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**ABSTRACT**

This bulletin is one in a series of environmental education activity guides for grades K-12, developed and field-tested by teachers in the Montgomery County (Maryland) Public Schools. Primarily for use in the middle grades four through six, the guides are not intended to constitute complete units in themselves. They are, rather, a compilation of activities considered appropriate for particular environmental studies. In this guide about streams, for grades five and six, are activities entitled: Measuring Rate of Stream Flow, Measuring Stream Width, Measuring Stream Depth, Measuring Stream Volume, Calculating the Capacity of a Stream to Support Human Life, Measuring Stream Temperature, Measuring the pH, Constructing Collection Nets, Collecting Specimens, and Identifying Specimens. Each activity indicates the instructional objective, procedures to follow, and materials required. Teacher notes are added when necessary. A student evaluation sheet concludes the bulletin. Related documents in the series are SE 015 886 through SE 015 893. (EL)

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Activities for Studying

# Streams

U.S. DEPARTMENT OF THE INTERIOR  
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ENVIRONMENTAL EDUCATION SERIES  
ACTIVITIES FOR STUDYING STREAMS  
GRADE LEVEL 3 - 6

Bulletin No. 243 A

Montgomery County Public Schools  
Rockville, Maryland  
Homer G. Elmood  
Superintendent of Schools

## INTRODUCTION

For some time, there has been a need for curriculum materials to assist teachers who wish to move the teaching/learning experience beyond the school walls. Although individual schools have prepared materials useful to their own unique purposes, such information and teaching aids have not generally been shared with other schools.

This series of bulletins on Environmental Education was developed after arrangements were made in Area 11 for approximately a dozen 12-month teachers to produce outdoor education materials during the summer of 1969. Field testing of these materials occurred, primarily in Area 11, during the 1969-70 school year.

In the summer of 1970, an Outdoor Education Curriculum Development Workshop was conducted at Randolph Junior High School, during which twelve teachers developed additional materials and revised and tested those prepared earlier.

The bulletins in this Environmental Education series are not intended to constitute complete units in themselves. They are, rather, a compilation of activities considered appropriate for particular environmental studies. Whether the activity should be used separately or as a supplement to other aids should be determined by the needs and purposes of each teacher and his students.

A word of explanation about format: Each activity suggested has its own stated instructional objective. The achievement of that objective will be an individual experience for each student, even though in some cases the protocols suggested may be group- rather than individually-directed.

## PURPOSE

Using data collected in the following activities, the student should be able to describe some characteristics of a given section of a stream. He will begin by observing physical conditions such as temperature, depth, and width. After collecting specimens, both plant and animal, the student will be able to describe the types of life present in the section of the stream.

Students, in groups, may observe different areas of the same stream; they may then discuss the similarities and differences. It may also be worthwhile to have the students make a prediction of possible life forms, after having gathered data concerning physical conditions. These predictions may then be compared with specimens actually found.

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### Activity 1: Measuring Rate of Stream Flow

#### Instructional Objective:

The student will be able to measure how fast the stream is flowing.

#### Procedures:

1. Divide students into two or more groups. Have one group observe a section of faster moving water; others, a section of slower moving water. (Students should remain in their groups for all activities listed.)
2. Measure and mark with stakes a 100 ft. distance along a straight section of the stream. (Use this same 100 ft. section in the following activities.)
3. Throw a small stick (2-3 inches long) in the water above the upstream marker. As the stick passes the first marker, begin recording the number of seconds it takes until it passes the second marker.
4. After taking this measurement three times, determine the average number of seconds.
5. Divide 100 ft. by the average number of seconds. This will tell how far the stick floated each second.
6. Record the results in feet-per-second.

#### Materials:

100 ft. tape measure  
2 stakes  
stopwatch  
small stick (2-3 inches long)

### Activity 2: Measuring Stream Width

#### Instructional Objective:

The student will be able to take measurements to compute the average width of a section of a stream.

