capacity to attract a continuing supply of highly competent residents.

Others that require less of residents in the conduct of institutional affairs (Benign Custodial and Rote Skills) show high consistency in passing children with comparatively low competencies through their processes.

Interestingly, institutions busied with their own crises (Survivor Custodial) or dealing with children in crisis (Transitory Care) share a pattern of releasing their least competent children while retaining and admiting children whose competencies compare favorably with those of noninstitutionalized children.

Only the two community-oriented institutions approximate what we believe to be an appropriate flow of children. These institutions release children who compare favorably with noninstitutionalized children and admit children who compare quite unfavorably.

Taken together, these evaluations do suggest that community-oriented care at least modestly influences the competency levels of resident children and that in institutions wholly committed to this approach the impact upon residents is favorable.

## Table 3-3

Institutional Cluster Ranks Determined by Comparing Global Competency Levels of Releasees, Retainees and New Admissions to Competency Levels for Noninstitutionalized Children

| Institutional Cluster | 1972 Releases | | 1972 Retainees | | 1973 New Admissions | | Remarks |
|---|---|---|---|---|---|---|---|
| | N | Rank | N | Rank | N | Rank | |
| Self Governing | 76 | 1MC* | 70 | 7MC | 53 | 5 | Release, retain, and admit children of high competence. |
| Tutorial | 32 | 2 | 71 | 5 | 25 | 7MC | Release, retain, and admit children of high competence. |
| Community-Oriented | 20 | 3 | 46 | 3 | 26 | 1LC | Release, retain children of moderate competence, admit the less competent. |
| Benign Custodial | 250 | 4 | 176 | 1LC | 109 | 2 | Release, retain, and admit the less competent. |
| Survivor Custodial | 210 | 5 | 158 | 4 | 51 | 6 | Release the less competent, retain and admit the more competent. |
| Transitory Care | 43 | 6 | 8 | 6 | 45 | 4 | Release the less competent, retain and admit the more competent. |
| Rote Skills | 19 | 7LC | 45 | 2 | 27 | 3 | Release, retain, and admit the less competent. |

MC = Most Competent
LC = Least Competent

As a general observation, however, it would seem that how well children are doing when released has more to do with how well they were doing when they were admitted than to what they were exposed while in residence.

This is not to say that children do not change during the time they spend in residence or that specific features of institutional operations do not influence their competency levels.

Indeed, our evaluations of length of stay and each of the 14 parts of the community-oriented model reported on in the following sections identify some of the ways that these factors contribute to the competency levels of resident children.

## The Impact of Length of Stay
## on Residents' Competency Levels

There are two basic ways of measuring the relationship between a variable such as length of stay and residents' competency scores, namely, retrospectively and prospectively.

We conducted both types of analyses by taking the product moment correlation between length of prior stay and 1972 competency scores for samples of 1,238 to 1,255 resident children (retrospective analysis), and by examining the covariance between 1972 resident scores and scores for the same children continuing in care on the same measures 1 year later (prospective analysis).

From a retrospective standpoint, the correlations obtained indicate positive but negligible relationships between length of stay and child competency scores, as shown in Table 3-4.

### Table 3-4

Product-Moment Correlations for Length of Stay and Competency Scores for Residents of 32 Children's Institutions

| Competency Measures | N | r |
|---|---|---|
| Verbal Abilities (LTIT) | 1255 | .118 |
| TSRCS | 1243 | .152 |
| Locus of Control | 1238 | .291 |

. Importantly, these positive overall correlations appear to mask a curvilinear relationship between length of stay and competency levels. When product moment correlations are taken for this relationship for the first 12 months of stay only, much higher positive correlations are obtained on all three measures of competency while substantial negative correlations are obtained for children in care 13 or more months (see Table 3-10).

In short, during the first year in care, competency levels appear to progressively increase while thereafter they decline significantly for the resident populations of the 32 institutions as a whole.

The possibility that the positive associations in particular are simply the consequence of child maturation rather than length of exposure to the institutional experience will be explored at a later point.

Recalling the somewhat more substantial overall correlations reported earlier between degree of community-orientedness and resident population competency scores, we were also interested in determining whether differences occur in the relationship between length of stay and competency scores depending upon the type of institution to which a child is exposed.

Product moment correlations were computed retrogressively for the aggregate resident populations of each institutional cluster to assess these differences.

This approach yielded some rather interesting patterns as shown in Table 3-5.

These data suggest that as length of stay increases in Rote Skills institutions children experience a general--if slight--decline in all measured competencies.

On the other hand, Benign Custodial institutions and somewhat more impressively Tutorial institutions, demonstrate positive associations between length of stay and all competency scores.

Two other points are of interest. First, in institutions where children are left to their own devices (Survivor Custodial and Transitory Care) residents' sense of self direction (Locus of Control) appears to rise substantially in association with length of stay.

## Table 3-5

Product-Moment Correlations for Length of Stay and Aggregate Resident Population Competency Levels for Institutional Clusters

| Institutional Cluster | No. Inst. | No. Children | r for Length of Stay and: Verbal Abilities (LTIT) | TSRCS | Locus of Control |
|---|---|---|---|---|---|
| Tutorial | 2 | 89 | .269 | .201 | .326 |
| Benign Custodial | 10 | 321 | .198 | .223 | .151 |
| Survivor Custodial | 5 | 355 | -.051 | .250 | .573 |
| Rote Skills | 2 | 62 | -.076 | -.051 | -.315 |
| Transitory Care | 2 | 45 | -.291 | -.034 | -.498 |
| Community-Oriented | 2 | 60 | -.643 | .421 | .317 |
| Self Governing | 2 | 107 | -.782 | -.002 | .109 |
| | 25 | 1,039 | | | |

Secondly, length of stay is associated with very low Verbal Abilities scores as reflected in hefty negative correlations in Community-Oriented and Self Governing institutions. These two types of institutions it will be recalled place considerable emphasis upon child participation in institutional decision-making processes.

These differences between institutional clusters could result from the selective admission of groups of children having different competency levels, as previously noted.

To get at the extent to which child maturation and admissions selectivity account for the differences found in the data, prospective analyses were performed on residents' competency scores obtained on 632 children in 21 institutions in 1972 ($t_1$) and one year later ($t_2$).[1]

Two types of analyses were performed. Correlated t tests were utilized on the data to obtain the extent of differences between $t_1$ and $t_2$ for the sample as a whole; and, analysis of covariance (ACOVA) was utilized to determine the extent of the differences in $t_1$ and $t_2$ data between the 21 institutions.

Both of these methods adjust $t_2$ scores by pulling out the covariance between $t_1$ and $t_2$ scores, providing, as a consequence, a truer estimate of the actual amount of change that occurred than would be obtained by comparing raw scores.

In order to increase our precision in estimating change in resident competences, these analyses were conducted with all five subscales of the TSRCS as well as with the total scale score.

Table 3-6 presents the results of both of these analyses in summary form for ease of comparison.

The covariant f ratios are all highly significant indicating a substantial general relationship between $t_1$ and $t_2$ scores. This is hardly surprising since the same measures were administered to the same children at one year intervals.

---

[1] Time, cost and other considerations limited the retesting of children to 21 of the 32 institutions. This group of 21 institutions is composed of all those undergoing exposure to experimental projects (17) and a stratified random selection of nonexperimental institutions (4).

## Table 3-6

Results of ACOVA and Correlated t Tests on
$t_1$ and $t_2$ Resident Competency Scores

| Child Competency Measure | ACOVA | | Correlated t Tests |
|---|---|---|---|
| | Covariant f | f | |
| Verbal Abilities (LTIT) | 301.55 | 4.168* | .68 |
| TSRCS SUB-SCALES — Task | 51.54 | 2.114 | 1.80** |
| Cottage Mates | 51.46 | 2.906 | -6.20* |
| School Mates | 73.12 | 2.760 | 5.40* |
| Cottage Parents | 29.47 | 3.963* | -.50 |
| Teacher | 27.55 | 2.950 | 2.30** |
| TSRCS (Total) | 59.54 | 6.165* | -.99 |
| Locus of Control | 90.97 | 3.008 | 4.70* |

*P<.01
**P<.05                          df: 1,632

With this covariation extracted, the ACOVA f ratios show
significant differences between $t_1$ and $t_2$ scores between in-
stitutional populations for Verbal Abilities, the total TSRCS,
and the Cottage Parent subscale.

In contrast, the correlated t test results indicate sig-
nificant differences between $t_1$ and $t_2$ scores on all competency
measures--except the three showing significance in the ACOVA
analysis--for the overall sample of 632 children.

Our interpretation of these results is that Verbal Abil-
ities, General Task/Social Relationship Skills (TSRCS), and
in particular Cottage Parent relationship skills are the com-
petencies specifically effected by the institutional experi-
ence.

Conversely, significant changes in scores over a year's
time for Task accomplishment, Cottage Mate, School Mate, and

Teacher relationship skills, and sense of self direction (Locus of Control) represent competencies effected by factors beyond the institutional experience.

The correlated t tests also disclose that over a year's time resident children advance significantly in social relationship skills vis a vis their school mates and teachers, while their relationships with cottage mates and cottage parents seem to deteriorate.

This cancelling out effect of the subscales helps explain the correlated t test result obtained for the total TSRCS.

Of equal importance, these results suggest that resident children progress favorably in the community context over time coincident with a drop in their ability to get along within their own institutions.

It may be that as resident children progress in the community context their resentment at not being returned to community living builds and is expressed negatively in relationships with institutional staff and peers.

Institutional staff appear to contribute unintentially to this situation by interpreting deteriorating on-grounds relationships as a worsening of resident child performance when, in fact, this deterioration may be a substantial measure of children's increased capacities for community living.

Findings supporting this observation are presented in detail in Chapter 5 which deals with the contribution of staff to effective institutional services.

In sum, our analyses of the impact of length of stay on resident competencies disclose meaningful effects concealed by the negligible general associations between the two variables.

The relationship between length of stay and resident competencies has been shown to differ depending on the type of institution within which a child resides. Also, changes in specific child competencies have been identified as attributable to the institutional experience itself, while change over time in other competencies has been shown to be consequence of factors lying outside the institutional sphere of influence.

It is to these institutional and other--namely child background--factors that we now turn our attention in an effort to isolate those specific factors that seem to exercise the most influence on the level and changeability of residents' competency levels.

## The Effects of Specific Institutional Factors on Residents' Competency Levels

In order to isloate those specific features of institutional care exercising the greatest influence on residents' competency levels, a stepwise multiple regression analysis was performed on 1972 data on 1,238 to 1,255 children for each of the three child competency measures and data for the 14 parts of the community-oriented model.

The stepwise multiple regression program we used (BMD 02R) provided a cumulative ordering of the 14 parts of the model according to the amount of variance in competency levels explained by each part.

Table 3-7 gives the results of this approach for residents' Verbal Abilities competence levels.

In this and the two following tables a cut off point was utilized when the contribution to the cumulative variance explained ($R^2$) by the addition of a part to the series fell below a 2 percent increase.

Relative to Resident's Verbal Abilities competency levels, 8 features of institutional care account for 56 percent of the variance in children's scores.

The degree of heterogeneity in resident child populations (E2) explains much more of the variance in children's Verbal Abilities scores than any other part of the model:

## Table 3-7

Stepwise Multiple Regression Results for the 14 Parts of the Community-Oriented Model of Care on Residents' Verbal Abilities Competency Levels

| | Model Part | $R$ | $R^2$ | Increase in $R^2$ | Direction of 0-Order r (Community-Orientedness Level X Competency Level) |
|---|---|---|---|---|---|
| E2 | Child Population Composition | .444 | .197 | .197 | − |
| E1 | Child Flow | .507 | .257 | .060 | − |
| E5 | Staff Capacity: Continuity | .565 | .319 | .062 | + |
| I1 | Replacement Planning | .594 | .353 | .034 | + |
| I3 | Restrictiveness of Admissions | .639 | .408 | .055 | − |
| I6 | Discipline/Rewards | .681 | .464 | .056 | − |
| I3 | Cent. Live/Eat Facilities | .715 | .512 | .047 | − |
| I4 | Comprehensiveness On-Grounds Prog. | .749 | .561 | .049 | − |
| | | | | | ──cut off point── |
| E7 | Director Change Orientation | .756 | .571 | .010 | − |
| I5 | Daily Life D-M Pattern | .761 | .578 | .007 | + |
| I7 | Centralization of D-M | .766 | .587 | .009 | − |
| E6 | Staff Cross Flow | .768 | .590 | .003 | + |
| I2 | Child Stigma | .770 | .593 | .003 | + |
| E4 | *Staff Capacity: Depth | -- | -- | -- | |

*E4 not entered, did not meet f value criterion of .10 for inclusion

A pattern is clearly evident when the directions found in zero order correlations are taken into account.

Institutional policies governing the admission and retention of children (E3, E1) account for a substantial portion of the variance found in residents' Verbal abilities scores. High levels of competency on this measure depend upon the selective admission and comparatively long term retention of a relatively homogeneous resident population.

From the programmatic side, Verbal abilities competency appears to be effected positively by the maintenance of a stable staff (E5) implementing a well developed on-grounds (as opposed to community) program (I4) featuring emphasis upon replacement planning (I1) and relatively autocratic disciple/rewards systems (I6) within a context of centralized living and eating facilities (I3).

Importantly, the degree of resident child participation in institutional decision-making processes, and the extent of the exchange of institutional staff and community service personnel and residents contribute little or nothing to residents' Verbal Abilities competency levels.

In general, it would appear that Verbal Abilities competency is enhanced more by the custodial mode of institutional operations than by the community-oriented alternative.

Turning to residents' competency levels for task and social relationship skills, Table 3-8 indicates that 5 features of institutional care account for 29 percent of the variance in TSRCS scores.

The amount of variance explained in TSRCS scores by the 5 parts of the model above the cut-off point is not overly impressive. However, the pattern that emerges is of some interest.

Here such community-oriented features as staff continuity (E5), high emphasis upon use of community program resources (I4)- as opposed to on-grounds programming, relatively open admissions (E3) and substantial involvement of residents in institutional decision-making processes (I5) appear to contribute positively to overall TSRCS levels.

Once again, the more heterogeneous the composition of the resident population (E2) the lower the competency levels tend to be.

Table 3-8

Step Wise Multiple Regression Results
for 14 Parts of the Community-Oriented
Model of Care on Residents' TSRCS Competency Levels

| | Model Part | R | $R^2$ | Increase $R^2$ | Direction O-Order r (Community-Orientedness Level X Competency Level) |
|---|---|---|---|---|---|
| E5 | Staff Capacity: Continuity | .289 | .084 | .084 | + |
| E2 | Child Population Composition | .427 | .182 | .098 | - |
| I | Comprehensiveness On-grounds Program | .481 | .231 | .049 | + |
| E3 | Restrictiveness of Admissions | .520 | .271 | .039 | + |
| I5 | Daily Life D-M Pattern | .539 | .291 | .020 | + |
| | | | | cut off point | |
| I3 | Cent. Live/Eat Facilities | .555 | .309 | .019 | - |
| E4 | Staff Capacity: Depth | .568 | .323 | .015 | - |
| E7 | Director Change Orientation | .580 | .336 | .013 | + |
| I6 | Disciple/Reward | .589 | .346 | .010 | + |
| E1 | Child Flow | .593 | .352 | .005 | + |
| E6 | Staff Cross Flow | .596 | .355 | .004 | + |
| I2 | Child Stigma | .598 | .358 | .002 | + |
| I1 | Replacement Planning | .600 | .360 | .002 | + |
| I7 | *Cent. D-M | - | - | - | - |

I7 not entered, did not meet f value criterion of .10 for inclusion.

Finally, 7 parts of our model above the cut-off point account for roughly 39 percent of the variance in residents' scores on Sense of Self Direction (Locus of Control), as shown in Table 3-9.

Degree of institutional decentralization appears to be a more significant influence upon residents' sense of self direction than upon the other 2 areas of competency measured.

Greater dispersion of decison-making authority (I7), higher participation of residents in decision-making processes (I5) and decentralization of living and eating facilities (I3) are all linked with higher Locus of Control scores.

The contribution made by staff also appears to have an important bearing on residents scores in this competency area.

Smaller staff-child ratios (E4) and greater staff continuity (E5) are both positively associated with residents' sense of self direction while higher exchange between institutional staffs and host communities (E6) produces a negative association.

Consistent with previous findings, the composition of resident populations (E2) is a major factor, and greater heterogeneity is once again found linked with lower competency levels.

The first order conclusion from all these regression analyses is that the composition of an institution's resident population is consistently the major influence on all 3 child competencies measured. In all cases, overall resident population competency scores appear to suffer as heterogeneity increases.

Secondly, degree of staff continuity appears to play a important role in the development of all three types of competencies. Institutions with staffs that tend to hold their positions over long periods of time and that also continue to pursue educational and training experiences pertinent to their jobs appear to have a generally beneficial impact upon residents.

Beyond these points, it appears that residents actually profit from a more custodially oriented institutional experience in terms of developing Verbal Abilities competencies.

In contrast, more community-oriented programming and higher involvement of children in institutional decision-making processes appear to foster the development of task/social relationships skills.

Finally a general emphasis upon decentralization is associated

## Table 3-9

Step Wise Multiple Regression Results for 14 Parts
of the Community Oriented Model on Residents'
Sense of Self Direction (Locus of Control) Competency Levels

| | Model Part | R | $R^2$ | Increase $R^2$ | Direction O-Order r (Community-Orientedness Level X Competency Level) |
|---|---|---|---|---|---|
| E5 | Staff Capacity-Continuity | .302 | .091 | .091 | + |
| E2 | Child Population Composition | .439 | .192 | .101 | - |
| E6 | Staff Cross Flow | .524 | .275 | .082 | - |
| I5 | Daily Life D-M Pattern | .551 | .303 | .029 | + |
| E4 | Staff Capacity: Depth | .573 | .329 | .025 | + |
| I3 | Cent. Live/Eat Facilities | .603 | .363 | .034 | + |
| I7 | Cent. of D-M | .621 | .386 | .023 | + |
| | | | | | --cut off point-- |
| I2 | Child Stigma | .634 | .402 | .016 | + |
| I4 | Comprehensiveness of On-Grounds Program | .642 | .413 | .011 | + |
| I1 | Replacement Planning | .650 | .422 | .010 | - |
| I6 | Disicple/Rewards | .653 | .426 | .004 | - |
| E7 | Director Change Orientation | .654 | .428 | .002 | - |
| E3 | Restrictiveness of Admissions | .656 | .431 | .003 | - |
| E1 | *Child Flow | — | — | — | - |

E1 not entered; does not meet f value criterion of .10 for inclusion.

with a more substantial sense of self direction among resident populations.

### Associations Between Residents' Background Characteristics and Competency Levels

Since the foregoing analyses suggest the composition of resident populations to be a major determinant of competency levels, the degree of association was assessed between a number of child background characteristics and competency scores, the results of which are shown in tables 3-10 and 3-11 following.

### Table 3-10

Product-Moment Correlations for Selected Resident Background Characteristics and Resident Population Competency Scores

| Competency Measure | No. Children | Child's Age | Family Income | School Grade | Length of Stay 0-12 Mo. | 13 Mo. + |
|---|---|---|---|---|---|---|
| Verbal Abilities (LTIT) | 1255 | -.006 | .969* | .773* | .565 | -.290 |
| TSRCS | 1243 | .947* | .501 | .858* | .804* | -.571 |
| Locus of Control | 1238 | .889* | .555 | .930* | .936* | -.295 |

*p < .01

Only length of stay and current school grade demonstrate significant associations with competency levels for all 3 measures.

Beyond this, current age level is associated substantially

with TSRCS and Locus of Control competency levels[1], and rural/ urban residence prior to placement is related to competency levels for Locus of Control and Verbal Abilities measures.

Parental availability has some importance relative to TSRCS scores (mother's whereabouts) and Locus of Control scores (father's whereabouts).

Finally, only Verbal Abilities scores are associated significantly with the factors of residents' race and family income levels.

These associations tend to further support the notion that selective admissions accounts for much of the difference in competency levels found between institutions, particularly when percentage distributions for background characteristics are computed for aggregated resident populations for each institutional cluster, as shown in Table 3-12.

The range of variation between the institutional clusters is greatest for the same background characteristics demonstrating the most substantial associations with competency levels in general (age, current school grade, and place of prior residence).

### Interpretations from the Findings

1. **Does the institutional experience have a generally negative impact upon residents?**

The answer to this question is that it does not.

Comprehensive examinations of these findings indicate that the development of cognitive (Verbal Abilities measured by the LTIT), social (TSRCS), and affective (sense of self direction measured by the Locus of Control) competencies among residents is effected by differing mixes of institutional and other influences, in positive as well as negative directions.

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[1]A possible reason for these results is that the TSRCS and Locus of Control were not aged graded instruments. In contrast, the Lorge-Thorndike Verbal Abilities battery has been developed into a set of age equivalency measures. With age controlled in this manner, it is perhaps understandable that no correlation was detected between age and LTIT scores.

Table 3-11

Summary of t Test Results for Selected Resident Background
Characteristics and Resident Population Competency Scores

Competency Measure

| Background Characteristic | | N | Verbal Abilities (IMTT) x̄ (SD) | t | TSRCS x̄ (SD) | t | Locus of Control x̄ (SD) | t |
|---|---|---|---|---|---|---|---|---|
| Sex | Male | 703 | 30.79 (12.74) | 1.114 | 28.63 (7.18) | 1.720 | 13.46 (4.46) | 1.081 |
| | Female | 552 | 31.64 (12.05) | | 29.22 (6.71) | | 13.78 (7.02) | |
| Race | White | 1101 | 32.48 (11.88) | 14.405* | 28.83 (7.04) | 1.120 | 13.62 (5.11) | 1.277 |
| | Black | 154 | 19.62 (11.54) | | 29.40 (6.56) | | 13.27 (4.84) | |
| Prior Residence | Urban | 665 | 30.57 (13.18) | 2.341** | 28.67 (6.80) | .974 | 13.70 (6.00) | 2.572** |
| | Rural | 377 | 31.67 (11.62) | | 28.82 (7.13) | | 13.42 (5.78) | |
| Mother's Whereabouts | Known | 1079 | 31.53 (12.44) | .876 | 28.78 (6.99) | 2.741* | 13.55 (5.44) | 1.482 |
| | Unk. | 176 | 30.91 (11.74) | | 29.46 (7.02) | | 13.94 (7.49) | |
| Father's Whereabouts | Known | 991 | 31.37 (12.27) | .785 | 28.79 (7.07) | 1.965 | 13.66 (6.09) | 3.294** |
| | Unk. | 264 | 31.81 (12.48) | | 29.13 (6.84) | | 13.38 (4.46) | |

df: 1,∞

*P<.01 (2 tail)
**P<.05 (2 tail)

## The Development of Cognitive Competency and the Institutional Experience

Correlational and correlated t test results for the sample as a whole indicate negligible change in Verbal Abilities competency over time in residence. In general, there is a hint of a slight decline.

These general results mask real differences that show up between types of institutions.

ACOVA results clearly indicate that the amount of change in cognitive competencies among resident populations over time is significantly different between institutions.

Further, examination of the correlations for length of stay and cognitive competency levels for aggregated resident populations in each institutional cluster reveals that children in participatory institutions demonstrate substantial declines in cognitive competencies while gains are shown in the cognitive competencies of their counterparts in non-participatory institutions.

There is considerable evidence to suggest, however, that these differences are largely explainable by factors other than the institutional experience itself.

An analysis of the flow of children through types of institutions, utilizing competency scores of noninstitutionalized children as a standard for comparison, indicates in general that institutions that admit children with high cognitive competency levels release children at a later time with corresponding high competency levels, and vice versa.

Further, the differential distribution of residents by background characteristics linked with cognitive levels, and the obvious explanatory importance of resident population composition as shown in the stepwise multiple regression analysis all point to the conclusion that selective admissions contributes heavily to the differences in cognitive competency levels found between types of institutions in comparative as well as longitudinal evaluations.

By deleting the contribution made by resident population composition from the regression analysis, we can conclude as a very rough estimate, that as much as 60 percent of the variance in cognitive competency levels may be attributable to factors beyond the institutional experience.

## Table 3-12

Percentage Distributions for Selected Background Characteristics
for Aggregated Resident Populations, by Institutional Clusters

### Background Characteristics

| Institutional Cluster | No. Inst. | Sex (% Boys) | Age (% Teens) | Race (% White) | School Grade (% HS) | Family Income (% +10,000) | Prior Residence (% Urban) | Parental Whereabouts (% Mo. Known) | Parental Whereabouts (% Fa. Known) |
|---|---|---|---|---|---|---|---|---|---|
| % Range | | 29-70 | 20-79 | 17-100 | 2-74 | 0-20 | 38-90 | 72-94 | 59-86 |
| Community-Oriented | 2 | 51 | 31 | 88 | 26 | — | 62 | 88 | 81 |
| Benign Custodial | 10 | 70 | 20 | 96 | 7 | 8 | 38 | 88 | 61 |
| Survivor Custodial | 5 | 45 | 20 | 98 | 11 | 8 | 52 | 83 | 69 |
| Tutorial | 2 | 36 | 70 | 92 | 2 | 15 | 44 | 94 | 86 |
| Self Governing | 2 | 29 | 79 | 95 | 74 | 20 | 56 | 86 | 72 |
| Rote Skills | 2 | 49 | 5 | 100 | 5 | — | 61 | 76 | 75 |
| Transitory Care | 2 | 60 | 20 | 17 | 4 | — | 90 | 72 | 59 |

What then does the institutional experience itself con-
tribute to the development or decline in cognitive competency
among residents?

Returning to the results of our stepwise multiple regres-
sion analysis, it is apparent that the development of cogni-
tive competency is enhanced by relatively stable, highly con-
trolled environmental conditions.

Being in residence with other children of high competence
over relatively long periods of time and maintaining a con-
tinuous relationship with at least one staff member are all
associated with high cognitive competence.

The setting of clear boundaries--as reflected in coherent
replacement planning and strict centralized discipline/reward
systems, the establishment of routine--reflected in central-
ized facilities and discipline/reward systems, and a concen-
tration of programmatic supports on-grounds thereby deempha-
sizing child engagement in community all appear to support
the development of cognitive competency.

These observations are supported by previously mentioned
findings on the relationship between length of stay and resi-
dents' cognitive competency levels in different types of in-
stitutions.

Institutional types that require high child participa-
tion either by design (Community-Oriented and Self-Governing
or by default (Transitory Care and Survivor Custodial) offer
much less in the way of preset behavioral boundaries, organized
routine or on-grounds programmatic supports that operate to
protect residents from community experience.

The cognitive competencies of resident populations in
these latter types of institutions appear to decline over
time. This appears to be particularly so in those institu-
tions with programs designed to require high child partici-
pation.

The Development of Social Competency and the Institutional
Experience

Correlational and correlated t test results suggest a
slight decline in task/social relationship skills overtime
among residents of children's institutions in general.

Once again, these general results mask real differences
in the amount of change in this general area of competency
that occurs between different resident populations over time
as reflected in the ACOVA findings.

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The ACOVA results also clearly indicate that/residents'
skills in getting along in a community context generally
improve over time while their skills in getting along within
their institutions deteriorate.

A significant contribution to this deterioration of
skills appears to be made by the declining quality of the
relationship between residents and their cottage parents over
time.

Broadly speaking, only the two most community-oriented
institutions appear to have a general beneficial impact on
social competencies over time, as indicated in the results of
the analyses of the relationship between length of stay and
social competency levels, and child flow patterns for insti-
tutional clusters.

Combining the previously cited results on cottage
parent relationships with those for the stepwise multiple
regression analysis leads to the conclusion that social com-
petencies are enhanced through a positive on-going relation-
ship with at least one staff member within a relatively open
institutional environment marked by high child exposure to
community experiences and services and high participation in
institutional decision-making processes.

Deletion of the portion of variance explained by resi-
dent population compositions in the regression analysis, how-
ever, suggests that factors other than the institutional ex-
perience itself may account for as much as 80 percent of the
variance in social competency levels.

The importance of population composition in conjunction
with the differential distribution of children by background
characteristics and the absence of pronounced change within
institutional clusters from admissions through release all
suggest that selective admissions accounts for much of the
variation found in social competency levels within the sample
in general, between institutions, and over time in residence.

The one exception here appears to be the positive con-
tribution of residential exposure to truly community-oriented
care.

## The Development of Affective Competency and the Institutional Experience

Correlational and correlated t test results indicate a
significant growth in affective competency within the sample

as a whole over time in residence.

In general, this growth appears to be attributable to factors lying outside the institutional experience itself.

Inspection of the correlations between length of stay and affective competency levels (Locus of Control) for the aggregated resident populations in each institutional cluster reveals positive associations for all but one cluster.

Further, ACOVA results indicate no significant differences in the amount of change in affective competency scores between institutions over time.

Finally, the now familiar references to the results of the flow analysis by institutional clusters and the differential distribution of background characteristics across clusters combined with the importance of resident population composition in the regression analysis, all point to the conclusion that patterns in affective competency scores are, by and large, the result of selective admissions and child maturation.

The removal of the contribution of resident population from the regression analysis leads to the gross estimate that as much as 75 percent of the variation in residents' affective competency scores results from influences other than the institutional experience.

A review of the results of the regression analysis tells us, on the other hand, that the quality and quantity of staff and the general degree of decentralization within institutions account for most of the variance in affective competency levels attributable to institutional exposure.

Generally speaking, those institutions that maintain high staff continuity, low staff-child ratios and call upon residents for high participation in institutional processes by design (Community-Oriented) or default (Survivor Custodial and Transitory Care) appear to have the most substantial beneficial impact on the growth of affective competencies over time in residence.

While the Staff Governing institutions also emphasize high resident participation, they are well below average regarding staff continuity and staff-resident ratios.

Perhaps the reliance on self government is so high that little attention is paid to the importance of staff contributions

to the growth and development of residents in such institu-
tions.

In any case, self governing institutions in this sample
do not yield the marked increases in affective competency
over time that the literature tells us to expect of them.

## 2. Is Community-Oriented Institutional Care better than Custodial Care?

Based on an evaluation of the results for the two insti-
tutions in the sample wholly committed to the community-ori-
ented approach, the answer to this question is a qualified
yes.

From the standpoint of the flow analysis, these are the
only two institutions that generally accept children lower
in competence than noninstitutionalized children and subse-
quently release children demonstrating competency levels at
least equivalent to our noninstitutionalized cohort.

This suggests factors in the institutional experience--
factors beyond those of selective admissions and child matu-
ration--contributed positively to the growth of resident
competencies.

This beneficial impact is at best partial, that is,
limited to the areas of social and affective competency.

Institutions seeking to increase their impact upon resi-
dents in these competency areas would be well advised to move
toward lowering staff turn over, increasing staff training
and reducing staff-resident ratios in conjunction with modi-
fying programs to place more emphasis upon resident partici-
pation in institutional decision-making processes and in com-
munity activities under community supervision.

Our findings would suggest, however, that changes involv-
ing the above program modifications might yield an institutional
environment less conducive to the development of cognitive
skills.

In regard to the development of cognitive skills, the
more custodially oriented institution appears to have more
to offer.

We are not, of course, talking about custodial care in
the classical sense of severe routine, depersonalization and
expreiential deprivation.

Still, institutions that tend to isolate residents from community by immersing them in relatively routinized, well defined, highly disciplined, and comprehensive on-grounds programs primarily controlled by staff tend to have more substantial positive impacts on residents' cognitive competency levels, selective admissions and child maturation not withstanding.

It is also quite clear from the findings that institutions moving to better meet community need by broadening admissions policy to accept a wider variety of children can expect a drop in the overall competency levels of their resident populations.

In short, institutions moving in this way to better meet community needs should be prepared to explain to their supporters and community why they appear to be doing a less effective job with their resident/populations than they did prior to such changes.

In sum, the nature of the institutional experience itself--regardless of length of stay--appears to have only very modest beneficial or harmful effects on the development of residents' cognitive, social, and affective competencies.

Generally speaking, the greater share of the differences in competency levels found between institutions is attributable to selective admissions/retention/release policies and decisions. Similarly, much of the change in residents' competency levels over time in residence appears to be traceable to the effects of child maturation.

No uniformly superior type of institutional care emerges. The more Community-Oriented and the more Custodially Oriented institutions harbor both advantages and disadvantages for the growth and development of children.

Indeed, given the present state of our technical skills in shaping the growth and development of children in care, it would seem that something of a dilemma faces institutions in attempting to simultaneously meet the two primary goals we initially posed.

Institutions that decide to move in a community-oriented direction to improve upon the goal of meeting community needs will be confronted with the prospect of greater difficulties in meeting the goal of preparing the residents they accept for community replacement.

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Increasing an institution's integration with and sensitivity to its community implies, the acceptance of a wider variety of perhaps more problematic children for shorter lengths of stay within an environment that emphasizes child participation.

To meet both goals simultaneously, institutions would seem to need far greater skills than those currently exhibited in harnessing institutional processes and child participation within them to accomplish the task of resolving the problems of increasingly difficult resident populations within shorter periods of time.

The results for Transitory Care institutions suggest that unless mastery is achieved in this regard, higher community integration may simply yield internal chaos with generally detrimental implications for residents.

# CHAPTER IV

## INSTITUTIONAL EFFECTIVENESS IN TERMS OF INSTITUTIONAL CHANGE

As suggested in the last chapter, children's institutions face a serious dilemma when attempting to fulfill both of their primary goals simultaneously.

Unless a well integrated plan is set forth to do this job, one goal may suffer in the process of attempting to meet the other.

Many institutions in our sample have concentrated their efforts on developing well articulated programs designed to prepare residents for a return to adequate community living.

In doing so, they have specialized their approaches, narrowed their admissions policies and continued to cultivate only those community relationships thought necessary to the support of these efforts.

Remoteness from their community environments and a lack of sensitivity to changing community needs appear to be a major consequence.

On the other hand, some institutions have enthusiastically embraced their communities, placing highest priority on integrating their services with the widest possible network of community agencies and sources of support.

In some cases this effort appears to be based on the need to survive while in others there seems to be a genuine interest in responding to changing community service demands.

Whatever the reason, an over emphasis upon meeting changing community needs is often associated with a neglect of internal programs and services that in some instances have degenerated to a level bordering on chaos.

In this chapter we report the findings on our efforts to stimulate institutional change in a community-oriented direction through the implementation of experimental projects with groups of institutions in three different localities in Georgia.

Our interest was in measuring the quantity and quality of institutional change in these three experiments so that we might comment on the capacity of different types of children's institutions to respond to externally created demands for change in a community-oriented direction.

In brief, the three experimental projects introduced a Uniform Content Agenda on community-oriented care drawn from the 14 part model in time sequenced fashion over a one year period.

The projects differed in the method of introduction utilized and the mix of participants exposed to the experimental processes, as follow:

### The Social Sponsorship Project
#### (Savannah, 6 institutions)

This project utilized a detached unit of five Institute personnel set up to operate as a community-wide service. The Unit maintained an office in Savannah and sought to sponsor community-oriented care by utilizing the media to increase public awareness, by conducting research investigations and disseminating the results, and by bringing together a wide variety of child welfare and lay citizen groups with children's institutions in cooperative ventures developed by and sponsored through the Unit.

### The Community Leader-Institutional Director Project
#### (Macon, 5 institutions)

This project utilized a year long sequence of group meetings between institutional directors and community leaders in the provision of children's services. The sessions were conducted and guided by an Institute employee and a full-time assistant throughout their life.

### The Staff Development Project
#### (Atlanta, 6 institutions)

This project attempted to stimulate change by utilizing what we determined to be the most promising current techniques of in-service training--including audio-visual aids, use of expert consultants, and trial experiments and organized feedback sessions--with the entire staffs of six institutions. The project was led by an Institute employee, a full-time assistant, and selected consultants during its life.

## Change Expectations by Type of Experimental Project and Type of Institution

All institutions subsequently exposed to experimental processes (as well as nonexperimental companions) were initially baselined in detail on the degree of community-orientedness in the External Dimension (E) and Internal Dimension (I) of their operations according to our 14 part model of care.

Since we were attempting to stimulate change in a community-oriented direction, our general expectation was that our efforts would have greatest impact upon institutions deficient in community-oriented approaches.

We expected our efforts to simply reinforce or provide further support for the continuation of existing efforts in institutions already well along the path in providing community-oriented care.

Although we were well aware of the prevailing view in the literature that custodial institutions are most reluctant to change, our "deficiency hypothesis" told us that these institutions might be most vunerable to external stimuli and show the most marked changes.

Regarding the effects of the projects themselves, we expected Social Sponsorship to have the broadest impact producing the greatest change in both the Internal and External Dimensions of institutional care, largely as a consequence of the method of exposing content about community-oriented care, and the scope of community involvement.

We expected the Leader-Director Sessions project to produce change primarily within the External Dimension of institutional care, and, by contrast, Staff Development was expected to produce change primarily within the Internal Dimension of institutional operations. These expectations were also based upon the anticipated combined effects of the methods involved and the scope of participation in these two projects.

## Institutional Change Rates by Type of Experimental
## Project and Type of Institution

During the life of each of the experimental projects a
large number of change recommendations in a community-ori-
ented direction were made by Institute personnel and parti-
cipants.

The total number of change recommendations made within
each project serves as a beginning point in measuring subse-
quent institutional change.

Table 4-1 gives the total number of recommendations made
for each of the two basic dimensions of institutional care
within each experimental project and shows the percentage of
recommendations initiated by various participant sources.

The Social Sponsorship project produced the fewest change
recommendations while yielding the most even distribution of
recommendations across the two basic dimensions of institu-
tional care.

More importantly, this project stimulated more self ini-
tiated change recommendations than the other projects combined
(45 percent compared to 14 percent in Macon and 26 percent in
Atlanta).

Of interest also is that the Leader-Director Group Ses-
sions Project failed completely to establish a channel for
soliciting recommendations from institutional staff members.

In general, the bulk of self initiated change recommen-
dations across all projects dealt with the Internal Dimension
of care and the goal of preparing children for community re-
turn, while recommendations related to the External Dimension
of care and the goal of meeting community needs largely came
from project personnel and other external sources.

Institutional change rates were computed for each insti-
tution in order to conduct comparative evaluations of the
impact of the three experimental projects on differing types
of institutions.

Change rates were derived for the External Dimension,
Internal Dimension, and combined Totals by use of the follow-
ing simple formula:

## Table 4-1

Number of Community-Oriented Change Recommendations by
Experimental Project and Source of Initiation

| Experimental Project | Community-Oriented Model Dimension | Number of Community-Oriented Change Recommendations | % Initiated by Project Personnel* | % Initiated by Institution Directors | % Initiated by Institutional Staff |
|---|---|---|---|---|---|
| Social Sponsorship (Savannah) | E | 35 | 75.0 | 25.0 | -- |
|  | I | 23 | 25.0 | 60.0 | 15.0 |
|  | Total | 58 | 55.0 | 34.0 | 11.0 |
| Leader-Director Group Sessions (Macon) | E | 52 | 82.0 | 18.0 | -- |
|  | I | 18 | 94.0 | 6.0 | -- |
|  | Total | 70 | 86.0 | 14.0 | -- |
| Staff Development (Atlanta) | E | 24 | 91.0 | 7.0 | 2.0 |
|  | I | 48 | 67.0 | 12.0 | 21.0 |
|  | Total | 72 | 74.0 | 11.0 | 15.0 |

*Includes change recommendations initiated by external community sources
channeled into the experiments through project personnel.

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$$Cr = \frac{Rc}{Rt} \cdot Cx$$

Where
Cr = Change rate
Rc = Number of changes confirmed[1]
Rt = Total Project Change Recommendations
Cx = Degree of Complexity of Changes Made

Degree of complexity was established by scoring each confirmed change from 1 (low) to 4 (high) depending on the nature and number of other sources engaged in carrying out the change (See Diagram 2-5).

Table 4-2 presents change rates for each institution within each of the three experimental projects as well as summarized change rates for experimental projects, institutions classified as to starting points, and for nonexperimental comparison institutions.

(Insert Table 4-2, P 141)

## Institutional Change Rates: Experimental/Nonexperimental Comparison

Moving from the more general to the more specific in evaluating the findings presented in Table 4-1, we can see that in terms of the Grand Totals more change was recorded for experimental than for nonexperimental institutions over the one year time period.

Importantly, most of the difference in change rates is attributable to the higher level of complexity in changes

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[1]As outlined in Chapter II, a quasi legal evidence process was employed to confirm or validate each institutional change. Briefly, directors were interviewed to obtain changes made during the experimental year. All stated changes not confirmed by at least 1 external source directly affected by the change, and/or not confirmed by follow-up questionnaire inquiries submitted to directors were discounted.

Institutional Starting Point on Community-Oriented Care

## SAVANNAH

### Social Sponsorship (N=6)

| | % · Cx = Rate | | | % · Cx = Rate | | |
|---|---|---|---|---|---|---|
| **-E-I** | | | | | | |
| E | -- | -- | -- | .23 | 2.76 | .63 |
| I | -- | -- | -- | .15 | 2.86 | .43 |
| Tot | -- | -- | -- | .20 | 2.68 | .54 |
| **-E+I** | | | | | | |
| E | .22 | 3.36 | .74 | | | |
| I | .35 | 2.52 | .88 | | | |
| Tot | .26 | 3.00 | .78 | | | |
| **+E-I** | | | | | | |
| E | .35 | 3.00 | 1.05 | .16 | 1.76 | .28 |
| I | .47 | 2.50 | 1.18 | .06 | 2.00 | .12 |
| Tot | .36 | 2.60 | .94 | .13 | 1.80 | .23 |
| **+E+I** | | | | | | |
| E | .21 | 2.76 | .58 | | | |
| I | .50 | 2.36 | 1.18 | | | |
| Tot | .33 | 2.52 | .83 | | | |

## SAVANNAH

Project Totals

| | % · Cx = Rate | | |
|---|---|---|---|
| E | .20 | 2.56 | .51 |
| I | .25 | 2.80 | .70 |
| Tot | .21 | 2.64 | .55 |

E
I
Tot

Table 4-2

Institutional Change Rates by Type of Experimental Project and Institutional Starting Point

MACON
Community Leader-
Director Group Sessions (N=5)

| | % | Cx | = Rate | | % | Cx | = Rate |
|---|---|---|---|---|---|---|---|
| E | .52 | 1.60 | .83 | | .26 | 1.56 | .41 |
| I | .44 | .88 | .38 | | -- | -- | -- |
| Tot | .50 | 1.24 | .62 | | .22 | 1.56 | .34 |

| | % | Cx | = Rate | | % | Cx | = Rate |
|---|---|---|---|---|---|---|---|
| E | .35 | 3.28 | 1.15 | | -- | -- | -- |
| I | .18 | 1.08 | .19 | | -- | -- | -- |
| Tot | .27 | 2.84 | .77 | | -- | -- | -- |

| | % | Cx | = Rate |
|---|---|---|---|
| E | .16 | 2.16 | .35 |
| I | .11 | 1.00 | .11 |
| Tot | .13 | 1.76 | .23 |

ATLANTA
Staff Development (N=6)

| | % | Cx | = Rate |
|---|---|---|---|
| E | .12 | 4.00 | .48 |
| I | .10 | 3.16 | .32 |
| Tot | .11 | 3.32 | .37 |

| | % | Cx | = Rate | | % | Cx | = Rate |
|---|---|---|---|---|---|---|---|
| E | .10 | 1.32 | .13 | | .12 | 1.25 | .15 |
| I | .17 | 2.08 | .35 | | .18 | 2.01 | .36 |
| Tot | .12 | 1.80 | .22 | | .14 | 1.76 | .25 |

| | % | Cx | = Rate | | % | Cx | = Rate |
|---|---|---|---|---|---|---|---|
| E | .06 | 1.52 | .09 | | .08 | 2.16 | .17 |
| I | .14 | 1.44 | .20 | | .12 | 2.44 | .29 |
| Tot | .11 | 1.44 | .16 | | .09 | 2.32 | .21 |

| | % | Cx | = Rate |
|---|---|---|---|
| E | .06 | 1.52 | .09 |
| I | .10 | 2.28 | .23 |
| Tot | .09 | 2.12 | .19 |

MACON

| | % | Cx | = Rate |
|---|---|---|---|
| E | .26 | 1.68 | .48 |
| I | .13 | 1.24 | .16 |
| Tot | .21 | 1.60 | .34 |

ATLANTA

| | % | Cx | = Rate |
|---|---|---|---|
| E | .11 | 1.92 | .21 |
| I | .10 | 2.12 | .21 |
| Tot | .11 | 2.04 | .22 |

tional Starting Point

TLANTA

lopment (N=6)

| % | · Cx | = Rate |
|---|---|---|
| .12 | 1.25 | .15 |
| .18 | 2.01 | .36 |
| .14 | 1.76 | .25 |

| % | · Cx | = Rate |
|---|---|---|
| .08 | 2.16 | .17 |
| .12 | 2.44 | .29 |
| .09 | 2.32 | .21 |

TOTALS BY:

**Experimental Starting Points**

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .23 | 1.98 | .46 |
| I | .14 | 1.38 | .19 |
| Tot | .21 | 1.76 | .37 |

-E-I

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .16 | 2.26 | .36 |
| I | .17 | 1.50 | .26 |
| Tot | .15 | 2.00 | .30 |

-E+I

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .16 | 2.12 | .34 |
| I | .18 | 1.88 | .34 |
| Tot | .16 | 1.98 | .32 |

+E-I

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .14 | 2.14 | .30 |
| I | .30 | 2.32 | .70 |
| Tot | .20 | 2.32 | .46 |

+E+I

**Nonexperimental Comparisons**

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .03 | 1.39 | .04 |
| I | .06 | 1.48 | .09 |
| Tot | .04 | 1.45 | .06 |

(N=3)

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .07 | 2.68 | .19 |
| I | .09 | 1.32 | .12 |
| Tot | .08 | 1.60 | .13 |

(N=2)

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .15 | 2.44 | .37 |
| I | .23 | 1.32 | .30 |
| Tot | .26 | 1.60 | .42 |

(N=2)

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .23 | 1.36 | .31 |
| I | .33 | 1.28 | .42 |
| Tot | .29 | 1.32 | .38 |

(N=2)

GRAND TOTALS

**EXPERIMENTALS (N=17)**

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .19 | 1.91 | .36 |
| I | .16 | 2.05 | .33 |
| Tot | .18 | 2.00 | .36 |

**NONEXPERIMENTALS (N=9)**

|  | % | · Cx | = Rate |
|---|---|---|---|
| E | .11 | 1.84 | .20 |
| I | .19 | 1.32 | .25 |
| Tot | .16 | 1.44 | .23 |

initiated by experimental institutions rather than in the
gross number of changes undertaken.

This observation holds regarding change rates for both
the External and the Internal Dimensions of institutional
operations.

In the most general sense then, the effect of experimen-
tal exposure appeared to be to encourage institutions to
enter into more complex and difficult to negotiate changes
than they might otherwise have undertaken.

Institutional Change Rates:   Experimental Project Comparisons

A comparison of change rates for the three experimental
projects tends to confirm our expectation that Social Spon-
sorship would have the most substantial impact upon children's
institutions.

Change rates for this approach clearly exceed those for
the other two projects and those obtained for nonexperimental
institutions.

Also consistent with expectations, the Community Leader-
Director Group Sessions approach yields a high change rate
only for the External Dimension of care.

The results for the Staff Development approach are unex-
ceptional:   change rates are not in line with the expectation
of high change on the Internal Dimension of care, nor are
they in any manner different from rates obtained for nonexper-
imental institutions.

Degree of complexity contributed substantially to the
change rates in the Social Sponsorship project, while some-
what less change of a substantially simpler nature was record-
ed in the other two projects.

In sum, Social Sponsorship would appear to be the change
technique of choice if widespread complex change is sought
within children's institutions and between them and their
environments.

If a more limited objective is sought, specifically re-
lated to the issue of increasing the integration of children's
institutions with their environments to upgrade their respon-

siveness in meeting community needs, the Community Leader-Director Group Sessions approach would seem to hold promise.

Finally, serious questions must be raised on the basis of these results about the efficacy of Staff Development as a change technique.

Staff Development may have high merit as a tool for indoctrinating new employees and upgrading existing employee skills and service delivery methods, however, the evidence in this study suggests that it may be an impotent method for inducing institutional change.

## Institutional Change Rates: Comparisons by Institutional Starting Points

Inspection of change rates in Table 4-2 for institutions with differing starting points on community orientedness within each experimental project, for institutions with the same starting points across projects, and for summarized change rates for experimentals vs nonexperimentals at each of the four starting points, reveals no clear pattern of association.

In general this suggests that change rates were essentially uneffected by the degree of community orientedness present in institutional operations at the start of the three experiments.

This observation is further supported by our attempts to determine how institutions cluster together on the basis of change rates.

Drawing upon the labels previously assigned to institutions according to their profiles on community-oriented care, Diagram 4-1 shows the specific types of institutions engaged in each of the three experiments in association with the starting points utilized to classify them.

Data on change rates were reorganized for each of these experimental institutions to obtain change rates for 13 of the 14 parts of the community-oriented model.[1]

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[1]Part I7 "Director's Change Orientation" was omitted from this analysis.

## Diagram 4-1

### Types of Institutions in the 3 Experimental Projects Classified by Starting Points on Community-Oriented Care

| Starting Point | Social Sponsorship (Savannah) | | Leader-Director Sessions (Macon) | | Staff Development (Atlanta) | | Nonexperimental Comparisons |
|---|---|---|---|---|---|---|---|
| -E-I | Benign Custodial | Benign Custodial | Benign Custodial | Benign Custodial | Benign Custodial | | Benign Custodial (N=3) |
| -E+I | Tutorial | | Self Governing | Tutorial | Rote Skill | Rote Skill | Self Gov. / Rote Skill (N=2) |
| +E-I | Survivor Custodial | Extremist Survivor Custodial | Extremist Survivor Custodial | | Extremist Survivor Custodial | Survivor Custodial | Survivor Custodial (N=2) |
| +E+I | Transitory Care | | | | Community-Oriented | | Community-Oriented (N=2) |

Duncan's Multiple Range test of homogeneity was then applied to the data.[1] This technique compares each of the 13 change rates against a standard (in this case a 5 percent [+ or -] confidence interval for the sample average) and yields discrete sets of institutions with common change rate patterns, if any exist.

Our interest was in determining whether institutions tended to group themselves in terms of change rate patterns consistent with groupings derived through baseline and cluster analysis techniques on pre-experimental data.

The results were wholly unsupportive, that is, no discrete groups of institutions having common change rate patterns were identified by this analysis.

In short, neither starting point on community-orientedness assessed by baseline measures nor type of institution as determined by cluster analysis techniques appeared to be linked in any clear way with institutional change rates.

As a final way of looking at this relationship, all 17 experimental institutions were ranked, according to their starting points on community orientedness (utilizing canonical weights for ranking purposes) and Spearman rank order correlations were computed for External and Internal Dimension and Total change rates.

Modest negative correlations were obtained between degree of community orientedness and External Dimension change rates ($r_s = -.199$), Internal Dimension change rates ($r_s = -.439$), and Total change rates ($r_s = -.237$).

This is the only hint of support in the data for our "deficiency hypothesis", that is, that the greatest change would be demonstrated by institutions deficient in one or both dimensions of institutional care.

In general, however, it is safe to conclude that degree of community-orientedness present in institutional operations

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[1] This technique is detailed in, Gene V. Glass and Julian C. Stanley, Statistical Methods in Education and Psychology, (Englewood Clifts, N.J.: Prentice Hall, 1970) pp. 382-83.

at the beginning of the experiments had little effect on
subsequent change rates.

Those factors that seem to influence change rates more
directly are identified and discussed in a following section
on barriers to institutional change.

## Institutional Change Rates:   Replicate Comparisons

Finally, two sets of institutions with very similar
starting points on community-orientedness can be compared
within each of the three experiments to determine whether
they demonstrated similar change rates.

The presumption here would be that, all other things
being equal, institutions with similar starting points
undergoing substantially the same experimental exposure
should yield similar change rates.

Inspection of the change rates for all six sets of
matched institutions reveals that substantial alignment in
change rate patterns occurs for two sets only (for -E+I and
+E-I institutions in the Atlanta project), an outcome that
could easily have occurred by chance.

This suggests that factors extraneous to the nature of
the experimental exposure itself contributed materially to
the change rates recorded within and across the three exper-
imental projects.

Very likely the obtained change rates--or their absence--
reflect to an unspecified degree the quality of the interplay
between project personnel and participants' personalities and
work styles.

These results diminish but do not wholly erase the sig-
nificance of the differences in change rates recorded for
the projects as a whole.

They simply indicate that while the different experi-
mental exposures induced different change rates, the rates
recorded cannot be entirely attributed to the nature of the
experimental exposure itself.

## A Note of Experimental Project Costs

In order to establish that the differences in experimantal project impacts were not simply the consequence of grossly unbalanced investments, the amount of financial support provided for each project by major categories is given in Table 4-3.

### Table 4-3

#### Cost of the Three Experimental Projects by Major Categories of Expense

| Cost Category | Savannah (Social Sponsorship) | Macon (Leader-Director Sessions) | Atlanta (Staff Development) |
|---|---|---|---|
| Personnel | 46,400 | 33,065 | 37,542 |
| Consultant | -0- | -0- | 2,734 |
| Travel | 1,365 | 1,099 | 1,523 |
| Office Supplies/ Expenses | 2,904 | 353 | 896 |
| Materials | 600 | 851 | 1,149 |
| TOTALS | 51,269 | 35,368 | 43,844 |

In our view, these figures support the conclusion that change rates were influenced more by how resources were utilized than by the gross amounts invested.

## The Substance of Institutional Change

The foregoing analyses present the bare bones of institutional change, that is, the general type and amount of change that occurred and our views of the probable impact of experimental inputs.

- In this section, discussion focuses on the quality of changes that occurred in each of the three experimental projects.

Generally speaking, the changes that occurred during the experimental year did not materially effect the composition of the resident populations of the 17 experimental institutions.

Comparisons of the competency levels of children in care prior to and retained during the experimental year with those for children admitted during that year (1973) for the 17 institutions indicates practically no meaningful differences between these groups, as shown in Table 4-4.

### Table 4-4

Differences in Mean Competency Scores Between 1972 Retainees and 1973 Admissions in the 17 Experimental Institutions

| Competency Measure | 1972 Retainees | | | 1973 Admissions | | | t |
|---|---|---|---|---|---|---|---|
| | N | $\bar{X}$ | (SD) | N | $\bar{X}$ | (SD) | |
| Verbal Abilities (LTIT) | 444 | 31.23 | (12.70) | 258 | 30.75 | (13.15) | .472 |
| TSRCS Sub-Scales — Task | 438 | 7.88 | ( 2.64) | 326 | 8.15 | ( 2.78) | 1.391 |
| Cottage Mates | 437 | 5.80 | ( 1.91) | 271 | 5.51 | ( 2.09) | 1.883 |
| School Mates | 438 | 5.51 | ( 1.76) | 326 | 5.58 | ( 2.00) | .510 |
| Cottage Parent | 438 | 4.08 | ( 2.66) | 326 | 4.39 | ( 2.43) | 1.684 |
| Teacher | 438 | 4.78 | ( 1.91) | 326 | 4.94 | ( 1.92) | 1.167 |
| TSRCS (Total) | 438 | 28.14 | ( 7.08) | 325 | 27.57 | ( 7.25) | 1.087 |
| Locus of Control | 435 | 12.67 | ( 4.31) | 324 | 13.73 | ( 5.10) | 3.037* |

*P<.01 (2 tail)

Since previous results indicate Locus of Control scores to be linked to children's age levels, the significant result for this measure may be attributed to a slight general trend toward accepting older children for placement.