#### Procedures:

The student will —

1. Measure the width of a stream at three places along the 100 ft. section from bank to bank and record these measurements.
2. Find the average width of the stream and record the average width.

#### Materials:

100 ft. tape measure

#### Note:

Students should be cautioned to wear appropriate footwear if they wade. Stress safety precautions.

### Activity 3: Measuring Stream Depth

#### **Instructional Objective:**

*The student will be able to take measurements to compute the average depth of a given section of a stream.*

#### **Procedures:**

The students will –

1. Wade across the stream in a straight line, stretching the tape or a string in a straight line across the stream to help in measuring.
2. Measure the depth at three places along this line with a yard stick. Record these figures.
3. Find and record the average depth of the stream.

#### **Materials:**

100 ft. tape  
yardsticks

#### **Note:**

The calculations may be done back in classroom.

### Activity 4: Measuring Stream Volume

#### **Instructional Objective:**

*The student will be able to compute the cubic feet of water flowing every second past a given point in the stream.*

#### **Procedures:**

The student will–

1. Multiply the average depth by the average width by the number of feet per second. This result will be the number of cubic feet of water flowing past a given point every second.

Activity 5: Calculating the Capacity of a Stream to Support Human Life

**Instructional Objective:**

*The student will be able to calculate the number of people who could live from the amount of water found in a given stream.\**

**Procedures:**

The student will make computations to arrive at answers to the following questions:

1. How many gallons of water flow in this stream every second?

$$\frac{\text{Stream flow in cubic feet per second}}{\text{Stream flow in cubic feet per second}} \times \frac{\text{Gallons in one cubic foot of water}}{\text{Gallons in one cubic foot of water}} = \frac{\text{Gallons of water per second}}{\text{Gallons of water per second}}$$

2. How many gallons of water flow in this stream every minute?

$$\frac{\text{Gallons per second}}{\text{Gallons per second}} \times \frac{\text{Seconds in minutes}}{\text{Seconds in minutes}} = \frac{\text{Gallons of water per minute}}{\text{Gallons of water per minute}}$$

3. Each person uses about 150 gallons of water a day. What is the total number of people this amount of water would support?

$$\frac{\text{Gallons of water per minute}}{\text{Gallons of water per minute}} \times \frac{1440}{\text{Number of minutes in a day}} = \frac{\text{Total gallons of water per day}}{\text{Total gallons of water per day}} \div$$
$$\frac{\text{Amount of water person uses per day}}{\text{Amount of water person uses per day}} = \frac{\text{Total number of people who could live from the amount of water found in this stream.}}{\text{Total number of people who could live from the amount of water found in this stream.}}$$

**\*Note:**

A water flow of 1 cubic foot per second = 448.83 gallons per minute.  
1 cubic foot of water = 7.48 gallons.

### Activity 6: Measuring Stream Temperature

#### Instructional Objective:

*The student will be able to measure and record the water temperature in a section of a stream.*

#### Procedures:

The student will--

1. Take the water temperature with the bulb of the thermometer at the surface of the water for one minute.
2. Take the water temperature every six inches from the surface to the bottom, using the outdoor part of an indoor-outdoor education thermometer.
3. Find the average temperature of the water and record it.

#### Materials:

yardstick  
thermometer (indoor-outdoor)

#### Note:

Using the data collected and the following information, the student would describe what type of life may be present.

Temperature	Life Found
Greater than 60° F	Much plant life, catfish
Less than 65° F	Caddis flies, water beetles, striders, stoneflies, may flies, crayfish

### Activity 7: Measuring the pH

#### Instructional Objective:

*The student will be able to measure and record the acidity or alkalinity of the water.*

#### Procedures:

The student will—

1. Dip a pH indicator tape into the water.
2. Compare the color change with the chart on the tape box.
3. Record results.