On the whole, however, these results indicate that the
institutional changes that occurred did not include any sig-
nificant changes relative to the type of child being served.

Rather, most changes dealt with modifying institution-
al-community relationships, staff reallocations, and addi-
tion to or other alterations of service programs or deliv-
ery methods.

These results will be disappointing for those who be-
lieve that change in these institutions must begin with
changing the type of child being served. On the other hand,
the changes that did occur may portend a trend toward ser-
vices to new populations.

During the course of the experimental year the directors
of two institutions in two different experimental projects
left their positions, one voluntarily and one involuntarily,
as a direct result of our interventions.

In the former use, a director resigned when the board
rejected plans for a reorganization of institutional opera-
tions to implement a community-oriented approach that had
been developed in conjunction with project personnel.

In the latter case, the work of project personnel toward
implementing community-oriented care was brought to the at-
tention of an institution's board. The board acted in a
variety of ways to move the institution toward the community-
oriented model and in the process decided a change of direc-
tor was necessary.

These comments are provided simply to illustrate that
we were in earnest from the outset about stimulating change,
and that over the life of the projects many of the partici-
pating institutions engaged in project efforts at an equally
serious level.

The Substance of Change in the Savannah Project

A variety of approaches was utilized to stimulate
change in this project. On several occasions, front page
coverage in the local press was obtained informing the gen-
eral public of project goals and progress.

Presentations were given by the Project Leader to a
dozen welfare and civic groups and research investigations
were undertaken followed by the mass distribution of find-
ings in report form.

Technical assistance was provided as requested to all
institutions, and, increasingly over the project's life to
a total of 29 community organizations.

The project developed and offered three comprehensive
plans to improve aspects of services including a design to
utilize the project as a community-institutional clearing-
house-referral outlet, a plan to utilize undergraduate so-
cial work students at two local universities in a variety
of volunteer services in children's institutions, and an
approach to better systematize relationships between insti-
tutions and the Juvenile Court.

In terms of community integration efforts, the project
increased the frequency of formal planning meetings between
the several children's institutions, helped effect the ini-
tiation of counseling services between the community mental
health center and two institutions, and improved cooperation
between state licensing officials and local institutions con-
tributing thereby to the relicensing of one institution.

Additionally, two institutions were brought together to
conduct joint intake-referral and another was materially aid-
ed in effecting a formal link with the juvenile court rela-
tive to acceptance of referrals from that source.

The project also located and distributed cost analysis
materials for institutions that subsequently led to the de-
velopment of a uniform cost model by the Institute and its
experimental implementation on a statewide basis.

The project had a substantial impact on internal insti-
tutional programs as well. Through its efforts, volunteer
tutorial and recreational services were begun in three in-
stitutions utilizing local college undergraduates.

Technical assistance was provided in rewriting a pre-
viously rejected proposal for federal funding of a special
educational program that led to its subsequent acceptance
and implementation.

Also, decision-making structures were substantially
altered in two institutions affording residents' more.

participation and reward/discipline systems were altered in two others along more community-oriented lines.

The most striking effects occurred in one institution where a thoroughgoing alteration of programs was initiated. In this institution, a plan was effected to transfer residents from public schools from one county to another that was nearer the institution and offered a better range of special programs and activities.

Further, a recommendation was made to the board and acted on to transfer institutional funds to a higher interest bearing account. This increased institutional income by roughly $11,000 yearly allowing the hiring of a Director of Social Work as part of the overall plan to effect a community-oriented program.

## Unanticipated Changes

Much change also was stimulated in service agencies only tangentially related to children's institutions.

While these changes were not tabulated for use in our comparative analyses, they were of consequence.

Among other developments, project staff developed and implemented a tutorial program for children in a delinquency day care program and located a local private foundation that subsequently granted $1,000 to fund a summer recreational program for these children as well.

Further, project technical assistance led to a revitalization of the local YWCA program and a substantial increase in its integration with the community relative to the racial integration of its programs and a refocusing of services upon neighborhood residents and school children.

Findings from project research investigations of the juvenile court were utilized by the local chapter of the Council of Jewish Women in preparing their contribution to a national study of juvenile services carried out by their parent organization, and United Community Services utilized other survey findings in reaching decisions regarding funding local day care services.

These simply represent the highlights of the project's impact in Savannah. Much more occurred that cannot be included in summary form.

It is obvious, however, that many changes of a complex sort were stimulated. Of equal importance, the project's efforts helped produce roughly $120,000 in support for local programs during its life thereby repaying the initial investment twofold while producing the most potent impact of the three experiments we tried.

## The Substance of Change in the Macon Project

Over the period of one year an attempt was made to stimulate institutional change in a community-oriented direction by bringing institutional directors into relatively intense, face-to-face meetings with juvenile court, welfare, private social service agency, educational and other leaders from the locality.

Efforts to stimulate change included the introduction of a wide variety of information in these meetings including the following;

1. Case materials on a then current federal law suit in Alabama charging voluntary institutions there with racially biased admissions policies. This suit was material to several local institutions because they had not signed civil rights compliance forms and, depending on the outcome of the case, their tax exempt status could be threatened.

2. Materials were presented and discussions were held with federal officials on wages and hours legislation and the implications of same for current staffing patterns and the need to modify these patterns to comply with the law.

3. Materials were presented and discussions were held with state officials on licensing standards. These discussions were crucial since two institutions were functioning with outdated licenses when the project began.

4. The juvenile court was drawn into several meetings regarding referral processes, and at a later time on a matter of extreme local importance, namely, the county commissioner's decision to sell the county funded children's home for $250,000.

5. The local welfare department was engaged on matters of referrals, the effect of civil rights compliance on same, and the lack of case work contact with residents and their families.

6. Cost analysis materials were introduced and discussions were held with non local institutional directors who had successfully utilized them.

7. Methods and instruments for conducting institutional program self evaluations were developed by the project leader and introduced at a series of meetings.

8. The project developed a curriculum for child care staff training and obtained the cooperation of the local vocational-technical school to conduct a training program that was then offered to the institutions.

9. Finally, local private social service agency personnel were brought to the meetings to discuss new service techniques related to the use of groups, working with parents, and child participation in decision-making processes. This approach was augmented by the project leader's presentation of a paper on how to design and implement behavioral modification approaches in an institutional setting (Gardner, 1973).

Once again, these are the highlights of the project's work effort over the experimental year.

In spite of the relevance of many of these issues to local children's institutions and the ability of project personnel to provide technical assistance within limits, the number and types of changes stimulated by this project were not overly impressive.

Most change that did occur and that could be traced to project efforts involved increasing the integration of children's institutions with the service elements of the locality.

One thing that was obvious throughout the life of the project was that the group meeting context proved to be highly threatening to participants when the focus moved to the need for internal program changes.

Apparently, disclosure of needed changes in internal programming in the presence of one's colleagues and outsiders represented admissions of failure. Perhaps there was also fear of inviting criticism. In any event, this process appeared to strongly work against stimulating change within institutions during the comparatively short period of its one year life.

On the other hand, somewhat more freedom of expression was tolerated relative to issues between institutions and the community itself. To appreciate the progress that was made in this area, it should be noted that at the beginning of the project one director did not know the name of the juvenile court judge although he had been on his job for nearly ten years and the judge had been in office even longer.

Among the more obvious outgrowths of this project were the welfare department's efforts to increase referrals to institutions and to step up case work efforts with residents and their families.

The juvenile court also issued a directive requiring more frequent visits and case assessments of residents by court workers, and, an agreement was reached between two institutions and court services to accept residents of the public children's home upon its closing.

A self evaluation was conducted by one institution leading to plans for a complete overhaul of programs, and admissions policies were altered in another to admit older (teen-age) children.

Staff from all institutions in the locality attended the child care training program at the vocational-technical school, and officials of the school indicated they would work to make this program part of their on-going curricula.

Communications with state officials were improved contributing to the relicensing of two institutions and the directors voted to continue the leader-director sessions on a formal basis following termination of the experimental project.

Largely as a consequence of the publicity attached to the announced sale of the locally funded children's home, project personnel were able to effect a communications link between the children's institutions directors and the county commissioners as well.

For the first time in recall, the county commissioners solicited formal input from the directors collectively on the planning and provision of children's services.

Some changes also occurred relative to the internal aspects of institutional operations.

One institution moved to alter the purpose of its higher education fund so that it could be used for vocational as well as college education by residents. Eventually, plans called for use of this rather substantial fund by community residents as well.

One institution moved to alter staffing patterns to conform with wages and hours legislation and to adopt a policy of hiring cottage parent couples exclusively for its older children's cottages.

Two other institutions were prompted to experiment with behavior modification techniques by altering their reward/discipline systems and incorporating a published set of behavioral guidelines.

One of these institutions also launched a pilot project relative to parental overnight visits on campus and the providing of counseling while they were there.

In general, however these internal changes were entered into haltingly. As shown in previous data, most initiatives in this project did not come from the institutional directors. Leadership in these matters largely fell to the project director or community leaders.

Moreover, the changes that did occur were generally of a simple variety involving no more than negotiations between one institution and one other source and/or the unilateral issuance of a policy or program change requiring no involvement of other sources to implement.

## Unanticipated Changes

A variety of unanticipated consequences also came to light in this project. Most of them were a negative sort, that is, contrary to the goals and sense of community-oriented care.

One director left his position after his board flatly rejected his plan to move toward community-oriented care, and another director in essence removed himself from the experimental project early on as result of conflicts with the other participants.

The process itself also appeared to contribute to the hardening of some participants views toward institutional change.

Several, for example, indicated strongly as time passed that government intervention would have to be applied to make them change their policies governing the admission of racial minorities and/or living up to wages and hours legislation.

On the latter issue, one director who begin with a relatively open mind finally concluded that although he had plenty of money to upgrade salaries he would not do so unless legal force was applied.

On the other side of the fence, some community leaders became upset when the institutions failed to reciprocate by making changes to facilitate the flow of referrals and communications after they had taken the lead.

In these cases, a "show me" attitude emerged, that is, community leaders refused to engage further until the institutions demonstrated good intent.

Finally, the opportunity to impact community services for children that presented itself in the sale of the public children's home was missed by the project's participants.

Communication with the county commissioners did occur but the participants' failure to produce timely alternate recommendations and plans probably contributed to the commissioners' decision to simply purchase another children's home rather than to move toward a more innovative service approach.

These changes, mostly negative in character, may reflect one of the hazards inherent in using the group sessions approach to inducing change.

For the record, these negative consequences were not incorporated in our quantitative evaluations because our central concern was upon evaluating the extent of induced change in a community-oriented direction across the three projects.

## The Substance of Change in the Atlanta Project

The staff development approach used in Atlanta had the least overall impact upon participating institutions.

Very few efforts were made to alter the relationships between institutions and their community environments.

Among those few, three institutions began to collaborate on implementing a joint intake-referral process, one institution made a minor alteration in its admissions policy, and two others substantially modified their fund raising and allied activities switching to solicitation of cash contributions over which they would have allocation control and away from appeals for donations in kind.

Finally, one institution eliminated its tradition of inviting community groups to visit the institution and replaced it with an open door policy coupled with the right of cottage parents to refuse admission of nonparent visitors to cottages.

Project personnel attempted to stimulate change following initial exposure to various exponents of the external dimension of the content agenda without much success.

Efforts to improve their relationships with state officials, to develop formal linkages with local educational and vocational training facilities, and to utilize the professional expertise of local professional organizations all failed.

The project did stimulate a fair number of initiatives toward changing internal aspects of programming.

In this area one institution reversed its policy and began to allow older children to seek part-time employment in the community.

This institution and two other substantially altered
their decision-making structures to allow children greater
influence in setting policies or dress, dating, overnight
visiting and selection of friends. One of these institu-
tions struck down a past policy of disciplining all resi-
dents for the indiscretions of a few.

One institution also initiated cash allowances and an-
other eliminated a policy separating siblings of opposite
sexes by setting up a mixed sex cottage for sibling groups.

Finally, the role of cottage parents was expanded in
two institutions where case records were made available to
them for the first time, and a new decision-making structure
was adopted involving cottage parents in admissions and re-
placement processes.

While the number of changes stimulated by the project
was not impressive, many of them were fairly complex involv-
ing several levels of staff, resident children, and occa-
sionally residents' parents or other outsiders.

One of the more remarkable results of this project
emerged during the evaluation phase, namely, the pervasive
insistence among institutional participants--directors and
all other levels of staff--that they were already fully en-
gaged in community-oriented services.

This feedback differed so greatly from that obtained
from participants in the other two experimental projects
that we were moved to conclude that the staff development
approach may have served to propagandize those exposed to it.

The staff development approach conveyed information on
our community-oriented model in a far more formalized way
and at an appreciably higher level of detail than was pro-
vided in the other two projects.

This may have provided participants with more background
to both form more elaborate rationalizations and to feedback
more precisely what they thought we wanted to hear.

Since most of the institutions in the Atlanta project
were not markedly community-oriented in operations at the
beginning of the experiment and did not change during the
course of exposure, it seems reasonable to account for these
claims in the above manner.

Unanticipated Change

Interestingly, the Staff Development approach yielded
little or nothing in the way of unanticipated change that
we could validate.

It is possible, if the remarks about rationalization
among participants are accurate, that the unexpected changes
were primarily attitudinal in nature.

This cannot be determined in any precise sense, however,
since staff attitudes were not measured post experimentally
in an organized manner.

## Barriers to Institutional Change

In an effort to identify the barriers to institutional
change we developed a Director's Institutional Change Ques-
tionnaire comprised of 82 goal statements in a community-
oriented direction that were dealt with in all three experi-
mental projects.

These 82 statements were fitted to the 14 parts of the
community-oriented model for purposes of analysis and then
the questionnaire was submitted post experimentally to di-
rectors in all experimental (N=17) and nonexperimental com-
parison (N=9) institutions.

Each director was given a scoring key listing common
barriers to institutional change and was asked to identify
the barrier preventing change for each goal statement in his
institution, if any, or to write in a barrier not listed in
the key.

Twenty (20) complete responses were obtained (17 exper-
imentals and three nonexperimentals) and the results are
presented in summary form for perceived barriers preventing
change in the external and internal dimensions of care in
tables 4-5 and 4-6 respectively.

These results indicate overwhelmingly that institutional
directors perceive practically no barriers to implementing a
great variety of community-oriented changes in both the exter-
nal and internal dimensions of their operations.

As a group, the directors perceived no barriers to
change on 82 percent of all the community-oriented goal
statements.

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Table 4-5

Directors' Perceptions of Barriers to Community-Oriented
Change in the External Dimension of Care
(N=20)

External Dimension Goal Statements

| Barriers to Change | E1 Improve Child Flow | | E2 More Varied Child. Pop. | | E3 Broaden Adm. Policies | | E4 Increase Staff Depth | | E5 Increase Staff Continuity | | E6 Improve Staff Cross Flow | | E7 Dir. Change Orientation | | Totals External Dimension | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | No. Responses | % of Total | No. | % | No. | % | No. | % | No. | % | No. | % | No. | % | No. | % |
| No Barrier | 79 | 79.0 | 108 | 68.0 | 143 | 80.0 | 72 | 90.0 | 79 | 79.0 | 135 | 69.0 | | NA | 616 | 75.0 |
| Board Resistance | 1 | 1.0 | 11 | 7.0 | 9 | 5.0 | 1 | 1.0 | 5 | 5.0 | 6 | 3.0 | | | 33 | 4.0 |
| Lack On-Grounds Facilities/Equipment | -- | -- | 4 | 3.0 | 5 | 3.0 | -- | -- | -- | -- | 14 | 7.0 | | | 23 | 3.0 |
| Lack of Funds | 1 | 1.0 | 4 | 3.0 | -- | -- | -- | -- | 3 | 3.0 | 3 | 2.0 | | | 11 | 1.0 |
| Staff Size/Training Inadequate | 1 | 1.0 | 11 | 6.0 | 9 | 5.0 | 4 | 5.0 | 1 | 1.0 | 11 | 6.0 | | | 37 | 5.0 |
| Community Resistance/ Lack of Facilities | 6 | 6.0 | 2 | -- | 14 | 8.0 | -- | -- | 1 | 1.0 | 6 | 3.0 | | | 29 | 4.0 |
| Other Barrier | 12 | 12.0 | 20 | 13.0 | -- | -- | 3 | 4.0 | 11 | 11.0 | 25 | 13.0 | | | 71 | 9.0 |
| Totals (No. of items) | 100 (5) | 100.0 | 160 (8) | 100.0 | 180 (9) | 100.0 | 80 (4) | 100.0 | 100 (5) | 100.0 | 200 (10) | 100.0 | | | 820 (41) | 100.0 |

## Table 4-6

Directors' Perceptions of Barriers to Community-Oriented
Change in the Internal Dimension of Care
(N=20)

Internal Dimension Goal Statements

| Barriers to Change | I1 Improve Replacement Planning | | I2 Reduce Child Stigma | | I3 Decent. Live/Eat Facilities | | I4 Improve Child in-Community Program | | I5 Increase Child D-M Involve. | | I6 Improve Reward/Disc System | | I7 Decent. D-M | | Totals Internal Dimension | | Grand Totals External + Internal Dimensions | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | No. Responses | % of Total | No. | % | No. | % | No. | % | No. | % | No. | % | No. | % | No. | % | No. | % |
| No Barrier | 104 | 87.0 | 54 | 90.0 | 104 | 75.0 | 77 | 96.0 | 71 | 88.0 | 168 | 94.0 | 156 | 98.0 | 734 | 90.0 | 1350 | 82.0 |
| Board Resistance | 1 | -- | -- | -- | 4 | 3.0 | -- | -- | -- | | 1 | -- | 1 | -- | 9 | 1.0 | 40 | 2.0 |
| Lack On-Grounds Facilities/Equipment | -- | -- | -- | -- | 3 | 2.0 | -- | -- | 1 | 1.0 | -- | -- | -- | -- | 4 | -- | 27 | 2.0 |
| Lack of Funds | 2 | 2.0 | 2 | 3.0 | 15 | 11.0 | -- | -- | 2 | 3.0 | -- | -- | -- | -- | 21 | 2.0 | 32 | 2.0 |
| Staff Size/Training Inadequate | 10 | 8.0 | -- | -- | -- | -- | 1 | 1.0 | 2 | 3.0 | 3 | 2.0 | -- | -- | 16 | 2.0 | 53 | 3.0 |
| Community Resistance/Lack of Resources | -- | -- | -- | -- | 1 | -- | -- | -- | -- | -- | -- | -- | -- | -- | 1 | -- | 30 | 2.0 |
| Other Barrier | 3 | 3.0 | 4 | 7.0 | 13 | 9.0 | 2 | 2.0 | 4 | 5.0 | 8 | 4.0 | 3 | 2.0 | 37 | 5.0 | 108 | 7.0 |
| Totals (No. of Items) | 120 (6) | 100.0 | 60 (3) | 100.0 | 140 (7) | 100.0 | 80 (4) | 100.0 | 80 (4) | 100.0 | 180 (9) | 100.0 | 160 (8) | 100.0 | 820 (42) | 100.0 | 1640 (82) | 100.0 |

Among other things, these data tend to confirm our model of community-oriented care as reasonable and quite feasible of implementation.

## Barriers Outside the Institution

Directors perceive very few barriers to change in sources outside the institution itself.

Institutional boards and neighboring communities are seen as being likely sources of resistance to change on only two percent of all goal statements each.

Confirmation of these perceptions is available from other data. A study of the majority of the board memberships of the 32 institutions in the sample indicated that, in general, boards are reasonably receptive to the goals and approaches in the community-oriented model.

From a community standpoint, a community opinion survey conducted by one institution with Institute assistance yielded 56 completed replies reflecting, in the main, high level indifference to the institution's programs and goals.

This latter community orientation is reflected in the director's own expectations of community reactions to institutional changes obtained pre-experimentally. Data in Table 4-7 indicate that directors would expect an indifferent reaction from their communities in response to a variety of major programmatic changes on more than half of all occasions.

## Barriers Within the Institution

If the barriers to change do not lie outside the institution, then one might expect to find them within the institution.

Here again, however, directors perceive few barriers to change.

Lack of on-grounds facilities/equipment, lack of funds, and inadequate staff together are perceived as likely barriers to change on only nine percent of the External Dimension goal statements, four percent of the Internal Dimension goal statements, and seven percent of all goal statements.

## Table 4-7

Directors' Expectations about Community Reactions
to Selected Major Program Innovations
(N=32)

Expected Community Reaction:

| Program Innovation | Very Receptive | Lukewarm or Indifferent | Strong Disapproval |
|---|---|---|---|
| Admitted more Blacks | 5 | 15 | 12 |
| Admitting Mentally Retarded | 2 | 19 | 11 |
| Admitting Physically Handicapped | 4 | 24 | 4 |
| Increasing Proportion of Emotionally Disturbed | 5 | 20 | 7 |
| Admitting Delinquents | 1 | 18 | 13 |
| Hiring Black Service Staff | 5 | 18 | 9 |
| Starting Decentralized Group Homes in Community | 11 | 18 | 3 |
| Launching Fund Raising to Expand Present Program | 12 | 14 | 6 |
| Totals | 45 | 146 | 65 |
| % of Total | 17.6 | 57.0 | 25.4 |

This striking absence of perceived barriers to change
leads to the suspicion that simple inertia among directors
may account for the reputation these institutions have for
being slow to change.

This may have been particularly true prior to the beginning of the experimental projects.

At that time the view held by many state, local, and voluntary social service personnel that we interviewed was that children's institutions needed to change and yet simply seemed reluctant to do so.

Importantly, there was no clear or commonly expressed view of the direction that institutional change should take.

Our data for the 17 experimental institutions show that directors' change orientations were at best remotely associated with the types of institutional operations they were managing during this pre-experimental time period.

Specifically, the general level of community-orientedness in institutional operations bore little association with directors' perceptions of the adequacy of their program resources, namely facilities, funds, and staff ($r_s = .184$) and even less with the level of their satisfaction with current program operations ($r_s = .052$).[1]

This suggests at a minimum, that directors' desires for change (low satisfaction) and/or perceived barriers to change (inadequate resources) had little to do with the issue of community-orientedness.

A case can be made, referring to previous observations, that the felt need to change or standpat was not related to any particular service model or desired direction. In sum, there appeared to be no coherent issue or model around which directors' orientations could form. This could account for what many observers believed to be recalcitrance or indifference among institutional directors.

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[1]Spearman rank order correlations for these analyses were derived by ranking the experimental institutions on global level of community-orientedness (represented by canonical weights) and each director's mean score obtained from a series of items in the Baseline Questionnaire on perceived resource adequacy and satisfaction with current programs.

Exposure to the experimental projects appears to have modified directors' change orientations in an important way.

Specifically, it appears to have contributed to a clear polarization of directors' orientations. Rank orderings of post experimental data reveal that higher community orientedness in institutional operations is associated with higher director satisfaction with current programs ($r_s = .652$) and fewer perceived barriers to change within institutional operations ($r_s = .520$).

Directors running the more community-oriented institutions appear to have responded to clear external change stimuli in that direction by concluding they are doing the right thing (high satisfaction) and perhaps should be doing more of it (low perceived change barriers).

In contrast, Directors running the more custodially oriented institutions seem to have become more dissatisfied with their operations while identifying more barriers to change within their institutions.

This may mean that they recognized over time that they were not moving in an appropriate direction in conjunction with the recognition that there was little they could do about it.

Much of this is speculation, however, it should be noted that post experimental directors' orientations reflecting high satisfaction and fewer perceived change barriers are both linked positively with actual institutional change rates ($r = .279$ and $.331$ respectively).

Contrary to our "deficiency hypothesis" (that least community-oriented institutions would change the most), it appears that more community-oriented institutions changed the most.

Previously presented findings indicated that level of community-orientedness in institutional operations had little or no direct influence on institutional change rates.

These data suggest that level of community-orientedness does make a contribution indirectly in conjunction with the presence of an external change stimulus toward modifying directors' change orientations.

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No claim will be made here to have exhaustively traced
out and identified the barriers to institutional change.

On the other hand, there is evidence to support the con-
clusion that formidable barriers to the implementation of
community-oriented care are non-existent, except perhaps in
the conjured imaginings of some institutional personnel.

Change in that direction is clearly possible and seems
to be materially hastened by the introduction of external
change stimuli, particularly in institutions at least moder-
ately supportive of that mode of care.

## Interpretations from the Findings

In this chapter we have presented the findings on our
efforts to evaluate the contributions of external change
stimuli, institutional characteristics, and change barriers
to institutional change rates as we measured them.

One primary measure of an institution's effectiveness,
in our view, is its ability to respond to well articulated
community service demands and changing community service
needs.

We reasoned that the extent to which a given institu-
tion might respond (its change rate) would depend on the type
of external change stimulus mounted to induce change, the
content of the changes sought, that is, the degree to which
the changes sought were in alignment with or deviated from
an institution's existing modes of operation, and/or the
presence of barriers preventing change.

## The Impact of Types of External Change Stimuli on Institu-tional Change

Generally speaking, articulated and sustained external
efforts at inducing change do stimulate changes in children's
institutions.

The effect, for the most part, appears to be to encourage
and support the negotiation of more complex and difficult changes
than might otherwise be undertaken.

The community wide approach (Social Sponsorship)--which costed little more in dollars than the other two approaches we tried--clearly had the greatest impact on institutional change.

Moreover, this approach yielded a wide variety of unanticipated beneficial change initiatives in children's services in the community and stimulated by far the largest number of self initiated changes among the institutions themselves.

The Community Leader-Director Group Sessions approach spurred a limited amount of change in the External Dimension of care consistent with our expectations.

However, this approach was also associated with dismal results relative to internal institutional change, the development of a substantial number of unanticipated negative changes, that is, changes toward custodial rather than community-oriented care, and an extremely low level of self initiated changes among institutional participants.

Staff Development was found to be generally unproductive as an external approach to inducing community-oriented changes in institutions.

For the most part, we did no better in this project than nonexperimental institutions did on their own over a year's time.

We are of the opinion that participants in this approach utilized the wealth of detailed information conveyed to rationalize their present modes of operations as highly community-oriented in nature.

Few unanticipated changes came to our attention in this project, with the possible exception of a change in attitudes and understanding among participants about the concept of community-oriented care.

Our results lead us to a rather dim view of staff development as a change inducing technique.

## The Impact of Change Barriers on Institutional Change

Our work on this area suggests that there were few insurmountable obstacles to the implementation of a wide variety of community-oriented changes.

Directors' perceptions on this matter, partly confirmed by other data, suggest that most institutions within all three experiments could have moved in a community-oriented direction without high level board or community resistance and without the addition of facility, staff, or financial resources.

We would conclude from this that the differential change rates observed in the three experimental projects were not materially influenced by different numbers and types of barriers confronted by the participating institutions.

This is, of course, a generalization. It is worth recalling that timing regarding the introduction of change proved critical to two institutions. In one case a director left after being rebuffed by the board for moving too fast while in another a director was replaced for not moving fast enough.

In sum, we believe that data on change barriers supports the contention that our model of community-oriented care was feasible of implementation and that barriers did not significantly influence the differential change rates that occurred between the three experimental projects.

Community-Oriented Care and Institutional Change

Contrary to prevailing views about the intransigence of custodially oriented institutions, we anticipated that they would be the most vulnerable to coherent external efforts to induce change in a community-oriented direction.

This "deficiency hypothesis" was not supported consistently in our findings.

Our efforts to identify the common characteristics of institutions having similar change rate patterns through cluster analysis techniques also proved fruitless.

This latter finding in particular suggests that children's institutions do not address the two basic goals of institutional care in any integrated or systematic manner.

If they had, it should have been possible to produce a typology of children's institutions showing differential associations between levels of impact on resident children and change rates across groups of institutions.

What our findings do suggest is that institutional change rates are influenced by the type of external change stimulus to which institutions are exposed and the compatibility of institutional modes of operations with the proposed change direction.

Since a variety of change barriers pose no meaningful blockage to institutional change, institutional leadership in the person of the director emerges as a major determining factor.

Our findings indicate that the community wide approach labeled Social Sponsorship is superior to the other approaches in mobilizing directors to act on external change recommendations and to undertake and support other staff in undertaking self initiatives.

Objectively, that is in terms of our baseline measures, the level of community-oriented care in institutional operations does not appear to influence institutional change rates in any clearly definable way.

Subjectively, in terms of a director's perception of the compatibility a change recommendation with the general direction of his current operations, community-orientedness appears to play an important role.

The findings indicate that unless change recommendations were compatible with a director's views (all of them were posed in a community-oriented direction), rather than act he might be moved to conjure up a substantial rationale for not acting in the form of multiple change barriers.

Overall, our work on institutional change tells us that the responsive and adaptable institution cannot be easily identified by having knowledge about its current modes of operation, even when that knowledge is highly detailed and obtained by independent measurement techniques.

The interplay of the type of external stimulus used to induce change and the orientations of institutional directors appears to be the most pronounced factor in moving institutions to make changes.

The community wide approach utilized in the Social Sponsorship project is clearly superior as an inducer of institutional change.

. Its effectiveness, and coincidentally the adaptability of institutions exposed to it, would likely be increased by concentrating a greater share of such efforts upon the institutional directors.

This sharpening of focus, and harnessing of community influences could well increase the rate of change we recorded and perhaps do a better job of preventing a tendency toward retrenchment among directors of some of the custodially oriented institutions.

CHAPTER V

THE IMPACT OF STAFF SERVICE ORIENTATIONS
ON INSTITUTIONAL EFFECTIVENESS

In previous chapters we speculated about the effect of
staff orientations on institutional effectiveness.

Specifically, we referred to the relationship between
director's change orientations and institutional change rates,
and we alluded to the consequences for residents resulting
from staff decisions regarding admissions, retention, and re-
lease.

The staffs of institutions are obviously pivotal in pro-
viding services to residents and implementing changes, but to
what extent do their orientations toward service provision
and institutional change actually influence institutional
modes of operation?

At the beginning of our research we identified three re-
latively discrete orientations that we felt might directly in-
fluence institutional effectiveness vis a vis the two basic
goals of institutional care, as follow:

1. Child Rearing Philosophy

As we measured this orientation low scores represent
a disposition toward child dominance, control and
strict discipline while higher scores represent
child acceptance, shared decision-making and less
punitive discipline.

We believed this orientation might be reflected
in staff-resident relationship's thereby influencing
the development of child competencies.

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[1]In fact, correlational analyses indicate the three
orientations to comprise a rather well integrated general
orientation. The product moment correlation between child
rearing philosophy scores and levels of community orienta-
tion is .870 with an r of .791 and .766 between these two
variables and level of job satisfaction, respectively.

2. Community Orientation

This orientation reflects the general level of
receptivity of staff toward working in and with
community elements in providing services, or
conversely, the level of desire to work in an
isolated context "behind the walls" of the in-
stitution.

We thought this orientation might most directly
influence institutional adaptability, that is,
institutional change rates.

3. Job Satisfaction

This orientation was measured along a range of
low to high satisfaction. We thought this ori-
entation might have a general but unspecified
bearing on institutional effectiveness.

In this chapter we will take a look at the relationship
between these staff orientations and institutional effective-
ness and conclude with some observations about the child as-
sessment process, the mechanism through which much of a
staff's influence flows.

Is there a General Relationship between Staff Orientations
and Institutional Effectiveness?

The results of a variety of correlational analyses sug-
gest that there is no substantial relationship between staff
orientations and child competency scores, institutional change
rates, or level of community orientedness in institutional
operations, for the sample of 32 institutions and 345 staff
members as a whole.

Table 5-1 shows the inconsequential product moment cor-
relations for staff orientations and child competency scores.

The results relative to institutional change rates are
no more impressive.

Canonical weights obtained for global staff orientations
for each institution were utilized in conjunction with insti-
tutional change rates to derive Spearman rank order correla-
tions.

Table 5-1

Product-Moment Correlations for Institutional Means on Staff
Service Orientations and Child Competency Scores
(N=32 Institutions)

| | Child Competency Measures | | |
|---|---|---|---|
| Staff Orientation | Verbal Abilities (LTIT) | TSRCS | Locus of Control |
| Child Rearing Philosophy | .114 | -.192 | .333 |
| Community Orientedness | -.018 | -.091 | .149 |
| Job Satisfaction | .175 | -.052 | -.096 |

In this, global staff orientations are found to be minimally associated with both External Dimension change rates ($r_s = .091$) and Internal Dimension change rates ($r_s = -.103$).

Finally, similar rank order correlations utilizing canonical weights for level of community-oriented care in each institution show only modest associations between that variable and staff child rearing philosophy ($r_s = .356$, P<.05), staff community orientedness ($r_s = .008$) and staff job satisfaction ($r_s = .269$).

As was the case with general findings presented in previous chapters, more meaningful information is found just beneath their surface.

When staff orientation scores are regrouped, averaged and then ranked for the now familiar institutional clusters, some interesting associations between staff orientations and institutional types appear, as shown in Table 5-2.

Note should be made here that ranking in Table 5-2 were made using the cluster analysis results obtained with child competency data as discussed in Chapter II.

A cluster analysis performed on staff orientation data did not reproduce a similar pattern of institutional groups further demonstrating in a general way the lack of direct relationships between staff orientations and residents' competency levels.

## Table 5-2

### Institutional Cluster Ranks for the 3 Staff Service Orientation Measures

| Institutional Cluster | No. of Inst. | Staff Orientation | | |
|---|---|---|---|---|
| | | Child Rearing Philosophy | Community-Oriented-ness | Job Satis-faction |
| Community-Oriented | 2 | 1* | 3** | 8** |
| Benign Custodial | 10 | 2 | 2 | 3 |
| Self Governing | 2 | 3 | 8 | 4 |
| Survivor Custodial | 5 | 4 | 1 | 5 |
| Rote Skills | 2 | 5 | 6 | 1 |
| Tutorial | 2 | 6 | 5 | 2 |
| Transitory Care | 2 | 8 | 4 | 7 |
| Extremist Exceptions | 4 | 7 | 7 | 6 |

*Ranked from Acceptance (1) to Dominance (8)
**Ranked from High (1) to Low (8)

These rankings do disclose that the most community-oriented institutions have the most child accepting and least satisfied staffs. Of equal importance, their staffs are only moderately community-oriented.

Transitory Care institutions are similar to community-oriented institutions in many ways, yet their staffs have the most child domineering orientations. This may reflect the felt need among staffs in these institutions to maintain substantial controls in order to manage the rapid flow of children through them.

One final point about these rankings before we move on.
We previously noted the apparent need among Self Governing in-
stitutions in particular to remain separated from their commu-
nity environments in order to carry out their programs. These
rankings show staffs in these institutions to be the least com-
munity oriented.

## The Path of Influence: Do Staff Orientations Shape Institutional Operations or Vice Versa?

One rather indirect but commonly used technique for assess-
ing the durability of personal orientations over time is to
examine the association between them and individual's back-
ground characteristics.

In the field of organizational analysis, the assumption
is frequently made that if strong associations are found be-
tween personal orientations and such factors as sex, age level,
educational achievement, and so on, then there is reason to
believe the orientation may have been formed prior to the be-
ginning of employment.

Our analyses suggest that such background characteristics
are not strongly linked with staff orientations.

Results of statistical tests controlling for age, sex,
level of educational achievement, marital status, parenthood,
and whether natural children remain at home currently or not
all proved to be inconsequential.

Additionally, whether staff live on grounds or not, eat
on grounds or not, and the amount of staff exposure to train-
ing and educational experiences during the year prior to our
measuring staff orientations appear to have little bearing on
staff orientations.

The major associations we detected are situational in
nature having to do with the position a staff member holds,
how long he has worked at his institution, and the frequency
of his contact with resident children and the neighboring
community.

Table 5-3 gives the mean orientation scores for fulltime
staff members for the four most common staff positions (ex-
cluding maintenance/domestic service workers) across the 32
institutions.

## Table 5-3

Mean Service Orientation Scores
for Full-Time Staff by Position
(N=32 Institutions)

Staff Orientation

| | No. of Staff | Child Rearing Philosophy | | Community-Orientedness | | Job Satisfaction | |
|---|---|---|---|---|---|---|---|
| | | $\overline{X}$ | SD | $\overline{X}$ | SD | $\overline{X}$ | SD |
| Directors | 32 | 82.81 | (21.09) | 29.41 | (9.58) | 71.74 | (33.48) |
| Social Service | 33 | 63.57 | (39.72) | 34.11 | (2.93) | 78.49 | (24.49) |
| Teachers | 36 | 50.36 | (41.40) | 33.71 | (4.30) | 68.14 | (34.06) |
| Cottage Parents | 201 | 73.23 | (25.61) | 28.60 | (6.01) | 76.52 | (24.86) |
| | 302 | | | | | | |

The clear differences evidenced in this breakdown admit to no obvious patterns.

Data in Table 5-4 provide further insights. In general, there are tendencies toward higher child dominance, increased preference for work in isolation from community, and lower job satisfaction as length of time employed and frequency of contact with residents increases.

Stepwise Multiple Regression analyses of the orientations scores of 345 full-time staff members carry us a bit further by identifying some of the components of institutional care, that contribute to the development of staff orientations.

Data in Table 5-5 indicate that 8 parts of the community-oriented model of care account for about 44 percent of the variance relative to staff child rearing philosophy scores.[1]

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[1]Consistent with previous regression analyses, a cut-off point was applied when the contribution of a model part to the variance explained ($R^2$) fell below 2 percent.

## Table 5-4

### Product-Moment Correlations Between Staff Service Orientation Scores, Length of Employment and Frequency of Contact with Resident Children

| | | Staff Orientation | | |
| --- | --- | --- | --- | --- |
| | No. of Staff | Child Rearing Philosophy | Community-Orientedness | Job Satis-faction |
| Length of Employment | 302 | -.760 | -.779 | -.625 |
| Frequency of Contact with Resident Children | 302 | -.734 | -.854 | -.917 |

(Insert Table 5-5)

Institutional emphases upon comprehensive replacement planning/follow-up services (I1), decentralized decision-making structures (I7), low child stigma in programming (I2), high staff to resident ratios (E4), open admissions (E3), and coherent decentralized discipline/reward systems eschewing harsh discipline and providing tangible rewards (I6) contribute to higher child acceptance among staff members.

Somewhat unexpectedly, a material contribution to a high child acceptance orientation among staff is also made by low staff-community interchange (E6) and low orientations toward institutional change among directors (E7).

Of equal importance, several of the factors that account for much of the variance in residents' competency levels appear to play little or no part in the development of staff orientations toward child rearing.

Most notably, continuity of staff-resident relationships (E5), composition of child population (E2), and Daily Life Decision-Making patterns, that is, degree of child participation (I5) appear to be inconsequential.

## Table 5-5

Stepwise Multiple Regression Results for 14 Parts of the Community-Oriented Model on Child Rearing Philosophy Scores

| Model Part | R | $R^2$ | Increase in $R^2$ | Direction of O-Order r (Community-Orientedness X Child Rearing Philosophy Scores) |
|---|---|---|---|---|
| I1 Replacement Planning | .432 | .186 | .186 | + |
| I7 Centralization of D-M | .489 | .239 | .053 | + |
| E6 Staff Cross Flow | .542 | .294 | .055 | - |
| E7 Director Change Orientation | .577 | .333 | .039 | - |
| I2 Child Stigma | .604 | .365 | .032 | - |
| E4 Staff Capacity-Depth | .625 | .391 | .026 | + |
| I6 Discipline/Rewards | .649 | .422 | .031 | + |
| E3. Restrictiveness of Admissions | .664 | .441 | .194 | + |
| — Cut off Point | | | | |
| E5 Staff Capacity-Continuity | .666 | .444 | .003 | + |
| E1 Child Flow | .668 | .446 | .002 | + |
| I3 Cent. Live/Eat Facilities | .668 | .447 | .001 | + |
| I5 Daily Life D-M Pattern | .669 | .447 | .001 | + |
| E2 Child Population Composition | .669 | .448 | .001 | + |
| I4 Comprehensive on-Grounds Program* | | | | |

*I4 not entered, did not meet f value criterion of .10 for inclusion

Finally, the quality of on-grounds program (community integrated vs isolated on-grounds approach, I4) seems to have no bearing whatsoever.

These findings suggest that a staff orientation toward child acceptance would be materially improved by increasing the number of staff and according staff more involvement in and control over decision-making and discipline/reward systems particularly as they relate to admissions, releases and practices that stigmatize.

There is more than a hint of anti-community-orientedness in these apparently community-oriented findings.

First, increasing staff numbers and involvement would seem to enhance child acceptance under the further conditions of low staff/community interchange and a director having low interest in community-oriented change.

Moreover, high child acceptance is not materially enhanced by increasing the level of residents' involvement in decision making, stabilizing staff resident relationships or inproving the flow or degree of heterogeneity of children passing through this apparently open admissions--comprehensive replacement planning/follow-up services system.

All of this leads to the conclusion that high child acceptance in this sample may mean high child acceptance under a condition of broadened staff control of institutional processes.

Stepwise multiple regression results for staff community orientations (receptivity toward work with and in community vs desire to work in isolation behind the walls) as presented in Table 5-6 indicates that comprehensive replacement planning/follow-up services (I1), more heterogeneity in child populations (E2), and open admissions (E3) contribute to more receptive orientations among staff members.

On the other hand, high receptivity toward work with and in communities also is accounted for in part by institutional emphases on low community staff interchange (E6), developing on-grounds program (I4), and low staff-resident ratios (E4).

Overall, these results suggest that staff community-orientedness is favorably influenced by broad institutional policies and programs governing the admissions and release of

## Table 5-6

### Stepwise Multiple Regression Results for 14 Parts of the Community-Oriented Model on Staff Community-Orientedness Scores

| Model Part | R | $R^2$ | Increase in $R^2$ | Direction of 0-Order r (Community-Orientedness X Community-Orientedness Scores) |
|---|---|---|---|---|
| I1 Replacement Planning | .500 | .250 | .250 | + |
| E6 Staff Cross Flow | .589 | .347 | .097 | – |
| E3 Restrictiveness of Admissions | .624 | .389 | .042 | + |
| I4 Comprehensive-On-Grounds Program | .646 | .417 | .028 | – |
| E2 Child Population Composition | .670 | .448 | .031 | + |
| E4 Staff Capacity-Depth | .685 | .470 | .022 | – |
| | | | | Cut off Point |
| I3 Cent. Live/Eat Facilities | .698 | .487 | .018 | + |
| I6 Discipline/Rewards | .704 | .496 | .009 | + |
| I5 Daily Life D-M Pattern | .706 | .498 | .003 | + |
| I2 Child Stigma | .708 | .502 | .004 | + |
| E7 Director Change Orientation | .709 | .503 | .001 | + |
| E5 Staff Capacity-Continuity | .711 | .505 | .002 | + |
| E1 Child Flow | .711 | .506 | .001 | + |
| I7 Centralization of D-M | .712 | .507 | .001 | + |

children, but unfavorably by the degree of direct engagement
of staff in these processes.

Consistent with the negative correlations found between
frequency of staff contact with residents and community-ori-
entedness scores, we have here an indication that staff are
less receptive to work in and with community as their involve-
ment with community personnel and community elements engaged
in providing services to residents increases and as staff-res-
ident ratios decline.

These latter results, coupled with the fact that increased
decentralization of any type proves to have inconsequential
effects, leads to the conclusion that community orientation is
negatively effected by the simple frequency of direct exposure
to and involvement of staff with community and resident chil-
dren regardless of the degree of influence they wield in these
engagements.

Turning to the regression results for job satisfaction,
we found that a majority of the model parts contribute mate-
rially to the variance found among scores for this general
orientation.

In all, 9 parts of the model account for slightly better
than 66 percent of the variance as shown in Table 5-7.

Once again, comprehensive replacement planning/follow-up
services (I1) made the most important contribution.

Job satisfaction is also materially enhanced by increased
staff involvement in decision-making processes (I7), and dis-
cipline/children (E1), and a deemphasis of child stigmatizing
practices (I2).

This pattern is similar to the one found associated with
high child acceptance orientations.

On the other hand, job satisfaction appears to be unfa-
vorably effected by high staff-resident ratios (E4), high com-
munity-staff interchange (E6), and high child participation
in decision-making processes (I5).

Frequency of engagement by staff with community and resi-
dent children, particularly in a participatory and shared
decision-making matters, appears to stimulate tendencies among
staff toward child dominance, separatedness from community,
and lower job satisfaction.

## Table 5-7

Stepwise Multiple Regression Results for 14 Parts of the Community Oriented Model on Staff Job Satisfaction Scores

| Model Part | R | $R^2$ | Increase in $R^2$ | Direction of 0-Order r (Community Orientedness X Job Satisfaction Scores) |
|---|---|---|---|---|
| I1 Replacement Planning | .361 | .130 | .130 | + |
| E4 Staff Capacity-Depth | .480 | .230 | .100 | - |
| E6 Staff Cross Flow | .656 | .431 | .201 | + |
| I6 Discipline/Rewards | .688 | .473 | .042 | + |
| E3 Restrictiveness of Admissions | .728 | .530 | .057 | + |
| I2 Child Stigma | .755 | .569 | .039 | + |
| I7 Centralization of D-M | .776 | .602 | .032 | + |
| E1 Child Flow | .798 | .637 | .035 | + |
| I5 Daily Life D-M Pattern | .814 | .663 | .025 | - |
| | | | | Cut off Point |
| I3 Cent. Live/Eat Facilities | .818 | .669 | .006 | + |
| I4 Comprehensive On-Grounds Program | .821 | .674 | .006 | - |
| E5 Staff Capacity-Continuity | .823 | .677 | .003 | + |
| E2 Child Population Composition | .824 | .680 | .003 | + |
| E7 Director Change Orientation | .825 | .680 | .001 | - |

All of this may simply mean that it is easier to maintain service orientations supportive of community-oriented care in positions allowing more involvement in institutional processes and more control over the frequency of contacts with residents and the community.

Staff at any positional level who are on the firing line daily and who feel they have little control over their work may tend to develop orientations leaning toward child dominance and separateness from community involvement.

The general movement among staff toward adoption of these orientations, the longer they remain at their jobs suggests this to be a rather widespread tendency.

## The Child Assessment Process

### Staff Accuracy in Assessments

The foregoing results indicate that staff service orientations have little direct impact on residents' competency levels.

Indeed, the formation of these orientations seems to be influenced by a constellation of institutional factors quite different from those that foster the development of competencies among resident children.

In this section we will pick up on a point previously alluded to, namely, that the decisions staff make about residents may be of far greater consequences for them than are the orientations staff hold about the services they provide.

Data reported in this section were gathered in two subsidary studies that yielded information on staff perceptions of institutional decision-making structures and staff ratings of resident children respectively.

The first study was conducted with a random sample of 11 institutions for the purpose of obtaining perceptions of the decision-making structures from at least one social service and one cottage parent staff member in each institution.

The second study involved submitting standardized rating forms to the social service person and the cottage parent having primary case responsibility for every child in care in all 32 institutions during 1972.

Each staff rater was asked to rate each resident for, whom he (or she) had primary responsibility relative to how soon the child would be ready for community replacement, the types and numbers of personal problems the child demonstrated, and how well the child would do compared to noninstitution-alized children were he to be returned to his community imme-diately.

This study produced paired ratings for a total of 1246 resident children.

Looking first at the ratings data, there is some sup-port for the observation that staff assessments coincide rea-sonably well with the actual competency levels of resident children.

Previous findings indicate that older children and those in higher school grades score higher on task/social relation-ship skills and sense of self direction.

Staff also rate such children more frequently as ready for replacement, as having fewer personal problems and as being more likely to make an adequate readjustment to commu-nity living, as illustrated in the correlational results presented in Table 5-8.

Similarly, such resident characteristics as family in-come, parental whereabouts, sex, and race bear little general association with either staff ratings or residents' actual competency levels.

One point of contrast was found in these comparisons: Staff tend to rate children more favorably the longer they remain in care while the actual competency levels of children appear to fall, particularly after the first year in residence.

Overlooking the results for length of stay for the moment, these comparisons suggest that staff are reasonably accurate in their assessments of residents' levels of functioning.

Further analyses indicate that accuracy in judging res-idents has more to do with the degree of staff involvement with residents than to staff background characteristics or service orientation.

Correlational techniques and difference in means tests were utilized to assess the relationships between staff rat-ings and such staff background characteristics as age, sex,

## Table 5-8

### Product-Moment Correlations Between Staff Ratings of Residents and Selected Characteristics of Residents

| Resident Characteristics | No. Residents Rated | No. Residents Ready to Leave Now | No. of Personal Problems Per Resident | How Well Residents Would Do (cf: nonresidents) if Released |
|---|---|---|---|---|
| Age Level | 1246 | .600 | -.185 | .611 |
| School Grade Level | 1246 | .595 | -.351 | .625 |
| Length of Stay | 1246 | .671 | -.285 | .643 |

marital status, living arrangements, family composition, length of employment, and frequency of exposure to recent training and educational experiences.

None of these variables proved to be significantly associated with staff ratings of residents.

Similar results are reflected in correlations obtained for staff service orientations and ratings as shown in Table 5-9.

Further, social service personnel more frequently rate residents as having fewer personal problems and as being ready to leave and to make adequate readjustments than do cottage parents as shown in Table 5-10.

It is also obvious from this breakdown that cottage parents on the average have primary case responsibility for far fewer children than the average social worker.

Also, cottage parents perceive themselves as far more involved in making decisions governing the daily life activities of residents. Indeed, among the small sample of personnel that we assessed relative to daily life decision-making processes, social service personnel saw themselves as virtual nonparticipants, according to the data in Table 5-11.

Table 5-9

Product-Moment Correlations Between Staff Service
Orientations and Staff Ratings of Residents

| Staff Orientations | No. of Staff | No. Residents Ready to Leave Now | No. of Personal Problems Per Resident | How Well Resident Would Do (cf: nonresidents) if Released |
|---|---|---|---|---|
| Child Rearing Philosophy | 345 | -.185 | .332 | .134 |
| Community Orientedness | 345 | .157 | .009 | -.219 |
| Job Satisfaction | 345 | -.119 | -.224 | .119 |

Table 5-10

Social Service Personnel and Cottage Parent
Aggregate Ratings of Residents

| Type of Staff | No. of Staff | % of Residents Ready to Leave Now | X No. Problems Per Resident | % of Residents Who Would Do Well (cf: nonresident) if Released |
|---|---|---|---|---|
| Social Service | 52 | 65.3 | 4.24 | 61.6 |
| Cottage Parents | 262 | 49.4 | 4.58 | 52.7 |

## Table 5-11

### Staff Perceptions of Daily Life Decision-Making Patterns, By Staff Level[1]

| Per Social Service (N=11) | % of Issues I (others) Decide: | | |
|---|---|---|---|
| | Alone | With 1 Other Level | (2 or more) Multilevels |
| Directors | .09 | .09 | .24 |
| Social Service | .02 | .09 | .18 |
| Cottage Parents | .16 | .26 | .18 |
| Children | .06 | .14 | .30 |

| Per Cottage Parents (N=11) | % of Issues I (others) Decide: | | |
|---|---|---|---|
| | Alone | With 1 Other Level | (2 or more) Multilevels |
| Directors | .14 | .27 | .07 |
| Social Service | .08 | .10 | .05 |
| Cottage Parents | .36 | .23 | .07 |
| Children | .06 | .07 | .07 |

These data indicate that cottage parents see themselves as more heavily involved in the daily lives of residents than do social service personnel. Data in Table 5-12 following indicate that cottage parents are also more accurate in their assessments of residents.

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[1]The 42 item part of the Baseline Survey Questionnaire dealing with daily life decision making was utilized to obtain these data.

Table 5-12

Spearman Rank Order Correlations for Institutional Means for Staff
Ratings and Residents' Competency Scores by Staff Level

| Child Competency Measure | Cottage Parents | | | Social Service Staff | | |
|---|---|---|---|---|---|---|
| | No. of Residents Ready to Leave Now | No. Prob. Per Resident | How Well Resident Would Do (cf: Nonresident) | No. of Residents Ready to Leave Now | No. Prob. Per Resident | How Well Resident Would Do (cf: Nonresident) |
| Verbal Abilities (ITPA) | .367** | -.009 | .183 | -.218 | -.067 | .188 |
| TSRCS Sub-Scales — Task | -.290 | .173 | .164 | -.064 | -.209 | -.076 |
| Cottage Mates | .546* | -.208 | .431** | -.235 | .062 | .166 |
| School Mates | .379* | -.106 | .225 | -.060 | .073 | .157 |
| Cottage Parents | .336 | -.283 | -.034 | -.127 | -.203 | -.026 |
| Teachers | .429** | -.576* | -.089 | .208 | -.526* | .013 |
| TSRCS (Total) | .370** | -.219 | .163 | .151 | -.253 | .113 |
| Locus of Control | -.375** | -.219 | .401* | -.320 | -.136 | .137 |

*P<.01
**P<.05 (df: 1,31)

Overall, these findings support the observation that staff assessments of residents are reasonable approximations of children's actual levels of functioning and, further, that the accuracy of staff assessments is influenced more by the degree of staff involvement in residents' daily lives than by their service orientations or a variety of other personal characteristics.

## The Bases for Staff Decisions about Residents

Estimating the degree of staff accuracy in assessing the functional levels of residents lays the ground work for further examining the extent to which this knowledge influences the process of making basic decisions regarding residents' retention or release. In short, does it make any difference whether staff assessments are accurate or not.

Part of the answer to this question is already known in the sense that cottage parents are rarely involved in such decisions although their assessments of residents appear to be more accurate than those of other personnel who do influence these decisions.

From an admissions standpoint, the available data indicate that a child's actual level of functioning at that point in time has little or nothing to do with how long the admissions officer foresees his staying in residence, as shown in Table 5-13.

### Table 5-13

Differences in Mean Competency Scores
for All 1973 Institutional Admissions
By Predicted Length of Stay

| Child Competency Measure | Predicted Length of Stay | | | | t |
|---|---|---|---|---|---|
| | Long Term (12 mo +) (N=267) | | Short Term (1-3 mo) (N=51) | | |
| | $\overline{X}$ | SD | $\overline{X}$ | SD | |
| Verbal Abilities (LTIT) | 30.88 | (12.32) | 30.35 | (10.19) | .325 |
| TSRCS (Total) | 28.50 | ( 6.82) | 26.82 | ( 6.39) | 1.696 |
| Locus of Control | 13.22 | ( 5.86) | 12.61 | ( 4.72) | .805 |

Staff judgments regarding the release of children seem to be based more substantially on residents' actual levels of functioning.

Table 5-14 shows, for example, that children released during 1972 scored higher on both task/social relationship skills and sense of self direction (Locus of Control) than those who were retained.