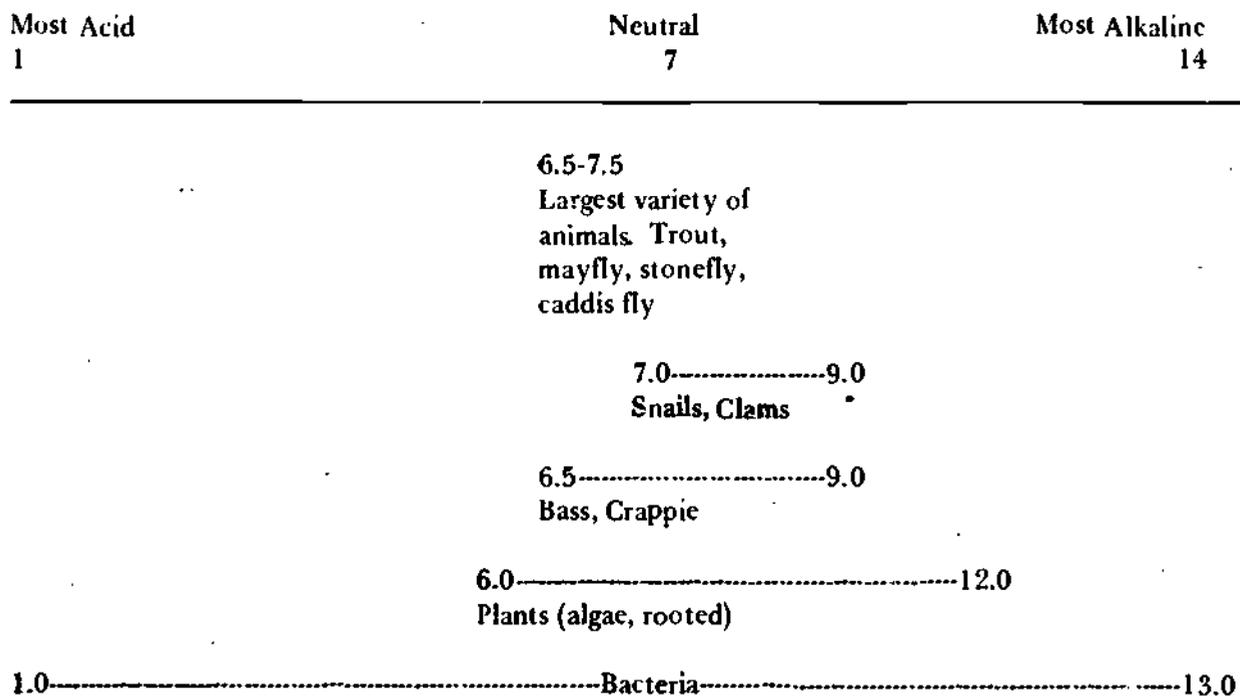
#### Materials:

pH indicator tape (available from drug stores or high schools)

#### Note:

The *pH* number is a shorthand way of indicating the hydrogen ion concentration in the water. The larger the pH number, the more alkaline the water; the smaller the number, the more acid the water. An arbitrary scale ranges from 1.0 to 14.0. Point out that the pH of the water has an effect on the life the stream can sustain.

#### pH Ranges that Support Aquatic Life



## Activity 8: Constructing Collection Nets

### Instructional Objective:

*The student will be able to construct a dip net and a plankton tow net.*

*Several types of nets may be used to collect small water forms. It is well to have two nets that can be fastened to the same handle: one of fine weave for collecting small organisms that may be floating in the water, and one of coarse weave for trapping larger life forms. Nets should have a heavy wire frame about 6-8 inches in diameter. For ease in handling, the handle should be about 3 feet long. A plankton tow net is very easy to use and simple to construct if a commercial one can't be bought.*

### Procedures:

1. To construct a plankton tow, sew a woman's nylon stocking to a 6-inch diameter ring made from a coat hanger wire.
2. Remove the foot end of the stocking.
3. Attach (with a string) a small plastic vial. A pill container will do nicely.
4. Attach three pieces of string to the ring and to one end of a swivel.
5. To the other end, attach a nylon cord about 30 feet long for towing.