## Table 5-14

Differences in Mean Competency Scores
for all 1972 Institutional Releasees
Compared to Institutional Retainees

| Child Competency Measure | 1972 Releases (N=408) | | 1972 Retainees (N=444) | | t |
|---|---|---|---|---|---|
| | $\overline{X}$ | (SD) | $\overline{X}$ | (SD) | |
| Verbal Abilities (LTIT) | 31.66 | (9.98) | 31.23 | (12.70) | .551 |
| TSRCS Sub-Scales Task | 11.44 | (3.45) | 7.88 | ( 2.64) | 16.991* |
| Cottage Mates | 6.05 | (1.77) | 5.80 | ( 1.91) | 2.049** |
| School Mates | 5.81 | (1.69) | 5.51 | ( 1.76) | .614 |
| Cottage Parents | 4.32 | (2.37) | 4.08 | (.2.66) | 1.414 |
| Teacher | 4.87 | (1.76) | 4.78 | ( 1.91) | .737 |
| TSRCS (Total) | 29.67 | (5.48) | 28.14 | (.7.08) | 3.541* |
| Locus of Control | 14.21 | (5.77) | 12.67 | ( 4.31) | 4.400* |

*P<.01 (2 tail)
**P<.05 (2 tail)

These findings are deceptive in one important sense.

The superiority of released children in task/social relationship skills is largely accounted for in terms of task accomplishments and skills in getting along with cottage mates.

The fact that releasees score no better than retainees relative to relationship skills with teachers and school mates

suggests that a child's development in the community context may not be commonly weighed in reaching decisions on retention or release.

The results relative to task and cottage mate scores, on the other hand, indicate that a child's observed on-grounds behavior may be a principle source of information on which these decisions are based.

It will be recalled from previous findings that the general developmental pattern among residents over time is toward increased skill in relationships with teachers and school-mates and a deterioration in relationships with cottage parents and cottage mates.

Placed together, these findings point to the possibility that children adjusting well on-grounds are likely to be released while those not doing well are more likely to be retained.

The irony here is that a considerable number of children not doing well on-grounds may be showing extremely good progress within the community context.

On the basis of this progress they might well be the best candidates for community replacement, but given the sources of information utilized by staff in reaching such decisions, they might also be the one's retained in care.

Finally, we turn to a breakdown of staff ratings by institutional clusters in order to observe differences that occur between various types of institutions.

A scan of the ranks in Table 5-15 leads to the conclusion that there are no substantial associations between these cluster rankings and staff ratings or release rates.

However, inspection of individual clusters yields some interesting observations.

For example, staff in Rote Skills institutions rate their resident populations as least problematic and consider a high proportion ready to leave now.

In spite of these ratings, these institutions released the lowest percentage of residents during 1972 and evaluated a larger share of their residents as potential long term care cases at point of admission than institutions in any other cluster.

Table 5-15

Institutional Cluster Ranks for Staff Ratings of Residents
and Percent of Total 1972 Population Released in 1972

| Institutional Cluster | No. of Inst. | % 1972 Pop. Rated Ready To Leave Now | | $\bar{X}$ No. of Personal Problems Per Resident | | % 1972 Pop. Predicted Long Term Stay at Adm. | | % 1972 Pop. Released in 1972 | |
|---|---|---|---|---|---|---|---|---|---|
| | | Rank | % | Rank | $\bar{X}$ | Rank | % | Rank | % |
| Survivor Custodial | 5 | 1 | 58.8 | *6 | 4.2 | *4 | 83.0 | 3 | 57.0 |
| Rote Skills | 2 | 2 | 53.0 | 1 | 3.2 | 8 | 92.0 | 8 | 29.0 |
| Benign Custodial | 10 | 3 | 51.5 | 4 | 3.7 | 3 | 76.0 | 2 | 59.0 |
| Tutorial | 2 | 4 | 50.5 | 5 | 3.9 | 6 | 88.0 | 6 | 31.0 |
| Self Governing | 2 | 6 | 44.0 | 7 | 4.3 | 5 | 84.0 | 4 | 52.0 |
| Community-Oriented | 2 | 7 | 33.5 | 8 | 4.8 | 2 | 68.0 | 7 | 30.0 |
| Transitory Care | 2 | 8 | 30.5 | 2 | 3.4 | 1 | 38.0 | 1 | 84.0 |
| Extremist Exceptions | 4 | 5 | 46.3 | 3 | 3.5 | 7 | 91.5 | 5 | 45.5 |

*Column ranks from Lowest (1) to Highest (8)

It is quite clear in these institutions that residents' levels of functioning have little or no influence on such basic considerations as how long the institution expects children to stay or when they will be released.

Patterns revealing differing emphases are observed in the other institutional clusters.

For example, staff in Survivor Custodial institutions rate their populations as highly problematic and expect a good many children to stay long periods. In spite of this, these institutions rank highest in the number of children rated ready to leave now, and third in the proportion actually replaced.

Staffs in Self Governing and Community-Oriented institutions view their populations as the most problematic. They also rate fewer of their children as ready for replacement than staffs in most other institutional clusters.

Here the similarities end. Self Governing institutions expect most children to remain in care long term and yet a rather high proportion of their 1972 populations was released during the year. Conversely, although Community-Oriented institutions expect more admissions to be short term cases, they are close to the bottom in the proportion of children released during the same time span.

Transitory Care institutions expect most of their admissions to be short term care cases, and in fact, released the largest proportion of their populations during 1972.

Staffs in these institutions also see their resident populations as among the least problematic while rating an extremely high proportion as in need of continued care.

Since staffs in these institutions do not view the residents themselves as overly problematic, the judgment that most should remain in care may reflect a need for more time to develop adequate replacement plans than is ordinarily available given the rapid child flow pattern.

Consistent with many other findings Benign Custodial institutions stand apart, marked in this case by unusual consistency in staff rankings, expectations and proportion of total child populations released.

These institutions are neither concerned with survival nor attempting to promote or prove any particular type of service orientation.

Unlike other institutions, these institutions appear to exhibit fewer policy and practice emphases that might create stresses on decision-making processes productive of some of the inconsistencies observed in the other clusters.

## Interpretations from the Findings

The weight of the evidence presented in this chapter points to the conclusion that staff service orientations have very little direct impact upon institutional effectiveness in general, or upon the child assessment--decision-making process specifically.

Our data indicate that staff service orientations are in large part reactively formulated, that is, they reflect existing institutional modes of operation far more than they shape them.

In general, the most substantial sources of influence on staff service orientations are job position, length of employment, scope of existing program operations (from admissions to replacement), breath of staff involvement in these operations, and frequency of engagement with community, colleagues, and residents in carrying out job functions.

Greater breath of staff involvement contributes to more child acceptance and receptivity toward community; however, greater frequency of direct engagement with others including residents in carrying out these involvements leads to more child dominance and withdrawal from community in service orientations.

We conclude from this that staff maintenance of orientations reflective of child acceptance and receptivity toward community depends to a considerable degree on the amount of command staff have over others engaged with them in negotiating their job functions.

Interestingly, other data reveal that residents prosper from continuous relationships with at least one staff member and from high decision-making participation in these relationships.

It is possible to speculate from these results that whether staff are orientated toward child acceptance or dominance is immaterial. What is material is whether institutions support child participation in the process of making decisions governing their daily life activities.

Further, the nature of rewards/discipline systems makes at least a modest contribution to staff child rearing philosophies and job satisfaction.

In brief, staff tend to be more child accepting and satisfied in association with highly structured systems reflective of tangible rewards and corrective rather than primitive discipline, over which they have substantial control.

On the other hand, rewards/discipline systems have far less influence on residents' competency levels than does level of participation in daily life decision-making.

Staff service orientations appear to profit from control while children profit from participation in staff-resident relationships.

Rewards/discipline systems are often utilized to modify residents' behavior. It may not be too far afield here to suggest that this approach is of little value unless it is tied to resident decision-making participation.

Otherwise, their implementation may well serve staff needs relative to control more than the developmental needs of the children being served.

Staff service orientations appear to have no more influence on assessments and decisions made about residents than they have on the degree of impact achieved through their relationships with them.

Frequency of staff contact and degree of engagement with residents (degree of child participation in decision making) appear to be the most influential determinants of staff accuracy in assessing how well residents are doing. Frequent contact of a participatory nature yields more accuracy in resident evaluations.

At the same time, the findings disclose two major sources of error in the assessment process and point to factors other than staff accuracy that shapes staff decision about residents.

Data on the developmental patterns of residents indicate that, in general, they progress over time in relationships within the community context (teachers, school mates) while their relationships on-grounds deteriorate (cottage parents and mates).

Comparisons of children released and retained during 1972 disclose, however, that released children exceed retained children primarily in terms of task and cottage mate relationship skills.

To the extent that staff decide to release children who demonstrate progress, these findings suggest that the decisions are reached primarily on the basis of observed on-grounds behavior.

Children not doing well in terms of on-grounds relationships might be doing quite well in the important area of community based relationships, but this factor does not seem to enter into replacement decisions often enough to show up as a statistical difference.

Further, data suggest that cottage parents make more accurate assessments of residents than social service staff, yet information in other chapters indicates cottage parents are only infrequently involved in decision processes governing the replacement of children.

It seems reasonable to conclude on this matter that institutional effectiveness relative to replacement decisions would be materially improved by placing greater emphasis upon assessing resident's performance levels in the community context and upon incorporation of the evaluations of cottage parents.

This conclusion would only hold, of course, to the extent that such decisions are indeed based upon the precision of staff knowledge of residents' capacities for adequate community living.

A considerable amount of evidence suggests, however, that staff accuracy in assessing residents is as peripheral to the bulk of these decisions as are staff service orientations.

Data on the differential patterns of child flow through the various institutional clusters (cf: Table 3-3) and on the relationships between staff assessments and release rates for these clusters (cf: Table 5-15) suggest that institutional systems needs may exercise the greatest influence on admissions-retention-release decisions.

In general, each type of institution appears to seek
out children demonstrating potential for profiting from the
particular type of service emphasis it offers.

There is nothing necessarily wrong about this.  It
simply means that institutions offering child participatory
programs (e.g., the Self Governing type) will emphasize ad-
mitting children with potential for engaging in this type
of program.  In contrast, institutions offering specialized
programs controlled by staff (e.g., the Tutorial type) will
emphasize admitting children with more pronounced potential
for development in the more passive areas of general intel-
lectual pursuits and school achievement.

The degree to which children conform to these expecta-
tions following admission may well constitute a prime measure
of the level of an institution's goal achievement from the
staff's perspective.

In turn, it might have a great deal to do with shaping
staff decisions regarding retention or release.

We speculate on the basis of the full weight of the evi-
dence that child participatory type institutions (Self Govern-
ing, Community-Oriented) tend to retain residents who success-
fully adapt while nonparticipatory types of institutions
(Tutorial, Rote Skills) release their more successful adapters.

A basic reason for this would be that the success of
child participatory institutions is judged to a considerable
extent on how well the participatory process works while non-
participatory institutions may be assessed more directly in
terms of the type of child they turn out.

In our view, the decision-making process in institutions
facing constant turbulence or crises (Transitory Care, Survi-
vor Custodial) may rest on even more elemental considerations,
namely, the need to manage child flow to insure survival and/
or prevent total chaos.

None of the above pressures seem to prevail in Benign
Custodial institutions.  There is no sense of urgency about
fulfilling specific service goals, no obvious desire to
prove a point, no threat to survival.

In a way there is no recognizable decision-making pro-
cess in such institutions.  Staff simply invoke traditional

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practices governing admissions, retention, and release with
which they have become comfortable over time.

In sum, only a modest amount of the impact on residents
that flows through staff-resident relationships and staff
decision-making processes can be accounted for in terms of
staff service orientations and the degree of staff accuracy
in child assessments.

Far more important consequences derive from staff efforts
to shape staff-resident relationships to meet their own needs
and from staff decisions made to meet the needs of their in-
stitutional systems.

# CHAPTER VI

## IMPLICATIONS FOR POLICY AND PRACTICE

Research findings may prove to be sufficiently valid, in the long run, to influence the course of social policy and the decisions of human service practitioners on their own merit.

In the short run, their value lies primarily in strengthening the hand of policy makers and confirming the views of practitioners who find the results supportive of their positions, methods and beliefs.

Those who find the results disagreeable ordinarily have the option of simply ignoring their implications.

If this is not possible, a variety of effective delaying tactics is available, among which calls for replication and the detection of technological weaknesses and inadequacies in research project designs seem to be most common.

These "facts of life" do not reduce the researcher's responsibility for speculating about the implications of his or her findings.

On the contrary, they increase the pressure on the researcher to be as articulate as possible about their practical import.

With this clearly in mind, we move in this chapter from reporting and interpreting the research results to speculation about their immediate importance and utility.

## Given the State of the Art, Most Children's Institutions Cannot Presently Achieve Comprehensive Effectiveness, as We Define It

We have defined and measured effectiveness in children's institutions in terms of their responsiveness in meeting community service needs and, secondly, in terms of their results relative to preparing residents for their return to adequate community living.

Children's institutions, like all other organizations, have their own service goals which dictate how they relate to their community and resident population constituencies.

The degree of effectiveness achieved by a particular institution at any one point in time appears to be largely dependent upon the on-going process of shaping modes of operations to implement its goals.

In short, the level of effectiveness achieved by institutions in our sample has been primarily a by-product of efforts to make these institutions viable on-going organizations.

In a general sense, we have found these institutions to be effective relative to one goal or the other. To be sure, we have several examples of institutions ineffectively responding to both goals, but we found no clear-cut example of an institution effectively achieving both goals simultaneously.

Some types of institutions consume enormous amounts of staff time and other resources in efforts to relate to community service demands and needs.

In some cases the priority placed on this activity derives from the elementary need to survive. In others, a similar level of effort stems from the nature of the service.

The best example here are the Transitory Care institutions which must constantly attend to a network of community relationships and to the management of a rapid flow of children in serving temporary and crisis cases.

While the Community-Oriented institution is under less pressure than some others, it too is obligated to actively seek out integration with its community environment.

Often, but not always, institutions concentrating on this priority are found to be neglectful relative to the goal of preparing residents for community return.

By way of contrast, we have identified several types of institutions that place highest priority upon the development of specialized preparatory programs.

These institutions seem to actively limit the degree of integration with their community environments in order to preserve their specialized service approaches.

Rote Skills, Tutorial, and Self Governing institutions all fall within this latter grouping.

Why was it so common in our experience to find children's institutions seemingly relating to these two basic goals in an either/or fashion?

The model of community-oriented care holds promise of simultaneously achieving both goals at high levels, if implemented.

Our evidence suggests also that this model is quite feasible of implementation, at least in the sense that few barriers in terms of inadequate resources and pockets of resistance stand in the way.

In spite of this, our experimental efforts at changing institutions toward this model were at best modestly successful.

Perhaps the experimental time period was too short. More likely, we simply did not have command of sufficient technical know how to bring off more comprehensive implementations of the model.

Personnel in the various children's institutions were as lacking as we were on many occasions in identifying ways of moving toward increasing their effectiveness relative to both goals simultaneously without jeopardizing the level of effectiveness each felt it had achieved on the one goal that was deemed the most important to its on-going success.

Some of the technical problems facing children's institutions in this regard can be illustrated by utilizing Transitory Care and Self Governing institutions as practical cases in point.

Transitory Care institutions are set-up to handle a large volume of children from a wide variety of community referral sources for short periods of time.

To do this successfully, considerable staff and other resources must be devoted to admissions and replacement processes and the development and maintenance of good relationships with referral and replacement resources.

Children in residence can be provided good basic care
with relatively little problem; however, the establishment
of relationships between staff and residents is difficult
to achieve since each resident's stay is short lived and
staff are often engrossed in matters of managing the flow
of children.

Beyond this impediment, staff may not have the time to
attend to each resident's individual needs, assure his tem-
porary adjustment to the institution, deal with his views
of the cause of his temporary placement, look after his reas-
signment to a new school in the community and a multitude of
other matters.

It is no accident, in our view, that children in Tran-
sitory Care institutions score lower on all competencies
(cognitive, social, and affective) than children in any other
type of institution.

Technical problems of a different order confront Self
Governing institutions and other types of institutions offer-
ing a specialized service approach.

The Self Governing institution normally has a highly
articulated and finely meshed on-grounds program.

Successful implementation of this program requires a
relatively high level of isolation from an institution's
surrounding community.

Care must be taken in accepting only those children
capable of coping with and profiting from a resident self-
governing system.

Institutions invested in this approach appear to be
reluctant to engage the surrounding community in any matter
that might yield a lessening of control over the admissions-
release process or a watering down or other distortion of
the basic service process.

The technical problem we were facing with Transitory
Care institutions that we would not fully articulate at the
time was how to utilize existing resources to build more
effective staff-resident relationships and more individual-
ized care with a higher volume of children over short time
periods while maintaining the institution's level of effort
vis a vis its community environment.

Conversely, how do we go about opening up the Self Governing institution in terms of establishing more widespread and intense interchange with its community environment while retaining the coherence of focus and precision of organization of its on-grounds program.

Similar technical problems were confronted with other types of institutions, and were, as we see it in hindsight, at the heart of the problem of increasing the comprehensive effectiveness of children's institutions.

To a limited extent these problems could be lessened by improved staff training. Some of the problem does lie in the fact that many staff members and directors have a very narrow view of their roles and functions.

They commonly see themselves as providing a particular type of service to a particular type of child. Rarely do they have an understanding of themselves as members of organizations engaged in a complex system of interactions tied to the achievement of overarching organizational service goals.

Training to broaden staff perspectives in these matters would probably increase their abilities to conceptualize institutional effectiveness in more comprehensive terms, but would not in itself resolve the tough technical problems to which we have alluded.

Indeed, the results we obtained from the experimental use of staff development techniques suggest that training may simply move staff toward an increased effort at achieving what is currently feasible.

This means that in the absence of technical advances, such training may simply serve to move staff toward increased accomplishment of the one goal an institution emphasizes, perhaps to the further neglect of the other.

In sum, our experience indicates most children's institutions do not conceptualize the two basic goals of institutional care in an integrated fashion and do not act to accomplish both simultaneously.

While conceptualization could be improved through training, a major--if not the major--impediment to simultaneous goal accomplishment is the lack of technical know how.

Either the technical know how does not exist, or it is
not widely known and available.

Responding to both possibilities, it is recommended
that a considerable level of effort be launched into develop-
ing the technical know how necessary to the simultaneous ac-
complishment of both goals. Part of this effort should be
directed to identifying institutions for further study that
appear to have found the ways and means for overcoming this
apparent technology gap.

The importance of such an effort is underscored by the
high interest in the field of children's services in moving
children's institutions toward the provision of short term
and more highly specialized services.

To the extent that children's institutions move in these
directions, attention should increasingly be focused upon
preventing the negative consequences of these presumably posi-
tive institutional adaptations.

In particular, the technological means to keep special-
ized institutions responsive to changing community service
demands and needs and to enable short term institutions to
provide a beneficial experience for residents must be surfaced.

From a realistic standpoint, this means identifying ap-
proaches for the redeployment of existing levels of institu-
tional resources in ways that improve upon the accomplishment
of the neglected goal without reducing the level of effective-
ness an institution has established on the goal it has, up to
the present, held to be primary.

Whether such an undertaking is worthwhile is a matter
for decision-makers in the field of children's services to
resolve.

The weight of the research evidence does suggest that
in the absence of technical advances comprehensive effective-
ness will continue to be beyond the reach of most children's
institutions.

## Institutions Are Powerful Environments, but Not All that Powerful

It is commonly accepted as fact in the field of children's services that institutions are powerful environments.

A mass of mostly unconfirmed opinion in the literature on the subject attests either to the potent debilitating effects or the potential beneficial impacts of "total" environments.

Advocates of deinstitutionalization are particularly fond of citing the presumed permanent damage to child development resulting from institutionalization, especially long term care.

Those engaged in providing institutional services, on the other hand, point to the profound corrective effects wrought by the "therapeutic" milieu.

The fervor with which these claims are made, suggests that something more than fact frequently lies at their roots.

The concept of institutionalization may simply be offensive to the moral sensibilities of some individuals, the facts of their effects notwithstanding.

Similarly, it is common for providers of all types of intervention services to defend and exaggerate the impact of their efforts, and it is likely that some providers of institutional services also fall prey to these temptations.

Importantly, the potency of the institutional environment is often calculated by comparing its presumed effects to those obtainable through other intervention approaches.

It is reasoned that far more control can be achieved in shaping a child's total life experiences in the institutional context than is normally possible in foster home care or through the provision of time limited counseling services.

While this may be true, we would suggest that this is an unsatisfactory method for assessing the potency of the impact of institutional exposure upon the development of children.

A more accurate assessment of the potency of institutional environments is obtainable by evaluating the developmental patterns of institutionalized children over time in residence and comparing these patterns with those evidenced by a noninstitutionalized cohort.

The evaluations that we conducted along these lines produced a body of evidence that suggests the presumed effects of institutional care on child development to be overrated, in terms of both negative and positive consequences.

For the most part, the competency levels of institutionalized children do not differ radically from those demonstrated by noninstitutionalized children.

Further, differences in child population competency levels between institutions appear to result primarily from differential child selection processes.

Finally, changes toward higher competency levels over time among institutionalized children generally appear attributable to simple maturation more than to any other factor.

Turning things around, the modest declines in competency levels associated with longer lengths of stay (especially after the first year in residence) are at least partially an artifact resulting from institutional decisions to retain the less competent and those slow to develop for longer periods.

Taken together, these findings will provide little support to advocates on either side of the issue of deinstitutionalization.

Children in institutions seem to grow up pretty much like other children when measured against what we believe to be competency standards for adequate community living.

By and large, the institutional experience does not prove to be potent enough to produce gross deviations in child development for good or ill.

There are, of course, other reasons for avoiding the placement of children in institutions even if they do not in general have a profound negative impact on child development.

In a society that places highest value upon child rearing in the context of the parental home, all forms of substitute care may be considered to be undesirable service alternatives.

It is highly probable that decisions regarding the support and use of children's institutions as a placement alternative will continue to flow from this value base.

Those who support and those who do not support the use of children's institutions will likely be unswayed by our findings.

Still, these findings should allow those who must rely upon institutional placements until some better alternative comes along to lay aside their darkest suspicions about the negative effects of such placements on the development of children.

### At Its Present Stage of Development the Community-Oriented Institution Is Not a Cure-All

We have already touched upon some of the technical problems in bringing off a successful comprehensive program of community-oriented institutional care.

Beyond this, the results obtained regarding impacts upon residents in those institutions that have achieved the closest approximation to our model of community-oriented care give pause for further reflection.

In our analyses, community-oriented institutional care has been shown to contribute more to inducing change in residents' competency levels than any other type of institutional care.

Not all of the change induced by exposure to this type of care is to the good.

Residents in Community-Oriented institutions seem to profit in terms of the development of social and affective competencies but not in terms of cognitive competency.

We have reasoned from comparative analyses of the results for the several types of institutions in our sample that the

breath of community life experiences and the participatory
nature of the program in community-oriented institutions ac-
count for much of the overall beneficial impact.

At the same time, these very program features may work
against predictability, staff control, and routine in insti-
tutional modes of operation.

Since these latter program characteristics are strongly
linked with the development of residents' cognitive skills
in our findings, it is possible to reason that deficiencies
in these matters in community-oriented institutions contri-
bute to their failure in this area of child development.

At its present stage of development, the community-ori-
ented institution is a mixed blessing: it is the most power-
ful environment among those we analyzed but its impact is not
uniformly beneficial for children exposed to it.

These observations point to further technical problems
encountered by children's institutions seeking to achieve a
uniformly beneficial impact on residents.

There is a clear need to establish both predictability
and participation in programming for residents to support the
goal of assisting residents in developing affective, social,
and cognitive skills simultaneously.

It is an open question whether the technical know how
exists to achieve such a goal through the institutional
experience.

In our experience, we found little evidence that insti-
tutions had discovered ways of maintaining stable routine
program operations while encouraging the widest possible
scope of participatory experiences for residents.

In over simplified terms, what we have at present are
specialized institutions--whether they claim to be or not--
that yield improvements on the social or cognitive side of
residents' lives, but not both.[1]

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[1]In general, we found affective skills to increase in
association with improvements in either of the other two
competencies.

These institutions can be categorized in terms of modes of operation as essentially child participatory or nonparticipatory in nature.

They can and do deliver effective if limited services, and they would probably be more appropriately utilized by their communities if they would make these limits more widely and precisely known.

Moving toward identifying and concentrating upon specialized areas of effectiveness with residents, rather than toward comprehensive effectiveness, may in fact be the wisest path for children's institutions to take.

There are at least two good reasons to consider such a choice.

First, it is possible that children's institutions might not achieve comprehensive beneficial effects with residents even if all the technical binds are eventually overcome.

A child's stage of development at any point in time is to a considerable extent the product of his total life experiences.

The rich interplay of these experiences stemming from many sources, at times offering the security of predictiveness and at others the temptations of uncertainty, cannot be structured and duplicated by a single environmental source such as an institution no matter how comprehensive its aims and approaches.

Moreover, for the vast majority of children--including many of those in relatively long term care--the institutional experience is as interlude that does not extend over the entire span of their growing up years.

From both standpoints it is possible to conceive of an institution falling short of the goal of providing residents a total child development experience even if it overcomes current technological barriers to that goal.

Secondly, even if the elimination of these technical problems did lead to the achievement of a comprehensive impact upon resident children, would that result be desirable?

The net result of such an achievement would be the cre-
ation in fact of a truly powerful environment.

It is equally clear that it would be next to impossible
to prevent the use of technical knowledge potent enough to
simultaneously shape the cognitive, social, and affective
skills of residents, by staff and other authorities possess-
ing widely disparate value orientations toward child develop-
ment.

Without over dramatizing what is at stake, it still ap-
pears to be wise to proceed with caution toward the develop-
ment of the technical means to increase the power of the in-
stitutional environment.

It is not beyond the realm of the possible to suggest
that the resolution of these technical problems in the in-
terest of improving the beneficial impact of the institu-
tional experience might result instead in the creation of the
type of total environment we have long been warned to avoid.

The path that will be taken relative to theses issues
is, of course, unknown. What we do know from our findings
is that several clearly different types of children's insti-
tutions exist and that they yield clearly different conse-
quences for their residents.

We have been unable to identify any type of institution
that presently yields a comprehensive beneficial impact for
residents.

Given these observations, it would seem that the best
hope for an immediate advance in the provision of institu-
tional services for children lies in the direction of insti-
tutions identifying the specific areas of child development
in which they are most effective and making this information
better known to their communities.

In this way the specific capacities of each institution
can be more appropriately utilized by the community in serv-
ing children with particular types of child development prob-
lems or needs.

Until we develop the technical know how to make the in-
stitutional experience comprehensively effective, it would
appear to be incumbent upon children's institutions to make
such clear choices and declarations.

Indeed, a great deal of useful information could be obtained from close scrutiny applied by researchers and communities to institutions that continue to claim comprehensive effectiveness with the children they serve.

## Staffs Have Their Own Agendas: Increasing Their Effectiveness May Not Increase Institutional Effectiveness

Our findings indicate that staff members, namely, social service and cottage life personnel, are generally ineffective as measured by their contribution to the achievement of the two basic institutional service goals.

They have been shown to have relatively little impact on the development of residents, and they are only infrequently the source for initiating institutional changes.

Further, it has been shown that their service orientations are peripheral to the kinds of institutional services provided and the degree of accuracy in their assessments of residents has little bearing on the decisions made regarding the admissions and replacement of children.

In sum, the degree of effectiveness achieved by an institution is primarily a by-product of staff actions taken to meet institutional needs rather than a direct consequence of purposeful staff actions aimed at achieving service goals.

In a technical sense, staff effectiveness in all these matters could be increased by according staffs a larger share of the responsibility for control and direction of their institutions.

It is important to point out, however, that increasing staff effectiveness in this manner may not produce an increase in overall institutional effectiveness.

The reason for this is that staffs clearly have their own agendas of interests and job related needs that they might act to fulfill with their newfound authority and responsibility.

This observation follows from our findings that indicate staff members to be generally interested in expanding their

levels of involvement in and control over institutional processes, perhaps at the expense of diminishing the levels of involvement and control accorded residents.

In short, these findings suggest staff members may be in competition with residents regarding involvement and control since a commanding position in these matters would enable either group to raise the meeting of its needs to a position of higher priority.

Our findings indicate, for example, that staff members concern with decentralization is expressed in terms of their interests in obtaining greater decision-making authority and more control over the development and implementation of reward/discipline systems.

Decentralization of this sort would simply distribute authority to staff away from the directors where most such authority is now vested.

Since our findings show that children profit from sharing in decision-making and from having rewards/discipline systems tied to their own acts rather than to wholly staff created regulations, it is doubtful that such a relocation would have any appreciable beneficial outcome for residents.

If, on the other hand, institutions were to proceed toward decentralization on the principle of increasing the benefits for residents, the children themselves might profit at the expense of further limiting the fulfillment of immediate staff interests.

A short term consequence of such a move might be immediate gains for residents accompanied by a lowering of morale and increased intrastaff antagonism among staff.

In our view, institutions should proceed with caution in moving toward increasing the technical effectiveness of their staffs by providing safeguards against the use of decentralized responsibility and authority to meet their own interests and needs.

Up to this point we have spoken only of the diversion of increased authority by staff to meet their own needs with a possible consequence of no increased benefits for children.

A subsidiary study in our research program (Thomas, 1973b), indicates that there may be more material risks, that

is, an increase in the technical effectiveness of staff may
in some cases yield detrimental consequences for children in
care.

In this study, the relationships between staff orienta-
tions and residents' competency levels were examined compar-
ing results for the 12 most centralized and the 11 most de-
centralized institutions in our sample.

This relationship was further analyized holding child
length of stay constant.

Utilizing product-moment correlational techniques, we
found that the relationships between staff orientations and
residents' competency levels were substantially higher in
decentralized institutions and that correlations were pro-
gressively higher the longer children remained in care.  In
centralized institutions this progression over length of time
in care was not observed.

In other words, staff service orientations appear to
have a material effect on child functioning in decentralized
institutions but not in centralized institutions.

Decentralization does contribute to the extent to which
staff get through to residents.

Subsequent analyses of staff orientations in these two
groups of institutions suggest, however, that the increased
impact associated with decentralization may not be all to the
good.

Staffs in several decentralized institutions were found
to be anti-community and child dominance oriented, while
staffs in some centralized institutions were clearly commu-
nity and child acceptance oriented.

Since decentralization intensifies the impact of staff
orientations--whatever their quality--on the lives of resi-
dents, the results in this study were favorable in some in-
stances, unfavorable in others.

From our perspective, some staffs with desirable service
orientations were being impeded by highly centralized insti-
tutional decision-making structures while structures of a
similar nature in other institutions were actually serving
to protect residents from being exposed to undesirable staff
orientations.

There are then, two cautions to be attended to in deciding to increase the technical effectiveness of staff members.

First, mechanisms must be found to prevent staff from turning their increased responsibility and control of institutional processes toward meeting their own interests and needs; and, secondly, an assessment of the quality of staff orientations must be made to determine whether the increased impact on children will result in favorable consequences or not.

Unless institutional decision-makers can satisfy their doubts on both counts, it is at least possible that changes made to increase staff effectiveness will not result in increased institutional effectiveness in meeting its primary service goals.

A few modest gains in staff effectiveness do appear to be possible without tackling these major problems, notably in the area of the child assessment process.

In this regard, our findings indicate that increasing the participation of cottage parents in admissions-retention-release decisions and improving the methods for obtaining comprehensive information on how children are progressing in the community context would contribute materially to the effectiveness of the child assessment process in many institutions.

Such gains are important and feasible. They should be undertaken, but institutions should not loose sight of the more basic issue of increasing the achievement of service goals directly through staff efforts.

In the absence of such actions to redirect staff energies, the level of effectiveness obtained by many institutions will continue to be a by-product of staff efforts spent in the service of maintaining routine, upholding tradition, implementing set service techniques, and a host of other process needs that appear, at present, to govern staff behavior.

## Final Comments

Whether we should proceed on a course of deinstitutionalization relative to children's services within states, or nationally, cannot be determined on the basis of the findings from this study.

Indeed, neither the dark forebodings of some or the bright claims of others about the effects of institutional care on the development of children are supported.

For the great majority of children, the institutional experience does not materially hinder or assist their development, they simply seem to mature at roughly the same pace as noninstitutionalized children.

This lack of effect stems in part from the fact that institutional environments are not as powerful as they are sometimes believed to be.

The potency of the institutional environment is limited in the sense that it probably cannot achieve a complete and comprehensive organization of a child's total life experiences, even for the relatively short period of a child's growing up years spent in care.

The state of the art relative to institutional care is a further limiting factor.

Imposing technical problems stand in the way of the simultaneous achievement of both basic service goals, the simultaneous achievement of a beneficial impact on the development of residents' cognitive, social and affective competencies, and the improvement of staff effectiveness in bringing such efforts to reality.

In a real sense, the future of children's institutions as a viable substitute care alternative is tied to the resolution of these problems more than it is to the deliberations of policy makers.

Children's institutions are things of the past only if they cling to the past.

The route toward establishing and maintaining a socially useful role, however, does not lie in continuing the current practice of adopting cosmetic devices such as hip rhetoric and fad service techniques.

As the public becomes increasingly skeptical and economy oriented, it is less likely to be bilked into accepting children's institutions as effective simply because they seem to be up to date.

The resolution of the technical problems referred to
means that highest priority must be given over to the iden-
tification of measurable goals of value to community and
resident constituencies, detailed evaluations of existing
facility-staff-financial resources, and ultimately, to well
articulated plans for redeploying these resources in the
direct service of goal achievement.

Institutions willing to undertake these organizational
evaluation and development tasks will likely find continuing
public support.

Those institutions that continue to depend upon fashion-
able rhetoric, professional certification, fad service tech-
niques, and similar devices and trappings to do the job of
convincing the public for them, will find themselves endless-
ly bound to public relations efforts to justify their role
as such standards and fads rise to and fall from favor over
time.

In the long run, they will more than likely find them-
selves in the company of the more comfortably fixed institu-
tions (that perceive no current need to invest in organiza-
tional evaluation and development efforts) in a struggle
among the least fit for survival.

# APPENDIX A

## List of Paricipating Children's Institutions

Anne Elizabeth Shepherd Home
Appleton Church Home for Girls
Bethesda Home for Boys
Boy's Estate
Calvary Children's Home
Carrie Steele-Pitts Home
Cherokee Boy's Estate
Christian City
Dalton Rescue Mission
Ethel Harpst Home, Inc.
Florence Crittenton Home
Georgia Baptist Children's Home (Baxley)
Georgia Baptist Children's Home (Palmetto)
Georgia Baptist Children's Home (Pine Mountain)
Georgia Christian Home
Georgia Industrial Home
Georgia Sheriffs Boy's Ranch
Gould Cottage for Children
Greenbriar Children's Center
Haelan Hall at Midway (Tidelands)
Hephzibah Children's Home
Hillside Cottages
Masonic Home of Georgia
Methodist Children's Home (Decatur)
Open Door Home
Planatation Manor
Rabun Gap-Nacoochee School
Sarah D. Murphy Home
Savannah Home for Girls
Shiloh Orphanage
Southern Christian Home
Sowega Youth Home
St. Mary's Home
The Methodist Home (Macon)
Village of St. Joseph

# Geographical Distribution of Voluntary Children's
## Institutions in Georgia, 1973

APPENDIX C


Summary Tables:

Structural Characteristics of

Children's Institutions

APPENDIX C

Table C-1    Number of Institutions Receiving Financial
             Support from Selected Sources, 1972
                        (N=33)

| Source | Number of Institutions |
|---|---|
| Endowments | 17 |
| Sponsoring religious bodies | 18 |
| Individual bequests | 24 |
| Parent payments | 23 |
| Community chest | 11 |
| Own fund raising | 9 |
| Payments from private referring agencies | 9 |
| Federal grants, program subsidies | 8 |
| State per diem rates | 9 |

Table C-2    Number of Institutions Admitting Children with
             Special Problems, 1972

Do you admit children who are (or have):

| | Physically Handicapped | Mentally Retarded | Delinquent | Emotional Problems | Behavioral Problems |
|---|---|---|---|---|---|
| Yes, regularly | 2 | -- | 11 | 10 | 4 |
| Only in rare cases | 16 | 8 | 11 | 12 | 14 |
| Do not accept | 14 | 24 | 10 | 10 | 14 |
| Totals | 32 | 32 | 32 | 32 | 32 |

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Table C-3: Distribution of Institutions by Type of Residential Facilities and Types of Living Arrangements, 1972

| Type of Residential Facilities | N | Type of Living Arrangements | |
| --- | --- | --- | --- |
| | | Dorm Style | Separate Quarters** |
| Single Main Bldg./ Residence Hall | 7 | 3 | 4 |
| Cottages Exclusively* | 23 | --- | 23 |
| Cottages and Dorms | 2 | 2 | 2 |
| Totals | 32 | | |

*Cottages are separate buildings limited to fewer than 20 children, dorms are separate buildings with capacity exceeding 20.

**Separate quarters means rooms for 1 to 4 children.

Table C-4: Distribution of Institutions as to Facilities for Meal Preparation and Service, 1972

| | Meal Preparation | Meal Service |
| --- | --- | --- |
| In Centralized Facilities | | |
| All meals & snacks | 4* | 4 |
| All meals | 10 | 8 |
| 2 meals a day | 2 | 3 |
| 1 meal a day | 2 | -- |
| In Cottage Facilities | | |
| All meals & snacks | 14 | 17 |
| Totals | 32 | 32 |

*Includes one institution bringing in one meal daily from the community.

Table C-5:- Distribution of Institutions by Percentages of
Children Having Selected Types of Diagnostic
Evaluations at Admissions, 1972

% of Children

|  | 0 | 1-50 | 51-99 | 100 | Inst. Totals |
|---|---|---|---|---|---|
| Physical Exam | -- | 1 | 1 | 30 | 32 |
| Dental Exam | 14 | 3 | 2 | 13 | 32 |
| Psychological Tests | 3 | 10 | 5 | 14 | 32 |
| Psychiatric Evaluations | 19 | 8 | 3 | 2 | 32 |

Table C-6: Distribution of Institutions by Provider of
Diagnostic Evaluations, 1972

Provider:

|  | Inst. | Agency Sponsoring Inst. | Referring Agency | Inst. Referral to Public Facilities | Inst. With No Provision for Exams | Inst. Totals |
|---|---|---|---|---|---|---|
| Phys. Exams | 2 | -- | 18 | 12 | -- | 32 |
| Dental Exams | 2 | -- | 8 | 8 | 14 | 32 |
| Psych. Tests | 4 | 1 | 17 | 7 | 3 | 32 |
| Psych. Eval. | 2 | 1 | 7 | 3 | 19 | 32 |

Table C-7: Distribution of Institutions by Percentages of
Residents Participating in Selected On-Grounds
Counseling Programs, 1972

| | % Residents Participating: | | | | | | |
|---|---|---|---|---|---|---|---|
| | No Prog. | 1-25 | 26-50 | 51-74 | 75-99 | 100 | Inst. Totals |
| Case Work | 3 | 5 | 4 | 3 | 2 | 15 | 32 |
| Sessions w/ Psychiatrist | 13 | 15 | 3 | -- | -- | 1 | 32 |
| Psychological Counseling/ Testing | 8 | 10 | 5 | -- | 1 | 8 | 32 |
| Group Work Therapy | 11 | 8 | 4 | 2 | -- | 7 | 32 |
| Play Therapy | 20 | 5 | -- | -- | 1 | 6 | 32 |
| Other | 29 | 1 | -- | -- | -- | 2 | 32 |

Table C-8: Distribution of Institutions by Percentages of
Residents Participating in Selected On-Grounds
Education Programs, 1972

| | % of Residents Participating: | | | | | | |
|---|---|---|---|---|---|---|---|
| | No Prog. | 1-25 | 26-50 | 51-75 | 76-99 | 100 | Inst. Totals |
| Indiv. Tutoring | 6 | 8 | 11 | 2 | 1 | 4 | 32 |
| Resid. Classes | 20 | 3 | 17 | -- | 1 | 1 | 32 |
| Relig. Education | 17 | 1 | 1 | -- | 1 | 12 | 32 |
| Art, Music Educ. | 13 | 8 | 6 | 2 | 1 | 2 | 32 |
| Voc. Training | 23 | 5 | 3 | -- | 1 | -- | 32 |
| Home Econ. | 26 | 1 | 4 | -- | -- | 1 | 32 |
| Phys. Educ. | 15 | 1 | 1 | 2 | 5 | 8 | 32 |
| Other | 31 | -- | -- | -- | -- | 1 | 32 |

Table C-9: Distribution of Institutions by Percentages of
Residents Participating in Selected On-Grounds
Recreation Programs, 1972

% Residents Participating:

| | No Prog. | 1-25 | 26-50 | 51-74 | 75-99 | All | Inst. Totals |
|---|---|---|---|---|---|---|---|
| Organized Outdoor Team Sports | 13 | 1 | 6 | 2 | 1 | 9 | 32 |
| Organized Indoor Team Sports | 17 | --- | 5 | 2 | 3 | 5 | 32 |
| Organized Outdoor Games | 17 | 1 | 4 | 2 | 4 | 4 | 32 |
| Organized Indoor Games | 10 | 1 | 4 | 4 | 3 | 10 | 32 |
| Periodic Movies | 13 | 1 | 3 | --- | 2 | 13 | 32 |
| Guided Crafts/ Hobbies | 14 | 5 | 7 | 1 | 1 | 4 | 32 |
| Other | 27 | --- | 1 | 1 | 1. | 2 | 32 |

Table C-10:  Distribution of Institutions by General Levels
of Community Participation by Child Populations,
1972

|  | N | Level of General Participation | | | Sample Mean |
|---|---|---|---|---|---|
|  |  | Low** | Moderate | High |  |
| Range of Mean | 32 | -3.40 | 3.40-3.90 | 3.91+ | *3.88 |
| Number of Inst. | 32 | 12 | 4 | 16 |  |

*Theoretical maximum mean is 6.00 meaning total participation in
all 13 types of activities, with minimum being 0.00. Range in
sample was 2.23 to 5.62.

**Low:  less than 25 percent participate in fewer than 4 activities.
Moderate:  about 50 percent participate in at least 4.6 activities.
High:  over 50 percent participate in more than 6 activities.

Table C-11:  Distribution of Institutions According to Who
Usually Accompanies and Most Common Mode of
Transport Used When Children Go to Community,
1972

|  | N | Who Commonly Accompanies: | | | Most Common Mode of Travel: | | |
|---|---|---|---|---|---|---|---|
|  |  | Staff | Vol/ Par* | Travel Alone | Inst. Car/Bus | Vol/ Par | Public |
| Groups of Children | 32 | 16 | 15 | 1 | 29 | 2 | 1 |
| Individual Children | 32 | 9 | 13 | 10 | 27 | 3 | 2 |

*Represents Volunteers/Parents

Table C-12: Distribution of Institutions by Daily Life Decision-Making Modes, 1972

| Type of Child Behavior | N | Most Common Pattern or Mode of Involvement: | | | | | |
|---|---|---|---|---|---|---|---|
| | | Dir Only | Pro Staff Only | Dir & Pro Staff | Cot Par Only | Dir &/ or Pro Staff & Cot Par | Dir &/ or Pro Staff Cot Par & Child |
| On-Grounds | 32 | 3 | -- | -- | 3 | 8 | 18 |
| Community | 32 | 5 | 3 | 3 | -- | 9 | 12 |
| Adolescent | 30* | 8 | -- | 4 | -- | 5 | 13 |
| Overall (Totals) | 32 | 5 | 2 | 1 | -- | 8 | 16 |

*N=30 for adolescent, 2 institutions neither having or serving adolescents at time of data collection.

Table C-13: Extent of Involvement in Daily Life Decision-Making by Staff Level and Type of Child Behavior, 1972

| Type of Child Behavior | N | % Staff Level Involvement: | | | | |
|---|---|---|---|---|---|---|
| | | Board | Dir | Pro* Staff | Cottage Parents | Children Themselves |
| On-Grounds | 32 | 7.0 | 55.0 | 39.0 | 71.0 | 45.0 |
| Community | 32 | 13.0 | 62.0 | 52.0 | 60.0 | 36.0 |
| Adolescent | 32 | 14.0 | 64.0 | 44.0 | 50.0 | 39.0 |
| Overall (Totals) | 32 | 10.0 | 59.0 | 46.0 | 65.0 | 41.0 |

*Computed across 26 institutions having such staff at time of data collection.

Table C-14: Extent of Exercise of Final Authority in Daily
Life Decision-Making, by Staff Level and Type
of Child Behavior, 1972

% Staff Level Final Authority

| Type of Child Behavior | Board | Dir. | Pro Staff | Cottage Parents | Children Themselves | Totals |
|---|---|---|---|---|---|---|
| On-Grounds | 5.0 | 39.0 | 18.0 | 32.0 | 6.0 | 100.0 |
| Community | 8.0 | 51.0 | 26.0 | 13.0 | 3.0 | 100.0* |
| Adolescents | 11.0 | 54.0 | 17.0 | 13.0 | 5.0 | 100.0 |
| Overall (Totals) | 7.0 | 45.0 | 18.0 | 24.0 | 5.0 | 100.0 |

*Percentages do not add to 100 due to rounding error.

Table C-15: Distribution of Institutions by Ratios of Use of
Verbal Reprimand/Expulsion as Disciplinary Mea-
sures, for First and Repeated Offenses, 1972

Frequency of Use of Verbal
Reprimand/Expulsion

| | N | Below 1:1 | Between 1:1-10:1 | Between 11:1-25:1 | Between 26:1-50:1 | Above 51:1 | Sample Average Ratio |
|---|---|---|---|---|---|---|---|
| First Offense | 30 | 3 | 8 | 4 | 3 | 12 | 66:1 |
| Repeated Offense (of same behavior) | 22* | 12 | 10 | -- | -- | -- | 4:1 |
| Overall (Totals) | 30 | 8 | 12 | 6 | 4 | -- | 17:1 |

*Two directors claimed no knowledge about how to respond to repeated
offenders, and 8 others indicated they presently had no coherent
approach for coping with them.

Table C-16: Distribution of Institutions by Ratios of Who
Disciplines, Cottage Parent/Director, for First
and Repeated Offenses, 1972

How Often Cottage Parents/
Directors Discipline

| | N | Below 1:1 | Between 1:1-5:1 | Between 6:1-10:1 | Between 11:1-25:1 | Above 26:1 | Sample Average Ratio |
|---|---|---|---|---|---|---|---|
| First Offense | 31 | 7 | 9 | 2 | 3 | 10 | 55:1* |
| Repeated Offense (of same behavior) | 31 | 27 | -- | 1 | -- | 3 | 17:1 |
| Overall (Totals) | 31 | 23 | 4 | -- | -- | 4 | 21:1 |

*Sample average ratio distorted by fact that ratios of 100:1 were
reported for 2 institutions.

Table C-17: Distribution of Institutions by Staff Level Most
Often Exercising Discipline, for First and
Repeated Offenses, 1972

| | N | Mostly* Director | Dir and Pro Staff | Mostly Pro Staff | Mostly Cottage Parents | Sample Mean |
|---|---|---|---|---|---|---|
| Range of Mean | 31 | -2.00-2.50 | 2.51-3.00 | 3.01-3.50 | 3.51+ | |
| First Offense | 31 | 4 | 1 | 10 | 16 | 3.25 |
| Repeated Offense (as same behavior) | 31 | 19 | 4 | 3 | 5 | 2.48 |
| Overall (Totals) | 31 | 5 | 14 | 7 | 5 | 2.86 |

*A mean of 2.00 indicates directors make all disciplinary decisions
and a mean of 4.00 or above would indicate cottage parents make
all such decisions.

Table C-18: Distribution of Institutions by Staff Level Most Often Responsible for Providing Rewards, 1972

| | N | Mostly*<br>Dir | Dir and<br>Pro Staff | Mostly<br>Prof<br>Staff | Mostly<br>Cottage<br>Parents | Sample<br>Mean |
|---|---|---|---|---|---|---|
| Range of<br>Mean | 32 | -2.00-2.50 | 2.51-3.00 | 3.01-3.50 | 3.51+ | 3.56 |
| Number of<br>Inst. | 32 | 3 | 2 | 7 | 20 | |

*A mean of 2.00 would indicate that directors provide all rewards, one of 4.00 or above that cottage parents provide all rewards.

Table C-19: Distribution of Institutions by Ratios of Use of Community Privileges/Verbal Praise as Rewards for Excellent Behavior, 1972
(N=31)

Frequency of Use Community Privileges/Verbal Praise

| | 4:1<br>& above | 3:1 | 2:1 | 1:1<br>& below | Sample<br>Average<br>Ratio |
|---|---|---|---|---|---|
| Number of Inst. | 1* | -- | -- | 30 | 1:3 |

*Ratio is 58:1 which has dramatic effect on sample average ratio.

Table C-20: Distribution of Institutions by Frequency of
Use of Facilities by Non-Residents, 1972

| General Purpose | N | On-Going Approval of Use | Occasional or Special Approval of Use | Not Approved or Never Utilized |
|---|---|---|---|---|
| Non-Resident Children free use of play equipment | 32 | 8 | 15 | 9 |
| Non-Resident Children invited to organized activities with residents | 32 | 6 | 16 | 10 |
| Sponsor day-care program for residents/ non-residents | 32 | 1 | 2 | 29 |
| Community agency use for non-resident day-care only | 32 | 1 | 1 | 30 |
| Non-resident children's groups/clubs use for own purposes only | 32 | 4 | 12 | 16 |
| Adult groups (church, school, etc) use for meetings/club activities | 32 | 7 | 17 | 8 |

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Table C-21:  Distribution of Institutions by Degree of Involvement in Provision of Selected Services to Non-Resident Children, 1972

|  | | Degree of Involvement: | | |
|---|---|---|---|---|
| Type of Child Service | N | Provide Direct Services | Refer to Other Source Only | Neither Provide Nor Refer |
| Casework | 32 | 7 | -- | 25 |
| Family Therapy | 32 | 2 | 4 | 26 |
| Group Therapy | 32 | -- | 2 | 30 |
| Day-Care For Working Parents | 32 | 3 | -- | 29 |
| Foster Home Service | 32 | -- | 3 | 29 |
| Group Home Service | 32 | -- | 1 | 31 |
| Adoption | 32 | -- | 2 | 30 |
| Pregnant/Unmarried Parent Services | 32 | 1 | 1 | 30 |
| Other | 32 | 2 | -- | 30 |

Table C-22: Distribution of Institutions by Percentages of
Parents Involvement in Selected Parent Service
Programs, 1972

| Type of Service | N | No Prog | % of Parents Involved: | | | | |
| | | | 1-25 | 26-50 | 51-74 | 75-99 | All |
|---|---|---|---|---|---|---|---|
| Family Counseling (Parent/Child) | 32 | 16 | 9 | 3 | 1 | 2 | 1 |
| Parent Group Sessions | 32 | 24 | 5 | 3 | -- | --- | -- |
| Casework w/Parents | 32 | 14 | 6 | 5 | 4 | 2 | 1 |
| Psychological Testing of Parents | 32 | 32 | -- | -- | -- | -- | -- |
| Overnight Visits by Parents at Inst. | 32 | 25 | 6 | 1 | -- | -- | -- |
| Regular Home Visits by Staff to Parents | 32 | 30 | 1 | 1 | -- | -- | -- |

Table C-23: Distribution of Institutions by Degree of In-
volvement in Selected Pre-Placement/After-Care
Services, 1972

| Types of Pre-Placement/ After-Care Services | N | Provide Direct Service | Refer Only | Neither Refer Nor Provide |
|---|---|---|---|---|
| Pre-Placement Visits | 32 | 16 | 11 | 5 |
| Pre-Placement Parent Counseling (Natural or Substitute) | 32 | 19 | 5 | 8 |
| Foster Home Finding | 32 | 7 | 11 | 14 |
| Foster Home Services | 32 | 3 | 11 | 18 |
| Group Home Services | 32 | 1 | 6 | 25 |
| Adoption | 32 | 1 | 6 | 25 |
| On-Grounds Day-Care After Placement | 32 | -- | 4 | 28 |
| Reacceptance for Temporary Shelter After Placement | 32 | 16 | 7 | 9 |
| Home Follow-up Visits | 32 | 11 | 7 | 14 |
| Job Finding | 32 | 21 | 5 | 6 |

APPENDIX D


Summary Tables:


Characteristics of Institutional Staffs

APPENDIX D

Table D-1: Distribution of Total Institutional Staffs
by Age Level, 1972 (32 Institutions)

Age Range

|  | -21 | 21-30 | 31-40 | 41-50 | 51-60 | 61+ | Total |
|---|---|---|---|---|---|---|---|
| No. of Staff | 3 | 96 | 46 | 55 | 85 | 47 | 332 |
| Percent of Total | -- | 29.0 | 14.0 | 17.0 | 27.0 | 14.0 | 100.0* |

*Percentages do not add to 100 due to rounding error.

Table D-2: Distribution of Institutions by Staff Percentages
Male/Female*, 1972 (32 Institutions)

← % Male        % Female →

|  | 100 | +75- | +67- | 50-50 | -67+ | -75+ | 100 | Total |
|---|---|---|---|---|---|---|---|---|
| No. of Inst. | -- | -- | 1 | 7 | 8 | 11 | 5 | 32 |

*Computed from 342 staff responses.

Table D-3: Distribution of Total Institutional Staffs by
Length of Time at Institution and in Present
Job, 1972 By Number and Percent
(32 Institutions)

### Number of Years

| | Less Than 1 | Between 1-4 | Between 5-9 | Over 10 | Total |
|---|---|---|---|---|---|
| No. Years at Institution | 53 (16) | 187 (55) | 60 (18) | 43 (11) | 343 (100) |
| No. Years in Present Job | 61 (18) | 170 (50) | 67 (20) | 45 (12) | 343 (100) |

Table D-4: Distribution of Total Institutional Staffs by
Formal Education Grade Level Accomplishment
and Staff Level by Number & Percent, 1972
(32 Institutions)

### Grade Level Accomplishment (in years)

| | Totals N (%) | 0-8 N (%) | 9-12 N (%) | 13-16 N (%) | 17+ N (%) |
|---|---|---|---|---|---|
| Directors | 27 ( 8) | 1 ( 4) | 4 (15) | 8 (30) | 14 (51) |
| Adm. Assistants | 19 ( 6) | --- | 9 (47) | 6 (32) | 4 (21) |
| Social Service | 35 (10) | --- | 1 ( 3) | 18 (51) | 16 ( 6) |
| Teachers | 14 ( 4) | --- | 3 (21) | 6 (43) | 5 (36) |
| Cottage Parents | 211 (63) | 142 (68) | 63 (30) | 6 ( 2) | --- |
| Others | 29 ( 9) | 2 ( 7) | 18 (62) | 7 (24) | 2 ( 7) |
| Totals | 335 (100) | 145 (44) | 98 (29) | 51 (15) | 41 (12) |

Table D-5: Distribution of Total Institutional Staffs by Level of Participation in Selected Training/Educational Activities in 1971 (32 Institutions)

### Number and Percent Attending

| | None N (%) | 1 N (%) | 2 N (%) | 3+ N (%) | Totals N (%) |
|---|---|---|---|---|---|
| Off-grounds conventions/ workshops | 193 (56) | 87 (25) | 34 (10) | 29 ( 8) | 343 (100.0)* |
| Institutionally sponsored in-service training | 200 (59) | 59 (17) | 29 ( 9) | 54 (16) | 343 (100) |
| H.S. or college courses taken | 289 (84) | 18 ( 5) | 5 ( 2) | 31 ( 9) | 343 (100) |

*Percentages do not equal 100 due to rounding error.