### Materials:

nylon cord, 30 feet  
swivel (available where fishing equipment is sold)  
three thin wires, 8 inches long  
six-inch ring of coat hanger  
stocking  
plastic vial (pill container)

### Note:

A tow net is efficient because, as it is pulled in the stream, water passes out through the net while particles accumulate at the end.

### Activity 3: Collecting Specimens

#### **Instructional Objective:**

*The student will collect animal and plant specimens.*

#### **Note:**

Use the same 100 ft. sections of a stream marked off in previous investigations. Divide the class in half. One-half will collect from a riffle section (an area where the water pours over protrusions in the stream and creates a rapids effect) and the other from a calmer pool section.

#### **Procedures:**

1. Turn the tow net out, allow it to sink just below surface, and pull it steadily toward the bank. This can be repeated several times. Then pour the sample into a collection jar, for identification later in classroom.
2. Collect in large, clear jars some of the water from surface, middle, and bottom of the stream. Some of the mud from the bottom should also be collected. Each jar should be clearly labeled as to the site where it was collected.
3. Lift up rocks, and collect any life present. One student should stand upstream from the rock, another downstream two or three feet from it. While one is lifting, the other is waiting with a net in the water to capture any organisms that are under the rock.

#### **Note:**

When plants are collected from the bank, bottom, etc., avoid packing too many in one container. Larger plants may be transported in wet newspaper or plastic bags. Large specimens should be returned to stream. Only one of each type should be taken from stream during collecting. Students should be permitted to take specimens from any area only for specific purposes and should be cautioned against destroying the ecology of even a small area. Whenever possible, specimens should be returned to the natural setting after study.

### Activity 10: Identifying Specimens

#### Instructional Objectives:

The student will identify in the classroom the organisms collected from the stream.

#### Procedures:

1. After mud has settled, some specimens may be seen in the jar through a hand lens.
2. Samples from the different parts of the stream should be observed under binocular microscope or microprojector.
3. Microorganisms congregate at different levels in the water. For examination of life forms, place a cover slip on the bottom of each of the containers, and float one on the top. Leave overnight. Many microorganisms will cling to the coverlips. Carefully remove the coverlips with forceps, and put each of them on a drop of water on a microscope slide.
4. Students may carefully scrape the surfaces of submerged leaves collected. Scrapings can then be observed under the microscope.
5. Large specimens may be transferred to large white, shallow pans for observation.
6. Using the following recommended references, the student should try to identify the specimens:

Haveman, Leon. *Beginner's Guide to Fresh-Water Life*. New York: G.P. Putnam, 1950.  
Morgan, Ann Haven. *Field Book of Ponds and Streams*. New York: G.P. Putnam, 1950.  
Reid, George K. *Pond Life*. New York: Golden Press, 1967.  
*Golden Master Guide*. New York: Golden Press, 1967.  
*Non-Flooding Plants*. New York: Golden Press, 1967.

#### Materials:

collecting nets  
plankton tow net  
large clear jars with lids  
labels for jars or marking pencils  
plastic bags or newspaper  
hand lens  
microscopes  
microscope slides  
forceps  
cover slips  
white, shallow pans  
identification guides

## STUDENT EVALUATION SHEET

Student's Name \_\_\_\_\_

	Observed	Not Observed
1. Measures rate of stream flow	_____	_____
2. Measures stream width	_____	_____
3. Measures stream depth	_____	_____
4. Measures stream volume	_____	_____
5. Calculates the capacity of a stream to support human life	_____	_____
6. Measures stream temperature	_____	_____
7. Measures the pH	_____	_____
8. Constructs collection nets	_____	_____
9. Collects specimens	_____	_____
10. Identifies specimens	_____	_____