Table D-6: Level of Participation in Selected Training/Educational Activities in 1971 by Staff Level (32 Institutions)

|  | Totals N (%) | Number and % of Each Staff Level with No Participation: | | |
|---|---|---|---|---|
|  |  | Off-Grounds Conventions? Workshops N (%) | In-Service Training N (%) | H. S. or College Course Work N (%) |
| Directors | 27 ( 8) | 7 (26) | 10 (37) | 26 (96) |
| Adm. Assistants | 19 ( 6) | 9 (47) | 9 (47) | 17 (90) |
| Social Service | 35 (10) | 7 (20) | 18 (53) | 22 (63) |
| Teachers | 14 ( 4) | 5 (36) | 9 (64) | 11 (79) |
| Cottage Parents | 216 (63) | 141 (65) | 133 (62) | 186 (86) |
| Other | 31 ( 9) | 24 (80) | 22 (71) | 26 (84) |

342/100

APPENDIX E


<u>Summary Tables:</u>


<u>Characteristics of Resident Child Populations</u>

APPENDIX E

Table E-1: Age Distribution of the Resident Child Population, 1972. (36 Institutions)

### Age Range (in years)

|            | -6   | 6-9   | 10-13 | 14-17 | 18+  | Totals |
|------------|------|-------|-------|-------|------|--------|
| Number     | 132  | 576   | 576   | 346   | 17   | 1647   |
| Percent of total | 8.0 | 35.0 | 35.0 | 21.0 | 1.0 | 100 |

It should be noted here that 29 institutions have a mix of pre-teens and teenagers in their current populations while 4 are serving no children over age 13 and 3 are serving teenagers exclusively.

Table E-2: Sex and Race Distribution of the Resident Child Population, 1972. (36 Institutions)

|            | Race  |       |       | Sex  |        |        |
|            | White | Black | Other | Male | Female | Totals |
|------------|-------|-------|-------|------|--------|--------|
| Number     | 1445  | 191   | 11    | 922  | 725    | 1647   |
| Percent of Total | 87.7 | 11.6 | .7 | 56.0 | 44.0 | 100.0 |

246

Table E-3:  Parental Age Distribution at Point of Child
            Placement   (36 Institutions)

AGE

|  |  | Under 30 | 31-40 | 41-50 | 51+ | Deceased | Totals |
|---|---|---|---|---|---|---|---|
| Father's Age | N | 115 | 560 | 511 | 197 | 264 | 1647 |
|  | % | (7) | (34) | (31) | (12) | (16) | (100) |
| Mother's Age | N | 313 | 725 | 296 | 33 | 280 | 1647 |
|  | % | (19) | (44) | (18) | (2) | (17) | (100) |

Table E-4:  Parent Occupations at Point of Child Placement
            (36 Institutions)

|  |  | Pro-fessional | White Collar* | Manual Labor** | Farm Labor | House-wife (Unemp) | Totals |
|---|---|---|---|---|---|---|---|
| Father | N | 115 | 165 | 1268 | 99 | --- | 1647 |
|  | % | (7) | (10) | (77) | (6) | --- | (100) |
| Mother | N | 115 | 247 | 659 | --- | 626 | 1647 |
|  | % | (7) | (15) | (40) |  | (38) | (100) |

*Includes managerial, clerical, sales work
**Includes crafts and trade, machine operative, domestic service/
  maintenance work.

Table E-5: Family Income Distribution at Point of Child Placement (36 Institutions)

|  | -3000 | 3001-6 | 6001=12 | 12001+ | Unkn. | Totals |
|---|---|---|---|---|---|---|
| Number of Families | 675 | 576 | 329 | 66 | 1 | 1647 |
| Percent of Total | 41.0 | 35.0 | 20.0 | 4.0 | -- | 100.0 |

Table E-6: Family Size Distribution at Point of Child Placement (36 Institutions)

|  | 1 | 2-3 | 4-5 | 6+ | Totals |
|---|---|---|---|---|---|
| Number of Children | 115 | 461 | 594 | 477 | 1647 |
| Percent of Total | 7.0 | 28.0 | 36.0 | 29.0 | 100.0 |

Table E-7: Child's Last Place of Residence Prior to Placement (36 Institutions)

|  | One Natural Parent | Both Natural Parents | Grand Parents | Other Relatives | Foster Home | Other Child Inst. | Detention | Other | Totals |
|---|---|---|---|---|---|---|---|---|---|
| Number of Children | 609 | 264 | 165 | 181 | 264 | 82 | 33 | 49 | 1647 |
| Percent of Total | 37.0 | 16.0 | 10.0 | 11.0 | 16.0 | 5.0 | 2.0 | 3.0 | 100.0 |

Table E-8: Distribution of Children By Number of
Residential Placements Prior to Present
Placement (36 Institutions)

|  | None | 1 | 2 | 3 | 4 | 5+ | Totals |
|---|---|---|---|---|---|---|---|
| Number of Children | 1136 | 247 | 165 | 49 | 33 | 17 | 1647 |
| Percent of Total | 69.0 | 15.0 | 10.0 | 3.0 | 2.0 | 1.0 | 100.0 |

Table E-9: Distribution of Referrals to Institutions
by Sources (36 Institutions)

|  | Welfare Dept. | Vol. Parents | Juvenile Courts | Relatives | Church | Other Child Inst. | Doctor | Other | Totals |
|---|---|---|---|---|---|---|---|---|---|
| Number of Referrals | 494 | 461 | 313 | 198 | 99 | 33 | 16 | 33 | 1647 |
| Percent of Total | 30.0 | 28.0 | 19.0 | 12.0 | 6.0 | 2.0 | 1.0 | 2.0 | 100.0 |

Table E-10:  Distribution of Reasons for Initiation of Referrals for Placement (36 Institutions)

| | Family Disaster* | Abuse, Neglect | Child Unmanage-able | Delin-quency** | Child Emot'l. Problem | Mental/ Physical Handicap | Marital Break-down | School*** Problem | Totals |
|---|---|---|---|---|---|---|---|---|---|
| Number of Referrals | 576 | 395 | 379 | 115 | 66 | 49 | 49 | 17 | 1647 |
| Percent of Total | 35.0 | 24.0 | 23.0 | 7.0 | 4.0 | 3.0 | 3.0 | 1.0 | 100.0 |

*Represents parent death/dissertion, or parent incapacitated or institutionalized for criminal/health reasons.

**Includes those adjudicated delinquent (4 percent), drug use (3 percent), and running away (less than .4 percent).

***Includes truancy and other school behavior problems.

Also not included are girls in one institution for unwed mothers who account for less than .2 percent of all referrals.

Table E-11: Distribution of Legal Guardianship Arrangements
for Total Resident Population, by Type, 1972
(36 Institutions)

| | Par-ents | Wel-fare Dept. | Juvenile Courts | Rela-tives | Inst. | Other** | Totals |
|---|---|---|---|---|---|---|---|
| Number of Children | 741 | 346 | 280 | 148 | 99 | 33 | 1647 |
| Percent of Total | 45.0 | 21.0 | 17.0 | 9.0 | 6.0 | 2.0 | 100.0 |

*Includes private referring agencies and foster parents.

Table E-12: Distribution of Total Resident Population by
Length of Stay, 1972.  (36 Institutions)

Number of Months in Residence:

| | New Admissions 1 | 2-6 | 7-12 | 13-24 | 25-36 | 37-48 | 49-60 | 61+ | Totals |
|---|---|---|---|---|---|---|---|---|---|
| Number of Children | 40 | 165 | 148 | 329 | 198 | 165 | 132 | 461 | 1647 |
| Percent of Total | 3.0 | 10.0 | 9.0 | 20.0 | 12.0 | 10.0 | 8.0 | 28.0 | 100.0 |

Table E-13: Number of Institutions Utilizing Selected Replacement Sources Over Last Two Years (1971-72), by Percent Utilized (32 Institutions)

Number of institutions utilizing placement sources at following percent levels:

| Type of Replacement | None | 1-10% of Total | 11-25% of Total | 26-50% of Total | 51-75% of Total | +75% of Total |
|---|---|---|---|---|---|---|
| Independent Living | 9 | 14 | 5 | 3 | 1 | -- |
| Own Home | 3 | 1 | 3 | 8 | 6 | 11 |
| Relatives | 4 | 14 | 10 | 3 | -- | 1 |
| Foster Home | 16 | 11 | 2 | 3 | -- | -- |
| Group Home | 28 | 2 | 2 | -- | -- | -- |
| Inst. for Delinquents | 15 | 15 | 2 | -- | -- | -- |
| Inst. for Mentally Retarded | 28 | 1 | 2 | 1 | -- | -- |
| Inst. for Dependent/ Neglected | 16 | 10 | 5 | -- | -- | -- |
| Other | 29 | 1 | 2 | -- | -- | -- |

# APPENDIX F

## Procedures for Baselining Children's Institutions

Exhibit F-1

## Procedures for Obtaining Weights for the Institutional Community-Orientedness Profile

| Survey Item Number | Variable Name | Criterion | Weight Assignment* | |
|---|---|---|---|---|
| 1 | Auspices | record number | | |
| 3 | Location | record number | | |
| 21 | #. sep. facilities | Xs | (=+) (=-) | |
| 23 | Current # residents | record number | | |
| 22-23 | # vacancies | Xs | (=+) (=-) | |
| 31 | Waiting list? | 0/1 | 0=- 1=+ | |
| 39 | Ave. length stay (mo) | Xs | (=+) (=-) | |
| 30-40 | Balanced ratio admissions/releases? | see attached score routine | | |
| 30-40 | High/low adm/release flow | score routine | | |
| 29 | Source referrals | see attached score routine | | |
| 41 | Source replacements | see attached score routine | | |
| 24 | Have boys 12-15 | 0/1 | 0=- 1=+ | |
| 24 | Have boys 16-20 | 0/1 | 0=- 1=+ | |
| 24 | Have girls 12-15 | 0/1 | 0=- 1=+ | |
| 24 | Have girls 16-20 | 0/1 | 0=- 1=+ | |
| 25 | % non white | Ave. %s | (=-) (=+) | |
| 26 | % -3,000 income | Ave. %s | (=-) (=+) | |
| 27 | % no locatable parent | Ave. %s | (=-) (=+) | |
| 28 | % 1+ prior placements | Ave. %s | (=-) (=+) | |
| 33 | Have phys. handi.? | 0/1 | 0=- 1=+ | |
| 33 | Have mental retard.? | 0/1 | 0=- 1=+ | |
| 33 | Have delinquents? | 0/1 | 0=- 1=+ | |
| 33 | Have severe behav. prob.? | 0/1 | 0=- 1=+ | |
| 33 | Have severe emot. prob.? | 0/1 | 0=- 1=+ | |
| 34 | Variability Age/Sex accepted | Xs | (=-) (=+) | |
| 35 | Adms. restrict by miles | 0/1 | 0=- 1=+ | |
| 36 | Adms. restrict by Geo-Politic boundaries | 0/1 | 0=- 1=+ | |
| 27 | Adms. restrict, parent availability | 0/1 | 0=- 1=+ | |
| 33 | Admit spec. prob. child | Xs | (=-) (=+) | |
| 42A/23 | Ratio: FT staff/Tot child pop. | Ratio$_s$ | (=-) (=+) | |

0=Unfavorable   * +=community oriented
1=Favorable       -=non community oriented

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| Survey Item Number | Variable Name | Criterion | Weight Assignment | | |
|---|---|---|---|---|---|
| 42A | Ratio: Tot adm. pd. staff/Tot pd. ser. staff | Ratio$_s$ | (=+)(=-) | | |
| 42A | Ratio: Tot Vol/Tot pd. ser. staff | Ratio$_s$ | (=-)(=+) | | |
| 42A/23 | Ratio: FT cot life/ Tot child pop. | Ratio$_s$ | (=-)(=+) | | |
| 42A/B | Turnover FT staff, 1971 | Ave. %s | (=+)(=-) | | |
| 42A/C | % unfilled positions, 1971 end | Ave %s | (=+)(=-) | | |
| 51 | Amt. staff train: exec. | $\overline{X}s$ | (=-)(=+) | | |
| 51 | Amt. staff train: prof. staff | $\overline{X}s$ | (=-)(=+) | | |
| 51 | Amt. staff train: cot life/sub pro. | $\overline{X}s$ | (=-)(=+) | | |
| 9 | Plan facility change? | 0/1 | | 0=- | 1=+ |
| 59 | Plan function change? | 0/1 | | 0=- | 1=+ |
| 82 | 1st priority change | 0/1 | | 0=- | 1=+ |
| 16 | Exec satis, liv arr. | 0/1 | | 0=- | 1=+ |
| 20 | Exec satis, indoor facilities | 0/1 | | 0=- | 1=+ |
| 20 | Exec satis, outdoor facilities | 0/1 | | 0=- | 1=+ |
| 70 | Exec rating of neighborhood | $\overline{X}s$ | =- =+ | | |
| 63 | Reason school on grounds | 0/1 | *NA=-0 | 0=- | 1=+ |
| 71 | Exec view too many/ too few child services | $\overline{X}s$ | (=-)(=+) | | |
| 73 | Exec view comm. reaction: innovations | $\overline{X}s$ | (=-)(=+) | | |
| 10 | Main bldg residential? | 0/1 | | 0=- | 1=+ |
| 11 | Type IA, main bldg. | 0/1 | *NA=-0 | 0=- | 1=+ |
| 12 | # cottages w/20-kids | 0/1 | | 0=- | 1=+ |
| 13 | Type IA, cottages 20-kids | 0/1 | *NA=-0 | 0=- | 1=+ |
| 14 | Bldgs w/20+ kids | 0/1 | | 0=+ | 1=- |
| 15 | Type IA, w/20+kids | 0/1 | *NA=-0 | 0=- | 1=+ |
| 17 | Meals prepared | $\overline{X}s$ | (=+)(=-) | | |
| 18 | Meals served | $\overline{X}s$ | (=+)(=-) | | |
| 62 | School on grounds? | 0/1 | | 0=- | 1=+ |
| 65 | Supply Educ. Programs | $\overline{X}s$ | (=+)(=-) | | |

| Survey Item Number | Variable Name | Criterion | Weight Assignment |
|---|---|---|---|
| 66 | Counseling prog. (5 types) | X̄s | (=+) (=-) |
| 67 | Recreation prog. (6 types) | X̄s | (=+) (=-) |
| 37 | Rec'g adm. exams (4 types) | X̄s | (=-) (=+) |
| 38 | % exams done at institution (4 types) | Ave. %s | (=-) (=+) |
| 54 | Who accompanies, groups (6 situations) | X̄s | (=-) (=+) |
| 55 | Who accompanies, individuals (6 situations) | X̄s | (=-) (=+) |
| 56 | Labeling kids | X̄s | (=-) (=+) |
| 74 | % comm. part. by kids (17 types) | Ave. %s | (=-) (=+) |
| 75 | Amt. aftercare | X̄s | (=-) (=+) |
| 77 | Amt. work w/nat'l par. | Ave. %s | (=-) (=+) |
| 79 | Amt. ser. non-residents | Ave. %s | (=-) (=+) |
| 80 | Comm. use of facilities | Ave. %s | (=-) (=+) |
| 50 | Amt. staff comm. involvement | Ave. %s | (=-) (=+) |
| 50 | Cent. of staff rep. in comm. | X̄s | (=+) (=-) |
| 50 | Amt. involvement/Tot poss. involvement | Ratios | (=-) (=+) |
| 52 | Mode transport in groups | % pub. trans. / % institutional / % community | 100.=+ / 10.=- / 1.=+ |
| 53 | Mode transport, individuals | % pub. trans. / % institutional / % community | 100.=+ / 10.=- / 1.=+ |

Questionnaire Item Variable

| | | | |
|---|---|---|---|
| 45(1-20) | Type Discipline (1st offense) | Sample Ratio: % time verbal reprimand/%time expulsion | (=-) (=+) |
| 45(1-20) | Type Discipline (repeat offense) | Sample Ratio: % time verbal reprimand/ % time expulsion | (=-) (=+) |

| Survey Item Number | Variable Name | Criterion | Weight Assignment |
|---|---|---|---|
| 46(1-20) | Who disciplines (1st offense) | Sample Ratio: % time cot. par./exec. | (=-) (=+) |
| 46(1-20) | Who disciplines (rep. offense) | Sample Ratio: % time cot. par./exec. | (=-) (=+) |
| 47(1-12) | Type rewards | Sample Ratio: % time comm. privileges/ % time verbal praise | (=-) (=+) |
| 48(1-12) | Who rewards | Sample Ratio: % time cot. par./% time exec. | (=-) (=+) |
| 48(1-12) | Centralization, who rewards | $\bar{X}$s | (=-) (=+) |
| 46(1-20) | Centralization, who disciplines | $\bar{X}$s | (=-) (=+) |
| 44(1-42)* | Daily Life D-M pattern | Inst. mode (computed by program, see Exhibit A-5) | Modes: Board, exec. only = -- Exec., others, no child = - exec., others & child = - + others only = + others & child = + + |
| 44(1-42)* | Child D-M involvement | Sample Ratio: % time child/ % time exec. | (=-) (=+) |
| 44(1-42)* | Centralization of final authority | $\bar{X}$s | (=-) (=+) |

*Results obtained for total items (N=42) as well as for on-grounds
items (N=21), community items (N=21), and adolescent items (N=10).

## Addendum: Special Weighting Procedures

| | Variable Name | Computation | Weight Assignment |
|---|---|---|---|
| 30-40 | Balanced Ratio admissions/ releases | Use print out score, balance = 1.00 if score exceeds 1.00 by .25 or more (+ or -) score -, if not, score + | Score: + or - .25 deviation from 1.0 = - Less than .25 (+ or -) = + |
| 30-40 | High/low admission/ release flow | divide: 1) # admissions 1971/rated capacity 2) # releases 1971/ rated capacity Take above results as positive if .50 or better (i.e., 50% or more residents are 1971 admissions, and/or releases) | Score: Adm. release .50 .50 = -- .50 .50 = -+ .50 .50 = +- .50 .50 = ++ |
| 29 | Source referrals | Starting with largest %, then next largest %, etc., Sum the # of sources needed to exceed 67% of total referrals | Score: If 2 or fewer sources needed, = - 3 or more sources needed, = + |
| 41 | Source replacements | Sum print out variables 23, 24, 25, 26 | Score: if summed percentages equal or exceed 30%, = - if less than 30%, = + |

Exhibit F-2

Institutional Profile Tally Sheet

Institution # _____

E.  Meeting Community Need (Range:  +44 to -44)*

    E1.  Child Flow (Range:  +6 to -6)

         # Vacancies _____
         Waiting List _____
         Ave. Length Stay _____
         Admissions/Releases _____
         Sources Referral _____
         Sources Replacement _____

    E2.  Comp. of Population (Range:  +13 to -13)

         Serving Older Child (+_____ -_____)

              (Age 12-15 M) _____
              (Age 16-20 M) _____
              (Age 12-15 F) _____
              (Age 16-20 F) _____

         Serving Disadvantaged Child (+_____ -_____)

              (% Non-White) _____
              (% -$3,000 Income) _____
              (% No Parent Locat.) _____
              (% 1 or More Prior Placements) _____

         Serving Special Problem Child (+_____ -_____)

              (Physical Hand.) _____
              (Mental Retard.) _____
              (Delinquents) _____
              (Severe Behav. Prob.) _____
              (Emotion. Dist.) _____

-----------

* + = community oriented
  - = non-community oriented

E3. Restrictiveness of Admissions (Range: +5 to -5)

    Var. of Ages/Sex _____
    Distance in Miles _____
    Geo-Polit. Boundaries _____
    Parental Availability _____
    Special Prob. _____

E4. Staff Capacity: Staff Depth (Range: +3 to -3)

    TFT/Adm. St/Tot. Child Pop. _____
    T. Adm. St./Tot. Ser. St. _____
    Tot. Paid Cot. Life/Tot. Child Pop. _____

E5. Staff Capacity: Prog. Cont./Flex. (Range: +3 to -3)

    Turnover Rate, Paid Staff _____
    Unfilled Adm./Ser. Pos. _____
    Deg. on-Going Train. _____

E6. Cross Flow (Range: +7 to -7)

    Staff Comm. Involvement _____
    Centralization of Staff Involv. _____
    Volunteers/Tot. Paid Staff _____
    Deg. of Comm. Use (4 averages) _____

E7. Instit. Status-Prog./Facil. Change (Range: +7 to -7)

    Facility Change _____
    Function Change _____
    1st Change Priority _____
    Exec. Change Orientations (4 averages) _____

I. <u>Preparing Resident Children</u> (Range: +50 to -50)

I1. Use of Comm: Replacement Prep. (Range +8 to -8)

    Child Part. in 17 Types _____
    Deg. of Prog. Work with Parents (3 averages) _____
    Deg. of Aftercare (4 averages) _____

I2. Use of Comm: Child Stigma. (Range: +5 to -5)

    Group Transportation _____
    Individual Transportation _____
    Who Accompanies Gps. _____
    Who Accompanies Ind. _____
    Deg. of Labelling Children _____

I3. On Grounds: Cent. of Live/Eat Fac. (Range: +8 to -8)

Main Bldg. Res. \_\_\_\_\_
If yes, type living arr. \_\_\_\_\_
# Cottages -20 Kids \_\_\_\_\_
If 1 or more, type living arr. \_\_\_\_\_
# Dorms 20+ Kids \_\_\_\_\_
If 1 or more, type living arr. \_\_\_\_\_
Meals Prepared \_\_\_\_\_
Meals Served \_\_\_\_\_

I4. On Grounds: Comp. of Prog. (Range: +7 to -7)

Facilities: # of Bldgs. with Sep. Function \_\_\_\_\_
School on Grounds \_\_\_\_\_
Spec. Ed. Children \_\_\_\_\_
5 Types Cons./Ther. \_\_\_\_\_
6 Forms Recreation \_\_\_\_\_
Ave. Prov. 4 Types Admiss. Diag. \_\_\_\_\_
Child Rec. 4 Types Admiss. Diag. \_\_\_\_\_

I5. Daily Life Decision-Making Pattern (Range: +8 to -8)

Mode, on Grounds Items \_\_\_\_\_
Mode, Community Items \_\_\_\_\_
Mode, Adolescent Items \_\_\_\_\_
Mode, Total \_\_\_\_\_
Ratio: Child Involv. on-Grounds \_\_\_\_\_
Ratio: Child Involv. Community \_\_\_\_\_
Ratio: Child Involv. Adolescent \_\_\_\_\_
Ratio: Total \_\_\_\_\_

I6. Discipline/Rewards (Range: +8 to -8)

Type Discipline, 1st off. \_\_\_\_\_
Type Discipline, rep. off. \_\_\_\_\_
Who Disciplines, 1st off. \_\_\_\_\_
Who Disciplines, rep. off. \_\_\_\_\_
Type Rewards \_\_\_\_\_
Who Rewards \_\_\_\_\_
Centralization Discipline \_\_\_\_\_
Centralization Rewards \_\_\_\_\_

I7. Centralization of Final Authority (Range: +6 to -6)

Exec. Authority +.50 on Grounds \_\_\_\_\_
Exec. Authority +.50 Community \_\_\_\_\_
Exec. Authority +.50 Adolescent \_\_\_\_\_
Exec. Authority +.50 Total \_\_\_\_\_
Above/Below $\bar{X}$s \_\_\_\_\_

## Exhibit F-3

### Reliability/Validity Cross Checks
### for Baseline Survey Data

| Primary Data Source: Baseline Survey Variable | Secondary Data Source | Measure of Agreement Between Data Sources |
|---|---|---|
| **E. Meeting Community Need** | | |
| **E1. Child Flow** | | |
| # Vacancies | None | |
| Waiting List | None | |
| Ave. Length Stay | Case record review | t = 1.04 ns |
| Admissions/Releases | Case record review | *** |
| Source Referral | Case record review | ** |
| Source Replacement | Case record review | ** |
| **E2. Comp. of Population** | | |
| Serving Older Child | | |
| (Age 12-15 M) | Case record review | * |
| (Age 16-20 M) | Case record review | * |
| (Age 12-15 F) | Case record review | ** |
| (Age 16-20 F) | Case record review | * |
| Serving Disadvantaged Child | | |
| (% Non-White) | Case record review | ** |
| (% -$3,000 Income) | Case record review | ** |
| (% No Parent Locat.) | Case record review | * |
| (% 1 or More Prior Placements) | Case record review | *** |
| Serving Special Problem Child | | |
| (% Physical Hand.) | Case record review | * |
| (% Mental Retard.) | Case record review | * |
| (% Delinquents) | Case record review | * |
| (% Severe Behav. Prob.) | Case record review | ** |
| (% Emotion. Dist.) | Case record review | ** |

Key:  Sources Agree Within (+ or -)
5% variation = *
10% variation = **
20% variation = ***
variation exceeds 25% = ****

| Primary Data Source: Baseline Survey Variable | Secondary Data Source | Measure of Agreement Between Data Sources |
|---|---|---|
| E3. Restrictiveness of Admissions | | |
| Var. of Ages/Sex | Adm. policy review | |
| Distance in Miles | Adm. policy review | * |
| Geo-Polit. Boundaries | Adm. policy review | * |
| Parental Availability | Adm. policy review | * |
| Special Prob. | Adm. policy review | * |
| E4. Staff Capacity: Staff Depth | | |
| TFT/Adm. St/Tot. Child Pop. | Staff roster review | * |
| T.Adm. St./Tot. Ser. St | Staff roster review | * |
| Tot. Paid Cot. Life/ Tot. Child Pop. | Staff roster review | * |
| E5. Staff Capacity: Prog. Cont./Flex. | | |
| Turnover Rate, Paid Staff | Staff roster review | **** |
| Unfilled Adm./Ser. Pos. | Staff roster review | ** |
| Deg. on-Going Train. | Staff D-M study | * |
| E6. Cross Flow | | — |
| Staff Comm. Involvement | Staff Background study | ** |
| Centralization of Staff Involvement | Staff Background study | **** |
| Volunteers/Tot. Paid Staff | Staff roster review | ** |
| Deg. of Comm. Use | None | |
| E7. Instit. Status-Prog./ Facil. Change | | |
| Facility Change | Exec. Change Orient. Study | * |
| Function Change | Exec. Change Orient. Study | * |
| 1st Change Priority | Exec. Change Orient. Study | * |
| Exec. Change Orientation | Exec. Change Orient. Study | ** |

| Primary Data Source: Baseline Survey Variable | Secondary Data Source | Measure of Agreement Between Data Sources |
|---|---|---|
| I. Preparing Resident Children | | |
| I1. Use of Comm: Replacement Prep. | | |
| Child Part. in 17 Types | None | |
| Deg. of Prog. Work with Parents | Staff interviews | *** |
| Deg. of Aftercare | Staff interviews | * |
| I2. Use of Comm: Child Stigma. | | |
| Group Transportation | RISWR Staff on site observation | No measure taken |
| Individual Transportation | RISWR Staff on site observation | No measure taken |
| Who Accompanies Gps. | RISWR Staff on site observation | No measure taken |
| Who Accompanies Ind. | RISWR Staff on site observation | No measure taken |
| Deg. of Labelling Children | RISWR Staff on site observation | No measure taken |
| I3. On Grounds: Cent. of Live/Eat Fac. | | |
| Main Bldg. Res. | RISWR Staff on site observation | * |
| If yes, type living arr. | RISWR Staff on site observation | * |
| # Cottages -20 Kids | RISWR Staff on site observation | * |
| If 1 or more, type living arr. | RISWR Staff on site observation | * |
| # Dorms 20+ Kids | RISWR Staff on site observation | * |
| If 1 or more, type living arr. | RISWR Staff on site observation | * |
| Meals Prepared | RISWR Staff on site observation | * |
| Meals Served | RISWR Staff on site observation | * |

| Primary Data Source: Baseline Survey Variable | Secondary Data Source | Measure of Agreement Between Data Sources |
|---|---|---|
| I4. On Grounds: Comp. of. Prog. | | |
| Facilities: # of Bldgs. with separate function | RISWR Staff on site observation | * |
| School on Grounds | RISWR Staff on site observation | * |
| Spec. Ed. Children | Staff interviews | * |
| 5 Types Cons./Ther. | Staff interviews | *** |
| 6 Forms Recreation | Staff interviews | ** |
| Ave. Prov. 4 Types Admiss. Diag. | Staff interviews | No measure taken |
| Child Rec. 4 Types Admiss. Diag. | Staff interviews | No measure taken |
| I5. Daily Life Decision-Making Pattern | | |
| Mode, On Grounds Community Adolescent Total Items | Cross Validation Study of Director's Reports on D-M Structure with Staff reports in 12 institutions | See Exhibit A-5 |
| Ratio: Child Involve: On Grounds Community Adolescent Total | | |
| I6. Discipline/Rewards | Same as I5 | See Exhibit A-5 |
| Type (1st-rep) Disc. Who (1st-rep) Disc. Type Rewards Who Rewards Centralization rewards/disc. | | |
| I7. Centralization Final Authority | Same as I5 | See Exhibit A-5 |
| Exec. +.50% On Grounds Community Adolescent Total | | |
| Above/Below X̄s | | |

APPENDIX G

Reliability/Validity Estimates for

Measures of Child Care Decision-Making

Structures in Children's Institutions

# APPENDIX G

## Reliability/Validity Estimates for Measures of Child Care Decision-Making Structures in Children's Institutions

### By George Thomas, Ph.D.*

Back in 1960, Dr. Lloyd Ohlin was urging his colleagues in child welfare research to give high priority to the study of decision-making structures in children's institutions.[1]

When the opportunity arose for the Research Institute to launch a three-year study of children's institutions in 1971,[2] due recognition was paid to those urgings and a special effort was made to measure and evaluate the impact of decision-making structures on the provision of institutional services.[3]

Following an extensive review of the literature, a three part instrument was developed to assess institutional decision-making. This paper presents a discussion of the structure of the instrument and the results of our evaluations of the instrument and the data it produced.

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[1] Research in Child Welfare, Children's Bureau Publication No. 389-1961. U.S. Government Printing Office, Washington, D.C., 1961, p. 42ff.

[2] Reference is to the study titled "Community-Oriented Care in Children's Institutions," funded by the Office of Child Development, DHEW. The Regional Institute of Social Welfare Research conducted the study under contract to the Georgia Dept. of Human Resources.

[3] Other project studies completed on the subject of decision making to date include: "Social Justice the Cornerstone of Treatment in Children's Institutions," (accepted for publication by Child Care Quarterly); "The Impact of Staff Performance in Centralized and Decentralized Children's Institutions," paper presented at the NCSW, Atlantic City, N. J., May 31, 1973, both by George Thomas; and The Legal Rights of Children to Care and Treatment Under Georgia Law, by Alan Turem (in progress).

The evaluation measures employed in this analysis provide estimates of the instrument's content validity, and of the inter reliability of knowledgeable institutional staff members who served as respondents during the 2 field administrations of the instrument.

## The Child Care Decision-Making Instrument

As the above caption indicates, the instrument was designed to assess an institutional decision-making apparatus as it directly affects the lives of resident children. The instrument is composed of three basic parts as follow:

### Part I:  Daily Life Decision Making

This part is composed of 42 items involving daily living matters. Twenty-one cover decision-making issues that occur on-grounds with the remaining 21 covering issues that ordinarily occur in the community.

Additionally, the final 10 items form a subscale dealing exclusively with decision-making issues of concern to adolescent children.

### Part II:  Discipline

This part consists of 20 items each reflecting a negative behavior on the part of a child that normally would require a disciplining response from a responsible adult.

The battery of items is repeated twice, first to obtain data on the type of disciplinary action that is usually accorded for a first and then a repeated offense of each item, and secondly to obtain data on who disciplines a child for a first and a repeated offense of each item.

### Part III:  Rewards

This part includes 12 items that reflect excellence and/or extraordinary performance on the part of resident children. Again, the battery is repeated twice to obtain data on the type of reward normally provided and an assessment of who rewards a child for such behavior.

## Methods of Instrument Scoring

### Daily Life Decision Making.

This battery yields two primary estimates of an institution's decision-making structure reflecting the degree of centralization of final authority and the spread of involvement across various staff levels in the decision-making process, referred to here as the decision-making pattern.

Figure 1 gives the response scale for this battery and the scores affixed for computing both final authority and decision-making patterns.

### Figure 1

Daily Life Decision-Making Response
Categories and Item Scoring
For Final Authority and Patterns

| Item Scoring for: | Board | Executive Director | Professional Staff | Cottage Parent/ Advisor | Children |
|---|---|---|---|---|---|
| Final Authority | 1 | 2 | 3 | 4 | 5 |
| Decision-Making Patterns | 1 | 2 | 4 | 10 | 20 |

A respondent is asked to check every level of staff normally involved in deciding each of the 42 items, and then go back through the battery and circle the one staff level normally having final authority if a squabble occurs.

Final authority is computed by taking the average of the numbers assigned to each staff level circled over the 42-item battery. The range goes from completely centralized (1.0), or final authority rests entirely with the board, to completely child-run (5.0), with final authority entirely vested in resident children.

A separate scoring system is used to obtain decision-making patterns. The numbers assigned to each staff level produce unduplicated totals when used in combination. A.

total of 29 different decision-making patterns of the various staff levels is possible, each pattern having a separate numerical total, as follows:

## Figure 2

### Total Possible Decision-Making Patterns for 5 Levels of Personnel

| Number | 1-2 | 3 | 4 | 5-6 | 7 | 10-11-12-13 | 14 | 16 | 17 | 20 | 21 | 22-23 | 24 | 26 | 27 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Pattern | B | E | B | P | B | E B CP | B | E | B | P | E | B C | B | E | B | P | C | B CP | B | E | B | P | B | E | B |
| | | E | | P | P | E | | CP CP | E | CP | P | E | C C | E | C | P | E | C CP CP | E | CP | P | P | E |
| | | | | P | | | | CP | | CP | P | | C | | C | P | | C C | C C | CP CP | P | P | E |
| | | | | | | | | | | CP | | | | | | | | G | | | | C C CP |
| | | | | | | | | | | | | | | | | | | | | | | | C |

Scoring Key:  1 = Board (B)
              2 = Executive Director (E)
              4 = Professional Staff (P)
             10 = Cottage Parent/Advisor (CP)
             20 = Children (C)

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A computer program has been developed which scans the responses across the item battery, computes item totals and presents a frequency distribution of the rate of use of each type of decision-making pattern across the 42 item daily life decision-making battery.

## Discipline/Rewards

Scoring is similar for item batteries designed to assess the types of rewards/discipline handed out and who is responsible for these tasks.

Figure 3 presents the response categories and scoring for these batteries.

On the matter of who disciplines/rewards, an average is taken across the item battery to obtain an estimate of where the general responsibility lies within the institutional structure for these tasks. The range again is from 1.0 (board responsibility) to 5.0 (other responsibility).

## Figure 3

### Discipline/Rewards Response
### Categories and Item Scoring

| | Board | Executive Director | Professional Staff | Cottage Parent/ Advisor | Other(s) |
|---|---|---|---|---|---|
| Who Disciplines/ Rewards: | 1 | 2 | 3 | 4 | 5 |

| | Expulsion | Restriction to Grounds or Loss of Community Privileges | Restriction to Cottage or Loss of On-Grounds Privileges | Assigning Additional Duties | Verbal Reprimand | Other |
|---|---|---|---|---|---|---|
| Type of Discipline: | 1 | 2 | 3 | 4 | 5 | 6 |

| | Verbal Praise | Community Privileges | Increased On-Grounds Privileges | Reduction In Assigned Duties | Increased Allowances And/or Freedom in Spending Money | Other |
|---|---|---|---|---|---|---|
| Type of Rewards: | 1 | 2 | 3 | 4 | 5 | 6 |

Numbers were assigned to types of reward/discipline for the simple convenience of developing frequency distributions of types of rewards/discipline utilized.

### Instrument Analysis

#### Sample and Procedure

Data on which the subsequent analyses were performed derive from two administrations of the Child Care Decision-Making Instrument.

The instrument was first used as one part of a four-part mailed Baseline Survey Questionnaire submitted to all directors of institutions for dependent and neglected children in Georgia in 1972 (N=36).

In 1973 the instrument was used separately and submitted for completion by staff to 16 children's institutions that were at the time participating in institutional change experiments sponsored by the Research Institute.

This administration called for each executive director to name one social service staff member and one cottage parent to complete the instrument and mail it back without executive intervention to the Research Institute.

Twelve of the 16 institutions cooperated, and 23 useable returns were obtained (11 social service and 12 cottage parent returns).[4]

Data from executives in the 12 responding institutions were extracted from the initial (1972) data source allowing comparisons to be performed on intra-staff level similarities and differences.

It should be emphasized here that we purposefully adopted the approach of letting the executive choose the staff respondents. We assumed that each executive would tend to select staff that he felt held views similar to his own, thus introducing a bias toward consensus.

If this assumption is reasonable, then results showing consensus across staff levels consistently throughout the 12 institutions in the sample would reflect favorably on the reliability of the overall instrument.

## Estimates of the Instrument's Content Validity

Each item battery provides instructions and allows space for writing in responses additional to those allowed in the item and response category format.

Also, in the discipline and rewards batteries, a response category "other" is provided.

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[4]The 12 institutions utilized were split as follows geographically: 5 in the Atlanta area, 3 in the Macon area, and 4 in the Savannah area.

One measure of the content validity of the overall instrument is the rate of use of the "other" category and/or the number of write-in additions.

Regarding write-ins, on the daily life decision-making battery, 6 of a total of 56 respondents contributed 10 additional behavioral items commonly dealt with in a normal work day. No respondent indicated any additional staff level or other person as involved in the decision-making process.

Consistent with this is the low rate of use of the "other" category provided in the discipline/rewards batteries, as reflected in Table 1.

## Table 1

### Rates of Use of "Other" Category
### By Item Battery and Staff Level
### (By Percents of Total Responses)

| Item Battery | # Items | Executives (N=33) | Staff (N=23) |
|---|---|---|---|
| Type discipline, 1st offense | 20 | .01 | .05 |
| Type discipline, Repeated offense | 20 | .02 | .08 |
| Who disciplines, 1st offense | 20 | .03 | .03 |
| Who disciplines, Repeated offense | 20 | .01 | .02 |
| Type rewards | 12 | .02 | .02 |
| Who rewards | 12 | .04 | .08 |

Staff utilized the "other" category more frequently than executives but they expressed a very limited range of alternatives in so doing. Almost all of the additional comments on discipline indicated the occasional use of corporal punishment. Similarly, the great majority of additional comments regarding rewards had to do with attributing responsibility for rewards to a volunteer person from the community (tutor, big brother, etc.).

The low rates of use of additional commentary could not be attributed to respondent fatigue: rates of use for the first and last half of each item battery were computed and in no case did the two percentages vary more than one-half of a percentage point.

In general, these results suggest that the item batteries reflect reasonable content validity, both in terms of the item content coverage and the scope of the provided response categories.

## Estimates of the Instrument's Reliability

As noted, a bias toward consensus was built into the sampling procedure. This means that one test of the instrument's capability to measure decision-making structures is the degree to which data conform to the expectation of consensus. It can be added that the construction of items and provisions for "other" responses and open ended responses also contribute to the accuracy of instrument.

## Daily Life Decision-Making Final Authority

Table 2 provides final authority means and percentage distributions of where final authority is perceived to lie across staff levels according to executive directors, social service personnel, and cottage parents in the 12 institutions.

### Table 2

### Final Authority in Daily Life Decision-Making
### By Staff Level

| | N | Item Battery $\bar{x}$ | % Distribution | | | | | Non-Response Rate |
| | | | (1) Board | (2) Exec. | (3) Prof. Staff | (4) Cot. Par. | (5) Children | |
|---|---|---|---|---|---|---|---|---|
| Executives | 12 | 2.79 | .02 | .41 | .19 | .33 | .05 | .05 |
| Social Service | 11 | 3.15 | ---- | .36 | .18 | .40 | .06 | .45 |
| Cottage Parents | 12 | 2.84 | .02 | .49 | .14 | .30 | .04 | .44 |

Inspection of percentage distributions reveals marked similarities across staff levels, and difference of means tests (t) yielded nothing approaching statistical significance for the 3 tests performed.

Finally an extremely low rank order correlation was obtained by matching executive and staff means on final authority across the 12 institutions ($r_s$=.03).

These analyses suggest a high level of consensus on the matter of final authority.[5]

## Daily Life Decision-Making Patterns

Some of the more interesting results were obtained in analyzing overall staff perceptions of decision-making patterns.

One method of analysis used was to compute the percentage of times to the total number of items (N=42) that each staff level (executive, social service, and cottage parents) perceived themselves and every other staff level as deciding each issue alone, with 1 other staff level, or in combination with 2 or more staff levels.

This procedure provides a glimpse of the extent to which each staff level sees itself as holding singular authority, or conversely, the extent to which each sees the decision-making structure as a complex entity.

Data as presented in Table 3 suggest marked differences in perceptions according to staff level. For example, executives view the decision-making structure as heavily multi-level or complex, while cottage parents are clearly more prone to viewing it as substantially vested in themselves. Social service staff also view the decision-making structure as quite complex but view themselves as virtual non-participants.

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[5]Left unexplained is the high level of staff non-response in this item battery. Instructions may have been too complicated, but then they did not prove so for executives. It may be that staff simply find it a foreign task to pass judgment or final authority.

Staff responses were also cross tabulated controlling for age (under/over age 35), sex, and number of years on the job (less/more than 2 years) and t tests were performed to detect differences, if any, in scores attributable to these factors. All test were non-significant.

## Table 3

### Staff Perceptions of Daily Life Decision-Making Patterns, By Staff Level

| Per Executives (N=12) | % of Issues I (others) Decide: | | |
|---|---|---|---|
| | Alone | With 1 Other Level | (2 or more) Multilevels |
| Executives | .06 | .13 | .38 |
| Social Service | .04 | .13 | .23 |
| Cottage Parents | .07 | .33 | .36 |
| Children | .02 | .17 | .28 |

| Per Social Service (N=11) | % of Issues I (others) Decide: | | |
|---|---|---|---|
| | Alone | With 1 Other Level | (2 or more) Multilevels |
| Executives | .09 | .09 | .24 |
| Social Service | .02 | .09 | .18 |
| Cottage Parents | .16 | .26 | .31 |
| Children | .06 | .14 | .30 |

| Per Cottage Parents (N=12) | % of Issues I (others) Decide: | | |
|---|---|---|---|
| | Alone | With 1 Other Level | (2 or more) Multilevels |
| Executives | .14 | .27 | .07 |
| Social Service | .08 | .10 | .05 |
| Cottage Parents | .36 | .23 | .07 |
| Children | .06 | .07 | .07 |

Staff perceptions differed across levels in one other important way: executives utilized 24 of 29 possible decision-making patterns in describing the decision-making structures in their institutions, while social service staff utilized 16 patterns and cottage parents 13 patterns respectively.

Further, ranking decision-making patterns according to the frequency with which they are utilized for each staff level revealed that 55 percent of all executive ratings occurred in the 5 highest ranked patterns. This compares to 62 percent and 77 percent of ratings in the 5 highest ranked patterns for social service personnel and cottage parents respectively.

These findings indicate that executives view decision-making structures as considerably more specialized than staff do, particularly cottage parents.

In sum, the perceived complexity (degree of use of multi-level patterns) and specialization (number of different patterns utilized) of the decision-making structure clearly increases as we progress up the hierarchy from cottage parents, through social service personnel, to executive directors.

In order to obtain a single measure of the aggregate differences in use of decision-making patterns between staff levels, Spearman rank order correlations were obtained for each set of staff levels utilizing frequencies for 18 of the 29 possible decision-making patterns.[6]

Table 4 gives the results of these analyses and shows that a significant overall difference in the utilization of decision-making patterns occurs only between social service and cottage parent staff levels.

From these analyses it can be concluded that a variety of interesting differences in perceptions of the complexity and specialization of decision-making structures appear comparing between staff levels.

These differences are not sufficient, however, to yield statistically significant results relative to overall differences in use of decision-making patterns, with the exception

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[6] Eleven decision-making patterns were not utilized because frequency of use was 0 or 1 for both staff levels being ranked.

of the social service/cottage parent comparison.

Table 4

Results of Spearman Rank Order Correlations
of Decision-Making Patterns, by Staff Level

| Staff Levels | $r_s$ |
|---|---|
| Social Service x Cottage Parents | .547* |
| Social Service x Executives | .160 |
| Cottage Parents x Executives | .372 |
| Combined Soc. Ser./Cot. Par. x Executives | .275 |

*P. <.05 (2,18df)

Reference: J. P. Guilford, Fundamental Statistics in
Psychology and Education. N. Y.: McGraw-Hill,
1942. Table D p.323.

In general, the results conform to the expectation of
staff consensus (no significant differences) lending at least
partial support to the claim that the instrument is measuring
decision-making patterns meaningfully.

## Discipline/Rewards

Finally, percentage distributions of ratings were com-
piled for each staff level relative to the types of rewards
and discipline dispensed as well as for who does the reward-
ing and disciplining in the 12 institutions in the sample.

These distributions are presented in Tables 5 through 8.

Inspection of percentage distributions across staff levels
for type of discipline (Table 5) and who disciplines (Table 6)
on first offense matters, and a similar inspection of distri-
butions for repeated offenses (percentages in parentheses)
yields the conclusion that few obvious differences occur.
Chi square tests performed on all four matrices (1st and re-
peated offense data for type and who disciplines) yielded no
statistical indications of significant differences further
confirming our observations.

Similar tests for the reward matrices presented in Tables 7 and 8 produced similar non-significant results.

In general, casual inspection and statistical analyses reveal no significant differences between the 3 staff levels on matters of the types of rewards and/or discipline handed out, or who, in general, has responsibility for these duties.

It is important to note however, that non-response rates were very high for cottage parents relative to type of discipline (both 1st and repeated offense) and who disciplines (1st offense), and for social service personnel relative to who rewards.

We discern no clear pattern and have found no reasonable explanation for these failures to respond in these areas (including the high non-response rate for final authority).

It can be said that the tendency is toward consensus (or similarity) across staff levels on all the item batteries regardless of rate of non-response. Given this fact, it is probable that high non-response rates on particular item batteries do not represent a body of opinion contrary to that which was recorded.

These results for the discipline and rewards item batteries add a final note of support to the conclusion that the decision-making instrument generally measures child care decision-making structures in children's institutions in a meaningful fashion.

## Conclusion

The findings suggest that the item content and response categories for the instrument as a whole are generally adequate to producing a reasonably comprehensive and accurate assessment of child care decision-making, and that the instrument would, therefore, be generally useful for the evaluation of this important feature of service delivery in children's institutions.

Table 5

Percentage Distributions of Type of Discipline
Used for First and Repeated Offense of
Same Behavior, By Staff Level

| Staff Level | N | Total Items | (1) Expulsion From Institution | (2) Restriction To Grounds Loss of Community Privileges | (3) Restriction To Cottage Loss of On-Grounds Privileges | (4) Adding Extra Duties | (5) Verbal Reprimand | (6) Other (Spanking) | Non-Response Rate |
|---|---|---|---|---|---|---|---|---|---|
| Executives | 12 | .20 (20) | .04 (.13)* | .07 (.35) | .12 (.22) | .10 (.13) | .54 (.09) | .12 (.09) | .05 (.05) |
| Social Service | 11 | 20 (20) | .01 (.20) | .14 (.25) | .14 (.19) | .09 (.14) | .53 (.10) | .09 (.08) | .11 (.07) |
| Cottage Parents | 12 | 20 (20) | .05 (.12) | .13 (.22) | .12 (.24) | .05 (.17) | .51 (.05) | .14 (.17) | .38 (.63) |
| Soc. Ser./Cot. Par. Combined | 23 | 20 (20) | .03 (.16) | .13 (.26) | .13 (.21) | .06 (.15) | .52 (.09) | .12 (.13) | .30 (.47) |

*( ) = Percentage Distributions for Repeated Offense of Same Behavior

In Tables 5-8 percentage distributions do not always total to 100.0 due to rounding error.

## Table 6

### Percentage Distributions for Who Disciplines for First and Repeated Offenses of Same Behavior, By Staff Level

| Staff Level | N | Total Items | (1) Board | (2) Exec. Dir. | (3) Prof. Staff. | (4) Cottage Parent/Advisor | (5) Other (Volunteers) | Non-Response Rate |
|---|---|---|---|---|---|---|---|---|
| Executive | 12 | 20 (20) | --(--)* | .13 (.75) | .10 (.07) | .76 (.14) | .01 (.05) | .03 (.03) |
| Social Service | 11 | 20 (20) | -- (--) | .31 (.57) | .06 (.--) | .61 (.41) | .03 (.02) | .14 (.21) |
| Cottage Parents | 12 | 20 (20) | -- (--) | .22 (.60) | .01 (.08) | .67 (.25) | .10 (.06) | .27 (.35) |
| Soc. Ser./Cot. Par. Combined | 23 | 20 (20) | -- (--) | .25 (.59) | .03 (.05) | .65 (.31) | .08 (.05) | .23 (.31) |

*( ) = Percentage Distributions for Repeated Offense of Same Behavior

Table 7

Percentage Distribution for Who Rewards, By Staff Level

| Staff Level | N | Total Items | (1) Board | (2) Exec. Dir. | (3) Prof./ Staff | (4) Cottage Parent/ Advisor | (5) Other | Non-Response Rate |
|---|---|---|---|---|---|---|---|---|
| Executive | 12 | 12 | .01 | .20 | .04 | .72 | .02 | — |
| Social Service | 11 | 12 | — | .13 | .10 | .77 | — | .43 |
| Cottages Parents | 12 | 12 | — | .16 | .22 | .88 | — | .24 |
| Soc. Ser./Cot. Par. Combined | 23 | 12 | — | .15 | .03 | .80 | — | .30 |

## Table 8

Percentage Distribution of Type of
Rewards Provided by Staff Level

| Staff Level | N | Total Items | (1) Verbal Praise | (2) Increased Community Privileges | (3) Increased On-Ground Privileges | (4) Reduced Duties | (5) Increased Allowances/ More Freedom in Spending | (6) Other | Non-Response Rate |
|---|---|---|---|---|---|---|---|---|---|
| Executives | 12 | 12 | .65 | .17 | .06 | .01 | .06 | .03 | --- |
| Social Service | 11 | 12 | .59 | .11 | .14 | .03 | .11 | .03 | .04 |
| Cottage Parents | 12 | 12 | .78 | .09 | .04 | --- | .04 | .07 | .23 |
| Soc. Ser./Cot. Par. Combined | 23 | 12 | .71 | .10 | .07 | .01 | .06 | .05 | .16 |

APPENDIX H

Rotated Item Factor Matrix for 46-Item Task/

Social Relations Competence Scale

APPENDIX H

Rotated Item Factor Matrix for 46-Item Task/
Social Relations Competence Scale
(N=845)

| | | | | Factor Number | | | |
|---|---|---|---|---|---|---|---|
| | | I | II | III | IV | V | $h^2$ |
| | | | | | Task | Task | |
| | Item | Cottage | | | Inadequacy | Accomplishment | |
| *Item | Number | Parent | Peer | Teacher | (I can't do) | (I can do) | |
| T | 1 | 06 | 04 | -06 | 08 | 29 | 10 |
| SM | 2 | 05 | 15 | 05 | 05 | 16 | 05 |
| CM | 3 | -09 | 41* | -- | 12 | 07 | 20 |
| T | 4 | 01 | 01 | -03 | 10 | 18 | 04 |
| T | 5 | 05 | 03 | 16 | 41* | 19 | 24 |
| SM | 6 | 01 | 01 | -01 | -04 | 27 | 08 |
| SM | 7 | 02 | 38* | 18 | 25 | -04 | 24 |
| CM | 8 | -11 | 36* | 13 | -- | 02 | 17 |
| t | 9 | -24 | 03 | 54* | -01 | 24 | 40 |
| t | 10 | -02 | 22 | 50* | 26 | 06 | 37 |
| CM | 11 | -06 | 50* | -03 | 02 | 12 | 27 |
| t | 12 | -02 | 25 | 30 | 17 | 06 | 19 |
| T | 13 | 01 | 09 | 15 | 42* | 19 | 25 |
| SM | 14 | -- | 36* | 23 | 03 | 28 | 27 |
| T | 15 | 04 | 26 | 07 | 23 | -02 | 13 |
| T | 16 | -06 | 13 | 24 | 14 | 44* | 29 |
| SM | 17 | 01 | 41 | 15 | 26 | 02 | 26 |
| CM | 18 | -15 | 50* | 09 | 19 | -05 | 32 |
| t | 19 | -15 | 14 | 49* | 30* | -- | 38 |
| CP | 20 | -54* | -01 | 06 | -27 | 13 | 38 |
| t | 21 | -14 | 17 | 51* | 14 | -12 | 34 |
| T | 22 | 02 | 04 | 12 | 08 | 35* | 15 |
| CP | 23 | 55* | 16 | 26 | 11 | -22 | 46 |
| CM | 24 | -08 | 50* | -- | -11 | 20 | 31 |
| T | 25 | -08 | -03 | -04 | 43* | 05 | 19 |
| T | 26 | -05 | 05 | 08 | 15 | 47* | 26 |
| CP | 27 | -64* | 21 | 23 | 17 | -17 | 56 |
| t | 28 | -08 | 11 | 72* | -02 | 15 | 56 |
| CM | 29 | -17 | 47* | 20 | 17 | -08 | 33 |
| T | 30 | 05 | -- | -07 | 52* | 06 | 28 |
| SM | 31 | -01 | 46* | 08 | -- | 27 | 31 |

(cont.)

Rotated Item Factor Matrix for 46-Item Task/
Social Relations Competence Scale
(N=845)

| *Item | Item Number | Factor Number | | | | | $h^2$ |
|---|---|---|---|---|---|---|---|
| | | I | II | III | IV | V | |
| | | Cottage Parent | Peer | Teacher | Task Inadequacy (I can't do) | Task Accomplishment (I can do) | |
| CM | 32 | -08 | 40* | 14 | 22 | --- | 23 |
| t | 33 | --- | 07 | 35* | -14 | 09 | 15 |
| CP | 34 | -67* | 12 | 20 | 25 | ÷12 | 58 |
| CM | 35 | 10 | 59* | 04 | 02 | 19 | 40 |
| T | 36 | 06 | 24 | 04 | 30* | 08 | 16 |
| SM | 37 | -07 | 43* | 10 | 29 | -10 | 29 |
| CP | 38 | -77* | 08 | 11 | -05 | 02 | 62 |
| T | 39 | --- | --- | 09 | 01 | 31* | 52 |
| CP | 40 | -71* | 04 | 05 | 09 | -05 | 52 |
| SM | 41 | -02 | 35* | 05 | 13 | 35* | 26 |
| T | 42 | -03 | 20 | 05 | 42* | 16 | 24 |
| CP | 43 | -83* | 09 | -04 | -11 | 13 | 73 |
| T | 44 | -04 | --- | 26 | -07 | 39* | 23 |
| CP | 45 | -78* | 13 | -08 | -18 | 06 | 67 |
| T | 46 | 07 | 19 | -13 | --- | 34* | 17 |

*Items Retained

T = Task
SM = School Mates
CM = Cottage Mates
CP = Cottage Parents
t = Teachers

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